

Charity number: 1119711

Company number: 05504622

Bodies In Motion (Pendle) Limited
Trustees' report and financial statements
for the year ended 31 March 2022

Bodies In Motion (Pendle) Limited

Contents

	Page
Legal and administrative information	1
Trustees' report	2 - 3
Independent examiners' report	4
Statement of financial activities	5
Balance sheet	6 - 7
Notes to the financial statements	8 - 12

Bodies In Motion (Pendle) Limited

Legal and administrative information

Status

Bodies in Motion (Pendle) Limited is a company limited by guarantee and governed by its Memorandum and Articles of Association. Bodies in Motion is registered charity status.

Trustees / Directors	Jean Weston Razwan Taj Arshad Ahmed Waqar Ahmad	Chairman Trustee / Secretary Trustee / Director Trustee
Management Board	Mohammad Basharat Israr Asif	
Honoury member	Brian Holmes	
Project manager	Shahid Shabbir	
Operational Manager	Ben Kelly	
Company number	05504622	
Charity number	1119711	
Registered office	30 Colne Road Brierfield Lancashire BB9 5NS	
Accountants	Eave Brooks Accountants Limited Unit 1 Dalton Court Commercial Road Darwen Lancashire BB3 0DG	
Business address	30 Colne Road Brierfield Lancashire BB9 5NS	
Bankers	Barclays Bank 72-78 St. James Street Burnley Lancashire BB11 1NH	

Bodies In Motion (Pendle) Limited

Trustees' report for the year ended 31 March 2022

Charitable objects

To promote the benefit of young people resident in Pendle and surrounding areas, without distinction of sex, political, religious or other opinion, by the advancement of education, primarily but not exclusively by the provision of training and employment opportunities and the provision of facilities in the interest of social welfare for recreation and leisure time occupation with the object of improving the conditions of life of the said young people.

Following a three-year closure due to extensive renovations, Bodies in Motion opened to the general public officially in November 2021. The increase in floor space and facilities have proven very successful, the health and fitness suite used daily and a new class timetable, delivered by fully qualified health and fitness professionals, which has proven very popular indeed. The community café has been used by members and the general public alike, providing people with opportunities to enjoy a range of hot and cold beverages in a warm and welcoming environment.

In Winter 2021 and Easter 2022, Bodies in Motion hosted Pendle Borough Council's "Holiday Activities and Food (HAF)" scheme, a project aimed at ensuring those young people reliant upon free school meals are provided with a nutritious, hot meal and educational activities during the holiday periods.

As a result of our work with HAF, Bodies in Motion worked in partnership with a local arts and crafts provider, opening up The Garden Project for collaborative work, with a large number of young people and their families making use of the facilities, engaging in structured arts and crafts, also serving to decorate areas of The Garden Project and making it that much more visually appealing for our service users.

Bodies In Motion (Pendle) Limited

Trustees' report for the year ended 31 March 2022

Statement of trustees responsibilities

- select suitable accounting policies and then apply them consistently ;
- judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards and statements of recommended practice have been followed subject to any departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is appropriate to presume that the charity will continue in business.

The trustees recommend that Eave Brooks Accountants Limited remain in office until further notice.

This report was approved by the trustees on 23 December 2022 and signed on its behalf by



Arshad Ahmad
Trustee / Director

Bodies In Motion (Pendle) Limited

Independent examiner's report to the trustees on the unaudited financial statements of Bodies In Motion (Pendle) Limited.

I report on the financial statements of Bodies In Motion (Pendle) Limited for the year ended 31 March 2022 which comprise the statement of financial activities, the balance sheet and the related notes.

Respective responsibilities of trustees and examiner

The charity's trustees (who are also the directors of the company for purposes of company law) are responsible for the preparation of the accounts in accordance with the Charities Act 2011 ("the Act"). The trustees consider that an audit is not required for this year under section 43(2) of the Charities Act 1993 (the Act), as amended by section 28 of the Charities Act 2006 and that an independent examination is needed. It is my responsibility to examine the accounts under section 43(3)(a) of the Act, as amended; to follow the procedures laid down in the General Directions given by the Charity Commission under section 43(7)(b) of the Act, as amended; and to state whether particular matters have come to my attention.

