

HAVELOCK FAMILY CENTRE

England & Wales · Charity number 1119136

Details

Status	Registered
Legal form	Charitable company
Company number	05914932
Registered	2007-05-10
Register	View on the Charity Commission register

Contact

Address	Aleka House 10b Havelock Road Southall Middlesex UB2 4PD
Phone	02085742443
Email	info@havelockfamilycentre.org.uk
Website	www.havelockfamilycentre.org.uk

Activities

Objects: TO PROMOTE ANY CHARITABLE PURPOSE FOR THE BENEFIT OF THE INHABITANTS, AND ESPECIALLY THE PARENTS AND CHILDREN, OF THE LONDON BOROUGH OF EALING AND THE SURROUNDING AREAS, WITHOUT DISTINCTION OF SEX, RACE, DISABILITY, SEXUAL ORIENTATION, OR OF POLITICAL, RELIGIOUS OR OTHER OPINIONS, AND IN PARTICULAR BUT WITHOUT PREJUDICE TO THE FOREGOING;A) TO RELIEVE POVERTY, SICKNESS AND DISTRESSB) TO PROMOTE THE PRESERVATION AND PROTECTION OF HEALTHC) TO ADVANCE THE EDUCATION OF THE INHABITANTSD) TO ENABLE THE STATUTORY AUTHORITIES, VOLUNTARY ORGANISATIONS AND INHABITANTS TO COOPERATE IN A COMMON EFFORT TO PROVIDE FACILITIES IN THE INTERESTS OF SOCIAL WELFARE, WITH THE OBJECT OF IMPROVING THE CONDITIONS OF LIFE FOR THE SAID INHABITANTS.

Activities: Preventative work with children and families

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, The Prevention Or Relief Of Poverty
- **Who:** Children/young People, Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin, The General Public/mankind

Geography

- **Area of benefit:** LONDON BOROUGH OF EALING AND THE SURROUNDING AREAS.
- City Of London

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£108,938	£143,880	-	-
2024-03-31	£144,717	£152,839	-	-
2023-03-31	£95,002	£146,017	-	-
2022-03-31	£147,164	£159,913	-	-
2021-03-31	£129,699	£132,436	-	-

Trustees

Name	Role	Appointed
Babneet Kaur Sethi		2026-02-01
Dr RADHA KRISHNA GOPALA PILLAI		
MAHMOODA KHAN		
MR KUKAR		

Accounts

Charity number: 1119136
Company number: 05914932

Havelock Family Centre
(A company limited by guarantee)
Trustees' report and financial statements
For the year ended 31 March 2025

Havelock Family Centre
(A company limited by guarantee)

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Havelock Family Centre
(A company limited by guarantee)

Legal and administrative information

For the year ended 31 March 2025

Charity number	1119136
Company registration number	05914932
Registered office / Business address	Aleka House 10B Havelock Road Southall Middlesex UB2 4PD
Trustees (directors)	Mahmooda Khan Dr Radhakrishna Pillai Ramesh Kukar Swaran Singh Kang
Secretary	Mahmooda Khan
Independent examiner	Arvind Joshi, FCA, CTA, DCHA Levy + Partners Limited Chartered Accountants 7-8 Ritz Parade Western Avenue London W5 3RA
Bankers	Co-op Bank Plc Business Direct P O Box 250 Skelmersdale WN86WT

Havelock Family Centre
(A company limited by guarantee)

Report of the trustees (incorporating the directors' report)

For the year ended 31 March 2025

The trustees, who also serve as directors of the charity for the purposes of the Companies Act 2006, present their report together with the financial statements of Havelock Family Centre(HFC) for the year ended 31 March 2025. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) FRS102, effective from 1 January 2015.

The financial statements comply with the requirements of the Charities Act 2011, the Companies Act 2006, the charity's Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice (SORP).

Structure, governance and management

Havelock Family Centre (HFC) is a charitable company, incorporated on 23 August 2006 and re-registered as a charity in May 2007. The charity operates under its Memorandum and Articles of Association. In the event of the charity being wound up, members are obligated to contribute an amount not exceeding £20.

The trustees are committed to ensuring transparency and accountability in all aspects of the charity's operations. The board of trustees is responsible for setting strategic direction, overseeing policy implementation, and ensuring financial probity. Trustees meet quarterly, or more frequently as necessary.

Recruitment, Appointment and Induction

Trustees are elected annually, in accordance with the charity's governing document. All trustees also serve as company directors. New trustees undergo an induction process to familiarise them with the charity's work, governance structure, and statutory responsibilities.

Objectives and Activities

The principal charitable objectives of HFC are to:

- Promote charitable purposes for the benefit of the inhabitants of the London Borough of Ealing and surrounding areas, particularly parents and children.
- Relieve poverty, sickness, and distress.
- Preserve and protect health.
- Advance the education of inhabitants.
- Cooperate in providing facilities in the interests of social welfare to improve the quality of life for residents.

These objectives are achieved through professional support services, preventative work, crisis intervention, and exploring new ways of working to support disadvantaged families.

Risk Management

The Board of Trustees has assessed the charity's strategic, business, and operational risks. Appropriate operational, legal, and financial systems are in place, enabling regular reporting and risk mitigation.

Havelock Family Centre
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Report of the trustees (incorporating the directors' report)

For the year ended 31 March 2025

Achievements and performance

In 2024/25, the Board of Trustees continued to oversee operations, ensuring:

- Ongoing compliance with Charity Commission guidance to fulfil the charity's purposes for public benefit, including providing training for trustees, staff, and volunteers.
- Robust financial management systems with appropriate internal controls.
- The appointment of Levy & Partners Ltd as Chartered Accountants to advise on best practices and regulatory compliance.
- Regular review and updating of management policies, including financial record-keeping and GDPR compliance.
- Development of terms and conditions for external organisations using the charity's premises.
- Adherence to health and safety regulations to ensure the proper upkeep of the building and equipment.

The activities during 2024-2025 were shaped by emerging trends. Below is an overview of key projects and their outcomes.

1. Advice Service Trends and Key Issues Identified Over the Year

During the year 2024/25, the Centre continued to deliver vital advice services as a core partner in the Ealing Advice Service (EAS) consortium. This work directly supported our charitable objectives by assisting individuals and families to access housing, welfare, and immigration-related support-improving lives and reducing hardship in our local community.

Southall remained the area with the highest proportion of EAS users, including a significant number of non-English speakers and residents from the Middle East, Afghanistan, Africa, India, and Pakistan. This reflects both the diversity of the local population and the persistent demand for accessible, culturally sensitive support.

Key Achievements and Trends

- Sustained high demand for advice across welfare benefits, housing, and immigration.
- A notable rise in enquiries for Personal Independence Payment (PIP), Universal Credit, Housing Benefit, and community care, with the latter reaching a four-year high-primarily related to care contributions, financial assessments, and arrears.
- Homelessness cases approached 150 per quarter, placing significant pressure on resources. Housing advisers were redeployed to manage eviction-related issues, resulting in a backlog of 145 unallocated Locata (social housing register) cases.
- Immigration enquiries doubled over the past four years, including cases related to asylum, Home Office accommodation, biometric residence permits, and visas. High demand for pro bono support led to increased referrals.
- The majority of service users came from Southall, Acton, and Ealing Central, with particular focus on evictions, temporary housing, and support for families with children with Special Educational Needs (SEN), newly recognised refugees, and elderly residents.
- The EAS waiting list grew to 309, including 164 housing register enquiries. To manage capacity, referrals for lower-priority cases (e.g., non-urgent disrepair or grants) were temporarily paused. These restrictions were reviewed quarterly with partners and commissioners.

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Report of the trustees (incorporating the directors' report)

For the year ended 31 March 2025

Centre-Specific Trends

- Clients experienced delays of up to 12 months for Pension Credit decisions due to the Habitual Residence Test (HRT), particularly in cases involving recent travel, unclear living arrangements, or limited documentation.
- Support was provided to individuals recently granted immigration status but still ineligible for benefits or housing due to residency rules. Many sought advice to supplement income while employed in low-paid work.
- Safeguarding concerns identified during advice sessions were escalated as appropriate, with referrals made to Ealing Adult Services to ensure vulnerable clients received the protection and care they needed.

Financial Impact and Outcomes

From April 2024 to March 2025, the EAS consortium, comprising 11 partner organisations, collectively achieved financial outcomes totalling £5,009,630. HFC's contribution amounted to £1,072,316, marking an increase of £200,562 from the previous year's total of £871,754. It is important to note that this figure does not yet reflect the full extent of financial gains for the period, as a number of cases remain pending and expected to yield further outcomes.

HFC saw a notable rise in travel concession support, assisting older and disabled individuals with applications and renewals for concessionary travel. A total of 34 clients received annual Oyster Cards, Disability Freedom Passes, or Older Person's Freedom Passes, representing a combined value of £103,904 (£3,056 per person).

Beyond travel passes, HFC supported access to 94 Blue Badges, 14 Taxi cards, and Dial-a-Ride services-enhancing mobility for those with limited transport options. While it is difficult to assign a precise financial value to these additional services, their contribution to clients' independence and wellbeing is significant. This support has significantly improved access to essential services and enabled greater participation in community and social activities that would otherwise have been inaccessible. Notably, HFC also achieved two successful outcomes in applications for disabled parking bays, further enhancing local accessibility.

Client Outcomes and Impact

Feedback gathered from a random sample of 215 service users provides valuable insight into the effectiveness and impact of HFC's support services. The majority of clients reported notable improvements in their personal circumstances following our interventions.

Clients commonly experienced increased financial stability, with many securing additional welfare benefits as a result of targeted support and advocacy. Almost all respondents reported an overall improvement in their situation, citing reduced stress and a greater sense of wellbeing.

A significant number of clients expressed increased confidence when engaging with professionals, such as social workers or housing officers. This empowerment has enabled them to participate more actively in decisions affecting their lives and families. However, a recurring challenge remains around digital exclusion and language barriers. None of the respondents felt more independent in completing online forms or written applications, underscoring a continuing need for practical support in these areas. This feedback highlights the importance of maintaining in-person, linguistically and digitally accessible services for marginalised and non-English-speaking communities.

Overall, the outcomes reflect HFC's positive contribution to reducing stress, enhancing confidence, and improving the material and emotional wellbeing of the individuals and families we support.

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Report of the trustees (incorporating the directors' report)

For the year ended 31 March 2025

Public Benefit and Outcomes

HFC's advice work delivered a measurable impact for vulnerable residents navigating complex systems while facing financial insecurity, poor housing, or immigration difficulties. By offering accessible, high-quality advice and making appropriate referrals to safeguarding and statutory services, we ensured that our work continued to deliver meaningful public benefit in line with our charitable purposes.

Quality Mark: HFC's performance was recognised as one of the highest within the EAS consortium. Commended by the Project Co-ordinator, HFC delivered the highest individual financial outcomes, effectively managed complex cases, and maintained clear and timely communication on client matters. The multilingual capabilities of our staff and volunteers were noted as essential in ensuring accessible, high-quality advice. HFC's proactive approach to client welfare and strong collaboration with consortium partners highlight its vital role in supporting Ealing's most vulnerable residents and contributing to the overall success of the service.

2. Family Support Services

Child Contact/ Family Support

HFC continued to play a vital role in supporting families navigating separation and child contact challenges. While enquiries from non-resident parents seeking to re-establish contact with their children increased, the overall number of formal referrals declined. This trend is partly due to one party's reluctance to engage in resolving disputes, often influenced by extended family dynamics. Many absent fathers, particularly those without legal representation, turned to HFC for advice on resuming contact with their children.

Throughout the year, HFC delivered confidential, intensive one-to-one family support and co-parenting guidance to 33 families, positively impacting 60 children. These interventions provided a structured and culturally sensitive space to strengthen co-parenting skills, especially in mixed-heritage and intercultural family contexts. Sessions typically ranged from weekly to fortnightly, with two-hour engagements over a six-month period tailored to the needs of each family.

In response to a growing need, HFC also delivered targeted parenting skills workshops for parents struggling to impose appropriate boundaries with their children. These workshops focused on building confidence, improving communication, and promoting consistent parenting practices. They proved particularly valuable for parents experiencing high levels of stress or conflict, offering practical tools to foster healthier family dynamics and more secure parent-child relationships.

Support was also extended to five separating couples from newly arrived migrant communities in the UK. Many of these families faced significant barriers in understanding their legal rights, particularly regarding custody and visitation. HFC offered guidance that enabled parents to maintain meaningful relationships with their children, despite the emotional and logistical difficulties of separation. This support helped reduce stress and uncertainty, contributing to better emotional and social outcomes for parents and children alike.

An additional area of need involved immigration concerns-particularly among individuals on spousal visas-where separation could potentially impact residency status. HFC provided tailored advice to help families understand the legal implications of their circumstances and make informed decisions, reducing the risk of unintended legal consequences. Through this targeted intervention, HFC addressed a crucial service gap by equipping migrant families with the knowledge and support necessary to navigate complex legal and emotional landscapes. This work has strengthened family resilience and stability, helping to secure better outcomes for both parents and children.

Quality Mark: HFC is proud to have successfully renewed its accreditation with the National Association of Child Contact Centres (NACCC), reaffirming its commitment to high standards and best practices in family support. This accreditation, held since 2004, reflects our ongoing dedication to delivering safe, effective, and inclusive services for families in need.

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Report of the trustees (incorporating the directors' report)

For the year ended 31 March 2025

3. Health and Wellbeing Initiatives

Exercise Sessions

Twice-weekly exercise sessions have been successfully maintained, with participant attendance closely monitored. To maximize the benefits, individuals with frequent absences were screened to ensure that spaces were allocated to those most likely to benefit from regular participation. Current participants were re-registered, and their needs reassessed to improve the programme's overall effectiveness.

Most participants preferred chair-based exercises over yoga mat activities, primarily due to the common musculoskeletal conditions. This adjustment made the sessions more accessible and beneficial, offering tailored exercise options that accommodated physical limitations.

The programme has continued with 72 individuals re-registered and an average attendance of 27 participants per session, reaffirming its success in promoting health and well-being. Feedback was overwhelmingly positive, with 95% of attendees reporting improvements in mobility, strength, and overall quality of life. Participants also expressed greater confidence in staying active and managing their physical health.

Cancer Awareness Sessions

Through our advice work, we noted a growing number of men being diagnosed with prostate cancer. In response, we organised targeted awareness sessions, primarily for men aged 50 and above, to provide essential information about this disease.

Prostate cancer is the second most common cancer among men, and early detection plays a crucial role in improving treatment outcomes. The sessions aimed to educate men about prostate cancer, its risk factors, symptoms, and available screening methods. By raising awareness, reducing stigma, and encouraging regular screening, we sought to empower men to take proactive steps in managing their health.

To ensure accessibility, translation services were provided in Punjabi and Hindi. One attendee undergoing treatment for prostate cancer shared his experience and was subsequently linked to Macmillan support services. Another participant, who had previously received high prostate-specific antigen markers but had not followed up, scheduled a medical appointment after attending the session.

On average eighteen-twenty participants attended fortnightly awareness sessions which encouraged open discussions. Over 75% of participants said the sessions helped reduce stigma around prostate cancer. The interactive format provided a platform for sharing concerns, asking questions, and discussing lifestyle changes to lower cancer risk.

Cancer awareness coffee mornings

Monthly drop-in coffee mornings created a supportive environment for people affected by cancer. These sessions offered opportunities for one-to-one conversations with patients, families and carers, while training community members as cancer champions. The open dialogue and exchange of experiences helped raise awareness and empower attendees to make informed health decisions.

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For the year ended 31 March 2025

Cardiac Rehabilitation Support (2024-25)

Health data for 2024-25 highlights concerning disparities in cardiovascular outcomes among Southall residents, who are significantly more likely to experience heart and circulatory conditions than others in the borough. Specifically:

- Approximately 2,640 individuals have been diagnosed with atrial fibrillation.
- Around 7,680 people are living with coronary heart disease.
- An estimated 38,400 residents have high blood pressure.
- Approximately 2,280 individuals are stroke survivors.

To address this, Cardiac Rehabilitation Service, commissioned by Ealing CCG, provided weekly patient assessments at our centre. Between April 2024 and March 2025, 196 individuals were assessed on-site. This collaboration not only improved access to care but also generated valuable income for the organisation through room hire.

Service users consistently reported high levels of satisfaction, noting that the local availability of services reduced stress and logistical burdens associated with attending appointments. This initiative contributed to better health engagement, earlier intervention, and improved patient confidence in managing long-term conditions.

4. Community Engagement and Wellbeing Initiatives

Through our Southall Connect project, we delivered a range of targeted activities designed to reduce social isolation, improve mental well-being, and encourage community participation-particularly among hard-to-reach and vulnerable groups. These initiatives helped foster stronger social networks and a deeper sense of belonging among service users.

Multi-Cultural Events

HFC hosted a series of cultural events throughout the year, including Vaisakhi, Eid, Diwali, Teeyan, and Christmas. These celebrations brought together individuals from diverse backgrounds, promoting integration, mutual respect, and a shared sense of community. With approximately 28-30 attendees per event, each occasion provided an inclusive platform for participants to engage with different cultural traditions through music, food, and conversation.

A new addition this year was the introduction of the Teeyan festival, which celebrates the cultural contributions of Punjabi women and fosters intergenerational and cross-cultural dialogue. Initiated by a service user, this event demonstrated the Centre's commitment to community-led initiatives and the celebration of diversity.

Collectively, these events strengthened community cohesion, encouraged social interaction, and helped reduce isolation, particularly among marginalised and older individuals.

Knit & Natter Project

The weekly Knit & Natter sessions continued to provide a creative and supportive space for participants to engage in knitting, crocheting, and sewing. These informal gatherings promoted emotional well-being, reduced social isolation, and foster peer support, particularly among older women and individuals with long-term health conditions. A warm, welcoming environment, enhanced by shared food and conversation, helped create a strong sense of community.

