



# Abbey Physic Community Garden

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Annual Report and Financial Statement

Year ending 2023

Charity Registration Number: 1119456

Company Number: 06015188

Abbey Place, Faversham, Kent, ME13 7BG

Tel 01795 539915 [communitygarden@abbeyphysic.org](mailto:communitygarden@abbeyphysic.org)

Website: [www.abbeyphysiccommunitygarden.org](http://www.abbeyphysiccommunitygarden.org)

Facebook: <https://www.facebook.com/AbbeyPhysic>



# Message from our Chair of Trustees

It is a privilege to be Chair of Trustees for such an excellent and appreciated charity, with a committed board of trustees, staff, volunteers and members, all with endless energy and ideas for pushing the garden forwards, keeping it evolving to meet the needs of our community.

This year has seen new staff roles established as the garden continues to develop a wide range of activities for and with our members, balancing activity with also providing a space for refuge. From this report, you can see the impact that the charity has achieved, and I want to say a big thank you to everyone, including our funders, for helping this all happen and protecting this magical place.

I also take this opportunity to remember friends we have lost this past year – people we have been very grateful for knowing, even if only for a short time in our lives, you have made it richer.

I hope you enjoy this report and seeing all the achievements of our community over the past year.







# About Us

The Abbey Physic Community Garden is a half-acre, award winning, therapeutic community garden in the heart of Faversham, Kent.

Our aims are:

**To help our members and the wider public maintain or improve their physical and mental health and wellbeing, build diverse skills and confidence, reduce social isolation and connect with their community. Through our commitment to equality and diversity and provision of inclusive services and support we aim to break down the stigma of mental ill health and build understanding and empathy.**



# About Us

- The garden was established as a formal charity in 2007 however it began earlier than this and celebrates 30 years in 2024
- Our mission is **Growing a Healthy Community** – a reflection of both our focus on health and wellbeing and the importance of the community of peers who support each other with their lived experience of mental health and wellbeing and as carers
- The garden is open Mon-Fri 10am - 3pm and weekends are staffed by volunteer members 11am - 2pm
- Garden membership aims to provide companionship and to reduce social isolation – **the charity is committed to tackling loneliness**
- Abbey Physic Community Garden provides an invaluable service for Faversham and wider across Kent. In this modern take on a 'Physic Garden', it is not herbs or potions which provide healing, it is the garden itself, and the people who come here



# Current Aims of the Charity 2023-2024

## **Direction of the charity is to:**

- Improve accessibility to those who need us
- Refine our existing programme of activities and to introduce new opportunities according to evolving needs
- Develop long-term sustainability of the charity
- Continue evaluating activities and progress

## **Impacts for users of the charity:**

- Improve mood and wellbeing
- Increase confidence & sense of connection with others
- Increase understanding of and skills for selfcare



# Activities

The charity provides a wide range of activities that are both practical and therapeutic, usually both at the same time and these include:

- All year gardening
- A community kitchen and coffee cabin
- Faversham Men's Shed
- Singing and various music groups including ukulele and guitars
- Creative arts and crafts groups
- Guided meditation, Yoga and Qi Gong Tai Chi
- A poetry and a reading group
- A walking group
- A Happy Café
- Resistance training

The garden also serves as a hub for community events, e.g. regular NHS Health Checks

Please see

<https://www.abbeyphysic.org/activities/> for more details of activities





# How we look after the environment and our resources in our garden

The Abbey Physic Community Garden met the international standards for the Green Flag Award in the following areas:

- A Welcoming Place
- Healthy, Safe and Secure
- Well Maintained and Clean
- Environmental Management
- Biodiversity, Landscape and Heritage
- Community Involvement
- Marketing and Communication
- Management



We are

- Peat free and spray free
- A permaculture training centre

We

- Harvest all our rainwater
- Run Faversham's annual seed swap
- Make our own compost

*For me, this site gets green all the way! A perfect gem of a site that is welcoming with a wonderful calm feeling throughout. Staff and volunteers are friendly and knowledgeable. A real asset for the local community and one I will visit again, hopefully in better weather!*

Green Flag Mystery shopper Judge 2023



# Developments in 2023

For our new lottery funding plan, we have increased our management and administrative staffing hours to deliver the agreed plan.

Building on our successful model from our Gardening for the Mind course, we developed three further 6-week courses:

- Mindful Kitchen - An opportunity to think differently about how we choose food and cook. The ingredients mostly come from our garden.
- Hands on Gardening
- Community Kitchen Training

Establishing the cabin into a meeting hub where volunteers serve teas and coffees and an increasing number of cakes

Love Lunches – a pay it forward scheme – there is an option for people to discretely buy a lunch for another member

Lunch is now offered 5 days a week – with great support from volunteers and members, gaining and sharing skills

The Men's Shed – expanding this service so women can also learn new skills, whilst maintaining the shed as a space where men can talk to each other

Walking for the Mind – introduced a monthly walking group to appreciate our community and an opportunity to admire some different plants on our way

Increasing partnership working, e.g. developing new referral pathways for GPs and social prescribers

Changing our membership database to a new CRM system







ABBEY PHYSIC  
COMMUNITY GARDEN

# Mindful Kitchen

6 Week Course - Wednesdays 9.30– 11



- Learn how to support the mind and body through mindful cooking and eating
- Pick fresh ingredients from our kitchen garden
- Make and eat delicious healthy meals using the senses
- Have fun and make new friends

For course dates and to book your place  
Email: [communitygarden@abbeyphysic.org](mailto:communitygarden@abbeyphysic.org)  
Call: 01795 539915



ABBEY PHYSIC  
COMMUNITY GARDEN

# Gardening for the Mind

6 Week Course  
Thursdays 10.30 – 12.30



- Explore the garden through practical activities using your senses.
- Make new friends
- Relax and have fun learning new tips for supporting your health and well being

For course dates and to book your place  
Email: [communitygarden@abbeyphysic.org](mailto:communitygarden@abbeyphysic.org)  
Call: 01795 539915



ABBEY PHYSIC  
COMMUNITY GARDEN

# Community Kitchen Training

6 Week Course - Thursdays 10– 12.30



- Learn the basics in food hygiene and safety
- Gain experience making and serving food in a working kitchen
- Have fun and make new friends

For course dates and to book your place  
Email: [communitygarden@abbeyphysic.org](mailto:communitygarden@abbeyphysic.org)  
Call: 01795 539915



ABBEY PHYSIC  
COMMUNITY GARDEN

# Hands on Gardening

6 Week Course  
Tuesdays 10 – 12.30



- Gain sustainable gardening tips and techniques
- Have fun and make new friends
- Gain gardening experience in our beautiful award-winning garden

For course dates and to book your place  
Email: [communitygarden@abbeyphysic.org](mailto:communitygarden@abbeyphysic.org)  
Call: 01795 539915



# Our Community Kitchen & Café

Volunteering offers the opportunity to gain training experience, skills and confidence in a supportive environment with less pressure. Members can train and support each other.

