

**Stockport Women's Centre**

**Stockport Women's Centre  
Annual Report and Accounts  
For the year ended 31 March 2023**

**Charity Registration No. 1119969  
Company Registration No. 06255693 (England and Wales)**



**T H E   W O M E N ' S   C E N T R E**

Supporting women in Stockport

# STOCKPORT WOMEN'S CENTRE

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## **Stockport Women's Centre**

### **Legal and Administrative Information**

<b>Trustees:</b>	K Day (Chair) H M Scott C Milner H Hoy L Dolling S Harrison L Taylor J Hancock M Repanos (appointed 05/23)
<b>Charity number</b>	1119969
<b>Company number</b>	06255693
<b>Principal address and registered office</b>	39 Greek Street Stockport Cheshire SK3 8AX
<b>Senior Manager</b>	Nicole Guy
<b>Independent Examiner</b>	Community Accountancy Service Limited The Grange Pilgrim drive Beswick Manchetser M31 3TQ
<b>Bankers</b>	Co-operative Bank 1 St Peters Square Stockport SK1 1NX

**Stockport Women's Centre  
Trustees' Report (including Directors' Report)  
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The trustees present their report and financial statements for the year ended 31 March 2023.

The financial statements have been prepared in accordance with the accounting policies set out in note to the financial statements and comply with the charity's Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

**Objectives and activities**

The Charity's objects ("the objects") are to advance education and relieve poverty and ill health for women and their families within the Stockport area by providing a centre whereby they can access advice, training and support as well as providing an outreach training and support service in the surrounding areas of Stockport

**Public Benefit**

The trustees confirm, in the light of the guidance contained in the Charity Commission's general guidance on public benefit, that these aims fully meet the public benefit test and that all the activities of the charity, described in the report of the Trustees, are undertaken in pursuit of these aims. Stockport Women's Centre relies on contracts, grants, donations and fundraising to cover its operating costs.

**Charitable Activities**

Stockport Women's Centre is a specialist community support services for women facing multiple unmet needs. We deliver services to women only, in recognition of the well-evidenced need for gender-specific interventions. We provide holistic, woman-centred, trauma-informed services in a safe space.

We are an effective 'one stop' shop in Stockport for women, delivering front line services to meet the needs of women with multiple unmet needs. The needs have impacted upon their lives and immediate family members. In particular, issues include living with:

- Women's mental health
- Women who are victims of abuse
- Women in contact with the Criminal Justice System
- Socio economic factors such as poverty, social isolation and unemployment

**Vision**

Women in Stockport are strong and confident

**Mission**

Stockport Women's Centre provides support to improve the wellbeing, physical and mental health of women, enabling them to improve the life chances for themselves and their families.

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**Social objectives**

- Improve wellbeing, physical and mental health of women
- Build resilience in women
- Increase opportunities for social mobility
- Supporting women to be independent and strong

**Delivery objectives**

- Provide a safe, confidential, welcoming and nurturing environment for women
- Provide woman-centred services to women with multiple and complex needs
- Deliver a Trauma Informed service.

**Aims**

To improve the mental health and wellbeing of women, improving their ability to provide a better environment in which they and their families can flourish.

- To specifically target Stockport priority areas addressing inequalities that exist and improve access to therapeutic services for women.
- To build relationships with our service users and each other based on trust and respect.
- To provide a safe, confidential, welcoming and nurturing environment for women.
- To promote well-being, confidence and self-esteem amongst staff, volunteers and service users.
- To offer a range of high quality, holistic, personalised services to support women.
- To provide an accessible, non-judgemental and confidential service for Stockport women.
- To encourage, empower and support women to make informed choices to improve their quality of life.
- To maximise opportunities for women in Stockport working in partnership with other organisations who are concerned with the health and support of women.
- To consult with our stakeholders to ensure continual improvement of our services.
- To continually monitor and evaluate our services to ensure that they meet the needs of women.
- To provide opportunities for women to help other women through volunteering, enabling them to learn and develop, and to give something back to the wider community.
- To be an innovative and financially sustainable service to continue to meet all of our aims

This year we have continued to play a crucial role in the community by providing a safe and supportive environment for women of all backgrounds by offering a wide range of resources, services, and programmes to address the unique needs and challenges faced by women.

We have continued to deliver the service in recognition of the well-evidenced need for gender-specific interventions. We provide a holistic, woman-centred, trauma-informed service.

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This report will highlight the positives and the challenges we have faced over the past 12 months.

Some statistical highlights of the year.

- 1279 women have accessed the service; this has included 477 new women registering with the service and 202 that have re-accessed the service after an absence of 12 months.
- 506 women have received a full need assessment.
- We have received 12712 recorded contacts, on average over 1060 telephone calls a month, 68% from the women we support.

	20/21	21/22	22/23	% increase 21/22 vs 22/23
Members	1136	1082	1279	10.82
New Members	302	388	477	22.93
Re-activated	35	184	202	9.78
Needs Assessment	300	388	506	30.41
Contacts	10557	10761	12712	18.13
Visitors	262	1436	5096	254.87

There has been a significant increase in women requiring support since the start of the project, particularly in the number of women accessing/contacting the service. The above statistics tells a story of how the COVID-19 pandemic affected the numbers of women attending the service and the way delivery changed from a 100% face-to-face to a blended offer. We are and will continue to offer a blended service, offering the option to access support by telephone, online and/or face-to-face. However, we have seen a significant increase in the number of women requesting a face-to-face service. 229% since the end of March 2022. We believe this is primarily because we are one of the few services offering face-to-face service as well as daily drop-ins.

In brief, 2020-21 was a year where the COVID pandemic meant that whilst we remained open as a safe space and was used by statutory and crisis services to meet victims of domestic abuse, the COVID-19 pandemic and associated restrictions reduced face-to-face interactions as we had shifted to remote/on-line formats. The lockdowns also affected the number of women that could report being a victim of domestic abuse, due to being trapped at home with their abusive partners.

2021-22 continued to be a challenging year with the pandemic, and again whilst we continued to remain open to enable women to access a safe space, the COVID-19 pandemic and associated restrictions still meant reduced face-to-face interactions.

2022/23 whilst we continue to offer a blended service face-to-face interactions have regained their importance to the women requesting the service as they offer unique benefits in terms of personal connection, trust building, and tailored support. WE are now back at pre-pandemic levels for face-to-face although demand for the service

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has significantly increased. The increase in numbers have corresponded with an increase in complexity.

**Referrals:**

The largest referral route into the Centre is self-referral. Women also continue to be signposted to the Centre through a variety of pathways including Secondary Mental Health Services, GP, Health Visitors, Alcohol and Substance Misuse services, HMP Styal, Greater Manchester Police, Greater Manchester Probations Service, and many others.

We have one project where we receive a referral direct from the practitioner otherwise, we ask women on registration who signposted/referred them. Breakdown of referrals:

- 41.29% Self-Referral
- 25.97% Health Agencies
- 13.42% Criminal Justice Agencies
- 10.90% Local Government Agencies
- 8.60% of women engaging are referred via other agencies including domestic abuse agencies

We have seen a significant increase in women who have self-referred,

**Identified Needs:**

506 women attended a full needs assessment, a 30.41% increase on the previous year.

