

Company registration number: **06109030**

Registered Charity: **1120017**

Relate Bournemouth Poole and  
Christchurch

**REPORT AND UNAUDITED ACCOUNTS**

**For the year ended 31 March 2024**

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## LEGAL AND ADMINISTRATIVE INFORMATION

Relate Bournemouth Poole and Christchurch is a company limited by guarantee and not having share capital and is governed by its Memorandum and Articles of Association. The company is a registered charity.

Charity Name	Relate Bournemouth Poole and Christchurch
Charity registration number	1120017 (registered 11 July 2007)
Company Number	06109030 (incorporated 15 February 2007)
Trustees	Nicole Jessop Anne Clarkson Richard Cook Jacqueline Reeves Dorothy Brown Debra Clark Pauline Wheeler
Registered office	1 Stratfield Saye 20-22 Wellington Road Bournemouth Dorset BHS SJN United Kingdom
Bankers	CAF Bank
Accountant	HJ Accounts Management Ltd 45 Ensbury Avenue Bournemouth Dorset BH10 4HF United Kingdom

# Annual Report

Year ending 31st March 2024



**Relate**  
Bournemouth, Poole  
& Christchurch

# Message from our Chair



It's been another good year for the Relate team. Face to face sessions are now around 50% of our delivery and we've managed to meet demand by using funds raised and hiring new staff.

We passed a long standing goal of having 50% of our session costs funded, a huge achievement and demonstration of our commitment to supporting the community regardless of people's financial means.

Due to the huge demand and success for young people's counselling we turned around 2 years of funding in 3 months to help 72 children and young people in the area.

You never know what's around the corner but myself and the Board continue to have huge confidence in the Relate team, our volunteers, counsellors, supervisors, leadership and admin heroes. Great work everyone, you're a part of something to be proud of.

A handwritten signature in black ink, appearing to be 'RGA' with a stylized flourish at the end.

The trustees present their report and financial statements for the year to 31st March 2024 which are also prepared to meet the requirements for a directors' report and accounts for Companies Act purposes. The financial statements comply with the Charities Act 2011, the Companies Act 2006, the charitable company's memorandum and articles and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities issued on 16 July 2014 (SORP 2015 (FRSSE)).

# Our Mission

To enhance the quality of couple and parental family relationships

To help relationships, marriages and civil partnerships withstand the pressures leading to breakdown

To help make living, working and being with other people, a better experience for our clients, at every stage of life

To limit the damage which commonly accompanies failing relationships, separation and divorce and increase the prospect of subsequent relationships succeeding.

To deliver services with cultural sensitivity and without discrimination. To operate fully within an equal opportunities policy and promote anti-discriminatory practice.

# Our Values

We are focused on the needs of clients and communities and we encourage continuous improvement and development

Our service delivery demonstrates excellence in practice, inclusiveness and respect for clients, stakeholders, employees and volunteers

## We believe...

An individual's physical well-being, emotional and mental health benefit from a committed relationship.

Children thrive in families where relationships are positive and free from destructive conflict

People gain from an understanding of their sexuality

# Performance

This Annual Report examines what we have achieved and the outcomes of our work in the previous 12 months. The report looks at the success of our key activities and the benefits they have brought to the people we are set up to help. It helps us ensure our activities remain focussed on our stated purpose. We have referred to the guidance contained in the Charity Commission's general guidance on public benefit to ensure our previous and planned activities will contribute to the aims and objectives we have set.

## Clinical Standards

Our Relate centre is an organisational member of the BACP, adhering to their ethical guidelines as well as Relate National's service specifications. The impact on the lives of clients is demonstrated in feedback from our clients gathered through our in-house survey as well as nationally recognised outcomes-measures.

