

KINGSBRIDGE AND SALTSTONE CARING LTD

England & Wales · Charity number 1119726

Details

Other names	SALTSTONE CARING LIMITED
Status	Registered
Legal form	Charitable company
Company number	05879510
Registered	2007-06-19
Register	View on the Charity Commission register

Contact

Address	Quay House Ilbert Road Kingsbridge TQ7 1DZ
Phone	01548854588
Email	info@kascare.uk
Website	http://kascare.uk

Activities

Objects: THE RELIEF OF THE SICK AND TO PRESERVE THE HEALTH OF OLDER AND ISOLATED PEOPLE LIVING IN KINGSBRIDGE AND THE SURROUNDING AREA THROUGH THE MANAGEMENT AND FACILITATION OF SERVICES NOT NORMALLY PROVIDED BY THE STATUTORY AUTHORITIES AND THEREBY TO PRESERVE THE INDEPENDENCE OF SUCH PEOPLE.

Activities: To provide emotional and practical support to elderly, isolated and vulnerable people within the South Hams area through a programme of home visits.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** Elderly/old People, People With Disabilities

Geography

- **Area of benefit:** KINGSBRIDGE AND SURROUNDING AREA
- Devon

Finances

Period end	Income	Expenditure	Assets	Employees
2025-07-31	£31,096	£34,324	-	-
2024-07-31	£28,820	£33,518	-	-
2023-07-31	£17,068	£30,190	-	-
2022-07-31	£35,814	£27,452	-	-
2021-07-31	£28,091	£21,710	-	-

Trustees

Name	Role	Appointed
Dr Jane Smith		2023-12-13
JOHN ROBERT EKE		2025-08-14
Michael Knowles		2017-11-22
Wendy Deborah Nurser		2024-10-17

KINGSBRIDGE AND SALTSTONE CARING LTD

England & Wales - Charity number 1119726

Accounts



Kingsbridge and Saltstone Caring

Volunteer-led Support in Kingsbridge, Salcombe and Neighbouring Villages

**Kingsbridge and Saltstone Caring Limited
Company limited by Guarantee.**

**Registration number 5879510
Charity number 1119726**

**Directors' Report and Financial Statements
for the Year Ended July 31st, 2025.**



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Company Information (1)

Directors / Trustees



Graham Nurser
(Chair/Trustee)



Mike Knowles
(Treasurer/Trustee)



Jeryl Andrew
(Trustee)



Dr Jane Smith
(Trustee)



Noel Riley
(Trustee)

Company Information (2)

Company Number	5879510
Charity Commission registered number	1119726
Registered office	11 Church Street Kingsbridge Devon TQ7 1BT
Accountants	James Cording and Co Ltd 11 Church Street Kingsbridge Devon TQ7 1BT
Business address	Quay House Ilbert Road Kingsbridge Devon TQ7 1DZ
Bankers	Lloyds Bank plc

Statement from the Chair

As many of you know, health issues forced me to resign from the role of Chair of Trustees in July of this year. Nevertheless, our Treasurer Mike invited me to present this report on the previous year's activity. I am very proud of my association with KASC and am happy to do so. Watching the Charity from the sidelines as I now do, I want to start by thanking everyone involved in this wonderful work. First and foremost a thank you to the Volunteers. Without you we would not exist, and our local community would be a poorer place.

We were delighted to receive a grant from Devon Community fund this year (in addition to the £5000 they provide towards core costs) specifically to fund a thank you for volunteers. The result was a well-attended Party at the Crabshell in Kingsbridge. Pizzas were provided and Mik Kerecsenyi (husband of Rachel in the Office) entertained us with his skillful playing of the flamenco guitar. Many thanks to Trustees Jane and Wendy who masterminded the event. This is also a good moment to thank St Austell Brewery for their support. Not only have they given us a grant of £2000 but also designated three of their local Public Houses - The Crabshell in Kingsbridge, The Victoria in Salcombe and The Hope and Anchor in Hope Cove - as host charity partners. This was the first fruit from this liaison, and we particularly want to thank Vix and her staff for their hospitality. They are also making available their social media expert - Ishy - to guide us in increasing our media presence. More of that anon.

Providing support and encouragement to our volunteers is an essential part of the KASC Mission. Andy and Rachel are reassuring and knowledgeable voices on the phone and I am particularly pleased to note the continuation of the Coffee mornings. These have moved from Tumbly Hill to Kingsbridge Care Hub and are thus conveniently close to the Office in a venue familiar to Clients and Volunteers alike. In the current financial situation, it is important to note that donations by participants more than cover the cost of coffee. We are grateful to Graham Smith for use of the facility.

The Christmas Party is fast becoming a cherished tradition for Clients and Volunteers. This year the event was enhanced by entertainment from volunteer Ian Wooler and his singing group Cloud Nine.

Financial concerns raised in last year's report remain. Much effort has gone into grant application. For much of the year this was spearheaded by Jeryl with the support of Andy. Over the last few months Andy has been specifically asked to research and apply for grants. It is a time-consuming and frankly unrewarding task with hours of work more often resulting in rejection than success. It is, however, important to acknowledge our success stories. I have already alluded to Devon Community Funding and St Austell Brewery. We were also delighted to receive a grant of £2000 from Salcombe Rotary Club in support of the development of our new website, and a further £1,000 from Pavers (Herrings Shoes)

A personal contact of Rachel and Mik gave a donation of £5000. Well done Rachel! And months spent refining a bid to Garfield Weston produced another £5000. Well done Jeryl and Andy. There have also been a number of smaller personal donations for which we are very grateful.

The implementation of a viable business plan where expenditure is matched by income, remains the Trustees' absolute priority. The cost-efficient running of the Charity depends on regular income, and we continue to pursue KASC 100, hoping it will gain extra impetus during our 20th Anniversary celebrations next year. It is within this context that the decision was made not to offer Volunteer expenses and to invite Clients and their families to make a contribution to costs. We remain grateful to Kingsbridge Town Council for the provision of a rent-free Office and the general support they show. Long serving Town Clerk and KASC supporter Martin Johnson retired this year but his replacement, Kathy Harrod, is well known to us and also very supportive.

To return to perhaps brighter matters. There have been some really enjoyable fund-raising events this year. As mentioned at the last AGM, these will never fully fund our work, but they certainly help and more broadly, and importantly, create a positivity and sense of wellbeing that is a vital part of our work. Sandy Gilbert's expertise in Fashion Show management knows no bounds and this year's event featuring Cherry La La at the Village Farm took the event to new heights. We are grateful to Sandy for her inspiration and also to Sally Ann of Cherry LaLa and Charlotte of Village Farm - a must visit venue in East Portlemouth. Whilst on that side of the estuary it is worth mentioning the advertising support given by Kenyon's Deli in Frogmore. Once again, the spirit of the show was expertly captured on video by Maryna Riabovol. Mention of Sandy inevitably leads to our other great fundraiser: Gill Whitmore. The New Year Glitterball at West Charleton Village Hall was as successful as ever and set a record in money raised. As usual thanks to DJ Mikey for providing the tunes. It is fascinating to see the alter ego of our longest serving Trustee, Treasurer and keeper of the KASC tradition. A new initiative, only last week, saw Salcombe Community Gospel Choir sing in support of KASC at the Family Church in Kingsbridge. In the best tradition of our events, this was designed to be an uplifting occasion for all and to raise awareness as well as funds. Phil Inch and the Family church are great supporters of our work and, I believe, are potential sources of volunteers.

In today's world an effective media strategy is essential for any charity. Wendy managed to secure a slot on Devon Radio where the Charity was discussed and a grant from Salcombe Rotary Club has enabled us to start work on a new website utilising the latest technology, sharpening the focus on fundraising and volunteer recruitment and linking seamlessly with social media. Wendy and Jane are responsible for this development, with expertise provided

by website developers Oxygen and Ishy from St Austell Brewery. Of course, traditional methods of communication remain, and we are grateful to Wendy for the regular Newsletters.

At an administrative level, this has, like most years, been a year of change. In July we were sad to say goodbye to Jeryl Andrew as a Trustee. Jeryl is a warm-hearted passionate believer in KASC and her experience in finance brought a clear analytical perspective to our business. She was tireless in grant application, crafting each bid to perfection. It was her initiative that resulted in KASC Volunteer posters on Tally Ho buses and next year, through her vision, Kingsbridge in Bloom will be celebrating our 20th Anniversary. We are, however, delighted to welcome John Eke on board. John is hugely experienced, having enjoyed a successful career in the Charity Sector including Chief Accountant for The Save The Children Fund and also involvement with Live Aid. His experience and calm logical thought processes are already a most valued asset during these difficult times.

