

THE GET A HEAD CHARITABLE TRUST

England & Wales · Charity number 1118326

Details

Status Registered

Legal form Trust

Registered 2007-03-12

Register [View on the Charity Commission register](#)

Contact

Address Room 23F
4th Floor Nuffield House
Queen Elizabeth Hospital
Birmingham
B15 2WB

Phone 01217949596

Email info@getahead.org.uk

Website www.getahead.org.uk

Activities

Objects: 1 TO PROMOTE THE RELIEF OF PAIN, SUFFERING AND DISTRESS, BOTH MENTAL AND PHYSICAL, CAUSED BY, RELATING TO OR CONNECTED WITH ANY DISEASE, TRAUMA OR ANY OTHER CONDITION ADVERSELY AFFECTING THE HEAD OR NECK.2 TO ADVANCE EDUCATION INTO THE CAUSES AND TREATMENT OF ANY DISEASE, TRAUMA OR CONDITION ADVERSELY AFFECTING THE HEAD OR NECK THROUGH THE PROMOTION OF RESEARCH AND THROUGH SUCH OTHER MEANS AS THE TRUSTEES OF THE CHARITY SHALL THINK FIT.

Activities: To promote relief of all aspects of pain, physical and emotional, relating to or connected with any disease, trauma or any condition adversely affecting the head or neck. To advance education into the causes and treatment of any disease, trauma or condition adversely affecting the head or neck through the promotion of research or such other means as the Trustees shall think fit.

Classification

- **How:** Makes Grants To Individuals, Makes Grants To Organisations, Provides Services, Sponsors Or Undertakes Research
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives
- **Who:** The General Public/mankind

Geography

- **Area of benefit:** UNDEFINED. IN PRACTICE, NATIONAL.
- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2024-06-30	£351,440	£379,949	-	-
2023-06-30	£485,940	£144,221	-	-
2022-06-30	£3,597,760	£109,664	£4,000,456	0
2021-03-31	£204,902	£177,348	-	-
2020-03-31	£204,312	£218,378	-	-

Trustees

Name	Role	Appointed
WALTER THOMAS BROMWICH	Chair	
David Spooner		2023-06-16
John Carmel Watkinson		2019-01-25
PAUL JAMES MOURTON		
Robert Spittle		2024-09-26
SHAHZADA AHMED		2012-03-15
Simon John Fisher		2020-06-26
Wendy Jane Davies		2014-01-02

THE GET A HEAD CHARITABLE TRUST

England & Wales - Charity number 1118326

Accounts

Charity registration number 1118326

THE GET A-HEAD CHARITABLE TRUST
ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2024

THE GET A-HEAD CHARITABLE TRUST

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THE GET A-HEAD CHARITABLE TRUST

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees

W Davies
T Bromwich (Chairman)
S Ahmed
P Mourton
J C Watkinson
S Fisher
D Spooner
Mr R A Spittle

(Appointed 26 September
2024)

Charity number

1118326

Principal address

Head and Neck Office
Room 23F - 4th Floor
Nuffield House, Queen Elizabeth Hospital
Edgbaston
B15 2TH

Auditor

Bache Brown & Co Limited
Swinford House
Albion Street
Brierley Hill
DY5 3EE

THE GET A-HEAD CHARITABLE TRUST

TRUSTEES' REPORT

FOR THE YEAR ENDED 30 JUNE 2024

The Trustees of the Get A-Head Charitable Trust are pleased to present their annual report together with the financial statements of the Charity for the period ended 30 June 2024.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the trust's governing document, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

The trust's objects are:

- To promote the relief of pain, suffering and distress, both mental and physical, caused by, relating to or connected with any disease, trauma or any other condition adversely affecting the head or neck; and
- To advance education into the causes and treatment of any disease, trauma or condition adversely affecting the head or neck through the promotion of research and through such other means as the Trustees of the Charity shall think fit.

The Trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the Trust's aims and objectives and in planning future activities and setting the grant making policy for the year.

The Charity carries out these objectives by making a number of different types of grants that fall into four categories:

1. Large and small research projects
2. Educational grants
3. Equipment grants
4. Provision of services to patients ie, complementary therapy

The Trust deed gives the Trustees the power to apply the funds in such a manner as they think fit to further the Charity's objects.

The aims of the Trust are to support adults and children with head and neck diseases, but especially those with cancer.

There has been no change in these objectives during the year.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the trust should undertake.

THE GET A-HEAD CHARITABLE TRUST

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2024

Grant making policy

The Charity has established its grant making policy to achieve its objects for the public benefit to improve the lives of sufferers with head and neck diseases now, and to seek a permanent cure in the future for these diseases, especially cancer.

The beneficiaries of our grant making programme are ultimately sufferers of head and neck diseases, especially cancer sufferers and those at risk of developing these diseases in the future. Our grants fund researchers and healthcare professionals who use these funds in their work to improve the lives of sufferers of head and neck diseases by developing therapies, potential medications and improvements in the personal care of the sufferer. Any benefit received by researchers and healthcare professionals is purely incidental to the objects of our work.

The funds are allocated after the Charity has been approached through a structured application process and the Trustees consider the merits of each type of project at least twice a year. The Trustees may consider applications of up to £5,000 independently of their formal meetings.

