

**Yeleni Therapy and Support Ltd**  
**Company limited by guarantee.**  
**Trustees Annual Report**

The trustees are pleased to present their report together with the financial statements of the charity for the year 1<sup>st</sup> June 2024 to 31<sup>st</sup> May 2025.

**Reference and administrative details**

Charity number:	1118969
Company number:	05819798
Principle Office:	2 Blackfriars Street, Hereford, HR4 9HS
Accountants:	Apple Accountants. 7a Harrow Road, Hereford, HR4 OEH
Bankers:	Co-operative Bank

**Directors and trustees**

The directors of the charitable company (the charity) are its trustees for the purpose of charity law and throughout this report are collectively referred to as the trustees.

The officers serving during the year and since the year end were as follows:

**Trustees:**

Mrs Julie Elizabeth Cohn (Chair)  
Mrs Sheila Mary Enid Higgins  
Mrs Leanne Sharon Pogson  
Mrs Joanna Phyllis Hilditch  
Mr Simon Adcock  
Mr John Taylor

**Structure, Governance and Management**

**Objectives and Activities**

The objectives of the charity are to help relieve sickness and preserve and protect the good health of people with cancer and their carers by providing or assisting in the provision of complementary therapies, information, education, advice, support & counselling.

The company was incorporated on 17<sup>th</sup> May 2006 and received charitable status on 26<sup>th</sup> April 2007. The centre opened on 1<sup>st</sup> April 2010.

## **Reserves Policy**

It is intended to maintain sufficient reserves to cover three months expenditure and management support costs.

## **Trustees' responsibilities in relation to the financial statements**

Company law requires the trustees to prepare financial statements that give a true and fair view of the state of affairs of the charity at the end of the financial year and of its surplus or deficit for the financial year. In doing so the trustees are required to:

- Select suitable accounting policies and then apply them consistently:
  - Make sound judgments and estimates that are reasonable and prudent: and
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enables them to ensure that the financial statements comply with the Companies Act 2006. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

By order of the trustees

## **Trustees Annual Report**

### **Introduction**

Yeleni remains the only local complementary therapy centre offering counselling, therapies and workshops free of charge to cancer patients and their carer.

Our therapies are specifically designed to be delivered in a non-clinical environment where clients feel relaxed and supported by our compassionate approach. In recognition of this we have been awarded the Macmillan Quality Environment Mark, for a third time, in October 2024 with an improved score of 5/5.

We have supported workplace wellbeing for a number of businesses, including the NHS initiative 'Caring for You' study days, and workshops for staff and students at the Royal National College for the Blind.

### **Core Service**

We provide a wide range of therapies and specialist support groups.

Therapies support cancer patients and their carers to cope with physical and mental stress and strains resulting from diagnosis, treatments and side effects. Our delivery team of therapists has expanded, with the addition of a breast cancer physiotherapist and a Pilates instructor. Complementary therapies of Reflexology, Bowen and Craniosacral Therapies are most frequently delivered, but the range of treatments available now includes Oncology Massage, Sports Massage, Acupuncture and 15 more.

More than half our referrals are received from the NHS – GPs, Social Prescribers, Consultants and Cancer Nurse Specialists - and Macmillan Cancer Support. Service information is provided via the Macmillan information pack to every cancer patient seen at the local County Hospital. Referrals are also received from surrounding counties of Worcestershire, Gloucestershire, Shropshire and the Welsh border counties.

We support patients with any cancer, but Breast cancer is the most frequent making 50% of referrals this year. The Yeleni Breast Cancer Support Service, launched in March 2024, now has over 50 members. Monthly meetings offer activities and social connection. Specialist talks on a variety of topics, and a Breast Cancer Nurse specialist, give access to additional information and reassurance.

Peer group support for those with other intimate body cancers, such as a gynaecological cancer, is also available but the group support for male cancer patients failed to establish.

### **Outreach & Extended Support**

Our outreach befriending service, online sessions, group and workshop series continues to offer support to those who remain isolated by treatments, condition, mental health or the rural nature of our county. Patients and carers can also join online with our peer support groups.

