TEENS UNITE FIGHTING CANCER

England & Wales · Charity number 1118361

Details

Status	Registered
Legal form	Charitable company
Company number	06111574
Registered	2007-03-13
Register	View on the Charity Commission register

Contact

Address	Home Farm White Stubbs Lane Broxbourne Hertfordshire EN10 7PZ
Phone	01992440091
Email	info@teensunitefightingcancer.org
Website	www.teensunite.org

Activities

Objects: 3. THE OBJECTS FOR WHICH THE COMPANY IS ESTABLISHED ARE TO RELIEVE PAIN AND SUFFERING AND TO IMPROVE THE QUALITY OF LIFE OF YOUNG PEOPLE AGED 13 - 24 WHO ARE SUFFERING FROM CANCER OR OTHER LIFE THREATENING ILLNESSES IN PARTICULAR BY PROVIDING OR HELPING TO PROVIDE RESPITE CENTRES FACILITIES AMENITIES OR SUPPORT (FINANCIAL OR OTHERWISE) FOR SUCH YOUNG PEOPLE THEIR CARERS OR FAMILIES AS THE TRUSTEES SHALL IN THEIR ABSOLUTE DISCRETION THINK FIT.

Activities: Teens Unite are dedicated to improving the lives of young people with cancer so they don't have to face their battle alone. The charity supports those aged 13 to 24 from across the UK, helping them to overcome the emotional, social and physical impact cancer has on a young person. Teens Unite is the only charity in the UK to offer ongoing support of this kind to young people.

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Classification

- **How:** Provides Services
- **What:** The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** Children/young People, People With Disabilities

Geography

- Scotland
- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£1,226,568	£1,005,336	£1,900,045	12
2024-03-31	£966,452	£762,785	£1,677,333	10
2023-03-31	£762,764	£676,391	£1,466,060	11
2022-03-31	£769,233	£681,252	£1,402,507	9
2021-03-31	£647,820	£527,098	£1,310,274	9

Trustees

Name	Role	Appointed
Dr Rebecca Godfrey	Chair	2023-01-24
Donna-Marie Patten		2026-02-04
Dr Kai Newton		2025-10-21
Jason Marchant		2020-09-11
Natalie Collins		2023-08-30
Patrick Maslen		2023-01-23
Sarah Parmar		2023-08-30

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TEENS UNITE FIGHTING CANCER

England & Wales - Charity number 1118361

Accounts

Teens Unite Fighting Cancer

Annual Report and Financial Statements

For year ending 31st March 2025

teens:)unite FIGHTING CANCER

Registered Charity Number: 1118361
Company Registration Number: 06111574
(England and Wales)

Legal and Administrative Information

Trustees
P Maslen
J Marchant
N Collins
Dr A Sadler
S Parmar
Julia Reynolds (Resigned 4th September 2024)

Chair of Trustees
Dr Rebecca Godfrey

Chief Executive:
Roxanne Lawrance

Co-Founders:
Debbie Pezzani BEM
Karen Millen OBE

Charity Number: 1118361
Company Number: 06111574

Registered office:
Teens Unite, Home Farm, White Stubbs Lane, Broxbourne, Hertfordshire, EN10 7PZ

Accountants:
HB Accountants, Plumpton House, Plumpton Road, Hoddesdon, EN11 0LB

Bankers
Barclays Bank Plc, Upper Marlborough Road, St Albans, Hertfordshire, AL1 3AL

The trustees present their annual report and financial statements for the year ended 31 March 2025.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the Charity's Trust Deed, the Companies Act 2006 and the Statement of Recommended Practice, "Accounting and Reporting by Charities", issued in March 2005.

The Trustees confirm that they have complied with the duty in Section 4 of the Charities Act 2006 to have due regard to the Charity Commission's general guidance on public benefit, 'Charities and Public Benefit'. That guidance addresses the need for all charities' aims to be, demonstrably, for the public benefit.

“Although Alyssa is now in remission, for teenagers and other young adults life does not just suddenly go back to 'normal' after treatment.

It’s something that affects the rest of their lives, physically, socially and mentally. The ongoing support from Teens Unite recognises this.”

Kiona, mum to Alyssa, diagnosed with Acute Lymphoblastic Leukaemia and Lymphoma aged 10

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An introduction from our Chief Executive and Chair Trustee

“In a challenging climate for charities, Teens Unite is proud to report a year that has brought growth, new opportunities, and real momentum towards our vision of opening the first retreat in England for young people diagnosed with cancer.

According to the latest CAF UK Giving Report, fewer people than ever are giving to charity. In 2024, just 50% of the UK population donated - 4 million fewer people than in 2019.

The cost-of-living crisis continues to have an impact, and at a time when household budgets are stretched, sustaining charitable giving has become harder, while the demand for the essential services provided by the third sector has never been greater.

Against this backdrop, it fills us with pride to report that 2024/25 has been a breakthrough year for Teens Unite.

The charity has surpassed £1 million in annual income - an 27% increase on the previous year.

This achievement reflects the success of new initiatives, greater awareness, bold strategic decisions, and a continued focus on minimising costs wherever possible, with many services delivered pro bono.

While projections had anticipated maintaining rather than expanding service delivery during this financial year, as focus shifted to the development of the retreat, our strengthened position has enabled us to do both. We have continued to grow our support offering while progressing our long-term vision.

Providing young people living with, and beyond, cancer with inclusive and accessible support to help them overcome the lasting mental, emotional and physical impacts of their diagnosis remains our utmost priority.

This year, we took a vital step forward in bridging the current care gap in providing this support, with the purchase of a site for the retreat in April 2024. We have since finalised development plans and completed Phase 1 of the project by relocating our Head Office to the site.

Through nurturing existing corporate partnerships - and prioritising this as a key area of growth - our new offices were fully renovated pro bono, ensuring the £1.4 million already secured for the retreat’s construction remains fully protected.

In the year ahead, Teens Unite will push even further, striving to double our income and move closer to our £4.35 million fundraising target to complete the build and open the doors to the first facility of its kind in England.”

Roxanne Lawrance, Chief Executive

Dr Rebecca Godfrey, Chair Trustee

“Teens Unite, and the activities I have participated in such as rock climbing, and skateboarding - have not only connected me with people like me but also given me the chance to try things I otherwise wouldn’t have been able to.

It's so nice to talk to people who understand.”

George, diagnosed with a brain tumour, aged 20

Objectives and activities

Why our support is needed

Every young person deserves to thrive in life, and cancer shouldn't get in the way.

Cancer brings a specific set of challenges to teenagers and young adults. It impacts their mental and physical health, friendships, education, and aspirations for the future.

It's an isolating and lonely experience, that doesn't just take away their 'normal', but deprives them of opportunities which shape who they are and what they can achieve.

Without the right support, cancer doesn't just affect their key developmental years, it changes the rest of their lives.

Teens Unite ensures that life with, and beyond cancer is still full of possibility. Teenagers and young adults can live life to the full, and reach their potential, without cancer holding them back.

Every two minutes, someone in the UK is diagnosed with cancer, with the fastest-growing incidence among those aged 20-24. *

Since Teens Unite was founded, there have been over 45,000 new cases in the UK, and these young people are now living with the lasting effects of their treatment.

The impact of cancer for teenagers and young adults, and their families:**

96% struggle with their mental health	**87%** lose contact with their friends	**95%** experience reduced physical ability
77% have difficulty finding work after treatment	**96%** *** of parents felt lonely or isolated following their child's diagnosis	**77%** *** of siblings experience at least one symptom of PTSD

* Cancer Research UK - www.cancerresearchuk.org

** Statistics gathered internally by Teens Unite

*** CCLG - www.cclg.org.uk

How we change young lives

We're empowering young people to embrace life with cancer, and thrive beyond it.

We take action from the start. From the moment a young person hears the words 'you have cancer', they can start accessing our support.

Unlike other organisations, we're here for them throughout it all - treatment, recovery and remission - and as they navigate the years that follow.

Our tailored activities, residential stays, and skills-based programmes, unite teenagers and young adults with a shared experience of cancer.

Supported by Teens Unite, and encouraged by each other, they find friendship, learn new skills, challenge themselves, and enjoy new experiences, which enable them to live positively during and after cancer.

84% of young people are now surviving their cancer diagnosis for at least five years*.

But, they need ongoing support to overcome the long-term impact on their mental, emotional and physical health.

* Cancer Research UK - www.cancerresearchuk.org

What makes us different?

We are the only charity in the UK dedicated to providing ongoing support for 13-24-year-olds to overcome the mental, physical, and emotional challenges that follow a cancer diagnosis.

Often ringing the end of treatment bell is an alarm signal for a new set of struggles these young people are about to face.

The focus on survival shifts to adapting to how life has changed, and coming to terms with the mental, emotional, and physical impact cancer is having on their lives, and the relationships around them.

That's why our support is available to young people for as long as they need it, no matter how much time has passed since their diagnosis.

We recognise that every individual's journey is unique. At a time when so many decisions are taken out of their hands, we strive to empower young people with choice. There are no limits to how often they can access our support, how many activities they can join, or how long the conversation can continue.

Our role is finished when they feel confident, motivated, and ready to take independent steps toward a brighter future.

Our impact

Without Teens Unite, cancer would be a lonely and isolating experience, leaving many young people feeling disconnected, and unable to rebuild their lives.

We are filling a void in the support needed for their overall wellbeing and recovery, that medical professionals are unable to provide, and other charities are not specialising in.

This can be seen with the 96% of young people experiencing a negative impact on their mental health, yet almost half of them do not have access to NHS support for the mental health impacts of their diagnosis.**

In addition, we're making a difference to family members too.
We understand that cancer doesn't just impact the person diagnosed, but those closest to them, and they also need a community around them that understands; which we create through our specialised activities and events.

An additional 2,500 new cases of cancer in teenagers and young adults will be diagnosed this year alone.

We need to ensure they are supported with their physical, mental, and emotional health.

**www.younglivesvscancer.org.uk

Following our support*:**

100%	91%	84%	81%
feel better connected	feel an improvement on their mental health	experience an improvement on their physical ability	feel less anxious about life with and beyond cancer

*** Statistics gathered internally by Teens Unite as a result of extensive research and analysis of the information provided by beneficiaries

Our mission:	To improve the lives of teenagers and young adults living with, and beyond cancer
Our vision:	To ensure every teenager and young adult has the opportunity to thrive, not just survive, following a cancer diagnosis
Our ambition:	To change the lives of 30,000 young people aged 13-24, who have experienced cancer, over the next 10 years
Our big goal:	To open the first retreat in England for teenagers and young adults whose lives have been impacted by cancer

“My world fell apart. Cancer affected everything. It put my education and career aspirations on hold, as my health became my top priority.

I lost a lot of friends, but I’ve made so many great new friends through Teens Unite, who I always see regularly and am super close with. The activities I’ve taken part in have given me confidence in my own abilities, making me want to strive further and try new things each day.”

Zaki, diagnosed with a brain tumour, aged 19

Our current strategy

April 2024 to March 2025 marked the fourth year of our five-year strategic plan, 'Ambition Twenty Twenty-Six'.

Centred around five key pillars of our charity's operation, this strategy guides our objectives to ensure we are making the greatest possible impact when it comes to improving the lives of teenagers and young adults living with, and beyond, cancer.

1

Attracting & Engaging

Engage with even more young people with cancer by increasing the reach of services and growing the presence of Teens Unite in hospitals, amongst social workers we work alongside and across social platforms.

2

Developing the organisation for success

Create a culture of excellence, recruiting, retaining, and upskilling an engaged team, and exceeding in all of these areas.

3

Driving brand awareness

Develop a clear and impactful strategy that effectively communicates our identity, the critical need for our support, and the transformative impact of our work to both new and existing supporters.

4

Significantly grow income

Deliver against a flexible funding strategy to ensure the Charity is sustainable and has the most efficient range of fundraising activities to treble income and service provision over the next three years.

5

Building for the future

Expand our service offering to support more young people across the UK, through the delivery of the first dedicated retreat in England for teenagers and young adults overcoming the impact of cancer.

Mila, diagnosed with Hodgkins Lymphoma, aged 19

Achievements & Performance

Here's how we've delivered against each of our core objectives

Attracting & Engaging

An overview of how we've engaged and supported more young people living with, and beyond a cancer diagnosis.

40%

increase in opportunities to attend our activities

244

new young people registered for our support

(In addition to the young people we're already supporting)

Working in partnership with:

60 **hospitals**

(A 9% increase)

50 **charities**

(A 19% increase)

8x

the number of family support events, compared to the previous year

Attracting & Engaging

What we planned for:

- Engage 30% more young people with cancer annually
- Establish new partnerships with other charities and hospital teams
- Host at least 15 national meet-ups annually
- Improve accessibility and inclusivity of support through a minimum of four digital sessions each month
- Ensure more families have access to our support

How we performed:

Provided greater opportunities to access our support

In the last financial year, we provided nearly 1,500 opportunities for young people to access our support through activities, programmes, and residential stays.

This represents a 40% increase on the previous year, enabling more young people to benefit from our support, more often – both in person and online.

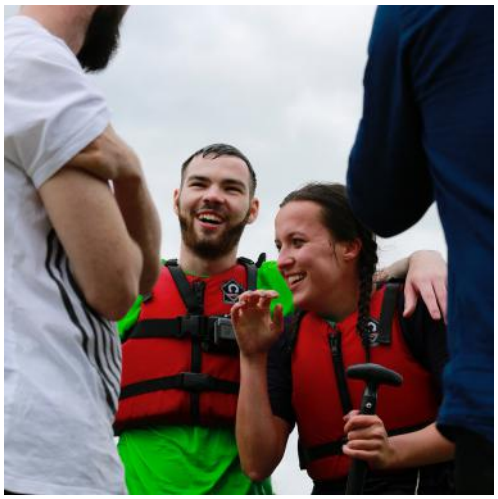
We're proud to be the only charity in the UK providing ongoing support to teenagers and young adults overcoming cancer. This increase in opportunities means more young people can regularly engage with our activities, helping them to build connections, regain confidence, and know they don't have to face what they're going through alone.

Increased the support available to families

Cancer doesn't just affect the person diagnosed, but the whole family. According to research from CCLG, 75% of parents said their family unit had been impacted by emotional and mental health issues during their child or siblings cancer journey.

That's why we made a commitment to ensure more families can access our support – giving them valuable time together away from the stresses and strains that cancer brings, while connecting with others who truly understand.

In the last financial year, we hosted seven more family events than the previous year, including our inaugural Big Family Bake Off in collaboration with local bakers and stars from The Great British Bake Off. The event saw families come together to perfect their bakes in a friendly competition, where they reconnected, and made memories to cherish.



We also introduced The Parent Space – a new series of monthly digital sessions designed especially for parents. These provide a safe, supportive environment where they can share their thoughts and feelings without judgement, feel listened to, and find comfort in knowing they're not alone.

Alongside this, our 'Parents: Let's Talk Cancer' event, held at Samsung KX and hosted by two young people previously supported by Teens Unite, brought 40 parents together in person to hear from a panel of medical professionals, parents, and social workers. It offered a unique opportunity to listen, learn, and ask the questions they've never had the chance to before.

Partnered with more hospitals and social workers

We recognise the importance of working closely with hospitals and social workers to ensure our support is known to young people from the moment they're diagnosed, so we can continue to support them every step of the way, through treatment, recovery, remission and beyond.

This year, we partnered with five new hospitals across the UK, including Addenbrooke's; a major cancer centre in the East of England, with a dedicated teenage cancer ward.

These partnerships have enabled us to deliver 27 'Workshops on the Ward' in hospitals across the UK, giving young people a chance to connect and escape the intensity of treatment.

We've also formed new partnerships with eight additional charities in the youth cancer sector, ensuring young people can access the specialist support they need from a range of organisations working together for their wellbeing.

We've also strengthened our existing relationships, hosting our first collaborative event with Young Lives vs Cancer as part of our formal partnership. This provided an opportunity to expand our reach and connect with even more young people.

By continuing to build partnerships and connections, our expertise has become increasingly recognised among hospital teams and charities. Teens Unite was proud to have a presence at the CCLG CANUK (Cancer Aftercare Nurses UK) meeting, where we were invited to discuss the support needed for young people to return to education or employment following cancer.

Diversified the support we provide

To ensure our support continues to meet the needs and interests of young people at every stage of overcoming a cancer diagnosis, we diversified our programmes and activities.

We introduced five key Pillars of Support, providing greater structure and focus to how we deliver our services:

- Be Creative – to express themselves freely through creativity
- Be Uplifted – to build confidence, self-esteem, and improve wellbeing
- Be Connected – to meet and share experiences with others in a similar situation
- Be Active – to rebuild fitness and physical ability after treatment
- Be Empowered – to feel confident in taking the next steps in life

These Pillars shape all our in-person and digital activities, helping us to provide a broad and varied programme while staying true to our purpose of creating opportunities that bring young people overcoming cancer together – where they can rebuild confidence, learn new skills, make friends, and live life to the full, without cancer holding them back.

Ensured our support is accessible across the UK

To ensure our support remains inclusive and accessible, we have fulfilled our commitment to hosting a minimum of four digital sessions each month, and diversified the activities available. These sessions can be accessed by young people wherever they are, whether at home or in hospital, helping to remove barriers such as travel, mobility, and health limitations.

While the majority of our in-person events currently take place in London and the South East, over the last financial year we expanded our reach to the North of England, hosting two events in Leeds, and a hospital visit in Liverpool.

We also strengthened our presence across the East Midlands and East of England, where we have seen a 24% increase in registrations as a result.

Attendance at these events clearly demonstrates the demand for our services across the UK, and highlights the importance of national reach as a key consideration for our service delivery in 2025/26.

Developing the organisation for success

An overview of how we've strengthened our team and enhanced performance.

18 years

Teens Unite celebrates a special milestone

Recognition in the King's Birthday Honours List

A special award for our co-founder - Debbie Pezzani BEM

5,500

Volunteer hours. That's the equivalent of 3 full time employees

3

members of the team studying for a diploma qualification, in preparation for growth

Developing the organisation for success

What we planned for:

- Continue to create a supportive work environment where team members are empowered to grow alongside the charity's development, and ensure training and development is in place for a period of growth
- Continue to build our volunteer base to incorporate additional skills, experience and resource into our team
- Begin to review, plan and prepare for our next five year strategy, due to commence in 2026

How we performed:

Special recognition award for our Co-Founder

Teens Unite's Co-Founder, Debbie Pezzani was proudly awarded a British Empire Medal (BEM) on the occasion of the Celebration of His Majesty's Birthday, in recognition of her services to teenagers and young adults with cancer. Her consistent contributions and dedication to Teens Unite, since she founded it alongside
Karen Millen OBE in 2007.

Celebrated our 18th Birthday

A pivotal milestone for Teens Unite - celebrating our biggest achievements and looking ahead to our next exciting chapter. The celebration united our team, volunteers, Trustees, partners, and, most importantly, the young people and families we support today and have supported over the past 18 years.

Relocated our Head Office

Following the purchase of our new site in April – soon to be transformed into a dedicated retreat for young people diagnosed with cancer – we relocated our offices there as the first phase of the project.

Remaining within the Borough of Broxbourne was important to us, allowing Teens Unite to maintain strong connections with local volunteers, businesses, and organisations.

One of the existing buildings has been renovated into a professional workspace, with services generously provided pro bono by our corporate partners, Kinovo, Genco and Tesco Plc.

Having our offices on-site reduces costs and supports our long-term vision of uniting operations and service delivery – enabling our team to work collaboratively and maximise our impact for young people overcoming cancer.

Preparing for growth

As Teens Unite looks ahead to a significant period of growth in the next financial year, we've begun preparing for the expansion and development of our team to deliver on the goals set out in our five-year strategy.

A key part of this preparation is our commitment to investing in the people behind the charity - ensuring our staff have opportunities to grow alongside the organisation by developing their skills, knowledge, and confidence to drive sustainable growth and greater impact for young people overcoming cancer.

Through our membership with the Cancer Charity Coalition, two members of our team have enrolled on Leadership and Management diploma programmes with Corndel, with a third member enrolling on a Fundraising diploma.

Additionally, with support from the Evie Dove Foundation, a member of our Beneficiary Team has completed the first year of an MSc in Child and Youth Studies - further enhancing our specialist understanding of the needs of the young people we support.

Expanded our resource through volunteer support

The support of our volunteers has been vital to our growth over the past year, directly contributing to increased income and capacity across the charity.

Collectively, the hours gifted last year equated to three full-time members of staff - representing a 27% increase in our team capacity.

Our volunteers include dedicated individuals from the local community and teams from our corporate partners who support us through CSR days. From assisting in our retail outlet and providing office support to gardening, maintenance, and helping at fundraising events, their contribution has been invaluable.

We're continuing to strengthen our plans to retain and grow this network, recognising that our volunteers are not only an extension of our team, but also valued advocates for the charity - championing our work and sharing our story within their communities.

Driving brand awareness

An overview of how we've strengthened our brand, and raised awareness of the cause we stand for.

5m

views on TikTok

25%

average increase in monthly website traffic since launching new website

43%

average open rate for supporter-based comms

57,000

followers across our social platforms

Driving brand awareness

What we planned for:

- **Design and launch a new website in Q4**
- **Increase social media engagement by 25% across all platforms**
- **Achieve a 30% annual increase in website traffic and 8% improvement in newsletter engagement**
- **Ensure comms are tailored, relevant and meaningful**
- **Plan and execute 3 awareness campaigns**

How we performed:

Designed and launched a new website

A key priority for Teens Unite this financial year was the development and launch of a new website - designed to enhance the user experience for both beneficiaries and supporters, improve functionality, strengthen our brand, and clearly showcase our impact.

Following a thorough tender process, we made the strategic decision to design and build the website entirely in-house - from concept to copy, allowing us to protect charity funds, maintain full creative control and eliminate a monthly maintenance fee.

In the first three months after launch, the website attracted almost 7,000 visitors - a 25% average increase in monthly traffic.

Strengthened our presence on social

In the last financial year, we strengthened our social media strategy - identifying key opportunities to be at the forefront of conversations, from major awareness days to campaigns that give young people overcoming cancer a voice. We also explored digital collaborations with individuals, brands, and charities we work alongside, helping us reach new audiences and drive greater engagement.

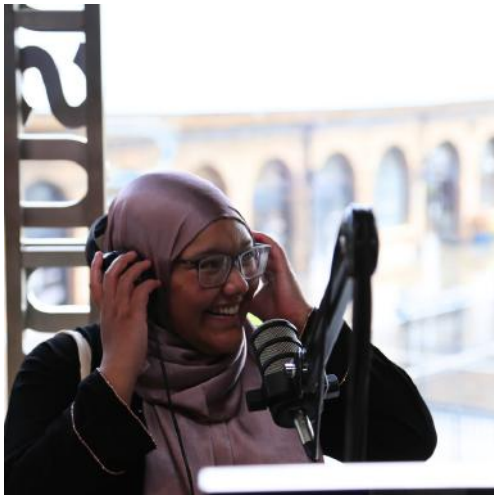
As a result, we reached over 5 million social media users across our platforms and grew our combined following to 57,000.

Our ongoing partnership with TikTok has played a significant role in this success.

Delivered our first major advertising campaign

As a charity, we believe that funds raised should always be used for their intended purpose, which means we don't allocate budget for large-scale marketing campaigns. However, thanks to the support of a new corporate partner, Teens Unite was able to run a national advertising campaign for the first time - entirely free of charge.

Our point-of-sale marketing materials were displayed across 200 forecourts in England and Wales, as part of the partner's commitment to raising more than £25,000 for Teens Unite. The campaign went on to exceed this target.



Participated in high profile events

Following successful applications to ICAP and BGC, Teens Unite had a strong presence at their annual charity fundraising days, joined by celebrity supporters including Leigh Francis, Christine Lampard, and Paul Merson. These high-profile events generated national media coverage and social engagement, raising our profile and strengthening key relationships.

Implemented a targeted approach to communications

By mapping our supporter audiences and segmenting our database by interest and supporter type, we developed a more strategic approach to our communications. This allowed us to plan when and how to engage each group, ensuring they received content that was relevant and meaningful to them.

As a result, engagement and open rates have increased - with our regular supporter newsletters achieving an average open rate of 43%, compared to the non-profit average of 29%.

Raised funds and awareness through campaigns

Teens Unite ran three main campaigns this financial year: TYA Cancer Awareness Month, Mental Health Awareness Week, and The Big Give Christmas Challenge.

Each provided an opportunity to give young people a voice – highlighting the realities of overcoming cancer at this age, whilst raising vital funds to ensure more young people can access the support they need.

Significantly grow income

An overview of how we've progressed towards trebling our income as part of our five year strategy.

£1.2m

generated in income

649

challenge participants

Over £100,000

net income raised through our annual Strictly Dancing Ball

£238,041

saved in Gift in Kind

Significantly grow income

What we planned for:

- **Continue to work towards trebling income as part of our five year strategic plan**
- **Secure new corporate partnerships and collaborations to account for 10% of income**
- **Diversify income through e-commerce sales, and growing our retail outlet**
- **Continue to drive income through fundraising challenges and events, equating for 50% of income**

How we performed:

Generated over £1million income

Teens Unite generated an income in excess of £1.2million - an 27% increase on the previous financial year and a significant achievement in the current challenging financial climate.

Through maintaining tight financial controls, and prudent management, we have successfully reduced both fundraising and trading expenditure, maximising the impact of every pound, ensuring that more resources are direct towards delivering services for young people.

Increased income through fundraising events and challenges

Our goal was to maintain 50% of income through fundraising events and challenges; this target was exceeded, with 52% of total income generated through these activities.

An incredible 649 participants took on challenges for Teens Unite - from organised events to bespoke personal challenges – collectively raising over £302,000 - a 22% increase in challenge income.

Among them, 19 participants, including our founders Debbie Pezzani and Karen Millen OBE, took part in an overseas cycling challenge in India, covering 400km over nine days.

Our signature annual fundraising event, the Strictly Dancing Ball, entered its sixth year and continued its renowned success, welcoming over 500 guests and raising more than £100,000 profit.

Received funding for necessary resource

A reduction in expenditure has been made possible through a multi-year grant from a charitable foundation to fund the salary of our Beneficiary Engagement Lead - a vital role focused on building and nurturing relationships with the young people and families we support, shaping and delivering our services, and extending our reach through hospitals and charities across the UK.

