

GATESHEAD CARERS ASSOCIATION

England & Wales · Charity number 1118942

Details

Status	Registered
Legal form	Charitable company
Company number	06133161
Registered	2007-04-25
Register	View on the Charity Commission register

Contact

Address	John Haswell House 8-9 Gladstone Terrace Gateshead Tyne & Wear NE8 4DY
Phone	01914900121
Email	enquiries@gatesheadcarers.com
Website	www.gatesheadcarers.com

Activities

Objects: TO RELIEVE IN AND AROUND GATESHEAD AT THE DIRECTORS' DISCRETION, THE ELDERLY, SICK OR PEOPLE WITH DISABILITIES BY PROVIDING SUPPORT, ADVICE AND INFORMATION TO THOSE RESPONSIBLE FOR THEIR CARE.

Activities: We support, advise, represent, advocate & campaign for unpaid adult carers living or working in Gateshead. We aim for carers to have increased choice and control in their life, improved health and wellbeing, financial wellbeing, and are treated with respect and dignity. We provide training & short-break activities that reduce isolation and help carers to have a life of their own outside of caring.

Classification

- **How:** Provides Human Resources, Provides Services, Provides Advocacy/advice/information, Other Charitable Activities
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Disability, The Prevention Or Relief Of Poverty, Other Charitable Purposes
- **Who:** Elderly/old People, People With Disabilities, Other Defined Groups

Geography

- **Area of benefit:** IN AND AROUND GATESHEAD.
- Gateshead

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£242,163	£330,510	-	-
2024-03-31	£518,039	£459,151	£236,535	16
2023-03-31	£440,840	£459,729	-	-
2022-03-31	£444,446	£522,477	-	-
2021-03-31	£602,653	£534,423	£274,567	20

Trustees

Name	Role	Appointed
James Ian Mearns	Chair	2024-01-23
ANN OWENS		2017-02-02
Amanda Tonkinson		2019-02-21
Dr Dan Taylor		2024-01-23
MICHAEL ANTHONY FITZPATRICK		2017-02-02
Margaret Barrett		2017-02-02
Stuart Cox		2020-01-29

Linked charities

- JOHN HASWELL MEMORIAL TRUST (1118942-1)

Accounts

Charity registration number 1118942

Company registration number 06133161 (England and Wales)

GATESHEAD CARERS ASSOCIATION

ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

GATESHEAD CARERS ASSOCIATION

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Stuart Cox Elsie Johnson Amanda Tonkinson Margaret Barrett Michael Anthony Fitzpatrick Ann Owens Mr J I Mearns Dan Taylor
Charity number	1118942
Company number	06133161
Registered office	John Haswell House 8-9 Gladstone Terrace Gateshead NE8 4DY
Independent examiner	TC Group 12 Bessemer Court Hownsgill Industrial Park Knitsley Lane Consett Co Durham DH8 7BL

GATESHEAD CARERS ASSOCIATION

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GATESHEAD CARERS ASSOCIATION

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2025

The trustees present their annual report and financial statements for the year ended 31 March 2025.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

Objectives and activities

The charity's objects were to relieve the stresses experienced by Carers in the Borough of Gateshead and surrounding areas in particular by the provision of information, advice and support services to such persons so as to assist them and their dependents.

Public benefit

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

Achievements and performance

Significant activities and achievements against objectives

The last year has seen significant changes in our work, moving away from providing general information, advice and guidance to people providing unpaid care to our rights based approach. This decision was made because of a number of factors

Firstly, our storm Caregiver report, based on our survey of unpaid carers in Gateshead, clearly showed that the challenges unpaid carers faced were increasing alarmingly, across all aspects of care provision and have been since our first report in 2011. This included increases in:

The number of people having to give up employment to provide care, the number of hours per week providing care, the number of years providing unpaid care, levels of social isolation, stress and anxiety, the range of caring tasks, exhaustion and the number of unpaid carers using Foodbanks.

Secondly, after the LA contract for unpaid carer services was awarded to another organisation we lost 80% of our income.

Thirdly, the majority of our staff became employees of the new provider, Caregivers Connected Gateshead, under the Transfer of Undertakings Protection of Employment (TUPE) regulations.

Fourthly, we were aware that the council did not recognise unpaid carers rights, particularly in relation to the Care Act 2014. Our challenges to council policy, processes and practice were dismissed and our ability to insist on the changes needed was fettered by GCA being under contract with Gateshead Council to deliver unpaid carer services.

Fifthly, in our consultations with unpaid carers, there was overwhelming (100%) support for our move to rights-based action.

GATESHEAD CARERS ASSOCIATION

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

Of course, to achieve our ambition we need funding. The board has considered two scenarios which are listed below.

Worst Case Scenario

If we have not secured any of the funding we need by 31st March 2026, we will, with great sadness, have to begin the process of closing the organisation

Best Case Scenario

If we secure all of the funding needed by the end of March 2026, we will continue to grow and strengthen our rights-based approach in the ways outlined above.

At the time of writing this, we are awaiting the outcomes of two funding applications. More funding applications will be submitted over the next 6 months. The situation is fluid and one large grant award can change everything.

The scenarios are presented for clarity and transparency, no scenario is more or less likely to happen than the other scenario.

I would like to thank my fellow board members for their support and contributions to GCA and our staff and volunteers for the hard work, motivation and commitment they have shown over the last year.

Financial review

The financial statements show a net deficit of £88,347 (2024 surplus of £58,888). In addition Cash balances remain healthy at £265,044 (2024 - £336,832). Within the bank the charity is holding £10,359 (2024 £46,246) on behalf of the John Haswell Memorial Trust.

Reserves policy

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

The trustees aim to maintain free reserves in unrestricted funds at a level which equates to approximately three months of unrestricted charitable expenditure; it is estimated that this currently equates to £83,000. At this level of unrestricted reserves, the charity could maintain operation for three months even if no income was being generated. Current unrestricted reserves after adjusting for fixed assets amount to £143,905. Sufficient funds have to be retained to finance the procurement contracts for the final five months of the contract.

The charity enjoys good liquidity and has no issue on meeting its liabilities when they are due. The trustees are confident for the next twelve months.

Reserves are needed to bridge the gap between the spending and receiving of income and to cover unplanned emergency bills, repairs and other expenditure

Major risks

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

GATESHEAD CARERS ASSOCIATION

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

Structure, governance and management

The charity is a company limited by guarantee. The company was incorporated on 1 March 2007 and it registered with the Charity Commission on 25 April 2007. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Stuart Cox

Elsie Johnson

Amanda Tonkinson

Margaret Barrett

Michael Anthony Fitzpatrick

Ann Owens

June Gordon

(Resigned 25 February 2025)

Valerie Smith

(Resigned 25 February 2025)

Mr J I Mearns

Dan Taylor

Recruitment and appointment of trustees

Management committee members were recruited in a variety of ways including advertisements. Members are drawn from the wider membership of the Association, and elected at the annual general meeting, with additional members being co-opted because of their position or knowledge. Members serve for a three-year period and may then be elected for a further three-year period. Meetings take place approximately once a month. New members receive appropriate induction briefings and attend relevant courses for Trustees. Skills and training needs of members are identified through a periodic skills audit.

None of the trustees has any beneficial interest in the company. All of the trustees are members of the company and guarantee to contribute £1 in the event of a winding up.

Organisational structure

Strategic decisions are taken by the Management Committee; with detailed deliberation sometimes being delegated to the Finance sub committee or personnel sub committee. Day-to-day management is delegated to the Chief Officer who leads the staff team and who provides clear written reports to trustees at every meeting. Members of the management committee take a close interest in the work of the Association and often visit between formal meetings.

Funds held as custodian trustee

Under an amendment to a Uniting Direction dated 13 June 2016 the John Haswell Memorial Trust (Charity number 1118942-1) is linked to Gateshead Carers Association. The John Haswell Memorial Trust had previously been linked to Gateshead Voluntary Organisation Council before that charity entered liquidation.

The assets of the linked charity – John Haswell Memorial Trust comprised of a property known as “John Haswell House” and funds totalling £10,359. The value of the property has not been included within the accounts. The money transferred from Gateshead Voluntary Organisation Council has been used to fund building costs. Rents received from tenants have been added to the John Haswell Memorial Trust funds.

GATESHEAD CARERS ASSOCIATION

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

The trustees' report was approved by the Board of Trustees.



.....
Mr J J Mearns

Chair of the Board of Trustees

Date: **17.12 2025**

GATESHEAD CARERS ASSOCIATION

STATEMENT OF TRUSTEES' RESPONSIBILITIES

FOR THE YEAR ENDED 31 MARCH 2025

The trustees, who are also the directors of Gateshead Carers Association for the purpose of company law, are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

GATESHEAD CARERS ASSOCIATION

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF GATESHEAD CARERS ASSOCIATION

I report to the trustees on my examination of the financial statements of Gateshead Carers Association (the charity) for the year ended 31 March 2025.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

TC Group

12 Bessemer Court
Hownsgill Industrial Park
Knitsley Lane
Consett
Co Durham
DH8 7BL

Dated: 15 December 2025

GATESHEAD CARERS ASSOCIATION

**STATEMENT OF FINANCIAL ACTIVITIES
INCLUDING INCOME AND EXPENDITURE ACCOUNT**

FOR THE YEAR ENDED 31 MARCH 2025

		Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
	Notes						
Income and endowments from:							
Donations and legacies	3	5,877	72,600	78,477	7,521	69,350	76,871
<u>Charitable activities</u>							-
Carer Services	4	158,686	-	158,686	436,168	-	436,168
Other income	5	5,000	-	5,000	5,000	-	5,000
Total income		169,563	72,600	242,163	448,689	69,350	518,039
Expenditure on:							
Charitable activities	6	249,513	80,997	330,510	397,762	61,389	459,151
Total expenditure		249,513	80,997	330,510	397,762	61,389	459,151
Net income/(expenditure)		(79,950)	(8,397)	(88,347)	50,927	7,961	58,888
Transfers between funds		(436)	436	-	-	-	-
Net movement in funds	8	(80,386)	(7,961)	(88,347)	50,927	7,961	58,888
Reconciliation of funds:							
Fund balances at 1 April 2024		224,291	12,244	236,535	173,364	4,283	177,647
Fund balances at 31 March 2025		143,905	4,283	148,188	224,291	12,244	236,535

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

GATESHEAD CARERS ASSOCIATION

BALANCE SHEET

AS AT 31 MARCH 2025

	Notes	2025 £	£	2024 £	£
Current assets					
Cash at bank and in hand		265,044		336,832	
Creditors: amounts falling due within one year	12	(116,856)		(100,297)	
Net current assets			148,188		236,535
Net assets excluding pension liability			148,188		236,535
The funds of the charity					
Restricted income funds	14		4,283		12,244
Unrestricted funds			143,905		224,291
			148,188		236,535

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2025.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the trustees on



Mr J Mearns

Chair of the Board of Trustees

Company registration number 06133161 (England and Wales)

GATESHEAD CARERS ASSOCIATION

STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED 31 MARCH 2025

	Notes	2025 £	£	2024 £	£
Cash flows from operating activities					
Cash absorbed by operations	19		(71,788)		(6,175)
Net cash used in investing activities			-		-
Net cash used in financing activities			-		-
Net decrease in cash and cash equivalents			(71,788)		(6,175)
Cash and cash equivalents at beginning of year			336,832		343,007
Cash and cash equivalents at end of year			265,044		336,832

GATESHEAD CARERS ASSOCIATION

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies

Charity information

Gateshead Carers Association is a private company limited by guarantee incorporated in England and Wales. The registered office is John Haswell House, 8-9 Gladstone Terrace, Gateshead, NE8 4DY.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, [modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value]. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

GATESHEAD CARERS ASSOCIATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies

(Continued)

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

1.6 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

GATESHEAD CARERS ASSOCIATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies (Continued)

1.7 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.8 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Income from donations and legacies

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Donations and gifts	5,877	-	5,877	7,521	-	7,521
Grants receivable	-	72,600	72,600	-	69,350	69,350
	<u>5,877</u>	<u>72,600</u>	<u>78,477</u>	<u>7,521</u>	<u>69,350</u>	<u>76,871</u>
Grants receivable for core activities						
John Laing Charitable Trust	-	16,500	16,500	-	16,500	16,500
Henry Smith Charity	-	56,100	56,100	-	52,850	52,850
	<u>-</u>	<u>72,600</u>	<u>72,600</u>	<u>-</u>	<u>69,350</u>	<u>69,350</u>

GATESHEAD CARERS ASSOCIATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

4 Income from charitable activities

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Carer Services		
Services provided under contract	158,686	436,168

5 Other income

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Employment allowance	5,000	5,000