## Charitable Value

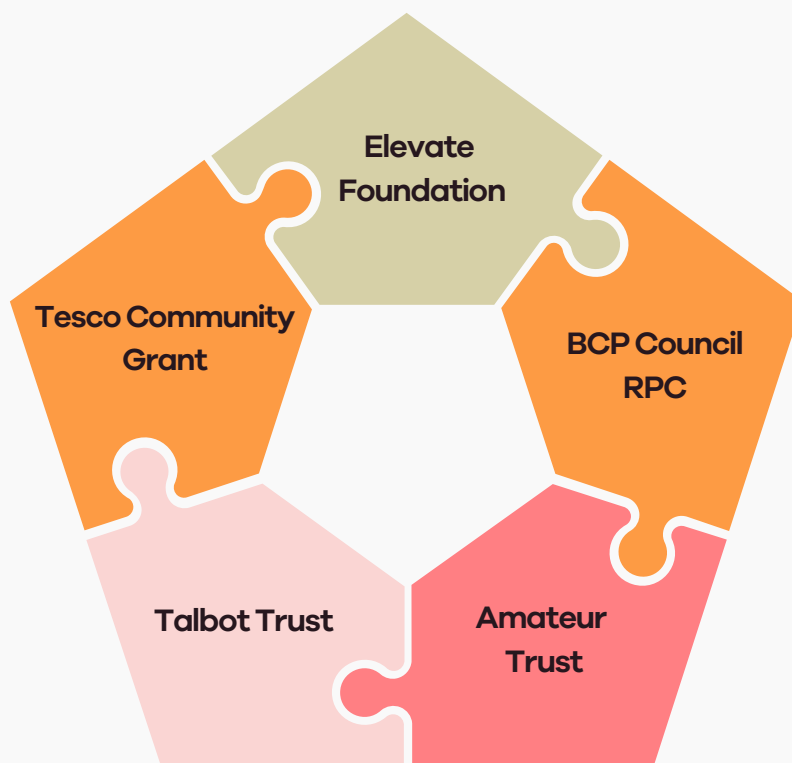
This year, we have increased our charitable offer, with 50% of our counselling sessions being partially or fully funded.

We have reached record levels of schools-based service counselling thanks to the generous donations from Elevate Foundation, Talbot Trust and the Amateurs Trust. As we have increased our capacity and delivery, we have been able to offer more heavily subsidised sessions to local schools and self-referred families.





# Local Funders



## Beneficiaries

Funding from trusts and grant-giving bodies in 2023-24 enabled us to provide fully funded and low cost counselling services to the following beneficiaries:

- Children and young people aged 8+ (Elevate Foundation, Talbot Trust)
- Children, young people and families (core costs - Amateur Trust £10,000)
- 40 sessions were funded for children and young people in schools of high deprivation (Dorset Communities Foundation - Neighbourhood Fund)
- Families of SEND children (BCP Council - Reducing Parental Conflict Grant). £33,632 was spent in 2023-24. This project is to be continued into 2024-25.
- We received £1125 from the Tesco Community Grants, supporting children and young people's mental health through counselling at Bourne Academy.
- 14 remaining sessions funded for couples, families, individuals and children by Ardonagh Trust from a previous grant.
- Alice Ellen Cooper-Dean £2392 was spent on funded counselling from a previous grant.
- Wessex Water funded subsidised counselling to the value of £1275

## School Partners

This year, we provided counselling services to schools across BCP. Partner schools include: Bourne Academy, St Aldhelm's Academy, Jewell Academy, Mudeford, Longfleet Primary and St Peter's Catholic Secondary School; delivering a total of 410 sessions across all schools.





