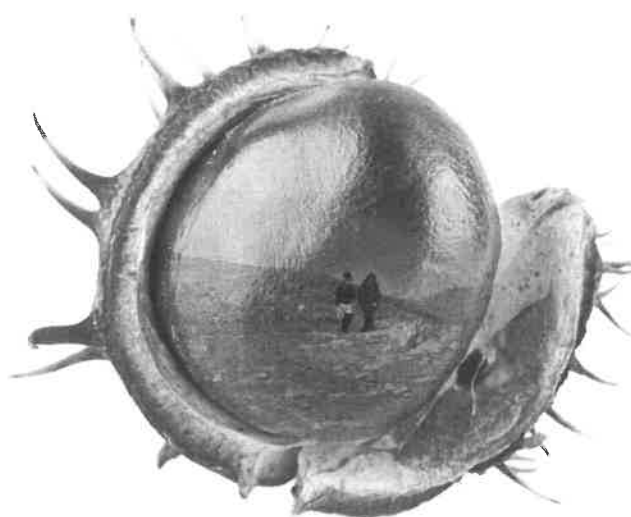




WILDERNESS FOUNDATION UK

(51.7659°N, 0.6674°E)

www.wildernessfoundation.org.uk



**ANNUAL REPORT
AND FINANCIAL STATEMENTS
FOR THE YEAR ENDING
31st DECEMBER 2023**

Wilderness Foundation UK/ Registered Company No. 06003527
Registered Charity in England No. 1118493/ Registered Charity in Scotland No. SC041697

WILDERNESS FOUNDATION UK

CONTENTS

FOR THE YEAR ENDED 31 DECEMBER 2023

Reference and Administrative information	1
Trustees Annual Report	2-38
Independent auditor's report	39-42
Statement of financial activities	43
Balance sheet	44
Statement of cash flows	45
Notes to the financial statements	46-55

WILDERNESS FOUNDATION UK

REFERENCE AND ADMINISTRATIVE INFORMATION FOR THE YEAR ENDED 31 DECEMBER 2023

Trustees	G VB Thompson	(Chair)
	T Aykroyd	(Chair of Environment Committee)
	E Posey OBE	
	JK Roberts	(Founder Director and Chief Executive Officer)
	V Martin	Resigned 18/05/2023
	MA Williams	(Chair of Governance Committee)
	Dr P Hobson	
	P Martin	(Chair of Finance/ General Purposes Committee)
	A Sheepshanks	
	JA Fosh	(Chair of the Social Benefit Committee)
	AL J Gibbs	
	MD Soutar	(Chair of the Scotland Committee)
	P Grewal	
	T Platts	
	S J Carver	
Secretary	JK Roberts	
Registered numbers:	Charity England:	1118493
	Charity Scotland:	SC041697
	Company:	06003527
Registered office:	Trinity House 2 Whitbreads Business Centre Whitbreads Farm Lane Chatham Green Essex CM3 3FE	
Banks	Barclays Bank 40-41 High Street Chelmsford CM1 1BE	
Auditor	Edmund Carr LLP 146 New London Road Chelmsford Essex CM2 0AW	

WILDERNESS FOUNDATION UK

INTRODUCTION FOR THE YEAR ENDED 31 DECEMBER 2023

The Directors, who are also the trustees of the charity for the purposes of Charity Law, present their annual report, which is also the Directors report as required by the Companies Act and the audited financial statement of the charity for the year ended 31 December 2023.

The financial statements have been prepared in accordance with the accounting policies as set out in the note 1 to the financial statements and comply with the Charities Act 2011 and the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities applicable to entities preparing their accounts in accordance with the Financial Reporting Standard in the UK and Republic of Ireland (FRS102)" as amended for accounting period commencing from 1 January 2019.

This report represents the twelve months to 31 December 2023 and describes what the Wilderness Foundation UK achieved, explains our constitution and governance arrangements, and outlines our future plans.

We would like to thank the donors, sponsors, and friends of the Wilderness Foundation for their tremendous contributions in enabling us to make meaningful impacts for nature and people, and to reach our largest number of beneficiaries in our history, during this year.

Chair of the Board of Trustees Report



Once again, I am delighted to report another busy and productive year for the Wilderness Foundation UK (WFUK). Building on the hard work of the post pandemic years we proudly report our greatest impact in terms of the people we have engaged with during the year reaching 8000.

Following my appointment as Chair of The Wilderness Foundation UK (WFUK) three years ago, the Board decided on a strategy to grow the charity given the dramatic increase in demand post pandemic for our services and capitalising on the strong base established by our exceptional Chief Executive and her team and the excellent governance structures put in place by my predecessor. Our committee structure has served us well providing focus for our three key areas of work, Education, Environment and Therapy and enabling Trustees to engage more closely with our work and share their expertise to support our busy core team.

Against this background, I am also pleased to report further increase in our total income from £558,400 to £690,455, an increase of 24%. Our costs have also risen with total expenditure of £757,342 as compared to £615,831, an increase of 23%. The resultant deficit of £66,887 as compared to £57,431 reflects the decision to invest an exceptional one-off donation of £109,000 received in 2021 in the further expansion of our operations in 2022 and 2023. This has reduced our reserves of £409,835 at the end of 2021 to a more appropriate level of £285,517 at the end of 2023.

Whilst the social therapy activities of the charity have continued to grow rapidly, with a 12% increase in participation hours year on year, the Environment Committee felt more could be done to fulfil our mandate for wilderness protection and nature engagement. As announced on 22 April 2024, we have been extremely fortunate to be able to address this through the purchase of 92 acres of semi-natural ancient woodland (Mann Wood) funded by BIFFA Award and Banister Charity. Since this acquisition was completed after the year end, it does not feature in our financial statements other than as a post balance sheet event. (see note 27 in the financial statements.)

Mann Wood is only ten minutes' drive from our head office and close to Chelmsford and Braintree. Over the past 30 years, David Boyle has brought the wood into single ownership and is now trusting us with the care of this treasured asset. Over the past six years, WFUK has been using Mann Wood for a range of therapy and outdoor engagements. These activities will continue and be expanded but we can now also focus on the environmental aspects including enhancing biodiversity, climate change mitigation and carbon capture. Our objective is to manage the woods in such a way as to provide a model for other owners seeking to protect their woodlands with the gradual implementation of minimising management. We aim to partner with academic institutions and citizen science to map how the process of minimising management may enhance biodiversity and mitigate climate impacts.

This acquisition is also a major milestone for us since it is the first land to be owned by the Foundation since we started in 1976. Preserving this exceptional place is also imperative given the exponential housing development in the areas of Chelmsford and Braintree (alongside other parts of Essex). Our objective is to maintain the wood as a vital green space for the community to enjoy.

The woodland will also serve as an alternative location for services currently provided at Chatham Green, our headquarters, where over many years we have established a beautiful and inspiring place to work with communities and people from across Essex. Our strategy to continue development across Essex where there

WILDERNESS FOUNDATION UK TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 DECEMBER 2023

is deprivation and demand for our services is supported by key partnerships such as the National Trust in Hatfield Forest, Colchester City Council in Highwoods and the Spains Hall Estate.

This ties in with the exponential increase in demand for our outdoor therapy services. Over the past year, hours of therapy offered to individuals (with high numbers of younger children) has grown significantly by 68%, as too the number of groups that we serve who come for various reasons including Domestic Violence. With demand so high, we battle to raise the funds needed to meet the requirements of offering a rapid response rather than leaving people on waiting lists for months when they are in need of urgent help. Statutory services are referring their complex cases to us as they are strapped to deliver a response in a short space of time. As our reputation has increased, so have our referral numbers – in some ways a happy result – but not when families, children and other vulnerable people are struggling with mental health issues. We are particularly grateful to the National Lottery for their support over three years and other funders who recognise the growing problems of mental health decline.

We have also seen a sharp rise in referrals from Social Prescribers working to pathway patients from GP services, but again this does not come with funding, further exacerbating a growing funding problem for charities such as ourselves.

During the year we made changes to the team running our Treun Scotland programme and invested time in a fresh start bringing on a dynamic new Project Coordinator based in Perthshire who arrived with youth work experience, mountain leader training and who worked with Mountain Search and Rescue and so has all the ingredients to motivate, inspire and lead young Scots to love nature and wild places, and thereby grow belief in themselves. Further staff appointments are being made in early 2024.

We continue to learn and grow from the monitoring and evaluation of our groups and individual clients and are grateful for the feedback we receive that puts nature firmly in the centre of recovery and building resilience and hopefulness on the journey to mental wellbeing.

Whilst delighted to report on the successes of 2023, it is clear that with a difficult political and economic environment, funding will be a challenge in 2024 to maintain our current position and achieve new targets. To address this, we have taken on more fundraising support and invested in growing the administration team who deal with referrals.

The growth of a strong Senior Management Team over the past year has served to provide a stable base for our development over the next couple of years. Meantime our focus will be on securing the future of Mann Wood and continuing our expansion within Essex to provide an attractive base in order to take our exceptional model outside Essex in the future.

In April and July 2023, we made an essential cost-of-living adjustment to support staff. I would like to record my thanks to an exceptional CEO for her dedication and vision in addressing some of society's most pressing problems and to our committed staff and freelance team who are passionate about their work notwithstanding the challenges of a growing business and the difficulties of the economic environment. We are nothing without them. I am also grateful to the Trustees who give their free time extensively and bring an impressive level of expertise.

Vincent Thompson
Chair of Trustees
June 2024

WILDERNESS FOUNDATION UK
TRUSTEES’ REPORT (INCLUDING DIRECTORS’ REPORT)
FOR THE YEAR ENDED 31 DECEMBER 2023

Our Objects and Aims

Founded in 1976, WFUK has sought to pursue its objectives through the three disciplines outlined below, all of which are interrelated and support each other. Our approach to all three disciplines has been academic with regular and comprehensive monitoring and evaluating, supported by a long-term relationship with The University of Essex, The Judge Business School, Cambridge and Writtle University College. The five-year track record included under the Financial Review on page 37 bears witness to the success of our approach and the increased demand for our services and our growth over the past year. We aim to continue our development of all three disciplines.

Our charity’s objects as set out in the company’s memorandum of association are:

To advance the education of the public by increasing knowledge and understanding of wilderness and the conservation thereof and the interrelationship between wilderness and the environment generally by the provision of instruction and of opportunities for direct experience of wilderness; to initiate and manage social benefit programmes which use wilderness experience to enable vulnerable and disadvantaged people to play a fuller role in society (especially the young).

These philosophies are deeply embedded within the guiding principles of the organisation, and WFUK undertake to support and facilitate programmes and advocacy under the following banners:

		
ENVIRONMENT	EDUCATION	THERAPY
		
Climate change mitigation around nature, rewilding, and sustainability. Inspiring programmes including youth action projects, making positive changes for the environment and nature.	Environmental and curriculum-based workshops for Primary, Secondary and SEND schools as well as our Leadership Academy involving team building and wilderness expeditions.	Supporting vulnerable young children, teens and adults in personal growth, improved mental wellbeing and resilience. Working with wild nature as a therapeutic tool to gain perspective and understanding.

