CHILDREN'S EARLY INTERVENTION TRUST

England & Wales · Charity number 1120056

Details

Other names	INCREDIBLE YEARS CYMRU
Status	Registered
Legal form	Charitable company
Company number	05907566
Registered	2007-07-12
Register	View on the Charity Commission register

Contact

Address	Children's Early Intervention Trust Nantlle Building Normal Site Bangor university Bangor Gwynedd
Phone	01248383758
Email	natalie.williams@bangor.ac.uk
Website	www.bangor.ac.uk/psychology/cebei

Activities

Objects: THE ADVANCEMENT OF EDUCATION FOR THE PUBLIC BENEFIT IN THE SUBJECT OF EVIDENCE BASED INTERVENTION PROGRAMMES WITHIN FAMILIES, SCHOOLS AND OTHER SOCIAL GROUPS TO PREVENT OR REDUCE VIOLENCE AND TO DEVELOP CHILDREN'S SOCIAL AND EMOTIONAL COMPETENCE; ANDTO PROMOTE PUBLIC BENEFIT RESEARCH INTO EVIDENCE BASED INTERVENTION PROGRAMMES AND TO PUBLISH THE RESULTS THEROF

Activities: 1. to disseminate research evidence on effective strategies and the availability of training in such programmes2. to obtain resources to establish research into effective interventions3. to act as a resource signposting parents, teachers and children to statutory and voluntary organisations that deliver effective services

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Classification

- **How:** Makes Grants To Organisations, Provides Services, Sponsors Or Undertakes Research
- **What:** Education/training
- **Who:** Children/young People

Geography

- **Area of benefit:** WALES
- Throughout Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£52,819	£38,529	-	-
2024-03-31	£73,886	£69,083	-	-
2023-03-31	£63,578	£30,558	-	-
2022-03-31	£42,733	£33,351	-	-
2021-03-31	£53,354	£38,735	-	-

Trustees

Name	Role	Appointed
Dr NIA GRIFFITH		2012-01-29
Dr Peter Anthony Woods		2024-05-08
Nia Alanna MacCallum-Roberts		2022-01-26
Nia Heledd Hall		2015-06-05
PAULINE WILLIAMS		2012-01-29
Professor TRACEY BYWATER		2011-08-16

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CHILDREN'S EARLY INTERVENTION TRUST

England & Wales - Charity number 1120056

Accounts

REGISTERED COMPANY NUMBER: 05907566 (England and Wales)
REGISTERED CHARITY NUMBER: 1120056

REPORT OF THE TRUSTEES AND

UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

FOR

CHILDREN'S EARLY INTERVENTION TRUST

Williams Denton Cyf
Chartered Certified Accountants
Glaslyn
Ffordd y Parc
Parc Menai
Bangor
Gwynedd
LL57 4FE

CHILDREN'S EARLY INTERVENTION TRUST

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FOR THE YEAR ENDED 31 MARCH 2025

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CHILDREN'S EARLY INTERVENTION TRUST

CHAIRMAN'S REPORT
FOR THE YEAR ENDED 31 MARCH 2025

Croeso i'n hadroddiad blynyddol ar gyfer y flwyddyn 2024 i 2025. Dyma fraslun o'r gwaith a waned dan nawdd yr Ymddiriedolaeth. Welcome to our annual review covering the period from April 2024 to March 2025.

Although funding for training activities was somewhat reduced this year, the charity remained committed to its mission of supporting children and families in achieving optimal outcomes. A number of significant projects were successfully delivered during this time.

We held a short, free conference on the implementation of the Parenting for Lifelong Health programme for parents of Young Children (PLH-YC) in Montenegro. Embedding a Parenting Programme in Montenegro Speakers included Professor Judy Hutchings (Bangor University), Ms Ida Ferdinandi, (UNICEF Montenegro Country Office), Dr Margiad Williams (Bangor University), Professor Biljana Maslovaric and Dr Milica Jelic (University of Montenegro).

A major achievement this year was the completion of the large-scale NIHR-funded Stand Together trial, which evaluated the KiVa school-based anti-bullying programme. The trial involved 118 primary schools across the UK and engaged approximately 11,000 children, concluding in September 2024. CEIT and EIWT have supported the KiVa programme since 2012, with CEIT holding the UK license for dissemination and coordinating all related training. The trial demonstrated substantial benefits for the 59 schools that implemented KiVa, compared to 59 control schools that maintained standard anti-bullying practices. Throughout the year, these schools were trained and resourced by CEIT, with ongoing support provided by our accredited trainers, Suzy and Anwen. To prepare for future expansion, Dr Sue Layland has also been trained as a KiVa trainer.

Our co-funded PhD student, Ruth Pearson-Blunt, has returned to her research exploring pupil behaviour in KiVa schools. Having resumed after a period of personal leave, she is now approaching the final stages of her thesis.

Acknowledging our longstanding partnership with Bangor University's School of Psychology, CEIT has agreed to fund Dr Anwen Jones-one of our previously co-sponsored PhD students-as a part-time lecturer for two years beginning April 2025. This role aims to integrate CEIT's interests more directly into the teaching curriculum.

In 2023, CEIT was awarded a grant by Flintshire Council to advance the online parenting programme CoPING (COnfident Parent INternet Guide), originally developed by former CEIT co-funded PhD student Dr Dawn Owen. This work remains in progress, partially funding Dr Anwen Jones's time, and is expected to be completed in the 2025/26 financial year

Although our co-funded MRES student, Jen Lunt, withdrew for personal reasons, the delivery of the Parenting for Lifelong Health programme for parents of young children in Meirionnydd was successfully completed. The work is currently being written up for publication by Judy, and we anticipate offering training in this programme through CEIT/EIWT in the near future.

Hefin Francis

Chairman

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The Children's Early Intervention Trust (CEIT) was set up in 2007. The charities objects are:

- the advancement of education for the public benefit in the subject of evidence-based intervention programmes within families, schools, and other social groups to prevent or reduce violence and to develop children's social and emotional competence; and
- to promote public benefit research into evidence-based intervention programme and to publish the results thereof.

The aims of the company are the advancement of education for families, schools and other social groups in evidence-based intervention programmes that prevent or reduce violence and develop children's social and emotional competence.

In furtherance of these objects during the period, the charity has:

- funded the development and evaluation of interventions to promote children's well- being,
- funded postgraduate and early career researchers,
- upskilled practice and service staff via Early Intervention Wales Training Ltd.,
- disseminated information to professionals and the general public about evidence- based interventions for families, schools and other social groups to prevent and reduce violence and to develop children's social and emotional competence.

OBJECTIVES AND ACTIVITIES

Our Charitable activities

CEIT, through its wholly owned trading subsidiary, Early Intervention Wales Training (EIWT), (company no: 5236117) trains staff to deliver parenting programmes and schools to deliver a curriculum based anti- bullying programme. Training programmes are not priced commercially, and costs are kept low through the donation of some trainer time free of charge, and with hosting organisations covering some costs, such as venue hire. These courses generate a net income for the charity which has accumulated funds to further the charity's objects in future years, principally with the intention of:

a) building a fund to support academic researchers to undertake early years research,
b) funding activities that disseminate evidence-based interventions for children, through conferences, newsletters and the publication of data and research activities.

Aims and activities are reviewed regularly in the context of the charity's objects. Reviews consider the success of each activity and the benefits that have arisen. The reviews enable the charity to ensure that limited resources are allocated efficiently and effectively.
The trustees have paid due regard to guidance issued by the Charity Commission on public benefit in decided what activities the charity should undertake and how successful outcomes should be evaluated.

The key objectives for this year included:
- To continue to fund and support research.
- To complete, a large, multi-centre research trial into the KiVa anti- bullying programme, for which CEIT holds the UK training licence. The report was published at the turn of the year.

Research dissemination

CEIT now publishes its newsletter twice a year in Autumn and Spring and has completed the move from a paper-based newsletter to a fully online version, as being more accessible and sensitive to the use of resources.

ACHIEVEMENTS AND PERFORMANCE

The Children's Early Intervention Trust advocates the use of evidence-based approaches in all services and through its training company Early Intervention Wales Training (EIWT), delivers training to professionals in education, health or social care settings who work with parent/carers and/or children. This contributes to our mission to support staff to get good outcomes for children and families by using evidence based or evidence informed programmes. Through the trading company CEIT is currently supporting research and training delivery related to four programmes.

Training activities

Training pre-COVID was traditionally delivered in a face-to-face format, in line with research demonstrating that in person training is effective in facilitating the modelling of relationship building that is integral to the effective delivery of many parenting programmes. This model was challenged during the COVID pandemic which accelerated a trend to online delivery of training. Some of the research piloted the effectiveness of online delivery models and other training delivered by Early Intervention Wales Training, was delivered in an online format due to COVID related constraints. Overall, recovery of demand post-COVID has been slow and there have been only limited training opportunities that have been delivered in a mix of online and live training courses.

The KiVa Anti-bullying Programme is a school-based programme delivered by teachers that both prevents bullying and tackles bullying incidents effectively. The programme has been developed at the University of Turku, Finland and is used in 90% of comprehensive schools in Finland. There is growing evidence of its effectiveness in the UK, Finland and internationally. The programme is currently available for pupils aged 7 - 15 in the UK. The curriculum covers approximately 50% of the English and Welsh PSE curricula. CEIT, through EIWT, is the only licenced training organisation for the KiVa programme in the UK. The charity has supported the delivery of a large randomised controlled trial of 118 schools across the UK that was led from Bangor University with an NIHR grant of £2.4m. This research trial recruited 12,000 primary school pupils across four regions of the England and Wales. The results are currently under review and expected shortly.

The Book-sharing Programme is a group-based programme that was developed by Professors Cooper and Murray at Reading University. It teaches parents to have stimulating and rich interactions with their children over a picture-book. Rather than reading to a passive listener, supportive book-sharing involves engaging the child actively in conversation about the picture content, relating it to their own experience, and encouraging the child's curiosity and thinking skills. EIWT has been training school-based staff to deliver the programme. The training is open to people who work with parents. Participants are trained to deliver the group-based book- sharing programme with groups of parents of 30 - 60-month-old children.

Parenting for Lifelong Health (PLH) is an initiative led by experts from the World Health Organisation, UNICEF, the Universities of Bangor, Oxford, Reading and Cape Town and Stellenbosh in South Africa. It is a suite of culturally adaptable, not-for-profit, and rigorously tested parenting programmes. PLH is committed to developing and testing a suite of effective, feasible, culturally relevant, and scalable parenting programmes to reduce the risk of violence against children and improve child wellbeing, primarily in low- and middle-income countries. It meets the need for low-cost evidence-based interventions where cost constraints restrict access to some programmes.

PLH is comprised of four programmes: PLH for Infants (up to six months of age); PLH for Toddlers (children aged between 1 and 5 years old); PLH for Young Children, (PLH-YC) also known as Caring Families (children aged 2 to 9 years old); and PLH for Parents and Teens (children aged 10 to 17 years old). Judy co-wrote the initial version of the PLH-YC programme and has delivered it in Wales as well as supporting its implementation internationally. EIWT now offers as three-day training in this programme.

Through the Global Parenting Initiative Judy and Natalie are funded for three years from April 2022 to support international trainers and coaches.

Research supported by CEIT

CEIT has a history of close collaboration with the Centre for Evidence Based Early Intervention (CEBEI) at Bangor University, co-funding staff and researchers since its inception through a combination of grant funding and income raised from the training company. It has been a partner in successful post-graduate research scholarships, undertaking early years research.

During this reporting period, there have been eight research scholarships, part funded by CEIT in collaboration with the Bangor University research centre, CEBEI, and the European funded Knowledge Economy Skills Scholarships (KESS2) as well as providing support to the large KiVa trial funded by NIHR

Book sharing

CEBEI is keen to take book sharing research forward. With CEIT support there have been several KESS funded projects

A paper on main outcomes from the online trial that was developed post-covid and formed part of Dr Claire Owen's PhD has been submitted and is under review. Claire is now employed as a therapist by Conwy Council.

Lauren King, PhD student
Lauren submitted her thesis on an evaluation the delivery of the Parenting for lifelong Health Book Sharing Programme, delivered by school-based staff to parents of three- to six-year-olds. She evaluated the observational data and explored how the programme influenced parental behaviour and language during book sharing. Her data showed increased parental sensitivity, pacing, positivity and reciprocity between parent and child. Her PhD was awarded in December 2024

In 2013 CEIT pioneered the adoption of the Finish anti-bullying programme KiVa in schools in England and Wales initially supporting Suzy Clarkson's PhD. KiVa has a strong theoretical basis and decades of research demonstrating its effectiveness as a whole school approach. The programme is based on evidence that the way peer bystanders react (bystanders are neither the bully nor the victim) when witnessing bullying is crucial in either maintaining or ending bullying. The programme influences the peer context by teaching bystanders to identify and intervene when they witness bullying.