GATESHEAD CARERS ASSOCIATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

6 Expenditure on charitable activities

	Operating Costs 2025 £	Ancilliary 2025 £	Total 2025 £	Operating Costs 2024 £	Ancilliary 2024 £	Total 2024 £
Direct costs						
Staff costs	242,035	-	242,035	380,021	-	380,021
Direct costs	28,556	-	28,556	13,761	-	13,761
IT	784	-	784	5,171	-	5,171
Annual general meeting	296	-	296	408	-	408
Premises	31,435	-	31,435	32,985	-	32,985
Office	2,339	-	2,339	2,781	-	2,781
Communications	13,403	-	13,403	16,340	-	16,340
	<u>318,848</u>	<u>-</u>	<u>318,848</u>	<u>451,467</u>	<u>-</u>	<u>451,467</u>
Share of support and governance costs (see note 7)						
Support	-	2,335	2,335	-	4,177	4,177
Governance	-	9,327	9,327	-	3,507	3,507
	<u>318,848</u>	<u>11,662</u>	<u>330,510</u>	<u>451,467</u>	<u>7,684</u>	<u>459,151</u>
Analysis by fund						
Unrestricted funds	244,121	5,392	249,513	390,078	7,684	397,762
Restricted funds	74,727	6,270	80,997	61,389	-	61,389
	<u>318,848</u>	<u>11,662</u>	<u>330,510</u>	<u>451,467</u>	<u>7,684</u>	<u>459,151</u>

7 Support costs allocated to activities

	2025 £	2024 £
Basis of allocation		
Membership fees	2,098	3,772
Trustees Expenses	-	45
Bank Fees	237	361
Governance costs	9,327	3,506
	<u>11,662</u>	<u>7,684</u>
Analysed between:		
Ancilliary	<u>11,662</u>	<u>7,684</u>

GATESHEAD CARERS ASSOCIATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

7 Support costs allocated to activities **(Continued)**

	2025	2024
	£	£
Governance costs comprise:		
Accountancy	3,057	3,150
Legal and professional	6,270	356
	<u>9,327</u>	<u>3,506</u>

8 Net movement in funds **2025** **2024**

The net movement in funds is stated after charging/(crediting):

	£	£
Fees payable for the independent examination of the charity's financial statements	1,668	1,584
	<u>1,668</u>	<u>1,584</u>

9 Trustees

During the year nil amounts (2024 £45) of expenses were reimbursed to trustees .

10 Employees

The average monthly number of employees during the year was:

	2025	2024
	Number	Number
	8	16
	<u>8</u>	<u>16</u>

Employment costs	2025	2024
	£	£
Wages and salaries	218,265	344,334
Social security costs	19,261	28,916
Other pension costs	4,509	6,771
	<u>242,035</u>	<u>380,021</u>

There were no employees whose annual remuneration was more than £60,000.

GATESHEAD CARERS ASSOCIATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

11 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

12 Creditors: amounts falling due within one year

	2025	2024
	£	£
Other taxation and social security	2,913	6,293
Other creditors	112,275	92,420
Accruals and deferred income	1,668	1,584
	<u>116,856</u>	<u>100,297</u>

13 Retirement benefit schemes

	2025	2024
	£	£
Defined contribution schemes		
Charge to profit or loss in respect of defined contribution schemes	<u>4,509</u>	<u>6,771</u>

The charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the charity in an independently administered fund.

14 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	At 1 April 2024	Incoming resources	Resources expended	Transfers	At 31 March 2025
	£	£	£	£	£
	12,244	72,600	(80,997)	436	4,283
	<u>12,244</u>	<u>72,600</u>	<u>(80,997)</u>	<u>436</u>	<u>4,283</u>
Previous year:	At 1 April 2023	Incoming resources	Resources expended	Transfers	At 31 March 2024
	£	£	£	£	£
	4,283	69,350	(61,389)	-	12,244
	<u>4,283</u>	<u>69,350</u>	<u>(61,389)</u>	<u>-</u>	<u>12,244</u>

GATESHEAD CARERS ASSOCIATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

15 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 April 2024	Incoming resources	Resources expended	Transfers	At 31 March 2025
	£	£	£	£	£
General funds	224,291	169,563	(249,513)	(436)	143,905
	<u>224,291</u>	<u>169,563</u>	<u>(249,513)</u>	<u>(436)</u>	<u>143,905</u>
Previous year:	At 1 April 2023	Incoming resources	Resources expended	Transfers	At 31 March 2024
	£	£	£	£	£
General funds	173,364	448,689	(397,762)	-	224,291
	<u>173,364</u>	<u>448,689</u>	<u>(397,762)</u>	<u>-</u>	<u>224,291</u>

16 Analysis of net assets between funds

	Unrestricted funds	Restricted funds	Total
	2025	2025	2025
	£	£	£
At 31 March 2025:			
Current assets/(liabilities)	143,905	4,283	148,188
	<u>143,905</u>	<u>4,283</u>	<u>148,188</u>
	<u>143,905</u>	<u>4,283</u>	<u>148,188</u>
	Unrestricted funds	Restricted funds	Total
	2024	2024	2024
	£	£	£
At 31 March 2024:			
Current assets/(liabilities)	224,291	12,244	236,535
	<u>224,291</u>	<u>12,244</u>	<u>236,535</u>
	<u>224,291</u>	<u>12,244</u>	<u>236,535</u>

17 Related party transactions

Transactions with related parties

During the year the charity entered into the following transactions with related parties:

GATESHEAD CARERS ASSOCIATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

17 Related party transactions

(Continued)

Included in the following note headed 'Acting as Agent' are details of income and expenditure relating to the John Haswell Trust which is a linked charity to Gateshead Carers Association.

18 Acting as Agent

Gateshead Carers Association agreed to administer the following funds of other entities as agent (the amounts received and expended are noted below along with any relevant closing balance):

- Carers Trust (£50 opening balance, nil received; £50 expended) [£0.00 due to Gateshead Carers Association at March 2025]
- John Haswell Trust (£46,246 opening balance, nil received; £36,187 expended) [£10,059 held by Gateshead Carers Association at March 2025]

19 Cash generated from operations

	2025	2024
	£	£

(Deficit)/surplus for the year	(88,347)	58,888
--------------------------------	----------	--------

Movements in working capital:

(Increase)/decrease in debtors	-	300
Increase/(decrease) in creditors	16,559	(63,963)
(Decrease) in deferred income	-	(1,400)

Cash absorbed by operations

	(71,788)	(6,175)
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20 Analysis of changes in net funds

The charity had no material debt during the year.

Document Activity Report

Document Sent Mon, 15 Dec 2025 09:16:29 GMT

Document Activity History

Document history shows most recent activity first

Date	Activity
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Accounts

Charity registration number 1118942

Company registration number 06133161 (England and Wales)

GATESHEAD CARERS ASSOCIATION

ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

GATESHEAD CARERS ASSOCIATION

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Stuart Cox	
	Elsie Johnson	
	Amanda Tonkinson	
	Margaret Barrett	
	Michael Anthony Fitzpatrick	
	Ann Owens	
	June Gordon	
	Valerie Smith	
	I Mearns	(Appointed 23 January 2024)
	Dan Taylor	(Appointed 23 January 2024)
	Steve Cowen	
Charity number	1118942	
Company number	06133161	
Registered office	John Haswell House 8-9 Gladstone Terrace Gateshead NE8 4DY	
Independent examiner	Stephen Lamb, FCA 12 Bessemer Court Hownsgill Industrial Park Knitsley Lane Consett Co Durham DH8 7BL	

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GATESHEAD CARERS ASSOCIATION

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2024

The trustees present their annual report and financial statements for the year ended 31 March 2024.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

Objectives and activities

The charity's objects were to relieve the stresses experienced by Carers in the Borough of Gateshead and surrounding areas in particular by the provision of information, advice and support services to such persons so as to assist them and their dependents.

Public benefit

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

Activities

Achievements and performance

Significant activities and achievements against objectives

This financial year was the last full year of our current contract, jointly funded by Gateshead Metropolitan Borough Council and the Newcastle/ Gateshead Integrated Care Board (ICB) for the delivery of caregiver services in Gateshead. The contract end date was 31st August 2024.

The financial structuring of the contract was challenging as there was a 45% reduction in the contract value from year One (2019 / 2020) to Year Five (2023/ 2024). In addition, the inflation rate for the period was 21%.

I welcome our independent financial report for 2023 / 2024 which demonstrates our sound financial planning in this year and throughout the term of our contact with Gateshead Council and ICB.

The priority, under the significant reduction in the value of the contract, had to be the delivery of statutory Carers Assessments which was delegated to this organisation in 2021.

We increased the number of Carers Assessments delivered significantly over the course of the contract compared to the very low numbers of Carers Assessments prior to delegation to GCA. Of course, an assessment is not support. An assessment simply identifies people's eligible needs for support under the Care Act 2015. At the same time, whilst always meeting the requirement to complete a Carers Assessment within 28 days of referral to Gateshead Carers, there were significant LA delays in the eligible needs of caregivers being met, particularly if those needs could only be met through a Direct Payment. Decisions were made by the LA and this led to high levels of frustration amongst our staff and caregivers.

The board were made aware that GCA staff increasingly felt like an assessment department of the LA, rather than an independent organisation run by and for unpaid carers.

This sense of frustration grew following our 2023 survey of unpaid carers in Gateshead. We published our report, *Strom Caregiver: Severe Red Warning*, in December 2023 based on this survey and the findings of previous surveys in 2011, 2014, 2017 and 2020. The report highlighted the continuing upward demands on caregivers in Gateshead.

GATESHEAD CARERS ASSOCIATION

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

Half of all caregiver / cared for relationships in Gateshead are; the sick and disabled caring for the sick and disabled

Over half of unpaid carers (54%) report that their disability or health condition is affecting or limiting the care that they are able to provide

Over 8 out of every 10 unpaid carers (84%) report that their caring role has affected their physical or mental health.

Almost 7 out of every 10 caregivers (67%) report feeling anxious and stressed

Almost half (48%) are providing over 100 hours of care per week.

82% are providing over 35 hours per week of unpaid care, the equivalent of at least one full time job.

The 2023 survey results show a staggering increase in the type and range of care provided across all areas. Since 2020;

Personal care: Increase 94%

Physical help: Increase 52%

Practical help: Increase 38%

Dealing with care services / appointments: Increase 57%

Paperwork and financial matters: Increase 47%

Keeping company: Increase 50%

Emotional support: Increase 65%

Providing transport: Increase 60%

Administering medicines: Increase 70%

Supervision, keeping safe: Increase 50%

GATESHEAD CARERS ASSOCIATION

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

It's clear from what caregivers are telling us that they are increasingly socially isolated, that unpaid carers are 2.5 times more likely than the general population to use foodbanks, unpaid carers do not feel valued by the local authority, health services or the government, they report having little control over their lives and a poor quality of life.

Financial review

The financial statements show a net income of £58,888 (2023 - deficit - £18,889). In addition Cash balances remain healthy at £336,832 (2023 - £343,007). Within the bank the charity is holding £46,246 on behalf of the John Haswell Memorial Trust.

Reserves policy

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

The trustees aim to maintain free reserves in unrestricted funds at a level which equates to approximately three months of unrestricted charitable expenditure; it is estimated that this currently equates to £150,000. At this level of unrestricted reserves, the charity could maintain operation for three months even if no income was being generated. Current unrestricted reserves after adjusting for fixed assets amount to £224,291. Sufficient funds have to be retained to finance the procurement contracts for the final five months of the contract.

The charity enjoys good liquidity and has no issue on meeting its liabilities when they are due. The trustees are confident for the next twelve months.

Reserves are needed to bridge the gap between the spending and receiving of income and to cover unplanned emergency bills, repairs and other expenditure

Major risks

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

Structure, governance and management

The charity is a company limited by guarantee. The company was incorporated on 1 March 2007 and it registered with the Charity Commission on 25 April 2007. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association.

GATESHEAD CARERS ASSOCIATION

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Stuart Cox

Elsie Johnson

Amanda Tonkinson

Michael Hall

(Resigned 23 January 2024)

Margaret Barrett

Michael Anthony Fitzpatrick

Ann Owens

June Gordon

David Clelland

(Resigned 22 January 2024)

Valerie Smith

I Mearns

(Appointed 23 January 2024)

Dan Taylor

(Appointed 23 January 2024)

Steve Cowen

Recruitment and appointment of trustees

Management committee members were recruited in a variety of ways including advertisements. Members are drawn from the wider membership of the Association, and elected at the annual general meeting, with additional members being co-opted because of their position or knowledge. Members serve for a three-year period and may then be elected for a further three-year period. Meetings take place approximately once a month. New members receive appropriate induction briefings and attend relevant courses for Trustees. Skills and training needs of members are identified through a periodic skills audit.

None of the trustees has any beneficial interest in the company. All of the trustees are members of the company and guarantee to contribute £1 in the event of a winding up.

Organisational structure

Strategic decisions are taken by the Management Committee; with detailed deliberation sometimes being delegated to the Finance sub committee or personnel sub committee. Day-to-day management is delegated to the Chief Officer who leads the staff team and who provides clear written reports to trustees at every meeting. Members of the management committee take a close interest in the work of the Association and often visit between formal meetings.