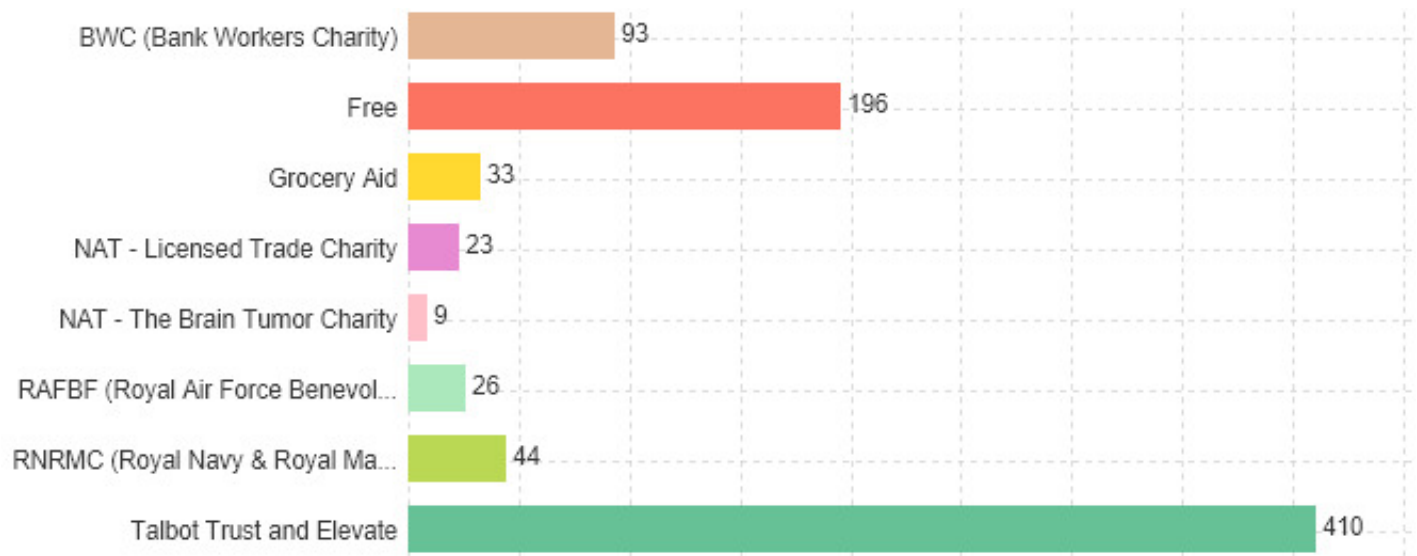


# National Partners

Our Charity provide fully and partially funded counselling to individuals, couples, families and children in partnership with the following trusts:

- Royal Navy & Royal Marines Charity
- Seafarers Charity
- Royal Air Force Benevolent Trust
- Bank Workers Charity
- Chartered Accountants Benevolent Association (CABA)
- Charity for Civil Servants
- Grocery Aid
- The Brain Tumour Charity
- The Retail Trust
- Licensed Trade Charity

Delivery of partner-funded sessions for the financial year ending 31st March 2024:





# Service Delivery

## Relationship Counselling

We delivered 1303 sessions of relationship counselling including 141 initial consultations. This service supports people's relationships by helping them discuss their feelings, attitudes and expectations, offering assistance with communication and problem solving.

## Family Counselling

We delivered 123 sessions of family counselling, supporting families of all ages, situations and dynamics to have more positive relationships with one another.

## Children & Young People's Counselling

We delivered 602 sessions of counselling to children and young people between ages 5-18

## Family Coaching

We delivered 119 sessions of family coaching

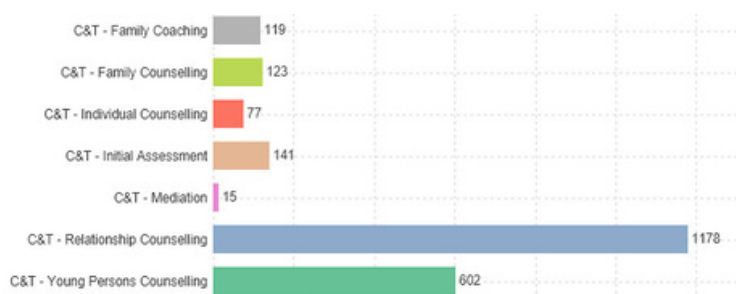
## Individual Counselling

We delivered 77 sessions of individual counselling

## In Total

Our centre delivered a total of 2255 sessions in 203-24, compared to 2065 in 2022-23

## Counselling Sessions



## Mediation

We delivered 16 sessions of mediation including finance, property and child arrangements.

## Training

We delivered 2 CPD days to Level 4 Diploma counselling students at Redlands Counselling College, Bournemouth on the subject of eating disorders.

**'The training gave me a clear understanding of positive ways to work with clients who have eating disorders. Faith that change is possible through personal example.'**

**All useful information but particularly engaging to hear about personal experiences of both tutors'**

**'The course facilitators were both engaging and provided plenty of opportunities for questions and examples of real life case studies of clients.'**

# What our Young Clients Have to Say...



It helped me quite a lot. I learnt how to express myself and feel. We've done super fun things to make me worry less.

I am happier, I realised I hold on to way too much, and noticed I need to stand up for myself.

Counselling made a very big difference to help me manage my feelings.

100% of young people said they would recommend our service

It's made me open my eyes up to reality, and see that I can actually do it, and if something is on my mind I have to speak up about it.



I have more energy, I am happy and I enjoy everything I can.