As most of you will know, hot off the press is the news the after seven and a half years of part time employment with us, Andy Walker has accepted a full-time position in a similar operations and administrative role with a charity that runs a vocational college for young adults with learning disabilities. Andy has been increasingly central to our work over this time, overseeing our computer systems and providing experienced opinions on a wide range of Social Service matters. Along with Rachel he has provided knowledgeable advice over the phone to Clients and Volunteers alike. He was instrumental in our gaining the VCSE Quality Assurance Mark in 2022 and has regularly provided Trustees with detailed reports on Office activity. We wish him well in his new venture which seems tailor-made for his experience and expertise. Rachel will continue to be the Office point of contact for everyone but in the current financial climate, the Trustees have decided not to seek a replacement. Be assured that Rachel will be given very support as she continues her role with the warmth, compassion and understanding which we know are her trademark.

In conclusion, it must be conceded that these are difficult times, but it seems to me that the Trustees are confronting them with honesty and competence. Our 20th Anniversary next year will certainly be a time for celebration.

Graham Nurser
November 2025

Directors Report
For the Year Ended 31st July 2025
Structure, Governance and Management

Introduction

The Directors present their annual report and the financial statements for the year ended 31 July 2025.

The information with respect to the Directors and advisors forms part of this report. The financial statements comply with applicable Accounting Standards in the United Kingdom, and the Statement of Recommended Practice (SORP) “Accounting and Reporting by Charities” issued in March 2005, and the Charities act 2011.

Status

The Memorandum and Articles of Association of the Company/Charity were incorporated on 14 July 2006. The Company/Charity is registered with the Charity Commission under charity registration number 1119726.

Organisational Structure

Membership of the Company/Charity is open to individuals or organizations approved by the Directors, although membership can only be refused if the Directors, acting reasonably and properly, consider it to be in the best interests of the Company/Charity. At the year end the Company/Charity had 25 members.

New directors are identified and appointed by the Company/Charity by ordinary resolution, so as to achieve a balance of experiences appropriate to the charity’s needs. One third of the directors must retire each year but may offer themselves re-election. The Directors meet monthly. These meetings are used to review the charity’s strategy, finances and operations.

Financial Review

Review of the Year

Total income for the year ending 31 July 2025 was £31,095 (2024: £28,820), whilst expenditure over the year was £34,324 (2024: £33,518).

The Directors wish to record their thanks to the many organizations and individuals who have supported the charity financially to date. These are too numerous to mention individually, but it is upon their generosity that the wellbeing of the charity depends.

Reserves

It has been, and remains, the Directors' aim to hold minimum reserves adequate to cover a minimum of six months' office operations, and shut down and redundancy costs, in the unlikely event that the charity ceases to operate. The overall reserves as at the 31 July 2025 are represented by the general fund of £32,889 (2024: £36,118) and a restricted fund of £0 (2024: £4,000)

Public Benefit

The Directors are entirely satisfied that they have complied with their duty to have due regard to the guidance on public benefit published by the Charity Commission.

Objectives and Activities

The primary activity of the charity is to promote the independence and wellbeing of older and isolated people in the towns of Kingsbridge, Salcombe and the surrounding area, covering 19 parishes in the South Hams District. Offering support not normally provided by the statutory authorities helps to preserve the independence of such people for as long as possible whilst delaying or avoiding the need for moving into a retirement home or becoming institutionalized. We do this by offering a befriending service, the aim of which is to reduce social isolation, to offer emotional and practical support and thereby to increase the ability of our clients to live well and to live independently.

Kingsbridge and Saltstone Caring (KASC) provides its emotional and practical support through regular weekly meetings with one of a team of volunteers, who have the opportunity of using their life skills and experience and are keen to provide friendship and support to those who need it. All volunteers are interviewed, DBS checked, references are taken, and they attend an induction training session.

For many clients, the weekly meeting with their KASC volunteer may be the only social contact they have. Support provided by a KASC volunteer can include companionship, shopping, relief for carers to allow them to take a short break, reading post and signposting to other organisations. It may also be appropriate to encourage and support clients to engage in social activities, thereby encouraging independence and community involvement. This might include joining a luncheon club/memory café/blind club, coffee mornings, joining a walk and talk group, joining an art club, or going for simple social outings (e.g. for a cup of tea or a drive to the sea). Sometimes client circumstances change, and they may have to move into a residential home or go into hospital. Where appropriate, KASC volunteers may continue to support clients by visiting them in these settings, bringing items in from home they may need, or simply providing a friendly face and sympathetic ear. KASC support may also be short-term, to stand-in when a regular carer is not available, or to provide temporary support, for example when patients are discharged from hospital and unable to provide for themselves in the normal way.

KASC runs a small office within the Town Council Building in Kingsbridge, staffed by two part time workers, an Office Manager and a Charity Officer. The day to day running of the organisation includes recruitment and training of volunteers, generating awareness of the service we offer, seeking funding, and allocating and monitoring support to individual clients. Where appropriate we identify and report concerns, highlighted by volunteers, to the relevant health professional, or the statutory authorities, so that appropriate action can be taken to support clients that are at risk, have declining health, or have needs such as access to specialist aids. KASC primary aim remains, however, to support the well-being of people in our community through direct social contact.

Risk Management

The Directors review routinely the risks facing the Charity and are satisfied that measures appropriate to mitigate the risks faced by a charity of the nature and scale of KASC are in place. The trustees have taken full cognizance of the provisions and requirements of the General Data Protection Regulation (GDPR) and have taken the necessary measures to ensure the charity is fully compliant. KASC is registered with the Information Commissioner's Office.

Thanks

The Directors would like to record their thanks to the many people and numerous companies and organisations which have been helpful to the Charity. In particular, Kingsbridge Town Council and its staff who have continued to support KASC most generously.

We are indebted to the staff in the office, Andy Walker and Rachel Kerecsenyi for their caring and diligent work.

Finally, we thank KASC's volunteers, whose time, energy and life-experience is given week-after-week so selflessly to improve the well-being of our community.

This report is prepared in accordance with the provisions applicable to companies subject to the small companies' regime. This report was approved by the Members on November 14^h, 2024, and signed on their behalf by:

Graham Nurser

Chair

Accountants' report on the unaudited financial statements to the directors of KASC

Respective responsibilities of trustees and examiner

The company's directors (charity's trustees) are responsible for the preparation of the accounts. The directors consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145 (5)(b) of the 2011 Act, and
- to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view, and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in, any material respect, the requirements:
 - to keep accounting records in accordance with section 130 the charities Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the charities Act have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Martin Cording

James Cording and Co Ltd
11 Church Street
Kingsbridge
TQ7 1BT

November 2025

Statement of Financial Activities for the year ended 31 July 2025

	Total Funds 2024-25	Total Funds 2023-24
Income		
Grants	£15,452	£9,000
Other	£15,644	£19,820
Total Income	£31,096	£28,820
Expenditure		
Staffing	£22,825	£18,898
Accommodation	£1,967	£1,538
Administration	£9,532	£13,082
Total Expenditure	£34,324	£33,518
Net Incoming (Outgoing) Resources	(£3,228)	(£4,698)
Fund Balances		
At 1 August 2024	£36,118	£40,816
At 31 July 2025	£32,889	£36,118

The notes on page 15 form an integral part of these financial statements.



Balance Sheet as at 31 July 2025

		Notes	2024-25	2023-24
Current Assets				
	Computer Equipment		£1,230	£1,230
	Debtors & Prepayments	3	£0	£10
	Cash at Bank and in Hand			
	Lloyds Treasurers a/c		£20,355	£24,003
	COIF Deposit a/c		£11,731	£11,207
	Petty Cash		£101	£101
	Event			
	Cash		£100	£100
	Total Assets		£33,517	£36,652
<i>less</i>				
Current Liabilities				
	Creditors	4	£628	£534
	Total Liabilities			
Net Assets			£32,889	£36,118
<u>Represented by:</u>				
	General Fund		£32,889	£ 32,118
	Restricted Fund		£0	£4,000
	Total Reserves		£32,889	£36,118

The directors' statements required by Sections 475 (2) and (3) are shown on the following page which forms part of this Balance Sheet.

The notes on page 15 form an integral part of these financial statements.

Directors' statements required by Section 475 (2) and (3) for the year ended 31 July 2025

In approving these financial statements as directors of the company we hereby confirm:

(a) that for the year ended 31 July 2025 the company was entitled to the exemption from audit under Section 477 of the Companies Act 2006 relating to small companies.

(b) that no notice has been deposited at the registered office of the company pursuant to section 476 of the Companies Act 2006 requiring that an audit be conducted for the year ended 31 July 2025, and

(c) that we acknowledge our responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime: -

The financial statements were approved by the Members on November 12th, 2025, and signed on their behalf by

Graham Nurser (Chair)
Director

Michael Knowles (Treasurer)
Director

The notes on page 15 form an integral part of these financial statements

Notes to the financial statements for the year ended 31 July 2025

1. Accounting policies

1.1 Accounting convention

The financial statements are prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

1.2 The Charity's Funds.

A fund is a pool of unexpended resources, held and maintained separately from other pools because of the way in which the resources were originally received or the way in which they have subsequently been treated. A fund may be unrestricted or restricted as follows:

- (a) Unrestricted funds (or general funds) are expendable at the discretion of the Directors in furtherance of the objects of the Charity.
- (b) Restricted funds are received for a particular purpose, and expenditure is restricted to that particular purpose.