89% identified as having a mental health need.

68% identifies as having a well-being issue.

69% identified as having an issue with domestic abuse.

44% identified as having issues with children/families and

39% identified as having an issue with finance/debt.

Identified Need at Assessment	21/22	22/23
Attitudes/Thinking/Behaviours	79.02	80.99
Mental Health/Wellbeing	79.53	91.49
Mental Health	74.61	89.11
Wellbeing	34.72	68.12
Domestic/Sexual Abuse	46.89	69.11
Children and Families	24.09	44.16
Finance/Benefits/Debt	24.87	39.41
Accommodation	21.24	28.32
Education/Training/Volunteering/Employment	11.40	19.01
Physical Health	3.37	37.62
Drugs	4.92	9.11

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Alcohol	6.22	15.84
Sex Work	0.78	1.58

As reported, in the Year 1 evidence informs us that some women do not disclose at assessment but disclose once a relationship of trust has been built. Yet still, 88.53% women at initial assessment had 3 or more identified needs and 76.28% had 4 or more identified needs.

This highlights another challenge the Centre has faced which is an increase in the number of women attending the Centre with 4 or more needs which has increased by 131% from 161 to 336.

### **Equality Monitoring**

During the year, 678 women were included in the equality data collection. We collect equality monitoring data on registration and at assessment if not collected at registration. We collect this data for us to better understand who accesses services and what needs to be considered in the future to make sure our services are provided fairly and easily accessible.

In summary:

47.94% of women who access the service are in the 30-44 age bracket, 19.47% of women are 18-29 and 24.19% 45-59

Whilst 30.09% of women have presented as unemployed, 54.72% are on benefits. Whilst, 39.97% identified as having a long-term physical/mental health/health condition/disability only 58.3% of the women said they had a mental health condition. Ethnic minority groups represent 16.66% of the women who access service.

Both the needs assessment and the equality monitoring continue to evidence that we support and engage with some of the most vulnerable and marginalised women in the Stockport community.

### **The main activities we have delivered:**

#### **One to one work with women who have needed extra support has included.**

- 506 women received a full needs assessment of which 77% women had 4 or more needs.
- Provided counselling and/or psychotherapy to 341 women from Stockport with 60 accessing at the end of the year.
- 505 women have accessed 1:1 casework support with 203 accessing at the end of the year
- Safeguarding support for children and families, risk is identified and managed by the Centre adhering to Stockport Council's Safeguarding Policy, ensuring a multi-agency approach if appropriate.

**Delivered a wide range of courses which are designed to increase skills to improve education opportunities, employability, social mobility, and self-confidence.**



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232 women have attended one or more groups including.

56 women attending psycho-educational groups:

- Well-being
- Mindfulness
- Managing strong Emotions
- Managing Anxiety
- Knowing Me
- Art Therapy

58 women have attended a domestic abuse awareness raising course with 26 women graduating, having attended a minimum of 9 sessions.

In response to the number of additional women requiring assessments we developed a range of workshops that can be accessed whilst women are waiting for their assessment. 47 women have attended:

- Grounding and Relaxation
- Boundaries and Assertiveness
- Confidence and Self-Esteem
- What holds you back?

All the above groups are offered face-to-face and remote.

**The provision of advice and support which includes peer support**

The CAMEO group (Come and Meet Each Other) runs bi-weekly and has been attended by 18 women who have had their children removed by statutory services, the group is led by 3 peer mentors and is attended by the complex case worker.

The drop-ins following COVID-19 restrictions in 21/22 had been closed. They were re-opened in April 2022. We had 5 drop-ins and now have 10 drop-ins, all of which operate weekly, 6 require the woman to be registered with the Centre. The drop-ins have received 725 visits during the period. See Appendix 'B' for further information. There are a couple of new developments for women that are registered.

- Here to Hear is a peer support for women on the waiting list, currently accessing or have previously accessed the Domestic Abuse Course. This is in early stages of development and to date 1 woman has attended.
- Coffee, Chill and Chat – open to registered women, runs alongside the art and craft drop-ins. We have received 295 visits.
- Over 50's drop-in. After a slow start, this has proven to be a success with regular attendance and 210 visits.

Two drop in's that are focusing on mental health and well-being are open to all. No registration required.

- It's Ok to talk and Meeting of Minds are two drop in's that focus on mental health and well-being and are open to all. Still in early stages of development, attendance is low and will be a focus for the next 12 months.

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We have responded to the request for 'fun' activities and run a walking group, creative writing group, reading/scrap booking group. Again, all in early stages of development. To date, 18 have attended.

30 women have attended the Art and Craft group.

**Access to information and sign-posting – for many local women the Centre provides a trusted source of information including support:**

Apart from the drop-ins, we operate a front of house service 9-5 o'clock. We have received 12,712 contacts. Most of the calls are from individuals requesting support, signposting.

We have continued to offer women a comprehensive holistic service which encompasses a personalised approach. The women we work with can access one or more of the activities/services at any one time or over a period and this ensures that we can respond not only to the women in high levels of need but also to those who require information or advice and social activities.

**Other developments during the period**

- Received continuation funding to deliver a Counselling Service to other women accessing women's centres across Greater Manchester with multiple and complex needs, we have recently extended the offer of counselling to other women accessing women's centres across Greater Manchester. We received 292 referrals to the service and recently received news that this has been extended to March 2025.
- Maintained the BACP organisational accreditation.
- Developed partnerships with local businesses that are supporting us to provide food and clothing for women. we now have a food table that is permanently stocked.
- Received Ministry of Justice Victims Funding which enabled us to run a ESOL course, pay for additional interpreter sessions, training for staff to attend the accredited Voices Programme (Domestic Abuse programme)
- Received capital funding from the Ministry of Justice to provide equipment/improve the environment to enhance service delivery, e.g. We have refurbished the group rooms, purchased two pods that has given us additional capacity. The pods are in the offices and mean that remote/telephone meetings can be conducted in the pod. We have also transformed the outside space/garden with new paving, fencing, pergola, raised flowerbeds, creating an attractive, calm space where women can relax and socialise together.
- Received warm spaces funding enabling us to keep the Centre warm for longer.
- We have been accepted as one of the women's centres taking part in a potentially significant research project initiated by University of Birmingham. The research intends to show that a more comprehensive and standardised assessment of risks, strengths and needs will improve engagement, preventing women from cycling in and out of the criminal justice system as well as improve the lives of women experiencing multiple disadvantages.

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All activities and services provided to the women are built upon through an assessment of need. The assessment is important for the service as it helps identify needs, tailor the service, guide evidence-based decision making, address gaps, support advocacy efforts. Assessments provide a foundation for effective and targeted interventions, leading to improved outcomes for women accessing the service.

