

# BLACKBURN WITH DARWEN CARERS SERVICE LTD

England & Wales · Charity number 1120110

## Details

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**Status** Registered

**Legal form** Charitable company

**Company number** [05881757](#)

**Registered** 2007-07-17

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** Blackburn With Darwen  
Carers Services Limited  
Kingsway  
Greenhurst Place  
Blackburn  
BB2 1NA

**Phone** 01254688440

**Email** [sam.morris@bwdcarers.org.uk](mailto:sam.morris@bwdcarers.org.uk)

**Website** [www.bwdcarers.org.uk](http://www.bwdcarers.org.uk)

## Activities

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**Objects:** TO RELIEVE THE NEED OF PERSONS WHO ARE ILL, DISABLED OR WHO ARE ELDERLY AND HAVE A CHARITABLE NEED, PRIMARILY BUT NOT EXCLUSIVELY RESIDENT OR WORKING IN BLACKBURN WITH DARWEN AND THE SURROUNDING AREA, BY THE PROVISION OF ADVICE, INFORMATION AND SUPPORT TO THOSE PERSONS, THEIR RELATIVES OR CARERS WITH THE OBJECT OF IMPROVING THE CONDITIONS OF LIFE OF THE SAID BENEFICIARIES.

**Activities:** Blackburn With Darwen Carers Service exists to provide a 'one stop shop' approach to offering information, advice and support to all unpaid carers within Blackburn With Darwen. The service aims to raise awareness of the needs of unpaid carers and will support carers to have a voice and improve the quality of services that are available to carers and their dependents. The carers centre is a base fo

## Classification

- **How:** Provides Human Resources, Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information, Acts As An Umbrella Or Resource Body
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Disability, Arts/culture/heritage/science, Economic/community Development/employment, Recreation
- **Who:** Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin, Other Defined Groups

## Geography

- **Area of benefit:** BLACKBURN WITH DARWEN AND THE SURROUNDING AREA.
- Blackburn With Darwen

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£483,990	£495,905	-	-
2024-03-31	£447,656	£451,746	-	-
2023-03-31	£393,306	£426,846	-	-
2022-03-31	£362,043	£367,459	-	-
2021-03-31	£406,808	£391,247	-	-

## Trustees

Name	Role	Appointed
Charles James Higham		2021-11-16
Clair Bloomfield		2026-01-15
Graham Brindley		2014-07-14
Huma Sheikh		2026-01-15
JAMES HADLEIGH		2012-10-18

**BLACKBURN WITH DARWEN CARERS SERVICE LTD**

England & Wales - Charity number 1120110

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# Accounts

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# Feedback

"Thank you, I felt like I was drowning, with everything I had to do. Supporting the family, helping Dad and trying to go to work. This has really helped me."

"I am really glad that the Carers Service provides a safe space for me and my friend to improve our mental health and well-being."

"It is so lovely to see a smile and warm welcome from Lesly every time we attend the activities. These make a difference in my day. Thank you"

"Can't thank you enough for your help this last few weeks. I was feeling ill again with all of it and don't know what I would have done without your support thank you!"

"I just wanted to send a message of appreciation for the support that you have given to me as a carer and I'm aware of others who are benefiting too"

"We really appreciate everything you did and the brilliant way you explained everything" from a carer who needed some help and guidance with Attendance Allowance for his wife

Blackburn with Darwen  
Carers Service Ltd  
Kingsway  
Greenhurst Place  
Blackburn, BB2 1NA



Charity Number: 1120110  
Company No. 05881757

Supporting you so you can help those you care for



A Network Partner of  
**CARERS TRUST**



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There when you need us on  
**01254 688440**

email: [office@bwdcarers.org.uk](mailto:office@bwdcarers.org.uk)  
[www.bwdcarers.org.uk](http://www.bwdcarers.org.uk)



/BlackburnCarers



Supporting you so you can help those you care for

## Celebrating 20 years of Supporting Unpaid Carers



ANNUAL REPORT 2025



01254 688440

[Office@bwdcarers.org](mailto:Office@bwdcarers.org)

[www.bwdcarers.org.uk](http://www.bwdcarers.org.uk)



@BlackburnCarers

## THE CARERS TEAM



**Nan Goodall**  
Interim Chair



**Graham Brindley**  
Treasurer



**Sam Morris**  
Chief Executive

Trustees: James Hadleigh & Charlie Higham,

### The Carers "A" Team

**Gillian Ingham**  
**Yasmin Khalil**  
**Wendy Cooke**  
**Rashida Ahmed**

**Susan Lloyd**  
**Anna Frankland**  
**Isma Sajid**  
**Kiran Sadiq**

**Kulsum Chishti**  
**Emma Forrest**  
**Shabir Elahi**  
**Parveen Awan**

**Shabir Elahi**  
**Mia Cooke**  
**Lyndsey Harry**  
**Lesly Vela-Cobo**

The Carers Service is privileged to have a fantastic Team of Volunteers who help us go that extra mile in supporting those caring for a friend or loved one. You can see from page 11 the amount of time they give freely and what it means to us financially in extra value

### Who We Are:-

Blackburn with Darwen Carers Service supports unpaid carers who care for loved ones facing physical disabilities, learning disabilities, long-term illness, dementia, substance use issues, and mental health conditions. Carers often experience their own complex challenges, and our role is to walk alongside them with compassion, knowledge, and practical support.

## Case Studies

### Mental Health and Wellbeing Case Study Summary Young Adult Carer, Female, 16–25

#### Caring Responsibilities Cares for:

**Brother (M):** Autism, needs support with personal care & medical appointments.

**Sister (H):** Diagnosed with **Crohn's, IBS, and Psychosis**. Exhibits severe OCD behaviours, emotional distress, and crisis episodes.

#### Living Situation:

Shares **room and bed** with H → lack of personal space.

No support from father.

Mum passed away 2 years ago.

#### Carers Mental Health

Symptoms Experienced	Triggers & Environment
Anxiety, insomnia, loss of appetite	Sister's psychosis, cramped home life
Feeling overwhelmed (near carer breakdown)	Caring + full-time night work in Manchester

#### Support & Interventions

##### Initial Actions

- **Immediate mental health conversation** with SL & cousin
- **Carers Assessment** initiated via Adult Service
- **Care Needs Assessment** started for both siblings
- Discussed **psychosis**, anxiety management, and **sleep hygiene**
- Introduced a **5-minute journal** for stress relief

#### Agencies Involved

Agency	Support Offered
GP	Prescribed antidepressants
Home Treatment Team	Monitored sister daily
Mental Health Team	Coordinated care for H
CLO & Duty Social Worker	Initiated statutory assessments
Council Tax Office	Assessed financial aid eligibility
Integrated Neighbourhood Team (INT)	Coordinated multi-disciplinary support

#### Positive Outcomes

- **S feels heard and supported**
- Access to **multi-agency care coordination**
- Practical help with **benefits, employment flexibility, and food vouchers**
- S making plans to **move closer to work** once sibling support is in place
- Increased access to **mental health support for both S and siblings**

#### Ongoing Support

- Still awaiting MH Social Worker
- INT now involved
- SL continues regular check-ins
- Controlled transition plan to reduce long-term stress

#### Key Learnings

"A young adult carer at breaking point was stabilised through timely listening, multi-agency coordination, and sustained emotional and practical support."

Challenges	Interventions	Outcomes
Carer stress, no sleep	Carers & care needs assessments	Services now in place
Financial strain	Food vouchers, benefits advice	Financial relief and clarity
Overwhelming duties	INT referral, counselling referral	Calmness, hope, structured support

# Case Studies



## Case Study Summary:

### Background:

E (94) is the primary carer for her husband S (95), who has been diagnosed with dementia. During the COVID-19 pandemic, the couple became socially isolated, only leaving their home for essential appointments. This prolonged isolation deeply affected their emotional well-being and confidence.

### Challenges:

- **Emotional Strain:** E expressed extreme loneliness and a loss of social confidence, stating she had "lost the art of conversation."
- **Mental Health Impact:** Caring for S has taken a toll on E's mental health. She feels frustrated and overwhelmed, describing a loss of "will to live."
- **Limited Support:** While E is physically fit, her adult children are elderly and face their own health challenges, limiting their ability to assist regularly.
- **Cognitive Decline:** S, though still mobile with a walker, repetitively engages in the same conversations due to dementia, further intensifying E's sense of isolation.

### Intervention:

The Carers Service Activities Coordinator visited the couple and successfully built trust, especially with E, who emotionally connected with her. E shared a desire to meet others and attend activities at Kingsway. The coordinator arranged transport for them to attend the Respite Service, which they thoroughly enjoyed.

### Outcomes:

- E participated in a day trip to Barton Grange Canal Cruise for the first time in 10 years, made possible by her son visiting from Dublin to care for S.
- Both E and S now attend the Respite Service regularly and have experienced improved mood and outlook on life.
- E credits the Carers Service with making positive experiences possible at a time in life when she had given up hope.

### Conclusion:

This case highlights the significant impact of isolation on elderly carers and the transformative role of compassionate outreach and accessible respite services in restoring hope, social engagement, and emotional well-being.

## Nan Goodall Interim Chair's Report



Hi all

I have been a trustee for the Carers Service for a very long time. Indeed I remember the initial set up and start of the service. We have come a long way from that point in time. Now we are a much larger organisation and cover a great deal more of all the aspects that help our people in their caring roles.

As our strap line says 'Support for family members and friends who look after a loved one with an illness, disability or addiction'. If you think about that for a moment - it involves being a foundation and cornerstone that assists and sustains our loved ones and particularly their carers, in their time of need.

The Carers Service has staff and/or volunteers [much appreciated] who help to run the charity on a day-to-day basis, so the trustees' role is more strategic. Trustees are the volunteers who confidentially lead charities and decide how they are run, making sure the charity is clear about its purposes, mission and values and uses them to direct all aspects of its work. We think about the direction the Carers Service will take and how this plan will be carried out, working collectively to this aim. Trustees also make sure that our charity has the resources and policies it needs and complies with legal requirements. At the moment I am interim Chair of the Carers Service Trustees.

At every trustee meeting, which is structured to move the service onward and upward, we think very carefully about how we can achieve that. We take our roles very seriously, conscious of the responsibility placed upon us. During 2024 to 2025 a typical agenda had a financial report from the finance team that met a couple of weeks earlier - this included funding. Then there are reports regarding staff and service users including an in-depth report from Sam as CEO, also a report on all the projects – either ongoing or newly planned. In other words trustees think very carefully about the whole service, past, present and future.

*Nan Goodall*  
Interim Chair

## Sam Morris Chief Executive Officer's Report



2024 marked a major milestone in the life of Blackburn with Darwen Carers Service – our 20th anniversary. From our beginnings in 2004, prompted by the voices of unpaid carers calling out for better support, we have grown into a community-embedded charity delivering life-changing services. This year, as we reflect on our journey, we also look ahead with renewed commitment and optimism.

### 20-Year Celebration

In October 2024, we hosted a joyous celebration to mark 20 years of dedicated support for unpaid carers. The event brought together carers of all ages – including young adult carers (aged 16–25), adult carers, volunteers, staff, trustees, and partners – for an evening of shared stories, live music, and food. It was a heartwarming reminder of the strength of our caring community and the impact we've made together.

### Securing Our Future

This year, we successfully secured significant funding from The Big Lottery Fund and The Henry Smith Charity, enabling us to extend and enrich our offer to carers at a time when demand continues to rise. This vital funding ensures the continuity and growth of our innovative, person-centred services.

### Looking Forward

As we move into the next chapter, we are committed to:

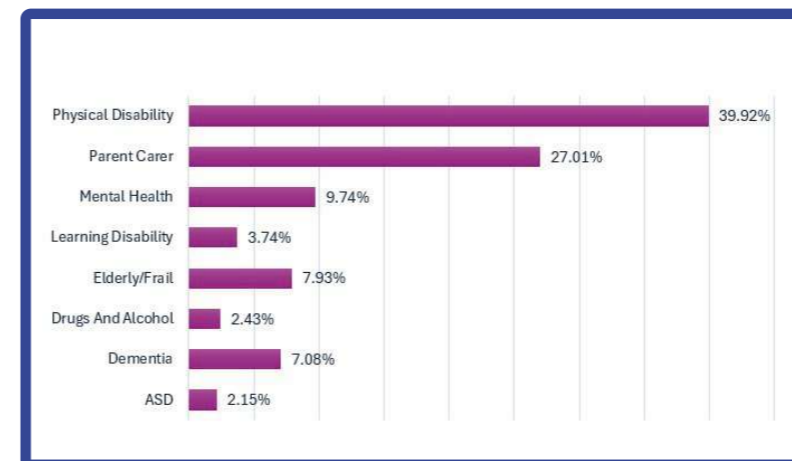
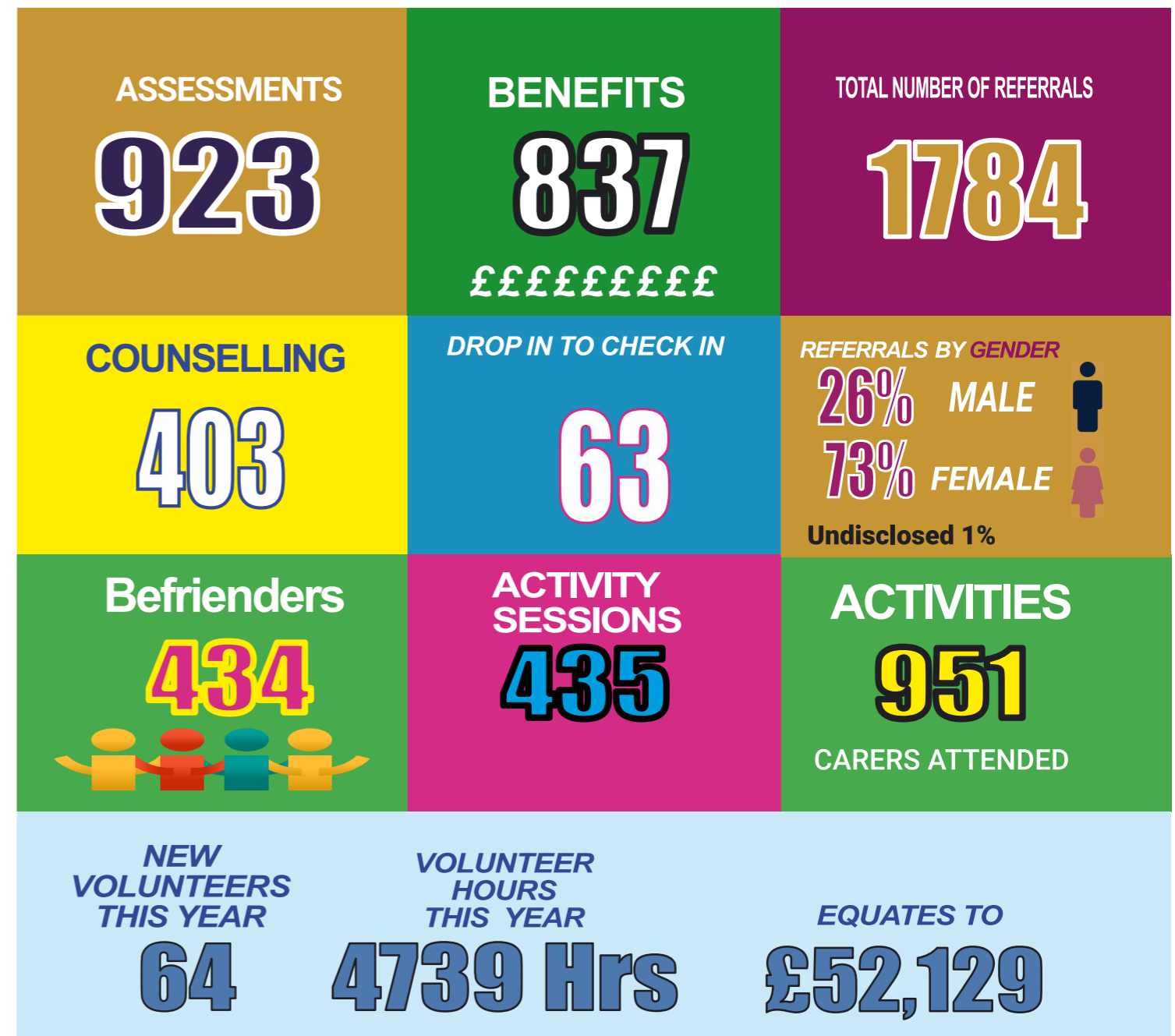
- Increasing our reach into under-served communities
- Developing new digital and outreach services
- Strengthening partnerships with health and social care providers
- Continuing to champion the rights and wellbeing of carers at every level

### Thank You

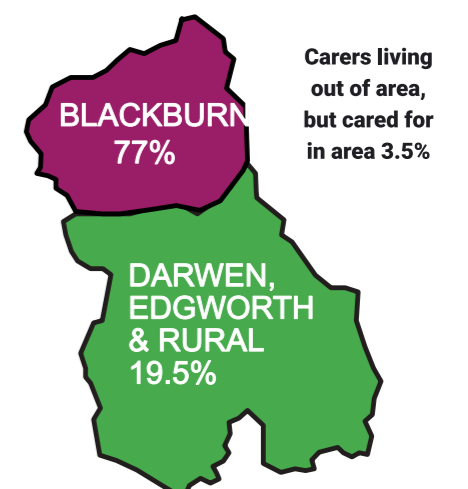
I offer my heartfelt thanks to our carers, staff, volunteers, funders, partners, and supporters – past and present. You are the reason Blackburn with Darwen Carers Service has thrived for 20 years, and we look forward to continuing this journey together.

*Sam Morris*

Chief Executive Officer  
Carers Service Annual Report



### REFERRALS BY GEOGRAPHY



# Achievements and Performance

## 9. Fundraising and Income Generation

<b>Donations</b>	<b>£14763</b>
<b>Carers Activities</b>	<b>£7002</b>
<b>Lasting Power of Attorney</b>	<b>£10230</b>
<b>Other income</b>	<b>£5211</b>
<b>Total</b>	<b>£37206</b>

## 10. Statistics

<b>Total Referrals</b>		<b>1,784</b>
<b>Benefits</b>	<b>Appointments</b>	<b>837</b>
<b>Assessments</b>		<b>923</b>
<b>Referrals by Gender</b>	<b>Male</b>	<b>462</b>
	<b>Female</b>	<b>1,314</b>
	<b>Other</b>	<b>8</b>
<b>Drop in to Check in</b>		<b>63</b>
<b>Counselling</b>	<b>Sessions</b>	<b>403</b>
<b>Activities</b>	<b>Carers</b>	<b>951</b>
	<b>Sessions</b>	<b>435</b>
<b>Befrienders</b>	<b>Calls</b>	<b>434</b>

<b>New Volunteers</b>	<b>64</b>
<b>Volunteer Hours</b>	<b>4739</b>
<b>Equates to</b>	<b>£52,129</b>

<b>Geography</b>	
<b>Blackburn</b>	<b>77.2%</b>
<b>Darwen</b>	<b>19.2%</b>
<b>Edgeworth</b>	<b>0.1%</b>
<b>Other</b>	<b>3.5%</b>

<b>Reason for caring</b>	
<b>Physical Disability</b>	<b>40%</b>
<b>Parent Carer</b>	<b>27%</b>
<b>Mental Health</b>	<b>10%</b>
<b>Elderly/Frail</b>	<b>8%</b>
<b>Dementia</b>	<b>7%</b>
<b>Learning Disability</b>	<b>4%</b>
<b>Drugs And Alcohol</b>	<b>2%</b>
<b>ASD</b>	<b>2%</b>
<b>Unknown</b>	<b>1%</b>

## Graham Brindley Treasurer's Report



Last year we reported that all our major income streams were due for re-tendering during the 2024/5 year which meant that our visibility of income was somewhat uncertain. Our strategy was for the operational team to continue to exercise tight cost control whilst the Trustees authorised release from reserves to support the charity's activities.

During the year we were successful in securing funding from the Lottery and Henry Smith charitable trust. The Council rolled forward the existing contract to October 2025. Whilst these successes were all extremely positive outcomes, they were insufficient to cover all costs, with the result that the year ended in a small deficit which has been funded from reserves.



Financial pressure on the charity remains. In 2025/6 the contract with the Council is due for re tendering. Additionally the Government's tax policy of raising employer National Insurance Contributions has had a significant impact as our major cost category is salaries.

We are forecasting a small deficit for 2025/6 which again will be funded from reserves. Work continues to attempt to raise funds from a variety of sources.

*Graham Brindley*

Treasurer

# The Carers Service exists to support & help those who provide unpaid care to a friend, relative or loved one

## Carers definition

Carers can be relatives, neighbours or friends. Carers come from all age groups and can come from any ethnic, religious or racial background. A Carer is a person who looks after someone who due to illness, disability or frailty is unable to manage alone



## Our Services

We continue to offer a comprehensive, flexible and accessible package of support for carers at all stages of their journey:

Carers assessments to tailor support plans

One to One support with an experience Carers Adviser

Weekly drop-ins for advice, information, and social connection

Benefits support (in person and via phone)

Therapeutic sessions including counselling, CBT, and massage

Health and wellbeing activities: yoga, cycling, walking, sewing, crafts and local/ regional trips

Workshops, events and training sessions

Peer support groups building lasting connections among carers

Befriending service

Energy grants and food vouchers for carers in crisis

Support around Lasting Power of Attorney (fee-based)

## Mission Statement

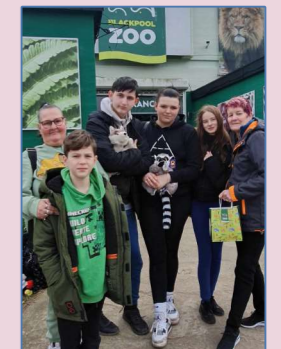
At Blackburn with Darwen Carers Services, our mission is to identify, engage, empower, and support carers throughout their caring journey. We are dedicated to providing integrated and personalised services that meet the diverse needs of carers in our community.

## Vision

Our vision is to create a community where carers are respected as expert care partners, equipped with the resources and support they need to thrive in their caring role. We envision a society that recognises and values the vital contributions of carers, ensuring their well-being and enabling them to lead fulfilling lives alongside their caregiving responsibilities.

# Achievements and Performance

## 8. Health & Wellbeing



# Achievements and Performance

## 7. Carers Rights Day 2024

This year's Carers Rights Day, held under the national theme "Recognising Your Rights", focused on empowering carers with the knowledge they need to access the help and protections they deserve – when they need it most.

### Raising Awareness and Empowering Carers

To mark the day, we hosted a dedicated Carers Rights Day event that brought together carers, staff and local partners in an accessible, informative, and supportive setting.

### Event Highlights:

- Staff Introductions – Our team showcased their individual projects, helping carers understand the range of services and support available.
- Presentations by Visiting Organisations – Key partners delivered talks on carers' legal rights, welfare benefits, housing support, and wellbeing services.
- Information Stands – A variety of stalls provided accessible leaflets, resources, and one-to-one guidance on topics such as carers' rights at work, claiming benefits, Power of Attorney, respite care, and more.

### The day was designed to:

- Help carers recognise their caring role and their rights under UK law.
- Provide clear, up-to-date information on support services and financial entitlements.
- Connect carers with local support networks and community resources.
- Encourage self-advocacy and informed decision-making.

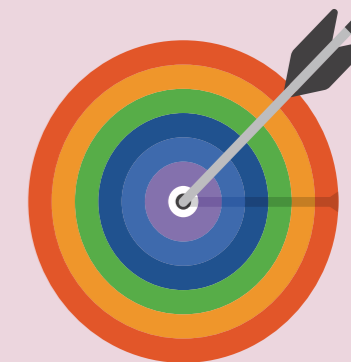
Feedback from attendees showed a strong appreciation for the practical advice, clarity on entitlements, and the sense of solidarity gained from connecting with other carers and professions



The Carers Service exists to support & help those who provide unpaid care to a friend, relative or loved one

## Core Values

At Blackburn with Darwen Carers Service, our core values form the foundation of everything we do. They guide our actions, shape our culture, and drive our commitment to supporting carers throughout their caring journey. Our core values reflect our deep understanding of the unique challenges faced by carers and underscore our unwavering dedication to their well-being. These values serve as a compass, guiding us in creating a supportive, inclusive, and empowering environment where carers are respected, valued, and given the tools they need to thrive.



Below are our core values and the principles that underpin our work in making a positive difference in the lives of carers:

- 1. Empowerment:** We believe in empowering carers by providing them with the knowledge, resources, and support necessary to make informed decisions and take control of their lives.
- 2. Respect:** We treat every carer with dignity, compassion, and respect, recognising the invaluable role they play in society and valuing their unique experiences and contributions.
- 3. Collaboration:** We foster collaboration and partnerships with local organisations, service providers, and stakeholders to ensure comprehensive support and improve the lives of carers.
- 4. Inclusivity:** We are committed to inclusivity, embracing diversity, and addressing the needs of carers from all backgrounds, including those who may be marginalised or hidden.
- 5. Wellbeing:** We prioritise the mental, physical, and emotional well-being of carers, offering services and programs that promote their health, resilience, and overall quality of life.
- 6. Advocacy:** We advocate for the rights, recognition, and support of carers at local, regional, and national levels, aiming to influence policies and raise awareness about carer issues.
- 7. Innovation:** We strive to continuously innovate and improve our services, incorporating technology and best practices to enhance the support and experiences of carers.
- 8. Personalisation:** We recognise that each carer's journey is unique, and we tailor our services to meet individual needs, providing personalised support that addresses their specific challenges and circumstances.



Supporting you so you can help those you care for

## Carers Service Offer

Carers Star Assessment	Advice and guidance	Benefit checks
Respite Sitting Service	Counselling	Complimentary therapies
Digital Support	Befriending	Hospital Discharge Project
Training, Workshops & Events	Volunteering Accreditation	Activities and Trips
Power of Attorney	Access to breaks	Support groups
Young Adult Carers Support	Carers ID Card	Life After Caring
Household Support Grants	Volunteering	Activities and Workshops

## Achievements and Performance

### Henry Smith Charity

With rising financial pressures on unpaid carers, the Henry Smith funding has played a vital role in helping carers build resilience and navigate complex systems affecting their income, benefits, and rights.

#### Key Impacts:

Carers and families receive timely support, advice and information to tackle financial challenges.

Individuals are supported to navigate the benefits, migration and asylum systems, ensuring access to entitlements and legal rights.

Carers improve their financial literacy, gaining confidence in budgeting and money management.

Those supported feel more in control, reducing stress and improving long-term financial wellbeing.

Together, these investments are helping us not only respond to the immediate needs of carers, but also build a future where every carer has the tools, networks, and confidence to thrive.

### 6. Carers Week 2024 – Putting Carers on the Map

Carers Week 2024 was a powerful opportunity to highlight the increased pressures faced by unpaid carers and to call on policymakers and local leaders to take meaningful steps to support carers’ wellbeing, rights, and recognition.

Under the national theme “Putting Carers on the Map,” we raised awareness of the essential role carers play in our communities and the urgent need for targeted support particularly in the face of growing emotional, physical, and financial strain.

#### A Week of Connection, Recognition and Wellbeing

Throughout the week, we delivered a series of engaging, supportive and celebratory events that brought carers together and gave space for rest, reflection, and recognition:

- Carers Coffee Morning – A warm and welcoming start to the week, offering space for conversation, connection and peer support.
- Carers Day Event – A celebration of carers with music, food, activities and stalls from local organisations.
- Wellbeing Morning – Therapeutic sessions including massage, relaxation techniques, and mindfulness.
- Walk a Mile in a Carer’s Shoes – A symbolic walking event to raise awareness of the daily journeys carers make and the challenges they face.
- Canal Cruise with Cream Tea – A chance for carers to relax and enjoy a peaceful afternoon on the water, with refreshments and great company.

# Achievements and Performance

## Carers Board

The Blackburn with Darwen Carers Board has been established to oversee the implementation of the Carers Strategy and its accompanying Action Plan.

The Board's Key Roles Include:

- Supporting delivery and monitoring of the strategy's priorities.
- Ensuring strong carer and stakeholder representation.
- Identifying service gaps and unmet needs.
- Influencing commissioning and future direction of services.
- Championing carer needs in borough-wide strategies and policies.
- Promoting inclusivity across all protected characteristics.
- Creating opportunities for joint working and integrated planning.
- The Board meets reports to the BwD Place based Partnership.

The Board addresses issues affecting all carers – including adult carers, young carers, and those caring for disabled children

The Board now meets bi monthly. The Carers Strategy is a living document. Ongoing engagement, regular review, and evidence-based updates will ensure it continues to respond to the real-life needs and priorities of Blackburn with Darwen's caring community.

## 5.Funding Impact: Building a Stronger Future for Carers

In 2024–2025, Blackburn with Darwen Carers Service secured transformational funding from two major national funders – the Big Lottery Fund and The Henry Smith Charity. These grants have enabled us to deliver targeted, meaningful support that empowers carers, strengthens communities, and improves lives.

### Big Lottery Fund:

This funding has enabled us to strengthen community networks where carers and volunteers come together to share experiences, build skills, and support one another. Together, we are creating a borough where carers feel valued, confident, and equipped to reach their full potential.

### Key Impacts:

- Carers and volunteers build social connections that reduce isolation and promote wellbeing.
- Carers gain knowledge and understanding to make informed choices early in their caring journey.
- Participants are encouraged to stay active, keep learning, give to others, and take notice – promoting the Five Ways to Wellbeing.
- Volunteers develop transferable skills, boosting confidence, employability, and community engagement

# Achievements and Performance



# 20 years



# 20th Year Celebration October

# Achievements and Performance

## 1. Young Adult Carers (16-25)

We remain committed to supporting young adult carers as they balance education, work and caregiving. Tailored activities, social events, and targeted support are central to ensuring this age group does not fall through the gaps. Young Carers Action day March 2024

### Young Carers Action Day

An interactive session on the theme 'Fair Futures for Young Carers and Young Adult Carers' The focus was on why caring should not be a barrier to learning, earning or being able to progress in life.



## 2. Volunteer Power

Our Volunteer Academy continues to thrive, offering accredited training and personal development. Volunteers support our services in many ways leading activities, providing respite, offering peer support, and raising awareness in the community.



**We celebrated Volunteers Week June 2024 – saying thank you to our amazing volunteers!**



**An amazing night of celebrations at Community CVS Volunteers Awards in November 2024**

**New Volunteers: 64 Existing:157 Total hours: 4739 Equates to: £52,129**

## 3. Listening to Carers

Everything we do is shaped by carer voice. Through regular consultations and targeted engagement with under-represented groups, we ensure that our services are inclusive, culturally appropriate and responsive to real needs

# Achievements and Performance

## 4. Blackburn with Darwen Carers Strategy update

Available at: [www.bwdcarers.org.uk](http://www.bwdcarers.org.uk)

**Blackburn with Darwen Carers Strategy: Summary Update (2024)**

**Launched during Carers Week 2024**

In June 2024, Blackburn with Darwen officially launched its Carers Strategy, marking a commitment to recognising, supporting, and empowering unpaid carers of all ages. Developed collaboratively with local carers, statutory services, and voluntary sector partners, the strategy outlines a clear vision for improving the lives of carers in the borough

### Seven Priority Areas Identified by Carers

Through engagement and co-production with carers across the borough, seven key priorities emerged:

- Challenges of Caring – The emotional, physical, and time demands of the role.
- Service Gaps and Accessibility – Inconsistent access and unmet needs.
- Financial and Employment Struggles – The impact of caring on income and work.
- Future Concerns – Anxiety about long-term care, planning, and support.
- Interpersonal Relationship Struggles – Strains on personal relationships and family dynamics.
- Positive Aspects of Caring and Support – Finding meaning and fulfilment in the role, and valuing good support.
- Addressing the Needs of Young Carers – Ensuring young carers are identified and supported early

### Carers Forum

The Carers Forum has been re-energised as a vital space for carer voice and influence. Now meeting bi-monthly, the Forum:

- Brings together carers, professionals, and stakeholders.
- Provides feedback on services, gaps, and experiences.
- Influences local service planning and delivery.
- Drives positive change around local priorities.
- Ensures carers' voices are heard by decision-makers.
- The Carers Forum feeds into the Carers Board

**BLACKBURN WITH DARWEN CARERS SERVICE LTD**

**ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED 31 MARCH 2025**

**Company Registration No. 05881757 (England and Wales)**

**Charity registration number 1120110 (England and Wales)**

# BLACKBURN WITH DARWEN CARERS SERVICE LTD

## LEGAL AND ADMINISTRATIVE INFORMATION

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<b>Trustees</b>	Mrs H N Goodall Mr G M Brindley Mr J J Hadleigh Mr C J Higham
<b>Secretary</b>	Ms S J Morris
<b>Charity number (England and Wales)</b>	1120110
<b>Company number</b>	05881757
<b>Registered office</b>	Blackburn with Darwen Carers Services Kingsway Greenhurst Place Blackburn Lancashire BB2 1NA
<b>Independent examiner</b>	Champion TLL Limited 7-9 Station Road Hesketh Bank Preston Lancashire PR4 6SN

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# BLACKBURN WITH DARWEN CARERS SERVICE LTD

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# BLACKBURN WITH DARWEN CARERS SERVICE LTD

## TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

### FOR THE YEAR ENDED 31 MARCH 2025

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The trustees present their annual report and financial statements for the year ended 31 March 2025.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

#### **Objectives and activities**

In setting objectives and planning for activities, the Trustees have given due consideration to general guidance published by the charity commission relating to public benefit.

The objective of the charitable company is to relieve the need of persons who are ill, disabled or who are elderly and have a charitable need, primarily but not exclusively resident or working in Blackburn with Darwen and the surrounding area, by the provision of advice, information and support to those persons, their relatives or carers with the object of improving the conditions of life of the said beneficiaries.

#### **Mission Statement**

At Blackburn with Darwen Carers Services, our mission is to identify, engage, empower, and support carers throughout their caring journey. We are dedicated to providing integrated and personalised services that meet the diverse needs of carers in our community.

#### **Vision**

Our vision is to create a community where carers are respected as expert care partners, equipped with the resources and support they need to thrive in their caring role. We envision a society that recognises and values the vital contributions of carers, ensuring their well-being and enabling them to lead fulfilling lives alongside their caregiving responsibilities.

#### **Core Values**

At Blackburn with Darwen Carers Service, our core values form the foundation of everything we do. They guide our actions, shape our culture, and drive our commitment to supporting carers throughout their caring journey. Our core values reflect our deep understanding of the unique challenges faced by carers and underscore our unwavering dedication to their well-being. These values serve as a compass, guiding us in creating a supportive, inclusive, and empowering environment where carers are respected, valued, and given the tools they need to thrive. Below are our core values and the principles that underpin our work in making a positive difference in the lives of carers:

1. **Empowerment:** We believe in empowering carers by providing them with the knowledge, resources, and support necessary to make informed decisions and take control of their lives.
2. **Respect:** We treat every carer with dignity, compassion, and respect, recognizing the invaluable role they play in society and valuing their unique experiences and contributions.
3. **Collaboration:** We foster collaboration and partnerships with local organisations, service providers, and stakeholders to ensure comprehensive support and improve the lives of carers.
4. **Inclusivity:** We are committed to inclusivity, embracing diversity, and addressing the needs of carers from all backgrounds, including those who may be marginalised or hidden.
5. **Well-being:** We prioritise the mental, physical, and emotional well-being of carers, offering services and programs that promote their health, resilience, and overall quality of life.
6. **Advocacy:** We advocate for the rights, recognition, and support of carers at local, regional, and national levels, aiming to influence policies and raise awareness about carer issues.
7. **Innovation:** We strive to continuously innovate and improve our services, incorporating technology and best practices to enhance the support and experiences of carers.

**Personalisation:** We recognise that each carer's journey is unique, and we tailor our services to meet individual needs, providing personalised support that addresses their specific challenges and circumstances.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

#### **Achievements and performance**

Please see the appendix for details of the Charity's achievements and performance within the year.

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# BLACKBURN WITH DARWEN CARERS SERVICE LTD

## TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

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### Financial review

#### Reserves policy

The Charity maintains a Contingency Reserve which represents an amount the Trustees consider would be necessary for the Charity to discharge its obligations in the event that the Charity was to be wound up. This is held at a level that would allow the charity to discharge its obligations, such as redundancies and other obligations, should the charity be wound up. The charity currently has free reserves of £138,114 which are considered sufficient to meet those obligations. This reserve is regularly reviewed to take account of most recent information and circumstances. The unrestricted reserves are available for the Trustees when considerations are made for the maintenance or development of the charitable activities.

#### Investment policy

The charity holds some funds on investment in order to gain a higher rate of interest than in a regular current account. This amount is regularly reviewed to ensure that it is the best use of charity funds.

The principal funders of the charitable company are Blackburn with Darwen Borough Council.

#### Plans for future periods

The charity plan to continue the activities referred to above and described in more detail in the Annual Review attached.

#### Structure, governance and management

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Mrs H N Goodall  
Mr G M Brindley  
Mr J J Hadleigh  
Mr C J Higham

The management of the charitable company is the responsibility of the Trustees who are elected and co-opted under the terms of the Memorandum and Articles of Association dated 19 July 2006.

#### POLICIES ADOPTED FOR THE INDUCTION AND TRAINING OF TRUSTEES

Policies are in place to induct and train new Trustees and comply with the Memorandum and Articles of Association.

All Trustees:  
Have a full induction  
Take part in Governance Training  
Are allocated a subcommittee role  
Are given a Carers Service Trustee Handbook  
Are given a hard copy of Good Governance handbook (NCVO)  
Complete a Trustee Appraisal

**BLACKBURN WITH DARWEN CARERS SERVICE LTD**

**TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)**  
**FOR THE YEAR ENDED 31 MARCH 2025**

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The trustees' report was approved by the Board of Trustees.



