

**BODIES IN MOTION**  
30 COLNE ROAD, BRIERFIELD  
NELSON, LANCASHIRE  
BB9 5NS  
TEL: 01282 605050  
MOB: 07734967348  
MOB: 07958579188

Charity number: 1119711

Company number: 05504622

**Bodies In Motion (Pendle) Limited**

**Trustees' report and financial statements**

**for the year ended 31 March 2021**

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## **Bodies In Motion (Pendle) Limited**

### **Legal and administrative information**

#### **Status**

Bodies in Motion (Pendle) Limited is a company limited by guarantee and governed by its Memorandum and Articles of Association. Bodies in Motion is registered charity status.

#### **Trustees / Directors**

Jean Weston  
Razwan Taj  
Arshad Ahmed  
Waqar Ahmad

Chairman  
Trustee / Secretary  
Trustee / Director  
Trustee

#### **Management Board**

Mohammad Basharat  
Israr Asif

#### **Honoury member**

Brian Holmes

#### **Project manager**

Shahid Shabbir

#### **Operational Manager**

Ben Kelly

#### **Company number**

05504622

#### **Charity number**

1119711

#### **Registered office**

30 Colne Road  
Brierfield  
Lancashire  
BB9 5NS

#### **Accountants**

Eave Brooks Accountants Limited  
Unit 1 Dalton Court  
Commercial Road  
Darwen  
Lancashire  
BB3 0DG

#### **Business address**

30 Colne Road  
Brierfield  
Lancashire  
BB9 5NS

#### **Bankers**

Barclays Bank  
72-78 St. James Street  
Burnley  
Lancashire  
BB11 1NH

## **Bodies In Motion (Pendle) Limited**

### **Trustees' report for the year ended 31 March 2021**

#### **Charitable objects**

To promote the benefit of young people resident in Pendle and surrounding areas, without distinction of sex, political, religious or other opinion, by the advancement of education, primarily but not exclusively by the provision of training and employment opportunities and the provision of facilities in the interest of social welfare for recreation and leisure time occupation with the object of improving the conditions of life of the said young people.

Since the pandemic began, Bodies in Motion experienced a significant loss in membership income, which included our garden and greenhouse project. All of our activities and services had to be suspended during 2020 and into 2021 due to restrictions put in place to mitigate the risk of infection for our service users. As part of relevant COVID grant schemes, we secured funding to ensure that Bodies in Motion remains sustainable beyond the pandemic as a result of the Government's furlough scheme and grants from Pendle Borough Council.

In addition, continuing with our working relationship with Sport England, we were able to secure some further funding to help support Bodies in Motion through difficult circumstances.

Other income included the remaining funds from a previously successful grant application with the Lancashire Environmental Fund, which had been used to install a mobility lift.

Further funding, through The National Lottery (Awards for All), was used to install appropriate fire doors following advice from planners and local authority, helping to ensure that our newly renovated health and wellbeing hub remains safe and secure for our members and service users.

Renovations to our health and wellbeing hub took longer than anticipated due to unforeseen circumstances, however, Bodies in Motion is now, once again, providing a range of services to our local community.



## Bodies In Motion (Pendle) Limited

### Trustees' report for the year ended 31 March 2021

#### Statement of trustees responsibilities

- select suitable accounting policies and then apply them consistently;
- judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards and statements of recommended practice have been followed subject to any departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is appropriate to presume that the charity will continue in business.

The trustees recommend that Eave Brooks Accountants Limited remain in office until further notice.

This report was approved by the trustees on 24 December 2021 and signed on its behalf by



**Arshad Ahmad**  
Trustee / Director



## **Bodies In Motion (Pendle) Limited**

### **Independent examiner's report to the trustees on the unaudited financial statements of Bodies In Motion (Pendle) Limited.**

I report on the financial statements of Bodies In Motion (Pendle) Limited for the year ended 31 March 2021 which comprise the statement of financial activities, the balance sheet and the related notes.