# Feedback from Families...



I just think having someone listen and validate and hear me really helped, as well as learning things to help me feel less selfish when I take time for myself.

Being validated in our role as parents, looking at our strengths as a couple. We found love languages helpful in enabling us encourage our children better.

89% of families rated our coaching service as 'Excellent', with 11% rating it as 'Good'

My child is more responsive and his behaviour is easier to manage.

Life at home is much calmer now. We take time instead of shouting at each other and we listen more now.



It really helped us see how our emotions and our reactions affected the kids and how we could do things better..

# Financial Summary

## Reserves

The Trustees have reviewed the reserves policy to allow for temporary fluctuation of our financial position in light of short-term investment in fundraising and business development. The usual reserves policy should reflect three months running costs, which currently stands at £23,100 (3 months of £7,700 fixed costs). At year end, whilst reserves had dipped below this threshold in the previous year, the reserves have now been built back up to £22,850 as at 31st March 2024. This financial position is being reviewed on a monthly basis. In addition, there is a designated Building Fund reserve of £10,391. We hold reserves in CAF Bank, a subsidiary of the Charities Aid Foundation.

## Principal Funding Sources

The principal funding sources for the charity are currently from client contributions, trust fundraising and spot purchasing from local schools and authorities.

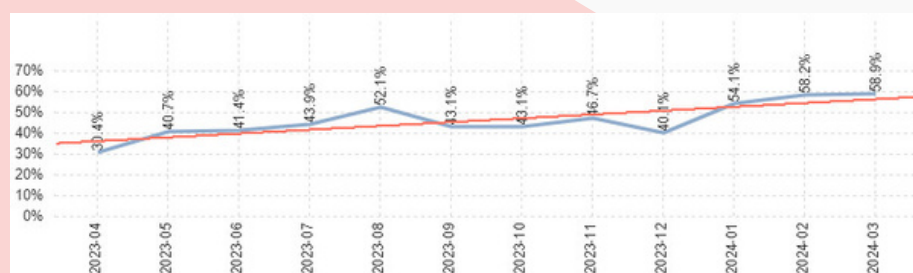
## Public Benefit

The Trustees confirm that they have complied with the duty to give due regard to the Charity Commission's general guidance on public benefit. The work of the Charity is to prevent harm or further distress resulting from relationship breakdown and to educate the general public on matters pertaining to these issues. It is not considered that the Charity's activities include any detriment to beneficiaries or that they convey any significant incidental private benefit to those governing the Charity. By fundamental definition, the charity's beneficiaries; families under stress, or in relationship crisis, are the public. All counselling services rarely cover their costs. The Department for Education's Evaluation of Relationship Services estimated the cost to provide one hour of counselling was £78. These deficits are made up by a small gift aid stream from clients who make full contributions of £70 per supplied hour and by generating funds in other services to underpin the core services provided.

## Subsidy

As detailed in this report, Relate Bournemouth, Poole and Christchurch provides subsidised and fully funded counselling sessions using funds raised in the form of grants, donations and Gift Aid. The Charity also provides fully funded services to individuals, couples and families through both local and national contracts, such as employee assistance programmes and welfare services. The past year has seen growth in our charitable work.

### Charitable Value 2023-2024



## Volunteer Contribution

Relate's services, by definition, are necessarily complex and for the most part the Board (which is entirely comprised of volunteers) is not able to agree to the deployment of volunteers in clinical or educational work, with the exception of individuals participating in a Relate accredited course. The centre currently has 2 volunteer counsellors.



# Structure, Governance & Management

## Governing Document

Relate Bournemouth, Poole and Christchurch is a charitable company limited by guarantee; incorporated 1st April 2008 and Registered as a Charity 1st April 2008. The company was established under a Memorandum of Association, which established the objects and powers of the charitable company and is governed by its Articles of Association, which were ratified on 15th July 2010 to bring them in line with Relate as a Federation. Strategic, financial and policy decisions are exclusively taken by the individual Charity at quarterly Board meetings. Operational issues are addressed in supervision between the Chair and CEO, decisions are made and reported to the Board at Executive meetings. The Chairman supervises the work of the CEO and receives the financial reports.