Ruth Pearson KESSICEIT PhD scholarship (2020-2023).
This project is exploring data from the NIHR KiVa trial, to provide evidence for the reliability and validity of the participant role questionnaire, when administered as a self-report survey as part of the KiVa anti- bullying programme delivered by schools. Ruth obtained additional funding for an extension and hopes to submit her thesis during 2025/26.

FINANCIAL REVIEW
Overall Income has decreased from £75k for the previous year to £53k, this being mainly accounted for by a £16k fall in Sales and Consulting, which was higher than normal in 23/24. Bank Interest continues to be a strong component of Income, at £4k for the year, with Donations from EIWT showing at £25k compared to £30k the year before.

Overall Expenditure has decreased from £71k to £39k, The main component of the difference being the purchases of training materials in the previous year at £27k and a £4k credit stock adjustment in the current year, representing a £31k swing between years. Training and Fees are down £12k on the previous year due to the reduction in Consultancy, Payroll is down £5k with a reduction in staffing, and Student support down £2k. This has been partly been offset by a £20k Donation to CEIT to support projects and staff employed through Bangor University.

With Income of £53k and costs of £39k, the Charity made a profit of £14k., hence increasing the reserves from £166k to £180k, which is the highest it's been to date.

As raised in this Review last year, The Charity is now planning ahead on the basis that donations from the trading arm EIWT will stop or at least reduce significantly. With education and training budgets in the public sector continuing to be under pressure we are now working on a break-even operating target basis at EIWT. With strong reserves though at the Charity we are continuing to support staff and student projects undertaken through Bangor University focusing on areas within our Charity aims and objectives.

STRUCTURE, GOVERNANCE AND MANAGEMENT

The charity is a company limited by guarantee and is governed by its Memorandum and Articles of Association.

The trustees, who are also the directors for the purpose of company law, are responsible for the overall management and control of the Children's Early Intervention Trust (CEIT) and meet four times a year. The work of implementing their objectives is undertaken by a small administrative team and sub-contracted trainers.

The Board keeps under review the skills requirements of trustees. New appointments are made by the Trustees in accordance with the Memorandum and Articles of Association. The induction process for newly appointed trustees comprises an initial meeting, followed by a series of short meetings as required on individual topics, including the powers and responsibilities of individual trustees and the Board. A brief history of the charity, copies of board minutes, accounts, the governing document and a copy of the Charity Commission's guidance 'The Essential Trustee: What you need to know' are all available to new trustees.

The trustees have a broad range of expertise in early years research and programme delivery as well as business management and financial expertise.

None of the trustees have any beneficial interest in the company. All of the trustees are members of the company and guarantee to contribute £ 1 in the event of a winding up.

Risk management

The trustees are responsible for overseeing of the risks faced by the charity. To facilitate this, the trustees utilise the Charity Diagnostic Tool and review the Risk Assessment Log regularly.
The main risks that the board have identified and the plans to manage those risks are:

- Reputation and credibility. CEIT is dependent on provision of accurate and reliable resources, that are demonstrably effective. It is also reliant on ensuring wellbeing of the people with whom they interact. Risk is managed through safeguarding polices, rigorous research methodologies and collaboration with other organisations working in the same field, to maintain fidelity of programme delivery and accuracy of reported research findings.

- Financial sustainability. The ability for CEIT to function is dependent on income from the training subsidiary. This has been negatively impacted as a result of the COVID pandemic, and a reduction in demand for previously offered training programmes, although some trainings have been delivered online. There is potential for growth in the KiVa programme, and a move to online training, in addition to in-person training, is opening new opportunities.

Through the risk management processes established by the Board, the Trustees are actively mitigating risks. They also acknowledge that systems and processes can only provide reasonable, but not absolute assurance, that major risks have been adequately managed.

Internal review and policy documents such as the Charity Diagnostic Tool and Risk Assessment Log can be accessed via the CEIT website.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
05907566 (England and Wales)

Registered Charity number
1120056

Registered office
Glaslyn
Ffordd Y Parc
Parc Menai
Bangor
Gwynedd
LL57 4FE

Trustees
Professor T Bywater
Dr P Forbes-Martin (resigned 20.11.24)
H Francis
Dr N Griffith
Ms N H Hall
Ms A Maccallum-Roberts
Ms P M Williams
A V Williams
Dr P A Woods (appointed 8.5.24)

Independent Examiner
Williams Denton Cyf
Chartered Certified Accountants
Glaslyn
Ffordd y Parc
Parc Menai
Bangor
Gwynedd
LL57 4FE

OFFICE STAFF
We also have Natalie who has taken on the role of our office manager and Tiana who is with us on a temporary basis completing an NVQ level 2 in business administration.

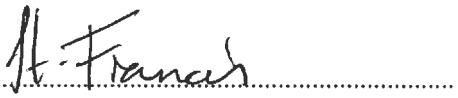
STATEMENT OF TRUSTEES' RESPONSIBILITIES
The trustees (who are also the directors of Children'S Early Intervention Trust for the purposes of company law) are responsible for preparing the Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the board of trustees on 20/10/2025 and signed on its behalf by:



H Francis - Trustee

Independent examiner's report to the trustees of Children'S Early Intervention Trust ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2025.

Responsibilities and basis of report
As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement
I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Colin Bell FCCA

Williams Denton Cyf
Chartered Certified Accountants
Glaslyn
Ffordd y Parc
Parc Menai
Bangor
Gwynedd
LL57 4FE

Date: 20/10/2025

CHILDREN'S EARLY INTERVENTION TRUST

STATEMENT OF FINANCIAL ACTIVITIES
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2025

	Notes	2025 Unrestricted fund £	2024 Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies		**48,723**	71,085
Investment income	3	**4,096**	2,801
Total		**52,819**	73,886
EXPENDITURE ON			
Charitable activities	4		
Charitable Activities		**38,529**	69,083
NET INCOME		**14,290**	4,803
RECONCILIATION OF FUNDS			
Total funds brought forward		**166,423**	161,620
TOTAL FUNDS CARRIED FORWARD		**180,713**	166,423

CONTINUING OPERATIONS
All income and expenditure has arisen from continuing activities.

The notes form part of these financial statements

BALANCE SHEET
31 MARCH 2025

	Notes	2025 Unrestricted fund £	2024 Total funds £
FIXED ASSETS			
Investments	8	**2**	2
CURRENT ASSETS			
Stocks	9	**4,600**	-
Debtors	10	**4,158**	14,371
Cash at bank		**174,627**	153,550
		183,385	167,921
CREDITORS			
Amounts falling due within one year	11	**(2,674)**	(1,500)
NET CURRENT ASSETS		**180,711**	166,421
TOTAL ASSETS LESS CURRENT LIABILITIES		**180,713**	166,423
NET ASSETS		**180,713**	166,423
FUNDS	12		
Unrestricted funds		**180,713**	166,423
TOTAL FUNDS		**180,713**	166,423

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2025 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

continued...

BALANCE SHEET - continued
31 MARCH 2025

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 20/10/2025 and were signed on its behalf by:

H Francis - Trustee

A V Williams - Trustee

The notes form part of these financial statements

1. CHARITY INFORMATION

Childrens Early Intervention Trust is a private company limited by guarantee incorporated in England and Wales. The registered office is Glaslyn, Ffordd Y Parc, Parc Menai, Bangor, Gwynedd, Wales, LL57 4FE.

2. ACCOUNTING POLICIES

Basis of preparing the financial statements
The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention, with the exception of investments which are included at market value.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The charitable company has taken advantage of the following disclosure exemption in preparing these financial statements, as permitted by FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland':

- the requirements of Section 7 Statement of Cash Flows.

Preparation of consolidated financial statements
The financial statements contain information about Children'S Early Intervention Trust as an individual company and do not contain consolidated financial information as the parent of a group. The charity is exempt under Section 399(2A) of the Companies Act 2006 from the requirements to prepare consolidated financial statements.

Critical accounting estimates and judgements
In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.
The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

Income
Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

Expenditure
Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.
Where appropriate, amounts expended include irrecoverable VAT.

continued...

2. ACCOUNTING POLICIES - continued

Stocks
Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Taxation
The charity is exempt from corporation tax on its charitable activities.

Fund accounting
Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or granters as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

Cash an cash equivalents
Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

Going concern
At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

3. INVESTMENT INCOME

	2025	2024
	£	£
Deposit account interest	**4,096**	2,801

4. CHARITABLE ACTIVITIES COSTS

	Direct Costs	Support costs	Totals
	£	£	£
Charitable Activities	**37,772**	**757**	**38,529**

continued...

5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2025 nor for the year ended 31 March 2024.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2025 nor for the year ended 31 March 2024.

6. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2025	2024
Support staff	1	2

No employees received emoluments in excess of £60,000.

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £
INCOME AND ENDOWMENTS FROM	
Donations and legacies	71,085
Investment income	2,801
Total	73,886
EXPENDITURE ON	
Charitable activities	
Charitable Activities	69,083
NET INCOME	4,803
RECONCILIATION OF FUNDS	
Total funds brought forward	161,620
TOTAL FUNDS CARRIED FORWARD	166,423

continued...

8. FIXED ASSET INVESTMENTS

	Unlisted investments £
MARKET VALUE	
At 1 April 2024 and 31 March 2025	**2**
NET BOOK VALUE	
At 31 March 2025	**2**
At 31 March 2024	2

There were no investment assets outside the UK.

9. STOCKS

	2025 £	2024 £
Stocks	**4,600**	-

10. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025 £	2024 £
Debtors	**4,158**	14,371

11. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025 £	2024 £
Creditors	**23**	-
Accruals and deferred income	**2,651**	1,500
	2,674	1,500

12. MOVEMENT IN FUNDS

	At 1.4.24 £	Net movement in funds £	At 31.3.25 £
Unrestricted funds			
General fund	**166,423**	**14,290**	**180,713**
TOTAL FUNDS	**166,423**	**14,290**	**180,713**

continued...

12. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	**52,819**	**(38,529)**	**14,290**
TOTAL FUNDS	**52,819**	**(38,529)**	**14,290**

Comparatives for movement in funds

	At 1.4.23 £	Net movement in funds £	At 31.3.24 £
Unrestricted funds			
General fund	161,620	4,803	166,423
TOTAL FUNDS	161,620	4,803	166,423

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	73,886	(69,083)	4,803
TOTAL FUNDS	73,886	(69,083)	4,803

13. RELATED PARTY DISCLOSURES

During the year the charity entered into the following transactions with related parties:

Donations include amounts totalling £25,000 (2024 - £30,000) received from the charity's trading subsidiary.

CHILDREN'S EARLY INTERVENTION TRUST

England & Wales - Charity number 1120056

Accounts

Ymddiriodolaeth Ymyrraeth Cynnar Plant

Children's Early Intervention Trust (CEIT)

Annual Report and Unaudited Financial Statements

For the Year Ended 31 March 2024

office@ceit-cymru.org 01248 383758 www.ceit-cymru.org

Children's Early Intervention Trust is a company limited by guarantee Registered in England & Wales, Company number: 5907566, Charity number: 1120056
Registered Office: Unit F1, Intec, Parc Menai, Bangor, Gwynedd. LL57 4FG

CHILDRENS EARLY INTERVENTION TRUST

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	T Bywater N Hall N Griffith P Williams H Francis P Forbes-Martin A Williams A MacCallum Roberts
Secretary	N Griffith
Charity Number	1120056
Company Number	05907566
Registered office	Unit F1 Intec Parc Menai Bangor Gwynedd Wales LL57 4FG
Accountants:	Crestmere Limited, Chartered Certified Accountants Unit F1, Intec Fordd y Parc, Parc Menai, Bangor. Gwynedd. LL57 4FG
independent examiner:	Barrie Buels FCCA FCIE

CHILDRENS EARLY INTERVENTION TRUST

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CHILDRENS EARLY INTERVENTION TRUST

Introduction from the Chair of Trustees

Croeso i'n adroddiad flynyddol / Welcome to our annual report.

As seems to be the case everywhere, 23/24 has been a challenging year. I have taken over the Chair's role from the extremely hard working and long standing Chair ProfessorTracey Bywater. I would like to thank Tracey both personally and on behalf of the Trustees for all the time, effort and hard work she has put in, to keep the Charity going over many years. Diolch yn fawr iawn Tracey.

The report outlines the activities we've undertaken and supported in order to improve, enrich and make safer, the lives of children.

