

Charity registration number 1118326

THE GET A-HEAD CHARITABLE TRUST
ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2024

THE GET A-HEAD CHARITABLE TRUST

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THE GET A-HEAD CHARITABLE TRUST

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees

W Davies
T Bromwich (Chairman)
S Ahmed
P Mourton
J C Watkinson
S Fisher
D Spooner
Mr R A Spittle

(Appointed 26 September
2024)

Charity number

1118326

Principal address

Head and Neck Office
Room 23F - 4th Floor
Nuffield House, Queen Elizabeth Hospital
Edgbaston
B15 2TH

Auditor

Bache Brown & Co Limited
Swinford House
Albion Street
Brierley Hill
DY5 3EE

THE GET A-HEAD CHARITABLE TRUST

TRUSTEES' REPORT

FOR THE YEAR ENDED 30 JUNE 2024

The Trustees of the Get A-Head Charitable Trust are pleased to present their annual report together with the financial statements of the Charity for the period ended 30 June 2024.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the trust's governing document, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

The trust's objects are:

- To promote the relief of pain, suffering and distress, both mental and physical, caused by, relating to or connected with any disease, trauma or any other condition adversely affecting the head or neck; and
- To advance education into the causes and treatment of any disease, trauma or condition adversely affecting the head or neck through the promotion of research and through such other means as the Trustees of the Charity shall think fit.

The Trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the Trust's aims and objectives and in planning future activities and setting the grant making policy for the year.

The Charity carries out these objectives by making a number of different types of grants that fall into four categories:

1. Large and small research projects
2. Educational grants
3. Equipment grants
4. Provision of services to patients ie, complementary therapy

The Trust deed gives the Trustees the power to apply the funds in such a manner as they think fit to further the Charity's objects.

The aims of the Trust are to support adults and children with head and neck diseases, but especially those with cancer.

There has been no change in these objectives during the year.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the trust should undertake.

THE GET A-HEAD CHARITABLE TRUST

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2024

Grant making policy

The Charity has established its grant making policy to achieve its objects for the public benefit to improve the lives of sufferers with head and neck diseases now, and to seek a permanent cure in the future for these diseases, especially cancer.

The beneficiaries of our grant making programme are ultimately sufferers of head and neck diseases, especially cancer sufferers and those at risk of developing these diseases in the future. Our grants fund researchers and healthcare professionals who use these funds in their work to improve the lives of sufferers of head and neck diseases by developing therapies, potential medications and improvements in the personal care of the sufferer. Any benefit received by researchers and healthcare professionals is purely incidental to the objects of our work.

The funds are allocated after the Charity has been approached through a structured application process and the Trustees consider the merits of each type of project at least twice a year. The Trustees may consider applications of up to £5,000 independently of their formal meetings.

The Charity invites applications for research grants, with eligibility being restricted to those having an expertise in the field in order to ensure high quality results. Most grants are reviewed in house by the medical trustees. Where there is a conflict of interest or the application is for £50,000 or more, the application is sent for external peer review by a relevant expert, to provide additional assurance that the research project is technically sound, will provide value for money and is of ultimate benefit to the sufferers of head and neck diseases. Research posts are normally funded on an annual basis to undertake an agreed programme of research. A further application may be made at the end of this period if additional funding is not forthcoming from other areas. In all cases, continuation of funding is subject to the research undertaken being in the interests of the Charity and a progress assessment that is satisfactory.

Whilst the Charity is principally based in the West Midlands, it is a national charity where the Trustees receive and consider applications for grants from anywhere in the United Kingdom.

THE GET A-HEAD CHARITABLE TRUST

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2024

Achievements and performance

Get A-Head has made significant strides in rebuilding from the challenges posed by the covid pandemic. Entering this financial year in a stronger position, the charity has been able to effectively focus on its priority mission: improving the lives of those affected by head and neck diseases, particularly cancer.

A strategic review conducted in 2023 marked a turning point, as it guided the development of a renewed vision and comprehensive strategy launched in early 2024. This strategy underpins all fundraising activities, decision-making processes, collaborations, and support initiatives undertaken by the charity.