The nature of our work intertwines these objectives. Those who are referred to us for a therapeutic reason always leave with an understanding of the natural environment and vice versa. Therefore, whilst the following report looks to define the work undertaken within each discipline, there are often overlaps.

WILDERNESS FOUNDATION UK

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 DECEMBER 2023

The majority of work is undertaken at our headquarters at Chatham Green, located in the rural outskirts of Chelmsford in Essex. Other satellite sites include Essex based spaces such as Mann Wood, (near Gt Leighs), Spains Hall Estate (near Finchingfield), Highwoods (Colchester), Hatfield Forest (near Harlow) and a range of rural Scottish estates, primarily in South Lanarkshire, Perthshire, and Aberdeenshire.

We refer to the Charity Commission's general guidance on public benefit when reviewing our objects and aims and on planning our future activities. In particular, the Trustees consider how planned activities will contribute to the objects and aims they have set.

The charity was reconstituted in 2006 and changed its name from The Wilderness Trust to The Wilderness Foundation UK.

In 2021 our Governance Committee updated our Memorandum and Articles of Association and worked through the Charity Commission to have these amended and filed.

Additionally, in 2023 we conducted further training and development in First Aid, mentor training, outdoor therapists CPD and training, GDPR, health and safety and safeguarding.

We continued to be registered as an Approved Provider for Essex County Council, Southend Borough Council, South Lanarkshire Council, Perth and Kinross Council, Fife, Aberdeenshire Council and North Lanarkshire Council.

Public Benefit Statement

This statement complies with the duty set out in section 4 of the Charities Act 2006 to have due regard to public benefit as published by the Commission.

The charity was founded in 1976 by Dr Ian Player DMS and Sir Laurens van der Post with the aim of raising the profile and value of wilderness areas, through offering direct experience of wild places to a wide range of the general public, with a focus on young people in particular.

We continue this work today, with our activities focused on three key areas – the environment, education (including leadership) and outdoor therapy with its concomitant social benefits.

Regularly connecting with the public takes place by our marketing officer and we use a range of communication tools, such as blogs, articles, podcasts, lectures, events, sharing research outcomes and social media. This helps us to reach beyond our immediate community of participants and friends on the need for our work and communicate the urgency of creating global and local awareness of the balance between people and nature, and advocates for the wellbeing of both through conservation efforts, social programmes, nature therapy, outdoor activities, and leadership.

"If future generations are to remember us with gratitude rather than contempt, we must leave them with more than the miracles of technology. We must leave them a glimpse of the world as it was in the beginning, not just after we were through with it."

Lyndon B Johnson 1908 – 1973

WILDERNESS FOUNDATION UK

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 DECEMBER 2023

1. The Environment



We aim to protect wilderness and wild places by highlighting economic, social, mental health and biodiversity benefits of wild nature. We encourage our participants to take action to build a sustainable planet.

During 2023 we were offered an extraordinary option to purchase 92 acres of semi-natural ancient woodland close to the main centre. Happily, we were successful in raising the necessary funds to purchase it and by the end of the year had a formal offer of purchase funds from Biffa Award with additional funding from The Banister Trust. (As this report is being written in June 2024, we are pleased to report that the completion of the purchase has taken place and we are now the proud owners of this exceptional space for nature). This remarkable development enables us to have our own land and fits with our strategic aim of increasing environmental land management and a focus on biodiversity and climate mitigation. The Environment Committee met quarterly in support of the main board of Trustees. They continued to follow a long-term growth strategy for our environmental engagement.

To add to our engagement footprint and strategy, we have established partnerships with landowners with strong environmental objectives and continue to drive our network to expand our reach. We have used opportunities to educate and advocate on how biodiversity and rewilding can support the mitigation of climate change, been engaged in volunteering in both England and Scotland, and can offer thoughts and ideas around actions we all need to be taking to reduce our carbon impact on the planet. Our work with Beaver Education at Spains Hall Estate has been key to this.

Our committee and team have focused on the impact of climate change, loss of biodiversity, increasing population, rewilding, pressure from housing development and infrastructure on fragile and disappearing green spaces, and the positive impact of wilderness and protected green space in mitigating climate change and biodiversity decline.

Both our CEO and Professor Peter Hobson, co-chair of the Environment Committee, continue to serve as commissioners on the **Essex Climate Action Commission**. This enables us to make a difference through the commission on climate change mitigation and reaching carbon net zero goals by 2050. We have greatly benefitted from being at the forefront of action across Essex and other parts of the UK.

Our CEO also serves on the Local Nature Partnership in Essex. This forms part of a national initiative for raising awareness of existing and potential areas for protection in each county.

WILDERNESS FOUNDATION UK

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 DECEMBER 2023

The Environmental Education team join various think tank groups of other environmentalists and educators across the country such as Conservation Optimism, Heads of Education Sustainability Group, and close links with Chelmsford City Councillors who are focused on sustainability and environment.

We believe that communities, government, and business leaders have an inherent responsibility to act as responsible custodians of the environment and to support healthy society through best practice. To help educate on the practical application of these concepts, we continue to run a range of outdoor activities for corporates, social service providers, and others. Through the development of ESG and CSR, we are looking to engage with corporate organisations, to help them develop their internal systems and programmes.

During the year the Environment Committee developed a key set of environmental principles to guide advocacy and best practice.

1.1 Partnerships

In 2023, we have developed further partnerships with third party landowners, such as Colchester City Council, which adds to existing successful partnerships with Hatfield Forest in Takeley owned by The National Trust and Spains Hall Estate in Finchingfield, owned by Archie Ruggles Brise.

Colchester City Council enable us to deliver programmes in Highwoods on the edge of the city. This area enables us to access communities of high levels of disadvantage such as Clacton and Jaywick, and other more remote parts of north Essex to the Suffolk border.

Hatfield Forest offers an exciting opportunity to deliver education programmes. It is an internationally significant site, both for its ecology and cultural heritage and is the most complete example of a medieval royal hunting forest surviving today. With over 1,000 acres of ancient coppices and wood pasture and 1,000 years of continuous management, it provides a unique insight of how the countryside was shaped in the years following the Norman Conquest.

Spain's Hall Estate complements our education programmes and environmental goals through regenerative farming and the recent reintroduction of beavers, the first in Essex for over 400 years. The estate has requested we deliver their education programmes on their behalf. Workshops will be run to encourage young people to act for the natural world by inspiring them through an active and engaging environmental mission. This will focus on the beaver habitats, complementing the established education programmes at Chatham Green, by providing a new innovative experience.

The Foundation works with the John Muir Trust, Institute of Outdoor Learning, Learning Outside the Classroom, X-Adventures amongst others and delivers the John Muir Award within programmes in both Scotland and England.

1.2 Environmental Programmes, Youth Advocacy and Climate Action

1.2.1 Treun Scotland

Conservation volunteering is embedded within Treun, our wilderness therapy, personal growth and resilience programme that operates across various estates in Scotland. Participants are encouraged to spend a day on the rural estates, working with rangers and ecologists to undertake conservation

WILDERNESS FOUNDATION UK

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 DECEMBER 2023

volunteering alongside wilderness therapy. For example, peatland restorations, wetland management, vegetation clearing and tree planting. This goes alongside therapy-based wilderness trails over five days.

The programme is delivered on a range of estates predominantly Atholl Estates in Perthshire and the Glenlivet Estate in Aberdeenshire.

Whilst on the wilderness therapy programme, the participants are given the opportunity to be awarded a Leave No Trace (LNT) certificate (see below). We also continue our partnership with the John Muir Trust and our outdoor instructors are qualified in delivering their programme. The John Muir Trust (JMT) is a Scottish charity, established in 1983 to conserve wild land and wild places 'for the benefit of all.' The LNT and JMT awards help the participants to gain a sense of accomplishment, improving self-confidence and self-awareness. At the same time, it advances their understanding of the natural environment and helps develop practical employability skills.

1.2.2 The Learning Outside the Classroom (LOtC) Quality Badge

We received our LOtC badge again in 2023. The LOtC Quality Badge demonstrates that we have passed a robust assessment process and that we meet schools' learning and risk management needs, which applies to all the programmes on offer.

1.2.3 Wild Schools

2023 saw the launch of 'Wild Schools', a new Climate Action Outreach programme for Year 5 and 6 students. The programme's main funding came to an end in 2023 but we persisted with other small grants and donations and we continued to deliver this programme of significant importance to children and young people. Understanding climate change is complex and our team endeavour to make the programme easily digestible, simple in message but also empowering young people to take action and influence in their school communities and become 'environmental heroes'. Learning covers the importance of nature and our relationship to it, the definition of climate change, sustainability and all the concepts around climate change that are out there. After presentations the young people create a youth led environmental project over 4 weeks. Under guidance and supervision, the group decide on a common goal they want to champion. For example, biodiversity, campaigning, or waste reduction. Interest in the project was picked up by the Climate Action Commission in Essex and our head of environmental education made a presentation to the wider commissioning team.

Together with our 'Young Environmental Advocates', the team have enabled fantastic youth led environmental projects. These included increasing biodiversity on school grounds, raising awareness of ocean plastics through a school concert, creating an Eco Trail for a school to participate in and improving a wildlife area at a community allotment for people and local wildlife.

WILDERNESS FOUNDATION UK
TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)
FOR THE YEAR ENDED 31 DECEMBER 2023

1.2.4 Down to Earth Allotments in Chelmsford



The Down to Earth Project currently works out of 6 allotment plots in Melbourne Park, central Chelmsford. A variety of different fruits and vegetables are grown, alongside ornamental plants, and areas left wild for the benefit of native wildlife.

During the year we had a change in facilitation, and this was planned to have as little impact on the participants as possible and we believe this was achieved. The Melbourne Park project offers an oasis of calm in chaotic lives and is predominantly attended by adults with various additional needs including mental health difficulties, learning delays and social exclusion.

They meet weekly, and take on seasonal tasks, from sowing seeds and planting out crops, to harvesting the fruits of their labours, alongside routine jobs like weeding, watering, mowing the grass, and pruning. The social inclusion element of the project is key, and the group sit together at lunchtime to catch up and talk about how the allotment is growing, as well as how they are doing. New participants this year have been referred from charities such as MENCAP and The Children's Society, as well as private care companies, and self-referrals through personal recommendation.

We also cater for a lunchtime club from New Hall School, who come during term-time to help to maintain the allotments to learn basic horticultural skills. This group adds a fresh young dimension to our weekly sessions, provides the students a chance to reconnect with nature during their busy academic days, and also provides the project with a small financial benefit as the schools pay for this service.

Currently, the allotment groups are offered free of charge to our vulnerable participants, and we rely on outside funding to make this happen. This year we are very grateful for the contributions of The National Lottery, Saffron Community Fund, Cherry Fund and Co-op Community Fund which have allowed us to carry out this valuable work.