Funds held on behalf of a linked charity

Under an amendment to a Uniting Direction dated 13 June 2016 the John Haswell Memorial Trust (Charity number 1118942-1) is linked to Gateshead Carers Association. The John Haswell Memorial Trust had previously been linked to Gateshead Voluntary Organisation Council before that charity entered liquidation.

The assets of the linked charity – John Haswell Memorial Trust comprised of a property known as “John Haswell House” and funds totalling £46,246. The value of the property has not been included within the accounts. The money transferred from Gateshead Voluntary Organisation Council has been used to fund building costs. Rents received from tenants have been added to the John Haswell Memorial Trust funds.

GATESHEAD CARERS ASSOCIATION

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

Plans for future periods

We know that the situation is not getting any better, life for those people providing unpaid care is becoming intolerable and things cannot go on as they are. In 2024 the board and our members will be considering our future direction and asking: Do we need to do things differently in terms of how we support unpaid carers? Is being, effectively, an assessment department of the LA what we should be? What can we do to ensure the legal rights of unpaid carers are recognised in health and social care strategy, policy and practice? What can we do to effect real and lasting change for caregivers in Gateshead? We will be announcing our new approach to support later in 2024.

This change in direction is linked to our strong sense that we need to provide a different type of support for unpaid carers in Gateshead. Its also linked to that fact that we now know our contract with Gateshead MBC and the Newcastle Gateshead Integrated Care Board ended on 31st August 2024 and was awarded to another organisation following the open tender process.

This opens up more funding opportunities with our ability to seek funding from grant giving charitable trusts with an interest in social care rights, human rights and equality rights. We know we have a grant award from Henry Smith Trust to the end of September 2025, we have ongoing support from John Laing Charitable Trust, we know we have very healthy reserves to support us until we get further support from grant giving charitable Trusts and our main expenditure (staffing) is significantly reduced. We are awaiting the outcome of a funding application to the Legal Education Foundation with a value of £152,000 and we have more funding applications planned. The board are confident in our ability to continue operating without that contract and excited about the opportunity for real and lasting change in the lives of unpaid carers in Gateshead.

I would like to thank, on behalf of the board of trustees, all our staff and volunteers for the dedication, hard work, energy and determination they have shown in the last year and I would like to thank the over 6000 unpaid carers we work alongside for their trust in us.

The trustees' report ~~was~~ approved by the Board of Trustees.



I Mearns

Chair of the Board of Trustees

26 November 2024

GATESHEAD CARERS ASSOCIATION

STATEMENT OF TRUSTEES' RESPONSIBILITIES

FOR THE YEAR ENDED 31 MARCH 2024

The trustees, who are also the directors of Gateshead Carers Association for the purpose of company law, are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

GATESHEAD CARERS ASSOCIATION

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF GATESHEAD CARERS ASSOCIATION

I report to the trustees on my examination of the financial statements of Gateshead Carers Association (the charity) for the year ended 31 March 2024.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of The Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Stephen Lamb, FCA

12 Bessemer Court
Hownsgill Industrial Park
Knitsley Lane
Consett
Co Durham
DH8 7BL

Dated: 26 November 2024

GATESHEAD CARERS ASSOCIATION

**STATEMENT OF FINANCIAL ACTIVITIES
INCLUDING INCOME AND EXPENDITURE ACCOUNT**

FOR THE YEAR ENDED 31 MARCH 2024

		Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
	Notes						
Income and endowments from:							
Donations and legacies	3	7,521	69,350	76,871	2,172	42,668	44,840
Charitable activities							-
Carer Services	4	436,168	-	436,168	391,000	-	391,000
Other income	5	5,000	-	5,000	5,000	-	5,000
Total income		448,689	69,350	518,039	398,172	42,668	440,840
Expenditure on:							
Charitable activities	6	397,762	61,389	459,151	421,344	38,385	459,729
Total expenditure		397,762	61,389	459,151	421,344	38,385	459,729
Net income/(expenditure) and movement in funds		50,927	7,961	58,888	(23,172)	4,283	(18,889)
Reconciliation of funds:							
Fund balances at 1 April 2023		173,364	4,283	177,647	196,536	-	196,536
Fund balances at 31 March 2024		224,291	12,244	236,535	173,364	4,283	177,647

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

GATESHEAD CARERS ASSOCIATION**BALANCE SHEET****AS AT 31 MARCH 2024**

	Notes	2024 £	£	2023 £	£
Current assets					
Debtors	12	-		300	
Cash at bank and in hand		336,832		343,007	
		<u>336,832</u>		<u>343,307</u>	
Creditors: amounts falling due within one year	13	(100,297)		(165,660)	
Net current assets			236,535		177,647
Net assets excluding pension liability			236,535		177,647
			<u><u> </u></u>		<u><u> </u></u>
The funds of the charity					
Restricted income funds	16		12,244		4,283
Unrestricted funds			224,291		173,364
			<u>236,535</u>		<u>177,647</u>
			<u><u> </u></u>		<u><u> </u></u>

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2024.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the trustees on 26 November 2024



I Mearns

Chair of the Board of Trustees

Company registration number 06133161 (England and Wales)

GATESHEAD CARERS ASSOCIATION

STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED 31 MARCH 2024

	Notes	2024 £	£	2023 £	£
Cash flows from operating activities					
Cash absorbed by operations	21		(6,175)		(7,439)
Net cash used in investing activities			-		-
Net cash used in financing activities			-		-
Net decrease in cash and cash equivalents			(6,175)		(7,439)
Cash and cash equivalents at beginning of year			343,007		350,446
Cash and cash equivalents at end of year			336,832		343,007

GATESHEAD CARERS ASSOCIATION

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies

Charity information

Gateshead Carers Association is a private company limited by guarantee incorporated in England and Wales. The registered office is John Haswell House, 8-9 Gladstone Terrace, Gateshead, NE8 4DY.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, [modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value]. The principal accounting policies adopted are set out below.

1.2 Going concern

These financial statements are prepared on the going concern basis. The trustees have a reasonable expectation that the charity will continue in operational existence for the foreseeable future, albeit with a change in scope and nature of operations.

The charity has lost its main source of funding, a contract with Gateshead MBC and the Newcastle Gateshead Integrated Care Board. That contract ended on 31st August 2024 and was awarded to another organisation following an open tender process.

The loss of that contract has necessitated a change in operational structure of the charity, from that of essentially being an assessment department of the local authority, to that of an advocacy organisation.

The above change in scope of operations opens up more funding opportunities, as the charity will be able to seek funding from grant giving charitable trusts with an interest in social care rights, human rights and equality rights. The charity has a grant award from the Henry Smith Trust to the end of September 2025 together with ongoing support from the John Laing Charitable Trust. Additionally, the level of reserves is sufficient to support activities until further support is received from grant funding charitable trusts as the main element of expenditure (staffing) is now significantly reduced. The charity is awaiting the outcome of a funding application with a value of £152,000 and more funding applications are planned. The board is confident in the charity's ability to continue operating without the lost contract and is excited about the opportunities for real and lasting change in the lives of unpaid carers in Gateshead.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

GATESHEAD CARERS ASSOCIATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies

(Continued)

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

1.6 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.7 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

1 Accounting policies

(Continued)

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.8 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.9 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

GATESHEAD CARERS ASSOCIATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

3 Income from donations and legacies

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
Donations and gifts	7,521	-	7,521	2,172	-	2,172
Grants receivable	-	69,350	69,350	-	42,668	42,668
	<u>7,521</u>	<u>69,350</u>	<u>76,871</u>	<u>2,172</u>	<u>42,668</u>	<u>44,840</u>
Grants receivable for core activities						
John Laing Charitable Trust	-	16,500	16,500	-	12,000	12,000
Gateshead Council - VCSE Digital Transformation	-	-	-	-	4,968	4,968
Henry Smith Charity	-	52,850	52,850	-	25,700	25,700
	<u>-</u>	<u>69,350</u>	<u>69,350</u>	<u>-</u>	<u>42,668</u>	<u>42,668</u>

4 Income from charitable activities

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Carer Services		
Services provided under contract	<u>436,168</u>	<u>391,000</u>

5 Other income

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Employment allowance	<u>5,000</u>	<u>5,000</u>

GATESHEAD CARERS ASSOCIATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

6 Expenditure on charitable activities

	Operating Costs 2024 £	Ancilliary 2024 £	Total 2024 £	Operating Costs 2023 £	Ancilliary 2023 £	Total 2023 £
Direct costs						
Staff costs	380,021	-	380,021	378,259	-	378,259
Direct costs	13,761	-	13,761	12,585	-	12,585
IT	5,171	-	5,171	5,455	-	5,455
Annual general meeting	408	-	408	150	-	150
Premises	32,985	-	32,985	27,148	-	27,148
Office	2,781	-	2,781	4,860	-	4,860
Communications	16,340	-	16,340	24,137	-	24,137
	<u>451,467</u>	<u>-</u>	<u>451,467</u>	<u>452,594</u>	<u>-</u>	<u>452,594</u>
Share of support and governance costs (see note 7)						
Support	-	4,177	4,177	-	2,306	2,306
Governance	-	3,507	3,507	-	4,829	4,829
	<u>451,467</u>	<u>7,684</u>	<u>459,151</u>	<u>452,594</u>	<u>7,135</u>	<u>459,729</u>
Analysis by fund						
Unrestricted funds	390,078	7,684	397,762	414,209	7,135	421,344
Restricted funds	61,389	-	61,389	38,385	-	38,385
	<u>451,467</u>	<u>7,684</u>	<u>459,151</u>	<u>452,594</u>	<u>7,135</u>	<u>459,729</u>

7 Support costs allocated to activities

	2024 £	2023 £
Basis of allocation		
Membership fees	3,772	1,948
Trustees Expenses	45	-
Bank Fees	361	358
Governance costs	3,506	4,829
	<u>7,684</u>	<u>7,135</u>
Analysed between:		
Ancilliary	<u>7,684</u>	<u>7,135</u>

GATESHEAD CARERS ASSOCIATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

7	Support costs allocated to activities	(Continued)	
		2024	2023
		£	£
	Governance costs comprise:		
	Accountancy	3,150	2,716
	Legal and professional	356	2,113
		<u>3,506</u>	<u>4,829</u>
8	Net movement in funds	2024	2023
		£	£
	The net movement in funds is stated after charging/(crediting):		
	Fees payable for the independent examination of the charity's financial statements	1,584	1,440
		<u>1,584</u>	<u>1,440</u>
9	Trustees		
	During the year £45 of expenses were reimbursed to trustees .		
10	Employees		
	The average monthly number of employees during the year was:		
		2024	2023
		Number	Number
		16	16
		<u>16</u>	<u>16</u>
	Employment costs	2024	2023
		£	£
	Wages and salaries	344,334	342,487
	Social security costs	28,916	28,764
	Other pension costs	6,771	7,008
		<u>380,021</u>	<u>378,259</u>

There were no employees whose annual remuneration was more than £60,000.

GATESHEAD CARERS ASSOCIATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

11 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

12 Debtors

	2024	2023
	£	£
Amounts falling due within one year:		
Prepayments and accrued income	-	300
	<u>-</u>	<u>300</u>

13 Creditors: amounts falling due within one year

	2024	2023
	£	£
	Notes	
Other taxation and social security	6,293	5,832
Deferred income	-	1,400
Other creditors	92,420	155,211
Accruals and deferred income	1,584	3,217
	<u>100,297</u>	<u>165,660</u>

14 Deferred income

	2024	2023
	£	£
Other deferred income	-	1,400
	<u>-</u>	<u>1,400</u>

Deferred income is included in the financial statements as follows:

	2024	2023
	£	£
Deferred income is included within:		
Current liabilities	-	1,400
	<u>-</u>	<u>1,400</u>
Movements in the year:		
Deferred income at 1 April 2023	1,400	-
Released from previous periods	(1,400)	-
Resources deferred in the year	-	1,400
	<u>-</u>	<u>1,400</u>
Deferred income at 31 March 2024	<u>-</u>	<u>1,400</u>

GATESHEAD CARERS ASSOCIATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

18 Analysis of net assets between funds

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
At 31 March 2024:			
Current assets/(liabilities)	224,291	12,244	236,535
	<u>224,291</u>	<u>12,244</u>	<u>236,535</u>
	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
At 31 March 2023:			
Current assets/(liabilities)	173,364	4,283	177,647
	<u>173,364</u>	<u>4,283</u>	<u>177,647</u>

19 Related party transactions

Transactions with related parties

During the year the charity entered into the following transactions with related parties:

Included in the following note headed 'Acting as Agent' are details of income and expenditure relating to the John Haswell Trust which is a linked charity to Gateshead Carers Association.