The year 2024 also marked an auspicious milestone for Get A-Head as it celebrated its 30th anniversary. This presented valuable opportunities for fundraising, enhancing the charity's public profile, and developing corporate and strategic partnerships.

One of the headline success stories of the year was the formation of an exceptional fundraising partnership with the national charity Meningitis Now. This partnership garnered international recognition as the Brightsides Rowing Team embarked on a courageous 3,200-mile unaided journey across the Atlantic Ocean. The team, comprising Rod Adlington, Guy Minshull, Alex Perry, and Anna Williams, not only raised substantial funds for both charities but also brought global media attention to Get A-Head.

This remarkable achievement also bolstered the charity's development of new corporate partnerships and reinforced existing ones. This is a key priority amid an increasingly challenging environment for public donations due to the escalating cost of living.

The year was also defined by impactful charitable work. Get A-Head supported NHS trusts, treatment centres, research institutions, and support groups nationwide. The charity funded ground-breaking research and supported the education of healthcare professionals. Notably, collaboration with other charities has remained vital in maximising the reach and impact of initiatives.

Charity director Danni Heath strengthened the organisation's voice in the sector by joining the board of the Head and Neck Cancer Coalition. This coalition consists of 15 organisations, including charities, healthcare associations, and industry stakeholders, unified to create a stronger voice for head and neck cancers.

In addition, Get A-Head worked with several eminent partners this year, funding and driving initiatives such as the Oracle HNC Inequalities PPI project, Swallows support groups, and the HNC Audit Feasibility Study.

THE GET A-HEAD CHARITABLE TRUST

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2024

Grants awarded (to June 2024)

- **Oracle Head and Neck Cancer UK (£29,700 grant):** This funding supports a research project in collaboration with the Queen Mary University of London. The study explores disparities in head and neck cancer cases in Tower Hamlets – a community with significant deprivation levels and a disproportionately high incidence of head and neck cancers. The grant finances patient and public involvement (PPI), raising awareness, assessing treatment access, and understanding the lived experiences of affected communities.
- **UK-wide head and neck cancer audit (£40,000 grant):** Get A-Head co-funded a two-year feasibility study, with a total budget of £270,000, to examine how patients with head and neck cancers are diagnosed and treated. Led by Professor Thomas Cowling, the study will help to inform charities like Get A-Head on where to best direct resources and funding for most impact. The audit is being supported by an alliance of medical and charitable organisations, including Get A-Head and the Head and Neck Cancer Coalition.
- **Swallows Head and Neck Cancer Charity (£24,000 grant):** This support enables the expansion of Swallows support groups across the Midlands and the employment of a dedicated lead to further develop services nationwide. These groups offer vital peer and professional support for patients, a hallmark of Get A-Head's collaboration efforts.
- **Educational grant (£1,000):** Clare Mcaleer received funding to attend the advanced-level "Laryngectomy: Rehabilitation and Surgical Voice Restoration" course at Imperial College London. This aligns with Get A-Head's commitment to education and ensuring healthcare professionals have access to high-quality training that benefits patients.

Fundraising

The success of Get A-Head's 30th anniversary year was reflected in a vibrant mix of fundraising activities. The charity raised considerable funds through:

- **Brightsides Rowing Team:** The outstanding Atlantic Ocean rowing challenge raised over £150,000 for both Get A-Head and Meningitis Now. It marked one of the most memorable achievements of the year.
- **London Marathon:** Following the Atlantic challenge, supporters Imogen Yeoman and Neil Ayliffe further demonstrated incredible effort by completing the London Marathon, raising additional funds for Get A-Head.
- **Annual clay shoot:** Hosted at the Holland & Holland Shooting Grounds in Northwood, the event raised over £20,000, with significant participation from supporters across the country.
- **Property Race Day:** Wigley Investment Holdings held a fundraising Property Race Day at Warwick Racecourse, benefiting Get A-Head by raising £14,000.

These efforts exemplify the charity's resilience and growing support amidst challenging financial circumstances. Together with other revenue streams, fundraising has underpinned Get A-Head's ability to meet its key charitable priorities effectively.