We developed new infrastructure during 2023 with a site-office shipping container being donated. This provides safe storage and allows us to engage our community even on very wet days where we can take on 'under cover' activities.

WILDERNESS FOUNDATION UK TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 DECEMBER 2023

As part of the Royal Horticultural Society's Communities programme, we hosted a #BigFoodShare including our neighbouring allotment plot holders, members of the local community, local businesses and councilors to share in food made from produce which we grew on the allotment. This event had a fantastic turn out and helped to raise the profile of the Down to Earth Project, as well as reenforcing the importance of the work we do and allowing participants to see the end goal of their hard work. Adding to the sense of circularity, this year we produced salts and oils infused with herbs grown on our allotments giving our participants the chance to see how some of the things we grow can be used. These were sold to raise money and proved a talking point at many events we attended.

Impact :

In 2023, nearly 1,000 hours were spent on the allotment by participant adults and children, with a large number of further hours given freely by our team of volunteers to help maintain the allotment space. Some of these hours were kindly donated by groups of corporate volunteers, such as those from Chelmsford Council who helped to clear the area around the newly installed shipping container.

Currently the food grown at the allotment is shared amongst those growing it. However, we also donate food to the homeless charity 'Sanctus' in Chelmsford, to support others in the community in need.

During 2023 we have hosted several public engagements including the Mayor of Chelmsford, amongst other councillors and civic officers. With potential development on its boundaries in 2024 there are further opportunities for the allotments to be accessible to a wider community and grow its impact that we wish to pursue.

1.2.5 Leave No Trace Training

We continue to promote Leave No Trace values throughout all our programmes and through our outreach over the years, we have delivered LNT Awareness training for hundreds of children and adults. This teaches the values and ethics of respecting nature and the outdoors, managing your personal impact on the earth and learning not to leave litter or traces of ourselves wherever we travel outdoors.

**WILDERNESS FOUNDATION UK
TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)
FOR THE YEAR ENDED 31 DECEMBER 2023**

2 Environmental Education and Leadership



Through the year we educated over 7000 young people about biodiversity and nature, their relationship to the wild and how they can care for it. We develop leaders for the future who understand the crucial need for a balance between humans and nature, to ensure a sustainable future for all. We continue to develop our offering to include primary, secondary, graduate, and postgraduate education, alongside bespoke training for businesses and corporates.

Wilderness Leadership Programmes have continued to take place in Scotland this year.

2.1 Education

We understand that learning from an early age embeds practice and forms mindsets. For this purpose, we take our role as environmental educators very seriously. Through the year, we delivered a range of curriculum-based education opportunities to children and teenagers about biodiversity, natural history, and geography linked to landscape and the sciences.

During the outdoor classes we teach Leave no Trace ethics, principles of sustainable living, and aim to build a long and lasting love and connection to the wild.

We continue to work with schools and young leaders to develop a social and ecological experience through wilderness journeys. Since Covid we have not replaced our South African Wilderness Leadership trails which have existed since 1976 but have been offering journeys in Scotland. We continued to work with schools under the Haberdashers' Company and liaised with existing partner schools to develop a trails programme for 2024 and 2025. The work with young leaders of the future is core to the mission of the Foundation and the Environment Committee.

We aim to rebuild our historic South African programme of Wilderness Leadership in 2024 as it struggled post covid to enable school groups to take up international travel. We know that exposure and experience of Africa is life changing for many, but also develops a deeper understanding of environmental and social issues in an unforgettable way and we encourage all our young leaders to take learning back into their future lives by supporting them with leadership tools, vision and purpose.

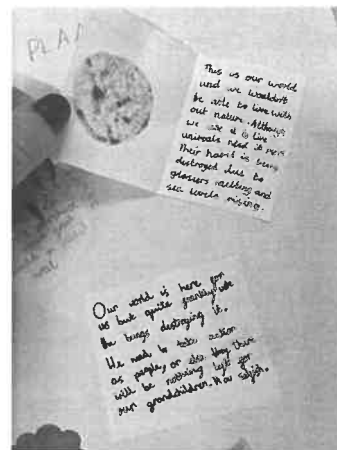
WILDERNESS FOUNDATION UK TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 DECEMBER 2023

2.1.1 Wilderness Environmental Education

The Wilderness Environmental education program engaged a total of 7,100 young people from January to December 2023. The team expanded to new sites and launched a series of brand new workshops.

Climate Action

2022 saw the launch of Wild Schools, a new Climate Action outreach programme for Year 5 and 6 students. The programme for 2023 was funded for five classes to each receive four interactive presentations focused on the importance of nature, understanding climate change, sustainability, and planning environmental projects. Wild Schools has been an influential programme delivered within schools, to encourage stewardship of the environment by giving young people the knowledge and empowerment to make a difference.



"Thank you for the sessions. The children have been very inspired by all the talk of ponds and bug hotels and hedgehog homes, and have also loved talking about the bigger picture threats to the planet. It's been great seeing your smiley faces every week. Really hope we can do this again next year!"

– Teacher at Writtle Juniors

In 2023 the team delivered environmental education to schools at three sites in Essex - our headquarters at Chatham Green, National Trust Hatfield Forest and Spain's Hall Farm Estate in Finchingfield. Across the year the team engaged nearly 2,500 young people from schools, with further 4,500 being made up of Special needs groups, children's camps, events and other engagements including bird ringing and our young ambassador programme. This includes early years all the way to secondary school.

For the first time WFUK staff guided young people around the beaver enclosure at Spains Hall Farm Estate, home to the first beavers to return to Essex in over 400 years. Children and teachers experienced firsthand how beavers transform the landscape – an immersive and memorable encounter that brings to life the animals' crucial role as ecosystem engineers. The team demonstrated beaver adaptations and how these enable the beavers to create more biodiverse habitats. Beavers are elusive creatures so the team bring out our helpful beaver diagram, Bertie, to help with the explanations.

**WILDERNESS FOUNDATION UK
TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)
FOR THE YEAR ENDED 31 DECEMBER 2023**

'We were very impressed with the organisation of the day and how smoothly it was run. The leaders were engaging, and the children loved being hands on. The leaders were enthusiastic. The children loved it!'

–Teacher quote from a School Visit 2023

Holiday Camps



School holiday camps have continued to be successful across 2023 with a total of 719 young people joining us throughout the year. This year we have found that more SEN young people are finding our camps, allowing us to provide specially adapted opportunities for young people who would not usually be able to stay all day at a holiday camp with other young people of different ages.

SEND Group education and Experiential learning Opportunities

Special Education and Disability groups (SEND) have continued throughout the academic year. The sessions have continued to be of extreme value to the wellbeing of students and teaching staff.

In 2023 we have been reached by new SEND schools and we plan to continue expanding our reach in 2024. We have had a total of 332 SEND students visit us across the year and we continue to work closely with each school, ensuring that every visit is specifically tailored to the young people's needs.

Youth Advocacy

Youth advocacy continues to have grown in the year with the continuation of the Team Sapling group (aged 12-15) and the completion of the new Wildlife Area at the allotments.

During 2023 we have been working on the launch of our 2024 Youth Voice programme which will incorporate a wider age range of committed young people who wish to do more for the environment both practically and through outreach.

WILDERNESS FOUNDATION UK

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 DECEMBER 2023

Events:

- Open Farm Sunday, continues to be a success, seeing many returning visitors as well as new faces to the Foundation. We also ran our third annual Santa in the Woods event, which was a great success despite inclement weather.
- We were part of the Essex Schools Food and Farming Day, which ran for the first time since 2019 due to the pandemic.
- The team also hosted corporate outdoor days for various teams who wanted to work specifically in volunteering or climate activities.
- Rotary Club Essex, for example, have been key supporters of a range of volunteer and team initiatives on our sites.

2.2 Leadership Programmes

Whilst protecting the environment, we also understand that effective leadership and advocacy is enhanced through direct experience of the natural world. We facilitate this by using experts in their field to deliver the programme, which includes team building exercises alongside education regarding Corporate Social Responsibility (CSR) and Environmental Social and Governance (ESG).

We live in a world where the disconnection with nature grows daily and there is urgency to address this as resources and biodiversity diminish. Climate change is a vital area to address and support all groups to play their part in contributing to a more sustainable future. The Foundation is linked to a wide range of influential groups and think tanks in this realm and seeks to address public engagement and action through its varied programmes, both social and environmental.

The increase in corporations and organisations looking to evidence their environmental and social responsibility dovetails into this work and we continue to build relationships with business groups and corporates who volunteer or donate to support our work.

All our programmes have included:

- building respect for the earth's rich but diminishing biodiversity;
- the value of simple and low impact experience of the outdoors;
- the benefits of leaving no trace and an undisturbed environment;
- understanding the challenges that nature endures at present and how we as individuals and collectively support nature and the environment; and
- Nature needs Half and we have to make space for nature to thrive and inter alia for us as a species to survive.

During the year we hosted four corporate events with one large event for a London based media company for eighty participants including evening activities and dinner.

2.2.1 Wilderness Leadership Academy

Continuing many years of working with Haberdashers' Company schools, in 2023 another group of 8 young school leavers were successful in winning a scholarship to take part in an in depth social and environmental programme based in Scotland. The group canoed the length of Loch Awe, the longest inland loch in the country before working as volunteers on the slopes of Ben Nevis with the Nevis Partnership.

WILDERNESS FOUNDATION UK
TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)
FOR THE YEAR ENDED 31 DECEMBER 2023

Young people currently coming through the scholarship programme tend to be from non-affluent backgrounds. For most, Scotland was a novel and new experience, made easier to manage with the lingering pressures of covid, that were still affecting them in the background. By focusing on domestic delivery of the programme, the transport was more sustainable, whilst also allowing us to support local communities.



Students were bright and engaged, some camping and canoeing for the first time in their lives. One participant quoted:

'Applying for the Scotland trip was a massive step out of my comfort zone. I have always loved going on hikes and being in the outdoors, but I had never wild camped for more than a night. However fast forward to now, I am still telling people how amazing my time was in Scotland and how much I enjoyed every minute. Yes there were times when I found it difficult, especially when it was raining whilst we were canoeing down the Loch however being around such lovely people made the experience so worth while... The expedition itself has taught me some valuable lessons, like for example, I now use my phone so much less than I used to so I can properly take in the surroundings around me'. OB

WILDERNESS FOUNDATION UK
TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)
FOR THE YEAR ENDED 31 DECEMBER 2023

3 Social Benefit and Outdoor Therapy Programmes



We aim to support vulnerable children, young people and adults in personal growth, improved mental health and resilience. We work with nature as a therapeutic tool to gain perspective, a sense of belonging and understanding. More and more people are gaining understanding of how much better being in nature makes them feel and this has really helped us in our work. Feedback often contains words such as ‘relaxed’, ‘peaceful’, ‘finding myself’, ‘feel I am part of something’.

Through the year, we worked on key social issues in our communities that benefit from therapeutic wilderness programmes – providing a range of experiential, outdoor based programmes that improve physical and mental wellbeing for the individual, many of whom are disadvantaged and vulnerable. For example, in Essex where our headquarters are based, Domestic Violence has become a major priority and an area that we support the police and other domestic abuse charities and services through our Blossom programme.