Moved our retail outlet to a high-street location

In March 2025, our retail outlet relocated to a prominent high-street location in our home county, the Borough of Broxbourne, as part of our strategy to strengthen this as an income stream and drive brand awareness.

It continues to be run by our dedicated volunteers and stocked through generous donations from high-street retailers. It has become a valuable source of income, in addition to growing our presence in the local community.

Welcomed new corporate partners and strengthened existing partnerships

Over the last financial year, we welcomed 16 new corporate partners, including Indu, Warner Bros and Eurovia, while continuing to strengthen relationships with our existing partners.

We adopted a more strategic approach, focusing on organisations based locally or with a local connection, and exploring how we can build meaningful, ongoing partnerships rather than one-off donations. By working collaboratively, we've increased the number of CSR days, with teams volunteering, taking on challenges and joining team-building activities - helping organisations and their employees better understand the need for Teens Unite and the impact of their support.

Secured pro bono support

Our ambition for the past financial year was for corporate partnerships and collaborations to account for 10% of our annual income. While this target was not achieved through financial donations alone, the pro-bono support we received has carried equal value through the contribution of services, products, and expertise.

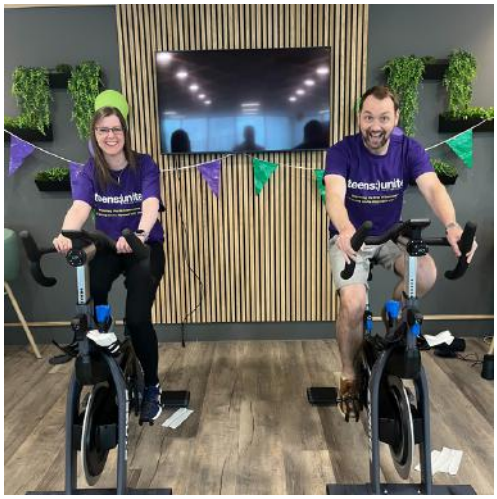
This was demonstrated most notably through the purchase of our new site and subsequent office move.

The first phase of development - transforming an existing barn into a safe, professional, and fully functional office space, was delivered entirely free of charge, thanks to the generosity of Tesco, Kinovo, and Genco, who carried out the renovation.

The office move itself was also completed at zero cost to the charity, with corporate partners volunteering their time, vehicles, and services.

This invaluable support protected the funds secured for the wider site redevelopment, as we work towards opening the first retreat in England for young people diagnosed with cancer. As our plans progress, we are grateful for the continued pro-bono support of our architects, Saunders.

Pro-bono contributions across other areas of our operations and service delivery have not only reduced expenditure, such as through gifted IT support from Ricoh UK, but also enabled us to explore new initiatives. This includes our partnership with JP Morgan, who we will be working alongside to develop a new online platform for the young people we support.



We're delighted these relationships will continue throughout 25/26.

Gifted products, services and facilities means that our gift in kind total for the last financial year was £238,041.

Product collaboration

We worked alongside long-standing supporters, jewellery brand Estella Bartlett, to create a new bracelet, with all profits from each sale donated to Teens Unite.

The bracelet was designed by a young person supported by Teens Unite during a jewellery design workshop with Estella Bartlett.

Now available online and in-store through Estella Bartlett and John Lewis, the bracelet not only raises vital funds but also helps to increase awareness of Teens Unite and the support we provide.

Building for the future

An overview of how we've been working towards transforming youth cancer support by opening the first retreat in England for teenagers and young adults living with, and beyond cancer.

CGI images provided by our architect, Saunders

Building for the future

What we planned for:

- **Complete the purchase of the site for the retreat**
- **Finalise architectural plans, ensuring the needs of beneficiaries are met**
- **Secure an income of over £1million to support the start of the capital appeal to reach our fundraising target**
- **Build an advisory board to support the fundraising and delivery of the project**

How we performed:

Purchased our new site

In April 2024, Teens Unite purchased Home Farm - a private 1.6-acre site in Broxbourne, Hertfordshire, where we will bring our vision of opening the first retreat in England for teenagers and young adults overcoming cancer to life.

Set in a tranquil and idyllic location, the site is an ideal setting for young people to focus on their mental and physical wellbeing, while remaining easily accessible with excellent transport links and close to leading cancer hospitals in London.

Its location also allows Teens Unite to stay rooted in the Borough of Broxbourne, near our volunteers, retail outlet, and many of our corporate partners.

Appointed an architect and progressed with our plans

Since purchasing the site, we have appointed an architect for the project - Saunders, specialists in recreational and educational design. Through detailed research, analysis, and building surveys, we've explored how best to utilise the site's existing assets and adapt them to meet the needs of the young people we support.

This comprehensive analysis, combined with in-depth building surveys (provided pro-bono by MRPP expert planning consultants), revealed that, regrettably, some of the existing structures are not fit for purpose.

We have now finalised plans to develop the retreat so it is fully inclusive, accessible, and designed to facilitate the support we provide, ready to submit for planning permission.

Developed a case for support

We have developed a comprehensive Case for Support for the retreat, outlining the need for the project, how it will be used, and providing a detailed analysis of timelines, occupancy forecasts, sustainability plans, and funding requirements.

The Case for Support also sets out a phased approach to development:

- Phase 1: Renovation of the existing granary barn into our new offices – completed this financial year.
- Phase 2: Conversion of an additional barn into a purpose-built activity centre – the focus for next year.
- Phase 3: Construction of a new residential building to create accessible accommodation for young people attending the retreat.

Project team

As progress continues, a dedicated project team has been established to ensure that every aspect of the retreat's development is managed properly and with due diligence.

The team brings together individuals with the expertise required to guide the project, ensuring that decisions are well-informed, resources are used wisely, and work progresses in a structured and accountable way.

Led by our Chief Executive, the team includes our Treasurer, a Planning Consultant, Project Manager, Property Developer, and Maintenance and Services COO – all volunteering their time and professional insight.

Their combined experience ensures the project advances efficiently and responsibly, reducing the risk of delays or errors and maintaining the highest standards throughout this long-term development.

"One of my young people felt very alone, isolated, depressed, and feeling like a burden. After linking her with Teens Unite, she would tell me about meeting up with her new friends found through the charity. She started feeling a lot more positive and hopeful about her future - a real transformation."

Hana, Senior Social Worker - Momentum

Preventing and managing risk

Managing and preventing overall risk

While not all risks are avoidable, Teens Unite has a robust risk management process in place to mitigate potential risks as effectively as possible. This process is reviewed monthly by the Chief Executive and Treasurer, with the Board of Trustees conducting a comprehensive assessment of major operational and financial risks during their quarterly meetings. All meeting discussions, actions, and activities are formally recorded for accountability.

Key aspects of our risk management include:

- Risk Register: All major risks are documented, categorised, and evaluated for likelihood and severity, with each assigned a dedicated owner.
- Project and Event Risk Assessments: Every project and event undergoes thorough risk assessment at the planning stage; determining whether the event or project should go ahead
- Monitoring External Factors: External influences (financial, political, or cultural) and their potential impact on the organisation are carefully monitored, with precuations implemented where necessary

The Board of Trustees and Senior Management Team are confident that the systems, policies, and measures in place effectively reduce exposure to risk, ensuring the continued success and resilience of the charity.

Financial risk and our reserves policy

During the year, the Trustees reviewed our long-standing policy of holding three months of operational reserves, considering both the organisation's ambitions for growth and our commitment to ensuring continuity of support for young people living with and beyond cancer. As a result of this review, we have set a strategic target to build reserves equivalent to six months of operating expenditure over the next two years.

Through careful and prudent financial management during 2024/25, we have already taken a significant step towards this goal. We will enter the 2025/26 financial year with operational reserves equivalent to four months, strengthening our resilience and ensuring we can continue to deliver, and grow, our vital services with confidence and stability.

Designated funds

At the start of the 2024/25 financial year, the Charity held designated funds of £1.4m, set aside for the sole purpose of purchasing and developing the Home of Teens Unite. During the year, these funds were used in line with their designation to acquire Home Farm, which now serves as the Charity's Head Office and will be developed into the first purpose-built retreat in England for teenagers and young adults living with and beyond cancer.

The remaining designated funds were replenished, and we will enter the 2025/26 financial year with £600k set aside to support the next phase of this exciting development, ensuring that our vision for a dedicated, safe, and inspiring space for young people continues to progress.

Safeguarding and wellbeing

At Teens Unite, safeguarding and promoting the wellbeing of everyone involved in our charity - young people, their families, and our employees - are core to our values. We recognise the immense responsibility entrusted to us as we support young people living with, and beyond cancer, and we are commitment to creating a safe, inclusive, and encouraging environment for all.

We are mindful that for the young people we support, safeguarding is more than a policy; it is embedded in every aspect of our services. We ensure that all our activities, whether in person or online, adhere to strict safeguarding standards. Our dedicated team is trained to identify and address potential risks, while fostering an atmosphere of trust and respect.

The safeguarding policies and procedures we abide by are as follows:

- Safe recruitment policies including DBS (Disclosure and Barring Service) checks are obtained for all staff members, and any voluntary members of the team who interact with our beneficiaries

- All staff, Trustees, and voluntary members where necessary undertake annual safeguarding training, provided by an approved CPD supplier, in line with NSPCC guidelines

- All staff, Trustees, and voluntary members where necessary, are reminded annually of the safeguarding policies and procedures in place; and the process of managing safeguarding concerns

- Risk and safeguarding assessments are conducted prior to all beneficiary activity to protect the safety and wellbeing of the teenagers and young adults, staff and volunteers

Our safeguarding practice, policies, and procedures are overseen by our Safeguarding Lead on the Trustee Board, alongside the Chief Executive and Beneficiary Team. It is their overall responsibility to ensure the safety and protection of the teenagers and young adults we support.

Alongside safeguarding, we place significant emphasis on the wellbeing of everyone within the organisation, not just those we support. We encourage openness, prioritise mental health as much as physical health, and provide opportunities to professionally develop.

Our dedication to safeguarding and wellbeing is at the heart of everything we do. It reflects our unwavering commitment to creating an environment where everyone involved with Teens Unite can feel safe, valued, and inspired to achieve their potential.

Looking ahead to 2025/26

Following the success of the financial year 2024/25, we look ahead to building on this momentum by expanding our reach, enhancing our delivery, and working towards achieving our ambitious goals for the year ahead.

We will continue to focus on achieving the objectives within the five-pillars of our five year strategy:

1

Attracting & Engaging

We will ensure accessible and inclusive support is available to young people across the UK, at all stages of their cancer journey, enabling them to overcome the long-term mental, emotional and physical impacts of their diagnosis.

2

Developing the organisation for success

We will continue to build a culture of excellence and continuous improvement across the organisation – developing our people, strengthening our Trustee and Youth Ambassador Boards, and creating an environment where everyone is valued and supported to reach their full potential.

3

Driving brand awareness

We will position Teens Unite as the trusted and recognised leader in teenage and young adult cancer support - the organisation young people turn to as they live with, and beyond cancer, and one that supporters are proud to champion.

4

Significantly grow income

We will deliver a flexible, diverse funding strategy that keeps Teens Unite financially strong and able to meet growing demand, strengthening existing income streams while developing new and innovative approaches to fundraising, partnerships, and earned income.

5

Building for the future

We will expand our service offering to reach more young people across the UK and create lasting, tangible impact through the development of new spaces, opportunities, and programmes.

If you're one of our existing funders or partners, or if you're an organisation looking to show your support, please contact us for our detailed strategy on how we're working towards achieving these goals.

E: info@teensunite.org

Structure, governance, and maintenance

The Charity is a company limited by guarantee and was set up by a trust deed on 16 February 2007.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

J. Reynolds (resigned 4th September 2024)
J. Marchant
Dr. R. Godfrey (appointed as Chair in July 2024)
P. Maslen
Dr. A. Sadler
N Collins
S Parmar

The Charity maintains a Board of Trustees, a minimum of three and a maximum of eight at any time. Trustees serve a term of three years on the Board and take a lead role in supporting the operation to deliver against the five-year strategy. This involves monitoring and taking prompt and decisive action to ensure that performance and impact is achieved. The Board, too, are the guardians of our fundamental values and ethos. The Board is supported by the Charities Co-Founders Debbie Pezzani BEM and Karen Millen OBE.

The Board of Trustees meets, formally, a minimum of four times a year and host an annual AGM to ensure the Charity has a clear vision, mission and strategic direction and is focused on achieving them.

The Board reviews and approves the Charity's strategic and annual plans and is committed to its own strategic plan which ensures leadership, integrity, effectiveness, diversity, openness, and accountability and well as a strategic view of decision making and risk management in line with general guidance published by the Charity Commission.

The Trustees regularly review the membership of the Board to ensure that the necessary skills, experiences, and perspectives needed for effective governance are in place.

None of the Trustees of the charity receives any remuneration or other benefit from their work with the charity.

The Teens Unite Operational Team has responsibility for the day-to-day management of the Charity. This team comprises the Chief Executive Officer, supported by a team of nine employees responsible for Operational Management, Trust and Partnership Income, Fundraising and Event Management, Marketing and Communications and Beneficiary Delivery and Support.

Each of the Trustees has confirmed that, so far as they are aware, there is no relevant audit information of which the charity's auditors are unaware. They have also done everything they should have done, as a Trustee, to make themselves aware of any relevant audit information and to ensure the charity's auditors are aware of it.

The Trustees' report was approved by the Board of Trustees.

Trustee: Dr Rebecca Godfrey

Signature:

Date: 19 December 2025

TEENS UNITE FIGHTING CANCER

INDEPENDENT AUDITOR'S REPORT

TO THE TRUSTEES OF TEENS UNITE FIGHTING CANCER

Opinion
We have audited the financial statements of Teens Unite Fighting Cancer (the 'charity') for the year ended 31 March 2025 which comprise the statement of financial activities, the balance sheet and the notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:
- give a true and fair view of the state of the charitable company's affairs as at 31 March 2025 and of its incoming resources and application of resources, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion
We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern
In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information
The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Matters on which we are required to report by exception
We have nothing to report in respect of the following matters in relation to which the Charities (Accounts and Reports) Regulations 2008 requires us to report to you if, in our opinion:
- the information given in the financial statements is inconsistent in any material respect with the trustees' report; or
- sufficient accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees
As explained more fully in the statement of trustees' responsibilities, the trustees, who are also the directors of the charity for the purpose of company law, are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error. In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements
We have been appointed as auditor under section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud, is detailed below.

We gained an understanding of the legal and regulatory framework applicable to the charity and the sector in which it operates and considered the risk of acts by the charity that were contrary to applicable laws and regulations, including fraud. We designed audit procedures to respond to the risk, recognising that the risk of not detecting a material misstatement due to fraud is higher than the risk of not detecting one resulting from error, as fraud may involve deliberate concealment by, for example, forgery or intentional misrepresentations, or through collusion. We focussed on laws and regulations which could give rise to a material misstatement in the financial statements, including, but not limited to, the Charities Act 2011 and the Companies Act 2006.

Our tests included:
· Evaluation of the design of management's controls designed to prevent and detect irregularities.
· Testing unusual or unexpected journal entries, particularly those impacting revenue.
· Challenging assumptions and judgements made by management in respect of significant accounting estimates.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission, or misrepresentation.

A further description of our responsibilities is available on the Financial Reporting Council's website at: https://www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

Other matters
The prior year's financial statements were not audited.

Use of our report
This report is made solely to the charity's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

INDEPENDENT AUDITOR'S REPORT (CONTINUED)
TO THE TRUSTEES OF TEENS UNITE FIGHTING CANCER

Keith Grover
Keith Grover (Dec 19, 2025 10:23:19 GMT)

Keith Grover (Senior Statutory Auditor)
For and on behalf of HB Accountants, Statutory Auditor
Chartered Accountants
28 Plumpton House
Plumpton Road
Hoddesdon
Hertfordshire
EN11 0LB
Date: 19/12/25

HB Accountants is eligible for appointment as auditor of the charity by virtue of its eligibility for appointment as auditor of a company under section 1212 of the Companies Act 2006.

TEENS UNITE FIGHTING CANCER

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2025

Current financial year

	Notes	Unrestricted funds general 2025 £	Unrestricted funds designated 2025 £	Restricted funds 2025 £	Total 2025 £	Total 2024 £
Income from:						
Voluntary income	**3**	501,881	-	65,515	567,396	344,223
Activities for generating funds	**4**	641,012	-	-	641,012	596,571
Investment income	**5**	18,160	-	-	18,160	25,658
Total income		1,161,053	-	65,515	1,226,568	966,452
Expenditure on:						
Costs of raising funds	**6**	377,795	-	-	377,795	344,169
Charitable activities	**7**	587,421	-	40,120	627,541	418,616
Total resources expended		965,216	-	40,120	1,005,336	762,785
Net gains/(losses) on investments		1,480	-	-	1,480	7,606
Net incoming resources before transfers		197,317	-	25,395	222,712	211,273
Gross transfers between funds		800,000	(800,000)	-	-	-
Net movement in funds		997,317	(800,000)	25,395	222,712	211,273
Fund balances at 1 April 2024		269,833	1,400,000	7,500	1,677,333	1,466,060
Fund balances at 31 March 2025		1,267,150	600,000	32,895	1,900,045	1,677,333

During the year, the Charity utilised a portion of its designated funds to support the acquisition of a residential property in Hertfordshire, which will become The House of Teens Unite — the first purpose-built retreat for teenagers and young adults diagnosed with cancer. Following this expenditure, the balance of designated funds stands at £600,000. These funds remain designated by the Board of Trustees exclusively for the continued development of the site and will be applied in accordance with the Charity's Designated Funds and Reserves Policy.

The statement of financial activities includes all gains and losses recognised in the year.

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

TEENS UNITE FIGHTING CANCER

STATEMENT OF FINANCIAL ACTIVITIES (CONTINUED) INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2025

Prior financial year

	Notes	Unrestricted funds general 2024 £	Unrestricted funds designated 2024 £	Restricted funds 2024 £	Total 2024 £
Income from:					
Voluntary income	**3**	253,110	-	91,113	344,223
Activities for generating funds	**4**	596,571	-	-	596,571
Investment income	**5**	25,658	-	-	25,658
Total income		875,339	-	91,113	966,452
Expenditure on:					
Costs of raising funds	**6**	344,169	-	-	344,169
Charitable activities	**7**	324,103	-	94,513	418,616
Total resources expended		668,272	-	94,513	762,785
Net gains/(losses) on investments		7,606	-	-	7,606
Net incoming resources before transfers		214,673	-	(3,400)	211,273
Gross transfers between funds		(200,000)	200,000	-	-
Net movement in funds		14,673	200,000	(3,400)	211,273
Fund balances at 1 April 2023		255,160	1,200,000	10,900	1,466,060
Fund balances at 31 March 2024		269,833	1,400,000	7,500	1,677,333

The statement of financial activities includes all gains and losses recognised in the year.

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

TEENS UNITE FIGHTING CANCER

BALANCE SHEET

AS AT 31 MARCH 2025

	Notes	2025 £	2025 £	2024 £	2024 £
Fixed assets					
Tangible assets	**13**		1,878,906		7,974
Current assets					
Debtors	**14**	48,146		257,870	
Investments	**15**	15,099		20,888	
Cash at bank and in hand		788,103		1,426,131	
		851,348		1,704,889	
Creditors: amounts falling due within one year	**16**	(41,118)		(35,530)	
Net current assets			810,230		1,669,359
Total assets less current liabilities			2,689,136		1,677,333
Creditors: amounts falling due after more than one year	**17**		(789,091)		-
Net assets			1,900,045		1,677,333
The funds of the charity					
Restricted income funds	**19**		32,895		7,500
Unrestricted funds - general			1,267,150		269,833
Unrestricted funds - designated	**20**		600,000		1,400,000
			1,900,045		1,677,333

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2025.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements under the requirements of the Companies Act 2006, for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the trustees on 19 December 2025

.....
Dr. R. Godfrey
Chair of trustees

Company registration number 06111574 (England and Wales)

1 Accounting policies

Charity information

Teens Unite Fighting Cancer is a private company limited by guarantee incorporated in England and Wales. The registered office is Home Farm, White Stubbs Lane, Broxbourne, EN10 7PZ.

1.1 Accounting convention

The accounts have been prepared in accordance with the charity's trust deed, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Incoming resources

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

Gifts and services in kind are included in the accounts at fair view. Income is included in donations and expenses included in the relevant expenditure category.

A grant that specifies performance conditions is recognised in income when the performance conditions are met. Where a grant does not specify performance conditions it is recognised in income when the proceeds are received or receivable. A grant received before the recognition criteria are satisfied is recognised as a liability.

Sales of donated goods are recognised only when these items are sold as it is considered to be impracticable to value these goods upon receipt . Stocks of undistributed donated goods are not valued for balance sheet purposes.

1 Accounting policies (continued)

1.5 Resources expended

All expenditure is accounted for on an accruals basis and is inclusive of irrecoverable VAT.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Land and buildings	0%
Fixtures, fittings & equipment	25% reducing balance
Computer equipment	25% straight line
Motor vehicles	25% reducing balance

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Investments

Current asset investments are stated at market value.

1.8 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.9 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.10 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

1 Accounting policies (continued)

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.11 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.12 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

1.13 Leases

Rentals payable under operating leases, including any lease incentives received, are charged as an expense on a straight line basis over the term of the relevant lease.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Voluntary income

	Unrestricted general funds	Restricted funds	Total 2025	Total 2024
	£	£	£	£
Grants, gifts and donations	263,840	65,515	329,355	295,136
Donated goods and services	238,041	-	238,041	49,087
	501,881	65,515	567,396	344,223
For the year ended 31 March 2024	253,110	91,113		344,223

4 Activities for generating funds

	Unrestricted funds general 2025	Unrestricted funds general 2024
	£	£
Fundraising events	585,861	525,370
Charity Shop income	55,151	71,201
	641,012	596,571

5 Investment income

	Unrestricted funds general 2025	Unrestricted funds general 2024
	£	£
Income from listed investments	6,919	6,651
Interest receivable	11,241	19,007
	18,160	25,658

6 Costs of raising funds

	2025	2024
	£	£
Staging fundraising events	230,846	209,913
Charity Shop expenses	10,832	13,325
Staff costs	110,152	106,315
Share of support costs (see note 8)	21,930	11,546
Share of governance costs (see note 8)	4,035	3,070
	377,795	344,169

7 Expenditure on charitable activities

	2025	2024
	£	£
Staff costs	307,807	253,254
Teens events and activities	144,019	89,829
Legal and professional fees	5,508	13,870
Advertising and promotion	4,523	3,198
Bank loan interest and charges	61,827	-
Share of support costs (see note 8)	87,719	46,184
Share of governance costs (see note 8)	16,138	12,281
	627,541	418,616
Analysis by fund		
Unrestricted funds	587,421	324,103
Restricted funds	40,120	94,513
	627,541	418,616

8 Support and governance costs

	Support costs	Governance costs	2025	2024	Basis of allocation
	£	£	£	£	
Staff costs	19,736	13,573	33,309	25,391	
Depreciation	4,221	-	4,221	2,658	
Premises	57,554	-	57,554	27,925	
Motor and travel	1,240	-	1,240	1,862	
Printing, postage, stationery and telephone	17,209	-	17,209	2,628	
Information technology	2,627	-	2,627	1,801	
Bank, credit card and justgiving charges	566	-	566	599	
Staff expenses	4,542	-	4,542	5,142	
Legal and professional fees	1,856	-	1,856	1,440	
Other expenses	98	-	98	815	
Audit fees	-	3,600	3,600	-	
Accountancy fees	-	3,000	3,000	2,820	
	109,649	20,173	129,822	73,081	
Analysed between					
Fundraising	21,930	4,035	25,965	14,616	
Charitable activities	87,719	16,138	103,857	58,465	
	109,649	20,173	129,822	73,081	

Support and governance costs are allocated between fundraising and charitable activities as decided by the trustees based on what they consider to be a reasonable measure of activity. This year and last year the ratio was 20:80.

9 Trustees

None of the trustees (or any persons connected with them) received any remuneration during the year and were not reimbursed for any expenses.

10 Employees

Number of employees

The average monthly number of employees during the year was:

	2025 Number	2024 Number
.	12	10

Employment costs	2025 £	2024 £
Wages and salaries	408,507	348,122
Social security costs	35,547	30,152
Other pension costs	7,214	6,686
	451,268	384,960

The number of employees whose annual remuneration was £60,000 or more were:

	2025 Number	2024 Number
£60,000 - £70,000	1	1

11 Related party transactions

Remuneration of key management personnel

The remuneration of key management personnel was as follows:

	2025 £	2024 £
Aggregate compensation	105,626	99,214

The figure reported under 'Aggregate Compensation' represents the combined remuneration of the organisation's senior leadership team. This aggregated disclosure is provided in accordance with reporting requirements and should not be interpreted as the salary of a single individual.

Transactions with related parties

During the year the charity entered into the following transactions with related parties:

	Purchase of goods 2025 £	2024 £
Other related parties	-	280

12 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

13 Tangible fixed assets

	Land and buildings	Fixtures, fittings & equipment	Computer equipment	Motor vehicles	Total
	£	£	£	£	£
Cost					
At 1 April 2024	-	96,750	5,294	19,617	121,661
Additions	1,870,229	3,875	1,049	-	1,875,153
Disposals	-	(59,315)	-	-	(59,315)
At 31 March 2025	1,870,229	41,310	6,343	19,617	1,937,499
Depreciation and impairment					
At 1 April 2024	-	94,219	1,323	18,145	113,687
Depreciation charged in the year	-	2,530	1,323	368	4,221
Eliminated in respect of disposals	-	(59,315)	-	-	(59,315)
At 31 March 2025	-	37,434	2,646	18,513	58,593
Carrying amount					
At 31 March 2025	1,870,229	3,876	3,697	1,104	1,878,906
At 31 March 2024	-	2,531	3,971	1,472	7,974

The land and buildings relates to the Hertfordshire premises acquired by the charity, which is undergoing a multi-phase development. Phase 1 of the works was completed during the financial year.