2. Turnover

The total turnover of the company for the year has been derived from its principal activity wholly undertaken in the UK.

3. Debtors & Pre-Payments

£0

4. Creditors and Accruals

Accruals and creditors £628

5. Company limited by Guarantee.

The Company liabilities are guaranteed by the Directors up to a maximum of £10 each.

Detailed Schedule of Income and Expenditure

<u>INCOME</u>	2024-25	2023-24
Grants	£15,452	£9,000
Fund Raising	£5,134	£6,751
Donations	£9,334	£7,293
Westbank	Nil	£4,511
Other Income (HMRC)	£547	£529
SeaMoor Lotto	£106	£182
Bank interest	£523	£554
Total Income	£31,096	£28,820
<u>EXPENDITURE</u>		
Staffing (Incl. Volunteers)		
Wages (Incl. Pension & NIC)	£21,711	£17,516
Training	Nil	Nil
Travel & Subsistence	£1,174	£1,332
DBS Checks	(£60)	£50
Recruitment	Nil	Nil
	<u>£22,825</u>	<u>£18,898</u>
Office Accommodation		
Room Hire	£0	£0
Rates/Energy	£0	£0
Telecoms	£1,316	£906
Insurance	£651	£632
Office Equipment	<u>£0</u>	<u>£0</u>
	<u>£1,967</u>	<u>£1,538</u>
PR		
Advertising	£89	£589
Fund Raising Expenses	<u>£1,216</u>	<u>£1,129</u>
	<u>£1,305</u>	<u>£1,718</u>
Admin		
Subscriptions	£107	£35
Printing/Photocopying	Nil	Nil
Postage	Nil	Nil
Sundries (incl petty cash)	Nil	£136
IT costs	£5,617	£3,727
Consultancy fees	£1,518	£6,786
Audit and accountancy	<u>£985</u>	<u>£680</u>
	<u>£8,227</u>	<u>£11,364</u>
Total Expenditure	£34,324	£33,518
Net incoming (outgoing) resources	(£3,228)	(£4,698)

KINGSBRIDGE AND SALTSTONE CARING LTD

England & Wales - Charity number 1119726

Accounts



Kingsbridge and Saltstone Caring

Volunteer-led Support in Kingsbridge, Salcombe and Neighbouring Villages

**Kingsbridge and Saltstone Caring Limited
Company limited by Guarantee.**

**Registration number 5879510
Charity number 1119726**

**Directors' Report and Financial Statements
for the Year Ended July 31st, 2024.**



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Company Information (1)

Directors / Trustees



Graham Nurser
(Chair/Trustee)



Mike Knowles
(Treasurer/Trustee)



Sandy Gilbert
(Trustee)



Gill Whitmore
(Trustee)



Jeryl Andrew
(Trustee)



Pauline Greaves
(Trustee)



Peter Norris
(Trustee)



Dr Jane Smith
(Trustee)



Noel Riley
(Trustee)

Company Information (2)

Company Number	5879510
Charity Commission registered number	1119726
Registered office	11 Church Street Kingsbridge Devon TQ7 1BT
Accountants	James Cording and Co Ltd 11 Church Street Kingsbridge Devon TQ7 1BT
Business address	Quay House Ilbert Road Kingsbridge Devon TQ7 1DZ
Bankers	Lloyds Bank plc

Statement from the Chair

Over the last twelve months Kingsbridge and Saltstone Caring has continued to deliver its simple but vital service: befriending the lonely and isolated of the South Hams. That it has been able to do so is due to our wonderful band of volunteers and the dedication and professionalism of our Office staff.

To the uninformed eye, business has been very much as usual this year. We have enjoyed the usual range of Fundraisers: Glitterball, Fashion Show, Calancombe and the Cottage Hotel. A Book Club event at Kingsbridge Library was also a vehicle to promote our work. I would like to thank West Charleton Parish Council for the use of their Parish Hall, Cliff House Trust and Nika for enabling our first Salcombe Fashion Show and the owners of Calancombe and Cottage Hotel for the pro bono use of their premises. In addition, a particular mention must go to Sandy and Gill who have conceived and promoted events with their usual flair and enthusiasm. As is always the case, the positivity and friendliness thus created is a vital asset in the image of our Charity.

Equally important, at least in a social sense, has been the continuation of Tumbly Hill Coffee mornings and the provision of a Christmas party for Clients and Volunteers. Attendance at the coffee mornings can be a little uneven but for a number it is a much-cherished event, providing light-hearted conversation and a meaningful platform for communication and discussion of KASC matters. Both initiatives are relatively recent but have quickly become valued traditions.

The brainstorming event to which I alluded last year duly took place and we have been pushing various outcomes over the last twelve months. For example, in recognition of the importance of social media a Facebook business page has been established, soon to be joined by an Instagram Account. Records of our events have been greatly enhanced by the short but dynamic videos produced by Maryna Riabovol. We are very fortunate she has put her talent at our disposal and hope she will be able to continue to work with us. Tally Ho buses ran a volunteer recruitment campaign for us by placing advertisements in all local buses and we now have two rather fine indoor banners for use at our events. The Office has regularly produced an excellent Newsletter showcasing our activity though we are still evolving the most effective way for the distribution of paper copy. Our partnership with Kingsbridge Community College progresses slowly but the necessary risk assessment/child protection forms have been completed and we remain committed to devising ways students can be effectively involved.

The most significant outcome of our Brainstorming event was the recognition that the nature of our funding sources has changed dramatically. The loss of support from Livewell and other grants totalling £19,000 this year has left a hole that no number of energetic fundraisers is likely to fill. A completely new business model must be established to ensure the survival of KASC in its current form. Of course, we are always on the lookout for grant application opportunities (and at this point I would like to thank Jeryl and Andy for their untiring efforts in this area) and we have followed up on the suggestions made at the last AGM, but the nature of funding has changed. Grants tend to support new initiatives rather than ongoing costs. Whilst we would

love to extend the range of our work, and hope to do so in the future, our immediate concern is the funding of what we already do. Perhaps for this reason, we were unsuccessful in our National Lottery bid and several other applications. At best, grants will buy us time as we implement our Business Plan. Simply put, we must engage local individuals and businesses. If we get 100 commitments of a regular mandate of £10 a month, the Livewell deficit, at least, will be covered. That is our immediate ambition. With this in mind, we are appealing to everyone, not only perhaps to commit themselves, but also to provide introductions to those who may. As far as businesses are concerned, we are still looking at ways that might make such a proposition attractive, for example by providing advertising in the newsletter or printing support stickers for shop windows. Sponsorship from bigger companies will also be eagerly considered. Next of kin of both past and present clients will shortly be contacted. Many have expressed their gratitude for the work we do. A number of charities have benefited from legacies, and this is another area we are exploring. We would like to develop these ideas with the help of local business people who have extensive contacts and deep roots in the area. We are also aiming to be more effective in the use of Collecting Tins; a mammoth task which can only be successful if a large number of people get involved.

At this point, it is important to record a number of significant changes in personnel that have occurred this year. Significant, but perhaps not quite as dramatic as may first appear. At our last meeting I introduced Dr Jane Smith, recently retired to the area, as a trustee elect. Jane is now fully onboard, generally committed to the cause, and a particular support to Andy and Rachel as they deal with matters of medical and social care. I have already expressed my gratitude to Sandy and Gill for their fundraising energy and expertise. We were however sorry to lose them from the Board of Trustees. Fortunately, their enthusiasm remains undiminished and further events will follow. The Office team has also changed. After 3 years sterling work, Wendy Nurser has retired. Her kindness, compassion and organisational ability, coupled with an interest in social media and communication is already missed. However, all is not lost as the Trustees (with the exception of the Chairman to avoid charges of nepotism!) decided to invite her to join them. An invitation she has accepted. All, including the Office and the Chairman, are delighted. Both Andy and Rachel are now on fixed contracts and divide Office hours between them. Whilst they will cover for each other as much as possible, this does mean that there will be occasions, some holidays and sickness for example, when the Office will be closed. Whilst this is to be regretted, it does help us with costs, and we have every intention of maintaining the high levels of support of which KASC is justly proud. Andy is now officially recognised as Office manager and bears the responsibility for smooth and efficient operation.

I have spoken at length on financial matters. Our other area of focus is Volunteer recruitment. The freeze on new referrals mentioned at the last AGM remains in place though in more nuanced form. The pressure felt by local authorities resulted in many Social Service referrals and regrettably these remain on hold. However, assessments of potential clients referred to by next of kin have continued and a small take-up achieved. The current number of clients is 83 and volunteers 60. A grant was received from the Clare Milne Trust specifically for the purpose of Volunteer recruitment and Jeryl is working with Andy and Rachel to utilise this effectively. As with finance, we would love to enlist the help of those with experience and enthusiasm in the matter of volunteering. A personal approach is always more likely to succeed, and expressions of interest often take time to follow through. Assistance in the display of posters

in shops and windows in local villages as well as Kingsbridge and Salcombe is time-consuming and a job best shared. At the moment new volunteers are not coming forward, a situation common throughout the voluntary sector.