Basis of independent examiner's report

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements
 - the accounting records were kept in accordance with section 130 of the Act; or ; and
 - the accounts were accord with the accounting records; and
 - the accounts comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

have not been met; or

- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Eave Brooks Accountants Limited
Community Accountants

Unit 1 Dalton Court
Commercial Road
Darwen
BB3 0DG

Bodies In Motion (Pendle) Limited

Statement of financial activities

For the year ended 31 March 2022

	Notes	Restricted funds £	2022 Total £	2021 Total £
Incoming resources				
Grants	2	85,698	85,698	93,217
Activities for generating funds:				
Shop income		10,050	10,050	-
Income from investments	3	18	18	4
Other incoming resources	4	750	750	-
		<u>96,516</u>	<u>96,516</u>	<u>93,221</u>
Total incoming resources				
Less: Cost of generating funds	5			
Shop expenditure		(4,076)	(4,076)	-
		<u>(4,076)</u>	<u>(4,076)</u>	<u>-</u>
Net incoming resources available for charitable application		<u>92,440</u>	<u>92,440</u>	<u>93,221</u>
Charitable expenditure				
Cost of activities in furtherance of the charity's objects:	6			
Project 1		(71,540)	(71,540)	(64,607)
Management and administration	7	(227)	(227)	(86)
		<u>(71,767)</u>	<u>(71,767)</u>	<u>(64,693)</u>
Total charitable expenditure				
		<u>(75,843)</u>	<u>(75,843)</u>	<u>(64,693)</u>
Total resources expended		<u>20,673</u>	<u>20,673</u>	<u>28,528</u>
Net movement in funds		<u>80,163</u>	<u>80,163</u>	<u>59,490</u>
Total funds carried forward				

The notes on pages 8 to 12 form an integral part of these financial statements.

Bodies In Motion (Pendle) Limited

Balance sheet as at 31 March 2022

		2022	2021
	Notes	£	£
Fixed assets			
Tangible assets	9	108,199	65,898
Current assets			
Cash at bank and in hand		15,470	33,154
		<u>15,470</u>	<u>33,154</u>
Creditors: amounts falling due within one year	10	<u>(43,506)</u>	<u>(39,562)</u>
Net current liabilities		(28,036)	(6,408)
Net assets		<u>80,163</u>	<u>59,490</u>
Funds			
Unrestricted funds	9	1,086	1,086
Restricted Funds	10	<u>79,077</u>	<u>58,404</u>
		<u>80,163</u>	<u>59,490</u>

The trustees' statements required by Sections 475(2) and (3) are shown on the following page which forms part of this Balance Sheet.

The notes on pages 8 to 12 form an integral part of these financial statements.

Bodies In Motion (Pendle) Limited

Balance sheet (continued)

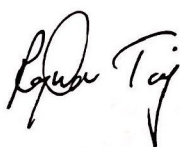
Trustees' statements required by the Companies Act 2006 for the year ended 31 March 2022

In approving these financial statements as trustees of the company we hereby confirm:

- (a) that for the year stated above the company was entitled to the exemption conferred by section 477 of the Companies Act 2006 ;
- (b) that no notice has been deposited at the registered office of the company pursuant to section 476 of the Companies Act 2006 requesting that an audit be conducted for the year ended 31 March 2022 and
- (c) that we acknowledge our responsibilities for:
 - (1) ensuring that the company keeps proper accounting records which comply with section 386 of the Companies Act 2006, and
 - (2) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the year then ended in accordance with the requirements of section 394 and 395, and which otherwise comply with the provisions of the Companies Act relating to financial statements, so far as applicable to the company.

These financial statements have been prepared in accordance with the provisions applicable to small companies subject to the small companies regime and in accordance with FRS102 SORP.

The financial statements were approved by the trustees on 23 December 2022 and signed on its behalf by



Razwan Taj
Trustee / Secretary



Arshad Ahmad
Trustee / Director

The notes on pages 8 to 12 form an integral part of these financial statements.

Bodies In Motion (Pendle) Limited

Notes to the financial statements for the year ended 31 March 2022

1. Accounting policies

1.1. Accounting convention

The financial statements are prepared under the historical cost convention and follow the recommendations in 'Accounting and Reporting by Charities: Statement of Recommended Practice' issued in October 2000.

The charity has taken advantage of the exemption in FRS1 from the requirement to produce a cashflow statement because it is a small charity.

1.2. Incoming resources

Grants, including grants for the purchase of fixed assets, are recognised in full in the Statement of Financial Activities in the year in which they are receivable.

Income from the charity shop is included in the year in which it is receivable.

Income from investments is included in the year in which it is receivable.

1.3. Resources expended

Resources expended are recognised in the year in which they are incurred.

Management and administration costs are those incurred in connection with administration of the charity and compliance with constitutional and statutory requirements.