This year, the group focused on producing over 100 baby blankets and beanie hats, using baby-friendly yarn, for premature infants at Hillingdon Hospital. The hospital staff welcomed the donation, recognising the time, care, and skill involved. Members expressed pride in contributing to a meaningful local cause and found renewed purpose through the project. One participant, living with schizophrenia and depressive disorder, initially joined the group as a quiet, hesitant observer. Through regular involvement in the Knit & Natter sessions and additional support activities, she became more confident, communicative, and socially engaged. Her journey reflects the group's wider impact-building confidence, encouraging participation, and fostering a deeper sense of belonging through creative, peer-supported engagement.

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Report of the trustees (incorporating the directors' report)

For the year ended 31 March 2025

Norwood Green Village Fete

Following the previous breast cancer awareness workshop held in August 2023, our volunteer Champion and member of the Knit and Natter group organized a fundraising stall at the Norwood Green Park Fair in July 2024. The knitted bookmarks made by our members raised £250 which was donated to Macmillan Cancer Support to assist those affected by cancer.

Heathrow Easterly Operations - Community Information Day

HFC hosted a six-hour Open Day in partnership with Heathrow to inform residents about proposed changes to Easterly aircraft departures from the northern runway, following the end of the Cranford Agreement. The event aimed to ensure residents had access to clear, timely information about how these changes might impact them in terms of noise distribution and flight paths.

While attendance was modest, the session provided an important opportunity for local people to engage directly with technical representatives, ask questions, and voice concerns. HFC provided a trusted, accessible space for the event and noted that residents were more focused on local day-to-day issues, highlighting the need for tailored outreach efforts, including multilingual communication, for effective engagement.

Hosting this event reflected HFC's ongoing role as a community connector and advocate, helping ensuring residents are informed and included in wider infrastructure developments that may affect their well-being.

5. Adult Learning and Skills Development

Basic IT Skills Programme

Over the reporting period, we delivered introductory IT classes to 30 adults, aged between 35 and 80. These sessions aimed to develop essential digital literacy skills among participants, many of whom had limited or no prior experience with technology. The course helped them build the confidence and the ability to perform everyday digital tasks, a vital skill in today's increasingly online world.

Participants were grouped by ability across three cohorts. Group 1 consisted of complete beginners who progressed from learning how to turn on a computer to typing and navigating simple programs. Their enthusiasm and progress set a positive precedent for continued digital engagement. Group 2 completed a 12-week programme covering online shopping, basic web navigation, and word processing tools. Due to strong demand, additional sessions were introduced to explore practical digital tasks in greater depth. Group 3 focused on producing and managing documents, building on the skills developed in earlier cohorts.

The classes consistently received positive feedback for their clear and patient teaching style as well as the structured balance between instruction and hands on practice. Beyond gaining technical skills, participants reported increased confidence, independence, and a willingness to continue learning. Several expressed interest in more advanced digital courses, showing that the programme served as a valuable springboard for ongoing digital learning.

This initiative demonstrated the value of accessible digital education for older adults. It played a key role in reducing digital exclusion and supporting greater social participation, particularly in communication, accessing services, and ensuring online safety.

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Report of the trustees (incorporating the directors' report)

For the year ended 31 March 2025

Financial Literacy workshops

During the year, we delivered ten two-hour financial literacy workshops to 43 participants. Many attendees were dealing with significant financial stress due to rising cost of living. The workshops focused on key themes such as borrowing, saving, spending, and the risks of unmanageable debt-particularly the widespread reliance on credit cards during times of financial pressure.

Participants learned practical techniques to track income and expenditure, helping them break cycles of debt and develop healthier financial habits. A key insight from the sessions was the impact of limited numeracy on financial decision-making. Many struggled to calculate unit prices, which affected their ability to make cost-effective purchases.

In response, we introduced focused mathematical sessions that taught participants how to calculate and compare unit prices in bulk shopping scenarios. These were highly effective - 85% of participants showed marked improvement in assessing value across different product sizes and brands. As a result, attendees reported greater confidence when shopping, improved purchasing decisions, and increased ability to stretch household budgets.

The workshops also led to a behavioural change. Participants described a more thoughtful and deliberate approach to spending, reduced impulse buying and regular expense tracking.

Many had begun to prioritise savings. Overall, 78% of participants demonstrated improved budgeting abilities, 85% developed stronger skills in calculating discounts and comparing prices, and 65% reported increased confidence in evaluating financial choices in daily life.

Feedback indicated the sessions were highly relevant and accessible, though some participants with lower numeracy skills faced challenges-highlighting the need for more differentiated support. Nevertheless, the programme was very well received and clearly demonstrated the value of accessible, practical financial education. By equipping individuals with key money management skills, the workshops helped reduce financial stress and build greater financial resilience, enabling participants to navigate economic challenges with increased confidence and independence.

Disclosure & Barring Service

HFC continued to operate as a Registered Body with the Disclosure and Barring Service (DBS), completing 122 criminal record checks during the year. This service reinforces the importance of robust vetting procedures and offers an opportunity to engage voluntary organisations in strengthening their due diligence practices. It also supports safer and more responsible recruitment across the sector.

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For the year ended 31 March 2025

Staff and Volunteer Development

Havelock Family Centre recognises that the quality of its services depends on the commitment, skills, and ongoing development of its staff and volunteers. The charity is dedicated to supporting continuous learning to ensure that team members are equipped to meet the evolving needs of the community.

During the year, staff undertook a range of training to enhance their skills and knowledge. This included safeguarding, welfare benefits, first aid training, and parenting skills development. These learning opportunities have strengthened the team's capacity to provide safe, informed, and effective support to service users.

Volunteers are a vital part of the Centre's operations and play an active role in service delivery and community engagement. To support their development, volunteers received training in safeguarding, domestic violence awareness, and health and safety. This investment in training ensures that volunteers are confident and competent in their roles, while also fostering a safe and supportive environment for all.

The contribution of volunteers extends across many aspects of the Centre's work, from administrative support and outreach to assisting in group sessions and events. Their dedication and enthusiasm significantly enhance the Centre's ability to deliver services and respond to local needs. Without their involvement, many of the charity's activities would not be possible.

Key Insights and Outcomes

During the reporting period, the Centre experienced a marked increase in engagement, with attendance and registration rising steadily—largely due to word-of-mouth referrals. This growth reflects the trust and value placed in HFC by the community. Participants consistently cited the Centre's warm, inclusive environment, tailored activities, and safe spaces for social connection as key reasons for their ongoing involvement.

The impact of our work has been significant. Our programmes have directly supported individuals facing social isolation, low confidence, and financial hardship. Through structured learning opportunities, emotional support, and access to practical advice, participants were empowered to take positive steps towards independence and wellbeing.

Many reported feeling more connected, more confident, and better equipped to manage daily life. Notably, 97% of those surveyed reported a measurable improvement in their overall wellbeing as a result of the support received.

Our work has helped individuals rebuild relationships, form support networks, gain essential skills, and access the tools needed to navigate personal and financial challenges more effectively. In an increasingly challenging economic and social landscape, HFC's holistic, person-centred approach continues to provide a critical lifeline. By addressing practical, emotional, and social needs together, we deliver lasting impact—strengthening individual resilience and building a more connected and supportive community.

6. Strategic Priorities for the Coming Year

Over the next year, the Centre will maintain its commitment to targeted support across the following key areas:

- **Advice Services:** Expand access to welfare benefits and debt advice to secure financial support for low-income families and address increased demand. Focus will remain on improving navigation of the benefits system and tackling immediate financial pressures.
- **Family Breakdown Support:** Deliver parenting skills programmes to promote cooperative parenting, reduce children's exposure to conflict, and increase self-referrals from families lacking legal representation. Efforts will also focus on improving outreach and accessibility.

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For the year ended 31 March 2025

- Digital Skills Development: Provide essential digital skills training, including creating email accounts, managing online security, and using government portals. Support will be offered for progression to self-directed learning to build digital confidence.
- Debt and Financial Resilience: Offer financial capability training to support budgeting, spending prioritisation, and coping with the rising cost of living. One-to-one crisis interventions will be available for those facing urgent financial issues.
- Health and Wellbeing: Deliver community-based talks, workshops, and seminars on key health topics including cancer, heart disease, stroke, and diabetes. These will aim to promote awareness, early detection, and improved health outcomes.
- Social Inclusion: Promote social inclusion through initiatives designed to reduce isolation-especially among older adults, disabled individuals, marginalised communities, and those experiencing economic hardship. Programmes will aim to foster connection and encourage active community participation.

Financial Review

In 2017, HFC was awarded £222,000 in capital funding by the London Borough of Ealing towards the refurbishment of Aleka House. This initial award was later matched by additional funding, bringing the total capital funding secured for the redevelopment to £554,514.

Under the terms of the Council's funding agreement, the £222,000 grant is subject to a 15-year contingent liability from the date of project completion. The grant would become repayable if:

- HFC ceases to operate, and the agreement is not assigned to an approved successor organisation.
- The Council determines that the funds have not been used for their intended charitable purposes; or
- The property is sold or transferred (except via a permitted lease or disposal) without the Council's prior written consent.

Premises Sinking Fund:

The trustees have designated £30,000 to a premises sinking fund to cover future emergency or structural repairs. This designation is part of the charity's prudent financial planning to safeguard the long-term sustainability of its assets and operations.

The Board of Trustees confirms full compliance with the terms of this agreement, and that no events have occurred that would trigger a repayment.

The trustees have also reviewed HFC's overall financial position and adopted a reserves policy to ensure financial stability. This policy is guided by an assessment of potential risks, including:

- Loss of core funding
- Unforeseen operational or capital costs
- Delays in securing future grants
- Unexpected staffing liabilities
- Increased premises maintenance or compliance-related costs

Income and Expenditure

For the period ending 31 March 2025, the charity's income was £108,938, with total expenditure of £143,880. The charity holds a six-month reserve of £51,000.

The reserves policy is reviewed annually to ensure it remains appropriate to identified risks.

Havelock Family Centre
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Independent examiner's report to the trustees of Havelock Family Centre.

I report to the charity trustees on my examination of the accounts of Havelock Family Centre (a company limited by guarantee) for the year ended 31 March 2025, as set out on pages 2 to 22.

Responsibilities and basis of report

As the charity's trustees of the Company (who are also the directors of the company for the purposes of company law), you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

Having satisfied myself that the accounts of the Company are not required to be audited for this year under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out my examination, I have followed the Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act).

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention which gives me cause to believe that:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
- the accounts do not accord with such records; or
- the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the Charities SORP (FRS102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Arvind Joshi, FCA, CTA, DCHA

Independent examiner

Levy + Partners Limited
Chartered Accountants
7-8 Ritz Parade
Western Avenue
London W5 3RA

Date: 1 July 2025

Havelock Family Centre
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Statement of financial activities (incorporating the income and expenditure account)

For the year ended 31 March 2025

		Unrestricted funds	Restricted funds	2025 Total	(restated) 2024 Total
	Notes	£	£	£	£
Incoming resources					
Incoming resources from generating funds:					
Voluntary income	2	20,282	88,656	108,938	144,717
Grant received from Ealing Council					
Total incoming resources		<u>20,282</u>	<u>88,656</u>	<u>108,938</u>	<u>144,717</u>
Resources expended					
Charitable activities	3	43,935	97,612	141,547	151,159
Governance costs	4	2,333	-	2,333	1,680
Total resources expended		<u>46,268</u>	<u>97,612</u>	<u>143,880</u>	<u>152,839</u>
Net movement in funds		<u>(25,986)</u>	<u>(8,956)</u>	<u>(34,942)</u>	<u>(8,122)</u>
Total funds brought forward		51,870	672,513	724,383	732,505
Prior year adjustment	10	30,000	-	30,000	-
Restated total funds brought forward		<u>81,870</u>	<u>672,513</u>	<u>754,383</u>	<u>732,505</u>
Total funds carried forward		<u>55,884</u>	<u>663,557</u>	<u>719,441</u>	<u>724,383</u>

The notes on pages 16 to 22 form an integral part of these financial statements.

Havelock Family Centre
(A company limited by guarantee)

Balance sheet

As at 31 March 2025

		2025		(restated) 2024	
	Notes	£	£	£	£
Fixed assets					
Tangible assets	11		447,874		469,629
Current assets					
Cash at bank and in hand		277,333		288,743	
		<u>277,333</u>		<u>288,743</u>	
Creditors: amounts falling due within one year	12	(5,766)		(3,989)	
Net current assets			<u>271,567</u>		<u>284,754</u>
Total assets less current liabilities			719,441		754,383
Provisions for liabilities	13		-		(30,000)
Net assets			<u>719,441</u>		<u>724,383</u>
Funds	14				
Restricted income funds:					
Restricted income funds			663,556		672,513
Unrestricted income funds:					
Designated funds			30,000		30,000
Unrestricted income funds			25,885		21,870
Total funds			<u>719,441</u>		<u>724,383</u>

The Balance Sheet continues on the following page.

The notes on pages 16 to 22 form an integral part of these financial statements.

Havelock Family Centre
(A company limited by guarantee)

Balance sheet (continued)

Trustees statements required by the Companies Act 2006
For the year ended 31 March 2025

In approving these financial statements as trustees of the company we hereby confirm:

(a) that for the year stated above the company was entitled to the exemption conferred by section 477 of the Companies Act 2006 ;

(b) that no notice has been deposited at the registered office of the company pursuant to section 476 of the Companies Act 2006 requesting that an audit be conducted for the year ended 31 March 2025.

(c) that we acknowledge our responsibilities for:

(1) ensuring that the company keeps proper accounting records which comply with section 386 of the Companies Act 2006, and

(2) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the year then ended in accordance with the requirements of sections 394 and 395, and which otherwise comply with the provisions of the Companies Act relating to financial statements, so far as applicable to the company.

These financial statements are prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the board on 1 July 2025 and signed on its behalf by



Mahmooda Khan
Trustee

The notes on pages 16 to 22 form an integral part of these financial statements.

Havelock Family Centre
(A company limited by guarantee)

Notes to the financial statements

For the year ended 31 March 2025

1. Accounting policies

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year and the preceding year.

1.1. Basis of accounting

The accounts have been prepared in accordance with FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102"). "Accounting and Reporting by Charities" the statement of Recommended Practice for Charities applying FRS 102, the Charities Act 2011 and UK Generally Accepted Accounting Practice as it applies from 1 January 2015. The charity is a Public Benefit Entity as defined by FRS 102.

1.2. Incoming resources

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

Voluntary income is received by way of grants, donations and gifts and is included in full in the statement of financial activities when receivable. Grants where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.

Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included.

Gifts donated for resale are included as incoming resources within activities for generating funds when they are sold.

Grants, including grants for the purchase of fixed assets, are recognised in full in the statement of financial activities in the year in which they are receivable.

1.3. Resources expended

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Costs of generating funds comprise the costs associated with attracting voluntary income and the costs of trading for fundraising purposes including the charity's shop.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Havelock Family Centre
(A company limited by guarantee)

Notes to the financial statements

For the year ended 31 March 2025

1.4. Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less accumulated depreciation. Depreciation is provided at rates calculated to write off the cost less residual value of each asset over its expected useful life, as follows:

Following a review by the trustees, we now believe that a more appropriate estimate of the building's useful life is 30 years from the date of refurbishment in 2019, rather than the previously estimated 20 years. This revised estimate reflects the building's physical condition, ongoing usage, and the charity's continuing control of the asset.

As a result, the straight-line depreciation period for land and buildings has been amended from 20 years to 30 years effective from the financial year 2025 onwards.

Land and buildings - Straight line over 30 years -land not depreciated
 Fixtures, fittings and equipment - 25% straight line

1.5. Defined contribution pension schemes

The pension costs charged in the financial statements represent the contribution payable by the charity during the year.

1.6. Going concern

The financial statements have been prepared on the assumption that the charity is able to carry on business as a going concern, which the trustees consider appropriate having regard to the circumstances.

2. Voluntary income

	Unrestricted funds £	Restricted funds £	2025 Total £	(restated) 2024 Total £
LBE Advice	-	29,249	29,249	36,112
LBE Community Connection	-	14,500	14,500	14,500
Tudor Trust	-	42,000	42,000	40,000
NACCC	-	2,500	2,500	2,500
LCF Vanquis Funding	-	-	-	10,000
Membership	240	-	240	-
Voluntary Contributions	15,800	407	16,207	30,904
Referrals	660	-	660	6,895
DBS	3,582	-	3,582	3,806
	<u>20,282</u>	<u>88,656</u>	<u>108,938</u>	<u>144,717</u>

Havelock Family Centre
(A company limited by guarantee)

Notes to the financial statements

For the year ended 31 March 2025

3. Costs of charitable activities

	Unrestricted funds £	Restricted funds £	2025 Total £	(restated) 2024 Total £
Direct expenditure	16,448	92,580	109,028	112,891
Support costs	8,232	2,532	10,764	8,117
Depreciation and amortisation	19,255	2,500	21,755	30,151
	<u>43,935</u>	<u>97,612</u>	<u>141,547</u>	<u>151,159</u>

4. Governance costs

	Unrestricted funds £	2025 Total £	(restated) 2024 Total £
Professional - Accountancy fees	2,333	2,333	1,680
	<u>2,333</u>	<u>2,333</u>	<u>1,680</u>

5. Net outgoing resources for the year

	2025 £	(restated) 2024 £
Net outgoing resources is stated after charging:		
Depreciation and other amounts written off tangible fixed assets	<u>21,755</u>	<u>30,151</u>

Havelock Family Centre
(A company limited by guarantee)

Notes to the financial statements

For the year ended 31 March 2025

6. Employees

	2025	(restated) 2024
Employment costs	£	£
Wages and salaries	62,825	61,852
Social security costs	1,233	973
Pension costs	3,052	3,052
	<u>67,110</u>	<u>65,877</u>

No employee received emoluments of more than £60,000 (2024 : None).

