

Annual Report

April 2020 – March 2021



Contents

Page

Vision and Aims	3
Reflect Mission Statement	4
Structure- Who's Who and how we work	5
Trustees	5
Employed Staff	6
Volunteers	7
Reflect Centres	8
Year Review	9
Summary of the main achievements of Reflect during the year	9
Central	9
Training	10
Published articles	10
York	10
Harrogate	11
Selby	11
Thirsk	11
Events	11
Client Statistics and Feedback	12
Statistics, tables and charts	12
Feedback	14
Acknowledgements	15
Financial Report	17
Receipts and Payments Accounts for the year ending 31 March 2021	17
Statement of assets and liabilities at the end of the period	18
Trustee Declaration	18
Independent Examiner's Report to the Trustees of Reflect	19



Vision and Aims

Reflect is a Charitable Trust and was previously known as York Pregnancy Crisis Service. Reflect is a registered Charity (number 1118904) with a governing Trust Deed document dated 6th November 2006. This was amended on 09 May 2016 and a Supplemental Trust Deed was added on 2nd October 2017.

Reflect opened in York in 2007, responding to the need of men and women faced with an unplanned or crisis pregnancy. Reflect quickly developed to provide pregnancy loss support as well as the pregnancy choice work and in 2012 began plans to launch services in Harrogate. Reflect Harrogate launched in 2014 followed by Reflect Selby in January 2018. Most recently we launched Reflect Thirsk in March 2020 to meet a growing local need for our services across North Yorkshire.

The purpose of the Trust, as stated in the Trust Deed, shall be:

- (a) The advancement of education in the subject of pregnancy and the termination of pregnancy and into the effects thereof upon women whether physical, medical or psychological.
- (b) The preservation and protection of women's health.
- (c) The provision of advice, counselling and assistance to women and their partners and families who are suffering from any physical or mental illness, distress or poverty during or as a result of pregnancy or following an abortion, miscarriage, cot death, stillbirth, loss of a child or sexual abuse.
- (d) The promotion of such other charitable purposes which may be conveniently carried on in connection with the above objects.

The Trustees have fully taken into account the guidance issued by the Charity Commission on public benefit.



Reflect Mission Statement

Purpose

Reflect is a free support service in North Yorkshire for anyone facing a Pregnancy Choice and for those in need of support after experiencing Pregnancy or Neonatal Loss.

Vision

Our vision is to see anyone in North Yorkshire enabled to make an informed decision about a pregnancy choice, without fear, pressure or judgment, and to support those who have been affected by pregnancy loss through miscarriage, stillbirth or termination of pregnancy, or who have experienced neonatal loss.

Motivated by our Christian compassion for those in a crisis, we desire to see all people supported throughout the decision-making process and beyond, whatever the outcome.

We seek to raise awareness of issues surrounding pregnancy, including parenting, termination, adoption and pregnancy loss, and to provide support for those in need.

Mission:

We are committed...

...to provide a confidential service to all clients

...to provide a trained listening ear, factual information and unconditional acceptance to those who are experiencing a pregnancy choice

...to provide care and support to those who have experienced a pregnancy or neonatal loss

...to do this in a caring, safe and supportive environment; always being truthful and respecting every individual

...and at all times offer hope

We provide individual or couples support and signposting for those facing an unintended pregnancy or a choice during pregnancy. We provide one-to-one and couples support to those who have experienced pregnancy loss (miscarriage, ectopic pregnancy or stillbirth), neonatal loss, or who are struggling following a termination of pregnancy, through our structured support programme 'Reflections: Walking through loss'.

...to the advancement of education in the subject of pregnancy, termination of pregnancy, adoption, sexual health and relationships

This currently includes: multi-agency work, training volunteers and practitioners in pregnancy choices and pregnancy loss support, working with other organisations championing our cause and increasing the network of Reflect supporters and referrers. Reflect hope to develop this aim into schools and youth work, research projects and greater partnerships with the local authority and NHS services.