20 Acting as Agent

Gateshead Carers Association agreed to administer the following funds of other entities as agent (the amounts received and expended are noted below along with any relevant closing balance):

- Carers Trust (£300 opening balance £14,975 received; £15,225 expended) (£50 due to Gateshead Carers Association at March 2024)
- John Haswell Trust (£51,282 opening balance, nil received; £5,036 expended) (£46,246 held by Gateshead Carers Association at March 2024)

GATESHEAD CARERS ASSOCIATION**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)****FOR THE YEAR ENDED 31 MARCH 2024**

21	Cash generated from operations	2024	2023
		£	£
	Surplus/(deficit) for the year	58,888	(18,889)
	Movements in working capital:		
	Decrease/(increase) in debtors	300	(100)
	(Decrease)/increase in creditors	(63,963)	10,150
	(Decrease)/increase in deferred income	(1,400)	1,400
	Cash absorbed by operations	(6,175)	(7,439)

22 Analysis of changes in net funds

The charity had no material debt during the year.

Accounts

Charity Registration No. 1118942

Company Registration No. 06133161 (England and Wales)

GATESHEAD CARERS ASSOCIATION

ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

GATESHEAD CARERS ASSOCIATION

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Stuart Cox Elsie Johnson Amanda Tonkinson Michael Hall Margaret Barrett Michael Anthony Fitzpatrick Ann Owens June Gordon David Clelland Valerie Smith
Charity number	1118942
Company number	06133161
Registered office	John Haswell House 8-9 Gladstone Terrace Gateshead NE8 4DY
Independent examiner	TC Group A6 Kingfisher House Kingsway Team Valley Trading Estate Gateshead Tyne and Wear NE11 0JQ

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Independent examiner's report	5
Statement of financial activities	6
Balance sheet	7
Statement of cash flows	8
Notes to the financial statements	9 - 16

GATESHEAD CARERS ASSOCIATION

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2023

The trustees present their report and financial statements for the year ended 31 March 2023.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

Objectives and activities

The charity's objects were to relieve the stresses experienced by Carers in the Borough of Gateshead and surrounding areas in particular by the provision of information, advice and support services to such persons so as to assist them and their dependents.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

Achievements and performance

This financial year began with a return to office working following the end of Covid lockdown regulations which included the removal of the government guidance 'to work from home if possible'. It was decided, after staff consultation, to move to a hybrid working pattern in line with what the vast majority of public, private and voluntary sector organisations were doing.

Our home working experience had demonstrated that we could effectively and efficiently work from home but staff also reported missing the office environment. Many of our clients also reported that they were keen to access face-to-face support. The model adopted was to have Mondays and Fridays as home working days and Tuesdays, Wednesdays and Thursdays as office-based days. Over the year the projected demand for an increase in face-to-face support did not materialise to the extent we anticipated. The number of clients coming to the office was down by around 75% compared to pre covid. For unpaid carers, with over 50% providing unpaid care for over 100 hours per week, the flexibility of support via Teams, Zoom, WhatsApp, email, and phone simply meant 'digital' had become their preferred choice.

Our contract with Gateshead MBC and Integrated Care Partnership for the delivery of carers services entered its 4th year. We saw the delayed delegation, due to Covid, of Carers Assessments to the organisation. Our team of Carer Wellbeing Facilitators responded magnificently when the organisation immediately received over 100 requests for an assessment which had not been actioned by the local authority in the run up to delegation. The delegation of Carers Assessments has increased the pressure on staff time available for carrying out actual support work. We will continue, going forward, to engage with the Local Authority and Integrated Care System to ensure unpaid carers contribution to the health and social care system is recognised, valued and supported.

We were delighted to receive further support for the running of Caldew House for short breaks for unpaid carers from the John Laing Charitable Trust. We also made a successful funding application to the Henry Smith Trust and received an award of over £160,000, over three years, towards the running costs of the organisation.

Financial review

The financial statements show a deficit of £18,889 (2022 - deficit - £78,031). This was not unexpected given the nature of the contract. Cash balances remain healthy at £343,007 (2022 - £350,446). Within the bank the charity is holding £38,605 on behalf of the John Haswell Memorial Trust.

GATESHEAD CARERS ASSOCIATION

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees considers that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

The trustees aim to maintain free reserves in unrestricted funds at a level which equates to approximately three months of unrestricted charitable expenditure; it is estimated that this currently equates to £150,000. At this level of unrestricted reserves, the charity could maintain operation for three months even if no income was being generated. Current unrestricted reserves after adjusting for fixed assets amount to £177,647. Sufficient funds have to be retained to finance the procurement contracts for the final twelve months of the contract.

The charity enjoys good liquidity and has no issue on meeting its liabilities when they are due. The trustees are confident for the next twelve months.

Reserves are needed to bridge the gap between the spending and receiving of income and to cover unplanned emergency bills, repairs and other expenditure

The trustees has assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

Structure, governance and management

The charity is a company limited by guarantee. The company was incorporated on 1 March 2007 and it registered with the Charity Commission on 25 April 2007. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Stuart Cox

Elsie Johnson

Amanda Tonkinson

Michael Hall

Margaret Barrett

Michael Anthony Fitzpatrick

Ann Owens

June Gordon

David Clelland

Valerie Smith

GATESHEAD CARERS ASSOCIATION

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

Management committee members were recruited in a variety of ways including advertisements. Members are drawn from the wider membership of the Association, and elected at the annual general meeting, with additional members being co-opted because of their position or knowledge. Members serve for a three-year period and may then be elected for a further three-year period. Meetings take place approximately once a month. New members receive appropriate induction briefings and attend relevant courses for Trustees. Skills and training needs of members are identified through a periodic skills audit.

None of the trustees has any beneficial interest in the company. All of the trustees are members of the company and guarantee to contribute £1 in the event of a winding up.

Strategic decisions are taken by the Management Committee; with detailed deliberation sometimes being delegated to the Finance sub committee or personnel sub committee. Day-to-day management is delegated to the Chief Officer who leads the staff team and who provides clear written reports to trustees at every meeting. Members of the management committee take a close interest in the work of the Association and often visit between formal meetings.

Funds held as custodian trustee

Under an amendment to a Uniting Direction dated 13 June 2016 the John Haswell Memorial Trust (Charity number 1118942-1) is linked to Gateshead Carers Association. The John Haswell Memorial Trust had previously been linked to Gateshead Voluntary Organisation Council before that charity entered liquidation.

The assets of the linked charity – John Haswell Memorial Trust comprised of a property known as “John Haswell House” and funds totalling £38,605. The value of the property has not been included within the accounts. The money transferred from Gateshead Voluntary Organisation Council has been used to fund building costs. Rents received from tenants have been added to the John Haswell Memorial Trust funds.

The trustees' report was approved by the Board of Trustees.



David Clelland

Chair

Dated: 28/11/23

GATESHEAD CARERS ASSOCIATION

STATEMENT OF TRUSTEES' RESPONSIBILITIES

FOR THE YEAR ENDED 31 MARCH 2023

The trustees, who are also the directors of Gateshead Carers Association for the purpose of company law, are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

GATESHEAD CARERS ASSOCIATION

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF GATESHEAD CARERS ASSOCIATION

I report to the trustees on my examination of the financial statements of Gateshead Carers Association (the charity) for the year ended 31 March 2023.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of , which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Stephen Lamb, FCA

12 Bessemer Court
Hownsgill Industrial Park
Knitsley Lane
Consett
Co Durham
DH8 7BL

Dated: 28 November 2023

GATESHEAD CARERS ASSOCIATION

**STATEMENT OF FINANCIAL ACTIVITIES
INCLUDING INCOME AND EXPENDITURE ACCOUNT**

FOR THE YEAR ENDED 31 MARCH 2023

		Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £
	Notes						
<u>Income and endowments from:</u>							
Donations and grants							
	3	2,172	42,668	44,840	3,070	22,000	25,070
<u>Charitable activities</u>							
Carer services	4	391,000	-	391,000	415,376	-	415,376
Other income	5	5,000	-	5,000	4,000	-	4,000
Total income		398,172	42,668	440,840	422,446	22,000	444,446
<u>Expenditure on:</u>							
Charitable activities	6	421,344	38,385	459,729	498,355	24,122	522,477
Gross transfers between funds		-	-	-	(2,122)	2,122	-
Net (expenditure)/income for the year/							
Net movement in funds		(23,172)	4,283	(18,889)	(78,031)	-	(78,031)
Fund balances at 1 April 2022		196,536	-	196,536	274,567	-	274,567
Fund balances at 31 March 2023		173,364	4,283	177,647	196,536	-	196,536

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

GATESHEAD CARERS ASSOCIATION**BALANCE SHEET****AS AT 31 MARCH 2023**

	Notes	2023 £	£	2022 £	£
Current assets					
Debtors	11	300		200	
Cash at bank and in hand		343,007		350,446	
		<u>343,307</u>		<u>350,646</u>	
Creditors: amounts falling due within one year	12	(165,660)		(154,110)	
Net current assets			177,647		196,536
Income funds					
Restricted funds			4,283		-
Unrestricted funds			173,364		196,536
			<u>177,647</u>		<u>196,536</u>

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2023.

The directors acknowledge their responsibilities for ensuring that the charity keeps accounting records which comply with section 386 of the Act and for preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 28/11/23



David Clelland

Trustee

Company Registration No. 06133161

GATESHEAD CARERS ASSOCIATION

STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED 31 MARCH 2023

	Notes	2023 £	£	2022 £	£
Cash flows from operating activities					
Cash absorbed by operations	17		(7,439)		(51,720)
Investing activities					
Proceeds on disposal of tangible fixed assets		-		3,359	
Net cash (used in)/generated from investing activities			-		3,359
Net cash used in financing activities			-		-
Net decrease in cash and cash equivalents			(7,439)		(48,361)
Cash and cash equivalents at beginning of year			350,446		398,807
Cash and cash equivalents at end of year			343,007		350,446

GATESHEAD CARERS ASSOCIATION

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

Charity information

Gateshead Carers Association is a private company limited by guarantee incorporated in England and Wales. The registered office is John Haswell House, 8-9 Gladstone Terrace, Gateshead, NE8 4DY.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's [governing document], the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

(Continued)

1.5 Expenditure

Income and expenses are included in the financial statements as they become receivable or due.

Expenses include VAT where applicable as the company cannot reclaim it.

1.6 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.7 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

GATESHEAD CARERS ASSOCIATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

(Continued)

1.8 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.9 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Donations and grants

	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	2023	2023	2023	2022	2022	2022
	£	£	£	£	£	£
Donations and gifts	2,172	-	2,172	3,070	-	3,070
Grants receivable	-	42,668	42,668	-	22,000	22,000
	<u>2,172</u>	<u>42,668</u>	<u>44,840</u>	<u>3,070</u>	<u>22,000</u>	<u>25,070</u>

GATESHEAD CARERS ASSOCIATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

3 Donations and grants

(Continued)

Grants receivable for core activities

John Laing Charitable

Trust	-	12,000	12,000	-	12,000	12,000
-------	---	--------	--------	---	--------	--------

Awards for All	-	-	-	-	10,000	10,000
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Gateshead Council -
VCSE Digital

Transformation	-	4,968	4,968	-	-	-
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Henry Smith Charity	-	25,700	25,700	-	-	-
---------------------	---	--------	--------	---	---	---

	-	42,668	42,668	-	22,000	22,000
--	---	--------	--------	---	--------	--------

4 Charitable activities

Carer services 2023 £	Carer services 2022 £
--------------------------------	--------------------------------

Services provided under contract	391,000	415,376
----------------------------------	---------	---------

5 Other income

Unrestricted funds 2023 £	Unrestricted funds 2022 £
------------------------------------	------------------------------------

Employment allowance	5,000	4,000
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GATESHEAD CARERS ASSOCIATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

6 Charitable activities

	Operating costs 2023 £	Ancilliary 2023 £	Total 2023 £	Operating costs 2022 £	Ancilliary 2022 £	Total 2022 £
Staff costs	378,259	-	378,259	438,941	-	438,941
Direct costs	12,585	-	12,585	11,521	-	11,521
IT	5,455	-	5,455	17,224	-	17,224
Annual general meeting	150	-	150	410	-	410
Premises	27,148	-	27,148	22,934	-	22,934
Office	4,860	-	4,860	7,397	-	7,397
Communications	24,137	-	24,137	15,795	-	15,795
	<u>452,594</u>	<u>-</u>	<u>452,594</u>	<u>514,222</u>	<u>-</u>	<u>514,222</u>
Share of support costs (see note 7)	-	5,022	5,022	-	6,837	6,837
Share of governance costs (see note 7)	-	2,113	2,113	-	1,418	1,418
	<u>452,594</u>	<u>7,135</u>	<u>459,729</u>	<u>514,222</u>	<u>8,255</u>	<u>522,477</u>
Analysis by fund						
Unrestricted funds	414,209	7,135	421,344	490,100	8,255	498,355
Restricted funds	38,385	-	38,385	24,122	-	24,122
	<u>452,594</u>	<u>7,135</u>	<u>459,729</u>	<u>514,222</u>	<u>8,255</u>	<u>522,477</u>

GATESHEAD CARERS ASSOCIATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

7 Support costs

	Support costs £	Governance costs £	2023 Support costs £	Governance costs £	2022 £
Membership fees	1,948	-	1,948	3,770	3,770
Bank charges	358	-	358	320	320
Accountancy	2,716	-	2,716	2,747	2,747
Legal and professional	-	2,113	2,113	-	1,418
	5,022	2,113	7,135	6,837	8,255
Analysed between Charitable activities	5,022	2,113	7,135	6,837	8,255

8 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

9 Employees

The average monthly number of employees during the year was:

	2023 Number	2022 Number
	16	19
Employment costs	2023 £	2022 £
Wages and salaries	342,487	400,242
Social security costs	28,764	30,977
Other pension costs	7,008	7,722
	378,259	438,941

10 Independent Examination Fee

The fee for the Independent Examination was £1,440 (2022 £1,380) inclusive of irrecoverable VAT.