Mr G M Brindley  
**Trustee**

Date: 19/8/2025

# BLACKBURN WITH DARWEN CARERS SERVICE LTD

## INDEPENDENT EXAMINER'S REPORT

### TO THE TRUSTEES OF BLACKBURN WITH DARWEN CARERS SERVICE LTD

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I report to the trustees on my examination of the financial statements of Blackburn with Darwen Carers Service Ltd (the charity) for the year ended 31 March 2025.

#### Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law), you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006.

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the Companies Act 2006 and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011. In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the Charities Act 2011.

#### Independent examiner's statement

Since the charity's gross income exceeded £250,000, the independent examiner must be a member of a body listed in section 145 of the Charities Act 2011. I confirm that I am qualified to undertake the examination because I am a member of ACCA, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the Companies Act 2006.
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the Companies Act 2006 other than any requirement that the financial statements give a true and fair view, which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



#### Champion TLL Limited

P Bell ACCA  
7-9 Station Road  
Hesketh Bank  
Preston  
Lancashire  
PR4 6SN  
Date: .....19/08/25.....

# BLACKBURN WITH DARWEN CARERS SERVICE LTD

## STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2025

Current financial year		Unrestricted funds general 2025 £	Unrestricted funds designated 2025 £	Restricted funds 2025 £	Total 2025 £	Total 2024 £
	Notes					
<b>Income from:</b>						
Donations and legacies	2	51,960	74,272	108,522	234,754	209,345
Charitable activities	3	224,743	24,250	-	248,993	238,206
Other trading activities	4	243	-	-	243	105
<b>Total income</b>		<u>276,946</u>	<u>98,522</u>	<u>108,522</u>	<u>483,990</u>	<u>447,656</u>
<b>Expenditure on:</b>						
Charitable activities	5	<u>286,280</u>	<u>97,392</u>	<u>112,233</u>	<u>495,905</u>	<u>451,746</u>
<b>Total expenditure</b>		<u>286,280</u>	<u>97,392</u>	<u>112,233</u>	<u>495,905</u>	<u>451,746</u>
Net gains/(losses) on investments	11	<u>2,299</u>	<u>-</u>	<u>-</u>	<u>2,299</u>	<u>3,124</u>
<b>Net income/(expenditure)</b>		<u>(7,035)</u>	<u>1,130</u>	<u>(3,711)</u>	<u>(9,616)</u>	<u>(966)</u>
Transfers between funds		<u>4,569</u>	<u>(4,569)</u>	<u>-</u>	<u>-</u>	<u>-</u>
<b>Net movement in funds</b>	8	<u>(2,466)</u>	<u>(3,439)</u>	<u>(3,711)</u>	<u>(9,616)</u>	<u>(966)</u>
<b>Reconciliation of funds:</b>						
Fund balances at 1 April 2024		<u>140,580</u>	<u>58,035</u>	<u>4,176</u>	<u>202,791</u>	<u>203,757</u>
<b>Fund balances at 31 March 2025</b>		<u>138,114</u>	<u>54,596</u>	<u>465</u>	<u>193,175</u>	<u>202,791</u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

# BLACKBURN WITH DARWEN CARERS SERVICE LTD

## STATEMENT OF FINANCIAL ACTIVITIES (CONTINUED) INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2025

Prior financial year	Notes	Unrestricted funds general 2024 £	Unrestricted funds designated 2024 £	Restricted funds 2024 £	Total 2024 £
<b>Income from:</b>					
Donations and legacies	2	15,002	64,273	130,070	209,345
Charitable activities	3	224,899	13,207	100	238,206
Other trading activities	4	105	-	-	105
<b>Total income</b>		240,006	77,480	130,170	447,656
<b>Expenditure on:</b>					
Charitable activities	5	242,996	81,102	127,648	451,746
<b>Total expenditure</b>		242,996	81,102	127,648	451,746
Net gains/(losses) on investments	11	3,124	-	-	3,124
<b>Net income/(expenditure) and movement in funds</b>		134	(3,622)	2,522	(966)
<b>Reconciliation of funds:</b>					
Fund balances at 1 April 2023		140,446	61,657	1,654	203,757
<b>Fund balances at 31 March 2024</b>		140,580	58,035	4,176	202,791

# BLACKBURN WITH DARWEN CARERS SERVICE LTD

## BALANCE SHEET

AS AT 31 MARCH 2025

	Notes	2025 £	£	2024 £	£
<b>Fixed assets</b>					
Tangible assets	13		1,574		1,908
<b>Current assets</b>					
Debtors	15	22,138		4,618	
Investments		55,423		53,124	
Cash at bank and in hand		159,604		191,983	
		<u>237,165</u>		<u>249,725</u>	
<b>Creditors: amounts falling due within one year</b>	16	(45,564)		(48,842)	
<b>Net current assets</b>			<u>191,601</u>		<u>200,883</u>
<b>Total assets less current liabilities</b>			<u>193,175</u>		<u>202,791</u>
<b>The funds of the charity</b>					
Restricted income funds	17		465		4,176
Unrestricted funds - general	19		138,114		140,580
Unrestricted funds - designated	18		54,596		58,035
			<u>193,175</u>		<u>202,791</u>

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2025.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the trustees on .....



Mr G M Brindley

Trustee

Company registration number 05881757 (England and Wales)

# BLACKBURN WITH DARWEN CARERS SERVICE LTD

## NOTES TO THE FINANCIAL STATEMENTS

### FOR THE YEAR ENDED 31 MARCH 2025

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#### 1 Accounting policies

##### Charity information

Blackburn with Darwen Carers Service Ltd is a private company limited by guarantee incorporated in England and Wales. The registered office is Blackburn with Darwen Carers Services, Kingsway, Greenhurst Place, Blackburn, Lancashire, BB2 1NA.

#### 1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

#### 1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

#### 1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Designated funds are free reserves that have been designated by the trustees for specific purposes. These are further disclosed in the notes to the accounts.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

#### 1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

# BLACKBURN WITH DARWEN CARERS SERVICE LTD

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

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### 1 Accounting policies

(Continued)

#### 1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

#### 1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Computers	25% on cost
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The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

#### 1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

#### 1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

#### ***Derecognition of financial liabilities***

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

**BLACKBURN WITH DARWEN CARERS SERVICE LTD**

**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
**FOR THE YEAR ENDED 31 MARCH 2025**

**2 Donations and legacies**

	Unrestricted funds general 2025 £	Unrestricted funds designated 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds general 2024 £	Unrestricted funds designated 2024 £	Restricted funds 2024 £	Total 2024 £
Donations and gifts	20,918	-	-	20,918	15,002	-	-	15,002
Grants	31,042	74,272	108,522	213,836	-	64,273	130,070	194,343
	<u>51,960</u>	<u>74,272</u>	<u>108,522</u>	<u>234,754</u>	<u>15,002</u>	<u>64,273</u>	<u>130,070</u>	<u>209,345</u>
<b>Grants receivable for core activities</b>								
Awards For All	-	-	1,498	1,498	-	-	8,503	8,503
Household Support Funding	-	-	-	-	-	20,000	-	20,000
Big Lottery Fund	-	-	83,444	83,444	-	-	74,918	74,918
Eric Wright Trust	-	-	23,580	23,580	-	-	25,366	25,366
Hospital Discharge Project	-	36,407	-	36,407	-	18,773	-	18,773
Benefits Advisor	-	12,750	-	12,750	-	25,500	-	25,500
Henry Smith Grant	30,042	-	-	30,042	-	-	-	-
Autism Support	-	25,115	-	25,115	-	-	21,283	21,283
Other	1,000	-	-	1,000	-	-	-	-
	<u>31,042</u>	<u>74,272</u>	<u>108,522</u>	<u>213,836</u>	<u>-</u>	<u>64,273</u>	<u>130,070</u>	<u>194,343</u>

**BLACKBURN WITH DARWEN CARERS SERVICE LTD**

**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**

**FOR THE YEAR ENDED 31 MARCH 2025**

**3 Income from charitable activities**

	Unrestricted funds general 2025 £	Unrestricted funds designated 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds general 2024 £	Unrestricted funds designated 2024 £	Restricted funds 2024 £	Total 2024 £
Services provided under contract	204,124	24,250	-	228,374	203,693	13,117	-	216,810
Charitable rental Income	3,365	-	-	3,365	4,163	-	-	4,163
Other Income	17,254	-	-	17,254	17,043	90	100	17,233
	<u>224,743</u>	<u>24,250</u>	<u>-</u>	<u>248,993</u>	<u>224,899</u>	<u>13,207</u>	<u>100</u>	<u>238,206</u>

# BLACKBURN WITH DARWEN CARERS SERVICE LTD

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

### 4 Income from other trading activities

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Fundraising events	243	105

### 5 Expenditure on charitable activities

	Charitable activities 2025 £	Charitable activities 2024 £
<b>Direct costs</b>		
Staff costs	353,900	294,965
Depreciation and impairment	1,604	2,092
Rent	19,987	21,197
Insurance	1,866	2,529
Telephone	5,274	5,008
Postage and stationery	5,655	4,389
Sundries	2,303	2,776
Repairs and equipment hire	1,676	1,630
Computer support	5,633	3,211
Counselling fees	7,055	6,083
Volunteer expenses	4,551	6,345
Human resources and personnel	2,372	2,534
Training and courses	2,902	1,298
Activities and events	19,207	15,887
Service marketing	4,574	2,270
Staff expenses	6,031	10,266
Subscriptions and publications	3,352	3,952
	<u>447,942</u>	<u>386,432</u>
Grant funding of activities (see note 6)	27,391	36,358
<b>Share of support and governance costs (see note 7)</b>		
Governance	20,572	28,956
	<u>495,905</u>	<u>451,746</u>
<b>Analysis by fund</b>		
Unrestricted funds - general	286,280	242,996
Unrestricted funds - designated	97,392	81,102
Restricted funds	112,233	127,648
	<u>495,905</u>	<u>451,746</u>

# BLACKBURN WITH DARWEN CARERS SERVICE LTD

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

6	Grants payable	Charitable activities 2025 £	Charitable activities 2024 £
	Grants to individuals	27,391	36,358

7	Support costs	Support costs £	Governance costs £	2025 £	2024 £
	Independent examination fees	-	2,757	2,757	2,173
	Legal and professional fees	-	17,815	17,815	26,783
		-	20,572	20,572	28,956
	Analysed between Charitable activities	-	20,572	20,572	28,956

8	Net movement in funds	2025 £	2024 £
	The net movement in funds is stated after charging/(crediting):		
	Fees payable for the independent examination of the charity's financial statements	2,757	2,173
	Depreciation of owned tangible fixed assets	1,604	2,092

### 9 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

### 10 Employees

The average monthly number of employees during the year was:

2025 Number	2024 Number
10	9

# BLACKBURN WITH DARWEN CARERS SERVICE LTD

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

10 Employees	(Continued)	
Employment costs	2025	2024
	£	£
Wages and salaries	318,261	266,481
Social security costs	21,159	16,123
Other pension costs	14,480	12,361
	<u>353,900</u>	<u>294,965</u>

There were no employees whose annual remuneration was more than £60,000.

### Remuneration of key management personnel

The remuneration of key management personnel was as follows:

## 11 Gains and losses on investments

	Unrestricted funds 2025	Unrestricted funds 2024
	£	£
Gains/(losses) arising on:		
Revaluation of investments	<u>2,299</u>	<u>3,124</u>

## 12 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

## 13 Tangible fixed assets

	Computers £
<b>Cost</b>	
At 1 April 2024	59,803
Additions	1,270
At 31 March 2025	<u>61,073</u>
<b>Depreciation and impairment</b>	
At 1 April 2024	57,895
Depreciation charged in the year	1,604
At 31 March 2025	<u>59,499</u>
<b>Carrying amount</b>	
At 31 March 2025	<u>1,574</u>
At 31 March 2024	<u>1,908</u>

# BLACKBURN WITH DARWEN CARERS SERVICE LTD

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

<b>14</b>	<b>Financial instruments</b>	<b>2025</b>	<b>2024</b>
		£	£
	<b>Carrying amount of financial assets</b>		
	High interest deposits	55,423	53,124
		<u>          </u>	<u>          </u>
<b>15</b>	<b>Debtors</b>	<b>2025</b>	<b>2024</b>
		£	£
	<b>Amounts falling due within one year:</b>		
	Trade debtors	19,336	637
	Other debtors	1,105	2,377
	Prepayments and accrued income	1,697	1,604
		<u>          </u>	<u>          </u>
		22,138	4,618
		<u>          </u>	<u>          </u>
<b>16</b>	<b>Creditors: amounts falling due within one year</b>	<b>2025</b>	<b>2024</b>
		£	£
	Trade creditors	42,312	45,994
	Other creditors	752	570
	Accruals and deferred income	2,500	2,278
		<u>          </u>	<u>          </u>
		45,564	48,842
		<u>          </u>	<u>          </u>

### 17 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	At 1 April 2024 £	Incoming resources £	Resources expended £	At 31 March 2025 £
Restricted fund	4,176	108,522	(112,233)	465
	<u>          </u>	<u>          </u>	<u>          </u>	<u>          </u>
	At 1 April 2023 £	Incoming resources £	Resources expended £	At 31 March 2024 £
Restricted fund	1,654	130,170	(127,648)	4,176
	<u>          </u>	<u>          </u>	<u>          </u>	<u>          </u>

# BLACKBURN WITH DARWEN CARERS SERVICE LTD

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

### 18 Unrestricted funds - designated

These are unrestricted funds which are material to the charity's activities.

	At 1 April 2024 £	Incoming resources £	Resources expended £	Transfers £	At 31 March 2025 £
Designated fund	58,035	98,522	(97,392)	(4,569)	54,596
<b>Previous year:</b>	<b>At 1 April 2023 £</b>	<b>Incoming resources £</b>	<b>Resources expended £</b>	<b>Transfers £</b>	<b>At 31 March 2024 £</b>
Designated fund	61,657	77,480	(81,102)	-	58,035

### 19 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 April 2024 £	Incoming resources £	Resources expended £	Transfers £	Gains and losses £	At 31 March 2025 £
General funds	140,580	276,946	(286,280)	4,569	2,299	138,114
<b>Previous year:</b>	<b>At 1 April 2023 £</b>	<b>Incoming resources £</b>	<b>Resources expended £</b>	<b>Transfers £</b>	<b>Gains and losses £</b>	<b>At 31 March 2024 £</b>
General funds	140,446	240,006	(242,996)	-	3,124	140,580

### 20 Analysis of net assets between funds

	Unrestricted funds general 2025 £	Unrestricted funds designated 2025 £	Restricted funds 2025 £	Total 2025 £
<b>At 31 March 2025:</b>				
Tangible assets	1,574	-	-	1,574
Current assets/(liabilities)	136,540	54,596	465	191,601
	<u>138,114</u>	<u>54,596</u>	<u>465</u>	<u>193,175</u>

# BLACKBURN WITH DARWEN CARERS SERVICE LTD

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

### 20 Analysis of net assets between funds

(Continued)

	Unrestricted funds general 2024 £	Unrestricted funds designated 2024 £	Restricted funds 2024 £	Total 2024 £
<b>At 31 March 2024:</b>				
Tangible assets	1,908	-	-	1,908
Current assets/(liabilities)	138,672	58,035	4,176	200,883
	<u>140,580</u>	<u>58,035</u>	<u>4,176</u>	<u>202,791</u>

### 21 Related party transactions

There were no disclosable related party transactions during the year (2024 - none).

### 22 Funds

Restricted funds relate to voluntary donations and grants which are for specific purposes but not fully spent at the year end, and are as follows: Lottery (£1,031), Eric Wright Trust £1,497 and Awards for All (NIL).

The designated funds relate to monies unspent at the year end received from contracted income/service level agreements which are not classed as restricted voluntary income but can still only be spent on specific projects, and a provision for continuity costs totaling £54,596.

There are also general free funds of £138,114.

**BLACKBURN WITH DARWEN CARERS SERVICE LTD**

**ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED 31 MARCH 2025**

**Company Registration No. 05881757 (England and Wales)**

**Charity registration number 1120110 (England and Wales)**

# BLACKBURN WITH DARWEN CARERS SERVICE LTD

## LEGAL AND ADMINISTRATIVE INFORMATION

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<b>Trustees</b>	Mrs H N Goodall Mr G M Brindley Mr J J Hadleigh Mr C J Higham
<b>Secretary</b>	Ms S J Morris
<b>Charity number (England and Wales)</b>	1120110
<b>Company number</b>	05881757
<b>Registered office</b>	Blackburn with Darwen Carers Services Kingsway Greenhurst Place Blackburn Lancashire BB2 1NA
<b>Independent examiner</b>	Champion TLL Limited 7-9 Station Road Hesketh Bank Preston Lancashire PR4 6SN

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# BLACKBURN WITH DARWEN CARERS SERVICE LTD

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# BLACKBURN WITH DARWEN CARERS SERVICE LTD

## TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

### FOR THE YEAR ENDED 31 MARCH 2025

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The trustees present their annual report and financial statements for the year ended 31 March 2025.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

#### **Objectives and activities**

In setting objectives and planning for activities, the Trustees have given due consideration to general guidance published by the charity commission relating to public benefit.

The objective of the charitable company is to relieve the need of persons who are ill, disabled or who are elderly and have a charitable need, primarily but not exclusively resident or working in Blackburn with Darwen and the surrounding area, by the provision of advice, information and support to those persons, their relatives or carers with the object of improving the conditions of life of the said beneficiaries.

#### **Mission Statement**

At Blackburn with Darwen Carers Services, our mission is to identify, engage, empower, and support carers throughout their caring journey. We are dedicated to providing integrated and personalised services that meet the diverse needs of carers in our community.

#### **Vision**

Our vision is to create a community where carers are respected as expert care partners, equipped with the resources and support they need to thrive in their caring role. We envision a society that recognises and values the vital contributions of carers, ensuring their well-being and enabling them to lead fulfilling lives alongside their caregiving responsibilities.

#### **Core Values**

At Blackburn with Darwen Carers Service, our core values form the foundation of everything we do. They guide our actions, shape our culture, and drive our commitment to supporting carers throughout their caring journey. Our core values reflect our deep understanding of the unique challenges faced by carers and underscore our unwavering dedication to their well-being. These values serve as a compass, guiding us in creating a supportive, inclusive, and empowering environment where carers are respected, valued, and given the tools they need to thrive. Below are our core values and the principles that underpin our work in making a positive difference in the lives of carers:

1. **Empowerment:** We believe in empowering carers by providing them with the knowledge, resources, and support necessary to make informed decisions and take control of their lives.
2. **Respect:** We treat every carer with dignity, compassion, and respect, recognizing the invaluable role they play in society and valuing their unique experiences and contributions.
3. **Collaboration:** We foster collaboration and partnerships with local organisations, service providers, and stakeholders to ensure comprehensive support and improve the lives of carers.
4. **Inclusivity:** We are committed to inclusivity, embracing diversity, and addressing the needs of carers from all backgrounds, including those who may be marginalised or hidden.
5. **Well-being:** We prioritise the mental, physical, and emotional well-being of carers, offering services and programs that promote their health, resilience, and overall quality of life.
6. **Advocacy:** We advocate for the rights, recognition, and support of carers at local, regional, and national levels, aiming to influence policies and raise awareness about carer issues.
7. **Innovation:** We strive to continuously innovate and improve our services, incorporating technology and best practices to enhance the support and experiences of carers.

**Personalisation:** We recognise that each carer's journey is unique, and we tailor our services to meet individual needs, providing personalised support that addresses their specific challenges and circumstances.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

#### **Achievements and performance**

Please see the appendix for details of the Charity's achievements and performance within the year.

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# **BLACKBURN WITH DARWEN CARERS SERVICE LTD**

## **TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025**

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### **Financial review**

#### **Reserves policy**

The Charity maintains a Contingency Reserve which represents an amount the Trustees consider would be necessary for the Charity to discharge its obligations in the event that the Charity was to be wound up. This is held at a level that would allow the charity to discharge its obligations, such as redundancies and other obligations, should the charity be wound up. The charity currently has free reserves of £138,114 which are considered sufficient to meet those obligations. This reserve is regularly reviewed to take account of most recent information and circumstances. The unrestricted reserves are available for the Trustees when considerations are made for the maintenance or development of the charitable activities.

#### **Investment policy**

The charity holds some funds on investment in order to gain a higher rate of interest than in a regular current account. This amount is regularly reviewed to ensure that it is the best use of charity funds.

The principal funders of the charitable company are Blackburn with Darwen Borough Council.

#### **Plans for future periods**

The charity plan to continue the activities referred to above and described in more detail in the Annual Review attached.

#### **Structure, governance and management**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Mrs H N Goodall  
Mr G M Brindley  
Mr J J Hadleigh  
Mr C J Higham

The management of the charitable company is the responsibility of the Trustees who are elected and co-opted under the terms of the Memorandum and Articles of Association dated 19 July 2006.

#### **POLICIES ADOPTED FOR THE INDUCTION AND TRAINING OF TRUSTEES**

Policies are in place to induct and train new Trustees and comply with the Memorandum and Articles of Association.

All Trustees:  
Have a full induction  
Take part in Governance Training  
Are allocated a subcommittee role  
Are given a Carers Service Trustee Handbook  
Are given a hard copy of Good Governance handbook (NCVO)  
Complete a Trustee Appraisal

**BLACKBURN WITH DARWEN CARERS SERVICE LTD**

**TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)**

**FOR THE YEAR ENDED 31 MARCH 2025**

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The trustees' report was approved by the Board of Trustees.



Mr G M Brindley  
**Trustee**

Date: 19/8/2025

# BLACKBURN WITH DARWEN CARERS SERVICE LTD

## INDEPENDENT EXAMINER'S REPORT

### TO THE TRUSTEES OF BLACKBURN WITH DARWEN CARERS SERVICE LTD

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I report to the trustees on my examination of the financial statements of Blackburn with Darwen Carers Service Ltd (the charity) for the year ended 31 March 2025.

#### Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law), you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006.

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the Companies Act 2006 and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011. In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the Charities Act 2011.

#### Independent examiner's statement

Since the charity's gross income exceeded £250,000, the independent examiner must be a member of a body listed in section 145 of the Charities Act 2011. I confirm that I am qualified to undertake the examination because I am a member of ACCA, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the Companies Act 2006.
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the Companies Act 2006 other than any requirement that the financial statements give a true and fair view, which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



#### Champion TLL Limited

P Bell ACCA  
7-9 Station Road  
Hesketh Bank  
Preston  
Lancashire  
PR4 6SN  
Date: .....19/08/25.....

# BLACKBURN WITH DARWEN CARERS SERVICE LTD

## STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2025

Current financial year		Unrestricted funds general 2025 £	Unrestricted funds designated 2025 £	Restricted funds 2025 £	Total 2025 £	Total 2024 £
	Notes					
<b>Income from:</b>						
Donations and legacies	2	51,960	74,272	108,522	234,754	209,345
Charitable activities	3	224,743	24,250	-	248,993	238,206
Other trading activities	4	243	-	-	243	105
<b>Total income</b>		<u>276,946</u>	<u>98,522</u>	<u>108,522</u>	<u>483,990</u>	<u>447,656</u>
<b>Expenditure on:</b>						
Charitable activities	5	<u>286,280</u>	<u>97,392</u>	<u>112,233</u>	<u>495,905</u>	<u>451,746</u>
<b>Total expenditure</b>		<u>286,280</u>	<u>97,392</u>	<u>112,233</u>	<u>495,905</u>	<u>451,746</u>
Net gains/(losses) on investments	11	<u>2,299</u>	<u>-</u>	<u>-</u>	<u>2,299</u>	<u>3,124</u>
<b>Net income/(expenditure)</b>		<u>(7,035)</u>	<u>1,130</u>	<u>(3,711)</u>	<u>(9,616)</u>	<u>(966)</u>
Transfers between funds		<u>4,569</u>	<u>(4,569)</u>	<u>-</u>	<u>-</u>	<u>-</u>
<b>Net movement in funds</b>	8	<u>(2,466)</u>	<u>(3,439)</u>	<u>(3,711)</u>	<u>(9,616)</u>	<u>(966)</u>
<b>Reconciliation of funds:</b>						
Fund balances at 1 April 2024		<u>140,580</u>	<u>58,035</u>	<u>4,176</u>	<u>202,791</u>	<u>203,757</u>
<b>Fund balances at 31 March 2025</b>		<u>138,114</u>	<u>54,596</u>	<u>465</u>	<u>193,175</u>	<u>202,791</u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

# BLACKBURN WITH DARWEN CARERS SERVICE LTD

## STATEMENT OF FINANCIAL ACTIVITIES (CONTINUED) INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2025

Prior financial year	Notes	Unrestricted funds general 2024 £	Unrestricted funds designated 2024 £	Restricted funds 2024 £	Total 2024 £
<b>Income from:</b>					
Donations and legacies	2	15,002	64,273	130,070	209,345
Charitable activities	3	224,899	13,207	100	238,206
Other trading activities	4	105	-	-	105
<b>Total income</b>		240,006	77,480	130,170	447,656
<b>Expenditure on:</b>					
Charitable activities	5	242,996	81,102	127,648	451,746
<b>Total expenditure</b>		242,996	81,102	127,648	451,746
Net gains/(losses) on investments	11	3,124	-	-	3,124
<b>Net income/(expenditure) and movement in funds</b>		134	(3,622)	2,522	(966)
<b>Reconciliation of funds:</b>					
Fund balances at 1 April 2023		140,446	61,657	1,654	203,757
<b>Fund balances at 31 March 2024</b>		140,580	58,035	4,176	202,791

# BLACKBURN WITH DARWEN CARERS SERVICE LTD

## BALANCE SHEET

AS AT 31 MARCH 2025

	Notes	2025 £	£	2024 £	£
<b>Fixed assets</b>					
Tangible assets	13		1,574		1,908
<b>Current assets</b>					
Debtors	15	22,138		4,618	
Investments		55,423		53,124	
Cash at bank and in hand		159,604		191,983	
		<u>237,165</u>		<u>249,725</u>	
<b>Creditors: amounts falling due within one year</b>	16	<u>(45,564)</u>		<u>(48,842)</u>	
<b>Net current assets</b>			<u>191,601</u>		<u>200,883</u>
<b>Total assets less current liabilities</b>			<u>193,175</u>		<u>202,791</u>
<b>The funds of the charity</b>					
Restricted income funds	17		465		4,176
Unrestricted funds - general	19		138,114		140,580
Unrestricted funds - designated	18		54,596		58,035
			<u>193,175</u>		<u>202,791</u>

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2025.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the trustees on .....



Mr G M Brindley

Trustee

Company registration number 05881757 (England and Wales)

# BLACKBURN WITH DARWEN CARERS SERVICE LTD

## NOTES TO THE FINANCIAL STATEMENTS

### FOR THE YEAR ENDED 31 MARCH 2025

---

#### 1 Accounting policies

##### Charity information

Blackburn with Darwen Carers Service Ltd is a private company limited by guarantee incorporated in England and Wales. The registered office is Blackburn with Darwen Carers Services, Kingsway, Greenhurst Place, Blackburn, Lancashire, BB2 1NA.

#### 1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

#### 1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

#### 1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Designated funds are free reserves that have been designated by the trustees for specific purposes. These are further disclosed in the notes to the accounts.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

#### 1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

# BLACKBURN WITH DARWEN CARERS SERVICE LTD

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

---

### 1 Accounting policies

(Continued)

#### 1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

#### 1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Computers	25% on cost
-----------	-------------

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

#### 1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

#### 1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

#### ***Derecognition of financial liabilities***

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

**BLACKBURN WITH DARWEN CARERS SERVICE LTD**

**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
**FOR THE YEAR ENDED 31 MARCH 2025**

**2 Donations and legacies**

	Unrestricted funds general 2025 £	Unrestricted funds designated 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds general 2024 £	Unrestricted funds designated 2024 £	Restricted funds 2024 £	Total 2024 £
Donations and gifts	20,918	-	-	20,918	15,002	-	-	15,002
Grants	31,042	74,272	108,522	213,836	-	64,273	130,070	194,343
	<u>51,960</u>	<u>74,272</u>	<u>108,522</u>	<u>234,754</u>	<u>15,002</u>	<u>64,273</u>	<u>130,070</u>	<u>209,345</u>
<b>Grants receivable for core activities</b>								
Awards For All	-	-	1,498	1,498	-	-	8,503	8,503
Household Support Funding	-	-	-	-	-	20,000	-	20,000
Big Lottery Fund	-	-	83,444	83,444	-	-	74,918	74,918
Eric Wright Trust	-	-	23,580	23,580	-	-	25,366	25,366
Hospital Discharge Project	-	36,407	-	36,407	-	18,773	-	18,773
Benefits Advisor	-	12,750	-	12,750	-	25,500	-	25,500
Henry Smith Grant	30,042	-	-	30,042	-	-	-	-
Autism Support	-	25,115	-	25,115	-	-	21,283	21,283
Other	1,000	-	-	1,000	-	-	-	-
	<u>31,042</u>	<u>74,272</u>	<u>108,522</u>	<u>213,836</u>	<u>-</u>	<u>64,273</u>	<u>130,070</u>	<u>194,343</u>

**BLACKBURN WITH DARWEN CARERS SERVICE LTD**

**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**

**FOR THE YEAR ENDED 31 MARCH 2025**

**3 Income from charitable activities**

	Unrestricted funds general 2025 £	Unrestricted funds designated 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds general 2024 £	Unrestricted funds designated 2024 £	Restricted funds 2024 £	Total 2024 £
Services provided under contract	204,124	24,250	-	228,374	203,693	13,117	-	216,810
Charitable rental Income	3,365	-	-	3,365	4,163	-	-	4,163
Other Income	17,254	-	-	17,254	17,043	90	100	17,233
	<u>224,743</u>	<u>24,250</u>	<u>-</u>	<u>248,993</u>	<u>224,899</u>	<u>13,207</u>	<u>100</u>	<u>238,206</u>

# BLACKBURN WITH DARWEN CARERS SERVICE LTD

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

### 4 Income from other trading activities

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Fundraising events	243	105

### 5 Expenditure on charitable activities

	Charitable activities 2025 £	Charitable activities 2024 £
<b>Direct costs</b>		
Staff costs	353,900	294,965
Depreciation and impairment	1,604	2,092
Rent	19,987	21,197
Insurance	1,866	2,529
Telephone	5,274	5,008
Postage and stationery	5,655	4,389
Sundries	2,303	2,776
Repairs and equipment hire	1,676	1,630
Computer support	5,633	3,211
Counselling fees	7,055	6,083
Volunteer expenses	4,551	6,345
Human resources and personnel	2,372	2,534
Training and courses	2,902	1,298
Activities and events	19,207	15,887
Service marketing	4,574	2,270
Staff expenses	6,031	10,266
Subscriptions and publications	3,352	3,952
	<u>447,942</u>	<u>386,432</u>
Grant funding of activities (see note 6)	27,391	36,358
<b>Share of support and governance costs (see note 7)</b>		
Governance	20,572	28,956
	<u>495,905</u>	<u>451,746</u>
<b>Analysis by fund</b>		
Unrestricted funds - general	286,280	242,996
Unrestricted funds - designated	97,392	81,102
Restricted funds	112,233	127,648
	<u>495,905</u>	<u>451,746</u>

# BLACKBURN WITH DARWEN CARERS SERVICE LTD

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

6	Grants payable	Charitable activities 2025 £	Charitable activities 2024 £
	Grants to individuals	27,391	36,358

7	Support costs	Support costs £	Governance costs £	2025 £	2024 £
	Independent examination fees	-	2,757	2,757	2,173
	Legal and professional fees	-	17,815	17,815	26,783
		-	20,572	20,572	28,956
	Analysed between Charitable activities	-	20,572	20,572	28,956

8	Net movement in funds	2025 £	2024 £
	The net movement in funds is stated after charging/(crediting):		
	Fees payable for the independent examination of the charity's financial statements	2,757	2,173
	Depreciation of owned tangible fixed assets	1,604	2,092

### 9 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

### 10 Employees

The average monthly number of employees during the year was:

2025 Number	2024 Number
10	9

# BLACKBURN WITH DARWEN CARERS SERVICE LTD

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

10 Employees	(Continued)	
Employment costs	2025	2024
	£	£
Wages and salaries	318,261	266,481
Social security costs	21,159	16,123
Other pension costs	14,480	12,361
	<u>353,900</u>	<u>294,965</u>

There were no employees whose annual remuneration was more than £60,000.

### Remuneration of key management personnel

The remuneration of key management personnel was as follows:

## 11 Gains and losses on investments

	Unrestricted funds 2025	Unrestricted funds 2024
	£	£
Gains/(losses) arising on:		
Revaluation of investments	<u>2,299</u>	<u>3,124</u>

## 12 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

## 13 Tangible fixed assets

	Computers £
<b>Cost</b>	
At 1 April 2024	59,803
Additions	1,270
At 31 March 2025	<u>61,073</u>
<b>Depreciation and impairment</b>	
At 1 April 2024	57,895
Depreciation charged in the year	1,604
At 31 March 2025	<u>59,499</u>
<b>Carrying amount</b>	
At 31 March 2025	<u>1,574</u>
At 31 March 2024	<u>1,908</u>

# BLACKBURN WITH DARWEN CARERS SERVICE LTD

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

<b>14 Financial instruments</b>	<b>2025</b>	<b>2024</b>
	£	£
<b>Carrying amount of financial assets</b>		
High interest deposits	55,423	53,124
	<u>          </u>	<u>          </u>
<b>15 Debtors</b>	<b>2025</b>	<b>2024</b>
	£	£
<b>Amounts falling due within one year:</b>		
Trade debtors	19,336	637
Other debtors	1,105	2,377
Prepayments and accrued income	1,697	1,604
	<u>          </u>	<u>          </u>
	22,138	4,618
	<u>          </u>	<u>          </u>
<b>16 Creditors: amounts falling due within one year</b>	<b>2025</b>	<b>2024</b>
	£	£
Trade creditors	42,312	45,994
Other creditors	752	570
Accruals and deferred income	2,500	2,278
	<u>          </u>	<u>          </u>
	45,564	48,842
	<u>          </u>	<u>          </u>

### 17 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	At 1 April 2024 £	Incoming resources £	Resources expended £	At 31 March 2025 £
Restricted fund	4,176	108,522	(112,233)	465
	<u>          </u>	<u>          </u>	<u>          </u>	<u>          </u>
<b>Previous year:</b>	<b>At 1 April 2023 £</b>	<b>Incoming resources £</b>	<b>Resources expended £</b>	<b>At 31 March 2024 £</b>
Restricted fund	1,654	130,170	(127,648)	4,176
	<u>          </u>	<u>          </u>	<u>          </u>	<u>          </u>

# BLACKBURN WITH DARWEN CARERS SERVICE LTD

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

### 18 Unrestricted funds - designated

These are unrestricted funds which are material to the charity's activities.

	At 1 April 2024 £	Incoming resources £	Resources expended £	Transfers £	At 31 March 2025 £
Designated fund	58,035	98,522	(97,392)	(4,569)	54,596
<b>Previous year:</b>	<b>At 1 April 2023 £</b>	<b>Incoming resources £</b>	<b>Resources expended £</b>	<b>Transfers £</b>	<b>At 31 March 2024 £</b>
Designated fund	61,657	77,480	(81,102)	-	58,035

### 19 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 April 2024 £	Incoming resources £	Resources expended £	Transfers £	Gains and losses £	At 31 March 2025 £
General funds	140,580	276,946	(286,280)	4,569	2,299	138,114
<b>Previous year:</b>	<b>At 1 April 2023 £</b>	<b>Incoming resources £</b>	<b>Resources expended £</b>	<b>Transfers £</b>	<b>Gains and losses £</b>	<b>At 31 March 2024 £</b>
General funds	140,446	240,006	(242,996)	-	3,124	140,580

### 20 Analysis of net assets between funds

	Unrestricted funds general 2025 £	Unrestricted funds designated 2025 £	Restricted funds 2025 £	Total 2025 £
<b>At 31 March 2025:</b>				
Tangible assets	1,574	-	-	1,574
Current assets/(liabilities)	136,540	54,596	465	191,601
	<u>138,114</u>	<u>54,596</u>	<u>465</u>	<u>193,175</u>

# BLACKBURN WITH DARWEN CARERS SERVICE LTD

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

### 20 Analysis of net assets between funds

(Continued)

	Unrestricted funds general 2024 £	Unrestricted funds designated 2024 £	Restricted funds 2024 £	Total 2024 £
<b>At 31 March 2024:</b>				
Tangible assets	1,908	-	-	1,908
Current assets/(liabilities)	138,672	58,035	4,176	200,883
	<u>140,580</u>	<u>58,035</u>	<u>4,176</u>	<u>202,791</u>

### 21 Related party transactions

There were no disclosable related party transactions during the year (2024 - none).

### 22 Funds

Restricted funds relate to voluntary donations and grants which are for specific purposes but not fully spent at the year end, and are as follows: Lottery (£1,031), Eric Wright Trust £1,497 and Awards for All (NIL).

The designated funds relate to monies unspent at the year end received from contracted income/service level agreements which are not classed as restricted voluntary income but can still only be spent on specific projects, and a provision for continuity costs totaling £54,596.

There are also general free funds of £138,114.