Number of employees

The average monthly numbers of employees (including the trustees) during the year, calculated on the basis of full time equivalents, was as follows:

	2025	(restated) 2024
	Number	Number
Number of employee	<u>2</u>	<u>2</u>

7. Trustees' Remuneration and Benefits

The trustees received no remunerations or other benefits during the year (2024: Nil).

No trustees received payment for professional or other services supplied to the charity.

The trustees were able to use services used generally by beneficiaries and members of the charity.

Trustees' expenses

No trustees received reimbursements of expenses during the year (2024: Nil).

8. Pension costs

The company operates a defined contribution pension scheme in respect of the staff pension. The scheme and its assets are held by independent managers. The pension charge represents contributions due from the company and was as follows:

	2025	2024
	£	£
Pension charge	<u>3,052</u>	<u>3,052</u>

Havelock Family Centre
(A company limited by guarantee)

Notes to the financial statements

For the year ended 31 March 2025

9. Taxation

The charity's activities fall within the exemptions afforded by the provisions of the Section 478 of the Corporation Tax Act 2010. Accordingly, there is no taxation charge in these accounts.

10. Prior year adjustment

During the year, the charity has restated the accounts for the previous years, when it came to their notice that the accounts were not properly classified. The trustees request the independent examiner to revise the accounts for the years. This change has been applied retrospectively.

	2025	2024
	£	£
Original provision opening balance	30,000	30,000
Less: adjustments to correct		
Unrestricted designated funds	(30,000)	-
	<u>-</u>	<u>30,000</u>

11. Tangible fixed assets

	Land and buildings freehold £	Fixtures, fittings and equipment £	(restated) Total £
Cost			
At 1 April 2024 and			
At 31 March 2025	672,513	31,294	703,807
Depreciation			
At 1 April 2024	210,384	23,794	234,178
Charge for the year	19,255	2,500	21,755
At 31 March 2025	229,639	26,294	255,933
Net book values			
At 31 March 2025	442,874	5,000	447,874
At 31 March 2024	462,129	7,500	469,629

Land and Building are held for charity use and includes all costs that are directly related to bringing the asset into respective working conditions. The functional fixed asset has been acquired by grant.

Havelock Family Centre
(A company limited by guarantee)

Notes to the financial statements

For the year ended 31 March 2025

12. Creditors: amounts falling due within one year	2025	(restated) 2024
	£	£
Other taxes and social security	1,656	-
Accruals and deferred income	4,110	3,989
	<u>5,766</u>	<u>3,989</u>

13. Provisions for liabilities

	Other provisions	(restated) Total
At 1 April 2024	(30,000)	(30,000)
Prior year adjustment	30,000	30,000
At 31 March 2025	<u>-</u>	<u>-</u>

14. Analysis of net assets between funds

	Unrestricted funds	Restricted funds	(restated) Total funds
	£	£	£
Fund balances at 31 March 2025 as represented by:			
Current assets	55,884	663,556	719,440
	<u>55,884</u>	<u>663,556</u>	<u>719,440</u>

15. Unrestricted funds	(restated) At 1 April 2024 £	Incoming resources £	Outgoing resources £	At 31 March 2025 £
Unrestricted Funds	<u>81,870</u>	<u>20,282</u>	<u>(46,268)</u>	<u>55,884</u>

Havelock Family Centre
(A company limited by guarantee)

Notes to the financial statements

For the year ended 31 March 2025

16. Restricted funds	<i>(restated)</i>			
	At 1 April 2024 £	Incoming resources £	Outgoing resources £	At 31 March 2025 £
Restricted funds	672,513	88,656	(97,613)	663,556

17. Related party transactions

There were no related party transactions.

18. Company limited by guarantee

Havelock Family Centre is a company limited by guarantee and accordingly does not have a share capital.

Every member of the company undertakes to contribute such amount as may be required not exceeding £1 to the assets of the charitable company in the event of its being wound up while he or she is a member, or within one year after he or she ceases to be a member.

Havelock Family Centre
(A company limited by guarantee)

Detailed statement of financial activities

For the year ended 31 March 2025

	2025		(restated) 2024	
	£	£	£	£
Incoming resources				
Incoming resources from generating funds:				
LBE Advice		29,249		36,112
LBE Community Connection		14,500		14,500
Tudor Trust		42,000		40,000
NACCC		2,500		2,500
LCF Vanquis Funding		-		10,000
Membership		240		-
Voluntary Contributions		16,207		30,904
Referrals		660		6,895
DBS		3,582		3,806
		<u>108,938</u>		<u>144,717</u>
Total incoming resources from generating funds		<u>108,938</u>		<u>144,717</u>
Total incoming resources		<u><u>108,938</u></u>		<u><u>144,717</u></u>

Havelock Family Centre
(A company limited by guarantee)

Detailed statement of financial activities

For the year ended 31 March 2025

	2025 £	2024 £
Charitable activities		
<i>Direct expenditure</i>		
Wages & salaries	62,825	61,852
Employer's NIC	1,233	973
Staff costs - Pension costs	3,052	3,052
Printing, postage and stationery	2,222	424
Travel expenses	916	128
Project cost	2,296	7,319
Sessional Staff	28,322	39,143
Advertisement	510	-
Staff & Volunteer DBS	366	-
DBS Services	2,095	-
Refreshments/Sundries	1,117	-
Training	2,591	-
Volunteer costs	1,483	-
	<u>109,028</u>	<u>112,891</u>
<i>Support costs</i>		
Rates & water	613	119
Light & heat	1,804	1,189
Repairs & maintenance	2,415	2,851
Insurance	1,218	1,168
Cleaning	858	1,021
Telephone	1,554	709
General expenses	296	760
Subscriptions	1,656	300
Other Charges	350	-
	<u>10,764</u>	<u>8,117</u>
<i>Depreciation and amortisation</i>		
Amortisation & impairment	19,255	27,651
Fixtures, fitting and equipment Depreciation	2,500	2,500
	<u>21,755</u>	<u>30,151</u>
Total charitable activity expenditure	<u>141,547</u>	<u>151,159</u>
Governance costs		
Professional - Accountancy fees	2,333	1,680
	<u>2,333</u>	<u>1,680</u>
Total governance costs	<u>2,333</u>	<u>1,680</u>
Net incoming/(outgoing) resources for the year	<u>(34,942)</u>	<u>(8,122)</u>

Accounts

Charity number: 1119136
Company number: 05914932

Havelock Family Centre
(A company limited by guarantee)
Trustees' report and financial statements
For the year ended 31 March 2024

Havelock Family Centre
(A company limited by guarantee)

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For the year ended 31 March 2024

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Havelock Family Centre
(A company limited by guarantee)

Legal and administrative information

For the year ended 31 March 2024

Charity number	1119136
Company registration number	05914932
Registered office / Business address	Aleka House 10B Havelock Road Southall Middlesex UB2 4PD
Trustees (directors)	Mahmooda Khan Dr Radhakrishna Pillai Ramesh Kukar Swaran Singh Kang
Secretary	Mahamooda Khan
Independent examiner	Arvind Joshi, FCA, CTA, DCHA Levy + Partners Limited Chartered Accountants 7-8 Ritz Parade Western Avenue London W5 3RA
Bankers	Co-op Bank Plc Business Direct P O Box 250 Skelmersdale WN86WT

Havelock Family Centre
(A company limited by guarantee)

Report of the trustees (incorporating the directors' report)

For the year ended 31 March 2024

The trustees, who are also directors of the charity for the purpose of the Companies Act 2006, present their report with financial statements of the Havelock Family Centre for the year ending 31 March 2024. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) FRS102, effective from 1 January 2015.

The financial statements comply with the requirements of section 4 of the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities. The trustees are committed to ensuring transparency and accountability in all aspects of the charity's operations.

Structure, governance and management

Havelock Family Centre (HFC) is a charitable company, incorporated on 23 August 2006 and re-registered as a charity in May 2007. The charity operates under its Memorandum and Articles of Association. In the event of the charity being wound up, members are obligated to contribute an amount not exceeding £20.

Recruitment, Appointment and Induction

The company directors also serve as trustees of the charity in accordance with charity law. As outlined in the charity's governing document, trustees are elected annually. The board of trustees is responsible for the organisation's strategic direction, policy-making, and financial oversight. Trustees meet quarterly, or more frequently as required.

Objectives and Activities

The principal charitable objectives of HFC are to:

- Promote charitable purposes for the benefit of the inhabitants of the London Borough of Ealing and surrounding areas, particularly parents and children.
- Relieve poverty, sickness, and distress.
- Preserve and protect health.
- Advance the education of inhabitants.
- Cooperate in providing facilities in the interests of social welfare to improve the quality of life for residents.

These objectives are achieved through professional support services, preventative work, crisis intervention, and exploring new ways of working to support disadvantaged families.

Risk Management

The Board of Trustees has assessed the charity's strategic, business, and operational risks. Appropriate operational, legal, and financial systems are in place, enabling regular reporting and risk mitigation.

Havelock Family Centre
(A company limited by guarantee)

Report of the trustees (incorporating the directors' report)

For the year ended 31 March 2024

Achievements and performance

In 2023/24, the Board of Trustees continued to oversee operations, ensuring:

- Compliance with Charity Commission guidance to fulfil charitable purposes for public benefit, with training for board members, staff, and volunteers.
- Financial management systems with proper controls.
- Appointment of Levy & Partners Ltd as Chartered Accountants to advise on best practices and Charity Commission regulations.
- Regular review of management policies, including financial record-keeping and GDPR compliance.
- Development of terms and conditions for external organisations using the premises.
- Compliance with health and safety regulations for the upkeep of the building and equipment.

The activities during 2023-2024 were shaped by emerging trends. Below is an overview of key projects and their outcomes.

1. Advice Service Trends and Key Issues Identified Over the Year

Havelock Family Centre (HFC) played a vital role in providing advice services as part of the Ealing Advice Service (EAS) consortium, which included various partners such as Nucleus, Age UK Ealing, DeafPlus, HFEH Mind, Family Action, Anchor Foundation, and the Centre for Armenian Information & Advice (CAIA). Southall emerged as the area with the highest concentration of EAS users, particularly non-English speaking residents from the Middle East, Afghanistan, India, and Pakistan. This demographic shift led to a heightened demand for Welfare Benefits support to assist these communities effectively.

Throughout the year, disability benefits, particularly Disability Living Allowance (DLA) and Attendance Allowance (AA), became the most prominent welfare issue, largely due to increased public awareness from recent media campaigns. Conversely, enquiries regarding Personal Independence Payment (PIP) saw a decline. The Department for Work and Pensions worked to address the PIP backlog from the pandemic, granting current recipients a one-year extension before mandatory face-to-face assessments, which offered temporary relief to clients facing financial hardship.

Our Centre faced recurring challenges as clients often struggled to submit the necessary supporting documents for council benefits, resulting in delays or cancellations of their claims. These difficulties were compounded by issues with navigating government digital portals and inflexible deadlines. Additionally, we noted an increase in undocumented clients seeking assistance, with limited capacity to help them due to their immigration status. Newer residents expressed disappointment upon learning that, after living in the UK for fewer than six years, they had not accrued enough qualifying years for a full State Pension, highlighting the cultural significance of financial independence and retirement planning among immigrants.

Havelock Family Centre
(A company limited by guarantee)

Report of the trustees (incorporating the directors' report)

For the year ended 31 March 2024

Financial Impact and Outcomes

Between April 2023 and March 2024, our Centre achieved a financial increase of £871,754, representing a rise of £73,282 from the previous year, excluding pending outcomes. We assisted older and disabled clients with concessionary travel passes valued at £30,552, facilitated 49 disabled parking badges, 12 taxi cards, and Dial-a-Ride services, significantly enhancing access to essential services. Additionally, we supported older residents in applying for online parking permits, with three securing disabled parking bay permits in newly introduced Controlled Parking Zones.

A survey of 145 clients showed positive outcomes: 50% saw an increase in benefits, 91% reported improved circumstances, 92% experienced reduced stress, and 72% gained confidence in communicating with professionals. While language barriers and digital skills remain challenges, the feedback underscores areas where we can support clients' independence with online forms and written applications.

The year highlighted growing complexities faced by our diverse clients, especially with financial pressures, housing issues, and digital literacy gaps, particularly affecting low-income families and asylum seekers. Our services had a substantial financial impact, improving access to essential resources for older and disabled clients.

The EAS consortia faced high demand, often with up to 100 clients awaiting appointments. To prevent benefit disruptions, clients were advised to request deadline extensions. Despite high case volumes, client feedback remained positive, reflecting satisfaction with our professionalism and service. In September 2023, the Ealing Advice Service consortium was honoured with the 'Charity Partnership' award at the Ealing Community Network awards ceremony, recognizing the collaboration between partner charities.

2. Family Support Services

Child Contact/ Family Support

This year, our intensive one-on-one family support programme continued to assist separated families in rebuilding relationships with their children. However, there was a decline in the number of families receiving support, with 20 families and 29 children benefiting from the service, compared to a higher level of demand. Unresolved disputes between separating parents have contributed to this decrease.

Many resident parents opted to settle matters through the courts, a process that prolongs separation between children and their non-resident parent. Financial barriers to legal support further delayed contact re-establishment, limiting the number of families able to benefit from our services. Despite fewer families being assisted, the service remained critical for those who engaged, helping to rebuild strained parent-child relationships. The decline in participation underscores the ongoing challenges families face, especially financial barriers and court delays.

Whilst our service continues to offer crucial support to families facing separation, but court delays and financial difficulties remain obstacles to bringing families back together more quickly.

Havelock Family Centre
(A company limited by guarantee)

Report of the trustees (incorporating the directors' report)

For the year ended 31 March 2024

Kindness Shop Initiative-Families in Hardship

In celebration of World Kindness Day on 13th November 2023, we organized a Kindness Shop event to support children and families facing financial hardship. The event focused on donating toys and clothes, offering families the chance to provide new gifts for their children during the Christmas season. The initiative was well received, with over 35 families and 50 children benefiting from the donations.

Children gave positive feedback on the event, where they wrote thank you notes and shared how they would show kindness, highlighting the value of generosity and gratitude within the community. The Kindness Shop also made a significant impact on families in poverty, providing new toys and clothes during a time of financial strain. It offered both practical support and emotional uplift, with the event fostering community engagement and underscoring the importance of collective acts of kindness in improving the wellbeing of families in need.

3. Health and Wellbeing Initiatives

Exercise Sessions

Our twice-weekly exercise sessions have continued to grow in popularity, with 153 participants throughout the year and an average of 30-36 attendees per session. Due to increased demand, we introduced two sessions per day to accommodate more participants. The sessions offer both yoga mat and chair exercises, allowing individuals to choose based on their physical health and abilities.

Feedback gathered from regular participants highlights the success of these sessions, with 95% reporting improvements in their physical and mental health. These sessions have also fostered strong peer support networks, with many participants continuing to offer each other assistance beyond the Centre, enhancing both community and individual well-being.

Cancer Awareness Sessions

In our efforts to promote early diagnosis and improve cancer survival rates, we conducted cancer awareness sessions that benefited 60 women. These interactive workshops focused on risk factors, causes, early symptom identification, and self-checks. Feedback indicated that all attendees gained valuable insights, increasing their understanding of cancer prevention and the importance of early detection. Many participants shared personal stories about the emotional toll of supporting family members affected by cancer, emphasizing the need for more emotional and practical support. As a result, a coffee morning was proposed to provide a space for participants to share experiences and develop peer support systems.

NHS Cardiac Rehabilitation Patient Assessments

Health statistics show that Southall residents are 65% more likely to suffer from heart and circulatory diseases compared to the rest of the borough. This includes 1,600 individuals diagnosed with atrial fibrillation, 4,800 with coronary heart disease, 24,000 with high blood pressure, and 1,700 stroke survivors.

In response, the Cardiac Rehabilitation Service, commissioned by Ealing CCG, now conducts weekly patient assessments at our premises. This initiative not only provides greater convenience for the local community but also supports our organization by making effective use of our available spaces.

Feedback from attendees has been extremely positive, emphasizing the convenience and accessibility of the localized service, which significantly reduces stress for patients. This service plays a crucial role in enhancing the health outcomes of Southall residents and aligns with our mission to deliver essential health and wellbeing services to the community.

Havelock Family Centre
(A company limited by guarantee)

Report of the trustees (incorporating the directors' report)

For the year ended 31 March 2024

4. Community Engagement and Wellbeing Initiatives

As part of the Southall Connect project, we focused on engaging hard-to-reach residents through various activities to reduce social isolation and promote community involvement.

Multi-Cultural Events

Throughout the year, we hosted multicultural celebrations for Diwali, Vaisakhi, Eid, and Christmas, which united people and supported the revival of traditional cultures while enhancing community connections and social values. Additionally, users collectively planned two social events for Women's International Day and Mother's Day, featuring home-cooked food and highlighting the nurturing role of women in the community, further strengthening connections among service users.

Knit & Natter Project

Our weekly 2-hour Knit & Natter sessions have become one of the most popular initiatives, particularly for socially isolated women. The group has registered 69 women, with an average of 16-18 participants attending each session. Women of varying skill levels mentor newcomers, fostering an inclusive and supportive environment. Participants often bring in home-cooked food to share, creating a warm, communal atmosphere.

In December 2023, group members completed a charitable knitting project they had initiated six months earlier, donating 100 scarves and hats to vulnerable adults experiencing homelessness and mental health challenges. This long-term effort underscores the powerful impact of community-driven initiatives in addressing critical social issues. By dedicating months to crafting these handmade items, the group provided not only warmth and comfort during the harsh winter months but also a message of care and solidarity. Such initiatives demonstrate how sustained, grassroots efforts can foster a sense of connection and inspire others to become involved, ultimately improving the well-being of marginalized populations.