Structure- who's who and how we work

Trustees

Names of the trustees who manage the charity:

1. Dr Christopher Bell
2. Christopher Blanshard (Secretary)
3. Richard Allen (Chair of Trustees)
4. Lesley Williams
5. Rachael Bulley (Safeguarding Officer)
6. Christopher Seel (Treasurer)
7. Kevin Webb

Reflect is governed by a group of seven trustees, chaired by Mr Richard Allen, who meet on a quarterly basis. A trustee report is prepared in advance by the General Manager, with input from the Office Manager and Development Coordinator. The trustees are responsible for making sure that the charity complies with its governing document and complies with charity law requirements.

Our Trustees hold a wealth of valuable experience, ranging from business and finance to proof reading and human resources to teaching and counselling. Trustees are appointed by existing trustees.

Due to the Coronavirus Pandemic all Trustee meetings throughout 2020-21 were conducted online via Microsoft Teams or Zoom. Gavin Parker also attended these meetings as a guest with a view to becoming a trustee.



Current trustees (L to R):

Dr Christopher Bell, Christopher Blanshard, Rachael Bulley, Lesley Williams, Christopher Seel, Kevin Webb, Richard Allen.



Employed staff

Tanya Allen continued working as General Manager part-time. She has overall management responsibility for the charity. Tanya has enjoyed the challenge of managing Reflect over the past 12 months, and initiating remote support, so that Reflect was able to continue to support people during the pandemic, when face-to-face support was not possible.



Tanya Allen



Jo Muller is our office manager and works on Monday and Wednesday mornings. She oversees Reflect's administration and book-keeping as well as supporting our volunteers.

Joanne Muller

Liz Zambonini is our Development Coordinator and works part-time. Her role is to increase the awareness of Reflect, establishing it in the community and helping to make sure the service provided is of a high quality and meeting Reflect's vision and mission. She has successfully raised greater awareness of Reflect enabling our volunteers to support more people in 2020-21.



Liz Zambonini

Due to the ongoing pandemic, and further lockdown in January, the decision was taken by the trustees to use the Government's Flexible furlough scheme for all its employees from 23.01.2021.



Volunteers

Reflect simply would not be able to exist without our incredible team of dedicated volunteers who give hours of their time freely to help enable Reflect to continue to provide our **free** support service.

Reflect now has 5 wonderful and wise **Supervisors**: Jill Ross; Joan Sargent; Lesley Williams; Louise Burke and most recently Diane Webb. As Reflect is seeing more clients, the amount of individual supervision required also increases, so we are very grateful for the time that each of our volunteer Supervisors give to Reflect. All our supervisors are experienced trained counsellors who have the necessary supervisory skills, and this helps to enable Reflect to offer a professional service. Our supervisors offer 1-1 phone support to our trained practitioners and also help to coordinate the group supervision which takes place every 6-8 weeks.

We have 4 gifted volunteer **Team Leaders** who oversee each centre. Jill Gates (York), Kate Green (Harrogate, until November 2020), Linda Seel (Selby) and Ann Parker (Thirsk) each coordinate their team of volunteers. The team leader is often the first person to respond to, and speak to, a new client enquiry and they oversee volunteer and client availability and appointments.

Our trained volunteers, known as our **Practitioners**, are our frontline volunteers who see Pregnancy Choice and/or Pregnancy Loss clients. Practitioners are usually affiliated to one centre, however, during the pandemic whilst we were offering remote support, some volunteers 'saw' clients from different centres to facilitate greater availability for clients. Jill Gates, Emily Nelson, Jenny Sharp, Pam Wilson, Anne Gledhill-Myhill, Kate Tattershall, Anna Wilson and Kate Anderson all saw clients for York. Kate Green, Emma Garrow, Marilyn Larnier, Pauline Harrison, Claire Foster and Becky Shepherd saw clients for Harrogate. Linda Seel and Jane Ellerington saw clients for Selby. Ann Parker saw clients for our newest centre in Thirsk. Tanya Allen also saw clients across the 4 centres.

Supporting clients is the reason why Reflect exists and we are so grateful for the time that our trained volunteers give to this, as well as the time they spend preparing for the session, debriefing and having supervision afterwards.