We continued to involve the people in our community and using existing measures:

- Feedback from the peer groups that continue to meet
- 1:1 interview
- Anonymous service user evaluation at end of activities
- Anonymous equality and diversity forms
- Feedback from partners when women are not engaging.
- Case Studies
- Outcomes Star – distance travelled for women accessing support – this is an evidenced based tool - Appendix 'C'

As well as the evidenced based

- WEMWEBS – we use WEMWEBS to evidence the impact of group work
- IAPT Scoring Framework specifically Anxiety and Depression

One to one

Casework provides support, after assessment and triage, the support offers goal orientated approaches, advocacy and access to resources, emotional support and informal counselling. Skills development and empowerment. There is the option of long-term support and continuity and confidentiality and trust.

This individualised support can help women:

- address challenges
- achieve their goals,
- navigate complex systems and
- improve overall well-being and quality of life.
- Identify and manage risk

215 women that accessed the casework support completed an outcome star; the evaluation report asks are women making progress. The results of the evaluation are

In 1+ outcome areas 93% are making progress

In 2+ outcome areas 85% are making progress

In 3+ outcome areas 78% are making progress

Outcome areas in which someone is making progress is 4.7

Counselling has the potential to bring about significant positive changes, supporting individuals in their journey towards emotional healing, personal growth, and improved well-being.

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We use the IAPT Scoring Framework specifically Anxiety and Depression to measure the improvements in mental health, looking at statistically reliable improvement.

225 women completed therapy, the recovery rate is 68% women, this is higher than the recovery rate anticipated by NHS England.

Ensuring women are safe is a priority for the service. Safeguarding offers several benefits including prevention of abuse and neglect, promotion of well-being and mental health, building trust and confidence, empowering individuals, strengthening accountability, and creating safer environments.

The service reported 86 concerns and incidents.

A recent audit highlighted that 84% of safeguarding concerns are reported at assessment, this allows early help and prevention, manage the risk and stop escalation into statutory services. 29% of safeguarding incidents are reported at assessment, this enables us to refer to relevant agencies e.g., MARAC, Police, Social Care.

Safeguarding plays a crucial role in ensuring the woman's rights, dignity and overall well-being are respected and protected as well as creating a safer environment for the individual and a safer community.

#### Group work

##### Psycho-educational Groups

We deliver a range of psycho-educational groups which offer numerous benefits to women by combining psychotherapy and educational elements in a group setting. The groups are closed and delivered in a structured environment. They provide information, skills, support, and social connection for women facing similar challenges. The group is led by trained facilitators covering a range of topics such as stress management, communication skills, coping strategies.

##### Other groups

We provide a range of other groups that are not psych-educational but are focussed on a topic such as

- Domestic Abuse Awareness

The Freedom Programme is an awareness raising support group designed for women who are or have been experiencing domestic abuse. The Freedom Programme is designed as **an intervention to empower women to make positive choices about their lives by providing information and support within a group setting**. 85% of the women that graduated from the programme reported that they had reported a positive change in their lives.

We facilitate a range of other groups such as

- Art and Craft
- Creative Writing

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These groups offer a range of benefits including creative expression, stress relief, social connexion, self-exploration, skill development. Therapeutic benefits, cognitive simulation, and a sense of accomplishment. Engaging in these activities can enhance overall well-being, promote general growth, and contribute to a sense of fulfilment and happiness.

In summary, the group support offers shared understanding, emotional support, skills development, peer learning, empowerment, social connexion, a sense of belonging, perspective broadening and personal growth. It can enhance well-being, resilience, and personal development. Group support provides a space where individuals can find solace, learn from one another, achieve a sense of belonging through commonality of experiences and grow together on the journeys towards healing and self-improvement.

The CAMEO group (Come and Meet Each Other) operates bi-weekly the group is led by 1 peer mentor and is attended and supported by the SWC complex case worker. The women share experiences, emotional support, practical advice, role modelling, in a non-judgmental environment, the women have faced similar challenges and uplift and support one another. The group promotes well-being, resilience, and growth. Peer support can be a transformative force in the lives of those who engage in it, offering comfort, hope, and the belief that recovery and change is possible.

With all the groups peer learning and feedback is a benefit. The groups allow women to learn from each other. Through experiences, sharing insights, success, and challenges, individuals can gain valuable perspectives and alternative viewpoints. The collective wisdom and shared experiences of group members can be a powerful catalyst for personal transformation.

By improving the wellbeing, physical and mental health of women, women have increased self-confidence and self-esteem and whilst the following quantitative data are not performance indicators it is encouraging to see significant increases year on year of women returning to employment, volunteering and education improving life chances for themselves and their families and contributing to the social and economic development of their communities.

<b>On Exit</b>	<b>20/21</b>	<b>21/22</b>	<b>22/23</b>
<b>Found or returned to employment</b>	<b>36</b>	<b>26</b>	<b>71</b>
<b>Returned to or started education</b>	<b>7</b>	<b>11</b>	<b>19</b>
<b>Returned to or started volunteering</b>	<b>3</b>	<b>3</b>	<b>9</b>
<b>Attended relevant education or training courses includes Psych-education</b>	<b>89</b>	<b>106 (50 attended the psycho- educational)</b>	<b>158 (56 attended psycho-educational)</b>

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<b>courses run at the Centre</b>			
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**Service Users Evaluation**

160 women have completed an anonymous service user evaluation.

100% of women completing the survey were satisfied with the service they received.

- 81% of the women completing the service user evaluation, were very satisfied with the service they had received.
- 19% were satisfied.

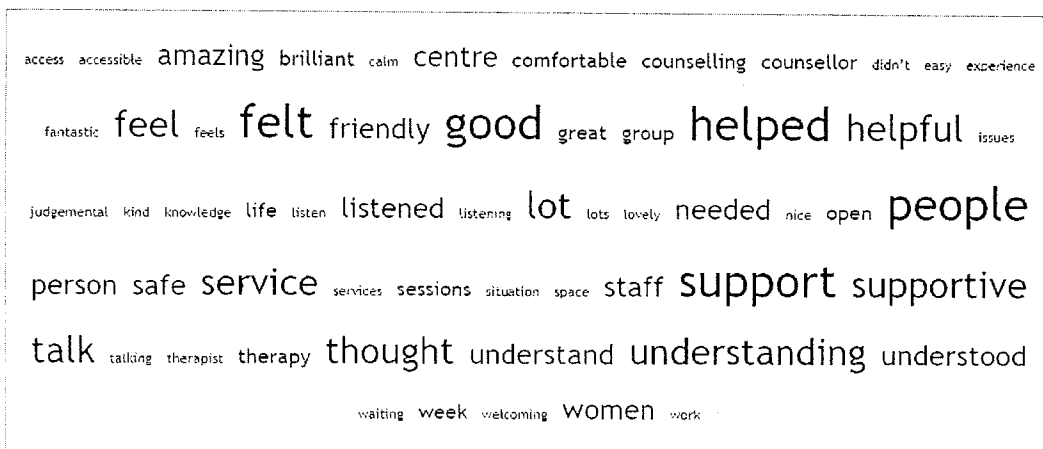
86.25% said they had experienced positive change in their lives.

