

**Yeleni Therapy and Support Ltd**  
**Company limited by guarantee.**  
**Trustees Annual Report**

The trustees are pleased to present their report together with the financial statements of the charity for the year 1<sup>st</sup> June 2023 to 31<sup>st</sup> May 2024.

**Reference and administrative details**

Charity number:	1118969
Company number:	05819798
Principle Office:	2 Blackfriars Street, Hereford, HR4 9HS
Accountants:	Apple Accountants. 7a Harrow Road, Hereford, HR4 OEH
Bankers:	Co-operative Bank

**Directors and trustees**

The directors of the charitable company (the charity) are its trustees for the purpose of charity law and throughout this report are collectively referred to as the trustees.

The officers serving during the year and since the year end were as follows:

Trustees:	Mrs Julie Elizabeth Cohn (Chair)
	Mrs Sheila Mary Enid Higgins
	Mrs Leanne Sharon Pogson
	Mrs Joanna Phyllis Hilditch

**Structure, Governance and Management**

**Objectives and Activities**

The objectives of the charity are to help relieve sickness and preserve and protect the good health of people with cancer and their carers by providing or assisting in the provision of complementary therapies, information, education, advice, support & counselling.

The company was incorporated on 17<sup>th</sup> May 2006 and received charitable status on 26<sup>th</sup> April 2007. The centre opened on 1<sup>st</sup> April 2010.

## **Reserves Policy**

It is intended to maintain sufficient reserves to cover three months expenditure and management support costs.

## **Trustees' responsibilities in relation to the financial statements**

Company law requires the trustees to prepare financial statements that give a true and fair view of the state of affairs of the charity at the end of the financial year and of its surplus or deficit for the financial year. In doing so the trustees are required to:

- Select suitable accounting policies and then apply them consistently:
  - Make sound judgments and estimates that are reasonable and prudent: and
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enables them to ensure that the financial statements comply with the Companies Act 2006. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

By order of the trustees

## **Trustees Annual Report**

### **Introduction**

Yeleni remains the only local complementary therapy centre offering counselling, therapies and workshops free of charge to cancer patients and their carers.

The demand for our support that demonstrated a dramatic rise in 2022-23 has remained high. We reached a major milestone this year when our 1000<sup>th</sup> patient was referred.

### **Core Service**

We have introduced a wider range of therapies, therapists and activities and launched a number of specialist support groups.

The Yeleni Breast Cancer Support Service launched in March 2024, supported with funding from Macmillan. 70 people attended the launch event, including our patron Lady Darnley, our trustees, plus other local dignitaries and supporters. Monthly meetings are held, offering specialist talks, activities and social connection. Free additional support from a Breast Cancer Nurse specialist has been provided and Pilates classes have been added to the offer, increasing the degree of mobility post-surgery and treatment. Support following diagnosis and treatments for breast cancer remains the number one reason for referral.

Further support groups have also begun, in response to patient demand, offering peer support for those with intimate body cancers, such as a gynaecological cancer support group, and a men's cancer support group.

### **Outreach & Extended Support**

Our outreach befriending service, online group and workshop series continue to offer support. A variety of self-help skills workshops continue to provide social support. This support remained essential this year to those who remain isolated by treatments, condition or mental health and maintained their connection to the Yeleni community.

### **Events & Awareness**

We have attended a variety of community networking, business and fundraising events raising awareness of our service offer both to private clients and those with cancer diagnoses. We have supported workplace wellbeing for a number of businesses, including the NHS initiative 'Caring for You' study days for local midwives.

Our social media presence on Facebook, Instagram and LinkedIn raises awareness of national days – such as World Cancer Day and other specific cancers – and highlights of our support work. We continue to focus on building a sense of community, connecting people across our rural county. A Website development programme and refresh this year more effectively links people to the support they need.

### **Funding**

Full detailed evidence of income and expenditure in this period is provided in the accounts.

### **Trusts and Grants**

Grants and Trusts continue to be our main source of income, with funding this year from national funders The National Lottery Community Fund, St James's Place Foundation, The Hospital Saturday Fund and more locally The Turner Trust, The Rowlands Trust and the E. F. Bulmer Trust.