GATESHEAD CARERS ASSOCIATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

11 Debtors

	2023	2022
	£	£
Amounts falling due within one year:		
Prepayments and accrued income	300	200
	<u> </u>	<u> </u>

12 Creditors: amounts falling due within one year

	2023	2022
	£	£
Other taxation and social security	5,832	6,229
Deferred income	1,400	-
Other creditors	155,211	144,563
Accruals and deferred income	3,217	3,318
	<u> </u>	<u> </u>
	165,660	154,110
	<u> </u>	<u> </u>

13 Deferred income

	2023	2022
	£	£
Other deferred income	1,400	-
	<u> </u>	<u> </u>

14 Analysis of net assets between funds

	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	2023	2023	2023	2022	2022	2022
	£	£	£	£	£	£
Fund balances at 31 March 2023 are represented by:						
Current assets/ (liabilities)	173,364	4,283	177,647	196,536	-	196,536
	<u> </u>	<u> </u>	<u> </u>	<u> </u>	<u> </u>	<u> </u>
	173,364	4,283	177,647	196,536	-	196,536
	<u> </u>	<u> </u>	<u> </u>	<u> </u>	<u> </u>	<u> </u>

15 Related party transactions

Transactions with related parties

During the year the charity entered into the following transactions with related parties:

GATESHEAD CARERS ASSOCIATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

15 Related party transactions

(Continued)

Included in the following note headed 'Acting as Agent' are details of income and expenditure relating to the John Haswell Trust which is a linked charity to Gateshead Carers Association.

16 Acting as Agent

Gateshead Carers Association agreed to administer the following funds of other entities as agent (the amounts received and expended are noted below along with any relevant closing balance):

- Carers Trust (£11,475 received; £11,775 expended) [£300 due to Gateshead Carers Association at March 2023]
- Carers Wellbeing Fund (£150,000 received; £150,252 expended)
- John Haswell Trust (£16,835 received; £5,915 expended) [£49,524 held by Gateshead Carers Association at March 2023]

17 Cash generated from operations

	2023	2022
	£	£

Deficit for the year	(18,889)	(78,031)
----------------------	----------	----------

Movements in working capital:

(Increase)/decrease in debtors	(100)	1,559
--------------------------------	-------	-------

Increase in creditors	10,150	24,752
-----------------------	--------	--------

Increase in deferred income	1,400	-
-----------------------------	-------	---

Cash absorbed by operations

	(7,439)	(51,720)
--	---------	----------

18 Analysis of changes in net funds

The charity had no debt during the year.

Gateshead Carers



Annual Report 2023



OUR YEAR OF SUPPORT IN NUMBERS

2023 has been yet another busy year for Gateshead Carers. Below you can find more information on the amount of support we've provided to unpaid carers across the borough.

567 Carers accessed support for the first time

1480 Carers accessed 1-2-1 support

2435 Individual pieces of support work carried out

82 Carer groups and activity sessions

18 BAME language communities supported

11 Caldew House holiday home breaks

229 Carers referred for a hotel break via CareFree

715 Carer Wellbeing Fund grants provided to carers

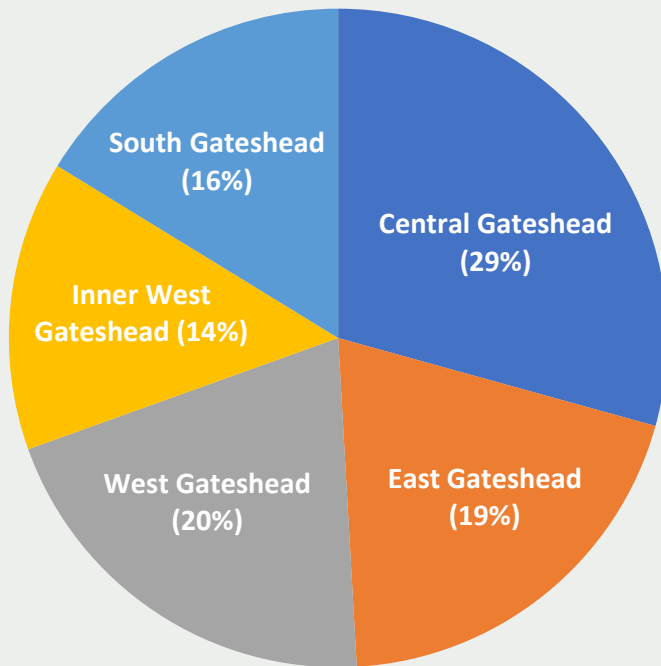
£610,795 Benefits achieved for carers

£16,035 Grant funding achieved for carers

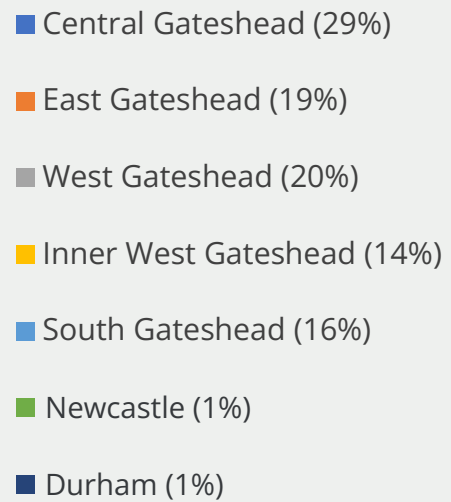


 Carers Papercraft Workshop - November 2023

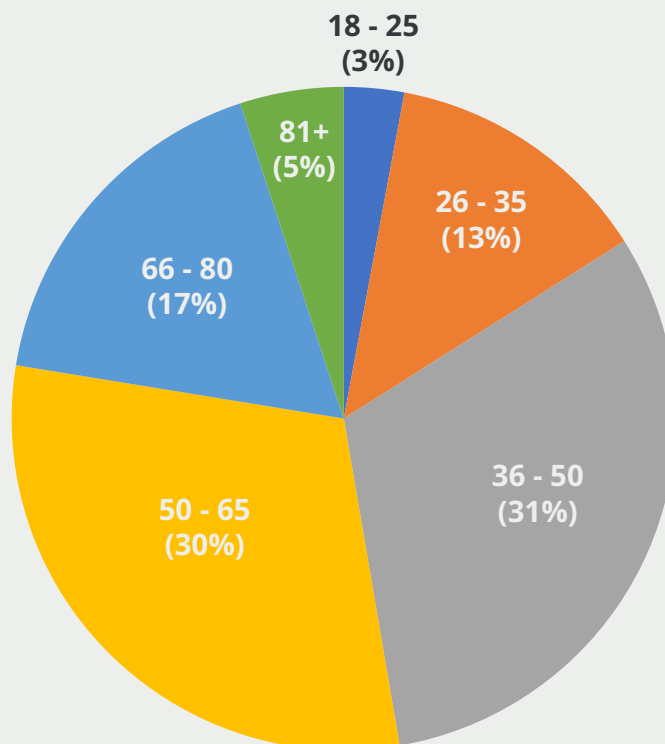
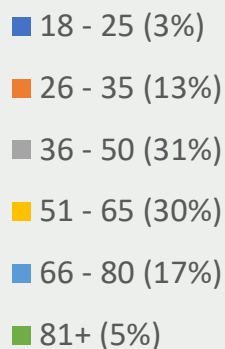
THE PEOPLE WE'VE SUPPORTED



Location of Carers



Age of Carers

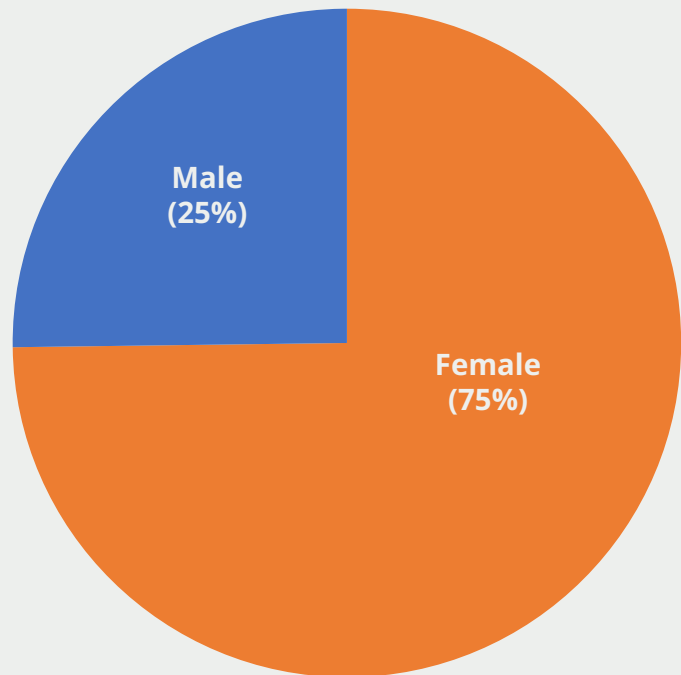


THE PEOPLE WE'VE SUPPORTED

Gender of Carers

Female (75%)

Male (25%)

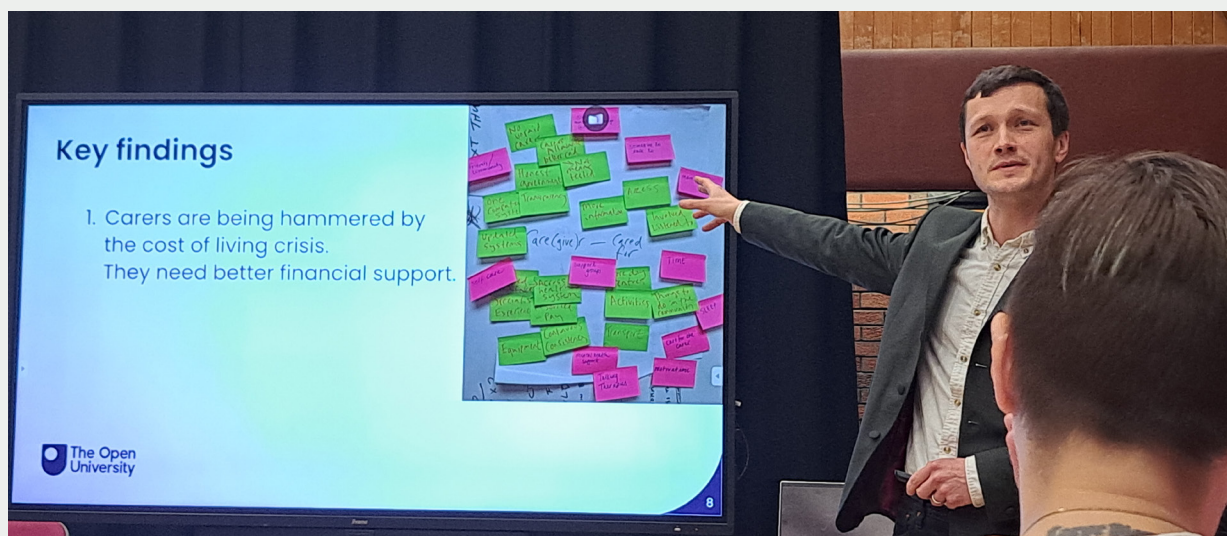


📷 A special donation from the Lodge of Industry No. 48 - April 2023

THE PEOPLE BEING CARED FOR

8 most common conditions or disabilities of the cared for person in 2023;

1. Long Standing Illness (HIV, Cancer, MS, Parkinsons, etc.)
2. Mental Health Condition (Depression, Schizophrenia, etc.)
3. Social / Communication Impairment (Autism, etc.)
4. Specific Learning Difficulty (ADHD, Dyspraxia, etc.)
5. Physical Impairment / Mobility Issues
6. Substance Misuse (Drugs, Alcohol, etc.)
7. Learning Disability
8. Sensory Impairment (Blind, Deaf, Vision Impairment, etc.)



 Dan Taylor Giving Care in Gateshead Report Launch Event - June 2023

OUR IMPACT ON THE LIVES OF CARERS

After coming to us for support, carers reported that their...

Mental health has improved by 47%.

Self-confident had increased by 42%.

Ability to cope with the demands of their caring role had improved by 34%.

Confidence in accessing short breaks has increased by 65%.

Debt management skills had improved by 61%.

Coping mechanisms to manage excessive caring roles had improved by 57%.

Ability to achieve their personal goals as increased by 45%.

Healthy eating habits has improved by 30%.