14 Debtors

	2025	2024
Amounts falling due within one year:	£	£
Other debtors	28,398	214,295
Prepayments and accrued income	19,748	43,575
	48,146	257,870

15 Current asset investments

	2025	2024
	£	£
Listed investments	15,099	20,888

16 Creditors: amounts falling due within one year

	Notes	2025 £	2024 £
Bank loans	18	10,909	-
Other taxation and social security		-	9,783
Accruals and deferred income		30,209	25,747
		41,118	35,530

17 Creditors: amounts falling due after more than one year

	Notes	2025 £	2024 £
Bank loans	18	789,091	-

18 Loans and overdrafts

	2025 £	2024 £
Bank loans	800,000	-
Payable within one year	10,909	-
Payable after one year	789,091	-
Amounts included above which fall due after five years:		
Payable by instalments	731,949	-

The bank loan is secured by a fixed charge over the freehold property.

19 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	At 1 April 2024 £	Incoming resources £	Resources expended £	At 31 March 2025 £
Teens activities	7,500	16,206	(10,581)	13,125
Salary costs	-	44,309	(29,539)	14,770
Other expenses	-	5,000	-	5,000
	7,500	65,515	(40,120)	32,895

19 Restricted funds (continued)

Previous year:	At 1 April 2023	Incoming resources	Resources expended	At 31 March 2024
	£	£	£	£
Teens activities	10,900	17,640	(21,040)	7,500
Salary costs	-	73,473	(73,473)	-
	10,900	91,113	(94,513)	7,500

20 Designated funds

These are unrestricted funds which are material to the charity's activities.

	At 1 April 2024	Transfers	At 31 March 2025
	£	£	£
The House of Teens Unite	1,400,000	(800,000)	600,000

Previous year:	At 1 April 2023	Transfers	At 31 March 2024
	£	£	£
The House of Teens Unite	1,200,000	200,000	1,400,000

The Charity's £600,000 designated funds reported at the end of the financial year were set aside to be used exclusively for the development of the House of Teens Unite site.

21 Analysis of net assets between funds

	Unrestricted funds 2025	Designated funds 2025	Restricted funds 2025	Total 2025	Unrestricted funds 2024	Designated funds 2024	Restricted funds 2024	Total 2024
	£	£	£	£	£	£	£	£
Fund balances at 31 March 2025 are represented by:								
Tangible assets	1,878,906	-	-	1,878,906	7,974	-	-	7,974
Current assets/(liabilities)	177,335	600,000	32,895	810,230	261,859	1,400,000	7,500	1,669,359
Long term liabilities	(789,091)	-	-	(789,091)	-	-	-	-
	1,267,150	600,000	32,895	1,900,045	269,833	1,400,000	7,500	1,677,333

22 Operating lease commitments

Lessee

At the reporting end date the charity had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

	2025	2024
	£	£
Within one year	12,000	-
Between two and five years	36,000	-
In over five years	12,000	-
	60,000	-

Every young person deserves the chance to thrive, and cancer shouldn't get in the way.

Teens Unite ensures that life is still full of possibility for teenagers and young adults living with, and beyond a cancer diagnosis.

TEENS UNITE FIGHTING CANCER

England & Wales - Charity number 1118361

Accounts

Teens Unite Fighting Cancer

Annual Report and Financial Statements

For year ending 31st March 2024

teens:)unite
FIGHTING CANCER

Registered Charity Number: 1118361
Company Registration Number: 06111574
(England and Wales)

Legal and Administrative Information

Trustees
Julia Reynolds
P Maslen
J Marchant
N Collins
Dr A Sadler
S Parmar

Chair of Trustees
Dr Rebecca Godfrey

Chief Executive:
Roxanne Lawrance

Co-Founders:
Debbie Pezzani
Karen Millen OBE

Charity Number: 1118361
Company Number: 06111574

Trading address:
Hoddesdon Gateway, The Old Police Station, High Street, Hoddesdon, EN11 8BJ

Registered office:
Home Farm, White Stubbs Lane, Broxbourne, Hertfordshire, EN10 7PZ

Accountants:
HB Accountants, Plumpton House, Plumpton Road, Hoddesdon, EN11 0LB

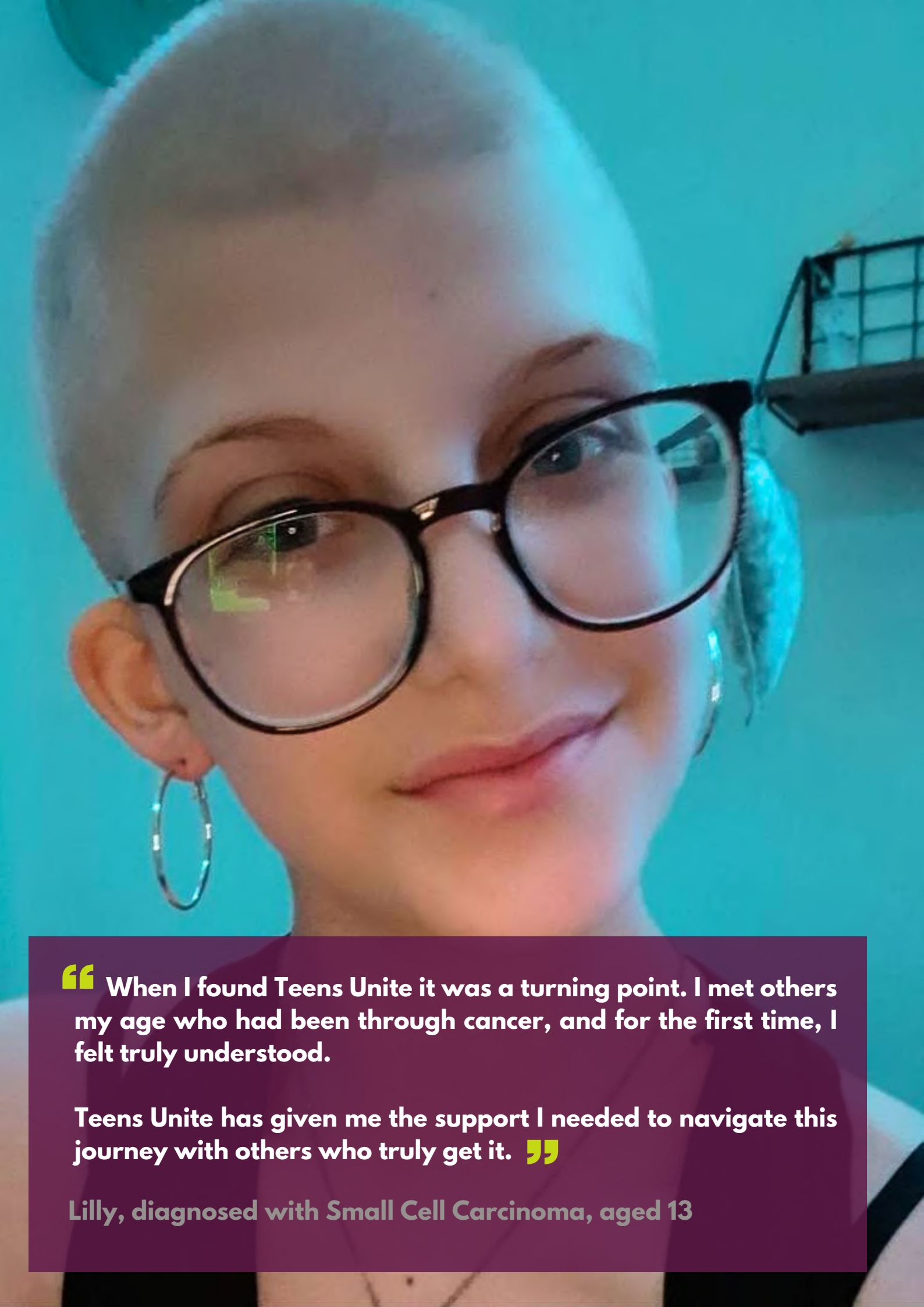
Bankers
Barclays Bank Plc, Upper Marlborough Road, St Albans, Hertfordshire, AL1 3AL

Investment Advisors
St. James's Place Wealth Management, St. James's Place House, 1 Tetbury Road, Gloucestershire, GL7 1FP

The trustees present their annual report and financial statements for the year ended 31 March 2024.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the Charity's Trust Deed, the Companies Act 2006 and the Statement of Recommended Practice, "Accounting and Reporting by Charities", issued in March 2005.

The Trustees confirm that they have complied with the duty in Section 4 of the Charities Act 2006 to have due regard to the Charity Commission's general guidance on public benefit, 'Charities and Public Benefit'. That guidance addresses the need for all charities' aims to be, demonstrably, for the public benefit.



“When I found Teens Unite it was a turning point. I met others my age who had been through cancer, and for the first time, I felt truly understood.

Teens Unite has given me the support I needed to navigate this journey with others who truly get it.”

Lilly, diagnosed with Small Cell Carcinoma, aged 13

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An introduction from our Chief Executive and Chair Trustee

"At a time when the cost of living crisis continues to challenge the third sector, we are proud to share the successes of Teens Unite Fighting Cancer over the past financial year.

According to research from NCVO, rising operational and service delivery costs, along with declining charitable giving may lead to one in five charities disappearing by the end of 2024.

Yet, despite these challenges, Teens Unite has seen a remarkable 26% increase in income compared to our previous financial year. This growth has enabled us to support more teenagers and young adults living with, and beyond cancer than ever before.

None of this would have been possible without the support of our donors, funders, volunteers, social and hospital teams, and corporate and charity partners. Their continued commitment to our cause over the past year, has enabled us to provide 1,047 spaces for young people to access our face-to-face support when they need it most, alongside the expansion of our outreach services.

For a generation where their mental health, finances, and social inclusion are already under strain, cancer amplifies these problems in young people even further, and our mission to improve their lives has never been more urgent.

In the past 12 months, we've seen a significant 140% increase in registrations from 13–24-year-olds navigating life during and after cancer. To meet this growing demand, we've remained steadfast in delivering our five-year strategic plan, now in its third year. From engaging more hospital teams to diversifying our income and strengthening our brand, these efforts have helped us expand our reach across the UK.

These successes are preparing us for the most exciting chapter in our journey so far.

As the ever-increasing demand for our support continues, Teens Unite is preparing to open the first retreat in England for teenagers and young adults whose lives have been impacted by cancer.

This financial year, we made a significant step forward with securing a suitable site. This space will be transformed into a retreat offering the ongoing support, connection, and opportunities needed by young people following a cancer diagnosis.

With the purchase completed in April 2024, this major milestone will be the start of Teens Unite transforming the support available to young cancer patients outside of medical care."

Roxanne Lawrance, Chief Executive

Dr Rebecca Godfrey, Chair Trustee

We are delighted to announce that, following a rigorous recruitment process, Dr. Rebecca Godfrey was appointed Chair Trustee in July 2024.

Dr. Godfrey has since signed off on our annual report and financial statement, for 2023-24.

"Teens Unite have given me the confidence and motivation to continue with my studies and pursue my career.

Without them, I wouldn't be where I am today. And knowing I have their ongoing support for as long as I need it, is one of the best feelings you can have."

James, diagnosed with a brain tumour, aged 16

Objectives and activities

Why we're needed

Every young person deserves to thrive in life, and cancer shouldn't get in the way.

Cancer brings a specific set of challenges to teenagers and young adults. It impacts their mental and physical health, friendships, education, and aspirations for the future.

It's an isolating and lonely experience, that doesn't just take away their 'normal', but deprives them of opportunities which shape who they are and what they can achieve.

Without the right support, cancer doesn't just affect their key developmental years, it changes the rest of their lives.

Teens Unite ensures that teenagers and young adults can live life to the full, and reach their potential, without cancer holding them back.

Every two minutes, someone in the UK is diagnosed with cancer, with the fastest-growing incidence among those aged 20-24. *

Over 40,000 teenagers and young adults across the UK are now living with cancer and the lasting effects of treatment.

The impact of cancer for teenagers and young adults**:

96%	87%	95%	77%
feel a negative impact on their mental health	lose contact with their friends	experience a negative impact on their physical ability	have difficulty finding work after treatment

* Cancer Research UK - www.cancerresearchuk.org

** Statistics gathered internally by Teens Unite as a result of extensive research and analysis of the information provided by beneficiaries

How we change young lives

We're empowering young people to embrace life with cancer, and thrive beyond it.

We take action from the start. From the moment a young person hears the words 'you have cancer', they can start accessing our support.

And we're here for them throughout it all - treatment, remission, and as they navigate the years that follow.

Our tailored activities, residential stays, and skills-based programmes, unite teenagers and young adults with a shared experience of cancer.

Supported by Teens Unite, and encouraged by each other, they find friendship, learn new skills, challenge themselves, and enjoy new experiences, which enable them to live positively during and after cancer.

84% of young people are now surviving their cancer diagnosis for at least five years*.

But, they need ongoing support to overcome the long-term impact on their mental, emotional and physical health.

* Cancer Research UK - www.cancerresearchuk.org

What makes us different?

We are the only charity in the UK dedicated to providing ongoing support for 13-24-year-olds to overcome the mental, physical, and emotional challenges that follow a cancer diagnosis.

Often ringing the end of treatment bell is an alarm signal for a new set of struggles these young people are about to face.

The focus on survival shifts to adapting to how life has changed, and coming to terms with the mental, emotional, and physical impact cancer is having on their lives, and the relationships around them.

That's why our support is available to young people for as long as they need it, no matter how much time has passed since their diagnosis.

We recognise that every individual's journey is unique. At a time when so many decisions are taken out of their hands, we strive to empower young people with choice. There are no limits to how often they can access our support, how many activities they can join, or how long the conversation can continue.

Our role is finished when they feel confident, motivated, and ready to take independent steps toward a brighter future.

Our impact

Without Teens Unite, cancer would be a lonely and isolating experience, leaving many young people feeling disconnected, and unable to rebuild their lives.

We are filling a void in the support needed for their overall wellbeing and recovery, that medical professionals are unable to provide, and other charities are not specialising in.

This can be seen with the 96% of young people experiencing a negative impact on their mental health, yet 44% of them do not have access to NHS support for the mental health impacts of their diagnosis.

In addition, we're making a difference to family members too.
We understand that cancer doesn't just impact the person diagnosed, but those closest to them, and they also need a community around them that understands; which we create through our specialised activities and events.

An additional 2,500 new cases of cancer in teenagers and young adults will be diagnosed this year alone.

We need to ensure they are supported with their physical, mental, and emotional health.

Following our support:**

100%	91%	84%	81%
feel better connected	feel an improvement on their mental health	experience an improvement on their physical ability	feel less anxious about life with and beyond cancer

** Statistics gathered internally by Teens Unite as a result of extensive research and analysis of the information provided by beneficiaries

Our mission:	To improve the lives of teenagers and young adults living with, and beyond cancer
Our vision:	To ensure every teenager and young adult has the opportunity to thrive, not just survive, following a cancer diagnosis
Our ambition:	To change the lives of 30,000 young people aged 13-24, who have experienced cancer, over the next 10 years
Our big goal:	To open the first retreat in England for teenagers and young adults whose lives have been impacted by cancer

“No-one knows the pain and sadness of watching your peers move forward and grow into young adults, whilst the future you always thought you’d have is being taken away.

With Teens Unite we can still be young people. It’s where cancer doesn’t make us different from others our age, but makes us the same.”

Leana, diagnosed with a brain tumour, aged 17

Our current strategy

April 2023 to March 2024 marked the third year of our five-year strategic plan, 'Ambition Twenty Twenty-Six'.

Centered around five key pillars of our charity's operation, this strategy guides our objectives to ensure we are making the greatest possible impact when it comes to improving the lives of teenagers and young adults living with, and beyond, cancer.

1

Attracting & Engaging

Engage with even more young people with cancer by increasing the reach of services and growing the presence of Teens Unite in hospitals, amongst social workers we work alongside and across social platforms.

2

Developing the organisation for success

Create a culture of excellence, recruiting, retaining, and upskilling an engaged team, and exceeding in all of these areas.

3

Driving brand awareness

Develop a clear and impactful strategy that effectively communicates our identity, the critical need for our support, and the transformative impact of our work to both new and existing supporters.

4

Significantly grow income

Deliver against a flexible funding strategy to ensure the Charity is sustainable and has the most efficient range of fundraising activities to treble income and service provision over the next three years.

5

Building for the future

Expand our service offering to support more young people across the UK, through the delivery of the first dedicated retreat in England for teenagers and young adults overcoming the impact of cancer.

Mikhaila, diagnosed with Malignant Melanoma, aged 19

Achievements & Performance

Here's how we've delivered against each of our core objectives

Attracting & Engaging

Our headline success with engaging more young people following a cancer diagnosis.

140%

increase in the number of young people registering for our support

1,047

spaces to attend a Teens Unite activity

Working in partnership with:

55 hospitals

42 charities

546 hours

dedicated to our outreach services, engaging with young people over the phone to ensure their wellbeing

Attracting & Engaging

What we planned for:

- Reach more young people from across the UK
- Increase engagement with the younger demographic of our age range (13-24)
- Increase presence in hospitals to engage at diagnosis stage
- Improve inclusion and diversity - with a particular focus on males
- Ensure young people and their families are part of a supportive cancer community

How we performed:

Increased registrations by 140%

We've strengthened our relationships with the hospitals we already collaborate with, and established partnerships with eight more across the UK, including GOSH.

By increasing the frequency of ward visits, introducing monthly digital calls for medical teams and social workers, and participating in their team meetings, we've been able to share our support more effectively.

We also prioritised raising brand awareness and ensuring clear signposting across various hospital departments, including teenage cancer wards, treatment centers, and late effects clinics.

Our enhanced presence in hospitals, combined with a strategic focus on the social platforms most popular with our beneficiaries (TikTok and Instagram) has played a major role in driving a significant increase in registrations.

Engaged with our minority groups

We saw progress in increasing male registrations from 34% to 48%. On average, males now form 40% of the young people attending our activities, stays and programmes; where they're able to prioritise their mental health and wellbeing and create a support network around them. This defies the trends commonly seen in healthcare.

We've also improved engagement with the younger demographic of our beneficiaries, and have an even split across beneficiaries with 48% over 18 and 49% under 18 (3% not given). This ensures we are having a greater positive impact on the entirety of their key developmental years.

Improved the accessibility of our support across the UK

We provided 1,067 opportunities for teenagers and young adults to access our support through in-person and digital activities, residential stays, hospital visits and large-scale motivational events.

We ventured to locations across the UK to ensure our support was more accessible, working with hospitals, and listening to the feedback of beneficiaries to identify the areas where our support was most in demand. We travelled the breadth of the country from Manchester to Exeter.

As a result, this improved interaction has seen the following increases in registrations: 50% in the devolved nations, 50% in the West Midlands, 425% in North East, and 89% in South West.

Implemented the first of our dedicated skills-based programmes

Our ‘Play it Forward’ programme in collaboration with Chelsea FC, enabled 15 beneficiaries to train alongside professional coaches, learn from nutritionists, and improve their fitness, with 75% reporting an improvement in their physical ability, along with 84% feeling an improvement in their mental health.

This was the pilot of a series of forthcoming programmes, dedicated to learning skills and gaining experience across a range of specialisms.

Motivated, encouraged, and inspired

This financial year saw the return of our annual, motivational ‘Discover You’ event hosted at InterContinental London, which inspires beneficiaries to start rebuilding their lives beyond cancer. Attended by 80 individuals, 100% felt empowered to start living life to the full following the event.

We also introduced our ‘Let’s Talk Cancer’ event; providing young people with a safe and supportive space to share their personal experiences, and seek the advice of peers sitting on the panel, who have experienced the support of Teens Unite previously; encouraging them to overcome challenges and look ahead to the future. Hosted at the Samsung KX venue.

Developing the organisation for success

Our headline success with strengthening our team and enhancing performance.

2

new appointments to grow our aspiring team

4

new youth board members improving diversity and inclusion

5,500

volunteer hours - the equivalent of 3 full time employees

2

new trustee appointments to strengthen the expertise on the board

Developing the organisation for success

What we planned for:

- Bring further expertise to the Trustee Board
- Expand the team to drive income through fundraising and partnerships
- Continue to be informed by the lived experience of those we support
- Review our CRM database, and ensure the team is using it effectively

How we performed:

Strengthened the Trustee Board

We are now benefitting from the marketing expertise of the Customer Proposition Director for Tesco, who has joined our Trustee Board this financial year.

We've also appointed a Fundraising and Partnerships lead with more than 20 years experience, who will proactively support our ambition through new collaborations and partnerships.

Grown the team

We have not just grown our team, but also ensured that we have the right skills and experience in place to meet our strategic objectives.

In line with our ambition to treble income as part of our five year strategy, the appointment of a Partnerships Manager and Events and Marketing Executive will aid in achieving this goal.

Given more young people a voice

With four new additions to our Youth Advisory Board, we're ensuring its diverse, inclusive and representative of all the beneficiaries who are registered with us. Together, they educate us, help shape our campaigns, and inform our decisions. This group meet formally every quarter, and report to directly to the Board of Trustees.

Improved CRM database and performance

A CRM database review and updated staff training has ensured the accuracy and the effective use of data, to form better communications with beneficiaries and supporters, and measure the performance of campaigns, challenges and fundraisers.

Driving brand awareness

Our headline success with strengthening our brand, and raising awareness of the cause we stand for.

Featured on BBC Children in Need, and The One Show

1m

Tik Tok users engaged with

2

new prominent awareness campaigns on the issues surrounding cancer in young people

29,000

visitors to the Teens Unite website

Driving brand awareness

What we planned for:

- Strengthen our brand identity visually, and through tone of voice
- Grow our presence on Tik Tok and Instagram
- Raise awareness of the issues we strive to solve and the impact we have

How we performed:

Raised awareness of the cause and gave young people a voice

As a member of The Children and Young People with Cancer Coalition (CYPCC), we supported the annual TYA Cancer Awareness Month campaign, where we collaborated with 13 other cancer charities to raise awareness of the unique challenges that teenagers and young adults face when diagnosed with cancer, giving the young people we support a voice to be heard.

We marked World Mental Health Day with a new campaign 'The impacts of cancer are not always visible', highlighting the long-term effect cancer has on the mental health of young people, not just during treatment, but the rest of their lives.

The campaign was endorsed by seven other charities, it reached 7,436 Instagram accounts, and 537,009 Tik Tok users.

Grown our presence on social

We strategically shifted our focus to TikTok and Instagram, the two platforms where our beneficiaries are most active and engaged. We were delighted to be appointed as a TikTok supported charity.

This approach has seen positive results; in the last financial year, our TikTok content had over 1 million views, while our Instagram reach exceeded 81,000 users.

Refined our brand

The Brand and Communications team invested time into refining our tone of voice, and tightening visual brand guidelines to ensure Teens Unite is consistent in our appearance, and messaging across our audiences.

Significantly grow income

Our headline success with working towards trebling our income as part of our five year strategy.

26%
increase in income

498
challenge participants

£104,000
profit raised through our annual Strictly Dancing Ball

800
guests attended our two gala events

Significantly grow income

What we planned for:

- Increase income by 15%
- Increase the number of fundraising challenge participants by 30%
- A return to overseas challenges to raise income and engage supporters
- Raise at least £100,000 from fundraising galas

How we performed:

Increased income by 26%

Our goal was to increase income by 15%, and we exceeded this target.

While expenditure increased slightly compared to last year, this investment enabled us to achieve an impressive 26% growth in income. This progress marks an important step as we work towards our ambitious goal of tripling income over the course of our five-year strategy.

Return to overseas challenges

This year marked the return of our overseas fundraising challenges; a first since the Covid-19 pandemic.

A group of 19 participants, joined by our Founder, Debbie Pezzani, cycled through Thailand, raising an incredible £49,773 profit for Teens Unite.

Hosted two fundraising galas for 800 guests

We hosted two galas attended by 800 guests; our annual Strictly Dancing Ball and The Christof Ball in collaboration with our Co-Founder, Karen Millen OBE.

These events raised a combined profit of £154,000; exceeding our £100,000 target.

Increased challenge participants by 68.2%

This year, 498 supporters participated in a fundraising challenge in aid of Teens Unite, an increase from 296 last year. This remarkable growth highlights the incredible engagement and commitment of our supporters, whose dedication enables us to make even more of a difference. Together, they raised £247,709.

Building for the future

A first look as we prepare to open the first retreat in England for teenagers and young adults diagnosed with cancer.

Building for the future

What we planned for:

To secure a suitable site for The House of Teens Unite; the first facility of its kind in England

How we performed:

Moved closer to reaching our 10 year ambition

Our ambition is to change the lives of 30,000 teenagers and young adults living with, and beyond cancer over the next 10 years.

Opening the first retreat in England dedicated to teenagers and young adults who have experienced cancer, will enable our current support output to increase by 50%.

This year, Teens Unite has identified, and secured a suitable site by utilising designated funds for the deposit, making us one step closer to achieving this ambition.

