

REGISTERED COMPANY NUMBER: 06243130 (England and Wales)
REGISTERED CHARITY NUMBER: 1119701

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MAY 2024
FOR
KRIYA YOGA UK**

Accura Accountants Ltd
Langley House
Park Road
East Finchley
London
N2 8EY

KRIYA YOGA UK

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KRIYA YOGA UK

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MAY 2024

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 May 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The charity has been set up to 1) promote and advance the study and practice of Kriya Yoga to improve and uplift the spiritual, mental and physical well-being of sincere seekers of all faiths and beliefs who are thirsting for spiritual knowledge and 2) to provide relief to those who are sick or suffering.

Significant activities

To date we have focussed our efforts on helping the children of Hariharananda Balashram school in the Indian state of Odisha See link: [hariharanandabalashram](#). The residential school was founded in 2004 with the support of Paramahansa Prajnanananda and Prajnana Mission to help disadvantaged children. The school named after the great master Paramahansa Hariharananda now provides for 560 children who receive quality care and education.

Each year forty children aged 4 to 5 from poor backgrounds are admitted. Balashram educates and nurtures students for higher studies and offers vocational and life skills training so that graduates are well-equipped to achieve their potential and to live happy and fulfilled lives.

Any profits made from our Kriya Yoga initiation programmes, retreats and other occasional events are sent to Prajnana Mission who distribute funds to Balashram School and Prajnana Mission Health Centres.

Volunteers

Kriya Yoga UK benefits from the invaluable contribution of both regular and ad-hoc volunteers, all of whom are Kriyavans. These volunteers are not remunerated and assist in a variety of roles, encompassing both administrative tasks and core activities vital to the charity's operations. As Kriya Yoga UK continues to grow, there will be an increasing need for more volunteers to support our expanding work.

Regular volunteers are involved in a range of activities, including but not limited to:

1. Organising and facilitating regular meditation sessions in London and regionally.
2. Editing and producing the monthly newsletter.
3. Maintaining and updating the Kriyavan database.
4. Managing and posting content on our social media platforms.
5. Assisting at Kriya Yoga UK programmes and events.

At this time, we are unable to quantify the exact time commitment of volunteers or assign an indicative monetary value to their contribution, as these vary depending on individual involvement and specific tasks. However, their collective support plays a crucial role in furthering the charity's mission and activities.

FINANCIAL REVIEW

Financial position

Incoming resources increased from £31,221 in 2023 to £88,842 this year.

Total expenditure increased from £69,665 in 2023 to £77,560 for the current year.

The above factors resulted in a surplus of £49,333 for the current year against a surplus of £38,770 for the year ending 31 May 2023.

Principal funding sources

Donations and programme income have been used to assist with the company's charitable aims.

KRIYA YOGA UK

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MAY 2024

FINANCIAL REVIEW

Reserves policy

It is the policy of the charity to maintain unrestricted funds, which are free reserves of the charity, at a level which the trustees think appropriate after considering the future commitments of the charity and the likely administrative costs of the charity for the next year.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006. Kriya Yoga UK does not have share capital governed by its Memorandum and Articles of Association dated 10th May 2007. It is registered as a charity with the Charity Commission.

The company received charitable status on 18 June 2007.

Recruitment and appointment of new trustees

The trustees are elected by the members of the organisation at the Annual General meeting. The trustees have the power to co-opt persons with a particular skill to contribute to the company. It is not currently the intention of the trustees of the charity to appoint new trustees. Should this situation change in the future, the trustees will apply suitable recruitment and training procedures.

Risk management

The trustees have a duty to identify and review the risks to which the company is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

06243130 (England and Wales)

Registered Charity number

1119701

Registered office

Daws House
33-35 Daws Lane
London
NW7 4SD

Trustees

Swami Prajnanananda Giri (resigned 31.3.24)
M D Givert
A S Klein
Dr H Rampes
J S Baldock (resigned 17.7.24)
N Mittra (resigned 29.7.24)
M R Patel (appointed 29.7.24)

Independent Examiner

Accura Accountants Ltd
Langley House
Park Road
East Finchley
London
N2 8EY

Approved by order of the board of trustees on 23 January 2025 and signed on its behalf by:

KRIYA YOGA UK
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MAY 2024

Dr H Rampes - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
KRIYA YOGA UK**

Independent examiner's report to the trustees of Kriya Yoga UK ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 May 2024.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

G Chajet

The Institute of Chartered Accountants in England and Wales

Accura Accountants Ltd

Langley House

Park Road

East Finchley

London

N2 8EY

23 January 2025

KRIYA YOGA UK

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MAY 2024

	Notes	31.5.24 Unrestricted fund £	31.5.23 Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies		88,842	31,221
EXPENDITURE ON			
Charitable activities			
General		77,560	69,665
Other		719	250
Total		78,279	69,915
NET INCOME/(EXPENDITURE)		10,563	(38,694)
RECONCILIATION OF FUNDS			
Total funds brought forward		38,770	77,464
TOTAL FUNDS CARRIED FORWARD		49,333	38,770