As you have heard, much has been done, and there is much to do. I would like to finish by recording my thanks to Trustees, especially our long serving Treasurer Mike, Office, Members, Supporters, Volunteers and Clients for making KASC what it is: a service that enriches and has enriched the lives of all of us. Our ambition is to create a better community and if we work together, we will continue to flourish. In 2026, KASC will celebrate its 20th Anniversary. Now that's something worth fighting for!

Graham Nurser (Chair) - November 2024

Directors Report
For the Year Ended 31st July 2024
Structure, Governance and Management

Introduction

The Directors present their annual report and the financial statements for the year ended 31 July 2024.

The information with respect to the Directors and advisors forms part of this report. The financial statements comply with applicable Accounting Standards in the United Kingdom, and the Statement of Recommended Practice (SORP) “Accounting and Reporting by Charities” issued in March 2005, and the Charities act 2011.

Status

The Memorandum and Articles of Association of the Company/Charity were incorporated on 14 July 2006. The Company/Charity is registered with the Charity Commission under charity registration number 1119726.

Organisational Structure

Membership of the Company/Charity is open to individuals or organizations approved by the Directors, although membership can only be refused if the Directors, acting reasonably and properly, consider it to be in the best interests of the Company/Charity. At the year end the Company/Charity had 25 members.

New directors are identified and appointed by the Company/Charity by ordinary resolution, so as to achieve a balance of experiences appropriate to the charity’s needs. One third of the directors must retire each year but may offer themselves re-election. The Directors meet monthly. These meetings are used to review the charity’s strategy, finances and operations.

Financial Review

Review of the Year

Total income for the year ending 31 July 2024 was £28,820 (2023: £17,068), whilst expenditure over the year was £33,518 (2023: £30,190).

The Directors wish to record their thanks to the many organizations and individuals who have supported the charity financially to date. These are too numerous to mention individually, but it is upon their generosity that the wellbeing of the charity depends.

Reserves

It has been, and remains, the Directors' aim to hold minimum reserves adequate to cover a minimum of six months' office operations, and shut down and redundancy costs, in the unlikely event that the charity ceases to operate. The overall reserves as at the 31 July 2024 are represented by the general fund of £32,118 (2023: £40,815) and a restricted fund of £4,000 (2023: Nil)

Public Benefit

The Directors are entirely satisfied that they have complied with their duty to have due regard to the guidance on public benefit published by the Charity Commission.

Objectives and Activities

The primary activity of the charity is to promote the independence and wellbeing of older and isolated people in the towns of Kingsbridge, Salcombe and the surrounding area, covering 19 parishes in the South Hams District. Offering support not normally provided by the statutory authorities helps to preserve the independence of such people for as long as possible whilst delaying or avoiding the need for moving into a retirement home or becoming institutionalized. We do this by offering a befriending service, the aim of which is to reduce social isolation, to offer emotional and practical support and thereby to increase the ability of our clients to live well and to live independently.

Kingsbridge and Saltstone Caring (KASC) provides its emotional and practical support through regular weekly meetings with one of a team of volunteers, who have the opportunity of using their life skills and experience and are keen to provide friendship and support to those who need it. All volunteers are interviewed, DBS checked, references are taken, and they attend an induction training session.

For many clients, the weekly meeting with their KASC volunteer may be the only social contact they have. Support provided by a KASC volunteer can include companionship, shopping, relief for carers to allow them to take a short break, reading post and signposting to other organisations. It may also be appropriate to encourage and support clients to engage in social activities, thereby encouraging independence and community involvement. This might include joining a luncheon club/memory café/blind club, coffee mornings, joining a walk and talk group, joining an art club, or going for simple social outings (e.g. for a cup of tea or a drive to the sea). Sometimes client circumstances change, and they may have to move into a residential home or go into hospital. Where appropriate, KASC volunteers may continue to support clients by visiting them in these settings, bringing items in from home they may need, or simply providing a friendly face and sympathetic ear. KASC support may also be short-term, to stand-in when a regular carer is not available, or to provide temporary support, for example when patients are discharged from hospital and unable to provide for themselves in the normal way.

KASC runs a small office within the Town Council Building in Kingsbridge, staffed by two part-time administrators. In addition, we employ the services of a consultant who undertakes day-to-day operations as well as technical support and research grant funding. The day to day running of the organisation includes recruitment and training of volunteers, generating awareness of the service we offer, seeking funding, and allocating and monitoring support to individual clients. Where appropriate we identify and report concerns, highlighted by volunteers, to the relevant health professional, or the statutory authorities, so that appropriate action can be taken to support clients that are at risk, have declining health, or have needs such as access to specialist aids. KASC primary aim remains, however, to support the well-being of people in our community through direct social contact.

Risk Management

The Directors review routinely the risks facing the Charity and are satisfied that measures appropriate to mitigate the risks faced by a charity of the nature and scale of KASC are in place. The trustees have taken full cognizance of the provisions and requirements of the General Data Protection Regulation (GDPR) and have taken the necessary measures to ensure the charity is fully compliant. KASC is registered with the Information Commissioner's Office.

Thanks

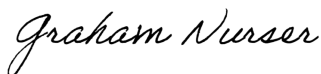
The Directors would like to record their thanks to the many people and numerous companies and organisations which have been helpful to the Charity. In particular, Kingsbridge Town Council and its staff who have continued to support KASC most generously.

We are indebted to the staff in the office, Rachel Kerecsenyi and Wendy Nurser along with Consultant Andy Walker, for their caring and diligent work.

Finally, we thank KASC's volunteers, whose time, energy and life-experience is given week-after-week so selflessly to improve the well-being of our community.

This report is prepared in accordance with the provisions applicable to companies subject to the small companies' regime. This report was approved by the Members on November 14^h, 2024, and signed on their behalf by:

Graham Nurser



Chair

Accountants' report on the unaudited financial statements to the directors of KASC

Respective responsibilities of trustees and examiner

The company's directors (charity's trustees) are responsible for the preparation of the accounts. The directors consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145 (5)(b) of the 2011 Act, and
- to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view, and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in, any material respect, the requirements:
 - to keep accounting records in accordance with section 130 the charities Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the charities Act have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Martin Cording

James Cording and Co Ltd
11 Church Street
Kingsbridge
TQ7 1BT

November 2024



Statement of Financial Activities for the year ended 31 July 2024

	Total Funds 2023-24	Total Funds 2022-23
Income		
Grants	£9,000	£0
Other	£19,820	£17,068
Total Income	£28,820	£17,068
Expenditure		
Staffing	£18,898	£17,321
Accommodation	£1,538	£1,549
Administration	£13,082	£11,320
Total Expenditure	£33,518	£30,190
Net Incoming (Outgoing) Resources	(£4,698)	(£13,122)
Fund Balances		
At 1 August 2023	£40,815	£53,937
At 31 July 2024	£36,118	£40,815

The notes on page 15 form an integral part of these financial statements.

Balance Sheet as at 31 July 2024

		Notes	2023-24	2022-23
Current Assets				
	Computer Equipment		£1,230	£1,230
	Debtors & Prepayments	3	£10	£1,504
	Cash at Bank and in Hand			
	Lloyds Treasurers a/c		£24,003	£27,781
	COIF Deposit a/c		£11,207	£10,653
	Petty Cash		£101	£101
	Event			
	Cash		£100	£100
	Total Assets		£36,652	£41,369
<i>less</i>				
Current Liabilities				
	Creditors	4	£ 534	£554
	Total Liabilities			
Net Assets			£36,118	£41,815
 <u>Represented by:</u>				
	General Fund		£ 32,118	£ 40,815
	Restricted Fund		£4,000	£0
	Total Reserves		£36,117	£ 40,815

The directors' statements required by Sections 475 (2) and (3) are shown on the following page which forms part of this Balance Sheet.

The notes on page 15 form an integral part of these financial statements.

Directors' statements required by Section 475 (2) and (3) for the year ended 31 July 2024

In approving these financial statements as directors of the company we hereby confirm:

(a) that for the year ended 31 July 2024 the company was entitled to the exemption from audit under Section 477 of the Companies Act 2006 relating to small companies.

(b) that no notice has been deposited at the registered office of the company pursuant to section 476 of the Companies Act 2006 requiring that an audit be conducted for the year ended 31 July 2024, and

(c) that we acknowledge our responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime: -

The financial statements were approved by the Members on 14th November 2024 and signed on its behalf by

Graham Nurser

Michael Knowles

**Graham Nurser (Chair)
Director**

**Michael Knowles (Treasurer)
Director**

The notes on page 15 form an integral part of these financial statements

Notes to the financial statements for the year ended 31 July 2024

1. Accounting policies

1.1 Accounting convention

The financial statements are prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

1.2 The Charity's Funds.

A fund is a pool of unexpended resources, held and maintained separately from other pools because of the way in which the resources were originally received or the way in which they have subsequently been treated. A fund may be unrestricted or restricted as follows:

- (a) Unrestricted funds (or general funds) are expendable at the discretion of the Directors in furtherance of the objects of the Charity.
- (b) Restricted funds are received for a particular purpose, and expenditure is restricted to that particular purpose.