We look forward to building on our significant successes in this period and continuing to effectively focus on our priority mission: improving the lives of those affected by head and neck diseases, particularly cancer.

Financial review

The Statement of Financial Activities shows a gross income of £351,440. Expenditure for the period amounted to £379,949. The increase in movement on investments amounted to £172,859. The net surplus for the year amounted to £144,350.

THE GET A-HEAD CHARITABLE TRUST

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2024

The reserves policy has been developed to maintain resilience and ensure that we can continue to work on our renewed vision and comprehensive strategy launched at the beginning of 2024. Our policy is to ensure we hold sufficient reserves to meet operating costs including forecast deficit for the next 12 months and to ensure we can meet our long term strategic plan commitments.

All restricted funds are restricted income funds where the donor has provided the donation to be spent in furtherance of a specified charitable purpose. The two main funds, MTC and ACC are explained in Achievements and Performance of the Trust above and the intention is that grants will be awarded against these Funds over the next couple of years. These will follow the normal grant approval process with the extent of the grants being governed by the level of reserves.

Our policy is subject to annual review by the board of Trustees, with the reserves reviewed in line with annual budget.

The Trustee Board regularly monitors cash and investments against objectives and risk profile. Day to day investment management is delegated by authorised professional investment advisors, regulated by FCA.

The trustees has assessed the major risks to which the trust is exposed, and are satisfied that systems and internal financial controls are in place to mitigate exposure to the major risks.

Structure, governance and management

The Trust is an unincorporated trust, constituted under a Trust Deed dated 16 February 2007 and is a registered charity, number 1118326, registered with the Charity Commission of England and Wales with effect from 12 March 2007.

Prior to its registration Get A-Head ('the Charity') was part of the University Hospital Birmingham Charities group of charities, now Queen Elizabeth Hospital Birmingham Charity ('QEHB'). Mr John Watkinson and Mr Adrian Drake-Lee set it up in 1994 with the specific intention of supporting and developing the understanding and management of patients with head and neck cancer and other serious diseases of the head and neck.

Since its registration the Charity is run fully independently of QEHB. Small amounts of income are still received into a fund maintained with QEHB. These funds are retained for the benefit of the Charity and are used to contribute towards the grants awarded and services offered by the Charity. Any additional amounts are transferred from the Charity to meet commitments.

The trustees who served during the year and up to the date of signature of the financial statements were:

W Davies
T Bromwich (Chairman)
S Ahmed
P Moulton
J C Watkinson
S Fisher
D Spooner

The governance of the previous funds was covered by the procedures in place through the QEHB charity. This Trust has effected claims insurance cover of £1m and will review its structures with the appropriate use of professionals. The two Trustees who are employees of QEHB have an annual appraisal and their involvement in the Charity is scrutinized as part of this process.

The Trustees are appointed by the Board of Trustees and serve for five years after which period they may put themselves forward for re-appointment. The Trust Deed provides for a minimum of three Trustees.

THE GET A-HEAD CHARITABLE TRUST

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2024

The Trustees meet regularly and during the period have assigned day to day operation of the Charity to an interim CEO. On 1 January 2025 this position was made permanent and Danni Heath took up the role of CEO of the charity on a full time permanent contract.

All Trustees give of their time freely and no Trustee remuneration was paid during the year. Details of Trustee expenses and related party transactions are disclosed in note 21 to the financial statements. Trustees are required to disclose all relevant interests at the start of all Trustees' meetings and in accordance with the Trust's policy withdraw from decisions where a conflict of interest arises.

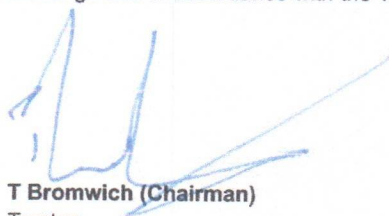
The trustees' report was approved by the Board of Trustees.



