

Charity number: 1119711

Company number: 05504622

Bodies In Motion (Pendle) Limited
Trustees' report and financial statements
for the year ended 31 March 2025

Bodies In Motion (Pendle) Limited

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Bodies In Motion (Pendle) Limited

Legal and administrative information

Status

Bodies in Motion (Pendle) Limited is a company limited by guarantee and governed by its Memorandum and Articles of Association. Bodies in Motion is registered charity status.

Trustees / Directors	Mohammed Idris Ahmed Mohammad Basharat Waqar Ahmad	Chairman person Trustee / Director Trustee
Management board	Israr Asif	
Honoury member	Brian Holmes	
Project manager	Shahid Shabbir	
Operational Manager	Benjamin Kelly	
Company number	05504622	
Charity number	1119711	
Registered office	30 Colne Road Brierfield Lancashire BB9 5NS	
Accountants	Eave Brooks Accountants Limited 1 Dalton Court Commercial Road Darwen Lancashire BB3 0DG	
Business address	30 Colne Road Brierfield Lancashire BB9 5NS	
Bankers	Barclays Bank 72-78 St. James Street Burnley Lancashire BB11 1NH	

Bodies In Motion (Pendle) Limited

**Trustees' report
for the year ended 31 March 2025**

Charitable objects

Bodies In Motion (Pendle) Limited

Trustees' report for the year ended 31 March 2025

To promote the benefit of young people resident in Pendle and surrounding areas, without distinction of sex, political, religious or other opinion, by the advancement of education, primarily but not exclusively by the provision of training and employment opportunities and the provision of facilities in the interest of social welfare for recreation and leisure time occupation with the object of improving the conditions of life of the said young people.

This Trustees' Report presents the activities and achievements of Bodies in Motion (Pendle) Ltd for the financial year. The charity continues to work towards its mission of promoting health, wellbeing, and community cohesion through inclusive programmes and facilities

Bodies in Motion (Pendle) Ltd exists to support individuals and communities by providing opportunities for physical activity, education, and social engagement. Our focus remains on improving mental and physical health, reducing isolation, and creating safe spaces for young people and older residents.

During the year, the charity has made significant progress in developing facilities and programmes to meet community needs. Key achievements include:

Securing £1.4 million from the Department for Culture, Media and Sport's Youth Investment Fund, enabling completion of a community café at the Garden Zone and commencement of work on a dedicated youth community building on the same site.

Funding from the Lancashire Environmental Fund supported the completion of the community café, creating a welcoming space for residents and visitors

National Lottery Awards for All grant provided essential revenue funding for staffing at our Health and Wellbeing Hub, ensuring sufficient resources to meet community needs.

A grant from the Duchy of Lancaster enabled the purchase of a large TV, installed as part of our Youth Games Zone to enhance recreational opportunities for young people

Funding through the Lancashire Police and Crime Commissioner's Safer Lancashire Neighbourhoods scheme provided revenue to cover staff dedicated to working with young people, helping them make informed decisions and avoid harmful behaviours.

Looking ahead, Bodies in Motion (Pendle) Ltd will continue to develop the youth community building and expand programmes that promote health, wellbeing, and positive life choices. We aim to strengthen partnerships and secure additional funding to sustain and grow our impact across the region.

Bodies in Motion (Pendle) Ltd is governed by its Board of Trustees, who are responsible for strategic oversight and ensuring compliance with charity law and best practice. The charity operates with transparency and accountability, maintaining robust financial and operational controls.

Bodies In Motion (Pendle) Limited

Trustees' report for the year ended 31 March 2025

Statement of trustees responsibilities

- select suitable accounting policies and then apply them consistently ;
- judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards and statements of recommended practice have been followed subject to any departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is appropriate to presume that the charity will continue in business.

The trustees recommend that Eave Brooks Accountants Limited remain in office until further notice.

This report was approved by the trustees on 22 December 2025 and signed on its behalf by

Mohammad Basharat
Trustee / Director

Bodies In Motion (Pendle) Limited

Independent examiner's report to the trustees on the unaudited financial statements of Bodies In Motion (Pendle) Limited.

I report on the financial statements of Bodies In Motion (Pendle) Limited for the year ended 31 March 2025 which comprise the statement of financial activities, the balance sheet and the related notes.

Respective responsibilities of trustees and examiner

The charity's trustees (who are also the directors of the company for purposes of company law) are responsible for the preparation of the accounts in accordance with the Charities Act 2011 ("the Act"). The trustees consider that an audit is not required for this year under section 43(2) of the Charities Act 1993 (the Act), as amended by section 28 of the Charities Act 2006 and that an independent examination is needed. It is my responsibility to examine the accounts under section 43(3)(a) of the Act, as amended; to follow the procedures laid down in the General Directions given by the Charity Commission under section 43(7)(b) of the Act, as amended; and to state whether particular matters have come to my attention.

