

Yeleni Trustees Annual Report 1st June 2022 to 31st May 2023

Trustees

Julie Cohn (Chair), Sheila Higgins, Mary Seldon, Carl May, Leanne Pogson

Governance and Policies

Our HR Trustee, Leanne, updated all policies in summer 2021 as part of the preparations for our MQEM Assessment in September.

The Safeguarding Policy was updated, and new safeguarding training given to all staff and therapists in April 2022.

Mary Seldon stepped down as a trustee in October 2021.

Staffing:

Nicky Heath continues to head the organization as CEO and Manager, with Kate Bishop continuing as Development & Funding Coordinator. Beth Hudson was with us until October 2021, when she moved to a new role. Nicola Rowland is a well-established receptionist and we welcomed Amanda Freeman to the team also in October 2021.

Our 10 therapists are self-employed, seeing both Yeleni Cancer clients, paid for by the charity and their own clients. They pay room rent for these private clients, which helps to sustain the charity.

Our core work – face to face and hands on therapies

Yeleni opened its doors again in April 2021 and by the start of our new financial year, at the end of May, we already had a good idea of how the year was going to progress. We had an influx of patients and carers contacting us for their first initial assessment of our free programme of therapies and ongoing support.

During this financial year we saw 163 new cancer patients which is more than double that of previous years, as well as 77 new carers.

Online and Phone Support

We had a 3-year Lottery funding from 2020 for workshops and outreach sessions – which was re-purposed to provide online workshops, social groups and a phone befriending service. These 3 aspects of our work carried on through 2021 and into 2022, as the demand was very much evident.

Many cancer patients were very aware of the risks of re-joining general “outdoor” life and chose to limit their contact with people, due to having suppressed immunity from their condition and treatment. The vulnerability and isolation were still felt keenly, so keeping these online and phone options running was essential.

439 sessions of online workshops were delivered to an average of 71 people per month, @19 - 25 people each month access our befriending calls.

Towards the end of Spring 2022 the numbers had fallen, with plans for in-person workshops underway and the demand for the phone befriending reduced a little.

Increased demand from Breast Cancer patients

During this year we had a blow in the Herefordshire community due to the closure of Breast Cancer Haven, which meant that specialist support for those with Breast Cancer was reduced. A support group formed quickly, and many patients chose to come to Yeleni for their therapies - between May 2021 and 2022 we saw 75 Breast Cancer patients.

We applied for and got extra funding for this increase from Awards for All in December 2021, which covered 30 patients and 30 carers - not the full number needed, but a great help.

Carers of Cancer Patients

Carers' Therapies have been in demand too. We have known for a long time that this service has been needed given there has been little provision for those caring for a cancer patient – as a relative, spouse or friend. The stress on these people is immense and we had, as part of our lottery funding, resources to provide therapies (4 free sessions) for the primary carer of each patient.

We predicted we might get 25 carers in the first year. Well, that was an underestimate - we had in fact 77! It's clear this is fulfilling a huge need and something we will work on and get future funding for.

Events and Achievements

The major achievements we celebrated were both in September 2021. We were the winners of the Hereford and Worcester Commitment to the Community Award. Our C.E.O. Nicky Heath and Community Liaison Coordinator, Beth Hudson attended the Award Ceremony with all the runners up and members. A great achievement, and recognition for the work that we have done in supporting the community during the pandemic and beyond.

We also celebrated the re-awarding of our Macmillan Quality Environment Mark (MQEM) in September 2021, which we had held for 3 years and was due to be re-assessed. This followed a major refurbishment of the centre through 2020 during lockdown, in response to thorough evaluation of feedback from clients.

The comments and suggestions were followed to ensure the Yeleni treatment rooms, reception, cloakrooms and access were all meeting the needs of our clients. After a long self-assessment form, a visit from 2 assessors, meetings with staff and clients, we were given a 5/5 mark – we are so proud of everyone and have this award for a further 3 years.