## Finance Meetings

The CEO, Operations Manager, Treasurer and Management Accountant meet on a regular basis. The purpose of this meeting is to examine the draft management accounts, to look at variances against budget and in activity, to examine cash flow demands and income streams. Additionally, it is an opportunity to answer any queries for the financial staff. Once this group has agreed the figures they are presented to the Main Board every quarter.

## Service Management

The CEO is Claire Ranford, who is responsible for reporting to the Board on issues of Finance, HR, Quality Control, Service Delivery, Safeguarding and Development. Claire is a registered member of the BACP and a qualified Clinical Supervisor. She is responsible for managing and developing existing contracts, developing business ideas and is the public face of the Charity. Our BACP Registered / Accredited Clinical Supervisors are Helen Strickland and Lindsey Flack. The Centre's Senior Practice Consultant is Sue Armstrong. The Clinical Supervisors, Senior Practice Consultant and CEO work closely to maintain high standards and look for areas of improvement within our clinical practice. All our practitioners are registered on the Relate Practitioner Directory, who vet and monitor staff and volunteer DBS checks, professional membership, qualifications, supervision and Continuing Professional Development training certificates.

In the interests of achieving a sustainable team of practitioners, whilst improving service quality, over the past year, we have successfully recruited 5 new Counsellors. We have also provided placements to 3 trainee counsellors (including couples, children and young people's therapy). We have increased workforce capacity by supporting existing Counsellors through provision of placements for additional specialist qualifications.

# Plans for the Future

## Meeting the Needs of our Communities

We are committed to inclusion and striving to better meet the needs of those affected by the cost of living crisis. We aim to increase the percentage of funded and subsidised counselling sessions to 60% of total delivery.

## Fundraising

We will continue to seek funding for schools-based counselling and for sustained subsidies for low income families. We plan to apply for core funding to sustain the growth of the charity.

## Inclusion

We are striving to better represent the community that we serve by recruiting Counsellors, staff and Trustees from diverse backgrounds. We plan to improve access to therapy through increasing our offer of languages for non-English speaking clients.

## Recruitment

We will recruit to meet the growing demand for our services, ensuring we have a pipeline of couples, family and children's counsellors. We will increase our workforce of Family Coaches to deliver our Reducing Parental Conflict project in partnership with Bournemouth, Christchurch and Poole Council.

## Building Relationships

We plan to extend our reach of partnerships by developing our relationships with local collaborations, charities, agencies and statutory sector partners including BCP Council and health sector providers.

## Be More Visible

We will promote our re-branded Charity at local networking events and meetings, improve our social media presence and continue to deliver Continuing Professional Development training for local and national organisations.





# Board of Trustees

## Trustee Appointments

An appointment of a new Trustee is a formal process. Once an interested party is identified (such as via a public speaking event or networking) the person(s) are invited to information briefings which are usually held by the CEO and at least one Trustee. If after this process, the person concerned wishes to apply they are supplied with good practice guides from the Charity Commission on Trusteeship and Responsibilities, relevant business plan(s), annual reports / accounts, a person specification and a job description. Upon receipt of a completed application form, the Chair or Vice Chair will meet with the applicant and determine suitability on the basis of skills, Board needs, time available and commitment. If successful, references and a DBS check will be undertaken and parties invited to attend meetings as an observer. Once all matters are satisfactory an invitation to become a Director is made and the relevant Companies House information completed. Whilst this process is lengthy, it has led to long-term commitment from people who can contribute to the quality and effectiveness of the organisation and add value to its service delivery. Our trustees may serve for a maximum of 8 years and we are delighted that many stay to give this length of invaluable service.

## Trustee Training

Trustee training is dependent on need. Trustees have attended conferences and local Community Voluntary Services events; Monthly updates from Charity Lawyers and HR Professionals are shared. The agency subscribes to Third Sector publications and attempts to send a representative to at least one National Council for Voluntary Organisations learning event per annum, with information being cascaded, shared or implemented. Relate also recognises the training brought to the Board by Trustee's other roles, some of which is extensive, given annual requirements for Continuous Professional Development.

## Report Approval

### Small Company Provisions

This report has been prepared in accordance with the provisions of Part 15 of the Companies Act 2006 applicable to companies subject to the small companies' regime.

Statement of financial activities (including Income and Expenditure account)  
For the year ended 31 March 2024

The company had no gains or losses other than those shown above.