Amount of physical exercise had increased by 32%.

Feelings of social isolation have reduced by 35%.

Smoking and alcohol usage reduced by 43%.

Ability to access education and training had improved by 32%.

OUR DIGITAL IMPACT IN 2023

933 "Care to Know" Newsletter subscribers signed up

48,000 Website page views

12,000 Individual website users

19,000 People reached on social media (all platforms)

331 Online external referrals

356 Online self referrals

100 Individual live chat cases

Stay up to date by following us on Facebook and Twitter.

  @GatesheadCarers



 Crafting Stall at our Party in the Park - June 2023

Accounts

Charity Registration No. 1118942

Company Registration No. 06133161 (England and Wales)

GATESHEAD CARERS ASSOCIATION

ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022

GATESHEAD CARERS ASSOCIATION

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Stuart Cox Elsie Johnson Amanda Tonkinson Michael Hall Margaret Barrett Michael Anthony Fitzpatrick Ann Owens June Gordon David Clelland Valerie Smith
Charity number	1118942
Company number	06133161
Registered office	John Haswell House 8-9 Gladstone Terrace Gateshead NE8 4DY
Independent examiner	TC Group A6 Kingfisher House Kingsway Team Valley Trading Estate Gateshead Tyne and Wear NE11 0JQ

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Independent examiner's report	5
Statement of financial activities	6
Balance sheet	7 - 8
Statement of cash flows	
Notes to the financial statements	9 - 15

GATESHEAD CARERS ASSOCIATION

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2022

The trustees present their report and financial statements for the year ended 31 March 2022.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's [governing document], the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

Objectives and activities

The charity's objects were to relieve the stresses experienced by Carers in the Borough of Gateshead and surrounding areas in particular by the provision of information, advice and support services to such persons so as to assist them and their dependents.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

Achievements and performance

The financial year 2021 to 2022 was dominated by the Covid 19 pandemic and the lockdowns and government guidance that followed. Apart from a very brief period in late 2021 the organisation was obliged to deliver our services with the office closed and staff working from home. Our full return to 'office working' was in March 2022.

At the same time the value of our 5 year Local authority / NHS contract for the delivery of carers services has reduced from £660,000 in year one to £391,000 in year 4 (2021 / 2022). This is a reduction of 41%.

It is a credit to the commitment, motivation, energy, lived experience and passion of the staff at Gateshead Carers that we have been able to maintain our level of service provision, the quality of that provision and meet the increasing demand for support from people in Gateshead with a caring role.

Our success can also be attributed to our 2019 / 2022 Strategic Plan which prioritised the digital transformation of the organisation. Having been developing our digital offer for 18 months prior to the pandemic we were in a strong position to meet the delivery challenges to our support services which the pandemic brought with it.

GATESHEAD CARERS ASSOCIATION

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

In 2021 our digital progress was independently assessed by Sunderland Software City who concluded that:

'Gateshead Carers Association is already well along in its journey towards digital transformation. Whilst the inherent challenges for supporting carers in Gateshead and for carers who support those living in Gateshead has been difficult, digital solutions have alleviated and in some cases improved their overall services. Gateshead Carers have taken great strides to develop their presence online.

They also adopt horizon scanning methodologies to anticipate how future technological developments could improve their service. With their current leadership, it is clear their strategies of digital adoption are well aligned to the vision and objectives that the association pursues.'

There were also challenges within the financial year relating to fundraising. Most grant giving charitable trusts remained focussed on emergency Covid-related funding to support organisations and their beneficiaries, until late summer of 2021, when trusts began to revert back to their pre Covid funding aims. Whilst this effectively made our 2019 / 2022 Fundraising Strategy redundant we were successful in applications to:

- Awards for All (for laptops) and Triangle Trust (for mobile phones and contracts) both of which meant we had the tools needed to maintain our services during lockdowns and through to the end of government guidelines related to 'if you can work from home you should work from home'.

In early 2022 we submitted, as a result of the reversal of grant giving trusts policies to pre Covid conditions, a funding application to the Henry Smith Trust with a value of just over £160,000. We were notified of its' success in September 2022.

Late September 2021 saw the delegation, under the Care Act 2015, of statutory Carers Assessments from the local authority to this organisation. The board are delighted to report that this has now transitioned successfully to the organisation. However, ongoing challenges remain to the organisation and unpaid carers related to government imposed funding cuts to local authorities and the impact this has had, not only care packages for the cared for person, but also on the likelihood of unpaid carers getting a Direct Payment to meet eligible needs. The organisation continues to advocate for unpaid carers rights as set out in the Care Act 2015.

The board are delighted that after 2 difficult years we have:

- Continued to provide and develop high-quality professional services
- Faced and met increased demand for our services
- Taking on work which has previously been the statutory duty of the Local Authority (Carers Assessments)
- Faced a 41% reduction in funding from Gateshead MBC and the NHS
- Achieved this and maintained our reserves, of a least 12 weeks of unrestricted reserves, in line with Charity Commission guidance.
- Continued with our mission to be the voice of unpaid carers in Gateshead, working to ensure that their voice is recognised, valued, appreciated and acted on.

Financial review

The financial statements show a deficit of £78,031 (2021 - Surplus - £68,230). This was not unexpected given the nature of the contract. Cash balances remain healthy at £350,446 (2021 - £398,807). Within the bank the charity is holding £38,605 on behalf of the John Haswell Memorial Trust.

GATESHEAD CARERS ASSOCIATION

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees considers that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

The trustees aim to maintain free reserves in unrestricted funds at a level which equates to approximately three months of unrestricted charitable expenditure; it is estimated that this currently equates to £150,000. At this level of unrestricted reserves, the charity could maintain operation for three months even if no income was being generated. Current unrestricted reserves after adjusting for fixed assets amount to £196,536. Sufficient funds have to be retained to finance the procurement contracts for the final twelve months of the contract.

The charity enjoys good liquidity and has no issue on meeting its liabilities when they are due. The trustees are confident for the next twelve months.

Reserves are needed to bridge the gap between the spending and receiving of income and to cover unplanned emergency bills, repairs and other expenditure

The trustees has assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

Structure, governance and management

The charity is a company limited by guarantee. The company was incorporated on 1 March 2007 and it registered with the Charity Commission on 25 April 2007. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Stuart Cox

Elsie Johnson

Amanda Tonkinson

Michael Hall

Margaret Barrett

Michael Anthony Fitzpatrick

Ann Owens

June Gordon

David Clelland

Valerie Smith

GATESHEAD CARERS ASSOCIATION

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

Management committee members were recruited in a variety of ways including advertisements. Members are drawn from the wider membership of the Association, and elected at the annual general meeting, with additional members being co-opted because of their position or knowledge. Members serve for a three-year period and may then be elected for a further three-year period. Meetings take place approximately once a month. New members receive appropriate induction briefings and attend relevant courses for Trustees. Skills and training needs of members are identified through a periodic skills audit.

None of the trustees has any beneficial interest in the company. All of the trustees are members of the company and guarantee to contribute £1 in the event of a winding up.

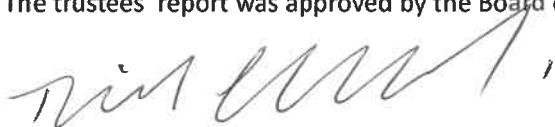
Strategic decisions are taken by the Management Committee; with detailed deliberation sometimes being delegated to the Finance sub committee or personnel sub committee. Day-to-day management is delegated to the Chief Officer who leads the staff team and who provides clear written reports to trustees at every meeting. Members of the management committee take a close interest in the work of the Association and often visit between formal meetings.

Funds held as custodian trustee

Under an amendment to a Uniting Direction dated 13 June 2016 the John Haswell Memorial Trust (Charity number 1118942-1) is linked to Gateshead Carers Association. The John Haswell Memorial Trust had previously been linked to Gateshead Voluntary Organisation Council before that charity entered liquidation.

The assets of the linked charity – John Haswell Memorial Trust comprised of a property known as “John Haswell House” and funds totalling £38,605. The value of the property has not been included within the accounts. The money transferred from Gateshead Voluntary Organisation Council has been used to fund building costs. Rents received from tenants have been added to the John Haswell Memorial Trust funds.

The trustees' report was approved by the Board of Trustees.



David Clelland

Chair

Dated: 6 December 2022

GATESHEAD CARERS ASSOCIATION

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF GATESHEAD CARERS ASSOCIATION

I report to the trustees on my examination of the financial statements of Gateshead Carers Association (the charity) for the year ended 31 March 2022.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of , which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



TC Group

A6 Kingfisher House
Kingsway
Team Valley Trading Estate
Gateshead
Tyne and Wear
NE11 0JQ

Dated: 6 December 2022

GATESHEAD CARERS ASSOCIATION

**STATEMENT OF FINANCIAL ACTIVITIES
INCLUDING INCOME AND EXPENDITURE ACCOUNT**

FOR THE YEAR ENDED 31 MARCH 2022

		Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £	Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £
	Notes						
<u>Income and endowments from:</u>							
Donations and grants							
	3	3,070	22,000	25,070	2,670	18,783	21,453
<u>Charitable activities</u>							
Carer services	4	415,376	-	415,376	577,200	-	577,200
Other income	5	4,000	-	4,000	4,000	-	4,000
Total income		422,446	22,000	444,446	583,870	18,783	602,653
<u>Expenditure on:</u>							
Charitable activities	6	498,355	24,122	522,477	515,640	18,783	534,423
Net (outgoing)/ incoming resources before transfers		(75,909)	(2,122)	(78,031)	68,230	-	68,230
Gross transfers between funds		(2,122)	2,122	-	-	-	-
Net (expenditure)/income for the year/ Net movement in funds		(78,031)	-	(78,031)	68,230	-	68,230
Fund balances at 1 April 2021		274,567	-	274,567	206,337	-	206,337
Fund balances at 31 March 2022		196,536	-	196,536	274,567	-	274,567

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

GATESHEAD CARERS ASSOCIATION

BALANCE SHEET

AS AT 31 MARCH 2022

	Notes	2022 £	£	2021 £	£
Fixed assets					
Tangible assets	10		-		3,359
Current assets					
Debtors	11	200		1,759	
Cash at bank and in hand		350,446		398,807	
		<u>350,646</u>		<u>400,566</u>	
Creditors: amounts falling due within one year	12	<u>(154,110)</u>		<u>(129,358)</u>	
Net current assets			196,536		271,208
Total assets less current liabilities			<u>196,536</u>		<u>274,567</u>
Income funds					
Unrestricted funds			196,536		274,567
			<u>196,536</u>		<u>274,567</u>

GATESHEAD CARERS ASSOCIATION

BALANCE SHEET (CONTINUED)

AS AT 31 MARCH 2022

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2022.

The directors acknowledge their responsibilities for ensuring that the charity keeps accounting records which comply with section 386 of the Act and for preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 6 December 2022



David Clelland
Trustee

Company Registration No. 06133161

1 Accounting policies

Charity information

Gateshead Carers Association is a private company limited by guarantee incorporated in England and Wales. The registered office is John Haswell House, 8-9 Gladstone Terrace, Gateshead, NE8 4DY.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's [governing document], the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

1 Accounting policies

(Continued)

1.5 Expenditure

Income and expenses are included in the financial statements as they become receivable or due.

