

**Report of the Trustees and
Unaudited Financial Statement for the Year Ended 31st March 2023
For
Tees Valley Durham and North Yorkshire Neurological Alliance
Registered Charity 1119043**

**LYONS & CO LTD
CHARTERED ACCOUNTANTS
STOCKTON-ON-TEES**

**Tees Valley Durham and North Yorkshire
Neurological Alliance**

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For the Year Ended 31st March 2023**

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**Tees Valley Durham and North Yorkshire
Neurological Alliance
Report of the Trustees
For the year ended 31st March 2023**

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number 1119043

Principal Address

Acklam Green Centre
Stainsby Road
Middlesbrough
TS5 4JS

Trustees

Verona Butler	
Eric Charlton	
Christine Harling	
Stephanie Kiliinç	
Andrew Lewis	
David Mudd	
Diane Williams	
Gordon Williams	
Nikita Shepherdson	
	Vice Chair
	Chairman

STRUCTURE GOVERNANCE AND MANAGEMENT

Governing Document

The Charity is governed by its governing document, a deed of Trust and constitutes an unincorporated charity.

RISK MANAGEMENT

The Trustees have a duty to identify and assess the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

OBJECTIVES AND ACTIVITIES

Aims of the Charity are;

1. To create and sustain an environment where no one will face a neurological condition alone
2. To create and sustain an environment where people with neurological conditions can engage as equal partners and make their views known
3. To be a leading creditable channel of communication, influence and support between people with neurological conditions, commissioners and service providers
4. To be a collaborative partnership to improve local services for people affected by neurological conditions

**Tees Valley Durham and North Yorkshire
Neurological Alliance
Report of the Trustees
For the year ended 31st March 2023**

OBJECTIVES AND ACTIVITIES

To sustain a comprehensive blend of income sources from fees, donations, grants and sponsorship to deliver information, advocacy, education programme and peer support.

ACHIEVEMENT AND PERFORMANCE

Our objective this year was to improve funding and secure a part time member of staff for our neurodevelopment agenda. We secured funds from Tees, Esk and Wear Valley Mental Health Trust (TEWV) to support project work in Stockton until December 2023, harnessing the voice of 60 lived experiences to draft a Specialist Community Navigator role specifically for the neurodiverse community. We worked collaboratively with the Foetal Alcohol Disorder (FASD) community to strengthen the vital need for the Public Sector to include FASD on the neurodevelopment agenda. We are core members of the Mental Health, Carers and Neurological Conditions sub-groups delivered by the Voluntary Organisations Network North East (VONNE) and our expertise has been welcomed to draft a strategy to be taken forward to the Integrated Care System (ICS).

Demand for our advocacy service has markedly increased and volunteers have been trained to build capacity across the Tees Valley for welfare benefits applications and appeals. We have also reported to the Regional Stakeholder network for Disability, under the auspices of Disability Unit/ Cabinet Office on the poor understanding of rare neurological disorders in the NHS.

Our education programme has gone from strength-to-strength and we have delivered advocacy for parents challenging schools due to the exclusion of their neurodiverse young people. We delivered our Iceberg Graphic learning tool on neurodiverse presentations to every upper school in Stockton and the resource has been used to train social workers in the Fostering and Adoption Virtual School. We have enabled 2 medical students from Sunderland University to meet 9 beneficiaries and understand the impact of life with a neurological condition, impairment, injury, disability or neurodiversity from a biopsychosocial perspective. Our work continues with Teesside University, on the Experts by Experience programme and developing the evaluation of My Life Tool for the National Institute of Health Research.

In early 2023, we were fortunate to receive a major donation from an engineering company working on Teesside and were beneficiaries when the Lincolnshire Neurological Alliance sadly closed. These much-appreciated funds enabled us to restrict income for the next year, enabling us to secure Charity Commission permission to register Neuro Key as the full-time Charity name, re-brand and distribute our publications and learning resources in addition to our everyday work.

We have gained significant traction this year in presentations to public sector forums and networks, our learning resources and mentoring beneficiaries to improve self-management skills.