We have

- A new volunteer rota in place
- A new Volunteer Handbook being produced
- An 'in kind' coffee machine from partnership working with New Leaf





# Our Community Kitchen

We have refined the delivery of our community cooking sessions to reach more people, offer more choice, and serve lunch 5 days a week. In 2023:

- 58 people have participated
- 12 people completed NEW Mindful Cooking
- 12 People completed Kitchen Training
- 1,500 meals were prepared
- 4 people completed Food Hygiene training
- We hosted Bemix students, trainee GPs and staff from Power Works
- Catered for community events
- Served 55 free pay it forward meals







# Gardening & Growing

- 12 members helped to pilot our new 6-week Hands on Gardening sessions
- Approx. 59 people have participated in gardening
- Members grow plants for sale
- Invited to design and install a small show garden at Kent County Show
- New Monthly Gardeners' meetings
- New Forest Gardening sessions
- Record amount of harvest produced
- As with the Community Kitchen, hosted Trainee GPs, Kent Power People and a Kent Wildlife Trust Christmas event.

# A Productive Year for Faversham Men's Shed

19 regular shed members

Products sold at Faversham Tourism shop

Held an open day for Mental Health Awareness week

Supported Faversham Library

Products made for Diversity House

UKMSA member

Working with other charities

Red Zebra referrals

Radio Kent interviews Ian Shed Project Lead

Monthly coffee mornings

Open to all sessions





# Working in Partnership for our Community

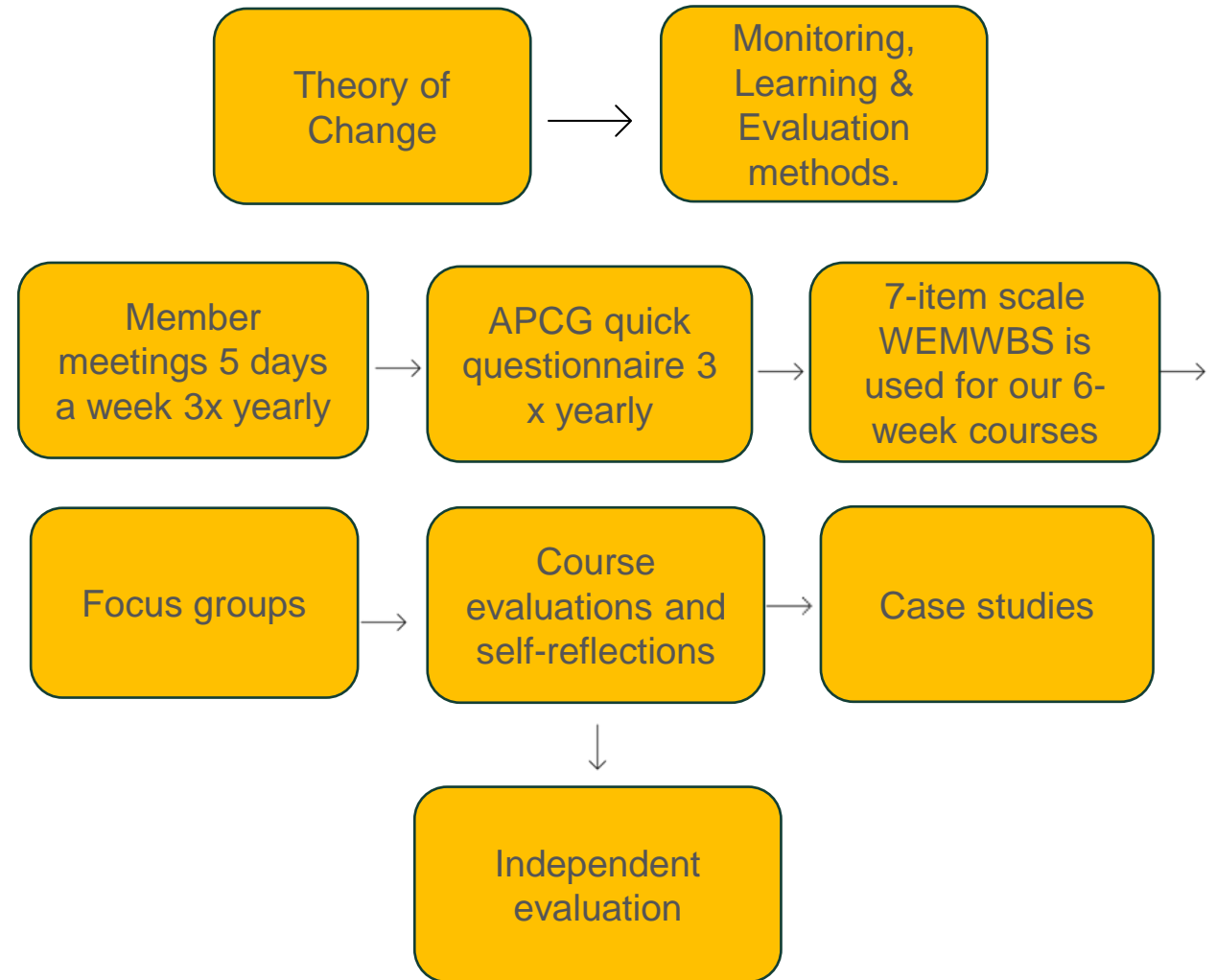
**This year we have collaborated with over 23 groups & organisations including:**