**BLACKBURN WITH DARWEN CARERS SERVICE LTD**

England & Wales - Charity number 1120110

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# Accounts

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Supporting you so you can help those you care for



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www.bwdcarers.org.uk

    @BlackburnCarers

# THE CARERS TEAM



**Alan Pickup**  
Chair Trustees  
Resigned Dec 2023



**Graham Brindley**  
Treasurer



**Sam Morris**  
Chief Executive

**Trustees: Nan Goodall (Interim Chair), James Hadleigh, Charlie Higham, Marc Kirker, (resigned September 2023)**

## The Carers "A" Team

**Gillian Ingham**  
**Yasmin Khalil**  
**Wendy Cooke**  
**Rashida Ahmed**

**Su Lloyd**  
**Anna Frankland**  
**Isma Sajid**  
**Kiran Sadiq**

**Kulsum Chishti**  
**Emma Forrest**  
**Denise Cottom**  
**Sana Sardar**

**Parveen Awan**  
**Shabir Elahi**

The Carers Service is privileged to have a fantastic Team of Volunteers who help us go that extra mile in supporting those caring for a friend or loved one. You can see from page 11 the amount of time they give freely and what it means to us financially in extra value

We never like to see any of the team go, but many reasons prevail that prompt their leaving, be it other calls on their time in the case of Trustees, or to advance their careers in respect of staff. But I am sure that they will not be strangers as the service is embedded in their hearts.

So we say farewell to: Trustees: Alan Pickup and Marc Kirker  
Staff: Parveen Awan, Sana Sardar and Denise Cottam, Denise was only with the Service for a short time before sadly passing away in April 2024. Denise was a Carers Adviser and had supported carers and the Carers Service long before she became one of the Team. Denise will always be remembered by staff Trustees and carers

It has been a privilege to have been a Trustee of the Carers Service and was with regret that I resigned due to commitments to other organisations I am involved with, trying to improve the lives of those with Learning Disabilities and other Neurodivergent conditions. I am still a family carer registered with the service and volunteer as often as I can.

*Alan Pickup* Chair of Trustees (Resigned Dec 2023)

# Sam Morris Chief Executive Officer's Report



I am so proud to lead the Carers Service, a well-established organisation with 19 years' (Almost 20 years!) experience improving lives across our diverse carer community in Blackburn with Darwen.

Our team of staff, trustees and volunteers bring diverse skills and qualifications including interpreting, counselling and advice alongside lived experience as unpaid carers.

***“Our Service is led by carer for carers and projects are co-produced.”***

We have faced new challenges with funding cycles coming to an end later this year, however we have invested time and energy and enthusiasm to increase our opportunities. In this year we have brought in additional Support with our Business Development Strategy. We have revisited our Vision, Mission and Values, looked at the needs of carers and explored our strategic goals and objectives. We are now working on the recommendations and have invested in external Trust & Foundations and Marketing & Communications support.



We have already started to see the success of this work.

As a team we will continue to pull out all stops to meet carers needs and support carers to navigate through the financial challenges and changing climate. 😊

We are looking forward to celebrating 20 years support to carers in the Borough

**Sam Morris**

Chief Executive Officer

# Graham Brindley Treasurer's Report



Although the results for this financial year were a small operating deficit this was significantly below the level that had been budgeted. This was a consequence of the management team being successful in a number of bids that arose throughout the year which gave rise to total income exceeding the previous year. As with a number of charities, whilst certain funding elements may be known to be in place for the year there are elements that arise during the year on an ad hoc basis and therefore there is always an element of uncertainty as to the precise funding available to the organisation.

The Trustee strategy has been to continue to support the staff structure and activities of the charity by releasing funds from reserves where necessary and to cover timing differences to ensure the needs of service users are met. At the same time initiatives are being undertaken to help build both financial resilience and extend awareness, reach and service delivery within the family carer community. Internal controls remain in place to ensure that expenditure is rigorously controlled and monitored.



During the next twelve months the two major funding streams of the charity will be subject to review. The outcome of these reviews will have major consequences to the charity. Our strategy has been, and will continue to be, to develop and deliver a range of service provisions to family carers that they consider essential and benefit from as evidence to funding reviews and applications to continue to support our activities. We hope to be able to report a positive outcome to these reviews in next year's report both continue and expand its service delivery to the unpaid carers of the borough.

*Graham Brindley*

Treasurer

# The Carers Service exists to support & help those who provide unpaid care to a friend, relative or loved one

## Carers definition

Carers can be relatives, neighbours or friends. Carers come from all age groups and can come from any ethnic, religious or racial background. A Carer is a person who looks after someone who due to illness, disability or frailty is unable to manage alone



## Carers Service Objectives

- Carers will be respected as expert care partners and will have access to the integrated and personalised services they need to support them in their caring role
- Carers will be able to have a life of their own alongside their caring role.
- Carers will be supported to stay mentally and physically well and treated with dignity.
- Carers will be supported so that they are not forced into financial hardship by their caring role
- Carers who are children and young people will be supported to learn, develop, and thrive.

## Mission Statement

At Blackburn with Darwen Carers Services, our mission is to identify, engage, empower, and support carers throughout their caring journey. We are dedicated to providing integrated and personalised services that meet the diverse needs of carers in our community.

## Vision

Our vision is to create a community where carers are respected as expert care partners, equipped with the resources and support they need to thrive in their caring role. We envision a society that recognises and values the vital contributions of carers, ensuring their well-being and enabling them to lead fulfilling lives alongside their caregiving responsibilities.

# The Carers Service exists to support & help those who provide unpaid care to a friend, relative or loved one

## Core Values

At Blackburn with Darwen Carers Service, our core values form the foundation of everything we do. They guide our actions, shape our culture, and drive our commitment to supporting carers throughout their caring journey. Our core values reflect our deep understanding of the unique challenges faced by carers and underscore our unwavering dedication to their well-being. These values serve as a compass, guiding us in creating a supportive, inclusive, and empowering environment where carers are respected, valued, and given the tools they need to thrive. Below are our core values and the principles that underpin our work in making a positive difference in the lives of carers:

- 1. Empowerment:** We believe in empowering carers by providing them with the knowledge, resources, and support necessary to make informed decisions and take control of their lives.
- 2. Respect:** We treat every carer with dignity, compassion, and respect, recognising the invaluable role they play in society and valuing their unique experiences and contributions.
- 3. Collaboration:** We foster collaboration and partnerships with local organisations, service providers, and stakeholders to ensure comprehensive support and improve the lives of carers.
- 4. Inclusivity:** We are committed to inclusivity, embracing diversity, and addressing the needs of carers from all backgrounds, including those who may be marginalised or hidden.
- 5. Well-being:** We prioritise the mental, physical, and emotional well-being of carers, offering services and programs that promote their health, resilience, and overall quality of life.
- 6. Advocacy:** We advocate for the rights, recognition, and support of carers at local, regional, and national levels, aiming to influence policies and raise awareness about carer issues.
- 7. Innovation:** We strive to continuously innovate and improve our services, incorporating technology and best practices to enhance the support and experiences of carers.
- 8. Personalisation:** We recognise that each carer's journey is unique, and we tailor our services to meet individual needs, providing personalised support that addresses their specific challenges and circumstances.





Supporting you so you can help those you care for

## Carers Service Offer

Carers Star Assessment

Advice and guidance

Benefit checks

Respite Sitting Service

Counselling

Complimentary therapies

Digital Support

Befriending

Hospital Discharge Project

Training, Workshops & Events

Volunteering Accreditation

Activities and Trips

Power of Attorney

Access to breaks

Support groups

Young Adult Carers Support

Carers ID Card

Life After Caring

Household Support Grants

Volunteering

Activities and Workshops

# Achievements and Performance

## 1. Blackburn with Darwen Carers Strategy

Mark Warren , Strategic Director of Adults & Health says *“We are acutely aware of the extraordinary role unpaid carers play in our community, our strategy is firmly committed to not just acknowledging but actively supporting these unsung heroes. In partnership with local organisations, healthcare providers and community groups, we pledge to create a supportive environment where all young carers and adult carers feel seen, supported and valued”*

The Carers Service were commissioned to work in partnership with CANW to facilitate this new Carers Strategy for the Borough – consulting with carers and partners.

Available at: [www.bwdcarers.org.uk](http://www.bwdcarers.org.uk)

### Blackburn with Darwen Carers Strategy Priorities

Ten core principles that underpin the strategy:

- Early Identification
- Tailored Support
- Respect and Recognition
- Clear Communication
- Quality Service Delivery
- Reducing Bureaucracy
- Preventing Isolation
- Supporting Employment and Education
- Inclusive Approach
- Continual Learning and Adaptation

### Blackburn with Darwen Carers Strategy Pledge

- We will identify
- We will involve
- We will listen
- We will understand
- We will Assess
- We will Act

### Carers Identified:

- Challenges of Caring
- Service Gaps and Accessibility
- Financial and Employment Struggles
- Future Concerns
- Interpersonal Relationship Struggles
- Positive Aspects of Caring and Support
- Addressing the Needs of Young Carers



# Achievements and Performance

## 2. Household Support Funding

The Carers Service continued to be a partner in distributing Household Support grants, vouchers and resources to carers.

“ A Carer cares for her son with terminal cancer. The carer was completely overwhelmed and emotional, struggling to manage bills and finances

Through the Household Support funding the Carer received a personal budget and shopping vouchers. The Carer had a benefits appointment and accessed support on budgeting.

The Carer was able to access respite opportunities and increase in resilience to focus on her son and continue in her caring role



”

## 3. New 3 year contract with Eric Wright to continue to support carers Mental Health and Well Being

The funding will continue to fund:

### A Mental Health and Well Being Carers Adviser

- Wellbeing opportunities to create coping mechanisms and strategies.
- Enhance a 'Drop in to Check in' offer to carers
- Resources to aid learning and development such as journals and self-help worksheets and Workshops
- One to one Talking therapies/Counselling
- Massage/ treatments and spa opportunities
- Respite opportunities



### In addition

- Identification and development of a team of volunteers who will undertake Assist training, Mental Health First Aid and Connect 5 training. To then deliver befriending sessions to carers
- Mental Health and Well Being Carers Group

# Achievements and Performance

## 4. Support for Parents with Children and Adults with Autistic Spectrum Disorder

After over two decades of dedicated service to individuals and families affected by autism, Action for ASD, a cherished charity based in Burnley, closed its doors. In June 2023, the trustees, facing operational and organisational challenges, made the difficult decision to cease operations. However, in a final act of community support, Action for ASD has left a lasting legacy by allocating its remaining reserves of £164,347.20 to four deserving charities in Lancashire.

Alongside other beneficiaries, Blackburn with Darwen Carers Service was chosen for their commitment to supporting the autism community.

Blackburn with Darwen Carers Service introduced a new ASD Carers Adviser role. "This role is designed to inform and support carers of individuals with ASD, providing peer support, respite opportunities, and essential guidance to reduce the impact of their caring responsibilities,"



## 5. Tesco chosen Charity: Vintage Ventures

Providing wellbeing activities for isolated older carers in Blackburn with Darwen, including day trips, crafts, cooking, connecting with others and talking therapies.

Enabling older people to get active, reduce isolation, set new goals for the future.

The project involved:

- Taking groups of carers out on trips
- Carers participated in wellbeing sessions
- Carers enjoyed holistic therapies
- Carers took part in cooking sessions
- Carers worked together on future planning



# Achievements and Performance

## 6. Carers Week 2023. Recognising and Supporting Carers in the Community

A fantastic week of activities including open days for our Respite and Dementia Cafes, Wills Day, Carers Coffee Meeting and an Information event. Trips, Bollywood event, spa day and Mens group.

In total 139 people attended events this week.

### Carers Week Information Event.

This was held as an information day. 23 partner organisations were invited to provide information on a wide range of topics from health, legal, education, employment, recreational. More than 87 people attended.



## 7. Carers Rights day 2023

This year we organised speakers to be on a panel where carers could ask questions and the panel could elaborate on. The panel included key speakers that are important in a carers journey this included benefits, finance, Social care, dementia nurse, Lasting Power of Attorney, and the Care Act.

Carers were quite passionate about certain topics that were covered, and this was good to debate.

27 carers attended.



# Achievements and Performance

## 8. Volunteers

Volunteers week was brilliant with several events to keep the volunteers busy.

Like every year we invited the volunteers over the past 12 months to come along to a celebration at Kingsway.

We had a buffet of food with lots of variety from different communities

We had a presentation on events supported by volunteers over the last 12 months including some lovely images of everyone which was thoroughly enjoyed by all.

We couldn't forget entertainment by the lovely magician Jason Rea who amazed us through his tricks

**New Volunteers = 46**

**Existing Volunteers = 156**

**Volunteer hours = 4511**

**Equates to =£49621**



## 9. Health & Wellbeing



# Achievements and Performance

## 10. Hospital Discharge

- residents and their carers will have had a positive experience when being discharged from hospital
- residents and their carers will have received practical help after being discharged from hospital
- residents and their carers will have received a carers assessment and be registered with the Carers Service for continued support.
- residents and their carers will have increased their knowledge, and confidence around the cared for illness/ disability and know how to access further support



**241 referrals made**

## 11. Fundraising and Income Generation

<b>Donations</b>	<b>£2945</b>
<b>Carers Activities</b>	<b>£9681</b>
<b>Lasting Power of Attorney</b>	<b>£8900</b>
<b>Other income</b>	<b>£5091</b>
<b>Total</b>	<b>£26617</b>

**A big thank you to all those that donated to the Service and to our amazing volunteers who raised funds through various initiatives and events**



# Achievements and Performance

## 12. Statistics

<b>Total number of carers referred to the service:</b>	<b>1,696</b>
<b>New</b>	<b>1,011</b>
<b>Reopen</b>	<b>685</b>
<b>Unique Beneficiaries</b>	<b>1,436</b>
<b>Total number of registered carers within the service as at Mar 24:</b>	<b>8,422</b>

District	New	Reopen	Total	%
<b>Blackburn</b>	748	541	1,289	76%
<b>Darwen</b>	211	136	347	20.46%
<b>Edgworth</b>	3		3	0.18%
<b>Other</b>	49	8	57	3.36%
<b>Total</b>	<b>1,011</b>	<b>685</b>	<b>1,696</b>	<b>100%</b>
Gender	New	Reopen	Total	
<b>Female</b>	715	529	1,244	73.25%
<b>Male</b>	291	152	443	26.12%
<b>Not Defined</b>	5	4	9	0.53%
<b>Total</b>	<b>1,011</b>	<b>685</b>	<b>1,696</b>	<b>100%</b>

Internal Work	No.
<b>Assessments</b>	1,409
<b>Benefit Appointments</b>	874
<b>Benefit No Individuals</b>	727
<b>Counselling Sessions</b>	423
<b>Counselling No Carers</b>	75
<b>Drop In to Check In Sessions</b>	59
<b>Befriending - carers in receipt of call</b>	25
<b>Befriending - numbers calls/ visits made</b>	645
<b>Support Groups - Number carers</b>	213
<b>Support Groups - Number attendances</b>	726
<b>Activities sessions</b>	298
<b>Activities attendances</b>	1,842
<b>Activities carers</b>	828

Breakdown of caring role type	New	Reopen	Total	%
<b>Dementia</b>	92	65	157	9%
<b>Drugs And Alcohol</b>	10	27	37	2%
<b>Elderly/Frail</b>	82	35	117	7%
<b>Learning Disability</b>	14	50	64	4%
<b>Mental Health</b>	96	68	164	10%
<b>Parent Carer</b>	286	171	457	27%
<b>Physical Disability</b>	428	260	688	41%
<b>Unknown</b>	3	9	12	1%
<b>Total</b>	<b>1,011</b>	<b>685</b>	<b>1,696</b>	<b>100%</b>

TOTAL NUMBER OF REFERRALS

1696

BENEFITS

874

££££££££££

ASSESSMENTS

1409

REFERRALS BY GENDER

MALE 26%

FEMALE 73%

Undisclosed 1%

DROP IN TO CHECK IN

59

COUNSELLING

423

ACTIVITIES

1842

CARERS ATTENDED

ACTIVITY SESSIONS

298

Befrienders

645



NEW VOLUNTEERS THIS YEAR

46

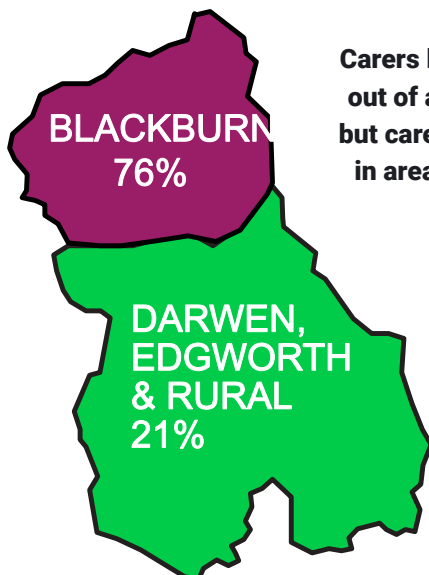
VOLUNTEER HOURS THIS YEAR

4511 Hrs

EQUATES TO

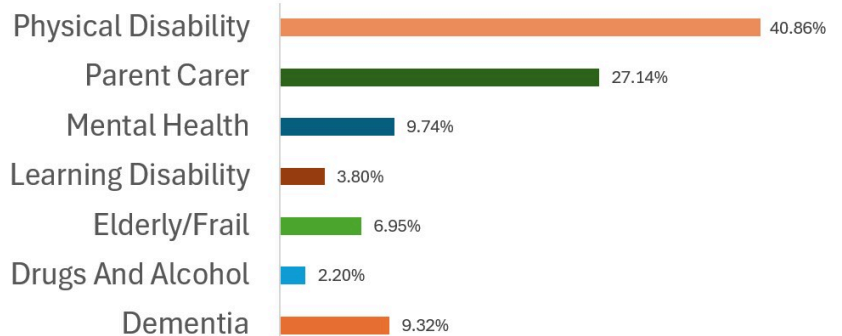
£49621

REFERRALS BY GEOGRAPHY



Carers living out of area, but cared for in area 3%

CARERS REASON FOR CARING



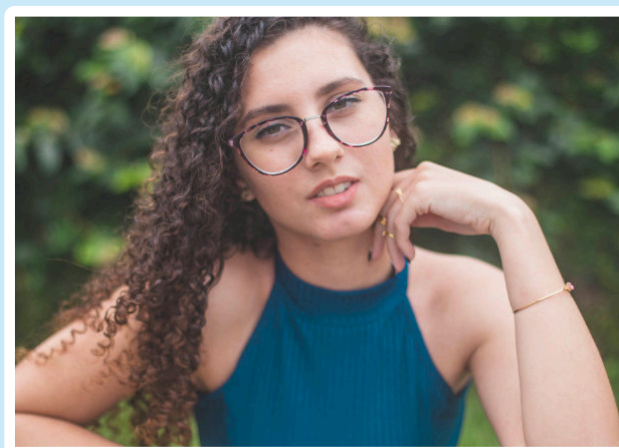


## YOUNG ADULT CARER (YAC) CASE STUDY

This case study is based on a YAC who is caring for mum and suffers with her own mental health.

### YAC ~ My Journey

As a YAC at times, it has been quite difficult to take care of myself and appreciate myself as I tend to wonder more about negatives rather than seeing positives about me. Struggling with mental health I'd say makes this more challenging to feel happy but ever since I have joined the carers service, I have recognised clearly that I have a lot of positive traits in me that make me unique, I have begun seeing and doing things with a more positive attitude which has naturally made me happier.



For instance, having counselling sessions with a lovely lady named Huzaifa, she has most definitely made an impact in my life, for 4 years I have been struggling to better myself and my mental health was deteriorating. I had no support in terms of having conversations with someone who could understand me, I was given false hope by a lot of people who said they understood but it wasn't quite the case, after having 10 successful counselling sessions with Huzaifa I can confirm from when I first began the counselling until the last week there has definitely been improvement and I have found my confidence again.

In support of this, joining the Volunteer Academy recommended by Kiran to gain new skills and confidence for 6 weeks I have had the pleasure of meeting new people and joining in, feeling that my voice was heard in a group setting for once (as I struggled around group settings with my anxiety). I have gained plenty of knowledge about being a carer/volunteer which has indeed helped with building my confidence and being comfortable with others.

In addition to this, again recommended by Kiran, who has been super supportive since I joined here, I took part in a carers day trip to Brockholes with other YAC's and YC's as

# YOUNG ADULT CARER CASE STUDY

well as reuniting with Joanna who was my adviser during 2019 in school. It was an exciting experience, I learnt how to whittle wood logs, orienteering, not to forget making delicious s'mores with hot chocolate, by lighting a fire, how to survive in the woodlands and meeting other carers who had similar circumstances to me at home along with mental health problems. I have always struggled in group settings due to not fitting in and being quite reserved but this activity surely did put a smile on my face, I had not been happy for a long time beforehand but I can assure you that I had an amazing time, I genuinely enjoyed myself and felt comfortable with everybody! Although it was raining we had a splendid time and this has made me positive in being around a group of people. I now feel relaxed about returning to education this year to start afresh after 2 years of hardship.

Lastly, the carers service centre overall has been joyful and welcoming every time I step into Kingsway, the atmosphere is always positive, the elderly and the staff are always friendly & helpful, I never feel stressed whilst I'm there. I was informed via the YAC's WhatsApp Group of a carers photo-shoot which I took part in which was delightful! I had photos taken with Kiran learning about the Volunteer Academy and other carers that come to Kingsway. I felt positive and stylish as I was told to pose in different ways, it was a very unforgettable experience. The reason I say this is because I had my photo placed on my school wall via photo shoot of new school uniform and changing the logos, motto, redecorating the school and I was chosen as a part of it but it made me very self-conscious. It did not help that I didn't get along with most pupils in my class, they'd use my photo on the corridor wall to poke fun however, I have matured now and learned to respect myself, I gladly decided to have my photos taken to be placed around the carers service this time as an acknowledgement of me being a YAC whereas in school I did not get this appreciation, I was surrounded by a toxic environment this contrasts to the carers service a few years later which like I previously mentioned is always welcoming and friendly every time I walk in.



To summarise, I am extremely grateful for all your support and all the staff who have been with me during this journey and ongoing, I seem to have once again found myself and become more positive. My mental health overall has become less of a problem in my life and I now feel more mature, well heard and happy I can now move forward and once again begin my academic career confidently with a positive outlook on life. All the credits are given to the Carers Service.

**From the bottom of my heart and my mothers, thank you so much!**



Supporting you so you can help those you care for

## PARENT CARER CASE STUDY

A Carer and her husband came to the Carers Centre after receiving information at a school information day. The couple had been caring for their child with complex needs. Their son required 24/7 supervision at home. The couple struggle to leave the house with their son as he gets distressed when things are not familiar. They felt support was in place at school but was worried that he would be moving to college, this was causing the family distress

The couple met with a Carers Adviser and said they are exhausted and at times very stressed. An action plan was put in place to offer them the support they needed.

The Action Plan included:

**Carefree Breaks** – Allowing the couple to have a weekend away when family are able to look after their son.

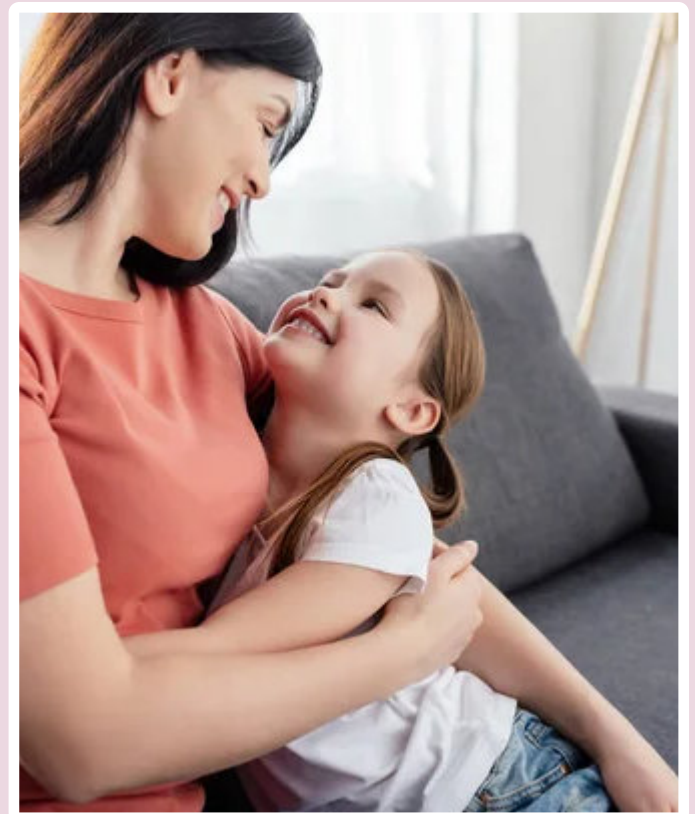
**Massage** – The couple accessed massage treatments.

**Counselling** – Both parents felt they would benefit from being able to have some time to talk about their own feelings and wellbeing.

**Spa Days** – Carer said she would love to do this one evening as she would never have the opportunity normally due to financial constraints.

**Support Group** – Carer joined the Carers Service sewing group. Mum loves sewing and feels this would really be enjoyable.

The couple started to focus on themselves for the first time in a long time and felt the whole family would benefit from the support from the Carers Service





Supporting you so you can help those you care for

## BENEFITS- CASE STUDY

A parent carer accessed the Benefit Advice service following an assessment with a Carers Adviser. The lady was a single parent, caring for her 6-year-old daughter who is autistic. She was struggling financially and wanted to make sure she was receiving her full entitlement. We completed a full benefit check via the Quick Benefit Calculator and we were able to establish the carer was not receiving the child disability element within her Universal Credit (UC) which is an extra £456.89 per month.

On a follow up call, I supported carer via her online Universal Credit account in requesting the payment to be backdated to the date of her daughters DLA award in 2022. Universal Credit honored this request and the outcome was £6000 in back dated pay and an extra £456.89 in her UC every month going forward.





## THE BENEFIT OF ACTIVITIES

H registered as a carer, he initially rang through expressing that he was not coping well with his mental health and finding his role very difficult, it was getting harder to leave the person he cared for and he had little respite. I attended the assessment with the Carers Adviser, and was able to suggest activities for H to attend, the person he cared for had a mental disorder which meant she was very forgetful and anxious all the time, he felt he could not leave her for a second. I encouraged them both to attend the Coffee Morning, which they did, H said he felt so welcome and happy when he left, and his wife also enjoyed coming.

I further suggested to H he consider our Respite service for his wife so that he could get a short break, he attended our launch, both stayed for the first session which they enjoyed. H has been leaving his wife for subsequent sessions which she enjoys and he gets some respite. H has now joined a gym where he goes whilst his wife is being looked after.



**Blackburn with Darwen  
Carers Service Ltd**

**Kingsway**

**Greenhurst Place**

**Blackburn, BB2 1NA**

**Charity Number: 1120110**

**Company No. 05881757**

**Supporting you so you can help those you care for**

There when you need us on  
**01254 688440**

email: [office@bwdcarers.org.uk](mailto:office@bwdcarers.org.uk)

[www.bwdcarers.org.uk](http://www.bwdcarers.org.uk)



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TRUST**

**BLACKBURN WITH DARWEN CARERS SERVICE LTD**

**ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED 31 MARCH 2024**

**Company Registration No. 05881757 (England and Wales)**

**Charity registration number 1120110 (England and Wales)**

# BLACKBURN WITH DARWEN CARERS SERVICE LTD

## LEGAL AND ADMINISTRATIVE INFORMATION

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<b>Trustees</b>	Mrs H N Goodall Mr G M Brindley Mr J J Hadleigh Mr C J Higham
<b>Secretary</b>	Ms S J Morris
<b>Charity number</b>	1120110
<b>Company number</b>	05881757
<b>Registered office</b>	Blackburn with Darwen Carers Services Kingsway Greenhurst Place Blackburn Lancashire BB2 1NA
<b>Independent examiner</b>	Champion TLL Limited 7-9 Station Road Hesketh Bank Preston Lancashire PR4 6SN

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# BLACKBURN WITH DARWEN CARERS SERVICE LTD

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Statement of financial activities	4 - 5
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Notes to the financial statements	7 - 17

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# BLACKBURN WITH DARWEN CARERS SERVICE LTD

## TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2024

---

The trustees present their annual report and financial statements for the year ended 31 March 2024.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

### Objectives and activities

In setting objectives and planning for activities, the Trustees have given due consideration to general guidance published by the charity commission relating to public benefit.

The objective of the charitable company is to relieve the need of persons who are ill, disabled or who are elderly and have a charitable need, primarily but not exclusively resident or working in Blackburn with Darwen and the surrounding area, by the provision of advice, information and support to those persons, their relatives or carers with the object of improving the conditions of life of the said beneficiaries.

### Mission Statement

At Blackburn with Darwen Carers Services, our mission is to identify, engage, empower, and support carers throughout their caring journey. We are dedicated to providing integrated and personalised services that meet the diverse needs of carers in our community.

### Vision

Our vision is to create a community where carers are respected as expert care partners, equipped with the resources and support they need to thrive in their caring role. We envision a society that recognises and values the vital contributions of carers, ensuring their well-being and enabling them to lead fulfilling lives alongside their caregiving responsibilities.

### Core Values

At Blackburn with Darwen Carers Service, our core values form the foundation of everything we do. They guide our actions, shape our culture, and drive our commitment to supporting carers throughout their caring journey. Our core values reflect our deep understanding of the unique challenges faced by carers and underscore our unwavering dedication to their well-being. These values serve as a compass, guiding us in creating a supportive, inclusive, and empowering environment where carers are respected, valued, and given the tools they need to thrive. Below are our core values and the principles that underpin our work in making a positive difference in the lives of carers:

1. **Empowerment:** We believe in empowering carers by providing them with the knowledge, resources, and support necessary to make informed decisions and take control of their lives.
2. **Respect:** We treat every carer with dignity, compassion, and respect, recognizing the invaluable role they play in society and valuing their unique experiences and contributions.
3. **Collaboration:** We foster collaboration and partnerships with local organisations, service providers, and stakeholders to ensure comprehensive support and improve the lives of carers.
4. **Inclusivity:** We are committed to inclusivity, embracing diversity, and addressing the needs of carers from all backgrounds, including those who may be marginalised or hidden.
5. **Well-being:** We prioritise the mental, physical, and emotional well-being of carers, offering services and programs that promote their health, resilience, and overall quality of life.
6. **Advocacy:** We advocate for the rights, recognition, and support of carers at local, regional, and national levels, aiming to influence policies and raise awareness about carer issues.
7. **Innovation:** We strive to continuously innovate and improve our services, incorporating technology and best practices to enhance the support and experiences of carers.

**Personalisation:** We recognise that each carer's journey is unique, and we tailor our services to meet individual needs, providing personalised support that addresses their specific challenges and circumstances.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

# BLACKBURN WITH DARWEN CARERS SERVICE LTD

## TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

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### Financial review

The Charity maintains a Contingency Reserve which represents an amount the Trustees consider would be necessary for the Charity to discharge its obligations in the event that the Charity was to be wound up. This is held at a level that would allow the charity to discharge its obligations, such as redundancies and other obligations, should the charity be wound up. The charity currently has free reserves of £140,580 which would meet those obligations. This reserve is regularly reviewed to take account of most recent information and circumstances. The unrestricted reserves are available for the Trustees when considerations are made for the maintenance or development of the charitable activities.

The principal funders of the charitable company are Blackburn with Darwen Borough Council.

### Plans for future periods

The charity plan to continue the activities referred to above and described in more detail in the Annual Review attached.

### Structure, governance and management

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Mrs H N Goodall

Mr M Kirker

(Resigned 22 August 2023)

Mr G M Brindley

Mr J J Hadleigh

Mr A W Pickup

(Resigned 5 December 2023)

Miss R Mayat

(Resigned 12 May 2023)

Mr C J Higham

The management of the charitable company is the responsibility of the Trustees who are elected and co-opted under the terms of the Memorandum and Articles of Association dated 19 July 2006.

### POLICIES ADOPTED FOR THE INDUCTION AND TRAINING OF TRUSTEES

Policies are in place to induct and train new Trustees and comply with the Memorandum and Articles of Association.

All Trustees:

Have a full induction

Take part in Governance Training

Are allocated a subcommittee role

Are given a Carers Service Trustee Handbook

Are given A hard copy of Good Governance handbook (NCVO)

Complete a Trustee Appraisal

The trustees' report was approved by the Board of Trustees.



Mr G M Brindley

Trustee

Date: 17/9/2024

# BLACKBURN WITH DARWEN CARERS SERVICE LTD

## INDEPENDENT EXAMINER'S REPORT

### TO THE TRUSTEES OF BLACKBURN WITH DARWEN CARERS SERVICE LTD

---

I report to the trustees on my examination of the financial statements of Blackburn with Darwen Carers Service Ltd (the charity) for the year ended 31 March 2024.

#### Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

#### Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of ACCA, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



**Champion TLL Limited**

**P Bell ACCA**

7-9 Station Road  
Hesketh Bank  
Preston  
Lancashire  
PR4 6SN

Dated: 17/09/24

# BLACKBURN WITH DARWEN CARERS SERVICE LTD

## STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2024

Current financial year		Unrestricted funds general 2024 £	Unrestricted funds designated 2024 £	Restricted funds 2024 £	Total 2024 £	Total 2023 £
	Notes					
<b>Income from:</b>						
Donations and legacies	2	15,002	64,273	130,070	209,345	163,982
Charitable activities	3	224,899	13,207	100	238,206	228,778
Other trading activities	4	105	-	-	105	546
<b>Total income</b>		<u>240,006</u>	<u>77,480</u>	<u>130,170</u>	<u>447,656</u>	<u>393,306</u>
<b>Expenditure on:</b>						
Raising funds	5	-	-	-	-	71
Charitable activities	6	242,996	81,102	127,648	451,746	426,775
<b>Total expenditure</b>		<u>242,996</u>	<u>81,102</u>	<u>127,648</u>	<u>451,746</u>	<u>426,846</u>
Net gains/(losses) on investments	12	3,124	-	-	3,124	-
<b>Net income/(expenditure) and movement in funds</b>		134	(3,622)	2,522	(966)	(33,540)
<b>Reconciliation of funds:</b>						
Fund balances at 1 April 2023		140,446	61,657	1,654	203,757	237,297
<b>Fund balances at 31 March 2024</b>		<u>140,580</u>	<u>58,035</u>	<u>4,176</u>	<u>202,791</u>	<u>203,757</u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

# BLACKBURN WITH DARWEN CARERS SERVICE LTD

## STATEMENT OF FINANCIAL ACTIVITIES (CONTINUED) INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2024

Prior financial year	Notes	Unrestricted funds general 2023 £	Unrestricted funds designated 2023 £	Restricted funds 2023 £	Total 2023 £
<b>Income from:</b>					
Donations and legacies	2	12,043	53,273	98,666	163,982
Charitable activities	3	205,395	23,383	-	228,778
Other trading activities	4	546	-	-	546
<b>Total income</b>		<u>217,984</u>	<u>76,656</u>	<u>98,666</u>	<u>393,306</u>
<b>Expenditure on:</b>					
Raising funds	5	71	-	-	71
Charitable activities	6	256,568	69,043	101,164	426,775
<b>Total expenditure</b>		<u>256,639</u>	<u>69,043</u>	<u>101,164</u>	<u>426,846</u>
<b>Net income/(expenditure) and movement in funds</b>		(38,655)	7,613	(2,498)	(33,540)
<b>Reconciliation of funds:</b>					
Fund balances at 1 April 2022		179,101	54,043	4,153	237,297
<b>Fund balances at 31 March 2023</b>		<u>140,446</u>	<u>61,656</u>	<u>1,655</u>	<u>203,757</u>

# BLACKBURN WITH DARWEN CARERS SERVICE LTD

## BALANCE SHEET

AS AT 31 MARCH 2024

	Notes	2024 £	£	2023 £	£
<b>Fixed assets</b>					
Tangible assets	14		1,908		4,000
<b>Current assets</b>					
Debtors	16	4,618		30,165	
Investments		53,124		50,000	
Cash at bank and in hand		191,983		141,492	
		<u>249,725</u>		<u>221,657</u>	
<b>Creditors: amounts falling due within one year</b>	17	<u>(48,842)</u>		<u>(21,900)</u>	
<b>Net current assets</b>			<u>200,883</u>		<u>199,757</u>
<b>Total assets less current liabilities</b>			<u>202,791</u>		<u>203,757</u>
<b>Net assets excluding pension liability</b>			<u>202,791</u>		<u>203,757</u>
<b>The funds of the charity</b>					
Restricted income funds	18		4,176		1,655
Unrestricted funds - general			140,580		140,446
Unrestricted funds - designated	19		58,035		61,656
			<u>202,791</u>		<u>203,757</u>

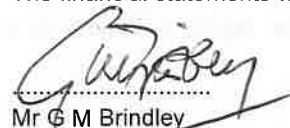
The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2024.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the trustees on .....



Mr G M Brindley  
Trustee

Company registration number 05881757 (England and Wales)

# BLACKBURN WITH DARWEN CARERS SERVICE LTD

## NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

---

### 1 Accounting policies

#### Charity information

Blackburn with Darwen Carers Service Ltd is a private company limited by guarantee incorporated in England and Wales. The registered office is Blackburn with Darwen Carers Services, Kingsway, Greenhurst Place, Blackburn, Lancashire, BB2 1NA.