Working with our community

- In February 2022 we delivered taster therapy sessions to staff at Tesco in Hereford. Feedback was very positive, and we will be asked back in the Autumn.
- We gave a 10% staff discount to all staff from NMITE, whose premises are opposite ours. We are also providing counselling services for the students and will be involved in creating a health & wellbeing initiative for the students going forward.
- Little Princess Trust paid for all their staff to have a session of therapy with us.
- Katherine Harriet, a local care agency – give a Yeleni therapy voucher each month to their employee of the month as a thank you.
- In March 2022 Yeleni Therapists attended Hereford & Worcester Chamber of Commerce Business Expo at Three Counties Showground, giving therapies and raising the profile of the Centre. This was so well received we have been invited back in October. We have been integral in helping to create a Wellbeing Zone at the expo.
- Due to popular demand, Yeleni therapists attended two occasions at the Sixth Form College offering taster sessions of therapies to the staff. Feedback was highly positive and we are being invited back again later in the year.
- Hereford BID offered all their members £50 vouchers to spend on health and wellbeing – our therapies being an option they could choose.
- The Hereford All Cancer Support Group opened officially on 20th January 2022 with our High Sherriff Jo Hilditch attending, which was highly successful. This group is not part of Yeleni but is associated with us and has monthly meetings at the Salvation Army Hall nearby, which is a vital addition to the services available to those living with and beyond cancer.

Funding

Yeleni depends on several income streams in varying proportions, and we are always seeking to diversify our funding sources to ensure the sustainability of the charity. Fundraising events have been difficult over the past 2 years due to the pandemic; however, a large sum was

raised in October 2021 by Mike Chandler – despite illness preventing him from running the London Marathon, his generous supporters donated a magnificent £31,000. We also had brilliant support from Louise, who did a thousand-mile walking challenge and from Mel and Sarah who ran a virtual marathon for us.

With the return of our therapists to in person therapies at Yeleni, the room rent generated from private clients covered the rent of the building.

We were still not able to work at Nozstock for our usual 3-day fundraiser but will be back in July 2022.

We worked hard at applying for grants from trusts and managed to bring in over £90,000 in trust and lottery funding. This is a higher percentage than normal, due to an Awards for All grant especially to help with the huge rise in Breast Cancer patient numbers coming to us following the loss of the Haven.

We are grateful for the support of local trusts – EF Bulmer Trust, Eveson Trust and Hereford Community Foundation who have supported us so loyally over the years. Other trusts include Pink Ribbon Foundation, Sobell and February Foundation.

Looking Forward

We hope to continue to grow and develop as we are now the **only** local complementary health centre offering free therapy & support to anyone living with and beyond cancer.

We will further consolidate our position in the Herefordshire community as the place to come to for health & wellbeing support, by attending/creating events, growing our social media platform and encouraging the general public to be preventative about their health, whilst supporting those that are unwell.

Registration number 05819798

Yeleni Therapy and Support Ltd
A Company limited by guarantee

Report and Financial statements
for the year ended 31 May 2023

Charity number: 1118969

Company number: 05819798

Yeleni Therapy and Support Ltd
Company limited by guarantee

The trustees are pleased to present their report together with the financial statements of the charity for the year ended 31st May 2023.

Reference and administrative details

Charity number: 1118969
Company number: 05819798
Principle Office: 2 Blackfriars Street, Hereford, HR4 9HS
Accountants: Apple Accountants. 7a Harrow Road, Hereford, HR4 0EH
Bankers: Co-Op

Directors and trustees

The directors of the charitable company (the charity) are its trustees for the purpose of charity law and throughout this report are collectively referred to as the trustees.

The officers serving during the year and since the year end were as follows:

Trustees: Mrs Sheila Mary Enid Higgins
Mrs Julie Elizabeth Cohn
Mr Carl Stephen May
Mrs Mary Noelle Martha Seldon
Mrs Leanne Pogson

Structure, Governance and Management

Objectives and Activities

The objectives of the charity are to help relieve sickness and preserve and protect the good health of people with cancer and their carers by providing or assisting in the provision of complementary therapies, information, education, advice, support & counselling.

The company was incorporated on 17th May 2006 and received charitable status on 26 April 2007.

The centre opened on 1st April 2010.

Reserves Policy

It is intended to maintain sufficient reserves to cover three months expenditure and management support costs.