Basis of independent examiner's report

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements
- the accounting records were kept in accordance with section 130 of the Act; or ; and
 - the accounts were accord with the accounting records; and
 - the accounts comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.
- have not been met; or

- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Eave Brooks Accountants Limited
Community Accountants

1 Dalton Court
Commercial Road
Darwen
BB3 0DG

Bodies In Motion (Pendle) Limited

Bodies In Motion (Pendle) Limited

Statement of financial activities

For the year ended 31 March 2025

	Notes	Unrestricted funds £	Restricted funds £	2025 Total £	2024 Total £
Incoming resources					
Grants	2	-	413,723	413,723	243,568
Activities for generating funds:					
Membership & Cafe income		22,014	-	22,014	28,027
Income from investments	3	-	-	-	44
Other incoming resources	4	-	-	-	50
Total incoming resources		<u>22,014</u>	<u>413,723</u>	<u>435,737</u>	<u>271,689</u>
Less: Cost of generating funds	5				
Shop expenditure		(6,752)	-	(6,752)	(10,443)
		<u>(6,752)</u>	<u>-</u>	<u>(6,752)</u>	<u>(10,443)</u>
Net incoming resources available for charitable application		<u>15,262</u>	<u>413,723</u>	<u>428,985</u>	<u>261,246</u>
Charitable expenditure					
Cost of activities in furtherance of the charity's objects:	6				
Project 1		-	(119,677)	(119,677)	(90,187)
Management and administration	7	-	(1,651)	(1,651)	(1,283)
Total charitable expenditure		<u>-</u>	<u>(121,328)</u>	<u>(121,328)</u>	<u>(91,470)</u>
Total resources expended		<u>(6,752)</u>	<u>(121,328)</u>	<u>(128,080)</u>	<u>(101,913)</u>
Net movement in funds		<u>15,262</u>	<u>292,395</u>	<u>307,657</u>	<u>169,776</u>
Total funds carried forward		<u>70,687</u>	<u>531,172</u>	<u>601,859</u>	<u>294,202</u>

The notes on pages 8 to 12 form an integral part of these financial statements.

Bodies In Motion (Pendle) Limited

Balance sheet as at 31 March 2025

		2025	2024
	Notes	£	£
Fixed assets			
Tangible assets	9	509,513	292,719
Current assets			
Cash at bank and in hand		97,052	4,311
		<u>97,052</u>	<u>4,311</u>
Creditors: amounts falling due within one year	10	(4,706)	(2,828)
Net current assets		<u>92,346</u>	<u>1,483</u>
Net assets		<u>601,859</u>	<u>294,202</u>
Funds			
Unrestricted funds	9	70,687	55,425
Restricted Funds	10	531,172	238,777
		<u>601,859</u>	<u>294,202</u>

The trustees' statements required by Sections 475(2) and (3) are shown on the following page which forms part of this Balance Sheet.

The notes on pages 8 to 12 form an integral part of these financial statements.

Bodies In Motion (Pendle) Limited

Balance sheet (continued)

Trustees' statements required by the Companies Act 2006 for the year ended 31 March 2025

In approving these financial statements as trustees of the company we hereby confirm:

(a) that for the year stated above the company was entitled to the exemption conferred by section 477 of the Companies Act 2006 ;

(b) that no notice has been deposited at the registered office of the company pursuant to section 476 of the Companies Act 2006 requesting that an audit be conducted for the year ended 31 March 2025 and

(c) that we acknowledge our responsibilities for:

(1) ensuring that the company keeps proper accounting records which comply with section 386 of the Companies Act 2006, and

(2) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the year then ended in accordance with the requirements of section 394 and 395, and which otherwise comply with the provisions of the Companies Act relating to financial statements, so far as applicable to the company.

These financial statements have been prepared in accordance with the provisions applicable to small companies subject to the small companies regime and in accordance with FRS102 SORP.!!C!!C!

The financial statements were approved by the trustees on 22 December 2025 and signed on its behalf by

Mohammed Idris Ahmed
Trustee / Secretary

Mohammad Basharat
Trustee / Director

The notes on pages 8 to 12 form an integral part of these financial statements.

Bodies In Motion (Pendle) Limited

Notes to the financial statements for the year ended 31 March 2025

1. Accounting policies

1.1. Accounting convention

The financial statements are prepared under the historical cost convention and follow the recommendations in 'Accounting and Reporting by Charities: Statement of Recommended Practice' issued in October 2000.

The charity has taken advantage of the exemption in FRS1 from the requirement to produce a cashflow statement because it is a small charity.

1.2. Incoming resources

Grants, including grants for the purchase of fixed assets, are recognised in full in the Statement of Financial Activities in the year in which they are receivable.

Income from the charity shop is included in the year in which it is receivable.

Income from investments is included in the year in which it is receivable.

1.3. Resources expended

Resources expended are recognised in the year in which they are incurred.