#### **Respective responsibilities of trustees and examiner**

The charity's trustees (who are also the directors of the company for purposes of company law) are responsible for the preparation of the accounts in accordance with the Charities Act 2011 ("the Act"). The trustees consider that an audit is not required for this year under section 43(2) of the Charities Act 1993 (the Act), as amended by section 28 of the Charities Act 2006 and that an independent examination is needed. It is my responsibility to examine the accounts under section 43(3)(a) of the Act, as amended; to follow the procedures laid down in the General Directions given by the Charity Commission under section 43(7)(b) of the Act, as amended; and to state whether particular matters have come to my attention.

#### **Basis of independent examiner's report**

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

#### **Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements
  - the accounting records were kept in accordance with section 130 of the Act; or ; and
  - the accounts were accord with the accounting records; and
  - the accounts comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.have not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

**Eave Brooks Accountants Limited**  
**Community Accountants**

**Unit 1 Dalton Court**  
**Commercial Road**  
**Darwen**  
**BB3 0DG**

# Bodies In Motion (Pendle) Limited

## Statement of financial activities

For the year ended 31 March 2021

	Notes	Restricted funds £	2021 Total £	2020 Total £
<b>Incoming resources</b>				
Grants	2	93,217	93,217	54,691
Subscriptions	3	-	-	100
Income from investments	4	4	4	11
<b>Total incoming resources</b>		<u>93,221</u>	<u>93,221</u>	<u>54,802</u>
<b>Charitable expenditure</b>				
Cost of activities in furtherance of the charity's objects:				
Project 1	5	(64,608)	(64,608)	(33,092)
Management and administration	6	(86)	(86)	(116)
<b>Total charitable expenditure</b>		<u>(64,694)</u>	<u>(64,694)</u>	<u>(33,208)</u>
<b>Net movement in funds</b>		<u>28,527</u>	<u>28,527</u>	<u>21,594</u>
<b>Total funds carried forward</b>		<u>59,490</u>	<u>59,490</u>	<u>30,963</u>

The notes on pages 8 to 12 form an integral part of these financial statements.



# Bodies In Motion (Pendle) Limited

## Balance sheet

as at 31 March 2021

	Notes	2021 £	2020 £
<b>Fixed assets</b>			
Tangible assets	8	65,898	46,367
<b>Current assets</b>			
Cash at bank and in hand		33,154	1,847
		33,154	1,847
<b>Creditors: amounts falling due within one year</b>	9	(39,562)	(17,251)
<b>Net current liabilities</b>		(6,408)	(15,404)
<b>Net assets</b>		59,490	30,963
<b>Funds</b>			
Unrestricted funds	9	1,086	1,786
Restricted Funds	10	58,404	29,177
		59,490	30,393

The trustees' statements required by Sections 475(2) and (3) are shown on the following page which forms part of this Balance Sheet.

The following statements were approved by the trustees on 24 September 2021 and signed on 1-1-2022 by:

  
Robert Taylor  
Trustee / Secretary

  
Andrew Adams  
Trustee / Director

The notes on pages 8 to 12 form an integral part of these financial statements.



## **Bodies In Motion (Pendle) Limited**

### **Balance sheet (continued)**

#### **Trustees' statements required by the Companies Act 2006 for the year ended 31 March 2021**

In approving these financial statements as trustees of the company we hereby confirm:

(a) that for the year stated above the company was entitled to the exemption conferred by section 477 of the Companies Act 2006 ;

(b) that no notice has been deposited at the registered office of the company pursuant to section 476 of the Companies Act 2006 requesting that an audit be conducted for the year ended 31 March 2021 and

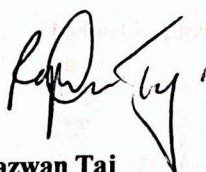
(c) that we acknowledge our responsibilities for:

(1) ensuring that the company keeps proper accounting records which comply with section 386 of the Companies Act 2006, and

(2) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the year then ended in accordance with the requirements of section 394 and 395, and which otherwise comply with the provisions of the Companies Act relating to financial statements, so far as applicable to the company.

These financial statements have been prepared in accordance with the provisions applicable to small companies subject to the small companies regime and in accordance with FRS102 SORP.