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Faversham Community Network Group (consisting of 55 organisations); Kent Permaculture; Age UK; New Leaf Support (domestic abuse charity); Faversham Umbrella; Kent County Council Enablement Team; Red Zebra (social prescribing); Newton Place Medical Practice; Faversham Medical Centre; Porchlight; West Faversham Community Centre; Ground Force (Men's Shed); Keep Talking Services; Faversham Foodbank; Abbey Street Association; Queen Elizabeth's Grammar School; The Abbey School; Meadowfield School; Canterbury Christ Church University; Catching Lives (homeless charity); Bemix (supporting people with learning difficulties and/or autism); Canterbury Art College; NHS Health Check Team; Debt Advisors; Faversham Council; Swale Borough Council



Continual evaluating  
with our members is  
important to us





# Impact: Quotes from Members

*A safe haven...encouraged a degree of openness in me and that one need not live in fear of prejudice and ignorance*

*Hearing other people's stories helped engender a feeling that one isn't alone....there were enough similarities which helped instigate and promote a feeling of hopefulness*

*Spending more time in the garden, in the light...has helped me relax and feel in control*

*When we focus on listening, touching, tasting, we feel a connect to nature – how it is beneficial to mind and body*

*At the garden, it's not just flowers that grow but people too*



# Impact: An Extract from One Member's Journey:

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*Many of the hundreds of days I've spent at the Abbey Physic Community Garden stand out in my memory. My first day there was bright and sunny, I was greeted almost immediately upon entering, introduced to Suzanne, and shown around. The cucamelons were out in the old raised beds, I tried one – not my thing but not bad. I had a cup of tea with two men who were both called Stuart, though they spelled it differently. One of them asked me a bit about myself, and reassured me that it was ok to have been having a bit of a tough time lately, and would I like to come back soon?*

*I remember a day early on when one of the volunteers broke something by accident, a glazed pot on display for sale, I think. I immediately felt anxious, wanting to fix it, or run away, or not get in trouble. However, Suzanne's garden-filling laugh soon broke the tension: it was just a thing, things get broken sometimes. We felt better.....*

*We had a tradition of making slide shows of all the pictures of things that had gone on in the Garden at the end of each year, and we were always surprised to be reminded of just how much we'd all done together. It feels the same for me now, looking back on my time at the Garden and the countless ways that I grew without even noticing it, thanks to all the experiences I had and people that I met....*

*Thank you, to everyone who helps to grow the Garden.*



## Impact:

An extract from another member's story that was provided to support our King's Award for Volunteering Nomination (result due end of 2024)

*'My experience at the APCG was extremely transformative by changing me from a shy, unconfident individual to somebody who was empowered to move on and find meaningful employment. I arrived in 2021, referred by a friend after a long stay in a psychiatric hospital. Initially the APCG was a soothing environment where I was not expected to meet lots of new people or get involved with activities, instead I was able to quietly garden with the friend who brought me. When I was ready, and had gained in some confidence, I took the step to volunteer to take part in an APCG community outreach project and began to make new friends and gain new skills.....The support, friendship, and skills I gained during this time enabled me to apply for and secure a job in a field of genuine personal interest to me – something I could never have imagined when I first arrived at the garden.'*

*The volunteer community at the APCG is special because of the diversity of the backgrounds and lives of its members. People of all ages, and social and economic circumstances come together as friends, sharing their lived experiences, talking openly about mental and physical health over a cup of tea.*

*The volunteers at the APCG are special not simply because they give up so much time and effort, but because they are integral in creating the unique culture and atmosphere found here. It is a special place where everyone feels welcome and able to talk openly about whatever circumstances may have brought them there. The garden is a place that is affirming and encouraging, empowering and equitable, and all volunteers and members are very proud and protective of this.'*



# 2023 in Numbers

Over 400 members

1,867 additional  
external people from  
other groups using  
the garden

Approx. 2,000  
visitors

Approx. 150  
individual members  
participating on a  
monthly basis

18 different activities  
run throughout the  
year

35 regular  
volunteers -  
equivalent to  
approx. £55,000 a  
year in kind

357 individual  
activity sessions –  
with approx. 240  
participants across  
the year

8 weekend  
Permaculture  
sessions

20 weekly meeting  
of Ukrainian families

# Staffing for Year 2023

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Thank you to all our staff for their commitment in keeping the garden welcoming and well run. We have 8 members of staff, full- and part-time.

We had significant staff changes this year:

We welcomed Suzanne Campbell back to work and the enthusiasm she brings

We sadly said goodbye to Tom Jewell, our Assistant Garden Manager, who is taking all his excellent skills off into his new chosen profession – all our best wishes

Louise Gray joined as our new Assistant Garden Manager

Millie van der Byl Williams joined as Finance, Administration and IT Lead

Jacqueline Hunt – Community Connector

Alex Leitch – Community Kitchen Project Lead

Karen Franczak – Community Kitchen Project Lead

Ian Hardie – Men's Shed Project Lead

Paul Muddle – Horticulture Trainer





# Organisation & Governance

- We are a registered charity and a company limited by guarantee:  
Charity Registration No 111945; Company Registration No 06015188
- Our registered office is:  
Abbey Physic Community Garden, Abbey Place, Faversham, ME13 7BG
- Bank details:  
Santander Business Banking, Bridle Road. Bootle, L30 4BG  
Account title: Abbey Physic Community Garden.
- Day to day management is the responsibility of the garden manager, Suzanne Campbell and her team – Louise Gray, Alex Leitch, Karen Franzac, Jacqui Hunt, Millie van der Byl Williams, Paul Muddle and Ian Hardie.
- There are regular member meetings to discuss and plan how the garden operates. Garden members appoint the trustees at the Annual General Meeting for a term of one year. Trustees are welcome to restand if they want to be reappointed.

