

# YELENI THERAPY & SUPPORT LTD

England & Wales · Charity number 1118969

## Details

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Other names	THE YELENI SUPPORT CENTRE FOR CANCER & CHRONIC ILLNESS, THE YELENI SUPPORT CENTRE FOR CANCER AND CHRONIC ILLNESS, YELENI THERAPY & SUPPORT
Status	Registered
Legal form	Charitable company
Company number	<a href="#">05819798</a>
Registered	2007-04-26
Register	<a href="#">View on the Charity Commission register</a>

## Contact

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Address	2 Blackfriars Street Hereford Herefordshire HR4 9HS
Phone	01432 342 342
Email	<a href="mailto:info@yelenisupport.co.uk">info@yelenisupport.co.uk</a>
Website	<a href="http://www.yelenisupport.co.uk">www.yelenisupport.co.uk</a>

## Activities

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**Objects:** The charity's objects ("the objects") are to help relieve sickness and preserve and protect the good health, primarily but not exclusively, of people with cancer and their carers by providing or assisting in the provision of: (a) complementary therapies including, but not exclusively; acupuncture, herbal medicine, homeopathy, aromatherapy, bach and other flower remedies, body work therapies, counselling, stress therapy, hypnotherapy, meditation, reflexology, shiatsu, healing, nutritional medicine, yoga and reiki. (b) information, education, advice, support and counselling.

**Activities:** We aim to provide a programme of free complementary therapies plus ongoing support via workshops, self help groups and exercise classes for anyone with cancer in Herefordshire and surrounding counties to help them cope with the rigours of conventional treatment and support them on their journey towards living well with, and beyond cancer. We also offer support to their carers.

## Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** Children/young People, Elderly/old People, People With Disabilities, The General Public/mankind

## Geography

- Herefordshire

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-05-31	£203,789	£189,506	-	-
2024-05-31	£124,578	£131,908	-	-
2023-05-31	£118,128	£129,481	-	-
2022-05-31	£161,920	£150,617	-	-
2021-05-31	£193,929	£128,310	-	-

## Trustees

Name	Role	Appointed
<b>SHEILA MARY ENID HIGGINS</b>	Chair	
Joanna Phyllis Hilditch DL		2022-10-04
John Edwin Taylor		2024-10-21
Julie Elizabeth Cohn		2014-12-01
Leanne Sharon Pogson		2020-12-16
Simon Richard Adcock		2024-06-17

**YELENI THERAPY & SUPPORT LTD**

England & Wales - Charity number 1118969

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# Accounts

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**Yeleni Therapy and Support Ltd**  
**Company limited by guarantee.**  
**Trustees Annual Report**

The trustees are pleased to present their report together with the financial statements of the charity for the year 1<sup>st</sup> June 2024 to 31<sup>st</sup> May 2025.

**Reference and administrative details**

Charity number:	1118969
Company number:	05819798
Principle Office:	2 Blackfriars Street, Hereford, HR4 9HS
Accountants:	Apple Accountants. 7a Harrow Road, Hereford, HR4 OEH
Bankers:	Co-operative Bank

**Directors and trustees**

The directors of the charitable company (the charity) are its trustees for the purpose of charity law and throughout this report are collectively referred to as the trustees.

The officers serving during the year and since the year end were as follows:

Trustees:

Mrs Julie Elizabeth Cohn (Chair)  
Mrs Sheila Mary Enid Higgins  
Mrs Leanne Sharon Pogson  
Mrs Joanna Phyllis Hilditch  
Mr Simon Adcock  
Mr John Taylor

**Structure, Governance and Management**

**Objectives and Activities**

The objectives of the charity are to help relieve sickness and preserve and protect the good health of people with cancer and their carers by providing or assisting in the provision of complementary therapies, information, education, advice, support & counselling.

The company was incorporated on 17<sup>th</sup> May 2006 and received charitable status on 26<sup>th</sup> April 2007. The centre opened on 1<sup>st</sup> April 2010.

## **Reserves Policy**

It is intended to maintain sufficient reserves to cover three months expenditure and management support costs.

## **Trustees' responsibilities in relation to the financial statements**

Company law requires the trustees to prepare financial statements that give a true and fair view of the state of affairs of the charity at the end of the financial year and of its surplus or deficit for the financial year. In doing so the trustees are required to:

- Select suitable accounting policies and then apply them consistently:
  - Make sound judgments and estimates that are reasonable and prudent: and
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enables them to ensure that the financial statements comply with the Companies Act 2006. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

By order of the trustees

## **Trustees Annual Report**

### **Introduction**

Yeleni remains the only local complementary therapy centre offering counselling, therapies and workshops free of charge to cancer patients and their carer.

Our therapies are specifically designed to be delivered in a non-clinical environment where clients feel relaxed and supported by our compassionate approach. In recognition of this we have been awarded the Macmillan Quality Environment Mark, for a third time, in October 2024 with an improved score of 5/5.

We have supported workplace wellbeing for a number of businesses, including the NHS initiative 'Caring for You' study days, and workshops for staff and students at the Royal National College for the Blind.

### **Core Service**

We provide a wide range of therapies and specialist support groups.

Therapies support cancer patients and their carers to cope with physical and mental stress and strains resulting from diagnosis, treatments and side effects. Our delivery team of therapists has expanded, with the addition of a breast cancer physiotherapist and a Pilates instructor. Complementary therapies of Reflexology, Bowen and Craniosacral Therapies are most frequently delivered, but the range of treatments available now includes Oncology Massage, Sports Massage, Acupuncture and 15 more.

More than half our referrals are received from the NHS – GPs, Social Prescribers, Consultants and Cancer Nurse Specialists - and Macmillan Cancer Support. Service information is provided via the Macmillan information pack to every cancer patient seen at the local County Hospital. Referrals are also received from surrounding counties of Worcestershire, Gloucestershire, Shropshire and the Welsh border counties.

We support patients with any cancer, but Breast cancer is the most frequent making 50% of referrals this year. The Yeleni Breast Cancer Support Service, launched in March 2024, now has over 50 members. Monthly meetings offer activities and social connection. Specialist talks on a variety of topics, and a Breast Cancer Nurse specialist, give access to additional information and reassurance.

Peer group support for those with other intimate body cancers, such as a gynaecological cancer, is also available but the group support for male cancer patients failed to establish.

### **Outreach & Extended Support**

Our outreach befriending service, online sessions, group and workshop series continues to offer support to those who remain isolated by treatments, condition, mental health or the rural nature of our county. Patients and carers can also join online with our peer support groups.

### **Events & Awareness**

Community is at the heart of our work and we have attended a wide range of networking, business and fundraising events. Our CEO, Nicky Heath, has given many talks to local WI, and regional cancer support groups raising awareness of our service and of the needs of cancer patients.

We have launched a quarterly Newsletter, delivered to subscribers by email, sending news of all Yeleni activities, support and community work. Our social media presence on Facebook, Instagram and LinkedIn raises awareness of national days and highlights of our related support work, and fundraising activities.

### **Funding**

Full detailed evidence of income and expenditure in this period is provided in the accounts.

### **Trusts and Grants**

Grants and Trusts continue to be our main source of income, with funding this year from national funders The National Lottery Community Fund, UKSPF, Souter Charitable Trust, Dumbreck Charity, Arnold Clark and locally E. F. Bulmer Trust, Inchrye Trust, Herefordshire Freemasons.

We are grateful to all these funders for supporting us to deliver our service.

### **Community Support**

Community fundraising this year included the local Nozstock Festival in July 2024, local groups, societies and businesses; The Barrels 'Oktoberfest', St Martin's Bowls Club, Hereford City Rotary, St Paul's PCC, Katherine Harriet Ltd and AllPay. Other private donations have been received in remembrance of loved ones.

Yeleni fundraising events included a Health and Wellbeing day in October and an aerial Wing Walk completed by SuperNanny (aka our CEO, Nicky Heath).

The Yeleni team of therapists offer private client work and the room rental generated from this goes towards our core costs. An increasing number of these private clients are previous patients.

### **Staffing**

Our small staff team (part-time) – Reception, Administration and Grant Fundraiser) – continues to be led by Nicky Heath, the founder of the Charity, leading with vision and passion as CEO and Manager.

Volunteers support our community fundraising, and therapists also give time free of charge for a range of fundraising and outreach activities, community, and workplace events.

**Yeleni Therapy and Support Ltd**  
**Company limited by guarantee**

The trustees are pleased to present their report together with the financial statements of the charity for the year ended 31<sup>st</sup> May 2025.

**Reference and administrative details**

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**Directors and trustees**

The directors of the charitable company (the charity) are its trustees for the purpose of charity law and throughout this report are collectively referred to as the trustees.

The officers serving during the year and since the year end were as follows:

Trustees:	Mrs Sheila Mary Enid Higgins Mrs Julie Elizabeth Cohn Mrs Leanne Pogson Mrs Joanna Phyllis Hilditch Mr Simon Adcock Mr John Taylor
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**Structure, Governance and Management**

**Objectives and Activities**

The objectives of the charity are to help relieve sickness and preserve and protect the good health of people with cancer and their carers by providing or assisting in the provision of complementary therapies, information, education, advice, support & counselling.

The company was incorporated on 17<sup>th</sup> May 2006 and received charitable status on 26 April 2007.

The centre opened on 1<sup>st</sup> April 2010.

Reserves Policy

It is intended to maintain sufficient reserves to cover three months' expenditure and management support costs.

**Yeleni Therapy and Support Ltd**  
**Company limited by guarantee**

**Trustees' responsibilities in relation to the financial statements**

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- Select suitable accounting policies and then apply them consistently:
  - Make sound judgments and estimates that are reasonable and prudent: and
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By order of the trustees

*S Higgins*  
.....  
**Sheila Higgins**

**Yeleni Therapy and Support Ltd**  
**Company limited by guarantee**

**Statement of financial activities (including income and expenditure account)**  
**for the year ended 31 May 2025**

	Notes	Unrestricted Funds £	Total Funds 2025 £	Total Funds 2024 £
<b>Incoming resources</b>				
<b>Incoming resources from generated funds:</b>				
Voluntary income:				
Grants and Donations	4	101,427	203,789	124,578
Investment Income	5	-	-	-
<b>Total incoming resources</b>		101,427	203,789	124,578
<b>Resources expended</b>				
Fundraising costs of grants and donations	6	23,456	26,220	23,293
<b>Sub total cost of generating funds</b>		23,456	26,220	23,293
<b>Charitable activities</b>	6	49,067	125,581	75,067
<b>Governance costs</b>	6	37,705	37,705	33,548
<b>Total resources expended</b>		110,228	189,506	131,908
<b>Net (outgoing) incoming resources</b>		(8,801)	14,283	(7,330)
Total funds brought forward		77,540	101,207	108,537
<b>Total funds carried forward</b>		68,739	115,490	101,207

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**Yeleni Therapy and Support Ltd**  
**Company limited by guarantee**

**Balance sheet**  
**as at 31 May 2025**

		2025		2024	
Notes	£	£	£	£	£
<b>Fixed assets</b>					
Tangible assets			7,153		8,988
<b>Current assets</b>					
Stock		1,200		2,576	
Debtors	8	199		1,436	
Cash at bank and in hand		111,170		90,770	
		112,569		94,782	
<b>Liabilities</b>					
Creditors falling due within one year	9	(4,232)		(2,563)	
<b>Net current assets</b>			108,337		92,219
<b>Total assets less current liabilities</b>			115,490		101,207
<b>Net assets</b>			115,490		101,207
<b>The funds of the charity</b>					
Unrestricted income funds					
General	10		68,739		56,540
Restricted Funds	10		46,751		44,667
<b>Total Charity Funds</b>			115,490		101,207

In approving these financial statements as directors of the company we hereby confirm:

(a) that for the year stated above the company was entitled to the exemption conferred by Section 477 of the Companies Act 2006 ;

(b) that no notice has been deposited at the registered office of the company pursuant to Section 476 of the Companies Act 2006 requesting that an audit be conducted for the year ended 31 May 2025 and

(c) that we acknowledge our responsibilities for:

(1) ensuring that the company keeps accounting records which comply with Section 386, and

(2) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the year then ended in accordance with the requirements of Section 394 and 395 and which otherwise comply with the provisions of the Companies Act relating to financial statements, so far as applicable to the company.

The financial statements were approved by the Trustees on ...../...../..... and signed on its behalf by

..... *S Higgins* ..... **Sheila Higgins**

**The notes on pages 5 - 7 form an integral part of these financial statements.**

**Yeleni Therapy and Support Ltd**  
**Company limited by guarantee**

**Notes to the financial statements**  
**for the year ended 31 May 2025**

**1. Accounting policies**

**a. Basis of preparation**

The financial statements have prepared under the historical cost convention. The financial statements have been prepared in accordance with the Statement of Recommended Practice – Accounting and Reporting by Charities (SORP 2005) issued in March 2005, applicable accounting standards, and the Companies Act 2006. The principal accounting policies adopted in the preparation of the financial statements are set out below.