W Davies

Trustee

Dated: 20 March 2025



T Bromwich (Chairman)

Trustee

Dated: 20 March 2025

THE GET A-HEAD CHARITABLE TRUST

STATEMENT OF TRUSTEES' RESPONSIBILITIES

FOR THE YEAR ENDED 30 JUNE 2024

The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the trust and of the incoming resources and application of resources of the trust for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping sufficient accounting records that disclose with reasonable accuracy at any time the financial position of the trust and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the trust and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

THE GET A-HEAD CHARITABLE TRUST

INDEPENDENT AUDITOR'S REPORT

TO THE TRUSTEES OF THE GET A-HEAD CHARITABLE TRUST

Opinion

We have audited the financial statements of The Get A-Head Charitable Trust (the 'trust') for the year ended 30 June 2024 which comprise the statement of financial activities, the balance sheet and notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charity's affairs as at 30 June 2024 and of its incoming resources and application of resources, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Charities Act 2011.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the *Auditor's responsibilities for the audit of the financial statements* section of our report. We are independent of the trust in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the trust's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters in relation to which the Charities (Accounts and Reports) Regulations 2008 require us to report to you if, in our opinion:

- the information given in the financial statements is inconsistent in any material respect with the trustees' report; or
- sufficient accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records; or
- we have not received all the information and explanations we require for our audit.

THE GET A-HEAD CHARITABLE TRUST

INDEPENDENT AUDITOR'S REPORT (CONTINUED)

TO THE TRUSTEES OF THE GET A-HEAD CHARITABLE TRUST

Responsibilities of trustees

As explained more fully in the statement of trustees' responsibilities, the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error. In preparing the financial statements, the trustees are responsible for assessing the trust's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

We have been appointed as auditor under section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud, is detailed below.

Approach to assessing the risks of misstatement due to irregularities, including fraud

We assess the risk of material misstatement in respect of fraud by discussing with management to understand where it considered there was susceptibility to fraud.

We obtained an understanding of the legal and regulatory frameworks that are applicable to the company and determined that the most significant reporting frameworks which are likely to affect the company include FRS 102, the Charities Act, Charities SORP (FRS 102), and the Companies Act 2006. In addition we determined that there were no significant laws and regulations which have a direct effect on the amounts and disclosures in the financial statements.

Audit response to risks identified

We considered the risk of fraud through management override on controls. We also considered how management bias may impact upon performance targets.

In response we performed audit work over the risk of management override of controls, including testing of journal entries and other adjustments for appropriateness, evaluating the business rationale of any significant transactions outside the normal course of business, reviewing accounting estimates for management bias.

Based on the results of our risk assessment we designed our audit procedures to identify non-compliance with such laws and regulations. Our procedures involved enquiries with management around actual and potential claims. Reviewing financial statement disclosures and testing to supporting documentation to assess compliance with applicable laws and regulations.

A further description of our responsibilities is available on the Financial Reporting Council's website at: <https://www.frc.org.uk/auditorsresponsibilities>. This description forms part of our auditor's report.

This report is made solely to the charity's trustees, as a body, in accordance with part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

THE GET A-HEAD CHARITABLE TRUST

INDEPENDENT AUDITOR'S REPORT (CONTINUED)

TO THE TRUSTEES OF THE GET A-HEAD CHARITABLE TRUST

IR Baker

Ian Richard Baker
Senior Statutory Auditor on behalf of
for and on behalf of Bache Brown & Co Limited

20 March 2025

Chartered Certified Accountants
Statutory Auditor

Swinford House
Albion Street
Brierley Hill
DY5 3EE

Bache Brown & Co Limited is eligible for appointment as auditor of the trust by virtue of its eligibility for appointment as auditor of a company under section 1212 of the Companies Act 2006.

THE GET A-HEAD CHARITABLE TRUST

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 30 JUNE 2024

	Notes	Unrestricted funds £	Restricted funds £	Total 2024 £	Total 2023 £
<u>Income from:</u>					
Donations and legacies	2	121,131	-	121,131	436,080
Other trading activities	3	134,774	-	134,774	19,538
Investments	4	95,535	-	95,535	30,322
Total income		351,440	-	351,440	485,940
<u>Expenditure on:</u>					
Raising funds	5	34,800	-	34,800	16,728
Charitable activities	6	345,149	-	345,149	127,493
Total resources expended		379,949	-	379,949	144,221
Net gains/(losses) on investments	12	172,859	-	172,859	(60,728)
Net movement in funds		144,350	-	144,350	280,991
Fund balances at 1 July		4,024,608	256,839	4,281,447	4,000,456
Fund balances at 30 June		4,168,958	256,839	4,425,797	4,281,447

The statement of financial activities includes all gains and losses recognised in the year.

