

# PRIMARY HEALTH AWARENESS TRUST

England & Wales · Charity number 1119124

## Details

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**Status** Registered

**Legal form** Other

**Registered** 2007-05-09

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** 47 Scotland Green Road  
Enfield  
EN3 4RE

**Phone** 07443602674

**Email** [info@primaryhealthtrust.com](mailto:info@primaryhealthtrust.com)

**Website** <https://primaryhealthtrust.com>

## Activities

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**Objects:** THE PRESERVATION AND PROTECTION OF GOOD HEALTH IN PARTICULAR BUT NOT EXCLUSIVELY BY THE PROVISION OF EDUCATION IN PRIMARY HEALTH CARE, ADVICE, COUNSELLING AND SUCH OTHER MEANS AS THE TRUSTEES MAY FROM TIME TO TIME DETERMINE.

**Activities:** Since COVID-19, we have been delivering physical health exercises and health talks and advice on ZOOM with the financial help from the Community Lottery Fund . Our charity exists to deliver practical support and advice in the following, Healthy eating, High blood pressure, Diabetes, Cancer, Depression, mental health. Our charity exists to reduce isolation and improve the health of older adults.

## Classification

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- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, The Prevention Or Relief Of Poverty, Religious Activities
- **Who:** Children/young People, Elderly/old People, People With Disabilities, The General Public/mankind

## Geography

- **Area of benefit:** NATIONAL AND OVERSEAS
- Ghana
- Throughout London

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-30	£13,592	£9,834	-	-
2024-03-30	£9,952	£10,163	-	-
2023-03-30	£9,952	£10,518	-	-
2022-03-30	£9,850	£9,465	-	-
2021-03-30	£7,650	£7,177	-	-

## Trustees

Name	Role	Appointed
<b>COMFORT ACHEAMPONG</b>	Chair	
Asare Agyenim BOATENG		
Janet Harris		2025-10-06
REV MRS AGNES MENSAH-BONSU		