The Charity invites applications for research grants, with eligibility being restricted to those having an expertise in the field in order to ensure high quality results. Most grants are reviewed in house by the medical trustees. Where there is a conflict of interest or the application is for £50,000 or more, the application is sent for external peer review by a relevant expert, to provide additional assurance that the research project is technically sound, will provide value for money and is of ultimate benefit to the sufferers of head and neck diseases. Research posts are normally funded on an annual basis to undertake an agreed programme of research. A further application may be made at the end of this period if additional funding is not forthcoming from other areas. In all cases, continuation of funding is subject to the research undertaken being in the interests of the Charity and a progress assessment that is satisfactory.

Whilst the Charity is principally based in the West Midlands, it is a national charity where the Trustees receive and consider applications for grants from anywhere in the United Kingdom.

THE GET A-HEAD CHARITABLE TRUST

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2024

Achievements and performance

Get A-Head has made significant strides in rebuilding from the challenges posed by the covid pandemic. Entering this financial year in a stronger position, the charity has been able to effectively focus on its priority mission: improving the lives of those affected by head and neck diseases, particularly cancer.

A strategic review conducted in 2023 marked a turning point, as it guided the development of a renewed vision and comprehensive strategy launched in early 2024. This strategy underpins all fundraising activities, decision-making processes, collaborations, and support initiatives undertaken by the charity.

The year 2024 also marked an auspicious milestone for Get A-Head as it celebrated its 30th anniversary. This presented valuable opportunities for fundraising, enhancing the charity's public profile, and developing corporate and strategic partnerships.

One of the headline success stories of the year was the formation of an exceptional fundraising partnership with the national charity Meningitis Now. This partnership garnered international recognition as the Brightsides Rowing Team embarked on a courageous 3,200-mile unaided journey across the Atlantic Ocean. The team, comprising Rod Adlington, Guy Minshull, Alex Perry, and Anna Williams, not only raised substantial funds for both charities but also brought global media attention to Get A-Head.

This remarkable achievement also bolstered the charity's development of new corporate partnerships and reinforced existing ones. This is a key priority amid an increasingly challenging environment for public donations due to the escalating cost of living.

The year was also defined by impactful charitable work. Get A-Head supported NHS trusts, treatment centres, research institutions, and support groups nationwide. The charity funded ground-breaking research and supported the education of healthcare professionals. Notably, collaboration with other charities has remained vital in maximising the reach and impact of initiatives.

Charity director Danni Heath strengthened the organisation's voice in the sector by joining the board of the Head and Neck Cancer Coalition. This coalition consists of 15 organisations, including charities, healthcare associations, and industry stakeholders, unified to create a stronger voice for head and neck cancers.

In addition, Get A-Head worked with several eminent partners this year, funding and driving initiatives such as the Oracle HNC Inequalities PPI project, Swallows support groups, and the HNC Audit Feasibility Study.

THE GET A-HEAD CHARITABLE TRUST

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2024

Grants awarded (to June 2024)

- **Oracle Head and Neck Cancer UK (£29,700 grant):** This funding supports a research project in collaboration with the Queen Mary University of London. The study explores disparities in head and neck cancer cases in Tower Hamlets – a community with significant deprivation levels and a disproportionately high incidence of head and neck cancers. The grant finances patient and public involvement (PPI), raising awareness, assessing treatment access, and understanding the lived experiences of affected communities.
- **UK-wide head and neck cancer audit (£40,000 grant):** Get A-Head co-funded a two-year feasibility study, with a total budget of £270,000, to examine how patients with head and neck cancers are diagnosed and treated. Led by Professor Thomas Cowling, the study will help to inform charities like Get A-Head on where to best direct resources and funding for most impact. The audit is being supported by an alliance of medical and charitable organisations, including Get A-Head and the Head and Neck Cancer Coalition.
- **Swallows Head and Neck Cancer Charity (£24,000 grant):** This support enables the expansion of Swallows support groups across the Midlands and the employment of a dedicated lead to further develop services nationwide. These groups offer vital peer and professional support for patients, a hallmark of Get A-Head's collaboration efforts.
- **Educational grant (£1,000):** Clare McAleer received funding to attend the advanced-level "Laryngectomy: Rehabilitation and Surgical Voice Restoration" course at Imperial College London. This aligns with Get A-Head's commitment to education and ensuring healthcare professionals have access to high-quality training that benefits patients.

Fundraising

The success of Get A-Head's 30th anniversary year was reflected in a vibrant mix of fundraising activities. The charity raised considerable funds through:

- **Brightsides Rowing Team:** The outstanding Atlantic Ocean rowing challenge raised over £150,000 for both Get A-Head and Meningitis Now. It marked one of the most memorable achievements of the year.
- **London Marathon:** Following the Atlantic challenge, supporters Imogen Yeoman and Neil Ayliffe further demonstrated incredible effort by completing the London Marathon, raising additional funds for Get A-Head.
- **Annual clay shoot:** Hosted at the Holland & Holland Shooting Grounds in Northwood, the event raised over £20,000, with significant participation from supporters across the country.
- **Property Race Day:** Wigley Investment Holdings held a fundraising Property Race Day at Warwick Racecourse, benefiting Get A-Head by raising £14,000.