2. Turnover

The total turnover of the company for the year has been derived from its principal activity wholly undertaken in the UK.

3. Debtors & Pre-Payments

Betts	£10
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4. Creditors and Accruals

Accruals and creditors	£534
------------------------	------

5. Company limited by Guarantee.

The Company liabilities are guaranteed by the Directors up to a maximum of £10 each.

Detailed Schedule of Income and Expenditure

INCOME	2023-24	2022-23
Grants	£9,000	£0
Fund Raising	£6,751	£5,262
Donations	£7,293	£6,101
Westbank	£4,511	£4,511
Other Income (HMRC)	£529	£707
SeaMoor Lotto	£182	£182
Bank interest	£554	£305
Total Income	£28,820	£17,068
EXPENDITURE		
Staffing (Incl. Volunteers)		
Wages (Incl. Pension & NIC)	£17,516	£16,090
Training	£0	£0
Travel & Subsistence	£1,332	£1,132
DBS Checks	£50	£99
Recruitment	£0	£0
	£18,898	£17,321
Office Accommodation		
Room Hire	£0	£0
Rates/Energy	£0	£0
Telecoms	£906	£1,038
Insurance	£632	£511
Office Equipment	£0	£0
	£1,538	£1,549
PR		
Advertising	£589	£172
Fund Raising Expenses	£1,129	£1,004
	£1,718	£1,176
Admin		
Subscriptions	£35	£35
Printing/Photocopying	£0	£154
Postage	£0	£0
Sundries (incl petty cash)	£136	£132
IT costs	£3,727	£2,916
Consultancy fees	£6,786	£6,164
Audit and accountancy	£680	£743
	£11,364	£10,144
Total Expenditure	£33,518	£30,190
Net incoming (outgoing) resources	(£4,698)	(£13,122)

KINGSBRIDGE AND SALTSTONE CARING LTD

England & Wales - Charity number 1119726

Accounts



Kingsbridge and Saltstone Caring

Volunteer-led Support in Kingsbridge, Salcombe and Neighbouring Villages

Kingsbridge and Saltstone Caring Limited
Company limited by guarantee

Registration number 5879510
Charity number 1119726

Directors' Report and Financial Statements
for the Year Ended July 31st, 2022



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Company Information (1)

Directors / Trustees



Graham Nurser (Chair)



Michael Knowles (Treasurer)



Sandy Gilbert



Jeryl Andrew



Gill Whitmore



Pauline Greaves



Peter Norris



Jane Bray



Company Information (2)

Company Number	5879510
Charity Commission registered number	1119726
Registered office	11 Church Street Kingsbridge Devon TQ7 1BT
Accountants	James Cording and Co Ltd 11 Church Street Kingsbridge Devon TQ7 1BT
Business address	Quay House Ilbert Road Kingsbridge Devon TQ7 1DZ
Bankers	Lloyds Bank plc 65-67 Fore St Kingsbridge Devon TQ7 1PN

Statement from the Chair

After the heroic efforts of Kingsbridge and Saltstone Caring, in partnership with other local organisations reported at the last AGM, this year has seen something of a return to a more normal pattern of work and care. The admin team have returned to the Office and Volunteers have been able to meet Clients again. A much happier situation.

Nevertheless, we all know that Covid has cast a long shadow, especially as cases do still seem to be high in this area. For many, this is now a matter of inconvenience rather than fear, but our clients are often vulnerable, and their health remains a matter of concern. We must continue to exercise due diligence. The strain that Covid and other matters has put on the NHS is well documented and we field an increasing number of requests for support beyond a straightforward befriending service. We field regular requests for help from local statutory health and social care agencies and have also been in discussion with the South Hams Hospital League of Friends. In addition, the situation reported last year where we have not enough volunteers for the clients assessed and waiting continues. In terms of numbers, we currently have 67 Volunteers and 113 Clients registered and available. An absolute priority this year is to find ways to encourage and enlist more Volunteers. Word of mouth is our best method, and it is to be hoped that regular coffee mornings will not only be attractive to Volunteers but will encourage them to invite appropriate friends who might join us.

This year we said goodbye to Trustee Jane Bray who has moved to take up a new post in Hampshire. Jane brought a wealth of experience to KASC, and we will always be grateful for her insight and determination. Links with Social and Health Care professionals often meant she could find a solution or create an opportunity. For example, her links with Tumbly Hill have given us an excellent base to hold monthly coffee mornings for staff and volunteers (with their clients if appropriate).

New trustees this year are Jeryl Andrew and Graham Nurser. Jeryl has wide experience in the financial services sector. She has already taken on considerable responsibility in formulating our current business plan and submitted some tedious and time-consuming grant applications. Graham's career has been in education, with particular experience in international projects with young people. He was invited to Chair trustee meetings and is happily attending functions and meeting the people who make KASC tick.

In the Office, we have said goodbye to Anne Brunner-Ellis. A calm and capable hand in office management, Anne also proved an expert editor of our newsletter. We are delighted that Anne remains in the area and still in touch. December's wreath making event is at her home.



Replacing Anne in the office is Wendy Nurser. A former boarding school Housemistress, Wendy has proved invaluable with her eye for detail and general organisational ability. Thoroughly immersed in the local area, with over five years supply teaching at Kingsbridge Community College and a long stint volunteering at the Tourist Information Centre, she tells me that she has particularly enjoyed meeting volunteers and clients as everyone has an interesting story to tell.

In addition, we are pleased to welcome back Rachel Kerecsenyi. With past experience both in the office and as a volunteer, Rachel is a real asset.

The third member of the office team is of course Andy Walker. Andy provides operational and IT support, maintains our data base and is involved in bids for grants. He also continues to provide day to day office administration as required. He too is vastly experienced and has a personal relationship with so many Volunteers and Clients.

We have a great Admin Team, and the trustees consider themselves very fortunate.

A particular highlight of the year was gaining the Quality Assurance Mark. This is a prestigious award, reflecting the standards of the policies, processes, documentation, and compliances to which we adhere. Our application was spearheaded by Andy Walker and Jane Bray, Mike Knowles and the Admin team who are to be thanked for detailed submissions of evidence to show what we do and how we do it. Of course, that does not mean we are complacent and not always looking to improve. For example, we are very aware of the concerns expressed after the data protection breaches this year and are determined to do better. On behalf of all of us I would like to apologise for those and thank you for your understanding. Human error can never be completely removed but we have taken steps which will at least stop the inadvertent sharing of email addresses.

It has been good to hold fundraising events again this year. The money raised is invaluable but beyond that obvious benefit, fundraising provides enjoyable social occasions when our work can be showcased in a positive way. An outstanding Fashion Show hosted by Threads at Avon Mill exemplifies the point. Just over one hundred people enjoyed delicious snacks and a glass of Prosecco whilst being entertained by a lively fashion presentation from Fiona and her team. Entertainment of other kinds were provided by Bob Gould's Euchre evening at Creeks End and Flavia's Dance Workshop. It seems to me that fundraisers creating fun social events are entirely appropriate for an organisation combating loneliness and isolation. Still to come, at the time of writing are the Glitterball Bop at West Charleton Village Hall and, as already mentioned, Christmas Wreath making. More top social moments, as so often spearheaded by Sandy Gilbert and Gill Whitmore.

Of course, substantial money is also derived from grant application. The office team are central to this and, as already mentioned Jeryl and Mike have been involved.

Sandy has always been generous in her Swing Byes at Washbrook Farm and in addition we are delighted to have been able to offer Coffee mornings at Tumbly Hill. Still establishing these on a monthly basis, our intention is to provide a regular opportunity for Volunteers/ Clients/Trustees and Staff to meet informally. Early signs are that these meetings are enjoyed by all. I have enjoyed the opportunity to meet up with volunteers and hear their opinions on a variety of things. Volunteers can also be empowered by meeting each other and discussing experiences in a general non confidential way and there is always the opportunity to examine any current relevant issues. I do hope these mornings go from strength to strength. As an extension of the Tumbly Hill Coffee Morning and inspired by our travel grant application we intend to host a client/volunteer Christmas Party at Tumbly Hill on Wednesday 14th December.

So much of our work is with individuals and we know every contact counts. Opportunities to get together will not suit everyone but for some they could be a welcome and interesting development.

We are not alone in the challenges we face. All over Devon and the rest of the country, issues of physical and mental health, dementia, hospital discharge, loneliness, isolation, and the cost of living are exercising the collective minds of the NHS, Local Authority Social Care and the Charity sector. All are working with limited resources, but all are determined to succeed. We will continue to make a difference.