Impact

These initiatives have significantly strengthened community bonds, fostered cultural exchange, and provided practical support to those in need. Both the multicultural events and the Knit & Natter project have enhanced social wellbeing, promoted inclusivity, and addressed social isolation, making a tangible difference to both participants and the wider community.

5. Adult Learning and Skills Development

ESOL Classes

This year, 32 women were registered for our English for Speakers of Other Languages (ESOL) classes, which are held twice weekly for 2 hours. The classes primarily cater to women from Afghan and Indian communities, many of whom have newly arrived and have had limited access to educational opportunities in the past. Participants are divided into two groups based on their skill levels, ranging from beginners to Level 1, ensuring a more tailored and effective learning environment.

The ESOL classes have not only improved language proficiency but have also empowered participants by enhancing their confidence and enabling better integration into the local community. The structured classes provide participants with the foundational English skills necessary for everyday communication, fostering greater independence and community engagement.

Havelock Family Centre
(A company limited by guarantee)

Report of the trustees (incorporating the directors' report)

For the year ended 31 March 2024

Beginners' IT Classes

Thanks to a successful funding bid, we purchased 10 new laptops to deliver basic IT classes for beginners. This personal development course is designed to teach participants essential computer skills, such as navigating the internet, typing simple documents, and completing online forms.

To date, 20 learners have completed the 2hr, twice weekly workshops over 12-week intensive course, gaining practical knowledge of computer hardware, software, and essential digital tools like Microsoft Word. To aid in learning, the course materials were provided in the learners' native languages, introducing important technical vocabulary. By the end of the programme, participants were able to type documents listing their goals and save them, representing significant progress in digital literacy. Each session fostered a sense of achievement, equipping individuals with the foundational skills necessary to navigate the digital world.

Financial Literacy-Money Sense Project

In 2023, we delivered 20 Financial Literacy workshops tailored for individuals with mental health challenges. Aimed at addressing the unique financial vulnerabilities faced by this group, the programme offered workshops, one-on-one mentoring, and digital resources. With 72 participants aged 25-60, the programme achieved an 87% completion rate, significantly enhancing financial stability and reducing financial stress for the majority.

Post-training surveys revealed that 78% of participants experienced improved budgeting, debt management, and savings abilities, directly reducing financial stress, a common trigger for mental health issues. For example, Ms X, a participant with schizophrenia, learned to set up automated payments and track expenses, which reduced her anxiety and improved her overall mental health. Similarly, Mr Y, who has bipolar disorder who is a shopaholic, learnt ways of reducing avoidable debt and felt more empowered and capable of handling his finances independently after the training.

Participants also reported enhanced confidence and self-efficacy, with 65% feeling more capable of making informed financial decisions. Mrs R, a single mother with 5 children, dealing with anxiety, learned to prioritize expenses and create a savings plan, significantly reducing her anxiety symptoms. Additionally, 85% of participants experienced a reduction in financial stress, contributing to better mental health outcomes.

Looking ahead, we plan to expand the programme in 2024 to reach more individuals with mental health challenges and introduce specialized modules on housing affordability, debt management, and digital banking security. The success of this initiative, supported by collaborations with financial institutions, mental health professionals, and community organizations, underscores our commitment to improving the lives of vulnerable individuals through financial empowerment.

Impact

The adult learning programmes have been vital in helping individuals gain new skills, build confidence, and enhance their well-being. ESOL classes helped integrate non-native speakers into the community, while IT classes provided foundational digital skills to previously untrained individuals. The financial literacy sessions addressed financial stress and helped improve participants' financial management.

Concluding Summary

Overall, the Centre has seen increased participation across all activities, largely through word-of-mouth recommendations. Feedback has been overwhelmingly positive, with 96% of surveyed beneficiaries reporting that the support they received improved their overall well-being. Key themes that emerged from feedback include:

- A warm and welcoming atmosphere that encourages open discussion and self-help.
- Activities tailored to the needs of participants, providing motivation to engage socially.

Havelock Family Centre
(A company limited by guarantee)

Report of the trustees (incorporating the directors' report)

For the year ended 31 March 2024

- Supportive staff and volunteers who offer proactive assistance and advice.
- Opportunities to build social connections and peer support networks.

These programmes have not only enhanced participants' skills but have also strengthened community bonds, enabling individuals to reconnect with others and develop lasting support systems.

6. Disclosure & Barring Service

HFC continues to serve as a Registered Body with the Disclosure and Barring Service, completing 130 criminal record checks during the year. Although this represents a reduction from the previous year, it highlights an opportunity to increase awareness among voluntary organizations about the importance of thorough due diligence in their recruitment practices. By enhancing this understanding, we can further support safer and more responsible hiring processes across the sector.

Volunteering

Our volunteers are truly invaluable, dedicating their time and skills to support the Centre's diverse projects. We deeply appreciate their contributions, as their efforts are essential to the success of our mission and the positive impact we make in the community.

Key Priorities for 2023-2024

In the year ahead, the Centre will continue to provide targeted support in the following areas:

- Advice: Enhancing access to welfare benefits and debt advice, aiming to secure additional resources for low-income families and meet the increasing demand for these services.
- Family Breakdown: Offering parenting skills programmes to encourage cooperative parenting, reduce children's exposure to conflict, and increase the number of self-referrals from families struggling to afford legal representation.
- Digital Skills: Providing essential digital skills training, including creating emails, setting passwords, managing online accounts, and using government portals, with opportunities for progression to self-directed learning.
- Debt: Providing financial capability training programmes to help individuals manage their finances more effectively, prioritize spending, and navigate the challenges posed by the rising cost of living. With recent government changes affecting benefits and household budgets, we will also offer one-on-one crisis support to address immediate financial concerns and reduce economic hardship.
- Health & Wellbeing: Organize community health talks, workshops, and seminars focused on specific critical illnesses such as cancer, heart disease, stroke, and diabetes.
- Social inclusion: Promoting social inclusion is critical to preventing isolation, especially for vulnerable groups such as the elderly, individuals with disabilities, marginalized communities, and people experiencing economic hardship.

Financial Review

The Board of Trustees has concluded that unrestricted reserves are required to balance current and future beneficiary needs, following Charity Commission guidance. The minimum level of reserves is based on a risk assessment, including:

Loss of key income sources.

- Unforeseen expenses.
- Failure to secure grants.
- Unexpected staff costs (e.g., redundancy or long-term sickness).
- Increased maintenance costs for compliance with health and safety regulations.

Havelock Family Centre
(A company limited by guarantee)

Report of the trustees (incorporating the directors' report)

For the year ended 31 March 2024

Premises Sinking Fund:

An amount of £30,000 has been allocated to a sinking fund for emergency or structural repairs.

Income and Expenditure

For the period ending 31 March 2024, the charity's income was £144,717, with expenditure of £152,839. The charity holds a six-month reserve of £51,000.

The reserves policy is reviewed annually to ensure it remains appropriate to identified risks.

On behalf of the board



Mahmooda Khan

Trustee

18 November 2024

Havelock Family Centre
(A company limited by guarantee)

Independent examiner's report to the trustees of Havelock Family Centre.

I report to the charity trustees on my examination of the accounts of Havelock Family Centre (a company limited by guarantee) for the year ended 31 March 2024, as set out on pages 2 to 20.

Responsibilities and basis of report

As the charity's trustees of the Company (who are also the directors of the company for the purposes of company law), you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

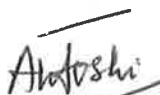
Having satisfied myself that the accounts of the Company are not required to be audited for this year under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out my examination, I have followed the Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act).

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention which gives me cause to believe that:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
- the accounts do not accord with such records; or
- the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the Charities SORP (FRS102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Arvind Joshi, FCA, CTA, DCHA

Independent examiner

Levy + Partners Limited
Chartered Accountants
86/88 South Ealing Road
Western Avenue
London W5 3RA

Date: 18 November 2024

Havelock Family Centre
(A company limited by guarantee)

Statement of financial activities (incorporating the income and expenditure account)

For the year ended 31 March 2024

	Notes	Unrestricted funds £	Restricted funds £	2024 Total £	2023 Total £
Incoming resources					
Incoming resources from generating funds:					
Voluntary income	2	41,605	103,112	144,717	95,002
Grant received from Ealing Council					
Total incoming resources		<u>41,605</u>	<u>103,112</u>	<u>144,717</u>	<u>95,002</u>
Resources expended					
Charitable activities	3	49,727	103,112	152,839	146,017
Total resources expended		<u>49,727</u>	<u>103,112</u>	<u>152,839</u>	<u>146,017</u>
Net movement in funds		(8,122)	-	(8,122)	(51,015)
Total funds brought forward		<u>59,993</u>	<u>672,513</u>	<u>732,506</u>	<u>783,521</u>
Total funds carried forward		<u>51,871</u>	<u>672,513</u>	<u>724,384</u>	<u>732,506</u>

The notes on pages 14 to 20 form an integral part of these financial statements.

Havelock Family Centre
(A company limited by guarantee)

Balance sheet

As at 31 March 2024

	Notes	2024	2023
		£	£
Fixed assets			
Tangible assets	9	469,629	489,780
Current assets			
Cash at bank and in hand		288,743	269,179
		<u>288,743</u>	<u>269,179</u>
Creditors: amounts falling due within one year	10	(3,989)	3,547
Net current assets		<u>284,754</u>	<u>272,726</u>
Total assets less current liabilities		754,383	762,506
Provisions for liabilities	11	(30,000)	(30,000)
Net assets		<u>724,383</u>	<u>732,506</u>
Funds	12		
Restricted income funds:			
Restricted income funds		672,513	672,513
Unrestricted income funds:			
Designated funds		-	-
Unrestricted income funds		51,870	59,993
Total funds		<u>724,383</u>	<u>732,506</u>

The Balance Sheet continues on the following page.

The notes on pages 14 to 20 form an integral part of these financial statements.

Havelock Family Centre
(A company limited by guarantee)

Balance sheet (continued)

Trustees statements required by the Companies Act 2006
For the year ended 31 March 2024

In approving these financial statements as trustees of the company we hereby confirm:

(a) that for the year stated above the company was entitled to the exemption conferred by section 477 of the Companies Act 2006 ;

(b) that no notice has been deposited at the registered office of the company pursuant to section 476 of the Companies Act 2006 requesting that an audit be conducted for the year ended 31 March 2024.

(c) that we acknowledge our responsibilities for:

(1) ensuring that the company keeps proper accounting records which comply with section 386 of the Companies Act 2006, and

(2) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the year then ended in accordance with the requirements of sections 394 and 395, and which otherwise comply with the provisions of the Companies Act relating to financial statements, so far as applicable to the company.

These financial statements are prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the board on 18 November 2024 and signed on its behalf by

M. Khan

Mahmooda Khan
Trustee

The notes on pages 14 to 20 form an integral part of these financial statements.

Havelock Family Centre
(A company limited by guarantee)

Notes to the financial statements

For the year ended 31 March 2024

1. Accounting policies

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year and the preceding year.

1.1. Basis of accounting

The accounts have been prepared in accordance with FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102"). "Accounting and Reporting by Charities" the statement of Recommended Practice for Charities applying FRS 102, the Charities Act 2011 and UK Generally Accepted Accounting Practice as it applies from 1 January 2015. The charity is a Public Benefit Entity as defined by FRS 102.

1.2. Incoming resources

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

Voluntary income is received by way of grants, donations and gifts and is included in full in the statement of financial activities when receivable. Grants where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.

Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included.

Gifts donated for resale are included as incoming resources within activities for generating funds when they are sold.

Grants, including grants for the purchase of fixed assets, are recognised in full in the statement of financial activities in the year in which they are receivable.

1.3. Resources expended

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Costs of generating funds comprise the costs associated with attracting voluntary income and the costs of trading for fundraising purposes including the charity's shop.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

1.4. Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less accumulated depreciation. Depreciation is provided at rates calculated to write off the cost less residual value of each asset over its expected useful life, as follows:

Land and buildings	-	Straight line over 20 years -land not depreciated
Fixtures, fittings and equipment	-	25% straight line

Havelock Family Centre
(A company limited by guarantee)

Notes to the financial statements

For the year ended 31 March 2024

1.5. Defined contribution pension schemes

The pension costs charged in the financial statements represent the contribution payable by the charity during the year.

1.6. Going concern

The financial statements have been prepared on the assumption that the charity is able to carry on business as a going concern, which the trustees consider appropriate having regard to the circumstances.

2. Voluntary income

	Unrestricted funds £	Restricted funds £	2024 Total £	2023 Total £
London Borough of Ealing	-	36,112	36,112	28,376
LBE Community Connection	-	14,500	14,500	14,500
Tudor Trust	-	40,000	40,000	-
St Andrews CCC	-	-	-	5,000
NACCC	-	2,500	2,500	2,500
Award for All	-	10,000	10,000	10,000
Membership	-	-	-	380
Voluntary Contributions	30,904	-	30,904	33,261
Referrals	6,895	-	6,895	985
DBS	3,806	-	3,806	-
	<u>41,605</u>	<u>103,112</u>	<u>144,717</u>	<u>95,002</u>

Havelock Family Centre
(A company limited by guarantee)

Notes to the financial statements

For the year ended 31 March 2024

3. Governance costs

	Unrestricted funds £	Restricted funds £	2024 Total £	2023 Total £
Wages & salaries	11,387	50,465	61,852	58,953
Employer's NIC	-	973	973	-
Staff costs - Pension costs	-	3,052	3,052	2,925
Rates & water	19	100	119	330
Light & heat	289	900	1,189	2,002
Repairs & maintenance	2,351	500	2,851	5,528
Insurance	168	1,000	1,168	1,112
Cleaning	322	699	1,021	-
Printing, postage and stationery	424	-	424	324
Travel expenses	128	-	128	54
Professional - Accountancy fees	216	1,464	1,680	1,644
Professional - Financial advice	-	7,319	7,319	-
Sessional Staff	3,416	35,727	39,143	46,822
Telephone	59	650	709	935
General expenses	497	263	760	1,864
Interest - Other loans	-	-	-	20
Subscriptions	300	-	300	284
Amortisation & impairment	27,651	-	27,651	22,651
Fixtures, fitting and equipment Depreciation	2,500	-	2,500	569
	<u>49,727</u>	<u>103,112</u>	<u>152,839</u>	<u>146,017</u>

4. Net outgoing resources for the year

	2024 £	2023 £
Net outgoing resources is stated after charging:		
Depreciation and other amounts written off tangible fixed assets	<u>30,151</u>	<u>23,220</u>

Havelock Family Centre
(A company limited by guarantee)

Notes to the financial statements

For the year ended 31 March 2024

5. Employees

Employment costs	2024	2023
	£	£
Wages and salaries	61,852	58,953
Social security costs	973	-
Pension costs	3,052	2,925
	<u>65,877</u>	<u>61,878</u>

No employee received emoluments of more than £60,000 (2023 : None).

Number of employees

The average monthly numbers of employees (including the trustees) during the year, calculated on the basis of full time equivalents, was as follows:

	2024	2023
	Number	Number
Number of employee	<u>2</u>	<u>3</u>

6. Trustees' Remuneration and Benefits

The trustees received no remunerations or other benefits during the year (2023: Nil).

No trustees received payment for professional or other services supplied to the charity.

The trustees were able to use services used generally by beneficiaries and members of the charity.

Trustees' expenses

No trustees received reimbursements of expenses during the year (2023: Nil).

7. Pension costs

The company operates a defined contribution pension scheme in respect of the staff pension. The scheme and its assets are held by independent managers. The pension charge represents contributions due from the company and was as follows:

	2024	2023
	£	£
Pension charge	<u>3,052</u>	<u>2,925</u>

Havelock Family Centre
(A company limited by guarantee)

Notes to the financial statements

For the year ended 31 March 2024

8. Taxation

The charity's activities fall within the exemptions afforded by the provisions of the Section 478 of the Corporation Tax Act 2010. Accordingly, there is no taxation charge in these accounts.

9. Tangible fixed assets	Land and buildings freehold	Fixtures, fittings and equipment	Total
	£	£	£
Cost			
At 1 April 2023	672,513	21,294	693,807
Additions	-	10,000	10,000
At 31 March 2024	672,513	31,294	703,807
Depreciation			
At 1 April 2023	182,733	21,294	204,027
Charge for the year	27,651	2,500	30,151
At 31 March 2024	210,384	23,794	234,178
Net book values			
At 31 March 2024	462,129	7,500	469,629
At 31 March 2023	489,780	-	489,780

Land and Building are held for charity use and includes all costs that are directly related to bringing the asset into respective working conditions. The functional fixed asset has been acquired by grant.

10. Creditors: amounts falling due within one year

	2024	2023
	£	£
Accruals and deferred income	3,989	(3,547)

Havelock Family Centre
(A company limited by guarantee)

Notes to the financial statements

For the year ended 31 March 2024

11. Provisions for liabilities

	Other provisions £
At 1 April 2023	<u>(30,000)</u>

12. Analysis of net assets between funds

	Unrestricted funds £	Restricted funds £	Total funds £
Fund balances at 31 March 2024 as represented by:			
Investment assets	-	672,513	672,513
Current assets	<u>51,870</u>	<u>-</u>	<u>51,870</u>
	<u>51,870</u>	<u>672,513</u>	<u>724,383</u>

13. Unrestricted funds

	At 1 April 2023 £	Incoming resources £	Outgoing resources £	At 31 March 2024 £
Unrestricted Funds	<u>59,993</u>	<u>41,605</u>	<u>(49,727)</u>	<u>51,871</u>

14. Restricted funds

	At 1 April 2023 £	Incoming resources £	Outgoing resources £	At 31 March 2024 £
Restricted funds	<u>672,513</u>	<u>103,112</u>	<u>(103,112)</u>	<u>672,513</u>

Havelock Family Centre
(A company limited by guarantee)

Notes to the financial statements

For the year ended 31 March 2024

15. Designated funds

	At 1 April 2023 £	Outgoing resources £	At 31 March 2024 £
Designated funds	<u>215,808</u>	<u>(215,808)</u>	<u>-</u>

16. Related party transactions

There were no related party transactions.