Our trained practitioners were supported by our **Session Supporters** who are a valuable part of our service providing prayer and support for client sessions and debriefing our trained practitioners after the session. Thank you to Rosemary Davis, Valerie Dean, Chris Butler, Janet Clarke, Angela Ward, and Ann Robertson for providing this support.

All our volunteers are caring, compassionate and willing to help. They bring hope and light to people's lives.

As one client said:

"I just want to say a massive thank you to [my practitioner] for being so kind, and understanding and letting me cry! This programme really has helped me so much, it provided me a safe place just for myself where the session was about me and nobody else where I could truly grieve for my loss and learn how to cope without being judged. I just wish I had come to you sooner! Thank you again the work you do is amazing."



Reflect centres

Due to the Coronavirus pandemic, during 2020-21 all of our centre's physical buildings have been closed due to government guidance, therefore we have been unable to see clients in person for support. Instead, all of our support has been given by remote support through telephone and video calls, as well as email support, for our existing and new clients.

One main benefit of offering remote support is that volunteers can now offer support from their own homes, and at a day and time that is most convenient to them and their client, rather than at times when a counselling room was available. Therefore, appointments are now offered throughout the week at all 4 of our centres.

York

Our head office is based at The Gateway Centre, Front Street, Acomb, YO24 3BZ. The Head Office has been closed during the national lockdowns, and open when government guidelines allowed.

York receives the majority of our enquiries, and our out of area enquiries.

Contact details: Email. enquiry@reflectyork.co.uk | Tel. 01904 676710 | Text. 07517 624 750

Harrogate

Contact details: Email. enquiry@reflectharrogate.co.uk | Tel. 01423 206710 | Text. 07517 638 007

Selby

Contact details: Email. enquiry@reflectselby.co.uk | Tel. 01757 547710 | Text. 07731 921 197

Thirsk

Contact details: Email. enquiry@reflectthirsk.co.uk | Tel. 01845 607710 | Text. 07523 278 091



Year Review

Summary of the main achievements of Reflect during the year

Goal	Outcome
1. Clients	Our aim was to receive 100 new enquiries throughout the year and we received 121 new enquiries. We saw 14 Pregnancy Choice clients throughout the year and at least one in each centre, including our first Pregnancy Choice client in Thirsk. We saw 89 clients throughout the year, which was down on last year, however, we delivered more sessions than the previous year, so the clients that we were in contact with received more support.
2. Increase prayer & church support	Throughout the pandemic we have maintained relationships with partner churches, especially Gateway Church in York and Hope Church in Harrogate. We have held online prayer meetings throughout the year which have always been an encouragement, and have sent out more regular prayer newsletters. We appointed a central Prayer Coordinator- Jill Fergie, who inspired us to pray expectantly & ask big prayers.
3. Finance	Our total income was an incredible £38,377- God really blessed Reflect financially in Q4 in extravagant and unexpected ways. Hope Church Harrogate very kindly did a Special Offering for Reflect and the generous church gave an amazing £8000! We also received several grants throughout the year and received several large donations from individuals. The Virtual Quiz fundraiser in February raised £2000.
4. Further establish Reflect in North Yorkshire	Due to offering remote support we were able to see clients from throughout North Yorkshire including Scarborough and Whitby. This helped us to establish a need as we researched further and explored the possibility of Reflect Filey. Thirsk received more enquiries this year and we had a guest attending our Trustee meetings from Thirsk.

Central:

Updated website/online presence

We reviewed our website over the summer, and Dan Kingsley then redesigned and updated the whole website. We have included a lot more stories and images, and have focused on making the website easier for potential clients to navigate.



Liz has been posting regularly on Facebook and has set up a Reflect Instagram account which has had increased number of followers. We hope to be able to use Instagram to reach younger people who are in need of support, as well as grow our number of supporters.

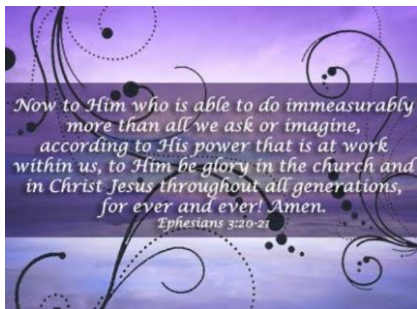
New church flyer

Liz has designed a flyer for churches, advertising our services and needs. Jane has a specific flyer for Filey to help her begin to gather a local team.