Some of the comments from women:

- I am so thankful for your amazing service and everything you do; without your help I would not have made the improvements in my life and would have fallen into a deep dark depression.
- You're reliable, women's centre is amazing.
- Very supportive in a safe environment
- The support that is being offered is just so wonderful. I feel very privileged to be receiving assistance.
- Easily accessible and available
- I now have the tools to help myself as soon as I feel the anxiety building up before it becomes overwhelming
- Looked forward to doing it each week. It was nice being with other people who understood what I was feeling, felt like a safe space to speak in
- Counselling elsewhere has been too short/too rushed. These have been the first counselling sessions where I've felt able to address issues. I now feel more confident and reassured in the changed I have made in life. Now in a far better place and more in control. I will never forget my support worker and how she supported me in such a difficult time.
- I am thankful you can provide this service especially for free as without it I would not be able to benefit from a service that has helped me significantly.
- Supportive and tailored to your needs, lots of different courses to help.
- Feel good, positive changes made big difference.
- The staff make the services good in my opinion, they are kind and sympathetic. They have provided a lot of information and alternative help services such as crisis help and text lines and other resources.
- Nothing – great having this service in the local area. Absolutely great.

This is a word cloud of reoccurring words from the online SMART SURVEY

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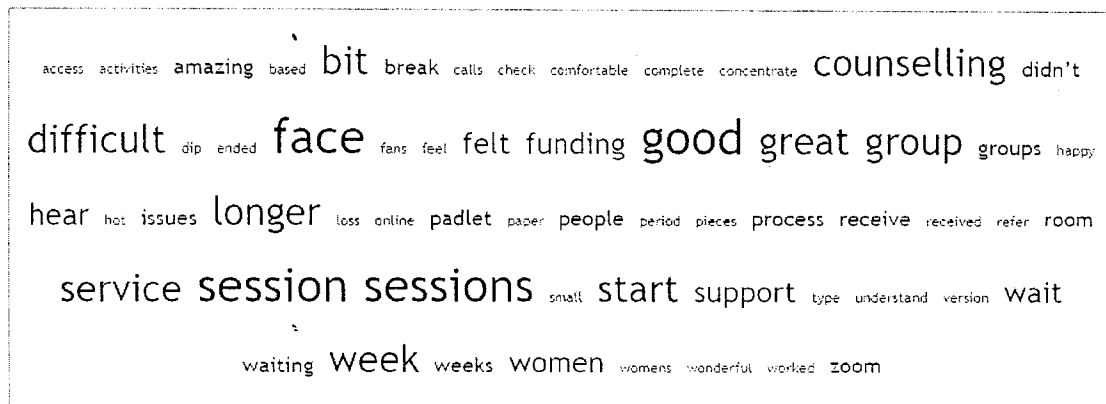


As well as feedback that is positive, we also ask 'how we can improve the service'

Feedback included.

- Nothing much, just more access/maybe more calls to check in.
- Process at the start could be clearer. Guidance on journey, how we get from the start to the end that needs to be understood. Thought process behind the sessions. Assurance, what do you want to talk about today? Daunting, can be difficult especially at the start.
- I found it quite difficult when other members in the group were really struggling. Facilitators were so supportive to each member within the group and kept guiding everyone when they were in a low place. All I could suggest is having a smaller group, but I am not sure if that would work?
- Having space to go after the session to re coup would have been helpful after a more emotional session.
- Less time to wait for appointment maybe more trauma type specialists.
- Whilst zoom sessions were very good, with no technical issues or hitches – I would maybe prefer face to face in the future.
- Requested for a 6 week follow up. Facilitator said it is not something they offer which I understand. Would have been nice to have a 'wellbeing' check a few weeks later.
- Extended sessions. 50 minutes isn't long enough. Once a week wasn't enough for me, but I appreciate the women's centres help.
- A shame that it's only 6 weeks but understand that it's based on funding.

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**Main challenges in 2022-23 and how we responded:**

One of main challenge has been an **increase in the number** of women registering and re-accessing the service, with an increase in **identified needs** this has been noticeable since August 2022. An average month for the service had been 40 women, for the past 6 months this has increased to 60 a month.

We responded by

- Responding immediately to the practical needs of women, in some instances the needs have been related to cost of living energy and food costs. We secured funding to keep the Centre open longer, providing additional drop-ins.
- Offering food/clothing/toiletries/sanitary products when visiting the Centre
- Providing extra support over the Christmas period, including linking in with a local charity to provide toys, issued supermarket vouchers and pantomime tickets donated by a local theatre.
- Social activities over the summer for families, including a trip to Deva Fest in Cheshire and tickets to the local football team, Stockport County.
- Recruiting an additional caseworker thus increasing capacity of the team to provide wrap-around support. this has been funded by Greater Manchester Authority/NPS supporting women at risk of entering the criminal justice system.
- Increased the number of assessment slots available for women being referred ensuring that women receive an assessment in a timely manner.
- Developed workshops that women could access whilst waiting for services.
- Offering longer term support for women with multiple disadvantages

Creating **lasting impact and sustainable change** is and has been a constant challenge for the service and the sector and it requires long term commitments. Continuity of support and resources behind the lifetime of individual projects is crucial for sustained progress in us reaching our social objectives.

A few years ago, we were part of the initial discussions to take part in the validation of a new gender specific, trauma informed Women's Risk and Needs Assessment, funded by the JABBS Foundation, which had been developed successfully in America. For various reasons, including the impact of the pandemic, we did not take part in phase 1, but we have now volunteered to take part in Phase 2 of the project,



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which is now called Effective Women's Centres Project. The research intends to show that a more comprehensive and standardised assessment of risks, strengths and needs will improve engagement, preventing women from cycling in and out of the criminal justice system as well as improve the lives of women experiencing multiple disadvantages.

Being able to join in the Effective Women's Centre Project was an easy decision as we want to be part of the rigorous research that provides the robust evidence that is required to make "systemic change" Providing robust evidence is critical, to influence policy makers, and commissioners to fund women's centres. Participating, will provide the evidence base as a sector to implement a standardised approach. It would enable Centre's to 'Capture the Magic', generating the evidence of impact for women and the value of women's centres for policy makers.

**Data collection** continues to be a challenge, in particular data quality: we try to ensure that the data we collect is accurate, complete, and aware that the reliability of the collected data is vital. However, we know we are under-reporting.

We also have a concern with non-response and attrition with individuals not participating in surveys etc. many of the women we work with have multiple issues and the last thing they want to do is to complete a survey, fill out a form, attend interviews.

Data collection requires significant resources, financial, human, and technological, we have had resource limitations.

We are pleased to report that will be recruiting a full-time data analyst as a part of the Effective Women's Centre Project. The role will be funded for 2 years and will support the project in evidencing the impact as well as put in processes for data collection to be reliable, relevant, and ethically obtained.

### **Volunteers**

The services are supported by our committed volunteers, 102 volunteers have supported the project over the past year. Volunteers make a huge contribution to the charity, providing a wealth of skills, knowledge, and capacity.

The volunteers have many roles in the centre ranging from counsellors, psychotherapists, drop-in workers, art and group facilitators, assessors, and administrators.

Our reputation as a charity, which supports women at times of stress and difficulties on their lives, has contributed to never having a shortage of women ready to offer their time to help other women.

We currently have 79 volunteers supporting the project.