In our Treun Scotland programme we also find an increasing number of referrals of young people who have experienced domestic abuse, much inflamed during the Covid pandemic when families were locked up together, and school was not there to help add structure and support.

Throughout 2023, we delivered bespoke and tailored therapy interventions to over 2000 beneficiaries that harnessed the healing power of nature. We resourced and supported a wide range of vulnerable children, teenagers, vulnerable adults, and those with SEND needs to see improvements in their behaviour and mental health and an improved connection to nature.

At the core of these interventions are carefully developed physical and psychological wellness programmes, which aim to provide specific support for our participants. These include tools to regulate their own mental health, employability, resilience building, coping mechanisms, aspiration, self-esteem & confidence building, and skills development or vocational training aspects.

Furthermore, we have again seen how powerfully young people respond to spending time in wilderness areas. Based on a long history of using the healing power of nature for personal and social

WILDERNESS FOUNDATION UK TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 DECEMBER 2023

transformation, we continued to integrate various levels of long and short Wilderness Trail activities into our holistic intervention projects.

Through research, our monitoring of social and personal change, and improvements in mental health, enabled us to share outcomes. This demonstrated the benefit and value that wilderness and wild places offer everyone in our communities, with a focus on those in need.

We consult all our participants through a structured, academically led, and informal feedback process. Since 2007, this has been supported by our longitudinal research and analysis by the University of Essex, and internal assessments of projects such as the 'Out There Academy'.

The measured benefits of time in the wild, supports the urgent need to protect our remaining wild and green spaces, not just for their biodiversity and landscape value but also to improve the wellbeing and mental health of society. We share our outcomes widely through a range of papers, blogs, conferences, documentaries, and the media.

3.1 Treun Scotland



Treun supports young people in areas of high youth unemployment and disadvantage in Scotland. Young people who display an interest in the outdoors and are experiencing difficulties with their mental health are targeted to take part. The project provides nature-based experiences and conservation volunteering opportunities, focusing on personal development, wilderness therapy and skills-based learning opportunities within wild, rural areas. We remain a proud partner with Scottish Land and Estates.

During the year the team continued to pick up on the lasting effects of the Covid pandemic and re-establishing links with existing schools and building new connections.

New therapists and guides have been recruited and have shadowed existing staff as part of their training.

We increased the number of trails post covid and delivered four programmes during 2023. During the year we also invested in building new networks, which amongst others includes the Scotland Rural Mental Health Forum, talks and events run by Youth Scotland and Place2Be Scotland. We refreshed our delivery and also engaged with new schools for 2024.

During 2023, we worked with a range of teens aged between 13-15 years old, with different emotional and behavioural needs. Mental health difficulties include trauma, depression, anxiety, gender dysphoria, suicidal thoughts, self-harm, surviving domestic violence, behavioural and emotional

WILDERNESS FOUNDATION UK TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 DECEMBER 2023

disorders, eating disorders, bullying and self-esteem issues. Participants are encouraged from all backgrounds and the programme is inclusive, seeking to engage all genders, sexual orientation, and ethnic groups.

One to one time as well as group therapy offers a powerful opportunity to build self-confidence, social skills and to work through issues that may be troubling them. The participants carry out a volunteering programme and they earn the John Muir Award and Leave No Trace accreditation. Six weeks support counselling is made available for graduates to support them once home after the trail.

Group sizes range between 6-8 participants thus keeping the groups small to ensure personalised attention, and measured impacts included:

- Happiness
- Leave No Trace awareness
- Teamwork
- Understanding feelings
- Friendship
- Liking myself
- Camping skills and nature ID

The project is very appropriate for the YP. It helps with building trust and confidence and I can see the benefits for the young people first hand. It does require a lot of work to get them out but when they are there it is of huge benefit. From my perspective the candidates are exactly right for the programme. They are mostly young people who tend to lack confidence and self esteem and will benefit most from the challenge of getting out and away in a nurturing but stretching environment'. Teacher 2023.

*'I have really enjoyed myself. I have learned that I can do a lot of things if I put my mind to it'
'I have learned how to make friends and talk to them.
I have a better understanding of nature and respect for it. I like now to spend time outdoors as well as technology'.
Treun beneficiaries 2023.*

**WILDERNESS FOUNDATION UK
TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)
FOR THE YEAR ENDED 31 DECEMBER 2023**

3.2 Out There Wilderness Academy



The academy works with young people aged between 13 – 15 years old and are primarily referred by schools. Many are not attending education, are involved on the edges of gangs or anti-social behaviours, experience family breakdown and/or, have significant behavioural and emotional issues. It is a six-week course, one full day a week. Additional therapy is offered to those who need more support.

Across the year we have worked with participants facing complex issues in their lives, commonly anger and emotional problems, ADHD, anxiety and depression, school refusing, suicidal ideation, grief, gender issues, exposure to gangs, autism.

In 2023 we delivered 9 cohorts of the Out There Wilderness Academy. This served **63 young people** and provided **1,380 hours** in person time and over the year we saw **58%** overall improvements across all groups on our measured outputs and saw the greatest improvement in the following areas:

76% Life Skills and Knowledge

70% Improved Mood

65% Feeling More Confident

65% Independent Living Skills



WILDERNESS FOUNDATION UK
TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)
FOR THE YEAR ENDED 31 DECEMBER 2023



Quotes from clients:

"Don't judge people before getting to know them"

"Talking is better than keeping quiet about things"

"I need to learn to open up, I have struggled to talk about my feelings, and this has helped me back."

"I need to be calmer about things".

"Nature is calming. How to make a fire and that if I try my best, I can achieve a lot!"

We believe the Out There programme enables young people to realise their potential and feel confident in moving forward in education or employment. We don't preach to them, we encourage and mentor them in believing in themselves and the possibilities the future holds. Nature allows them to find the space to grow and find their emotional resilience and by working in a group and taking part in activities they are able to consider the effects of their behaviour on other people.



WILDERNESS FOUNDATION UK TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 DECEMBER 2023

3.3 TurnAround - Cohort 15 & 16



Turnaround is a nine month intervention for young people aged between 15-21 years old. They are referred with significant complex mental health, trauma, and behavioural needs. The programme includes one to one mentoring, regular workshops, and two wilderness therapy expeditions, family and other referral engagement, and a formal graduation. It is run by outdoor leaders and a wilderness therapist, who are supported by volunteers. One to one therapy is also offered to those who require an additional level of support.

In 2023 we completed cohort 15 of the TurnAround Project and started cohort 16 later in the year with their graduation planned for early 2024. Overall, we delivered **2,679 hours** of support in person time, and overall, we saw an average improvement across the group of **58%**.

- **83%** of the group showed improvements in their Happiness, Self Confidence and Self Acceptance.
- **67%** of the group showed improvements in their ability to Trust and Love others, and Substance Misuse.
- **50%** of the group showed improvements in their Family and Other Relationships.

We have worked with participants presenting the following issues, which include, but are not limited to, complex mental health issues, self-harm, depression and anxiety, suicidal ideation, NEET, SEND, anger and mood disorders, isolation, confidence and self-esteem issues, relationship breakdowns, grief and loss, recovery from substances, and domestic violence recovery.

In the final weeks of the programme and post-graduation the participants reported the following successes/progress in their lives:

Successfully gained employment, enrolled in further education, confident to return to school to finish GCSE's following school anxiety and bullying barriers, taking confident steps to become self-employed, increased knowledge and understanding of the risks to personal safety online, the confidence to declare a career path to family that is true to them rather than what was expected of them, integration with community through attending youth and exercise groups, a greater understanding of how to access and utilise nature in their local area for their ongoing wellbeing.

**WILDERNESS FOUNDATION UK
TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)
FOR THE YEAR ENDED 31 DECEMBER 2023**

"I have more confidence in myself and I'm more pleasant to be around, also have a better attitude about myself and will now look after others and myself better." TA participant.

What we achieved:

In the final weeks of the programme and post-graduation the participants reported the following successes/progress in their lives:

Quotes from the group:



"I got out of Turnaround the optimism and drive I used to lack in my everyday life. I learnt to care for people and respect them and to accept advice and be prepared to see things through"

"I will do more stuff for myself. I will be more authentic to how I'm feeling. More confident in life. Have a better attitude to life. I am looking forward to the future"

"Hardest thing was getting involved and joining the program. The best was climbing mountains and the beautiful views."

**WILDERNESS FOUNDATION UK
TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)
FOR THE YEAR ENDED 31 DECEMBER 2023**

3.4 Blossom Domestic Abuse Project



We ran seven cohorts, in 2023, for women children and teenagers in separate groups. The group therapy programme offered at least eight weeks for each cohort, a total of 1,574 hours of mental health support to survivors and witnesses of domestic abuse.

After completing the programme, 100% of adult participants reported they were managing to keep healthy and physically active, and 100% of teenage participants reported their life skills and knowledge had improved.

70% of adult participants reported that they understood why they have had to change the way they lived, they were coping well with the changes in their lives, and they can talk to someone they trust if they do have bad thoughts. While 70% of teenage participants reported their physical health, mood, respect for others, and relationship at home had improved.

We are grateful to the Essex Police Fire and Crime Commission for their support, our referrers and The University of Essex for their research and academic support.

*"Thank you to everyone at the Wilderness Foundation.
You all do such amazing things! Thank you to Jo and everyone else from the Blossom Project.
Not just for the opportunity but for everyone's kindness.
It helped me remember the outdoors is such a freeing and healing place. I even found a friend for life!
One day I want to return to help someone else change their life for the better!"*

- TN 30 years

**WILDERNESS FOUNDATION UK
TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)
FOR THE YEAR ENDED 31 DECEMBER 2023**

3.5 Brave Futures Therapy Programme



Brave Futures offers mental health support in nature-based workshops for adults, children, and teens. The groups attend for eight weeks, one day a week. The programme is run by two outdoor therapists with the help of volunteers.

We ran six cohorts from Braintree using generous funding from Eastlight, and two programmes with residents from Colchester and Tendring with support from Live Well Fund. We are grateful for other funding which included specialist work to cover suicide prevention. This was an increase of group provision from five cohorts in 2022 to nine cohorts in 2023.

Outcomes were consistently positive, for example, out of one child and one teen group, 100% of the teens reported their social networks and friends' improved; and 80% of the children had improvement in Life Skills and Knowledge and in Feeling Confident after completing the programme.

WILDERNESS FOUNDATION UK TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 DECEMBER 2023

3.6 1-2-1 Nature-based and Online Counselling



During 2023 we had our busiest ever referral year for one to one and group counselling with a waiting list that kept growing. We understand that due to the delays in many statutory services we have become known as a space for children, teens, adults and families to receive help for all forms of mental health crises. We noticed a significant growth in children's referrals – presumably linked to our outdoor counselling and therapy services that often suit clients who need engagement in a more dynamic manner.