#### 1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

#### 1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

#### 1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Designated funds are free reserves that have been designated by the trustees for specific purposes. These are further disclosed in the notes to the accounts.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

#### 1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

# BLACKBURN WITH DARWEN CARERS SERVICE LTD

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

---

### 1 Accounting policies

(Continued)

#### 1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

#### 1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Computers	25% on cost
-----------	-------------

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

#### 1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

#### 1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

#### *Derecognition of financial liabilities*

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

**BLACKBURN WITH DARWEN CARERS SERVICE LTD**

**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**

**FOR THE YEAR ENDED 31 MARCH 2024**

**2 Donations and legacies**

	Unrestricted funds general	Unrestricted funds designated	Restricted funds	Total	Unrestricted funds general	Unrestricted funds designated	Restricted funds	Total
	2024	2024	2024	2024	2023	2023	2023	2023
	£	£	£	£	£	£	£	£
Donations and gifts	15,002	-	-	15,002	11,723	-	-	11,723
Grants	-	64,273	130,070	194,343	320	53,273	98,666	152,259
	<u>15,002</u>	<u>64,273</u>	<u>130,070</u>	<u>209,345</u>	<u>12,043</u>	<u>53,273</u>	<u>98,666</u>	<u>163,982</u>
<b>Grants receivable for core activities</b>								
Awards For All	-	-	8,503	8,503	-	-	-	-
Household Support Funding	-	20,000	-	20,000	-	22,000	-	22,000
Big Lottery Fund	-	-	74,918	74,918	-	-	73,112	73,112
Eric Wright Trust	-	-	25,366	25,366	-	-	25,554	25,554
Hospital Discharge Project	-	18,773	-	18,773	-	18,773	-	18,773
Benefits Advisor	-	25,500	-	25,500	-	12,500	-	12,500
Queen's Jubilee	-	-	-	-	320	-	-	320
The Rank Foundation	-	-	21,283	21,283	-	-	-	-
	<u>-</u>	<u>64,273</u>	<u>130,070</u>	<u>194,343</u>	<u>320</u>	<u>53,273</u>	<u>98,666</u>	<u>152,259</u>

**BLACKBURN WITH DARWEN CARERS SERVICE LTD**

**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**

**FOR THE YEAR ENDED 31 MARCH 2024**

**3 Income from charitable activities**

	Unrestricted funds general 2024 £	Unrestricted funds designated 2024 £	Restricted funds 2024 £	Total 2024 £	Unrestricted funds general 2023 £	Unrestricted funds designated 2023 £	Restricted funds 2023 £	Total 2023 £
Services provided under contract	203,693	13,117	-	216,810	193,890	22,993	-	216,883
Charitable rental income	4,163	-	-	4,163	3,232	-	-	3,232
Other income	17,043	90	100	17,233	8,273	390	-	8,663
	<u>224,899</u>	<u>13,207</u>	<u>100</u>	<u>238,206</u>	<u>205,395</u>	<u>23,383</u>	<u>-</u>	<u>228,778</u>

# BLACKBURN WITH DARWEN CARERS SERVICE LTD

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

---

**4 Income from other trading activities**

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Fundraising events	105	546

**5 Expenditure on raising funds**

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
<b>Fundraising and publicity</b>		
Other fundraising costs	-	71

# BLACKBURN WITH DARWEN CARERS SERVICE LTD

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

### 6 Expenditure on charitable activities

	Charitable activities 2024 £	Charitable activities 2023 £
<b>Direct costs</b>		
Staff costs	294,965	309,520
Depreciation and impairment	2,092	3,215
Rent	21,197	21,200
Insurance	2,529	2,199
Telephone	5,008	4,293
Postage and stationery	4,389	3,359
Sundries	2,776	4,478
Repairs and equipment hire	1,630	3,131
Computer support	3,211	5,978
Counselling fees	6,083	8,110
Volunteer expenses	6,345	3,160
Human resources and personnel	2,534	2,289
Training and courses	1,298	2,557
Activities and events	15,887	9,863
Service marketing	2,270	6,255
Staff expenses	10,266	835
Subscriptions and publications	3,952	2,666
	<u>386,432</u>	<u>393,108</u>
Grant funding of activities (see note 7)	36,358	16,539
<b>Share of support and governance costs (see note 8)</b>		
Governance	28,956	17,128
	<u>451,746</u>	<u>426,775</u>
<b>Analysis by fund</b>		
Unrestricted funds - general	242,996	256,568
Unrestricted funds - designated	81,102	69,043
Restricted funds	127,648	101,164
	<u>451,746</u>	<u>426,775</u>

### 7 Grants payable

	Charitable activities 2024 £	Charitable activities 2023 £
Grants to individuals	<u>36,358</u>	<u>16,539</u>

# BLACKBURN WITH DARWEN CARERS SERVICE LTD

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

### 8 Support costs

	Support costs	Governance costs	2024	2023
	£	£	£	£
Independent examination fees	-	2,173	2,173	2,173
Legal and professional fees	-	26,783	26,783	14,955
	-	28,956	28,956	17,128
Analysed between				
Charitable activities	-	28,956	28,956	17,128

### 9 Net movement in funds

	2024	2023
	£	£
The net movement in funds is stated after charging/(crediting):		
Fees payable for the independent examination of the charity's financial statements	2,173	2,173
Depreciation of owned tangible fixed assets	2,092	3,215

### 10 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

### 11 Employees

The average monthly number of employees during the year was:

	2024	2023
	Number	Number
	9	9
<b>Employment costs</b>	<b>2024</b>	<b>2023</b>
	£	£
Wages and salaries	266,481	279,913
Social security costs	16,123	16,741
Other pension costs	12,361	12,866
	294,965	309,520

There were no employees whose annual remuneration was more than £60,000.

# BLACKBURN WITH DARWEN CARERS SERVICE LTD

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

### 11 Employees

(Continued)

#### Remuneration of key management personnel

The remuneration of key management personnel was as follows:

### 12 Gains and losses on investments

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Gains/(losses) arising on:		
Revaluation of investments	3,124	-

### 13 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

### 14 Tangible fixed assets

	Computers £
<b>Cost</b>	
At 1 April 2023	59,803
At 31 March 2024	59,803
<b>Depreciation and impairment</b>	
At 1 April 2023	55,803
Depreciation charged in the year	2,092
At 31 March 2024	57,895
<b>Carrying amount</b>	
At 31 March 2024	1,908
At 31 March 2023	4,000

### 15 Financial instruments

	2024 £	2023 £
<b>Carrying amount of financial assets</b>		
High interest deposits	53,124	50,000

# BLACKBURN WITH DARWEN CARERS SERVICE LTD

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

### 16 Debtors

	2024	2023
Amounts falling due within one year:	£	£
Trade debtors	637	422
Other debtors	2,377	18,773
Prepayments and accrued income	1,604	10,970
	<u>4,618</u>	<u>30,165</u>

### 17 Creditors: amounts falling due within one year

	2024	2023
	£	£
Trade creditors	45,994	12,740
Other creditors	570	54
Accruals and deferred income	2,278	9,106
	<u>48,842</u>	<u>21,900</u>

### 18 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	At 1 April 2023	Incoming resources	Resources expended	At 31 March 2024
	£	£	£	£
Restricted fund	1,654	130,170	(127,648)	4,176
	<u>1,654</u>	<u>130,170</u>	<u>(127,648)</u>	<u>4,176</u>
<b>Previous year:</b>	<b>At 1 April 2022</b>	<b>Incoming resources</b>	<b>Resources expended</b>	<b>At 31 March 2023</b>
	£	£	£	£
	4,153	98,666	(101,164)	1,655
	<u>4,153</u>	<u>98,666</u>	<u>(101,164)</u>	<u>1,655</u>

# BLACKBURN WITH DARWEN CARERS SERVICE LTD

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### FOR THE YEAR ENDED 31 MARCH 2024

#### 19 Unrestricted funds - designated

These are unrestricted funds which are material to the charity's activities.

	At 1 April 2023 £	Incoming resources £	Resources expended £	At 31 March 2024 £
Designated fund	61,657	77,480	(81,102)	58,035
<b>Previous year:</b>	<b>At 1 April 2022 £</b>	<b>Incoming resources £</b>	<b>Resources expended £</b>	<b>At 31 March 2023 £</b>
Designated fund	54,043	76,656	(69,043)	61,656

#### 20 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 April 2023 £	Incoming resources £	Resources expended £	Gains and losses £	At 31 March 2024 £
General funds	140,446	240,006	(242,996)	3,124	140,580
<b>Previous year:</b>	<b>At 1 April 2022 £</b>	<b>Incoming resources £</b>	<b>Resources expended £</b>	<b>Gains and losses £</b>	<b>At 31 March 2023 £</b>
General funds	179,101	217,984	(256,639)	-	140,446

#### 21 Analysis of net assets between funds

	Unrestricted funds general 2024 £	Unrestricted funds designated 2024 £	Restricted funds 2024 £	Total 2024 £
<b>At 31 March 2024:</b>				
Tangible assets	1,908	-	-	1,908
Current assets/(liabilities)	138,672	58,035	4,176	200,883
	140,580	58,035	4,176	202,791

# BLACKBURN WITH DARWEN CARERS SERVICE LTD

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

### 21 Analysis of net assets between funds

(Continued)

	Unrestricted funds general 2023 £	Unrestricted funds designated 2023 £	Restricted funds 2023 £	Total 2023 £
<b>At 31 March 2023:</b>				
Tangible assets	4,000	-	-	4,000
Current assets/(liabilities)	136,446	61,656	1,655	199,757
	<u>140,446</u>	<u>61,656</u>	<u>1,655</u>	<u>203,757</u>

### 22 Related party transactions

There were no disclosable related party transactions during the year (2023 - none).

### 23 Funds

Restricted funds relate to voluntary donations and grants which are for specific purposes but not fully spent at the year end, and are as follows: Lottery £3,891, Eric Wright Trust £574 and Awards for All (£289).

The designated funds relate to monies unspent at the year end received from contracted income/service level agreements which are not classed as restricted voluntary income but can still only be spent on specific projects, and a provision for continuity costs totaling £58,035.

There are also general free funds of £140,580.

**BLACKBURN WITH DARWEN CARERS SERVICE LTD**

England & Wales - Charity number 1120110

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# Accounts

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Supporting you so you can help those you care for



01254 688440

Office@bwdcarers.org  
www.bwdcarers.org.uk

    @BlackburnCarers

# THE CARERS TEAM



**Alan Pickup**  
**Chair Trustees**



**Graham Brindley**  
**Treasurer**



**Sam Morris**  
**Chief Executive**

**Trustees: Nan Goodall, James Hadleigh, Marc Kirker, Charlie Higham**

## The Carers "A" Team

**Gillian Ingham**  
**Yasmin Khalil**  
**Wendy Cooke**  
**Rashida Ahmed**

**Susan Lloyd**  
**Anna Frankland**  
**Isma Sajid**  
**Kiran Sadiq**

**Kulsum Chishti,**  
**Emma Forrest**  
**Parveen Awan**

The Carers Service is privileged to have a fantastic Team of 37 Volunteers who help us go that extra mile in supporting those caring for a friend or loved one. You can see from page 11 the amount of time they give freely and what it means to us financially in extra value

We never like to see any of the team go, but many reasons prevail that prompt their leaving, be it other calls on their time in the case of Trustees, or to advance their careers in respect of staff. But I am sure that they will not be strangers as the service is embedded in their hearts.

So we say farewell to: Trustee: Rizwana Mayat, Staff: Clare Hobley, Vicky Bentley, Georgina Russell, Sonia Stevens,

It just remains to thank all those Carers who give so much to those they care for, without you the Heath & Care system would collapse. I am proud to be a carer, as many of our staff and Trustees are also. It is a privilege to lead such a great team

Never forget the Team are always there when you needs us,

*Alan Pickup* Chair of Trustees

## Sam Morris Chief Executive Officer's Report



2022 has been incredibly busy. We have lost staff and gained staff!

We said goodbye to Clare Hobley – Head of Services and Vicky Bentley – Carers Adviser. Both Clare and Vicky have taken up permanent roles with Public Health and Adult Social Care. Sonia Stevens – Carers Adviser retired from her role to enjoy time with her family.

We welcomed Emma Forrest – Benefits Adviser to the Team.

The changeover of staff is an example of the cost-of-Living challenges. Permanent roles offer confidence and security in these times as the cost-of-living increases.

The Carers Service has hit the ground running in supporting carers to manage their finances through the offer of benefits support, access to the Boroughs Household Support Fund and being able to offer food vouchers, food essentials and practical items to enable carers to keep well, keep warm and managed their health and wellbeing.

We have seen an increase in referrals this year. Carers are starting to recognise themselves as carers and are reaching out for support earlier.

The team have worked hard in meeting the new needs and challenges carers are facing.

The team are able to step into each others roles and support where it is needed most.

The Trustee Board are forward planning. A new Development Plan has started to take shape looking at the next 3 years Carers Service Journey.

Exciting opportunities ahead.

A big thank you to all staff, Trustees and Volunteers for stepping up to this year's challenges and coming out at the other side.

*Sam Morris*

Chief Executive Officer

## Graham Brindley Treasurer's Report



A copy of the Audited Accounts for April 2022 to March 2023 are shown as Appendix A

Total income for the charity in the reported financial year was £393,306 along with associated expenditure of £426,848 resulting in a reported deficit of £33,542.

This was within the approved budget deficit for the year as the Trustees sought to retain service levels and were prepared to fund this through reserves whilst work was undertaken on strategy and options for financial resilience.

Total income has increased from the £362,045 of the previous year as the management team were successful in attaining grants receivable for core activities. These are detailed in note 2 to the accounts.

Note 6 details expenditure analysis which indicates that whilst day to day running expenses remained largely similar to last year there were increases in employment costs ( £32,823) in order to deliver the services associated with successful grant applications, marketing expenditure as the charity sought to increase awareness amongst carers in the borough and professional charges which relate to strategy and income resilience development.

During the earlier part of the year, with interest rates low, the charity invested £50,000 of cash reserves with Hedley & Co. wealth management in a weighted low/medium risk investment portfolio. This is shown in note 13 to the accounts. Interest rates have subsequently begun to increase as a consequence of which an element of cash reserves are invested in a six month maturity interest bearing deposit account.

Whilst mindful of control over current expenditure the Trustees and management team are constantly reviewing the future funding profile of the charity. A balance needs to be struck between stewardship of cash resources and evaluation of risk in terms of possible major changes to future income streams.

The Trustees and management remain confident that work currently being undertaken will allow the charity to develop sufficient resources to both continue and expand its service delivery to the unpaid carers of the borough.

*Graham Brindley*

Chief Executive Officer

# The Carers Service exists to support & help those who provide unpaid care to a friend, relative or loved one

## Carers definition

Carers can be relatives, neighbours or friends. Carers come from all age groups and can come from any ethnic, religious or racial background. A Carer is a person who looks after someone who due to illness, disability or frailty is unable to manage alone

### Carers Service Objectives

- Carers will be respected as expert care partners and will have access to the integrated and personalised services they need to support them in their caring role
- Carers will be able to have a life of their own alongside their caring role.
- Carers will be supported to stay mentally and physically well and treated with dignity.
- Carers will be supported so that they are not forced into financial hardship by their caring role
- Carers who are children and young people will be supported to learn, develop, and thrive.

### Mission Statement

At Blackburn with Darwin Carers Services, our mission is to identify, engage, empower, and support carers throughout their caring journey. We are dedicated to providing integrated and personalised services that meet the diverse needs of carers in our community.

### Vision

Our vision is to create a community where carers are respected as expert care partners, equipped with the resources and support they need to thrive in their caring role. We envision a society that recognises and values the vital contributions of carers, ensuring their well-being and enabling them to lead fulfilling lives alongside their caregiving responsibilities.

### Core Values

At Blackburn with Darwin Carers Service, our core values form the foundation of everything we do. They guide our actions, shape our culture, and drive our commitment to supporting carers throughout their caring journey. Our core values reflect our deep understanding of the unique challenges faced by carers and underscore our unwavering dedication to their well-being. These values serve as a compass, guiding us in creating a supportive, inclusive, and empowering environment where carers are respected, valued, and given the tools they need to thrive. Below are our core values and the principles that underpin our work in making a positive difference in the lives of carers:

1. **Empowerment:** We believe in empowering carers by providing them with the knowledge, resources, and support necessary to make informed decisions and take control of their lives.
2. **Respect:** We treat every carer with dignity, compassion, and respect, recognising the invaluable role they play in society and valuing their unique experiences and contributions.
3. **Collaboration:** We foster collaboration and partnerships with local organisations, service providers, and stakeholders to ensure comprehensive support and improve the lives of carers.
4. **Inclusivity:** We are committed to inclusivity, embracing diversity, and addressing the needs of carers from all backgrounds, including those who may be marginalised or hidden.
5. **Well-being:** We prioritise the mental, physical, and emotional well-being of carers, offering services and programs that promote their health, resilience, and overall quality of life.
6. **Advocacy:** We advocate for the rights, recognition, and support of carers at local, regional, and national levels, aiming to influence policies and raise awareness about carer issues.
7. **Innovation:** We strive to continuously innovate and improve our services, incorporating technology and best practices to enhance the support and experiences of carers.
8. **Personalisation:** We recognise that each carer's journey is unique, and we tailor our services to meet individual needs, providing personalised support that addresses their specific challenges and circumstances.

Blackburn  
with Darwen



**carerservice**

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those you care for

## Carers Service Offer

Carers Star  
Assessment

Advice and  
guidance

Benefit checks

Carers Star  
Assessment

Counselling

Complimentary  
therapies

Respite Sitting  
Service

Befriending

Hospital Discharge  
Project

Digital Support

Volunteering  
Accreditation

Activities and Trips

Training,  
Workshops & Events

Access to breaks

Support groups

Power of Attorney

Carers ID Card

Life After Caring

Young Adult Carers  
Support

Household Support  
Grants

Activities and Work  
shops

Young Adult Carers  
Support

Volunteering

Activities and Work  
shops

# Achievements and Performance

## Triage Service

Purpose:

- To field all new referrals
- To assess if carers need to be allocated to a Carers Adviser.
- To reduce the Carers Advisers case load
- Reduce waiting times.

Funding was secured from Eric Wright Foundation for a 9-month project.

The Triage Worker responsibilities are to ensure carers are signposted to the right support within a 3-day target period.

## Respite

The Respite Service is open to anyone who cares for a loved one with a physical, mental or learning disability, dementia or a life limiting illness. For up to 2hrs a week their loved one will be able to take part in an individual or group activities with a trained volunteer or member of staff

The Respite Service was launched on Monday 5th December 2022

*“This has made a huge difference to my life, and Joan always comes home so happy”*



## Carers Week June 2022 - Making Caring Visible, Valued and Supported

The week was a huge celebration for carers, celebrations, treats, prizes, awareness raising, self care activities and as always ending with a carers trip, this year to Liverpool.

“The community spirit this week has been a great moral booster, so good to see everyone enjoying themselves and working together”

69 carers and professionals joined us to celebrate carers during Carers Week.

The event started with a Little Yoga followed by Carers Stories

There was a mixture of Male Carers and Young Adult carers sharing their journeys.



The event ended with Afternoon Tea served by Carers Service Volunteers

# Achievements and Performance

## Volunteers

Community Volunteer Awards Nov 2022

Another year another win!

Once again, we pulled off 3 awards, an amazing achievement.

Huge congratulations to our winners!

- Prosperity, Learning and Employment Award
- Culture, Leisure and Sport Award
- Good Neighbour Award



## Carers Rights Day Nov 2022

This was held as an information day. 19 partners were invited to provide information on a wide range of topics from health, legal, education, employment, recreational. 87 people were recorded as in attendance, the event was busy and feedback was excellent. The guest speakers covered topics such as welfare benefits and the household support available. The Mayor joined us and supported the service, giving an inspirational speech at the event.

- Information Stalls: 19
- Visitors: 87
- Carers: 46
- 99% of carers found the event useful and supported their caring role
- 86% of carers will take up activities or join groups at the centre.
- 100% would recommend the Carers Service.



## Walk A Mile in a Carers Shoes

The carers had a fabulous time, and the weather was kind, 30 carers attended supported by family and friends bringing the total number taking part to over 50, a good number of people taking part, the spirit was so good with everyone chatting and helping each other, each year this event has grown and everyone is looking forward to next years event,



You can find details of our Monthly Activities by joining our mailing list or read our online Magazine <https://heyzine.com/flip-book/c0355e582f.html>

# Achievements and Performance

## Jubilee Party in the Park

Couldn't let the jubilee go without a celebration, we held a street party in the park which was attended by 43 carers, one of our carers dressed up as the Queen, we had a royal quiz, raffles, sandwiches and cakes, and a hat competition. The event was enjoyed and feedback excellent.



## Information Day

A range of organisations were invited. The Hari bus to provide valuable information to carers, amongst them were Care Network, Alzheimer's Society the Wellbeing Service. We also held a workshop on how to save energy and reduce bills.

More than 40 people attended the event and the Hari bus was a huge success who also provide health checks. Carers found the event was very useful.

"Good event, with so much information, I especially wanted to see someone from the Alzheimer's Society, but I also got so much more information about everything else to support me."



## Health and Wellbeing

A range of walks in Blackburn and Darwen, pamper sessions, nature activities, community gardening, holistic therapy, coffee mornings, crafts, sewing. We delivered some activities that are regular but also delivered different types of crafts, e.g. Diamond art, Jewellery Making. Coffee morning are now becoming very popular, especially as a lot of people can't afford to go into coffee shops, coffee morning has seen a rise in people attending. The walks and gardening have seen a 50 % rise in enquiries and people wanting to attend the sessions



## Household Support Fund

The carers Service are commissioned by BwD Council to provide a variety of support for carers.

Support includes:

- Shopping vouchers
- Winter essentials – clothes and blankets
- White goods
- Food parcels
- Energy Grants
- Toiletries

# Achievements and Performance

## Hospital Discharge

The carers service are commissioned to support carers and their cared for with a successful discharge from hospital.

A designated worker has been working with the Hospital discharge team to identify carers and liaise with the team on what is needed for the person to go home.

This project has been very successful and have supported carers home

The following support has been put in place:

- Food parcels
- Mattress
- Beds
- Apnea Machine
- Fridge Freezer
- Food shop
- Pillows
- Towel Bundle
- Fridge
- Dog re-homing
- Incontinence reusable bedding
- Weekly cleaners
- Maintenance support for oven
- Kennels for a week for 2 dogs
- Removal van + 2 helpers
- Delivery van to remove furniture.
- Support completing Attendance allowance form

## Watch some of the stories from our Carers on our YouTube Channel



Carers Week 2022 - <https://youtu.be/foPdkU6to54>

Yasmin's Story - <https://youtu.be/F9QYPpXOPpc>

Alicia sharing her journey as a carer for her mum - <https://youtu.be/YqAp4aPrlww>

Terry sharing her journey as a carer for her parents - <https://youtu.be/tWxSQllg1Jk>

Young Adult Carers at Atherton Centre - <https://youtu.be/qUt2GnlGNe0>

Beginners Yoga - <https://youtu.be/4HMYhu6ANss>

Carers rights day - <https://youtu.be/JPlgY9pLHoY>

## Fundraising, Income and Generation

Donations	£2337.17
Carers Dream Draw	£472.00
Fundraising	£73.76
Gift Aid	£116.50
Lasting Power of Attorneys	£4,780
<b>Total</b>	<b>£7779.43</b>

**A big thank you to all those that donated to the Service and to our amazing Volunteers who raised funds through various initiatives and events**

TOTAL NUMBER OF REFERRALS

1268

BENEFITS

679

££££££££££

MASSAGE TREATMENT

509



REFERRALS BY GENDER



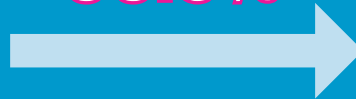
MALE 33.5%



FEMALE 66.5%

Signposts and referrals to other organisations

33.5%



COUNSELLING

150 CARERS

ACTIVITIES

1023

CARERS ATTENDED

GROUPS

248

CARERS ATTENDED

Befrienders

509



NEW VOLUNTEERS THIS YEAR

37

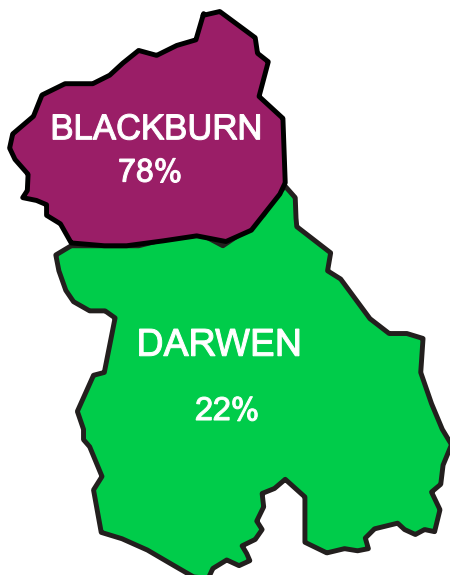
VOLUNTEER HOURS THIS YEAR

4140 Hrs

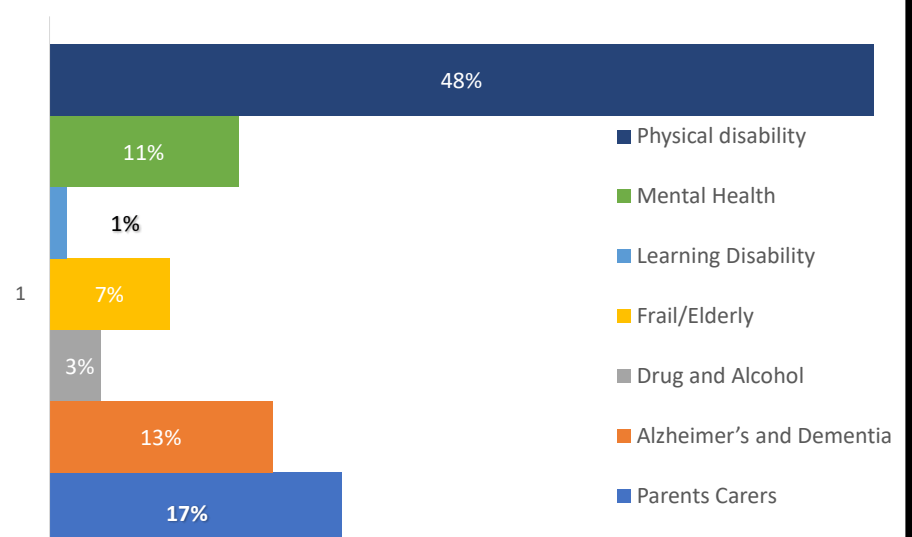
EQUATES TO

£45,545.06

REFERRALS BY GEOGRAPHY



CARERS REASON FOR CARING





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## PARENT CARER CASE STUDY



Rukeiya registered with the Carers Service as a Parent Carer back in 2016. She cares for two young children who both have developmental delay; one has speech and language difficulties and the other has Spina-Bifida. She had recently moved into the area and wasn't aware of what support services were available to her. The school had made a referral to Familywise and her family support worker had referred her to the Carers Service. Rukeiya required an Urdu-speaking advisor, who offered to undertake a home visit to establish what support needs Rukeiya had and help problem solve her unique situation.

The advisor made a referral to Children's Services so the children could be registered on the disability links register. This enabled the family to receive up to date and regular information about events and activities suitable for the children.

Rukeiya contacted the service more recently due to financial hardship. After an appointment with our benefits advisor, it emerged that the family weren't claiming the disability benefits they were entitled to. The benefits advisor at the service made a claim for both children and Carers Allowance and Personal Independence Payment for Rukeiya, all of which were successful. This made a substantial difference to a family experiencing financial hardship.

Rukeiya joined the Asian Carers group meetings, where Urdu is spoken. They also have a WhatsApp group where up to date information is shared within the group.

Rukeiya attended a wellbeing event at the Carers Service where she enjoyed a relaxing treatment. This helped to introduce her to other parts of the service. She has been struggling with her health especially her mental health; she found herself becoming housebound and isolated. This was making her depression worse. I referred her to our befriending service and my colleague has looked into a befriender who will visit her at home and support her out into the community. The befriender will also support her to attend the events and support groups at the Carers Service. Rukeiya has indicated that she will access the in-house counselling service when she feels ready to and is pleased that an Urdu-speaking counsellor is available to her.

caring role is likely to be lifelong. The Carers Service has improved her financial situation, connected her to ongoing group and individual support, provided opportunities to manage her stress and emotional wellbeing and improved her understanding by providing knowledge and information. All of this support has been essential in preventing carer breakdown, which would impact massively on the wellbeing of the family.





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## YOUNG ADULT CARER CASE STUDY

I joined the Carers Service in March 2019. Since then, I've received so much support. They listen and understand in every situation, giving the best support and advice. Since joining the Carers Service I have lost my Mum to cancer and the service has been there every step of the way to support me in any way that it can; whether that is support groups for advice and guidance, 1 to 1 sessions, financial support where possible, bereavement counselling or even nights/ trips to take my mind off of things (which can be well needed sometimes).



**“Whilst everything has been going on with the global pandemic lockdown, the service has reached out to each of us to make sure we are feeling okay and getting through this tough time”**

Interactive zoom meetings keep the support going, altering and trying different times of day to make sure each person can get involved. My advisor has made it very clear that she is still available for any support or guidance we need, requesting a variety of outside guidance speakers to attend some meetings too and managing to keep the level of support as strong as it can be.

The service has a WhatsApp group which allows extra support and contact via other members. This means we can share things that are relatable and have a wider, flexible support network. Each member can bring something new to the group, for example university/college advice, a skill that could be taught or an extra ear to listen or guide.





## YOUNG ADULT CARER CASE STUDY



The young adult carer came in for an assessment and started to get really upset. When asked what was wrong, she expressed how hard she was finding everything with juggling home life her caring role and university, she felt like she had so much on and couldn't see things getting better or even slightly easier. She told the advisor that University giving her the most worry. The workload was getting too much, she was very withdrawn in classes, and said she had no friends in or out of education. The carer was so upset and said she just felt like giving everything up.

The advisor spoke about the young adult carers group and of the support they all give each other. After talking in-depth to the carer she agreed she would try and attend one of the groups, and did come on the very next one. She was a little quiet but slowly came out of her shell and started to chat to the others. The conversation came up about uni and the carer spoke about how she was finding it. All the others started to give her tips and told her about online study help. She is studying history, and as a group they decided to plan a little outing over to the local museum one afternoon and see what other information we could get regarding her topic and then get some lunch together.

The young carer was so happy with the support and new friends she was gaining. The advisor also contacted the young person's University to discuss that she needs a little more support. This gave the carer more time with assessments, more support and she found the whole experience of Uni more fulfilling. This young adult carer was heading towards more isolation and self-destruction, the groups and service helped show the carer that she could achieve what she wanted to.



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## **OLDER PEOPLE – CASE STUDY**

Carer Hilary (75) had been caring for her husband Alan (75) who was living with Myeloma and heart disease. Hilary was getting a little tired and felt she needed support but Alan was adamant he didn't want any services involved to assist with his care. Support was given to Hilary such as befriending and counseling. Moreover, Blackburn Carers Service provided Hilary with an electronic tablet to keep her connected to outside interests as well as the Carers Service.

A few months later and quite recently, Alan's condition appeared to deteriorate and he wasn't getting up to dress and was sleeping more than normal. Blood tests found nothing that would explain why Alan was feeling like this and the specialist decided to take him off the treatment in case this was the cause.



Meanwhile, Alan's condition was brought up in Complex Care and Integrated Neighbourhood Team Meetings as a concern as Hilary was near to breakdown as Alan was still declining services. After talking to Hilary the Adviser asked if she could visit and talk to Alan to try to explain in more depth of how accepting help from services could be beneficial. Commonly and for some cared for, accepting help could result in them being forced to go into residential.

Adviser visited and spoke to Alan about how services could assist without the need for him to go into care e.g. care package and lifeline pendant. Following our discussion Alan agreed to be referred for a need's assessment and Hilary for a Carers Assessment. Moreover Alan agreed that a 'Lifeline' pendant could also be beneficial for when Hilary wants to go out and the once rushed shopping trips can become much more relaxed and enjoyable.

*'Thanks so much really appreciate all of this, I enjoyed our varied conversation today and your easy to understand many helpful'*



## OLDER PEOPLE - DARWEN CASE STUDY



A gentleman contacted us from out of area. He was concerned about his sister who lived in Darwen and was caring for their elderly father. His father was suffering from Alzheimer's and his condition has deteriorated considerably over the last year. The carer does all personal care and also supervises during the night. Although they have their own house they spend 95% of their time at their fathers.

The carer is very apprehensive about support and worried that asking for help may mean that she is saying she can't cope and her father needs to be in a residential home.

I went to her home along with her brother so we could talk about the situation and how she was feeling. She admitted at times it was "very tough" and she just has to go outside for a "walk" just to catch her breath. Her father can shout at her a lot and follows her around.

We discussed by asking for support from adult services she was actually looking after herself and also making sure that Mum could stay at home for as long as possible. She admitted that she felt she really did need some respite and it was affecting her health.

She agreed to a carer's assessment and also for an assessment for Mum. This referral was made to adult services who came out to visit her. She accepted respite support and her concerns about what will happen to mum if she was ill were addressed.

*She said: "I was so worried about asking for help. You really helped me see the need to look after myself as well. I am very grateful for your support."*



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## **MULTIPLE CARING ROLES**

Eliza (not her real name) was seen at her home for an assessment. She cares for 2 sons with renal issues. Recently her husband had A heart attack and now she cares for 3 people. Her youngest son has kidney failure and is on waiting list for a transplant, he is also fed by nasogastric tube. Nurses come to pass the tube when needed. He is also on growth hormone injections which Eliza and her husband have to administer. Eliza's advisor gave information about the National Kidney Federation, which supports kidney patients with information about the illness, transplantation, funding etc.



Her husband has had four heart attacks in the past 18 on this and has had 2 stents put in. He gets out of breath and needs support with mobility. At the moment Eliza and her husband are not keen to get care workers in place. Eliza knows to contact the Carers Service and request help for a referral to Social care assessment if they feel they need this in future.

Eliza is expecting again, she is anaemic and previously needed to have blood and iron infusion. She feels tired and has been advised to see her GP again so her levels can be monitored so that she can get advice and treatment before she requires infusion. She is the main person supporting the family and her health and wellbeing is of utmost importance, especially now. She has been given information about healthy eating and how-to self-care. She also has been given information about Asian Carers Group where she can meet other ladies and socialise. This will help her to relax and prevent low moods and isolation.

The family is struggling financially because Eliza's husband is not able to work due to his ill health. The Carers Service supported him to apply for Personal Independent Payment and other benefits. This consequently has helped the family to manage to provide food and pay bills etc. and as a result it has reduced the financial pressure. The Carers Service advisor completed the Disability Living Allowance (DLA) form for the sons too. Eliza was advised to contact for a further appointment to apply for Carers Allowance when the DLA/PIP has been approved.

**It is hoped that the information and support provided have prevented the breakdown of the family. Eliza feels that she got the support at the right time before the situation deteriorated any further. Her children are getting extra support at school and that has given her peace of mind that they are performing to the best of their abilities.**

**She also has information about various groups where she can socialise, learn and de-stress. This will enhance her physical and emotional wellbeing and she can continue to provide care to her family. She has our contact details and a named advisor so she can access support when needed.**



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## DARWEN AND RURAL CASE STUDY



A carer already registered with the service called to say his family felt in crisis. They said their current care package was not meeting their needs and they didn't have the energy to begin to try and sort it out. It was starting to impact on all members of the family including the children. Both parents had experienced complex mental health conditions.

Joint working with the social worker meant we were able to allay their fears and work on a support plan that meant their needs were now being met.

*"I couldn't see light at the end of the tunnel. Now with support from the Carers Service and Social Worker we are all feeling more optimistic and our situation feels a lot more manageable."*

We run a Darwen Clinic at Darwen Health Centre for carers. Whilst waiting for her appointment, one lady was chatting to another patient in the waiting room explaining she was coming to the Carers Clinic. They shared stories about their similar situations and experiences. The other patient then knocked on the clinic door and asked if she could book an appointment to discuss the difficulties she is facing.

*"What a great idea being here at the Health Centre, being able to talk to someone about the difficulties I have caring for my mum will be a big help to me."*

Every month we run a Memory Café in Edgworth, a community in Blackburn which is rural and has poor transport links with the town. We now have around 30+ carers who attend each month and many have started new friendships.

*"I really enjoy coming. I have been coming for about a year. I am getting to know people in the village now rather than just passing them and saying hello."*

*"I had no idea they supported someone with dementia like me. The local volunteers who come to help are just wonderful."*



## THE BENEFIT OF ACTIVITIES

**“I feel I have grown as a person through the activities that I have attended, not only have they given me time out, but I have found techniques to manage and develop confidence.”**

I was in a very dark place; the Carers Service has helped me to come to terms with my caring role, and find time for me. Everyone at the centre is helpful and it's somewhere I can just drop in. I attended the residential because I couldn't plan a holiday myself in the state I was in." This carer initially presented with very low mood and lacked confidence, which had an impact on her caring role. She had a huge caring role looking after her mother with Alzheimer's, she was getting anxious, frustrated and depressed and not coping with her caring duties.

It was suggested to her to that some time out may benefit her mood, and give her a chance to revitalise herself in order to deal with her caring role. She attended a residential which was the first time she had got away for 5 years, where she had the opportunity to refresh herself. The residential gave a her a boost of confidence and she has since attended several workshops on mindfulness and confidence building. She now presents a totally different outlook, more confident and able to cope with her situation.



**Supporting you so you can help those you care for**

**01254 688440**

**Office@bwdcarers.org**

**www.bwdcarers.org.uk**

**f t i @BlackburnCarers**

**BLACKBURN WITH DARWEN CARERS SERVICE LTD**

**ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED 31 MARCH 2023**

**Company Registration No. 05881757 (England and Wales)**

**Charity registration number 1120110 (England and Wales)**

# BLACKBURN WITH DARWEN CARERS SERVICE LTD

## LEGAL AND ADMINISTRATIVE INFORMATION

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<b>Trustees</b>	Mrs H N Goodall Mr G M Brindley Mr J J Hadleigh Mr A W Pickup Mr C J Higham
<b>Secretary</b>	Ms S J Morris
<b>Charity number</b>	1120110
<b>Company number</b>	05881757
<b>Registered office</b>	Blackburn with Darwen Carers Services Kingsway Greenhurst Place Blackburn Lancashire BB2 1NA
<b>Independent examiner</b>	Champion TLL Limited 7-9 Station Road Hesketh Bank Preston Lancashire PR4 6SN

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# BLACKBURN WITH DARWEN CARERS SERVICE LTD

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# BLACKBURN WITH DARWEN CARERS SERVICE LTD

## TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

**FOR THE YEAR ENDED 31 MARCH 2023**

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The trustees present their annual report and financial statements for the year ended 31 March 2023.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

### **Objectives and activities**

In setting objectives and planning for activities, the Trustees have given due consideration to general guidance published by the charity commission relating to public benefit.