As we take our work forward in 2023, as always, we offer a heartfelt thank you to all our stakeholders for their support, donations and friendship.

On behalf of the Trustee Board;

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Mr D Mudd - Chair of Trustees

17 January 2024

**INDEPENDENT EXAMINERS REPORT TO THE TRUSTEES
ON THE UNAUDITED FINANCIAL STATEMENTS OF
Tees Valley Durham and North Yorkshire
Neurological Alliance
For the Year Ended 31st March 2023**

We report on the accounts for the year ended 31 March 2023 set out on pages four to seven.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under Section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is required.

Having satisfied ourselves that the charity is not subject to audit under company law and is eligible for independent examination, it is our responsibility to:

- examine the accounts under Section 145 of the 2011 Act
- to follow the procedures laid down in the General Directions given by the Charity Commission (under Section 145 (5)(b) of the 2011 Act); and
- to state whether particular matters have come to our attention.

Basis of the independent examiner's report

Our examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with our examination, no material matters have come to our attention which gives us cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

We have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Lyons & Co Ltd
23 Yarm Road
Stockton-on-Tees
TS18 3NJ

17 January 2024

Tees Valley Durham and North Yorkshire
Neurological Alliance
Statement of Financial Activities
For the year ended 31st March 2023

	Notes	Restricted	Unrestricted	2023	2022
		£	£	£	£
Incoming Resources					
Donations and legacies	1	-	8,663	8,663	13,221
Other income		-	-	-	1,600
Charitable activities	2	19,983	-	19,983	909
Total incoming resources		<u>19,983</u>	<u>8,663</u>	<u>28,646</u>	<u>15,730</u>
Creditors: amounts falling due					
Resources Expended					
Charitable activities					
Wages		16,194	2,646	18,840	21,838
Administration costs (Volunteer and Work from home allowance)		361	361	722	125
Travelling expenses		192	191	383	235
Office consumables, IT, telephone, DBS		479	478	957	1,262
Publications		120	120	240	325
Room hire		1,992	-	1,992	2,313
Website costs		65	65	130	125
Insurance		160	159	319	319
Accountancy		420	419	839	805
Total resources expended		<u>19,983</u>	<u>4,439</u>	<u>24,422</u>	<u>27,347</u>
(Deficit)/Surplus Funds for year		<u>-</u>	<u>4,224</u>	<u>4,224</u>	<u>(11,617)</u>
Reserves brought forward		-	(125)	(125)	11,492
Reserves carried forward		<u>-</u>	<u>4,099</u>	<u>4,099</u>	<u>(125)</u>

Tees Valley Durham and North Yorkshire
Neurological Alliance

BALANCE SHEET
AS AT 31 MARCH 2023

	2023 £	2022 £
	Unrestricted	Unrestricted
Current assets		
Cash and bank	14,939	680
	<u>14,939</u>	<u>680</u>
Creditors: amounts falling due within one year		
Accruals	(840)	(805)
Receipts in advance	<u>(10,000)</u>	<u>-</u>
	(10,840)	(805)
Net assets	<u>4,099</u>	<u>(125)</u>
Funds		
Balance brought forward	(125)	11,492
(Deficit)/Surplus for year	<u>4,224</u>	<u>-11,617</u>
	<u>4,099</u>	<u>(125)</u>

The financial statements were approved by the Board of Trustees on 17 January 2024
and were signed on its behalf by:

Mr D Mudd
Chair of Trustees

Tees Valley Durham and North Yorkshire
Neurological Alliance
Notes to the accounts
For the year ended 31st March 2023

	2023 £
1 Donations and legacies	
Groundwork UK	375
Leather Sellers	2,000
Arnold Clark	1,000
Lincolnshire Neurology Alliance	2,000
Membership	360
Other donations	2,928
	<u>8,663</u>
	<u>8,663</u>
2 Charitable activities	
National institute for health and care research	5,560
University of Teesside	5,423
Community foundation	6,000
Tees, Esk and Wear Valley NHS foundation trust	3,000
	<u>19,983</u>
	<u>19,983</u>