We have aimed to keep our waiting times as short as possible but with demand and funding being limited we have had to adjust our waiting times to around a month. This compares favorably with many statutory waiting lists that can extend to 12-18 months.

In terms of referrals, we continue to be referred to by schools, Family Solutions, other charities but the bulk of referrals still come through Child and Adolescent Mental Health Services (CAMHS), Health Care Resourcing Group (HCRG), and social prescribers attached to GP services. Apart from HCRG all other support leans back on our own fundraising.

Currently, we work with on average 300 referral agencies and schools, with ages ranging from 4 to 75 years old. On average, the referrals are offered 10 sessions and have reported significant improvement in mental health and wellbeing as a result of the therapeutic intervention.

In 2023 we provided 3,872 hours of 1-2-1 counselling to individuals, compared with 2,297 hours in 2022.

On average, 41 referrals were received each month throughout the year and due to the continuous high demand of the counselling service and limited funding, waiting time has increased from as short as 2 weeks to 3 months.

64% of the counselling hours were supported by our own reserves while we were waiting for funding, and thanks to The National Lottery Fund, we could continue to offer free counselling to people in need from August 2023. We are grateful to the NLF for enabling us to maintain this service

WILDERNESS FOUNDATION UK TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 DECEMBER 2023

which remains critical for early intervention, trauma impacted clients and those experiencing anxiety, depression, self-harm, suicidal ideations amongst other complex presentations.

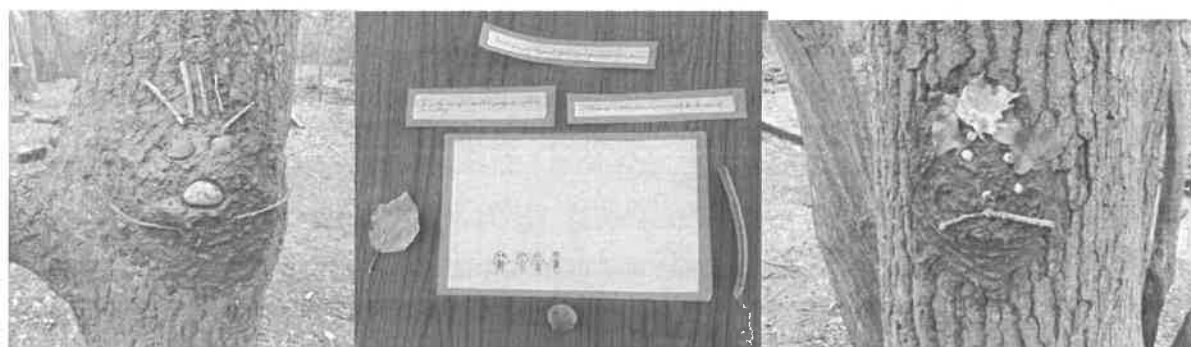
Out of the questionnaires completed and returned by individuals, 100% reported improvement in challenging behaviours, relationship, emotional distress and social isolation after receiving counselling support; 79% reported improvement in conflict with family; 63% reported improvement in risky behaviour, and 54% reported improvement in aggressive behaviour.

"The family was happy with the funded counselling. It's absolutely incredible that you made it happen within the funded offer. Thank you lots for your hard work and dedication. Our families love you!"

SET CAMHS, Mid Essex

"They (the therapy team) are simply amazing. My child has benefited so much from the therapy and we are so grateful for how they've supported us as a family. It is just all so well organised and easy. The office is very efficient!"

A mother whose child attended 1-2-1 nature-based play therapy



3.7 Therapy Staff and Training

In order to continue to deliver the important work that we undertake, we are supported by a skilled and passionate team of facilitators and counsellors. During the year we grew our team and counsellors, which includes those based in Scotland.

3.7.1 Association of Outdoor Therapists and Facilitators and Supervision

Supervision for all counsellors is offered through engagement with our clinical supervisor every six weeks. Five new placement counsellors joined during the year, and they receive additional support. New counsellors are invited to shadow existing groups alongside more experienced team members. This helps

WILDERNESS FOUNDATION UK TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 DECEMBER 2023

them understand the locations we operate in, our culture, safeguarding practices, and processes, alongside Leave No Trace ethics.

Each group concludes with a feedback session to evaluate any safeguarding needs, our delivery, and outcomes. Reports are made to referring agencies.

CPD training events were held across 2023 for feedback and professional development in areas alongside offering a new therapist peer support group.

The team expanded again with new therapists wishing to join the Foundation and we have continued to improve on our training and induction processes for our new therapists. This includes outdoor skills, alongside learning new ways of working therapeutically in nature.

3.7.2 Outdoor Therapy Immersions for referral agencies and other groups

During the year we continued to deliver wellbeing days for referral agencies and other social care agencies who work with the Foundation or who have been interested in our work, for example, Anglia Ruskin University and Post Adoption team. Groups learn about our services in more depth, gain experience of our working outdoors by taking part in activities and the feelings and outcomes associated with these whilst also enjoying the peace of the natural environment. They are bespoke groups that we create specialist facilitation plans for, including their own team needs and any issues.

As the teams have developed a more in depth understanding of our work and delivery, our referral process has improved significantly. We feel we are also able to contribute to the wellbeing of teams who work at the coal face in very stressful roles.

In addition, we supported corporate days, enabling teams to access wild nature and a beautiful environment, whilst they explored and developed their work practice, leadership, and team support.

3.7.3 Wilderness Therapy

We offer accredited Wilderness Therapy training and have restricted the enrolment to include only therapists and counsellors, to further develop their outdoor training. During 2023 we delivered two programmes at Chatham Green including a three-day, two-night Wilderness Therapy introductory theory training at our site in Chatham Green, followed by a longer residential course.

'Broadened my theoretical and experiential knowledge of working safely and creatively for the purposes of therapy, within and utilising the wilderness.'

This training is for counsellors/psychotherapists, which means that it goes to a certain depth and as a participant, I gained a lot of insight from other fellow therapists. I would highly recommend this course.'

'Just the right mix of content, plenty of depth with the theory, risk assessments and group dynamics with nature and outdoor thread throughout. Experiential learning through nature art and activities, time out for solo reflective process. So much value and joy in the share space and perspective of like-minded therapists. J holds the group process with ease continually modelling the ethos and qualities needed to be a wilderness therapist.' Participants 2023

WILDERNESS FOUNDATION UK TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 DECEMBER 2023

3.7.4 Mentor Training

We have noticed post covid that there has been a dramatic drop in volunteer numbers which is shared by others in the industry. The impact has been significant for the Foundation as we rely heavily on our volunteer support and mentors. We have responded by reviewing and enhancing our volunteer engagement, aiming to make working with us as meaningful and rewarding as possible. We attended several volunteer fairs, and done further training on recruiting and retaining volunteers to make sure we are best prepared to hold on and attract volunteers.

During the year, we continued to make use of a personalised training online medium, called Mentor Loop. This meant people could study in their own time and at their own pace. This has facilitated the training of mentors as soon as they complete our Safer Recruitment procedures.

Mentors serve young people on our Treun Programme in Scotland, TurnAround, Allotments, Out There, Blossom, Brave Futures and also undertake climate change work. They are key to our delivery quality. Other volunteers support administration and finances within the office.

4 Marketing, Media & Fundraising Activity

2023 continued the Foundation's success of previous marketing campaigns and rigorous fundraising activity to support the ongoing costs and development of the Wilderness programmes. We would like to thank all our funders, supporters and private philanthropists who have helped us continue to grow our level of support for beneficiaries through both our educational and therapeutic programmes.

4.1 Marketing

Our Gold Medal Wilderness Foundation Garden, funded by Project Giving Back and designed by Charlie Hawkes, was relocated as part of the funding agreement. We were delighted to have the opportunity to gift this garden to Henry Maynard School in Walthamstow where they replaced a section of tarmac with this prize-winning garden for the children to use in play and learning.

During the August Bank Holiday weekend, we were invited to exhibit at the Countess of Warwick Show where we were able to interact with thousands of visitors over the two days. With people attending from across the county, we were able to introduce our education, environmental and social work to a new audience of potential beneficiaries and supporters.

Our annual Wilderness Charity Golf Day took place at Braintree Golf Club again this year in June, with 13 teams of four players along with hole sponsorship, raffle ticket sales and donations helping make it yet another successful event. Monies raised on the day went to helping support our Out There programme. Due to the successful partnership with the team at Braintree Golf Course and positive feedback from players, another golf day is booked for 2024.

WILDERNESS FOUNDATION UK TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 DECEMBER 2023

4.2 Media

Argonon chose us to again be one of their charity partners for a digital campaign, but this time for their Masked Singer UK series 5, having previously partnered on their Masked Dancer series. By using the assets and audience of 'The Masked Singer' on ITV we were able to help promote our work and increase our digital audience engagement with posts shared with the Masked Singers audience online of over 100,000. We were also invited to appear on their podcast MaskCast, to talk about our charity.

We were endorsed by fundraiser Mark Agnew who was interviewed, wearing a wilderness branded top, on BBC breakfast news as well as other national media outlets to promote his latest world-first adventure. He was the first person, along with his team 'Arctic Cowboys' to kayak continuously across the North West Passage so becoming a world record breaker. He was also given the title of 'European Adventurer of the Year' and continued to promote our work whenever he was given media coverage. Mark raised over £15,000 for WFUK by successfully raising significant donations through his endeavours, as well as increasing our presence on social media and the national news.

4.3 Fundraising

During the year we raised the bulk of our income through grants from a range of charitable trusts and foundations. Other income was raised through our annual online match funding campaign with the Big Give and legacy donations. We increased our corporate partnerships and sponsorship opportunities with several organisations making us their Charity of the Year with employees setting fundraising events to raise further funds and organising corporate team building days. We expanded our fundraising capability and recruited additional support for all programmes to help achieve our increased targets for the year. We continued our success in fundraising outcomes with six multi-year funding commitments for our programmes.

4.4 Community Fundraising & Events

Community fundraisers in 2023 included some amazing sporting challenges such as the Hadrians Wall Walk, London to Paris Bike Ride, Gleeds Sponsored Walk, who all raised money for the Foundation. Other fundraising events included our first Wilderness Quiz with the help of the Mildmay Rotary group, a non-uniform day organised by the Boswells school and the 2023 Rotary District 1240 Conference where they helped raise funds throughout their district members. John Lewis Foundation donated funds through their Chelmsford branch with other kind donations including someone who had asked their wedding guests to donate to the Foundation instead of buying presents and a wilderness volunteer who gained sponsorship from their company for their volunteering time spent with us.

We continued to use online fundraising platforms in 2023 including, JustGiving, and also the Big Give match funding platform, which helped us raise a record level of funds throughout the year and helps makes the process of donating as easy as possible to help maximise opportunities through a variety of ways to pay.

WILDERNESS FOUNDATION UK TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 DECEMBER 2023

As in previous years we continue to open up the gates at Chatham Green for our yearly Open Farm Sunday, Wilderness Creative Workshops, and another successful Santa's Grotto. Each event at our Chatham Green site allows the local community to discover the beautiful setting and the support services we provide.