Our annual conference was held in March 2024 with keynote speakers Professor Salmivalli of Turku University, Finland, Professor Lucy Bowes of Oxford University and Dr Margiad Wiliams of Bangor University. As usual, it was a fascinating day giving insights into the work of both the staff and students at Bangor, our partners and collaborators across Europe and the practical results of our work in local schools.

I must thank our administrator Natalie Williams, who has become a fount of knowledge about the activities we undertake and support. Diolch Natalie

We remain committed to supporting child, family, school, and community wellbeing and the Trustees wish to thank all CEIT, EIWT, CEBEI students and staff, and key stakeholders and partners for their support and collaboration over the last year and into the next.



Hefin Francis

CHILDRENS EARLY INTERVENTION TRUST

TRUSTEES' ANNUAL REPORT

FOR THE YEAR ENDED 31 MARCH 2024

The board of Trustees present their report and accounts for the year ended 31 March 2023

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charitable company's Memorandum and Articles of Association, the Companies Act 2006, the Charities Act 2011, and 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), effective January 2015 (the Charities SORP FRS 102).

Objectives and activities

Our aims and objectives

The Children's Early Intervention Trust (CEIT) was set up in 2007. The charities

objects are:

the advancement of education for the public benefit in the subject of evidence-based intervention programmes within families, schools, and other social groups to prevent or reduce violence and to develop children's social and emotional competence; and

to promote public benefit research into evidence-based intervention programme and to publish the results thereof.

The aims of the company are the advancement of education for families, schools and other social groups in evidence-based intervention programmes that prevent or reduce violence and develop children's social and emotional competence.

In furtherance of these objects during the period, the charity has

- funded the development and evaluation of interventions to promote children's well- being,
- funded postgraduate and early career researchers,
- upskilled practice and service staff via Early Intervention Wales Training Ltd.,
- disseminated information to professionals and the general public about evidence- based interventions for families, schools and other social groups to prevent and reduce violence and to develop children's social and emotional competence.

Our Charitable activities

CEIT, through its wholly owned trading subsidiary, Early Intervention Wales Training (EIWT), (company no: 5236117) trains staff to deliver parenting programmes and schools to deliver a curriculum based anti-bullying programme.
Training programmes are not priced commercially, and costs are kept low through the donation of some trainer time free of charge, and with hosting organisations covering some costs, such as venue hire. These courses generate a net income for the charity which has accumulated funds to further the charity's objects in future years, principally with the intention of:

a) building a fund to support academic researchers to undertake early years research,
b) funding activities that disseminate evidence-based interventions for children, through conferences, newsletters and the publication of data and research activities.

Aims and activities are reviewed regularly in the context of the charity's objects. Reviews consider the success of each activity and the benefits that have arisen. The reviews enable the charity to ensure that limited resources are allocated efficiently and effectively.

The trustees have paid due regard to guidance issued by the Charity Commission on public benefit in decided what activities the charity should undertake and how successful outcomes should be evaluated.

The key objectives for this year included:

- To continue to fund and support research.
- To resume training activities, post COVID pandemic.
- To support through training, a large, multi-centre research trial into the KiVa anti- bullying programme, for which CEIT holds the UK training licence.

Research dissemination

CEIT now publishes its newsletter twice a year in Autumn and Spring and has completed the move from a paper-based newsletter to a fully online version, as being more accessible and sensitive to the use of resources.

The annual conference was reinstated in March 2024 with a live/streamed conference focused on our KiVa bullying prevention work. It was attended by 40 people in person and 115 people online. The programme covered current work on bullying prevention by Professor Salmivalli from Turku University Finland and a presentation by Prof Lucy Bowes of Oxford University on **Understanding the role of the family in childhood bullying involvement.** as well as a local presentation by Dr Margiad Williams on the history of KiVa in Wales and the UK and a presentation form one of our local KiVa schools.

Financial review

Overall Income has increased from £64k for the previous year to £74k, while expenditure has increased from £31k to £69k, with an annual surplus of £5k. A major factor that now impacts the Charity is the reducing activity levels, and hence profits, at the trading company (EIWT). Due to cuts in education budget generally, and also the need to strengthen reserves within the Company, the levels of Donations to the Charity are reducing. During 23/24 Donations received were £30k compared to £52k the year before. Indeed for 24/25 there is not expected to be any inward Donation from this source. To compensate though there was £11k received in project grants, and a substantial amount of £30k in consulting and training Income. In addition, we are now seeing the benefit of higher interest rates with £2.8k received in bank interest.

Being in the fortunate position of having strong cash reserves, we were able to commit to higher expenditure levels which enabled us to invest in programme materials and other projects support. Of course, there was also various fees paid in relation to the consulting income, and staff costs doubled in the year from £7k to £15k as we took on additional office staff to support both the Charity and its trading arm. With a surplus of £5k, the Charity reserves increased from £161k to £166k.

Structure, governance and management

The charity is a company limited by guarantee and is governed by its Memorandum and Articles of Association.

CHILDRENS EARLY INTERVENTION TRUST

The trustees, who are also the directors for the purpose of company law, are responsible for the overall management and control of the Children's Early Intervention Trust (CEIT) and meet four times a year. The work of implementing their objectives is undertaken by a small administrative team and sub-contracted trainers.
The Board keeps under review the skills requirements of trustees. New appointments are made by the Trustees in accordance with the Memorandum and Articles of Association. The induction process for newly appointed trustees comprises an initial meeting, followed by a series of short meetings as required on individual topics, including the powers and responsibilities of individual trustees and the Board. A brief history of the charity, copies of

board minutes, accounts, the governing document and a copy of the Charity Commission's guidance 'The Essential Trustee: What you need to know' are all available to new trustees.

The trustees have a broad range of expertise in early years research and programme delivery as well as business management and financial expertise.
None of the trustees have any beneficial interest in the company. All of the trustees are members of the company and guarantee to contribute £ 1 in the event of a winding up.

Names and roles of the charity trustees

	Trustee name	Office (if any)	Dates acted
1	Hefin Francis	Chair	Appointed as Chair 2023
2	Professor Tracey Bywater		Re-elected 2022
3	Pauline Williams		Re-elected 2022
4	Dr Nia Griffith	Secretary	Re-elected 2022
5	Alon Williams	Finance	Re-elected 2021
6	Nia Hall		Re-elected 2021
7	Dr Pam Martin-Forbes		Re-elected 2021
8	Alanna McCallum Roberts		Appointed January 2022

Risk management

The trustees are responsible for overseeing of the risks faced by the charity. To facilitate this, the trustees utilise the Charity Diagnostic Tool and review the Risk Assessment Log regularly.
The main risks that the board have identified and the plans to manage those risks are:

- Reputation and credibility. CEIT is dependent on provision of accurate and reliable resources, that are demonstrably effective. It is also reliant on ensuring wellbeing of the people with whom they interact. Risk is managed through safeguarding polices, rigorous research methodologies and collaboration with other organisations working in the same field, to maintain fidelity of programme delivery and accuracy of reported research findings.

- Financial sustainability. The ability for CEIT to function is dependent on income from the training subsidiary. This has been negatively impacted as a result of the COVID pandemic, and a reduction in demand for previously offered training programmes, although some trainings have been delivered online. There is potential for growth in the KiVa programme, and a move to online training, in addition to in-person training, is opening new opportunities.

Through the risk management processes established by the Board, the Trustees are actively mitigating risks. They also acknowledge that systems and processes can only provide reasonable, but not absolute assurance, that major risks have been adequately managed.

Internal review and policy documents such as the Charity Diagnostic Tool and Risk Assessment Log can be accessed via the CEIT website.
The trustee's report was approved by the Board of Trustees

CHILDRENS EARLY INTERVENTION TRUST

Early Intervention Wales Training – Directors Report -

Achievements and performance

The Children's Early Intervention Trust advocates the use of evidence-based approaches in all services and through its training company Early Intervention Wales Training (EIWT), delivers training to professionals in education, health or social care settings who work with parent/carers and/or children. This contributes to our mission to support staff to get good outcomes for children and families by using evidence based or evidence informed programmes. Through the trading company CEIT is currently supporting research and training delivery related to four programmes.

Training activities

Training pre-COVID was traditionally delivered in a face-to-face format, in line with research demonstrating that in person training is effective in facilitating the modelling of relationship building that is integral to the effective delivery of many parenting programmes. This model was challenged during the COVID pandemic which accelerated a trend to online delivery of training. Some of the research piloted the effectiveness of online delivery models and other training delivered by Early Intervention Wales Training, was delivered in an online format due to COVID related constraints. Overall, recovery of demand post-COVID has been slow and there have been only limited training opportunities that have been delivered in a mix of online and live training coursaes.

The KiVa Anti-bullying Programme is a school-based programme delivered by teachers that both prevents bullying and tackles bullying incidents effectively. The programme has been developed at the University of Turku, Finland and is used in 90% of comprehensive schools in Finland. There is growing evidence of its effectiveness in the UK, Finland and internationally. The programme is currently available for pupils aged 7 - 15 in the UK. The curriculum covers approximately 50% of the English and Welsh PSE curricula. CEIT, through EIWT, is the only licenced training organisation for the KiVa programme in the UK. The charity has supported the delivery of a large randomised controlled trial of 118 schools across the UK that was led from Bangor University with an NIHR grant of £2.4m. This research trial recruited 12,000 primary school pupils across four regions of the England and Wales. THe results are currently under review and expected shortly.

Training delivered during 2023-24 was at a fairly low level and comprised mainly schools that self-funded to train. This included 7 schools. Conwy council continued its plan to provide training for all of its primary and secondary schools.

The Book-sharing Programme is a group-based programme that was developed by Professors Cooper and Murray at Reading University. It teaches parents to have stimulating and rich interactions with their children over a picture-book. Rather than reading to a passive listener, supportive book-sharing involves engaging the child actively in conversation about the picture content, relating it to their own experience, and encouraging the child's curiosity and thinking skills. EIWT has been training school-based staff to deliver the programme. The training is open to people who work with parents. Participants are trained to deliver the group-based book- sharing programme with groups of parents of 30 – 60-month-old children. A new training initiative during 2023/24 was to train classroom support staff to use the programme in schools and a small pilot evaluation has been undertaken.

Parenting for Lifelong Health (PLH) is an initiative led by experts from the World Health Organisation, UNICEF, the Universities of Bangor, Oxford, Reading and Cape Town and Stellenbosh in South Africa. It is a suite of culturally adaptable, not-for-profit, and rigorously tested parenting programmes. PLH is committed to developing and testing a suite of effective, feasible, culturally relevant, and scalable parenting programmes to reduce the risk of violence against children and improve child wellbeing, primarily in low- and middle-income countries. It meets the need for low-cost evidence-based interventions where cost constraints restrict access to some programmes.

PLH is comprised of four programmes: PLH for Infants (up to six months of age); PLH for Toddlers (children aged between 1 and 5 years old); *PLH for Young Children, (PLH-YC) also known as Caring Families* (children aged 2 to 9 years old); and PLH for Parents and Teens (children aged 10 to 17 years old). Judy co-wrote the initial version of the PLH-YC programme and has delivered it in Wales as well as supporting its implementation internationally. EIWT now offers as three-day training in this programme.

Through the Global Parenting Initiative Judy and Natalie are funded for three years from April 2022 to support international trainers and coaches. During the 2023/24 year Judy visited Thailand and Montenegro to train and support staff involved in programmed delivery.

Research supported by CEIT

CEIT has a history of close collaboration with the Centre for Evidence Based Early Intervention (CEBEI) at Bangor University, co-funding staff and researchers since its inception through a combination of grant funding and income raised from the training company. It has been a partner in successful post-graduate research scholarships, undertaking early years research.

During this reporting period, there have been eight research scholarships, part funded by CEIT in collaboration with the Bangor University research centre, CEBEI, and the European funded Knowledge Economy Skills Scholarships (KESS2) as well as providing support to the large KiVa trial funded by NIHR

PLH-YC

Judy Hutchings and/or Bridget Roberts worked as training facilitators in this programme in Montenegro, Czechia and Thailand during the year. These activities all earn small amounts of funding for CEIT and contribute to CEIT's administrative costs. A project involving training Barnardo's staff in South Gwynedd that commenced in January 2023 is completed and awaits write-up. The KESS/CEIT funded student working on this project Jen Lunt, withdrew in August 2023 due to personal difficulties but the delivery was achieved and the data are currently being analysed.

CHILDRENS EARLY INTERVENTION TRUST

Book sharing
CEBEI is keen to take book sharing research forward. With CEIT support there have been several KESS funded projects.