The objective of the charitable company is to relieve the need of persons who are ill, disabled or who are elderly and have a charitable need, primarily but not exclusively resident or working in Blackburn with Darwen and the surrounding area, by the provision of advice, information and support to those persons, their relatives or carers with the object of improving the conditions of life of the said beneficiaries.

### **Mission Statement**

At Blackburn with Darwen Carers Services, our mission is to identify, engage, empower, and support carers throughout their caring journey. We are dedicated to providing integrated and personalised services that meet the diverse needs of carers in our community.

### **Vision**

Our vision is to create a community where carers are respected as expert care partners, equipped with the resources and support they need to thrive in their caring role. We envision a society that recognises and values the vital contributions of carers, ensuring their well-being and enabling them to lead fulfilling lives alongside their caregiving responsibilities.

### **Core Values**

At Blackburn with Darwen Carers Service, our core values form the foundation of everything we do. They guide our actions, shape our culture, and drive our commitment to supporting carers throughout their caring journey. Our core values reflect our deep understanding of the unique challenges faced by carers and underscore our unwavering dedication to their well-being. These values serve as a compass, guiding us in creating a supportive, inclusive, and empowering environment where carers are respected, valued, and given the tools they need to thrive. Below are our core values and the principles that underpin our work in making a positive difference in the lives of carers:

1. **Empowerment:** We believe in empowering carers by providing them with the knowledge, resources, and support necessary to make informed decisions and take control of their lives.
2. **Respect:** We treat every carer with dignity, compassion, and respect, recognizing the invaluable role they play in society and valuing their unique experiences and contributions.
3. **Collaboration:** We foster collaboration and partnerships with local organisations, service providers, and stakeholders to ensure comprehensive support and improve the lives of carers.
4. **Inclusivity:** We are committed to inclusivity, embracing diversity, and addressing the needs of carers from all backgrounds, including those who may be marginalised or hidden.
5. **Well-being:** We prioritise the mental, physical, and emotional well-being of carers, offering services and programs that promote their health, resilience, and overall quality of life.
6. **Advocacy:** We advocate for the rights, recognition, and support of carers at local, regional, and national levels, aiming to influence policies and raise awareness about carer issues.
7. **Innovation:** We strive to continuously innovate and improve our services, incorporating technology and best practices to enhance the support and experiences of carers.

**Personalisation:** We recognise that each carer's journey is unique, and we tailor our services to meet individual needs, providing personalised support that addresses their specific challenges and circumstances.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

# BLACKBURN WITH DARWEN CARERS SERVICE LTD

## TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

---

### Financial review

The Charity maintains a Contingency Reserve which represents an amount the Trustees consider would be necessary for the Charity to discharge its obligations in the event that the Charity was to be wound up. This is held at 6 months unrestricted charitable expenditure of £130,000. The charity currently has free reserves of £140,446. This reserve is regularly reviewed to take account of most recent information and circumstances. The unrestricted reserves are available for the Trustees when considerations are made for the maintenance or development of the charitable activities.

The principal funders of the charitable company are Blackburn with Darwen Borough Council.

### Plans for future periods

The charity plan to continue the activities referred to above and described in more detail in the Annual Review attached.

### Structure, governance and management

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Mrs H N Goodall

Mr M Kirker

(Resigned 22 August 2023)

Mr G M Brindley

Mr J J Hadleigh

Mr A W Pickup

Miss R Mayat

(Resigned 12 May 2023)

Mr C J Higham

The management of the charitable company is the responsibility of the Trustees who are elected and co-opted under the terms of the Memorandum and Articles of Association dated 19 July 2006.

### POLICIES ADOPTED FOR THE INDUCTION AND TRAINING OF TRUSTEES

Policies are in place to induct and train new Trustees and comply with the Memorandum and Articles of Association.

All Trustees:

Have a full induction

Take part in Governance Training

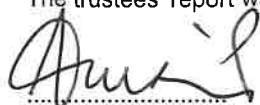
Are allocated a subcommittee role

Are given a Carers Service Trustee Handbook

Are given A hard copy of Good Governance handbook (NCVO)

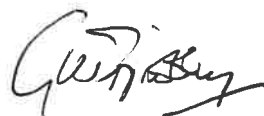
Complete a Trustee Appraisal

The trustees' report was approved by the Board of Trustees.



Mr A W Pickup

Trustee



Date: 22/08/23

# BLACKBURN WITH DARWEN CARERS SERVICE LTD

## INDEPENDENT EXAMINER'S REPORT

### TO THE TRUSTEES OF BLACKBURN WITH DARWEN CARERS SERVICE LTD

---

I report to the trustees on my examination of the financial statements of Blackburn with Darwen Carers Service Ltd (the charity) for the year ended 31 March 2023.

#### Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

#### Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of ICAEW, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



Champion TLL Limited

Peter Buck  
FCA DChA

7-9 Station Road  
Hesketh Bank  
Preston  
Lancashire  
PR4 6SN

Dated: 22/08/23

# BLACKBURN WITH DARWEN CARERS SERVICE LTD

## STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2023

### Current financial year

	Notes	Unrestricted funds general 2023 £	Unrestricted funds designated 2023 £	Restricted funds 2023 £	Total 2023 £	Total 2022 £
<b>Income from:</b>						
Donations and legacies	2	12,043	53,273	98,666	163,982	122,530
Charitable activities	3	205,395	23,383	-	228,778	235,083
Other trading activities	4	546	-	-	546	4,430
<b>Total income</b>		<u>217,984</u>	<u>76,656</u>	<u>98,666</u>	<u>393,306</u>	<u>362,043</u>
<b>Expenditure on:</b>						
Raising funds	5	71	-	-	71	932
Charitable activities	6	256,568	69,043	101,164	426,775	366,527
<b>Total expenditure</b>		<u>256,639</u>	<u>69,043</u>	<u>101,164</u>	<u>426,846</u>	<u>367,459</u>
<b>Net expenditure for the year/ Net movement in funds</b>		(38,655)	7,613	(2,498)	(33,540)	(5,416)
Fund balances at 1 April 2022		<u>179,101</u>	<u>54,043</u>	<u>4,153</u>	<u>237,297</u>	<u>242,713</u>
<b>Fund balances at 31 March 2023</b>		<u><u>140,446</u></u>	<u><u>61,656</u></u>	<u><u>1,655</u></u>	<u><u>203,757</u></u>	<u><u>237,297</u></u>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

# BLACKBURN WITH DARWEN CARERS SERVICE LTD

## STATEMENT OF FINANCIAL ACTIVITIES (CONTINUED) INCLUDING INCOME AND EXPENDITURE ACCOUNT

**FOR THE YEAR ENDED 31 MARCH 2023**

Prior financial year

	Notes	Unrestricted funds general 2022 £	Unrestricted funds designated 2022 £	Restricted funds 2022 £	Total 2022 £
<b>Income from:</b>					
Donations and legacies	2	25,752	12,716	84,062	122,530
Charitable activities	3	216,854	18,229	-	235,083
Other trading activities	4	4,430	-	-	4,430
<b>Total income</b>		<b>247,036</b>	<b>30,945</b>	<b>84,062</b>	<b>362,043</b>
<b>Expenditure on:</b>					
Raising funds	5	932	-	-	932
Charitable activities	6	250,666	31,924	83,937	366,527
<b>Total expenditure</b>		<b>251,598</b>	<b>31,924</b>	<b>83,937</b>	<b>367,459</b>
Gross transfers between funds		12,178	-	(12,178)	-
<b>Net expenditure for the year/ Net movement in funds</b>		<b>7,616</b>	<b>(979)</b>	<b>(12,053)</b>	<b>(5,416)</b>
Fund balances at 1 April 2021		171,485	55,022	16,206	242,713
<b>Fund balances at 31 March 2022</b>		<b>179,101</b>	<b>54,043</b>	<b>4,153</b>	<b>237,297</b>

# BLACKBURN WITH DARWEN CARERS SERVICE LTD

## BALANCE SHEET

AS AT 31 MARCH 2023

	Notes	2023 £	£	2022 £	£
<b>Fixed assets</b>					
Tangible assets	12		4,000		4,729
<b>Current assets</b>					
Debtors	14	30,165		2,107	
Investments		50,000		-	
Cash at bank and in hand		141,492		260,331	
		<u>221,657</u>		<u>262,438</u>	
<b>Creditors: amounts falling due within one year</b>	15	<u>(21,900)</u>		<u>(29,870)</u>	
Net current assets			199,757		232,568
<b>Total assets less current liabilities</b>			<u>203,757</u>		<u>237,297</u>
<b>Income funds</b>					
Restricted funds			1,655		4,153
Unrestricted funds - designated			61,656		54,043
Unrestricted funds - general			140,446		179,101
			<u>203,757</u>		<u>237,297</u>

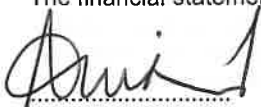
The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2023.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 22/08/23.



Mr A W Pickup  
Trustee



Company registration number 05881757

# BLACKBURN WITH DARWEN CARERS SERVICE LTD

## NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

---

### 1 Accounting policies

#### Charity information

Blackburn with Darwen Carers Service Ltd is a private company limited by guarantee incorporated in England and Wales. The registered office is Blackburn with Darwen Carers Services, Kingsway, Greenhurst Place, Blackburn, Lancashire, BB2 1NA.

#### 1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, [modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value]. The principal accounting policies adopted are set out below.

#### 1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

#### 1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

#### 1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

# BLACKBURN WITH DARWEN CARERS SERVICE LTD

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

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### 1 Accounting policies

(Continued)

#### 1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

#### 1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Computers	25% on cost
-----------	-------------

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

#### 1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

#### 1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

#### ***Derecognition of financial liabilities***

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

# BLACKBURN WITH DARWEN CARERS SERVICE LTD

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### FOR THE YEAR ENDED 31 MARCH 2023

2 Donations and legacies	Unrestricted funds general		Unrestricted funds designated		Restricted funds		Unrestricted funds general		Unrestricted funds designated		Restricted funds		Total	
	2023	£	2023	£	2023	£	2022	£	2022	£	2022	£	2022	£
Donations and gifts	11,723	-	-	-	-	-	14,283	20	20	230	14,533			
Grants	320	53,273	98,666	152,259	11,469	12,696	11,469	12,696	83,832	107,997				
	12,043	53,273	98,666	163,982	25,752	12,716	25,752	12,716	84,062	122,530				
<b>Grants receivable for core activities</b>														
Our Community Our Future	-	-	-	-	-	2,000	-	2,000	-	2,000				2,000
Household Support Funding	-	22,000	-	22,000	-	10,696	-	10,696	-	10,696				10,696
Big Lottery Fund	-	-	73,112	73,112	-	-	-	-	58,573	58,573				58,573
Carers Trust	-	-	-	-	1,469	-	1,469	-	4,759	6,228				6,228
Eric Wright Trust	-	-	25,554	25,554	10,000	-	10,000	-	17,500	27,500				27,500
Care Network	-	-	-	-	-	-	-	-	3,000	3,000				3,000
Hospital Discharge Project	-	18,773	-	18,773	-	-	-	-	-	-				-
Benefits Advisor	-	12,500	-	12,500	-	-	-	-	-	-				-
Queen's Jubilee	320	-	-	320	-	-	-	-	-	-				-
	320	53,273	98,666	152,259	11,469	12,696	11,469	12,696	83,832	107,997				

# BLACKBURN WITH DARWEN CARERS SERVICE LTD

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

### 3 Charitable activities

	2023 £	2022 £
Services provided under contract	216,883	224,470
Charitable rental income	3,232	2,783
Other income	8,663	7,830
	<u>228,778</u>	<u>235,083</u>
<b>Analysis by fund</b>		
Unrestricted funds - general	205,395	216,854
Unrestricted funds - designated	23,383	18,229
	<u>228,778</u>	<u>235,083</u>

### 4 Other trading activities

	Unrestricted funds general 2023 £	Unrestricted funds general 2022 £
Fundraising events	<u>546</u>	<u>4,430</u>

### 5 Raising funds

	Unrestricted funds general 2023 £	Unrestricted funds general 2022 £
Fundraising and publicity		
Other fundraising costs	<u>71</u>	<u>932</u>
	<u>71</u>	<u>932</u>

# BLACKBURN WITH DARWEN CARERS SERVICE LTD

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

### 6 Charitable activities

	2023 £	2022 £
Staff costs	309,520	276,699
Depreciation and impairment	3,215	2,701
Rates and water	21,200	21,198
Insurance	2,199	2,093
Telephone	4,293	4,780
Postage and stationery	3,359	2,924
Sundries	4,478	4,733
Repairs and equipment hire	3,131	1,407
Computer support	5,978	3,599
Counselling fees	8,110	6,365
Volunteer expenses	3,160	2,371
Human resources and personnel	2,289	2,185
Training and courses	2,557	816
Activities and events	9,863	13,396
Service marketing	6,255	1,890
Staff expenses	835	450
Subscriptions and publications	2,666	3,570
	<u>393,108</u>	<u>351,177</u>
Grant funding of activities (see note 7)	16,539	12,162
Share of governance costs (see note 8)	17,128	3,188
	<u>426,775</u>	<u>366,527</u>
<b>Analysis by fund</b>		
Unrestricted funds - general	256,568	250,666
Unrestricted funds - designated	69,043	31,924
Restricted funds	101,164	83,937
	<u>426,775</u>	<u>366,527</u>

### 7 Grants payable

	2023 £	2022 £
Grants to institutions:		
Grants to individuals	16,539	12,162
	<u>16,539</u>	<u>12,162</u>

# BLACKBURN WITH DARWEN CARERS SERVICE LTD

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

### 7 Grants payable (Continued)

### 8 Support costs

	Support costs £	Governance costs £	2023 £	2022 £
Independent examination fees	-	2,173	2,173	2,083
Legal and professional fees	-	14,955	14,955	1,105
	-	17,128	17,128	3,188
Analysed between Charitable activities	-	17,128	17,128	3,188

### 9 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

### 10 Employees

The average monthly number of employees during the year was:

	2023 Number	2022 Number
	9	8

### Employment costs

	2023 £	2022 £
Wages and salaries	279,913	252,946
Social security costs	16,741	12,377
Other pension costs	12,866	11,376
	309,520	276,699

There were no employees whose annual remuneration was more than £60,000.

### 11 Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

# BLACKBURN WITH DARWEN CARERS SERVICE LTD

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

### 12 Tangible fixed assets

	Computers £
<b>Cost</b>	
At 1 April 2022	57,317
Additions	2,486
At 31 March 2023	<u>59,803</u>
<b>Depreciation and impairment</b>	
At 1 April 2022	52,588
Depreciation charged in the year	3,215
At 31 March 2023	<u>55,803</u>
<b>Carrying amount</b>	
At 31 March 2023	<u>4,000</u>
At 31 March 2022	<u>4,729</u>

### 13 Financial instruments

	2023 £	2022 £
<b>Carrying amount of financial assets</b>		
High interest deposits	50,000	-
	<u>50,000</u>	<u>-</u>

### 14 Debtors

	2023 £	2022 £
<b>Amounts falling due within one year:</b>		
Trade debtors	422	475
Other debtors	18,773	-
Prepayments and accrued income	10,970	1,632
	<u>30,165</u>	<u>2,107</u>

### 15 Creditors: amounts falling due within one year

	2023 £	2022 £
Trade creditors	12,740	573
Other creditors	54	32
Accruals and deferred income	9,106	29,265
	<u>21,900</u>	<u>29,870</u>

**BLACKBURN WITH DARWEN CARERS SERVICE LTD**

**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)  
FOR THE YEAR ENDED 31 MARCH 2023**

**16 Analysis of net assets between funds**

Fund balances at 31 March 2023 are represented

by:

Tangible assets

Current assets/(liabilities)

	Unrestricted funds		Designated funds		Restricted funds		Total Unrestricted funds		Designated funds		Restricted funds		Total	
	2023	£	2023	£	2023	£	2022	£	2022	£	2022	£	2022	£
	4,000		-		-		4,729		-		-		4,729	
	136,835		61,267		1,655		174,372		54,043		4,153		232,568	
	<u>140,835</u>		<u>61,267</u>		<u>1,655</u>		<u>179,101</u>		<u>54,043</u>		<u>4,153</u>		<u>237,297</u>	

# **BLACKBURN WITH DARWEN CARERS SERVICE LTD**

## **NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**

***FOR THE YEAR ENDED 31 MARCH 2023***

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### **17 Related party transactions**

There were no disclosable related party transactions during the year (2022 - none).

### **18 Funds**

Restricted funds relate to voluntary donations and grants which are for specific purposes but not fully spent at the year end, and are as follows: Lottery £2,534, Eric Wright Trust (£19), Eric Wright Trust Triage (£860).

The designated funds relate to monies unspent at the year end received from contracted income/service level agreements which are not classed as restricted voluntary income but can still only be spent on specific projects, and a provision for continuity costs totaling £61,656.

There are also general free funds of £140,446.

**BLACKBURN WITH DARWEN CARERS SERVICE LTD**

England & Wales - Charity number 1120110

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# Accounts

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# Blackburn with Darwen Carers Service



Your local charity supporting family and friends who are carers for a loved one



Putting Carers at  
the Heart of  
everything  
we do



**Blackburn with Darwen Carers Service**  
**Annual Review April 2021 to March 2022**

## Alan Pickup Chair of Trustees



The last few years have been a real challenge for the service, coping with the pandemic, finding new ways to engage with carers and the restraints on finance with the reduction in funding from both the Blackburn with Darwen Council and The Lottery.

Sam, Clare and all the team have done a sterling job juggling the resources to ensure no one gets left behind and that we deliver the best we can to our carers. We have embraced the new way of working using online resources, but we keep in mind this is not for everyone.

We know the future is going to be a challenge, not just for us but for all charities. but more so for those who are feeling the effects of the steep rise in the cost of living affecting most of the basic needs of everyone. Carers are one of the groups most likely to feel the pressure on their daily lives.

We have looked at ways we can help our carers with

various initiatives around food and energy costs and we will keep striving to help in anyway we possibly can.

I have been an unpaid carer for over 50 years and I can relate to the problems that we face, whilst saving the health and social services millions. We will be part of raising awareness through our membership of the Carers Trust as a partner organisation.

We have welcomed new Trustees on to the Board over the last 12 months to replace some of our long standing Board Members and I feel we have a strong Board to take us through the next few years and find ways of sustaining and hopefully improving our offer to carers.

I would like to thank my fellow Trustees, The Carers Team, our Volunteers and fundraisers who give their time freely.

**Alan Pickup Chair of Trustees**

## Graham Brindley Treasurer



Over the last twelve months the Service has continued to be affected by the Covid epidemic and remains challenged by reductions in income. In the current financial year overall income reduced by 12% compared to the previous year. To compensate for this our staff have worked extremely hard to contain costs and have been successful in reducing overall expenditure by 7%. As a consequence of these actions the overall deficit for the year is £5416.

The Covid epidemic has made it difficult to put effective plans for the future in place over the last two years. In order to maintain acceptable service levels the Service is budgeting for a deficit over the forthcoming year which will be financed from reserves over the next twelve months although it may be possible to raise additional funds which will reduce

this deficit. As the pandemic now hopefully subsides the Trustees and management will be focusing on future strategy options which will include how the Service can move into a financially sustainable model.

The level of reserves does provide financial stability of the Service in the short to medium term which enables the Trustees to balance the requirement to provide service levels within the context of uncertain future income streams and reserve utilisation. As a consequence the Trustees and management remain confident that service levels will be maintained over the next twelve months.

**Graham Brindley Treasurer**

## Hello from Sam Morris CEO



Welcome to the Carers Service Annual Report for 2021/2022. This year I have learnt new terms – Hybrid and Blended. I now know how these work in practice!

We ended the last year working remotely, having worked completely from home throughout the Covid Pandemic. Staff adapted well and we were very quickly providing everything apart from face to face services.

In this year we had the challenge of starting to dip our toes back in the 'office pool' The staff will smile when I say it was like the Hokey Kokey song " we put one leg in, we take one leg out..." We were in the office and then we were back at home!

I am so proud of our staff, volunteers and carers for

their patience and understanding whilst we made sure we were getting it right and keeping everyone's safety paramount.

We now have a Hybrid way of working that is meeting everyone's needs.

We have continued to provide an excellent Service and can now creatively meet more needs using a combination of face to face and digital support. This is a must as the demand for support has increased. Long Covid and increased Mental Health challenges have increased the number of carers needing support.

A fast and furious year... with lots of achievements and adventures.

Thank you to our Team and our Board of Trustees – this is certainly a team effort!

## Hello from Clare Hobley Head of Services



It's a bit of a cliché to say another year has flown by, but it really has! It's great to be able to look back on another successful year and the fact that we've been able to return to face to face and group activities.

I've noticed a couple of things over the past year. Demand for our service is at an all-time high and it's now estimated that 1 person in every 6 people are now carers. **1 in 6!**

Carers around the country are experiencing more challenges and hardship than ever before. It's no wonder we have a higher demand for our support.

Staff are working really hard to make sure that our carers have all the information, advice and support

they need to make their lives better. We are working on developing new resources to give to our carers and my focus going forward is building on the great work we do and making sure that we are delivering a really quality service.

I want to take the opportunity to say a massive thank you to all the staff at the service. They really are the best team and I feel privileged to be able to work with such a lovely group of people who are dedicated and make a difference. We'll go forward together and continue to develop the service to help carers in Blackburn and Darwen, and their families, to be as well as they can be

## Welcome to our New Trustees



**Rizwana Mayat**

Rizwana as many of you will know was our Office Manager during the main time of the pandemic, but left for a position that fitted better with her family role, but we could not let her leave as we appreciated her positive attitude and commitment to carers.



**Charlie Higham**

Having graduated with a degree in Business Management from the University of Liverpool I feel that has given me a good understanding and overview of how corporate firms operate. A charity shouldn't operate any differently to a business and as such I provide financial oversight for the charity as well as good business connections in the local area.

## Welcome to our new Carers Team Members!



**Georgina Russell**  
**Drug & Alcohol Advisor**

My job revolves around working with people affected by their loved ones drug & alcohol use. I'm passionate about supporting and educating others, encouraging self-care, and promoting people to live their life healthily.



**Wendy Cooke**  
**Office Manager**

I am really happy to be working for a charity that strives to make such a difference, caring can be so difficult at times so to be able to support carers in such a variety of ways is amazing.



**Susan Lloyd**  
**Mental Health & Wellbeing Advisor**

Hello, my name is Susan (Su for short) You may detect an accent, I spent my formative years living in the Black Country an industrial part of the West Midlands

## Goodbye and Thank You!



**David Radley Vice Chair**

David has supported the Service since the very beginning. His guidance, ideas and commitment has been valuable and appreciated.

As a carer himself, David fully understood the challenges carers faced and the importance of being a Trustee and supporting the Service



**Michael Strahan**

Michael has opened up his own Barbers shop! We wish him lots of luck on his new venture



**Rizwana Mayat**

Rizwana has now joined the Trustee Board and brings her knowledge of the service

**Our best wishes go with them for their future plans**

## Governance

The Carers Service is registered as a charitable company limited by guarantee and was set up by a Memorandum of Association on 19th July 2006 and is a registered charity number 1120110.

The management of the charitable company is the responsibility of the Trustees who are elected and co-opted under the terms of the Memorandum and Articles of Association dated 19 July 2006.

Policies are in place to induct and train new Trustees and comply with the Memorandum and Articles of Association.

All Trustees:

- Have a full induction
- Take part in Governance Training
- Are allocated a subcommittee role
- Are given a Carers Service Trustee Handbook
- Are given A hard copy of Good Governance handbook (NCVO)

The charitable company is managed by a full committee of the Trustees. Meetings are held regularly to effectively control the running of the organisation.

- Trustee Board meets quarterly
- Subcommittees meet quarterly
- Trustee roles – Chair, Vice Chair, Treasurer and Secretary.
- A Scheme of Delegation is in place to ensure decisions are authorised at the correct level of responsibility.

### Trustees for the year April 2021 to 2022

Alan Pickup (Chair)  
Graham Brindley (Treasurer)  
Nan Goodall  
James Hadleigh

Marc Kirker  
Charlie Higham Nov 2021  
Rizwana Mayat Feb 2022

## Policies and Objectives

In setting objectives and planning for activities, the Trustees have given due consideration to general guidance published by the charity commission relating to public benefit.

The objective of the charitable company is to relieve the need of persons who are ill, disabled or who are elderly and have a charitable need, primarily but not exclusively resident or working in Blackburn with Darwen and the surrounding area, by the provision of advice, information and support to those persons, their relatives or carers with the object of improving the conditions of life of the said beneficiaries.

### **Our Mission**

Blackburn with Darwen Carers Service exists to provide a 'one stop' carers centre that offers support, information and advice to all unpaid carers within Blackburn with Darwen.

We want to raise awareness of the needs of carers, encourage carers to participate and have a voice

### **Our Vision**

Our vision is of a community in which carers have a voice and their needs are recognised and respected. That they are empowered to achieve their goals and aspirations in their caring role

### **Carers Service Strap Line**

Support for family members caring for someone where there is an illness or disability.

Bringing carers and the carers service together as expert partners to ensure carers needs, wishes and feelings are at the heart of everything we do

Supporting you so you can help those you care for.

### **Activities for achieving objectives**

The service aims to raise awareness of the needs of unpaid carers and will support carers to have a voice and improve the quality of services that are available for carers and their dependants.

The Carers Centre is a base for carers to access one to one support and group support. Trained Carers

## Carer Engagement

We define 'engaging with' as the direct contact by staff or volunteers via phone, email, remotely, or face to face.

Carers supporting people with	%	Age Group of carers engaged with:	No.
Dementia	14%	Young Adult Carers (18-24)	131
A mental health condition	12%	Adult Carers (25-44)	1098
A physical disability	41%	Adult Carers (45-64)	1491
A learning disability	6%	Older carers (65-80)	547
Substance issues, or other addiction/recovery issues	4%	Older carers (81+)	350
Frail/ elderly needs	5%		
A disability who are under the age of 18	18%		

Ethnicity of Supported Carers	%
White English/Welsh/Scottish/Northern Irish/British	63%
White Any other White background	1%
Mixed/Multiple Ethnic Group White and Asian	0.10%
Mixed/Multiple Ethnic Group Any other mixed/multiple ethnic background	0.20%
Asian/Asian British Asian British	11%
Asian/Asian British Indian	7%
Asian/Asian British Pakistani	12%
Asian/Asian British Bangladeshi	0.60%
Asian/Asian British Chinese	0.10%
Asian/Asian British Any other Asian background	0.70%
Black/African/Caribbean/Black British Black British	0.30%
Black/African/Caribbean/Black British African	0.60%
Any other ethnic group Arab	0.40%
Any other ethnic group Any other ethnic group	.3%



## FUNDRAISING ACTIVITIES/INCOME GENERATION

### INCOME

Blackburn with Darwen Borough Council  
 Big Lottery Fund - Awards for All  
 Carers Trust  
 • Quilter  
 • Cadent  
 Eric Wright Trust  
 Community Foundation for Lancashire  
 Triangle Trust

Our Community Our Future  
 Household Support Funding  
 Care Network  
 Carers Activities  
 Room Hire and Support Services  
 Students Placements  
 • Social Workers  
 • Medical Students

## FUNDRAISING ACTIVITIES/INCOME GENERATION *continued*

Donations	£8,369.00
Lasting Power of Attorney	£3,880.00
Fundraising	
• Stuart Wright Marathon	
• Back to School Quiz	
• BNI Events	£1,963.67
Carers Dream Draw	£1,763.00
Sitting in Service - Wilpshire Golf Club	£ 638.50
Gift Aid	£1,587.71
<b>Total</b>	<b>£18,201.90</b>



## The Year in Numbers

### REFERRALS TO THE SERVICE

<b>New referrals to the service</b>	<b>597</b>
<b>Existing Carers returning for support</b>	<b>326</b>
<b>Total</b>	<b>923</b>

### ASSESSMENT & SUPPORT

<b>Number of assessments carried out</b>	<b>628</b>
<b>Number of support groups held</b>	<b>140</b>
<b>Carers attending support groups</b>	<b>272</b>
<b>Number of welfare calls made</b>	<b>2114</b>

### DEMOGRAPHICS

<b>Blackburn: 74%</b>
<b>Darwen: 23%</b>
<b>Other: 3%</b>
<b>Female: 70%</b>
<b>Male: 30%</b>

### THERAPIES

<b>Massage</b>	<b>41</b>
<b>Counselling</b>	<b>132 carers</b>
	<b>489 Sessions</b>

### VOLUNTEERING

<b>New volunteers in 2020/2021</b>	<b>31</b>
<b>Total vols with the service</b>	<b>119</b>
<b>Volunteer hours</b>	<b>4210</b>
<b>Value to the service</b>	<b>£46,307.47</b>
<b>(Calculated at £11 per Hour)</b>	

### BENEFITS

<b>Appointments</b>	<b>483</b>
<b>Successful applications</b>	<b>116</b>
<b>Value of Successful applications</b>	<b>£498,028.08</b>

## Our Offer

advisers are available to offer information and to sign post to other organisations.

- There are regular activities and training opportunities to give carers a break from their caring role.
- An open-door service - for as long as carers need it
- A full activity, trips and events programme
- Craft and social groups
- Carers Panels – who support the service through their experiences, knowledge and consultation
- Dementia Peer support and information workshops
- Benefits advice/support/home visits (fantastic success record)
- Complimentary therapies, e.g. full massage (subsidised by the Carers Service)
- Professional counselling sessions
- Life after caring workshops – enabling carers to 're-establish' themselves after caring
- Mon – Fri service including Out of hours' service 5-9pm
- Face to Face, 1 to 1 and advocacy support with highly experienced and knowledgeable advisers
- Support for carers who support someone with an addiction, Mental ill health, a learning or physical disability, long term and short-term conditions.
- Coordinated in house and specialist support for a holistic family approach
- Supporting carers with their health and well-being
- Carers Discount Cards – local businesses offering discounts for carers
- Emergency Planning for carers

## Activities during the Year



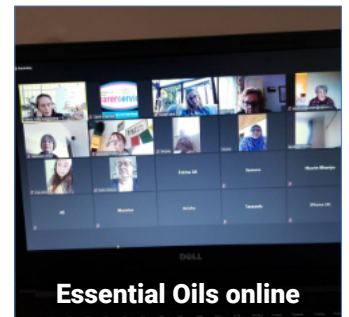
Afternoon Tea at Dolly's



Mindfull Crafts



Sewing Class



Essential Oils online



Walking Group



Festive Cake Making



Knitting & Crochet



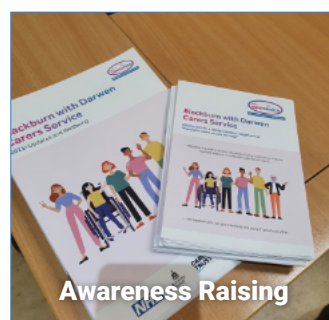
Picnic in the Park YACS



Disability Awareness Day



Activity Tai Chi



Awareness Raising



Carers Rights Day

# Activities & Workshops

## Activities

- Treasure Hunt
- Writing Club
- Sewing class
- Craft class
- Vegetarian Cooking
- Knit and Knatter
- Archery
- Coffee mornings
- Essential Oils

## Workshops

- Dementia Awareness
- Therapy through Art
- Pebble Art

## Well Being

- Meditation
- Reiki
- Self care
- Persian Mindfulness
- 5 ways to Well Being
- 7 steps to Happiness

## Exercise

- Canal walk
- Cycling
- Tai Chi
- Defence Class
- Yoga
- Walking group

## Projects

- Gardening
- Well Being Through Nature - Greenhouse
- Life after caring
- Bereavement Residential – Planning for tomorrow
- Aspirations – Business Workshops for Young Adult Carers
- Inspirations – Young Adult Carers
- Personal Budgets for carers
- Connecting carers - Pen Pal Packs
- Connecting carers - Tablets for carers
- Covid Community Champions
- Afternoon Tea – delivered to Carers home
- Aldi Vouchers for carers

## Activities Feedback

*“I feel I have grown as a person through the activities that I have attended, not only have they given me time out, but I have found techniques to manage and develop confidence. I was in a very dark place; the Carers Service has helped me to come to terms with my caring role, and find time for me. Everyone at the centre is helpful and it's somewhere I can just drop in. I attended the residential because I couldn't plan a holiday myself in the state I was in.”*

This carer initially presented with very low mood and lacked confidence, which had an impact on her caring role. She had a huge caring role looking after her mother with Alzheimer's, she was getting anxious, frustrated and depressed and not coping with her caring duties.

It was suggested to her to that some time out may benefit her mood, and give her a chance to revitalise herself in order to deal with her caring role. She attended a residential which was the first time she had got away for 5 years, where she had the opportunity to refresh herself. The residential gave her a boost of confidence and she has since attended several workshops on mindfulness and confidence building. She now presents a totally different outlook, more confident and able to cope with her situation.



Seated Yoga Exercise



Green House Project



Women's Health Meeting



Trip to Southport

## Our Service Responding to Covid

### The Carers Service became a Community Champion for Covid

Through the Community Champions scheme councils and voluntary organisations have delivered a wide range of measures to protect those most at risk by building trust, communicating accurate health information and ultimately helping to save lives. This has included developing new networks of trusted local champions where they don't already exist.

The Community Champions tapped into their local networks and provided advice about COVID-19 and the vaccines. Champions also identified barriers to accessing accurate information and to provide tailored support, such as phone calls for people who are digitally excluded, helplines, and linking to other partner offers including GP surgeries.

The Carers Service was able to build trust, communicate accurate health information, increase vaccination uptake and ultimately help to save lives. The Service was able to empower at-risk groups to protect themselves and their families. Aiming to reduce the impact of the virus on all communities, engaging to tackle the disproportionate impact the pandemic has had on carers and their cared for and to provide accurate information about COVID -19 and the vaccines to everyone.

#### The Carers Service has:

- Encouraged Group Engagement – Groups allow the Service to disseminate information to more people at one time.
- Strengthened its online presence for sharing information using all social network platforms including Teams and Zoom
- Increased telephone engagement is stronger using both land lines and mobiles
- Increased Texting and What App have opened up communications with Young Adult Carers and other Adult Carers
- Created Activities and Incentives to offer a fun way of engaging carers and their families
- Consulted through online platforms to gather valuable insights to the needs and wants for carers and their families

The Carers Service has carried out the following projects in response to Covid- 19 in this financial year:

- Tablets/Mobile phones/wifi support
- One to one support (following safety guidelines)
- Groups in the park (Following safety guidelines)

- Counselling and Talking Therapies
- Life after Caring
- Training
- Well Being and Mental Health workshops
- Zoom activities
- Blogs and videos
- Telephone and online support
- Employment and volunteer workshops.
- Volunteering opportunities

#### Household Support Fund (BWD Council funding)

- Market Vouchers = 50 carers
- Keeping Warm Packs (Duvets and Pillows) = 100 carers
- Essential Food packs and Tins = 613 carers
- Gas and Electric Budgets = 61 to date

#### Vodafone Sim Card Project:

- Sim Cards = 21 carers to date

#### Carers Trust Shopping Vouchers Funding:

- Asda Food Voucher = 18 Carers

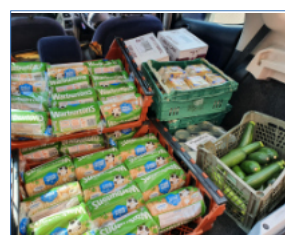
#### Fare Share Food Scheme

A big thank you to Dan Fisher from Tienda Digital, An Anonymous Donor and The Household Support Scheme for funding this Project.

The Scheme ran from 4/8/21 – 30/3/22

614 food packages were collected by carers over 32 weeks.

Check out Fare Share videos on Youtube



## Mental Health and Well Being Adviser

This new role:

- Provided support, information and guidance to Carers who look after someone with a mental health condition or are experiencing mental ill health themselves
- Provided 'Drop in to check in' carers support offering access to wellbeing opportunities to create coping mechanisms and strategies.

The project provided resources to support the carer:

- Journals
- Well-being activities including massage therapies and talking therapies.
- Respite opportunities
- Mental Health and Wellbeing workshops.