**b. Incoming resources**

Voluntary income including donations, gifts and legacies and grants that provide core funding or are of a general nature are recognized where there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability.

Investment income is recognized on a receivable basis.

**c. Volunteers and donated services and facilities**

The value of services provided by volunteers is not incorporated into these financial statements. Further details of the contribution made by volunteers can be found in the trustees' annual report.

Where services are provided to the charity as a donation that would normally be purchased from our suppliers, this contribution is included in the financial statements at an estimate based on the value of the contribution to the charity. Donated services and facilities are analysed in note 6.

**d. Resources expended**

Expenditure is recognised when a liability is incurred.

- Costs of generating funds are those incurred in attracting voluntary income.
- Governance costs include those incurred in the governance of the charity and its assets and are primarily associated with constitutional and statutory requirements.

**e. Irrecoverable VAT**

The charity is not registered for VAT and accordingly irrecoverable VAT is charged against the category of resources expended for which it was incurred.

**f. Funds structure**

All funds are unrestricted income funds.

**2. Legal status of the Trust**

The Trust is a company limited by guarantee and has no share capital. The liability of each member in the event of winding up is limited to £1.

**3. Turnover**

The total turnover of the company for the year has been derived from its activity wholly undertaken in the UK.

**Yeleni Therapy and Support Ltd**  
**Company limited by guarantee**

**Notes to the financial statements**  
**for the year ended 31 May 2025**

<b>4.</b>	<b>Voluntary income</b>	<b>2025</b>	<b>2024</b>
		<b>£</b>	<b>£</b>
	Donations	58,767	27,665
	Other donations	116,862	124,578
		<u>175,629</u>	<u>152,243</u>

**5. Investment income**  
All of the investment income arises from an interest-bearing bank account.

**6. Allocation of support**  
The trust allocates support costs as shown in the table below.

	Fundraising £	Governance £	Charitable £	Total £
Staff Costs	17,918	31,274	23,220	72,412
Accountancy		816		816
General Expenses	7,886	5,615	35,222	48,723
<b>Total</b>	<b>25,804</b>	<b>37,705</b>	<b>58,442</b>	<b>121,951</b>

**7. Taxation**  
The company is a registered charity and no provision is considered necessary for taxation.

<b>8.</b>	<b>Debtors</b>	<b>2025</b>	<b>2024</b>
		<b>£</b>	<b>£</b>
	Trade Debtors	-	-
	Other Debtors	199	1,436
		<u>199</u>	<u>1,436</u>

**Yeleni Therapy and Support Ltd**  
**Company limited by guarantee**

**Notes to the financial statements**  
**for the year ended 31 May 2025**

<b>9.</b>	<b>Creditors: amounts falling due within one year</b>	<b>2025</b>	<b>2024</b>
		<b>£</b>	<b>£</b>
	Accruals	822	792
	Other Creditors	676	676
	PAYE	1,439	1,095
		<u>2,937</u>	<u>2,563</u>

<b>10.</b>	<b>Analysis of charitable funds</b>	<b>Unrestricted</b>	<b>Restricted</b>	
		<b>Fund</b>	<b>Fund</b>	<b>Total</b>
		<b>£</b>	<b>£</b>	<b>£</b>
	<b>At 1 June 2024</b>	77,540	23,667	101,207
	Incoming resource	101,427	102,362	203,789
	Resources expended	(110,228)	(79,278)	(189,506)
	<b>At 31 May 2025</b>	<u>68,739</u>	<u>46,751</u>	<u>115,490</u>

**Yeleni Therapy and Support Ltd**  
**Company limited by guarantee**

**The following pages do not form part of the statutory accounts.**

**Yeleni Therapy and Support Ltd**  
**Company limited by guarantee**

**Detailed trading profit and loss account**  
**and expenses schedule**  
**for the year ended 31 May 2025**

	2025		2024	
	£	£	£	£
<b>Income</b>				
Fund raising		116,862		88,709
Donations		58,767		27,665
Other		28,160		8,204
		203,789		124,578
 <b>Cost of Activities</b>				
Purchases	8,308		5,495	
Therapists	59,247		20,039	
		67,555		25,534
<b>Gross Profit</b>		136,234		99,044
 <b>Administrative expenses</b>				
Staff Costs	72,412		63,405	
Accountancy	816		798	
General expenses	48,723		42,171	
		121,951		106,374
<b>Operating (Deficit) / Surplus</b>		14,283		(7,330)
 <b>Other income and expenses</b>				
<b>Interest receivable</b>				
Bank deposit interest	-		-	
		-		-
 <b>Net (deficit) / surplus for the year</b>		14,283		(7,330)



# Independent examiner's report on the accounts

## Section A

## Independent Examiner's Report

**Report to the trustees/  
members of**

Yeleni Therapy and Support Ltd

**On accounts for the year  
ended**

31 May 2025

**Charity no  
(if any)**

1118969

**Set out on pages**

1 and 2.

**Respective  
responsibilities of  
trustees and examiner**

The charity's trustees consider that an audit is not required for this year (under section 43(2) of the Charities Act 1993 (the Act), as amended by s.28 of the Charities Act 2006) and that an independent examination is needed. It is my responsibility to:

- examine the accounts (under section 43 of the Act, as amended),
- to follow the procedures laid down in the General Directions given by the Charity Commission (under section 43(7)(b) of the Act, as amended), and
- to state whether particular matters have come to my attention.

**Basis of independent  
examiner's statement**

My examination was carried out in accordance with General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the accounts.

**Independent  
examiner's statement**

In the course of my examination, no matter has come to my attention (other than that disclosed below \*)

1. which gives me reasonable cause to believe that in, any material respect, the trustees have not met the requirements to ensure that:
  - proper accounting records are kept (in accordance with section 41 of the Act); and
  - accounts are prepared which agree with the accounting records and comply with the accounting requirements of the Act; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

\* Please delete the words in the brackets if they do not apply.

**Signed:**

*David Berkeley*

**Date:**

24 March 2026

**Name:**

David Berkeley

**Relevant professional  
qualification(s) or body  
(if any):**

ACMA (CIMA)

**Address:**

Apple Accountants, 7A Harrow Road, Hereford. HR4 0EH

Only complete if the examiner needs to highlight material problems.

**Give here brief details of any items that the examiner wishes to disclose.**

Nothing to report

**YELENI THERAPY & SUPPORT LTD**

England & Wales - Charity number 1118969

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# Accounts

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**Yeleni Therapy and Support Ltd**  
**Company limited by guarantee.**  
**Trustees Annual Report**

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	Mrs Sheila Mary Enid Higgins
	Mrs Leanne Sharon Pogson
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**Structure, Governance and Management**

**Objectives and Activities**

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## **Reserves Policy**

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By order of the trustees

## **Trustees Annual Report**

### **Introduction**

Yeleni remains the only local complementary therapy centre offering counselling, therapies and workshops free of charge to cancer patients and their carers.

The demand for our support that demonstrated a dramatic rise in 2022-23 has remained high. We reached a major milestone this year when our 1000<sup>th</sup> patient was referred.

### **Core Service**

We have introduced a wider range of therapies, therapists and activities and launched a number of specialist support groups.

The Yeleni Breast Cancer Support Service launched in March 2024, supported with funding from Macmillan. 70 people attended the launch event, including our patron Lady Darnley, our trustees, plus other local dignitaries and supporters. Monthly meetings are held, offering specialist talks, activities and social connection. Free additional support from a Breast Cancer Nurse specialist has been provided and Pilates classes have been added to the offer, increasing the degree of mobility post-surgery and treatment. Support following diagnosis and treatments for breast cancer remains the number one reason for referral.

Further support groups have also begun, in response to patient demand, offering peer support for those with intimate body cancers, such as a gynaecological cancer support group, and a men's cancer support group.

### **Outreach & Extended Support**

Our outreach befriending service, online group and workshop series continue to offer support. A variety of self-help skills workshops continue to provide social support. This support remained essential this year to those who remain isolated by treatments, condition or mental health and maintained their connection to the Yeleni community.

### **Events & Awareness**

We have attended a variety of community networking, business and fundraising events raising awareness of our service offer both to private clients and those with cancer diagnoses. We have supported workplace wellbeing for a number of businesses, including the NHS initiative 'Caring for You' study days for local midwives.

Our social media presence on Facebook, Instagram and LinkedIn raises awareness of national days – such as World Cancer Day and other specific cancers – and highlights of our support work. We continue to focus on building a sense of community, connecting people across our rural county. A Website development programme and refresh this year more effectively links people to the support they need.

### **Funding**

Full detailed evidence of income and expenditure in this period is provided in the accounts.

### **Trusts and Grants**

Grants and Trusts continue to be our main source of income, with funding this year from national funders The National Lottery Community Fund, St James's Place Foundation, The Hospital Saturday Fund and more locally The Turner Trust, The Rowlands Trust and the E. F. Bulmer Trust.

We are grateful to all these funders for supporting us to deliver our service.

### **Community Support**

Fundraising events included the last large format Nozstock Festival which has historically been a fabulous opportunity for us to showcase our work and raise significant funds from generous donations. Supporters such as the daredevil octogenarian who completed an acrobatic WingWalk this year, Hereford Hockey Club that held a 24-hour event, and the cancer survivor who organised a Golden Valley Walk - supported by hundreds of people - raised funds in the thousands. No less important to us though are those who have held coffee mornings or knitted Easter chicks.

1:2 of us will receive a cancer diagnosis and every £ raised is appreciated. We thank every funder and fundraiser and private client for their support in helping us continue to help those in need of our free programme of therapies and support.

The Yeleni team of therapists also offer private client work and the room rental generated from this covers our building rent.

Yeleni depends on these different income streams in varying proportions. We remain alert to changes in the grant funding and community fundraiser environment and will seek to diversify our funding sources to ensure the sustainability of the charity.

**Staffing**

Nicky Heath, the founder of the Charity, continues leading with vision and passion as CEO and Manager.

**Registration number 05819798**

**Yeleni Therapy and Support Ltd  
A Company limited by guarantee**

**Report and Financial statements**

**for the year ended 31 May 2024**

**Charity number: 1118969**

**Company number: 05819798**

**Yeleni Therapy and Support Ltd**  
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Bankers	Co-Op

**Directors and trustees**

The directors of the charitable company (the charity) are its trustees for the purpose of charity law and throughout this report are collectively referred to as the trustees.

The officers serving during the year and since the year end were as follows:

Trustees:	Mrs Sheila Mary Enid Higgins Mrs Julie Elizabeth Cohn Mrs Leanne Pogson Mrs Joanna Phyllis Hilditch
-----------	--

**Structure, Governance and Management**

**Objectives and Activities**

The objectives of the charity are to help relieve sickness and preserve and protect the good health of people with cancer and their carers by providing or assisting in the provision of complementary therapies, information, education, advice, support & counselling.

The company was incorporated on 17<sup>th</sup> May 2006 and received charitable status on 26 April 2007.

The centre opened on 1<sup>st</sup> April 2010.

Reserves Policy

It is intended to maintain sufficient reserves to cover three months' expenditure and management support costs.