5. Future Plans

We will continue to demonstrate, advocate and apply the positive impact of wilderness and wild places for the wellbeing of the individual and society. Beneficiaries comprise a range of demographics and the spectrum spans from the most vulnerable to those with leadership potential.

To meet the growing interest in WFUK, we continue to work to our growth objectives for the Foundation. These remain consistent and unchanged from 2023 although we have had to adapt to the increasing demand that we are experiencing on the therapeutic services we offer both in Essex and Scotland.

1. Sustainably grow and manage the impact and outputs of beneficiaries supported by our social benefit/therapy, educational and environmental programmes - currently 8,000 in 2023. Growth must reflect maintaining the high quality of service we work hard to achieve.
2. Extend the areas where our programmes are provided within Essex and Scotland, focusing on areas of deprivation and environmental restoration programmes.
3. Develop and grow our operations, through carefully selected partnerships and new satellite spaces to serve new communities.
4. Increase our advocacy for nature, climate change mitigation and the crucial role of nature in improving mental health and wellbeing.
5. Manage the opportunity of owning our own semi-natural woodland to increase positive impacts on biodiversity enhancement, research and citizen science around woodland protection, and social benefits from wild land in an increasingly busy world.
6. Continue to sustainably grow our revenue to deliver increased impact whilst increasing our operational and financial strengths.

We will do this by undertaking activities that:

- Educate and inspire people to experience and connect with wild places.
- Provide an integrated service for improving the lives of the most vulnerable in our society, through the positive benefits of wilderness.
- Grow natural leaders of the future, through directly experiencing the positive benefits of wild nature.
- Protect and enhance biodiversity and green spaces.
- Continue to promote and support mental health and wellbeing across clients in Scotland and the rest of the UK.
- Promote and practice solutions to meet the Climate Change Crisis.
- To grow and strengthen our impact for environment and people we will:
 - Introduce people and children to nature.
 - Educate people how to love the natural world.
 - Change people's lives through nature.
 - Practise what we preach in caring for the earth and people.

**WILDERNESS FOUNDATION UK
TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)
FOR THE YEAR ENDED 31 DECEMBER 2023**

Mann Wood: Purchase of 92 acres of semi-natural ancient woodland

In line with our ambition to increase our environmental activity (to balance the work done on education and therapy) the Foundation has been fortunate to not only raise funds but also complete ownership of this woodland in 2024. Located in an island of green, surrounded by ever growing towns and cities, plus rural housing growth, this woodland is essential as a sanctuary for both nature and people. Our intention is to support an academic process with baseline studies on biodiversity and woodland health with ongoing reviews into the future to explore anticipated benefits of minimal intervention. The use of citizen science alongside this will engage the wider community and create a space for engagement for schools and civic groups. Research into nature connection and a range of human wellbeing factors will continue to be conducted by the University of Essex, who have partnered us since 2007. Of strategic importance, the woodland will serve as a place of retreat from a busy world for all life who will engage with it. This meets the overall objectives of the Wilderness Foundation UK, almost in one space alone.

As WFUK increases its activities, we will also seek opportunities to build on and expand our understanding of wilderness and wild places for the benefit of both planet and its people.

WILDERNESS FOUNDATION UK TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 DECEMBER 2023

6. Governance

During 2023 we continued with a comprehensive review of our governance, including policies, risk management, Trustee recruitment, staff handbook and articles of association.

6.1 Status

The charity is a company limited by guarantee. Our governing document is a Memorandum and Articles of Association dated 20 November 2006, with an update to objects in 2010 and certain revisions in 2021.

6.2 Governing Body and Structure

The Trustees, who are also the directors for the purpose of company law, who served during the year and up to the date of signature of the financial statements were:

GVB Thompson	Chairman
T Aykroyd	Chair of Environment Committee
AL J Gibbs	
P Grewal	
Dr P Hobson	
P Martin	Chair – Finance and General Purposes Committee
T Platts	
EJ Posey	
JK Roberts	Chief Executive Officer
JA Fosh	Chair – Social Benefits Committee
A Sheepshanks	
MD Soutar	Chair – Scotland Committee
MA Williams	Chair – Governance Committee
V Martin	<i>Retirement in 2023</i>

The Chief Executive Jo Roberts has dispensation from the Charity Commission to serve as Founding Director on the board, alongside working as Chief Executive Officer.

Our governing body is a Board of Directors of the charity and has an active Governance Committee made up of Trustees, including the Chair. As of 31 December 2023, there were 13 Trustees. In March 2023, Vance Martin resigned after many years of faithful service. We are deeply grateful to him for all he brought to WFUK over the years.

The Board of Directors is responsible for providing overall clarity for the vision, mission and strategic focus of the organisation. It also holds the Chief Executive to account against planned objectives. The Board meets four times over the course of the year and Directors are involved in other operational matters as needs dictate. Several committees offer more detailed support to the overall governance, programme oversight, strategy and finance – and report back quarterly to the main Board. In 2023 a special Mann Wood working group was established to support the fundraising, acquisition and development of the purchase of 92 acres offered to the Foundation with a completion date in early 2024.

WILDERNESS FOUNDATION UK TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 DECEMBER 2023

The Wilderness Foundation UK forms part of the "Wilderness Foundation Global", a consortium of forward-thinking, like-minded independent organisations with different skill sets. The organisations all share a common past, each founded and/or inspired by Dr. Ian Player, South Africa game ranger and international conservationist and his Zulu mentor and "brother", the late Magqubu Ntombela.

The other members of the Wilderness Foundation Global are The WILD Foundation (USA) and the Wilderness Leadership School and Wilderness Foundation Africa. Senior staff meet annually to set shared objectives, agree ethics and working partnerships and projects. All members of the network are completely independent of each other but share a common past. They have no financial ties or obligations beyond goods or services provided (predominantly by the Wilderness Leadership School which facilitates wilderness trails in South Africa for UK beneficiaries and client groups) and these are charged at the time the liability is incurred.

6.3 Decision Making

Responsibility for the day-to-day management of the organisation is delegated to the Chief Executive and the Senior Management Team. The Board of Directors focuses its attention on matters of policy and general strategy, the approval of plans, the monitoring of progress with projects and financial control.

New Directors are appointed by the Board and are assessed as to their suitability and the benefits that their appointment would bring to the Foundation, in terms of additional skills, experience and opportunities for promotion of the Foundation's aims and objectives.

A full induction programme is carried out covering all aspects of the work of the charity, the governance, the memorandum and articles of association and a review of the latest accounts.

On occasion, the Board may extend invitations to individuals to attend meetings in an advisory or observational capacity, where it is felt that the individual concerned can bring insight to an issue, or matter under review.

An ambassador programme invites people who can bring a benefit to the Foundation through their networks and are equally passionate about its objectives. They have no official role but abide by a set of principles and a formal agreement.

6.4 Risk Management

The Foundation is exposed to financial as well as operational risks and through the valuable experience and knowledge of its Board of Trustees, it proactively manages these through robust corporate governance and encouraging expert field-based awareness in all its endeavours.

In order to manage and mitigate risk, a risk register is annually scrutinised by the Board of Trustees. The board allocate each risk to the committee/s it is most relevant to, who are then responsible for reviewing them on a quarterly basis. The senior management team review the risks internally and report any new or escalated risks to the main board. The committees collectively oversee a range of tasks, ensuring the organisation remains compliant. These include but are not limited to: data protection, policies, health and safety, legal requirements & updates, whistleblowing and complaints.

WILDERNESS FOUNDATION UK TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 DECEMBER 2023

We have a robust child protection policy, safer recruitment practice, and safeguarding policy and procedures, to ensure the safety and wellbeing of all the young people, staff, and volunteers we work with. We maintain a register to ensure that all essential training is up to date.

7. Scotland

For reporting purposes to the Offices of the Scottish Charity Regulator (OSCR), we are required to make a separate statement of our work in Scotland. In this document we outline our achievements in the delivery of the Treun Programme. This work provides public benefit for the people of Scotland, particularly young people. The programme includes our project management team, headed by our CEO, Operations Manager and an administrator, guides, volunteers, and facilitators.

A Scotland committee oversees our work and delivery in Scotland, and we report annually to OSCR. We work in partnership with Scottish Land & Estates and have benefitted from the kindness of a number of landowners who have given access to their land, including Atholl Estates, Angus and Douglas Estates and the Glenlivet Estate. Our participants have been involved in conservation volunteering and we continue to work closely with the estates to offer benefits through this activity.

The programme includes 6 optional follow-on therapy sessions for the participants as well as workshops/or meetings in advance of trails with the schools.

8. Financial Review

8.1 Financial Review

In 2023, WFUK continued the steady progress achieved since year 2021 with the hours of support delivered rising from 29,223 to 38,338, an increase of 31%.

Total income for 2023 increased from £558,400 to £690,455, an increase of 24% comprising a 30% increase in Restricted Income and an 10% increase in Unrestricted Income. Again, this is a strong performance in a year when there was fierce competition for funding.

In line with our expansion strategy and including the cost of employing external consultants to help raise the finance for Mann Wood total expenses increased from £615,831 to £757,342, an increase of 23% with Restricted increasing from £410,988 to £536,991 and Unrestricted from £204,843 to £220,351. The resultant deficit of £66,887 compares to £57,431 in 2022 and reflects the decision to invest an exceptional one-off donation of £109,000 received in 2021 in the further expansion of our operations in 2022 and 2023. This reduced our reserves of £409,835 at end of 2021 to a more appropriate level of £285,517 at the end of 2023.

**WILDERNESS FOUNDATION UK
TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)
FOR THE YEAR ENDED 31 DECEMBER 2023**

8.2 Five Year Track Record

Deliverables	2019	2020 (COVID)	2021	2022	2023
Number of Beneficiaries	6,000	1,200	6,500	8,000	8,200
Total Income	435,339	359,334	621,938	558,400	690,455
Total Expenses	372,674	258,150	439,733	615,831	757,342
Surplus / Deficit	62,665	101,184	182,205	(57,431)	(66,887)
Total Reserves	126,446	227,630	409,835	352,404	285,517
Restricted Income	183,610	178,418	358,700	376,718	489,593
Restricted Expenses	(152,975)	(108,403)	(287,907)	(410,988)	(536,991)
Unrestricted Income	251,729	180,916	263,238	181,682	200,862
Unrestricted Expenses	(219,699)	(149,747)	(151,826)	(204,843)	(220,351)
Restricted Reserves	67,134	137,149	207,942	173,672	126,274
Unrestricted Reserves	59,312	90,481	201,893	178,732	159,243

8.3 Reserves Policy

The total level of reserves has reduced from £352,404 to £285,517 reflecting the investment over the past two years of a 'one-off' donation of £109,000 received in 2021. Details of Reserves are set out in Note 21 to the Financial Statements.

Unrestricted Reserves

WFUK holds cash reserves to cover costs should i) the organisation have to close; ii) unexpected costs arise in the ordinary course of business; and iii) funding be paid in arrears. The Directors believe that to cover such eventualities WFUK should hold unrestricted cash reserves equivalent to six months of core expenditure.