# Organisation & Governance

Elected trustees during 2023:

- Helen Carr (Chair) appointed Sept 2020 and Chair Sept 2021
- Lucia Dello-Iolo (Treasurer) appointed June 2018 and Treasurer July 2018
- Sarah Porter (Secretary) appointed Sept 2021
- Hannah Temple appointed June 2018 resigned Sept 2023
- Gulliver Immink appointed Sept 2016 (died 18 April 2024)
- Tamarin Ward appointed Sept 2020 resigned Jan 2023
- Jane Arnott appointed Sept 2021 resigned Sept 2023
- Polly Radcliffe appointed Sept 2023 resigned Dec 2023
- Imogen Tinkler appointed Sept 2023
- Andrew Ireland appointed Sept 2023

The Trustees met at least monthly during the year.

In our planning of the charity's activities, we have paid due regard to Charity Commission's guidance on public benefit, and on the standards expected of trustees.

Independent financial examiner for this set of accounts - Louise Shaw, with Philip Wyard as co-opted treasurer and Lucia Dello-Iolo as treasurer.



# Highlights of 2023

<b>Month</b>	<b>Events</b>
<b>Jan</b>	62 Canterbury Art College students visited, Men's Shed busy making bug hotels, gardeners still harvesting carrots
<b>Feb</b>	Excitingly 3 Years' funding began from Reaching Communities (The National Lottery Community Fund) so lots of planning around staffing for long-term sustainability and community partnerships; started Love Lunches - a pay it forward scheme providing free lunches for those in need
<b>Mar</b>	Planting in the greenhouse, a composting session with Heart & Soil Community, monthly debt advice support, a pilot course started for Cookery for the Mind, two new Occupational Therapy students began a 12-week placement
<b>Apr</b>	Staff attended training 'Counselling for Non-Counsellors', reconnected with Faversham Foodbank, started to provide foodbank vouchers, Power network team volunteering day
<b>May</b>	Breaditation class (sourdough bread making), mental health awareness week – the Charity organised a Chatty Bench in the town centre, start of our summer BBQs
<b>Jun</b>	Opened our doors as part of Faversham Open Gardens, started Walking for the Mind (with each session followed by a free meal) in partnership with Age UK, held a community storytelling session by Faversham Inklings, Permaculture sessions including Forest Gardening & Foraging
<b>Jul</b>	Awarded the Green Flag Community Award, St. Mary's Primary School visited, 38 people attended a Faversham & Villages Refugee Solidarity Group event at the garden
<b>Aug</b>	Wine'd Down evening event as part of Open Faversham, Tom Jewell's (Assistant Garden Manager) leaving event
<b>Sept</b>	Faversham in Bloom awards held at the garden, embracing life by facing death community event at the garden
<b>Oct</b>	East Kent Permaculture gathering, new partnership with New Leaf domestic abuse support group, Maidstone Art Society visited, participated in Faversham Tree Week, started pilot of 6-week Hands on Gardening course
<b>Nov</b>	Nominated for the King's Award for Volunteering, new coffee machine and tables from New Leaf, coffee morning for men's mental health
<b>Dec</b>	Community wreath making sessions, hosted Natural England's Christmas staff day, evening community Christmas carols and end of year celebrations



















# Our Financial Report

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# Summary

- 2023 was the year in which Abbey Physic Community Garden (APCG) started activities funded by the latest three-year National Lottery Grant, Reaching Communities. The amount available for 2023 was £96k. With the additional income from other successful grant receipts, individual donations, and membership subscriptions it meant that the total income for the year was £183k.
- Staffing costs make up 82% of the expenditure of APCG. The building projects costs reported in 2022 of £20k fell to just £4k. As a result, the total expenditure for 2023 was £138k.
- The net income was therefore £45k for 2023.
- The balance of funds carried forward at the end of 2023 was £111k.
- The total expenditure of £138k exceeds the National Lottery Grant by £42k, so additional ad hoc fund raising, and donations remain an essential part of the income that allows the garden to continue.

STATEMENT OF FINANCIAL ACTIVITIES (Incorporating an Income and Expenditure Account)						
FOR THE YEAR ENDED 31 December 2023						
	Notes	Unrestricted Funds	Restricted Funds	Total 2023	Total 2022	
		£	£	£	£	
<b>INCOMING RESOURCES</b>	2					
Incoming resources from generated funds:						
Voluntary Income:						
Grants		0	123,211	123,211	50,387	
Donations		33,551	1,000	34,551	33,319	
Membership subscriptions		6,515	0	6,515	5,900	
Activities for Generating Funds:						
Sales & events		6,203	0	6,203	4,191	
Fundraising events		1,905	0	1,905	908	
Community Kitchen		7,430	0	7,430	2,499	
Optivo		0	0	0	810	
External Groups		0		0	168	
Gift Aid Reclaimed		246	0	246	536	
Trainees		1,853	0	1,853	4,906	
Faversham Lottery		1,870	0	1,870	2,077	
Investment Income:						
Bank interest				0		
<b>Total Incoming Resources</b>		59,572	124,211	183,783	105,700	
<b>RESOURCES EXPENDED</b>	3					
Cost of generating funds:						
Purchases and miscellaneous costs		4,321	0	4,321	2,650	
Operational and support costs		22,233	111,892	134,125	138,601	
Governance costs		0			0	
<b>Total Expended Resources</b>		26,554	111,892	138,446	141,252	
<b>NET MOVEMENT OF FUNDS</b>	7	33,018	12,319	45,337	-35,551	
<b>RECONCILIATION OF FUNDS</b>						
Total Funds Brought Forward		26,301	39,796	66,097	101,648	
<b>Fund Balance Carried Forward</b>		59,319	52,115	111,434	66,097	

## 2023 - Income

- In 2023 our income was £183k, which was £78k higher than in 2022, due to the receipt of year one of the National Lottery Reaching Communities Grant.
- Income received from donations and membership remained consistent with 2022, however there was a drop in non-National Lottery Grant receipts of £27k.

### Grant Income:

All Grants were restricted requiring the money to be spent on specific projects. Grant income was mostly from the National Lottery 3-year grant, however amongst the other grants there were significant grants from Kent Community Foundation, (£16k), Garfield Weston (£10k), Queensborough Fisheries, The February Foundation and Orchard Community Energy, (all three at £5k).