Prayer

Jill Fergie was appointed as our Prayer coordinator and helped Reflect to pray expectantly.



Throughout the year we had 3 prayer meetings on zoom where we were able to praise God and prayed for clients, funding and our Reflect team. There was a real sense of the Lord's peace, love and compassion as we were praying in each meeting.

Throughout the year we sent out prayer newsletters to our prayer supporters to encourage increased prayer for Reflect.

Training:

All of our volunteer group supervision took place on Zoom throughout the year. This is in addition to 1-1 telephone supervision.

Due to the pandemic and practitioners providing remote support we gave additional training in telephone and online counselling skills, to support the volunteers' seeing clients. Lesley and Louise ran a really helpful Training Supervision on mother-daughter relationships in November.

Published articles:

Baby Loss Awareness Week (BLAW) – 9 to 15 October.

- Tanya did a pre-recorded interview on 7th October with Ben Fearn from Greatest Hits Radio- this was shared in the news bulletin Greatest Hits Radio on 9th October.
- Liz wrote an article for Mumbler- York, Harrogate & Selby
- Newspaper article in The Stray Ferret, Harrogate
- Many social media posts shared and liked including by Challenging Minds & York & Harrogate Mumbler on Instagram
- Becky Shepherd kindly wrote and shared a blog about her loss & Reflect.
- Wave of light – 7pm on Thurs 15th October. Our video was part of the national BLAW video.



Sponsored Virtual walk- Ben Hearn wrote an article for Reflect about this fundraiser and it was published on Greatest Hits Radio website on 9.3.21.

York:

Reflect has continued to be part of Providers of Emotional and Psychological Support in York (PEPSY). These are helpful meetings to share with different counselling and emotional support providers and discuss best practice. These meetings have been online throughout the year and have been helpful to discuss how other providers have been providing client support and how we may return to providing in-person face-to-face support as safely as possible.

We are continuing to receive increasing numbers of enquiries from outside North Yorkshire and are currently offering one or two sessions to these clients, as well as signposting them to their nearest centre. Due to increased demand, we now have a waiting list for clients wishing to start 'Reflections: Walking through loss'.



Harrogate:

Reflect has continued to participate in the Harrogate Mental Health and Wellbeing forum and share with local Mental Health charities and organisations. Tanya has attended the Harrogate and Ripon Centres for Voluntary Service Chairs forum online.

For the first time Reflect took part in the Harrogate & District Community Action Volunteering Oscars. We were part of the thank you for volunteering video.

Due to increased demand, we had a Waiting List for Pregnancy Loss clients to start 'Reflections: Walking through Loss' at times throughout the year. We continue to see Pregnancy Choice clients and Pregnancy Loss clients promptly for an Initial Assessment.



Selby:

Reflect has offered remote support throughout the year. This enabled a previous volunteer who had moved to re-join the team. Due to this, Selby has also seen a client who lives in Scarborough online.

Thirsk:

Tanya gave a presentation to the staff team at Catterick Garrison Medical Centre via zoom in October. This was well attended and well received.

Ann Parker is continuing to answer all the Thirsk enquiries and is seeing all the clients remotely. Other volunteers also saw Thirsk clients remotely to work through 'Reflections: Walking through loss.'

Events:

The highlight of our year was our Virtual Quiz Night on Saturday 6th February- 160 people on 92 screens signed up for quiz. It was a fun night and well organised. We shared a client video during the evening and this helped raise £2000!



Reflect also organised a Sponsored Virtual Walk around North Yorkshire throughout March. 7 individuals or families signed up for this and walked (or ran!) either 50 or 100 miles throughout the month, receiving postcards of local destinations along the way. Thank you to everyone who took part in this event!