Recognised the need more than ever

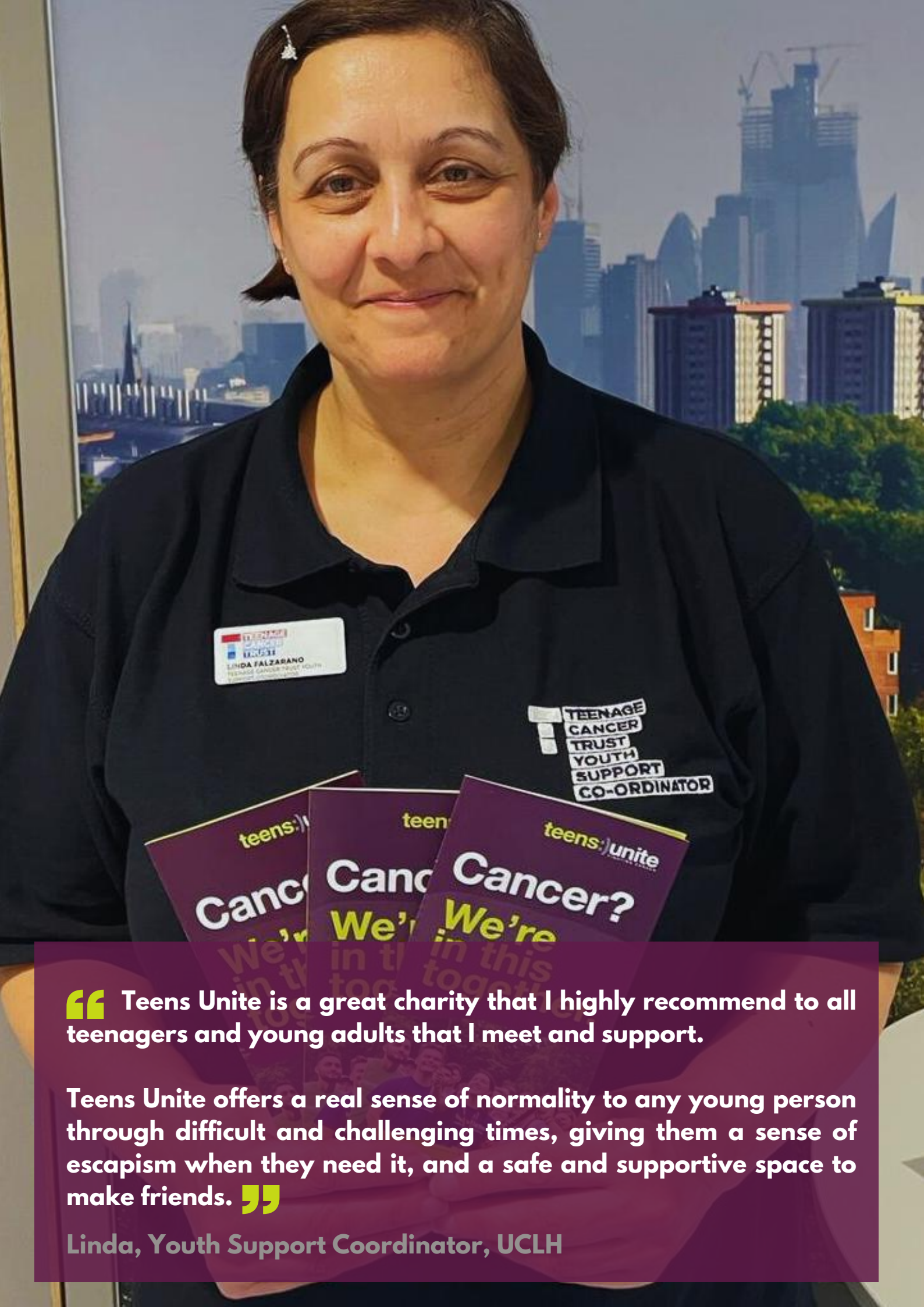
This year saw the return of our two annual residential stays; both of which were oversubscribed for a third consecutive year.

The feedback from these stays shows that 100% of the young people felt ready to make positive changes in their life, 100% felt better connected, and 94% had learnt skills to help develop a future career/ education path.

With the development of the House of Teens Unite, we'll be able to extend these life-changing opportunities to even more teenagers and young adults, offering a supportive space to thrive through the connections they make and the activities we provide.

Securing the site marks a significant milestone in Teens Unite's journey. In the next financial year, we aim to commence our appeal to raise £3.5 million to adapt the site, ensuring it meets the needs of our beneficiaries and is fully accessible for all.

At the time of submitting this report, Teens Unite successfully completed on the sale of the site in April 2024. The designated funds have now been allocated.



“Teens Unite is a great charity that I highly recommend to all teenagers and young adults that I meet and support.

Teens Unite offers a real sense of normality to any young person through difficult and challenging times, giving them a sense of escapism when they need it, and a safe and supportive space to make friends.”

Linda, Youth Support Coordinator, UCLH

Preventing and managing risk

Managing and preventing overall risk

While not all risks are avoidable, Teens Unite has a robust risk management process in place to mitigate potential risks as effectively as possible. This process is reviewed monthly by the Chief Executive and Treasurer, with the Board of Trustees conducting a comprehensive assessment of major operational and financial risks during their quarterly meetings. All meeting discussions, actions, and activities are formally recorded for accountability.

Key aspects of our risk management include:

- Risk Register: All major risks are documented, categorised, and evaluated for likelihood and severity, with each assigned a dedicated owner.
- Project and Event Risk Assessments: Every project and event undergoes thorough risk assessment at the planning stage; determining whether the event or project should go ahead
- Monitoring External Factors: External influences (financial, political, or cultural) and their potential impact on the organisation are carefully monitored, with precautions implemented where necessary

The Board of Trustees and Senior Management Team are confident that the systems, policies, and measures in place effectively reduce exposure to risk, ensuring the continued success and resilience of the charity.

Financial risk and our reserves policy

Currently, one of the biggest risks to the charity sector remains financial security, as the cost-of-living crisis and the impact this will have on charitable giving; particularly through voluntary donations and corporate partnerships.

According to CAF (Charities Aid Foundation), giving was at an all time low in 2022, with 4.9million fewer people donating to charity.

We have tight control of our finances, led by our treasurer with over 40 years banking history. The Board of Trustees and Chief Executive have set the requirements for reserves to be maintained at a level equating to approximately six months of unrestricted charitable expenditure.

Six months is considered a more than sufficient level to bridge the gap between the spending and receiving of income, and to cover unplanned expenditure during this turbulent cost of living crisis.

Our ethos is to spend restricted funds as soon as we can for the purpose in which they are intended. In the unlikely event that this is not possible, the supporter will be contacted by our Chief Executive to discuss transferring the donation to our unrestricted funds, moving it to our designated funds, or if they would prefer it was returned to them.

Although Gifts in Kind have decreased this financial year, this is largely due to the hospitality industry's reduced ability to offer discounts amidst rising costs of living. However, we aim to increase Gifts in Kind next year by prioritising the development of corporate partnerships, which will enable us to secure pro bono support and strengthen our resource.

Safeguarding and wellbeing

At Teens Unite, safeguarding and promoting the wellbeing of everyone involved in our charity - young people, their families, and our employees - are core to our values. We recognise the immense responsibility entrusted to us as we support young people living with, and beyond cancer, and we are commitment to creating a safe, inclusive, and encouraging environment for all.

We are mindful that for the young people we support, safeguarding is more than a policy; it is embedded in every aspect of our services. We ensure that all our activities, whether in person or online, adhere to strict safeguarding standards. Our dedicated team is trained to identify and address potential risks, while fostering an atmosphere of trust and respect.

The safeguarding policies and procedures we abide by are as follows:

- Safe recruitment policies including DBS (Disclosure and Barring Service) checks are obtained for all staff members, and any voluntary members of the team who interact with our beneficiaries
- All staff, Trustees, and voluntary members where necessary undertake bi-annual safeguarding training, provided by NSPCC
- All staff, Trustees, and voluntary members where necessary, are reminded annually of the safeguarding policies and procedures in place; and the process of managing safeguarding concerns
- Risk and safeguarding assessments are conducted prior to all beneficiary activity to protect the safety and wellbeing of the teenagers and young adults, staff and volunteers

Our safeguarding practice, policies, and procedures are overseen by by our Safeguarding Lead on the Trustee Board, alongside the Chief Executive and Beneficiary Team. It is their overall responsibility to ensure the safety and protection of the teenagers and young adults we support.

Alongside safeguarding, we place significant emphasis on the wellbeing of everyone within the organisation, not just those we support. We encourage openness, prioritise mental health as much as physical health, and provide opportunities to professionally develop.

Our dedication to safeguarding and wellbeing is at the heart of everything we do. It reflects our unwavering commitment to creating an environment where everyone involved with Teens Unite can feel safe, valued, and inspired to achieve their potential.

Looking ahead to 2024/25

Following the success of the financial year 2023/24, we look ahead to building on this momentum by expanding our reach, enhancing our delivery, and working towards achieving our ambitious goals for the year ahead.

Our objectives within the five-pillars of our five year strategy, for 2024/25 are:

Attracting & Engaging

- Expand service reach to engage 30% more young people with cancer annually by increasing outreach efforts with hospitals and social workers, and through social engagement
- Establish new partnerships with other charities and hospital teams to ensure early engagement with teenagers and young adults by extending our network to 60 hospitals across the UK, and 46 charities
- Host at least 15 national meet-ups annually, expanding the reach of Teens Unite to young people across the country
- Ensure our support is accessible and inclusive to all young people in need of our support, by hosting a minimum of four digital sessions each month
- Implement a dedicated programme of support for parents and siblings; creating a network for the whole family and extending our support even further
- Ensure more young people and their families can benefit from our ‘Let’s Talk Cancer’ and ‘Discover You’ events, hosting 200 individuals across these events

Developing the organisation for success

- Continue to foster a supportive work environment where team members are empowered to grow alongside the charity's development, with opportunities to expand and strengthen the team
- Implement personalised training and development plans for the team to support upskilling in leadership, in preparation as the charity enters a period of significant growth
- Continue to build our volunteer base to incorporate additional skills, experience and resource into our team
- Begin to review, plan and prepare for our next five year strategy, due to commence in 2026

Driving brand awareness

- Design and launch a new website in-house in Q4, raising our profile, simplifying our donation and registration processes, building transparency with supporters, and showcasing our impact
- Increase social media engagement by 25% across all platforms, using metrics to provide insight on follower growth, interactions and engagement
- Achieve a 30% annual increase in website traffic, and an 8% improvement in newsletter engagement
- Plan and execute 3 core awareness campaigns that showcase the need and impact of our work
- Continue to build on our incredible supporter base; ensuring comms are tailored and clearly demonstrate the difference our supporters are enabling to happen

Significantly grow income

- Continue to work towards trebling income as part of our five-year strategic plan
- Secure new corporate partnerships and collaborations with household names; growing to account for 10% of the charities income
- Diversify income by implementing e-commerce sales in conjunction with our existing trading activity through our retail outlet; continuing to work with high street brands who are committed to making a charitable and sustainable difference
- Continue to drive income through fundraising challenges and gala events, equating for 50% of income

Building for the future

- Complete purchase of the site for The House of Teens Unite by Q1 of 2024/25, and progress to planning application to ensure the property meets the needs and requirements of our beneficiaries
- Secure an income in excess of £1 million to support the start of the capital appeal to reach our £3.5million fundraising target for The House of Teens Unite
- Build an advisory board dedicated to support the fundraising and delivery of the first facility in England for teenagers and young adults

Designated Funds

As Teens Unite moves to closer to opening the first retreat in England for teenagers and young adults diagnosed with cancer, we have increased our designated funds by £200,000 to £1.4million.

These funds will be used to complete the purchase of the site, which will be transformed into The House of Teens Unite. (Sale completed in April 2024).

Structure, governance, and maintenance

The Charity is a company limited by guarantee and was set up by a trust deed on 16 February 2007.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

J. Reynolds
V. Edwards (resigned August 2023)
J. Marchant
Dr. R. Godfrey (appointed as Chair in July 2024)
P. Maslen
Dr. A. Sadler
N Collins (appointed August 2023)
S Parmar (appointed August 2023)

The Charity maintains a Board of Trustees, a minimum of three and a maximum of eight at any time. Trustees serve a term of three years on the Board and take a lead role in supporting the operation to deliver against the five-year strategy. This involves monitoring and taking prompt and decisive action to ensure that performance and impact is achieved. The Board, too, are the guardians of our fundamental values and ethos. The Board is supported by the Charities Co-Founders Debbie Pezzani and Karen Millen OBE.

The Board of Trustees meets, formally, a minimum of four times a year and host an annual AGM to ensure the Charity has a clear vision, mission and strategic direction and is focused on achieving them.

The Board reviews and approves the Charity's strategic and annual plans and is committed to its own strategic plan which ensures leadership, integrity, effectiveness, diversity, openness, and accountability and well as a strategic view of decision making and risk management in line with general guidance published by the Charity Commission.

The Trustees regularly review the membership of the Board to ensure that the necessary skills, experiences, and perspectives needed for effective governance are in place.

The Teens Unite Operational Team has responsibility for the day-to-day management of the Charity. This team comprises the Chief Executive Officer, supported by a team of nine employees responsible for Operational Management, Trust and Partnership Income, Fundraising and Event Management, Marketing and Communications and Beneficiary Delivery and Support.

The Trustees' report was approved by the Board of Trustees.

Trustee: Dr Rebecca Godfrey

Signature:

Date: 10 December 2024

Every young person deserves the chance to thrive, and cancer shouldn't get in the way.

Teens Unite ensures teenagers and young adults live positively, and reach their potential, without cancer holding them back.

TEENS UNITE FIGHTING CANCER

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF TEENS UNITE FIGHTING CANCER

I report to the trustees on my examination of the financial statements of Teens Unite Fighting Cancer (the charity) for the year ended 31 March 2024.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of I.C.A.E.W., which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or

2 the financial statements do not accord with those records; or

3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or

4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

HB Accountants

HB Accountants (Dec 10, 2024 14:55 GMT)

HB Accountants

28 Plumpton House
Plumpton Road
Hoddesdon
Hertfordshire
EN11 0LB

Dated: 10/12/2024

TEENS UNITE FIGHTING CANCER

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2024

Current financial year

	Notes	Unrestricted funds general 2024 £	Unrestricted funds designated 2024 £	Restricted funds 2024 £	Total 2024 £	Total 2023 £
Income and endowments from:						
Voluntary income	**3**	253,110	-	91,113	344,223	411,256
Activities for generating funds	**4**	596,571	-	-	596,571	324,726
Investment income	**5**	25,658	-	-	25,658	4,282
Other income	**6**	-	-	-	-	22,500
Total income		875,339	-	91,113	966,452	762,764
Expenditure on:						
Costs of raising funds	**7**	344,169	-	-	344,169	256,991
Charitable activities	**8**	324,103	-	94,513	418,616	419,400
Total resources expended		668,272	-	94,513	762,785	676,391
Net gains/(losses) on investments		7,606	-	-	7,606	(22,820)
Net incoming/(outgoing) resources before transfers		214,673	-	(3,400)	211,273	63,553
Net incoming/(outgoing) resources before transfers		214,673	-	(3,400)	211,273	63,553
Gross transfers between funds		(200,000)	200,000	-	-	-
Net movement in funds		14,673	200,000	(3,400)	211,273	63,553
Fund balances at 1 April 2023		255,160	1,200,000	10,900	1,466,060	1,402,507
Fund balances at 31 March 2024		269,833	1,400,000	7,500	1,677,333	1,466,060

The Charity has allocated an additional £200,000 to the designated fund, bringing the total to £1,400,000. These funds have been designated by the Board of Trustees exclusively for the purchase and development of the first purpose-built retreat for teenagers and young adults diagnosed with cancer.

The statement of financial activities includes all gains and losses recognised in the year.

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

TEENS UNITE FIGHTING CANCER

STATEMENT OF FINANCIAL ACTIVITIES (CONTINUED) INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2024

Prior financial year

	Notes	Unrestricted funds general 2023 £	Unrestricted funds designated 2023 £	Restricted funds 2023 £	Total 2023 £
Income and endowments from:					
Voluntary income	**3**	372,160	-	39,096	411,256
Activities for generating funds	**4**	324,726	-	-	324,726
Investment income	**5**	4,282	-	-	4,282
Other income	**6**	22,500	-	-	22,500
Total income		723,668	-	39,096	762,764
Expenditure on:					
Costs of raising funds	**7**	233,648	-	23,343	256,991
Charitable activities	**8**	391,204	-	28,196	419,400
Total resources expended		624,852	-	51,539	676,391
Net gains/(losses) on investments		(22,820)	-	-	(22,820)
Net incoming/(outgoing) resources before transfers		75,996	-	(12,443)	63,553
Gross transfers between funds		(100,000)	100,000	-	-
Net movement in funds		(24,004)	100,000	(12,443)	63,553
Fund balances at 1 April 2022		279,164	1,100,000	23,343	1,402,507
Fund balances at 31 March 2023		255,160	1,200,000	10,900	1,466,060

The statement of financial activities includes all gains and losses recognised in the year.

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

TEENS UNITE FIGHTING CANCER

BALANCE SHEET

AS AT 31 MARCH 2024

	Notes	2024 £	2024 £	2023 £	2023 £
Fixed assets					
Tangible assets	**14**		7,974		5,338
Current assets					
Debtors	**15**	257,870		16,790	
Investments	**16**	20,888		339,333	
Cash at bank and in hand		1,426,131		1,107,599	
		1,704,889		1,463,722	
Creditors: amounts falling due within one year	**17**	(35,530)		(3,000)	
Net current assets			1,669,359		1,460,722
Net assets			1,677,333		1,466,060
The funds of the charity					
Restricted income funds	**18**		7,500		10,900
Unrestricted funds - general			269,833		255,160
Unrestricted funds - designated	**19**		1,400,000		1,200,000
			1,677,333		1,466,060

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2024.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the trustees on 10 December 2024

.....

Dr. R. Godfrey
Chair of trustees

Company registration number 06111574 (England and Wales)

1 Accounting policies

Charity information

Teens Unite Fighting Cancer is a private company limited by guarantee incorporated in England and Wales. The registered office is Home Farm, White Stubbs Lane, Broxbourne, EN10 7PZ.

1.1 Accounting convention

The accounts have been prepared in accordance with the charity's trust deed, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Incoming resources

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

Gifts and services in kind are included in the accounts at fair view. Income is included in donations and expenses included in the relevant expenditure category.

A grant that specifies performance conditions is recognised in income when the performance conditions are met. Where a grant does not specify performance conditions it is recognised in income when the proceeds are received or receivable. A grant received before the recognition criteria are satisfied is recognised as a liability.

Sales of donated goods are recognised only when these items are sold as it is considered to be impracticable to value these goods upon receipt . Stocks of undistributed donated goods are not valued for balance sheet purposes.

1 Accounting policies (continued)

1.5 Resources expended

All expenditure is accounted for on an accruals basis and is inclusive of irrecoverable VAT.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures, fittings & equipment	25% reducing balance
Computer equipment	25% straight line
Motor vehicles	25% reducing balance

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Investments

Current asset investments are stated at market value.

1.8 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.9 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.10 Financial instruments

The charity has elected to apply the provisions of Section 11 ‘Basic Financial Instruments’ and Section 12 ‘Other Financial Instruments Issues’ of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

1 Accounting policies (continued)

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.11 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.12 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

1.13 Leases

Rentals payable under operating leases, including any lease incentives received, are charged as an expense on a straight line basis over the term of the relevant lease.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Voluntary income

	Unrestricted general funds	Restricted funds	Total 2024	Total 2023
	£	£	£	£
Grants, gifts and donations	204,023	91,113	295,136	251,626
Donated goods and services	49,087	-	49,087	159,630
	253,110	91,113	344,223	411,256
For the year ended 31 March 2023	372,160	39,096		411,256

4 Activities for generating funds

	Unrestricted funds general 2024	Unrestricted funds general 2023
	£	£
Fundraising events	525,370	241,855
Charity Shop income	71,201	82,871
	596,571	324,726

5 Investment income

	Unrestricted funds general 2024	Unrestricted funds general 2023
	£	£
Income from listed investments	6,651	3,091
Interest receivable	19,007	1,191
	25,658	4,282

6 Other income

	2024	2023
	£	£
Property deposit refund	-	22,500

7 Costs of raising funds

	Unrestricted funds general	Restricted funds	Total 2024	Total 2023
	£	£	£	£
Fundraising activities expenses				
Staging fundraising events	209,913	-	209,913	90,161
Charity Shop expenses	13,325	-	13,325	7,835
Staff costs	106,315	-	106,315	140,688
Share of support costs (see note 9)	11,546	-	11,546	14,609
Share of governance costs (see note 9)	3,070	-	3,070	3,698
	344,169	-	344,169	256,991

8 Charitable activities

	2024	2023
	£	£
Staff costs	253,254	189,495
Teens events and activities	89,829	171,932
Legal and professional fees	13,870	-
Advertising	3,198	-
	360,151	361,427
Share of support costs (see note 9)	46,184	46,262
Share of governance costs (see note 9)	12,281	11,711
	418,616	419,400
Analysis by fund		
Unrestricted funds - general	324,103	391,204
Restricted funds	94,513	28,196
	418,616	419,400

9 Support and governance costs

	Support costs	Governance costs	2024	2023	Basis of allocation
	£	£	£	£	
Staff costs	12,860	12,531	25,391	28,646	
Depreciation	2,658	-	2,658	1,782	
Premises	27,925	-	27,925	21,851	
Motor and travel	1,862	-	1,862	2,265	
Printing, postage, stationery and telephone	2,628	-	2,628	3,453	
Information technology	1,801	-	1,801	8,435	
Bank, credit card and justgiving charges	599	-	599	883	
Staff expenses	5,142	-	5,142	4,057	
Legal and professional fees	1,440	-	1,440	990	
Other expenses	815	-	815	918	
Accountancy fees	-	2,820	2,820	3,000	
	57,730	15,351	73,081	76,280	
Analysed between					
Fundraising	11,546	3,070	14,616	18,307	
Charitable activities	46,184	12,281	58,465	57,973	
	57,730	15,351	73,081	76,280	

Support and governance costs are allocated between fundraising and charitable activities as decided by the trustees based on what they consider to be a reasonable measure of activity. This year the ratio is 20:80, last year it was 24:76.

10 Trustees

None of the trustees (or any persons connected with them) received any remuneration during the year and were not reimbursed for any expenses.

11 Employees

Number of employees

The average monthly number of employees during the year was:

	2024 Number	2023 Number
.	10	11

Employment costs	2024 £	2023 £
Wages and salaries	348,122	325,784
Social security costs	30,152	26,462
Other pension costs	6,686	6,583
	384,960	358,829

The number of employees whose annual remuneration was £60,000 or more were:

	2024 Number	2023 Number
£60,000 - £70,000	1	1

12 Related party transactions

Remuneration of key management personnel

The remuneration of key management personnel was as follows:

	2024 £	2023 £
Aggregate compensation	99,214	97,860

Transactions with related parties

During the year the charity entered into the following transactions with related parties:

	Purchase of goods	
	2024 £	2023 £
Other related parties	280	1,122
	280	1,122

13 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

14 Tangible fixed assets

	Fixtures, fittings & equipment	Computer equipment	Motor vehicles	Total
	£	£	£	£
Cost				
At 1 April 2023	96,750	7,556	19,617	123,923
Additions	-	5,294	-	5,294
Disposals	-	(7,556)	-	(7,556)
At 31 March 2024	96,750	5,294	19,617	121,661
Depreciation and impairment				
At 1 April 2023	93,375	7,556	17,654	118,585
Depreciation charged in the year	844	1,323	491	2,658
Eliminated in respect of disposals	-	(7,556)	-	(7,556)
At 31 March 2024	94,219	1,323	18,145	113,687
Carrying amount				
At 31 March 2024	2,531	3,971	1,472	7,974
At 31 March 2023	3,375	-	1,963	5,338

15 Debtors

	2024	2023
Amounts falling due within one year:	£	£
Other debtors	214,295	16,790
Prepayments and accrued income	43,575	-
	257,870	16,790

Included in other debtors this year is the deposit for £179,250 for the purchase of The House of Teens Unite.

Prepayments represent payments in advance for the Strictly Dancing Ball fundraising event for 2024/25.

16 Current asset investments

	2024	2023
	£	£
Listed investments	20,888	339,333

17 Creditors: amounts falling due within one year

	2024	2023
	£	£
Other taxation and social security	9,783	-
Accruals and deferred income	25,747	3,000
	35,530	3,000

18 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	At 1 April 2023	Incoming resources	Resources expended	At 31 March 2024
	£	£	£	£
Teens activities	10,900	17,640	(21,040)	7,500
Salary costs	-	73,473	(73,473)	-
	10,900	91,113	(94,513)	7,500

Previous year:	At 1 April 2022	Incoming resources	Resources expended	At 31 March 2023
	£	£	£	£
Teens activities	-	39,096	(28,196)	10,900
Salary costs	23,343	-	(23,343)	-
	23,343	39,096	(51,539)	10,900

19 Designated funds

These are unrestricted funds which are material to the charity's activities.

	At 1 April 2023	Transfers	At 31 March 2024
	£	£	£
The House of Teens Unite	1,200,000	200,000	1,400,000

Previous year:	At 1 April 2022	Transfers	At 31 March 2023
	£	£	£
The House of Teens Unite	1,000,000	100,000	1,100,000

19 Designated funds (continued)

The Charity's £1,400,000 designated funds reported at the end of the financial year were set aside to be used solely for purchasing land and developing the House of Teens Unite. These funds were utilised when the charity purchased a property on 15 April 2024.

20 Analysis of net assets between funds

	Unrestricted funds 2024	Designated funds 2024	Restricted funds 2024	Total 2024	Unrestricted funds 2023	Designated funds 2023	Restricted funds 2023	Total 2023
	£	£	£	£	£	£	£	£
Fund balances at 31 March 2024 are represented by:								
Tangible assets	7,974	-	-	7,974	5,338	-	-	5,338
Current assets	261,859	1,400,000	7,500	1,669,359	249,822	1,200,000	10,900	1,460,722
	269,833	1,400,000	7,500	1,677,333	255,160	1,200,000	10,900	1,466,060

Teens Unite Annual Accounts 31.03.2024_signed

Final Audit Report 2024-12-10

Created:	2024-12-10
By:	Vicki Foster (vickif@hbaccountants.co.uk)
Status:	Signed
Transaction ID:	CBJCHBCAABAAc-jOXdAklYFCCOhBzvPZrIqunamErCyR

"Teens Unite Annual Accounts 31.03.2024_signed" History

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TEENS UNITE FIGHTING CANCER

England & Wales - Charity number 1118361

Accounts

Teens Unite Fighting Cancer

Annual Report and Financial Statements

For year ending 31st March 2023

teens:)unite FIGHTING CANCER

Registered Charity Number: 1118361
Company Registration Number: 06111574
(England and Wales)

Legal and Administrative Information

Trustees
J. Reynolds
V. Edwards
J. Marchant
Dr. R. Godfrey (Appointed 24 January 2023)
P. Maslen (Appointed 23 January 2023)
Dr. A. Sadler

Acting Chair of Trustees:
Julia Reynolds

Chief Executive:
Roxanne Lawrance

Co-Founders:
Debbie Pezzani
Karen Millen OBE

Charity Number: 1118361
Company Number: 06111574

Trading address:
Hoddesdon Gateway, The Old Police Station, High Street, Hoddesdon, EN11 8BJ

Registered office:
Bratton House, Church Lane, Wormley, EN10 7QG

Accountants:
HB Accountants, Plumpton House, Plumpton Road, Hoddesdon, EN11 0LB

Bankers
Barclays Bank Plc, Upper Marlborough Road, St Albans, Hertfordshire, AL1 3AL

Investment Advisors
St. James's Place Wealth Management, St. James's Place House, 1 Tetbury Road, Gloucestershire, GL7 1FP

The trustees present their annual report and financial statements for the year ended 31 March 2023.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the Charity's Trust Deed, the Companies Act 2006 and the Statement of Recommended Practice, "Accounting and Reporting by Charities", issued in March 2005.