17. Company limited by guarantee

Havelock Family Centre is a company limited by guarantee and accordingly does not have a share capital.

Every member of the company undertakes to contribute such amount as may be required not exceeding £1 to the assets of the charitable company in the event of its being wound up while he or she is a member, or within one year after he or she ceases to be a member.

Accounts

Charity number: 1119136
Company number: 05914932

Havelock Family Centre
(A company limited by guarantee)

Trustees' report and financial statements

For the year ended 31 March 2023

Havelock Family Centre
(A company limited by guarantee)

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Havelock Family Centre
(A company limited by guarantee)

Legal and administrative information

For the year ended 31 March 2023

Charity number	1119136
Company registration number	05914932
Registered office / Business address	Aleka House 10B Havelock Road Southall Middlesex UB2 4PD
Trustees (directors)	Mahmooda Khan Dr Radhakrishna Pillai Ramesh Kukar Swaran Singh Kang
Secretary	Mahamooda Khan
Independent examiner	Arvind Joshi, FCA, CTA, DCHA Levy + Partners Limited Chartered Accountants 7-8 Ritz Parade Western Avenue London W5 3RA
Bankers	Co-op Bank Plc Business Direct P O Box 250 Skelmersdale WN86WT

Havelock Family Centre
(A company limited by guarantee)

Report of the trustees (incorporating the directors' report)

For the year ended 31 March 2023

The trustees, who are also directors of the charity for the purpose of the Companies Act 2006, present their report with financial statements of the Havelock Family Centre for the year ending 31 March 2023. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) FRS102) effective from 1 January 2015.

The financial statements comply with section 4 of the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities.

Structure, governance and management

Havelock Family Centre (HFC) is a charitable company incorporated on 23 August 2006 following which it was re-registered as a charity in May 2007. The Company was established and controlled under its governing document, the Memorandum and Articles of Association. In the event of the company being wound up, members are required to contribute an amount not exceeding £10.00.

Recruitment, Appointment and Induction

The company directors are also the trustees of the charity for the purposes of charity law. Under the Company's Memorandum and Article of Association, they are known as Company Directors and members of the management committee. Members are elected to serve for a year at a time.

The trustee board has overall responsible for strategic direction as well as policy-making and financial control. They meet every quarter and on ad hoc basis, when necessary.

Summary of Objectives

The principal charitable objects of HFC are "to promote any charitable purpose for the benefit of the inhabitants, and especially the parents and children, of the London Borough of Ealing and the surrounding areas; to relieve poverty, sickness and distress; preservation and protection of health; to advance the education of the inhabitant; to cooperate in a common effort to provide facilities in the interests of social welfare, with the object of improving the conditions of life for the said inhabitants."

These objectives are implemented through developing a range of professional support services through preventative work and crisis intervention with disadvantaged families through our core service provision and exploring potential new ways of working and developing projects.

Risks policy

The Board of Trustees have examined the organisation's strategic, business and operational risks, and confirm that adequate operational, legal, and financial systems are in place enabling regular reports to be produced so that necessary steps can be taken to minimise these risks.

Havelock Family Centre
(A company limited by guarantee)

Report of the trustees (incorporating the directors' report)

For the year ended 31 March 2023

Achievements and performance

The board of trustees during 2022/23 continued their operational role to ensure:

- The Centre's work complies with Charity Commission's guidance in meeting its charitable purposes for public benefit by training Board members, staff and volunteers.
- Financial management systems are in place with appropriate control mechanism.
- Appoint Levy & Partners Ltd Chartered Accountants to oversee and advise on best practice and Charity Commission Regulations.
- Trustees review the ongoing requirements and commitments at each quarterly meeting and our management policies, including financial record keeping systems are reviewed on a cyclical basis. In particular trustees ensured compliance with GDPR arrangements; data protection policy in line with consortium projects.
- Developing terms and conditions for use of premises by external organisations delivering additional services to the local community.
- Maintain upkeep of building/equipment in compliance with Health and Safety regulations.
- Our activities were developed on emerging trends identified for 2022-2023. This report aims to provide an overview of these projects and the outcomes of our work. Our reviews look at each of our key activities and the benefits they have brought to those groups of people we have set up to help.

Advice and Support

Advice work continues to be a core service given the economic deprivation felt by the majority of our service users. Our advice service is delivered as part of the Ealing Advice Service consortium, led by Ealing Mencap, providing generalist advice for residents of the London Borough of Ealing.

The consortia partners consist of Nucleus, Age UK Ealing, DeafPlus, Hammersmith, Fulham, Ealing and Hounslow Mind (HFEH Mind), Family Action, Anchor Foundation and Centre for Armenian Information & Advice (CAIA). Areas covered by accreditation vary depending on the partner but as a whole EAS covers all 'advice only', telephone advice as well as all casework areas (Disability, Housing, Welfare Benefits, and Social Care). Havelock Family Centre is accredited to deliver Welfare Benefits at casework level.

The Advice service is predominantly used by disadvantaged residents living in the London Borough of Ealing. Between April 2022-March 2023 clients originating from 92 different countries accessed the EAS service. During the same period, 49% of 5871 clients identified as having some form of disability, health issue or additional need, and 28 were confirmed rough sleepers. The demographic data showed that 14% of clients identified as 'White British' during the 3 months from October '22 to December '22 with the remainder identifying as being from BMER ethnicities or White originating from countries other than Britain.

The service recorded financial gains of £3,691,384 for the year 22-23 for Ealing residents with our organisation contributing an annual increase of £798,471 through direct assistance in welfare benefits claims, tribunal appeals and reduced debts. Feedback gathered from all clients benefitting from our advice showed that 98% were satisfied with the general performance of the service.

Havelock Family Centre
(A company limited by guarantee)

Report of the trustees (incorporating the directors' report)

For the year ended 31 March 2023

Child Contact

Child Contact services usually operate on low running costs and managed by experienced staffs who volunteer their time at weekends. Covid-19 significantly impacted many Contact Centres, resulting in some making the difficult decision to close after many years of serving vulnerable children and families. Our colleagues at St Andrews Family Contact Centre Ealing were one of few that closed their service in January 2023 after decades of dedication and commitment to the emotional well-being of children. We are extremely grateful for their donation of £5,000 and new toys which will contribute to the subsidised service we provide to the separated families that use our Centre.

During the year, an overall decrease in referrals from solicitors for child contact was observed despite an increase in self-referrals. In the absence of legal representatives, significant amounts of time was taken by screening referrals, liaising with the two parties to mutually compromise and agree with arrangements.

The numbers of families were lower in comparison to the previous year: 25 families and 55 children with almost 40% of inquiries received failed to reach an agreement. In most cases, financial hardship/cost of living prevented an absent parent from seeking legal representation to pursue contact when a resident parent fails to comply.

Family Support

Parenting support has a major influence on children's development and long-term life opportunities. To aid this process, our work with families is around improving parenting skills, support families struggling with financial hardship; reduce conflict between parents which can negatively impact child, integration of new arrival communities and access to vital services. During the year, we delivered weekly parenting workshops benefitting 62 mothers and supporting 25 couples to better co-parent through acknowledging, recognising each other's strengths and co-parenting achievements. Peer support through our volunteers is provided where parents need to access a service and feel less confident in liaising with official departments.

Money Sense Project-Financial Literacy

Money Wise project delivered 21 financial capability workshops to support 80 vulnerable clients experiencing difficulties in managing their finances and by providing skills to help them solve their own problems and avoid future debt. With growing demand in the number of people seeking benefits advice due to increase in living costs, the financial literacy workshops were delivered as an essential step in supporting people to take greater control of their lives through better self-management.

The workshops were specifically tailored to the needs of participants with mental health and/or learning barriers who are more likely to accumulate unsustainable debt burdens, either through poor spending decisions or a lack of long-term preparation. A two way process was adopted in recruiting people that would highly benefit from the programme; clients with debts accessing our advice service and those that were seeking to increase their knowledge and understanding of financial matters as demand for welfare benefit entitlement checks increased for those searching for additional financial support. The project worked closely with an in-house Advice Caseworker for specialist support with clients being assisted to increase their income in different ways, for example, through securing higher benefits entitlement, better money management, debt management and reduction in their energy bills.

The main benefit of financial literacy is that it empowers people to make smart financial decisions. It provides the knowledge and skills they need to manage money effectively-budgeting, saving, and borrowing for essentials through the Local Welfare Assistance and avoiding credit card debts. These small steps can help people on low income achieve financial stability, even if this is basic.

Participants reported significant impacts on their mental and physical health as a result of the stress and worry associated with their financial circumstances. 91% of parents in the survey 'agreed' or 'strongly agreed' that this had affected their mental well-being and 77% 'agreed' or 'strongly agreed' it had an impact on their physical wellbeing.

Havelock Family Centre
(A company limited by guarantee)

Report of the trustees (incorporating the directors' report)

For the year ended 31 March 2023

Southall Connect Project

As part of the Southall Connect project, we continued to focus on our hard to reach residents to participate in a variety of activities that reduce social isolation and improve community engagement

- Exercise: one of the most popular activities was the yoga and chair exercise sessions held twice weekly and attended by approximately 35-40 people. Many participants suffering from medical conditions such as arthritis reported improvement in arthritis pain; improved balance; muscle tone and strength which help reduce the risks of falls. Other participants showed visible signs of feeling more upbeat after a prolonged period of isolation during Covid-19.
- Knit & Natter: our weekly knitting, crocheting and sewing sessions offered informal peer support and befriending with experienced participants feeling empowered by mentoring the beginners and passing on generational skills. The therapeutic impact on participants' personal and social wellbeing was evident as women reported feeling calm with reduction in stress levels and a sense of achievement. The project is currently working on knitting scarves/hats for homeless people and blankets for premature babies.
- Multicultural events (Eid, Vaisakhi, Christmas and Diwali): these are celebrated to promote integration and create an inclusive society. Cultural events, sharing traditions and customs with others can help build stronger communities by bringing together people from diverse backgrounds to create a more inclusive and welcoming community

Disclosure & Barring Service

As a Registered Body with the Disclosure and Barring Service, the Centre continues to raise awareness and support employers in safer recruitment practices/ legal guidelines to in safeguarding of vulnerable children and adults. A total of 204 criminal record checks were carried out in the year.

Volunteering

Our volunteers contribute enormously in enabling us to fulfil our mission by contributing their time, providing diverse range of skills; language, knowledge of culture, befriending and peer support to vulnerable community residents. We are truly grateful for their contributions to the many outcomes achieved in various projects.

Key Priorities in 23-24

The year ahead, the Centre will continue to provide targeted support in the following:

- Advice: Improving take-up and delivering significant extra resources to low-income families and meet demand for welfare benefits and debt advice.
- Family breakdown: parenting skills to promote cooperative parenting to reduce children's exposure to conflict, increase take up of self-referrals for families finding it harder to seek legal representation;
- Digital skills: provide basic skills such as creating emails, passwords, online accounts, government portals, progressing to self-directed learning on Learn My Way;
- Debt: financial capability training programmes to help people better manage their finances; prioritise expenditure and 1:1 crisis support to reduce economic hardship.

Havelock Family Centre
(A company limited by guarantee)

Report of the trustees (incorporating the directors' report)

For the year ended 31 March 2023

Financial Review

The Board of Trustees has concluded that unrestricted reserves, in line with the Charity Commission guidance, are required to balance the needs of current and future beneficiaries of the charity. As currently, the main sources of income include grants from the London Borough of Ealing with consortium partners and charitable trusts, the trustees consider important to hold unrestricted reserves in order to protect the charity against the following risks:

- Losing a key income source.
- Unforeseen expenditure that may arise that is beyond the organization's control, and cannot be met from existing income.
- Failure to raise sufficient income from grants.
- Unexpected staff costs arising from redundancy, maternity and long-term sickness, and to enable the organization to be able to continue to provide its services by engaging temporary staff.
- Increased maintenance costs in compliance with health and safety of premises

Transfer between funds:

The funds for the purchase of the freehold property and restricted capital funding (£554,514) for the major development of the building were previously shown as unrestricted funds which have now been correctly re-allocated.

Premises Sinking Fund:

The amount of £30,000 capital funding has been allocated to the Premises Sinking Fund, set aside for maintenance/emergency or structural repairs.

Income for the period ending 31 March 2023 was £95,002 and expenditure £146,017. The charity holds a 6-month reserve of £60,000.

The reserves policy will be reviewed annually to ensure it remains appropriate to risks identified by Trustees.

On behalf of the board

M. Khan

Mahmooda Khan
Trustee
8 December 2023

Havelock Family Centre
(A company limited by guarantee)

Independent examiner's report to the trustees of Havelock Family Centre.

I report to the charity trustees on my examination of the accounts of Havelock Family Centre (a company limited by guarantee) for the year ended 31 March 2023, as set out on pages 2 to 17.

Responsibilities and basis of report

As the charity's trustees of the Company (who are also the directors of the company for the purposes of company law), you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

Having satisfied myself that the accounts of the Company are not required to be audited for this year under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out my examination, I have followed the Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act).

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention which gives me cause to believe that:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
- the accounts do not accord with such records; or
- the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the Charities SORP (FRS102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Arvind Joshi, FCA, CTA, DCHA

Independent examiner

Levy + Partners Limited
Chartered Accountants
86/88 South Ealing Road
Western Avenue
London W5 3RA

Date: 8 December 2023

Havelock Family Centre
(A company limited by guarantee)

Statement of financial activities (incorporating the income and expenditure account)

For the year ended 31 March 2023

	Notes	Unrestricted funds £	Restricted funds £	Designated funds £	2023 Total £	2022 Total £
Incoming resources						
Incoming resources from generating funds:						
Voluntary income	2	34,626	60,376	-	95,002	147,164
Grant received from Ealing Council						
Total incoming resources		<u>34,626</u>	<u>60,376</u>	<u>-</u>	<u>95,002</u>	<u>147,164</u>
Resources expended						
Charitable activities	3	99,195	46,822	-	146,017	159,913
Total resources expended		<u>99,195</u>	<u>46,822</u>	<u>-</u>	<u>146,017</u>	<u>159,913</u>
Net movement in funds before transfers		(64,569)	13,554	-	(51,015)	(12,749)
Transfer between funds	4A	(338,706)	554,514	(215,808)	-	-
Net movement in funds		<u>(403,275)</u>	<u>568,068</u>	<u>(215,808)</u>	<u>(51,015)</u>	<u>(12,749)</u>
Total funds brought forward		463,268	104,445	215,808	783,521	796,270
Total funds carried forward		<u>59,993</u>	<u>672,513</u>	<u>-</u>	<u>732,506</u>	<u>783,521</u>

The notes on pages 11 to 17 form an integral part of these financial statements.

Havelock Family Centre
(A company limited by guarantee)

Balance sheet

As at 31 March 2023

	Notes	2023 £	2022 £
Fixed assets			
Tangible assets	9	489,780	513,000
Current assets			
Cash at bank and in hand		269,179	307,504
		<u>269,179</u>	<u>307,504</u>
Creditors: amounts falling due within one year	10	3,547	(6,983)
Net current assets		<u>272,726</u>	<u>300,521</u>
Total assets less current liabilities		<u>762,506</u>	<u>813,521</u>
Creditors: amounts falling due			
Provisions for liabilities	12	(30,000)	(30,000)
Net assets		<u>732,506</u>	<u>783,521</u>
Funds	13		
Restricted income funds:			
Restricted income funds		672,513	104,445
Unrestricted income funds:			
Designated funds		-	215,808
Unrestricted income funds		59,993	463,268
Total funds		<u>732,506</u>	<u>783,521</u>

The Balance Sheet continues on the following page.

The notes on pages 11 to 17 form an integral part of these financial statements.

Havelock Family Centre
(A company limited by guarantee)

Balance sheet (continued)

Trustees statements required by the Companies Act 2006
For the year ended 31 March 2023

In approving these financial statements as trustees of the company we hereby confirm:

(a) that for the year stated above the company was entitled to the exemption conferred by section 477 of the Companies Act 2006 ;

(b) that no notice has been deposited at the registered office of the company pursuant to section 476 of the Companies Act 2006 requesting that an audit be conducted for the year ended 31 March 2023.

(c) that we acknowledge our responsibilities for:

(1) ensuring that the company keeps proper accounting records which comply with section 386 of the Companies Act 2006, and

(2) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the year then ended in accordance with the requirements of sections 394 and 395, and which otherwise comply with the provisions of the Companies Act relating to financial statements, so far as applicable to the company.

These financial statements are prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the board on 8 December 2023 and signed on its behalf by

M. Khan

Mahmooda Khan
Trustee

The notes on pages 11 to 17 form an integral part of these financial statements.

Havelock Family Centre
(A company limited by guarantee)

Notes to the financial statements

For the year ended 31 March 2023

1. Accounting policies

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year and the preceding year.

1.1. Basis of accounting

The accounts have been prepared in accordance with FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102"). "Accounting and Reporting by Charities" the statement of Recommended Practice for Charities applying FRS 102, the Charities Act 2011 and UK Generally Accepted Accounting Practice as it applies from 1 January 2015. The charity is a Public Benefit Entity as defined by FRS 102.

1.2. Incoming resources

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

Voluntary income is received by way of grants, donations and gifts and is included in full in the statement of financial activities when receivable. Grants where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.

Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included.

Gifts donated for resale are included as incoming resources within activities for generating funds when they are sold.

Grants, including grants for the purchase of fixed assets, are recognised in full in the statement of financial activities in the year in which they are receivable.