These efforts exemplify the charity's resilience and growing support amidst challenging financial circumstances. Together with other revenue streams, fundraising has underpinned Get A-Head's ability to meet its key charitable priorities effectively.

We look forward to building on our significant successes in this period and continuing to effectively focus on our priority mission: improving the lives of those affected by head and neck diseases, particularly cancer.

Financial review

The Statement of Financial Activities shows a gross income of £351,440. Expenditure for the period amounted to £379,949. The increase in movement on investments amounted to £172,859. The net surplus for the year amounted to £144,350.

THE GET A-HEAD CHARITABLE TRUST

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2024

The reserves policy has been developed to maintain resilience and ensure that we can continue to work on our renewed vision and comprehensive strategy launched at the beginning of 2024. Our policy is to ensure we hold sufficient reserves to meet operating costs including forecast deficit for the next 12 months and to ensure we can meet our long term strategic plan commitments.

All restricted funds are restricted income funds where the donor has provided the donation to be spent in furtherance of a specified charitable purpose. The two main funds, MTC and ACC are explained in Achievements and Performance of the Trust above and the intention is that grants will be awarded against these Funds over the next couple of years. These will follow the normal grant approval process with the extent of the grants being governed by the level of reserves.

Our policy is subject to annual review by the board of Trustees, with the reserves reviewed in line with annual budget.

The Trustee Board regularly monitors cash and investments against objectives and risk profile. Day to day investment management is delegated by authorised professional investment advisors, regulated by FCA.

The trustees has assessed the major risks to which the trust is exposed, and are satisfied that systems and internal financial controls are in place to mitigate exposure to the major risks.

Structure, governance and management

The Trust is an unincorporated trust, constituted under a Trust Deed dated 16 February 2007 and is a registered charity, number 1118326, registered with the Charity Commission of England and Wales with effect from 12 March 2007.

Prior to its registration Get A-Head ('the Charity') was part of the University Hospital Birmingham Charities group of charities, now Queen Elizabeth Hospital Birmingham Charity ('QEHB'). Mr John Watkinson and Mr Adrian Drake-Lee set it up in 1994 with the specific intention of supporting and developing the understanding and management of patients with head and neck cancer and other serious diseases of the head and neck.

Since its registration the Charity is run fully independently of QEHB. Small amounts of income are still received into a fund maintained with QEHB. These funds are retained for the benefit of the Charity and are used to contribute towards the grants awarded and services offered by the Charity. Any additional amounts are transferred from the Charity to meet commitments.

The trustees who served during the year and up to the date of signature of the financial statements were:

W Davies
T Bromwich (Chairman)
S Ahmed
P Mourton
J C Watkinson
S Fisher
D Spooner

The governance of the previous funds was covered by the procedures in place through the QEHB charity. This Trust has effected claims insurance cover of £1m and will review its structures with the appropriate use of professionals. The two Trustees who are employees of QEHB have an annual appraisal and their involvement in the Charity is scrutinized as part of this process.

The Trustees are appointed by the Board of Trustees and serve for five years after which period they may put themselves forward for re-appointment. The Trust Deed provides for a minimum of three Trustees.

THE GET A-HEAD CHARITABLE TRUST

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2024

The Trustees meet regularly and during the period have assigned day to day operation of the Charity to an interim CEO. On 1 January 2025 this position was made permanent and Danni Heath took up the role of CEO of the charity on a full time permanent contract.

All Trustees give of their time freely and no Trustee remuneration was paid during the year. Details of Trustee expenses and related party transactions are disclosed in note 21 to the financial statements. Trustees are required to disclose all relevant interests at the start of all Trustees' meetings and in accordance with the Trust's policy withdraw from decisions where a conflict of interest arises.


The trustees' report was approved by the Board of Trustees.



W Davies

Trustee

Dated: 20 March 2025



T Bromwich (Chairman)

Trustee

Dated: 20 March 2025

THE GET A-HEAD CHARITABLE TRUST

STATEMENT OF TRUSTEES' RESPONSIBILITIES

FOR THE YEAR ENDED 30 JUNE 2024

The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the trust and of the incoming resources and application of resources of the trust for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping sufficient accounting records that disclose with reasonable accuracy at any time the financial position of the trust and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the trust and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

THE GET A-HEAD CHARITABLE TRUST

INDEPENDENT AUDITOR'S REPORT

TO THE TRUSTEES OF THE GET A-HEAD CHARITABLE TRUST

Opinion

We have audited the financial statements of The Get A-Head Charitable Trust (the 'trust') for the year ended 30 June 2024 which comprise the statement of financial activities, the balance sheet and notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charity's affairs as at 30 June 2024 and of its incoming resources and application of resources, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Charities Act 2011.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the *Auditor's responsibilities for the audit of the financial statements* section of our report. We are independent of the trust in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the trust's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters in relation to which the Charities (Accounts and Reports) Regulations 2008 require us to report to you if, in our opinion:

- the information given in the financial statements is inconsistent in any material respect with the trustees' report; or
- sufficient accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records; or
- we have not received all the information and explanations we require for our audit.