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

THE GET A-HEAD CHARITABLE TRUST

BALANCE SHEET

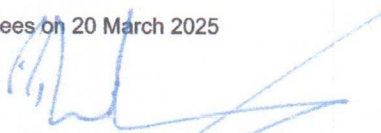
AS AT 30 JUNE 2024

	Notes	2024		2023	
		£	£	£	£
Fixed assets					
Investments	14		2,592,168		2,359,676
Current assets					
Debtors	16	18,389		24,769	
Cash at bank and in hand		1,873,815		2,006,923	
		1,892,204		2,031,692	
Creditors: amounts falling due within one year	17	(58,575)		(109,921)	
Net current assets			1,833,629		1,921,771
Total assets less current liabilities			4,425,797		4,281,447
The funds of the trust					
Restricted income funds	18		256,839		256,839
Unrestricted funds	19		4,168,958		4,024,608
			4,425,797		4,281,447

The financial statements were approved by the trustees on 20 March 2025



W Davies
Trustee



T Bromwich (Chairman)
Trustee

THE GET A-HEAD CHARITABLE TRUST

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 30 JUNE 2024

1 Accounting policies

Charity information

The Get A-Head Charitable Trust is an unincorporated trust, constituted under a Trust Deed dated 16 February 2007.

1.1 Accounting convention

The accounts have been prepared in accordance with the trust's trust deed, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016). The trust is a Public Benefit Entity as defined by FRS 102.

The trust has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the trust. Monetary amounts in these financial statements are rounded to the nearest £.

The accounts have been prepared under the historical cost convention, modified to include the revaluation of certain financial instruments at fair value. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the accounts, the trustees have a reasonable expectation that the trust has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the accounts.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Where there is a legal restriction on the purpose to which a fund may be put, the fund is classified as either an endowment fund, where the donor has expressly provided that only the income of the fund may be applied, or as a restricted income fund, where the donor has provided the donation to be spent in furtherance of a specified charitable purpose. The Charity has restricted income funds but no endowment funds.

Unrestricted income funds comprise those funds which the Trustees are free to use for any purpose in furtherance of the charitable objects. Unrestricted funds include designated funds where the Trustees, at their discretion, have created a fund for a specific purpose.

Transfers may arise where there is a release of restricted funds to unrestricted funds, where overall expenditure is in excess of the balance of the restricted fund or where charges are made from the unrestricted funds to other funds.

1.4 Income

Income is recognised when the trust is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the trust has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

THE GET A-HEAD CHARITABLE TRUST

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2024

1 Accounting policies

(Continued)

1.5 Expenditure

Liabilities are recognised as resources expended as soon as there is a legal or constructive obligation committing the Charity to the expenditure. All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category.

Grants are accounted for when either the recipient has a reasonable expectation that they will receive a grant and the Trustees have agreed to pay the grant without condition, or the recipient has a reasonable expectation that they will receive a grant and any condition attaching to the grant is outside of the control of the Trust.

Provisions are included for grants payable where approval has been given by the Trustees.

These are all costs attributable to generating income for the Charity, other than income arising from charitable activities, and represent fundraising costs.

The costs of Charitable Activities primarily comprise grants made.

Governance costs comprise all costs identifiable as wholly or mainly attributable to ensuring the public accountability of the Charity and its compliance with regulation and good practice. These costs include legal fees together with overhead and support costs.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures, fittings & equipment	straight line over 3 years
Computers	straight line over 3 years

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Fixed asset investments

Fixed asset investments are initially measured at transaction price excluding transaction costs, and are subsequently measured at fair value at each reporting date. Changes in fair value are recognised in net income/(expenditure) for the year. Transaction costs are expensed as incurred.

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

THE GET A-HEAD CHARITABLE TRUST

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2024

1 Accounting policies

(Continued)

1.9 Financial instruments

The trust has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the trust's balance sheet when the trust becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the trust's contractual obligations expire or are discharged or cancelled.