**Yeleni Therapy and Support Ltd**  
**Company limited by guarantee**

**Trustees' responsibilities in relation to the financial statements**

Company law requires the trustees to prepare financial statements that give a true and fair view of the state of affairs of the charity at the end of the financial year and of its surplus or deficit for the financial year. In doing so the trustees are required to:

- Select suitable accounting policies and then apply them consistently:
  - Make sound judgments and estimates that are reasonable and prudent: and
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enables them to ensure that the financial statements comply with the companies Act 2006. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

By order of the trustees

.....  
**Sheila Higgins**

**Yeleni Therapy and Support Ltd**  
**Company limited by guarantee**

**Statement of financial activities (including income and expenditure account)**  
**for the year ended 31 May 2024**

		<b>Unrestricted Funds</b>	<b>Total Funds 2024</b>	<b>Total Funds 2023</b>
	<b>Notes</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>Incoming resources</b>				
<b>Incoming resources from generated funds:</b>				
Voluntary income:				
Grants and Donations	<b>4</b>	124,578	124,578	118,128
Investment Income	<b>5</b>	-	-	-
<b>Total incoming resources</b>		124,578	124,578	118,128
 <b>Resources expended</b>				
Fundraising costs of grants and donations	<b>6</b>	23,293	23,293	18,055
<b>Sub total cost of generating funds</b>		23,293	23,293	18,055
<b>Charitable activities</b>	<b>6</b>	53,948	75,067	81,359
<b>Governance costs</b>	<b>6</b>	33,548	33,548	30,067
<b>Total resources expended</b>		110,789	131,908	129,481
<b>Net (outgoing) incoming resources</b>		13,789	(7,330)	(11,353)
 Total funds brought forward				
		63,751	108,537	119,890
<b>Total funds carried forward</b>		77,540	101,207	108,537

**Yeleni Therapy and Support Ltd**  
**Company limited by guarantee**

**Balance sheet**  
**as at 31 May 2024**

		2024		2023	
Notes	£	£	£	£	£
<b>Fixed assets</b>					
Tangible assets			8,988		10,614
<b>Current assets</b>					
Stock		2,576		1,000	
Debtors	8	1,436		386	
Cash at bank and in hand		90,770		98,478	
		94,782		98,864	
<b>Liabilities</b>					
Creditors falling due within one year	9	(2,563)		(1,941)	
<b>Net current assets</b>			92,219		97,923
<b>Total assets less current liabilities</b>			101,207		108,537
<b>Net assets</b>			101,207		108,537
<b>The funds of the charity</b>					
Unrestricted income funds					
General	10		56,540		63,751
Restricted Funds	10		44,667		44,786
<b>Total Charity Funds</b>			101,207		108,537

In approving these financial statements as directors of the company we hereby confirm:

(a) that for the year stated above the company was entitled to the exemption conferred by Section 477 of the Companies Act 2006 ;

(b) that no notice has been deposited at the registered office of the company pursuant to Section 476 of the Companies Act 2006 requesting that an audit be conducted for the year ended 31 May 2023 and

(c) that we acknowledge our responsibilities for:

(1) ensuring that the company keeps accounting records which comply with Section 386, and

(2) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the year then ended in accordance with the requirements of Section 394 and 395 and which otherwise comply with the provisions of the Companies Act relating to financial statements, so far as applicable to the company.

The financial statements were approved by the Trustees on ...../...../..... and signed on its behalf by

..... **Sheila Higgins**

**The notes on pages 5 - 7 form an integral part of these financial statements.**

**Yeleni Therapy and Support Ltd**  
**Company limited by guarantee**

**Notes to the financial statements**  
**for the year ended 31 May 2024**

**1. Accounting policies**

**a. Basis of preparation**

The financial statements have prepared under the historical cost convention. The financial statements have been prepared in accordance with the Statement of Recommended Practice – Accounting and Reporting by Charities (SORP 2005) issued in March 2005, applicable accounting standards, and the Companies Act 2006. The principal accounting policies adopted in the preparation of the financial statements are set out below.

**b. Incoming resources**

Voluntary income including donations, gifts and legacies and grants that provide core funding or are of a general nature are recognized where there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability.

Investment income is recognized on a receivable basis.

**c. Volunteers and donated services and facilities**

The value of services provided by volunteers is not incorporated into these financial statements. Further details of the contribution made by volunteers can be found in the trustees' annual report.

Where services are provided to the charity as a donation that would normally be purchased from our suppliers, this contribution is included in the financial statements at an estimate based on the value of the contribution to the charity. Donated services and facilities are analysed in note 6.

**d. Resources expended**

Expenditure is recognised when a liability is incurred.

- Costs of generating funds are those incurred in attracting voluntary income.
- Governance costs include those incurred in the governance of the charity and its assets and are primarily associated with constitutional and statutory requirements.

**e. Irrecoverable VAT**

The charity is not registered for VAT and accordingly irrecoverable VAT is charged against the category of resources expended for which it was incurred.

**f. Funds structure**

All funds are unrestricted income funds.

**2. Legal status of the Trust**

The Trust is a company limited by guarantee and has no share capital. The liability of each member in the event of winding up is limited to £1.

**3. Turnover**

The total turnover of the company for the year has been derived from its activity wholly undertaken in the UK.

**Yeleni Therapy and Support Ltd**  
**Company limited by guarantee**

**Notes to the financial statements**  
**for the year ended 31 May 2024**

<b>4.</b>	<b>Voluntary income</b>	<b>2024</b>	<b>2023</b>
		<b>£</b>	<b>£</b>
	Donated services	-	-
	Other donations	124,578	118,128
	Government Grants	-	-
		<u>105,659</u>	<u>118,128</u>

**5. Investment income**  
All of the investment income arises from an interest-bearing bank account.

**6. Allocation of support**  
The trust allocates support costs as shown in the table below.

	Fundraising £	Governance £	Charitable £	Total £
Staff Costs	14,699	27,388	21,318	63,405
Accountancy		798		798
General Expenses	8,148	5,361	28,662	42,171
<b>Total</b>	<b>22,847</b>	<b>33,547</b>	<b>49,980</b>	<b>106,374</b>

**7. Taxation**  
The company is a registered charity and no provision is considered necessary for taxation.

<b>8.</b>	<b>Debtors</b>	<b>2024</b>	<b>2023</b>
		<b>£</b>	<b>£</b>
	Trade Debtors	-	-
	Other Debtors	1,436	386
		<u>1,436</u>	<u>386</u>

**Yeleni Therapy and Support Ltd**  
**Company limited by guarantee**

**Notes to the financial statements**  
**for the year ended 31 May 2024**

<b>9. Creditors: amounts falling due within one year</b>	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
Accruals	792	750
Other Creditors	676	247
PAYE	1,095	944
	<u>2,563</u>	<u>1,941</u>

<b>10. Analysis of charitable funds</b>	<b>Unrestricted</b>	<b>Restricted</b>	
	<b>Fund</b>	<b>Fund</b>	<b>Total</b>
	<b>£</b>	<b>£</b>	<b>£</b>
<b>At 1 June 2023</b>	63,751	44,786	108,537
Incoming resource	124,578	-	124,578
Resources expended	(110,789)	(21,119)	(133,908)
<b>At 31 May 2024</b>	<u>77,540</u>	<u>23,667</u>	<u>101,207</u>

**Yeleni Therapy and Support Ltd**  
**Company limited by guarantee**

**The following pages do not form part of the statutory accounts.**

**Yeleni Therapy and Support Ltd**  
**Company limited by guarantee**

**Detailed trading profit and loss account**  
**and expenses schedule**  
**for the year ended 31 May 2024**

	2024		2023	
	£	£	£	£
<b>Income</b>				
Fund raising		124,578		118,128
Donated services		-		-
Government Grants		-		-
		124,578		118,128
 <b>Cost of Activities</b>				
Purchases	5,495		4,481	
Therapists	20,039		27,708	
		25,534		32,189
<b>Gross Profit</b>		99,044		85,939
 <b>Administrative expenses</b>				
Staff Costs	63,405		58,531	
Accountancy	798		1,195	
General expenses	42,171		37,566	
		106,374		97,292
<b>Operating (Deficit) / Surplus</b>		(7,330)		(11,353)
 <b>Other income and expenses</b>				
<b>Interest receivable</b>				
Bank deposit interest	-		-	
		-		-
 <b>Net (deficit) / surplus for the year</b>		(7,330)		(11,353)



# Independent examiner's report on the accounts

## Section A

## Independent Examiner's Report

Report to the trustees/  
members of

Yeleni Therapy and Support Ltd

On accounts for the year  
ended

31 May 2024

Charity no  
(if any)

1118969

Set out on pages

1 and 2.

Respective  
responsibilities of  
trustees and examiner

The charity's trustees consider that an audit is not required for this year (under section 43(2) of the Charities Act 1993 (the Act), as amended by s.28 of the Charities Act 2006) and that an independent examination is needed. It is my responsibility to:

- examine the accounts (under section 43 of the Act, as amended),
- to follow the procedures laid down in the General Directions given by the Charity Commission (under section 43(7)(b) of the Act, as amended), and
- to state whether particular matters have come to my attention.

Basis of independent  
examiner's statement

My examination was carried out in accordance with General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the accounts.

Independent  
examiner's statement

In the course of my examination, no matter has come to my attention (other than that disclosed below \*)

1. which gives me reasonable cause to believe that in, any material respect, the trustees have not met the requirements to ensure that:
  - proper accounting records are kept (in accordance with section 41 of the Act); and
  - accounts are prepared which agree with the accounting records and comply with the accounting requirements of the Act; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

\* Please delete the words in the brackets if they do not apply.

Signed:

*David Berkeley*

Date:

25 February 2025

Name:

David Berkeley

Relevant professional  
qualification(s) or body  
(if any):

ACMA (CIMA)

Address:

Apple Accountants, 7A Harrow Road, Hereford. HR4 0EH

Only complete if the examiner needs to highlight material problems.

**Give here brief details of any items that the examiner wishes to disclose.**

Nothing to report

**YELENI THERAPY & SUPPORT LTD**

England & Wales - Charity number 1118969

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# Accounts

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## Yeleni Trustees Annual Report 1<sup>st</sup> June 2022 to 31<sup>st</sup> May 2023

### Trustees

Julie Cohn (Chair), Sheila Higgins, Mary Seldon, Carl May, Leanne Pogson

### Governance and Policies

Our HR Trustee, Leanne, updated all policies in summer 2021 as part of the preparations for our MQEM Assessment in September.

The Safeguarding Policy was updated, and new safeguarding training given to all staff and therapists in April 2022.

Mary Seldon stepped down as a trustee in October 2021.

### Staffing:

Nicky Heath continues to head the organization as CEO and Manager, with Kate Bishop continuing as Development & Funding Coordinator. Beth Hudson was with us until October 2021, when she moved to a new role. Nicola Rowland is a well-established receptionist and we welcomed Amanda Freeman to the team also in October 2021.

Our 10 therapists are self-employed, seeing both Yeleni Cancer clients, paid for by the charity and their own clients. They pay room rent for these private clients, which helps to sustain the charity.

### Our core work – face to face and hands on therapies

Yeleni opened its doors again in April 2021 and by the start of our new financial year, at the end of May, we already had a good idea of how the year was going to progress. We had an influx of patients and carers contacting us for their first initial assessment of our free programme of therapies and ongoing support.

During this financial year we saw 163 new cancer patients which is more than double that of previous years, as well as 77 new carers.

### Online and Phone Support

We had a 3-year Lottery funding from 2020 for workshops and outreach sessions – which was re-purposed to provide online workshops, social groups and a phone befriending service. These 3 aspects of our work carried on through 2021 and into 2022, as the demand was very much evident.

Many cancer patients were very aware of the risks of re-joining general “outdoor” life and chose to limit their contact with people, due to having suppressed immunity from their condition and treatment. The vulnerability and isolation were still felt keenly, so keeping these online and phone options running was essential.

439 sessions of online workshops were delivered to an average of 71 people per month, @19 - 25 people each month access our befriending calls.

Towards the end of Spring 2022 the numbers had fallen, with plans for in-person workshops underway and the demand for the phone befriending reduced a little.

#### Increased demand from Breast Cancer patients

During this year we had a blow in the Herefordshire community due to the closure of Breast Cancer Haven, which meant that specialist support for those with Breast Cancer was reduced. A support group formed quickly, and many patients chose to come to Yeleni for their therapies - between May 2021 and 2022 we saw 75 Breast Cancer patients.

We applied for and got extra funding for this increase from Awards for All in December 2021, which covered 30 patients and 30 carers - not the full number needed, but a great help.

#### Carers of Cancer Patients

Carers’ Therapies have been in demand too. We have known for a long time that this service has been needed given there has been little provision for those caring for a cancer patient – as a relative, spouse or friend. The stress on these people is immense and we had, as part of our lottery funding, resources to provide therapies (4 free sessions) for the primary carer of each patient.

We predicted we might get 25 carers in the first year. Well, that was an underestimate - we had in fact 77! It’s clear this is fulfilling a huge need and something we will work on and get future funding for.

#### Events and Achievements

The major achievements we celebrated were both in September 2021. We were the winners of the Hereford and Worcester Commitment to the Community Award. Our C.E.O. Nicky Heath and Community Liaison Coordinator, Beth Hudson attended the Award Ceremony with all the runners up and members. A great achievement, and recognition for the work that we have done in supporting the community during the pandemic and beyond.

We also celebrated the re-awarding of our Macmillan Quality Environment Mark (MQEM) in September 2021, which we had held for 3 years and was due to be re-assessed. This followed a major refurbishment of the centre through 2020 during lockdown, in response to thorough evaluation of feedback from clients.

The comments and suggestions were followed to ensure the Yeleni treatment rooms, reception, cloakrooms and access were all meeting the needs of our clients. After a long self-assessment form, a visit from 2 assessors, meetings with staff and clients, we were given a 5/5 mark – we are so proud of everyone and have this award for a further 3 years.