### Donations:

- Donations were £35k in 2023, £2k higher than in 2022

### Membership Subscriptions:

- Subscriptions were £7k in 2023, £1k higher than in 2022.



STATEMENT OF FINANCIAL ACTIVITIES (Incorporating an Income and Expenditure Account)						
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## 2023 - Expenditure

- Total Expenditure reduced by £3k from 2022 from £141k to £138k

This was due to these specific reasons:

- Repairs and building projects expenditure reduced by £16k
- Staffing Costs increased by £11k
- Other Running Costs overall reduced by £2k

## 2023 – Net Movement in Funds

Charities measure the movement of funds, the difference between money received and spent, during a reporting period.

- In 2023, we spent £45k less than we received.
- In 2022, we spent £35,550 more than we received as we had lower income and higher costs. In 2021 we spent £34,461 more than we received.



BALANCE SHEET				
FOR THE YEAR ENDED 31 December 2023				
		Notes	2023	2022
			£	£
<b>FIXED ASSETS</b>				
	New Cabin		4,000	5,000
	New sink & Island units		1,410	1,697
	Men's Shed		2,209	2,561
<b>CURRENT ASSETS</b>				
	Debtors			
	Bank deposits		110,571	65,537
	Cash in hand		24	542
	Paypal		766	365
	Local giving		151	-348
	Stripe		-38	
<b>Net Current Assets</b>			111,474	66,097
<b>NET ASSETS</b>				
	Represented by:			
	Fixed Assets		7,619	9,258
	Restricted Funds		52,115	39,796
	Unrestricted Funds		59,319	26,301
	Retained earnings			
<b>Total Funds</b>			<b>119,052</b>	<b>75,355</b>
For the year ending 31 December 2023 the company was entitled to exemption from audit under Section 477 of the Companies Act 2006 relating to small companies.				
The members have not required the company to obtain an audit in accordance with Section 476 of the Companies Act 2006				
The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.				
These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.				
The accounts have been prepared in accordance with IAS / IFRS.				
<b>INDEPENDENT EXAMINATION</b>				
I can confirm that the financial statements give a true and fair view of the state of the charity's affairs as at 31st December 2022.				

## 2023 – The Balance Sheet

At the end of the year, the Abbey Physic Community Garden had £7.6k of fixed assets.

- The charity has one main current account with Santander, but there are other platforms such as Local Giving, Paypal and Stripe that are used to facilitate payment methods and income receipts. These feed into the main account but may have small balances at any specific point in time. At the end of 2023, there was £110,571 in the Santander bank account,
- The net cash balance of £111,434 was made up of £52,115 of restricted funds and £59,319 unrestricted.
- There are no loans so the total assets were £119,052.

# 2023 – Notes to The Accounts

<b>NOTES TO THE FINANCIAL STATEMENTS</b>							
<b>FOR THE YEAR ENDED 31 December 2023</b>							
<b>1</b>	<b>Accounting Policies</b>						
		<b>Basis of Preparation</b>					
		The financial statements have been prepared under the historical cost convention and are in accordance with Financial Reporting Standard for Smaller Entities (effective January 2007), the Companies Act 2006, and follow the recommendations in Accounting and Reporting by Charities: Statement of Recommended Practice (issued 2005).					
		Quickbooks accounting software is used explain income and expenditure but it does not contain all the asset calculations.					
		<b>Grants and Voluntary Income</b>					
		All grants and voluntary income are accounted for gross when receivable.					
		<b>Resources Expended:</b>					
		<b>Depreciation</b>					
		Assets acquired costing less than £2,500 are charged to revenue in the year of purchase:					
		Assets exceeding this purchase price: Pavillion, New Cabin, New kitchen units and island are depreciated by 10% straight line					
		<b>Purchases and miscellaneous costs</b>					
		Purchases and miscellaneous costs includes the direct costs of the activities. Where such costs relate to more than function cost category, they have been split on an estimated basis as appropriate.					
		This was prevoiusly named charitable expenditure.					
		<b>Unrestricted Funds</b>					
		Unrestricted funds are donations and other incoming resources receivable or generated for the objects of the charity without further specified purpose and are available as general funds.					
		<b>Restricted Funds</b>					
		Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets criteria is charged to the fund.					



NOTES TO THE FINANCIAL STATEMENTS							
2	Incoming Resources			Unrestricted	Restricted	Total	Total
				2023	2023	2023	2022
	Grants Received:			£	£		£
		Big Lottery	10.2.23		24,125.00	24,125	
			05/05/2023		24,125.00	24,125	
			04/08/2023		24,125.00	24,125	
			10/11/2023		24,125.00	24,125	
		KCC members grant				0	1,500
		Swale Borough Council			3,760.96	3,761	450
		SBC Eastern Area Committee				0	1,937
		Faversham Town Council	12/07/2023		500.00	500	
			15/09/2023		5,000.00	5,000	
			13/12/2023		450	450	
		Benstead Trust	23/03/2023		2,000.00	2,000	
		Colyer Fergusson	01/05/2023		5,000.00	5,000	
		Henry Smith	26/06/2023		10,000.00	10,000	
		Queenborough Fisheries					5,000
		Kent Community Foundation					16,000
		South East Water					2,000
		Albert Hunt					2,000
		The Cole Trust					1,000
		The February Foundation					5,000
		Postcode Society Trust					500
		Garfield Weston					10,000
		Orchard Community Energy					5,000
				-	123,211	123,211	50,387
	Donations:						
		Anonymous					5,000
		Anonymous					1,000
		Whelan Legacy					1,442
		John Swire 1989 Charitable Trust					5,000
		John Swire 1989 Charitable Trust					10,000
		Inner Wheel					1,000
		Personal Service Group					2,000
		Personal Service Group					3,000
		Organisation / Corporate Donations<£1000		1497.09		1497.09	3,434
		Personal Donations <£1000		6,054.22		6,054.22	1,443
		Centrica (British Gas)		2,000		2,000	
		Henry Oldfield Trust		20,000.00		20,000.00	
		Colin Sharpe		4,000.00	1,000	5,000.00	
				33,551	1,000	34,551	33,319
	Membership Subscriptions:			6515		6,515	5,900
	Sales:						4,191
		Refreshments donations		5617.78		5617.78	
		Garden & Mens shed sales		584.8		584.8	
		Community Kitchen		7,430		7,430	2,499
				1,853		1,853	4,906
	Trainees:						
	Optivo:						810
	Faversham Lottery:			1870		1870	2,077
	Fundraising Events:			1904.5		1904.5	908
	External Groups:						168
	Gift Aid Reclaimed:			246		246	536
				26,021	-	26,021	21,995
	Total Incoming			59,572	124,211	183,783	105,700