Client Statistics and Stories

Statistics, tables, charts

In 2020-21 Reflect has received 121 enquiries and seen 75 new clients, with additional support given through email to many others. Reflect saw 15 Pregnancy Choice clients, 26 clients for post-termination support, 27 clients following a miscarriage, 4 clients after a stillbirth and 3 clients after infant death. The last 2 quarters have been much busier than the first 2, when the first lockdown occurred. All of our support has been given remotely.

	2020-2021					2019-2020				
	York	Harrogate	Selby	Thirsk	Total	York	Harrogate	Selby	Thirsk	Total
New enquiries	76	27	7	11	121	52	35	7	6	100
Clients in contact	44	26	11	10	91	34	49	9	7	99
Pregnancy Choice	11	2	1	1	15	6	3	1	0	10
Post abortion	15	9	1	5	30	8	10	1	2	21
Miscarriage	17	12	5	2	36	20	31	6	4	61
Stillbirth	1	0	3	0	4	0	1	0	0	1
Infant Death	0	3	1	2	6	0	4	1	1	6

Table 1: Number of new enquiries and clients in contact by type and location for the last 2 financial years

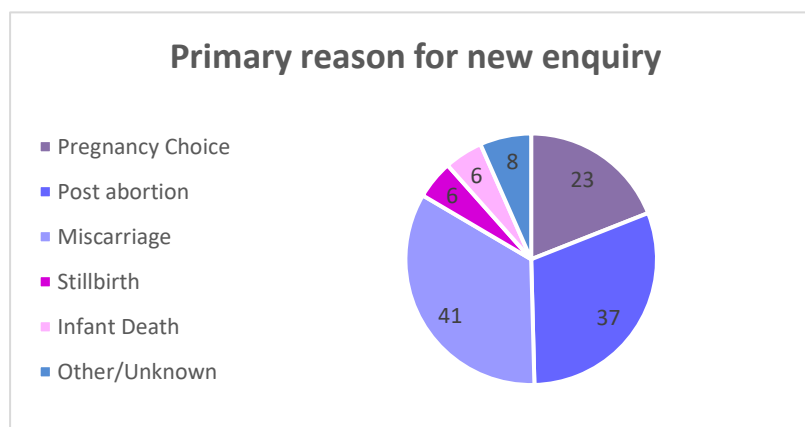


Chart 1: Pie chart showing number of new enquiries by type in 2020-2021

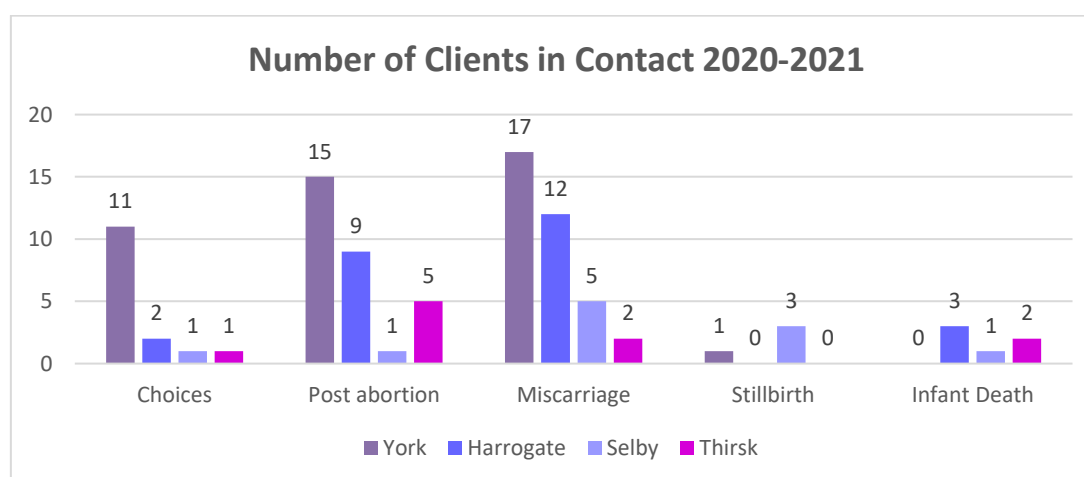


Chart 2: Clustered column chart showing number of clients in contact by type of support and location in 2020-21