### Working with our community

- In February 2022 we delivered taster therapy sessions to staff at Tesco in Hereford. Feedback was very positive, and we will be asked back in the Autumn.
- We gave a 10% staff discount to all staff from NMITE, whose premises are opposite ours. We are also providing counselling services for the students and will be involved in creating a health & wellbeing initiative for the students going forward.
- Little Princess Trust paid for all their staff to have a session of therapy with us.
- Katherine Harriet, a local care agency – give a Yeleni therapy voucher each month to their employee of the month as a thank you.
- In March 2022 Yeleni Therapists attended Hereford & Worcester Chamber of Commerce Business Expo at Three Counties Showground, giving therapies and raising the profile of the Centre. This was so well received we have been invited back in October. We have been integral in helping to create a Wellbeing Zone at the expo.
- Due to popular demand, Yeleni therapists attended two occasions at the Sixth Form College offering taster sessions of therapies to the staff. Feedback was highly positive and we are being invited back again later in the year.
- Hereford BID offered all their members £50 vouchers to spend on health and wellbeing – our therapies being an option they could choose.
- The Hereford All Cancer Support Group opened officially on 20<sup>th</sup> January 2022 with our High Sherriff Jo Hilditch attending, which was highly successful. This group is not part of Yeleni but is associated with us and has monthly meetings at the Salvation Army Hall nearby, which is a vital addition to the services available to those living with and beyond cancer.

### Funding

Yeleni depends on several income streams in varying proportions, and we are always seeking to diversify our funding sources to ensure the sustainability of the charity. Fundraising events have been difficult over the past 2 years due to the pandemic; however, a large sum was

raised in October 2021 by Mike Chandler – despite illness preventing him from running the London Marathon, his generous supporters donated a magnificent £31,000. We also had brilliant support from Louise, who did a thousand-mile walking challenge and from Mel and Sarah who ran a virtual marathon for us.

With the return of our therapists to in person therapies at Yeleni, the room rent generated from private clients covered the rent of the building.

We were still not able to work at Nozstock for our usual 3-day fundraiser but will be back in July 2022.

We worked hard at applying for grants from trusts and managed to bring in over £90,000 in trust and lottery funding. This is a higher percentage than normal, due to an Awards for All grant especially to help with the huge rise in Breast Cancer patient numbers coming to us following the loss of the Haven.

We are grateful for the support of local trusts – EF Bulmer Trust, Eveson Trust and Hereford Community Foundation who have supported us so loyally over the years. Other trusts include Pink Ribbon Foundation, Sobell and February Foundation.

### Looking Forward

We hope to continue to grow and develop as we are now the **only** local complementary health centre offering free therapy & support to anyone living with and beyond cancer.

We will further consolidate our position in the Herefordshire community as the place to come to for health & wellbeing support, by attending/creating events, growing our social media platform and encouraging the general public to be preventative about their health, whilst supporting those that are unwell.

Registration number 05819798

**Yeleni Therapy and Support Ltd**  
**A Company limited by guarantee**

**Report and Financial statements**

**for the year ended 31 May 2023**

**Charity number: 1118969**

**Company number: 05819798**

**Yeleni Therapy and Support Ltd**  
**Company limited by guarantee**

The trustees are pleased to present their report together with the financial statements of the charity for the year ended 31<sup>st</sup> May 2023.

**Reference and administrative details**

Charity number: 1118969  
Company number: 05819798  
Principle Office: 2 Blackfriars Street, Hereford, HR4 9HS  
Accountants: Apple Accountants. 7a Harrow Road, Hereford, HR4 0EH  
Bankers: Co-Op

**Directors and trustees**

The directors of the charitable company (the charity) are its trustees for the purpose of charity law and throughout this report are collectively referred to as the trustees.

The officers serving during the year and since the year end were as follows:

Trustees:  
Mrs Sheila Mary Enid Higgins  
Mrs Julie Elizabeth Cohn  
Mr Carl Stephen May  
Mrs Mary Noelle Martha Seldon  
Mrs Leanne Pogson

**Structure, Governance and Management**

**Objectives and Activities**

The objectives of the charity are to help relieve sickness and preserve and protect the good health of people with cancer and their carers by providing or assisting in the provision of complementary therapies, information, education, advice, support & counselling.

The company was incorporated on 17<sup>th</sup> May 2006 and received charitable status on 26 April 2007.

The centre opened on 1<sup>st</sup> April 2010.

Reserves Policy

It is intended to maintain sufficient reserves to cover three months expenditure and management support costs.

**Yeleni Therapy and Support Ltd**  
**Company limited by guarantee**

**Trustees' responsibilities in relation to the financial statements**

Company law requires the trustees to prepare financial statements that give a true and fair view of the state of affairs of the charity at the end of the financial year and of its surplus or deficit for the financial year. In doing so the trustees are required to:

- Select suitable accounting policies and then apply them consistently:
  - Make sound judgments and estimates that are reasonable and prudent: and
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enables them to ensure that the financial statements comply with the companies Act 2006. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

By order of the trustees

.....  
Sheila Higgins

**Sheila Higgins**

**Yeleni Therapy and Support Ltd**  
**Company limited by guarantee**  
**for the year ended 31 May 2023**

		Unrestricted Funds	Total Funds 2023	Total Funds 2022
	Notes	£	£	£
<b>Incoming resources</b>				
<b>Incoming resources from generated funds:</b>				
Voluntary income:				
Grants and Donations	4	116,351	118,128	161,920
Investment Income	5	-	-	-
<b>Total incoming resources</b>		<u>116,351</u>	<u>118,128</u>	<u>161,920</u>
<b>Resources expended</b>				
Fundraising costs of grants and donations	6	18,055	18,055	26,604
<b>Sub total cost of generating funds</b>		<u>18,055</u>	<u>18,055</u>	<u>26,604</u>
<b>Charitable activities</b>	6	53,651	81,359	97,286
<b>Governance costs</b>	6	<u>30,067</u>	<u>30,067</u>	<u>26,727</u>
<b>Total resources expended</b>		101,773	129,481	150,617
<b>Net (outgoing) incoming resources</b>		<u>14,578</u>	<u>(11,353)</u>	<u>11,303</u>
Total funds brought forward		49,173	119,890	108,587
<b>Total funds carried forward</b>		<u><u>63,751</u></u>	<u><u>108,537</u></u>	<u><u>119,890</u></u>

**Yeleni Therapy and Support Ltd**  
**Company limited by guarantee**

**Balance sheet**  
**as at 31 May 2023**

		2023		2022	
Notes	£	£	£	£	£
<b>Fixed assets</b>					
Tangible assets			10,614		10,598
<b>Current assets</b>					
Stock		1,000		1,000	
Debtors	8	386		386	
Cash at bank and in hand		98,478		109,236	
		99,864		110,622	
<b>Liabilities</b>					
Creditors falling due within one year	9	(1,941)		(1,330)	
<b>Net current assets</b>			97,923		109,292
<b>Total assets less current liabilities</b>			108,537		119,890
<b>Net assets</b>			108,537		119,890
<b>The funds of the charity</b>					
Unrestricted income funds					
General	10	63,751		49,173	
Restricted Funds	10	44,786		70,717	
<b>Total Charity Funds</b>			108,537		119,890

In approving these financial statements as directors of the company we hereby confirm:

(a) that for the year stated above the company was entitled to the exemption conferred by Section 477 of the Companies Act 2006 ;

(b) that no notice has been deposited at the registered office of the company pursuant to Section 476 of the Companies Act 2006 requesting that an audit be conducted for the year ended 31 May 2023 and

(c) that we acknowledge our responsibilities for:

(1) ensuring that the company keeps accounting records which comply with Section 386, and

(2) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the year then ended in accordance with the requirements of Section 394 and 395 and which otherwise comply with the provisions of the Companies Act relating to financial statements, so far as applicable to the company.

The financial statements were approved by the Trustees on ...../...../..... and signed on its behalf by

.....*S. Higgins*..... **Sheila Higgins**

**The notes on pages 5 - 7 form an integral part of these financial statements.**

**Yeleni Therapy and Support Ltd**  
**Company limited by guarantee**

**Notes to the financial statements**  
**for the year ended 31 May 2023**

**1. Accounting policies**

**a. Basis of preparation**

The financial statements have prepared under the historical cost convention. The financial statements have been prepared in accordance with the Statement of Recommended Practice – Accounting and Reporting by Charities (SORP 2005) issued in March 2005, applicable accounting standards, and the Companies Act 2006. The principal accounting policies adopted in the preparation of the financial statements are set out below.

**b. Incoming resources**

Voluntary income including donations, gifts and legacies and grants that provide core funding or are of a general nature are recognized where there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability.

Investment income is recognized on a receivable basis.

**c. Volunteers and donated services and facilities**

The value of services provided by volunteers is not incorporated into these financial statements. Further details of the contribution made by volunteers can be found in the trustees' annual report.

Where services are provided to the charity as a donation that would normally be purchased from our suppliers, this contribution is included in the financial statements at an estimate based on the value of the contribution to the charity. Donated services and facilities are analysed in note 6.

**d. Resources expended**

Expenditure is recognised when a liability is incurred.

- Costs of generating funds are those incurred in attracting voluntary income.
- Governance costs include those incurred in the governance of the charity and its assets and are primarily associated with constitutional and statutory requirements.

**e. Irrecoverable VAT**

The charity is not registered for VAT and accordingly irrecoverable VAT is charged against the category of resources expended for which it was incurred.

**f. Funds structure**

All funds are unrestricted income funds.

**2. Legal status of the Trust**

The Trust is a company limited by guarantee and has no share capital. The liability of each member in the event of winding up is limited to £1.

**3. Turnover**

The total turnover of the company for the year has been derived from its activity wholly undertaken in the UK.

**Yeleni Therapy and Support Ltd**  
**Company limited by guarantee**

**Notes to the financial statements**  
**for the year ended 31 May 2023**

<b>4.</b>	<b>Voluntary income</b>	<b>2023</b>	<b>2022</b>
		<b>£</b>	<b>£</b>
	Donated services	-	-
	Other donations	118,128	161,920
	Government Grants	-	-
		<u>118,128</u>	<u>161,920</u>

**5. Investment income**  
All of the investment income arises from an interest bearing bank account.

**6. Allocation of support**  
The trust allocates support cost as shown in the table below.

	Fundraising £	Governance £	Charitable £	Total £
Staff Costs	13,134	26,260	19,137	58,531
Accountancy		1,195		1,195
General Expenses	4,650	2,611	30,305	37,566
<b>Total</b>	<b>17,784</b>	<b>30,066</b>	<b>49,442</b>	<b>97,292</b>

**7. Taxation**  
The company is a registered charity and no provision is considered necessary for taxation.

<b>8.</b>	<b>Debtors</b>	<b>2023</b>	<b>2022</b>
		<b>£</b>	<b>£</b>
	Trade Debtors	-	-
	Other Debtors	386	386
		<u>386</u>	<u>386</u>

**Yeleni Therapy and Support Ltd**  
**Company limited by guarantee**

**Notes to the financial statements**  
**for the year ended 31 May 2023**

<b>9. Creditors: amounts falling due within one year</b>	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
Accruals	750	660
Other Creditors	247	202
PAYE	944	468
Short Term Loan	-	-
	<u>1,941</u>	<u>1,330</u>

<b>10. Analysis of charitable funds</b>	<b>Unrestricted</b>	<b>Restricted</b>	<b>Total</b>
	<b>Fund</b>	<b>Fund</b>	<b>£</b>
	<b>£</b>	<b>£</b>	<b>£</b>
<b>At 1 June 2022</b>	49,173	70,717	119,890
Incoming resource	116,351	1,777	118,128
Resources expended	(101,773)	(27,708)	(129,481)
<b>At 31 May 2023</b>	<u>63,751</u>	<u>44,786</u>	<u>108,537</u>

**Yeleni Therapy and Support Ltd**  
**Company limited by guarantee**

The following pages do not form part of the statutory accounts.

**Yeleni Therapy and Support Ltd**  
**Company limited by guarantee**

**Detailed trading profit and loss account**  
**and expenses schedule**  
**for the year ended 31 May 2023**

	2023		2022	
	£	£	£	£
<b>Income</b>				
Fund raising		118,128		161,920
Donated services		-		-
Government Grants		-		-
		118,128		161,920
 <b>Cost of sales</b>				
Purchases	4,481		12,302	
Therapists	27,708		45,825	
		32,189		58,127
<b>Gross profit</b>		85,939		103,793
 <b>Administrative expenses</b>				
Staff Costs	58,531		54,351	
Accountancy	1,195		1,182	
General expenses	37,566		36,957	
		97,292		92,490
<b>Operating (loss) / profit</b>		(11,353)		11,303
 <b>Other income and expenses</b>				
<b>Interest receivable</b>				
Bank deposit interest	-		-	
		-		-
 <b>Net (loss) / profit for the year</b>		(11,353)		11,303



# Independent examiner's report on the accounts

## Section A

## Independent Examiner's Report

**Report to the trustees/  
members of**

Yeleni Therapy and Support Ltd

**On accounts for the year  
ended**

31 May 2023

**Charity no  
(if any)**

1118969

**Set out on pages**

1 and 2.