# 2023 – Notes to The Accounts

NOTES TO THE FINANCIAL STATEMENTS							
FOR THE YEAR ENDED 31 December 2023							
3	Resources Expended			Unrestricted	Restricted	Total	Total
				2023	2023	2023	2022
				£	£		£
	Purchases and miscellaneous costs:						
		Garden supplies		2,224.11	-	2,224.11	911
		Grub Club Ingredients				-	-
		Groceries/Provisions		2,097.07		2,097.07	866
		Craft tools/Equipment					874
				4,321	0	4,321	2,650
	Operational and support costs:						
		Advertising		1,654.60		1,655	27
		Accounts/Auditing				-	
		Bank Charges		337.92		338	145
		Bees, Beehives and Chickens				-	183
		Computer costs		914.69		915	831
		DBS checks		92.16		92	560
		External Fundraising				-	8,100
		External Trainig Activity Providers		106.80		107	1,660
		Insurance		1,710.22		1,710	
		Governance / Subscriptions		48.00		48	1,387
		Office supplies		1,052.82		1,053	
		Other				-	
		Printing and Stationery		1,183.71		1,184	1,362
		Professional Services		1,059.00		1,059	100
		Rent		178.29		178	50
		Repairs, renewals & maintenance		4,444.50		4,445	20,503
		Salaries /NI			96,931.60	96,932	85,537
		Sesional Workers			14,960.55	14,961	14,487
		Supplies		2,689.71		2,690	1,683
		Telephone / Internet		717.94		718	820
		Training		2,012.00		2,012	54
		Travel/Parking		60.15		60	20
		Utilities		1,300.72		1,301	1,091
		Website costs		1,929.00		1,929	-
		Garden party costs		653.21		653	
		Raising funds		87.49		87	
				22,233	111,892	134,125	138,601
	Governance costs:						
		Companies House					
	No employee received emoluments of more than £50,000.						

# 2023 – Notes to The Accounts

<b>4</b>	<b>Directors of the Charity</b>							
	No member of the Board of Directors received any remuneration during the period.							
	Reimbursement of expenses to the Directors was zero.							
	The charity has Trustee Indemnity Insurance (effective from 1st November 2014).							
<b>5</b>	<b>Taxation</b>							
	The charity is exempt from Corporation Tax on its charitable activities.							
<b>6</b>	<b>Tangible Fixed Assets</b>							
						<b>2023</b>	<b>2022</b>	<b>Purchase Price</b>
						£	£	
	Pavilion			Purchased 2009 10% straight line			0	
	New Cabin			Purchased 2017 10% straight line		4,000	5,000	10,000
	New units & Island			Purchased 2019 10% straight line		1,410	1697.4	2,876
	Men's Shed			Purchased 2017 10% straight line		2208.7	2560.5	3,518
						<b>7,619</b>	<b>9,258</b>	<b>16,394</b>
<b>7</b>	<b>Analysis of Net Assets between Funds</b>					<b>2023</b>	<b>2022</b>	
						<b>Total</b>	<b>Total</b>	
						£	£	
	Restricted Funds					52,115	39,796	
	Unrestricted Funds					59,319	26,301	
						<b>111,434</b>	<b>66,097</b>	
	A positive balancing adjustment of £443.79 was added to the 2021 restricted funds total							
<b>8</b>	<b>Incorporation</b>							
	The Abbey Physic Community Garden is a company limited by guarantee, without a share capital, incorporated on 30 November 2006.							
	It took over the activities in the garden on 1 December 2006.							
	In the event of the company being wound up, members guarantee to pay £1 each towards the Garden's debts.							



# 2023 – Notes to The Accounts

<b>SCHEDULE OF ONGOING GRANTS</b>				
<b>Restricted Grants Carried forward to 2023</b>				
Bal b/f	Grant Name	Grant Receipts in 2023	2023 Restricted exp.	bal c/f
31/12/2022				31/12/2023
2,594	Awards for all (Gardening for the mind)	0	2,594	0
10,000	Garfield Weston	0	10,000	0
2,000	KCF (Kent Community Fund)	0	2,000	0
5,000	Orchard Community Energy	0	5,000	0
500	Postcode society Trust	0	500	0
1,937	Swale Borough council (eastern area)	0	1,937	0
0	Big Lottery	96,500	91,379	5,121
0	Swale Borough Council (winter Cold)	3,760	3,760	0
0	Centrica	2,000	2,000	0
0	Faversham Town Council	5,000	0	5,000
0	Henry Oldfield Trust	20,000	0	20,000
0	Benstead Trust (incl. Colin Sharp)	7,050	3,000	4,050
0	Colyer Ferguson	5,000	3,333	1,667
0	Henry Smith	10,000	5,831	4,169
22,031	0	149,310	131,334	40,007

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We are incredibly thankful for all the support we receive from all our donors, sponsors, volunteers, members, staff and the community – helping us to support people when they need us

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We would also like to say an extra special thanks to the following:

Our landlords – The Old Grammar School Charity Faversham

Key Funders - Reaching Communities England – The National Lottery Community Fund; The Swire Charitable Trust; Bensted's Charity; Centrica; Colyer-Fergusson Charitable Trust; Faversham Town Council; Henry Smith Charity County Grants; Henry Oldfield Trust; and Swale Borough Council

Many thanks to Lucia Dello-Iolo (Treasurer for 2023), Philip Wyard (co-opted Trustee and Treasurer nomination for this coming year 2024) and Louise Shaw for preparing and examining the accounts.