Management and administration costs are those incurred in connection with administration of the charity and compliance with constitutional and statutory requirements.

2. Grant income

Restricted 2025 2024

	funds		
	£	£	£
LCC	37,510	37,510	550
Police AP	10,000	10,000	-
Duchy of Lancashire	800	800	-
YIF Grant	340,155	340,155	192,089
Community Foundation	-	-	3,000
Awards for All	19,850	19,850	9,936
Active Lancashire	-	-	2,328
LEF	-	-	7,430
Sport England	-	-	14,500
Pendle Borough Council	5,408	5,408	13,735
	<u>413,723</u>	<u>413,723</u>	<u>243,568</u>

3. Investment income

2025 2024

£ £

Bodies In Motion (Pendle) Limited

Notes to the financial statements for the year ended 31 March 2025

Interest received	-	44
	<u>-</u>	<u>44</u>

Bodies In Motion (Pendle) Limited

Notes to the financial statements for the year ended 31 March 2025

4. Other incoming resources 2025 2024

£ £

Inc - Rental Income	-	50
	<u>-</u>	<u>50</u>

5. Cost of generating funds

	Shop £	2025 £	2024 £
Purchases	6,752	6,752	10,443
	<u>6,752</u>	<u>6,752</u>	<u>10,443</u>

6. Costs of activities in furtherance of the objects of the charity project 2025 2024 £ £ £

Staff costs	76,206	76,206	46,993
Staff training	-	-	412
Rent	13,875	13,875	3,125
Insurance	1,559	1,559	1,592
Light and heat	5,485	5,485	2,113
Cleaning	35	35	504
Repairs, maintenance and building work	907	907	3,292
Printing, postage and stationery	260	260	337
Telephone	1,406	1,406	1,359
Service Agreements	-	-	5,064
Residential food costs	-	-	127
Professional fees	16,650	16,650	21,544
Accountancy fees	1,880	1,880	1,480
General expenses	34	34	-
Subscriptions	1,382	1,382	2,372
	<u>119,679</u>	<u>119,679</u>	<u>90,314</u>

Bodies In Motion (Pendle) Limited

Notes to the financial statements for the year ended 31 March 2025

7. Management and administration 2025 2024 £ £

Interest and charges	1,651	1,283
	<u>1,651</u>	<u>1,283</u>

8. Employees

Number of employees

The average monthly numbers of employees
(including the trustees) during the year were:

		2025 Number	2024 Number
Staff & Managers	Paid staff	12	4
Trustees	Voluntary	4	4
		<u>16</u>	<u>8</u>

Employment costs

	Charitable expenditure £	2025 £	2024 £
Wages and salaries	76,206	76,206	46,993
	<u>76,206</u>	<u>76,206</u>	<u>46,993</u>

	Restricted £	2025 £	2024 £
Wages and salaries	76,206	76,206	46,993
	<u>76,206</u>	<u>76,206</u>	<u>46,993</u>

Bodies In Motion (Pendle) Limited

Notes to the financial statements for the year ended 31 March 2025

9. Tangible fixed assets

	YIF Project £	Fixtures & Equipment £	Garden & Improvements £	Total £
Cost				
At 1 April 2024	116,253	45,432	131,034	292,719
Additions	102,764	-	114,030	216,794
At 31 March 2025	<u>219,017</u>	<u>45,432</u>	<u>245,064</u>	<u>509,513</u>
Net book values				
At 31 March 2025	<u>219,017</u>	<u>45,432</u>	<u>245,064</u>	<u>509,513</u>
At 31 March 2024	<u>116,253</u>	<u>45,432</u>	<u>131,034</u>	<u>292,719</u>

10. Creditors: amounts falling due within one year

	2025 £	2024 £
Accruals	<u>4,708</u>	<u>2,828</u>

11. Unrestricted funds

	1 April 2024 £	Incoming £	Outgoing £	31 March 2025 £
Membership & Shop	55,425	22,014	(6,752)	70,687
Pendle Borough Council	-	5,408	(5,408)	-
	<u>55,425</u>	<u>27,422</u>	<u>(12,160)</u>	<u>70,687</u>

Purposes of unrestricted funds

The trustees are free to use the unrestricted funds in accordance with project objectives. These funds were transferred to the restricted funds.

Bodies In Motion (Pendle) Limited

Notes to the financial statements for the year ended 31 March 2025

12. Restricted funds	1 April 2024	Incoming	Outgoing	31 March 2025
	£	£	£	£
LCC	-	37,510	(37,510)	-
Awards4All	-	19,850	(19,850)	-
Duchy of Lancashire	-	800	(800)	-
YIF	-	340,155	(340,155)	-
Lancashire CC	-	550	(550)	-
	<u>-</u>	<u>398,865</u>	<u>(398,865)</u>	<u>-</u>

Purposes of restricted funds

These are funds that can only be used for particular restricted purposes within the objects of the project. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.