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the trust is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.11 Contingent liabilities and provisions

In accordance with the SORP, a contingent liability is disclosed for those grants, which do not represent liabilities, where the possible obligation, which arises from past events, will only be confirmed by the occurrence of one or more uncertain future events not wholly within the Trustees' control. Provisions are recognised for those grants where there is uncertainty as to the timing or amount, and any uncertainty regarding the amount is more than one of determining a basis for reasonable estimation of the liability arising from the constructive obligation.

1.12 Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a sort maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

THE GET A-HEAD CHARITABLE TRUST

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2024

1 Accounting policies

(Continued)

1.13 Debtors

Other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid after taking accounts of any trade discounts due.

2 Income from donations and legacies

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Donations and gifts	65,980	61,080
Legacies	55,151	375,000
	<u>121,131</u>	<u>436,080</u>

3 Income from other trading activities

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Fundraising events	<u>134,774</u>	<u>19,538</u>

4 Income from investments

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Income from listed investments	59,633	22,093
Interest receivable	35,902	8,229
	<u>95,535</u>	<u>30,322</u>

5 Expenditure on raising funds

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Fundraising and publicity		
Other fundraising costs	<u>34,800</u>	<u>16,728</u>

THE GET A-HEAD CHARITABLE TRUST

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2024

6 Expenditure on charitable activities

	2024 £	2023 £
Direct costs		
Staff costs	148,405	61,329
Grant funding of activities (see note 7)	94,700	29,157
Share of support and governance costs (see note 8)		
Support	93,002	29,128
Governance	9,042	7,879
	<u>345,149</u>	<u>127,493</u>
Analysis by fund		
Unrestricted funds	345,149	44,832
Restricted funds	-	82,661
	<u>345,149</u>	<u>127,493</u>

7 Grants payable

	2024 £	2023 £
Research	69,700	-
Equipment	-	82,661
Education	1,000	-
Provision of services to patients	24,000	1,500
Release of grants no longer required	-	(55,004)
	<u>94,700</u>	<u>29,157</u>

A total of 4 grants were granted during the year of which 3 were to institutions and 1 to an individual.

THE GET A-HEAD CHARITABLE TRUST

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2024

8 Support costs

	Support costs	Governance costs	2024	2023
	£	£	£	£
Marketing and administration support	57,748	-	57,748	9,518
Consultancy	18,343	-	18,343	-
Rent	-	-	-	12,500
Travelling expenses	5,590	-	5,590	1,811
Computer costs	8,138	-	8,138	3,495
Premises expenses	1,335	-	1,335	1,775
Sundries	1,848	-	1,848	29
Audit fees	-	4,000	4,000	4,000
Legal and professional	-	5,042	5,042	3,879
	<u>93,002</u>	<u>9,042</u>	<u>102,044</u>	<u>37,007</u>
Analysed between :				
Charitable activities	<u>93,002</u>	<u>9,042</u>	<u>102,044</u>	<u>37,007</u>

9 Net movement in funds

	2024	2023
	£	£
The net movement in funds is stated after charging/(crediting):		
Fees payable for the audit of the charity's financial statements	<u>4,000</u>	<u>4,000</u>

10 Trustees

None of the trustees (or any persons connected with them) received any remuneration during the year.

11 Employees

The average monthly number of employees during the year was:

	2024	2023
	Number	Number
Administration	<u>1</u>	<u>1</u>
Employment costs		
	2024	2023
	£	£
Wages and salaries	<u>148,405</u>	<u>61,329</u>

There were no employees whose annual remuneration was more than £60,000.

Remuneration of key management personnel

Key management personnel is considered to be the Interim Chief Executive Officer. Fees paid during the year amounted to £144,935 (2023 £57,960).