	2020-2021					2019-2020				
	York	Harrogate	Selby	Thirsk	Total	York	Harrogate	Selby	Thirsk	Total
Sessions delivered	133	117	67	61	378	125	181	30	17	353
Pregnancy Choice	10	2	2	2	16	6	3	1	0	10
Post abortion	51	35	11	41	138	42	51	7	3	103
Miscarriage	64	62	31	4	161	77	100	21	11	209
Stillbirth	8	0	22	0	30	0	2	0	0	2
Infant Death	0	18	1	14	33	0	25	1	3	29

Table 2: Number of sessions (approximately 1 hour of support) given to clients by type of support and location in 2020 -2021

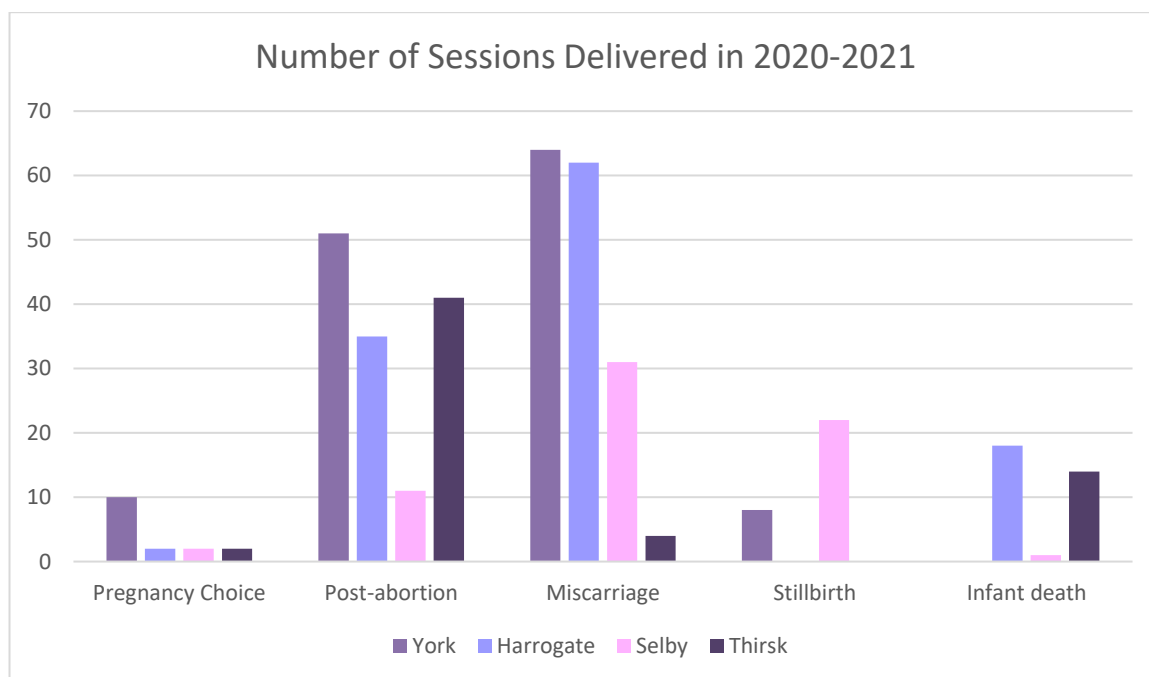


Chart 3: Clustered column chart showing number of sessions delivered by type and location in 2020-2021



Feedback

We are very grateful to clients who complete our feedback forms, or email us with feedback, and who give us permission to share their story and feedback. All our clients who have completed our feedback would unanimously recommend our services. Below is just a small variety of the feedback from clients and professionals that we have received:

"I honestly don't think I would be where I am today if it wasn't for [my practitioner]! She is one of a kind ♡"

"I know how amazing the work you do is. A little encouragement to you to keep doing what you are doing because it's brilliant and so helpful to so many."

"I hope you don't, but if anyone needs them they're brilliant. I hate that we know about Reflect, but I'm so glad we found them as well."

"I started with 121 sessions then Covid hit halfway through so I did Skype calls and can say both were good. Both options should be available in future for people I feel."