THE GET A-HEAD CHARITABLE TRUST

INDEPENDENT AUDITOR'S REPORT (CONTINUED)

TO THE TRUSTEES OF THE GET A-HEAD CHARITABLE TRUST

Responsibilities of trustees

As explained more fully in the statement of trustees' responsibilities, the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error. In preparing the financial statements, the trustees are responsible for assessing the trust's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

We have been appointed as auditor under section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud, is detailed below.

Approach to assessing the risks of misstatement due to irregularities, including fraud

We assess the risk of material misstatement in respect of fraud by discussing with management to understand where it considered there was susceptibility to fraud.

We obtained an understanding of the legal and regulatory frameworks that are applicable to the company and determined that the most significant reporting frameworks which are likely to affect the company include FRS 102, the Charities Act, Charities SORP (FRS 102), and the Companies Act 2006. In addition we determined that there were no significant laws and regulations which have a direct effect on the amounts and disclosures in the financial statements.

Audit response to risks identified

We considered the risk of fraud through management override on controls. We also considered how management bias may impact upon performance targets.

In response we performed audit work over the risk of management override of controls, including testing of journal entries and other adjustments for appropriateness, evaluating the business rationale of any significant transactions outside the normal course of business, reviewing accounting estimates for management bias.

Based on the results of our risk assessment we designed our audit procedures to identify non-compliance with such laws and regulations. Our procedures involved enquiries with management around actual and potential claims. Reviewing financial statement disclosures and testing to supporting documentation to assess compliance with applicable laws and regulations.

A further description of our responsibilities is available on the Financial Reporting Council's website at: <https://www.frc.org.uk/auditorsresponsibilities>. This description forms part of our auditor's report.

This report is made solely to the charity's trustees, as a body, in accordance with part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

THE GET A-HEAD CHARITABLE TRUST

INDEPENDENT AUDITOR'S REPORT (CONTINUED)

TO THE TRUSTEES OF THE GET A-HEAD CHARITABLE TRUST

IR Baker

Ian Richard Baker
Senior Statutory Auditor on behalf of
for and on behalf of Bache Brown & Co Limited

20 March 2025

Chartered Certified Accountants
Statutory Auditor

Swinford House
Albion Street
Brierley Hill
DY5 3EE

Bache Brown & Co Limited is eligible for appointment as auditor of the trust by virtue of its eligibility for appointment as auditor of a company under section 1212 of the Companies Act 2006.

THE GET A-HEAD CHARITABLE TRUST

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 30 JUNE 2024

	Notes	Unrestricted funds £	Restricted funds £	Total 2024 £	Total 2023 £
<u>Income from:</u>					
Donations and legacies	2	121,131	-	121,131	436,080
Other trading activities	3	134,774	-	134,774	19,538
Investments	4	95,535	-	95,535	30,322
Total income		351,440	-	351,440	485,940
<u>Expenditure on:</u>					
Raising funds	5	34,800	-	34,800	16,728
Charitable activities	6	345,149	-	345,149	127,493
Total resources expended		379,949	-	379,949	144,221
Net gains/(losses) on investments	12	172,859	-	172,859	(60,728)
Net movement in funds		144,350	-	144,350	280,991
Fund balances at 1 July		4,024,608	256,839	4,281,447	4,000,456
Fund balances at 30 June		4,168,958	256,839	4,425,797	4,281,447

The statement of financial activities includes all gains and losses recognised in the year.

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

THE GET A-HEAD CHARITABLE TRUST

BALANCE SHEET

AS AT 30 JUNE 2024

	Notes	2024		2023	
		£	£	£	£
Fixed assets					
Investments	14		2,592,168		2,359,676
Current assets					
Debtors	16	18,389		24,769	
Cash at bank and in hand		1,873,815		2,006,923	
		1,892,204		2,031,692	
Creditors: amounts falling due within one year	17	(58,575)		(109,921)	
Net current assets			1,833,629		1,921,771
Total assets less current liabilities			4,425,797		4,281,447
The funds of the trust					
Restricted income funds	18		256,839		256,839
Unrestricted funds	19		4,168,958		4,024,608
			4,425,797		4,281,447

The financial statements were approved by the trustees on 20 March 2025



W Davies
Trustee



T Bromwich (Chairman)
Trustee

THE GET A-HEAD CHARITABLE TRUST

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 30 JUNE 2024

1 Accounting policies

Charity information

The Get A-Head Charitable Trust is an unincorporated trust, constituted under a Trust Deed dated 16 February 2007.

1.1 Accounting convention

The accounts have been prepared in accordance with the trust's trust deed, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016). The trust is a Public Benefit Entity as defined by FRS 102.

The trust has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the trust. Monetary amounts in these financial statements are rounded to the nearest £.

The accounts have been prepared under the historical cost convention, modified to include the revaluation of certain financial instruments at fair value. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the accounts, the trustees have a reasonable expectation that the trust has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the accounts.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Where there is a legal restriction on the purpose to which a fund may be put, the fund is classified as either an endowment fund, where the donor has expressly provided that only the income of the fund may be applied, or as a restricted income fund, where the donor has provided the donation to be spent in furtherance of a specified charitable purpose. The Charity has restricted income funds but no endowment funds.