		Unrestricted funds	Designated funds	Restricted funds	Total funds 2024	Total funds 2023
	Notes	£	£	£	£	£
<b>Income from:</b>						
Donations and legacies	2	11,285	0	0	11,285	759
Investment Income	3	1,697	0	0	1,697	436
Charitable activities	4	116,539	0	20,000	136,539	196,031
<b>Total Income</b>		<b>129,521</b>	<b>0</b>	<b>20,000</b>	<b>149,521</b>	<b>197,226</b>
<b>Expenditure on:</b>					0	0
Charitable activities	6	173,155	0	0	173,155	182,320
<b>Total Expenditure</b>	6	<b>173,155</b>	<b>0</b>	<b>0</b>	<b>173,155</b>	<b>182,320</b>
<b>Net income before transfers</b>	5	<b>(43,634)</b>	<b>0</b>	<b>20,000</b>	<b>(23,634)</b>	<b>14,906</b>
Transfer between funds	12	55,101	21,000	(76,101)	0	0
<b>Net (expenditure)/income for the year</b>		<b>11,467</b>	<b>21,000</b>	<b>(56,101)</b>	<b>(23,634)</b>	<b>14,906</b>
<b>Funds brought forward</b>		<b>14</b>	<b>12,241</b>	<b>151,697</b>	<b>163,952</b>	<b>149,046</b>
<b>Funds carried forward</b>	12&13	<b>11,481</b>	<b>33,241</b>	<b>95,596</b>	<b>140,319</b>	<b>163,952</b>

## Balance Sheet as at 31 March 2024

	Notes	Unrestricted funds £	Restricted funds £	2024 Total £	2023 Total £
<b>Fixed assets</b>					
Tangible assets	8	2,052	78,668	80,720	80,484
Investments	9	253	-	253	253
		2,305	78,668	80,973	80,737
<b>Current assets</b>					
Debtors	10	8,506	-	8,506	6,804
Cash at bank and in hand		48,782	16,928	65,710	91,394
		57,288	16,928	74,216	98,197
Creditors: amounts falling due within one year	11	(14,870)	-	(14,870)	(14,982)
<b>Net current assets</b>		42,418	16,928	59,346	83,215
<b>Net assets</b>		44,723	95,596	140,319	163,952
<b>Funds</b>					
Unrestricted income funds					
Designated funds	13	33,241	-	33,241	12,241
General funds		11,481	-	11,481	14
Restricted funds	12	-	95,596	95,596	151,697
<b>Total funds</b>		44,723	95,596	140,319	163,952

For the year ended 31 March 2024, the charity was entitled to exemption from audit under section 477 of the Companies Act 2006. No Member of the charitable company has deposited a notice, pursuant of section 476, requiring an audit of these accounts under the requirements of the Companies Act 2006.

The Trustees acknowledge their responsibilities for ensuring that the charity keeps accounting records which comply with section 386 of the Act and for preparing accounts which give a true and fair view of the state of affairs of the charity as at the end of the financial year and of its surplus or deficit for the financial year in accordance with the requirements of section 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to accounts, so far as applicable to the charity.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime within part 15 of the Companies Act 2006 and with the micro-entities provision.

Approved by the Trustees on:

And signed on their behalf by Richard Cook, Chair of Trustees

## Notes to the Accounts for the year ended 31 March 2024

### Accounting Policies

#### (a) Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities published on 16 July 2014, the Financial Reporting Standard for Smaller Entities (FRSSE), and the Charities Act 2011 and applicable regulations.

The accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

#### (b) Income recognition

Income is recognised in the period in which the charity is entitled to receipt, the amount can be measured reliably, it is probable that the income will be received.

#### (c) Expenditure

All expenditure is accounted for on the accruals basis as soon as there is a legal or constructive obligation committing the charity to the expenditure, it is probable that settlement will be required, and the amount of the obligation can be measured reliably. Irrecoverable value added tax is included in the cost of those items to which it relates.

#### (d) Fixed assets and depreciation

Fixed assets retained for continuing use in the charity are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life, as follows:

Leasehold property amortisation	1% straight line
Office equipment and furniture	15% reducing balance
Computer Equipment	25% straight line

#### (e) Fund accounting

The General Fund is an unrestricted fund which is available for use at the discretion of the Trustees in furtherance of the general objectives of the charity and which have not been designated for a specific purpose.