The Trustees confirm that they have complied with the duty in Section 4 of the Charities Act 2006 to have due regard to the Charity Commission's general guidance on public benefit, 'Charities and Public Benefit'. That guidance addresses the need for all charities' aims to be, demonstrably, for the public benefit.

“Teens Unite's activities have saved my life. I now feel free to be myself, learn new and exciting things, whilst meeting awesome people every day.

I can chat to the Teens Unite team about anything and the constant support and care for my wellbeing is amazing. I'm very grateful.”

Crystal, diagnosed with Osteosarcoma, aged 18

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A message from our Chief Executive and Chair Trustee

“Teens Unite turns sweet sixteen! A coming-of-age celebration that sadly, many of the young people we support don’t get to do in style. But as Teens Unite reaches this milestone event, it fills me with great pride to reflect on how far we have come over the past financial year, and share our ambitious plans for the year ahead.

Following the Covid-19 pandemic, this was a year of laying the foundations ready for a full return to fundraising events in the next financial year, while simultaneously increasing our beneficiary activity, to accommodate the increased demand for our services.

It has been a period of planning and preparation where we have been tightening our branding and communications; strategising our fundraising calendar to ensure maximum engagement and income for the charity through events and challenges. Alongside putting the resource in place to host more face-to-face activities for beneficiaries and increase the number of hospitals the charity is working alongside. This is to not only compensate for the vital face-to-face support young people were deprived of during the pandemic, but to meet the increased demand for support Teens Unite continues to experience.

That being said, the relief of coming out of the Covid-19 pandemic was rapidly overshadowed by the cost of living crisis; the effects of which have not only been felt by the charity sector, but the young people we support, and their families.

Cancer doesn't stop at anything. Over the last year alone, it has impacted the lives of a further 2,500 young people in the UK; and the rising living costs are putting additional strain on their mental health and emotional wellbeing.

At a time when our support is needed more than ever, the nations belts have been tightened. We have had to account for an increase in operational costs, and adjusted our fundraising strategy in line with the affordability of our supporters.

However, despite these ongoing challenges, in the past financial year we have supported more young people than ever, offering over 1,600 opportunities to attend our activities and residential stays away from home, and our meticulous planning has put us in good stead to increase this number even further in the next financial year.

We have persevered with our ambition of opening the first retreat in England for young people who have been diagnosed with cancer, and this vision is in sight of coming to fruition.

These achievements have only been possible with the continued support of donors and funders, volunteers, social and hospital teams, corporate and charity partners, and most importantly, by the young people we have the privilege of supporting, who trust and believe in us, and inspire us every day.

Without the support of Teens Unite, cancer is a lonely and isolating experience. We will continue to work to ensure the ‘c’ word doesn’t hold these young people back from living their lives to the full.”

Roxanne Lawrance
Chief Executive

Julia Reynolds
Chair Trustee

“It was amazing to be able to meet people who didn’t see cancer as a problem, or something that needed sympathy, but just a part of you that they could also relate to.

I have never opened up to people about my treatment before, but with Teens Unite you can talk to others who understand.”

Becky, diagnosed with Rhabdomyosarcoma, aged 7

The need for our support

Over 40,000 teenagers and young adults are currently living with cancer and the lasting effects of their diagnosis and treatment.

A further 2,500 young people will be diagnosed with cancer this year alone.

Since the early 1990s, incidence rates for cancers in young people have increased by around a quarter (24%) in the UK, however 84% of young people are now surviving their cancer for at least five years. Yet, with this increased survival rate comes an increased need for the ongoing support Teens Unite provides to overcome the long-term impact cancer has on their physical, emotional, and mental health.

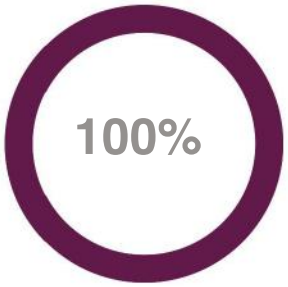
The effects of cancer are long-lasting, and go far beyond medically surviving the illness. Cancer will affect their education and employment, friendships and relationships, confidence and self-esteem, and physical and mental health.

Anxiety, PTSD, loneliness, panic attacks and depression are just some of the late effects young people experience.

Currently, 44% of young people do not have access to NHS support for the mental health impacts of their diagnosis, yet failure to provide the ongoing support needed to improve their mental wellbeing can have a detrimental impact on how young people live the rest of their lives.

Young people diagnosed with cancer need opportunities to be part of a community that understands, where they can confide in others, and realise they are not alone. They need access to opportunities that cancer has deprived them of, and they need to start living life without cancer holding them back in all that they do.

Following a cancer diagnosis in young people:

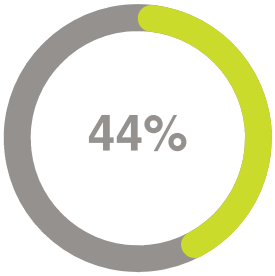


fear their cancer returning

3 in 4 will experience a serious impact on their mental health

will experience anxiety

will experience depression



do not have access to NHS support for the mental health impacts of their diagnosis

Objectives and Activities

Supporting young people overcoming cancer and the challenges it brings.

Teens Unite supports 13-24-year-olds from across the UK, who have been diagnosed with cancer in their lifetime.

Our principal objectives are to improve the quality of life, and the emotional, social, and mental wellbeing of young people living with the long-term and late effects of cancer and its treatment.

However long it has been since a young person received their diagnosis, if they are aged 13-24, they can access the support of Teens Unite whenever they need it, and however long they need it for. In many cases, the turmoil of cancer on their physical, emotional, and mental health lasts, and often only begins, long after treatment comes to an end.

We recognise the specific set of challenges that cancer brings to this age group, and the benefits of having a community around them that truly understands what they are going through at every stage of their cancer, from treatment, to recovery, and rebuilding the life that follows.

For the year ending 22/23, Teens Unite remained dedicated to the delivery of a 5 year strategic plan 'Ambition Twenty Twenty-Six', based around five pillars relating to the Charity's operation:

Attracting & Engaging

Engage with even more young people with cancer by increasing the reach of services and growing the presence of Teens Unite in hospitals, amongst social workers we work alongside and across social platforms.

Developing the Organisation for Success

Create a culture of excellence, recruiting, retaining, and upskilling all resources, and exceeding in all of these areas.

Driving Brand Awareness

Deliver a strategy which exposes the Teens Unite brand to new supporters and ensures the maintenance of existing supporter relationships

Significantly Grow Income

Deliver against a flexible funding strategy to ensure the Charity is sustainable and has the most efficient range of fundraising activities to treble income and service provision over the next 3 years.

Building for the Future

Expand our service offering to support more young people, through the delivery of the first dedicated facility in England for teenagers and young adults overcoming cancer.

These goals help us towards our target to support 30,000 young people over the next 10 years.

Our impact and commitment

Teens Unite is dedicated to ensuring young people, who have been diagnosed with cancer, have support for their physical, emotional, and mental wellbeing. We want them to thrive in life, and not just survive.

Cancer will continue to affect their lives even years into remission, however with the support of Teens Unite, they can start living their life in the best way possible.

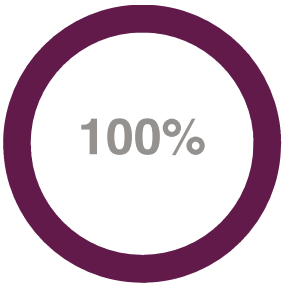
Our commitment to young people registered with Teens Unite is to:

- Provide a community where young people are united through shared experience and can confide in, and support each other
- Provide a safe space where young people can be their true selves, without judgement
- Provide ongoing support to young people - whenever they need it, and for however long they need it for
- Provide varied and accessible support - tailored to suit all needs and abilities, and through a combination of in-person and digital activities
- Provide opportunities to learn new skills, embrace new experiences, and live a life that isn't defined by cancer

All of this is achieved through free, unlimited access to:

- Regular, in-person and digital activities, every week
- Residential stays
- Motivational speaker events
- 12 week 'Empowerment Programmes'

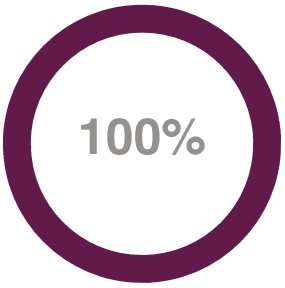
The impact of Teens Unite's work:



felt better connected and less lonely

had a more positive outlook on life

felt less anxious



would recommend Teens Unite

Meet Tyler

diagnosed with Acute Myeloid Leukaemia, aged 18

> **“You’re excluded from the world, not having any sense of time, day or any relation to the outside world. It's even worse after you’ve had your treatment and trying to get back into a normal life.**

“Cancer”. I believe everyone has a fear of just that one word. I mean, you hear about it all the time but you never believe it could be you.

At the age of 18, I thought I had my whole life ahead of me; this was suddenly taken away from me, and there was nothing I could do about it.

Dealing with cancer is a physical, emotional and mental strain. I had gone from being an athletic young person, to needing a shower seat when bathing - I was so exhausted from all the medications, chemotherapy, radiotherapy and drugs. I felt so worthless as I couldn’t even complete normal daily tasks.

It’s so hard for young people of this age group to manage; we’re supposed to be growing up, having fun and enjoying our teenage years.

Teens Unite are a charity that makes all the difference. Being able to ease back into socialising with other people of a similar age and diagnosis to my own makes it so much more comfortable to talk about, knowing other people have gone through what I have.

Teens Unite have enabled me to focus on living life, knowing that things are achievable even after diagnosis, and I have made friends that will last a lifetime.

Even in remission, they are still there for me, and I honestly can't thank them enough for what they have done or myself and so many others like me.”

Achievements and Performance - Beneficiaries

> "...by priotising the mental health of our young people, we will see positive outcomes for society as a whole."

Endorsement of Teens Unite from the Royal Foundation of the Prince and Princess of Wales, acknowledging the "wonderful work" of the Charity.

1,600

opportunities provided to young people registered with Teens Unite to benefit from our support this year - that's more than ever!

We are now working in partnership with:

47 hospitals

28 primary care networks

25 charities

41%

of registrations this year, were young people at treatment stage. Early intervention has a positive impact - it means young people are supported by Teens Unite from the start, for however long they need us for.

This year has been the start of significant growth in support that Teens Unite provide to teenagers, young adults and their families living with the effect cancer has on their lives.

Our registrations are up 21% on last year. More than 2,500 young people continue to receive a cancer diagnosis every year, in the UK and survival rates in this age range are at an all-time high. Meaning the support of Teens Unite is needed more now than ever before.

Teens Unite are a charity based in Hertfordshire, in the Southeast of England however we support young people nationally. The start of 2022/3 has seen growth expand rapidly outside the Southeast of England, with the East and West Midlands accounting for 25% of sign-ups this year.

This year we have:
Increased beneficiary registration through
· A strategic programme of regular communications with hospital social workers and paediatric oncology specialists
· The amplification Teens Unite's brand with sign up posters positioned prominently throughout hospitals and on social media channels
· Engaging and targeted social media campaigns, fronted by former and current service users who share their stories of the impact of Teens Unite's support
· Keeping young people at the heart of everything we do

All of the above have not only supported this increase in numbers registering but have supported our delivery against the goal of earlier registration and reduction in the time from registration to engagement. The latter supported further by the introduction of a programme of welcome calls and early welcome sessions hosted via our digital delivery platform.

Not only have we increased the accessibility of our activities, but we have also increased the variety and volume. This year we have delivered over 50 digital and 36 in-person events and seen the return of our most popular event in the beneficiary calendar, our annual residential stay, bringing together 20 young people at a time for an unforgettable short break.

In addition, to the return of a full calendar of in person and digital events, creating over 1600 opportunities for young people overcoming the challenges of cancer to connect, learn new skills, and be part of a very special community united in the experience of facing a life-threatening illness in their teenage and young adult years, we have:

Stayed Connected –
Digital delivery of our full program of events and activities through the Covid-19 pandemic ensured that we were able to double our support of young people, and importantly ensure that no matter where they are, they're able to join us, do something a little different and connect with others who genuinely "get what they're going through". This year digital deliveries have been developed to form a crucial and central part of our core offering and enable all young people to register with Teens Unite to join a digital event within two weeks of joining.

Set out to prove –
We can see the impact of the work we do, we measure pre and post event feelings of wellness, strength and community and can see the difference we, and our supporters, are making to young people overcoming the challenges cancer brings.

Young people attending Teens Unite's events directly attribute Teens Unite as giving them the confidence to live life to the full

100% feel better connected and less lonely
91% noted an improvement in their mental health
81% feel less anxious
84% report improvement in their physical ability
100% recommend others in their situation register with Teens Unite

We have continued to ensure the Charity's use of data drives our beneficiary engagement strategy. It is utilised to ensure a culture of sustainability and continuous improvement. Our surveys and evaluations contribute to a holistic view of beneficiaries and their needs. Both qualitative and quantitative data are critical tools for us to continue to evaluate and guide improvement.

Outcome measurements, linked explicably to the aims of the activities are gathered and feed into regular reviews resulting in the improvements required. So that we know that the work we are delivering is making a lifechanging difference.

Gone "on the road" –
Building relationships with hospitals across the UK has ensured that we are able to reach more young people regardless of their geographic location – for those too far away, or potentially too unwell to make a return journey to one of our events – we have taken our services to them.

Our Beneficiary Engagement Specialists have visited Bristol, Oxford, Kent, The Midlands, Sussex, Essex and Surrey to create over 100 opportunities for young people to meet others who understand what they are going through, to take part in something new, and build supportive peer networks in their own communities - the connections made lasting long beyond the activity itself.

Engaged earlier -
Early engagement is key to preventing long term mental health impacts following adolescents into adulthood, impacting relationships, physical health as well as employability. In 2017, engagement whist on active treatment was around 7% of our annual registrations. Through 2019, this increased to 25%, and in 2022, through our strategic programme with referral partners, this has increased to 41%.

With an increase in the number of young people registering and a decrease in the time from registration to engagement, many activities are oversubscribed, and a waiting list process has been introduced. This has proved a useful tool in ensuring that should a young person be unable to attend an event, there is someone who can step in the fill the place.

Improved access & accessibility –
We have shaped our programme to deliver more frequent events that challenge cultural and social barriers and ensure diverse and meaningful involvement of all beneficiaries. We have introduced a Diversity and Inclusion strategy where we celebrate inclusion and build understanding with monthly celebration themes. This year 42% of the young people we have supported are from ethnic minorities combined.

Accessibility has been improved by the re-introduction of regular hospital ward visits and the introduction of regional meet ups with young people, ensuring that wherever they are on their cancer journey or geographically, they can take part in our powerful, motivational activities and meet other young people in a similar situation.

We understand the demographic of beneficiaries and remain determined, where possible, to ensure the inclusion of all. Cancer doesn't discriminate, and nor do we.

Partnered positively –
Teens Unite now works in partnership with 47 hospitals, 28 Primary Care Networks and 25 Charities. By meeting with these teams regularly and updating them on our activities, we have created an incredible referral pathway which has resulted in 36% of new registrations in year coming from them. Our recent survey of our partners confirms that they are very clear on the purpose of the Charity with over three quarters of them understanding our main purpose to be the creation of a community.

Overwhelmingly, staff at our partners reference the positive, uniqueness of Teens Unite's inclusive policy. Where other charities exclude young people due to their age at diagnosis, or the time since completion of treatment, Teens Unite does not. We have continued the formal partnership with Young Lives vs Cancer established a few years ago, which has many benefits for both parties, and we continue to be active members of the Children and Young People's Cancer Coalition, collaborating on establishing the inaugural TYA Awareness month.

The Long-Term impact -
This year we have learnt the true impact of cancer on a young person's ability to move forward, even years after their treatment ends. How Adverse Child Experiences (ACE) follow teenagers and young adults and continue to impact their ability to move on through higher education and early employment, and with this in mind are working to develop our delivery to include our programme Empowered for Employment which will seek to improve the employability of young people overcoming cancer by 20% year on year.

At a time when it can feel like there's so much these young people can't do, we remain committed to be here to show them what they can do, without the 'c' word holding them back.

Understand the impact on the extended family –
We have further learned more about the true impact of cancer in teenagers and young adults on their siblings and their families. Understanding that around 25% of siblings of young cancer patients suffer from symptoms of Post Traumatic Stress Disorder (PTSD); and that 96% of parents feel lonely and isolated during their child's treatment. In the new financial year, we will work to develop our quarterly programme reflecting the needs of the "forgotten family in a fight with cancer." April saw the return of Teens Unite Family Day at Paradise Wildlife Park and planned siblings days were delivered.

But there is still work to do in 2023 and beyond …

Still 3 in 4 -
Studies show that 25% of people aged 16 to 25 years' experience at least one mental health problem in their lifetime. This increases to 75% where they have been diagnosed with cancer. We will increase the number of young people we support by 25% year on year.

Let's hear it for the boys –
In the UK, 48% of cancer diagnoses in teenagers and young adults are male. We see registrations with us of young males at 34% of all registrations, this is still higher than average across the charity sector but we believe in equality so, we have work to do to engage young males with our activities, connect them with others, and open up about their mental health. We're working with a young male, cancer survivor who has become a social media influencer to support our programme and balance the number of male registrations we see.

On the back of the success of our "on the road" activity, we will extend our support even further with new regional meet ups planned in 6 new locations across the UK. Widening opportunities for young people to be heard, by amplifying their voices and expanding the number of young people on our Youth Ambassador Board.

Taking in to account what we have learned about siblings and parents, we will develop our "Forgotten Family" programme to include two motivational conference style events for siblings, and two parents forum style events, working with hospital social workers, late effects teams, and parents, to give the voice of lived experience, ask the "taboo" type questions in a safe and non-judgemental environment, learning and understanding from others who know what it is like to have a child facing a life threatening illness in their teenage and adolescent years.

We will work with funders to provide exceptional family experiences that seem "out of reach" to families facing the financial hardship that cancer brings. Ensuring the opportunity for them to spend quality time together away from the medical environment, time both just with each other, and time with other families, creating a very special community of mutual understanding and support.

As well as developing our programme Empowered for Employment, seeking to address the imbalance that exists for young people overcoming the challenges of cancer, where they are 1:4 times more likely to be unemployed than others their age who have not faced Cancer, we will create programmes that focus on the young people's financial education – having faced the mental health impacts of a cancer diagnosis, these young people are at risk of impulsive spending behaviours and money mismanagement; programmes that focus on their physical health by partnering positively with sports foundations to create sports specific activities; and programmes which support the young people to express their thoughts and fears through creativity through a positive partnership with a fashion brand.

We will reintroduce our motivational conference, Discover You as an annual, rather than bi-annual event, giving young people the confidence to look forward positively. We will ensure that we host at least 2 residential stays each year, bringing back the Reunion Stay to ensure that those young people meeting on our residential stay can reconnect. We know that establishing and maintaining peer to peer relationships is vital as we learn that the psychosocial impact of cancer extends for well beyond the 'remission'.

Achievements and Performance - Operations

Grown our Team

We've not just expanded our team with the recruitment of two Beneficiary Engagement Specialists and a Social Media Manager, but ensured we have the right skills and experience in place to meet our strategic goals.

5,500

hours have been spent volunteering for Teens Unite in the last financial year - that's the equivalent of 3 full time employees.

10

young people, with lived experience of cancer, form Teens Unite's newly introduced Youth Ambassador Board.

27,000

unique visitors to Teens Unite's website, showing increase in the Charity's brand awareness.

This year has been one of growth in many important respects for Teens Unite. Engagement with the local community, buoyed by the current, prominent location of the charity's office has grown exponentially, with significant amplification of the brand and awareness of the cause.

Charities Aid Foundation annual report confirms that across the board, charities have reported a sustained reduction in volunteering levels, this year. This is not a trend that Teens Unite have seen with over 5,500 volunteer hours given to the Charity which has enabled the two trading activities to embed themselves in the fundraising strategy, contributing additional income in year.

Additionally, we have:

Grown our team –
Not just grown our team but ensured that we have the right skills and experience in place to meet our strategic goals – recruitment of Beneficiary Engagement Specialists ensures that we attract and engage both young people and referral partners; drive brand awareness among these two groups; and build for the future where we will continue to grow our beneficiary numbers year on year.

Strengthened the Board –
Adding lived experience along with professional knowledge of the needs of young people overcoming the challenges of cancer; the appointment of Dr Anisha Sadler, GP, this year to the Board of Trustees, adds a further level of lived experience to our Board, and beneficiary service delivery. Anisha is both a GP and a cancer survivor and is now the charity's Beneficiary Lead on the Board, working with the Youth Ambassadors to consult, communicate and extract feedback from beneficiaries.

We have brought in a HR Professional who has reviewed the Charity's policies and procedures to ensure that we meet all legal and regulatory requirements; Additionally, we have appointed a financial lead who has almost 40 years' experience in a variety of financial service fields and has already overhauled the Charity's banking provision, saving significantly in year one; and we have added the considerable commercial skills and acumen with an experienced business strategist.

Built impact to strengthen community –
In 2020 we formalised the input of beneficiaries in shaping delivery by establishing the Youth Board. This provides young people supported by Teens Unite with a forum to voice their needs and gives them an opportunity to make a difference to the future of the Charity, directly having an impact on the lives of other young people overcoming the challenges of cancer.

Having committed to a two-year placement, several of the inaugural Youth Board members retired this year and new members welcomed, all willing to identify opportunities to improve the service provision and make recommendations to shape future delivery. The Youth Board are fundamental in consulting, communicating, and extracting feedback from beneficiaries.

Young People at the Heart of our decisions –
With the development of the Youth Board, we have seen these young people step up and help shape our campaigns, improve our registration, and welcome processes, and represent the Charity by taking on roles of fundraising event hosts and discussion panel members. Their voice remains critical and influential in all our major strategic decisions.

Influenced & Recruited –
Appointing a dedicated social media manager has helped to develop a programme of social influence as a mechanism for beneficiary recruitment as well as growing all social platforms to reach the widest audience and increase engagement.

In year, 11% of new young people registering with Teens Unite were recruited through social media activity. Our target for recruitment through this channel in 23/24 is 25%. Social channels are being utilised to engage and educate hospital teams which to support the recruitment of beneficiaries.

Showcased our Strengths –
The social media manager has worked with the content teams at TikTok to launch the Charity's platform, and to build useful, original content which will support our goal of communicating with authenticity, integrity, and purpose.

Across our social channels, the young people we support are keen to share their stories to engage both supporters and other service users. This year they have bravely shared their stories of derailment, disappointment and determination, stories of isolation, loneliness and finding lifelong friends. They have shared how, through Teens Unite, they found strength and built resilience and how they returned from serious illness to have happy, fulfilled lives, facing the future with strength and determination.

Our website, while in need of re-development to ensure that it enables us to tell our story, and showcase our impact, has been a useful tool for the Charity, allowing us to grow awareness of the brand, engaging almost 27,000 new visitors this year.

Working Together to Build a Better Future -
Our Chief Executive has continued to play an active role in the Children and Young People with Cancer Coalition, ensuring the needs of young people with cancer and their families are impossible to ignore. The Coalition works collaboratively to reduce duplication and ensure that those unable to speak for themselves have a voice.

While Teens Unite has no political standing and does not take on any lobbying or campaigning activity, we have supported members of the coalition as they have lobbied Government, providing evidence to support their work in the form of case studies and statistics, helping to paint a clear picture of the landscape and the priorities that need to be addressed.

Teens Unite remains committed to the belief that the safety and wellbeing of children and young people is of the utmost importance and ensure a robust process of understanding, training, and reporting of all safeguarding and child protection issues. The charity undertook the NSPCC self-review of safeguarding assessment, and while we met the requirements in full, took steps to add the additional and voluntary policies in relation to including beneficiaries in the recruitment process for roles which work in beneficiary engagement. All staff have renewed their training commitment with CPD accredited training in all areas of the protection of children and vulnerable adults both in face-to-face encounters as well as digital situations.

But there's still work to do in 2023 and beyond….

We will Introduce two major awareness campaigns which seek to lift the lid on invisible impacts of cancer and its treatment. This will provide Teens Unite the opportunity to work with more charity partners within the Coalition. The inaugural Teenage and Young Adult Cancer Awareness Month provides the perfect platform to launch the campaign.

We will invest time in identifying new and impactful statistical evidence which proves the need for the lower-level psychosocial support offered by Teens Unite to amplify the voice and show the impact through the lens of beneficiaries.

Bigger Impact Greater Outcomes.

We will invest in the Charity's CRM system enabling us to collect every interaction that beneficiaries, supporters, and volunteers have with us to help us understand them and their drivers. We will utilise this data to create tailored and personised interactions from marketing and campaigns to service messages.

We will continue collecting and regularly evaluating data to ensure our programmes of support are designed and delivered based on a proven need; we will continue to measure the impact and learn from it. This will enable us to shout louder about our impact.

Our programme of events will be extended as we seek to address the imbalance of young people overcoming cancer entering the workplace, with the launch of several twelve- week empowerment programmes that will support beneficiaries with CV writing, interview skills, work experience and work placement. The programmes will engage, support, and equip the young people to make a confident return to higher education or early employment.

We commit to continue to grow the expertise of our team, investing in the people we employ to ensure that we have a strong, effective team, committed to making a positive difference to the lives of our beneficiaries. And growing our team further to support the growth we forecast in the years ahead.

We will continue to demonstrate that we are modern, future facing and agile, embracing technology to ensure we continue to grow – we will use our relationships with social media platforms and influencers to engage young beneficiaries and supporters alike, recruiting new influencers through the year. Focusing on an exciting campaign with TikTok and reviewing our charity's Website.

Financial Review

£100,000

target reached by a voluntary team of fundraisers, in legacy of a young person supported by Teens Unite.

6%

increase in voluntary income, as the Charity welcome new major donors

£159,630

gifted in services and goods enabling the Charity to do more of what it does well without additional costs.

296

supporters embraced a challenge in aid of Teens Unite - from running and trekking, to jumping out of a plane.