### **Staff**

The Women's Centre is fortunate in having such dedicated staff who are passionate about providing outstanding services to women. The trustees would like to express

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their thanks to the staff for their remarkable commitment to Stockport Women's Centre.

**Funding Sources**

As well as the many individual supporters we would like to say thank you to the following organisations for supporting the vital work of charity.

- The Coutts Foundation
- The Zochonis Charitable Trust
- The Garfield Weston Foundation
- The National Lottery Fund
- The Pilgrim Trust
- Greater Manchester Combined Authority
- Stockport Clinical Commissioning Group
- Greater Manchester Women's Support Alliance
- Stockport Metropolitan Borough Council and
- The Ministry of Justice

We remain immensely thankful to all those supporters that have helped us to raise funds needed to meet the full costs of the projects and associate costs of running the project.

**Financial Review**

The results for the year are shown in the Statement of Financial Activities. The statement shows that income for the year increased from £620,240 to £647,473 with expenditure increasing from £598,207 to £605,494. This has resulted in a net surplus for the year of £41,979. During the year, assets were purchased from restricted funding, in particular Ministry of Justice. The balances on the restricted funds (see note 15) represent, in the main, future depreciation. These balances will reduce over the next two years.

This leaves funds as at 31<sup>st</sup> March 2023 totalling £211,829 of which £32,594 is restricted and £179,235 unrestricted.

Like so many charities we continue to face a challenging financial future as there continues to be significant reductions in funding by public bodies and increasing competition for grants and it is becoming harder to secure long term funding to cover the running costs of the Centre.

**Reserves Policy**

The balance held in unrestricted reserves at 31<sup>st</sup> March 2023 was £179,223 after allowing for funds tied up in fixed assets. However, not all the reserves are directly available to spend on its charitable activities as the policy of the trustees is to hold sufficient funds for three months typical running costs in case of emergency. The level of reserves is monitored throughout the year as part of the charity's budgetary process.

**Stockport Women's Centre  
Trustees' Report (including Directors' Report)  
For the year ended 31 March 2023**

None of the Trustees has any beneficial interest in the company. All of the Trustees are members of the company and guarantee to contribute £1 in the event of a winding up.

The company's current policy concerning the payment of trade creditors is to follow the CBI's Prompt Payers Code (copies are available from the CBI, Centre Point, 103 New Oxford Street, London WC1A 1DU).

The company's current policy concerning the payment of trade creditors is to:

- settle the terms of payment with suppliers when agreeing the terms of each transaction;
- ensure that suppliers are made aware of the terms of payment by inclusion of the relevant terms in contracts; and
- pay in accordance with the company's contractual and other legal obligations.

Trade creditors of the company at the year-end were £2,058.

**Investment Policy and Objectives**

The charity does not have an investment policy. When available, funds are held in interest bearing bank accounts to maximise returns.

**Remuneration policy**

Remuneration for key management is agreed by the Trustees.

**Risk Management**

The Trustees assume responsibility for ongoing review of the risks facing the organisation. In this context, we define risk as the potential to fail to achieve our objectives and for loss, whether financial or reputational, inherent in the environment in which we operate.

Stockport Women's Centre conducts an ongoing programme of, identifying risks in the following business-critical areas. The Trustees note the following specific areas that give rise to the potential major risk areas for the forthcoming financial year.

- Financial
- Human Resources
- Safeguarding
- Relationships and external partnerships

Identified risks are classified as of low, medium or high likelihood and as having small, serious or severe potential to damage the business. Those risks with medium to high chances of occurring and/or with serious to severe potential to damage are listed, monitored and steps taken to mitigate them.

The trustees will consider the potential impact and likelihood of occurrence of these and other risks across the organisation's activities and identify the key controls required. The Board will ensure that next year there is an appropriate control

**Stockport Women's Centre  
Trustees' Report (including Directors' Report)  
For the year ended 31 March 2023**

framework in place, recognising that the system of internal control is designed to manage rather than eliminate the risk of failure to achieve the Charity's objectives.

The Trustees consider that Stockport Women's Centre has procedures in place to maintain strong internal controls and are satisfied that the systems of financial control comply in all material aspects with the guidelines issued by the Charity Commission and are operating with sufficient effectiveness to provide reasonable assurance.

**Plans for the next 12 months.**

We have reported in the past about the increase of women presenting to the Centre with multiple unmet needs and we are still seeing an increase in complexity year on year, women are requiring longer term work and safeguarding interventions.

The service will thus continue to offer a holistic, trauma informed, woman-centred approach. All women have access to tailored wrap around support to meet their emotional, health and practical needs. Priority is to ensure that women receive the support required, builds resilience, and support them to improve their mental health and wellbeing improving their own lives and their families.

Over the next year, we will

- Ensure SWC continues to be open as a 'space' for women to access support required whether that be face-to-face, telephone or video.
- Continue to provide practical support to women and their families e.g., clothing, food.
- Continue to offer a community space for partner agencies to be based to strengthen the 'one stop shop' approach
- Offer longer-term support to women with multiple unmet needs.
- Develop further peer support to promote co-design and strengthen the voices of women
- Develop further the therapeutic group work – we currently offer 5 therapeutic groups, and we would like to extend the offer and
- Be part of the Effective Women's Centre project generating the evidence of impact for women and the value of women's centres for policy makers.

**Structure, governance and management**

The charity is a company limited by guarantee.

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

The Trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

K Day  
H M Scott  
C Milner  
H Hoy  
L Dolling

**Stockport Women's Centre  
Trustees' Report (including Directors' Report)  
For the year ended 31 March 2023**

S Harrison  
L Taylor  
J Hancock  
M Repanos (appointed 05/2023)

**Recruitment and Appointment of trustees**

The directors of the company are also charity trustees for the purposes of charity law and under the company's articles are known as members of the Board of Trustees.

The trustees may from time to time and at any time appoint/coopt any female person as a trustee either to fill a vacancy that may occur or by way of addition to the trustees, provided that the prescribed maximum is not exceeded. Unless otherwise determined by an ordinary resolution of the Charity, the number of Trustees shall not be less than five nor more than nine. Each Trustee shall be appointed for a three year term. At the end of each term a Trustee shall retire from office but may be re-appointed for a maximum of 3 terms. At the end of nine consecutive years a Trustee must retire. If the Trustees are satisfied, in their discretion and taking account of skills and expertise, a Trustee should be reappointed for additional terms, they may reappoint for additional terms, each of which shall be limited for one year.

All members of the Board of Trustees give their time voluntarily and receive no benefits from the charity.

In any effort to maintain a broad skill mix, members of the management committee are requested to provide a list of their skills, and this is updated each year.

**Trustee induction and training**

When new Trustees are introduced to the Charity, they are given a concise overview of Stockport Women's Centre vision, mission, achievements, and financial performance over the past year. This includes key projects, partnerships, and impact on beneficiaries. They are also provided with a summary of financial statements, including income, expenses, and reserves, along with any notable challenges and strategic goals for the upcoming year.

The induction emphasis the importance of trustees' roles in ensuring the charity's continued success and fulfilling its charitable objectives.

All Trustees are encouraged to attend appropriate training where these will facilitate the undertaking of their role.