**Respective  
responsibilities of  
trustees and examiner**

The charity's trustees consider that an audit is not required for this year (under section 43(2) of the Charities Act 1993 (the Act), as amended by s.28 of the Charities Act 2006) and that an independent examination is needed. It is my responsibility to:

- examine the accounts (under section 43 of the Act, as amended),
- to follow the procedures laid down in the General Directions given by the Charity Commission (under section 43(7)(b) of the Act, as amended), and
- to state whether particular matters have come to my attention.

**Basis of independent  
examiner's statement**

My examination was carried out in accordance with General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the accounts.

**Independent  
examiner's statement**

In the course of my examination, no matter has come to my attention (other than that disclosed below \*)

1. which gives me reasonable cause to believe that in, any material respect, the trustees have not met the requirements to ensure that:
  - proper accounting records are kept (in accordance with section 41 of the Act); and
  - accounts are prepared which agree with the accounting records and comply with the accounting requirements of the Act; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

\* Please delete the words in the brackets if they do not apply.

**Signed:**

*David Berkeley*

**Date:**

22 November 2022

**Name:**

David Berkeley

**Relevant professional  
qualification(s) or body  
(if any):**

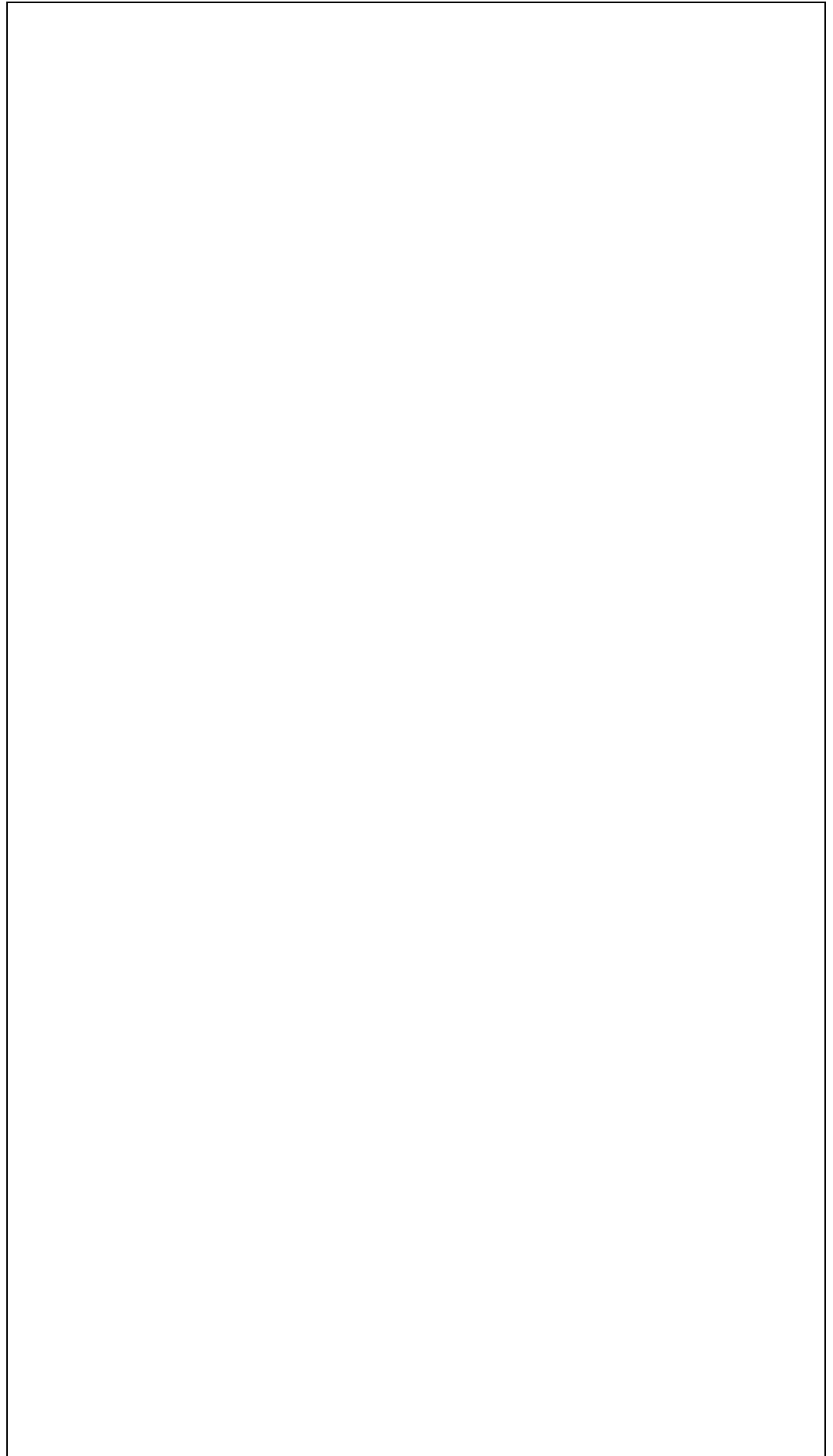
ACMA (CIMA)

**Address:**

Apple Accountants, 7A Harrow Road, Hereford. HR4 0EH

Only complete if the examiner needs to highlight material problems.

**Give here brief details of any items that the examiner wishes to disclose.**



**YELENI THERAPY & SUPPORT LTD**

England & Wales - Charity number 1118969

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# Accounts

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## Yeleni Trustees Annual Report 1<sup>st</sup> June 2021 to 31<sup>st</sup> May 2022

### Trustees

Julie Cohn (Chair), Sheila Higgins, Mary Seldon, Carl May, Leanne Pogson

### Governance and Policies

Our HR Trustee, Leanne, updated all policies in summer 2021 as part of the preparations for our MQEM Assessment in September.

The Safeguarding Policy was updated, and new safeguarding training given to all staff and therapists in April 2022.

Mary Seldon stepped down as a trustee in October 2021

### Staffing:

Nicky Heath continues to head the organization as CEO and Manager, with Kate Bishop continuing as Development & Funding Coordinator. Beth Hudson was with us until October 2021, when she moved to a new role. Nicola Rowland is a well-established receptionist and we welcomed Amanda Freeman to the team also in October 2021.

Our 10 therapists are self- employed, seeing both Yeleni Cancer clients, paid for by the charity and their own clients. They pay room rent for these private clients, which helps to sustain the charity.

### Our core work – Face to face and hands on therapies

Yeleni opened its doors again in April 2021 and by the start of our new financial year, at the end of May, we already had a good idea of how the year was going to progress. We had an influx of patients and carers contacting us for their first initial assessment for our free programme of therapies and ongoing support.

During this financial year we saw 163 new cancer patients which is more than double that of previous years, as well as 77 new carers.

### Online and Phone Support

We had 3 year Lottery funding from 2020 for workshops and outreach sessions – which was re-purposed to provide online workshops, social groups and a phone befriending service. These 3 aspects of our work carried on through 2021 and into 2022, as the demand was very much evident.

Many cancer patients were very aware of the risks of re-joining general “outdoor” life and chose to limit their contact with people, due to having suppressed immunity from their condition and treatment. The vulnerability and isolation were still felt keenly, so keeping these online and phone options running was essential.

439 sessions of online workshops were delivered to an average of 71 people per month. 19 - 25 people each month accessed our befriending calls.

Towards the end of Spring 2022 the numbers had fallen, with plans for in-person workshops underway and the demand for the phone befriending reduced a little.

### Increased demand from Breast Cancer patients

During this year we had a blow in the Herefordshire community due to the closure of Breast Cancer Haven, which meant that specialist support for those with Breast Cancer was reduced – a support group formed quickly, and many patients chose to come to Yeleni for their therapies; between May 2021 and 2022 we saw 75 new Breast Cancer patients.

We applied for and got extra funding for this increase from Awards for All in December 2021, which covered 30 patients and 30 carers...not the full number needed, but a great help.

### Carers of Cancer Patients

Carers' Therapies have been in demand too – we have known for a long time that this service has been needed given there has been little provision for those caring for a cancer patient – as a relative, spouse or friend. The stress on these people is immense and we had, as part of our lottery funding, resources to provide therapies (4 free sessions) for the primary carer of each patient.

We predicted we might get 25 carers in the first year – well, that was an underestimate – we had in fact 77, so this is fulfilling a huge need and something we will work on and getting future funding for.

### Events and Achievements

The major achievements we celebrated were both in September 2021. We were the winners of the Hereford and Worcester Commitment to the Community Award. Our C.E.O. Nicky Heath and Community Liaison Coordinator Beth Hudson attended the Award Ceremony with all the runners up and members. A great achievement, and recognition for the work that we have done in supporting the community during the pandemic and beyond.

We also celebrated the re-awarding of our Macmillan Quality Environment Mark in September 2021, which we had held for 3 years and was due to be re-assessed. This followed a major refurbishment of the centre through 2020 during lockdown, in response to thorough evaluation of feedback from clients.

The comments and suggestions were followed to ensure the Yeleni treatment rooms, reception, cloakrooms and access were all meeting the needs of our clients. After a long self- assessment form, a visit from 2 assessors, meetings with staff and clients, we were given a 5/5 mark – we are so proud of everyone and have this award for a further 3 years.

### Working with our community

- In February 2022 We delivered taster therapy sessions to staff at Tesco in Hereford. Feedback was very positive, and we will be asked back in the Autumn.
- We gave a 10% staff discount to all staff from NMITE, whose premises are opposite ours. We are also providing counselling services for the students and will be involved in creating a health & wellbeing initiative for the students going forward.
- Little Princess Trust paid for all their staff to have a session of therapy with us.
- Katherine Harriet - a local care agency – give a Yeleni therapy voucher each month to their employee of the month as a thank you.
- In March 2022 Yeleni Therapists attended Hereford & Worcester Chamber of Commerce Business Expo at Three Counties Showground, giving therapies and raising the profile of the Centre. This was so well received we have been invited back In October. We have been integral in helping to create a Wellbeing Zone at the expo.
- Due to popular demand Yeleni therapists attended two occasions at the Sixth Form College offering taster sessions of therapies to the staff. Feedback was highly positive and we are being invited back again later in the year.
- Hereford BID offered all their members £50 vouchers to spend on health and wellbeing – our therapies being an option they could choose.
- The Hereford All Cancer Support Group opened officially on 20<sup>th</sup> January 2022 with our High Sherriff Jo Hilditch attending, which was highly successful. This group is not part of Yeleni, but is associated with us and has monthly meetings at the Salvation Army hall nearby and is a vital addition of services available to those living with and beyond cancer.

### Funding

Yeleni depends on several income streams in varying proportions, and we are always seeking to diversify our funding sources to ensure the sustainability of the charity. Fundraising events have been difficult over the past 2 years due to the pandemic; however, a large sum was raised in October 2021 by Mike Chandler – despite illness preventing him from running the London Marathon, his generous supporters donated a magnificent £31,000. We also had brilliant support from Louise, who did a thousand-mile walking challenge and from Mel and Sarah who ran a virtual marathon for us.

With the return of our therapists to in person therapies at Yeleni, the room rent generated from private clients covered the rent of the building.

We were still not able to work at Nozstock for our usual 3 day fundraiser, but will be back in July 2022.

We worked hard at applying for grants from trusts and managed to bring in over £90,000 in trust and lottery funding. This is a higher percentage than normal, due to an Awards for All

grant especially to help with the huge rise in Breast Cancer patient numbers coming to us following the loss of the Haven.

We are grateful for the support of local trusts – EF Bulmer Trust, Eveson Trust and Hereford Community Foundation who have supported us so loyally over the years. Other trusts include Pink Ribbon Foundation and February Foundation.

### Looking Forward

We hope to continue to grow and develop as we are now the **only** local complementary health centre offering free therapy & support to anyone living with and beyond cancer.

We will further consolidate our position in the Herefordshire community as the place to come to for health & wellbeing support, by attending/creating events, growing our social media platform and encouraging the general public to be preventative about their health, whilst supporting those that are unwell.

**Registration number 05819798**

**Yeleni Therapy and Support Ltd  
A Company limited by guarantee**

**Report and Financial statements  
for the year ended 31 May 2022**

**Charity number: 1118969**

**Company number: 05819798**

**Yeleni Therapy and Support Ltd**  
**Company limited by guarantee**

The trustees are pleased to present their report together with the financial statements of the charity for the year ended 31<sup>st</sup> May 2022.