Graham Nurser (Chair) – November 2022

Directors Report
For the Year Ended 31st July 2022
Structure, Governance and Management

Introduction

The Directors present their annual report and the financial statements for the year ended 31 July 2022.

The information with respect to the Directors and advisors' forms part of this report. The financial statements comply with applicable Accounting Standards in the United Kingdom, and the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" issued in March 2005, and the Charities act 2011.

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New directors are identified and appointed by the Company/Charity by ordinary resolution, so as to achieve a balance of experiences appropriate to the charity's needs. One third of the directors must retire each year but may offer themselves for re-election. The Directors meet monthly. These meetings are used to review the charity's strategy, finances and operations.

Financial Review

Review of the Year

Total income for the year ending 31 July 2022 was £35,900 (2021: £28,091), whilst expenditure over the year was £27,436 (2020: £21,710).

The Directors wish to record their thanks to the many organizations and individuals who have supported the charity financially to date. These are too numerous to mention individually, but it is upon their generosity that the wellbeing of the charity depends.

Reserves

It has been, and remains, the Directors aim to hold minimum reserves adequate to cover a minimum of six months office operations, and shut down and redundancy costs, in the unlikely event that the charity ceases to operate. The overall reserves as at the 31 July 2022 are represented by the general fund of £53,937 (2021: £45,575).

Public Benefit

The Directors are entirely satisfied that they have complied with their duty to have due regard to the guidance on public benefit published by the Charity Commission.

Objectives and Activities

The primary activity of the charity is to promote the independence and wellbeing of older, isolated and vulnerable people in the towns of Kingsbridge, Salcombe and the surrounding area, covering 19 parishes in the South Hams District. Offering support not normally provided by the statutory authorities helps to preserve the independence of such people for as long as possible whilst delaying or avoiding the need for moving into a retirement home or becoming institutionalized. We do this by offering a befriending service, the aim of which is to reduce social isolation, to offer emotional and practical support and thereby to increase the ability of our clients to live well and to live independently.

Kingsbridge and Saltstone Caring (KASC) provides its emotional and practical support through regular weekly meetings with one of a team of volunteers, who have the opportunity of using their life skills and experience and are keen to provide friendship and support to those who need it. All volunteers are interviewed, and DBS checked, references are taken, and they attend an induction training session.

For many clients, the weekly meeting with their KASC volunteer may be the only social contact they have. Support provided by a KASC volunteer can include companionship, shopping, relief for carers to allow them to take a short break, reading post and signposting to other organisations. It may also be appropriate to encourage and support clients to engage in social activities, thereby encouraging independence and community involvement. This might include joining a luncheon club/memory café/blind club, coffee mornings, joining a walk and talk group, joining an art club, or going for simple social outings (e.g. for a cup of tea or a drive to the sea). Sometimes client circumstances change, and they may have to move into a residential home or go into hospital. Where appropriate, KASC volunteers may continue to support clients by visiting them in these settings, bringing items in from home they may need, or simply providing a friendly face and sympathetic ear. KASC support may also be short-term, to stand-in when a regular carer is not available, or to provide temporary support, for example when patients are discharged from hospital and unable to provide for themselves in the normal way.

In common with other charities our work in 2021 was severely affected by Covid-19 which restricted access to our clients. However, with Covid-19 on the wane in 2022 the situation became much improved with services fully back to normal by the financial year end.

KASC runs a small office within the Town Council Building in Kingsbridge, staffed by two part-time administrators. In addition, we employ the services of a consultant who undertakes day to day operations as well as technical support and research grant funding. The day to day running of the organisation includes recruitment and training of volunteers, generating awareness of the service we offer, seeking funding, and allocating and monitoring support to individual clients. Where appropriate we identify and report concerns, highlighted by volunteers, to the relevant health professional, or the statutory authorities, so that appropriate action can be taken to support clients that are at risk, have declining health, or have needs such as access to specialist aids. KASC primary aim remains, however, to support the wellbeing of people in our community through direct social contact.

Risk Management

The Directors review routinely the risks facing the Charity and are satisfied that measures appropriate to mitigate the risks faced by a charity of the nature and scale of KASC are in place. The trustees have taken full cognizance of the provisions and requirements of the General Data Protection Regulation (GDPR) and have taken the necessary measures to ensure the charity is fully compliant. KASC is registered with the Information Commissioner's Office.

Appropriate measures were taken to protect our office at Quay House in the light of COVID-19 in accordance with Government guidelines.

Thanks

The Directors would like to record their thanks to the many people and numerous companies and organisations which have been helpful to the Charity. In particular, Kingsbridge Town Council and its staff who have continued to support KASC most generously.

We are indebted to the staff in the office, Anne Brunner-Ellis (who has now left KASC), Rachel Kerecsenyi and Wendy Nurser along with Consultant Andy Walker, for their caring and diligent work.

Finally, we thank KASC's volunteers, whose time, energy and life-experience is given week-after-week so selflessly to improve the well-being of our community.

This report is prepared in accordance with the provisions applicable to companies subject to the small companies' regime. This report was approved by the Members on December 7th, 2022, and signed on their behalf by:

Graham Nurser

Chair

Accountants' report on the unaudited financial statements to the directors of KASC

Respective responsibilities of trustees and examiner

The company's directors (charity's trustees) are responsible for the preparation of the accounts. The directors consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145 (5)(b) of the 2011 Act, and
- to state whether particular matters have come to my attention.

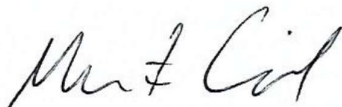
Basis of independent examiner's statement

My examination was carried out in accordance with general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view, and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in, any material respect, the requirements:
 - to keep accounting records in accordance with section 130 the charities Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the charities Act have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



James Cording and Co Ltd
11 Church Street
Kingsbridge
TQ7 1BT

November 2022

Statement of Financial Activities for the year ended 31 July 2022

	Notes	General Fund	Total Funds 2020-21
Income			
Grants		£12300	£10596
Other		£23514	£17495
Total Income		£35814	£28091
Expenditure			
Staffing		£15158	£11656
Accommodation		£1572	£1556
Administration		£10722	£8959
Total Expenditure		£27452	£22171
Net Incoming (Outgoing) Resources		£8362	£5920
Fund Balances			
At 1 August 2021		£45575	£39655
At 31 July 2022		£53937	£45575

The notes on page 15 form an integral part of these financial statements.

Balance Sheet as at 31 July 2022

		Notes	2021-22	2020-21
Current Assets				
	Debtors & Prepayments	3	£11,514	£0
	Cash at Bank and in Hand			
	Lloyds Treasurers a/c		£32,857	£35,861
	COIF Deposit a/c		£10,348	£10,321
	Petty Cash		£23	£129
	Event Cash		£100	£0
	Total Assets		£54,842	£46,311
<i>less</i>				
Current Liabilities				
	Creditors	4	£905	£736
	Total Liabilities			
Net Assets			£53,937	£45,575
<u>Represented by:</u>				
	General Fund		£53,937	£45,575
	Total Reserves		£53,937	£45,575

The directors' statements required by Sections 475 (2) and (3) are shown on the following page which forms part of this Balance Sheet.

The notes on page 15 form an integral part of these financial statements.

Directors' statements required by Section 475 (2) and (3) for the year ended 31 July 2022

In approving these financial statements as directors of the company we hereby confirm:

(a) that for the year ended 31 July 2022 the company was entitled to the exemption from audit under Section 477 of the Companies Act 2006 relating to small companies.

(b) that no notice has been deposited at the registered office of the company pursuant to section 476 of the Companies Act 2006 requiring that an audit be conducted for the year ended 31 July 2022, and

(c) that we acknowledge our responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime: -

The financial statements were approved by the Members on 7th December 2022 and signed on its behalf by

Graham Nurser (Chair)
Director

Michael Knowles (Treasurer)
Director

The notes on page 15 form an integral part of these financial statements

Notes to the financial statements for the year ended 31 July 2022

1. Accounting policies

1.1 Accounting convention

The financial statements are prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

1.2 The Charity's funds

A fund is a pool of unexpended resources, held and maintained separately from other pools because of the way in which the resources were originally received or the way in which they have subsequently been treated. A fund may be unrestricted or restricted as follows:

2. Turnover

The total turnover of the company for the year has been derived from its principal activity wholly undertaken in the UK.

3. Debtors & Pre-Payments

Livewell	£10000
Other debtors	£1514

4. Creditors and Accruals

Accruals and creditors	£653
HMRC Tax for July	£126

5. Company limited by guarantee

The Company liabilities are guaranteed by the Directors up to a maximum of £10 each.