Yeleni Therapy and Support Ltd
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Trustees' responsibilities in relation to the financial statements

Company law requires the trustees to prepare financial statements that give a true and fair view of the state of affairs of the charity at the end of the financial year and of its surplus or deficit for the financial year. In doing so the trustees are required to:

- Select suitable accounting policies and then apply them consistently:
 - Make sound judgments and estimates that are reasonable and prudent: and
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enables them to ensure that the financial statements comply with the companies Act 2006. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

By order of the trustees

.....
Sheila Higgins

Yeleni Therapy and Support Ltd
Company limited by guarantee
for the year ended 31 May 2023

		Unrestricted Funds	Total Funds 2023	Total Funds 2022
	Notes	£	£	£
Incoming resources				
Incoming resources from generated funds:				
Voluntary income:				
Grants and Donations	4	116,351	118,128	161,920
Investment Income	5	-	-	-
Total incoming resources		<u>116,351</u>	<u>118,128</u>	<u>161,920</u>
 Resources expended				
Fundraising costs of grants and donations	6	18,055	18,055	26,604
Sub total cost of generating funds		<u>18,055</u>	<u>18,055</u>	<u>26,604</u>
Charitable activities	6	53,651	81,359	97,286
Governance costs	6	<u>30,067</u>	<u>30,067</u>	<u>26,727</u>
Total resources expended		101,773	129,481	150,617
Net (outgoing) incoming resources		<u>14,578</u>	<u>(11,353)</u>	<u>11,303</u>
 Total funds brought forward				
Total funds carried forward		<u><u>49,173</u></u>	<u><u>119,890</u></u>	<u><u>108,587</u></u>
		<u><u>63,751</u></u>	<u><u>108,537</u></u>	<u><u>119,890</u></u>

Yeleni Therapy and Support Ltd
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Balance sheet
as at 31 May 2023

		2023		2022	
	Notes	£	£	£	£
Fixed assets					
Tangible assets			10,614		10,598
Current assets					
Stock		1,000		1,000	
Debtors	8	386		386	
Cash at bank and in hand		98,478		109,236	
		<u>99,864</u>		<u>110,622</u>	
Liabilities					
Creditors falling due within one year	9	(1,941)		(1,330)	
Net current assets			97,923		109,292
Total assets less current liabilities			<u>108,537</u>		<u>119,890</u>
Net assets			<u>108,537</u>		<u>119,890</u>
The funds of the charity					
Unrestricted income funds					
General	10	63,751		49,173	
Restricted Funds	10	44,786		70,717	
Total Charity Funds		<u>108,537</u>		<u>119,890</u>	

In approving these financial statements as directors of the company we hereby confirm:

(a) that for the year stated above the company was entitled to the exemption conferred by Section 477 of the Companies Act 2006 ;

(b) that no notice has been deposited at the registered office of the company pursuant to Section 476 of the Companies Act 2006 requesting that an audit be conducted for the year ended 31 May 2023 and

(c) that we acknowledge our responsibilities for:

(1) ensuring that the company keeps accounting records which comply with Section 386, and

(2) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the year then ended in accordance with the requirements of Section 394 and 395 and which otherwise comply with the provisions of the Companies Act relating to financial statements, so far as applicable to the company.

The financial statements were approved by the Trustees on/...../..... and signed on its behalf by

.....*S. Higgins*..... **Sheila Higgins**

The notes on pages 5 - 7 form an integral part of these financial statements.

Yeleni Therapy and Support Ltd
Company limited by guarantee

Notes to the financial statements
for the year ended 31 May 2023

1. Accounting policies

a. Basis of preparation

The financial statements have prepared under the historical cost convention. The financial statements have been prepared in accordance with the Statement of Recommended Practice – Accounting and Reporting by Charities (SORP 2005) issued in March 2005, applicable accounting standards, and the Companies Act 2006. The principal accounting policies adopted in the preparation of the financial statements are set out below.

b. Incoming resources

Voluntary income including donations, gifts and legacies and grants that provide core funding or are of a general nature are recognized where there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability.

Investment income is recognized on a receivable basis.

c. Volunteers and donated services and facilities

The value of services provided by volunteers is not incorporated into these financial statements. Further details of the contribution made by volunteers can be found in the trustees' annual report.

Where services are provided to the charity as a donation that would normally be purchased from our suppliers, this contribution is included in the financial statements at an estimate based on the value of the contribution to the charity. Donated services and facilities are analysed in note 6.

d. Resources expended

Expenditure is recognised when a liability is incurred.

- Costs of generating funds are those incurred in attracting voluntary income.
- Governance costs include those incurred in the governance of the charity and its assets and are primarily associated with constitutional and statutory requirements.

e. Irrecoverable VAT

The charity is not registered for VAT and accordingly irrecoverable VAT is charged against the category of resources expended for which it was incurred.

f. Funds structure

All funds are unrestricted income funds.

2. Legal status of the Trust

The Trust is a company limited by guarantee and has no share capital. The liability of each member in the event of winding up is limited to £1.