THE GET A-HEAD CHARITABLE TRUST

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2024

12 Gains and losses on investments

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Gains/(losses) arising on:		
Revaluation of investments	172,859	(60,728)

13 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

14 Fixed asset investments

	Listed investments £
Valuation	
At 1 July 2023	2,359,676
Valuation changes	172,859
Income reinvested	59,633
At 30 June 2024	2,592,168
Carrying amount	
At 30 June 2024	2,592,168
At 30 June 2023	2,359,676

15 Financial instruments

	2024 £	2023 £
Carrying amount of financial assets		
Measured at amortised cost	5,192	21,269
Equity instruments measured at fair value	2,592,168	2,359,676
Carrying amount of financial liabilities		
Measured at amortised cost	58,520	109,420

THE GET A-HEAD CHARITABLE TRUST

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2024

16 Debtors

	2024	2023
	£	£
Amounts falling due within one year:		
Other debtors	5,192	21,269
Prepayments and accrued income	13,197	3,500
	<u>18,389</u>	<u>24,769</u>

17 Creditors: amounts falling due within one year

	2024	2023
	£	£
Other taxation and social security	55	501
Other creditors	54,520	105,420
Accruals and deferred income	4,000	4,000
	<u>58,575</u>	<u>109,921</u>

Other creditors include grants payable of £66,009 (2023 £97,260)

18 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	At 1 July 2023	Resources expended	At 30 June 2024
	£	£	£
a - Charitable foundations	19,552	-	19,552
b - Fundraising events	3,981	-	3,981
c - ACC	227,171	-	227,171
d - MTC	6,135	-	6,135
	<u>256,839</u>	<u>-</u>	<u>256,839</u>

Previous year:

	At 1 July 2022	Resources expended	At 30 June 2023
	£	£	£
a - Charitable foundations	19,552	-	19,552
b - Fundraising events	3,981	-	3,981
c - ACC	309,832	(82,661)	227,171
d - MTC	6,135	-	6,135
	<u>339,500</u>	<u>82,661</u>	<u>256,839</u>

THE GET A-HEAD CHARITABLE TRUST

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2024

18 Restricted funds

(Continued)

a) The donations received from charitable foundations are available to cover the cost of complementary therapy. This is funded through a 3 year grant with UHB Charities and the funds will be put towards the cost of the grant.

b) The restricted funds raised at fundraising events are raised to purchase specific capital equipment

c) The restricted funds have been raised to cover the cost of research into Adenoid Cystic Carcinoma.

d) The restricted funds have been raised to cover the cost of research into Medullary Thyroid Cancer.

19 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 July 2023	Incoming resources	Resources expended	Gains and losses	At 30 June 2024
	£	£	£	£	£
General funds	4,024,608	351,440	(379,949)	172,859	4,168,958
	<u> </u>	<u> </u>	<u> </u>	<u> </u>	<u> </u>
Previous year:	At 1 July 2022	Incoming resources	Resources expended	Gains and losses	At 30 June 2023
	£	£	£	£	£
General funds	3,660,956	485,940	(61,560)	(60,728)	4,024,608
	<u> </u>	<u> </u>	<u> </u>	<u> </u>	<u> </u>

20 Analysis of net assets between funds

	Unrestricted funds	Restricted funds	Total
	2024	2024	2024
	£	£	£
At 30 June 2024:			
Investments	2,592,168	-	2,592,168
Current assets/(liabilities)	1,576,790	256,839	1,833,629
	<u> </u>	<u> </u>	<u> </u>
	4,168,958	256,839	4,425,797
	<u> </u>	<u> </u>	<u> </u>

THE GET A-HEAD CHARITABLE TRUST

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 30 JUNE 2024

20 Analysis of net assets between funds

(Continued)

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
At 30 June 2023:			
Investments	2,102,837	256,839	2,359,676
Current assets/(liabilities)	1,921,771	-	1,921,771
	<u>4,024,608</u>	<u>256,839</u>	<u>4,281,447</u>

21 Related party transactions

Transactions with related parties

During the year the trust entered into the following transactions with related parties:

The Trustees received no emoluments or expenses in the period.

Fees of £374 (2023 £334) were paid during the year to CKCA Limited for payroll services. Wendy Davies, a trustee of the charity is a director of CKCA Limited.

Except for the above none of the Trustees have undertaken any transaction with the Get A-Head Charitable Trust or received any benefit from the Charity in payment or in kind.

The Trustees have purchased Trustee Indemnity Insurance.