Expenses include VAT where applicable as the company cannot reclaim it.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Computers	25% - reducing balance
-----------	------------------------

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in net income/(expenditure) for the year.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

1 Accounting policies

(Continued)

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.11 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

GATESHEAD CARERS ASSOCIATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

3 Donations and grants

	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	2022 £	2022 £	2022 £	2021 £	2021 £	2021 £
Donations and gifts	3,070	-	3,070	2,670	-	2,670
Grants receivable	-	22,000	22,000	-	18,783	18,783
	<u>3,070</u>	<u>22,000</u>	<u>25,070</u>	<u>2,670</u>	<u>18,783</u>	<u>21,453</u>
Grants receivable for core activities						
Triangle Trust	-	-	-	-	6,783	6,783
John Laing Charitable Trust	-	12,000	12,000	-	12,000	12,000
Awards for All	-	10,000	10,000	-	-	-
	<u>-</u>	<u>22,000</u>	<u>22,000</u>	<u>-</u>	<u>18,783</u>	<u>18,783</u>

4 Charitable activities

	Carer services 2022 £	Carer services 2021 £
Services provided under contract	<u>415,376</u>	<u>577,200</u>

5 Other income

	Unrestricted funds 2022 £	Unrestricted funds 2021 £
Employment allowance	<u>4,000</u>	<u>4,000</u>

GATESHEAD CARERS ASSOCIATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

6 Charitable activities

	Operating costs 2022 £	Ancillary 2022 £	Total 2022 £	Operating costs 2021 £	Ancillary 2021 £	Total 2021 £
Staff costs	438,941	-	438,941	461,253	-	461,253
Direct costs	11,521	-	11,521	7,574	-	7,574
IT	17,224	-	17,224	9,423	-	9,423
Annual general meeting	410	-	410	-	-	-
Premises	22,934	-	22,934	20,012	-	20,012
Office	7,397	-	7,397	9,098	-	9,098
Communications	15,795	-	15,795	20,598	-	20,598
	<u>514,222</u>	<u>-</u>	<u>514,222</u>	<u>527,958</u>	<u>-</u>	<u>527,958</u>
Share of support costs (see note 7)	-	6,837	6,837	-	6,140	6,140
Share of governance costs (see note 7)	-	1,418	1,418	-	325	325
	<u>514,222</u>	<u>8,255</u>	<u>522,477</u>	<u>527,958</u>	<u>6,465</u>	<u>534,423</u>
Analysis by fund						
Unrestricted funds	490,100	8,255	498,355	509,175	6,465	515,640
Restricted funds	24,122	-	24,122	18,783	-	18,783
	<u>514,222</u>	<u>8,255</u>	<u>522,477</u>	<u>527,958</u>	<u>6,465</u>	<u>534,423</u>

GATESHEAD CARERS ASSOCIATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

7 Support costs

	Support costs £	Governance costs £	2022 Support costs £	Governance costs £	2021 £
Membership fees	3,770	-	3,770	1,436	1,436
Bank charges	320	-	320	790	790
Accountancy	2,747	-	2,747	2,794	2,794
Depreciation	-	-	-	1,120	1,120
Legal and professional	-	1,418	1,418	-	325
	<u>6,837</u>	<u>1,418</u>	<u>8,255</u>	<u>6,140</u>	<u>6,465</u>
Analysed between Charitable activities	<u>6,837</u>	<u>1,418</u>	<u>8,255</u>	<u>6,140</u>	<u>6,465</u>

8 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

9 Employees

The average monthly number of employees during the year was:

	2022 Number	2021 Number
	<u>19</u>	<u>19</u>
Employment costs	2022 £	2021 £
Wages and salaries	431,219	438,804
Other pension costs	7,722	22,449
	<u>438,941</u>	<u>461,253</u>

GATESHEAD CARERS ASSOCIATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

10 Tangible fixed assets

	Computers £
At 1 April 2021	18,812
Disposals	(18,812)
At 1 April 2021	14,333
Eliminated in respect of disposals	(14,333)
Carrying amount	
At 31 March 2021	3,359

11 Debtors

	2022 £	2021 £
Amounts falling due within one year:		
Prepayments and accrued income	200	1,759

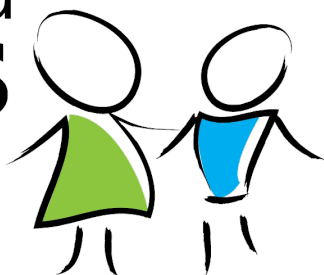
12 Creditors: amounts falling due within one year

	2022 £	2021 £
Other taxation and social security	6,229	7,712
Other creditors	144,563	117,984
Accruals and deferred income	3,318	3,662
	154,110	129,358

13 Related party transactions

There were no disclosable related party transactions during the year (2021 - none).

Gateshead Carers



Annual Report 2022



OUR YEAR IN NUMBERS

Our mission is to make a significant positive difference in the lives of adult carers by effectively providing the highest quality of personalised carer support in Gateshead.

Thank you to the unpaid carers, volunteers, supporters, and local organisations throughout Gateshead and beyond who have supported us through 2022.



SUPPORTING CARERS IN 2022

555

**CARERS ACCESSED SUPPORT FOR
THE FIRST TIME**

1444

CARERS ACCESSED 1-2-1 SUPPORT

3068

**INDIVIDUAL PIECES OF SUPPORT
WORK CARRIED OUT**

126

CARER GROUPS & ACTIVITY SESSIONS

18

**BAME LANGUAGE COMMUNITIES
SUPPORTED**

£409,322

BENEFITS ACHIEVED FOR CARERS

£153,400

**FUNDING PROVIDED TO CARERS VIA
THE CARER WELLBEING FUND**

£8,010

**GRANT FUNDING ACHIEVED FOR
CARERS**

OUR IMPACT ON TH

Annual Report 2022

AFTER COMING US, CARER REPORTED...

THEIR MENTAL HEALTH IMPROVED BY 46%

THEY FELT 39% MORE SELF-CONFIDENT

THEY ARE 58% MORE ABLE TO COPE WITH
THE DEMANDS OF THEIR CARING ROLE

THEY ARE NOW 73% MORE CONFIDENT IN
ACCESSING SHORT BREAKS

THERE WAS AN IMPROVEMENT OF 48% IN
MANAGING DEBT

THEIR BUDGETING SKILLS HAVE IMPROVED
BY 33%

THEIR RELATIONSHIPS WITH OTHERS HAVE
IMPROVED BY 35%

THE LIVES OF CARERS

THEY FELT A **35%** IMPROVEMENT IN
COPING WITH EXCESSIVE CARING ROLES

A **31%** IMPROVEMENT IN ACHIEVING THEIR
PERSONAL GOALS

THEIR DIET HAD IMPROVED BY **28%**

THEY SAW A **35%** IMPROVEMENT IN THE
AMOUNT OF PHYSICAL EXERCISE

THEY FELT **36%** LESS SOCIALLY ISOLATED

THEIR SMOKING AND ALCOHOL USAGE
REDUCED BY **42%**

THEY FELT **92%** MORE ABLE TO ACCESS
EDUCATION AND TRAINING

THEY SAW A **43%** IMPROVEMENT IN
ACCESSING BENEFITS

OUR DIGITAL IMPACT

Annual Report 2022

1515 NEWSLETTER SUBSCRIBERS SIGNED UP

25,721 WEBSITE PAGE VIEWS

20,410 INDIVIDUAL WEBSITE USERS

49,256 PEOPLE REACHED ON SOCIAL MEDIA (ALL PLATFORMS)

289 ONLINE EXTERNAL REFERRALS

288 ONLINE SELF REFERRALS

79 INDIVIDUAL LIVE CHAT CASES

FEEDBACK FROM CARERS

"I am so grateful for your help and for the opportunity to access the Fun. Right now, it has given us hope and all of us need that so badly. Again, many thanks to you and your team... Wishing you all the best in these times. "

"GCA has been really helpful to myself and my stepfather, always there to help and they get back to me when I need support. We are very grateful for the telephone support we both have received."

"Best support for carers. Advice on finances. Giving me time out and a listening ear."

"You really cheer me up. You don't realise you do it but you care and it is nice to talk to you. My family don't always understand is but you listen and do not judge. I sometimes feel alone and you help with that. I really enjoy our chats. Thank you."

GET IN TOUCH

Gateshead Carers Association

John Haswell House | 8-9 Gladstone Terrace | NE8 4DY

0191 4900 121 | enquiries@gatesheadcarers.com

www.gatesheadcarers.com

A Network Partner of
**CARERS
TRUST**



Charity No. 1118942 | Company No. 6133161

Accounts

GATESHEAD CARERS ASSOCIATION
(A company without share capital limited by guarantee)

REPORT AND FINANCIAL STATEMENTS
YEAR ENDED 31st MARCH 2021

Company Number : 06133161
Charity Number : 1118942

GATESHEAD CARERS ASSOCIATION

(A company limited by guarantee)

Contents

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Report of the trustees	1 - 4
Report of the independent examiner	5
Statement of financial activities	6
Balance sheet	7
Statement of cash flows	8
Notes to the financial statements	9 -12

Report of the trustees for the year ended 31 March 2021

The trustees are pleased to present their report together with the financial statements of the charity for the year ended 31 March 2021 which are also prepared to meet the requirements for a directors' report and accounts for Companies Act purposes.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015). The organisation is a Public Benefit Entity within the definitions of s34 FRS 102.

Our purposes and activities

The charity's objects were to relieve the stresses experienced by Carers in the Borough of Gateshead and surrounding areas in particular by the provision of information, advice and support services to such persons so as to assist them and their dependents.

In shaping the objectives for the year and planning activities, the trustees have considered the Charity Commission's guidance on public benefit.

Achievements and performance

The financial year 2020 to 2021 was dominated by the COVID-19 pandemic and the resulting lockdowns and government guidance which aimed to reduce the spread of the virus. The organisation responded swiftly to government guidance on 16th March 2020 which informed organisations to 'work from home' if possible.

All face to face contact with unpaid carers and professionals was stopped immediately, staff with underlying health conditions or who were providing unpaid care to family members or friends were told to work from home with immediate effect. Two days later all staff moved to home working. Our rapid response was enabled through good communication and consultation with staff and the 'digital readiness' of the organisation following the identification of the digital transformation of the organisation as a key priority in our 2019 /2022 Strategic Plan.

We immediately ordered tablets and mobile phones for all staff and successfully applied to the Triangle Trust for a grant to cover the associated costs.

We maintained and developed all of our services throughout the year through the use of Zoom, Teams, WhatsApp and increased our messaging through social media, our website and our three separate e newsletters to unpaid carers, staff/ trustees and partner organisations. Referrals into the organisation increased on the previous year (1320 accessing direct one to one support) and there was a notable increase in the numbers of unpaid carers contacting us for support for the first time.

Our survey of carers in July 2020 showed that they had seen no difference in the quality of support provided by the switch from face to face to digital. 10% reported that 'digital' support was actually better for them as it made accessing support easier. The success of our digital response to the pandemic means that going forward, Covid restrictions permitting, we will offer both digital and face to support services across all areas.

Report of the trustees for the year ended 31 March 2021**Achievements and performance - continued**

We entered into the second year of our contract with Gateshead Council / Newcastle Gateshead CCG and this went well across all areas. However, the pandemic did mean that the delegation of Carers Assessments was delayed and is now likely to happen in late 2021.

The biggest challenge of the year was the impact the pandemic had on our income generation plans which were set out in our Fundraising Strategy (2019 to 2024). The resource of all grant giving charitable trusts, National Lottery Community Fund etc. switched to COVID-19 emergency funding only. The Department of Health withdrew its Carer Innovation Fund, to which we had submitted an application, days before grant awards were to be announced and directly as a result of the pandemic.

The contribution of GCA staff to the seamless and successful transition to homeworking during difficult, challenging and unprecedented circumstances is fully acknowledged by the board of trustees with appreciation and thanks.

Financial Review

The financial statements show a surplus of £68,230 (2020 - Surplus - £92,901). Cash balances remain healthy at £398,807 (2020 - £280,213). Within the bank the charity is holding £50,150 on behalf of the John Haswell Memorial Trust.

Reserves policy and going concern

The trustees aim to maintain free reserves in unrestricted funds at a level which equates to approximately three months of unrestricted charitable expenditure; it is estimated that this currently equates to £150,000. At this level of unrestricted reserves, the charity could maintain operation for three months even if no income was being generated. Current unrestricted reserves after adjusting for fixed assets amount to £271,208. Sufficient funds have to be retained to finance the procurement contracts for the final twelve months of the contract.

The charity enjoys good liquidity and has no issue on meeting its liabilities when they are due. The trustees are confident for the next twelve months.

Reserves are needed to bridge the gap between the spending and receiving of income and to cover unplanned emergency bills, repairs and other expenditure

Legal and administrative information**Management Committee**

E V Smith	E Johnson
J Gordon	S Cox
D Clelland	A Tonkinson
M Fitzpatrick	M Barrett
A Owens	M Hall
E Ward	

Secretary:

S Cowen

Report of the trustees for the year ended 31 March 2021**Legal and administrative information - continued**

Registered Office: John Haswell House
8 – 9 Gladstone Terrace
Gateshead
Tyne and Wear
NE8 4DY

Independent examiner: McCready Page LLP
511 Durham Road
Low Fell
Gateshead
Tyne and Wear
NE9 5EY

Bankers: Unity Trust Bank PLC
Nine Brindley Place
4 Oozels Square
Birmingham
B1 2HB

Linked Charity

Under an amendment to a Uniting Direction dated 13 June 2016 the John Haswell Memorial Trust (Charity number 1118942-1) is linked to Gateshead Carers Association. The John Haswell Memorial Trust had previously been linked to Gateshead Voluntary Organisation Council before that charity entered liquidation.

Governing Document

The charity operates as a company limited by guarantee. The company was incorporated on 1 March 2007 and it registered with the Charity Commission on 25 April 2007. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association.

Recruitment and Appointment of Management Committee**Trustee Induction and Training**

Management committee members were recruited in a variety of ways including advertisements. Members are drawn from the wider membership of the Association, and elected at the annual general meeting, with additional members being co-opted because of their position or knowledge. Members serve for a three-year period and may then be elected for a further three-year period. Meetings take place approximately once a month. New members receive appropriate induction briefings and attend relevant courses for Trustees. Skills and training needs of members are identified through a periodic skills audit.

Risk Management

Risks to the charity have been identified and reviewed on an ongoing basis, and appropriate action taken. This has included ensuring appropriate insurance cover, identifying physical risks such as uneven surfaces, reviewing fire safety systems and training staff, ensuring staff have first aid training, and undertaking a general health and safety risk assessment throughout our premises.