Teens Unite would not exist without our incredible supporters. We would like to thank every Trust, Foundation, Corporate body, and individual who has supported us. We thank them for donating or fundraising to help us extend our support to more young people living with cancer and its lasting effects. Collectively in 2022-23 they helped us raise £762,764. This is a positive year end for Teens Unite, with performance growing in all areas of focus with significant scope to build on in the years ahead.

Charities Aid Foundation (CAF) UK Giving Report 2022/23 confirms that 2022 was, on the face of things, the most generous year on record for individual giving. However, significant world events such as the invasion of Ukraine, saw people's generosity focused on this specific cause.

However, the Ukraine war contributed to higher inflation, and this coupled with a cost-of-living crisis and rising prices significantly impacted people's spending power, with almost 70% of people saying they would have to make cuts. Their report further confirms that donation levels and engagement with charities have still not returned to pre-pandemic levels.

In 2021/22, 40% of Charity's used reserves to help them through the pandemic, Teens Unite was not and is still not one of those, instead we are one of the 23% who continue to build financial resilience during the fragile financial landscape for the sector.

In response to this constantly evolving financial landscape, Teens Unites' Strategy has been to focus on building a solid foundation and associated infrastructure to ensure we are in a strong position to support the Charity to achieve financial growth targets, in the years ahead. We have spent time evaluating past events, re-engaging with supporters and preparing for a year focused on fundraising in 2023-24. Ensuring these events are delivered at the right time to engage with the right donors and maximise giving.

In year, we have seen an 11% reduction in income from activities generating funds. However, this was intentional. The Charity planned the rescheduling of two major fundraising gala events for months where their performance would be more effective in terms of a financial return. The rescheduled events are planned for June and November 2023. Moving the second gala event to November will ensure that the Charity can maximise on their selection to take part in a major match fund campaign for later in 2023.

The Charity understands the importance of an annual financial review, and in addition to a review of our financial goals, ensuring they remain unchanged, we have ensured that we not been impacted by any changes. We continue with our commitment to a culture of sustainability and to future proofing finances, continuing to develop new ways to bring income, manage resources, and embrace technology. Through this approach we have:

Diversified our income -
We have continued to focus on diversifying the Charity's income and seen a shift to online/digital activity to increase donations. Our first crowdfunding campaign to support the charity in providing a warm community space was well supported and received match funding. We have seen a 6% increase in voluntary income, compared to last year, supported by the return of many of the Charity's previous major donors.

A more targeted approach and efforts to build relationships has seen income from trusts and foundations stabilise, and new supporters recruited. We are particularly proud of the relationship that we have established with to the Masonic Charitable Foundation, who have seen the value in the pivotal role played by our Beneficiary Engagement Specialists and have generously provided multi-year funding to support this role. We are grateful for their understanding and their generous funding which has given us the benefits of multi-programme flexible funding. This helps us to achieve notable cost efficiency, making programme delivery more effective, building, and strengthening our ability to become lasting, sustainable contributors in this specific field, increasing the life choices of more young people overcoming the challenges of cancer.

We have prioritised the creation of new partnerships with organisations who either provide "gift in kind" donations (this year valued at £159,630, which is an increase on last year) which are utilised to support the delivery of our beneficiary events, provide welcome gifts or comfort packs at the times young people need them the most and to raise funds through the Charity's trading activities. Through these partnerships, employers and their staff are encouraged to get involved in a variety of ways, which in turn ensures both receive the documented and proven benefits of partnering with a local charity. Our approach to partnerships ensures that together we can achieve bigger ambitions and greater impacts for more young people overcoming the challenges that cancer brings.

Recruitment of supporters to take on independent challenges has seen income in this area increase and income from the focused partnerships with local businesses shows early positive results. A small-scale lottery, and two "retail" ventures are continuing to test the possibility of growing commercial income with early significant success.

Managed our Expenditure -
Our expenditure for this year has seen a significant reduction in the costs associated with raising funds. Predominantly from the planned actions to not hold gala events in year (even though some costs for 2023/24 event costs have been incurred in this financial year).

There is a planned 15% increase in spend on charitable activities, responding to the increased beneficiary sign up forecast, cost increase in external venue hire, and increased demand for beneficiary travel contribution. We guarantee our events are accessible to all young people, by ensuring travel costs are not a barrier to them accessing our vital support.

On top of the pressure from increased demand for Teens Unite services by young people and their families and the predicted risk of reduced income, rising bills added to the challenges that charities are facing during the cost-of-living crisis including the basic costs of running an organisation, like fuel and lighting.

To mitigate some of these increased costs, and in-line with the charity's tender and procurement policy, we have reviewed all supplier contracts and not been afraid to negotiate. Best price has been achieved on fixed term/fixed rate deals with utility providers; combined commercial insurances and vehicle insurances. In addition, the Charity's invested funds are also being reviewed as this year they reported losses.

With support of newly appointed Treasurer, with a wealth of banking and investment knowledge and experience, to the Board of Trustees, we will continue to review all financial activities and take prompt and decisive action wherever needed.

But there's still work to do in 2023 and beyond….

Looking ahead to next year, the Charity will continue to adopt a sustainable and diverse fundraising portfolio, combining our pre pandemic fundraising events and challenges, our newly established trust and foundation engagement with our new innovative approach to partnerships. Collectively forecast to increase income by 25%.

We will see the return of the Charity's overseas challenge for 20 supporters forecast to raise an additional £40,000; two gala fundraising events attended by in excess of 800 guests and forecast to raise circa £200,000 all delivered in year.

Building on the relationships with have with existing, and welcoming new corporate partnerships to Teens Unite, is a critical part of our plan for 2023/24. We have seen growth in this previously underperforming income stream, but our new strategic approach will provide an additional income stream for the years ahead.

Our supporter relationships are important to us, and we will spend time in 2023/24 reviewing how we engage with supporters, developing processes and procedures to ensure we provide them with more of what they need to support us in the best way possible. We commit to reviewing the Charity's website and online donation function to make giving more accessible to all.

Designated Funds -
As Teens Unite move closer to realising their long-held vision of opening the first purpose build retreat for teenagers and young adults overcoming the challenges of cancer, we have increased our designated funds by £100,000 to £1.2m. These funds will be spent by the Charity on the specific purpose declared and for which they were gathered.

Our biggest ambition yet –
We will open a dedicated, purpose-built 'Retreat' for young people overcoming the challenges that cancer brings.

It will be the first of its kind in England and will enable us to provide more than 125 face to face and 50 digitally delivered beneficiary events and 12 short (typically 2-3 day) Residential Stays, in year one, building through a phased approach to provide support to more than 3,000 young people each year.

Additionally, it will allow us to support the families of these young people with quarterly siblings' events, twice yearly Family Days, and an annual Memorial Day, building year on year.

Over the next 10 Years The House of Teens Unite will enable the Charity to deliver against its vision of helping 30,000 young people and their families, overcome the long term impacts of cancer and its treatment.

Reserves -
Following the COVID19 pandemic the Charity's Board of Trustees increased the requirements for reserves to be maintained at a level which equates to approximately six months of unrestricted charitable expenditure. Six months is considered a more than sufficient level to bridge the gap between the spending and receiving of income and to cover unplanned expenditure during what has been forecast could be a turbulent cost of living crisis.

Risk Management

Risk is unavoidable and it is not within the abilities of the Charity to completely avoid all risk. However, to mitigate risk the Charity's Senior Management Team and Chief Executive meet with both the Treasurer and Beneficiary Lead monthly to review the Charity's performance. The full Board of Trustee's meet quarterly to assess the major risks to which the Charity is exposed, particularly those related to operations and finance. All meeting details, actions and activities are formally recorded.

All major risks are recorded on the charity's Risk Register. The Board of Trustees and Senior Management Team are satisfied that systems, policies, and developments are in place to mitigate exposure to those risks.

Income Streams

Reduction of income has and will always be a risk for the charity sector, as a whole.

Teens Unite remain financially viable, with adequate cash reserves and the ability to maintain its costs in line with income. The Charity has diversified income streams to reduce the reliance solely on fundraising events and will continue to prioritise a diverse mix of income across events, trusts & foundations, corporate partnerships, along with individual donations. In addition, the Charity will ensure that fundraising activities in the retail outlet are well advertised, engage the community, and create a whole new audience. We will continue working in partnership with High Street brands whose generosity ensures high quality stock of new items are available, and that the Charity's retail outlet maintains its USP.

The House of Teens Unite

December 2022 saw The Broxbourne Borough Council reject the Charity's plans to build a retreat, in the site ringfenced at Barrow Lane, Hertfordshire.

This was a major setback. However, it has given the Charity an opportunity to review the size and scale of their ambitions. This, coupled with a more competitive housing market and a more fragile financial landscape is seen by the Charity as a positive outcome.

Assurance of the Charity's continued commitment to building the retreat has been given to donors and investors. Anyone with concerns about the funds and their use will be offered the same level of assurance.

Teens Unite remain committed to build The House of Teens Unite and have made positive progress to locate a new property. More of these plans will be revealed in the year ahead.

Plans for the future

> “There are millions of pounds being spent on curing young people, but what about their future after fighting and surviving such an illness.
>
> Spending time with other teens facing the same challenges gives them back some confidence and self-esteem to push forward for their future.”

Professor Mufti OBE, Head of Haemato-Oncology,
Kings College Hospital

We are experiencing a 21% increase in registrations each year from young people in need of our vital support.

To continue meeting this demand, the Charity remains committed to opening the first purpose-built retreat in England for teenagers and young adults to overcome the challenges of cancer.

Despite the rejection of the planning appeal, the need for a retreat of this kind is more necessary than ever as we continue to experience a rise in the number of young people registering for our support.

The Charity is in the process of finding and securing a new location. In the interim, the Charity will continue to deliver day-to-day support for young people, by hosting regular activities at external venues. For the foreseeable future, the Charity will continue to operate from its office at The Gateway Hoddesdon.

To support

30,000

young people, diagnosed with cancer, over the next 10 years.

Structure, Governance, and Management

The Charity is a company limited by guarantee and was set up by a trust deed on 16 February 2007.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

J. Reynolds
D. Lewis (Resigned 1 September 2022)
V. Edwards
A. Bellini (Resigned 6 February 2023)
T. Proctor (Resigned 1 September 2022)
J. Marchant
Dr. R. Godfrey (Appointed 24 January 2023)
P. Maslen (Appointed 23 January 2023)
Dr. A. Sadler (Appointed 10 September 2022)

The Charity maintains a Board of Trustees, a minimum of three and a maximum of eight at any time. Trustees serve a term of three years on the Board and take a lead role in supporting the operation to deliver against the five-year strategy. This involves monitoring and taking prompt and decisive action to ensure that performance and impact is achieved. The Board, too, are the guardians of our fundamental values and ethos. The Board is supported by the Charities Co-Founders Debbie Pezzani and Karen Millen OBE.

The Board of Trustees meets, formally, a minimum of four times a year and host an annual AGM to ensure the Charity has a clear vision, mission and strategic direction and is focused on achieving them.

The Board reviews and approves the Charity's strategic and annual plans and is committed to its own strategic plan which ensures leadership, integrity, effectiveness, diversity, openness, and accountability and well as a strategic view of decision making and risk management in line with general guidance published by the Charity Commission.

The Trustees regularly review the membership of the Board to ensure that the necessary skills, experiences, and perspectives needed for effective governance are in place.

The Teens Unite Operational Team has responsibility for the day-to-day management of the Charity. This team comprises the CEO supported by a team of 5 full time and 3 part time employees responsible for Operational Management, Trust and Partnership Income, Fundraising and Event Management, Marketing and Communications and Beneficiary Delivery and Support.

The Trustees' report was approved by the Board of Trustees.

Trustee:

Date: 04/12/2023

TEENS UNITE FIGHTING CANCER

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF TEENS UNITE FIGHTING CANCER

I report to the trustees on my examination of the financial statements of Teens Unite Fighting Cancer (the charity) for the year ended 31 March 2023.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of , which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or

2 the financial statements do not accord with those records; or

3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or

4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

HB Accountants

28 Plumpton House
Plumpton Road
Hoddesdon
Hertfordshire
EN11 0LB

Dated: 5/12/23

TEENS UNITE FIGHTING CANCER

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2023

Current financial year

	Notes	Unrestricted funds general 2023 £	Unrestricted funds designated 2023 £	Restricted funds 2023 £	Total 2023 £	Total 2022 £
Income and endowments from:						
Voluntary income	3	372,160	-	39,096	411,256	388,267
Activities for generating funds	4	324,726	-	-	324,726	375,918
Investment income	5	4,282	-	-	4,282	5,048
Other income	6	22,500	-	-	22,500	-
Total income		723,668	-	39,096	762,764	769,233
Expenditure on:						
Costs of raising funds	7	233,648	-	23,343	256,991	317,324
Charitable activities	8	391,204	-	28,196	419,400	363,928
Total resources expended		624,852	-	51,539	676,391	681,252
Net gains/(losses) on investments		(22,820)	-	-	(22,820)	4,252
Net incoming/(outgoing) resources before transfers		75,996	-	(12,443)	63,553	92,233
Net incoming/(outgoing) resources before transfers		75,996	-	(12,443)	63,553	92,233
Gross transfers between funds		(100,000)	100,000	-	-	-
Net movement in funds		(24,004)	100,000	(12,443)	63,553	92,233
Fund balances at 1 April 2022		279,164	1,100,000	23,343	1,402,507	1,310,274
Fund balances at 31 March 2023		255,160	1,200,000	10,900	1,466,060	1,402,507

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

TEENS UNITE FIGHTING CANCER

STATEMENT OF FINANCIAL ACTIVITIES (CONTINUED) INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2023

Prior financial year

	Notes	Unrestricted funds general 2022 £	Unrestricted funds designated 2022 £	Restricted funds 2022 £	Total 2022 £
Income and endowments from:					
Voluntary income	**3**	351,579	-	36,688	388,267
Activities for generating funds	**4**	375,918	-	-	375,918
Investment income	**5**	5,048	-	-	5,048
Total income		732,545	-	36,688	769,233
Expenditure on:					
Costs of raising funds	**7**	317,324	-	-	317,324
Charitable activities	**8**	350,583	-	13,345	363,928
Total resources expended		667,907	-	13,345	681,252
Net gains/(losses) on investments		4,252	-	-	4,252
Net incoming/(outgoing) resources before transfers		68,890	-	23,343	92,233
Gross transfers between funds		(100,000)	100,000	-	-
Net movement in funds		(31,110)	100,000	23,343	92,233
Fund balances at 1 April 2021		310,274	1,000,000	-	1,310,274
Fund balances at 31 March 2022		279,164	1,100,000	23,343	1,402,507

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

TEENS UNITE FIGHTING CANCER

BALANCE SHEET

AS AT 31 MARCH 2023

	Notes	2023 £	£	2022 £	£
Fixed assets					
Tangible assets	**14**		5,338		7,120
Current assets					
Debtors	**15**	16,790		16,446	
Investments	**16**	339,333		359,063	
Cash at bank and in hand		1,107,599		1,022,398	
		1,463,722		1,397,907	
Creditors: amounts falling due within one year	**17**	(3,000)		(2,520)	
Net current assets			1,460,722		1,395,387
Total assets less current liabilities			1,466,060		1,402,507
Income funds					
Restricted funds	**18**		10,900		23,343
Unrestricted funds					
Designated funds	**19**	1,200,000		1,100,000	
General unrestricted funds		255,160		279,164	
			1,455,160		1,379,164
			1,466,060		1,402,507

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2023.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 04/12/2023

Trustee

Company registration number 06111574

1 Accounting policies

Charity information

Teens Unite Fighting Cancer is a private company limited by guarantee incorporated in England and Wales. The registered office is Bratton House, Church Lane, Wormley, Herts., EN10 7QG.

1.1 Accounting convention

The accounts have been prepared in accordance with the charity's trust deed, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Incoming resources

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

Gifts and services in kind are included in the accounts at fair view. Income is included in donations and expenses included in the relevant expenditure category.

A grant that specifies performance conditions is recognised in income when the performance conditions are met. Where a grant does not specify performance conditions it is recognised in income when the proceeds are received or receivable. A grant received before the recognition criteria are satisfied is recognised as a liability.

Sales of donated goods are recognised only when these items are sold as it is considered to be impracticable to value these goods upon receipt . Stocks of undistributed donated goods are not valued for balance sheet purposes.

1 Accounting policies (continued)

1.5 Resources expended

All expenditure is accounted for on an accruals basis and is inclusive of irrecoverable VAT.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Computer equipment	25% straight line
Fixtures, fittings & equipment	25% reducing balance
Motor vehicles	25% reducing balance

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Investments

Current asset investments are stated at market value.

1.8 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.9 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.10 Financial instruments

The charity has elected to apply the provisions of Section 11 ‘Basic Financial Instruments’ and Section 12 ‘Other Financial Instruments Issues’ of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

1 Accounting policies (continued)

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.11 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.12 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

1.13 Leases

Rentals payable under operating leases, including any lease incentives received, are charged as an expense on a straight line basis over the term of the relevant lease.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Voluntary income

	Unrestricted general funds	Restricted funds	Total 2023	Total 2022
	£	£	£	£
Grants, gifts and donations	212,530	39,096	251,626	178,280
Covid-19 support grants	-	-	-	63,446
Donated goods and services	159,630	-	159,630	146,541
	372,160	39,096	411,256	388,267
For the year ended 31 March 2022	351,579	36,688		388,267

4 Activities for generating funds

	Unrestricted funds general 2023	Unrestricted funds general 2022
	£	£
Fundraising events	241,855	313,685
Charity Shop income	82,871	62,233
	324,726	375,918

5 Investment income

	Unrestricted funds general 2023	Unrestricted funds general 2022
	£	£
Income from listed investments	3,091	4,985
Interest receivable	1,191	63
	4,282	5,048

6 Other income

	2023	2022
	£	£
Property deposit refund	22,500	-

7 Costs of raising funds

	Unrestricted funds general	Restricted funds	Total 2023	Total 2022
	£	£	£	£
Fundraising activities expenses				
Staging fundraising events	90,161	-	90,161	133,701
Charity Shop expenses	7,835	-	7,835	40,949
Staff costs	117,345	23,343	140,688	119,643
Share of support costs (see note 9)	14,609	-	14,609	19,973
Share of governance costs (see note 9)	3,698	-	3,698	3,058
	233,648	23,343	256,991	317,324

8 Charitable activities

	2023	2022
	£	£
Staff costs	189,495	178,175
Teens events and activities	171,932	42,608
Stock gifted	-	40,127
Legal and professional fees	-	10,896
	361,427	271,806
Share of support costs (see note 9)	46,262	79,891
Share of governance costs (see note 9)	11,711	12,231
	419,400	363,928
Analysis by fund		
Unrestricted funds - general	391,204	350,583
Restricted funds	28,196	13,345
	419,400	363,928

9 Support and governance costs

	Support costs	Governance costs	2023	2022	Basis of allocation
	£	£	£	£	
Staff costs	16,237	12,409	28,646	28,350	
Depreciation	1,782	-	1,782	2,373	
Premises	21,851	-	21,851	51,944	
Motor and travel	2,265	-	2,265	1,226	
Printing, postage, stationery and telephone	3,453	-	3,453	11,730	
Information technology	8,435	-	8,435	8,414	
Bank, credit card and justgiving charges	883	-	883	904	
Staff expenses	4,057	-	4,057	5,570	
Legal and professional fees	990	-	990	1,302	
Other expenses	918	-	918	760	
Accountancy	-	3,000	3,000	2,580	
	60,871	15,409	76,280	115,153	
Analysed between					
Fundraising	14,609	3,698	18,307	23,031	
Charitable activities	46,262	11,711	57,973	92,122	
	60,871	15,409	76,280	115,153	

Support and governance costs are allocated between fundraising and charitable activities as decided by the trustees based on what they consider to be a reasonable measure of activity. This year the ratio is 24:76, last year it was 20:80.

10 Trustees

None of the trustees (or any persons connected with them) received any remuneration during the year and were not reimbursed for any expenses.

11 Employees

Number of employees

The average monthly number of employees during the year was:

	2023 Number	2022 Number
Charitable activities, fund-raising and support	11	9

Employment costs	2023 £	2022 £
Wages and salaries	325,784	294,355
Social security costs	26,462	25,485
Other pension costs	6,583	6,328
	358,829	326,168

The number of employees whose annual remuneration was £60,000 or more were:

	2023 Number	2022 Number
£60,000 - £70,000	1	1

12 Related party transactions

Remuneration of key management personnel

The remuneration of key management personnel is as follows.

	2023 £	2022 £
Aggregate compensation	97,860	102,215

Transactions with related parties

During the year the charity entered into the following transactions with related parties:

	2023 £	2022 £
Other related parties	1,122	1,648
	1,122	1,648

13 Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxationof Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

14 Tangible fixed assets

	Computer equipment	Fixtures, fittings & equipment	Motor vehicles	Total
	£	£	£	£
Cost				
At 1 April 2022	7,556	96,750	19,617	123,923
At 31 March 2023	7,556	96,750	19,617	123,923
Depreciation and impairment				
At 1 April 2022	7,556	92,247	17,000	116,803
Depreciation charged in the year	-	1,128	654	1,782
At 31 March 2023	7,556	93,375	17,654	118,585
Carrying amount				
At 31 March 2023	-	3,375	1,963	5,338
At 31 March 2022	-	4,503	2,617	7,120

15 Debtors

	2023	2022
Amounts falling due within one year:	£	£
Other debtors	16,790	16,446

16 Current asset investments

	2023	2022
	£	£
Listed investments	339,333	359,063

17 Creditors: amounts falling due within one year

	2023	2022
	£	£
Accruals and deferred income	3,000	2,520

18 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Movement in funds			Movement in funds		
	Incoming resources	Resources expended	Balance at 1 April 2022	Incoming resources	Resources expended	Balance at 31 March 2023
	£	£	£	£	£	£
Shop salaries grant	36,688	(13,345)	23,343	-	(23,343)	-
Teens activities	-	-	-	39,096	(28,196)	10,900
	36,688	(13,345)	23,343	39,096	(51,539)	10,900

19 Designated funds

The income funds of the charity include the following designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes:

	Balance at 1 April 2021	Transfers	Balance at 1 April 2022	Transfers	Balance at 31 March 2023
	£	£	£	£	£
The House Of Teens Unite	1,000,000	100,000	1,100,000	100,000	1,200,000
	1,000,000	100,000	1,100,000	100,000	1,200,000

The Charity's £1,200,000 designated funds reported at the end of the financial year have been set aside to be used solely for purchasing land and developing the House of Teens Unite. These funds will be spent by the Charity on the specific purpose declared above by the end of the financial year 2025/26. If by this time, the funds have not been used for the specific purpose, they will be released and reallocated. The use of these funds for any purpose than that outlined must be agreed by the Board of Trustees in a majority decision at an Extraordinary General Meeting.

20 Analysis of net assets between funds

	Unrestricted funds 2023	Designated funds 2023	Restricted funds 2023	Total 2023	Unrestricted funds 2022	Designated funds 2022	Restricted funds 2022	Total 2022
	£	£	£	£	£	£	£	£
Fund balances at 31 March 2023 are represented by:								
Tangible assets	5,338	-	-	5,338	7,120	-	-	7,120
Current assets/(liabilities)	249,822	1,200,000	10,900	1,460,722	272,044	1,100,000	23,343	1,395,387
	255,160	1,200,000	10,900	1,466,060	279,164	1,100,000	23,343	1,402,507

TEENS UNITE FIGHTING CANCER

England & Wales - Charity number 1118361

Accounts

Annual Report and Financial Statements

for the year ended

31 March 2022

Charity Registration No. 1118361
Company Registered in England No. 6111574 (England and Wales)

Charity registration number 1118361

Company registration number 06111574 (England and Wales)

TEENS UNITE FIGHTING CANCER

ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022

TEENS UNITE FIGHTING CANCER

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	J. Reynolds D. Lewis V. Edwards A. Bellini T. Proctor J. Marchant
Chief Executive	R. Lawrance
Co-founders	K. Millen D. Pezzani
Charity number	1118361
Company number	06111574
Trading address	Gateway The Old Police Station High Street Hoddesdon Herts. EN11 8BJ
Registered office	Bratton House Church Lane Wormley Herts. EN10 7QG
Accountants	HB Accountants Plumpton House Plumpton Road Hoddesdon Herts. AL4 0LB
Bankers	Barclays Bank 51 High Street Hoddesdon Herts. EN11 8TG
Investment advisors	St. James's Place Wealth Management St. James's Place House 1 Tetbury Road Gloucestershire GL7 1FP

TEENS UNITE FIGHTING CANCER

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TEENS UNITE FIGHTING CANCER

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2022

The trustees present their annual report and financial statements for the year ended 31 March 2022.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the Charity's Trust Deed, the Companies Act 2006 and the Statement of Recommended Practice, "Accounting and Reporting by Charities", issued in March 2005.

Objectives and activities

The principal objectives are to improve the quality of life and social and emotional wellbeing of 13–24-year-olds who are overcoming cancer and the challenges it brings through support which unites them with others their age with shared experiences of diagnosis, treatment, and recovery, as the trustees shall in their discretion think fit.

The Trustees confirm that they have complied with the duty in Section 4 of the Charities Act 2006 to have due regard to the Charity Commission's general guidance on public benefit, 'Charities and Public Benefit'. That guidance addresses the need for all charities' aims to be, demonstrably, for the public benefit.

Achievements and performance

The success and positive response that came with implementing a digital alternative to our beneficiary service during the Covid-19 pandemic, has continued to shape the output of our support.

The high levels of engagement from young people across the UK, along with the positive feedback we have received from social workers and hospital teams who feel our support is now far more accessible, has resulted in digital events and activities remaining a key part of our support offering.

We are also delighted to have reintroduced the face-to-face beneficiary events we are renowned for. This has been a gradual process as many of the young people still have concerns about physically socialising with others due to their health conditions and vulnerability, as well as the impact isolating has caused to their confidence and self-esteem. However, as society adjusts to a new 'normal', we feel confident that the uptake for our face-to-face events will continue to grow. The Charity has maintained pandemic level protocols to ensure the safety of the beneficiaries and the staff and to provide additional reassurance to the young people and their families.

Teens Unite is now permanently committed to supporting young people through a combination of face-to-face and digital activities and events. This ensures that 13–24-year-olds, who have experienced cancer in their lifetime, have access to the vital social, emotional, and physical support we provide, whether they are at home or in hospital, and wherever they are in the UK.