1.3. Resources expended

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Costs of generating funds comprise the costs associated with attracting voluntary income and the costs of trading for fundraising purposes including the charity's shop.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

1.4. Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less accumulated depreciation. Depreciation is provided at rates calculated to write off the cost less residual value of each asset over its expected useful life, as follows:

Land and buildings	-	Straight line over 20 years -land not depreciated
Fixtures, fittings and equipment	-	25% straight line

Havelock Family Centre
(A company limited by guarantee)

Notes to the financial statements

For the year ended 31 March 2023

1.5. Defined contribution pension schemes

The pension costs charged in the financial statements represent the contribution payable by the charity during the year.

1.6. Going concern

The financial statements have been prepared on the assumption that the charity is able to carry on business as a going concern, which the trustees consider appropriate having regard to the circumstances.

2. Voluntary income

	Unrestricted funds £	Restricted funds £	2023 Total £	2022 Total £
London Borough of Ealing	-	28,376	28,376	35,695
LBE Community Connection	-	14,500	14,500	14,500
London community response	-	-	-	10,000
Tudor Trust	-	-	-	36,000
St Andrews CCC	-	5,000	5,000	-
NACCC	-	2,500	2,500	-
Award for All	-	10,000	10,000	-
Heathrow Community fund	-	-	-	2,500
Cafecass	-	-	-	2,500
Trust for London	-	-	-	11,000
Membership	380	-	380	-
Voluntary Contributions	33,261	-	33,261	32,284
Referrals	985	-	985	2,685
	<u>34,626</u>	<u>60,376</u>	<u>95,002</u>	<u>147,164</u>

Havelock Family Centre
(A company limited by guarantee)

Notes to the financial statements

For the year ended 31 March 2023

3. Governance costs

	Unrestricted funds £	Restricted funds £	2023 Total £	2022 Total £
Wages & salaries	58,953	-	58,953	52,720
Staff costs - Pension costs	2,925	-	2,925	2,649
Rent	-	-	-	4,159
Rates & water	330	-	330	207
Light & heat	2,002	-	2,002	755
Repairs & maintenance	5,528	-	5,528	937
Insurance	1,112	-	1,112	1,073
Printing, postage and stationery	324	-	324	854
Travel expenses	54	-	54	76
Professional - Accountancy fees	1,644	-	1,644	1,524
Sessional Staff	-	46,822	46,822	28,396
Telephone	935	-	935	1,547
General expenses	1,864	-	1,864	1,346
Interest - Other loans	20	-	20	415
Subscriptions	284	-	284	280
Transfer to premises sinking fund	-	-	-	30,000
Amortisation & impairment	22,651	-	22,651	27,651
Fixtures, fitting and equipment Depreciation	569	-	569	5,324
	<u>99,195</u>	<u>46,822</u>	<u>146,017</u>	<u>159,913</u>

4. Net outgoing resources for the year

	2023 £	2022 £
Net outgoing resources is stated after charging:		
Depreciation and other amounts written off tangible fixed assets	<u>23,220</u>	<u>32,975</u>

4A Transfers between funds

The funds for the purchases and development of the freehold property, previously shown as unrestricted funds now correctly allocated.

Havelock Family Centre
(A company limited by guarantee)

Notes to the financial statements

For the year ended 31 March 2023

5. Employees

Employment costs	2023	2022
	£	£
Wages and salaries	58,953	52,720
Pension costs	2,925	2,649
	<u>61,878</u>	<u>55,369</u>

No employee received emoluments of more than £60,000 (2022 : None).

Number of employees

The average monthly numbers of employees (including the trustees) during the year, calculated on the basis of full time equivalents, was as follows:

	2023	2022
	Number	Number
Number of employee	<u>3</u>	<u>3</u>

6. Trustees' Remuneration and Benefits

The trustees received no remunerations or other benefits during the year (2022: Nil).

No trustees received payment for professional or other services supplied to the charity.

The trustees were able to use services used generally by beneficiaries and members of the charity.

Trustees' expenses

No trustees received reimbursements of expenses during the year (2022: Nil).

7. Pension costs

The company operates a defined contribution pension scheme in respect of the staff pension. The scheme and its assets are held by independent managers. The pension charge represents contributions due from the company and was as follows:

	2023	2022
	£	£
Pension charge	<u>2,925</u>	<u>2,649</u>

Havelock Family Centre
(A company limited by guarantee)

Notes to the financial statements

For the year ended 31 March 2023

8. Taxation

The charity's activities fall within the exemptions afforded by the provisions of the Section 478 of the Corporation Tax Act 2010. Accordingly, there is no taxation charge in these accounts.

9. Tangible fixed assets

	Land and buildings freehold £	Fixtures, fittings and equipment £	Total £
Cost			
At 1 April 2022 and At 31 March 2023	672,513	21,294	693,807
Depreciation			
At 1 April 2022	160,082	20,725	180,807
Charge for the year	22,651	569	23,220
At 31 March 2023	182,733	21,294	204,027
Net book values			
At 31 March 2023	489,780	-	489,780
At 31 March 2022	512,431	569	513,000

Land and Building are held for charity use and includes all costs that are directly related to bringing the asset into respective working conditions. The functional fixed asset has been acquired by grant.

**10. Creditors: amounts falling due
within one year**

	2023 £	2022 £
Bank loan	-	1,985
Accruals and deferred income	(3,547)	4,998
	<u>(3,547)</u>	<u>6,983</u>

Havelock Family Centre
(A company limited by guarantee)

Notes to the financial statements

For the year ended 31 March 2023

11. Creditors: amounts falling due after more than one year

	2023	2022
	£	£
Bank loan	-	1
	<u>-</u>	<u>1</u>

12. Provisions for liabilities

	Other provisions £
At 1 April 2022	(30,000)
	<u>(30,000)</u>

13. Analysis of net assets between funds

	Unrestricted funds £	Restricted funds £	Total funds £
Fund balances at 31 March 2023 as represented by:			
Tangible fixed assets	-	672,513	672,513
Current assets	59,993	-	59,993
	<u>59,993</u>	<u>672,513</u>	<u>732,506</u>

14. Unrestricted funds

	At 1 April 2022 £	Incoming resources £	Outgoing resources £	Transfers £	At 31 March 2023 £
Unrestricted Funds	463,268	34,626	(99,195)	(338,706)	59,993
	<u>463,268</u>	<u>34,626</u>	<u>(99,195)</u>	<u>(338,706)</u>	<u>59,993</u>

Havelock Family Centre
(A company limited by guarantee)

Notes to the financial statements

For the year ended 31 March 2023

15. Restricted funds	At	Incoming resources	Outgoing resources	Transfers	At
	1 April 2022 £	£	£	£	31 March 2023 £
Restricted funds	<u>104,445</u>	<u>60,376</u>	<u>(46,822)</u>	<u>554,514</u>	<u>672,513</u>

16. Designated funds	At	Outgoing resources	At
	1 April 2022 £	£	31 March 2023 £
Designated funds		<u>215,808</u>	<u>(215,808)</u>
			<u>-</u>

17. Related party transactions

There were no related party transactions.

18. Company limited by guarantee

Havelock Family Centre is a company limited by guarantee and accordingly does not have a share capital.

Every member of the company undertakes to contribute such amount as may be required not exceeding £1 to the assets of the charitable company in the event of its being wound up while he or she is a member, or within one year after he or she ceases to be a member.

Accounts

Charity number: 1119136
Company number: 05914932

Havelock Family Centre
(A company limited by guarantee)

Trustees' report and financial statements

For the year ended 31 March 2022

Havelock Family Centre
(A company limited by guarantee)

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For the year ended 31 March 2022

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Havelock Family Centre
(A company limited by guarantee)

Legal and administrative information

For the year ended 31 March 2022

Charity number	1119136	
Company registration number	05914932	
Registered office / Business address	Aleka House 10B Havelock Road Southall Middlesex UB2 4PD	
Trustees (directors)	Mahmooda Khan Dilmohan Singh Bhasin Dr Radhakrishna Pillai Ramesh Kukar Swaran Singh Kang	(Resigned 20 August 2021)
Secretary	Mahamooda Khan	
Independent examiner	Rakesh Bhargava B.Phil, ACA Levy + Partners Limited Chartered Accountants 7-8 Ritz Parade Western Avenue London W5 3RA	
Bankers	Co-op Bank Plc Business Direct P O Box 250 Skelmersdale WN86WT	

Havelock Family Centre
(A company limited by guarantee)

Report of the trustees (incorporating the directors' report)

For the year ended 31 March 2022

The trustees, who are also directors of the charity for the purpose of the Companies Act 2006, present their report with financial statements of the Havelock Family Centre for the year ending 31 March 2022. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) FRS102) effective from 1 January 2015.

The financial statements comply with section 4 of the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities.

Structure, governance and management

Havelock Family Centre (HFC) is a charitable company incorporated on 23 August 2006 following which it was re-registered as a charity in May 2007. The Company was established and controlled under its governing document, the Memorandum and Articles of Association. In the event of the company being wound up, members are required to contribute an amount not exceeding £10.00.

Recruitment, Appointment and Induction

The company directors are also the trustees of the charity for the purposes of charity law. Under the Company's Memorandum and Article of Association, they are known as Company Directors and members of the management committee. Members are elected to serve for a year at a time.

The trustee board has overall responsible for strategic direction as well as policy-making and financial control. They meet every quarter and on ad hoc basis, when necessary.

Summary of Objectives

The principal charitable objects of HFC are "to promote any charitable purpose for the benefit of the inhabitants, and especially the parents and children, of the London Borough of Ealing and the surrounding areas; to relieve poverty, sickness and distress; preservation and protection of health; to advance the education of the inhabitant; to cooperate in a common effort to provide facilities in the interests of social welfare, with the object of improving the conditions of life for the said inhabitants."

These objectives are implemented through developing a range of professional support services through preventative work and crisis intervention with disadvantaged families through our core service provision and exploring potential new ways of working and developing projects.

Risks policy

The Board of Trustees have examined the organisation's strategic, business and operational risks, and confirm that adequate operational, legal, and financial systems are in place enabling regular reports to be produced so that necessary steps can be taken to minimise these risks.

Havelock Family Centre
(A company limited by guarantee)

Report of the trustees (incorporating the directors' report)

For the year ended 31 March 2022

Achievements and performance

We review our aims, objectives and activities, looking at what we have achieved and the outcomes of our work. Our reviews look at each of our key activities and the benefits they have brought to those groups of people we have set up to help.

The following is a brief summary of the achievements of the board of trustees during 2020/21:

- Board members, staff and volunteers received training to ensure that the organisation's work complies with Charity Commission's guidance in meeting its charitable purposes for public benefit.
- Trustees continued to appoint Levy & Partners Ltd Chartered Accountants to oversee and advise on best practice and Charity Commission Regulations.
- Trustees review the ongoing requirements and commitments at each quarterly meeting and our management policies, including financial record keeping systems are reviewed on a cyclical basis. In particular trustees ensured compliance with GDPR arrangements, revised data protection policy in line with consortium projects.
- Developing terms and conditions for use of premises by external organisations delivering additional services to the local community.
- Response to COVID-19: supporting staff, volunteers and clients to manage safe working practices in delivering our services safely.

Information on Coronavirus

Last year brought many challenges to our community during lockdowns; our report demonstrates our attempts to respond to the challenges posed by Covid-19, through adapting our work to deliver services safely to meet emerging needs during this period and to continue to provide support in different ways for the local community whilst adhering to stringent health and safety guidelines; sanitizing hands, temperatures taken, maintaining social distancing, cleanliness of rooms and toys in between families using the same facility.

In particular, we have been raising awareness of the virus through provision of information to vulnerable groups, including many with long term health conditions, elderly and disabled to reduce anxiety and to better prepare them for the lockdown by:

The Centre created a useful guide for children addressing concerns about coronavirus in a child friendly pamphlet. The pamphlet explained the difference between self-isolating and quarantine as many families in overcrowded households were affected with covid. Clarity was given to community residents/clients on the evolving government guidelines and restrictions.

Alleviating Isolation

Vulnerable disabled and elderly people were contacted to ensure they were not isolated; assistance varied from providing clarity of information around COVID-19, shopping, food deliveries, heating repairs and bereavement.

Havelock Family Centre
(A company limited by guarantee)

Report of the trustees (incorporating the directors' report)

For the year ended 31 March 2022

Advice and Support

The pandemic rapidly changed the way advice was delivered from assisting clients remotely through telephone for assessments, crisis information and advice on COVID-19 to supporting clients who are unable to use online platforms.

A noticeable shift in types of issues received in comparison to last year was observed; shift in UC claims, misinformation about eligibility for food banks vouchers causing spike in inquiries. An increase in disability benefits/renewal applications were received from people with significant physical and mental health issues, anxious to ensure there was no risk of losing their additional income stream. The service raised £468,000, a substantial amount in a year of lockdown with 100% success rate achieved in disability benefits awards.

Census

The Census 2021 during lockdown caused much panic amongst the BME population due to digital illiteracy skills. We were able to provide this service remotely and in person for many of our residents with literacy barriers.

Quality Mark Audit

Despite the challenges of various lockdowns and in difficult circumstances, we continued to provide high standard advice work demonstrated successfully with the achievement of the re-accreditation of the Advice Quality Standard to casework level.

Parenting Support and Connecting Families Project

Children's lives changed dramatically during the coronavirus pandemic/lockdown. As parents struggled to manage children's behaviour during the lockdown, more specifically for families living in social housing flats with no outdoor facility, parents were provided tips in managing discipline, routine and ways in which to occupy children's time with indoor activities.

With schools closing, many children especially those living cramped rooms in temporary accommodation and/or shared accommodation, it was impossible to maintain social distancing, some sharing basic facilities with others displaying COVID-19 symptoms. Many living in these conditions often do not have access to the internet or a device.

We were successful in donating and distributing 100 tablets with monthly data for 24 months to families with children under 18 years who have struggled with home learning and connecting with others in the lockdown without internet and/or device.

Havelock Family Centre
(A company limited by guarantee)

Report of the trustees (incorporating the directors' report)

For the year ended 31 March 2022

Child Contact

There was a substantial increase in family contact inquiries; absent parents seeking support in maintaining contact with children from whom they are separated and pandemic situation was being used as an excuse to disrupt contact by one parent. We worked flexibly to help parents who were grappling with ongoing Covid-19 rule changes impacting relationships with their children. Some challenges were overcome by:

- Minimizing disagreements by providing parents with copy of Family Courts guidelines "Coronavirus Crisis: Guidance on Compliance with Family Court Child Arrangement Orders";
- Acting as mediators between separated parents to assess contact arrangements and to vary these according to restrictions imposed in different areas that impacted parents travelling across boroughs;
- Offering contact during weekdays during school lockdowns;
- Risk assessments in domestic violence cases to provide staggered arrival/departure times for each party;
- Set up virtual contact for parents with digital illiteracy and monitor discussions;
- Supporting/training volunteers on supervising 1:1 family sessions.

A key challenge in delivering this project was keeping track of continued changes and adapting to the regional tier system set by the Government which impacted those parents travelling from another borough with higher restrictions.

32 families and 78 children were supported, providing 1:1 family support varying from weekly to fortnightly sessions as per their existing court orders or mutual agreements. Each session lasted from 2-3hrs per family. The impact of our project had significant value for children caught in the midst of parental conflict.

Food Distribution

From April 2020, we assisted Southall Community Alliance and the Young Ealing Foundation in the local food distribution project with Ealing Community Transport providing 7 minibuses to cover deliveries twice a week to vulnerable families across Southall, Greenford and Northolt. An increased numbers of enquiries were received from people with no recourse to public funds but had previously been working in the grey economy. As money ran out, they had no access to benefits or furlough payments and struggled to make ends meet.

Our Centre delivered food to 187 households with 630 individuals benefitting from extra food donated by the Felix Project, City Harvest and the local community. Also included were donated toys, books and Christmas presents for the children.

Volunteering/Work Placement

Volunteer support has played a crucial role in delivering our services through the lockdown; offering remote telephone support to isolated clients, offering emergency support to vulnerable families.

Key Priorities 2021-22

Our key targets for 2021-22 include:

- Adapting to health and economic challenges of service users following the aftermath of the coronavirus pandemic, particularly regarding mixing in larger groups.
- Develop services identified from evolving needs.
- Playing a key role in improving take-up and delivering significant extra resources to low-income families and meet demand for welfare benefits and debt advice.
- Remaining engaged with isolated, vulnerable residents in the community.
- To comply with HSE guidance on safe working practices and protect staff, volunteers and services users from coronavirus.

Havelock Family Centre
(A company limited by guarantee)

Report of the trustees (incorporating the directors' report)

For the year ended 31 March 2022

Financial Review

The Board of Trustees has concluded that unrestricted reserves, in line with the Charity Commission guidance, are required to balance the needs of current and future beneficiaries of the charity. As currently, the main sources of income include grants from the London Borough of Ealing with consortium partners and charitable trusts, the trustees consider important to hold unrestricted reserves in order to protect the charity against the following risks:

- Losing a key income source.
- Unforeseen expenditure that may arise that is beyond the organization's control, and cannot be met from existing income.
- Failure to raise sufficient income from grants.
- Unexpected staff costs arising from redundancy, maternity and long-term sickness, and to enable the organization to be able to continue to provide its services by engaging temporary staff.
- Increased maintenance costs in compliance with health and safety of premises.

Income for the period ending 31 March 2022 was £147,164 and expenditure £129,913 resulting in a net movement of funds of - (£12,749).

The trustees have established a policy whereby the unrestricted funds £493,268 not invested in tangible fixed assets £185,076 stood at 31/03/2022. This covers the 6-month reserve target of £25,847.

The Centre has generated £18,405 on its unrestricted funds in the year, and £30,000 has been allocated to our Capital Sinking Fund, set aside for maintenance/emergency repairs that may be required in the future.

The reserves policy will be reviewed annually to ensure it remains appropriate to risks identified by Trustees.

Statement of trustees' responsibilities

The trustees (who are also directors of Havelock Family Centre for the purpose of company law) are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Generally Accepted Accounting Practice.