Thank you for getting in touch! I'm feeling happy in my choice to go ahead with the pregnancy. Thank you so much, you were a really big help."

"I just want to say a massive thank you to J for being so kind, and understanding and letting me cry! This programme really has helped me so much, it provided me a safe place just for myself where the session was about me and nobody else where I could truly grieve for my loss and learn how to cope without being judged. I just wish I had come to you sooner! Thank you again the work you do is amazing."

"It is fantastic that this type of support exists."

"I can think about my loss in a healthy and non-destructive way, which I could not do when I first approached Reflect."

The material has helped me to come to terms with my losses and move forward. When I started the course I was taking antidepressants and since making good progress I have managed to stop taking them and we are trying to get pregnant again, which is something I wasn't sure if I could do again, but I am feeling positive and hoping for a happier outcome."

"I have learnt how to communicate with myself regarding what I am feeling, and I can communicate with my baby in a way that feels right for me."

"Reflect has helped me to understand, explore my thoughts and feelings, process and find the way I wish to move forwards. It gave me time to work through what I just didn't understand, something that felt bigger than me."

"My experience of loss was during the pandemic and I felt that Reflect was able to adapt to online sessions really well. I felt safe within the space and this made it easier for me to discuss my feelings."



Acknowledgments

A very special thank you to **all** of our regular givers, our **Reflectors**. Overall, we have had **46 generous individuals or families** giving an average total of **£810/month!** This financial support is absolutely vital. We wouldn't be able to do any of this work, or plan for the future, without this support. We continue to be overwhelmed by people's generosity, many of whom have been giving over a long period of time. A special thanks to those who have given significant additional donations this year- we are blessed by your generosity. Thank you so much to each and every giver- we are so grateful for your support!

Become a *Reflector* today!

Thank you for supporting our work. Your regular gift will help bring light and hope to people's lives.

Gateway Church - for their continued generous support in also allowing us to use their facilities and enabling us to have our Head Office at the Gateway Centre in Acomb. We are so thankful for your continued support.



Thank you to Sean Codling, Managing Director at **Containment Technology Services** who kindly donated 30 visors.

Voipfone continue to enable Reflect to have charity rates and do not charge us for outside calls.



Tesco's in Clifton Moor generously donated many packs of tissues and some chocolates to Reflect.

Hannah Kunar who further updated our Reflect logos and colour scheme.



Many thanks also to **Dan Kingsley**, Dynamic Design UK. He designed, maintains and updates our website. Thank you, Dan!

Fundraisers/donators/grants:

Thank you to each and every individual who has donated financially to Reflect in the past year. We really appreciate your generosity.

Thank you to **everyone** who held fundraisers for us in 2020/21. We have enjoyed all of our fundraising events online:

Thank you to **Becky Shepherd** who completed a 2.6 challenge in April and ran 2.8 miles for Reflect and **Sophie** who sold tomato plants that she had grown to raise money for Reflect.

Thank you to a **client** who set herself a running challenge and ran a marathon over several days and raised £213 for Reflect. She wrote "Marilyn at Reflect has been a huge help to me and I hope this money will mean the charity can support more people who are struggling."



Thank you to everyone who attended and supported our **Virtual Quiz** on zoom on Saturday 6th February at 7.30pm The Virtual Quiz fundraiser raised £2000 & many thanks to Paolo for completing his challenge of running round his local field in his mankini after £500 was donated on the night!

Thank you to **Sharmanie Hewett, Becky Shepherd, Doug & Sandie Waddell, Kayli Carroll, Chris Seel, Jill Gates** and the **Allen Family** who all walked (or ran) 50 or 100 miles throughout March to raise money for Reflect- thank you!

Thank you to all of the trusts and organisations who generously gave grants to Reflect. This has been very gratefully received by Reflect.

£324 from **North Yorkshire County Council** towards Covid communication costs and advertising.

£1000 from **The Albert Hunt Trust** towards core funding.

£1000 from **The YAPP Charitable Trust** for core costs.

£3650 from **Allchurches Trust** for Covid marketing, training and room rent.