Detailed Schedule of Income and Expenditure

<u>INCOME</u>	<u>2021-22</u>	<u>2020-21</u>
Grants	£12,300	£10,596
Fund Raising	£3,510	£24
Donations	£9,866	£11,644
Westbank	£8,905	£4,423
Other Income (HMRC)	£1,005	£1,055
SeaMoor Lotto	£202	£345
Bank interest	£26	£4
Total Income	£35,814	£28,091
<u>EXPENDITURE</u>		
Staffing (Incl. Volunteers)		
Wages (Incl. Pension & NIC)	£14,205	£11,154
Training	£0	£0
Travel & Subsistence	£745	£353
DBS Checks	£208	£149
Recruitment	£0	£0
	£15,158	£11,656
Office Accommodation		
Room Hire	£0	£0
Rates/Energy	£0	£0
Telecoms	£1,050	£1,062
Insurance	£522	£494
Office Equipment	£0	£0
	£1,572	£1,556
PR		
Advertising	£535	£567
Fund Raising Expenses	£615	£0
	£1,150	£567
Admin		
Subscriptions	£35	£35
Printing/Photocopying	£242	£79
Postage	£17	£8
Sundries (incl petty cash)	£342	£52
IT costs	£3,233	£2,799
Consultancy fees	£5,075	£4,530
Audit and accountancy	£628	£889
	£9,572	£8,392
Total Expenditure	£27,452	£22,171
Net incoming (outgoing) resources	£8,362	£5,920

KINGSBRIDGE AND SALTSTONE CARING LTD

England & Wales - Charity number 1119726

Accounts

Kingsbridge and Saltstone Caring Limited
Company limited by guarantee

Registration number 5879510
Charity number 1119726

Directors' Report and Financial Statements
for the Year Ended July 31st, 2021

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Company Information (1)

Directors /Trustees



Sandy Gilbert (Chair)



Michael Knowles (Treasurer)



Jane Bray



Gill Whitmore



Peter Norris



Pauline Greaves

Company Information (2)

Company Number	5879510
Charity Commission registered number	1119726
Registered office	New Quay House Embankment Rd Kingsbridge Devon TQ7 1JZ
Accountants	James Cording and Co Ltd New Quay House Embankment Rd Kingsbridge Devon TQ7 1JZ
Business address	Quay House Ilbert Road Kingsbridge Devon TQ7 1DZ
Bankers	Lloyds Bank plc 65-67 Fore St Kingsbridge Devon TQ7 1PN

Statement from the Chair

After our November 2020 AGM, Christmas happened and Covid continued. Kingsbridge and Saltstone Caring gave what support it could during the pandemic to its some 100 clients. Whilst on this topic, let us reflect upon some figures.

In November 2020 the charity recorded 94 clients with 3 new ones to add, 74 volunteers with 1 new recruit. In November 2021 we have 101 clients with 6 new to add, and 64 volunteers. It doesn't take a genius to realise that we need to address attracting new volunteers with some urgency. This was in spite of having to temporarily suspend, with great reluctance, the acceptance of new referrals during the peak of lockdown. We are currently examining reasons why it is so hard to attract new joiners to our cause.

During the height of the pandemic our 3-part time staff worked from home. Meetings continued via Zoom and volunteers supported clients by telephone. Client assessments were processed by telephone using a carefully designed protocol to ensure that nothing relevant was missed.

KASC continued to work with Kingsbridge Rugby Club who kindly suggested that they could cook and provide a hot meal service to our clients. This was funded by a collaborative effort from the local Masonic group, Lidstones Potatoes, donations from private individuals and vegetables from Tesco's. The Rugby Club provided furloughed staff who cooked at the onsite rugby ground kitchens. The meals were offered to all our clients and some 60 of them accepted the service. We had a force of kind local people who gave freely of their time to deliver the meals. This was so very much appreciated by our clients, it helped to break the monotony of lockdown and to have a face to face (albeit in a mask) encounter at their doorway. The meals were superb. The club even cooked very special birthday cakes. This gesture brought tears to the eyes of many of our lonely clients. Some figures for you, around 1800 delicious and nutritious 3 course meals were delivered.

This initiative was further enhanced by the children of Stokenham Primary School who designed colourful cards to send to imaginary older friends. These were posted in a box at Tesco's and then popped in as a surprise along with the hot meals.

There have been some changes in our office staff. Helen Baker left us but still continues to attend events and to be a solid KASC supporter. She was replaced by Rachel Kerecsenyi who has left recently in order to take up an NHS post that could offer her more hours. Happily, Rachel enjoyed her time with us and is not only an enthusiastic supporter but has now become a volunteer. We miss her but are so very grateful to retain her services as a valuable volunteer.

We are pleased that Anne Brunner-Ellis continues to work with us, bringing her many skills to the table. Anne is most caring, highly efficient and is a proven and talented wordsmith. Andy Walker, our other Charity Officer, on an SLA contract, maintains IT in good order, chases funding, writes a monthly operational report, deals with the unexpected, gives staff cover for holidays and sickness and has a watchful eye upon safeguarding issues. Andy and Anne both produce work well above the pay that we are in a position to offer. This is recognised and greatly appreciated.

During lockdown, in order to flag up the need for volunteers, we created a team to make a recruitment film. This consisted of Jonathan Harrison, a professional camera man living locally, Anne Brunner-Ellis, myself and Graham Smith of Age Concern who edited the piece. The idea emanated from CVS. I take this opportunity to thank all the clients and volunteers who gave of their time and willing participation to take part. The film can be found on You Tube, Facebook and be accessed via our website.

Also, as we were unable to hold fund raising events time was spent 'house keeping'. The Volunteer Handbook was examined, revised and updated. Funding and grants were pursued. Office procedures were examined and streamlined to become more cost and time efficient.

In May 2021, KASC returned to the office. It was noted that some of our former volunteers had decided to leave, (approximately 20) and we have had to work really hard to make up this shortfall.

On a more positive note, we celebrated 'getting back to normal', whatever that is, with a thumping good Fashion Show in September hosted by the boutique Threads and held at Avon Mill. It was a resounding success and nearly £1000 raised. This was followed by a great wine tasting evening held at the Crabshell, sponsored by Simon Harrow the landlord. Wine and vinicultural education was by courtesy of the new Calancombe Wine Estate near Modbury. A lively evening raised nearly £900. Trustee Gill Whitmore and myself are currently plotting and planning new events for 2022. KASC Volunteers will shortly receive an invitation to 'swing by' Washbrook Farm, Kingsbridge for some free hospitality and a chance to meet other volunteers and exchange (whilst maintaining client confidentiality) experiences. I do hope that we can also include some new faces who are thinking about joining us, it may give confidence and encouragement.

We said goodbye to Trustee Andrew Leach who moved out of the area, and currently our Board of Trustees consists of Jane Bray with her outstanding energy and invaluable administrative experience, Mike Knowles who is our most diligent Treasurer and takes all the notes at meetings, Peter Norris who gives legal advice, Pauline Greaves who has a wealth of knowledge about clients and volunteers and Gill Whitmore, events facilitator and a wizard at ticket sales.

I have been privileged to be the Chair which I have enjoyed but have decided to step down in order to provide better focus on the fund-raising events and to allow more time for other personal interests. Event organisation is the reason I joined KASC as a Trustee, I only stepped in to fill a gap for 3 months and find myself still here after some 2 years! We are a well-balanced hard working and productive team but could do with a bit more help. I close this statement by putting out a heartfelt plea for more people to consider joining as a Trustee. The only qualification needed is to care about what we do, a desire to make a difference and to attend a short meeting once a month

.

Leaving you with that thought.

Sandy Gilbert (Chair) – November 2021

Directors Report
For the Year Ended 31st July 2021
Structure, Governance and Management

Introduction

The Directors present their annual report and the financial statements for the year ended 31 July 2021.

The information with respect to the Directors and advisors forms part of this report. The financial statements comply with applicable Accounting Standards in the United Kingdom, and the Statement of Recommended Practice (SORP) “Accounting and Reporting by Charities” issued in March 2005, and the Charities act 2011.

Status

The Memorandum and Articles of Association of the Company/Charity were incorporated on 14 July 2006. The Company/Charity is registered with the Charity Commission under charity registration number 1119726.

Organizational Structure

Membership of the Company/Charity is open to individuals or organizations approved by the Directors, although membership can only be refused if the Directors, acting reasonably and properly, consider it to be in the best interests of the Company/Charity. At the year end the Company/Charity had 25 members.

New directors are identified and appointed by the Company/Charity by ordinary resolution, so as to achieve a balance of experiences appropriate to the charity’s needs. One third of the directors must retire each year but may offer themselves for re-election. The Directors meet monthly. These meetings are used to review the charity’s strategy, finances and operations.

Financial Review

Review of the Year

Total income for the year ending 31 July 2021 was £28,091 (2020: £45,141), whilst expenditure over the year was £21,710 (2020: £36,249).

The Directors wish to record their thanks to the many organizations and individuals who have supported the charity financially to date. These are too numerous to mention individually, but it is upon their generosity that the wellbeing of the charity depends.

Reserves

It has been, and remains, the Directors aim to hold minimum reserves adequate to cover a minimum of six months office operations, and shut down and redundancy costs, in the unlikely event that the charity ceases to operate. The overall reserves as at the 31 July 2020 are represented by the general fund of £45,850 (2020: £39,930).