A paper on main outcomes from the online trial that was developed post-covid and formed part of Dr Claire Owen's PhD has been submitted and is under review. Claire is now employed as a therapist by Conwy Council.

Lauren King, PhD student
Lauren submitted her thesis on an evaluation the delivery of the Parenting for lifelong Health Book Sharing Programme, delivered by school-based staff to parents of three- to six-year-olds. She evaluated the observational data and explored how the programme influenced parental behaviour and language during book sharing. Her data showed increased parental sensitivity, pacing, positivity and reciprocity between parent and child. Her PhD was awarded subject to corrections which will be completed in the 24/25 academic year. She is now working with women and children in as crisis centre in Lancashire.

Rebecca Lothian MbyREs (2023)
Becky Lothian completed her KESS funded MbyRES evaluating the potential benefit of training school-based support staff in book sharing skills. She is now working in an attachment based therapeutic setting in Manchester. A paper on her main results is in preparation. Becky presented her findings in a paper at the European Society for Prevention Research in Sarajevo in October 2023 and received the early career best paper award.

CHILDRENS EARLY INTERVENTION TRUST

In 2013 CEIT pioneered the adoption of the Finish anti-bullying programme KiVa in schools in England and Wales initially supporting Suzy Clarkson's PhD. KiVa has a strong theoretical basis and decades of research demonstrating its effectiveness as a whole school approach. The programme is based on evidence that the way peer bystanders react (bystanders are neither the bully nor the victim) when witnessing bullying is crucial in either maintaining or ending bullying. The programme influences the peer context by teaching bystanders to identify and intervene when they witness bullying.

Ruth Pearson KESS/CEIT PhD scholarship (2020-2023).
This project is exploring data from the NIHR KiVa trial, to provide evidence for the reliability and validity of the participant role questionnaire, when administered as a self-report survey as part of the KiVa anti-bullying programme delivered by schools. Ruth obtained additional funding for an extension but has had to suspend her studies due to personal difficulties and hopes to submit her thesis during 2024/25.

Jess Lothian Public Health Wales and KESS (2023)
Although not co-funded by CEIT we supported Jess in this project which is exploring how the first few secondary schools to be trained in KiVa are using the material. She submitted her MbyRES thesis during the year which was awarded subject to additional work to be completed in 2024/25. Jess presented her findings in a poster at the European Society for Prevention Research in Sarajevo in October 2023

Lisa Griffiths KESS/CEIT MbyRes 2022/23
Lisa's thesis exploring what adaptations would be useful in the EPaS assessment process for professionals working with neurodiverse children particularly those with ADHS and ASD characteristics. This was successfully completed and was awarded in 2023/24.

COPING (the Confident Parent INternet Guide)
The COPING programme. based on Judy's Little Parent Handbook, was initially developed by Dr. Dawn Owen on an independently funded PhD.

Anwen Jones PhD scholarship (2019-2022) was a continuation of the Incredible Years® Autism trial, exploring the programme costs and longer-term outcomes. Her thesis was submitted and awarded a PhD in 2023. Anwen joined CEBEI part time on a research project related to COPING and is adapting the programme and creating additional sessions based on current challenges for parents, probably around screen time and nighttime routines. This work is ongoing.

Sue Layland's PhD was awarded in 2020 and she joined CEBEI part-time funded by GwE the North Wales Regional Educational collaborative and supported by CEIT to develop additional material for COPING based on the needs of carers of children looked after. This work is ongoing.

Research funding plans
We have been very successful over many years in obtaining KESS funding for students, but KESS funding ended in December 2023 due to Britain's withdrawal from Europe so the future support strategy for research is currently being considered in CEIT's planning meetings.

The trustee's report was approved by the Board of Trustees

CHILDRENS EARLY INTERVENTION TRUST

Office Staff

We also have Natalie who has taken on the role of our office manager and Tiana who is with us on a temporary basis completing an NVQ level 2 in business administration.

Signature 

Dated : 28/11/2024.

INDEPENDENT EXAMINER'S REPORT
TO THE TRUSTEES OF CHILDRENS EARLY INTERVENTION TRUST

I report to the trustees on my examination of the financial statements of Childrens Early Intervention Trust (the charity) for the year ended 31 March 2024.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or

2 the financial statements do not accord with those records; or

3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or

4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Barrie Buels FCCA FCIE
Chartered Certified Accountant

Crestmere Limited
Bangor, Gwynedd

Dated: 22 October 2024

CHILDRENS EARLY INTERVENTION TRUST

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2024

	Notes	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Income from:			
Donations and legacies	3	41,000	52,000
Charitable activities	4	30,085	10,914
Investments	5	2,801	664
Total income		73,886	63,578
Expenditure on:			
Charitable activities	6	69,083	30,558
Total expenditure		69,083	30,558
Net income and movement in funds		4,803	33,020
Reconciliation of funds:			
Fund balances at 1 April 2023		161,620	128,600
Fund balances at 31 March 2024		166,423	161,620

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

BALANCE SHEET

AS AT 31 MARCH 2024

	Notes	2024 £	2024 £	2023 £	2023 £
Fixed assets					
Investments	11		2		2
Current assets					
Debtors	12	14,371		-	
Cash at bank and in hand		153,550		163,118	
		167,921		163,118	
Creditors: amounts falling due within one year	13	(1,500)		(1,500)	
Net current assets			166,421		161,618
Total assets less current liabilities			166,423		161,620
The funds of the charity					
Unrestricted funds	14		166,423		161,620
			166,423		161,620

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2024.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the trustees on 22 October 2024

A Williams
Trustee

Company registration number 05907566 (England and Wales)

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies

Charity information

Childrens Early Intervention Trust is a private company limited by guarantee incorporated in England and Wales. The registered office is Unit F1, Intec, Parc Menai, Bangor, Gwynedd, LL57 4FG, Wales.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, [modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value]. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

1.5 Expenditure

Resources expended are recognised on an accruals basis. Where appropriate, amounts expended include irrecoverable VAT.

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies **(Continued)**

1.6 Fixed asset investments

Fixed asset investments are initially measured at transaction price excluding transaction costs, and are subsequently measured at fair value at each reporting date. Changes in fair value are recognised in net income/ (expenditure) for the year. Transaction costs are expensed as incurred.

1.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.8 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.9 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies **(Continued)**

1.10 Group accounts

The charitable company has taken advantage of the exemption not to prepare consolidated accounts, on the basis that the group of which this is the parent qualifies as a small group. The financial statements present information about the company as an individual entity and not about its group.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Income from donations and legacies

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Donations and gifts	30,000	52,000
Grants	11,000	-
	41,000	52,000

4 Income from charitable activities

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Sale of goods	-	9,186
Other income	30,085	1,728
	30,085	10,914

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

5 Income from investments

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Interest receivable	2,801	664

6 Charitable activities

	Early Intervention training and research 2024 £	Early Intervention training and research 2023 £
Staff costs	15,244	7,200
Insurance	299	720
Bank charges	91	84
Accountancy	720	1,640
Sundries	-	285
Projects and programme delivery	22,045	20,552
Purchases	26,158	-
Website costs	-	77
Student cash contribution	2,292	-
KiVa expenses	2,234	-
	69,083	30,558

7 Description of charitable activities

Expenditure on evidence based intervention programmes, research relevant to those programmes and other activities congruent with the charity's objects.

8 Trustees

None of the trustees (or any persons connected with them) received any remuneration or expenses during the year. (2023 - Nil).

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

9 Employees

The average monthly number of employees during the year was:

	2024 Number	2023 Number
	2	1

Employment costs	2024 £	2023 £
Wages and salaries	15,244	7,200

There were no employees whose annual remuneration was more than £60,000.

10 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

11 Fixed asset investments

	Unlisted investments £
Cost or valuation	
At 1 April 2023 & 31 March 2024	2
Carrying amount	
At 31 March 2024	2
At 31 March 2023	2

12 Debtors

Amounts falling due within one year:	2024 £	2023 £
Other debtors	14,371	-

13 Creditors: amounts falling due within one year

	2024 £	2023 £
Accruals and deferred income	1,500	1,500

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

14 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 April 2023	Incoming resources	Resources expended	At 31 March 2024
	£	£	£	£
General funds	161,620	73,886	(69,083)	166,423

Previous year:	At 1 April 2022	Incoming resources	Resources expended	At 31 March 2023
	£	£	£	£
General funds	128,600	63,578	(30,558)	161,620

15 Related party transactions

Transactions with related parties

During the year the charity entered into the following transactions with related parties:

Donations include amounts totalling £30,000 (2023 - £52,000) received from the charity's trading subsidiary.

CHILDREN'S EARLY INTERVENTION TRUST

England & Wales - Charity number 1120056

Accounts

Ymddiriodolaeth Ymyrraeth Cynnar Plant

Children's Early Intervention Trust (CEIT)

Ymddiriedolaeth Ymyrraeth Gynnar Plant
Children's Early Intervention Trust

Annual Report and Unaudited Financial Statements

For the Year Ended 31 March 2023

office@ceit-cymru.org 01248 383758 www.ceit-cymru.org

Children's Early Intervention Trust is a company limited by guarantee Registered in England & Wales,
Company number: 5907566, Charity number: 1120056
Registered Office: Unit F1, Intec, Parc Menai, Bangor, Gwynedd. LL57 4FG

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	T Bywater N Hall N Griffith P Williams H Francis P Forbes-Martin A Williams A MacCallum Roberts
Secretary	N Griffith
Charity Number	1120056
Company Number	05907566
Registered office	Unit F1 Intec Parc Menai Bangor Gwynedd Wales LL57 4FG
Accountants:	Crestmere Limited, Chartered Certified Accountants Unit F1, Intec Fordd y Parc, Parc Menai, Bangor. Gwynedd. LL57 4FG
independent examiner:	Barrie Buels FCCA FCIE

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Introduction from the Chair of Trustees

The last year has been challenging in many ways, particularly with regard to funding and the forthcoming cessation of KESS student funding, and yet the year has also been fruitful and successful, such as our continued national and international reach and reputation, and achieving our main aims.

This report documents how we have achieved our objectives and aims, through research and training, to support and promote children's wellbeing, which is more relevant than ever during these post-covid times, as demonstrated by various reports, on wellbeing, e.g. https://www.gov.uk/government/publications/covid-19-mental-health-and-wellbeing-surveillance-report/7-children-and-young-people), and academic attainment., e.g. https://educationendowmentfoundation.org.uk/projects-and-evaluation/projects/impact-of-key-stage-1-school-closures-on-later-attainment-and-social-skills-a-longitudinal-study?utm_source=/projects-and-evaluation/projects/impact-of-key-stage-1-school-closures-on-later-attainment-and-social-skills-a-longitudinal-study&utm_medium=search&utm_campaign=site_search&search_term=school%20closure

We are particularly proud of our ability to support postgraduate students and early career researchers, while offering research opportunities alongside our funded research/training which takes place across Wales and internationally.
This year we saw two students Claire Owen and Sue Layland graduate with a PhD, and some have remained linked to CEIT via funded research opportunities. We wish all graduates well in their chosen paths/careers and thank them for their commitment to support CEIT's aims and objectives.

This year have also revised our outward-facing presence through a new website and logos, to reflect CEIT's, and EIWT's, identity and background, and we are continuing to plan for the future and are pro-active in seeking additional funding/support for our research and students.

Dissemination is key to ongoing success, and we continue to distribute newsletters and are planning our next conference for 2024. CEIT research is also published in peer-reviewed journals.

We remain committed to supporting child, family, school, and community wellbeing and the Trustees wish to thank all CEIT, EIWT, CEBEI students and staff, and key stakeholders and partners for their support and collaboration over the last year and into the next.

TRUSTEES' ANNUAL REPORT

FOR THE YEAR ENDED 31 MARCH 2023

The board of Trustees present their report and accounts for the year ended 31 March 2023

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charitable company's Memorandum and Articles of Association, the Companies Act 2006, the Charities Act 2011, and 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), effective January 2015 (the Charities SORP FRS 102).

Objectives and activities

Our aims and objectives

The Children's Early Intervention Trust (CEIT) was set up in 2007.

The charities objects are:

the advancement of education for the public benefit in the subject of evidence-based intervention programmes within families, schools, and other social groups to prevent or reduce violence and to develop children's social and emotional competence; and

to promote public benefit research into evidence-based intervention programme and to publish the results thereof.

The aims of the company are the advancement of education for families, schools and other social groups in evidence-based intervention programmes that prevent or reduce violence and develop children's social and emotional competence.

In furtherance of these objects during the period, the charity has

- funded the development and evaluation of interventions to promote children's well-being,
- funded postgraduate and early career researchers,
- upskilled practice and service staff via Early Intervention Wales Training Ltd.,
- disseminated information to professionals and the general public about evidence-based interventions for families, schools and other social groups to prevent and reduce violence and to develop children's social and emotional competence.