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

Havelock Family Centre
(A company limited by guarantee)

Report of the trustees (incorporating the directors' report)

For the year ended 31 March 2022

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and which enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Small company provisions

This report has been prepared in accordance with the special provisions for small companies under Part 415A of the Companies Act 2006.

On behalf of the board

M. Khan

Mahmooda Khan
Trustee

Havelock Family Centre
(A company limited by guarantee)

Independent examiner's report to the trustees of Havelock Family Centre.

I report to the charity trustees on my examination of the accounts of Havelock Family Centre (a company limited by guarantee) for the year ended 31 March 2022, as set out on pages 2 to 18.

Responsibilities and basis of report

As the charity's trustees of the Company (who are also the directors of the company for the purposes of company law), you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

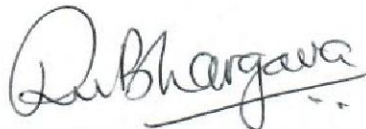
Having satisfied myself that the accounts of the Company are not required to be audited for this year under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out my examination, I have followed the Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act).

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention which gives me cause to believe that:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
- the accounts do not accord with such records; or
- the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the Charities SORP (FRS102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Rakesh Bhargava B.Phil, ACA

Independent examiner

Levy + Partners Limited
Chartered Accountants
86/88 South Ealing Road
Western Avenue
London W5 3RA

Date: 18/11/22

Havelock Family Centre
(A company limited by guarantee)

Statement of financial activities (incorporating the income and expenditure account)

For the year ended 31 March 2022

	Notes	Unrestricted funds £	Restricted funds £	Designated funds £	2022 Total £	2021 Total £
Incoming resources						
Incoming resources from generating funds:						
Voluntary income	2	39,969	107,195	-	147,164	129,699
Grant received from Ealing Council						
Total incoming resources		<u>39,969</u>	<u>107,195</u>	<u>-</u>	<u>147,164</u>	<u>129,699</u>
Resources expended						
Charitable activities	3	51,564	91,451	16,898	159,913	132,436
Total resources expended		<u>51,564</u>	<u>91,451</u>	<u>16,898</u>	<u>159,913</u>	<u>132,436</u>
Net movement in funds		(11,595)	15,744	(16,898)	(12,749)	(2,737)
Total funds brought forward		474,863	88,701	232,706	796,270	799,007
Total funds carried forward		<u>463,268</u>	<u>104,445</u>	<u>215,808</u>	<u>783,521</u>	<u>796,270</u>

The notes on pages 12 to 18 form an integral part of these financial statements.

Havelock Family Centre
(A company limited by guarantee)

Balance sheet

As at 31 March 2022

	Notes	2022 £	2021 £
Fixed assets			
Tangible assets	9	513,000	545,975
Current assets			
Cash at bank and in hand		307,504	264,426
		<u>307,504</u>	<u>264,426</u>
Creditors: amounts falling due within one year	10	(6,983)	(11,822)
Net current assets		<u>300,521</u>	<u>252,604</u>
Total assets less current liabilities		813,521	798,579
Creditors: amounts falling due after more than one year	11	-	(2,309)
Provisions for liabilities	12	(30,000)	-
Net assets		<u>783,521</u>	<u>796,270</u>
Funds	13		
Restricted income funds:			
Restricted income funds		104,445	88,701
Unrestricted income funds:			
Designated funds		215,808	232,706
Unrestricted income funds		463,268	474,863
Total funds		<u>783,521</u>	<u>796,270</u>

The Balance Sheet continues on the following page.

The notes on pages 12 to 18 form an integral part of these financial statements.

Havelock Family Centre
(A company limited by guarantee)

Balance sheet (continued)

Trustees statements required by the Companies Act 2006
For the year ended 31 March 2022

In approving these financial statements as trustees of the company we hereby confirm:

(a) that for the year stated above the company was entitled to the exemption conferred by section 477 of the Companies Act 2006 ;

(b) that no notice has been deposited at the registered office of the company pursuant to section 476 of the Companies Act 2006 requesting that an audit be conducted for the year ended 31 March 2022.

(c) that we acknowledge our responsibilities for:

(1) ensuring that the company keeps proper accounting records which comply with section 386 of the Companies Act 2006, and

(2) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the year then ended in accordance with the requirements of sections 394 and 395, and which otherwise comply with the provisions of the Companies Act relating to financial statements, so far as applicable to the company.

These financial statements are prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the board on and signed on its behalf by

M. Khan

Mahmooda Khan
Trustee

The notes on pages 12 to 18 form an integral part of these financial statements.

Havelock Family Centre
(A company limited by guarantee)

Notes to the financial statements

For the year ended 31 March 2022

1. Accounting policies

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year and the preceding year.

1.1. Basis of accounting

The accounts have been prepared in accordance with FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102"). "Accounting and Reporting by Charities" the statement of Recommended Practice for Charities applying FRS 102, the Charities Act 2011 and UK Generally Accepted Accounting Practice as it applies from 1 January 2015. The charity is a Public Benefit Entity as defined by FRS 102.

1.2. Incoming resources

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

Voluntary income is received by way of grants, donations and gifts and is included in full in the statement of financial activities when receivable. Grants where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.

Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included.

Gifts donated for resale are included as incoming resources within activities for generating funds when they are sold.

Grants, including grants for the purchase of fixed assets, are recognised in full in the statement of financial activities in the year in which they are receivable.

1.3. Resources expended

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Costs of generating funds comprise the costs associated with attracting voluntary income and the costs of trading for fundraising purposes including the charity's shop.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

1.4. Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less accumulated depreciation. Depreciation is provided at rates calculated to write off the cost less residual value of each asset over its expected useful life, as follows:

Land and buildings	-	Straight line over 10 years -land not depreciated
Fixtures, fittings and equipment	-	25% straight line

Havelock Family Centre
(A company limited by guarantee)

Notes to the financial statements

For the year ended 31 March 2022

1.5. Defined contribution pension schemes

The pension costs charged in the financial statements represent the contribution payable by the charity during the year.

1.6. Going concern

The financial statements have been prepared on the assumption that the charity is able to carry on business as a going concern, which the trustees consider appropriate having regard to the circumstances.

2. Voluntary income

	Unrestricted funds £	Restricted funds £	2022 Total £	2021 Total £
London Borough of Ealing	-	35,695	35,695	21,057
LBE Community Connection	-	14,500	14,500	14,500
City of London	-	-	-	10,000
London community response	-	10,000	10,000	10,000
Tudor Trust	-	36,000	36,000	36,000
Heathrow Community fund	2,500	-	2,500	7,500
Cafcass	2,500	-	2,500	2,670
Trust for London	-	11,000	11,000	11,000
Membership	-	-	-	150
Voluntary Contributions	32,284	-	32,284	14,457
Referrals	2,685	-	2,685	2,365
	<u>39,969</u>	<u>107,195</u>	<u>147,164</u>	<u>129,699</u>

Havelock Family Centre
(A company limited by guarantee)

Notes to the financial statements

For the year ended 31 March 2022

3. Governance costs

	Unrestricted funds £	Restricted funds £	Designated funds £	2022 Total £	2021 Total £
Wages & salaries	-	52,720	-	52,720	56,591
Employer's NIC	-	-	-	-	1,322
Staff costs - Pension costs	-	2,649	-	2,649	2,649
Rent	-	4,159	-	4,159	-
Rates & water	207	-	-	207	151
Light & heat	755	-	-	755	1,228
Repairs & maintenance	937	-	-	937	1,682
Insurance	856	217	-	1,073	1,059
Printing, postage and stationery	-	854	-	854	1,133
Travel expenses	76	-	-	76	73
Professional - Accountancy fees	1,524	-	-	1,524	1,344
Sessional Staff	-	28,396	-	28,396	28,164
Telephone	95	1,452	-	1,547	563
General expenses	587	759	-	1,346	2,727
Interest - Other loans	415	-	-	415	775
Subscriptions	35	245	-	280	-
Transfer to Capital sinking fund	30,000	-	-	30,000	-
Amortisation & impairment	10,753	-	16,898	27,651	27,651
Fixtures, fitting and equipment Depreciation	5,324	-	-	5,324	5,324
	<u>51,564</u>	<u>91,451</u>	<u>16,898</u>	<u>159,913</u>	<u>132,436</u>

4. Net outgoing resources for the year

	2022 £	2021 £
Net outgoing resources is stated after charging:		
Depreciation and other amounts written off tangible fixed assets	<u>32,975</u>	<u>32,975</u>

Havelock Family Centre
(A company limited by guarantee)

Notes to the financial statements

For the year ended 31 March 2022

5. Employees

Employment costs	2022	2021
	£	£
Wages and salaries	52,720	56,591
Social security costs	-	1,322
Pension costs	2,649	2,649
	<u>55,369</u>	<u>60,562</u>

No employee received emoluments of more than £60,000 (2021 : None).

Number of employees

The average monthly numbers of employees (including the trustees) during the year, calculated on the basis of full time equivalents, was as follows:

	2022	2021
	Number	Number
Number of employee	<u>3</u>	<u>3</u>

6. Trustees' Remuneration and Benefits

The trustees received no remunerations or other benefits during the year (2021: Nil).

No trustees received payment for professional or other services supplied to the charity.

The trustees were able to use services used generally by beneficiaries and members of the charity.

Trustees' expenses

No trustees received reimbursements of expenses during the year (2021: Nil).

7. Pension costs

The company operates a defined contribution pension scheme in respect of the staff pension. The scheme and its assets are held by independent managers. The pension charge represents contributions due from the company and was as follows:

	2022	2021
	£	£
Pension charge	<u>2,649</u>	<u>2,649</u>

Havelock Family Centre
(A company limited by guarantee)

Notes to the financial statements

For the year ended 31 March 2022

8. Taxation

The charity's activities fall within the exemptions afforded by the provisions of the Section 478 of the Corporation Tax Act 2010. Accordingly, there is no taxation charge in these accounts.

9. Tangible fixed assets

	Land and buildings freehold £	Fixtures, fittings and equipment £	Total £
Cost			
At 1 April 2021 and At 31 March 2022	672,513	21,294	693,807
Depreciation			
At 1 April 2021	132,431	15,401	147,832
Charge for the year	27,651	5,324	32,975
At 31 March 2022	160,082	20,725	180,807
Net book values			
At 31 March 2022	512,431	569	513,000
At 31 March 2021	540,082	5,893	545,975

**10. Creditors: amounts falling due
within one year**

	2022 £	2021 £
Bank loan	1,985	7,285
Accruals and deferred income	4,998	4,537
	<u>6,983</u>	<u>11,822</u>

**11. Creditors: amounts falling due
after more than one year**

	2022 £	2021 £
Bank loan	<u>1</u>	<u>2,310</u>

Havelock Family Centre
(A company limited by guarantee)

Notes to the financial statements

For the year ended 31 March 2022

12. Provisions for liabilities

	Other provisions £
Charge for the year	(30,000)

13. Analysis of net assets between funds

	Unrestricted funds £	Restricted funds £	Designated funds £	Total funds £
Fund balances at 31 March 2022 as represented by:				
Tangible fixed assets	308,192	-	204,808	513,000
Current assets	192,059	104,445	11,000	307,504
Current liabilities	(6,983)	-	-	(6,983)
Capital Sinking fund	(30,000)	-	-	(30,000)
	<u>463,268</u>	<u>104,445</u>	<u>215,808</u>	<u>783,521</u>

14. Unrestricted funds

	At 1 April 2021 £	Incoming resources £	Outgoing resources £	At 31 March 2022 £
Unrestricted Funds	<u>474,863</u>	<u>39,969</u>	<u>(51,564)</u>	<u>463,268</u>

15. Restricted funds

	At 1 April 2021 £	Incoming resources £	Outgoing resources £	At 31 March 2022 £
Restricted funds	<u>88,701</u>	<u>107,195</u>	<u>(91,451)</u>	<u>104,445</u>

Havelock Family Centre
(A company limited by guarantee)

Notes to the financial statements

For the year ended 31 March 2022

16. Designated funds

	At 1 April 2021 £	Outgoing resources £	At 31 March 2022 £
Designated funds	<u>232,706</u>	<u>(16,898)</u>	<u>215,808</u>

17. Related party transactions

There were no related party transactions.

18. Company limited by guarantee

Havelock Family Centre is a company limited by guarantee and accordingly does not have a share capital.

Every member of the company undertakes to contribute such amount as may be required not exceeding £1 to the assets of the charitable company in the event of its being wound up while he or she is a member, or within one year after he or she ceases to be a member.

Accounts

Charity number: 1119136
Company number: 05914932

Havelock Family Centre
(A company limited by guarantee)

Trustees' report and financial statements

For the year ended 31 March 2021

Havelock Family Centre
(A company limited by guarantee)

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For the year ended 31 March 2021

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Havelock Family Centre
(A company limited by guarantee)

Legal and administrative information

For the year ended 31 March 2021

Charity number	1119136	
Company registration number	05914932	
Registered office / Business address	Aleka House 10B Havelock Road Southall Middlesex UB2 4PD	
Trustees (directors)	Mahmooda Khan Dilmohan Singh Bhasin Dr Radhakrishna Pillai Ramesh Kukar Swaran Singh Kang	(Resigned 20 August 2021)
Secretary	Mahamooda Khan	
Independent examiner	Rakesh Bhargava B.Phil, ACA Levy + Partners Limited Chartered Accountants 7-8 Ritz Parade Western Avenue London W5 3RA	
Bankers	Co-op Bank Plc Business Direct P O Box 250 Skelmersdale WN86WT	

Havelock Family Centre
(A company limited by guarantee)

Report of the trustees (incorporating the directors' report)

For the year ended 31 March 2021

The trustees, who are also directors of the charity for the purpose of the Companies Act 2006, present their report with financial statements of the Havelock Family Centre for the year ending 31 March 2021. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) FRS102) effective from 1 January 2015.

The financial statements comply with section 4 of the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities.

Structure, governance and management

Havelock Family Centre (HFC) is a charitable company incorporated on 23 August 2006 following which it was re-registered as a charity in May 2007. The Company was established and controlled under its governing document, the Memorandum and Articles of Association. In the event of the company being wound up, members are required to contribute an amount not exceeding £10.00.

Recruitment, Appointment and Induction

The company directors are also the trustees of the charity for the purposes of charity law. Under the Company's Memorandum and Article of Association, they are known as Company Directors and members of the management committee. Members are elected to serve for a year at a time.

The trustee board has overall responsible for strategic direction as well as policy-making and financial control. They meet every quarter and on ad hoc basis, when necessary.

Summary of Objectives

The principal charitable objects of HFC are "to promote any charitable purpose for the benefit of the inhabitants, and especially the parents and children, of the London Borough of Ealing and the surrounding areas; to relieve poverty, sickness and distress; preservation and protection of health; to advance the education of the inhabitant; to cooperate in a common effort to provide facilities in the interests of social welfare, with the object of improving the conditions of life for the said inhabitants."

These objectives are implemented through developing a range of professional support services through preventative work and crisis intervention with disadvantaged families through our core service provision and exploring potential new ways of working and developing projects.

Risks policy

The Board of Trustees have examined the organisation's strategic, business and operational risks, and confirm that adequate operational, legal, and financial systems are in place enabling regular reports to be produced so that necessary steps can be taken to minimise these risks.

Havelock Family Centre
(A company limited by guarantee)

Report of the trustees (incorporating the directors' report)

For the year ended 31 March 2021

Achievements and performance

We review our aims, objectives and activities, looking at what we have achieved and the outcomes of our work. Our reviews look at each of our key activities and the benefits they have brought to those groups of people we have set up to help.

The following is a brief summary of the achievements of the board of trustees during 2020/21:

- Board members, staff and volunteers received training to ensure that the organisation's work complies with Charity Commission's guidance in meeting its charitable purposes for public benefit.
- Trustees continued to appoint Levy & Partners Ltd Chartered Accountants to oversee and advise on best practice and Charity Commission Regulations.
- Trustees review the ongoing requirements and commitments at each quarterly meeting and our management policies, including financial record keeping systems are reviewed on a cyclical basis. In particular trustees ensured compliance with GDPR arrangements, revised data protection policy in line with consortium projects.
- Developing terms and conditions for use of premises by external organisations delivering additional services to the local community.
- Response to COVID-19: supporting staff, volunteers and clients to manage safe working practices in delivering our services safely.

Information on Coronavirus

Last year brought many challenges to our community during lockdowns; our report demonstrates our attempts to respond to the challenges posed by Covid-19, through adapting our work to deliver services safely to meet emerging needs during this period and to continue to provide support in different ways for the local community whilst adhering to stringent health and safety guidelines; sanitizing hands, temperatures taken, maintaining social distancing, cleanliness of rooms and toys in between families using the same facility.

In particular, we have been raising awareness of the virus through provision of information to vulnerable groups, including many with long term health conditions, elderly and disabled to reduce anxiety and to better prepare them for the lockdown by:

The Centre created a useful guide for children addressing concerns about coronavirus in a child friendly pamphlet. The pamphlet explained the difference between self-isolating and quarantine as many families in overcrowded households were affected with covid. Clarity was given to community residents/clients on the evolving government guidelines and restrictions.

Alleviating Isolation

Vulnerable disabled and elderly people were contacted to ensure they were not isolated; assistance varied from providing clarity of information around COVID-19, shopping, food deliveries, heating repairs and bereavement.

Havelock Family Centre
(A company limited by guarantee)

Report of the trustees (incorporating the directors' report)

For the year ended 31 March 2021

Advice and Support

The pandemic rapidly changed the way advice was delivered from assisting clients remotely through telephone for assessments, crisis information and advice on COVID-19 to supporting clients who are unable to use online platforms.

A noticeable shift in types of issues received in comparison to last year was observed; shift in UC claims, misinformation about eligibility for food banks vouchers causing spike in inquiries. An increase in disability benefits/renewal applications were received from people with significant physical and mental health issues, anxious to ensure there was no risk of losing their additional income stream. The service raised £468,000, a substantial amount in a year of lockdown with 100% success rate achieved in disability benefits awards.