**Related parties and co-operation with other organisations**

Stockport Women's Centre is a member of the Greater Manchester Women's Support Alliance.

**Statement of trustees' responsibilities**

The trustees, who are also the directors of Stockport Women's Centre for the purpose of company law, are responsible for preparing the Annual Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

**Stockport Women's Centre  
Trustees' Report (including Directors' Report)  
For the year ended 31 March 2023**

Company Law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees' report was approved on 25<sup>th</sup> October 2023

K Day Chair

## **Independent examiner's report to the trustees of STOCKPORT WOMEN'S CENTRE**

I report on the accounts of the company for the year ended 31<sup>st</sup> March 2023, which are set out on pages 22 to 34.

### **Respective responsibilities of trustees and examiner**

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. The charity is required by company law to prepare accrued accounts and I am qualified to undertake the examination by being a qualified member of The Association of Chartered Certified Accountants.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act ;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

### **Basis of independent examiner's report**

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

### **Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements
- to keep accounting records in accordance with section 386 of the Companies Act 2006; and
  - to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006, ; and
  - with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

AM King FCCA *A.A.King*  
 Community Accountancy Service Ltd  
 The Grange, Pilgrim Drive, Beswick, Manchester, M11 3TQ

Date: 25<sup>th</sup> October 2023

**STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED**  
**31 MARCH 2023**

	Further Details	Unrestricted Funds £	Restricted Funds £	Total Funds Year Ended 31 March 2023 £	Total Funds Year Ended 31 March 2022 £
<b>Income from:</b>					
Donations and legacies	(3)	12,370	-	12,370	5,158
Charitable Activities	(4)	392,172	230,219	622,391	613,357
Other Trading Activities	(5)	12,695	-	12,695	1,725
Investment Income		17	-	17	-
<b>Total</b>		<b>417,254</b>	<b>230,219</b>	<b>647,473</b>	<b>620,240</b>
<b>Expenditure on:</b>					
Raising Funds	(6)	398	-	398	481
Charitable Activities	(6)	403,616	201,021	604,637	596,810
Other	(6)	459	-	459	916
<b>Total</b>		<b>404,473</b>	<b>201,021</b>	<b>605,494</b>	<b>598,207</b>
<b>Net income/(expenditure)</b>		<b>12,781</b>	<b>29,198</b>	<b>41,979</b>	<b>22,033</b>
Transfers between funds	(15)	-	-	-	-
<b>Net movement in funds</b>		<b>12,781</b>	<b>29,198</b>	<b>41,979</b>	<b>22,033</b>
<b>Reconciliation of funds</b>					
Total funds brought forward	(15)	166,454	3,396	169,850	147,817
<b>Total funds carried forward</b>	(15)	<b>179,235</b>	<b>32,594</b>	<b>211,829</b>	<b>169,850</b>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

The notes on pages 25 to 34 form part of these accounts.



**BALANCE SHEET AS AT 31 MARCH 2023**

Company registration number: 06255693

	Notes	2023 £	2022 £
<b>Fixed assets:</b>			
Tangible assets	(11)	32,769	152
Total fixed assets		<u>32,769</u>	<u>152</u>
<b>Current assets:</b>			
Debtors	(12)	2,462	46,586
Cash at Bank & in Hand		252,243	236,397
Total current assets		<u>254,705</u>	<u>282,983</u>
<b>Liabilities:</b>			
Creditors: Amounts falling due within one year	(13)	75,645	113,285
Net current assets or liabilities		<u>179,060</u>	<u>169,698</u>
Total assets less current liabilities		211,829	169,850
<b>Total net assets or liabilities</b>		<u><u>211,829</u></u>	<u><u>169,850</u></u>
<b>The funds of the charity:</b>			
Restricted income funds	(15)	32,594	3,396
Unrestricted income funds	(15)	179,235	166,454
<b>Total charity funds</b>		<u><u>211,829</u></u>	<u><u>169,850</u></u>

For the period in question the company was entitled to the exemption conferred by section 477 of the Companies Act 2006, and that no notice has been deposited under section 476 in relation to its accounts for the financial year; and the directors acknowledge their responsibilities for:

- complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

Approved by the trustees on 25th October 2023

Kay Day                      Chair

The notes on pages 25 to 34 form part of these accounts.

## Statement of Cash Flows for the year ending 31 March 2023

## Reconciliation of net movement in funds to net cash flow from operating activities

	Year Ended 31 March 2023 £	Year Ended 31 March 2022 £
Net movement in funds	41,979	22,033
Add back depreciation	4,619	514
Deduct investment income	(17)	-
Decrease/(increase) in debtors	44,124	(39,785)
Increase/(decrease) in creditors	(37,640)	22,212
<b>Net cash used in operating activities</b>	<b>53,065</b>	<b>4,974</b>
<b>Cash flows from investment activities:</b>		
Interest	17	-
Purchase of fixed assets	(37,236)	-
<b>Net cash provided by investing activities</b>	<b>(37,219)</b>	<b>-</b>
Increase/(decrease) in cash and cash equivalents during the year	15,846	4,974
Cash and cash equivalents brought forward	236,397	231,423
<b>Cash and cash equivalents carried forward</b>	<b>252,243</b>	<b>236,397</b>

## Notes to the accounts for the year ended 31st March 2023

**1. Accounting policies****(a) Basis of preparation and assessment of going concern**

The accounts (financial statements) have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 1st January 2019 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

**(b) Funds structure**

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by the donor or trust deed. There are 6 restricted funds.

Unrestricted income funds comprise those funds which the trustees are free to use for any purpose in furtherance of the charitable objects. Unrestricted funds include designated funds where the trustees, at their discretion, have created a fund for a specific purpose.

Further details of each fund are disclosed in note 15.

**(c) Income recognition**

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that those conditions will be fulfilled in the reporting period.

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank. Dividends are recognised once the dividend has been declared and notification has been received of the dividend due.

**(d) Expenditure Recognition**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

All expenditure is accounted for on an accruals basis. All expenses including support costs and governance costs are allocated or apportioned to the applicable expenditure headings. For more information on this attribution refer to note (f) below.

**(e) Irrecoverable VAT**

Irrecoverable VAT is charged against the expenditure heading for which it was incurred.

**(f) Allocation of support and governance costs**

Support costs have been allocated between governance costs and other support costs. Governance costs comprise all costs involving the public accountability of the charity and its compliance with regulation and good practice. These costs include costs related to independent examination and legal fees together with an apportionment of overhead and support costs.

Governance costs and support costs relating to charitable activities have been apportioned based on type of expense. The allocation of support and governance costs is analysed in note 8.

**(g) Costs of raising funds**

The costs of raising funds consists of fundraising activities and marketing.

**(h) Charitable Activities**

Costs of charitable activities include governance costs and an apportionment of support costs as shown in note 7.