Our Charitable activities

CEIT, through its wholly owned trading subsidiary, Early Intervention Wales Training (EIWT), (company no: 5236117) trains staff to deliver parenting programmes and schools to deliver a curriculum based anti-bullying programme.
Training programmes are not priced commercially, and costs are kept low through the donation of some trainer time free of charge, and with hosting organisations covering some costs, such as venue hire. These courses generate a net income for the charity which has accumulated funds to further the charity's objects in future years, principally with the intention of:

a) building a fund to support academic researchers to undertake early years research,
b) funding activities that disseminate evidence-based interventions for children, through conferences, newsletters and the publication of data and research activities.

Aims and activities are reviewed regularly in the context of the charity's objects. Reviews consider the success of each activity and the benefits that have arisen. The reviews enable the charity to ensure that limited resources are allocated efficiently and effectively.

The trustees have paid due regard to guidance issued by the Charity Commission on public benefit in decided what activities the charity should undertake and how successful outcomes should be evaluated.

The key objectives for this year included:

- To continue to fund and support research.
- To resume training activities, post COVID pandemic.
- To support through training, a large, multi-centre research trial into the KiVa anti-bullying programme, for which CEIT holds the UK training licence.

Research dissemination

CEIT now publishes its newsletter twice a year in Autumn and Spring and has completed the move from a paper-based newsletter to a fully online version, as being more accessible and sensitive to the use of resources. The link is available here: Newsletter and Training Spring 2022 (mailchi.mp)

The annual conference has not been held since planning constraints around COVID led to its cancellation. Future conferences are now under discussion and the first in early 2024 may be linked to the outcomes from the large NIHR funded Stand Together trial of the KiVa antibullying programme. Publications related to research activities funded by CEIT are included in the CEBEI publications page: https://www.bangor.ac.uk/psychology/cebei/publications.php.en

Financial review

The year has seen a £21k increase in income over the previous year due to the increase of £24k inward donations from the trading company. This has been offset to a small extent (£3k) in other income, being in relation to overseas training activity. Expenditure levels are down 10% to £30k, the largest single items being the £20k contribution to collaborative academic projects and programme delivery. Indeed this has seen a £4k increase from the previous year. The other main expenditure item is staff costs which have reduced by 50% to £7k. This is because certain costs have temporarily moved over to being externally funded.
The above factors have resulted in an annual surplus of £33k, compared to a £9k surplus the year before. And a closing Reserve account balance of £161k, with a closing bank balance of £163k. This strong position has been actively managed over the last few years in order to be in a position to fund the ongoing costs of charitable activity in the light of reduced grant funding that will become a major factor during 2023-24. Plans and forecasts are continuing to progress to establish suitable budget levels that ensure the most appropriate allocation of funds to support our activities inline with our aims and objectives.

Structure, governance and management

The charity is a company limited by guarantee and is governed by its Memorandum and Articles of Association.
The trustees, who are also the directors for the purpose of company law, are responsible for the overall management and control of the Children's Early Intervention Trust (CEIT) and meet four times a year. The work of implementing their objectives is undertaken by a small administrative team and sub-contracted trainers.
The Board keeps under review the skills requirements of trustees. New appointments are made by the Trustees in accordance with the Memorandum and Articles of Association. The induction process for newly appointed trustees comprises an initial meeting, followed by a series of short meetings as required on individual topics, including the powers and responsibilities of individual trustees and the Board. A brief history of the charity, copies of board minutes, accounts, the governing document and a copy of the Charity Commission's guidance 'The Essential Trustee: What you need to know' are all available to new trustees.

The trustees have a broad range of expertise in early years research and programme delivery as well as business management and financial expertise.
None of the trustees have any beneficial interest in the company. All of the trustees are members of the company and guarantee to contribute £ 1 in the event of a winding up.

Names and roles of the charity trustees

	Trustee name	Office (if any)	Dates acted
1	Professor Tracey Bywater	Chair	Re-elected 2022
2	Pauline Williams		Re-elected 2022
3	Dr Nia Griffith	Secretary	Re-elected 2022
4	Alon Williams	Finance	Re-elected 2021
5	Nia Hall		Re-elected 2021
6	Dr Pam Martin-Forbes		Re-elected 2021
7	Hefin Francis	Vice Chair	Re-elected 2021 – Vice chair from 2022
8	Alanna McCallum Roberts		Appointed January 2022

Risk management

The trustees are responsible for overseeing of the risks faced by the charity. To facilitate this, the trustees utilise the Charity Diagnostic Tool and review the Risk Assessment Log regularly. The main risks that the board have identified and the plans to manage those risks are:

- Reputation and credibility. CEIT is dependent on provision of accurate and reliable resources, that are demonstrably effective. It is also reliant on ensuring wellbeing of the people with whom they interact. Risk is managed through safeguarding polices, rigorous research methodologies and collaboration with other organisations working in the same field, to maintain fidelity of programme delivery and accuracy of reported research findings.

- Financial sustainability. The ability for CEIT to function is dependent on income from the training subsidiary. This has been negatively impacted as a result of the COVID pandemic, and a reduction in demand for previously offered training programmes, although some trainings have been delivered online. There is potential for growth in the KiVa programme, and a move to online training, in addition to in-person training, is opening new opportunities.

Through the risk management processes established by the Board, the Trustees are actively mitigating risks. They also acknowledge that systems and processes can only provide reasonable, but not absolute assurance, that major risks have been adequately managed.

Internal review and policy documents such as the Charity Diagnostic Tool and Risk Assessment Log can be accessed via the CEIT website.
The trustee's report was approved by the Board of Trustees

Early Intervention Wales Training – Directors Report

Achievements and performance

The Children's Early Intervention Trust advocates the use of evidence-based approaches in all services and through its training company Early Intervention Wales Training (EIWT), delivers training to professionals in education, health or social care settings who work with parent/carers and/or children. This contributes to our mission to support staff to get good outcomes for children and families by using evidence based or evidence informed programmes. Through the trading company CEIT is currently supporting research and training delivery related to four programmes.

Training activities

Training pre-COVID has traditionally been delivered in a face-to-face format, in line with research supporting in person training being effective in facilitating the modelling of relationship building that is integral to the effective delivery of many parenting programmes. This model was challenged during the COVID pandemic which accelerated a trend to online delivery of training. Some of the research pivoted to evaluate the effectiveness of online delivery models and other training delivered by Early Intervention Wales Training, was delivered in an online format due to COVID related constraints. Overall, recovery of demand has been slow and there have been only limited training opportunities.

The KiVa Anti-bullying Programme is a school-based programme delivered by teachers that both prevents bullying and tackles bullying incidents effectively. The programme has been developed at the University of Turku, Finland and is used in 90% of comprehensive schools in Finland. There is growing evidence of its effectiveness in the UK, Finland and internationally. The programme is currently available for Key Stage 2 pupils in the UK. The curriculum covers approximately 50% of the English and Welsh PSE curricula. CEIT, through EIWT, is the only licenced training organisation for the KiVa programme in the UK. There has also been a small UK pilot in secondary schools and a small-scale evaluation of this is underway.

Training delivered during 2022-2023 primarily included training for control schools involved in the KiVa anti-bullying programme linked to the NIHR 'Stand Together' multi-site research grant (2019-2023). This research trial recruited 12,000 primary school pupils across four regions of the England and Wales.

The Enhancing Parenting Skills (EPaS)© Programme is a one-to-one therapist delivered intervention for parents of children aged 2 – 9 who are presenting with behavioural challenges that may or may not be linked to other developmental difficulties. It was developed by Judy Hutchings and has three phases, assessment, case analysis and intervention. Three-day training offered through EIWT is supported by a detailed leader manual.

The Book-sharing Programme is a group-based programme that was developed by Professors Cooper and Murray at Reading University. It teaches parents to have stimulating and rich interactions with their children over a picture-book. Rather than reading to a passive listener, supportive book-sharing involves engaging the child actively in conversation about the picture content, relating it to their own experience, and encouraging the child's curiosity and thinking skills. EIWT has been training school-based staff to deliver the programme. The training is open to people who work with parents. Participants are trained to deliver the

group-based book- sharing programme with groups of parents of 30 – 60-month-old children. A new training initiative involves training school-based support staff in the skills.

Parenting for Lifelong Health (PLH) is an initiative led by experts from the World Health Organisation, UNICEF, the Universities of Bangor, Oxford, Reading and Cape Town and Stellenbosh in South Africa. It is a suite of culturally adaptable, not-for-profit, and rigorously tested parenting programmes. PLH is committed to developing and testing a suite of effective, feasible, culturally relevant, and scalable parenting programmes to reduce the risk of violence against children and improve child wellbeing, primarily in low- and middle-income countries. It meets the need for low-cost evidence-based interventions where cost constraints restrict access to some programmes.

PLH is comprised of four programmes: PLH for Infants (up to six months of age); PLH for Toddlers (children aged between 1 and 5 years old); PLH for Young Children, (PLH-YC) also known as Caring Families (children aged 2 to 9 years old); and PLH for Parents and Teens (children aged 10 to 17 years old). Judy co-wrote the initial version of the PLH-YC programme and has delivered it in Wales as well as supporting its implementation internationally. EIWT now offers as three-day training in this programme.

Through the Global Parenting Initiative Judy and Natalie are funded for three years from April 2022 to support international trainers and coaches.

Research supported by CEIT

CEIT has a history of close collaboration with the Centre for Evidence Based Early Intervention (CEBEI) at Bangor University, co-funding staff and researchers since its inception through a combination of grant funding and income raised from the training company. It has been a partner in successful post-graduate research scholarships, undertaking early years research.

During this reporting period, there have been eight research scholarships, part funded by CEIT in collaboration with the Bangor University research centre, CEBEI, and the European funded Knowledge Economy Skills Scholarships (KESS2) as well as providing support to the large KiVa trial funded by NIHR

PLH-YC

Judy Hutchings and Bridget Roberts are both involved in training facilitators in this programme overseas, currently in Montenegro, Czechia and Thailand which all earn small amounts of funding for CEIT and contribute to CEIT's administrative costs. Training in Wales has been delivered to Barnardo's in South Gwynedd and a KESS/CEIT funded student, Jen Lunt, is evaluating its delivery.

Book sharing
CEBEI is keen to take book sharing research forward and Judy and Margiad have been involved in a small trial with Cambridge University. With CEIT support there have been several KESS funded projects.

Claire Owen, Masters by Research, upgraded to a PhD scholarship (2019-2022
During the year KESS/PhD student Claire Owen was awarded her PhD on her book sharing work with parents of 3-5-year-olds. A paper on main outcomes from the online trial is about to be submitted.

This project evaluated the Parenting for Lifelong Health Book Sharing programme in North Wales, initially evaluating a pilot trial of the Book Sharing programme delivered by school-based staff to parents. An expansion of this proved impossible due to COVID restrictions, with an alternative project to evaluate a delivery of a web-based version of the programme directly to parents, that had been recruited by schools.

Lauren King, Masters by Research, upgraded to a PhD scholarship (2020-2023).
This project is further evaluating the delivery of the Parenting for lifelong Health Book Sharing Programme, delivered by school-based staff to parents of three- to six-year-olds. She is evaluating the observational data to explore how the programme influences parental behaviour and language during book sharing. This data showed increased parental sensitivity, pacing, positivity and reciprocity between parent and child.

Rebecca Lothian MbyREs (2023)
Currently Becky Lothian is undertaking a KESS funded MbyREs evaluating the potential benefit of training school-based support staff in the book sharing skills.

KiVa school based antibullying programme

In 2013 CEIT pioneered the adoption of the Finish anti-bullying programme KiVa in schools in England and Wales initially supporting Suzy Clarkson's PhD. KiVa has a strong theoretical basis and decades of research demonstrating its effectiveness as a whole school approach. The programme is based on evidence that the way peer bystanders react (bystanders are neither the bully nor the victim) when witnessing bullying is crucial in either maintaining or ending bullying. The programme influences the peer context by teaching bystanders to identify and intervene when they witness bullying.

Ruth Pearson KESS/CEIT PhD scholarship (2020-2023).
This project is exploring data from the NIHR KiVa trial, to provide evidence for the reliability and validity of the participant role questionnaire, when administered as a self-report survey as part of the KiVa anti-bullying programme delivered by schools.

Jess Lothian Public Health Wales and KESS (2023)
Although not co-funded by CEIT we are supporting Jess in this project which is exploring how the first few secondary schools to be trained in KiVa are using the material.