The notes form part of these financial statements

KRIYA YOGA UK

STATEMENT OF FINANCIAL POSITION 31 MAY 2024

		31.5.24 Unrestricted fund £	31.5.23 Total funds £
	Notes		
FIXED ASSETS			
Tangible assets	6	2,157	748
CURRENT ASSETS			
Stocks	7	6,891	6,149
Cash at bank		42,958	39,271
		<u>49,849</u>	<u>45,420</u>
CREDITORS			
Amounts falling due within one year	8	(2,673)	(7,398)
NET CURRENT ASSETS		<u>47,176</u>	<u>38,022</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		49,333	38,770
NET ASSETS		<u>49,333</u>	<u>38,770</u>
FUNDS	9		
Unrestricted funds		49,333	38,770
TOTAL FUNDS		<u>49,333</u>	<u>38,770</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 May 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 May 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 23 January 2025 and were signed on its behalf by:

H Rampes - Trustee

The notes form part of these financial statements

KRIYA YOGA UK

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MAY 2024

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The trustees are of the opinion that the charity will receive incoming funds and structure its costs over the next 12 month. They are therefore of the opinion that the charity is a going concern.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Computer Equipment 25% reducing balance

Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.5.24	31.5.23
	£	£
Depreciation - owned assets	718	250
	<u> </u>	<u> </u>

KRIYA YOGA UK

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MAY 2024

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 May 2024 nor for the year ended 31 May 2023.

Trustees' expenses

Expenses reimbursed by Kriya Yoga UK Limited:

Trustee Dr Hagen Rampes had expenses reimbursed by the charity to the value of £5,605 (2023: £5,309) for charity expenses. Trustee Neeraj Mitra had expenses reimbursed by the charity to the value of £55 (2023: £1,235) for charity expenses.

4. STAFF COSTS

The average monthly number of employees during the year was as follows:

31.5.24	31.5.23
<u> </u>	<u> </u>

No employees received emoluments in excess of £60,000.

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £
INCOME AND ENDOWMENTS FROM	
Donations and legacies	31,221
	<u> </u>
EXPENDITURE ON	
Charitable activities	
General	69,665
Other	250
	<u> </u>
Total	69,915
	<u> </u>
NET INCOME/(EXPENDITURE)	(38,694)
RECONCILIATION OF FUNDS	
Total funds brought forward	77,464
	<u> </u>
TOTAL FUNDS CARRIED FORWARD	38,770
	<u> </u>

KRIYA YOGA UK

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MAY 2024

6. TANGIBLE FIXED ASSETS

		Computer equipment £
COST		
At 1 June 2023		998
Additions		2,127
		<u>3,125</u>
At 31 May 2024		<u>3,125</u>
DEPRECIATION		
At 1 June 2023		250
Charge for year		718
		<u>968</u>
At 31 May 2024		<u>968</u>
NET BOOK VALUE		
At 31 May 2024		<u>2,157</u>
At 31 May 2023		<u>748</u>

7. STOCKS

	31.5.24	31.5.23
	£	£
Book stock	6,891	6,149
	<u>6,891</u>	<u>6,149</u>

8. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.5.24	31.5.23
	£	£
Credit card NatWest	1,041	-
Deferred income	-	5,766
Accrued expenses	1,632	1,632
	<u>2,673</u>	<u>7,398</u>

9. MOVEMENT IN FUNDS

	At 1.6.23	Net movement in funds	At
	£	£	31.5.24
Unrestricted funds			£
General fund	38,770	10,563	49,333
	<u>38,770</u>	<u>10,563</u>	<u>49,333</u>
TOTAL FUNDS	<u>38,770</u>	<u>10,563</u>	<u>49,333</u>

KRIYA YOGA UK

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MAY 2024

9. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	88,842	(78,279)	10,563
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>88,842</u>	<u>(78,279)</u>	<u>10,563</u>

Comparatives for movement in funds

	At 1.6.22 £	Net movement in funds £	At 31.5.23 £
Unrestricted funds			
General fund	77,464	(38,694)	38,770
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>77,464</u>	<u>(38,694)</u>	<u>38,770</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	31,221	(69,915)	(38,694)
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>31,221</u>	<u>(69,915)</u>	<u>(38,694)</u>

10. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 May 2024.

KRIYA YOGA UK

DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MAY 2024

	31.5.24 £	31.5.23 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	55,254	20,272
Gift aid	6,511	-
Programme & BalashramTrek Income	26,656	10,559
Book sales	421	390
	<hr/>	<hr/>
	88,842	31,221
Total incoming resources	<hr/>	<hr/>
	88,842	31,221
EXPENDITURE		
Charitable activities		
Insurance	280	269
Telephone	-	66
Postage and stationery	379	694
Sundries	4,678	1,659
Venue and retreat Hire	20,067	10,846
Computer expenses	1,059	1,615
Prajnana Mission	15,000	47,486
Travel	3,089	2,102
Exchange rate	2	(1)
Book stock movement	(742)	(1,057)
BalashramTrek	112	120
Kriya Yoga, Netherlands	9,877	2,586
Kriya Yoga, Austria	4,395	-
Programme expenses	1,510	1,554
Poland Ashram	16,000	-
Subscriptions	75	-
	<hr/>	<hr/>
	75,781	67,939
Other		
Computer equipment	719	250
Support costs		
Finance		
Bank charges	147	22
Governance costs		
Accountancy fees	1,632	1,704
	<hr/>	<hr/>
Total resources expended	78,279	69,915
	<hr/>	<hr/>
Net income/(expenditure)	10,563	(38,694)
	<hr/>	<hr/>

This page does not form part of the statutory financial statements