### **Events & Awareness**

Community is at the heart of our work and we have attended a wide range of networking, business and fundraising events. Our CEO, Nicky Heath, has given many talks to local WI, and regional cancer support groups raising awareness of our service and of the needs of cancer patients.

We have launched a quarterly Newsletter, delivered to subscribers by email, sending news of all Yeleni activities, support and community work. Our social media presence on Facebook, Instagram and LinkedIn raises awareness of national days and highlights of our related support work, and fundraising activities.

### **Funding**

Full detailed evidence of income and expenditure in this period is provided in the accounts.

### **Trusts and Grants**

Grants and Trusts continue to be our main source of income, with funding this year from national funders The National Lottery Community Fund, UKSPF, Souter Charitable Trust, Dumbreck Charity, Arnold Clark and locally E. F. Bulmer Trust, Inchrye Trust, Herefordshire Freemasons.

We are grateful to all these funders for supporting us to deliver our service.

### **Community Support**

Community fundraising this year included the local Nozstock Festival in July 2024, local groups, societies and businesses; The Barrels 'Oktoberfest', St Martin's Bowls Club, Hereford City Rotary, St Paul's PCC, Katherine Harriet Ltd and AllPay. Other private donations have been received in remembrance of loved ones.

Yeleni fundraising events included a Health and Wellbeing day in October and an aerial Wing Walk completed by SuperNanny (aka our CEO, Nicky Heath).

The Yeleni team of therapists offer private client work and the room rental generated from this goes towards our core costs. An increasing number of these private clients are previous patients.

### **Staffing**

Our small staff team (part-time) – Reception, Administration and Grant Fundraiser) – continues to be led by Nicky Heath, the founder of the Charity, leading with vision and passion as CEO and Manager.

Volunteers support our community fundraising, and therapists also give time free of charge for a range of fundraising and outreach activities, community, and workplace events.

**Yeleni Therapy and Support Ltd**  
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The trustees are pleased to present their report together with the financial statements of the charity for the year ended 31<sup>st</sup> May 2025.

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**Directors and trustees**

The directors of the charitable company (the charity) are its trustees for the purpose of charity law and throughout this report are collectively referred to as the trustees.

The officers serving during the year and since the year end were as follows:

Trustees:	Mrs Sheila Mary Enid Higgins
	Mrs Julie Elizabeth Cohn
	Mrs Leanne Pogson
	Mrs Joanna Phyllis Hilditch
	Mr Simon Adcock
	Mr John Taylor

**Structure, Governance and Management**

**Objectives and Activities**

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**Trustees' responsibilities in relation to the financial statements**

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By order of the trustees

*S Higgins*  
.....  
**Sheila Higgins**

**Yeleni Therapy and Support Ltd**  
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**Statement of financial activities (including income and expenditure account)**  
**for the year ended 31 May 2025**

		Unrestricted Funds	Total Funds 2025	Total Funds 2024
	Notes	£	£	£
<b>Incoming resources</b>				
<b>Incoming resources from generated funds:</b>				
Voluntary income:				
Grants and Donations	4	101,427	203,789	124,578
Investment Income	5	-	-	-
<b>Total incoming resources</b>		<u>101,427</u>	<u>203,789</u>	<u>124,578</u>
 <b>Resources expended</b>				
Fundraising costs of grants and donations	6	23,456	26,220	23,293
<b>Sub total cost of generating funds</b>		<u>23,456</u>	<u>26,220</u>	<u>23,293</u>
<b>Charitable activities</b>	6	49,067	125,581	75,067
<b>Governance costs</b>	6	<u>37,705</u>	<u>37,705</u>	<u>33,548</u>
<b>Total resources expended</b>		110,228	189,506	131,908
<b>Net (outgoing) incoming resources</b>		<u>(8,801)</u>	<u>14,283</u>	<u>(7,330)</u>
 Total funds brought forward		77,540	101,207	108,537
<b>Total funds carried forward</b>		<u>68,739</u>	<u>115,490</u>	<u>101,207</u>

**Yeleni Therapy and Support Ltd**  
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**Balance sheet**  
**as at 31 May 2025**