Public Benefit

The Directors are entirely satisfied that they have complied with their duty to have due regard to the guidance on public benefit published by the Charity Commission.

Objectives and Activities

The primary activity of the charity is to promote the independence and wellbeing of older, isolated and vulnerable people in the towns of Kingsbridge, Salcombe and the surrounding area, covering 19 parishes in the South Hams District. Offering support not normally provided by the statutory authorities helps to preserve the independence of such people for as long as possible whilst delaying or avoiding the need for moving into a retirement home or becoming institutionalized. We do this by offering a befriending service, the aim of which is to reduce social isolation, to offer emotional and practical support and thereby to increase the ability of our clients to live well and to live independently.

Kingsbridge and Saltstone Caring (KASC) provides its emotional and practical support through regular weekly meetings with one of a team of volunteers, who have the opportunity of using their life skills and experience and are keen to provide friendship and support to those who need it. All volunteers are interviewed, and DBS checked, references are taken, and they attend an induction training session.

For many clients, the weekly meeting with their KASC volunteer may be the only social contact they have. Support provided by a KASC volunteer can include companionship, shopping, relief for carers to allow them to take a short break, reading post and signposting to other organisations. It may also be appropriate to encourage and support clients to engage in social activities, thereby encouraging independence and community involvement. This might include joining a luncheon club/memory café/blind club, coffee mornings, joining a walk and talk group, joining an art club, or going for simple social outings (e.g. for a cup of tea or a drive to the sea). Sometimes client circumstances change, and they may have to move into a residential home or go into hospital. Where appropriate, KASC volunteers may continue to support clients by visiting them in these settings, bringing items in from home they may need, or simply providing a friendly face and sympathetic ear. KASC support may also be short-term, to stand-in when a regular carer is not available, or to provide temporary support, for example when patients are discharged from hospital and unable to provide for themselves in the normal way.

In common with other charities our work in 2021 has been severely affected by the advent of COVID-19 which has restricted access to our clients. We tempered this by continuing contact via telephone and by providing lunches in conjunction with Kingsbridge Rugby Club. We have also been able to continue providing shopping where required, meeting in an outside space

providing government guidelines are adhered to, but we had to cease visits where we enter the client home although this service has now resumed.

KASC runs a small office within the Town Council Building in Kingsbridge, staffed by two part-time administrators. In addition, we employ the services of a Technical Consultant to provide IT support, research grant funding and cover for staff absences. The day to day running of the organisation includes recruitment and training of volunteers, generating awareness of the service we offer, seeking funding, and allocating and monitoring support to individual clients. Where appropriate we identify and report concerns, highlighted by volunteers, to the relevant health professional, or the statutory authorities, so that appropriate action can be taken to support clients that are at risk, have declining health, or have needs such as access to specialist aids. KASC primary aim remains, however, to support the wellbeing of people in our community through direct social contact.

Risk Management

The Directors review routinely the risks facing the Charity and are satisfied that measures appropriate to mitigate the risks faced by a charity of the nature and scale of KASC are in place. The trustees have taken full cognizance of the provisions and requirements of the General Data Protection Regulation (GDPR) and have taken the necessary measures to ensure the charity is fully compliant. KASC is registered with the Information Commissioner's Office.

Appropriate measures have also been taken to protect our office at Quay House in the light of COVID-19 in accordance with Government guidelines.

Thanks

The Directors would like to record their thanks to the many people and numerous companies and organisations which have been helpful to the Charity. In particular, Kingsbridge Town Council and its staff who have continued to support KASC most generously.

We are indebted to the staff in the office, Anne Brunner-Ellis and Rachel Kerecsenyi along with Consultant Andy Walker, for their caring and diligent work.

Finally, we thank KASC's volunteers, whose time, energy and life-experience is given week-after-week so selflessly to improve the well-being of our community.

This report is prepared in accordance with the provisions applicable to companies subject to the small companies' regime. This report was approved by the Members on 24th November 2021 and signed on their behalf by:

Sandy Gilbert

Chair

Accountants' report on the unaudited financial statements to the directors of KASC

Respective responsibilities of trustees and examiner

The company's directors (charity's trustees) are responsible for the preparation of the accounts. The directors consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145 (5)(b) of the 2011 Act, and
- to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in, any material respect, the requirements:
 - to keep accounting records in accordance with section 130 the charities Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the charities Act have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

James Cording and Co Ltd
New Quay House
Embankment Rd
Kingsbridge, Devon. TQ7 1JZ

November 2021

Statement of Financial Activities for the year ended 31 July 2021

	<i>Notes</i>	General Fund	Total Funds 2019-20
Income			
Grants		£10596	£18200
Other		£17495	£26941
Total Income		£28091	£45141
Expenditure			
Staffing		£11656	£23525
Accommodation		£1556	£1732
Administration		£8959	£10992
Total Expenditure		£22171	£36249
Net Incoming (Outgoing) Resources		£5920	£8892
Fund Balances			
At 1 August 2020		£39330	£31038
At 31 July 2021		£45850	£31038

The notes on page 14 form an integral part of these financial statements.

Balance Sheet as at 31 July 2021

		Notes	2020-21	2019-20
Current Assets				
	Debtors & Prepayments	3	£275	£275
	Cash at Bank and in Hand			
	Lloyds Treasurers a/c		£35861	£29887
	COIF Deposit a/c		£10321	£10317
	Petty Cash		£129	£137
	Total Assets		£46586	£40616
<i>less</i>				
Current Liabilities				
	Creditors	4	£736	£686
	Total Liabilities			
Net Assets			£45850	£39330
 <u>Represented by:</u>				
	General Fund		£45850	£39330
	Total Reserves		£45850	£39330

The directors' statements required by Sections 475 (2) and (3) are shown on the following page which forms part of this Balance Sheet.

The notes on page 14 form an integral part of these financial statements.

Balance Sheet (continued)

Directors' statements required by Section 475 (2) and (3) for the year ended 31 July 2021

In approving these financial statements as directors of the company we hereby confirm:

(a) that for the year ended 31 July 2021 the company was entitled to the exemption from audit under Section 477 of the Companies Act 2006 relating to small companies.

(b) that no notice has been deposited at the registered office of the company pursuant to section 476 of the Companies Act 2006 requiring that an audit be conducted for the year ended 31 July 2021, and

(c) that we acknowledge our responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime: -

The financial statements were approved by the Members on 24th November 2021 and signed on its behalf by

Sandy Gilbert (Chair)
Director

Michael Knowles (Treasurer)
Director

The notes on page 14 form an integral part of these financial statements.

Notes to the financial statements for the year ended 31 July 2021**1. Accounting policies****1.1 Accounting convention**

The financial statements are prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

1.2 The Charity's funds

A fund is a pool of unexpended resources, held and maintained separately from other pools because of the way in which the resources were originally received or the way in which they have subsequently been treated. A fund may be unrestricted or restricted as follows:

- (a) Unrestricted funds (or general funds) are expendable at the discretion of the Directors in furtherance of the objects of the Charity.
- (b) Restricted funds are received for a particular purpose, and expenditure is restricted to that particular purpose.

2. Turnover

The total turnover of the company for the year has been derived from its principal activity wholly undertaken in the UK.

3. Debtors & Pre-Payments

Kingsbridge Town Council rent pre-paid

4. Creditors and Accruals

Accruals and creditors	£623
HMRC Tax for July	£113

5. Company limited by guarantee

The Company liabilities are guaranteed by the Directors up to a maximum of £10 each.

Detailed Schedule of Income and Expenditure

<u>INCOME</u>	<u>2020-21</u>	<u>2019-20</u>
Grants	£10,596	£18,200
Fund Raising	£24	£2,709
Donations	£11,644	£15,130
Westbank	£4,423	£5,897
Other Income (HMRC Gift Aid)	£1,055	£2,780
SeaMoor Lotto	£345	£370
Bank interest	£4	£55
Total Income	£28,091	£45,141
 <u>EXPENDITURE</u>		
Staffing (Incl. Volunteers)		
Wages (Incl. Pension & NIC)	£11,154	£20,783
Training	£0	£0
Travel & Subsistence	£353	£2,603
DBS Checks	£149	£139
Recruitment	£0	£0
	£11,656	£28,209
Office Accommodation		
Room Hire	£0	£0
Rates/Energy	£0	£0
Telecoms	£1062	£1,243
Insurance	£494	£489
Office Equipment	£0	£0
	£1,556	£1,732
PR		
Advertising	£567	£592
Fund Raising Expenses	£0	£873
	£567	£1,465
Admin		
Subscriptions	£35	£35
Printing/Photocopying	£79	£542
Postage	£8	£7
Sundries (incl petty cash)	£52	£248
IT costs	£2,799	£5,228
Consultancy fees	£4,530	£2,445
Audit and accountancy	£889	£1,022
	£8,392	£9,527
Total Expenditure	£22,171	£36,249
 Net incoming (outgoing) resources	 £5,920	 £8,892