## Feedback From Carer

*"I had a very stereotypical view of what a 'carer' is so when my daughter started struggling badly with her mental health I didn't see myself as needing support. Over the course of the year things spiralled continually downwards and unfortunately so did my wellbeing and that of my son.*

*Adult Carers were recommended to me and I reached out, not really thinking they would be able to help my situation-how very wrong was I! I had an initial meeting and introduction to the support service and since then not only will be using the counselling support, I'm on the mailing list for events which look great and I'm using the drop-in sessions.*

*Last week was a very bad week in our house but the thought of being able to go to that drop-in session with Susan got me through. Within 20 minutes of being there I was laughing and felt strong enough to cope again. Without this I honestly think my family would have been broken down because I didn't realise how low I was and how much I had been struggling.*

*The impact of this role is that I have the support, the strength and know where to go for guidance with so many things. I have a high-pressured job with a large number of staff and I honestly thought I would always be the 'type' of person to cope but I couldn't and Susan showed me that's ok and gave me the tools to cope. I don't need to be off work thus impacting on lots of other people as I have the support network to cope now and my family life is better*

*As an individual Susan is brilliant in her role and I am so very grateful to her and the service overall"*



# Young Adult Carers

**Young Adult Carers** are aged between 16 to 25 years and who are caring for family, friends, siblings or their children, often without support which can lead to them being isolated from their peers, which can in turn lead to them suffering their own ill health or breakdown

Blackburn with Darwen Carers Service provide a wide range of support:

- 1-1 Support
- Advice on how to help the person they care for
- Group Support
- Trips & Activities
- Benefit advice
- Counselling
- Mindfulness,
- and much more



## I am a Young Adult Carer

*"I joined the Carers Service in March 2019. Since then, I've received so much support. They listen and understand in every situation, giving the best support and advice. Since joining the Carers Service I have lost my Mum to cancer and the service has been there every step of the way to support me in any way that it can; whether that is support groups for advice and guidance, 1 to 1 sessions, financial support where possible, bereavement counselling or even nights/trips to take my mind off of things (which can be well needed sometimes).*

*Whilst everything has been going on with the global pandemic lockdown, the service has reached out to each of us to make sure we are feeling okay and getting through this tough time. Interactive zoom meetings keep the support going, altering and trying different times of day to make sure each person can get involved. My advisor has made it very clear that she is still available for any support or guidance we need, requesting a variety of outside guidance speakers to attend some meetings too and managing to keep the level of support as strong as it can be.*

*The service has a WhatsApp group which allows extra support and contact via other members. This means we can share things that are relatable and have a wider, flexible support network. Each member can bring something new to the group, for example university/college advice, a skill that could be taught or an extra ear to listen or guide.*

*Overall, The Carers Service has been a great help for me and I'm ultimately grateful and glad I have had the opportunity to join the group as it has helped me in so many ways"*

Thanks,  
Kerri Derorra



We have a specific project which offers support for people who are concerned about someone else's substance misuse. Whether it's a family member or friend, drugs or alcohol, we are on hand to give information, advice and support. The service is non-judgemental and aims to make families living with the impact of substance misuse fully informed and aware of issues such as enabling and how families can play a part in a person's recovery.

We have:

- 1-1 support
- Support group
- Drop-in sessions with the local substance misuse service
- Information about drugs and their effects
- Advice about substance misuse services and recovery supports
- Darwen drop in at Café Hub

Plus the usual offer from the carers service – counselling, benefits support, trips, activities etc. Our new Drug and Alcohol Advisor, Georgina Russell, started with us in January 2022. Georgina is developing a package of support with the local substance misuse services and is keen to build up referrals to this part of the service.

### Case Study

*Pam has a son who uses large amounts of cannabis, drinks to excess regularly and also has mental health issues.*

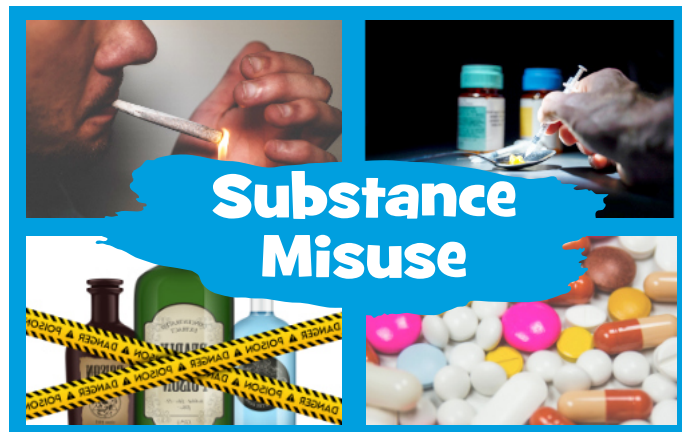
*Pam's son was attacked, which left him with permanent injuries. This has been such a traumatic experience for Pam and impacted hugely on her own her mental health.*

*Pam was given 1-1 support. She found it useful to speak with someone impartial and say how her son's substance use and mental health was impacting on her. The advisor gave information on how to encourage her son to seek support from substance misuse services. Pam was also referred to our in-house counselling team to help her deal with everything that concerned her.*

*As her son was due to move in with her she was concerned about her financial situation. She was referred her to our benefits advisor for a full benefit check to make sure they were claiming the payments they were entitled to.*

*Pam was also sent a pamper pack to boost her morale and give her permission to look after herself more. Pam was given details for the support group so that she can learn from others in a similar situation.*

*Pam now feels that she is in a better place personally. She is aware of enabling behaviours and has boundaries in place around her son's use. She is very grateful for the support and is coping better with her situation.*



## Benefits Case Study

Carer rang me to for advice on carers allowance (CA). She had been caring for her mother in law (MIL) for approx. 20 years and had never received CA. MIL's health had been deteriorating over the years and the caring role was becoming more demanding. MIL was in receipt of the high rate mobility of disability living allowance but no care component. I explained the eligibility criteria for CA, MIL needed to be in receipt of the middle or high rate of the care component for carer to qualify for CA.

Due to the continued deterioration of MIL's health I advised that I could write a letter to the DWP asking them to look at her claim again and request an award for DLA high rate care component. However, I did explain that as she is of pension age there was a possibility that she could be moved over to Attendance Allowance and as a result lose her entitlement to the DLA mobility component. There was no guarantee she would be awarded DLA care component or Attendance Allowance so she was at risk of losing her current DLA award. MIL agreed for me to write the letter to the DWP even though she knew of the risk. I advised her to enclose a copy of her medical report with my letter.

She received a reply from the DWP inviting her to make a claim for Personal Independence Payment (PIP) which she did. Her PIP claim was successful and she was awarded the standard rate of daily living and mobility. This increased her weekly payments from £62.55 to £83.70p,

giving her a total increase of £21.15p per week.

It also ant that the carer could now make a claim for CA and now has a weekly income of £67.60p.

Total weekly increase of £88.75p (£21.15p+ £67.60p) in benefits for both the carer and cared for. Previous annual income from benefits was £3,252.60p (£62.55 x 52 weeks)

New annual increase from benefits is £7,867,60p (£83.70p + £67.60p = £151.30p x 52 weeks).

### Benefits Feedback:

*'I don't understand English very well and often struggle to communicate with people. I'm really glad I spoke to you today, I was able to understand you because you speak my language. From now on I will contact you for all my benefits queries.'*

*'Thank you, Yasmin, for your quick response to my query. With your advice I have managed to get myself sorted.'*

*'Thank you, Yasmin for taking the time to return my call and respond to my query. It is very much appreciated.'*

*'Thank you for your advice Yasmin. I've spoken to Dr's secretary, I am sending an email with my request, as you explained. Thanks so much for your help - I need it!'*

## Volunteering

Total of **31** new Volunteers

Total of **119** volunteers

Total hours - **4209hrs**

This equates to **£46,307** (Based on £11.00 per hour)

[Volunteer Case study](#)

*Hello, I would just like to say how valuable and very important you and your Carers Service team are to me, with all the classes that you provide and help, it's a great comfort to me knowing you and your team are there to help me and others I may add.*

*You are a real credit to me which I know I can rely on the services you have available.*

*I've been thoroughly enjoying being involved in supporting the fare share food scheme every week, it gives me great pleasure to give back to the service where possible.*

*I'm looking forward to offering carers a befriending service through a regular weekly call, I can appreciate caring can get lonely and would love to offer my time to those on their own.*



## Afternoon Tea For Carers



Thank you to The Rank Foundation for our “Carers Afternoon Teas”  
Our lovely volunteers delivered Afternoon Teas to our isolated carers.  
There was a fab selection of sandwiches and tasty cakes

### Carers told us:

“It was a lovely caring thoughtful act of kindness”

“A surprise that brightened my day”

“This just arrived, thanks so much, it’s such a good treat”

“Thank you so much we really appreciate your treats xxx”

Thank you so much, it looks delicious.

“Thank you very much for the afternoon tea on Monday, it was great and very kind gesture”

“was so not expecting these goodies”

Thank u so much it’s lovely much appreciated

Thank you so much just finished schooling and I can have a munch now thank you

Thank you for the lovely treat looks really good not to share..

“Thank you very much for the afternoon tea on Monday, it was great and very kind gesture”

## Carers Feedback

*"I really view you as part of my support team, the last year wouldn't have been bearable without you." Thank you for your support Sam, and for your reassurance about my caring role. It is at times stressful, challenging and time consuming, but I wouldn't change it for the world. Unless I could turn back the clock to being full time again..... I will continue to do all I can to support my son for as long as it's possible for me to do so and I'm immensely grateful for all the support that has been given to me on this journey.*

*"Firstly I would like to say what a great service you run, it is so helpful and I feel like I always have someone there for me when I need it. Secondly, I would like to make you aware how amazing Parveen is, she is an asset to your organisation. She has helped me a lot, she is empathetic to my situation, listens and advises me and points me in the right direction when I require it."*

*"I am very grateful to all that you have done for me, your advice and guidance has been invaluable, it helped me to get the much-needed social care assessment, benefit check, OT intervention and help with my energy bills."*

*"Thanks for keeping in touch"*

*"The Aldi vouchers couldn't have come at a better time, we were desperate."*

*"I am very grateful to all that you have done for me, your advice and guidance has been invaluable, it helped me to get the much-needed social care assessment, benefit check, OT intervention and help with my energy bills."*

*"Thanks a lot for all your help Yasmin you've really helped by making things clearer. You have pointed me in the right direction"*

There when you need us on  
 **01254 688440**

 [\*\*office@bwdcarers.org.uk\*\*](mailto:office@bwdcarers.org.uk)

 [\*\*www.bwdcarers.org.uk\*\*](http://www.bwdcarers.org.uk)

    **/BlackburnCarers**

Find us on  
YouTube



Charity Number: 1120110

REGISTERED COMPANY NUMBER: 05881757 (England and Wales)  
REGISTERED CHARITY NUMBER: 1120110

**REPORT OF THE TRUSTEES AND**  
**UNAUDITED FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31ST MARCH 2022**  
**FOR**  
**BLACKBURN WITH DARWEN CARERS SERVICE LTD**

Champion TLL Ltd  
Chartered Accountants  
7-9 Station Road  
Hesketh Bank  
Preston  
Lancashire  
PR4 6SN

**BLACKBURN WITH DARWEN CARERS SERVICE LTD**

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**FOR THE YEAR ENDED 31ST MARCH 2022**

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## **BLACKBURN WITH DARWEN CARERS SERVICE LTD**

### **REPORT OF THE TRUSTEES** **FOR THE YEAR ENDED 31ST MARCH 2022**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31st March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

#### **OBJECTIVES AND ACTIVITIES**

##### **Objectives and aims**

In setting objectives and planning for activities, the Trustees have given due consideration to general guidance published by the charity commission relating to public benefit.

The objective of the charitable company is to relieve the need of persons who are ill, disabled or who are elderly and have a charitable need, primarily but not exclusively resident or working in Blackburn with Darwen and the surrounding area, by the provision of advice, information and support to those persons, their relatives or carers with the object of improving the conditions of life of the said beneficiaries.

##### **Our Mission**

Blackburn with Darwen Carers Service exists to provide a 'one stop' carers centre that offers support, information and advice to all unpaid carers within Blackburn with Darwen.

We want to raise awareness of the needs of carers, encourage carers to participate and have a voice.

##### **Our Vision**

Our vision is of a community in which carers have a voice and their needs are recognised and respected. That they are empowered to achieve their goals and aspirations in their caring role.

##### **Carers Service Strap Line**

Support for family members caring for someone where there is an illness or disability.

Bringing carers and the carers service together as expert partners to ensure carers needs, wishes and feelings are at the heart of everything we do.

Supporting you so you can help those you care for.

##### **Public benefit**

The Trustees have considered the Charity Commission guidance regarding public benefit and are content that the Charity has met the requirements as described above

##### **Grantmaking**

Small grant programmes organised by the charitable company are managed in accordance with guidance and rules set down by our external partners. They are for activities which conform to the objects of our charity and are distributed to eligible candidates.

##### **Volunteers**

Total of **31** new Volunteers

Total of **119** Volunteers

Total hours - **4209hrs**

This equates to **£46,307** (Based on £11.00 per hour)

**BLACKBURN WITH DARWEN CARERS SERVICE LTD**

**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31ST MARCH 2022**

**ACHIEVEMENT AND PERFORMANCE**

**Charitable activities**

The Charity have achieved the following activities during the year:-

**Activities**

- o Treasure Hunt
- o Writing Club
- o Sewing class
- o Craft class
- o Vegetarian Cooking
- o Knit and Knatter
- o Archery
- o Coffee mornings
- o Essential Oils

**Workshops**

- o Dementia Awareness
- o Therapy through Art
- o Pebble Art

**Well Being**

- o Meditation
- o Reiki
- o Self care
- o Persian Mindfulness
- o 5 ways to Well Being
- o 7 steps to Happiness

**Exercise**

- o Canal walk
- o Cycling
- o Tai Chi
- o Defence Class
- o Yoga
- o Walking group

**Projects**

- o Gardening
- o Well Being Through Nature - Greenhouse
- o Life after caring
- o Bereavement Residential - Planning for tomorrow
- o Aspirations - Business Workshops for Young Adult Carers
- o Inspirations - Young Adult Carers
- o Personal Budgets for carers
- o Connecting carers - Pen Pal Packs
- o Connecting carers - Tablets for carers
- o Covid Community Champions
- o Afternoon Tea - delivered to Carers home
- o Aldi Vouchers for carers

**Community Champion for Covid**

Through the Community Champions scheme councils and voluntary organisations have delivered a wide range of measures to protect those most at risk by building trust, communicating accurate health information and ultimately helping to save lives. This has included developing new networks of trusted local champions where they don't already exist.

## **BLACKBURN WITH DARWEN CARERS SERVICE LTD**

### **REPORT OF THE TRUSTEES** **FOR THE YEAR ENDED 31ST MARCH 2022**

The Community Champions tapped into their local networks and provided advice about COVID-19 and the vaccines. Champions also identified barriers to accessing accurate information and to provide tailored support, such as phone calls for people who are digitally excluded, helplines, and linking to other partner offers including GP surgeries.

The Carers Service was able to build trust, communicate accurate health information, increase vaccination uptake and ultimately help to save lives. The Service was able to empower at-risk groups to protect themselves and their families. Aiming to reduce the impact of the virus on all communities, engaging to tackle the disproportionate impact the pandemic has had on carers and their cared for and to provide accurate information about COVID -19 and the vaccines to everyone.

#### **The Carers Service has:**

- o Encouraged Group Engagement - Groups allow the Service to disseminate information to more people at one time.
- o Strengthened its online presence for sharing information using all social network platforms including Teams and Zoom
- o Increased telephone engagement is stronger using both land lines and mobiles
- o Increased Texting and What App have opened up communications with Young Adult Carers and other Adult Carers
- o Created Activities and Incentives to offer a fun way of engaging carers and their families
- o Consulted through online platforms to gather valuable insights to the needs and wants for carers and their families

The Carers Service has carried out the following projects in response to Covid- 19 in this financial year:

- o Tablets/Mobile phones/wifi support
- o One to one support (following safety guidelines)
- o Groups in the park (Following safety guidelines)
- o Counselling and Talking Therapies
- o Life after Caring
- o Training
- o Well Being and Mental Health workshops
- o Zoom activities
- o Blogs and videos
- o Telephone and online support
- o Employment and volunteer workshops.
- o Volunteering opportunities

#### **Household Support Fund (BwD Council funding)**

- o Market Vouchers = 50 carers
- o Keeping Warm Packs (Duvets and Pillows) = 100 carers
- o Essential Food packs and Tins = 613 carers
- o Gas and Electric Budgets = 61 to date

#### **Vodafone Sim Card Project:**

- o Sim Cards = 21 carers to date

#### **Carers Trust Shopping Vouchers Funding:**

- o Asda Food Voucher = 18 Carers

#### **Fare Share Food Scheme**

A big thank you to Dan Fisher from Tienda Digital, An Anonymous Donor and The Household Support Scheme for funding this Project.

The Scheme ran from 4/8/21 - 30/3/22

614 food packages were collected by carers over 32 weeks.

Check out Fare Share videos on Youtube

#### **Mental Health and Well Being Adviser**

This new role of the adviser:

- o Provided support, information and guidance to Carers who look after someone with a mental health condition or are experiencing mental ill health themselves
- o Provided 'Drop in to check in' carers support offering access to wellbeing opportunities to create coping mechanisms and strategies.

## **BLACKBURN WITH DARWEN CARERS SERVICE LTD**

### **REPORT OF THE TRUSTEES** **FOR THE YEAR ENDED 31ST MARCH 2022**

The project provided resources to support the carer:

- o Journals
- o Well- being activities including massage therapies and talking therapies.
- o Respite opportunities
- o Mental Health and Wellbeing workshops.

Young Adult Carers are aged between 16 to 25 years and who are caring for family, friends, siblings or their children, often without support which can lead to them being isolated from their peers, which can in turn lead to them suffering their own ill health or breakdown

Blackburn with Darwen Carers Service provide a wide range of support:

- o 1-1 Support
- o Advice on how to help the person they care for
- o Group Support
- o Trips & Activities
- o Benefit advice
- o Counselling
- o Mindfulness,
- o and much more

We have a specific project which offers support for people who are concerned about someone else's substance misuse. Whether it's a family member or friend, drugs or alcohol, we are on hand to give information, advice and support. The service is non-judgemental and aims to make families living with the impact of substance misuse fully informed and aware of issues such as enabling and how families can play a part in a person's recovery.

We have:

- o 1-1 support
- o Support group
- o Drop-in sessions with the local substance misuse service
- o Information about drugs and their effects
- o Advice about substance misuse services and recovery supports
- o Darwen drop in at Café Hub

Plus the usual offer from the carers service - counselling, benefits support, trips, activities etc.

Our new Drug and Alcohol Advisor, Georgina Russell, started with us in January 2022. Georgina is developing a package of support with the local substance misuse services and is keen to build up referrals to this part of the service.

#### **FINANCIAL REVIEW**

##### **Financial position**

The financial statements are as presented on pages 9 to 21 inclusive

##### **Principal funding sources**

The principal funders of the charitable company are Blackburn with Darwen Borough Council.

##### **Investment policy and objectives**

The Trustees regularly review the level of funds held and whether there is any need to invest amounts which may attract a better return. In the current climate there are no attractive interest rates but monies held in bank accounts are split between different banks in order to help protect against loss of funds if a bank were to go into liquidation. Most funds are required in the short to medium term and as such it is not appropriate to commit cash to long-term investments.

## **BLACKBURN WITH DARWEN CARERS SERVICE LTD**

### **REPORT OF THE TRUSTEES** **FOR THE YEAR ENDED 31ST MARCH 2022**

#### **FINANCIAL REVIEW**

##### **Reserves policy**

The Service has previously maintained reserves at a level that will enable the organisation to operate at reasonable levels to meet operating expenditure for a period of six months, based on total expenditure of the year. This target level equates to £195,000 compared with the actual free funds of £179,101 held at the year end.

The Service aims to maintain a contingency fund in the event of a catastrophic reduction of income which will allow the Trustees and management time to determine the most appropriate way forward for the service, and provide funds, available at the discretion of the Trustees, to support service delivery proposals.

##### **Treasurer's Report**

Over the last twelve months the Service has continued to be affected by the Covid epidemic and remains challenged by reductions in income. In the current financial year overall income reduced by 12% compared to the previous year. To compensate for this our staff have worked extremely hard to contain costs and have been successful in reducing overall expenditure by 7%. As a consequence of these actions the overall deficit for the year is £5,416.

The Covid epidemic has made it difficult to put effective plans for the future in place over the last two years. In order to maintain acceptable service levels the Service is budgeting for a deficit over the forthcoming year which will be financed from reserves over the next twelve months although it may be possible to raise additional funds which will reduce this deficit. As the pandemic now hopefully subsides the Trustees and management will be focusing on future strategy options which will include how the Service can move into a financially sustainable model.

The level of reserves does provide financial stability of the Service in the short to medium term which enables the Trustees to balance the requirement to provide service levels within the context of uncertain future income streams and reserve utilisation. As a consequence the Trustees and management remain confident that service levels will be maintained over the next twelve months.

#### **FUTURE PLANS**

The charity plan to continue the activities referred to above and described in more detail in the Annual Review attached.

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

##### **Charity constitution**

The company is registered as a charitable company limited by guarantee and was set up by a Memorandum of Association on 19th July 2006 and is a registered charity number 1120110.

##### **Recruitment and appointment of new trustees**

The management of the charitable company is the responsibility of the Trustees who are elected and co-opted under the terms of the Memorandum and Articles of Association dated 19 July 2006.

#### **POLICIES ADOPTED FOR THE INDUCTION AND TRAINING OF TRUSTEES**

Policies are in place to induct and train new Trustees and comply with the Memorandum and Articles of Association.

##### **All Trustees:**

Have a full induction

Take part in Governance Training

Are allocated a subcommittee role

Are given a Carers Service Trustee Handbook

Are given A hard copy of Good Governance handbook (NCVO)

Complete a Trustee Appraisal

**BLACKBURN WITH DARWEN CARERS SERVICE LTD**

**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31ST MARCH 2022**

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Organisational structure**

The charitable company is managed by a full committee of the Trustees. Meetings are held regularly to effectively control the running of the organisation.

Trustee Board meets quarterly

Subcommittees meet quarterly

Trustee roles - Chair, Vice Chair, Treasurer and Secretary.

A Scheme of Delegation is in place to ensure decisions are authorised at the correct level of responsibility

**Risk management**

The Trustees have assessed the major risks to which the charitable company is exposed, in particular those related to the operations and finances of the charitable company, and are satisfied that systems and procedures are in place to mitigate our exposure to the major risks.

" Risks are standing agenda item and are reviewed and addressed at Trustee Board Meetings

" Covid - The Service has the appropriate risk assessments in place in line with Government guidelines

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Company number**

05881757 (England and Wales)

**Registered Charity number**

1120110

**Registered office**

Blackburn with Darwen Carers Services  
Kingsway  
Greenhurst Place  
Blackburn  
BB2 1NA

**Trustees**

Mrs HN Goodall

D Radley (resigned 9.6.2021)

J Hadleigh

G Brindley

A Pickup

M Kirker

C Higham (appointed 30.11.2021)

R Mayat (appointed 28.2.2022)

**Company Secretary**

Ms S Morris

**Independent Examiner**

Peter Buck

FCA DChA

Champion TLL Ltd

Chartered Accountants

7-9 Station Road

Hesketh Bank

Preston

Lancashire

PR4 6SN

**Bankers**

Barclays Bank

**BLACKBURN WITH DARWEN CARERS SERVICE LTD**

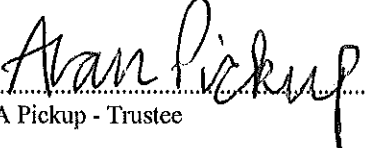
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31ST MARCH 2022**

**REFERENCE AND ADMINISTRATIVE DETAILS**  
**KEY MANAGEMENT PERSONNEL**

During the year the Trustees delegated responsibility for the day-to-day management of the charity to the following senior employees:

Sam Morris - Chief Executive Officer  
Clare Hobley - Head of Services

Approved by order of the board of trustees on .....21.07.2022..... and signed on its behalf by:

  
.....  
A Pickup - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF  
BLACKBURN WITH DARWEN CARERS SERVICE LTD**

**Independent examiner's report to the trustees of Blackburn with Darwen Carers Service Ltd ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31st March 2022.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of FCA DChA which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Peter Buck  
FCA DChA  
Champion TLL Ltd  
Chartered Accountants  
7-9 Station Road  
Hesketh Bank  
Preston  
Lancashire  
PR4 6SN

Date: ..... 27.07.2022 .....

**BLACKBURN WITH DARWEN CARERS SERVICE LTD**

**STATEMENT OF FINANCIAL ACTIVITIES**  
**FOR THE YEAR ENDED 31ST MARCH 2022**

	Notes	Unrestricted funds £	Restricted fund £	2022 Total funds £	2021 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies	2	38,468	84,062	122,530	156,402
<b>Charitable activities</b>					
Direct charitable activities	4	235,083	-	235,083	248,492
Other trading activities	3	4,430	-	4,430	1,914
<b>Total</b>		<u>277,981</u>	<u>84,062</u>	<u>362,043</u>	<u>406,808</u>
<b>EXPENDITURE ON</b>					
Raising funds	5	932	-	932	906
<b>Charitable activities</b>					
Direct charitable activities	6	282,590	83,937	366,527	390,341
<b>Total</b>		<u>283,522</u>	<u>83,937</u>	<u>367,459</u>	<u>391,247</u>
<b>NET INCOME/(EXPENDITURE)</b>		<u>(5,541)</u>	<u>125</u>	<u>(5,416)</u>	<u>15,561</u>
<b>Transfers between funds</b>	16	<u>12,178</u>	<u>(12,178)</u>	<u>-</u>	<u>-</u>
<b>Net movement in funds</b>		<u>6,637</u>	<u>(12,053)</u>	<u>(5,416)</u>	<u>15,561</u>
<b>RECONCILIATION OF FUNDS</b>					
<b>Total funds brought forward</b>		<u>226,507</u>	<u>16,206</u>	<u>242,713</u>	<u>227,152</u>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>233,144</u></u>	<u><u>4,153</u></u>	<u><u>237,297</u></u>	<u><u>242,713</u></u>

The notes form part of these financial statements

**BLACKBURN WITH DARWEN CARERS SERVICE LTD**

**BALANCE SHEET**  
**31ST MARCH 2022**

	Notes	Unrestricted funds £	Restricted fund £	2022 Total funds £	2021 Total funds £
<b>FIXED ASSETS</b>					
Tangible assets	13	4,729	-	4,729	4,771
<b>CURRENT ASSETS</b>					
Debtors	14	2,107	-	2,107	1,086
Cash at bank and in hand		256,178	4,153	260,331	240,751
		<u>258,285</u>	<u>4,153</u>	<u>262,438</u>	<u>241,837</u>
<b>CREDITORS</b>					
Amounts falling due within one year	15	(29,870)	-	(29,870)	(3,895)
<b>NET CURRENT ASSETS</b>		<u>228,415</u>	<u>4,153</u>	<u>232,568</u>	<u>237,942</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>233,144</u>	<u>4,153</u>	<u>237,297</u>	<u>242,713</u>
<b>NET ASSETS</b>		<u>233,144</u>	<u>4,153</u>	<u>237,297</u>	<u>242,713</u>
<b>FUNDS</b>	16				
Unrestricted funds:					
General fund				179,101	176,507
Designated Fund				54,043	50,000
				<u>233,144</u>	<u>226,507</u>
Restricted funds:					
Restricted				4,153	16,206
<b>TOTAL FUNDS</b>				<u>237,297</u>	<u>242,713</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st March 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st March 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

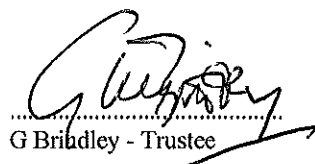
**BLACKBURN WITH DARWEN CARERS SERVICE LTD**

**BALANCE SHEET - continued**  
**31ST MARCH 2022**

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 21-07-22 and were signed on its behalf by:

  
A Pickup - Trustee

  
G Bridley - Trustee

## BLACKBURN WITH DARWEN CARERS SERVICE LTD

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2022

#### 1. ACCOUNTING POLICIES

##### **Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

##### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

##### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

##### **Allocation and apportionment of costs**

Costs not directly associated with a given charitable activity or fundraising activity should be allocated to these activities on an appropriate basis. Support costs relating to fundraising are absorbed during the year as part of the management account process and as such a fair allocation has already been made to this activity. The remaining support costs are all allocated to the one direct charitable activity.

##### **Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Equipment and IT - 25% on cost

##### **Taxation**

The charity is exempt from corporation tax on its charitable activities.

##### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

##### **Pension costs and other post-retirement benefits**

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

##### **Company status**

The charitable company is a company limited by guarantee. The members of the company are the Trustees named on page 1. In the event of the charitable company being wound up, the liability in respect of the guarantee is limited to £1 per member of the charitable company.

**BLACKBURN WITH DARWEN CARERS SERVICE LTD**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31ST MARCH 2022**

**2. DONATIONS AND LEGACIES**

	2022	2021
	£	£
Donations	14,533	2,972
Grants	107,997	153,430
	<u>122,530</u>	<u>156,402</u>

Grants received, included in the above, are as follows:

	2022	2021
	£	£
Big Lottery Fund	58,573	92,269
Eric Wright Trust	27,500	-
Awards For All	-	10,000
Carers Trust	6,228	18,289
Community Foundation for Lancashire	-	5,000
The Rank Foundation	-	22,872
Triangle Trust	-	5,000
Our Community Our Future	2,000	-
Household Support Funding	10,696	-
Care Network	3,000	-
	<u>107,997</u>	<u>153,430</u>

**3. OTHER TRADING ACTIVITIES**

	2022	2021
	£	£
Fundraising events	4,430	1,914

**4. INCOME FROM CHARITABLE ACTIVITIES**

	2022	2021
	£	£
Sundry income	7,830	5,117
Room hire and support services	2,783	3,250
Contract income	224,470	240,125
	<u>235,083</u>	<u>248,492</u>

Grants received, included in the above, are as follows:

	2022	2021
	£	£
BWD Borough Council	224,470	214,999
Families, Health and Wellbeing Consortium	-	900
Shelter	-	24,226
	<u>224,470</u>	<u>240,125</u>

**BLACKBURN WITH DARWEN CARERS SERVICE LTD**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31ST MARCH 2022**

**5. RAISING FUNDS**

**Raising donations and legacies**

	2022	2021
	£	£
Fundraising costs	932	906

**6. CHARITABLE ACTIVITIES COSTS**

	Direct Costs £	Grant funding of activities (see note 7) £	Support costs (see note 8) £	Totals £
Direct charitable activities	351,177	12,162	3,188	366,527

**7. GRANTS PAYABLE**

	2022	2021
	£	£
Direct charitable activities	12,162	8,583

**8. SUPPORT COSTS**

	Governance costs £
Direct charitable activities	3,188

**9. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

	2022	2021
	£	£
Depreciation - owned assets	2,701	2,824

**10. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31st March 2022 nor for the year ended 31st March 2021.

**Trustees' expenses**

Trustees' expenses paid during the year totalled £Nil (2021: £nil).

**BLACKBURN WITH DARWEN CARERS SERVICE LTD**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31ST MARCH 2022**

**11. STAFF COSTS**

None of the employees have employee benefits in excess of £60,000.

The average number of staff employed during the period was 7 (2021: 8).

The key management personnel of the charity comprise the Chief Executive Officer and the Head of Services .  
The total employee benefits of the key management personnel of the charity during the year were £68,504 (2021: £60,549).

**12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted funds £	Restricted fund £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	3,471	152,931	156,402
<b>Charitable activities</b>			
Direct charitable activities	248,492	-	248,492
Other trading activities	1,749	165	1,914
<b>Total</b>	<b>253,712</b>	<b>153,096</b>	<b>406,808</b>
<b>EXPENDITURE ON</b>			
Raising funds	906	-	906
<b>Charitable activities</b>			
Direct charitable activities	246,784	143,557	390,341
<b>Total</b>	<b>247,690</b>	<b>143,557</b>	<b>391,247</b>
<b>NET INCOME</b>	<b>6,022</b>	<b>9,539</b>	<b>15,561</b>
Transfers between funds	22,778	(22,778)	-
Net movement in funds	28,800	(13,239)	15,561
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	197,707	29,445	227,152
<b>TOTAL FUNDS CARRIED FORWARD</b>	<b>226,507</b>	<b>16,206</b>	<b>242,713</b>

**BLACKBURN WITH DARWEN CARERS SERVICE LTD**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31ST MARCH 2022**

**13. TANGIBLE FIXED ASSETS**

	Equipment and IT £
<b>COST</b>	
At 1st April 2021	54,658
Additions	2,659
	<hr/>
At 31st March 2022	57,317
	<hr/>
<b>DEPRECIATION</b>	
At 1st April 2021	49,887
Charge for year	2,701
	<hr/>
At 31st March 2022	52,588
	<hr/>
<b>NET BOOK VALUE</b>	
At 31st March 2022	4,729
	<hr/>
At 31st March 2021	4,771
	<hr/>

**14. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2022 £	2021 £
Trade debtors	475	246
Prepayments and accrued income	1,632	840
	<hr/>	<hr/>
	2,107	1,086
	<hr/>	<hr/>

**15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2022 £	2021 £
Trade creditors	573	450
Other creditors	32	35
Accruals and deferred income	20,000	-
Accrued expenses	9,265	3,410
	<hr/>	<hr/>
	29,870	3,895
	<hr/>	<hr/>

**16. MOVEMENT IN FUNDS**

	At 1.4.21 £	Net movement in funds £	Transfers between funds £	At 31.3.22 £
<b>Unrestricted funds</b>				
General fund	176,507	(4,562)	7,156	179,101
Designated Fund	50,000	(979)	5,022	54,043
	<hr/>	<hr/>	<hr/>	<hr/>
	226,507	(5,541)	12,178	233,144
<b>Restricted funds</b>				
Restricted	16,206	125	(12,178)	4,153
	<hr/>	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	242,713	(5,416)	-	237,297
	<hr/>	<hr/>	<hr/>	<hr/>

**BLACKBURN WITH DARWEN CARERS SERVICE LTD**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31ST MARCH 2022**

**16. MOVEMENT IN FUNDS - continued**

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	247,038	(251,600)	(4,562)
Designated Fund	30,943	(31,922)	(979)
	<u>277,981</u>	<u>(283,522)</u>	<u>(5,541)</u>
<b>Restricted funds</b>			
Restricted	84,062	(83,937)	125
	<u>84,062</u>	<u>(83,937)</u>	<u>125</u>
<b>TOTAL FUNDS</b>	<u><u>362,043</u></u>	<u><u>(367,459)</u></u>	<u><u>(5,416)</u></u>

**Comparatives for movement in funds**

	At 1.4.20 £	Net movement in funds £	Transfers between funds £	At 31.3.21 £
<b>Unrestricted funds</b>				
General fund	147,083	2,487	26,937	176,507
Designated Fund	50,624	3,535	(4,159)	50,000
	<u>197,707</u>	<u>6,022</u>	<u>22,778</u>	<u>226,507</u>
<b>Restricted funds</b>				
Restricted	29,445	9,539	(22,778)	16,206
	<u>29,445</u>	<u>9,539</u>	<u>(22,778)</u>	<u>16,206</u>
<b>TOTAL FUNDS</b>	<u><u>227,152</u></u>	<u><u>15,561</u></u>	<u><u>-</u></u>	<u><u>242,713</u></u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	229,485	(226,998)	2,487
Designated Fund	24,227	(20,692)	3,535
	<u>253,712</u>	<u>(247,690)</u>	<u>6,022</u>
<b>Restricted funds</b>			
Restricted	153,096	(143,557)	9,539
	<u>153,096</u>	<u>(143,557)</u>	<u>9,539</u>
<b>TOTAL FUNDS</b>	<u><u>406,808</u></u>	<u><u>(391,247)</u></u>	<u><u>15,561</u></u>

**BLACKBURN WITH DARWEN CARERS SERVICE LTD**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31ST MARCH 2022**

**16. MOVEMENT IN FUNDS - continued**

A current year 12 months and prior year 12 months combined position is as follows:

	At 1,4.20 £	Net movement in funds £	Transfers between funds £	At 31.3.22 £
<b>Unrestricted funds</b>				
General fund	147,083	(2,075)	34,093	179,101
Designated Fund	50,624	2,556	863	54,043
	<u>197,707</u>	<u>481</u>	<u>34,956</u>	<u>233,144</u>
<b>Restricted funds</b>				
Restricted	29,445	9,664	(34,956)	4,153
	<u>227,152</u>	<u>10,145</u>	<u>-</u>	<u>237,297</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	476,523	(478,598)	(2,075)
Designated Fund	55,170	(52,614)	2,556
	<u>531,693</u>	<u>(531,212)</u>	<u>481</u>
<b>Restricted funds</b>			
Restricted	237,158	(227,494)	9,664
	<u>768,851</u>	<u>(758,706)</u>	<u>10,145</u>

**Transfers between funds**

The transfers between fund represents costs incurred in head office and central activities relating to restricted projects which have been recharged by way of a management charge; and a transfer between general and designated funds to update the contingency fund for future restructuring costs.

**17. EMPLOYEE BENEFIT OBLIGATIONS**

The charitable company operates a defined contributions pension scheme through True Potential. The assets of the scheme are held separately from the company in an independently administered fund. The pension cost charge represents contributions payable by the company to the fund and amounted to £11,376 (2021: £11,036).

Monies totalling £3,022 (2021: £1,490) represented two month's contributions and were payable to the fund at the balance sheet date and are included in creditors.

**BLACKBURN WITH DARWEN CARERS SERVICE LTD**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31ST MARCH 2022**

**18. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31st March 2022.

**19. ULTIMATE CONTROLLING PARTY**

The charitable company is controlled by the trustees.

**20. FUNDS**

Restricted funds relate to voluntary donations and grants which are for specific purposes but not fully spent at the year end, and are as follows :Eric Wright Trust £1,289, Covid Champions £218 and Lottery £2,646.

The designated funds relate to monies unspent at the year end received from contracted income/service level agreements which are not classed as restricted voluntary income but can still only be spent on specific projects, and a provision for continuity costs totalling £54,043.

There are also general free funds of £179,101.