At the year end, Unrestricted Reserves stood at £159,243, equivalent to some 8.7 months of Unrestricted Expenses.

Restricted Reserves

Restricted Reserves account for sums contributed by third parties for the provision of particular programmes which have yet to be spent. At the year end, Restricted Reserves stood at £126,274. It is to be expected that the level of this reserve will change significantly from one year to another.

8.4 Investment Policy

As WFUK have not historically required to make any financial investment, it was not previously deemed necessary to hold an Investment Policy. However, the Trustees recognise that this could become a requirement in the future as the charity continues to grow. With our purchase of Mann Wood successfully

WILDERNESS FOUNDATION UK TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 DECEMBER 2023

completed in 2024, the Trustees will have a land asset for the first time and new policy will need to be drafted in accordance with this.

8.5 Affiliate Funds

As in previous years, WFUK continue to be custodian trustees, managing funds and donors, on behalf of affiliate charities overseas, with whom we share the same values and mission. There are individual contractual agreements with each charity, which derive a small amount of income to cover overheads.

9. Responsibilities

9.1 Guarantors

Every member promises, if the Charity is dissolved while he or she is a member or within twelve months after he or she ceases to be a member, to contribute such sum (not exceeding £10) as may be demanded of him or her towards the payment of the debts and liabilities of the Charity incurred before he or she ceases to be a member and of the costs and charges and expenses of winding up and the adjustment of the rights of the contributories among themselves.

9.2 Trustees' Responsibilities

The Trustees, who are also directors of Wilderness Foundation UK for the purposes of company law, are responsible for preparing the Trustees' Annual Report and the Financial Statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year. These must give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources. This includes the income and expenditure of the charitable company for that period. In preparing these financial statements, the Trustees are required to:

- Select suitable accounting policies and then apply them consistently.
- Observe the methods and principles in the Charities SORP 2019 (FRS 102).
- Make judgements and estimates that are reasonable and prudent.
- State whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements.
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The Trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.


WILDERNESS FOUNDATION UK
TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)
FOR THE YEAR ENDED 31 DECEMBER 2023

In so far as the Trustees are aware:

- there is no relevant audit information of which the charitable company's auditor is unaware; and
- the Trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information.

This report has been prepared in accordance with the small companies regime under the Companies Act 2006.

This report was approved by the Trustees of the charitable company on28 June 2024..... and signed on their behalf by:


.....
Mrs Joanne Roberts
Chief Executive Officer


.....
Vincent Thompson
Chair

Independent Auditor's Report to the Trustees and Members of Wilderness Foundation UK

Opinion

We have audited the financial statements of the Wilderness Foundation UK (the 'charitable company') for the year ended 31 December 2023 which comprise Statement of Financial Activities, Balance Sheet, Statement of Cashflow and notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 December 2023, and of its incoming resources and application of resources, including its income and expenditure for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006, the Charities and Trustee Investment (Scotland) Act 2005 and regulation 8 of the Charities Accounts (Scotland) Regulations 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the auditor responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate. Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the trustees' report, other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this

Independent Auditor's Report to the Trustees and Members of Wilderness Foundation UK

other information, we are required to report that fact.

We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the trustees' report, which includes the directors' report prepared for the purposes of company law, for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the directors' report included within the trustees' report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the directors' report included within the trustees' report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 and the Charities Accounts (Scotland) Regulations 2006 requires us to report to you if, in our opinion:

- adequate and proper accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies' regime and take advantage of the small companies' exemption in preparing the directors' report.

Responsibilities of trustees

As explained more fully in the trustees' responsibilities statement set out on page 37, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor responsibilities for the audit of the financial statements

We have been appointed as auditor under section 44(1)(c) of the Charities and Trustee Investment (Scotland) Act 2005 and under the Companies Act 2006 and report in accordance with the Acts and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists.

Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Independent Auditor's Report to the Trustees and Members of Wilderness Foundation UK

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

Our approach to identifying and assessing the risks of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations, was as follows;

- The engagement partner ensured that the engagement team collectively had the appropriate competence, capabilities and skills to identify or recognise non-compliance with applicable laws and regulations.

We assessed the susceptibility of the company's financial statements to material misstatement, including obtaining an understanding of how fraud might occur by;

- Making enquiries of management as to where they considered there was susceptibility to fraud, their knowledge of actual, suspected and alleged fraud.
- Considering the internal controls in place to mitigate the risks of fraud and non-compliance with laws and regulations.

To address the risk of fraud through management bias and override of controls, we;

- Performed analytical procedures to identify any unusual or unexpected relationships
- Tested journal entries to identify unusual transactions.

In response to the risk of irregularities and non-compliance with laws and regulations, we designed procedures which included, but were not limited to:

- Agreeing financial statement disclosures to underlying supporting documentation.
- Reading the minutes of meetings of those charged with governance.
- Enquiring of management as to actual and potential litigation and claims.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

As part of an audit in accordance with ISAs (UK), we exercise professional judgment and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the charitable company's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the trustees.

**Independent Auditor's Report to the Trustees and Members of
Wilderness Foundation UK**

- Conclude on the appropriateness of the trustees' use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the charitable company's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the charitable company to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation (ie. gives a true and fair view).

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006, and to the charitable company's trustees, as a body, in accordance with Regulation 10 of the Charities Accounts (Scotland) Regulations 2006. Our audit work has been undertaken so that we might state to the charitable company's members and trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company, the charitable company's members as a body and the charitable company's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

Sandra Morrell

.....
Sandra Morrell FCCA (Senior Statutory Auditor)
For and on behalf of Edmund Carr LLP, Statutory Auditor
146 New London Road
Chelmsford
Essex
CM2 0AW

Date:..... 4 July 2024.....

Edmund Carr LLP is eligible to act as an auditor in terms of section 1212 of the Companies Act 2006.

WILDERNESS FOUNDATION UK

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 DECEMBER 2023

		Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £
	Notes						
Income and endowments							
Donations and legacies	3	176,293	382,500	558,793	137,118	276,008	413,126
Charitable activities	4	9,433	56,454	65,887	7,053	72,056	79,109
Other income	5	12,507	50,639	63,146	25,654	28,654	54,308
Investment income	6	2,629	-	2,629	295	-	295
Fundraising events		-	-	-	11,562	-	11,562
Total income		200,862	489,593	690,455	181,682	376,718	558,400
Expenditure on:							
Raising funds	7	30,017	-	30,017	9,449	-	9,449
Charitable activities	8	190,334	536,991	727,325	195,394	410,988	606,382
Total expenditure		220,351	536,991	757,342	204,843	410,988	615,831
Net income/expenditure		(19,489)	(47,398)	(66,887)	(23,161)	(34,270)	(57,431)
Net movement in funds							
Transfer between funds		-	-	-	-	-	-
Total funds brought forward		178,732	173,672	352,404	201,893	207,942	409,835
Total funds carried forward		159,243	126,274	285,517	178,732	173,672	352,404

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

WILDERNESS FOUNDATION UK

BALANCE SHEET AS AT 31 DECEMBER 2023

			2023 Total Funds £	£	2022 Total Funds £
FIXED ASSETS	Note	£			
Tangible assets	13		2,600		-
CURRENT ASSETS					
Stocks and trademarks	14	1,640		1,640	
Debtors	15	18,293		19,284	
Investments	16	-		50,000	
Cash at bank and in hand		296,810		323,474	
		<u>316,743</u>		<u>394,398</u>	
LIABILITIES					
Creditors: amounts falling due within one year	18	<u>(33,826)</u>		<u>(41,994)</u>	
NET CURRENT ASSETS			282,917		352,404
TOTAL NET ASSETS			<u><u>285,517</u></u>		<u><u>352,404</u></u>
FUNDS					
Unrestricted funds	21		159,243		178,732
Restricted Funds	21		126,274		173,672
			<u><u>285,517</u></u>		<u><u>352,404</u></u>

These financial statements have been prepared in accordance with the special provisions for small companies under Part 15 of the Companies Act 2006 and constitute the annual accounts required by the Companies Act 2006.

These financial statements were approved by the Trustees on 28 June 2024 and are signed on their behalf by:


Signed by G VB Thompson Trustee


Signed by P Martin Trustee

Company Number 6003527

WILDERNESS FOUNDATION UK**STATEMENT OF CASH FLOWS****FOR THE YEAR ENDED 31 DECEMBER 2023**

	Notes	Total 2023 £	Total 2022 £
Cash flows from operating activities:			
Cash generated / (absorbed by) from operations	26	(26,664)	106,688
Net cash used in investing activities			
Purchase of property, plant & equipment		-	-
Net cash used in financing activities			
Receipt of bank loans		-	-
Payment of bank loan		-	(50,000)
Net cash (used in)/generated from financing activities		-	(50,000)
		(26,664)	56,688
Cash and cash equivalents brought forward		323,474	266,786
Cash and cash equivalents carried forward		296,810	323,474

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2023

1. Charity information

Wilderness Foundation UK is a private company limited by guarantee incorporated in England and Wales. The registered office is Trinity House, 2 Whitbreads Business Centre, Whitbreads Farm Lane, Chatham Green, Chelmsford, Essex, CM3 3FE.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's memorandum and articles dated November 2006 (amended May 2021), the Companies Act 2006, the Charities and Trustee Investment (Scotland) Act 2005, the Charities Accounts (Scotland) Regulations 2006 (as amended), FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus there is no material uncertainty regarding the Charity's ability to continue as a going concern and consequently the Trustees believe that the financial statements are appropriately prepared on such a basis.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives. Designated funds have been designated for an unrestricted development fund within the Wilderness Foundation. Restricted funds are funds that can only be used for particular purposes within objects of the charitable company. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes. The nature and purpose of each fund is explained further in the notes to the financial statements.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Income tax recoverable in relation to donations received under gift aid are recognised at the time of the donation.

Income from government and other grants is recognised when the charity has entitlement to funds, any performance conditions attached to the grant have been met, it is probable that the income will be received and the amount can be measured reliably.

1.5 Expenditure

All expenditure is accounted for on an accruals basis and has been included under expenses categories that aggregate all costs for allocation to activities. Support costs, which cannot be directly attributed to particular activities, have been proportioned to the direct staff costs allocated to activities. Governance costs include the costs of servicing Trustees' meetings, audit and strategic planning.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2023

1.6 Donated good and services

Goods donated for resale are included at fair value, being the expected proceeds from sale less the expected costs of sale. If it is practical to assess the fair value at receipt, it is recognised in stock and 'Income from other trading activities'. Upon sale, the value of the stock is charged against 'Income from other trading activities and the proceeds are recognised as 'Income from other trading activities'. Where it is impractical to fair value the items due to the volume of low value items, they are not recognised in the financial statements until they are sold. This income is recognised within 'Income from other trading activities.'