**Reference and administrative details**

Charity number: 1118969  
Company number: 05819798  
Principle Office: 2 Blackfriars Street, Hereford, HR4 9HS  
Accountants: Apple Accountants. 7a Harrow Road, Hereford, HR4 0EH  
Bankers Co-Op

**Directors and trustees**

The directors of the charitable company (the charity) are its trustees for the purpose of charity law and throughout this report are collectively referred to as the trustees.

The officers serving during the year and since the year end were as follows:

Trustees: Mrs Sheila Mary Enid Higgins  
Mrs Julie Elizabeth Cohn  
Mr Carl Stephen May  
Mrs Mary Noelle Martha Seldon  
Mrs Leanne Pogson

**Structure, Governance and Management**

**Objectives and Activities**

The objectives of the charity are to help relieve sickness and preserve and protect the good health of people with cancer and their carers by providing or assisting in the provision of complementary therapies, information, education, advice, support & counselling.

The company was incorporated on 17<sup>th</sup> May 2006 and received charitable status on 26 April 2007.

The centre opened on 1<sup>st</sup> April 2010.

Reserves Policy

It is intended to maintain sufficient reserves to cover three months expenditure and management support costs.

**Yeleni Therapy and Support Ltd**  
**Company limited by guarantee**

**Trustees' responsibilities in relation to the financial statements**

Company law requires the trustees to prepare financial statements that give a true and fair view of the state of affairs of the charity at the end of the financial year and of its surplus or deficit for the financial year. In doing so the trustees are required to:

- Select suitable accounting policies and then apply them consistently:
  - Make sound judgments and estimates that are reasonable and prudent: and
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enables them to ensure that the financial statements comply with the companies Act 2006. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

By order of the trustees

*Sheila Higgins*.....

**Sheila Higgins**

**Yeleni Therapy and Support Ltd**  
**Company limited by guarantee**  
**for the year ended 31 May 2022**

	Notes	Unrestricted Funds £	Total Funds 2022 £	Total Funds 2021 £
<b>Incoming resources</b>				
<b>Incoming resources from generated funds:</b>				
Voluntary income:				
Grants and Donations	4	86,420	161,920	210,499
Investment Income	5	-	-	86
<b>Total incoming resources</b>		<u>86,420</u>	<u>161,920</u>	<u>210,585</u>
<b>Resources expended</b>				
Fundraising costs of grants and donations	6	26,604	26,604	19,741
<b>Sub total cost of generating funds</b>		<u>26,604</u>	<u>26,604</u>	<u>19,741</u>
<b>Charitable activities</b>	6	51,461	97,286	92,616
<b>Governance costs</b>	6	<u>26,727</u>	<u>26,727</u>	<u>15,953</u>
<b>Total resources expended</b>		104,792	150,617	128,310
<b>Net (outgoing) incoming resources</b>		<u>(18,372)</u>	<u>11,303</u>	<u>82,275</u>
Total funds brought forward		67,545	108,587	26,312
<b>Total funds carried forward</b>		<u>49,173</u>	<u>119,890</u>	<u>108,587</u>

**Yeleni Therapy and Support Ltd**  
**Company limited by guarantee**

**Balance sheet**  
**as at 31 May 2022**

		2022		2021	
Notes	£	£	£	£	£
<b>Fixed assets</b>					
Tangible assets			10,598		11,206
<b>Current assets</b>					
Stock		1,000		1,000	
Debtors	8	386		2,705	
Cash at bank and in hand		109,236		94,753	
		110,622		98,458	
<b>Liabilities</b>					
Creditors falling due within one year	9	( 1,330)		(1,077)	
<b>Net current assets</b>			109,292		97,381
<b>Total assets less current liabilities</b>			119,890		108,587
<b>Net assets</b>			119,890		108,587
<b>The funds of the charity</b>					
Unrestricted income funds					
General	10		49,173		67,545
Restricted Funds	10		70,717		41,042
<b>Total Charity Funds</b>			119,890		108,587

In approving these financial statements as directors of the company we hereby confirm:

(a) that for the year stated above the company was entitled to the exemption conferred by Section 477 of the Companies Act 2006 ;

(b) that no notice has been deposited at the registered office of the company pursuant to Section 476 of the Companies Act 2006 requesting that an audit be conducted for the year ended 31 May 2021 and

(c) that we acknowledge our responsibilities for:

(1) ensuring that the company keeps accounting records which comply with Section 386, and

(2) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the year then ended in accordance with the requirements of Section 394 and 395 and which otherwise comply with the provisions of the Companies Act relating to financial statements, so far as applicable to the company.

The financial statements were approved by the Trustees on 10/09/2022 and signed on its behalf by

Sheila Higgins..... **Sheila Higgins**

**The notes on pages 5 - 7 form an integral part of these financial statements.**

**Yeleni Therapy and Support Ltd**  
**Company limited by guarantee**

**Notes to the financial statements**  
**for the year ended 31 May 2022**

**1. Accounting policies**

**a. Basis of preparation**

The financial statements have prepared under the historical cost convention. The financial statements have been prepared in accordance with the Statement of Recommended Practice – Accounting and Reporting by Charities (SORP 2005) issued in March 2005, applicable accounting standards, and the Companies Act 2006. The principal accounting policies adopted in the preparation of the financial statements are set out below.

**b. Incoming resources**

Voluntary income including donations, gifts and legacies and grants that provide core funding or are of a general nature are recognized where there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability.

Investment income is recognized on a receivable basis.

**c. Volunteers and donated services and facilities**

The value of services provided by volunteers is not incorporated into these financial statements. Further details of the contribution made by volunteers can be found in the trustees' annual report.

Where services are provided to the charity as a donation that would normally be purchased from our suppliers, this contribution is included in the financial statements at an estimate based on the value of the contribution to the charity. Donated services and facilities are analysed in note 6.

**d. Resources expended**

Expenditure is recognised when a liability is incurred.

- Costs of generating funds are those incurred in attracting voluntary income.
- Governance costs include those incurred in the governance of the charity and its assets and are primarily associated with constitutional and statutory requirements.

**e. Irrecoverable VAT**

The charity is not registered for VAT and accordingly irrecoverable VAT is charged against the category of resources expended for which it was incurred.

**f. Funds structure**

\*All funds are unrestricted income funds.

**2. Legal status of the Trust**

The Trust is a company limited by guarantee and has no share capital. The liability of each member in the event of winding up is limited to £1.

**3. Turnover**

The total turnover of the company for the year has been derived from its activity wholly undertaken in the UK.

**Yeleni Therapy and Support Ltd**  
**Company limited by guarantee**

**Notes to the financial statements**  
**for the year ended 31 May 2022**

<b>4.</b>	<b>Voluntary income</b>	<b>2022</b>	<b>2021</b>
		<b>£</b>	<b>£</b>
	Donated services	-	10,500
	Other donations	161,920	183,343
	Government Grants	-	16,656
		<u>161,920</u>	<u>210,499</u>

**5. Investment income**  
All of the investment income arises from an interest bearing bank account.

**6. Allocation of support**  
The trust allocates support cost as shown in the table below.

	Fundraising £	Governance £	Charitable £	Total £
Staff Costs	13,661	21,928	18,762	54,351
Accountancy		1,182		1,182
General Expenses	2,694	2,447	31,816	36,957
<b>Total</b>	<b>16,355</b>	<b>25,557</b>	<b>50,578</b>	<b>92,490</b>

**7. Taxation**  
The company is a registered charity and no provision is considered necessary for taxation.

<b>8.</b>	<b>Debtors</b>	<b>2021</b>	<b>2020</b>
		<b>£</b>	<b>£</b>
	Trade Debtors	0	0
	Other Debtors	386	2,705
		<u>386</u>	<u>2,705</u>

**Yeleni Therapy and Support Ltd**  
**Company limited by guarantee**

**Notes to the financial statements**  
**for the year ended 31 May 2022**

<b>9. Creditors: amounts falling due within one year</b>	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
Accruals	660	600
Other Creditors	202	226
PAYE	468	251
Short Term Loan	0	0
	<u>1,330</u>	<u>1,077</u>

<b>10. Analysis of charitable funds</b>	<b>Unrestricted</b>	<b>Restricted</b>	
	<b>Fund</b>	<b>Fund</b>	<b>Total</b>
	<b>£</b>	<b>£</b>	<b>£</b>
<b>At 1 June 2021</b>	67,545	41,042	108,587
Incoming resource	86,420	75,500	161,920
Resources expended	(104,792)	(45,825)	(150,617)
<b>At 31 May 2022</b>	<u>49,173</u>	<u>70,717</u>	<u>119,890</u>

**Yeleni Therapy and Support Ltd  
Company limited by guarantee**

**The following pages do not form part of the statutory accounts.**

**Yeleni Therapy and Support Ltd**  
**Company limited by guarantee**

**Detailed trading profit and loss account  
and expenses schedule  
for the year ended 31 May 2022**

	2022		2021	
	£	£	£	£
<b>Income</b>				
Fund raising		161,920		183,343
Donated services		0		10,500
Government Grants		0		16,656
		<u>161,920</u>		<u>210,499</u>
 <b>Cost of sales</b>				
Purchases	12,302		1,137	
Therapists	45,825		28,283	
			<u>29,420</u>	
<b>Gross profit</b>		<u>103,793</u>		<u>181,079</u>
 <b>Administrative expenses</b>				
Staff Costs	54,351		53,244	
Accountancy	1,182		1,370	
General expenses	36,957		44,276	
		<u>92,490</u>		<u>98,890</u>
<b>Operating (loss) / profit</b>		<u>11,303</u>		<u>82,189</u>
 <b>Other income and expenses</b>				
<b>Interest receivable</b>				
Bank deposit interest	0		86	
			<u>86</u>	
 <b>Net (loss) / profit for the year</b>		<u><u>11,303</u></u>		<u><u>82,275</u></u>



# Independent examiner's report on the accounts

## Section A

## Independent Examiner's Report

**Report to the trustees/  
members of**

Yeleni Therapy and Support Ltd

**On accounts for the year  
ended**

31 May 2022

**Charity no  
(if any)**

1118969

**Set out on pages**

1 and 2.

**Respective  
responsibilities of  
trustees and examiner**

The charity's trustees consider that an audit is not required for this year (under section 43(2) of the Charities Act 1993 (the Act), as amended by s.28 of the Charities Act 2006) and that an independent examination is needed. It is my responsibility to:

- examine the accounts (under section 43 of the Act, as amended),
- to follow the procedures laid down in the General Directions given by the Charity Commission (under section 43(7)(b) of the Act, as amended), and
- to state whether particular matters have come to my attention.

**Basis of independent  
examiner's statement**

My examination was carried out in accordance with General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the accounts.

**Independent  
examiner's statement**

In the course of my examination, no matter has come to my attention (other than that disclosed below \*)

1. which gives me reasonable cause to believe that in, any material respect, the trustees have not met the requirements to ensure that:
  - proper accounting records are kept (in accordance with section 41 of the Act); and
  - accounts are prepared which agree with the accounting records and comply with the accounting requirements of the Act; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

\* Please delete the words in the brackets if they do not apply.