The Designated Funds are unrestricted funds which have been set up by the Trustees to meet identified future costs of the charity and allow the charity to continue should there be a future funding shortfall.

Restricted Funds are funds which are to be used in accordance with specific restrictions imposed by the donors. The aim and use of each restricted fund is set out in the notes to the accounts.

Incoming resources and resources expended are allocated to the Funds on a direct or time apportioned basis as appropriate.

#### (f) Pensions

The charity operates a defined contribution pension scheme. Contributions are charged to the statement of financial activities as they become payable in accordance with the rules of the scheme.

#### (g) Donated Service

Donated services provided by individuals or entities as part of their trade or profession are included as incoming resources as their estimated open market value where the benefit to the charity is reasonably quantifiable and measurable.

## Notes to the Accounts (continued) for the year ended 31 March 2024

**2. Donations and legacies**

	<b>General Funds £</b>	<b>Restricted Funds £</b>	<b>Total 2024 £</b>	<b>Total 2023 £</b>
Donations:				
Unrestricted donations	160	-	160	759
Grant Income	11,125		11,125	
	<u>11,285</u>	<u>-</u>	<u>11,285</u>	<u>759</u>

**3. Investment income**

	<b>General Funds £</b>	<b>Restricted Funds £</b>	<b>Total 2024 £</b>	<b>Total 2023 £</b>
Interest	1,697	-	1,697	436
	<u>1,697</u>	<u>-</u>	<u>1,697</u>	<u>436</u>

**4. Income from charitable activities**

	<b>General Funds £</b>	<b>Restricted Funds £</b>	<b>2024 £</b>	<b>2023 £</b>
Client contributions for counselling	105,669	-	105,669	96,766
Gift Aid recoverable on client contributions	4,462	-	4,462	3,281
Mediation income	-	-	-	-
Family Matters Bursary Fund	-	-	-	-
Award for All	-	-	-	-
Bursary Income	-	20,000	20,000	86,471
Training income	270	-	270	540
Room hire and other income	6,138	-	6,138	8,974
	<u>116,539</u>	<u>20,000</u>	<u>136,539</u>	<u>196,031</u>

Notes to the Accounts (continued) for the year ended 31 March 2024

<b>5. Total resources expended</b>	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
These include:		
Wages and salaries (including redundancy)	125,708	125,653
Employers national insurance	-	-
Pension costs	3,274	3,733
Depreciation	1,324	1,188
Average number of employees	17	17

There are no staff members earning in excess of £60,000 pa

## Notes to the Accounts (continued) for the year ended 31 March 2024

<b>6. Expenditure</b>	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
<b>Charitable activity costs, by type of expense</b>		
Wages and salaries (including redundancy)	125,708	125,653
Pension costs	3,274	3,733
Subcontractor costs	1,702	3,548
Mediation costs	25	209
Training direct costs	200	905
Supervision	2,930	4,980
Travel and subsistence	165	296
Rates	2,811	2,766
Light and heat	2,071	1,023
Cleaning	2,624	2,234
Telephone and fax	4,717	3,477
Advertising	-	-
Stationery, postage and printing	588	814
Subscriptions	532	1,332
Relate membership	11,829	11,899
Bank charges	1,264	1,215
Insurance	1,336	1,346
Software and computer maintenance	373	322
Repairs and maintenance	2,183	5,541
Staff Entertainment & Welfare	1,616	533
Gifts & Donations	418	1,004
Sundry expenses	1,230	1,195
Professional fees	420	3,360
Depreciation and loss on disposal of assets	1,324	1,188
	<u>169,341</u>	<u>178,576</u>
<b>Governance costs</b>		
Independent examination	395	360
Accountancy	3,419	3,384
	<u>3,814</u>	<u>3,744</u>
<b>Total charitable expenditure</b>	<u><u>173,155</u></u>	<u><u>182,320</u></u>

**7. Trustee's remuneration and expenses**

No Trustee received any remuneration from the charity in relation to the performance of their duties.

There are no related party transactions to disclose.