		<b>2025</b>		<b>2024</b>	
	<b>Notes</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>Fixed assets</b>					
Tangible assets			7,153		8,988
<b>Current assets</b>					
Stock		1,200		2,576	
Debtors	8	199		1,436	
Cash at bank and in hand		111,170		90,770	
		<u>112,569</u>		<u>94,782</u>	
<b>Liabilities</b>					
Creditors falling due within one year	9	(4,232)		(2,563)	
<b>Net current assets</b>			<u>108,337</u>		<u>92,219</u>
<b>Total assets less current liabilities</b>			<u>115,490</u>		<u>101,207</u>
<b>Net assets</b>			<u>115,490</u>		<u>101,207</u>
<b>The funds of the charity</b>					
Unrestricted income funds					
General	10	68,739		56,540	
Restricted Funds	10	46,751		44,667	
<b>Total Charity Funds</b>			<u>115,490</u>		<u>101,207</u>

In approving these financial statements as directors of the company we hereby confirm:

(a) that for the year stated above the company was entitled to the exemption conferred by Section 477 of the Companies Act 2006 ;

(b) that no notice has been deposited at the registered office of the company pursuant to Section 476 of the Companies Act 2006 requesting that an audit be conducted for the year ended 31 May 2025 and

(c) that we acknowledge our responsibilities for:

(1) ensuring that the company keeps accounting records which comply with Section 386, and

(2) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the year then ended in accordance with the requirements of Section 394 and 395 and which otherwise comply with the provisions of the Companies Act relating to financial statements, so far as applicable to the company.

The financial statements were approved by the Trustees on ...../...../..... and signed on its behalf by

..... S Higgins ..... **Sheila Higgins**

**The notes on pages 5 - 7 form an integral part of these financial statements.**



**Yeleni Therapy and Support Ltd**  
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**Notes to the financial statements**  
**for the year ended 31 May 2025**

**1. Accounting policies**

**a. Basis of preparation**

The financial statements have prepared under the historical cost convention. The financial statements have been prepared in accordance with the Statement of Recommended Practice – Accounting and Reporting by Charities (SORP 2005) issued in March 2005, applicable accounting standards, and the Companies Act 2006. The principal accounting policies adopted in the preparation of the financial statements are set out below.

**b. Incoming resources**

Voluntary income including donations, gifts and legacies and grants that provide core funding or are of a general nature are recognized where there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability.

Investment income is recognized on a receivable basis.

**c. Volunteers and donated services and facilities**

The value of services provided by volunteers is not incorporated into these financial statements. Further details of the contribution made by volunteers can be found in the trustees' annual report.

Where services are provided to the charity as a donation that would normally be purchased from our suppliers, this contribution is included in the financial statements at an estimate based on the value of the contribution to the charity. Donated services and facilities are analysed in note 6.

**d. Resources expended**

Expenditure is recognised when a liability is incurred.

- Costs of generating funds are those incurred in attracting voluntary income.
- Governance costs include those incurred in the governance of the charity and its assets and are primarily associated with constitutional and statutory requirements.

**e. Irrecoverable VAT**

The charity is not registered for VAT and accordingly irrecoverable VAT is charged against the category of resources expended for which it was incurred.

**f. Funds structure**

All funds are unrestricted income funds.

**2. Legal status of the Trust**

The Trust is a company limited by guarantee and has no share capital. The liability of each member in the event of winding up is limited to £1.

**3. Turnover**

The total turnover of the company for the year has been derived from its activity wholly undertaken in the UK.

**Yeleni Therapy and Support Ltd**  
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**Notes to the financial statements**  
**for the year ended 31 May 2025**

4. Voluntary income	2025	2024
	£	£
Donations	58,767	27,665
Other donations	116,862	124,578
	<u>175,629</u>	<u>152,243</u>

5. **Investment income**  
All of the investment income arises from an interest-bearing bank account.

6. **Allocation of support**  
The trust allocates support costs as shown in the table below.

	Fundraising £	Governance £	Charitable £	Total £
Staff Costs	17,918	31,274	23,220	72,412
Accountancy		816		816
General Expenses	7,886	5,615	35,222	48,723
<b>Total</b>	<b>25,804</b>	<b>37,705</b>	<b>58,442</b>	<b>121,951</b>

7. **Taxation**  
The company is a registered charity and no provision is considered necessary for taxation.