**Signed:**

*David Berkeley*

**Date:**

23 September 2022

**Name:**

David Berkeley

**Relevant professional  
qualification(s) or body  
(if any):**

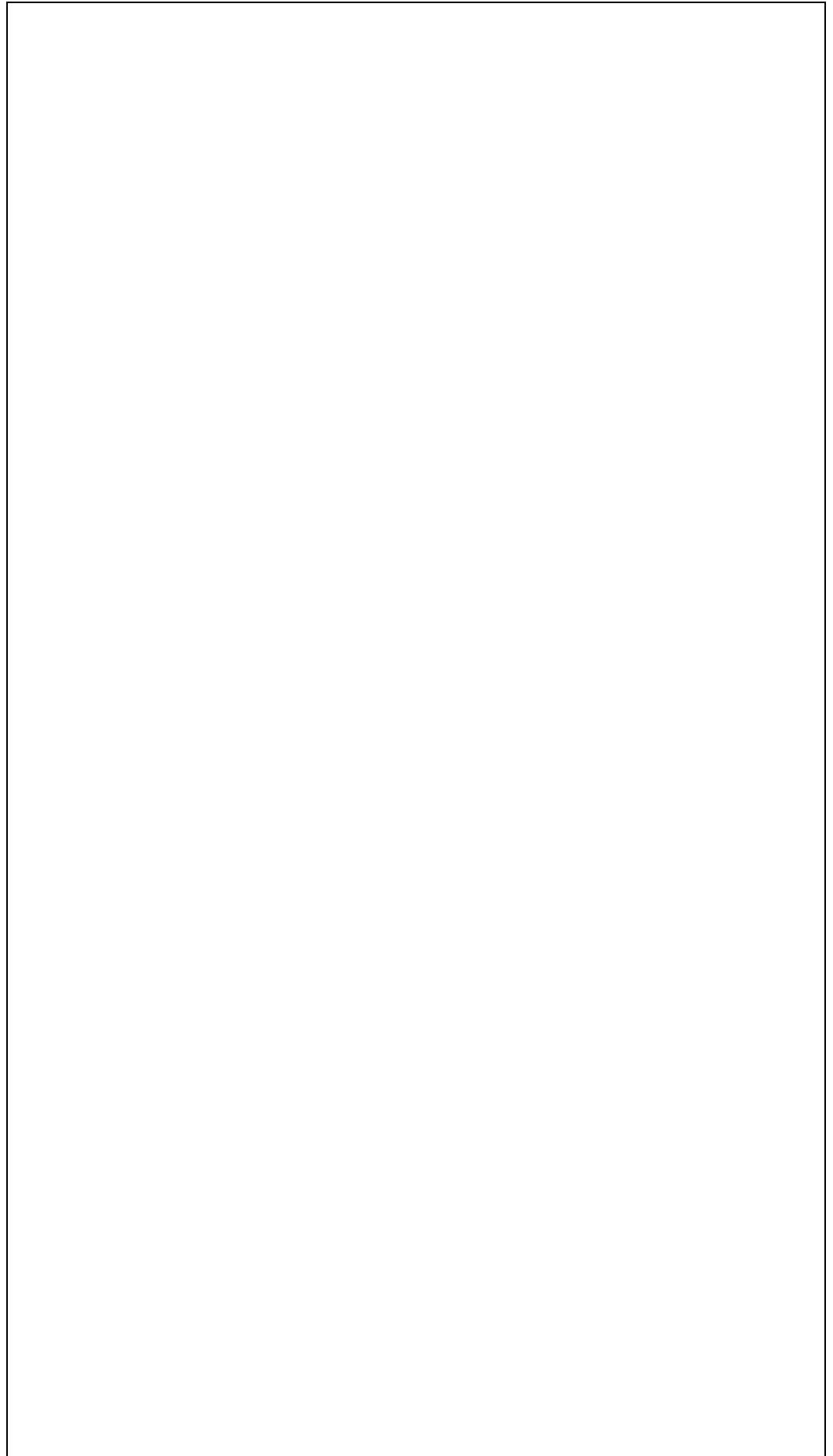
ACMA (CIMA)

**Address:**

Apple Accountants, 7A Harrow Road, Hereford. HR4 0EH

Only complete if the examiner needs to highlight material problems.

**Give here brief details of any items that the examiner wishes to disclose.**



**YELENI THERAPY & SUPPORT LTD**

England & Wales - Charity number 1118969

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# Accounts

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## **Trustees Annual Report for Financial Year 1<sup>st</sup> June 2020 to 31<sup>st</sup> May 2021**

Trustees: Sheila Higgins, Julie Cohn, Carl May, Peter Rowland, Mary Seldon

Peter Rowlands resigned in November 2020, Leanne Pogson joined as a trustee in November 2020.

Staff: Nicky Heath (CEO, Founder, Manager, Therapist)  
Kate Bishop (Development and Funding)  
Beth Hudson (Community Liaison)  
Nicola Rowland (Reception)  
Jenny Edwards (Reception)

June 2020 saw Yeleni closed during the Covid pandemic and all staff except Nicky and Kate furloughed.

Yeleni was offering an extensive range of online workshops and services to our Cancer Clients and anyone else who needed them – free of charge.

These “Wellbeing Workshops”, which had been planned to take place in person for small groups at Yeleni were adapted to run on Zoom meetings – including Chair Yoga, Tai Chi, Meditation, Coffee and chat group and others. The service evolved over the months to include seated ballet, mental health sessions, sessions for men and others.

We also ran a phone befriending service - open to our clients and anyone else in Herefordshire – manned mainly by Sue Colley, one of our assessment nurses and therapists with expertise in Mental Health nursing. There were many referrals from Social Prescribers as there was a gap in provision for the vast numbers of people feeling isolated and especially those older people who were to access online support.

Funding was in place thanks to the National Lottery – we had been given a grant for workshops and outreach services in April 2020, and it was agreed that we should re-purpose this to adapt services to meet the needs of clients during lockdown and restrictions.

We also had some extra lottery funding to cover our loss of income from room rent – which our therapists pay for their private clients – and to ensure that Nicky and Kate could continue to work, as they could not be furloughed. During closure Nicky and Pete carried out a total re-vamp of the centre – this had been planned for 2020 already after a thorough consultation with clients and staff. Every room was re-decorated, we had new flooring in the hall and reception, a new disabled cloakroom downstairs, extra ventilation in both toilets, Covid screens in reception. Our exterior signage was replaced too. The centre was fresh, fully Covid compliant and ready to open when possible. Trustee meetings were held by Zoom during the shutdown and contact was kept with Social Prescribers and other organisations in the NHS and community. Nicky manned reception and phonedlines, while Kate managed funding applications.

We were able to re-open on 1<sup>st</sup> Sept 2020 to both cancer clients and the public, until 5<sup>th</sup> November, when we had to close again to the public, but were able to see just our cancer patients, who had been isolated and suffered from disrupted treatment during the pandemic. Government guidelines allowed for this support to continue for the most vulnerable.

We shut again completely on 5<sup>th</sup> January 2021, until opening again on 12<sup>th</sup> April 2021 and faced a surge of new cancer clients, in particular breast cancer patients, due the unfortunate closure of the Breast Cancer Haven in Hereford. Yeleni was back to full service, offering our normal face to face therapies – with very strict Covid safety measures in place, as well as online and phone services alongside. This gave cancer patients the most comprehensive choice possible at a very difficult time.

Our lottery grant in April 2020 was partly to fund sessions of free therapy for the main carers of cancer patients registered with us and carers started to come forward too, for much needed support. Funding was given by several trusts during this time including the Sir Jules Thorn Trust, February Foundation, Herefordshire Community Foundation, Herefordshire Council and Eveson Trust. Other sources had to put their grant giving on hold, so it was not an easy time to find funds.

Fortunately, with great innovation from Nicky, wonderful work from therapists and workshop facilitators, excellent outreach and networking by Beth when she was not furloughed, (albeit mostly by Zoom), we were able to weather the storm of the pandemic and continue to support our clients. Contacts were fostered and maintained with voluntary and statutory support groups in our local network including Macmillan, Chamber of Commerce, HVOSS, Hereford Means Business, Healthwatch Herefordshire and the Supporting Local network.

Once open in April 2021 it became clear that the need was greater than ever and numbers of new requests for assessment and support were higher than in previous years. We were very glad to have navigated through the worst of the pandemic and to be actively supporting those affected by cancer. Our supporters, donors, trustees, therapists and staff all did a wonderful job of adapting and rose to the task. We hope to be able to continue into future years with resilience and a wealth of experience.

**Company registration number: 05819798**

**Yeleni Therapy & Support Ltd  
Company limited by guarantee**

**Unaudited financial statements**

**31 May 2021**

**Yeleni Therapy & Support Ltd  
Company limited by guarantee**

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**Yeleni Therapy & Support Ltd  
Company limited by guarantee**

**Directors and other information**

**Director** Sheila Mary Enid Higgins

**Company number** 05819798

**Registered office** 2 Blackfriars Street  
Hereford  
HR4 9HS

**Business address** 2 Blackfriars Street  
Hereford  
HR4 9HS

**Accountants** Apple Accountants  
7 Harrow Road  
Hereford  
HR4 0EH

**Bankers** The co-operative bank

**Yeleni Therapy & Support Ltd  
Company limited by guarantee**

**Director's report  
Year ended 31 May 2021**

The director presents her report and the unaudited financial statements of the company for the year ended 31 May 2021.

**Director**

The director who served the company during the year was as follows:

Sheila Mary Enid Higgins

**Small company provisions**

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

This report was approved by the board of directors on 8 October 2021 and signed on behalf of the board by:

Sheila Mary Enid Higgins  
Director

**Yeleni Therapy & Support Ltd  
Company limited by guarantee**

**Report to the director on the preparation of the  
unaudited statutory financial statements of Yeleni Therapy & Support Ltd  
Year ended 31 May 2021**

In order to assist you to fulfil your duties under the Companies Act 2006, we have prepared for your approval the financial statements of Yeleni Therapy & Support Ltd for the year ended 31 May 2021 which comprise the statement of comprehensive income, statement of financial position, statement of changes in equity and related notes from the company's accounting records and from information and explanations you have given us.

As a practising member firm of the Chartered Institute of Management Accountants , we are subject to its ethical and other professional requirements which are detailed at [www.cimaglobal.com](http://www.cimaglobal.com).

This report is made solely to the director of Yeleni Therapy & Support Ltd, as a body, in accordance with the terms of our engagement letter. Our work has been undertaken solely to prepare for your approval the financial statements of Yeleni Therapy & Support Ltd and state those matters that we have agreed to state to them, as a body, in this report in accordance with the requirements of the Chartered Institute of Management Accountants as detailed at [www.cimaglobal.com](http://www.cimaglobal.com). To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than Yeleni Therapy & Support Ltd and its director as a body for our work or for this report.

It is your duty to ensure that Yeleni Therapy & Support Ltd has kept adequate accounting records and to prepare statutory financial statements that give a true and fair view of the assets, liabilities, financial position and profit of Yeleni Therapy & Support Ltd. You consider that Yeleni Therapy & Support Ltd is exempt from the statutory audit requirement for the year.

We have not been instructed to carry out an audit or a review of the financial statements of Yeleni Therapy & Support Ltd. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the statutory financial statements.

Apple Accountants  
CIMA

7 Harrow Road  
Hereford  
HR4 0EH

8 October 2021

**Yeleni Therapy & Support Ltd**  
**Company limited by guarantee**

**Statement of comprehensive income**  
**Year ended 31 May 2021**

	<b>Note</b>	<b>2021</b>	<b>2020</b>
		<b>£</b>	<b>£</b>
<b>Turnover</b>		193,929	116,840
Cost of sales		(29,420)	(32,608)
<b>Gross profit</b>		<u>164,509</u>	<u>84,232</u>
Administrative expenses		(98,890)	(88,633)
Other operating income		16,656	2,552
<b>Operating profit/(loss)</b>		<u>82,275</u>	<u>(1,849)</u>
<b>Profit/(loss) before taxation</b>	<b>6</b>	82,275	(1,849)
Tax on profit/(loss)		-	-
<b>Profit/(loss) for the financial year and total comprehensive income</b>		<u><u>82,275</u></u>	<u><u>(1,849)</u></u>

All the activities of the company are from continuing operations.

**The notes on pages 8 to 12 form part of these financial statements.**

**Yeleni Therapy & Support Ltd**  
**Company limited by guarantee**

**Statement of financial position**  
**31 May 2021**

	Note	2021 £	£	2020 £	£
<b>Fixed assets</b>					
Tangible assets	7	11,206		6,867	
			11,206		6,867
<b>Current assets</b>					
Stocks		1,000		1,000	
Debtors	8	2,705		10,075	
Cash at bank and in hand		94,753		11,539	
		98,458		22,614	
<b>Creditors: amounts falling due within one year</b>	9	(1,077)		(3,169)	
<b>Net current assets</b>			97,381		19,445
<b>Total assets less current liabilities</b>			108,587		26,312
<b>Net assets</b>			108,587		26,312
<b>Capital and reserves</b>					
Profit and loss account			108,587		26,312
<b>Members funds</b>			108,587		26,312

For the year ending 31 May 2021 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Director's responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The director acknowledges their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with Section 1A of FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

**The notes on pages 8 to 12 form part of these financial statements.**

**Yeleni Therapy & Support Ltd  
Company limited by guarantee**

**Statement of financial position (continued)  
31 May 2021**

These financial statements were approved by the board of directors and authorised for issue on 8 October 2021, and are signed on behalf of the board by:

Sheila Mary Enid Higgins  
Director

Company registration number: 05819798

**The notes on pages 8 to 12 form part of these financial statements.**

**Yeleni Therapy & Support Ltd  
Company limited by guarantee**

**Statement of changes in equity  
Year ended 31 May 2021**

	Profit and loss account £	<b>Total</b>  £
<b>At 1 June 2019</b>	28,161	28,161
Profit/(loss) for the year	(1,849)	(1,849)
<b>Total comprehensive income for the year</b>	<u>(1,849)</u>	<u>(1,849)</u>
<b>At 31 May 2020 and 1 June 2020</b>	26,312	26,312
Profit/(loss) for the year	82,275	82,275
<b>Total comprehensive income for the year</b>	<u>82,275</u>	<u>82,275</u>
<b>At 31 May 2021</b>	<u>108,587</u>	<u>108,587</u>

**Yeleni Therapy & Support Ltd**  
**Company limited by guarantee**

**Notes to the financial statements**  
**Year ended 31 May 2021**

**1. General information**

The company is a private company limited by guarantee, registered in England. The address of the registered office is 2 Blackfriars Street, Hereford, HR4 9HS.