We are grateful to all these funders for supporting us to deliver our service.

### **Community Support**

Fundraising events included the last large format Nozstock Festival which has historically been a fabulous opportunity for us to showcase our work and raise significant funds from generous donations. Supporters such as the daredevil octogenarian who completed an acrobatic WingWalk this year, Hereford Hockey Club that held a 24-hour event, and the cancer survivor who organised a Golden Valley Walk - supported by hundreds of people - raised funds in the thousands. No less important to us though are those who have held coffee mornings or knitted Easter chicks.

1:2 of us will receive a cancer diagnosis and every £ raised is appreciated. We thank every funder and fundraiser and private client for their support in helping us continue to help those in need of our free programme of therapies and support.

The Yeleni team of therapists also offer private client work and the room rental generated from this covers our building rent.

Yeleni depends on these different income streams in varying proportions. We remain alert to changes in the grant funding and community fundraiser environment and will seek to diversify our funding sources to ensure the sustainability of the charity.

### **Staffing**

Nicky Heath, the founder of the Charity, continues leading with vision and passion as CEO and Manager.

**Registration number 05819798**

**Yeleni Therapy and Support Ltd**  
**A Company limited by guarantee**  
**Report and Financial statements**  
**for the year ended 31 May 2024**

**Charity number: 1118969**

**Company number: 05819798**

**Yeleni Therapy and Support Ltd**  
**Company limited by guarantee**

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**Directors and trustees**

The directors of the charitable company (the charity) are its trustees for the purpose of charity law and throughout this report are collectively referred to as the trustees.

The officers serving during the year and since the year end were as follows:

Trustees:	Mrs Sheila Mary Enid Higgins Mrs Julie Elizabeth Cohn Mrs Leanne Pogson Mrs Joanna Phyllis Hilditch
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**Structure, Governance and Management**

**Objectives and Activities**

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**Yeleni Therapy and Support Ltd**  
**Company limited by guarantee**

**Trustees' responsibilities in relation to the financial statements**

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By order of the trustees

.....  
**Sheila Higgins**

**Yeleni Therapy and Support Ltd**  
**Company limited by guarantee**

**Statement of financial activities (including income and expenditure account)**  
**for the year ended 31 May 2024**

		<b>Unrestricted Funds</b>	<b>Total Funds 2024</b>	<b>Total Funds 2023</b>
	<b>Notes</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>Incoming resources</b>				
<b>Incoming resources from generated funds:</b>				
Voluntary income:				
Grants and Donations	<b>4</b>	124,578	124,578	118,128
Investment Income	<b>5</b>	-	-	-
<b>Total incoming resources</b>		<u>124,578</u>	<u>124,578</u>	<u>118,128</u>
 <b>Resources expended</b>				
Fundraising costs of grants and donations	<b>6</b>	23,293	23,293	18,055
<b>Sub total cost of generating funds</b>		<u>23,293</u>	<u>23,293</u>	<u>18,055</u>
<b>Charitable activities</b>	<b>6</b>	53,948	75,067	81,359
<b>Governance costs</b>	<b>6</b>	<u>33,548</u>	<u>33,548</u>	<u>30,067</u>
<b>Total resources expended</b>		110,789	131,908	129,481
<b>Net (outgoing) incoming resources</b>		<u>13,789</u>	<u>(7,330)</u>	<u>(11,353)</u>
 Total funds brought forward		63,751	108,537	119,890
<b>Total funds carried forward</b>		<u><u>77,540</u></u>	<u><u>101,207</u></u>	<u><u>108,537</u></u>