Ciara, diagnosed with Acute Myeloid Leukaemia, aged 17 said: "*Though I have spent periods of time in isolation myself for cancer treatment, being in isolation again due to COVID-19 has been challenging. It has reminded me of when I was extremely unwell during my transplant treatment period. Teens Unite's digital group activities enable us all to keep in contact with each other, helping to reduce our feelings of isolation and loneliness. They give me something to look forward to and the Yoga & Breathing Techniques session has been useful for managing my anxiety and stress at such a difficult and uncertain time for me.*"

We have invested time throughout the year to determine the value of Teens Unite's service provision and the genuine difference it is making to the lives of young people who are overcoming cancer and the social, emotional, and physical challenges it brings.

By conducting surveys with the young people prior to, and post, each beneficiary event we have been able to conclude the following:

91% feel that attending an event has a positive impact on their mental health
95% feel more connected having joined an event; and since attending an event
95% have made a return to education or early employment
100% would recommend other young people fighting cancer should attend

This information has been shared with social workers and hospital teams who continue to endorse our work and refer young cancer patients to Teens Unite as we lead the way in providing 13–24-year-olds with the vital emotional and social support needed for their recovery. For them, Teens Unite is a safe place where they can refer young people to, so they can ensure they remain supported long-after their time within the medical environment comes to an end (this is typically six weeks post treatment).

Lucy, a Paediatric Oncology Nurse has said: "Before meeting Teens Unite, my biggest fear was the lack of ongoing support available to the young people I was caring for. My priority is always to provide the best medical care possible, but these young people also need help to overcome the emotional and social turmoil they are facing. Without Teens Unite this would be hard to find".

This demonstrates the importance of working together with other organisations. In June 2021, we entered a formal service collaboration with Young Lives vs Cancer; a charity providing support to young cancer patients and their families. Whilst our roles as charities are very different, our ethos is the same; to help young people with cancer thrive and not just survive. This collaboration ensures more young people have access to the vital support they need throughout their fight with cancer, and 40% of our registrations now come from the team at Young Lives vs Cancer.

As an active member of the Children and Young People Cancer Coalition, we have been given a voice within the community of cancer charities and organisations, and in recognition of how adaptive we were to the Covid-19 pandemic, we were invited to contribute evidence to the Governments 10 year cancer plan call for evidence report, where we emphasised the need for ongoing cancer support outside of medical care.

Beneficiaries

Currently, there are over 1,500 young people aged 13-24 registered with Teens Unite. On average, over the last year we have held eight digital activities and where possible, two face-to-face activities each month. In addition, we held a digital Discover You event, which provided guidance and motivation for taking the next steps following cancer, which was attended by 50 young people. Our family day at Paradise Wildlife Park was attended by 82 young people and their families for a memorable day together.

Whilst we continue to return to 'normality' following the Covid-19 pandemic, the impact is long-lasting and is noticeable amongst the behaviours of the young people we support. Unfortunately, isolation, loneliness and anxiety are common side effects for anyone who has experienced cancer, however lockdown resulted in these feelings being heightened, and harder to overcome long-term.

Enhancing our support offering with the introduction of our digital activities and events has encouraged new registrations to engage and interact with us at an earlier stage. We have identified that taking the initial steps to join an activity or event for the first time online is not as overwhelming as attending for the first time in person. We have introduced a monthly Zoom welcome call, where young people who have registered at a similar time can meet each other, which settles them in to taking part in more digital activities, before joining us in-person.

Furthermore, more young people are engaging with us at diagnosis and treatment stage, as opposed to being post-treatment or in remission, as our digital activities eliminate the need to travel, and reduce risk to their immune system. In fact, 60% of those signing up in the last year have already attended a Teens Unite beneficiary event (this is up 50% on the year before).

We have continued to experience an increase in registrations, with a higher percentage of females signing up to receive our support than males. The close relationships we have developed with social workers, hospital teams and late-effects teams, has enabled us to communicate this concern with others, who have also identified this as a common finding amongst all services – with males less likely to seek support than females when it comes to their physical and emotional health.

Although mental health problems are extremely common, stigma is attached to them, making them difficult to talk about. Societal gender roles can dictate that when men express emotion, they're not "real men". This stigma can cause young men to suppress their emotions to present as "manly" or "strong". From our work, we see 62% of young cancer patients registering with us are female, whereas just under half of the annual diagnoses are male.

Research shows that adults who have experienced Adverse Childhood Experiences (ACE) are four times more likely to have poor levels of mental health and emotional wellbeing. The latest statistics around mental health show that:
79% of young people diagnosed with cancer feel that it has a serious impact on their emotional wellbeing, 70% experience depression and 90% experience anxiety; our work in bringing young people together, who share similar lived experiences of cancer, is more prevalent than ever. This highlights the need for our activities and events to ensure we keep the open conversation going so that young people do not feel alone in their personal battles.

With this in mind, our ambition for the year ahead is to return to holding a minimum of three face-to-face events a month (alongside our extensive calendar of digital activities), with the intention of also hosting our residential Activity Stay during the Summer of 2022. Whilst digital activities are more accessible and come with less risk, for those who are at a stage where they feel ready to start rebuilding their lives following cancer and gradually transition back into society, our face-to-face support plays an essential part in providing more interaction, conversation and a wider range of experiences and new opportunities.

Rian, diagnosed with Acute Myeloid Leukaemia, aged 14 said: "Cancer patients get one another, that is for certain, and it's liberating to speak to other people who get you, who have been through what you have and understand you on a personal level, without having to really go into too much detail as to why or how.

After cancer, you know better than anyone that life is for living and we get one chance to do so. You can't change the past, but you can use it to shape the future."

We also maintain a focus on inclusion and currently, 33% of those registering with Teens Unite are from all ethnic minorities combined. The continued work that the Charity does with referral partners from across the UK seeks to improve registrations among ethnic minorities, and we have also assigned a 'Inclusion and Diversity' role within our Youth Ambassador Board; who are a committee of young people who have benefited from the support of Teens Unite over the years, and are now in a position to use their own experiences to help shape the support we provide at Teens Unite. We are also conscious that economic inequality should not be a barrier to inclusion and the Charity continues to ensure travel costs are covered for all.

Our work with referral partners has also seen the numbers of young people registering with the charity earlier in their cancer journey. In the last year, there has been an increase of 16% to 41% of young people registering while they are on active treatment. Earlier engagement is an essential element of the charity's five-year strategy of attraction and engagement in which Teens Unite aims to increase the number of young people supported by a minimum of 25% year on year.

We understand the demographics of beneficiaries and remain determined to ensure the inclusion of all. Economic inequality will also not be a barrier to inclusion and the Charity continues to ensure travel costs are covered for all.

At a time when it can feel like there's so much these young people can't do, we're here to show them what they can do, without the 'c' word holding them back.

Operations

Operationally, the most significant development for the charity comes in the form of an office move, and the opening of a café and retail outlet, where 100% of the proceeds help us to support more young people living with cancer and the ongoing challenges it brings.

The ongoing financial difficulties we continue to face because of the Covid-19 pandemic, and with our fundraising and challenges calendar still not running at full capacity, the decision to move premises was the perfect cost saving initiative and a strategic decision to raise the profile and income of the charity in the local area.

In the Summer of 2021, we moved our Head Office into the Old Hoddesdon Police Station, Hertfordshire. We made the conscious decision to remain in the Borough of Broxbourne, where we have a network of supporters from volunteers to local businesses.

Our new, branded premises not only provides a more professional, working environment for our team of staff, at a time when staff retention is critical, but also a prominent position within the town-centre has helped raise local awareness of Teens Unite and the work we do.

Furthermore, the premises has enabled us to open the most unique coffee experience in Hertfordshire. As a team, we spent the second and third quarter of 2021 transforming the former custody suite and cells into The Jailbreak Café, and the former reception area into a retail outlet selling brand new items of clothing, accessories and cosmetics generously donated by Tesco and high street retailers.

This has not only provided the charity with an additional, regular income stream, it has given the charity a presence within the community which will continue to grow. With this newfound footfall, it will enable us to host more fundraising activities and events, as well as charity campaigns, which will be built into our agenda for the next financial year. We have also felt confident to distribute 5,000 leaflets to residents as an awareness campaign, knowing that they can now easily support us.

Both the café and retail outlet are run primarily by volunteers, which has created an additional community of support within the Charity; with individuals not only giving their time be a part of these new initiatives, but also continuing to support the Charity in other ways from maintenance to office and fundraising support. In total, 3000 hours have been volunteered during this last financial year; this is the equivalent of two full time employees. And, we expect this to continue to grow in 2022/23.

The year has seen significant growth of the Charity's brand awareness particularly across our social channels both for beneficiaries and supporters. The team continue to work with beneficiaries and service users telling their stories, and of how the charity has helped them. This year has seen regular "Teen Takeovers" of Social Channels with beneficiaries encouraging self-care and hosting beneficiary events, leading to significantly higher levels of engagement from supporters and beneficiaries alike.

Financial review

Having battled through the pandemic, the financial year 2021/22 left the Charity facing hard decisions about how to rebuild finances, reset relationships with volunteers, reengage with donors, and establish new relationships with potential funders, and Teens Unite were not alone in this.

Research by Cancer Research UK projected annual donations to charity would fall by 15%. Additionally, research by Young Lives vs Cancer suggested donor behaviour was set to change with donors becoming less invested and more transactional, with those that are giving focussing on individual appeals rather than Charity appeals. Additional "environmental" factors put further strain on giving with situations such as the conflict in Ukraine, the increasing cost of fuel and other living costs in part driven by the conflict, and their appeals receiving significant national media coverage.

Through the pandemic, 40% of Charity's used reserves to help them through the pandemic, Teens Unite was not one of these, instead we were one of the 25% of UK Charity's who took the opportunity to review their reserves policy, and one of the 23% who built up additional reserves in case of a future crisis.

Any funder looking to build relationships with a Charity will consider the Charity's resilience. These steps that we have taken, in addition our investment in resilience measures for good Governance and leadership, digital transformation – embedding both digital delivery of beneficiary service and adopting digital fundraising events - and staff development, demonstrate a high level of resilience.

To summarise, overall income has increased by 11% this year compared to 2021; however, expenses have increased with the refurbishment of the new office premises and the investment in progressing the Charities plans for The House of Teens Unite.

The Covid-19 pandemic meant all our fundraising events and challenges came to a halt, and whilst we are still building up to a full fundraising calendar, this has led us to revaluate the typical events we would run each year and assess the profitable return on time and investment.

Whilst digital and supporter lead challenges have provided a steady stream of income (the first Around the World Virtual event bringing in almost £21k), the Charity made an impressive return to in-person fundraising events with the return of our flagship event; the Strictly Dancing Ball in March 2022, which saw the largest audience we have ever had with 550 guests, and the biggest return on investment since its start in 2018, raising £116,000 profit.

We have benefitted from the kindness and generosity of companies and individuals who believe in the support we provide and the difference we make, having reached a value of nearly £100,000 in gift in kind, for donated goods and services.

In addition, we also received funding for the purpose of developing a Yoga and Wellness facility within our premises for the young people we support and our supporters, along with opening a Jubilee Garden; both of which have enabled us to further engage with the community and generate additional income.

It is the policy of the Charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to six months expenditure. The Trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding due to external factors such as Covid-19 or the cost-of-living crisis, they will be able to continue the Charity's current activities while consideration is given to ways in which additional funds may be raised. The Trustees review the financial reserves quarterly and are confident sufficient financial systems are in place.

Plans for future periods

Teens Unite remains dedicated to delivery of our 5-year Strategic Plan – Ambition Twenty Twenty-six, which is based around five pillars:

Attracting & Engaging – Focusing on our work to engage more young people with cancer by increasing the reach of services and growing the presence of our brand through all media.

Developing the organisation for Success – Creating a culture of excellence, recruiting, retaining and upskilling all resources and not just meeting, but aiming to exceed in all areas.

Driving Brand Awareness – Delivering a strategy which exposes the Teens Unite brand to new supporters and ensure the maintenance of existing supporters

Significantly Grow Income – Focusing on delivering against stretching income targets and developing programs for legacy giving and corporate partnerships

Building for the future – Expanding Teens Unite service offering to support more young people fighting cancer, through the delivery of the House of Teens Unite

The Charity remains focused on achieving our plans for the House of Teens Unite, at Barrow Lane, which will be the first dedicated facility in England for young people who have experienced cancer, and this project remains at the forefront of our fundraising.

The initial submission for planning permission, for a 18,000sq. ft building set within 7.3 acres of the Hertfordshire countryside, was refused by Broxbourne Councillors. The application has been resubmitted taking in to account the Planning and Regulatory Committees feedback, and an appeal has been lodged with the Secretary of State. However, and disappointingly, the Charity have had no further communication from the Council despite numerous attempts to try and engage. Community support for the project is clear with 10,000 signatures on a petition started by the parent of a former beneficiary being received. The Charity's designated funds for The House of Teens Unite will be discussed at the AGM in 2022.

As we continue to experience an increase in the number of young people registering to receive our support, our plan for the next financial year is to grow the Beneficiary Engagement Team within Teens Unite. This team is responsible for connecting with the young people, liaising with our referral and charity partners, organising and delivering our beneficiary activities and events, and ensuring every young person receives the best possible support from us as they overcome the challenges cancer brings.

In preparation for the expansion of this team, we have dedicated time to formally identify the needs of young people at different stages of their cancer battle and how we can support them through each step; from diagnosis, through to treatment, post-treatment, being in remission and beyond, as well as assessing how we can help those with a terminal diagnosis to live life in the best possible way.

Our findings show the following:

Diagnosis: 4% of Teens Unite's registrations happen at this stage, with a low engagement of 2%. At this point, the young person is in 'survival mode' and the focus is on starting treatment and becoming medically clear of cancer

On Treatment: 51% of registrations happen at this stage, with an engagement of 32%. Many young people are assigned a social worker at this stage who then refer them to Teens Unite, and they start to identify additional needs outside of medical care

Post-Treatment: 15% of registrations happen at this stage, with an engagement of 23%. A young person is dropped from medical care and social support six weeks post-treatment, so they won't be referred to Teens Unite if they are no longer under their care, resulting in a decrease of registrations. There is also a pressure on young people to simply return to 'normal' without any additional support

Life After Cancer: 30% of registrations happen at this stage, with an engagement of 43%. The young people feel ready to start rebuilding their lives, but are seeking support with taking the next steps, and they may have been recommended Teens Unite by their late-effects team, if they are assigned one

We will continue to work towards a full return of our face-to-face beneficiary events, which will sit alongside our digital offering to ensure our support is accessible as possible and we are also in conversation with hospital teams, with the intention that we can resume our regular visits to wards, where we meet the young people receiving treatment and host activities which bring them together.

In summary, the Charity has taken considerable steps to recover from the significant negative impacts on income of the pandemic. It has shown itself to be resilient and taken steps to address the risks facing the sector currently. Teens Unite is in a strong position to move forward with new fundraising initiatives, increasing beneficiary service and developing the plans for The House of Teens Unite.

Structure, governance and management

The charity is a company limited by guarantee and was set up by a trust deed on 16 February 2007.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

J. Reynolds
D. Lewis
V. Edwards
S. Allen (Resigned 1 June 2021)
A. Bellini
T. Proctor
J. Marchant

The Board of Trustees meets, formally, a minimum of four times a year to ensure that Teens Unite has a clear vision, mission and strategic direction and is focused on achieving them. This involves monitoring and acting to ensure that performance and impact is achieved, as well as being the guardians of our fundamental values and ethos.

The Board reviews and approves the Charity's strategic and annual plans and is committed to its own strategic plan which ensures leadership, integrity, effectiveness, diversity, openness, and accountability and well as a strategic view of decision making and risk management in line with general guidance published by the Charity Commission.

The Trustees regularly review the membership of the Board to ensure that the necessary skills and perspectives needed for effective governance are in place. The Teens Unite Operational Team has responsibility for the day-to-day management of the Charity. This Team comprises the CEO and Co-Founder supported by 4 full-time and 3 part-time staff members, and a part time contractor. This Team has responsibility for finances, compliance, service delivery, fundraising, communications, and strategy.

The trustees' report was approved by the Board of Trustees.

Alessandro Bellini

.....
A. Bellini
Trustee

Date: 29th September 2022

TEENS UNITE FIGHTING CANCER

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF TEENS UNITE FIGHTING CANCER

I report to the trustees on my examination of the financial statements of Teens Unite Fighting Cancer (the charity) for the year ended 31 March 2022.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of , which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or

2 the financial statements do not accord with those records; or

3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or

4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Keith Grover

HB Accountants

28 Plumpton House
Plumpton Road
Hoddesdon
Hertfordshire
EN11 0LB

Dated: 29/09/2022

TEENS UNITE FIGHTING CANCER

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2022

Current financial year

	Notes	Unrestricted funds general 2022 £	Unrestricted funds designated 2022 £	Restricted funds 2022 £	Total 2022 £	Total 2021 £
Income from:						
Voluntary income	**3**	351,579	-	36,688	388,267	556,434
Activities for generating funds	**4**	375,918	-	-	375,918	85,830
Investment income	**5**	5,048	-	-	5,048	5,556
Total income		732,545	-	36,688	769,233	647,820
Expenditure on:						
Costs of raising funds	**6**	317,324	-	-	317,324	115,650
Charitable activities	**7**	350,583	-	13,345	363,928	411,448
Total resources expended		667,907	-	13,345	681,252	527,098
Net gains/(losses) on investments		4,252	-	-	4,252	44,281
Net incoming resources before transfers		68,890	-	23,343	92,233	165,003
Net incoming resources before transfers		68,890	-	23,343	92,233	165,003
Gross transfers between funds		(100,000)	100,000	-	-	-
Net movement in funds		(31,110)	100,000	23,343	92,233	165,003
Fund balances at 1 April 2021		310,274	1,000,000	-	1,310,274	1,145,271
Fund balances at 31 March 2022		279,164	1,100,000	23,343	1,402,507	1,310,274

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

TEENS UNITE FIGHTING CANCER

STATEMENT OF FINANCIAL ACTIVITIES (CONTINUED) INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2022

Prior financial year

	Notes	Unrestricted funds general 2021 £	Unrestricted funds designated 2021 £	Restricted funds 2021 £	Total 2021 £
Income from:					
Voluntary income	**3**	556,434	-	-	556,434
Activities for generating funds	**4**	85,830	-	-	85,830
Investment income	**5**	5,556	-	-	5,556
Total income		647,820	-	-	647,820
Expenditure on:					
Costs of raising funds	**6**	115,650	-	-	115,650
Charitable activities	**7**	407,803	-	3,645	411,448
Total resources expended		523,453	-	3,645	527,098
Net gains/(losses) on investments		44,281	-	-	44,281
Net incoming resources before transfers		168,648	-	(3,645)	165,003
Gross transfers between funds		(100,000)	100,000	-	-
Net movement in funds		68,648	100,000	(3,645)	165,003
Fund balances at 1 April 2020		241,626	900,000	3,645	1,145,271
Fund balances at 31 March 2021		310,274	1,000,000	-	1,310,274

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

TEENS UNITE FIGHTING CANCER

BALANCE SHEET

AS AT 31 MARCH 2022

	Notes	2022 £	2022 £	2021 £	2021 £
Fixed assets					
Tangible assets	**12**		7,120		9,493
Current assets					
Debtors	**13**	16,446		55,366	
Investments	**14**	359,063		349,825	
Cash at bank and in hand		1,022,398		987,261	
		1,397,907		1,392,452	
Creditors: amounts falling due within one year	**15**	(2,520)		(91,671)	
Net current assets			1,395,387		1,300,781
Total assets less current liabilities			1,402,507		1,310,274
Income funds					
Restricted funds	**16**		23,343		-
Unrestricted funds					
Designated funds	**17**	1,100,000		1,000,000	
General unrestricted funds		279,164		310,274	
			1,379,164		1,310,274
			1,402,507		1,310,274

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2022.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 29/09/2022.....

Alessandra Bellini

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A. Bellini

Trustee

1 Accounting policies

Charity information

Teens Unite Fighting Cancer is a private company limited by guarantee incorporated in England and Wales. The registered office is Bratton House, Church Lane, Wormley, Herts., EN10 7QG.

1.1 Accounting convention

The accounts have been prepared in accordance with the charity's trust deed, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Incoming resources

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

Gifts and services in kind are included in the accounts at fair view. Income is included in donations and expenses included in the relevant expenditure category.

A grant that specifies performance conditions is recognised in income when the performance conditions are met. Where a grant does not specify performance conditions it is recognised in income when the proceeds are received or receivable. A grant received before the recognition criteria are satisfied is recognised as a liability.

1 Accounting policies (continued)

Sales of donated goods are recognised only when these items are sold as it is considered to be impracticable to value these goods upon receipt . Stocks of undistributed donated goods are not valued for balance sheet purposes.

1.5 Resources expended

All expenditure is accounted for on an accruals basis and is inclusive of irrecoverable VAT.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Computer equipment	25% straight line
Fixtures, fittings & equipment	25% reducingbalance
Motor vehicles	25% reducingbalance

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Investments

Current asset investments are stated at market value.

1.8 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.9 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.10 Financial instruments

The charity has elected to apply the provisions of Section 11 ‘Basic Financial Instruments’ and Section 12 ‘Other Financial Instruments Issues’ of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

1 Accounting policies (continued)

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.11 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.12 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

1.13 Leases

Rentals payable under operating leases, including any lease incentives received, are charged as an expense on a straight line basis over the term of the relevant lease.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Voluntary income

	Unrestricted general funds	Restricted funds	Total 2022	Total 2021
	£	£	£	£
Grants, gifts and donations	141,592	36,688	178,280	184,253
Covid-19 support grants	63,446	-	63,446	343,926
Donated goods and services	146,541	-	146,541	28,255
	351,579	36,688	388,267	556,434
For the year ended 31 March 2021	556,434	-		556,434

4 Activities for generating funds

	Unrestricted funds general 2022	Unrestricted funds general 2021
	£	£
Fundraising events	313,685	85,830
Charity Shop income	62,233	-
	375,918	85,830

5 Investment income

	Unrestricted funds general 2022	Unrestricted funds general 2021
	£	£
Income from listed investments	4,985	4,895
Interest receivable	63	661
	5,048	5,556

6 Costs of raising funds

	2022	2021
	£	£
Staging fundraising events	133,701	12,774
Charity Shop expenses	40,949	-
Staff costs	119,643	89,522
Share of support costs (see note 9)	19,973	11,687
Share of governance costs (see note 9)	3,058	1,667
	317,324	115,650

7 Charitable activities

	2022	2021
	£	£
Staff costs	178,175	166,115
Teens events and activities	42,608	19,902
Stock gifted	40,127	77,338
Legal and professional fees	10,896	58,724
	271,806	322,079
Share of support costs (see note 8)	79,891	78,213
Share of governance costs (see note 8)	12,231	11,156
	363,928	411,448
Analysis by fund		
Unrestricted funds - general	350,583	407,803
Restricted funds	13,345	3,645
	363,928	411,448

8 Support and governance costs

	Support costs	Governance costs	2022	2021	Basis of allocation
	£	£	£	£	
Staff costs	15,641	12,709	28,350	22,243	
Depreciation	2,373	-	2,373	12,103	
Premises	51,944	-	51,944	41,931	
Motor and travel	1,226	-	1,226	528	
Printing, postage, stationery and telephone	11,730	-	11,730	6,166	
Information technology	8,414	-	8,414	8,880	
Bank, credit card and justgiving charges	904	-	904	1,475	
Staff expenses	5,570	-	5,570	3,866	
Legal and professional fees	1,302	-	1,302	1,386	
Other expenses	760	-	760	1,325	
Accountancy	-	2,580	2,580	2,820	
	99,864	15,289	115,153	102,723	
Analysed between					
Fundraising	19,973	3,058	23,031	13,354	
Charitable activities	79,891	12,231	92,122	89,369	
	99,864	15,289	115,153	102,723	

Support and governance costs are allocated between fundraising and charitable activities as decided by the trustees based on what they consider to be a reasonable measure of activity. This year the ratio is 20:80, last year it was 87:13.

9 Trustees

None of the trustees (or any persons connected with them) received any remuneration during the year and were not reimbursed for any expenses.

10 Employees

Number of employees

The average monthly number of employees during the year was:

	2022 Number	2021 Number
Charitable activities, fund-raising and support	9	9

Employment costs	2022 £	2021 £
Wages and salaries	294,355	251,324
Social security costs	25,485	20,566
Other pension costs	6,328	5,990
	326,168	277,880

The number of employees whose annual remuneration was £60,000 or more were:

	2022 Number	2021 Number
£60,000 - £70,000	1	-

11 Related party transactions

Remuneration of key management personnel

The remuneration of key management personnel is as follows.

	2022 £	2021 £
Aggregate compensation	102,215	79,683

Transactions with related parties

During the year the charity entered into the following transactions with related parties:

	2022 £	2021 £
Other related parties	1,648	840
	1,648	840

12 Tangible fixed assets

	Computer equipment	Fixtures, fittings & equipment	Motor vehicles	Total
	£	£	£	£
Cost				
At 1 April 2021	7,556	96,750	19,617	123,923
At 31 March 2022	7,556	96,750	19,617	123,923
Depreciation and impairment				
At 1 April 2021	7,556	90,747	16,127	114,430
Depreciation charged in the year	-	1,500	873	2,373
At 31 March 2022	7,556	92,247	17,000	116,803
Carrying amount				
At 31 March 2022	-	4,503	2,617	7,120
At 31 March 2021	-	6,003	3,490	9,493

13 Debtors

	2022	2021
Amounts falling due within one year:	£	£
Other debtors	16,446	12,221
Prepayments and accrued income	-	43,145
	16,446	55,366

14 Current asset investments

	2022	2021
	£	£
Listed investments	359,063	349,825

15 Creditors: amounts falling due within one year

	2022	2021
	£	£
Accruals and deferred income	2,520	91,671

16 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

			Movement in funds			
	Balance at 1 April 2020	Resources expended	Balance at 1 April 2021	Incoming resources	Resources expended	Balance at 31 March 2022
	£	£	£	£	£	£
Teens activities gifts	3,645	(3,645)	-	36,688	(13,345)	23,343

17 Designated funds

The income funds of the charity include the following designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes:

	Balance at 1 April 2020	Transfers	Balance at 1 April 2021	Transfers	Balance at 31 March 2022
	£	£	£	£	£
The House Of Teens Unite	900,000	100,000	1,000,000	100,000	1,100,000
	900,000	100,000	1,000,000	100,000	1,100,000

The Charity's £1,100,000 designated funds reported at the end of the financial year have been set aside to be used solely for purchasing land and developing the House of Teens Unite. These funds will be spent by the Charity on the specific purpose declared above by the end of the financial year 2023/24. If by this time, the funds have not been used for the specific purpose, they will be released and reallocated. The use of these funds for any purpose than that outlined must be agreed by the Board of Trustees in a majority decision at an Extraordinary General Meeting.