Enhancing Parenting Skills
EPaS was developed by Judy as a one-to-one programme for CAMHS referred children with significant problems and was also the subject of Margiad's PhD. We are continuing to offer training in this programme.

Lisa Griffiths KESS/CEIT MbyRes 2022/23
Lisa has been exploring what adaptations would be useful in the EPaS assessment process for professionals working with neurodiverse children particularly those with ADHS and ASD characteristics.

COPING (the Confident Parent INternet Guide)
This COPING programme. based on Judy's Little Parent Handbook, was initially developed by Dawn Owen on an independently funded PhD.

Sue Layland KESS/CEIT funded PhD (2015-2019) and Anwen Jones part time KESS/CEIT funded PhD2019 – 2023)
Work on the COPING programme is now being taken further in two projects funded through CEIT with partners from Flintshire Council and GwE the North Wales Regional Education Collaborative and undertaken by our two former KESS/CEIT funded PhD students, Anwen Jones and Sue Layland both of whom work part-time for the School of Education.

Anwen's PhD scholarship (2019-2022) was a continuation of the Incredible Years® Autism trial, exploring the programme costs and longer-term outcomes. Her thesis was submitted and awarded a PhD in 2023 subject to completion of revisions. Anwen has now joined CEBEI part time on a research project related to COPING and is adapting the programme and creating additional sessions based on current challenges for parents, probably around screen time and nighttime routines.

Sue Layland's PhD was awarded in 2020 and she has now joined CEBEI part time funded by GwE the North Wales Regional Educational collaborative and supported by CEIT to develop additional material for COPING based on the needs of carers of children looked after.

Research funding plans
We have been very successful in obtaining KESS funding for students, but KESS funding will end in December 2023 due to Britain's withdrawal from Europe so the future support strategy for research will be reconsidered in CEIT's planning meetings.

The trustee's report was approved by the Board of Trustees

Alon Williams

Trustee

Signature 

Dated : 20/12/23.

CHILDRENS EARLY INTERVENTION TRUST

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2023

	Notes	Unrestricted funds 2023 £	Unrestricted funds 2022 £
Income from:			
Donations and legacies	3	52,000	28,372
Charitable activities	4	10,914	13,976
Investments	5	664	385
Total income		63,578	42,733
Expenditure on:			
Charitable activities	6	30,558	33,351
Net income for the year/ Net movement in funds		33,020	9,382
Fund balances at 1 April 2022		128,600	119,218
Fund balances at 31 March 2023		161,620	128,600

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

CHILDRENS EARLY INTERVENTION TRUST

BALANCE SHEET

AS AT 31 MARCH 2023

	Notes	2023 £	£	2022 £	£
Fixed assets					
Investments	**11**		2		2
Current assets					
Cash at bank and in hand		163,118		129,598	
Creditors: amounts falling due within one year	**12**	(1,500)		(1,000)	
Net current assets			161,618		128,598
Total assets less current liabilities			161,620		128,600
Income funds					
Unrestricted funds			161,620		128,600
			161,620		128,600

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2023.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 19 December 2023

A Williams
Trustee

Company registration number 05907566

1 Accounting policies

Charity information

Childrens Early Intervention Trust is a private company limited by guarantee incorporated in England and Wales. The registered office is Unit F1, Intec, Parc Menai, Bangor, Gwynedd, LL57 4FG, Wales.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, [modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value]. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

1.5 Expenditure

Resources expended are recognised on an accruals basis. Where appropriate, amounts expended include irrecoverable VAT.

1 Accounting policies **(Continued)**

1.6 Fixed asset investments

Fixed asset investments are initially measured at transaction price excluding transaction costs, and are subsequently measured at fair value at each reporting date. Changes in fair value are recognised in net income/(expenditure) for the year. Transaction costs are expensed as incurred.

1.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.8 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.9 Group accounts

The charitable company has taken advantage of the exemption not to prepare consolidated accounts, on the basis that the group of which this is the parent qualifies as a small group. The financial statements present information about the company as an individual entity and not about its group.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Donations and legacies

	Unrestricted funds 2023 £	Unrestricted funds 2022 £
Donations and gifts	52,000	28,372

4 Charitable activities

	Location training and research 2023 £	Location training and research 2022 £
Project contributions and other income within charitable activities	9,186	7,526
Coronavirus Job Retention Scheme	1,728	6,450
	10,914	13,976

5 Investments

	Unrestricted funds 2023 £	Unrestricted funds 2022 £
Interest receivable	664	385

6 Charitable activities

	Early Intervention training and research 2023 £	Early Intervention training and research 2022 £
Staff costs	7,200	14,554
Insurance	720	234
Bank charges	84	84
Accountancy	1,640	1,224
Sundries	285	990
Projects and programme delivery	20,552	16,196
Website costs	77	69
	30,558	33,351

7 Description of charitable activities

Early Intervention training and research
Expenditure on evidence based intervention programmes, research relevant to those programmes and other activities congruent with the charity's objects.

8 Trustees

None of the trustees (or any persons connected with them) received any remuneration during the year. No travel expenses were reimbursed to trustees during the year (2020 - £444 to one trustee).

9 Employees

The average monthly number of employees during the year was:

	2023 Number	2022 Number
	1	1

Employment costs	2023 £	2022 £
Wages and salaries	7,200	14,554

There were no employees whose annual remuneration was more than £60,000.

10 Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxationof Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

11 Fixed asset investments

	Unlisted investments £
Cost or valuation	
At 1 April 2022 & 31 March 2023	2
Carrying amount	
At 31 March 2023	2
At 31 March 2022	2

12 Creditors: amounts falling due within one year

	2023 £	2022 £
Accruals and deferred income	1,500	1,000

13 Related party transactions

Transactions with related parties

During the year the charity entered into the following transactions with related parties:

Donations include amounts totalling £52,000 (2022 - £28,372) were received from the charity's trading subsidiary.

CHILDRENS EARLY INTERVENTION TRUST

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF CHILDRENS EARLY INTERVENTION TRUST

I report to the trustees on my examination of the financial statements of Childrens Early Intervention Trust (the charity) for the year ended 31 March 2023.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or

2 the financial statements do not accord with those records; or

3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or

4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Barrie Buels FCCA FCIE
Chartered Certified Accountant

Crestmere Limited
Bangor, Gwynedd

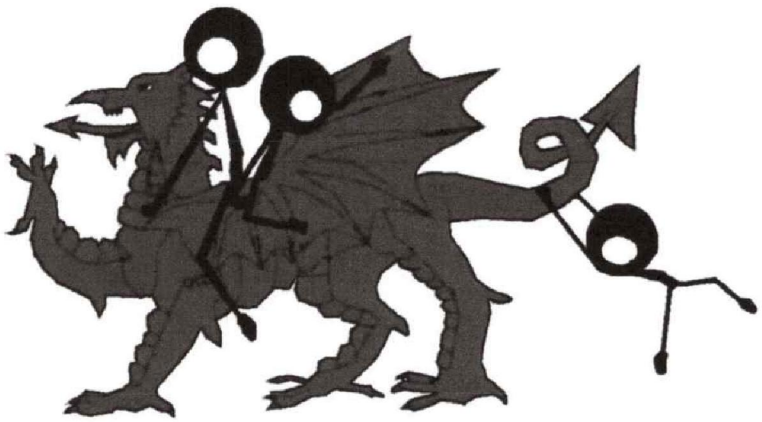
Dated: 20 December 2023

CHILDREN'S EARLY INTERVENTION TRUST

England & Wales - Charity number 1120056

Accounts

Ymddiriodolaeth Ymyrraeth Cynnar Plant



Children's Early Intervention Trust (CEIT)

Annual Report and Unaudited Financial Statements

For the Year Ended 31 March 2022

office@ceit-cymru.org 01248 383758 www.ceit-cymru.org

Children's Early Intervention Trust is a company limited by guarantee Registered in England & Wales.
Company number: 5907566, Charity number: 1120056
Registered Office: Unit F1, Intec, Parc Menai, Bangor, Gwynedd. LL57 4FG

CHILDRENS EARLY INTERVENTION TRUST

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	T Bywater N Hall N Griffith P Williams H Francis P Forbes-Martin A Williams A MacCallum Roberts
Secretary	N Griffith
Charity Number	1120056
Company Number	05907566
Registered office	Unit F1 Intec Parc Menai Bangor Gwynedd Wales LL57 4FG
Accountants:	Crestmere Limited, Chartered Certified Accountants Unit F1, Intec Fordd y Parc, Parc Menai, Bangor. Gwynedd. LL57 4FG
independent examiner:	Barrie Buels FCCA FCIE

CHILDRENS EARLY INTERVENTION TRUST

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CHILDRENS EARLY INTERVENTION TRUST

Introduction from the Chair of Trustees

The last year has been a year of change. Sadly Dilys Williams, our Charity and Centre Administrator/Office Manager passed away at the end of 2021. Dilys' daughter, Alanna McCallum Roberts, joined the Board of Trustees in January 2022, and we wholeheartedly welcome her and her input to CEIT.

Our first public lecture since pre-Covid times will be given by Lord, and Baron, Dafydd Wigley on June 27th, 2022, on Disability Legislation and will be dedicated to Dilys' memory. It will be live streamed with a more intimate live audience in attendance.

We have continued to fulfil our aims and objectives, for example, during this reporting period, CEIT have part-funded four research scholarships in collaboration with Bangor University, the Bangor University research centre CEBEI and the European funded Knowledge Economy Skills Scholarships (KESS2). In addition, Daniela Femic graduated with her project: 'Delivering a parenting program in Montenegro during COVID-19 restrictions: impact on delivery process and outcomes'. The project evaluated the impact of COVID-19 on the delivery of the Caring Families programme in Montenegro.

We have revised the format and frequency of our newsletter to reduce our carbon footprint, increase accessibility, and to appeal to a wider audience.
Training activities are increasing, post-Covid, and research projects are ongoing.

CHILDRENS EARLY INTERVENTION TRUST

TRUSTEES' ANNUAL REPORT

FOR THE YEAR ENDED 31 MARCH 2022

The board of Trustees present their report and accounts for the year ended 31 March 2022

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charitable company's Memorandum and Articles of Association, the Companies Act 2006, the Charities Act 2011, and 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), effective January 2015 (the Charities SORP FRS 102).

Objectives and activities

Our aims and objectives

The Children's Early Intervention Trust (CEIT) was set up in 2007.

The charities objects are:

the advancement of education for the public benefit in the subject of evidence-based intervention programmes within families, schools and other social groups to prevent or reduce violence and to develop children's social and emotional competence; and

to promote public benefit research into evidence-based intervention programme and to publish the results thereof.

The aims of the company are the advancement of education for families, schools and other social groups in evidence-based intervention programmes that prevent or reduce violence and develop children's social and emotional competence.

In furtherance of these objects during the period, the charity has

- funded the development and evaluation of interventions to promote children's well-being
- funded postgraduate and early career researchers
- upskilled practice and service staff via Early Intervention Wales Training Ltd.
- disseminated information to professionals and the general public about evidence-based interventions for families, schools and other social groups to prevent and reduce violence and to develop children's social and emotional competence.

Our Charitable activities

CEIT, through its wholly owned trading subsidiary, Early Intervention Wales Training (EIWT), (company no: 5236117) trains trainers to deliver parenting programmes and schools to deliver a curriculum based anti-bullying programme.
Training programmes are not priced commercially, and costs are kept low through the donation of some trainer time free of charge, and hosting organisations covering principal costs, such as venue hire. These courses generate a net income for the charity which has been accumulated to further the charity's objects in future years, principally with the intention of:

a) building a fund to support academic researchers to undertake early years research
b) funding activities that disseminate evidence-based interventions for children, through conferences, newsletters and the publication of data and research activities.

Aims and activities are reviewed regularly in the context of the charity's objects. Reviews consider the success of each activity and the benefits that have arisen. The reviews enable the charity to ensure that limited resources are allocated efficiently and effectively.

The trustees have paid due regard to guidance issued by the Charity Commission on public benefit in decided what activities the charity should undertake and how successful outcomes should be evaluated.

The key objectives for this year included:

- To continue to fund and support research
- To resume training activities, post COVID pandemic
- To support through training, a large, multi-centre research trial into the KiVa anti-bullying programme, for which CEIT holds the UK training licence.