Unrestricted income funds comprise those funds which the Trustees are free to use for any purpose in furtherance of the charitable objects. Unrestricted funds include designated funds where the Trustees, at their discretion, have created a fund for a specific purpose.

Transfers may arise where there is a release of restricted funds to unrestricted funds, where overall expenditure is in excess of the balance of the restricted fund or where charges are made from the unrestricted funds to other funds.

1.4 Income

Income is recognised when the trust is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the trust has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

THE GET A-HEAD CHARITABLE TRUST

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2024

1 Accounting policies

(Continued)

1.5 Expenditure

Liabilities are recognised as resources expended as soon as there is a legal or constructive obligation committing the Charity to the expenditure. All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category.

Grants are accounted for when either the recipient has a reasonable expectation that they will receive a grant and the Trustees have agreed to pay the grant without condition, or the recipient has a reasonable expectation that they will receive a grant and any condition attaching to the grant is outside of the control of the Trust.

Provisions are included for grants payable where approval has been given by the Trustees.

These are all costs attributable to generating income for the Charity, other than income arising from charitable activities, and represent fundraising costs.

The costs of Charitable Activities primarily comprise grants made.

Governance costs comprise all costs identifiable as wholly or mainly attributable to ensuring the public accountability of the Charity and its compliance with regulation and good practice. These costs include legal fees together with overhead and support costs.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures, fittings & equipment	straight line over 3 years
Computers	straight line over 3 years

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Fixed asset investments

Fixed asset investments are initially measured at transaction price excluding transaction costs, and are subsequently measured at fair value at each reporting date. Changes in fair value are recognised in net income/(expenditure) for the year. Transaction costs are expensed as incurred.

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

THE GET A-HEAD CHARITABLE TRUST

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2024

1 Accounting policies

(Continued)

1.9 Financial instruments

The trust has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the trust's balance sheet when the trust becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the trust's contractual obligations expire or are discharged or cancelled.

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the trust is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.11 Contingent liabilities and provisions

In accordance with the SORP, a contingent liability is disclosed for those grants, which do not represent liabilities, where the possible obligation, which arises from past events, will only be confirmed by the occurrence of one or more uncertain future events not wholly within the Trustees' control. Provisions are recognised for those grants where there is uncertainty as to the timing or amount, and any uncertainty regarding the amount is more than one of determining a basis for reasonable estimation of the liability arising from the constructive obligation.

1.12 Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a sort maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

THE GET A-HEAD CHARITABLE TRUST

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2024

1 Accounting policies (Continued)

1.13 Debtors

Other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid after taking accounts of any trade discounts due.

2 Income from donations and legacies

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Donations and gifts	65,980	61,080
Legacies	55,151	375,000
	<u>121,131</u>	<u>436,080</u>

3 Income from other trading activities

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Fundraising events	134,774	19,538
	<u>134,774</u>	<u>19,538</u>

4 Income from investments

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Income from listed investments	59,633	22,093
Interest receivable	35,902	8,229
	<u>95,535</u>	<u>30,322</u>

5 Expenditure on raising funds

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Fundraising and publicity		
Other fundraising costs	34,800	16,728
	<u>34,800</u>	<u>16,728</u>

THE GET A-HEAD CHARITABLE TRUST

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2024

6 Expenditure on charitable activities

	2024 £	2023 £
Direct costs		
Staff costs	148,405	61,329
Grant funding of activities (see note 7)	94,700	29,157
Share of support and governance costs (see note 8)		
Support	93,002	29,128
Governance	9,042	7,879
	<u>345,149</u>	<u>127,493</u>
Analysis by fund		
Unrestricted funds	345,149	44,832
Restricted funds	-	82,661
	<u>345,149</u>	<u>127,493</u>

7 Grants payable

	2024 £	2023 £
Research	69,700	-
Equipment	-	82,661
Education	1,000	-
Provision of services to patients	24,000	1,500
Release of grants no longer required	-	(55,004)
	<u>94,700</u>	<u>29,157</u>

A total of 4 grants were granted during the year of which 3 were to institutions and 1 to an individual.

THE GET A-HEAD CHARITABLE TRUST

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2024

8 Support costs	Support costs	Governance costs	2024	2023
	£	£	£	£
Marketing and administration support	57,748	-	57,748	9,518
Consultancy	18,343	-	18,343	-
Rent	-	-	-	12,500
Travelling expenses	5,590	-	5,590	1,811
Computer costs	8,138	-	8,138	3,495
Premises expenses	1,335	-	1,335	1,775
Sundries	1,848	-	1,848	29
Audit fees	-	4,000	4,000	4,000
Legal and professional	-	5,042	5,042	3,879
	<u>93,002</u>	<u>9,042</u>	<u>102,044</u>	<u>37,007</u>
Analysed between :				
Charitable activities	<u>93,002</u>	<u>9,042</u>	<u>102,044</u>	<u>37,007</u>

9 Net movement in funds	2024	2023
	£	£
The net movement in funds is stated after charging/(crediting):		
Fees payable for the audit of the charity's financial statements	<u>4,000</u>	<u>4,000</u>

10 Trustees

None of the trustees (or any persons connected with them) received any remuneration during the year.