18 Analysis of net assets between funds

	Unrestricted funds	**Designated funds**	**Restricted funds**	**Total**	Unrestricted funds	Designated funds	Restricted funds	Total
	2022	**2022**	**2022**	**2022**	2021	2021	2021	2021
	£	**£**	**£**	**£**	£	£	£	£
Fund balances at 31 March 2022 are represented by:								
Tangible assets	7,120	-	-	7,120	9,493	-	-	9,493
Current assets/(liabilities)	272,044	1,100,000	23,343	1,395,387	300,781	1,000,000	-	1,300,781
	279,164	1,100,000	23,343	1,402,507	310,274	1,000,000	-	1,310,274

TEENS UNITE FIGHTING CANCER

England & Wales - Charity number 1118361

Accounts

teens:)unite
FIGHTING CANCER

Annual Report and Financial Statements

for the year ended

31 March 2021

Charity Registration No. 1118361
Company Registered in England No. 6111574 (England and Wales)

Charity Registration No. 1118361

Company Registration No. 06111574 (England and Wales)

TEENS UNITE FIGHTING CANCER

ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2021

TEENS UNITE FIGHTING CANCER

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	J. Reynolds D. Lewis V. Edwards A. Bellini T. Proctor J. Marchant	(Appointed 11 September 2020)
Chief Executive	R. Lawrance	
Co-founders	K. Millen D. Pezzani	
Charity number	1118361	
Company number	06111574	
Trading address	Gateway The Old Police Station High Street Hoddesdon Herts. EN11 8BJ	
Registered office	Bratton House Church Lane Wormley Herts. EN10 7QG	
Accountants	HB Accountants Plumpton House Plumpton Road Hoddesdon Herts. AL4 0LB	
Bankers	Barclays Bank 51 High Street Hoddesdon Herts. EN11 8TG	
Investment advisors	St. James's Place Wealth Management St. James's Place House 1 Tetbury Road Gloucestershire GL7 1FP	

TEENS UNITE FIGHTING CANCER

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TEENS UNITE FIGHTING CANCER

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2021

The trustees present their report and financial statements for the year ended 31 March 2021.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the Charity's Trust Deed, the Companies Act 2006 and the Statement of Recommended Practice, "Accounting and Reporting by Charities", issued in March 2005.

Objectives and activities

The principal objects are to improve the quality of life of young people aged 13 to 24 who are suffering from cancer, in particular by providing or helping to provide respite opportunities and/or support for such young people or their carers or families as the trustees shall in their discretion think fit.

The Trustees confirm that they have complied with the duty in Section 4 of the Charities Act 2006 to have due regard to the Charity Commission's general guidance on public benefit, 'Charities and Public Benefit'. That guidance addresses the need for all charities' aims to be, demonstrably, for the public benefit.

Achievements and performance

The Covid-19 Crisis of 2020/21 meant that the Charity had to rethink beneficiary service delivery – and true to our values, we were not afraid to take the opportunity to reinvent delivery of our service for these unprecedented times.

We were determined to not let the pandemic stop the positive and powerful opportunities that our activities bring to beneficiaries. Within days of the first Lockdown restrictions being announced our program of events transitioned to online delivery. The program, with the same set of objectives and desired outcomes, has delivered sessions teaching new and life affirming skills, relaxation techniques, quizzes, bingo and general opportunities for these young people to connect with others, digitally, and on average four times every week.

Undoubtedly, the shape of Teens Unite has been affected by the change in beneficiary service delivery during Covid-19, but we firmly believe that it gave us a huge opportunity to support more young people, regardless of where they are in their cancer journey, and where they are geographically, at a time when they needed us more than ever. The impact of Covid-19 affirmed our strategy to create an even better, more inclusive, differentiated charity supporting even more young people battling the long-term effects of cancer. Our priority now is to develop our digital delivery program to run alongside our traditional face to face deliveries, ensuring that young people no matter where they are in the UK or where they are on their cancer journey are able to benefit from our Positive Steps program.

The bold and dynamic way in which the Charity responded to the Covid-19 restrictions, and both adapted and increased beneficiary service delivery when many other charities were reducing service gave Teens Unite an incredible story to tell. It opened opportunities with Covid-19 response funds operated by large household brands whose support of the Charity helps to demonstrate the importance of the service and the Charity's
ability to deliver what is needed in a way that responds to the long-term, "invisible" and often dismissed needs of young people fighting cancer.

Beneficiaries

Teens Unite understands that Cancer redefines a young person's life, challenges their sense of identity, threatens their sense of belonging, when "fitting in" is everything to them, anxieties about their body image are heightened and all their relationships are challenged and impacted. Cancer is disruptive to a young person's journey towards independence, achievement of their goals and aspirations.

Our Positive Steps Program, formed of regular activities, helps these young people progress, learn new skills, and benefit from the support of others who genuinely know what it is like to face cancer in your teenage and young adult years.

This year, particularly, we, as a nation, have learned much about isolation. Isolation is a familiar concept to young people fighting cancer. As they face their diagnosis, they're cut off from family and friends, missing out on education and early employment opportunities. Through the "Lockdown" these young people have been isolated more than ever before. For those on treatment, social areas on wards were closed, they were kept in their rooms, visiting restrictions were enforced and the face-to-face social events that the Charity often hosts on wards were cancelled. For those young people that had completed treatment and were looking forward to a return to "normality" it was all reversed as they received letters advising them to shield, sending them back into isolation. 87% of young people diagnosed with cancer have lost contact with their peers, and 83% experience loneliness.

Loneliness is as bad for your health as smoking 15 cigarettes a day; is worse for you than obesity; increases your blood pressure is linked to cognitive decline, and loneliness and isolation are associated with heart disease and strokes. With all these things in mind, the services of Teens Unite which ensure we can reach, understand and support beneficiaries are more essential than ever.

Since the start of the "lockdown" more than 1200 young people have taken part in one of the almost 300 online activities we have hosted and this continues to grow week on week.

Additionally, the annual Christmas Party transitioned to online delivery, seeing 80 young people join us for a Digital event, some who would have been too far away to have joined us had we been meeting in London – one Teen, from Hertfordshire, who joined us while undergoing pioneering treatment in Mexico.

Discover You 2021 our bi-annual event became an online conference with the same objectives of delivering positive, powerful insights and amazing take-aways to ensure that the beneficiaries,

- gave themselves time and space to think
- created new visions, set realistic goals, and increased motivation
- had access to influential keynote speakers, collaborators and mentors who provided guidance and perspective and acted as role models
- learned practical, powerful skills which will help them to rebuild their confidence to return to education or early employment
- explored some lifestyle, and self-care choices needed to move on positively
- learned how to integrate peace and calm into their daily lives

And importantly,

- met other young people who genuinely know what it is like to face cancer in your teenage and early adult years

This year, funded by the generous donations of The Hilton Foundation, 70 young people joined us for this inspiring event, and left the following feedback:
91% felt more inspired after attending ***Discover You***
91% felt more motivated
87% felt like they could challenge themselves more
83% felt more connected with other young people in a similar situation

Operations

During what has undoubtedly been a very challenging year for the Charity, every attempt was made to reduce costs and protect the Charity's reserves while still maintaining (indeed increasing) service for the beneficiaries. Obvious, non-essential costs were reduced from the middle of March 2020, when the lockdown was introduced, and the office was closed.

An attempt was made to negotiate with the council (our landlord) a rent reduction or a rent holiday, initially their response was a blanket no to any deviation from the agreement. However, we later were successful in our application for discretionary grants which covered some of this cost.

In previous years, the Charity has raised over half its annual income from fundraising events and challenges, with these on hold for the financial year ending March 2021, the staff responsible for the delivery and administration of these were placed on Furlough from the beginning of April. As a result of halting the fundraising events activity, all costs associated with this were significantly reduced or removed.

Staff delivering service to beneficiaries and one member of the Brand and Communications team remained working on a 4-day week. These staff were supported by volunteers in the delivery of service.

As the Covid-19 restrictions continued, and opportunities for events remained limited and the knock-on effects on local business continued, the decision to close two posts was made. The post of Partnerships Manager and Events Executive were permanently closed.

Teens Unite has continued to work in partnership with the Children and Young People with Cancer Coalition (CYCP). Collectively, the 48 coalition members are informed by their beneficiaries and service users and will speak up for all children and young people effected by Cancer on issues that matter to them. Work between the Charity Partners ensures that links are created, and referrals are made appropriately for the services each offers. Our Teens Service Delivery Manager has a program of regular telephone calls with c30 hospital staff across the UK, particularly with Young Lives vs Cancer (formerly CLIC Sargent) Social Workers and the activity organisers on the TCT Specialist wards to identify potential young people who would benefit from our services. This year we have seen the growth in peer-to-peer referrals with many beneficiaries signposting other young people to our services, recommending Teens Unite as a place to make new friends, learn new skills and embrace new challenges.

This lived experience remains at the core of service delivery. We listen to beneficiaries, take time to understand how they feel at every stage of their relationship with us. We listen to their needs; we seek their feedback on our services. The Teens Committee, rebranded The Youth Board, are fundamental in in consulting, communicating, and extracting feedback from beneficiaries, as well as identifying any opportunities to improve the service provision and make recommendations, to shape future events

Each Youth Board member has been assigned a specific role, aligned to the roles of Board, with responsibility for a specific strategic pillar. They will work with Trustees to gain experience and support our work towards the creation of a recruitment funnel for future Board Members.

Financial review

To summarise, overall income has decreased by 51%, this year with the impact of Covid-19 restrictions calling an abrupt halt to fundraising events. A direct correlation sees a 74% decrease in expenses.

With a compelling story to tell of both the agile way the Charity responded to the Covid-19 restrictions, and the increased need of beneficiaries, successful applications were made to Covid-19 response funds. The Charity's largest single grant to date of £50,190 from Children in Need was quickly surpassed by a grant of £100,000 from Barclays.

The Charity's partnership with High Street furniture store Sofology continued to raise both awareness and funds, and despite strict trading restrictions enforced by the Government, the partnership still bought in £12,508.

The Charity took advantage of the Government's Job retention Scheme and placed staff who were unable to fulfil their roles due to the restrictions of the pandemic on reduced hours or statutory tasks only.

The Trustees confirm £1,000,000 of the general funds as designated for The House of Teens Unite. The charities ambition remains to open the first dedicated facility in England for young people fighting cancer, in the Borough of Broxbourne. During 2020/2021 significant progress has been made, working with professionals to create quality designs, researching relevant planning policies and restrictions, building appropriate professional relationships and ensuring engagement with the community, planning for a 18,000sq. ft building set within 7.3 acres of the Hertfordshire countryside has been formally.

The Charity are now working to optimise the chances of a successful planning outcome in the hope of a successful sign-off of planning consent by Summer 2021 resulting in the commencement of the charities first capital appeal campaign. The House of Teens Unite will become Teens Unite's home, enabling the charity to host more of their one-day activities, along with short, residential stays, in a fully staffed environment. Find out more about our ambitions on the charity's website www.teensunite.org

It is the policy of the Charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to six month's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding such as a result of Covid-19, they will be able to continue the Charity's current activities while consideration is given to ways in which additional funds may be raised.

Risk management

Risk is unavoidable and it is not within the abilities of the Charity to completely avoid all risk. The Trustees regularly assess the major risks to which the Charity is exposed, in particular those related to the operations and the finance of the Charity and are satisfied that systems are in place to mitigate exposure to those risks.

At the time of writing this report the most critical risk for the current operational and long-term strategy of the charity remains the impact of Covid-19, the longer-term impact of which is still unknow. However, the Trustees acknowledge that this is a far greater risk than any item on the charity's risk register, and that as recovery starts, the long-term effects will continue to be analysed and appropriate mitigations taken.

Plans for the future

Teens Unite have updated their documented five-year strategic plan – Ambition Twenty Twenty-six, which is based around five pillars as follows:

Attracting & Engaging – Focusing on our work to engage more young people with cancer by increasing the reach of services and growing the presence of our brand through all media.

Developing the Organisation for Success – Creating a culture of excellence, recruiting, retaining and upskilling all resources and not just meeting, but aiming to exceed in all areas.

Driving Brand Awareness – Delivering a strategy which exposes the Teens Unite brand to new supporters and ensure the maintenance of existing supporters

Significantly Grow Income – Focusing on delivering against stretching income targets and developing programs for legacy giving and corporate partnerships

Building for the future – Focusing on raising the funds needed to build the House of Teens Unite

Our focus for 2021/2022 has been modified to reflect the emerging longer-term impacts of COVID-19.

Our current and most pressing priorities are ensuring we embed digital deliveries in our strategy as we work towards a gradual return to face-to-face delivery of our Positive Steps program:

The staffing and technology provisions are in place for increased beneficiary registration

The charities resilience and survival, by diversifying our fundraising income

Supporting and developing our staff

Initiate the charities capital appeal to raise the private phase funds for The House of Teens Unite, the first dedicated building in England to support young people fighting cancer.

Structure, governance and management
The charity is a company limited by guarantee and was set up by a trust deed on 16 February 2007.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

J. Reynolds
D. Lewis
V. Edwards
S. Allen (Resigned 1 June 2021)
A. Bellini
T. Proctor
J. Marchant (Appointed 11 September 2020)

The Board of Trustees meets, formally, a minimum of four times a year to ensure that Teens Unite has a clear vision, mission and strategic direction and is focused on achieving them. This involves monitoring and acting to ensure that performance and impact is achieved, as well as being the guardians of our fundamental values and ethos.

The Board reviews and approves the Charity's strategic and annual plans and is committed to its own strategic plan which ensures leadership, integrity, effectiveness, diversity, openness, and accountability and well as a strategic view of decision making and risk management in line with general guidance published by the Charity Commission.

The Trustees regularly review the membership of the Board to ensure that the necessary skills and perspectives needed for effective governance are in place. The Teens Unite Operational Team has responsibility for the day-to-day management of the Charity. This Team comprises the CEO and Co-Founder supported by 3 full-time and 4 part-time staff members, and a part time contractor. This Team has responsibility for finances, compliance, service delivery, fundraising, communications, and strategy. The Trustees' report was approved by the Board of Trustees.

The trustees' report was approved by the Board of Trustees.

A Bellini

A. Bellini
Trustee
Dated: 15.07.2021

TEENS UNITE FIGHTING CANCER

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF TEENS UNITE FIGHTING CANCER

I report to the trustees on my examination of the financial statements of Teens Unite Fighting Cancer (the charity) for the year ended 31 March 2021.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of , which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or

2 the financial statements do not accord with those records; or

3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or

4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

HB Accountants

HB Accountants

Plumpton House
Plumpton Road
Hoddesdon
Herts.
EN11 0LB
Hoddesdon
Hertfordshire
EN11 0LB

Dated: 23/11/21

TEENS UNITE FIGHTING CANCER

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2021

Current financial year

	Notes	Unrestricted funds general 2021 £	Unrestricted funds designated 2021 £	Restricted funds 2021 £	Total 2021 £	Total 2020 £
Income from:						
Voluntary income	3	556,434	-	-	556,434	515,535
Activities for generating funds	4	85,830	-	-	85,830	664,321
Investments	5	5,556	-	-	5,556	7,056
Total income		647,820	-	-	647,820	1,186,912
Expenditure on:						
Raising funds	6	115,650	-	-	115,650	670,141
Charitable activities	7	407,803	-	3,645	411,448	380,859
Total resources expended		523,453	-	3,645	527,098	1,051,000
Net gains/(losses) on investments		44,281	-	-	44,281	(27,249)
Net incoming/(outgoing) resources before transfers		168,648	-	(3,645)	165,003	108,663
Net incoming/(outgoing) resources before transfers		168,648	-	(3,645)	165,003	108,663
Gross transfers between funds		(100,000)	100,000	-	-	-
Net movement in funds		68,648	100,000	(3,645)	165,003	108,663
Fund balances at 1 April 2020		241,626	900,000	3,645	1,145,271	1,036,608
Fund balances at 31 March 2021		310,274	1,000,000	-	1,310,274	1,145,271

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

TEENS UNITE FIGHTING CANCER

STATEMENT OF FINANCIAL ACTIVITIES (CONTINUED) INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2021

Prior financial year

	Notes	Unrestricted funds general 2020 £	Unrestricted funds designated 2020 £	Restricted funds 2020 £	Total 2020 £
Income from:					
Voluntary income	3	500,560	-	14,975	515,535
Activities for generating funds	4	664,321	-	-	664,321
Investments	5	7,056	-	-	7,056
Total income		1,171,937	-	14,975	1,186,912
Expenditure on:					
Raising funds	6	670,141	-	-	670,141
Charitable activities	7	355,949	-	24,910	380,859
Total resources expended		1,026,090	-	24,910	1,051,000
Net gains/(losses) on investments		(27,249)	-	-	(27,249)
Net incoming/(outgoing) resources before transfers		118,598	-	(9,935)	108,663
Net movement in funds		118,598	-	(9,935)	108,663
Fund balances at 1 April 2019		123,028	900,000	13,580	1,036,608
Fund balances at 31 March 2020		241,626	900,000	3,645	1,145,271

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

TEENS UNITE FIGHTING CANCER

BALANCE SHEET

AS AT 31 MARCH 2021

	Notes	2021 £	£	2020 £	£
Fixed assets					
Tangible assets	11		9,493		21,596
Current assets					
Stocks	12	-		77,338	
Debtors	13	55,366		56,089	
Investments	14	349,825		701,743	
Cash at bank and in hand		987,261		381,916	
		1,392,452		1,217,086	
Creditors: amounts falling due within one year	15	(91,671)		(93,411)	
Net current assets			1,300,781		1,123,675
Total assets less current liabilities			1,310,274		1,145,271
Income funds					
Restricted funds	16		-		3,645
Unrestricted funds					
Designated funds	17	1,000,000		900,000	
General unrestricted funds		310,274		241,626	
			1,310,274		1,141,626
			1,310,274		1,145,271

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2021.

The directors acknowledge their responsibilities for ensuring that the charity keeps accounting records which comply with section 386 of the Act and for preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 15.07.2021

A. Bellini

A. Bellini
Trustee

Company Registration No. 06111574

1 Accounting policies

Charity information

Teens Unite Fighting Cancer is a private company limited by guarantee incorporated in England and Wales. The registered office is Bratton House, Church Lane, Wormley, Herts., EN10 7QG.

1.1 Accounting convention

The accounts have been prepared in accordance with the charity's trust deed, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Incoming resources

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

Gifts and services in kind are included in the accounts at fair view. Income is included in donations and expenses included in the relevant expenditure category.

1.5 Resources expended

All expenditure is accounted for on an accruals basis and is inclusive of irrecoverable VAT.

1 Accounting policies (continued)

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Computer equipment	25% straight line
Fixtures, fittings & equipment	25% reducing balance
Motor vehicles	25% reducing balance

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in net income/(expenditure) for the year.

1.7 Investments

Current asset investments are stated at market value.

1.8 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.9 Stocks

Stocks are stated at the lower of cost and estimated selling price less costs to complete and sell. Cost comprises direct materials and, where applicable, direct labour costs and those overheads that have been incurred in bringing the stocks to their present location and condition. Items held for distribution at no or nominal consideration are measured the lower of replacement cost and cost.

Net realisable value is the estimated selling price less all estimated costs of completion and costs to be incurred in marketing, selling and distribution.

1.10 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.11 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

1 Accounting policies (continued)

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.12 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.13 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

1.14 Leases

Rentals payable under operating leases, including any lease incentives received, are charged as an expense on a straight line basis over the term of the relevant lease.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Voluntary income

	Unrestricted general funds	Restricted funds	Total 2021	Total 2020
	£	£	£	£
Grants, gifts and donations	184,253	-	184,253	297,654
Covid-19 support grants	343,926	-	343,926	-
Donated goods and services	28,255	-	28,255	217,881
	556,434	-	556,434	515,535
For the year ended 31 March 2020	500,560	14,975		515,535

4 Activities for generating funds

	Unrestricted funds general 2021	Unrestricted funds general 2020
	£	£
Fundraising events	85,830	664,321

5 Investments

	Unrestricted funds general 2021	Unrestricted funds general 2020
	£	£
Income from listed investments	4,895	5,492
Interest receivable	661	1,564
	5,556	7,056

6 Raising funds

	2021	2020
	£	£
Fundraising activities expenses		
Staging fundraising events	12,774	436,318
Staff costs	89,522	161,469
Share of support costs (see note 9)	11,507	66,065
Share of governance costs (see note 9)	1,847	6,289
	115,650	670,141

7 **Charitable activities**

	2021	2020
	£	£
Staff costs	166,115	195,115
Teens events and activities	19,902	84,021
Stock gifted for Covid-19 support	77,338	-
Legal and professional fees	58,724	44,874
	322,079	324,010
Share of support costs (see note 8)	77,007	51,908
Share of governance costs (see note 8)	12,362	4,941
	411,448	380,859
Analysis by fund		
Unrestricted funds - general	407,803	355,949
Restricted funds	3,645	24,910
	411,448	380,859

8 Support costs

	Support costs	Governance costs	2021	2020	Basis of allocation
	£	£	£	£	
Staff costs	12,240	10,003	22,243	15,074	
Depreciation	12,103	-	12,103	14,315	
Premises	41,931	-	41,931	36,310	
Motor and travel	528	-	528	7,183	
Printing, postage, stationery and telephone	6,166	-	6,166	8,831	
Information technology	8,880	-	8,880	8,896	
Bank, credit card and justgiving charges	1,475	-	1,475	6,080	
Staff expenses	3,866	-	3,866	6,423	
Volunteers	-	-	-	13,308	
Legal and professional fees	-	-	-	5,730	
Other expenses	1,325	-	1,325	2,007	
Audit fees	-	-	-	2,160	
Accountancy	-	4,206	4,206	2,886	
	88,514	14,209	102,723	129,203	
Analysed between					
Fundraising	11,507	1,847	13,354	72,354	
Charitable activities	77,007	12,362	89,369	56,849	
	88,514	14,209	102,723	129,203	

Support and governance costs are allocated between fundraising and charitable activities based on income as this is considered to be a reasonable measure of activity. This year the ratio is 87:13, last year it was 56:44

9 Trustees

None of the trustees (or any persons connected with them) received any remuneration during the year and were not reimbursed for any expenses.

10 Employees

Number of employees

The average monthly number of employees during the year was:

	2021 Number	2020 Number
Charitable activities, fund-raising and support	9	12

Employment costs	2021 £	2020 £
Wages and salaries	251,324	336,277
Social security costs	20,566	28,824
Other pension costs	5,990	6,557
	277,880	371,658

There were no employees whose annual remuneration was £60,000 or more.

11 Tangible fixed assets

	Computer equipment	Fixtures, fittings & equipment	Motor vehicles	Total
	£	£	£	£
Cost				
At 1 April 2020	7,556	96,750	19,617	123,923
At 31 March 2021	7,556	96,750	19,617	123,923
Depreciation and impairment				
At 1 April 2020	7,556	79,808	14,963	102,327
Depreciation charged in the year	-	10,939	1,164	12,103
At 31 March 2021	7,556	90,747	16,127	114,430
Carrying amount				
At 31 March 2021	-	6,003	3,490	9,493
At 31 March 2020	-	16,942	4,654	21,596

12 Stocks

	2021 £	2020 £
Goods for resale	-	77,338

13 Debtors

	2021	2020
Amounts falling due within one year:	£	£
Other debtors	12,221	11,444
Prepayments and accrued income	43,145	44,645
	55,366	56,089

14 Current asset investments

	2021	2020
	£	£
Listed investments	349,825	300,649
Unlisted investments	-	401,094
	349,825	701,743

15 Creditors: amounts falling due within one year

	2021	2020
	£	£
Accruals and deferred income	91,671	93,411

16 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Movement in funds					
	Balance at 1 April 2019	Incoming resources	Resources expended	Balance at 1 April 2020	Resources expended	Balance at 31 March 2021
	£	£	£	£	£	£
Teens activities gifts	13,580	14,975	(24,910)	3,645	(3,645)	-

17 Designated funds

The income funds of the charity include the following designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes:

		Movement in funds			
	Balance at 1 April 2019	Incoming resources	Balance at 1 April 2020	Transfers	Balance at 31 March 2021
	£	£	£	£	£
The House Of Teens Unite	900,000	-	900,000	100,000	1,000,000
	900,000	-	900,000	100,000	1,000,000

The Charity's £1,000,000 designated funds reported at the end of the financial year have been set aside to be used solely for purchasing land and developing the House of Teens Unite. These funds will be spent by the Charity on the specific purpose declared above by the end of the financial year 2022/23. If by this time, the funds have not been used for the specific purpose, they will be released and reallocated. The use of these funds for any purpose than that outlined must be agreed by the Board of Trustees in a majority decision at an Extraordinary General Meeting.

18 Analysis of net assets between funds

	Unrestricted funds 2021	Designated funds 2021	Restricted funds 2021	Total 2021	Unrestricted funds 2020	Designated funds 2020	Restricted funds 2020	Total 2020
	£	£	£	£	£	£	£	£
Fund balances at 31 March 2021 are represented by:								
Tangible assets	9,493	-	-	9,493	21,596	-	-	21,596
Current assets/(liabilities)	300,781	1,000,000	-	1,300,781	220,030	900,000	3,645	1,123,675
	310,274	1,000,000	-	1,310,274	241,626	900,000	3,645	1,145,271

19 Operating lease commitments

At the reporting end date the charity had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

	2021	2020
	£	£
Within one year	-	20,898

20 Related party transactions

Remuneration of key management personnel

The remuneration of key management personnel is as follows.

	2021	2020
	£	£
Aggregate compensation	114,752	128,018

Transactions with related parties

During the year the charity entered into the following transactions with related parties:

	2021	2020
	£	£
Other related parties	840	840
	840	840