1.7 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Plant and equipment	20% per annum straight line basis
Fixtures and fittings	20% per annum straight line basis

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.8 Stocks

Net realisable value is the estimated selling price less all estimated costs of completion and costs to be incurred in marketing, selling and distribution.

1.9 Cash and cash equivalents

Cash, cash equivalents and current asset investments include cash in hand, deposits held at call with banks.

1.10 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2023**

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.1 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

2 Critical accounting estimate and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

WILDERNESS FOUNDATION UK

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2023

3 Donations and legacies

	Unrestricted Funds 2023 £	Restricted Funds 2023 £	Total Funds 2023 £	Unrestricted Funds 2022 £	Restricted Funds 2022 £	Total Funds 2022 £
Donations	69,804	58,085	127,889	104,891	8,079	112,970
Grants	106,489	318,001	424,490	32,227	242,275	274,502
Commissioned Work	-	6,414	6,414	-	25,654	25,654
	176,293	382,500	558,793	137,118	276,008	413,126

4 Charitable activities

	Total Funds 2023 £	Total Funds 2022 £
Therapy camps & training	2,650	950
Bespoke education & therapy	42,886	27,909
Other income	9,133	26,930
Out there income	11,218	12,120
Wilderness leadership trails	-	11,200
	65,887	79,109
Analysis by fund		
Unrestricted funds	9,433	7,053
Restricted funds	56,454	72,056

5 Other income

	Unrestricted Funds 2023 £	Restricted Funds 2023 £	Total Funds 2023 £	Total Funds 2022 £
Other generated income	1,793	50,639	52,432	38,601
Management fees	3,125	-	3,125	4,598
Event income	7,589	-	7,589	11,109
	12,507	50,639	63,146	54,308
2022 Total	25,654	28,654	54,308	

6 Investment income

	Unrestricted Funds 2023 £	Restricted Funds 2023 £	Total Funds 2023 £	Total Funds 2022 £
Bank interest	2,629	-	2,629	295

WILDERNESS FOUNDATION UK

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2023

7 Raising funds

	Unrestricted Funds 2023 £	Restricted Funds 2023 £	Total Funds 2023 £	Total Funds 2022 £
Raising and publicly seeking donations, grants and legacies	30,017	-	30,017	9,449
	30,017	-	30,017	9,449

8 Charitable activities

	2023 £	2022 £
Staff costs (see note 11)	582,779	466,876
Direct costs	51,754	36,052
	634,533	502,928
Share of support costs (see note 9)	63,001	78,762
Share of governance costs (see note 9)	29,791	24,692
	727,325	606,382
Analysis by fund		
Unrestricted funds	190,334	195,394
Restricted funds	536,991	410,988
	727,325	606,382

9 Support costs

	Support costs £	Governance costs £	2023 £	Support costs £	Governance costs £	2022 £
Rates	28,836	-	28,836	25,619	-	25,619
Office expenses	9,014	-	9,014	3,448	-	3,448
Professional fees	-	29,262	29,262	-	24,059	24,059
Insurance	640	-	640	2,705	-	2,705
Marketing	4,009	-	4,009	30,572	-	30,572
Travel	5,960	-	5,960	6,527	-	6,527
Sundry expenses	14,542	-	14,542	9,780	-	9,780
Bad Debts	-	-	111	111	-	111
Events	-	-	-	-	-	-
Consultancy costs	-	-	-	-	-	-
Bank charges	-	529	529	-	633	633
	63,001	29,791	92,903	78,762	24,692	103,454
Analysed between Charitable activities	63,001	29,791	92,903	78,762	24,692	103,454

Support costs include payments to the auditors of £14,400 (2022: £15,294) for audit fees.

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2023**

10 Trustees

None of the trustees (or any persons connected with them) received benefits from the charity during the year. No trustees were reimbursed expenses during the year 2023:£Nil (2022:£147).

JK Roberts, the Chief Executive Officer, who is also a trustee, received remuneration for her role as an employee as agreed with the Charity Commission, this amounted to £48,195 (2022:£46,600) and employer pension £1,245 (2022: £1,227).

11 Employees

The average monthly number of employees during the year was:

	2023 Number 13	2022 Number 11
Employment costs (see note 8)		
	£	£
Wages and Salaries	350,750	304,081
Social security costs	28,821	25,022
Employer pension costs	8,287	6,318
Sessional staff	191,931	129,167
Staff training and supervision	2,990	2,288
Total	582,779	466,876

There were no employees whose annual remuneration was more than £60,000.

Total earnings of key management personnel in the year was £48,195 (2022: £46,600) employers' pension contribution £1,245 (2022: £1,227) and employers' NI £5,396 (2022: £6,107).

12 Net income for the period

	Total 2023 £	Total 2022 £
This is stated after charging :		
Depreciation	-	-
Operating Lease rentals	24,817	24,450
Fee payable to auditor	14,400	15,294
	39,217	39,744

13 Tangible fixed assets

	Plant and Equipment £	Fixtures and Fittings £	Total £
Cost			
At 1 January 2023	25,503	10,218	35,721
Additions	2,600	-	2,600
At 31 December 2023	28,103	10,218	38,321
Depreciation			
At 1 January 2023	25,503	10,218	35,721
Charge for the year	-	-	-
At 31 December 2023	25,503	10,218	35,721
Net book values			
At 31 December 2023	2,600	-	2,600
At 31 December 2022	-	-	-

WILDERNESS FOUNDATION UK

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2023

14 Stocks

	Total 2023 £	Total 2022 £
Trademarks	1,640	1,640
	<u>1,640</u>	<u>1,640</u>

15 Debtors

Amounts falling due within one year:

	Total 2023 £	Total 2022 £
Trade debtors	6,564	5,720
Other debtors	400	976
Prepayments and accrued income	11,329	12,588
	<u>18,293</u>	<u>19,284</u>

16 Current asset investment

	2023 £	2022 £
Unlisted investments	-	50,000
	<u>-</u>	<u>50,000</u>

This includes monies held within accessible bank accounts but not used for everyday operating costs.

17 Commitments under operating leases

As 31 December 2023 the company had annual commitments under non-cancellable operating leases as set out below.

	2023 Total £	2022 Total £
Within 1 year	25,954	24,450
More than 1 year	3,697	-
	<u>29,651</u>	<u>24,450</u>

18 Creditors: amounts falling due within one year

	2023 £	2022 £
Trade creditors	4,523	4,805
Social security and other taxes	10,637	18,519
Other creditors	2,003	5,806
Accruals and deferred income	16,663	12,864
	<u>33,826</u>	<u>41,994</u>

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2023**

19 Deferred income	2023	2022
	£	£
Other deferred income	-	-
Deferred income is included in the financial statements as follow:		
	2023	2022
	£	£
Deferred income is included within:		
Current Liabilities	-	-
Movements in the year:		
Deferred income at 1st January 2022	-	2,933
Released from previous periods	-	(2,933)
Deferred income at 31 December 2022	-	-

20 Retirement benefit schemes

The charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the charity in an independently administered fund.

21 Funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Balance at 1 January 2023 £	Incoming Resources £	Resources Expended £	Transfer £	Balance at 31 December 2023 £
Restricted funds					
CGP	35,077	101,883	(132,509)	-	4,451
TREUN	8,937	48,500	(47,544)	-	9,893
TurnAround Essex	21,580	145,500	(95,265)	-	71,815
Out There Academy	19,606	7,058	(23,398)	-	3,266
Wilderness and Nature Therapy	88,472	186,652	(238,275)	-	36,849
Total restricted funds	173,672	489,593	(536,991)	-	126,274
Unrestricted funds					
Designated funds	50,000	-	-	(50,000)	-
Other unrestricted funds	128,732	200,862	(220,351)	50,000	159,243
Total unrestricted funds	178,732	200,862	(220,351)	-	159,243
Total funds	352,404	690,455	(757,342)	-	285,517

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2023

Previous year comparative

	Balance at 1 January 2022 £	Incoming Resources £	Resources Expended £	Transfer £	Balance at 31 December 2022 £
Restricted funds					
CGP	31,253	124,668	(120,844)	-	35,077
TREUN	31,138	28,180	(50,381)	-	8,937
TurnAround Essex	48,600	27,333	(54,353)	-	21,580
Out There Academy	33,890	31,000	(45,284)	-	19,606
Wilderness and Nature Therapy	63,061	165,537	(140,126)	-	88,472
Total restricted funds	207,942	376,718	(410,988)	-	173,672
Unrestricted funds					
Designated funds	-	-	-	50,000	50,000
Other unrestricted funds	201,893	181,682	(204,843)	(50,000)	128,732
Total unrestricted funds	201,893	181,682	(204,843)	-	178,732
Total funds	409,835	558,400	(615,831)	-	352,404

Restricted funds have been disclosed within the requirements of the SORP. Included within each fund are individual grants for specific purposes that fit the nature and spirit of each fund disclosed.

Chatham Green Project (CGP)- an education initiative being delivered in partnership with Strutt and Parker (Farms) at Chatham Green in Essex.

TREUN- this fund is for the delivery of a youth training programme in Scotland.

TurnAround- launched by the Wilderness Foundation UK in October 2007. It is a multi-faceted, nature based programme enabling vulnerable young people to make positive changes to their lives. This is achieved by linking community mentors, wilderness therapy, skills workshops and support for employment and further education in 6-9 month cycles.

Out There- a programme for young people facing difficulties in school and home lives. Runs during term time offering a personal development curriculum for children aged 13-15 years.

Wilderness and Nature Therapy- this is a range of different programmes offering online or face to face therapy services. We work with individuals, families, couples and groups. The programme addresses the needs of children, adolescents and adults.

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2023**

22 Analysis of net assets between funds

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £	Total 2022 £
Fund balances at 31 December 2023 are represented by:				
Fixed assets	2,600	-	2,600	-
Current assets/(liabilities)	156,643	126,274	282,917	352,404
Long term liabilities	-	-	-	-
	156,643	126,274	285,517	352,404

23 Affiliate funds

At the year end, the client held affiliate funds of £55,298 (2022: £149,924) relating to Bush Heritage Australia and WF Africa. These amounts are returnable to the groups and therefore have been removed from the balance sheet. The total sum received in 2023 £80,151 and total spent £174,286 as acting agents.

24 Related party transactions

There were no disclosable related party transactions during the year (2022 - none).

25 Analysis of changes in net funds

	At 1 January 2023 £	Cash Flows £	At 31 December 2023 £
Cash at bank and in hand	323,474	(26,664)	296,810
	323,474	(26,664)	296,810

26 Cash generated from operations

	2023 £	2022 £
(Deficit)/surplus	(66,887)	(57,431)
Adjustment for:		
Cash on deposit, included within investments	50,000	150,000
Movements in working capital:		
Purchase of property, plant & equipment	(2,600)	-
(Increase) in stocks	-	-
Decrease/(increase) in debtors	991	(1,940)
(Decrease)/Increase in creditors	(8,168)	18,992
(Decrease)/increase in deferred income	-	(2,933)
Cash generated/(absorbed by) from operations	(26,664)	106,688