Notes to the Accounts (continued) for the year ended 31 March 2024

<b>8. Fixed assets</b>	<b>Land and buildings</b>	<b>Plant and machinery</b>	<b>Total</b>
	<b>£</b>	<b>£</b>	<b>£</b>
<b>Cost</b>			
At 1 April 2023	93,644	10,259	103,903
Additions	-	1,560	1,560
Disposals	-	-	-
At 31 March 2024	93,644	11,819	105,463
<b>Depreciation</b>			
At 1 April 2023	14,040	9,379	23,419
Charge for the year	936	388	1,324
On disposals	-	-	-
At 31 March 2024	14,976	9,767	24,743
<b>Net book value</b>			
At 31 March 2024	78,668	2,052	80,720
At 31 March 2023	79,604	880	80,484

In the opinion of the Trustees, the current market value of the leasehold land and buildings at the balance sheet date was approximately £190,000.

<b>9. Investments</b>	<b>Other investments</b>
	<b>£</b>
<b>Cost</b>	
At 1 April 2023	253
At 31 March 2024	253

<b>Other investments</b>	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
Unlisted investments stated at cost	253	253

<b>10. Debtors</b>	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
Trade debtors	2,385	5,351
Other debtors and prepayments	6,121	1,453
	8,506	6,804

<b>11. Creditors: amounts falling due within one year</b>	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
Trade creditors	307	745
Other taxation and social security	1,253	1,951
Accruals	13,310	10,842
Other creditors	-	1,444
	14,870	14,982

Notes to the Accounts (continued) for the year ended 31 March 2024

## 12. Restricted Funds

	At 1 April 2023 £	Incoming resources £	Outgoing resources £	Transfer between funds £	At 31 March 2024 £
<b>Capital Fund</b>					
Leasehold property	79,604	-	-	(936)	78,668
<b>Promoting health and well-being</b>					
Parenting Project Grant	-	-	-	-	-
Awards for All	-	-	-	-	-
Bursary Income	72,093	20,000	-	(75,165)	16,928
<b>Total restricted funds</b>	<b>151,697</b>	<b>20,000</b>	<b>-</b>	<b>(76,101)</b>	<b>95,596</b>

## 13. Designated Funds

	At 1 April 2023 £	Incoming resources £	Outgoing resources £	Transfer between funds £	At 31 March 2024 £
Building Fund	10,391	-	-	-	10,391
Running Costs Reserves Fund	1,850	-	-	21,000	22,850
Organisational Development Fund	-	-	-	-	-
	<b>12,241</b>	<b>-</b>	<b>-</b>	<b>21,000</b>	<b>33,241</b>

## 14. Members' liability

The company is limited by guarantee. Every member of the company undertakes to contribute to the assets of the company in the event of the same being wound up while he or she is a member, or within one year after he or she ceases to be a member, for payment of the debts and liabilities of the company contracted before he or she ceases to be a member, and of the costs, charges and expenses of winding up such amount as may be required not exceeding £1. The number of members at the balance sheet date was 7 (31/03/2024).

## 15. Control

Relate Bournemouth Poole and Christchurch is constituted as a charitable company with no share capital. Control of the company is therefore vested in the trustees.

3<sup>rd</sup> December 2024

The Trustees  
Relate Bournemouth Poole and Christchurch  
1 Stratfield SAYE  
20-22 Wellington Road  
Bournemouth  
BH5 5JN

## **INDEPENDENT EXAMINER'S REPORT ON THE ACCOUNTS**

**Report to the trustees of Relate Bournemouth Poole and Christchurch, on accounts for the year ended 31<sup>st</sup> March 2024**

### **Respective responsibilities of Trustees and examiner**

The trustees consider that an audit is not required for this year (under section 144(2) of the Charities Act 2011 (the Act)) and that an independent examination is needed.

It is my responsibility to:

- Examine the accounts (under section 145 of the Act);
- To follow the procedures laid down in the General Directions given by the Charity Commission (under section 145(5)(b) of the Act), and
- To state whether particular matters have come to my attention.

### **Basis of independent examiner's statement**

My examination was carried out in accordance with General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

### **Independent examiner's statement**

In the course of my examination, no matter has come to my attention:

1. Which gives me reasonable cause to believe that, in any material respect, the trustees have not met the requirements to ensure that:
  - a. Proper accounting records are kept (in accordance with section 41 of the Act); and
  - b. Accounts are prepared which agree with the accounting records and comply with the accounting requirements of the Act; or
2. To which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed...*Sue W*.....

Date... 3/12/2024.....

Sue Wintle ACIE  
27 Bascott Road      Bournemouth  
Dorset                      BH11 8RJ