**2. Statement of compliance**

These financial statements have been prepared in compliance with the provisions of FRS 102, Section 1A, 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'. The Triennial review 2017 amendments to the standard have been early adopted.

**3. Accounting policies**

**Basis of preparation**

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through profit or loss.

The financial statements are prepared in sterling, which is the functional currency of the entity.

**Turnover**

Turnover is measured at the fair value of the consideration received or receivable for goods supplied and services rendered, net of discounts and Value Added Tax.

Revenue from the sale of goods is recognised when the significant risks and rewards of ownership have transferred to the buyer (usually on despatch of the goods); the amount of revenue can be measured reliably; it is probable that the associated economic benefits will flow to the entity; and the costs incurred or to be incurred in respect of the transactions can be measured reliably.

**Taxation**

The taxation expense represents the aggregate amount of current and deferred tax recognised in the reporting period. Tax is recognised in the statement of comprehensive income, except to the extent that it relates to items recognised in other comprehensive income or directly in capital and reserves. In this case, tax is recognised in other comprehensive income or directly in capital and reserves, respectively.

Current tax is recognised on taxable profit for the current and past periods. Current tax is measured at the amounts of tax expected to pay or recover using the tax rates and laws that have been enacted or substantively enacted at the reporting date.

Deferred tax is recognised in respect of all timing differences at the reporting date. Unrelieved tax losses and other deferred tax assets are recognised to the extent that it is probable that they will be recovered against the reversal of deferred tax liabilities or other future taxable profits. Deferred tax is measured using the tax rates and laws that have been enacted or substantively enacted by the reporting date that are expected to apply to the reversal of the timing difference.

**Yeleni Therapy & Support Ltd**  
**Company limited by guarantee**

**Notes to the financial statements (continued)**  
**Year ended 31 May 2021**

**Tangible assets**

Tangible assets are initially recorded at cost, and are subsequently stated at cost less any accumulated depreciation and impairment losses.

Any tangible assets carried at revalued amounts are recorded at the fair value at the date of revaluation less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

An increase in the carrying amount of an asset as a result of a revaluation, is recognised in other comprehensive income and accumulated in capital and reserves, except to the extent it reverses a revaluation decrease of the same asset previously recognised in profit or loss. A decrease in the carrying amount of an asset as a result of revaluation is recognised in other comprehensive income to the extent of any previously recognised revaluation increase accumulated in capital and reserves in respect of that asset. Where a revaluation decrease exceeds the accumulated revaluation gains accumulated in capital and reserves in respect of that asset, the excess shall be recognised in profit or loss.

**Depreciation**

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

If there is an indication that there has been a significant change in depreciation rate, useful life or residual value of tangible assets, the depreciation is revised prospectively to reflect the new estimates.

**Impairment**

A review for indicators of impairment is carried out at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date.

When it is not possible to estimate the recoverable amount of an individual asset, an estimate is made of the recoverable amount of the cash-generating unit to which the asset belongs. The cash-generating unit is the smallest identifiable group of assets that includes the asset and generates cash inflows that are largely independent of the cash inflows from other assets or groups of assets.

**Stocks**

Stocks are measured at the lower of cost and estimated selling price less costs to complete and sell. Cost includes all costs of purchase, costs of conversion and other costs incurred in bringing the stocks to their present location and condition.

**Yeleni Therapy & Support Ltd**  
**Company limited by guarantee**

**Notes to the financial statements (continued)**  
**Year ended 31 May 2021**

**Government grants**

Government grants are recognised at the fair value of the asset received or receivable. Grants are not recognised until there is reasonable assurance that the company will comply with the conditions attaching to them and the grants will be received.

Government grants are recognised using the accrual model and the performance model.

Under the accrual model, government grants relating to revenue are recognised on a systematic basis over the periods in which the company recognises the related costs for which the grant is intended to compensate. Grants that are receivable as compensation for expenses or losses already incurred or for the purpose of giving immediate financial support to the entity with no future related costs are recognised in income in the period in which it becomes receivable.

Grants relating to assets are recognised in income on a systematic basis over the expected useful life of the asset. Where part of a grant relating to an asset is deferred, it is recognised as deferred income and not deducted from the carrying amount of the asset.

Under the performance model, where the grant does not impose specified future performance-related conditions on the recipient, it is recognised in income when the grant proceeds are received or receivable. Where the grant does impose specified future performance-related conditions on the recipient, it is recognised in income only when the performance-related conditions have been met. Where grants received are prior to satisfying the revenue recognition criteria, they are recognised as a liability.

**Financial instruments**

A financial asset or a financial liability is recognised only when the company becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the transaction price, unless the arrangement constitutes a financing transaction, where it is recognised at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Debt instruments are subsequently measured at amortised cost.

Where investments in non-convertible preference shares and non-puttable ordinary shares or preference shares are publicly traded or their fair value can otherwise be measured reliably, the investment is subsequently measured at fair value with changes in fair value recognised in profit or loss. All other such investments are subsequently measured at cost less impairment.

Other financial instruments, including derivatives, are initially recognised at fair value, unless payment for an asset is deferred beyond normal business terms or financed at a rate of interest that is not a market rate, in which case the asset is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Other financial instruments are subsequently measured at fair value, with any changes recognised in profit or loss, with the exception of hedging instruments in a designated hedging relationship.

Financial assets that are measured at cost or amortised cost are reviewed for objective evidence of impairment at the end of each reporting date. If there is objective evidence of impairment, an impairment loss is recognised in profit or loss immediately.

For all equity instruments regardless of significance, and other financial assets that are individually significant, these are assessed individually for impairment. Other financial assets are either assessed individually or grouped on the basis of similar credit risk characteristics.

Any reversals of impairment are recognised in profit or loss immediately, to the extent that the reversal does not result in a carrying amount of the financial asset that exceeds what the carrying amount would have been had the impairment not previously been recognised.

**4. Limited by guarantee**

The liability of each member of the company is limited to £1.

**Yeleni Therapy & Support Ltd**  
**Company limited by guarantee**

**Notes to the financial statements (continued)**  
**Year ended 31 May 2021**

**5. Employee numbers**

The average number of persons employed by the company during the year amounted to 4 (2020: 4).

**6. Profit/loss before taxation**

Profit/loss before taxation is stated after charging/(crediting):

	<b>2021</b>	<b>2020</b>
	<b>£</b>	<b>£</b>
Depreciation of tangible assets	3,028	2,023
	<u>          </u>	<u>          </u>

**7. Tangible assets**

	Short leasehold property £	Fixtures, fittings and equipment £	Tangible assets - user defined £	<b>Total</b>  £
<b>Cost</b>				
At 1 June 2020	2,662	10,573	1,887	15,122
Additions	2,669	3,600	1,098	7,367
<b>At 31 May 2021</b>	<u>5,331</u>	<u>14,173</u>	<u>2,985</u>	<u>22,489</u>
<b>Depreciation</b>				
At 1 June 2020	1,064	6,027	1,164	8,255
Charge for the year	533	2,039	456	3,028
<b>At 31 May 2021</b>	<u>1,597</u>	<u>8,066</u>	<u>1,620</u>	<u>11,283</u>
<b>Carrying amount</b>				
<b>At 31 May 2021</b>	<u>3,734</u>	<u>6,107</u>	<u>1,365</u>	<u>11,206</u>
At 31 May 2020	<u>1,598</u>	<u>4,546</u>	<u>723</u>	<u>6,867</u>

**8. Debtors**

	<b>2021</b>	<b>2020</b>
	<b>£</b>	<b>£</b>
Other debtors	2,705	10,075
	<u>          </u>	<u>          </u>

**Yeleni Therapy & Support Ltd**  
**Company limited by guarantee**

**Notes to the financial statements (continued)**  
**Year ended 31 May 2021**

**9. Creditors: amounts falling due within one year**

	<b>2021</b>	2020
	<b>£</b>	£
Bank loans and overdrafts	-	1,932
Social security and other taxes	251	992
Other creditors	826	245
	<u>1,077</u>	<u>3,169</u>

**Yeleni Therapy & Support Ltd  
Company limited by guarantee**

**The following pages do not form part of the statutory accounts.**

**Yeleni Therapy & Support Ltd**  
**Company limited by guarantee**

**Detailed income statement**  
**Year ended 31 May 2021**

	<b>2021</b>	<b>2020</b>
	<b>£</b>	<b>£</b>
<b>Turnover</b>		
Income	183,343	108,680
Donated services	10,500	8,160
Other income	86	-
	<u>193,929</u>	<u>116,840</u>
 <b>Cost of sales</b>		
Opening stock	(1,000)	(1,000)
Purchases	(461)	(1,845)
Direct costs	(676)	(1,295)
Therapist	(28,283)	(29,468)
	<u>(30,420)</u>	<u>(33,608)</u>
 Closing stock	 1,000	 1,000
	<u>(29,420)</u>	<u>(32,608)</u>
 <b>Gross profit</b>	 <u>164,509</u>	 <u>84,232</u>
 <b>Gross profit percentage</b>	 84.8%	 72.1%
 <b>Overheads</b>		
<b>Administrative expenses</b>		
Wages and salaries	(51,288)	(34,808)
Sub contract	(1,956)	(12,119)
Rent payable	(12,000)	(12,000)
Rates	(46)	(6,009)
Insurance	-	(347)
Light and heat	(1,912)	(3,031)
Repairs and maintenance	(8,677)	(7,372)
Printing, postage and stationery	(768)	(1,207)
Advertising	(13,958)	(4,234)
Telephone	(1,026)	(767)
Computer costs	(429)	(326)
Hire of equipment	-	(72)
Accountancy fees	(1,370)	(570)
Bank charges	(914)	(566)
General expenses	(1,290)	(2,954)
Subscriptions	(228)	(228)
Depreciation of tangible assets	(3,028)	(2,023)
	<u>(98,890)</u>	<u>(88,633)</u>
 <b>Other operating income</b>		
Government grants recognised directly in income	16,656	2,552
	<u>16,656</u>	<u>2,552</u>

**Yeleni Therapy & Support Ltd**  
**Company limited by guarantee**

**Detailed income statement (continued)**  
**Year ended 31 May 2021**

	<b>2021</b>	<b>2020</b>
	<b>£</b>	<b>£</b>
	16,656	2,552
<b>Operating profit/(loss)</b>	<b>82,275</b>	<b>(1,849)</b>
<b>Operating profit/(loss) percentage</b>	<b>42.4%</b>	<b>1.6%</b>
<b>Profit/(loss) before taxation</b>	<b><u>82,275</u></b>	<b><u>(1,849)</u></b>



# Independent examiner's report on the accounts

## Section A

## Independent Examiner's Report

Report to the trustees/  
members of

Yeleni Therapy and Support Ltd

On accounts for the year  
ended

31 May 2021

Charity no  
(if any)

1118969

Set out on pages

1 and 2.

Respective  
responsibilities of  
trustees and examiner

The charity's trustees consider that an audit is not required for this year (under section 43(2) of the Charities Act 1993 (the Act), as amended by s.28 of the Charities Act 2006) and that an independent examination is needed. It is my responsibility to:

- examine the accounts (under section 43 of the Act, as amended),
- to follow the procedures laid down in the General Directions given by the Charity Commission (under section 43(7)(b) of the Act, as amended), and
- to state whether particular matters have come to my attention.

Basis of independent  
examiner's statement

My examination was carried out in accordance with General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the accounts.

Independent  
examiner's statement

In the course of my examination, no matter has come to my attention (other than that disclosed below \*)

1. which gives me reasonable cause to believe that in, any material respect, the trustees have not met the requirements to ensure that:
  - proper accounting records are kept (in accordance with section 41 of the Act); and
  - accounts are prepared which agree with the accounting records and comply with the accounting requirements of the Act; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

\* Please delete the words in the brackets if they do not apply.

Signed:

*David Berkeley*

Date:

1 November 2021

Name:

David Berkeley

Relevant professional  
qualification(s) or body  
(if any):

ACMA (CIMA)

Address:

Apple Accountants, 7A Harrow Road, Hereford. HR4 0EH

Only complete if the examiner needs to highlight material problems.

**Give here brief details of any items that the examiner wishes to disclose.**