REGISTERED COMPANY NUMBER: 05881757 (England and Wales)  
REGISTERED CHARITY NUMBER: 1120110

**REPORT OF THE TRUSTEES AND**  
**UNAUDITED FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31ST MARCH 2022**  
**FOR**  
**BLACKBURN WITH DARWEN CARERS SERVICE LTD**

Champion TLL Ltd  
Chartered Accountants  
7-9 Station Road  
Hesketh Bank  
Preston  
Lancashire  
PR4 6SN

**BLACKBURN WITH DARWEN CARERS SERVICE LTD**

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**FOR THE YEAR ENDED 31ST MARCH 2022**

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## **BLACKBURN WITH DARWEN CARERS SERVICE LTD**

### **REPORT OF THE TRUSTEES** **FOR THE YEAR ENDED 31ST MARCH 2022**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31st March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

#### **OBJECTIVES AND ACTIVITIES**

##### **Objectives and aims**

In setting objectives and planning for activities, the Trustees have given due consideration to general guidance published by the charity commission relating to public benefit.

The objective of the charitable company is to relieve the need of persons who are ill, disabled or who are elderly and have a charitable need, primarily but not exclusively resident or working in Blackburn with Darwen and the surrounding area, by the provision of advice, information and support to those persons, their relatives or carers with the object of improving the conditions of life of the said beneficiaries.

##### **Our Mission**

Blackburn with Darwen Carers Service exists to provide a 'one stop' carers centre that offers support, information and advice to all unpaid carers within Blackburn with Darwen.

We want to raise awareness of the needs of carers, encourage carers to participate and have a voice.

##### **Our Vision**

Our vision is of a community in which carers have a voice and their needs are recognised and respected. That they are empowered to achieve their goals and aspirations in their caring role.

##### **Carers Service Strap Line**

Support for family members caring for someone where there is an illness or disability.

Bringing carers and the carers service together as expert partners to ensure carers needs, wishes and feelings are at the heart of everything we do.

Supporting you so you can help those you care for.

##### **Public benefit**

The Trustees have considered the Charity Commission guidance regarding public benefit and are content that the Charity has met the requirements as described above

##### **Grantmaking**

Small grant programmes organised by the charitable company are managed in accordance with guidance and rules set down by our external partners. They are for activities which conform to the objects of our charity and are distributed to eligible candidates.

##### **Volunteers**

Total of **31** new Volunteers

Total of **119** Volunteers

Total hours - **4209hrs**

This equates to **£46,307** (Based on £11.00 per hour)

**BLACKBURN WITH DARWEN CARERS SERVICE LTD**

**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31ST MARCH 2022**

**ACHIEVEMENT AND PERFORMANCE**

**Charitable activities**

The Charity have achieved the following activities during the year:-

**Activities**

- o Treasure Hunt
- o Writing Club
- o Sewing class
- o Craft class
- o Vegetarian Cooking
- o Knit and Knatter
- o Archery
- o Coffee mornings
- o Essential Oils

**Workshops**

- o Dementia Awareness
- o Therapy through Art
- o Pebble Art

**Well Being**

- o Meditation
- o Reiki
- o Self care
- o Persian Mindfulness
- o 5 ways to Well Being
- o 7 steps to Happiness

**Exercise**

- o Canal walk
- o Cycling
- o Tai Chi
- o Defence Class
- o Yoga
- o Walking group

**Projects**

- o Gardening
- o Well Being Through Nature - Greenhouse
- o Life after caring
- o Bereavement Residential - Planning for tomorrow
- o Aspirations - Business Workshops for Young Adult Carers
- o Inspirations - Young Adult Carers
- o Personal Budgets for carers
- o Connecting carers - Pen Pal Packs
- o Connecting carers - Tablets for carers
- o Covid Community Champions
- o Afternoon Tea - delivered to Carers home
- o Aldi Vouchers for carers

**Community Champion for Covid**

Through the Community Champions scheme councils and voluntary organisations have delivered a wide range of measures to protect those most at risk by building trust, communicating accurate health information and ultimately helping to save lives. This has included developing new networks of trusted local champions where they don't already exist.

## **BLACKBURN WITH DARWEN CARERS SERVICE LTD**

### **REPORT OF THE TRUSTEES** **FOR THE YEAR ENDED 31ST MARCH 2022**

The Community Champions tapped into their local networks and provided advice about COVID-19 and the vaccines. Champions also identified barriers to accessing accurate information and to provide tailored support, such as phone calls for people who are digitally excluded, helplines, and linking to other partner offers including GP surgeries.

The Carers Service was able to build trust, communicate accurate health information, increase vaccination uptake and ultimately help to save lives. The Service was able to empower at-risk groups to protect themselves and their families. Aiming to reduce the impact of the virus on all communities, engaging to tackle the disproportionate impact the pandemic has had on carers and their cared for and to provide accurate information about COVID -19 and the vaccines to everyone.

#### **The Carers Service has:**

- o Encouraged Group Engagement - Groups allow the Service to disseminate information to more people at one time.
- o Strengthened its online presence for sharing information using all social network platforms including Teams and Zoom
- o Increased telephone engagement is stronger using both land lines and mobiles
- o Increased Texting and What App have opened up communications with Young Adult Carers and other Adult Carers
- o Created Activities and Incentives to offer a fun way of engaging carers and their families
- o Consulted through online platforms to gather valuable insights to the needs and wants for carers and their families

The Carers Service has carried out the following projects in response to Covid- 19 in this financial year:

- o Tablets/Mobile phones/wifi support
- o One to one support (following safety guidelines)
- o Groups in the park (Following safety guidelines)
- o Counselling and Talking Therapies
- o Life after Caring
- o Training
- o Well Being and Mental Health workshops
- o Zoom activities
- o Blogs and videos
- o Telephone and online support
- o Employment and volunteer workshops.
- o Volunteering opportunities

#### **Household Support Fund (BwD Council funding)**

- o Market Vouchers = 50 carers
- o Keeping Warm Packs (Duvets and Pillows) = 100 carers
- o Essential Food packs and Tins = 613 carers
- o Gas and Electric Budgets = 61 to date

#### **Vodafone Sim Card Project:**

- o Sim Cards = 21 carers to date

#### **Carers Trust Shopping Vouchers Funding:**

- o Asda Food Voucher = 18 Carers

#### **Fare Share Food Scheme**

A big thank you to Dan Fisher from Tienda Digital, An Anonymous Donor and The Household Support Scheme for funding this Project.

The Scheme ran from 4/8/21 - 30/3/22

614 food packages were collected by carers over 32 weeks.

Check out Fare Share videos on Youtube

#### **Mental Health and Well Being Adviser**

This new role of the adviser:

- o Provided support, information and guidance to Carers who look after someone with a mental health condition or are experiencing mental ill health themselves
- o Provided 'Drop in to check in' carers support offering access to wellbeing opportunities to create coping mechanisms and strategies.

## **BLACKBURN WITH DARWEN CARERS SERVICE LTD**

### **REPORT OF THE TRUSTEES** **FOR THE YEAR ENDED 31ST MARCH 2022**

The project provided resources to support the carer:

- o Journals
- o Well- being activities including massage therapies and talking therapies.
- o Respite opportunities
- o Mental Health and Wellbeing workshops.

Young Adult Carers are aged between 16 to 25 years and who are caring for family, friends, siblings or their children, often without support which can lead to them being isolated from their peers, which can in turn lead to them suffering their own ill health or breakdown

Blackburn with Darwen Carers Service provide a wide range of support:

- o 1-1 Support
- o Advice on how to help the person they care for
- o Group Support
- o Trips & Activities
- o Benefit advice
- o Counselling
- o Mindfulness,
- o and much more

We have a specific project which offers support for people who are concerned about someone else's substance misuse. Whether it's a family member or friend, drugs or alcohol, we are on hand to give information, advice and support. The service is non-judgemental and aims to make families living with the impact of substance misuse fully informed and aware of issues such as enabling and how families can play a part in a person's recovery.

We have:

- o 1-1 support
- o Support group
- o Drop-in sessions with the local substance misuse service
- o Information about drugs and their effects
- o Advice about substance misuse services and recovery supports
- o Darwen drop in at Café Hub

Plus the usual offer from the carers service - counselling, benefits support, trips, activities etc.

Our new Drug and Alcohol Advisor, Georgina Russell, started with us in January 2022. Georgina is developing a package of support with the local substance misuse services and is keen to build up referrals to this part of the service.

#### **FINANCIAL REVIEW**

##### **Financial position**

The financial statements are as presented on pages 9 to 21 inclusive

##### **Principal funding sources**

The principal funders of the charitable company are Blackburn with Darwen Borough Council.

##### **Investment policy and objectives**

The Trustees regularly review the level of funds held and whether there is any need to invest amounts which may attract a better return. In the current climate there are no attractive interest rates but monies held in bank accounts are split between different banks in order to help protect against loss of funds if a bank were to go into liquidation. Most funds are required in the short to medium term and as such it is not appropriate to commit cash to long-term investments.

## **BLACKBURN WITH DARWEN CARERS SERVICE LTD**

### **REPORT OF THE TRUSTEES** **FOR THE YEAR ENDED 31ST MARCH 2022**

#### **FINANCIAL REVIEW**

##### **Reserves policy**

The Service has previously maintained reserves at a level that will enable the organisation to operate at reasonable levels to meet operating expenditure for a period of six months, based on total expenditure of the year. This target level equates to £195,000 compared with the actual free funds of £179,101 held at the year end.

The Service aims to maintain a contingency fund in the event of a catastrophic reduction of income which will allow the Trustees and management time to determine the most appropriate way forward for the service, and provide funds, available at the discretion of the Trustees, to support service delivery proposals.

##### **Treasurer's Report**

Over the last twelve months the Service has continued to be affected by the Covid epidemic and remains challenged by reductions in income. In the current financial year overall income reduced by 12% compared to the previous year. To compensate for this our staff have worked extremely hard to contain costs and have been successful in reducing overall expenditure by 7%. As a consequence of these actions the overall deficit for the year is £5,416.

The Covid epidemic has made it difficult to put effective plans for the future in place over the last two years. In order to maintain acceptable service levels the Service is budgeting for a deficit over the forthcoming year which will be financed from reserves over the next twelve months although it may be possible to raise additional funds which will reduce this deficit. As the pandemic now hopefully subsides the Trustees and management will be focusing on future strategy options which will include how the Service can move into a financially sustainable model.

The level of reserves does provide financial stability of the Service in the short to medium term which enables the Trustees to balance the requirement to provide service levels within the context of uncertain future income streams and reserve utilisation. As a consequence the Trustees and management remain confident that service levels will be maintained over the next twelve months.

#### **FUTURE PLANS**

The charity plan to continue the activities referred to above and described in more detail in the Annual Review attached.

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

##### **Charity constitution**

The company is registered as a charitable company limited by guarantee and was set up by a Memorandum of Association on 19th July 2006 and is a registered charity number 1120110.

##### **Recruitment and appointment of new trustees**

The management of the charitable company is the responsibility of the Trustees who are elected and co-opted under the terms of the Memorandum and Articles of Association dated 19 July 2006.

#### **POLICIES ADOPTED FOR THE INDUCTION AND TRAINING OF TRUSTEES**

Policies are in place to induct and train new Trustees and comply with the Memorandum and Articles of Association.

##### **All Trustees:**

Have a full induction

Take part in Governance Training

Are allocated a subcommittee role

Are given a Carers Service Trustee Handbook

Are given A hard copy of Good Governance handbook (NCVO)

Complete a Trustee Appraisal

**BLACKBURN WITH DARWEN CARERS SERVICE LTD**

**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31ST MARCH 2022**

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Organisational structure**

The charitable company is managed by a full committee of the Trustees. Meetings are held regularly to effectively control the running of the organisation.

Trustee Board meets quarterly

Subcommittees meet quarterly

Trustee roles - Chair, Vice Chair, Treasurer and Secretary.

A Scheme of Delegation is in place to ensure decisions are authorised at the correct level of responsibility

**Risk management**

The Trustees have assessed the major risks to which the charitable company is exposed, in particular those related to the operations and finances of the charitable company, and are satisfied that systems and procedures are in place to mitigate our exposure to the major risks.

" Risks are standing agenda item and are reviewed and addressed at Trustee Board Meetings

" Covid - The Service has the appropriate risk assessments in place in line with Government guidelines

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Company number**

05881757 (England and Wales)

**Registered Charity number**

1120110

**Registered office**

Blackburn with Darwen Carers Services  
Kingsway  
Greenhurst Place  
Blackburn  
BB2 1NA

**Trustees**

Mrs HN Goodall

D Radley (resigned 9.6.2021)

J Hadleigh

G Brindley

A Pickup

M Kirker

C Higham (appointed 30.11.2021)

R Mayat (appointed 28.2.2022)

**Company Secretary**

Ms S Morris

**Independent Examiner**

Peter Buck

FCA DChA

Champion TLL Ltd

Chartered Accountants

7-9 Station Road

Hesketh Bank

Preston

Lancashire

PR4 6SN

**Bankers**

Barclays Bank

**BLACKBURN WITH DARWEN CARERS SERVICE LTD**

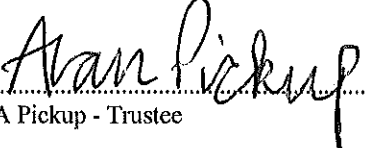
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31ST MARCH 2022**

**REFERENCE AND ADMINISTRATIVE DETAILS**  
**KEY MANAGEMENT PERSONNEL**

During the year the Trustees delegated responsibility for the day-to-day management of the charity to the following senior employees:

Sam Morris - Chief Executive Officer  
Clare Hobley - Head of Services

Approved by order of the board of trustees on .....21.07.2022..... and signed on its behalf by:

  
.....  
A Pickup - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF  
BLACKBURN WITH DARWEN CARERS SERVICE LTD**

**Independent examiner's report to the trustees of Blackburn with Darwen Carers Service Ltd ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31st March 2022.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of FCA DChA which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Peter Buck  
FCA DChA  
Champion TLL Ltd  
Chartered Accountants  
7-9 Station Road  
Hesketh Bank  
Preston  
Lancashire  
PR4 6SN

Date: ..... 27.07.2022 .....

**BLACKBURN WITH DARWEN CARERS SERVICE LTD**

**STATEMENT OF FINANCIAL ACTIVITIES**  
**FOR THE YEAR ENDED 31ST MARCH 2022**

	Notes	Unrestricted funds £	Restricted fund £	2022 Total funds £	2021 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies	2	38,468	84,062	122,530	156,402
<b>Charitable activities</b>					
Direct charitable activities	4	235,083	-	235,083	248,492
Other trading activities	3	4,430	-	4,430	1,914
<b>Total</b>		<u>277,981</u>	<u>84,062</u>	<u>362,043</u>	<u>406,808</u>
<b>EXPENDITURE ON</b>					
Raising funds	5	932	-	932	906
<b>Charitable activities</b>					
Direct charitable activities	6	282,590	83,937	366,527	390,341
<b>Total</b>		<u>283,522</u>	<u>83,937</u>	<u>367,459</u>	<u>391,247</u>
<b>NET INCOME/(EXPENDITURE)</b>		<u>(5,541)</u>	<u>125</u>	<u>(5,416)</u>	<u>15,561</u>
<b>Transfers between funds</b>	16	<u>12,178</u>	<u>(12,178)</u>	<u>-</u>	<u>-</u>
<b>Net movement in funds</b>		<u>6,637</u>	<u>(12,053)</u>	<u>(5,416)</u>	<u>15,561</u>
<b>RECONCILIATION OF FUNDS</b>					
<b>Total funds brought forward</b>		<u>226,507</u>	<u>16,206</u>	<u>242,713</u>	<u>227,152</u>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>233,144</u></u>	<u><u>4,153</u></u>	<u><u>237,297</u></u>	<u><u>242,713</u></u>

The notes form part of these financial statements

**BLACKBURN WITH DARWEN CARERS SERVICE LTD**

**BALANCE SHEET**  
**31ST MARCH 2022**

	Notes	Unrestricted funds £	Restricted fund £	2022 Total funds £	2021 Total funds £
<b>FIXED ASSETS</b>					
Tangible assets	13	4,729	-	4,729	4,771
<b>CURRENT ASSETS</b>					
Debtors	14	2,107	-	2,107	1,086
Cash at bank and in hand		256,178	4,153	260,331	240,751
		<u>258,285</u>	<u>4,153</u>	<u>262,438</u>	<u>241,837</u>
<b>CREDITORS</b>					
Amounts falling due within one year	15	(29,870)	-	(29,870)	(3,895)
<b>NET CURRENT ASSETS</b>		<u>228,415</u>	<u>4,153</u>	<u>232,568</u>	<u>237,942</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>233,144</u>	<u>4,153</u>	<u>237,297</u>	<u>242,713</u>
<b>NET ASSETS</b>		<u>233,144</u>	<u>4,153</u>	<u>237,297</u>	<u>242,713</u>
<b>FUNDS</b>	16				
Unrestricted funds:					
General fund				179,101	176,507
Designated Fund				54,043	50,000
				<u>233,144</u>	<u>226,507</u>
Restricted funds:					
Restricted				4,153	16,206
<b>TOTAL FUNDS</b>				<u>237,297</u>	<u>242,713</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st March 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st March 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements


**BLACKBURN WITH DARWEN CARERS SERVICE LTD**

**BALANCE SHEET - continued**  
**31ST MARCH 2022**

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 21-07-22 and were signed on its behalf by:

  
A Pickup - Trustee

  
G Bridley - Trustee

## BLACKBURN WITH DARWEN CARERS SERVICE LTD

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2022

#### 1. ACCOUNTING POLICIES

##### **Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

##### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

##### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

##### **Allocation and apportionment of costs**

Costs not directly associated with a given charitable activity or fundraising activity should be allocated to these activities on an appropriate basis. Support costs relating to fundraising are absorbed during the year as part of the management account process and as such a fair allocation has already been made to this activity. The remaining support costs are all allocated to the one direct charitable activity.

##### **Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Equipment and IT - 25% on cost

##### **Taxation**

The charity is exempt from corporation tax on its charitable activities.

##### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

##### **Pension costs and other post-retirement benefits**

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

##### **Company status**

The charitable company is a company limited by guarantee. The members of the company are the Trustees named on page 1. In the event of the charitable company being wound up, the liability in respect of the guarantee is limited to £1 per member of the charitable company.

**BLACKBURN WITH DARWEN CARERS SERVICE LTD**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31ST MARCH 2022**

**2. DONATIONS AND LEGACIES**

	2022	2021
	£	£
Donations	14,533	2,972
Grants	107,997	153,430
	<u>122,530</u>	<u>156,402</u>

Grants received, included in the above, are as follows:

	2022	2021
	£	£
Big Lottery Fund	58,573	92,269
Eric Wright Trust	27,500	-
Awards For All	-	10,000
Carers Trust	6,228	18,289
Community Foundation for Lancashire	-	5,000
The Rank Foundation	-	22,872
Triangle Trust	-	5,000
Our Community Our Future	2,000	-
Household Support Funding	10,696	-
Care Network	3,000	-
	<u>107,997</u>	<u>153,430</u>

**3. OTHER TRADING ACTIVITIES**

	2022	2021
	£	£
Fundraising events	4,430	1,914

**4. INCOME FROM CHARITABLE ACTIVITIES**

	2022	2021
	£	£
Sundry income	7,830	5,117
Room hire and support services	2,783	3,250
Contract income	224,470	240,125
	<u>235,083</u>	<u>248,492</u>

Grants received, included in the above, are as follows:

	2022	2021
	£	£
BWD Borough Council	224,470	214,999
Families, Health and Wellbeing Consortium	-	900
Shelter	-	24,226
	<u>224,470</u>	<u>240,125</u>

**BLACKBURN WITH DARWEN CARERS SERVICE LTD**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31ST MARCH 2022**

**5. RAISING FUNDS**

**Raising donations and legacies**

	2022	2021
	£	£
Fundraising costs	932	906

**6. CHARITABLE ACTIVITIES COSTS**

	Direct Costs £	Grant funding of activities (see note 7) £	Support costs (see note 8) £	Totals £
Direct charitable activities	351,177	12,162	3,188	366,527

**7. GRANTS PAYABLE**

	2022	2021
	£	£
Direct charitable activities	12,162	8,583

**8. SUPPORT COSTS**

	Governance costs £
Direct charitable activities	3,188

**9. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

	2022	2021
	£	£
Depreciation - owned assets	2,701	2,824

**10. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31st March 2022 nor for the year ended 31st March 2021.

**Trustees' expenses**

Trustees' expenses paid during the year totalled £Nil (2021: £nil).

**BLACKBURN WITH DARWEN CARERS SERVICE LTD**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31ST MARCH 2022**

**11. STAFF COSTS**

None of the employees have employee benefits in excess of £60,000.

The average number of staff employed during the period was 7 (2021: 8).

The key management personnel of the charity comprise the Chief Executive Officer and the Head of Services .  
The total employee benefits of the key management personnel of the charity during the year were £68,504 (2021: £60,549).

**12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted funds £	Restricted fund £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	3,471	152,931	156,402
<b>Charitable activities</b>			
Direct charitable activities	248,492	-	248,492
Other trading activities	1,749	165	1,914
<b>Total</b>	<b>253,712</b>	<b>153,096</b>	<b>406,808</b>
<b>EXPENDITURE ON</b>			
Raising funds	906	-	906
<b>Charitable activities</b>			
Direct charitable activities	246,784	143,557	390,341
<b>Total</b>	<b>247,690</b>	<b>143,557</b>	<b>391,247</b>
<b>NET INCOME</b>	<b>6,022</b>	<b>9,539</b>	<b>15,561</b>
Transfers between funds	22,778	(22,778)	-
Net movement in funds	28,800	(13,239)	15,561
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	197,707	29,445	227,152
<b>TOTAL FUNDS CARRIED FORWARD</b>	<b>226,507</b>	<b>16,206</b>	<b>242,713</b>

**BLACKBURN WITH DARWEN CARERS SERVICE LTD**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31ST MARCH 2022**

**13. TANGIBLE FIXED ASSETS**

	Equipment and IT £
<b>COST</b>	
At 1st April 2021	54,658
Additions	2,659
	<hr/>
At 31st March 2022	57,317
	<hr/>
<b>DEPRECIATION</b>	
At 1st April 2021	49,887
Charge for year	2,701
	<hr/>
At 31st March 2022	52,588
	<hr/>
<b>NET BOOK VALUE</b>	
At 31st March 2022	4,729
	<hr/>
At 31st March 2021	4,771
	<hr/>

**14. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2022 £	2021 £
Trade debtors	475	246
Prepayments and accrued income	1,632	840
	<hr/>	<hr/>
	2,107	1,086
	<hr/>	<hr/>

**15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2022 £	2021 £
Trade creditors	573	450
Other creditors	32	35
Accruals and deferred income	20,000	-
Accrued expenses	9,265	3,410
	<hr/>	<hr/>
	29,870	3,895
	<hr/>	<hr/>

**16. MOVEMENT IN FUNDS**

	At 1.4.21 £	Net movement in funds £	Transfers between funds £	At 31.3.22 £
<b>Unrestricted funds</b>				
General fund	176,507	(4,562)	7,156	179,101
Designated Fund	50,000	(979)	5,022	54,043
	<hr/>	<hr/>	<hr/>	<hr/>
	226,507	(5,541)	12,178	233,144
<b>Restricted funds</b>				
Restricted	16,206	125	(12,178)	4,153
	<hr/>	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	242,713	(5,416)	-	237,297
	<hr/>	<hr/>	<hr/>	<hr/>

**BLACKBURN WITH DARWEN CARERS SERVICE LTD**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31ST MARCH 2022**

**16. MOVEMENT IN FUNDS - continued**

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	247,038	(251,600)	(4,562)
Designated Fund	30,943	(31,922)	(979)
	<u>277,981</u>	<u>(283,522)</u>	<u>(5,541)</u>
<b>Restricted funds</b>			
Restricted	84,062	(83,937)	125
	<u>84,062</u>	<u>(83,937)</u>	<u>125</u>
<b>TOTAL FUNDS</b>	<u><u>362,043</u></u>	<u><u>(367,459)</u></u>	<u><u>(5,416)</u></u>

**Comparatives for movement in funds**

	At 1.4.20 £	Net movement in funds £	Transfers between funds £	At 31.3.21 £
<b>Unrestricted funds</b>				
General fund	147,083	2,487	26,937	176,507
Designated Fund	50,624	3,535	(4,159)	50,000
	<u>197,707</u>	<u>6,022</u>	<u>22,778</u>	<u>226,507</u>
<b>Restricted funds</b>				
Restricted	29,445	9,539	(22,778)	16,206
	<u>29,445</u>	<u>9,539</u>	<u>(22,778)</u>	<u>16,206</u>
<b>TOTAL FUNDS</b>	<u><u>227,152</u></u>	<u><u>15,561</u></u>	<u><u>-</u></u>	<u><u>242,713</u></u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	229,485	(226,998)	2,487
Designated Fund	24,227	(20,692)	3,535
	<u>253,712</u>	<u>(247,690)</u>	<u>6,022</u>
<b>Restricted funds</b>			
Restricted	153,096	(143,557)	9,539
	<u>153,096</u>	<u>(143,557)</u>	<u>9,539</u>
<b>TOTAL FUNDS</b>	<u><u>406,808</u></u>	<u><u>(391,247)</u></u>	<u><u>15,561</u></u>

**BLACKBURN WITH DARWEN CARERS SERVICE LTD**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31ST MARCH 2022**

**16. MOVEMENT IN FUNDS - continued**

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.20 £	Net movement in funds £	Transfers between funds £	At 31.3.22 £
<b>Unrestricted funds</b>				
General fund	147,083	(2,075)	34,093	179,101
Designated Fund	50,624	2,556	863	54,043
	<u>197,707</u>	<u>481</u>	<u>34,956</u>	<u>233,144</u>
<b>Restricted funds</b>				
Restricted	29,445	9,664	(34,956)	4,153
	<u>227,152</u>	<u>10,145</u>	<u>-</u>	<u>237,297</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	476,523	(478,598)	(2,075)
Designated Fund	55,170	(52,614)	2,556
	<u>531,693</u>	<u>(531,212)</u>	<u>481</u>
<b>Restricted funds</b>			
Restricted	237,158	(227,494)	9,664
	<u>768,851</u>	<u>(758,706)</u>	<u>10,145</u>

**Transfers between funds**

The transfers between fund represents costs incurred in head office and central activities relating to restricted projects which have been recharged by way of a management charge; and a transfer between general and designated funds to update the contingency fund for future restructuring costs.

**17. EMPLOYEE BENEFIT OBLIGATIONS**

The charitable company operates a defined contributions pension scheme through True Potential. The assets of the scheme are held separately from the company in an independently administered fund. The pension cost charge represents contributions payable by the company to the fund and amounted to £11,376 (2021: £11,036).

Monies totalling £3,022 (2021: £1,490) represented two month's contributions and were payable to the fund at the balance sheet date and are included in creditors.

**BLACKBURN WITH DARWEN CARERS SERVICE LTD**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31ST MARCH 2022**

**18. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31st March 2022.

**19. ULTIMATE CONTROLLING PARTY**

The charitable company is controlled by the trustees.

**20. FUNDS**

Restricted funds relate to voluntary donations and grants which are for specific purposes but not fully spent at the year end, and are as follows :Eric Wright Trust £1,289, Covid Champions £218 and Lottery £2,646.

The designated funds relate to monies unspent at the year end received from contracted income/service level agreements which are not classed as restricted voluntary income but can still only be spent on specific projects, and a provision for continuity costs totalling £54,043.

There are also general free funds of £179,101.

**BLACKBURN WITH DARWEN CARERS SERVICE LTD**

England & Wales - Charity number 1120110

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# Accounts

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REGISTERED COMPANY NUMBER: 05881757 (England and Wales)  
REGISTERED CHARITY NUMBER: 1120110

REPORT OF THE TRUSTEES AND  
UNAUDITED FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31ST MARCH 2021  
FOR  
BLACKBURN WITH DARWEN CARERS SERVICE LTD

TLL Accountants Ltd  
Chartered Accountants  
7-9 Station Road  
Hesketh Bank  
Preston  
Lancashire  
PR4 6SN



**BLACKBURN WITH DARWEN CARERS SERVICE LTD**

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**FOR THE YEAR ENDED 31ST MARCH 2021**

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**BLACKBURN WITH DARWEN CARERS SERVICE LTD**

**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31ST MARCH 2021**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31st March 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

**OBJECTIVES AND ACTIVITIES**

**Objectives and aims**

In setting objectives and planning for activities, the Trustees have given due consideration to general guidance published by the charity commission relating to public benefit.

The objective of the charitable company is to relieve the need of persons who are ill, disabled or who are elderly and have a charitable need, primarily but not exclusively resident or working in Blackburn with Darwen and the surrounding area, by the provision of advice, information and support to those persons, their relatives or carers with the object of improving the conditions of life of the said beneficiaries.

**Our Mission**

Blackburn with Darwen Carers Service exists to provide a 'one stop' carers centre that offers support, information and advice to all unpaid carers within Blackburn with Darwen.

We want to raise awareness of the needs of carers, encourage carers to participate and have a voice.

**Our Vision**

Our vision is of a community in which carers have a voice and their needs are recognised and respected. That they are empowered to achieve their goals and aspirations in their caring role.

**Carers Service Strap Line**

Support for family members caring for someone where there is an illness or disability.

Bringing carers and the carers service together as expert partners to ensure carers needs, wishes and feelings are at the heart of everything we do.

Supporting you so you can help those you care for.

**BLACKBURN WITH DARWEN CARERS SERVICE LTD**

**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31ST MARCH 2021**

**OBJECTIVES AND ACTIVITIES**

**Significant activities**

Blackburn with Darwen Carers Service exists to provide a 'one stop shop' approach to offering information, advice and support to all unpaid carers within Blackburn with Darwen. The service aims to raise awareness of the needs of unpaid carers and will support carers to have a voice and improve the quality of services that are available for carers and their dependents.

The Carers Centre is a base for carers to access one to one support and group support. Trained Carers advisers are available to offer information and to sign post to other organisations.

There are regular activities and training opportunities to give carers a break from their caring role.

- An open-door service - for as long as carers need it
- A full activity, trips and events programme
- Craft and social groups
- Working' carers groups - who support the service through their experiences, knowledge and consultation
- Dementia Peer support and information workshops
- Benefits advice/support/home visits (fantastic success record)
- Support for carers to access respite grants - to enable carers to have a break or holiday
- Complimentary therapies, e.g. full massage (subsidised by the Carers Service)
- Professional counselling sessions
- Life after caring workshops - enabling carers to 're-establish' themselves after caring
- Mon - Fri service including Out of hours' service 5-9pm
- Face to Face 1 to 1 and advocacy support with highly experienced and knowledgeable advisers
- Support for carers who support someone with an addiction, Mental ill health, a learning or physical disability, long term and short-term conditions.
- Coordinated in house and specialist support for a holistic family approach
- Supporting carers with their health and well-being
- Carers Discount Cards - local businesses offering discounts for carers
- Emergency Planning for carers
- Lasting Power of Attorney form filling Service

**Public benefit**

The Trustees have considered the Charity Commission guidance regarding public benefit and are content that the Charity has met the requirements as described above

**Grantmaking**

Small grant programmes organised by the charitable company are managed in accordance with guidance and rules set down by our external partners. They are for activities which conform to the objects of our charity and are distributed to eligible candidates.

**BLACKBURN WITH DARWEN CARERS SERVICE LTD**

**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31ST MARCH 2021**

**OBJECTIVES AND ACTIVITIES**

**Volunteers**

Total of 30 new Volunteers in 2020/2021

Total of 99 volunteers

Total hours - 2,965 hrs

This equates to **£32,615** (Based on £11.00 per hour)

"Although the role is new to me, I can honestly say I'm really enjoying our conversations. It is making a difference for me having someone to call regularly as it keeps me in routine. I feel I am able to stay occupied and it's always nice to share conversations with someone other than your family who you see every day".

**Volunteer Case study**

At first, I contacted the Service due to a recommendation for a vacancy I had seen. I applied for the post and hoped for the best whilst also enquiring about any volunteer opportunities. I didn't get the job but put myself forward as a volunteer thought if another position comes up I would have more understanding of the service and hopefully a better chance as it's a great service.

In the past I've worked as a children's social worker and was never quite into the idea of working as an adult social worker due to my limited understanding of the role and what was involved.

Having supported my carer as her befriender I now have a different perspective and feel as though I have been in a social worker role supporting her, it's amazing how well she does for herself with not much family or friends. Although we're both from different ethnicities or cultures we're just the same with similar issues to which we can support one another. Our chats can go on about anything from what we did in our day to putting the world to rights!

I like to praise her when she tells me how she's got on with certain tasks or issues as it helps boost her confidence which has been evident in her voice. It's a great feeling enabling her to see what she has achieved and how far she has come. We've created a great understanding in this short space of time where we can sense how the other is feeling through the sound of their voice, during such times I like to distract her from her troubles and focus on the positives.

It's not only her but we both share our ups and downs which is great! "It's like scratching each other's back".

We feel totally comfortable in each other's company and we're all really the same no matter what background or ethnicity just looking for some support. I believe helping someone is just the same as giving charity like making them smile and feel good about themselves.

To help keep my mind off things I've been keeping myself busy with DIY at home and sewing but really look forward to regular chats with my carer. I am hopeful to soon meet face to face once restrictions are lifted it would be nice to meet for walks etc.

This has opened doors to the career path I'd like to pursue which is pushing me towards Adult Social work and I do feel this could be the role for me.

Thank you for the opportunity to volunteer, it's kept me going through lockdown or it would have been a struggle as I'm currently not working so staying occupied has really helped me keep focused

**BLACKBURN WITH DARWEN CARERS SERVICE LTD**

**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31ST MARCH 2021**

**ACHIEVEMENT AND PERFORMANCE**

**Charitable activities**

**REVIEW OF ACTIVITIES**

***Carers Respite Grants (Individual) - ended Sept' 2019***

Carers Trust allocated funding for May 2020	£1,500	12		
June 2020	£1,500	July 2020	£1,500	149
Supports Groups (attendance)	1,099			
Activities / Trips / Events (remote)	2,781			
Massage Sessions held (remote)	274			
Counselling 380 sessions (remote)	96 carers			

**Total referrals 632: New 450 Re opens 182**

Carers Assessments	688
Male carers	30%
Female carers	70%

***Demographics of new carer referrals***

Blackburn	77%
Darwen	21%
Others	2%

**Activities all held remotely via Zoom and Teams**

- 12 weeks Activity plan
- Live video sessions
- Recorded video sessions
- Support group sessions
- Mandela Art
- Craft sessions
- Mental Health and Wellbeing events
- Coffee mornings
- Quiz nights
- Line Drawing
- Ramadan Recipes
- Musicals
- Creative writing
- Party makeup
- Recycling
- Valentine activities

**Workshops**

- Life After Caring
- Writing
- Confidence
- Self care
- Dealing with bereavement
- Time to talk
- Stress Hypnotherapy
- Men's Health
- Happiness in a nutshell
- Mindfulness
- Shirin Energy Healing
- Staying positive with Dementia
- Saving you money

**Events**

- Carers Week
- AGM
- Carers Rights Day
- Dying Matters
- International Women's Day
- VE Day Celebrations
- Burns Night
- St Patrick's Day
- Mental Health and Well Being

**Exercise**

- Walking
- Zumba
- Dance

**Virtual Trips**

- Chester Zoo
- Great British Garden

**Competitions**

- Short Stories
- Easter Bonnet
- Quizzes
- Photography

**BLACKBURN WITH DARWEN CARERS SERVICE LTD**

**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31ST MARCH 2021**

**Activities Feedback**

When lockdown was announced we had a lot of carers who contacted us showing anxiety and fear and not knowing where they would go for support. As a service we reacted very quickly and set up groups and activities on zoom. This case study shows that through the groups and activities Harry was able to find support, reduce isolation and maintain his mental health.

One of the groups was the Working Carers group, and I had posted information on the group about home schooling as that was a topic being discussed.

Harry reached out:

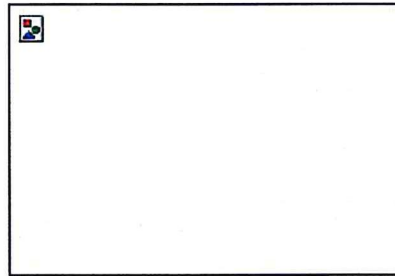
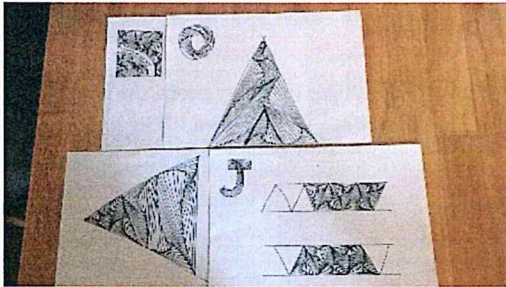
"Hey all have lots of home-schooling material but really struggling with our health at the moment, but suppose you can't do much at moment, will just have to survive"

Well actually we are here to support carers under any circumstances. I picked Harry's message up and rang him to discuss how he felt and what we could do to help him. I also contacted his adviser to check in on him. Harry was at an all-time low and struggling to balance all the new responsibilities he had, his mental health was really bad. Together we put a supportive plan together to help Harry with his mental health and caring role, at that time he said he felt like the "cavalry had arrived". One of the things that helped Harry was separating all the tasks he now had to do because of lockdown and the new routines he had to build. Making time for relaxation and family time and not putting too much pressure on himself. This took away the feeling of isolation and being overwhelmed by everything falling on his shoulders. Harry took part in all the workshops we delivered around self-care and dealing with anxiety and with getting to grips with new techniques he was able to deal with lockdown and his caring responsibilities.

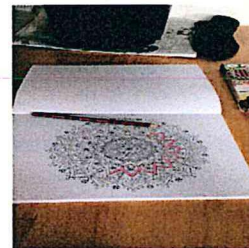
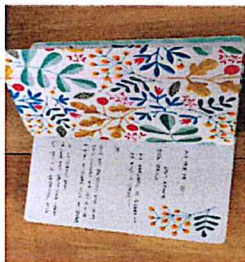
Below, some of the feedback from Harry throughout his journey.