The financial statements were approved by the trustees on 24 December 2021 and signed on its behalf by



**Razwan Taj**  
Trustee / Secretary



**Arshad Ahmad**  
Trustee / Director

**The notes on pages 8 to 12 form an integral part of these financial statements.**

## Bodies In Motion (Pendle) Limited

### Notes to the financial statements for the year ended 31 March 2021

#### 1. Accounting policies

##### 1.1. Accounting convention

The financial statements are prepared under the historical cost convention and follow the recommendations in 'Accounting and Reporting by Charities: Statement of Recommended Practice' issued in October 2000.

The charity has taken advantage of the exemption in FRS1 from the requirement to produce a cashflow statement because it is a small charity.

##### 1.2. Incoming resources

Grants, including grants for the purchase of fixed assets, are recognised in full in the Statement of Financial Activities in the year in which they are receivable.

Income from investments is included in the year in which it is receivable.

##### 1.3. Resources expended

Resources expended are recognised in the year in which they are incurred.

Management and administration costs are those incurred in connection with administration of the charity and compliance with constitutional and statutory requirements.

#### 2. Grant income

	Restricted funds	2021	2020
	£	£	£
Lancashire Environment	-	-	8,390
Inspire	-	-	13,365
WEA	-	-	12,936
LEF	3,423	3,423	-
Sport England	9,200	9,200	-
Lancashire Partnership	2,850	2,850	-
Pendle Borough Council	29,339	29,339	-
Lottery Fund	7,834	7,834	-
Clothworkers Foundation	-	-	20,000
HMRC Grants	40,571	40,571	-
	<u>93,217</u>	<u>93,217</u>	<u>54,691</u>



# Bodies In Motion (Pendle) Limited

## Notes to the financial statements for the year ended 31 March 2021

### 3. Subscription income

	2021	2020
	£	£
Inc - Membership subscriptions 2	-	100
	<u>-</u>	<u>100</u>

### 4. Investment income

	Restricted funds	2021	2020
	£	£	£
Interest received	4	4	11
	<u>4</u>	<u>4</u>	<u>11</u>

### 5. Costs of activities in furtherance of the objects of the charity

	project	2021	2020
	£	£	£
Staff costs	47,851	47,851	16,885
Staff training	-	-	400
Rent	12,724	12,724	9,375
Insurance	1,220	1,220	1,314
Light and heat	322	322	1,633
Repairs, maintenance and building work	251	251	287
Printing, postage and stationery	891	891	931
Telephone	-	-	12
Hire of hall	-	-	1,105
Residential food costs	-	-	127
Accountancy fees	1,350	1,350	1,000
General expenses	-	-	150
	<u>64,609</u>	<u>64,609</u>	<u>33,219</u>

# Bodies In Motion (Pendle) Limited

## Notes to the financial statements for the year ended 31 March 2021

### 6. Management and administration

	2021 £	2020 £
Interest and charges	86	116
	<u>86</u>	<u>116</u>

### 7. Employees

#### Number of employees

The average monthly numbers of employees  
(including the trustees) during the year were:

	2021 Number	2020 Number
Paid staff	4	4
Voluntary	4	4
Staff & Managers	<u>8</u>	<u>8</u>
Trustees	<u>8</u>	<u>8</u>

#### Employment costs

	Charitable expenditure £	2021 £	2020 £
Wages and salaries	47,851	47,851	16,885
	<u>47,851</u>	<u>47,851</u>	<u>16,885</u>

	Restricted £	2021 £	2020 £
Wages and salaries	47,851	47,851	16,885
	<u>47,851</u>	<u>47,851</u>	<u>16,885</u>



## Bodies In Motion (Pendle) Limited

### Notes to the financial statements for the year ended 31 March 2021

10. Restricted funds	1 April 2020 £	Incoming £	Outgoing £	31 March £
LEF	-	3,423	(3,423)	-
Sports England	-	9,200	(9,200)	-
Lancashire Partnership	-	2,850	(2,850)	-
Pendle Borough Council	-	29,339	(29,339)	-
Lottery Fund	-	7,834	(7,834)	-
HMRC Grants	-	40,571	(40,571)	-
	<u>-</u>	<u>93,217</u>	<u>(93,217)</u>	<u>-</u>

#### Purposes of restricted funds

These are funds that can only be used for particular restricted purposes within the objects of the project. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.