£1000 from **George A Moore Foundation** towards core costs & marketing.



Thank you to the **Co-op local fund** who granted an amazing £2,500.17 to Reflect to help us to launch Thirsk and to raise awareness of Reflect!

In addition, we received £1850.82 in grants from HMRC for flexible furlough of employees within the Coronavirus Job Retention Scheme.

A special thank you also to **Hope Church, Harrogate** for giving us the opportunity to speak about Reflect in your church service and for organising a Special Offering and donating an incredible £8000 to Reflect! We are so blessed by your support and generosity!



And of course, our heartfelt thanks to our amazing team of trained volunteers and our wider team of volunteers – the trustees, supervisors, session supporters and prayer supporters.

Reflect would not be able to exist without you.

And to all those who are reading this and supporting us, we thank you!



Financial Report

Receipts and Payments Accounts for the year ending 31 March 2021

	Unrestricted Fund £	Restricted Funds £	2021 Total Funds £	2020 Total Funds £
RECEIPTS				
Donations	11,707	0	11,707	7,712
Donations (by standing order)	10,072	0	10,072	8,615
Gift Aid	2,188	0	2,188	2,185
Grants/Charities	1,000	10,375	11,375	580
Interest	0	0	0	0
Training	0	0	0	255
Fundraising	3,035	0	3,035	5,704
Other	0	0	0	85
Total Receipts	28,002	10,375	38,377	25,136
PAYMENTS				
Salaries	22,099	2,937	25,035	23,254
Rent/Room Hire	0	360	360	561
Telephone & Internet	110	376	486	427
Publicity/Advertising	0	390	390	980
Insurance	460	650	1,110	1097
Office Supplies	0	98	98	125
Resources	0	0	0	211
Training & Training Manuals	0	0	0	1,316
Accountancy & Payroll fees	0	480	480	1,026
Furniture & Equipment	0	0	0	300
DBS Checks	0	141	141	132
Giving	0	0	0	88
Fundraising Expenses	0	0	0	646
Other Sundry Costs	104	0	104	270
Total Payments	22,773	5,432	28,204	30,435
Net of Receipts/(Payments)	5,230	4,943	10,173	-5,299
Transfers between funds	0	0	0	0
Balance Brought Forward	20,179	0	20,179	25,477
Balance Carried Forward	25,408	4,943	30,352	20,179



Statement of assets and liabilities at the end of the period

The main asset of the charity was the bank balance of £30,352, as shown as the balance carried forward in the receipts and payments accounts above.

Reflect holds general office and computer equipment for its own use, however the value of this is not considered to be material.

Financial reserves policy

We will aim to keep a minimum of 3 months running costs in unrestricted funding reserves at all times.

Accounting

Our total income for Financial Year 2020-21 was £38,377. Therefore, we are continuing to be in the £25-100,000 size charity with the Charity Commission. In addition to submitting our annual return online, we also need to submit a PDF copy of our accounts and trustees annual report. External scrutiny is required and we have appointed Lynne Bowser to undertake this.

Our 2020-21 year end closing balance of £30,352 was greater than our opening balance of £20,179. This was in part due to unspent restricted funding, which will be used for projects in 2021-22.

Declaration

The Trustees have taken advantage of section 43(2) of the Charities Act 1993 and prepared the accounts on a receipts and payments basis.

The trustees report and accounts above were approved at a meeting of the Trustees held on 24th January 2022

Signed C.J. Blanshard

Date 25.1.22

Name Christopher Blanshard

Position Secretary

Signed R Bulley

Date 26.1.22

Name Rachael Bulley

Position Trustee

For and on behalf of the Trustees



Independent Examiner's Report to the Trustees of Reflect

I report to the charity trustees on my examination of the receipts and payments accounts and the statement of assets and liabilities of the charity for the year ended 31 March 2021, which are set out on pages 17 to 18.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- ~~1. — accounting records were not kept in respect of the charity as required by section 130 of the Act; or~~
- ~~2. — the accounts do not accord with those records.~~

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed by

Date 5/1/22

Name Lynne Bowser (AAT)

Position Accounts Manager