2. Grant income

	Restricted funds £	2022 £	2021 £
Community Foundation	2,021	2,021	-
Lancs BME	4,000	4,000	-
Awards for All	9,950	9,950	-
LEF	10,267	10,267	3,423
Sport England	-	-	9,200
Lancashire Partnership	2,419	2,419	2,850
Active Lancashire	1,638	1,638	-
Pendle Borough Council	21,990	21,990	29,339
Lottery Fund	-	-	7,834
HMRC Grants	14,625	14,625	40,571
DWP	18,788	18,788	-
	<u>85,698</u>	<u>85,698</u>	<u>93,217</u>

Bodies In Motion (Pendle) Limited

Notes to the financial statements for the year ended 31 March 2022

3. Investment income

	Restricted funds £	2022 £	2021 £
Interest received	18	18	4
	<u>18</u>	<u>18</u>	<u>4</u>

4. Other incoming resources

	Restricted funds £	2022 £	2021 £
Inc - Rental Income	750	750	-
	<u>750</u>	<u>750</u>	<u>-</u>

5. Cost of generating funds

	Shop £	2022 £	2021 £
Purchases	4,076	4,076	-
	<u>4,076</u>	<u>4,076</u>	<u>-</u>

Bodies In Motion (Pendle) Limited

Notes to the financial statements for the year ended 31 March 2022

6. Costs of activities in furtherance of the objects of the charity

	project £	2022 £	2021 £
Staff costs	48,627	48,627	47,851
Staff training	1,265	1,265	-
Rent	12,575	12,575	12,724
Insurance	142	142	1,220
Light and heat	392	392	322
Cleaning	1,914	1,914	-
Repairs, maintenance and building work	630	630	249
Printing, postage and stationery	2,494	2,494	891
Telephone	685	685	-
Residential food costs	-	-	127
Professional fees	200	200	-
Accountancy fees	1,350	1,350	1,350
Subscriptions	1,266	1,266	-
	<u>71,540</u>	<u>71,540</u>	<u>64,734</u>

7. Management and administration

	2022 £	2021 £
Interest and charges	227	86
	<u>227</u>	<u>86</u>

Bodies In Motion (Pendle) Limited

Notes to the financial statements for the year ended 31 March 2022

8. Employees

Number of employees

The average monthly numbers of employees
(including the trustees) during the year were:

	2022 Number	2021 Number
Paid staff	4	4
Voluntary	4	4
	<u>8</u>	<u>8</u>

Staff & Managers
Trustees

Employment costs

	Charitable expenditure £	2022 £	2021 £
Wages and salaries	48,627	48,627	47,851
	<u>48,627</u>	<u>48,627</u>	<u>47,851</u>

Wages and salaries

	Restricted £	2022 £	2021 £
Wages and salaries	48,627	48,627	47,851
	<u>48,627</u>	<u>48,627</u>	<u>47,851</u>

9. Tangible fixed assets

	Gym equipment £	Garden & Improvement £	Total £
Cost			
At 1 April 2021	30,500	35,398	65,898
Additions	4,803	37,498	42,301
	<u>35,303</u>	<u>72,896</u>	<u>108,199</u>
At 31 March 2022			
Net book values			
At 31 March 2022	<u>35,303</u>	<u>72,896</u>	<u>108,199</u>
At 31 March 2021	<u>30,500</u>	<u>35,398</u>	<u>65,898</u>

Bodies in Motion (Pendle) Limited

Notes to the financial statements for the year ended 31 March 2022

10. Creditors: amounts falling due within one year

Other taxes and social security costs
Other creditors
Accruals

2022	2021
£	£
=	7,171
35,956	26,191
7,550	6,200
<u>43,506</u>	<u>39,562</u>

11. Unrestricted funds

Other income

1 April 2021	Incoming	Outgoing	31 March
£	£	£	£
=	750	(750)	=
<u>1,086</u>	<u>750</u>	<u>(750)</u>	<u>1,086</u>

Purposes of unrestricted funds

The trustees are free to use the unrestricted funds in accordance with project objectives. These funds were transferred to the restricted funds.

12. Restricted funds

	1 April 2021	Incoming	Outgoing	31 March
	£	£	£	£
LEF	=	10,267	(10,267)	=
Awards4All	=	9,950	(9,950)	=
Pendle Borough Council	=	21,990	(21,990)	=
Community Foundation	=	2,021	(2,021)	=
Lancs BMF	=	4,000	(4,000)	=
HMRG & DWP Grants	=	33,413	(33,413)	=
Lancashire Partnership	=	499	(499)	=
Other Grants	=	3,558	(3,558)	=
	<u>=</u>	<u>85,698</u>	<u>(85,698)</u>	<u>=</u>

Purposes of restricted funds

These are funds that can only be used for particular restricted purposes within the objects of the project. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.