11 Employees

The average monthly number of employees during the year was:

	2024	2023
	Number	Number
Administration	<u>1</u>	<u>1</u>
Employment costs	2024	2023
	£	£
Wages and salaries	<u>148,405</u>	<u>61,329</u>

There were no employees whose annual remuneration was more than £60,000.

Remuneration of key management personnel

Key management personnel is considered to be the Interim Chief Executive Officer. Fees paid during the year amounted to £144,935 (2023 £57,960).

THE GET A-HEAD CHARITABLE TRUST

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2024

12 Gains and losses on investments

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Gains/(losses) arising on:		
Revaluation of investments	172,859	(60,728)

13 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

14 Fixed asset investments

	Listed investments £
Valuation	
At 1 July 2023	2,359,676
Valuation changes	172,859
Income reinvested	59,633
At 30 June 2024	2,592,168
Carrying amount	
At 30 June 2024	2,592,168
At 30 June 2023	2,359,676

15 Financial instruments

	2024 £	2023 £
Carrying amount of financial assets		
Measured at amortised cost	5,192	21,269
Equity instruments measured at fair value	2,592,168	2,359,676
Carrying amount of financial liabilities		
Measured at amortised cost	58,520	109,420

THE GET A-HEAD CHARITABLE TRUST

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2024

16 Debtors

	2024	2023
Amounts falling due within one year:	£	£
Other debtors	5,192	21,269
Prepayments and accrued income	13,197	3,500
	<u>18,389</u>	<u>24,769</u>

17 Creditors: amounts falling due within one year

	2024	2023
	£	£
Other taxation and social security	55	501
Other creditors	54,520	105,420
Accruals and deferred income	4,000	4,000
	<u>58,575</u>	<u>109,921</u>

Other creditors include grants payable of £66,009 (2023 £97,260)

18 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	At 1 July 2023	Resources expended	At 30 June 2024
	£	£	£
a - Charitable foundations	19,552	-	19,552
b - Fundraising events	3,981	-	3,981
c - ACC	227,171	-	227,171
d - MTC	6,135	-	6,135
	<u>256,839</u>	<u>-</u>	<u>256,839</u>
Previous year:	At 1 July 2022	Resources expended	At 30 June 2023
	£	£	£
a - Charitable foundations	19,552	-	19,552
b - Fundraising events	3,981	-	3,981
c - ACC	309,832	(82,661)	227,171
d - MTC	6,135	-	6,135
	<u>339,500</u>	<u>82,661</u>	<u>256,839</u>

THE GET A-HEAD CHARITABLE TRUST

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2024

18 Restricted funds (Continued)

a) The donations received from charitable foundations are available to cover the cost of complementary therapy. This is funded through a 3 year grant with UHB Charities and the funds will be put towards the cost of the grant.

b) The restricted funds raised at fundraising events are raised to purchase specific capital equipment

c) The restricted funds have been raised to cover the cost of research into Adenoid Cystic Carcinoma.

d) The restricted funds have been raised to cover the cost of research into Medullary Thyroid Cancer.

19 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 July 2023	Incoming resources	Resources expended	Gains and losses	At 30 June 2024
	£	£	£	£	£
General funds	4,024,608	351,440	(379,949)	172,859	4,168,958
	<u>4,024,608</u>	<u>351,440</u>	<u>(379,949)</u>	<u>172,859</u>	<u>4,168,958</u>
Previous year:	At 1 July 2022	Incoming resources	Resources expended	Gains and losses	At 30 June 2023
	£	£	£	£	£
General funds	3,660,956	485,940	(61,560)	(60,728)	4,024,608
	<u>3,660,956</u>	<u>485,940</u>	<u>(61,560)</u>	<u>(60,728)</u>	<u>4,024,608</u>

20 Analysis of net assets between funds

	Unrestricted funds	Restricted funds	Total
	2024	2024	2024
	£	£	£
At 30 June 2024:			
Investments	2,592,168	-	2,592,168
Current assets/(liabilities)	1,576,790	256,839	1,833,629
	<u>4,168,958</u>	<u>256,839</u>	<u>4,425,797</u>

THE GET A-HEAD CHARITABLE TRUST

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2024

20 Analysis of net assets between funds

(Continued)

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
At 30 June 2023:			
Investments	2,102,837	256,839	2,359,676
Current assets/(liabilities)	1,921,771	-	1,921,771
	<u>4,024,608</u>	<u>256,839</u>	<u>4,281,447</u>

21 Related party transactions

Transactions with related parties

During the year the trust entered into the following transactions with related parties:

The Trustees received no emoluments or expenses in the period.

Fees of £374 (2023 £334) were paid during the year to CKCA Limited for payroll services. Wendy Davies, a trustee of the charity is a director of CKCA Limited.

Except for the above none of the Trustees have undertaken any transaction with the Get A-Head Charitable Trust or received any benefit from the Charity in payment or in kind.

The Trustees have purchased Trustee Indemnity Insurance.