**Yeleni Therapy and Support Ltd**  
**Company limited by guarantee**

**Balance sheet**  
**as at 31 May 2024**

		<b>2024</b>		<b>2023</b>	
	<b>Notes</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>Fixed assets</b>					
Tangible assets			8,988		10,614
<b>Current assets</b>					
Stock		2,576		1,000	
Debtors	8	1,436		386	
Cash at bank and in hand		90,770		98,478	
		<u>94,782</u>		<u>98,864</u>	
<b>Liabilities</b>					
Creditors falling due within one year	9	(2,563)		(1,941)	
<b>Net current assets</b>			92,219		97,923
<b>Total assets less current liabilities</b>			<u>101,207</u>		<u>108,537</u>
<b>Net assets</b>			<u>101,207</u>		<u>108,537</u>
<b>The funds of the charity</b>					
Unrestricted income funds					
General	10	56,540		63,751	
Restricted Funds	10	44,667		44,786	
<b>Total Charity Funds</b>			<u>101,207</u>		<u>108,537</u>

In approving these financial statements as directors of the company we hereby confirm:

(a) that for the year stated above the company was entitled to the exemption conferred by Section 477 of the Companies Act 2006 ;

(b) that no notice has been deposited at the registered office of the company pursuant to Section 476 of the Companies Act 2006 requesting that an audit be conducted for the year ended 31 May 2023 and

(c) that we acknowledge our responsibilities for:

(1) ensuring that the company keeps accounting records which comply with Section 386, and

(2) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the year then ended in accordance with the requirements of Section 394 and 395 and which otherwise comply with the provisions of the Companies Act relating to financial statements, so far as applicable to the company.

The financial statements were approved by the Trustees on ...../...../..... and signed on its behalf by

..... **Sheila Higgins**

**The notes on pages 5 - 7 form an integral part of these financial statements.**

**Yeleni Therapy and Support Ltd**  
**Company limited by guarantee**

**Notes to the financial statements**  
**for the year ended 31 May 2024**

**1. Accounting policies**

**a. Basis of preparation**

The financial statements have prepared under the historical cost convention. The financial statements have been prepared in accordance with the Statement of Recommended Practice – Accounting and Reporting by Charities (SORP 2005) issued in March 2005, applicable accounting standards, and the Companies Act 2006. The principal accounting policies adopted in the preparation of the financial statements are set out below.

**b. Incoming resources**

Voluntary income including donations, gifts and legacies and grants that provide core funding or are of a general nature are recognized where there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability.

Investment income is recognized on a receivable basis.

**c. Volunteers and donated services and facilities**

The value of services provided by volunteers is not incorporated into these financial statements. Further details of the contribution made by volunteers can be found in the trustees' annual report.

Where services are provided to the charity as a donation that would normally be purchased from our suppliers, this contribution is included in the financial statements at an estimate based on the value of the contribution to the charity. Donated services and facilities are analysed in note 6.

**d. Resources expended**

Expenditure is recognised when a liability is incurred.

- Costs of generating funds are those incurred in attracting voluntary income.
- Governance costs include those incurred in the governance of the charity and its assets and are primarily associated with constitutional and statutory requirements.

**e. Irrecoverable VAT**

The charity is not registered for VAT and accordingly irrecoverable VAT is charged against the category of resources expended for which it was incurred.

**f. Funds structure**

All funds are unrestricted income funds.

**2. Legal status of the Trust**

The Trust is a company limited by guarantee and has no share capital. The liability of each member in the event of winding up is limited to £1.

**3. Turnover**

The total turnover of the company for the year has been derived from its activity wholly undertaken in the UK.

**Yeleni Therapy and Support Ltd**  
**Company limited by guarantee**

**Notes to the financial statements**  
**for the year ended 31 May 2024**

<b>4. Voluntary income</b>	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
Donated services	-	-
Other donations	124,578	118,128
Government Grants	-	-
	<u>105,659</u>	<u>118,128</u>

- 5. Investment income**  
All of the investment income arises from an interest-bearing bank account.

- 6. Allocation of support**  
The trust allocates support costs as shown in the table below.

	<b>Fundraising</b>	<b>Governance</b>	<b>Charitable</b>	<b>Total</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Staff Costs	14,699	27,388	21,318	63,405
Accountancy		798		798
General Expenses	8,148	5,361	28,662	42,171
<b>Total</b>	<b>22,847</b>	<b>33,547</b>	<b>49,980</b>	<b>106,374</b>

- 7. Taxation**  
The company is a registered charity and no provision is considered necessary for taxation.