3. Turnover

The total turnover of the company for the year has been derived from its activity wholly undertaken in the UK.

Yeleni Therapy and Support Ltd
Company limited by guarantee

Notes to the financial statements
for the year ended 31 May 2023

4. Voluntary income	2023	2022
	£	£
Donated services	-	-
Other donations	118,128	161,920
Government Grants	-	-
	<u>118,128</u>	<u>161,920</u>

5. **Investment income**
All of the investment income arises from an interest bearing bank account.

6. **Allocation of support**
The trust allocates support cost as shown in the table below.

	Fundraising £	Governance £	Charitable £	Total £
Staff Costs	13,134	26,260	19,137	58,531
Accountancy		1,195		1,195
General Expenses	4,650	2,611	30,305	37,566
Total	17,784	30,066	49,442	97,292

7. **Taxation**
The company is a registered charity and no provision is considered necessary for taxation.

8. Debtors	2023	2022
	£	£
Trade Debtors	-	-
Other Debtors	386	386
	<u>386</u>	<u>386</u>

Yeleni Therapy and Support Ltd
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Notes to the financial statements
for the year ended 31 May 2023

9. Creditors: amounts falling due within one year

	2023	2022
	£	£
Accruals	750	660
Other Creditors	247	202
PAYE	944	468
Short Term Loan	-	-
	<u>1,941</u>	<u>1,330</u>

10. Analysis of charitable funds

	Unrestricted	Restricted	
	Fund	Fund	Total
	£	£	£
At 1 June 2022	49,173	70,717	119,890
Incoming resource	116,351	1,777	118,128
Resources expended	(101,773)	(27,708)	(129,481)
At 31 May 2023	<u>63,751</u>	<u>44,786</u>	<u>108,537</u>

Yeleni Therapy and Support Ltd
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The following pages do not form part of the statutory accounts.

Yeleni Therapy and Support Ltd
Company limited by guarantee

**Detailed trading profit and loss account
and expenses schedule
for the year ended 31 May 2023**

	2023		2022	
	£	£	£	£
Income				
Fund raising		118,128		161,920
Donated services		-		-
Government Grants		-		-
		<u>118,128</u>		<u>161,920</u>
Cost of sales				
Purchases	4,481		12,302	
Therapists	<u>27,708</u>		<u>45,825</u>	
		32,189		58,127
Gross profit		<u>85,939</u>		<u>103,793</u>
Administrative expenses				
Staff Costs	58,531		54,351	
Accountancy	1,195		1,182	
General expenses	<u>37,566</u>		<u>36,957</u>	
		97,292		92,490
Operating (loss) / profit		<u>(11,353)</u>		<u>11,303</u>
Other income and expenses				
Interest receivable				
Bank deposit interest	<u>-</u>		<u>-</u>	
Net (loss) / profit for the year		<u><u>(11,353)</u></u>		<u><u>11,303</u></u>



Independent examiner's report on the accounts

Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Yeleni Therapy and Support Ltd

**On accounts for the year
ended**

31 May 2023

**Charity no
(if any)**

1118969

Set out on pages

1 and 2.

**Respective
responsibilities of
trustees and examiner**

The charity's trustees consider that an audit is not required for this year (under section 43(2) of the Charities Act 1993 (the Act), as amended by s.28 of the Charities Act 2006) and that an independent examination is needed. It is my responsibility to:

- examine the accounts (under section 43 of the Act, as amended),
- to follow the procedures laid down in the General Directions given by the Charity Commission (under section 43(7)(b) of the Act, as amended), and
- to state whether particular matters have come to my attention.

**Basis of independent
examiner's statement**

My examination was carried out in accordance with General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the accounts.

**Independent
examiner's statement**

In the course of my examination, no matter has come to my attention (other than that disclosed below *)

1. which gives me reasonable cause to believe that in, any material respect, the trustees have not met the requirements to ensure that:
 - proper accounting records are kept (in accordance with section 41 of the Act); and
 - accounts are prepared which agree with the accounting records and comply with the accounting requirements of the Act; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

David Berkeley

Date:

22 November 2022

Name:

David Berkeley

**Relevant professional
qualification(s) or body
(if any):**

ACMA (CIMA)

Address:

Apple Accountants, 7A Harrow Road, Hereford. HR4 0EH

Only complete if the examiner needs to highlight material problems.

Give here brief details of any items that the examiner wishes to disclose.