

**REGISTERED COMPANY NUMBER: 06243130 (England and Wales)**  
**REGISTERED CHARITY NUMBER: 1119701**

**REPORT OF THE TRUSTEES AND  
UNAUDITED FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MAY 2022  
FOR  
KRIYA YOGA UK**

Accura Accountants Ltd  
Langley House  
Park Road  
East Finchley  
London  
N2 8EY

# **KRIYA YOGA UK**

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# KRIYA YOGA UK

## REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 May 2022

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 May 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

### OBJECTIVES AND ACTIVITIES

#### Objectives and aims

The charity has been set up to 1) promote and advance the study and practice of Kriya Yoga to improve and uplift the spiritual, mental and physical well-being of sincere seekers of all faiths and beliefs who are thirsting for spiritual knowledge and 2) to provide relief to those who are sick or suffering.

#### Significant activities

To date we have focussed our efforts on helping the children of Hariharananda Balashram school in the Indian state of Odisha See link: [hariharanandabalashram.com](http://hariharanandabalashram.com). The residential school was founded in 2004 with the support of Paramahansa Prajnana and Prajnana Mission to help disadvantaged children. The school named after the great master Paramahansa Hariharananda now provides for 547 children who receive quality care and education.

Each year forty children aged 4 to 5 from poor backgrounds are admitted. Balashram educates and nurtures students for higher studies and offers vocational and life skills training so that graduates are well-equipped to achieve their potential and to live happy and fulfilled lives.

Any profits made from our Kriya initiation programmes, retreats and other occasional events are sent to Prajnana Mission who distribute funds to Balashram School and Prajnana Mission Health Centres.

### FINANCIAL REVIEW

#### Financial position

Incoming resources increased from £27,920 in 2021 to £94,985 this year.

Total expenditure increased from £12,719 in 2021 to £46,607 for the current year.

The above factors resulted in a surplus of £77,464 for the current year against a surplus of £29,086 for the year ending 31 May 2021.

#### Principal funding sources

Donations and programme income have been used to assist with the company's charitable aims.

#### Reserves policy

It is the policy of the charity to maintain unrestricted funds, which are free reserves of the charity, at a level which the trustees think appropriate after considering the future commitments of the charity and the likely administrative costs of the charity for the next year.

### STRUCTURE, GOVERNANCE AND MANAGEMENT

#### Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006. Kriya Yoga UK does not have share capital governed by its Memorandum and Articles of Association dated 10th May 2007. It is registered as a charity with the Charity Commission.

The company received charitable status on 18 June 2007.

#### Recruitment and appointment of new trustees

The trustees are elected by the members of the organisation at the Annual General meeting. The trustees have the power to co-opt persons with a particular skill to contribute to the company. It is not currently the intention of the trustees of the charity to appoint new trustees. Should this situation change in the future, the trustees will apply suitable recruitment and training procedures.

# **KRIYA YOGA UK**

## **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 May 2022**

### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

#### **Risk management**

The trustees have a duty to identify and review the risks to which the company is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

### **REFERENCE AND ADMINISTRATIVE DETAILS**

#### **Registered Company number**

06243130 (England and Wales)

#### **Registered Charity number**

1119701

#### **Registered office**

PO BOX 72328

Kriya Yoga UK

London

NW7 0JS

#### **Trustees**

Swami Prajnanananda Giri

M D Givert

A S Klein

Dr H Rampes

J S Baldock

N Mittra

#### **Independent Examiner**

Accura Accountants Ltd

Langley House

Park Road

East Finchley

London

N2 8EY

Approved by order of the board of trustees on 7 October 2022 and signed on its behalf by:

Dr H Rampes - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF  
KRIYA YOGA UK**

**Independent examiner's report to the trustees of Kriya Yoga UK ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 May 2022.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

B Leighton  
Accura Accountants Ltd  
Langley House  
Park Road  
East Finchley  
London  
N2 8EY

7 October 2022

**KRIYA YOGA UK**

**STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31 May 2022**

	Notes	2022 Unrestricted fund £	2021 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies		94,985	27,920
 <b>EXPENDITURE ON</b>			
<b>Charitable activities</b>			
General		46,607	12,719
 <b>NET INCOME</b>		<hr/> 48,378	<hr/> 15,201
 <b>RECONCILIATION OF FUNDS</b>			
<b>Total funds brought forward</b>		29,086	13,885
 <b>TOTAL FUNDS CARRIED FORWARD</b>		<hr/> <hr/> 77,464	<hr/> <hr/> 29,086