THE GET A HEAD CHARITABLE TRUST

England & Wales - Charity number 1118326

Accounts

Charity registration number 1118326

**THE GET A-HEAD CHARITABLE TRUST
ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2023**

THE GET A-HEAD CHARITABLE TRUST

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees

W Davies
T Bromwich (Chairman)
S Ahmed
P Mourton
J C Watkinson
S Fisher
D Spooner (Appointed 28 April 2023)

Charity number

1118326

Principal address

Head and Neck Office
Room 23F - 4th Floor
Nuffield House, Queen Elizabeth Hospital
Edgbaston
B15 2TH

Auditor

Bache Brown & Co Limited
Swinford House
Albion Street
Brierley Hill
DY5 3EE

THE GET A-HEAD CHARITABLE TRUST

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THE GET A-HEAD CHARITABLE TRUST

TRUSTEES' REPORT

FOR THE YEAR ENDED 30 JUNE 2023

The Trustees of the Get A-Head Charitable Trust are pleased to present their annual report together with the financial statements of the Charity for the period ended 30 June 2023.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the trust's [governing document], the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

The trust's objects are:

- To promote the relief of pain, suffering and distress, both mental and physical, caused by, relating to or connected with any disease, trauma or any other condition adversely affecting the head or neck; and
- To advance education into the causes and treatment of any disease, trauma or condition adversely affecting the head or neck through the promotion of research and through such other means as the Trustees of the Charity shall think fit.

The Trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the Trust's aims and objectives and in planning future activities and setting the grant making policy for the year.

The Charity carries out these objectives by making a number of different types of grants that fall into four categories:

1. Large and small research projects
2. Educational grants
3. Equipment grants
4. Provision of services to patients ie, complementary therapy

The Trust deed gives the Trustees the power to apply the funds in such a manner as they think fit to further the Charity's objects.

The aims of the Trust are to support adults and children with head and neck diseases, but especially those with cancer.

There has been no change in these objectives during the year.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the trust should undertake.

THE GET A-HEAD CHARITABLE TRUST

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2023

Grant making policy

The Charity has established its grant making policy to achieve its objects for the public benefit to improve the lives of sufferers with head and neck diseases now, and to seek a permanent cure in the future for these diseases, especially cancer.

The beneficiaries of our grant making programme are ultimately sufferers of head and neck diseases, especially cancer sufferers and those at risk of developing these diseases in the future. Our grants fund researchers and healthcare professionals who use these funds in their work to improve the lives of sufferers of head and neck diseases by developing therapies, potential medications and improvements in the personal care of the sufferer. Any benefit received by researchers and healthcare professionals is purely incidental to the objects of our work.

The funds are allocated after the Charity has been approached through a structured application process and the Trustees consider the merits of each type of project at least twice a year. The Trustees may consider applications of up to £5,000 independently of their formal meetings.

The Charity invites applications for research grants, with eligibility being restricted to those having an expertise in the field in order to ensure high quality results. Most grants are reviewed in house by the medical trustees. Where there is a conflict of interest or the application is for £50,000 or more, the application is sent for external peer review by a relevant expert, to provide additional assurance that the research project is technically sound, will provide value for money and is of ultimate benefit to the sufferers of head and neck diseases. Research posts are normally funded on an annual basis to undertake an agreed programme of research. A further application may be made at the end of this period if additional funding is not forthcoming from other areas. In all cases, continuation of funding is subject to the research undertaken being in the interests of the Charity and a progress assessment that is satisfactory.

Whilst the Charity is principally based in the West Midlands, it is a national charity where the Trustees receive and consider applications for grants from anywhere in the United Kingdom.

THE GET A-HEAD CHARITABLE TRUST

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2023

Achievements and performance

After a challenging time for Get A-Head post covid and a substantial unrestricted legacy gift, trustees appointed a Director to conduct a strategic review and to rebuild the charity after a lapse in staff.

Danni Heath was appointed in February 2023 with a brief to ensure we were spending with impact for people with head and neck disease particularly cancer and to establish a programme of fundraising events and grant giving. Wide ranging research was undertaken including talking to stakeholders, trustees, volunteers, grant recipients, and most importantly people with head and neck disease/cancer and the people that care for them to establish where we might make the most impact.

As a result of this review Get A-Head will be continuing to focus our grant making activity on the areas of research, education and equipment and consolidating our offer. We answer requests for help from individuals, researchers and treatment centres across the UK, funding life-changing equipment that isn't available on the NHS, research into the causes and treatment of head and neck conditions, particularly cancer, continuing education for healthcare professionals and complementary therapies and direct support to help improve the lives of patients.

We want to maximise our impact by extending our partnership working and have done this in a number of ways including, by becoming a key member of the HNC Coalition – ensuring we are working in collaboration with other organisations in the sector.

We have responded to the lack of good data nationally on head and neck cancers by part funding an audit feasibility study. There has not been a national audit for head and neck cancers since 2013. The audit feasibility study is due to begin in 2024 and is a project with a wide range of stakeholders including Head and Neck Cancer Coalition (HANC) British Association of Head and Neck Oncologists (BAHNO) British Association of Otolaryngology-Head and Neck Surgery (ENT UK) British Associations of Oral and Maxillofacial Surgeons (BAOMS) and Getting It Right First Time (GIRFT). Addressing the data gap is a key step in ensuring that we turn the dial on the increasing numbers of people being diagnosed with head and neck cancers.