## Notes to the accounts for the year ended 31st March 2023

**(i) Tangible fixed assets and depreciation**

All assets costing more than £550 are capitalised and valued at historical cost. Depreciation is charged on the following basis:

Computers	33% reducing balance
Fixtures and Fittings	33% reducing balance
Leasehold Improvements	33% on cost

**(j) Realised gains and losses**

All gains and losses are taken to the Statement of Financial Activities as they arise. Realised gains and losses on investments are calculated as the difference between sales proceeds and their opening carrying value or their purchase value if acquired subsequent to the first day of the financial year. Unrealised gains and losses are calculated as the difference between the fair value at the year end and their varying value. Realised and unrealised investment gains and losses are combined in the Statement of Financial Activities.

**(k) Pensions**

The charity currently administers contributions to pension schemes on behalf of individuals. The charity has no liability beyond making its contributions and paying across the deductions.

**(l) Debtors**

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

**(m) Creditors and provisions**

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

**2. Related party transactions and trustees' expenses and remuneration**

The trustees all give freely their time and expertise without any form of remuneration or other benefit in cash or kind (2022: £nil). Expenses paid to the trustees in the year totalled £nil (2022: £nil).

Trustee Kay Day is also a trustee of Greater Manchester Women's Support Alliance. Funding received during the year amounted to £221,104 (2022: £333,515).

**3. Donations and Legacies**

	Unrestricted	Restricted	Total Funds	Total Funds
	Year Ended 31	Year Ended 31	Year Ended	Year Ended
	March 2023	March 2023	31 March	31 March
	£	£	2023	2022
Donations and Gifts	12,370	-	12,370	5,158
	12,370	-	12,370	5,158

Previous reporting period

	Unrestricted	Restricted	Total Funds
	Year Ended 31	Year Ended 31	Year Ended
	March 2022	March 2022	31 March
	£	£	2022
Donations and Fundraising	5,158	-	5,158
	5,158	-	5,158

## Notes to the accounts for the year ended 31st March 2023

## 4. Income from charitable activities

	Unrestricted	Restricted	Total Funds	Total Funds
	Year Ended 31	Year Ended 31	Year Ended	Year Ended
	March 2023	March 2023	31 March	31 March
	£	£	2023	2022
General grants:				
Performance Related Grants	-	-	-	385,935
Coutts Foundation	40,150	-	40,150	-
Garfield Weston Foundation	5,000	-	5,000	-
GMCA	46,455	-	46,455	-
GM WSA	82,884	-	82,884	-
GM WSA NHS Counselling	110,574	-	110,574	-
Greater Manchester Combined Authority	-	-	-	57,553
Self Help Services	46,210	-	46,210	-
Stockport MBC	31,159	-	31,159	15,116
Stockport MBC - Community Safety Fund	15,116	-	15,116	-
Stockport MBC - Warm Spaces	1,000	-	1,000	-
The JABBS Foundation	1,624	-	1,624	-
The Zochonis Charitable Trust	12,000	-	12,000	-
HMRC Coronavirus Job Retention Scheme	-	-	-	29,477
Restricted grants & contracts:				
National Lottery Fund	-	126,406	126,406	113,276
The Zochonis Charitable Trust	-	-	-	12,000
GMCA Ministry of Justice	-	57,042	57,042	-
GMCA Ministry of Justice - Victims Fund	-	8,156	8,156	-
GM WSA National Probation	-	8,889	8,889	-
GM WSA Ministry of Justice	-	3,090	3,090	-
The Pilgrim Trust	-	26,636	26,636	-
	392,172	230,219	622,391	613,357

## Notes to the accounts for the year ended 31st March 2023

## 4. Income from charitable activities

Previous reporting period

	Unrestricted	Restricted	Total Funds
	Year Ended 31	Year Ended 31	Year Ended
	March 2022	March 2022	31 March
	£	£	2022
General grants:			
Performance Related Grants	385,935	-	385,935
Greater Manchester Combined Authority	57,553	-	57,553
Stockport MBC	15,116	-	15,116
HMRC Coronavirus Job Retention Scheme	29,477	-	29,477
Restricted grants & contracts:			
National Lottery Fund	-	113,276	113,276
The Zochonis Charitable Trust	-	12,000	12,000
	<u>488,081</u>	<u>125,276</u>	<u>613,357</u>

## 5. Income from other trading activities

	Unrestricted	Restricted	Total Funds	Total Funds
	Year Ended 31	Year Ended 31	Year Ended	Year Ended
	March 2023	March 2023	31 March	31 March
	£	£	2023	2022
Lettings & Licencing Arrangements	12,695	-	12,695	1,725
	<u>12,695</u>	<u>-</u>	<u>12,695</u>	<u>1,725</u>

Previous reporting period

	Unrestricted	Restricted	Total Funds
	Year Ended 31	Year Ended 31	Year Ended
	March 2022	March 2022	31 March
	£	£	2022
Lettings & Licencing Arrangements	1,725	-	1,725
	<u>2,560</u>	<u>-</u>	<u>1,725</u>

## Notes to the accounts for the year ended 31st March 2023

## 6. Expenditure

	Support services to women £	Year Ended 31 March 2023 £	Year Ended 31 March 2022 £
<b>Expenditure on raising funds:</b>			
Fundraising activities & Events	398	398	359
Advertising and marketing	-	-	122
	<u>398</u>	<u>398</u>	<u>481</u>
<b>Expenditure on charitable activities:</b>			
Employment Costs	487,919	487,919	493,899
Sessional Staff	17,299	17,299	27,659
Staff Welfare Support	2,317	2,317	-
Catering	501	501	-
Grants to Institutions	-	-	14,383
Training	4,190	4,190	220
Establishment Costs	-	-	33,692
Recruitment & DBS Costs	1,169	1,169	-
Beneficiary Expenses	8,454	8,454	4,757
Volunteer Expenses	144	144	10
Health & Safety	1,233	1,233	-
Travel Expenses	1,036	1,036	1,791
Minor Equipment (Insurance Claim Refund)	(2,807)	(2,807)	-
Heat, Light & Water	6,278	6,278	-
Equipment & Repairs	-	-	967
Repairs & Maintenance	31,348	31,348	-
Subscriptions	907	907	-
IT Maintenance	-	-	5,534
Cleaning & Waste Disposal	2,347	2,347	1,314
Telephone	5,134	5,134	4,623
Rent & Rates	23,905	23,905	-
Insurance	1,845	1,845	-
Governance and Support Costs	4,236	4,236	5,560
Post, Printing & Stationery	2,563	2,563	1,887
Depreciation	4,619	4,619	514
	<u>604,637</u>	<u>604,637</u>	<u>596,810</u>
<b>Other expenditure:</b>			
Sundries	459	459	916
	<u>459</u>	<u>459</u>	<u>916</u>
	<u>605,494</u>	<u>605,494</u>	<u>598,207</u>
 Restricted funds		201,021	135,383
Unrestricted funds		<u>404,473</u>	<u>462,824</u>
		<u>605,494</u>	<u>598,207</u>

## Notes to the accounts for the year ended 31st March 2023

**7. Analysis of expenditure on charitable activities**

As per note 6.