The notes form part of these financial statements

**KRIYA YOGA UK**

**STATEMENT OF FINANCIAL POSITION**  
**31 May 2022**

	Notes	2022 Unrestricted fund £	2021 Total funds £
<b>CURRENT ASSETS</b>			
Stocks	4	5,092	4,526
Debtors	5	-	4,200
Cash at bank		73,932	21,920
		<hr/> 79,024	<hr/> 30,646
<b>CREDITORS</b>			
Amounts falling due within one year	6	(1,560)	(1,560)
		<hr/>	<hr/>
<b>NET CURRENT ASSETS</b>		<hr/> 77,464	<hr/> 29,086
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<hr/> 77,464	<hr/> 29,086
<b>NET ASSETS</b>		<hr/> 77,464	<hr/> 29,086
<b>FUNDS</b>	7		
Unrestricted funds		<hr/> 77,464	<hr/> 29,086
<b>TOTAL FUNDS</b>		<hr/> 77,464	<hr/> 29,086

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 May 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 May 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 7 October 2022 and were signed on its behalf by:

H Rampes - Trustee

The notes form part of these financial statements

**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 May 2022**

**1. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

The trustees are of the opinion that the charity will receive incoming funds and structure its costs over the next 12 month. They are therefore of the opinion that the charity is a going concern.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**Stocks**

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

**Taxation**

The charity is exempt from corporation tax on its charitable activities.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**2. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 May 2022 nor for the year ended 31 May 2021.

**Trustees' expenses**

Expenses reimbursed by Kriya Yoga UK Limited:

Trustee Dr Hagen Rampes had expenses reimbursed by the charity to the value of £1,703 (2021: £422) for charity expenses. Trustee Neeraj Mittra had expenses reimbursed by the charity to the value of £723 (2021: £Nil) for charity expenses.



**KRIYA YOGA UK**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 May 2022**

**3. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted fund £
<b>INCOME AND ENDOWMENTS FROM</b>	
Donations and legacies	27,920
 <b>EXPENDITURE ON</b>	
<b>Charitable activities</b>	
General	12,719
 <b>NET INCOME</b>	 15,201
 <b>RECONCILIATION OF FUNDS</b>	
Total funds brought forward	13,885
 <b>TOTAL FUNDS CARRIED FORWARD</b>	 <u>29,086</u>

**4. STOCKS**

	2022 £	2021 £
Book stock	<u>5,092</u>	<u>4,526</u>

**5. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2022 £	2021 £
Prepayments	<u>-</u>	<u>4,200</u>

**6. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2022 £	2021 £
Accrued expenses	<u>1,560</u>	<u>1,560</u>

**7. MOVEMENT IN FUNDS**

	At 1.6.21 £	Net movement in funds £	At 31.5.22 £
<b>Unrestricted funds</b>			
General fund	29,086	48,378	77,464
 <b>TOTAL FUNDS</b>	 <u>29,086</u>	 <u>48,378</u>	 <u>77,464</u>

KRIYA YOGA UK

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 May 2022

7. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	94,985	(46,607)	48,378
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>94,985</u>	<u>(46,607)</u>	<u>48,378</u>

Comparatives for movement in funds

	At 1.6.20 £	Net movement in funds £	At 31.5.21 £
<b>Unrestricted funds</b>			
General fund	13,885	15,201	29,086
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>13,885</u>	<u>15,201</u>	<u>29,086</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	27,920	(12,719)	15,201
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>27,920</u>	<u>(12,719)</u>	<u>15,201</u>

8. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 May 2022.

# KRIYA YOGA UK

## DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 May 2022

	2022 £	2021 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Donations	16,812	25,990
Gift aid	4,312	-
Programme & Balashram Trek Income	72,357	1,930
Book sales	1,504	-
	<hr/>	<hr/>
	94,985	27,920
<b>Total incoming resources</b>	<hr/>	<hr/>
	94,985	27,920
<b>EXPENDITURE</b>		
<b>Charitable activities</b>		
Insurance	269	269
Telephone	51	-
Postage and stationery	698	296
Sundries	387	48
Venue and retreat Hire	15,690	-
Computer expenses	426	560
Prajnana Mission	10,000	10,000
Travel	584	144
Exchange rate	(4)	7
Book stock movement	(566)	(105)
Balashram Trek	10,876	-
Kriya Yoga, Austria	2,260	-
Kriya Yoga, Netherlands	4,218	-
	<hr/>	<hr/>
	44,889	11,219
<b>Support costs</b>		
<b>Finance</b>		
Bank charges	158	(30)
<b>Governance costs</b>		
Accountancy fees	1,560	1,530
	<hr/>	<hr/>
<b>Total resources expended</b>	46,607	12,719
	<hr/>	<hr/>
<b>Net income</b>	48,378	15,201
	<hr/>	<hr/>

This page does not form part of the statutory financial statements