**Self-Care Workshop** "Thank you so much for keeping me in the loop I loved Danielle's workshop, now my hands are well cared for."

**Line Drawing Workshop** "this has really helped me to stay calm I am so proud of some of the drawings I have been able to do, didn't know I had it in me"



"The activity packs just kept me going and going, they had everything I needed to keep my mind active and the exercise bands were used by the whole family, each day we all had a delve in the pack, my children got involved and the misses loved the pamper stuff"



"Had I not received the support of the Carers Service I don't think I would have made it through lockdown, my mental state was so bad at the beginning I wasn't able to care for my family we would have all suffered."

**BLACKBURN WITH DARWEN CARERS SERVICE LTD**

**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31ST MARCH 2021**

**Activities Case Study**

During Lockdown, it was lovely to be remembered, I felt a part of something, I felt someone was keeping me in their thoughts

My caring role has been really difficult and rewarding, I have been a carer for nearly 20 years that's basically since my 50s, first for my mother then for my husband who started with early signs of dementia in 2013.

During this period of time I didn't contact the carers service.

After his diagnosis in 2015, I began to feel very tired and run down and frustrated, really didn't have anyone to turn to. Finally, I contacted the carers service and they put so much in place, I was asked if I needed respite, **no one had ever thought about me before**, I started attending groups and trips and even went away on a short break. This really lifted my spirits and I continued caring, sometimes my husband was very difficult and aggressive and would wonder off, this was very difficult and I couldn't go to the carers center much. The 2hrs a month attending the group was a break. The difficulties continued, life for a period of time was just caring and very lonely. When my husband went into care he was very sick, I visited regularly helping to dress, clean and feed him.

Lockdown has been physically and emotionally draining, for my husband, he didn't know what was going on, no visits then visit in a pod, visits from a window it's been heart-breaking. During Lockdown he contracted Covid and then broke his leg, his hip, had an operation, was in hospital for a long time. **The emotional drain on me has been huge.**

One day after a visit to the hospital I came home to find a parcel, it contained an afternoon tea, you can't imagine how wonderful that felt on that day.

I have been through a rollercoaster during lockdown, if it hadn't been for the carers service I would have been going through this completely on my own, the carers service has been a lifeline. Being able to join people on zoom has been brilliant. You can be a part of something although isolated and at home.

My husband died at the beginning of March, since then I have been trying to deal with the grief and loneliness and then one day someone came to the door and gave me a Pen Pal kit. **It's like an angel pops over every time I need someone.**

The Pen Pal kit has prompted me to write to my friend in Burley who I haven't see for many years, the isolation didn't start during Covid it started when I became a carer, this will help me reconnect, I have made a list of who to write to, the lovely paper will help, I can get lost in my thoughts, writing and drawing the kit is fantastic.

The Carers Service has helped me through this journey, I did find time to give back and volunteer for the service, they made me feel welcome and a part of the community.

**Link to activities and carers videos**

- We are Blackburn with Darwen Carers Service - <https://youtu.be/00IZSzirSq0>
- Feedback from a Carer - <https://youtu.be/buxyhbz764s>
- Service update - <https://youtu.be/YdXsc48oQD8>
- Young Adult Carers during quarantine - <https://youtu.be/tUMs6kRj4WY>

**BLACKBURN WITH DARWEN CARERS SERVICE LTD**

**REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31ST MARCH 2021**

- Alison during Volunteers Week - <https://youtu.be/7MEeNsfWUlc>
- Kevin during Volunteers Week- <https://youtu.be/zdYfg3C8gSk>
- Delroy during Volunteers - <https://youtu.be/OPPhbnaWPJQ>
- Terry volunteer for the Carers Service - <https://youtu.be/Zo5gGXdlzbo>
- Janet volunteer for the Carers Service - <https://youtu.be/V4ghikVW4PI>
- Kiran - Volunteer Co-Ordinator - <https://youtu.be/RJApGUv3EOo>
- Clare - Benefits Advisor - <https://youtu.be/EkakRCFTS1g>
- Emma - A carer story - <https://youtu.be/CWJL3fQwPGs>
- Walk a mile in a Carers Shoes - [https://youtu.be/ysNMoX683\\_U](https://youtu.be/ysNMoX683_U)
- Making Medical Masks - [https://youtu.be/OZpT6Rg\\_7eE](https://youtu.be/OZpT6Rg_7eE)
- Clapping for Carers - [https://youtu.be/hChvLkN\\_wSg](https://youtu.be/hChvLkN_wSg)
- Teddy Bears Picnic - <https://youtu.be/gkfsz6Y2AZU>
- Kulsum Walk a Mile in a Carers Shoes - <https://youtu.be/7Q7roaJ5i9w>
- Walking Group - <https://youtu.be/03HWGjIfvCw>
- Young Adult Carers - <https://youtu.be/9-In54UJI7c>
- Damien from Health and Wellbeing Service - <https://youtu.be/zhpqMZPhE9k>
- Michael reading an extract from a carer - <https://youtu.be/PAPLV09dXT0>
- The Carers Service during Covid 19 - <https://youtu.be/67fubvxeVM>
- The Carers Service AGM - <https://youtu.be/vnN9rS-O08A>

**Face book Links**

- Writing Poems during Covid - <https://fb.watch/24TgmjsIN4/>
- Do what makes you happy to keep your mind healthy by a Young Adult Carer - <https://fb.watch/24TIIAzAgI/>
- Carer during lockdown and getting involved with the Carers Service - <https://fb.watch/24TsVXqALM/>
- Eddie maintaining his mental health - [https://fb.watch/24Tyj\\_N1QN/](https://fb.watch/24Tyj_N1QN/)
- Karen delivering a session on self-care - <https://www.facebook.com/100000334572132/videos/3055279891159800/>
- Blue Slate Farm - <https://fb.watch/24TXvB2nRK/>
- Carers Service update in Urdu - <https://fb.watch/24U6-0IK2s/>
- Update on the Carers Service in English - <https://fb.watch/24U907OYHs/>
- Easter at home - [https://fb.watch/24Ufh\\_qGVc/](https://fb.watch/24Ufh_qGVc/)
- Guest of honor attending the coffee morning - <https://fb.watch/24UjjJ69we/>

**carerservice**  
KINGSWAY  
Greenhurst Place  
Blackburn BB2 1NA  
Tel: 01254 688440  
www.budcarers.org.uk  
Email: office@budcarers.org.uk

Supporting you so you can help those you care for

**Carers Week**  
Monday 8<sup>th</sup> to Sunday 14<sup>th</sup>  
JUNE 2020  
Join us online to celebrate Carers

<p><b>Monday 8<sup>th</sup> June</b></p> <ul style="list-style-type: none"> <li>• There will be short stories that take you through a carers journey</li> <li>• Therapy for carers</li> </ul>	<p><b>Wednesday 10<sup>th</sup> June</b></p> <ul style="list-style-type: none"> <li>• Carers Service AGM</li> <li>• Carers lockdown Gallery</li> <li>• Therapy for tired carers</li> </ul>
<p><b>Tuesday 9<sup>th</sup> June</b></p> <ul style="list-style-type: none"> <li>• Mental Health Awareness day</li> <li>• Blue Slate Farm</li> <li>• How to tune into your positive energy</li> <li>• Mental health group with Mindslatter</li> <li>• 7 steps to Happiness</li> </ul>	<p><b>Thursday 11<sup>th</sup> June</b></p> <ul style="list-style-type: none"> <li>• Walk a mile in carers shoes</li> <li>• Clapping for Carers</li> </ul>
<p><b>Friday 12<sup>th</sup> June</b></p> <ul style="list-style-type: none"> <li>• Teddy Bears Picnic</li> </ul>	

PLEASE CHECK OUR WEBSITE AND FACEBOOK PAGE FOR DETAILS

**Carers Week 8<sup>th</sup> – 12<sup>th</sup> June 2020**

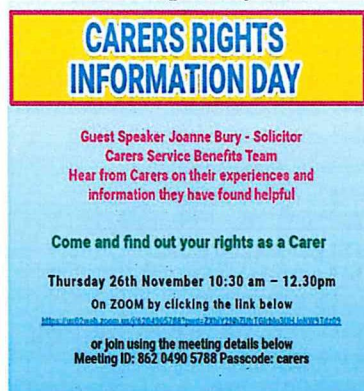
**Annual General Meeting 12<sup>th</sup> June 2019**

Time			
10:00	Log on to Zoom Carers Service Photos COVID update		
10:15	Welcome	Alan Pickup	Chair of Trustees
10:20	Annual Accounts Page 15/16	Graham Brindley	Treasurer
10:30	AGM minutes 2019	Sam Morris	CEO
	Election of Officers		
	Annual Report Service updates		
11:00	Walking for Carers Photos	Richard Flather	
<b>Carers and Volunteers</b>			
11:20		Emma Hesketh	Carer
11:25		Heather Burns	Carer
11:30		Alicia McEvoy	Young Adult Carer
11:35		Terry Leslie	Young Adult Carer
11:40	Video Clip	Michael Strahan	On behalf of a carer
11:50	Vote of Thanks	Clare Hobley	Head of Advisers
	Clap for Carers		

**BLACKBURN WITH DARWEN CARERS SERVICE LTD**

**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31ST MARCH 2021**

**Carers Rights Day 2018**



**Feedback:**

*My first time on zoom, thank you Isma and Kulsum, really felt the information was useful.  
Very useful, I have applied for LPA.  
Good Speaker.  
More information events please. This was very good.*

**Benefits and Employment Worker**

Centre and Library appointments	530
Successful applications	90
Value of successful applications	£411,691

**Benefit Support Feedback**

Carer cares for her brother-in-law who suffers from multiple mental health needs. He recently had a telephone assessment to review his current entitlement to Personal Independence Payment. He was in receipt of the standard rates for his daily living and mobility needs but following on from the telephone assessment his PIP award was stopped. Carer wanted my advice and support on what to do next. I completed a mandatory reconsideration form giving details of how his mental health impacts on his daily living and mobility needs. I advised the carer about what evidence she would need to send with the completed MR form. She followed my advice and as a result the DWP reinstated his PIP and granted him the enhanced rate for his daily living needs and the standard rate for his mobility needs. His award was backdated to when it was stopped. With my help not only was his award reinstated and backdated he also received a higher entitlement. His total annual financial gain is £5,863 which includes a financial increase of £1,531.40p from his previous award.

**Achievements**

Covid - 19 has given us our biggest achievements in this year is taking the Carers Service remotely. The Service adapted the way its works to meet the needs of carers through non-face to face opportunities. The Service was 'business as usual' delivering Services by telephone and online platforms

**BLACKBURN WITH DARWEN CARERS SERVICE LTD**

**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31ST MARCH 2021**

**Admin team:**

- Information line
- New referrals
- Reopens
- Database Cleanse
- Well Being checks
- Counselling
- Reports
- Carer Identification letters

**Advisers:**

- Information, advice and support
- One to one session
- Assessments
- Signposting
- Updated leaflets and carers information
- Group support (via Zoom)
- Database Cleanse
- Emotional support - wellbeing checks.
- Carers Emergency Plans
- Carers Discount Card

**Benefit Workers:**

- Information, Advice and support
- Form filling
- Benefit checks
- Appeals

**Volunteer Coordinator**

- Support
- Recruitment
- Training
- Befriending
- Lasting Power of Attorney
- Telephone and online Counselling

**Positives of Remote Working:**

- Increased contact with carers
- Telephone
  - Emails
  - Zoom
  - WhatsApp
  - Door to door contact

Increased IT and Digital presence for both staff and carers

- Social Media hits have increased significantly
- Carers accessing digital platforms

Increased IT and digital skills and knowledge for both staff and carers

Access to funding for projects, activities, treats and PPE

Positive engagement with the team - thinking outside the box

Creative ways of working with the team - weekly staff quiz and goodies box delivered to each staff member

**Challenges:**

Initial working from home

- Children
- Cared for
- Lack of confidential space
- IT issues

Engaging with older carers and those who don't access IT platforms

An increase in challenges with mental health and well being

- COVID -19 worries
- Isolation
- Loneliness

Carers not being identified or acknowledged as a vulnerable group

- Access to key worker benefits in supermarkets/shops
- An increase in requests for carers ID cards

Increase in benefit enquires due to furlough, job losses and self-employment

Concerns regarding replacement care and respite whilst carers are shielding

Funding put on hold or stopped as funders want to fund COVID related activities.

**BLACKBURN WITH DARWEN CARERS SERVICE LTD**

**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31ST MARCH 2021**

**Keeping Carers up to date**

The Service is keeping Carers updated with a monthly E- Newsletters

**Risk assessments in place**

- Business Continuity
- Working from home risk assessments
- Returning to the Office risk assessments

**Successful funding applications**

Increase in Carer referrals

Increase in Activities and support.

Continuation of working with local partners from all sectors

Continuation of Lasting Power of Attorney work

Increase in Social Media presence

Volunteer Academy

Membership of BNI - A leading business networking and referral organization

New Business partnerships

**Young Adult Carers**



This project was funded by Eric Wright Group until March 2021

The project supports Young Adult Carers aged between 16 - 25 to ensure that their opportunities to access education, training, employment and leisure aren't adversely impacted by their caring roles.

**Work Undertaken:**

- Workshops and life skills training
- Peer support and group activities
- Trips specifically for the younger age group

**BLACKBURN WITH DARWEN CARERS SERVICE LTD**

**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31ST MARCH 2021**

**ACHIEVEMENT AND PERFORMANCE**

**Fundraising activities/Income Generation - Fundraiser and Service Development work**

The Service continues to work with Carers Champions and Carers Discount organisation.

All carers are encouraged to register for a carers discount card and have an emergency plan completed

**INCOME**

Blackburn with Darwen Borough Council  
The Rank Foundation  
Triangle Trust  
Ecclesiastical  
Community Foundation for Lancashire and Merseyside  
Big Lottery Fund  
    - Reaching Communities  
    - Awards for All  
Carers Trust  
Eric Wright Group  
Shelter  
Carers Activities  
Student Social Workers  
Gift Aid

Donations	£2,625
Lasting Power of Attorney	£1,062
Fundraising- Walking for carers- 2021 Challenge	£485
Carers Dream Draw	£1,684

**Carer Case study 1**

Carer has recently taken on a caring role and needed support to understand and navigate the health and social care system. Cared for had been living with his mother until she died recently. When he came to live with the carer she had no idea of any difficulties he may have. She started noticing he was struggling with basic day to day living needs and suspects he may have a learning disability. She wanted information on how to get the right support for him and herself so she could meet his needs properly.

I advised her to contact his GP to find out if he ever had a diagnosis. If there is no diagnosis the GP can make the relevant referrals. Statutory assessments from social services namely need's assessment and carers assessment was discussed with the carer. An overview of possible benefits and other financial support for her to access was offered. Also, an explanation of lasting power of attorney and the support available from the service.

The carers was advised on the wellbeing services available to her through the carers service and was signposted to other relevant services both locally and nationally.

She was very appreciative of the information she received and was surprised about how much support was available from the Carers service. She said 'I've really learnt a lot today, thank you very much. You've helped simplify everything and now I understand things a lot better.'

As this case demonstrates the carer has benefited from having a service she can rely on to help her understand what support is available to her and the cared for. Without this support she could have become emotionally overwhelmed which could lead to relationship breakdown for both the carer and cared for. The wider implications of this would be that statutory services would have to meet the needs of the disabled person putting pressure on other services.

**Darwen and Rural Case Study**

Carer lives in one of the most rural parts of Blackburn with Darwen. She was walking her dog one afternoon and fell and was found by a member of the Carers Service Edgworth Memory Café. They were helped back to their home safely. The volunteer asked if they could refer them to the Carers Service to offer support as the lady was caring for a friend with dementia.

## **BLACKBURN WITH DARWEN CARERS SERVICE LTD**

### **REPORT OF THE TRUSTEES** **FOR THE YEAR ENDED 31ST MARCH 2021**

#### **ACHIEVEMENT AND PERFORMANCE**

The carer felt things were a real struggle and now she had broken her arm, things felt impossible.

The carer had presumed that because of the pandemic there was no support for her. The carer was supported and given information that if her friend had a social needs assessment she may be able to get help dressing and washing. The carer was very concerned that she had not been vaccinated for covid-19 and was weary of anyone visiting the house. The Service told the carer she was eligible for the vaccine and she booked an appointment that day. This was a huge weight of her shoulders.

Adult Social Care assessed and were able to put support in place until the carer was more mobile herself. The volunteer from the Services local dementia café also regularly kept in touch to offer emotional support. She also arranged for someone to help her walk the dog.

The carer said, "You contacted me at my lowest, I was worried I couldn't look after myself, the dog and especially my friend. Your support made everything so much manageable whilst I focus on getting myself better."

When restrictions are lifted she plans to join us at our Edgworth café for support.

The support she received during an especially difficult time prevented her from thinking the situation was hopeless. Now with the support she is more positive about the future and being able to carry on with her caring role.

#### **FACTORS RELEVANT TO ACHIEVE OBJECTIVES**

The Service is coming to the end of its 4th year of Big Lottery funding with 1 years remaining  
Additional funding will be sought to continue existing roles and develop new services  
Shelter funding has been continued for a further 1 years until 2021  
Young Carers Funding is due to end this year. Funding is being identified

#### **FINANCIAL REVIEW**

##### **Financial position**

The financial statements are as presented on pages 17 to 27 inclusive.

##### **Principal funding sources**

The principal funders of the charitable company are Blackburn with Darwen Borough Council.

##### **Investment policy and objectives**

The Trustees regularly review the level of funds held and whether there is any need to invest amounts which may attract a better return. In the current climate there are no attractive interest rates but monies held in bank accounts are split between different banks in order to help protect against loss of funds if a bank were to go into liquidation. Most funds are required in the short to medium term and as such it is not appropriate to commit cash to long-term investments.

## **BLACKBURN WITH DARWEN CARERS SERVICE LTD**

### **REPORT OF THE TRUSTEES** **FOR THE YEAR ENDED 31ST MARCH 2021**

#### **FINANCIAL REVIEW**

The financial results for the year ended 31st March 2021 show that the service achieved a surplus of £15,561 for the year. This reflects the continued financially prudent manner in which the service is managed and governed. Despite a reduction of income the organisation has managed to operate at a small surplus. Whilst all funding outcomes for the next twelve months are not yet known it does appear likely that the charity will have another reduction in income level. Efforts are on-going to raise funds wherever possible and one-off opportunities appear from time to time but are difficult to anticipate. The Trustees are constantly balancing the requirement to retain service levels within these financial constraints and utilise reserves where that is deemed appropriate. Trustees and management remain confident that current service levels will be maintained over the next year.

#### **Reserves policy**

The Service has previously maintained reserves at a level that will enable the organisation to operate at reasonable levels to meet operating expenditure for a period of six months, based on total expenditure of the year. This target level equates to £195,000 compared with the actual free funds of £176,507 held at the year end.

To Service aims to maintain a contingency fund in the event of a catastrophic reduction of income which will allow the Trustees and management time to determine the most appropriate way forward for the service, and provide funds, available at the discretion of the Trustees, to support service delivery proposals.

#### **FUTURE PLANS**

##### **Priorities for 2021/2022**

1. Continue to manage the Carers Service offer using Digital platforms due to the Impact of COVID -19
2. Provide a blended approach to returning to the Carers Centre
3. Slowly introduce face to face work with carers, visitors and other professionals
4. Secure continuation funding for existing funding streams
5. Launch new Website June 2021
6. Continue Lasting Power of Attorney Service
7. Generate additional income by fundraising and bid writing
8. Work in partnership with the BwD Borough Council in increasing accessibility and take up of Statutory Carers Assessments and develop Carer Mental Health Support.
9. Develop a new Carers Service Strategy for 2021 - 2024
10. New Projects
11. New Counselling provision
12. New Therapy Room for Carers
13. Sitting Service for Dementia Carers

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

##### **Charity constitution**

The company is registered as a charitable company limited by guarantee and was set up by a Memorandum of Association on 19th July 2006 and is a registered charity number 1120110.

**BLACKBURN WITH DARWEN CARERS SERVICE LTD**

**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31ST MARCH 2021**

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Recruitment and appointment of new trustees**

The management of the charitable company is the responsibility of the Trustees who are elected and co-opted under the terms of the Memorandum and Articles of Association dated 19 July 2006.

**POLICIES ADOPTED FOR THE INDUCTION AND TRAINING OF TRUSTEES**

Policies are in place to induct and train new Trustees and comply with the Memorandum and Articles of Association.

All Trustees:

- Have a full induction
- Take part in Governance Training
- Are allocated a subcommittee role
- Are given a Carers Service Trustee Handbook
- Are given A hard copy of Good Governance handbook (NCVO)
- Complete a Trustee Appraisal

**Organisational structure**

The charitable company is managed by a full committee of the Trustees. Meetings are held regularly to effectively control the running of the organisation.

- Trustee Board meets quarterly
- Subcommittees meet quarterly
- Trustee roles - Chair, Vice Chair, Treasurer and Secretary.
- A Scheme of Delegation is in place to ensure decisions are authorised at the correct level of responsibility

There are 6 Trustees:

- Alan pickup - Chair
- David Radley - Vice Chair
- Graham Brindley - Treasurer
- Hilary Nan Goodall
- James Hadleigh

New

- Marc Kirker January 2021

Resigned

- Rosalind Nuttall June 2020
- Joanne Bury June 2020

Rosalind sadly passed away in this year. The Carers Service would like to say thank you, acknowledge her commitment and support in her role as a Trustee and

**Risk management**

The Trustees have assessed the major risks to which the charitable company is exposed, in particular those related to the operations and finances of the charitable company, and are satisfied that systems and procedures are in place to mitigate our exposure to the major risks.

- Risks are standing agenda item and are reviewed and addressed at Trustee Board Meetings
- Covid - The Service has the appropriate risk assessments in place in line with Government guidelines

**BLACKBURN WITH DARWEN CARERS SERVICE LTD**

**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31ST MARCH 2021**

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Company number:** 05881757 (England and Wales)

**Registered Charity number:** 1120110

**Registered office**

Blackburn with Darwen Carers Services  
Kingsway  
Greenhurst Place  
Blackburn, BB2 1NA

**Trustees**

Mrs HN Goodall  
D Radley  
J Hadleigh  
G Brindley  
Ms R B Kelly Nuttall (resigned  
10.6.2020)  
A Pickup  
J Bury (resigned 10.6.2020)  
M Kirker (appointed 25.1.2021)

**Independent Examiner**

Peter Buck  
FCA DChA  
TLL Accountants Ltd  
Chartered Accountants  
7-9 Station Road  
Hesketh Bank  
Preston  
Lancashire  
PR4 6SN

**Company Secretary**

Ms S Morris

**Bankers**

Barclays Bank

**KEY MANAGEMENT PERSONNEL**

During the year the Trustees delegated responsibility for the day-to-day management of the charity to the following senior employees:

Sam Morris - Chief Executive Officer  
Clare Hobley - Head of Services

**MEMBERS' LIABILITY**

The Trustees of the charitable company guarantee to contribute an amount not exceeding £1 to the assets of the charity in the event of winding up.

**STATEMENT OF TRUSTEES' RESPONSIBILITIES**

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the board of trustees on 9/6/21 and signed on its behalf by:

  
.....  
A Pickup - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF  
BLACKBURN WITH DARWEN CARERS SERVICE LTD**

**Independent examiner's report to the trustees of Blackburn with Darwen Carers Service Ltd ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31st March 2021.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

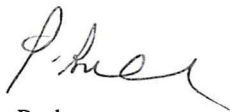
**Independent examiner's statement**

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of FCA DChA which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Peter Buck  
FCA DChA  
TLL Accountants Ltd  
Chartered Accountants  
7-9 Station Road  
Hesketh Bank  
Preston  
Lancashire  
PR4 6SN

Date: ..... 9/6/2021 .....

**BLACKBURN WITH DARWEN CARERS SERVICE LTD**

**STATEMENT OF FINANCIAL ACTIVITIES**  
**FOR THE YEAR ENDED 31ST MARCH 2021**

	Notes	Unrestricted funds £	Restricted fund £	2021 Total funds £	2020 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies	2	3,471	152,931	156,402	131,130
<b>Charitable activities</b>	4				
Direct charitable activities		248,492	-	248,492	313,054
Other trading activities	3	<u>1,749</u>	<u>165</u>	<u>1,914</u>	<u>11,979</u>
<b>Total</b>		253,712	153,096	406,808	456,163
<b>EXPENDITURE ON</b>					
Raising funds	5	906	-	906	3,474
<b>Charitable activities</b>	6				
Direct charitable activities		246,784	143,557	390,341	427,989
<b>Total</b>		<u>247,690</u>	<u>143,557</u>	<u>391,247</u>	<u>431,463</u>
<b>NET INCOME</b>		6,022	9,539	15,561	24,700
<b>Transfers between funds</b>	16	<u>22,778</u>	<u>(22,778)</u>	-	-
<b>Net movement in funds</b>		28,800	(13,239)	15,561	24,700
<b>RECONCILIATION OF FUNDS</b>					
<b>Total funds brought forward</b>		<u>197,707</u>	<u>29,445</u>	<u>227,152</u>	<u>202,452</u>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u>226,507</u>	<u>16,206</u>	<u>242,713</u>	<u>227,152</u>

The notes form part of these financial statements

**BLACKBURN WITH DARWEN CARERS SERVICE LTD**

**BALANCE SHEET**  
**31ST MARCH 2021**

	Notes	Unrestricted funds £	Restricted fund £	2021 Total funds £	2020 Total funds £
<b>FIXED ASSETS</b>					
Tangible assets	13	4,771	-	4,771	4,370
<b>CURRENT ASSETS</b>					
Debtors	14	1,086	-	1,086	4,517
Cash at bank and in hand		<u>224,545</u>	<u>16,206</u>	<u>240,751</u>	<u>227,506</u>
		225,631	16,206	241,837	232,023
<b>CREDITORS</b>					
Amounts falling due within one year	15	(3,895)	-	(3,895)	(9,241)
<b>NET CURRENT ASSETS</b>		<u>221,736</u>	<u>16,206</u>	<u>237,942</u>	<u>222,782</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>226,507</u>	<u>16,206</u>	<u>242,713</u>	<u>227,152</u>
<b>NET ASSETS</b>		<u>226,507</u>	<u>16,206</u>	<u>242,713</u>	<u>227,152</u>
<b>FUNDS</b>	16				
Unrestricted funds:					
General fund				176,507	147,083
Designated Fund				<u>50,000</u>	<u>50,624</u>
				226,507	197,707
Restricted funds:					
Restricted				<u>16,206</u>	<u>29,445</u>
<b>TOTAL FUNDS</b>				<u>242,713</u>	<u>227,152</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st March 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st March 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

**BLACKBURN WITH DARWEN CARERS SERVICE LTD**

**BALANCE SHEET - continued**  
**31ST MARCH 2021**

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on ..... 9/6/21 ..... and were signed on its behalf by:

  
.....  
A Pickup - Trustee

  
.....  
G Brindley - Trustee

The notes form part of these financial statements

**BLACKBURN WITH DARWEN CARERS SERVICE LTD**

**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31ST MARCH 2021**

**1. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

**Allocation and apportionment of costs**

Costs not directly associated with a given charitable activity or fundraising activity should be allocated to these activities on an appropriate basis. Support costs relating to fundraising are absorbed during the year as part of the management account process and as such a fair allocation has already been made to this activity. The remaining support costs are all allocated to the one direct charitable activity.

**Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Equipment and IT - 25% on cost

**Taxation**

The charity is exempt from corporation tax on its charitable activities.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**Pension costs and other post-retirement benefits**

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

**Company status**

The charitable company is a company limited by guarantee. The members of the company are the Trustees named on page 1. In the event of the charitable company being wound up, the liability in respect of the guarantee is limited to £1 per member of the charitable company.

**BLACKBURN WITH DARWEN CARERS SERVICE LTD**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31ST MARCH 2021**

**2. DONATIONS AND LEGACIES**

	2021	2020
	£	£
Donations	2,972	9,633
Grants	<u>153,430</u>	<u>121,497</u>
	<u>156,402</u>	<u>131,130</u>

Grants received, included in the above, are as follows:

	2021	2020
	£	£
Big Lottery Fund	92,269	87,994
Eric Wright Trust	-	17,500
Awards For All	10,000	-
Carers Trust	18,289	16,003
Community Foundation for Lancashire	5,000	-
The Rank Foundation	22,872	-
Triangle Trust	<u>5,000</u>	<u>-</u>
	<u>153,430</u>	<u>121,497</u>

**3. OTHER TRADING ACTIVITIES**

	2021	2020
	£	£
Fundraising events	<u>1,914</u>	<u>11,979</u>

**4. INCOME FROM CHARITABLE ACTIVITIES**

	2021	2020
	£	£
Sundry income	5,117	6,106
Room hire and support services	3,250	4,423
Contract income	<u>240,125</u>	<u>302,525</u>
	<u>248,492</u>	<u>313,054</u>

Grants received, included in the above, are as follows:

	2021	2020
	£	£
BWD Borough Council	214,999	89,583
Families, Health and Wellbeing Consortium	900	176,603
Shelter	<u>24,226</u>	<u>36,339</u>
	<u>240,125</u>	<u>302,525</u>

**BLACKBURN WITH DARWEN CARERS SERVICE LTD**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31ST MARCH 2021**

**5. RAISING FUNDS**

**Raising donations and legacies**

	2021	2020
	£	£
Fundraising costs	<u>906</u>	<u>3,474</u>

**6. CHARITABLE ACTIVITIES COSTS**

	Direct Costs £	Grant funding of activities (see note 7) £	Support costs (see note 8) £	Totals £
Direct charitable activities	<u>379,493</u>	<u>8,583</u>	<u>2,265</u>	<u>390,341</u>

**7. GRANTS PAYABLE**

	2021	2020
	£	£
Direct charitable activities	<u>8,583</u>	<u>15,460</u>

**8. SUPPORT COSTS**

	Governance costs £
Direct charitable activities	<u>2,265</u>

**9. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

	2021	2020
	£	£
Depreciation - owned assets	<u>2,824</u>	<u>3,611</u>

**10. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31st March 2021 nor for the year ended 31st March 2020.

**Trustees' expenses**

Trustees' expenses paid during the year totalled £Nil (2020: £60).

**BLACKBURN WITH DARWEN CARERS SERVICE LTD**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31ST MARCH 2021**

**11. STAFF COSTS**

None of the employees have employee benefits in excess of £60,000.

The average number of staff employed during the period was 8 (2020: 12).

The key management personnel of the charity comprise the Chief Executive Officer; the Head of Projects; and the Head of Advisers. The total employee benefits of the key management personnel of the charity during the year were £60,549 (2020: £72,816).

**12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted funds £	Restricted fund £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	8,416	122,714	131,130
<b>Charitable activities</b>			
Direct charitable activities	313,054	-	313,054
Other trading activities	<u>8,004</u>	<u>3,975</u>	<u>11,979</u>
<b>Total</b>	329,474	126,689	456,163
<b>EXPENDITURE ON</b>			
Raising funds	3,474	-	3,474
<b>Charitable activities</b>			
Direct charitable activities	320,106	107,883	427,989
<b>Total</b>	<u>323,580</u>	<u>107,883</u>	<u>431,463</u>
<b>NET INCOME</b>	5,894	18,806	24,700
<b>Transfers between funds</b>	<u>11,196</u>	<u>(11,196)</u>	<u>-</u>
<b>Net movement in funds</b>	17,090	7,610	24,700
<b>RECONCILIATION OF FUNDS</b>			
<b>Total funds brought forward</b>	<u>180,617</u>	<u>21,835</u>	<u>202,452</u>
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>197,707</u>	<u>29,445</u>	<u>227,152</u>

**BLACKBURN WITH DARWEN CARERS SERVICE LTD**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31ST MARCH 2021**

<b>13. TANGIBLE FIXED ASSETS</b>				
				Equipment and IT £
<b>COST</b>				
At 1st April 2020				51,433
Additions				<u>3,225</u>
At 31st March 2021				<u>54,658</u>
<b>DEPRECIATION</b>				
At 1st April 2020				47,063
Charge for year				<u>2,824</u>
At 31st March 2021				<u>49,887</u>
<b>NET BOOK VALUE</b>				
At 31st March 2021				<u>4,771</u>
At 31st March 2020				<u>4,370</u>
<b>14. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR</b>				
		2021	2020	
		£	£	
Trade debtors		246	642	
Prepayments and accrued income		<u>840</u>	<u>3,875</u>	
		<u>1,086</u>	<u>4,517</u>	
<b>15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR</b>				
		2021	2020	
		£	£	
Trade creditors		450	4,121	
Other creditors		35	2,880	
Accrued expenses		<u>3,410</u>	<u>2,240</u>	
		<u>3,895</u>	<u>9,241</u>	
<b>16. MOVEMENT IN FUNDS</b>				
	At 1.4.20	Net movement in funds	Transfers between funds	At 31.3.21
	£	£	£	£
<b>Unrestricted funds</b>				
General fund	147,083	2,487	26,937	176,507
Designated Fund	<u>50,624</u>	<u>3,535</u>	<u>(4,159)</u>	<u>50,000</u>
	197,707	6,022	22,778	226,507
<b>Restricted funds</b>				
Restricted	29,445	9,539	(22,778)	16,206
	<u>227,152</u>	<u>15,561</u>	<u>-</u>	<u>242,713</u>

**BLACKBURN WITH DARWEN CARERS SERVICE LTD**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31ST MARCH 2021**

**16. MOVEMENT IN FUNDS - continued**

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	229,485	(226,998)	2,487
Designated Fund	<u>24,227</u>	<u>(20,692)</u>	<u>3,535</u>
	253,712	(247,690)	6,022
<b>Restricted funds</b>			
Restricted	153,096	(143,557)	9,539
	<u>          </u>	<u>          </u>	<u>          </u>
<b>TOTAL FUNDS</b>	<u>406,808</u>	<u>(391,247)</u>	<u>15,561</u>

**Comparatives for movement in funds**

	At 1.4.19 £	Net movement in funds £	Transfers between funds £	At 31.3.20 £
<b>Unrestricted funds</b>				
General fund	123,366	(948)	24,665	147,083
Designated Fund	<u>57,251</u>	<u>6,842</u>	<u>(13,469)</u>	<u>50,624</u>
	180,617	5,894	11,196	197,707
<b>Restricted funds</b>				
Restricted	21,835	18,806	(11,196)	29,445
	<u>          </u>	<u>          </u>	<u>          </u>	<u>          </u>
<b>TOTAL FUNDS</b>	<u>202,452</u>	<u>24,700</u>	<u>-</u>	<u>227,152</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	293,136	(294,084)	(948)
Designated Fund	<u>36,338</u>	<u>(29,496)</u>	<u>6,842</u>
	329,474	(323,580)	5,894
<b>Restricted funds</b>			
Restricted	126,689	(107,883)	18,806
	<u>          </u>	<u>          </u>	<u>          </u>
<b>TOTAL FUNDS</b>	<u>456,163</u>	<u>(431,463)</u>	<u>24,700</u>

**BLACKBURN WITH DARWEN CARERS SERVICE LTD**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31ST MARCH 2021**

**16. MOVEMENT IN FUNDS - continued**

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.19 £	Net movement in funds £	Transfers between funds £	At 31.3.21 £
<b>Unrestricted funds</b>				
General fund	123,366	1,539	51,602	176,507
Designated Fund	<u>57,251</u>	<u>10,377</u>	<u>(17,628)</u>	<u>50,000</u>
	180,617	11,916	33,974	226,507
<b>Restricted funds</b>				
Restricted	<u>21,835</u>	<u>28,345</u>	<u>(33,974)</u>	<u>16,206</u>
<b>TOTAL FUNDS</b>	<u>202,452</u>	<u>40,261</u>	<u>-</u>	<u>242,713</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	522,621	(521,082)	1,539
Designated Fund	<u>60,565</u>	<u>(50,188)</u>	<u>10,377</u>
	583,186	(571,270)	11,916
<b>Restricted funds</b>			
Restricted	<u>279,785</u>	<u>(251,440)</u>	<u>28,345</u>
<b>TOTAL FUNDS</b>	<u>862,971</u>	<u>(822,710)</u>	<u>40,261</u>

**Transfers between funds**

The transfers between fund represents costs incurred in head office and central activities relating to restricted projects which have been recharged by way of a management charge; and a transfer between general and designated funds to update the contingency fund for future restructuring costs.

**17. EMPLOYEE BENEFIT OBLIGATIONS**

The charitable company operates a defined contributions pension scheme through True Potential. The assets of the scheme are held separately from the company in an independently administered fund. The pension cost charge represents contributions payable by the company to the fund and amounted to £11,036 (2020: £11,550).

Monies totalling £1,490 (2020: £2,880) represented one month's contributions (2020: two months), and were payable to the fund at the balance sheet date and are included in creditors.

**BLACKBURN WITH DARWEN CARERS SERVICE LTD**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31ST MARCH 2021**

**18. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31st March 2021.

**19. ULTIMATE CONTROLLING PARTY**

The charitable company is controlled by the trustees.

**20. FUNDS**

Restricted funds relate to voluntary donations and grants which are for specific purposes but not fully spent at the year end, and are as follows : Volunteer Academy £6,114; Awards For All £699; Big Lottery fund £6,915; Quilter - Aspirations £2,478.

The designated funds relate to monies unspent at the year end received from contracted income/service level agreements which are not classed as restricted voluntary income but can still only be spent on specific projects, and a provision for continuity costs totalling £50,000.

There are also general free funds of £176,507.