Report of the trustees for the year ended 31 March 2021**Recruitment and Appointment of Management Committee - continued****Organisational Structure**

Strategic decisions are taken by the Management Committee; with detailed deliberation sometimes being delegated to the Finance sub committee or personnel sub committee. Day-to-day management is delegated to the Chief Officer who leads the staff team and who provides clear written reports to trustees at every meeting. Members of the management committee take a close interest in the work of the Association and often visit between formal meetings.

Linked charity

The assets of the linked charity – John Haswell Memorial Trust comprised of a property known as “John Haswell House” and funds totalling £50,150. The value of the property has not been included within the accounts. The money transferred from Gateshead Voluntary Organisation Council has been used to fund building costs. Rents received from tenants have been added to the John Haswell Memorial Trust funds.

Trustees’ responsibilities in relation to the financial statements

The charity trustees (who are also the directors of the company for the purposes of company law) are responsible for preparing a trustees’ annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice). Company law requires the trustees to prepare financial statements that give a true and fair view of the state of affairs of the charity at the end of the financial year and of the incoming resources and application of resources.

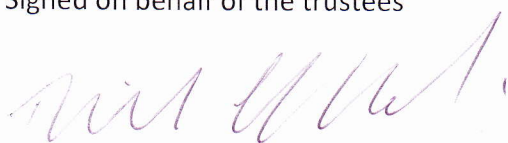
In doing so the trustees are required to:

- Select suitable accounting policies and then apply them consistently
- Observe the methods and principles in the Charities SORP
- Make judgements and estimates that are reasonable and prudent
- State whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements
- Prepare the financial statements on a going concern basis unless it is inappropriate to assume that the charity will continue in business.

The trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enables them to ensure that the financial statements comply with the Companies Act 2006. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company’s website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Signed on behalf of the trustees



D Clelland

16 November 2021

Report of the Independent Examiner to the trustees of Gateshead Carers Association

I report on the financial statements of Gateshead Carers Association for the year ended 31 March 2021 which are set out on pages 6 to 12.

Respective responsibility of trustees and independent examiner

The charity's trustees are responsible for the preparation of the financial statements. The charity's trustees consider that an audit is not required for this year under section 144 (2) of the Charities Act 2011(the 2011 Act) and that an independent examination is needed. The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of the Association of Chartered Certified Accountants. Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to

Examine the accounts under section 145 of the 2011 Act

To follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act) and

To state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention :

- (1) which gives me reasonable cause to believe that in any material respect the requirements
- . to keep accounting records in accordance with section 386 of the Companies Act 2006; and
 - . to prepare financial statements which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities,

have not been met ;or

- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the financial statements to be reached.

R A Page FCCA
511 Durham Road
Low Fell
Gateshead
Tyne & Wear
NE9 5EY



16 November 2021

Statement of financial activities
Year ended 31 March 2021

	Notes	Unrestricted £	Restricted £	2021 £	2020 £
Income					
Donations		2,670	-	2,670	135
<i>Income from charitable activities</i>					
Procurement contracts		577,200	-	577,200	633,916
Grants	2	-	18,783	18,783	4,167
<i>Income from other trading activities</i>					
Employment allowance		4,000	-	4,000	3,000
Other income		-	-	-	1,474
Total income		583,870	18,783	602,653	642,692
Expenditure					
<i>Expenditure on charitable activities</i>					
Charitable activities	3	515,640	18,783	534,423	549,791
Net (expenditure)/income and net movement in funds		68,230	-	68,230	92,901
Transfers		-	-	-	-
		68,230	-	68,230	92,901
Reconciliation of funds					
Funds brought forward		206,337	-	206,337	113,436
Funds carried forward		274,567	-	274,567	206,337

	Notes	2021	2020
		£	£
Fixed assets			
Tangible fixed assets	7	3,359	4,479
Current assets			
Debtors	8	1,759	1,152
Cash at bank		<u>398,807</u>	<u>280,213</u>
		400,566	281,365
Creditors: amounts falling due within one year	9	<u>129,358</u>	<u>79,507</u>
Net current assets		271,208	201,858
Total assets less current liabilities		<u>274,567</u>	<u>206,337</u>
Funds		<u>274,567</u>	<u>206,337</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2021.

The trustees have not required the charitable company to obtain an audit of its financial statements for the year ended 31 March 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Section 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015). These accounts have been prepared in accordance with the provisions applicable to companies subject to small companies regime.

The financial statements were approved by the Board of Trustees on 16 November 2021 and were signed on its behalf by

D Clelland

Statement of Cash Flows
Year ended 31 March 2021

	2021	2020
	£	£
Cash used in operations		
Net movement in funds	68,230	92,901
(Increase) in debtors	(607)	4,307
Increase in creditors	49,851	(5,183)
Depreciation	1,120	1,493
Net cash generated in operations	118,594	93,518
Change in cash in the year	118,594	93,518
Cash brought forward	280,213	186,695
Cash carried forward	398,807	280,213

Notes to the financial statements
Year ended 31 March 2021

1 Accounting policies

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year and the preceding year.

Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) – (Charities SORP (FRS 1023), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Donations and voluntary income

Donations and voluntary income are accounted for on a receipts basis.

Grants

Grants for immediate expenditure are accounted on a receivable basis. Grants where related to performance and specific deliverables, are accounted for as the charity earns the right to consideration by its performance.

Interest receivable

Interest is included when received by the charity.

Resources expended

Resources expended are included in the Statement of Financial Activities on an accruals basis, inclusive of any VAT which cannot be recovered.

Costs

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

All costs are allocated between the expenditure categories of the SoFA on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly and other are apportioned on an appropriate basis such as staff time.

Tangible fixed assets and depreciation

Fixed assets for charitable use are capitalised at cost where acquired or market value as determined by the trustees when donated. The assets are stated at cost or value less depreciation.

Depreciation is calculated to write off the cost or valuation of the fixed assets less their estimated residual value over their expected useful lives on the following bases:

Office equipment

25% reducing balance

Notes to the financial statements
Year ended 31 March 2021

1 Accounting policies - continued

Fund accounting

Funds held by the charity are either:

- *Unrestricted general funds* – these are funds which can be used in accordance with the charitable objects at the discretion of the trustees.
- *Restricted funds* – these are funds that can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

2 Grants

	2021 £	2020 £
Gateshead Council – MECC	-	4,167
Triangle Trust	6,783	-
John Laing Charitable Trust	12,000	-
	18,783	4,167

3 Total resources expended

	Carer Support	Grant	2021 £	2020 £
Direct costs	£	£	£	£
Staff costs	449,106	12,147	461,253	438,217
Direct costs	4,682	2,892	7,574	28,484
IT	5,679	3,744	9,423	14,956
AGM	-	-	-	577
Premises	20,012	-	20,012	26,841
Office	9,098	-	9,098	19,235
Communications	20,598	-	20,598	12,047
Support costs				
Membership fees	1,436	-	1,436	2,635
Trustees expenses	-	-	-	506
Legal and professional	3,119	-	3,119	4,489
Bank charges	790	-	790	311
Depreciation	1,120	-	1,120	1,493
	515,640	18,783	534,423	549,791

4 Staff Costs

Staff costs includes

	2021	2020
	£	£
Salaries	417,994	396,838
Social security costs	32,374	33,710
Pension contributions	8,334	7,669
	<u>458,702</u>	<u>438,217</u>

Management wages amounted to £74,347 for two staff members. No employee received emoluments of more than £60,000.

5 Trustee Remuneration & Related Party Transactions

No members of the management committee received any remuneration during the year. Travel costs amounting to £Nil (£506 – 2020) were reimbursed to 3 members of the management committee.

No trustee or other person related to the charity had any personal interest in any contract or transaction entered into by the charity during the year.

6 Taxation

As a charity Gateshead Carers Association is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or s256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the Charity.

7 Fixed assets

	Office Equipment
Cost	£
At 1 April 2020 and 31 March 2021	<u>18,812</u>
Depreciation	
At 1 April 2020	14,333
Charge for year	<u>1,120</u>
At 31 March 2021	<u>15,453</u>
Net book value	
As at 31 March 2021	<u>3,359</u>
As at 31 March 2020	<u>4,479</u>

8 Debtors

	2021	2020
	£	£
Other debtors	1,756	1,152

9 Creditors : Amounts falling due within one year

	2021	2020
	£	£
Grants in advance	12,000	-
Social security and tax	7,712	-
Carers Partnership	2,932	1,974
Other creditors	52,902	31,900
John Haswell Memorial Trust	50,150	43,278
Accruals	3,662	2,355
	<u>129,358</u>	<u>79,507</u>

The John Haswell Memorial Trust owns the property occupied by the charity. Funds shown above are held on behalf of the John Haswell Memorial Trust.

10 Analysis of net assets between funds

	Unrestricted	Restricted	Endowment	Total
	£	£	£	£
Fixed assets	3,359	-	-	3,359
Current assets	338,416	12,000	50,150	400,566
Current liabilities	(67,208)	(12,000)	(50,150)	(129,358)
Net assets at 31 March 2021	<u>274,567</u>	<u>-</u>	<u>-</u>	<u>274,567</u>



Annual Report 2021



Supporting Adult Unpaid Carers in Gateshead since 1996

OUR YEAR IN NUMBERS

2021 celebrates our 25th year of supporting unpaid adult carers across Gateshead. In this report, you will find out how much of an impact we have had on Gateshead's caring community over the past year.

Thank you to the unpaid carers, volunteers, donors, and local organisations in Gateshead who have all supported us through 2021.



care to join
us?

Gateshead Carers
8 - 9 Gladstone Terrace, NE8 4DY
Tel: 0191 4900121 | gatesheadcarers.com
Registered Charity No. 1118942

SUPPORTING CARERS IN 2021

583	CARERS ACCESSED SUPPORT FOR THE FIRST TIME
1385	CARERS ACCESSED 1-2-1 SUPPORT
2,046	INDIVIDUAL PIECES OF SUPPORT WORK CARRIED OUT
163	CARER GROUPS & ACTIVITY SESSIONS
19	BAME LANGUAGE COMMUNITIES SUPPORTED
£60,350	BENEFITS ACHIEVED FOR CARERS
£133,600	FUNDING PROVIDED TO CARERS VIA THE CARER WELLBEING FUND
£13,335	GRANT FUNDING ACHIEVED FOR CARERS

OUR IMPACT ON THE LIVES OF CARERS

AFTER COMING TO US, CARERS REPORTED...

THEIR MENTAL HEALTH IMPROVED BY 44%

THEY FELT 44% MORE SELF-CONFIDENT

THEY ARE 41% MORE ABLE TO COPE WITH THE
DEMANDS OF THEIR CARING ROLE

THEY ARE NOW 77% MORE CONFIDENT IN
ACCESSING SHORT BREAKS

THERE WAS AN IMPROVEMENT OF 33% IN
MANAGING DEBT

THEIR BUDGETING SKILLS HAVE IMPROVED BY 19%

THEIR RELATIONSHIPS WITH OTHERS HAS
IMPROVED BY 28%

THEY FELT A **60%** IMPROVEMENT IN COPING WITH
EXCESSIVE CARING ROLES

A **49%** IMPROVEMENT IN AHCIEVING THEIR
PERSONAL GOALS

THEIR DIET HAD IMPROVED BY **23%**

THEY SAW A **23%** IMPROVEMENT IN THE AMOUNT
OF PHYSICAL EXERCISE

THEY FELT **28%** LESS SOCIALLY ISOLATED

THEIR SMOKING AND ALCOHOL USAGE REDUCED
BY **18%**

THEY FELT **14%** MORE ABLE TO ACCESS EDUCATION
AND TRAINING

THEY SAW A **26%** IMPROVEMENT IN ACCESSING
BENEFITS

OUR DIGITAL IMPACT

1367 NEWSLETTER SUBSCRIBERS SIGNED UP

64,171 WEBSITE PAGE VIEWS

22,768 INDIVIDUAL WEBSITE USERS

137,900+ PEOPLE REACHED ON SOCIAL MEDIA
(ALL PLATFORMS)

153 ONLINE EXTERNAL REFERRALS

101 ONLINE SELF REFERRALS

180 INDIVIDUAL LIVE CHAT CASES



FEEDBACK FROM CARERS

"Gateshead Carers really do care for the carer and support them through all their life challenges."

"Gateshead Carers have helped me a lot, and it's great that I've been able to access the wellbeing fund through them, as this helped me to start driving lessons, so I can get my disabled son out and about. Thank you Carers."

"Speaking to Gateshead Carers has given me peace of mind that I am not alone and that there is someone on the end of the phone who understands what I am going through."

"I'm glad I was given your number to contact you. I wouldn't have known where to start. I'm new to all of this and cannot thank you enough."

GET IN TOUCH

Gateshead Carers Association

John Haswell House | 8-9 Gladstone Terrace | NE8 4DY

0191 4900121 | enquiries@gatesheadcarers.com

www.gatesheadcarers.com

A Network Partner of

**CARERS
TRUST**



Charity No. 1118942 | Company No. 6133161