<b>8. Debtors</b>	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
Trade Debtors	-	-
Other Debtors	1,436	386
	<u>1,436</u>	<u>386</u>

**Yeleni Therapy and Support Ltd**  
**Company limited by guarantee**

**Notes to the financial statements**  
**for the year ended 31 May 2024**

<b>9. Creditors: amounts falling due within one year</b>	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
Accruals	792	750
Other Creditors	676	247
PAYE	1,095	944
	<u>2,563</u>	<u>1,941</u>

<b>10. Analysis of charitable funds</b>	<b>Unrestricted</b>	<b>Restricted</b>	
	<b>Fund</b>	<b>Fund</b>	<b>Total</b>
	<b>£</b>	<b>£</b>	<b>£</b>
<b>At 1 June 2023</b>	63,751	44,786	108,537
Incoming resource	124,578	-	124,578
Resources expended	(110,789)	(21,119)	(133,908)
<b>At 31 May 2024</b>	<u>77,540</u>	<u>23,667</u>	<u>101,207</u>

**Yeleni Therapy and Support Ltd**  
**Company limited by guarantee**

**The following pages do not form part of the statutory accounts.**

**Yeleni Therapy and Support Ltd**  
**Company limited by guarantee**

**Detailed trading profit and loss account**  
**and expenses schedule**  
**for the year ended 31 May 2024**

	<b>2024</b>		<b>2023</b>	
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>Income</b>				
Fund raising		124,578		118,128
Donated services		-		-
Government Grants		-		-
		<u>124,578</u>		<u>118,128</u>
<b>Cost of Activities</b>				
Purchases	5,495		4,481	
Therapists	<u>20,039</u>		<u>27,708</u>	
		25,534		32,189
<b>Gross Profit</b>		<u>99,044</u>		<u>85,939</u>
<b>Administrative expenses</b>				
Staff Costs	63,405		58,531	
Accountancy	798		1,195	
General expenses	<u>42,171</u>		<u>37,566</u>	
		106,374		97,292
<b>Operating (Deficit) / Surplus</b>		<u>(7,330)</u>		<u>(11,353)</u>
<b>Other income and expenses</b>				
<b>Interest receivable</b>				
Bank deposit interest	<u>-</u>		<u>-</u>	
<b>Net (deficit) / surplus for the year</b>		<u><u>(7,330)</u></u>		<u><u>(11,353)</u></u>



# Independent examiner's report on the accounts

## Section A

## Independent Examiner's Report

**Report to the trustees/  
members of**

Yeleni Therapy and Support Ltd

**On accounts for the year  
ended**

31 May 2024

**Charity no  
(if any)**

1118969

**Set out on pages**

1 and 2.

**Respective  
responsibilities of  
trustees and examiner**

The charity's trustees consider that an audit is not required for this year (under section 43(2) of the Charities Act 1993 (the Act), as amended by s.28 of the Charities Act 2006) and that an independent examination is needed. It is my responsibility to:

- examine the accounts (under section 43 of the Act, as amended),
- to follow the procedures laid down in the General Directions given by the Charity Commission (under section 43(7)(b) of the Act, as amended), and
- to state whether particular matters have come to my attention.

**Basis of independent  
examiner's statement**

My examination was carried out in accordance with General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the accounts.

**Independent  
examiner's statement**

In the course of my examination, no matter has come to my attention (other than that disclosed below \*)

1. which gives me reasonable cause to believe that in, any material respect, the trustees have not met the requirements to ensure that:
  - proper accounting records are kept (in accordance with section 41 of the Act); and
  - accounts are prepared which agree with the accounting records and comply with the accounting requirements of the Act; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

\* Please delete the words in the brackets if they do not apply.

**Signed:**

*David Berkeley*

**Date:**

25 February 2025

**Name:**

David Berkeley

**Relevant professional  
qualification(s) or body  
(if any):**

ACMA (CIMA)

**Address:**

Apple Accountants, 7A Harrow Road, Hereford. HR4 0EH

Only complete if the examiner needs to highlight material problems.

Give here brief details of any items that the examiner wishes to disclose.

Nothing to report