**8. Allocation of governance and support costs**

The breakdown of support costs and how these were allocated between governance and other support costs is shown below:

	General Support	Governance	Total 2023	Basis of apportionment
Independent Examination Fees	-	1,080	1,080	type of expense
Payroll Bureau Charges	1,068	-	1,068	type of expense
Software	169	-	169	type of expense
IT Consultancy	1,672	-	1,672	type of expense
Professional Fees	247	-	247	type of expense
	<u>3,156</u>	<u>1,080</u>	<u>4,236</u>	

	General Support	Governance	Total 2022	Basis of apportionment
Accountancy Fees		540	540	type of expense
Other Accountancy Fees		2,288	2,288	type of expense
Professional Fees	2,732	-	2,732	type of expense
	<u>2,732</u>	<u>2,828</u>	<u>5,560</u>	

**9. Analysis of staff costs**

	Year Ended 31 March 2023 £	Year Ended 31 March 2022 £
Wages and Salaries	433,528	441,279
Redundancy	-	-
Social Security Costs	34,457	32,912
Pension Costs	19,934	19,708
	<u>487,919</u>	<u>493,899</u>
Charitable Activities	487,919	493,899
Support Costs	-	-
	<u>487,919</u>	<u>493,899</u>

The average number of employees during the year was 17 FTE 15 (previous year: 19, FTE 15).

The charity considers its key management personnel comprises the trustees and Chief Executive Officer. The total employment benefits, including employer pension contributions of the key management personnel were £36,855 (previous year: £44,833 (includes employer's NIC)). No employee has benefits in excess of £60,000 (previous year: none).

**10. Independent Examiner Fees**

	Year Ended 31 March 2023 £	Year Ended 31 March 2022 £
Independent Examination Fees	1,080	540
Other Accountancy Services	-	2,288
	<u>1,080</u>	<u>2,828</u>



## Notes to the accounts for the year ended 31st March 2023

## 11. Tangible Fixed Assets

	Computers	Fixtures and Fittings	Leasehold Improvements	Total
Cost	£	£	£	£
At 1 April 2022	19,833	25,046	6,921	51,800
Additions	-	3,186	34,050	37,236
At 31 March 2023	19,833	28,232	40,971	89,036
<b>Depreciation</b>				
At 1 April 2022	19,681	25,046	6,921	51,648
Charge for Year	152	1,062	3,405	4,619
At 31 March 2023	19,833	26,108	10,326	56,267
<b>NET BOOK VALUE</b>				
At 31 March 2023	-	2,124	30,645	32,769
At 31 March 2022	152	-	-	152

## 12. Analysis of debtors

	2023	2022
	£	£
Debtors	541	46,586
Prepayments	1,276	-
Other debtors	645	-
	2,462	46,586

Debtors and prepayments related to restricted funds £512 (2022: £46,455) and unrestricted funds £1,950 (2022: £131)

## 13. Creditors: amounts falling due within one year

	2023	2022
	£	£
Creditors	2,058	1,168
Short-term compensated absences (holiday pay)	4,943	-
Other creditors and accruals	2,616	13,785
Deferred income	66,028	98,332
	75,645	113,285

## 14. Deferred income

Deferred income comprises grants received in advance.

Balance as at 1 April 2022	98,332
Amount released to income earned from charitable activities	(98,332)
Amount deferred in year	66,028
Balance at 31 March 2023	66,028

## Notes to the accounts for the year ended 31st March 2023

## 15. Analysis of charitable funds

## Analysis of movements in unrestricted funds

	Balance at 1 April 2022	Incoming Resources	Resources Expended	Transfers	Balance at 31 March 2023
	£	£	£	£	£
General Fund	166,454	417,254	(404,473)	-	179,235
	166,454	417,254	(404,473)	-	179,235

## Previous reporting period

	Balance at 1 April 2021	Incoming Resources	Resources Expended	Transfers	Balance at 31 March 2022
	£	£	£	£	£
General Fund	134,314	494,964	(462,824)	-	166,454
	134,314	494,964	(462,824)	-	166,454

Name of unrestricted fund:  
General Fund

Description, nature and purpose of the fund  
The "free reserves"

## Analysis of movements in restricted funds

	Balance at 1 April 2022	Incoming Resources	Resources Expended	Transfers	Balance at 31 March 2023
	£	£	£	£	£
National Lottery Fund	3,396	126,406	(128,899)	-	903
GMCA Ministry of Justice	-	57,042	(26,397)	-	30,645
GMCA Ministry of Justice - Victims Fund	-	8,156	(7,756)	-	400
GM WSA National Probation	-	8,889	(8,243)	-	646
GM WSA Ministry of Justice	-	3,090	(3,090)	-	-
The Pilgrim Trust	-	26,636	(26,636)	-	-
	3,396	230,219	(201,021)	-	32,594

As per the descriptions below, the balances on these funds represent future depreciation. This is as a result of capital purchases from restricted funds. GMCA Ministry of Justice - Victims Fund is also adjusted for an accrual of £163.

## Notes to the accounts for the year ended 31st March 2023

## 15. Analysis of charitable funds

## Analysis of movements in restricted funds

Previous reporting period

	Balance at 1 April 2021	Incoming Resources	Resources Expended	Transfers	Balance at 31 March 2022
	£	£	£	£	£
National Lottery Fund	-	113,276	(109,880)	-	3,396
The Zochonis Charitable Trust	-	12,000	(12,000)	-	-
Lloyds Bank Foundation	13,503	-	(13,503)	-	-
	13,503	125,276	(135,383)	-	3,396

## Name of restricted fund:

National Lottery Fund

## Description, nature and purpose of the fund

to develop support services to women in Stockport. The balance on this fund represents future depreciation.

GMCA Ministry of Justice

to support reducing women's reoffending specifically to provide auxiliary equipment and capital investment. The balance on this fund represents future depreciation.

GMCA Ministry of Justice - Victims Fund

to support women accessing our service to cope with cost of living crisis. The balance on this fund represents future depreciation.

GM WSA National Probation

to support service improvement for beneficiaries. The balance on this fund represents future depreciation.

GM WSA Ministry of Justice

for core costs for Women's Community Services.

The Pilgrim Trust

to improve the mental health of young women 18-25 support.

## Notes to the accounts for the year ended 31st March 2023

## 16. Analysis of net assets between funds

	Unrestricted funds	Designated funds	Restricted funds	Total 2023
	£	£	£	£
Tangible fixed assets	12	-	32,757	32,769
Cash at bank and in hand	252,499	-	(256)	252,243
Other net current assets/(liabilities)	(73,276)	-	93	(73,183)
<b>Total</b>	<b>179,235</b>	<b>-</b>	<b>32,594</b>	<b>211,829</b>

## Previous reporting period

	Unrestricted funds	Designated funds	Restricted funds	Total 2022
	£	£	£	£
Tangible fixed assets	152	-	-	152
Cash at bank and in hand	233,001	-	3,396	236,397
Other net current assets/(liabilities)	(66,699)	-	-	(66,699)
<b>Total</b>	<b>166,454</b>	<b>-</b>	<b>3,396</b>	<b>169,850</b>

## 17. Financial Instruments

The charity only has financial assets and liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised on a transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at an amortised cost using the effective interest method.

## 18. Lease Commitments

At 31 March 2023 the charity had future minimum lease payments under non-cancellable operation leases in respect of premises. The annual cost is £22,478 and is on a rolling year basis.