Census

The Census 2021 during lockdown caused much panic amongst the BME population due to digital illiteracy skills. We were able to provide this service remotely and in person for many of our residents with literacy barriers.

Quality Mark Audit

Despite the challenges of various lockdowns and in difficult circumstances, we continued to provide high standard advice work demonstrated successfully with the achievement of the re-accreditation of the Advice Quality Standard to casework level.

Parenting Support and Connecting Families Project

Children's lives changed dramatically during the coronavirus pandemic/lockdown. As parents struggled to manage children's behaviour during the lockdown, more specifically for families living in social housing flats with no outdoor facility, parents were provided tips in managing discipline, routine and ways in which to occupy children's time with indoor activities.

With schools closing, many children especially those living cramped rooms in temporary accommodation and/or shared accommodation, it was impossible to maintain social distancing, some sharing basic facilities with others displaying COVID-19 symptoms. Many living in these conditions often do not have access to the internet or a device.

We were successful in donating and distributing 100 tablets with monthly data for 24 months to families with children under 18 years who have struggled with home learning and connecting with others in the lockdown without internet and/or device.

Havelock Family Centre
(A company limited by guarantee)

Report of the trustees (incorporating the directors' report)

For the year ended 31 March 2021

Child Contact

There was a substantial increase in family contact inquiries; absent parents seeking support in maintaining contact with children from whom they are separated and pandemic situation was being used as an excuse to disrupt contact by one parent. We worked flexibly to help parents who were grappling with ongoing Covid-19 rule changes impacting relationships with their children. Some challenges were overcome by:

- Minimizing disagreements by providing parents with copy of Family Courts guidelines "Coronavirus Crisis: Guidance on Compliance with Family Court Child Arrangement Orders";
- Acting as mediators between separated parents to assess contact arrangements and to vary these according to restrictions imposed in different areas that impacted parents travelling across boroughs;
- Offering contact during weekdays during school lockdowns;
- Risk assessments in domestic violence cases to provide staggered arrival/departure times for each party;
- Set up virtual contact for parents with digital illiteracy and monitor discussions;
- Supporting/training volunteers on supervising 1:1 family sessions.

A key challenge in delivering this project was keeping track of continued changes and adapting to the regional tier system set by the Government which impacted those parents travelling from another borough with higher restrictions.

32 families and 78 children were supported, providing 1:1 family support varying from weekly to fortnightly sessions as per their existing court orders or mutual agreements. Each session lasted from 2-3hrs per family. The impact of our project had significant value for children caught in the midst of parental conflict.

Food Distribution

From April 2020, we assisted Southall Community Alliance and the Young Ealing Foundation in the local food distribution project with Ealing Community Transport providing 7 minibuses to cover deliveries twice a week to vulnerable families across Southall, Greenford and Northolt. An increased numbers of enquiries were received from people with no recourse to public funds but had previously been working in the grey economy. As money ran out, they had no access to benefits or furlough payments and struggled to make ends meet.

Our Centre delivered food to 187 households with 630 individuals benefitting from extra food donated by the Felix Project, City Harvest and the local community. Also included were donated toys, books and Christmas presents for the children.

Volunteering/Work Placement

Volunteer support has played a crucial role in delivering our services through the lockdown; offering remote telephone support to isolated clients, offering emergency support to vulnerable families.

Key Priorities 2021-22

Our key targets for 2021-22 include:

- Adapting to health and economic challenges of service users following the aftermath of the coronavirus pandemic, particularly regarding mixing in larger groups.
- Develop services identified from evolving needs.
- Playing a key role in improving take-up and delivering significant extra resources to low-income families and meet demand for welfare benefits and debt advice.
- Remaining engaged with isolated, vulnerable residents in the community.
- To comply with HSE guidance on safe working practices and protect staff, volunteers and services users from coronavirus.

Havelock Family Centre
(A company limited by guarantee)

Report of the trustees (incorporating the directors' report)

For the year ended 31 March 2021

Financial Review

The Board of Trustees has concluded that unrestricted reserves, in line with the Charity Commission guidance, are required to balance the needs of current and future beneficiaries of the charity. As currently, the main sources of income include grants from the London Borough of Ealing with consortium partners and charitable trusts, the trustees consider important to hold unrestricted reserves in order to protect the charity against the following risks:

- Losing a key income source.
- Unforeseen expenditure that may arise that is beyond the organization's control, and cannot be met from existing income.
- Failure to raise sufficient income from grants.
- Unexpected staff costs arising from redundancy, maternity and long-term sickness, and to enable the organization to be able to continue to provide its services by engaging temporary staff.
- Increased maintenance costs in compliance with health and safety of premises.

Income for the period ending 31 March 2021 was £129,699 and expenditure £132,436 resulting in a net movement of funds of £(2,737).

The trustees have established a policy whereby the unrestricted funds £474,863 not invested in tangible fixed assets £150,594 stood at 31/03/2021. This covers the 9-month reserve target of £13,393.

The Centre has generated £3,630 on its unrestricted funds in the year, and £30,000 has been allocated to our Sinking Fund, set aside for maintenance/emergency repairs that may be required in the future.

The reserves policy will be reviewed annually to ensure it remains appropriate to risks identified by Trustees.

Statement of trustees' responsibilities

The trustees (who are also directors of Havelock Family Centre for the purpose of company law) are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Generally Accepted Accounting Practice.

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

Havelock Family Centre
(A company limited by guarantee)

Report of the trustees (incorporating the directors' report)

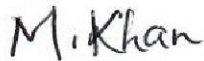
For the year ended 31 March 2021

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and which enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Small company provisions

This report has been prepared in accordance with the special provisions for small companies under Part 415A of the Companies Act 2006.

On behalf of the board



Mahmooda Khan

Trustee

14 December 2021

Havelock Family Centre
(A company limited by guarantee)

Independent examiner's report to the trustees of Havelock Family Centre.

I report to the charity trustees on my examination of the accounts of Havelock Family Centre (a company limited by guarantee) for the year ended 31 March 2021, as set out on pages 2 to 18.

Responsibilities and basis of report

As the charity's trustees of the Company (who are also the directors of the company for the purposes of company law), you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

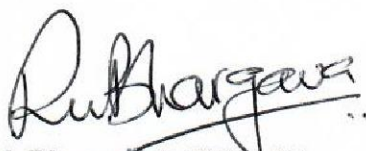
Having satisfied myself that the accounts of the Company are not required to be audited for this year under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out my examination, I have followed the Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention which gives me cause to believe that:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
- the accounts do not accord with such records; or
- the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the Charities SORP (FRS102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Rakesh Bhargava B.Phil, ACA

Independent examiner

Levy + Partners Limited
Chartered Accountants
86/88 South Ealing Road
Western Avenue
London W5 3RA

Date: 14 December 2021

Havelock Family Centre
(A company limited by guarantee)

Statement of financial activities (incorporating the income and expenditure account)

For the year ended 31 March 2021

	Notes	Unrestricted funds £	Restricted funds £	Designated funds £	2021 Total £	2020 Total £
Incoming resources						
Incoming resources from generating funds:						
Voluntary income	2	37,142	92,557	-	129,699	141,128
Grant received from Ealing Council						
Total incoming resources		<u>37,142</u>	<u>92,557</u>	<u>-</u>	<u>129,699</u>	<u>141,128</u>
Resources expended						
Charitable activities	3	33,512	82,026	16,898	132,436	113,221
Total resources expended		<u>33,512</u>	<u>82,026</u>	<u>16,898</u>	<u>132,436</u>	<u>113,221</u>
Net movement in funds		3,630	10,531	(16,898)	(2,737)	27,907
Total funds brought forward		<u>471,233</u>	<u>78,170</u>	<u>249,604</u>	<u>799,007</u>	<u>771,099</u>
Total funds carried forward		<u>474,863</u>	<u>88,701</u>	<u>232,706</u>	<u>796,270</u>	<u>799,006</u>

The notes on pages 12 to 18 form an integral part of these financial statements.

Havelock Family Centre
(A company limited by guarantee)

Balance sheet

As at 31 March 2021

	Notes	£	2021 £	£	2020 £
Fixed assets					
Tangible assets	9		545,975		578,950
Current assets					
Cash at bank and in hand		264,426		238,591	
		<u>264,426</u>		<u>238,591</u>	
Creditors: amounts falling due within one year	10	(11,822)		(8,941)	
Net current assets			<u>252,604</u>		<u>229,650</u>
Total assets less current liabilities			798,579		808,600
Creditors: amounts falling due after more than one year	11		(2,309)		(9,593)
Net assets			<u>796,270</u>		<u>799,007</u>
Funds	12				
Restricted income funds:					
Restricted income funds			88,701		78,170
Unrestricted income funds:					
Designated funds			232,706		249,604
Unrestricted income funds			474,863		471,233
Total funds			<u>796,270</u>		<u>799,007</u>

The Balance Sheet continues on the following page.

The notes on pages 12 to 18 form an integral part of these financial statements.

Havelock Family Centre
(A company limited by guarantee)

Balance sheet (continued)

Trustees statements required by the Companies Act 2006
For the year ended 31 March 2021

In approving these financial statements as trustees of the company we hereby confirm:

(a) that for the year stated above the company was entitled to the exemption conferred by section 477 of the Companies Act 2006 ;

(b) that no notice has been deposited at the registered office of the company pursuant to section 476 of the Companies Act 2006 requesting that an audit be conducted for the year ended 31 March 2021.

(c) that we acknowledge our responsibilities for:

(1) ensuring that the company keeps proper accounting records which comply with section 386 of the Companies Act 2006, and

(2) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the year then ended in accordance with the requirements of sections 394 and 395, and which otherwise comply with the provisions of the Companies Act relating to financial statements, so far as applicable to the company.

These financial statements are prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the board on 14 December 2021 and signed on its behalf by

M. Khan

Mahmooda Khan
Trustee

The notes on pages 12 to 18 form an integral part of these financial statements.

Havelock Family Centre
(A company limited by guarantee)

Notes to the financial statements

For the year ended 31 March 2021

1. Accounting policies

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year and the preceding year.

1.1. Basis of accounting

The accounts have been prepared in accordance with FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102"). "Accounting and Reporting by Charities" the statement of Recommended Practice for Charities applying FRS 102, the Charities Act 2011 and UK Generally Accepted Accounting Practice as it applies from 1 January 2015. The charity is a Public Benefit Entity as defined by FRS 102.

1.2. Incoming resources

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

Voluntary income is received by way of grants, donations and gifts and is included in full in the statement of financial activities when receivable. Grants where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.

Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included.

Gifts donated for resale are included as incoming resources within activities for generating funds when they are sold.

Grants, including grants for the purchase of fixed assets, are recognised in full in the statement of financial activities in the year in which they are receivable.

1.3. Resources expended

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Costs of generating funds comprise the costs associated with attracting voluntary income and the costs of trading for fundraising purposes including the charity's shop.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

1.4. Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less accumulated depreciation. Depreciation is provided at rates calculated to write off the cost less residual value of each asset over its expected useful life, as follows:

Land and buildings	-	Straight line over 10 years -land not depreciated
Fixtures, fittings and equipment	-	25% straight line

Havelock Family Centre
(A company limited by guarantee)

Notes to the financial statements

For the year ended 31 March 2021

1.5. Defined contribution pension schemes

The pension costs charged in the financial statements represent the contribution payable by the charity during the year.

1.6. Going concern

The financial statements have been prepared on the assumption that the charity is able to carry on business as a going concern, which the trustees consider appropriate having regard to the circumstances.

2. Voluntary income

	Unrestricted funds £	Restricted funds £	2021 Total £	2020 Total £
Catalyst Housing	-	-	-	500
London Borough of Ealing	-	21,057	21,057	28,076
LBE Community Connection	-	14,500	14,500	14,500
LBE Let us go Southall	-	-	-	2,000
City of London	10,000	-	10,000	-
London community response	-	10,000	10,000	-
Tudor Trust	-	36,000	36,000	36,000
Heathrow Community fund	7,500	-	7,500	-
Cafcass	2,670	-	2,670	2,805
Trust for London	-	11,000	11,000	23,000
Membership	150	-	150	1,259
People Health and People postcode lottery	-	-	-	5,788
Voluntary Contributions	14,457	-	14,457	20,617
Referrals	2,365	-	2,365	6,583
	<u>37,142</u>	<u>92,557</u>	<u>129,699</u>	<u>141,128</u>

Havelock Family Centre
(A company limited by guarantee)

Notes to the financial statements

For the year ended 31 March 2021

3. Governance costs

	Unrestricted funds £	Restricted funds £	Designated funds £	2021 Total £	2020 Total £
Wages & salaries	8,041	48,550	-	56,591	60,730
Employer's NIC	1,322	-	-	1,322	2,953
Staff costs - Pension costs	2,649	-	-	2,649	3,138
Rent	-	-	-	-	3,350
Rates & water	151	-	-	151	171
Light & heat	1,228	-	-	1,228	739
Repairs & maintenance	938	743	-	1,682	-
Insurance	843	217	-	1,059	1,153
Printing, postage and stationery	-	1,133	-	1,133	624
Travel expenses	-	73	-	73	97
Professional - Accountancy fees	1,344	-	-	1,344	1,605
Sessional Staff	-	28,164	-	28,164	2,688
Telephone	-	563	-	563	937
General expenses	144	2,583	-	2,727	817
Interest - Other loans	775	-	-	775	1,244
Amortisation & impairment	10,753	-	16,898	27,651	27,651
Fixtures, fitting and equipment Depreciation	5,324	-	-	5,324	5,324
	<u>33,512</u>	<u>82,026</u>	<u>16,898</u>	<u>132,436</u>	<u>113,221</u>

4. Net (outgoing)/incoming resources for the year

	2021 £	2020 £
Net (outgoing)/incoming resources is stated after charging:		
Depreciation and other amounts written off tangible fixed assets	<u>32,975</u>	<u>32,975</u>

Havelock Family Centre
(A company limited by guarantee)

Notes to the financial statements

For the year ended 31 March 2021

5. Employees

Employment costs	2021	2020
	£	£
Wages and salaries	56,591	60,730
Social security costs	1,322	2,953
Pension costs	2,649	3,138
	<u>60,562</u>	<u>66,821</u>

No employee received emoluments of more than £60,000 (2020 : None).

Number of employees

The average monthly numbers of employees (including the trustees) during the year, calculated on the basis of full time equivalents, was as follows:

	2021	2020
	Number	Number
Number of employee	<u>3</u>	<u>4</u>

6. Trustees' Remuneration and Benefits

The trustees received no remunerations or other benefits during the year (2020: Nil).

No trustees received payment for professional or other services supplied to the charity.

The trustees were able to use services used generally by beneficiaries and members of the charity.

Trustees' expenses

No trustees received reimbursements of expenses during the year (2020: Nil).

7. Pension costs

The company operates a defined contribution pension scheme in respect of the staff pension. The scheme and its assets are held by independent managers. The pension charge represents contributions due from the company and was as follows:

	2021	2020
	£	£
Pension charge	<u>2,649</u>	<u>3,138</u>

Havelock Family Centre
(A company limited by guarantee)

Notes to the financial statements

For the year ended 31 March 2021

8. Taxation

The charity's activities fall within the exemptions afforded by the provisions of the Section 478 of the Corporation Tax Act 2010. Accordingly, there is no taxation charge in these accounts.

9. Tangible fixed assets

	Land and buildings freehold £	Fixtures, fittings and equipment £	Total £
Cost			
At 1 April 2020 and At 31 March 2021	672,513	21,294	693,807
Depreciation			
At 1 April 2020	104,780	10,077	114,857
Charge for the year	27,651	5,324	32,975
At 31 March 2021	132,431	15,401	147,832
Net book values			
At 31 March 2021	540,082	5,893	545,975
At 31 March 2020	567,733	11,217	578,950

**10. Creditors: amounts falling due
within one year**

	2021 £	2020 £
Bank loan	7,285	7,285
Accruals and deferred income	4,537	1,656
	11,822	8,941

**11. Creditors: amounts falling due
after more than one year**

	2021 £	2020 £
Bank loan	2,310	9,594

Havelock Family Centre
(A company limited by guarantee)

Notes to the financial statements

For the year ended 31 March 2021

12. Analysis of net assets between funds

	Unrestricted funds £	Restricted funds £	Designated funds £	Total funds £
Fund balances at 31 March 2021 as represented by:				
Tangible fixed assets	324,269	-	221,706	545,975
Current assets	164,725	88,701	11,000	264,426
Current liabilities	(11,822)	-	-	(11,822)
Long-term liabilities	(2,309)	-	-	(2,309)
	<u>474,863</u>	<u>88,701</u>	<u>232,706</u>	<u>796,270</u>

13. Unrestricted funds

	At 1 April 2020 £	Incoming resources £	Outgoing resources £	At 31 March 2021 £
Unrestricted Funds	<u>471,233</u>	<u>37,142</u>	<u>(33,512)</u>	<u>474,863</u>

14. Restricted funds

	At 1 April 2020 £	Incoming resources £	Outgoing resources £	At 31 March 2021 £
Restricted funds	<u>78,170</u>	<u>92,557</u>	<u>(82,026)</u>	<u>88,701</u>

15. Designated funds

	At 1 April 2020 £	Outgoing resources £	At 31 March 2021 £
Designated funds	<u>249,604</u>	<u>(16,898)</u>	<u>232,706</u>

16. Related party transactions

There were no related party transactions.

Havelock Family Centre
(A company limited by guarantee)

Notes to the financial statements

For the year ended 31 March 2021

17. Company limited by guarantee

Havelock Family Centre is a company limited by guarantee and accordingly does not have a share capital.

Every member of the company undertakes to contribute such amount as may be required not exceeding £1 to the assets of the charitable company in the event of its being wound up while he or she is a member, or within one year after he or she ceases to be a member.