On behalf of the trustees,

Helen Carr, August 2024





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**STATEMENT OF FINANCIAL ACTIVITIES (Incorporating an Income and Expenditure Account)**  
FOR THE YEAR ENDED 31 December 2023

	Notes	Unrestricted Funds £	Restricted Funds £
<b>INCOMING RESOURCES</b>	2		
Incoming resources from generated funds:			
Voluntary Income:			
Grants		0	123,211
Donations		33,551	1,000
Membership subscriptions		6,515	0
Activities for Generating Funds:			
Sales & events		6,203	0
Fundraising events		1,905	0
Community Kitchen		7,430	0
Optivo		0	0
External Groups		40	
Gift Aid Reclaimed		246	0
Trainees		1,853	0
Faversham Lottery		1,870	0
Investment Income:			
Bank interest			
<b>Total Incoming Resources</b>		<b>59,612</b>	<b>124,211</b>
<b>RESOURCES EXPENDED</b>	3		
Cost of generating funds:			
Purchases and miscellaneous costs		4,321	0
Operational and support costs		22,233	111,892
Governance costs		0	
<b>Total Expended Resources</b>		<b>26,554</b>	<b>111,892</b>
<b>NET MOVEMENT OF FUNDS</b>	7	<b>33,058</b>	<b>12,319</b>
<b>RECONCILIATION OF FUNDS</b>			
Total Funds Brought Forward		26,301	39,796
<b>Fund Balance Carried Forward</b>		<b>59,359</b>	<b>52,115</b>

Total 2023 £	Total 2022 £
123,211	50,387
34,551	33,319
6,515	5,900
6,203	4,191
1,905	908
7,430	2,499
0	810
40	168
246	536
1,853	4,906
1,870	2,077
0	
183,823	105,700

183823

4,321	2,650
134,125	138,601
	0
138,446	141,252
45,377	-35,551
66,097	101,648
111,474	66,097



**BALANCE SHEET**  
**FOR THE YEAR ENDED 31 December 2022**

	Notes	2023 £	2022 £
<b>FIXED ASSETS</b>			
Tangible assets	6	0	0
Old Cabin			
New Cabin		4,000	5,000
New sink & Island units		1,410	1,697
Men's Shed		2,209	2,561
<b>CURRENT ASSETS</b>			
Debtors			
Bank deposits		110,571	65,537
Cash in hand		24	542
Paypal		766	365
Local giving		151	-348
Stripe		-38	
<b>Net Current Assets</b>		111,474	66,097
<b>NET ASSETS</b>			
Represented by:			
Fixed Assets		7,619	9,258
Restricted Funds		52,115	39,796
Unrestricted Funds		59,359	26,301
Retained earnings			
<b>Total Funds</b>		<b>119,092</b>	<b>75,355</b>

For the year ending 31 December 2023 the company was entitled to exemption from audit under Section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with Section 476 of the Companies Act 2006

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The accounts have been prepared in accordance with IAS / IFRS.

**INDEPENDENT EXAMINATION**

I can confirm that the financial statements give a true and fair view of the state of the charity's affairs as at 31st December 2022.

**NOTES TO THE FINANCIAL STATEMENTS**  
FOR THE YEAR ENDED 31 December 2022

**1 Accounting Policies**

**Basis of Preparation**

The financial statements have been prepared under the historical cost convention and are in accordance with Financial Reporting Standard for Smaller Entities (effective January 2007), the Companies Act 2006, and follow the recommendations in Accounting and Reporting by Charities: Statement of Recommended Practice (issued 2005).

Quickbooks accounting software is used explain income and expenditure but it does not contain all the asset calculations.

**Grants and Voluntary Income**

All grants and voluntary income are accounted for gross when receivable.

**Resources Expended:**

**Depreciation**

Assets acquired costing less than £2,500 are charged to revenue in the year of purchase:

Assets exceeding this purchase price: Pavilion, New Cabin, New kitchen units and island are depreciated by 10% straight line

**Purchases and miscellaneous costs**

Purchases and miscellaneous costs includes the direct costs of the activities. Where such costs relate to more than function cost category, they have been split on an estimated basis as appropriate.

This was previously named charitable expenditure.

**Unrestricted Funds**

Unrestricted funds are donations and other incoming resources receivable or generated for the objects of the charity without further specified purpose and are available as general funds.

**Restricted Funds**

Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets criteria is charged to the fund.

**NOTES TO THE FINANCIAL STATEMENTS**

<b>2 Incoming Resources</b>				<b>Unrestricted</b>	<b>Restricted</b>	<b>Total</b>	<b>Total</b>
				<b>2023</b>	<b>2023</b>	<b>2023</b>	<b>2022</b>
				<b>£</b>	<b>£</b>		<b>£</b>
<b>Grants Received:</b>							
	Big Lottery	10.2.23			24,125.00	24,125	
		05/05/2023			24,125.00	24,125	
		04/08/2023			24,125.00	24,125	
		10/11/2023			24,125.00	24,125	
	KCC members grant					0	1,500
	Swale Borough Council				3,760.96	3,761	450
	SBC Eastern Area Committee					0	1,937
	Faversham Town Council	12/07/2023			500.00	500	
		15/09/2023			5,000.00	5,000	
		13/12/2023			450	450	
	Benstead Trust	23/03/2023			2,000.00	2,000	
	Colyer Fergusson	01/05/2023			5,000.00	5,000	
	Henry Smith	26/06/2023			10,000.00	10,000	
	Queenborough Fisheries						5,000
	Kent Community Foundation						16,000
	South East Water						2,000
	Albert Hunt						2,000
	The Cole Trust						1,000
	The February Foundation						5,000
	Postcode Society Trust						500
	Garfield Weston						10,000
	Orchard Community Energy						5,000
				-	123,211	123,211	50,387
<b>Donations:</b>							
	Anonymous						5,000
	Anonymous						1,000
	Whelan Legacy						1,442
	John Swire 1989 Charitable Trust						5,000
	John Swire 1989 Charitable Trust						10,000
	Inner Wheel						1,000
	Personal Service Group						2,000
	Personal Service Group						3,000
	Organisation / Corporate Donations<£1000			1497.09		1497.09	3,434
	Personal Donations <£1000			6,054.22		6,054.22	1,443
	Centrica (British Gas)			2,000		2,000	
	Henry Oldfield Trust			20,000.00		20,000.00	
	Colin Sharpe			4,000.00	1,000	5,000.00	
				33,551	1,000	34,551	33,319
<b>Membership Subscriptions:</b>				6515		6,515	5,900
<b>Sales:</b>							4,191
	Refreshments donations			5617.78		5617.78	
	Garden & Mens shed sales			584.8		584.8	
	Community Kitchen			7,430		7,430	2,499
				1,853		1,853	4,906
<b>Trainees:</b>							810
<b>Optivo:</b>							2,077
<b>Faversham Lottery:</b>				1870		1870	908
<b>Fundraising Events:</b>				1904.5		1904.5	168
<b>External Groups:</b>				40			536
<b>Gift Aid Reclaimed:</b>				246		246	
				26,061	-	26,021	21,995
<b>Total Incoming</b>				59,612	124,211	183,783	105,700