8. Debtors	2025	2024
	£	£
Trade Debtors	-	-
Other Debtors	199	1,436
	<u>199</u>	<u>1,436</u>

**Yeleni Therapy and Support Ltd**  
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**Notes to the financial statements**  
**for the year ended 31 May 2025**

<b>9. Creditors: amounts falling due within one year</b>	<b>2025</b>	<b>2024</b>
	<b>£</b>	<b>£</b>
Accruals	822	792
Other Creditors	676	676
PAYE	1,439	1,095
	<u>2,937</u>	<u>2,563</u>

<b>10. Analysis of charitable funds</b>	<b>Unrestricted</b>	<b>Restricted</b>	
	<b>Fund</b>	<b>Fund</b>	<b>Total</b>
	<b>£</b>	<b>£</b>	<b>£</b>
<b>At 1 June 2024</b>	77,540	23,667	101,207
Incoming resource	101,427	102,362	203,789
Resources expended	(110,228)	(79,278)	(189,506)
<b>At 31 May 2025</b>	<u><b>68,739</b></u>	<u><b>46,751</b></u>	<u><b>115,490</b></u>

**Yeleni Therapy and Support Ltd**  
**Company limited by guarantee**

**The following pages do not form part of the statutory accounts.**

**Yeleni Therapy and Support Ltd**  
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**Detailed trading profit and loss account  
and expenses schedule  
for the year ended 31 May 2025**

	<b>2025</b>		<b>2024</b>	
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>Income</b>				
Fund raising		116,862		88,709
Donations		58,767		27,665
Other		28,160		8,204
		<u>203,789</u>		<u>124,578</u>
 <b>Cost of Activities</b>				
Purchases	8,308		5,495	
Therapists	<u>59,247</u>		<u>20,039</u>	
		67,555		25,534
<b>Gross Profit</b>		<u>136,234</u>		<u>99,044</u>
 <b>Administrative expenses</b>				
Staff Costs	72,412		63,405	
Accountancy	816		798	
General expenses	<u>48,723</u>		<u>42,171</u>	
		121,951		106,374
<b>Operating (Deficit) / Surplus</b>		<u>14,283</u>		<u>(7,330)</u>
 <b>Other income and expenses</b>				
<b>Interest receivable</b>				
Bank deposit interest	<u>-</u>		<u>-</u>	
 <b>Net (deficit) / surplus for the year</b>		<u><u>14,283</u></u>		<u><u>(7,330)</u></u>



# Independent examiner's report on the accounts

## Section A

## Independent Examiner's Report

**Report to the trustees/  
members of**

Yeleni Therapy and Support Ltd

**On accounts for the year  
ended**

31 May 2025

**Charity no  
(if any)**

1118969

**Set out on pages**

1 and 2.

**Respective  
responsibilities of  
trustees and examiner**

The charity's trustees consider that an audit is not required for this year (under section 43(2) of the Charities Act 1993 (the Act), as amended by s.28 of the Charities Act 2006) and that an independent examination is needed. It is my responsibility to:

- examine the accounts (under section 43 of the Act, as amended),
- to follow the procedures laid down in the General Directions given by the Charity Commission (under section 43(7)(b) of the Act, as amended), and
- to state whether particular matters have come to my attention.

**Basis of independent  
examiner's statement**

My examination was carried out in accordance with General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the accounts.

**Independent  
examiner's statement**

In the course of my examination, no matter has come to my attention (other than that disclosed below \*)

1. which gives me reasonable cause to believe that in, any material respect, the trustees have not met the requirements to ensure that:
  - proper accounting records are kept (in accordance with section 41 of the Act); and
  - accounts are prepared which agree with the accounting records and comply with the accounting requirements of the Act; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

\* Please delete the words in the brackets if they do not apply.

**Signed:**

*David Berkeley*

**Date:**

24 March 2026

**Name:**

David Berkeley

**Relevant professional  
qualification(s) or body  
(if any):**

ACMA (CIMA)

**Address:**

Apple Accountants, 7A Harrow Road, Hereford. HR4 0EH

Only complete if the examiner needs to highlight material problems.

Give here brief details of any items that the examiner wishes to disclose.

Nothing to report