Research dissemination

CEIT published its annual newsletter in Autumn 2021, completing the move from a paper-based newsletter to a fully online version, as being more accessible and sensitive to the use of resources. The link is available here: Newsletter and Training Spring 2022 (mailchi.mp)

The annual conference and lecture were both deferred due to planning constraints around COVID. Publications related to research activities funded by CEIT are available through the CEBEI publications page: https://www.bangor.ac.uk/psychology/cebei/publications.php.en

Financial review

The trustees are pleased to note that both cash balances and funds of the charity have been maintained at a level which they consider to be adequate to implement future plans. Unrestricted funds at the end of the year amounted to £128,600 (2021 - £119, 218)

It is the general policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six months expenditure. The trustees consider that, in the event of a significant drop in funding, they will be able to continue to the charity's current activities while consideration is given to ways in which additional funds may be raised. Given that the present intention is to accumulate a meaningful reserve before embarking on extensive project expenditure, this level of reserves has been generally maintained throughout the year.

Structure, governance and management

The charity is a company limited by guarantee and is governed by its Memorandum and Articles of Association.
The trustees, who are also the directors for the purpose of company law, are responsible for the overall management and control of the Children's Early Intervention Trust (CEIT) and meet four times a year. The work of implementing their objectives is undertaken by a small administrative team and sub-contracted trainers.
The Board keeps under review the skills requirements of trustees. New appointments are made by the Trustees in accordance with the Memorandum and Articles of Association. The induction process for newly appointed trustees comprises an initial meeting, followed by a series of short meetings as required on individual topics, including the powers and responsibilities of individual trustees and the Board. A brief history of the charity, copies of

board minutes, accounts, the governing document and a copy of the Charity Commission's guidance 'The Essential Trustee: What you need to know' are all available to new trustees.

The trustees have a broad range of expertise in early years research and programme delivery as well as business management and financial expertise.
None of the trustees have any beneficial interest in the company. All of the trustees are members of the company and guarantee to contribute £ 1 in the event of a winding up.

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted
1	Professor Tracey Bywater	Chair	Re-elected 2019
2	Pauline Williams	Vice-Chair	Re-elected 2019
3	Dr Nia Griffith	Secretary	Re-elected 2019
4	Alon Williams	Finance	Re-elected 2021
5	Nia Hall		Re-elected 2021
6	Dr Pam Martin-Forbes		Re-elected 2021
7	Hefin Francis		Re-elected 2021
8	Alanna McCallum Roberts		Appointed January 2022

Risk management

The trustees are responsible for the overseeing of the risks faced by the charity. To facilitate this, the trustees utilise the Charity diagnostic tool and review the risk assessment log regularly.
The main risks that the board have identified and the plans to manage those risks are:

- Reputation and credibility. CEIT is dependent on provision of accurate and reliable resources, that are demonstrably effective. It is also reliant on ensuring well-being of the people they interact with. Risk is managed through safeguarding polices, rigorous research methodologies and collaboration with other organisations working in the same field, to maintain fidelity of programme delivery and accuracy of reported research findings.

- Financial sustainability. The ability for CEIT to function is dependent on income from the training subsidiary. This has had a negative impact as a result of the COVID pandemic, and a reduction in demand for previously offered training programmes. There is potential for growth in the KiVa programme and a move to online training, as well as in person training, is opening new opportunities.

Through the risk management processes established by the board, the Trustees are actively mitigating risks. They also acknowledge that systems and processes can only provide reasonable, but not absolute assurance, that major risks have been adequately managed.

Internal review and policy documents such as the Charity diagnostic tool and risk assessment review can be accessed via the CEIT website.
The trustee's report was approved by the Board of Trustees

CHILDRENS EARLY INTERVENTION TRUST

Early Intervention Wales Training – Directors Report

Achievements and performance

The Children's Early Intervention Trust advocates the use of evidence-based approaches in all services and provides the training and resources required to support staff to get good outcomes for children and families by using evidence based or evidence informed programmes. Through the trading company Early Intervention Wales Training, we deliver training to professionals in education, health or social care settings who work with parent/carers and/or children. CEIT is currently supporting research and training delivery related to four programmes:

The KiVa Anti-bullying Programme is a school-based programme delivered by teachers that both prevents bullying and tackles bullying incidents effectively. The programme has been developed at the University of Turku, Finland and is used in 90% of comprehensive schools in Finland. There is growing evidence of its effectiveness in the UK, Finland and internationally. The programme is currently available for Key Stage 2 pupils and covers approximately 50% of the English and Welsh PSE curricula. CEIT is the only licenced training organisation for the KiVa programme in the UK.

The Enhancing Parenting Skills (EPaS)© Programme is a one-to-one therapist delivered intervention for parents of children aged 2 – 9 who are presenting with behavioural challenges that may or may not be linked to other developmental difficulties. It was developed by Professor Judy Hutchings. It has three phases, assessment case analysis and intervention. Three-day training is supported by a detailed leader manual.

The Book-sharing Programme is a group-based programme that was developed by Professors Cooper and Murray at Reading University. It teaches parents to have a stimulating and rich interaction with their children over a picture-book. Rather than reading to a passive listener, supportive book-sharing involves engaging the child actively in conversation about the picture content, relating it to their own experience, and encouraging the child's curiosity and thinking skills. CEIT, through EIWT has been funding research and training school-based staff to deliver the programme. The training is open to a small number of people who work with parents. Participants are trained to deliver the group-based book-sharing programme with parents of 30 – 60-month-old children.

Parenting for Lifelong Health (PLH) is an initiative led by experts from the World Health Organisation, UNICEF, the Universities of Bangor, Oxford, Reading and Cape Town and Stellenbosh in South Africa. It is a suite of culturally adaptable, not-for-profit, and rigorously tested parenting programmes. PLH is committed to develop and test a suite of effective, feasible, culturally relevant, and scalable parenting programmes to reduce the risk of violence against children and improve child wellbeing in low- and middle-income countries. It also meets the need for low-cost evidence-based interventions where cost constraints restrict access to some programmes.
PLH is comprised of four programmes: PLH for Infants (up to six months of age); PLH for Toddlers (children aged between 1 and 5 years old); PLH for Young Children, also known as Caring Families (children aged 2 to 9 years old); and PLH for Parents and Teens (children aged 10 to 17 years old).

Funded Research

CHILDRENS EARLY INTERVENTION TRUST

CEIT has a history of close collaboration with the Centre for Evidence Based Early Intervention (CEBEI) at Bangor University, co-funding staff and researchers since its inception through a combination of grant funding and income raised from the training company. It has been a partner in successful post-graduate research scholarships, undertaking early years research.
During this reporting period, there have been four research scholarships part funded by CEIT, in collaboration with Bangor University, the Bangor University research centre CEBEI and the European funded Knowledge Economy Skills Scholarships (KESS2)

Ruth Pearson PhD scholarship (2020-2023).
This project will explore data from the NIHR KiVa trial, to provide evidence for the reliability and validity of the participant role questionnaire, when administered as a self-report survey as part of the KiVa anti-bullying programme delivered by schools.

Anwen Jones, PhD scholarship (2019-2022)
This project is a continuation of the Incredible Years® Autism trial, exploring the programme costs and longer-term outcomes as well as the impact of the programme on partners and siblings. A literature review identified few economic evaluations of targeted programmes for parents of children with Autism Spectrum Disorders (ASD), despite a great deal of evidence demonstrating the economic implications that ASD can have on public funded services and families.

Claire Owen, Masters by Research, upgraded to a PhD scholarship (2019-2022).
This project is evaluating the Parenting for Lifelong Health Book Sharing programme in North Wales, this initially evaluated a pilot trial of the Book Sharing programme delivered by school-based staff to parents. An expansion of this proved impossible due to COVID restrictions, with an alternative project to evaluate a delivery of a web-based version of the programme directly to parents, that had been recruited by schools.

Lauren King, Masters by Research, upgraded to a PhD scholarship (2020-2023).
This project is further evaluating the delivery of the Parenting for lifelong Health Book Sharing Programme, delivered by school-based staff to parents of three- to six-year-olds. She is evaluating the observational data to explore how the programme influences parental behaviour and language during book sharing. This data showed increased parental sensitivity, pacing, positivity and reciprocity between parent and child.

Training activities

Training pre-COVID has traditionally been delivered in a face-to-face format, in line with research supporting in person training being effective in facilitating the modelling of relationship building that is integral to the effective delivery of many parenting programmes. This model has been challenged during the COVID pandemic which has accelerated a trend to online delivery of training. As indicated above, some of the research pivoted to evaluate the effectiveness of online delivery models and other training delivered by Early Intervention Wales Training, was delivered in an online format due to COVID related constraints. However, overall, recovery of demand for training during this period was very slow and there were only limited training opportunities.

Training delivered during 2021-2022 primarily related to the KiVa anti-bullying programme and the NIHR 'Stand Together' multi-site research grant (2019-2023). This research trial has recruited 13,00 primary school students across four regions of the England and Wales. CEIT holds the UK licence for the training of school staff to deliver the KiVa programme and has been involved in supporting this trial through training delivery.

CHILDRENS EARLY INTERVENTION TRUST

During 2021-2022, 170 school staff were trained to deliver KiVa as part of the Stand Together trial. In addition, 27 school staff received refresher training for the KiVa programme to support their school delivery.

In 2013 CEIT pioneered the adoption of the Finish anti-bullying programme KiVa in schools in England and Wales. KiVa has a strong theoretical basis and decades of research demonstrating its effectiveness as a whole school approach. The programme is based on evidence that the way peer bystanders react (bystanders are neither the bully nor the victim) when witnessing bullying is crucial in either maintaining or ending bullying. The programme influences the peer context by teaching bystanders to identify and intervene when they witness bullying.
CEIT is the UK KiVa administration centre, training and supporting schools to use the programme. Until recently, work was only undertaken with primary schools, however, from 2022, the programme is also being rolled out to all of the secondary schools in one county in North Wales.
The programme is proving popular, with its close links to school curriculum and focus on social and emotional literacy of pupils, as well as providing a whole school approach to tackle bullying, as can be seen in feedback:

> *"Useful training which will benefit our school greatly. I'm looking forward to introducing it."*
>
> *"Very well structured I can see how this will impact our school in a positive way."*
>
> *"Very insightful training. I can imagine it will have a great impact on my school when it is up and started. Thank you!"*

In addition to KiVa training, seven people were trained in the Enhancing Parenting Skills (EPaS) programme created by Professor Judy Hutchings, to provide one to one intervention for parents of children not able to attend group-based parenting courses, or for whom, more targeted interventions are appropriate.

The trustee's report was approved by the Board of Trustees

Company secretary

N. Griffith.

Dated : 14 October 2022

CHILDRENS EARLY INTERVENTION TRUST

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF CHILDRENS EARLY INTERVENTION TRUST

I report to the trustees on my examination of the financial statements of Children's Early Intervention Trust (the charity) for the year ended 31 March 2022.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Barrie Buels FCCA FCIE,

Chartered Certified Accountant.

Crestmere Limited,

Bangor, Gwynedd.

02 December 2022

CHILDRENS EARLY INTERVENTION TRUST

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2022

	Notes	Unrestricted funds 2022 £	Unrestricted funds 2021 £
Income and endowments from:			
Donations and legacies		28,372	28,636
Charitable activities		13,976	24,297
Investments		385	200
Other income		-	221
Total income		42,733	53,354
Expenditure on:			
Charitable activities		33,351	38,735
Net income for the year/ Net movement in funds		9,382	14,619
Fund balances at 1 April 2021		119,218	104,599
Fund balances at 31 March 2022		128,600	119,218

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

CHILDRENS EARLY INTERVENTION TRUST

BALANCE SHEET

AS AT 31 MARCH 2022

	Notes	2022 £	£	2021 £	£
Fixed assets					
Investments			2		2
Current assets					
Debtors		-		1,200	
Cash at bank and in hand		129,598		119,563	
		129,598		120,763	
Creditors: amounts falling due within one year		(1,000)		(1,547)	
Net current assets			128,598		119,216
Total assets less current liabilities			128,600		119,218
Income funds					
Unrestricted funds			128,600		119,218
			128,600		119,218

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2022.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 14.10.22.

A Williams
Trustee

Company registration number 05907566

CHILDRENS EARLY INTERVENTION TRUST

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022

1 Accounting policies

Charity information

Children's Early Intervention Trust is a private company limited by guarantee incorporated in England and Wales. The registered office is Unit F1, Intec, Parc Menai, Bangor, Gwynedd, LL57 4FG, Wales.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, [modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value]. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

1.5 Expenditure

Resources expended are recognised on an accruals basis. Where appropriate, amounts expended include irrecoverable VAT.

1 **Accounting policies** (Continued)

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Tangible fixed assets are stated at cost less depreciation. Depreciation was provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life. All tangible fixed assets were written off in full prior to 1st April 2015.

Fixtures, fittings & equipment	fully depreciated

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Fixed asset investments

Fixed asset investments are initially measured at transaction price excluding transaction costs, and are subsequently measured at fair value at each reporting date. Changes in fair value are recognised in net income/(expenditure) for the year. Transaction costs are expensed as incurred.