ABBEE PHYSIC COMMUNITY GARDEN

NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 December 2022

3	Resources Expended	Unrestricted 2023 £	Restricted 2023 £	Total 2023	Total 2022 £
	<b>Purchases and miscellaneous costs:</b>				
	Garden supplies	2,224.11	-	2,224.11	911
	Grub Club Ingredients			-	-
	Groceries/Provisions	2,097.07		2,097.07	866
	Craft tools/Equipment				874
		<b>4,321</b>	<b>0</b>	<b>4,321</b>	<b>2,650</b>
	<b>Operational and support costs:</b>				
	Advertising	1,654.60		1,655	27
	Accounts/Auditing			-	
	Bank Charges	337.92		338	145
	Bees, Beehives and Chickens			-	183
	Computer costs	914.69		915	831
	DBS checks	92.16		92	560
	External Fundraising			-	8,100
	External Trainig Activity Providers	106.80		107	1,660
	Insurance	1,710.22		1,710	
	Governance / Subscriptions	48.00		48	1,387
	Office supplies	1,052.82		1,053	
	Other			-	
	Printing and Stationery	1,183.71		1,184	1,362
	Professional Services	1,059.00		1,059	100
	Rent	178.29		178	50
	Repairs, renewals & maintenance	4,444.50		4,445	20,503
	Salaries /INI		96,931.60	96,932	85,537
	Sesional Workers		14,960.55	14,961	14,487
	Supplies	2,689.71		2,690	1,683
	Telephone / Internet	717.94		718	820
	Training	2,012.00		2,012	54
	Travel/Parking	60.15		60	20
	Utilities	1,300.72		1,301	1,091
	Website costs	1,929.00		1,929	-
	<b>Garden party costs</b>	<b>653.21</b>		<b>653</b>	
	<b>Raising funds</b>	<b>87.49</b>		<b>87</b>	
		<b>22,233</b>	<b>111,892</b>	<b>134,125</b>	<b>138,601</b>
	<b>Governance costs:</b>				
	Companies House				
	No employee received emoluments of more than £50,000.				
4	<b>Directors of the Charity</b>				
	No member of the Board of Directors received any remuneration during the period.				
	Reimbursement of expenses to the Directors was zero.				
	The charity has Trustee Indemnity Insurance (effective from 1st November 2014).				
5	<b>Taxation</b>				
	The charity is exempt from Corporation Tax on its charitable activities.				

ABBNEY PHYSIC COMMUNITY GARDEN

NOTES TO THE FINANCIAL STATEMENTS (cont.)  
FOR THE YEAR ENDED 31 December 2022

6 Tangible Fixed Assets

		2023	2022	Purchase Price
		£	£	£
Pavilion	Purchased 2009 10% straight line			0
New Cabin	Purchased 2017 10% straight line	4,000	5,000	10,000
New units & Island	Purchased 2019 10% straight line	1,410	1697.4	2,876
Men's Shed	Purchased 2017 10% straight line	2208.7	2560.5	3,518
		7,619	9,258	16,394

7 Analysis of Net Assets between Funds

	2023	2022
	Total	Total
	£	£
Restricted Funds	52,115	39,796
Unrestricted Funds	59,359	26,301
	111,474	66,097

A positive balancing adjustment of £443.79 was added to the 2021 restricted funds total

8 Incorporation

The Abbey Physic Community Garden is a company limited by guarantee, without a share capital, incorporated on 30 November 2006.

It took over the activities in the garden on 1 December 2006.

In the event of the company being wound up, members guarantee to pay £1 each towards the Garden's debts.

NOTES TO THE FINANCIAL STATEMENTS (cont.)

SCHEDULE OF ONGOING GRANTS

Restricted Grants Carried forward to 2023

Bal b/f	Grant Name	Grant Receipts in 2023	2023 Restricted exp.	bal c/f
12/31/2022				12/31/2023
2,594	Awards for all (Gardening for the mind)	0	2,594	0
10,000	Garfield Weston	0	10,000	0
2,000	KCF (Kent Community Fund)	0	2,000	0
5,000	Orchard Community Energy	0	5,000	0
500	Postcode society Trust	0	500	0
1,937	Swale Borough council (eastern area)	0	1,937	0
0	Big Lottery	96,500	91,379	5,121
0	Swale Borough Council (winter Cold)	3,760	3,760	0
0	Centrica	2,000	2,000	0
0	Faversham Town Council	5,450	0	5,450
0	Henry Oldfield Trust	20,000	0	20,000
0	Benstead Trust (incl. Colin Sharp)	7,050	3,000	4,050
0	Colyer Ferguson	5,000	3,333	1,667
0	Henry Smith	10,000	5,831	4,169
22,031	0	149,760	131,334	40,457

## **Independent examiner's report to the trustees of Abbey Physic Community Garden**

I report to the trustees on my examination of the accounts of the Abbey Physic Community Garden for the year ended 31 December 2023.

### **Responsibilities and basis of report**

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

### **Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: 

Name: Lousie Shaw, CA

Relevant professional qualification or membership of professional bodies (if any):  
Institute of Chartered Accountants of Scotland, M24744

Address: Chase House, 55 Preston Street, Faversham, ME13 8PG

Date: 30<sup>th</sup> September 2024