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

(Continued)

1 Accounting policies

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.11 Group accounts

The charitable company has taken advantage of the exemption not to prepare consolidated accounts, on the basis that the group of which this is the parent qualifies as a small group. The financial statements present information about the company as an individual entity and not about its group.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Donations and legacies

	Unrestricted funds	Unrestricted funds
	2022	2021
	£	£
Donations and gifts	28,372	28,636

4 Charitable activities

	Location training and research 2022 £	Location training and research 2021 £
Project contributions and other income within charitable activities	7,526	5,817
Coronavirus Job Retention Scheme	6,450	18,480
	13,976	24,297

5 Investments

	Unrestricted funds 2022 £	Unrestricted funds 2021 £
Interest receivable	385	200

6 Other income

	Total 2022 £	Unrestricted funds 2021 £
Other income	-	221

Other income comprises travel refunds arising as a result of coronavirus restrictions.

7

	Charitable activities	
	Early Intervention training and research 2022 £	Early Intervention training and research 2021 £
Staff costs	14,554	22,651
Insurance	234	230
Bank charges	84	99
Accountancy	1,224	1,171
Sundries	990	153
Projects and programme delivery	16,196	14,343
Website costs	69	88
	33,351	38,735

8 Description of charitable activities

Early Intervention training and research

Expenditure on evidence based intervention programmes, research relevant to those programmes and other activities congruent with the charity's objects.

9 Trustees

None of the trustees (or any persons connected with them) received any remuneration during the year. No travel expenses were reimbursed to trustees during the year (2020 - £444 to one trustee).

10 Employees

The average monthly number of employees during the year was:

	2022 Number	2021 Number
	1	2

Employment costs	2022 £	2021 £
Wages and salaries	14,554	22,651

There were no employees whose annual remuneration was more than £60,000.

11 Fixed asset investments

(Continued)

	Unlisted investments £
Cost or valuation	
At 1 April 2021 & 31 March 2022	2
Carrying amount	
At 31 March 2022	2
At 31 March 2021	2

12 Debtors

	2022 £	2021 £
Amounts falling due within one year:		
Operating debtors	-	1,200

13 Creditors: amounts falling due within one year

	2022 £	2021 £
Other creditors	-	547
Accruals and deferred income	1,000	1,000
	1,000	1,547

14 Related party transactions

Transactions with related parties

During the year the charity entered into the following transactions with related parties:

Donations include amounts totalling £28,372 (2021 - £28,636) were received from the charity's trading subsidiary.

CHILDREN'S EARLY INTERVENTION TRUST

England & Wales - Charity number 1120056

Accounts

Charity Registration No. 1120056

Company Registration No. 05907566 (England and Wales)

CHILDRENS EARLY INTERVENTION TRUST

ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2021

CHILDRENS EARLY INTERVENTION TRUST

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	T Bywater N Hall N Griffith P Williams H Francis P Forbes-Martin A Williams
Secretary	vacancy
Charity number	1120056
Company number	05907566
Registered office	Unit F1 Intec Parc Menai Bangor Gwynedd Wales LL57 4FG

CHILDRENS EARLY INTERVENTION TRUST

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CHILDRENS EARLY INTERVENTION TRUST

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2021

The Board of Trustees present their report and accounts for the year ended 31 March 2021.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charitable company's Memorandum and Articles of Association, the Companies Act 2006, the Charities Act 2011 and 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), effective January 2015 (the Charities SORP FRS 102).

Objectives and activities

The charity's objects are :

the advancement of education for the public benefit in the subject of evidence based intervention programmes within families, schools and other social groups to prevent or reduce violence and to develop children's social and emotional competence; and

to promote public benefit research into evidence based intervention programmes and to publish the results thereof.

In furtherance of these objects during the period, the charity has provided training on location within Wales for groups of professionals. The emphasis is on the development of service and the courses are not priced commercially. Trainers give their time free of charge and the principal costs are usually met by the local authority, charity or other entity hosting the event. These courses do generate net income for the charity, which has been accumulated to further the charity's objects in future years, principally with the intention of:

a. building a fund to invite bids from academic institutions to undertake high quality randomised controlled trials of the Incredible Years parent, child and teacher programmes;

b. providing grants for activities that disseminate evidence based interventions for children with conduct disorder through conferences, newsletters and the publication of data and research activity.

Aims and activities are reviewed regularly in the context of the charity's objects. Reviews consider the success of each activity and the benefits that have arisen. The reviews enable the charity to ensure that limited resources are allocated efficiently and effectively.

The trustees have paid due regard to guidance issued by the Charity Commission on public benefit in deciding what activities the charity should undertake and how succesful outcomes should be evaluated.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

Achievements and performance

During the 2020/21 financial year we experienced considerable challenges due to COVID 19 restrictions however we received a government grant of £10k and were able to part furlough of the staff maintaining only a skeleton staff on the actual payroll. We did not undertake any of the live training events that had been scheduled but were able to undertake development work for the remote delivery of various training courses. Going forward, we are now in a position to offer remote training for several programmes, including Parenting for Lifelong Health, Enhancing Parenting Skills and the Books Together Book Sharing Programme

We did not recruit any new schools to our KiVa programme but did re-enrol most of the existing registered schools and have recruited 56 schools to the 2021/22 school year

We lost our contract to deliver Incredible Years training as this is now mostly delivered online from Seattle but are continuing to sell IY resources, which continues to be profitable.

Overall we are pleased to have survived with government support and are now optimistic about going forward, regardless of any restrictions, since we have developed new products that can mainly be delivered online.

Financial review

The trustees are pleased to note that both cash balances and funds of the charity have been maintained at a level which they consider to be adequate to implement future plans. Unrestricted funds at the end of the year amounted to £119,218 (2020 - £104,599).

It is the general policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. Given that the present intention is to accumulate a meaningful reserve before embarking on extensive project expenditure, this level of reserves has been generally maintained throughout the year.

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

Structure, governance and management

The charity is a company limited by guarantee and is governed by its Memorandum and Articles of Association.

The trustees, who are also the directors for the purpose of company law, and who served during the year were:

T Bywater
N Hall
N Griffith
P Williams
H Francis
P Forbes-Martin
A Williams
A Jones (Resigned 12 April 2021)

The Board keeps under review the skills requirements of trustees and has been pleased to appoint the first parent representative. New appointments are made in accordance with the procedures outlined in this report under 'Structure, governance and management'. The induction process for newly appointed trustees comprises an initial meeting, followed by a series of short meetings as required on individual topics, including the powers and responsibilities of individual trustees and the Board. A brief history of the charity, copies of Board minutes, accounts, the governing document and a copy of the Charity Commission's guidance 'The Essential Trustee: What You Need to Know' are all available to new trustees.

None of the trustees have any beneficial interest in the company. All of the trustees are members of the company and guarantee to contribute £1 in the event of a winding up.

During the year the Board of Trustees met quarterly and will continue to do so.

The trustees' report was approved by the Board of Trustees.

A Williams
Trustee
Dated: 29 December 2021

CHILDRENS EARLY INTERVENTION TRUST

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF CHILDRENS EARLY INTERVENTION TRUST

I report to the trustees on my examination of the financial statements of Childrens Early Intervention Trust (the charity) for the year ended 31 March 2021.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or

2 the financial statements do not accord with those records; or

3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or

4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Barrie Buels FCCA FCIE
Chartered Certified Accountant

Crestmere Limited
Bangor, Gwynedd

Dated: 29 December 2021

CHILDRENS EARLY INTERVENTION TRUST

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2021

	Notes	Unrestricted funds 2021 £	Unrestricted funds 2020 £
Income and endowments from:			
Donations and legacies	**3**	28,636	29,963
Charitable activities	**4**	24,297	17,259
Investments	**5**	200	291
Other income	**6**	221	-
Total income		53,354	47,513
Expenditure on:			
Charitable activities	**7**	38,735	38,919
Net income for the year/ Net movement in funds		14,619	8,594
Fund balances at 1 April 2020		104,599	96,005
Fund balances at 31 March 2021		119,218	104,599

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

CHILDRENS EARLY INTERVENTION TRUST

BALANCE SHEET

AS AT 31 MARCH 2021

	Notes	2021 £	2021 £	2020 £	2020 £
Fixed assets					
Investments	**11**		2		2
Current assets					
Debtors	**12**	1,200		1,650	
Cash at bank and in hand		119,563		104,808	
		120,763		106,458	
Creditors: amounts falling due within one year	**13**	(1,547)		(1,861)	
Net current assets			119,216		104,597
Total assets less current liabilities			119,218		104,599
Income funds					
Unrestricted funds			119,218		104,599
			119,218		104,599

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2021.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 29 December 2021

A Williams
Trustee

Company Registration No. 05907566

1 Accounting policies

Charity information

Childrens Early Intervention Trust is a private company limited by guarantee incorporated in England and Wales. The registered office is Unit F1, Intec, Parc Menai, Bangor, Gwynedd, LL57 4FG, Wales.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

1.5 Expenditure

Resources expended are recognised on an accruals basis. Where appropriate, amounts expended include irrecoverable VAT.

1 Accounting policies **(Continued)**

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Tangible fixed assets are stated at cost less depreciation. Depreciation was provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life. All tangible fixed assets were written off in full prior to 1st April 2015.

Fixtures, fittings & equipment	fully depreciated

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Fixed asset investments

Fixed asset investments are initially measured at transaction price excluding transaction costs, and are subsequently measured at fair value at each reporting date. Changes in fair value are recognised in net income/(expenditure) for the year. Transaction costs are expensed as incurred.

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 ‘Basic Financial Instruments’ and Section 12 ‘Other Financial Instruments Issues’ of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

1 Accounting policies **(Continued)**

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.11 Group accounts

The charitable company has taken advantage of the exemption not to prepare consolidated accounts, on the basis that the group of which this is the parent qualifies as a small group. The financial statements present information about the company as an individual entity and not about its group.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Donations and legacies

	Unrestricted funds	Unrestricted funds
	2021	2020
	£	£
Donations and gifts	28,636	29,963

4 Charitable activities

	Location training and research 2021 £	Location training and research 2020 £
Project contributions and other income within charitable activities	5,817	17,259
Coronavirus Job Retention Scheme	18,480	-
	24,297	17,259

5 Investments

	Unrestricted funds 2021 £	Unrestricted funds 2020 £
Interest receivable	200	291

6 Other income

	Unrestricted funds 2021 £	Total 2020 £
Other income	221	-

Other income comprises travel refunds arising as a result of coronavirus restrictions.

7 Charitable activities

	Early Intervention training and research 2021 £	Early Intervention training and research 2020 £
Staff costs	22,651	10,753
Insurance	230	227
Bank charges	99	167
Accountancy	1,171	1,044
Sundries	153	124
Projects and programme delivery	14,343	26,458
Donations	-	106
Website costs	88	40
	38,735	38,919

8 Description of charitable activities

Early Intervention training and research
Expenditure on evidence based intervention programmes, research relevant to those programmes and other activities congruent with the charity's objects.

9 Trustees

None of the trustees (or any persons connected with them) received any remuneration during the year. No travel expenses were reimbursed to trustees during the year (2020 - £444 to one trustee).

10 Employees

The average monthly number of employees during the year was:

	2021 Number	2020 Number
	2	2

Employment costs	2021 £	2020 £
Wages and salaries	22,651	10,753

There were no employees whose annual remuneration was more than £60,000.

11 Fixed asset investments

	Unlisted investments £
Cost or valuation	
At 1 April 2020 & 31 March 2021	2
Carrying amount	
At 31 March 2021	2
At 31 March 2020	2

12 Debtors

	2021	2020
Amounts falling due within one year:	£	£
Trade debtors	1,200	1,650

13 Creditors: amounts falling due within one year

	2021	2020
	£	£
Other creditors	547	861
Accruals and deferred income	1,000	1,000
	1,547	1,861

14 Related party transactions

Transactions with related parties

During the year the charity entered into the following transactions with related parties:

Donations include amounts totalling £28,636 (2020 - £29,963) were received from the charity's trading subsidiary.

15 Impact of the Coronavirus pandemic

On 23 March 2020 the UK Government announced the commencement of a lockdown period in response to the Coronavirus pandemic. This has resulted in the charity being unable to operate normally.

At the date of signing these financial statements there has been some easing of measures from time to time and the charity is adapting well to new ways of delivering training and guidance.

The trustees are of the opinion that the charity has adequate resources to continue, but it is likely that planning will be subject to fundamental review if the current level of uncertainty persists for a further prolonged period.