Fundraising has presented a challenge for Get A-Head post covid recovery with the loss of donor data and the inability to fundraise through events. A fundraising audit was conducted, and a strategy developed to support recovery. We are delighted to be back running several events for our 30th Anniversary year including The Brightsides row, the clay shoot day, London Marathon, a Race Day and our 30th Anniversary Gala Ball. Building on the substantial unrestricted legacy this will ensure Get A-Head are in a much stronger position to support people with HNC and disease and allows us to re-engage with new and old donors.

THE GET A-HEAD CHARITABLE TRUST

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2023

Grants given to June 2023

VITOM® 3D system for the QE Hospital - £82,661.498 used in a wide range of head and neck cancer surgery, including diagnostic microlaryngoscopy, laryngectomy, neck dissection and thyroid surgery, so will benefit a large number of patients and surgeons.

This new technology that replaces the microscope and allows magnification onto a 55ins screen in 3D during surgery will make a huge difference to the surgical teams at the Queen Elizabeth Hospital and directly benefit patients.

Laryngectomy Support Group was funded at the UHB for £1500 -a support group for people who have lost their ability to speak because of cancer.

Laryngectomy is a necessary but devastating treatment that can leave patients feeling very vulnerable and isolated, we are keen to support opportunities for patients to meet others in the same situation while also accessing help and support from specialist professionals.

A £1,000 grant for a health and well-being event at the Royal Hallamshire Hospital organised by Macmillan cancer nurse specialists. The event, which featured information and advice about treatments and support services for people with head and neck cancers, was attended by more than 30 patients as well as hospital staff.

We are planning more direct support services and are doing this in partnership with other organisations.

Together with our grant making there has been significant activity to rebuild the charity's process and systems – including; data loss, closure of office, automated grant management systems, complete refresh of the website and social media comms, e-comms and PR strategy and profile raising nationally.

We are moving from a passive to a more proactive approach, being involved in national discussions and joint projects. We feel we are in a strong position to leverage our activity with the ultimate goal of serving people with head and neck disease, especially cancer as we move into our 30th year of operation.

Fundraising

The Charity relies on donations from the public and corporate sponsors and on monies raised at fund raising events during the year. Fund raising events have not returned to pre Covid 19 levels and we again had to take the decision not to hold the Get Ahead Ball. Our main fundraising event during the period was a charity clay shoot in June 23 which raised funds of £28k including a £23k donation from our main corporate sponsor.

It is the 30th Anniversary of the Charity in 2024 and the Get Ahead Ball will be held in November 2024 as a celebration of the Charity's achievements,

Financial review

The Statement of Financial Activities shows a gross income of £485,940 (2022 £3,559,702) which includes the a further legacy payment of £375,000. Expenditure for the period amounted to £144,221 (2023 £109,664). The net surplus for the year after a loss on investments of £60,728. amounted to £3,430,727.

The Trustees aim is to maintain free reserves in unrestricted funds at a level which equates to 12 months unrestricted charitable expenditure. The Trustees consider that this level will provide sufficient funds to respond to applications for grants and ensure that there are sufficient funds to cover support and governance costs.

All restricted funds are restricted income funds where the donor has provided the donation to be spent in furtherance of a specified charitable purpose. The two main funds, MTC and ACC are explained in Achievements and Performance of the Trust above and the intention is that grants will be awarded against these Funds over the next couple of years. These will follow the normal grant approval process with the extent of the grants being governed by the level of reserves.

The trustees has assessed the major risks to which the trust is exposed, and are satisfied that systems and internal financial controls are in place to mitigate exposure to the major risks.

THE GET A-HEAD CHARITABLE TRUST

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2023

Structure, governance and management

The Trust is an unincorporated trust, constituted under a Trust Deed dated 16 February 2007 and is a registered charity, number 1118326, registered with the Charity Commission of England and Wales with effect from 12 March 2007.

Prior to its registration Get A-Head ('the Charity') was part of the University Hospital Birmingham Charities group of charities, now Queen Elizabeth Hospital Birmingham Charity ('QEHB'). Mr John Watkinson and Mr Adrian Drake-Lee set it up in 1994 with the specific intention of supporting and developing the understanding and management of patients with head and neck cancer and other serious diseases of the head and neck.

Since its registration the Charity is run fully independently of QEHB. Small amounts of income are still received into a fund maintained with QEHB. These funds are retained for the benefit of the Charity and are used to contribute towards the grants awarded and services offered by the Charity. Any additional amounts are transferred from the Charity to meet commitments.

The trustees who served during the year and up to the date of signature of the financial statements were:

W Davies

T Bromwich (Chairman)

S Ahmed

P Mourton

J C Watkinson

S Fisher

D Spooner

(Appointed 28 April 2023)

The governance of the previous funds was covered by the procedures in place through the QEHB charity. This Trust has effected claims insurance cover of £1m and will review its structures with the appropriate use of professionals. The two Trustees who are employees of QEHB have an annual appraisal and their involvement in the Charity is scrutinized as part of this process.

The Trustees are appointed by the Board of Trustees and serve for five years after which period they may put themselves forward for re-appointment. The Trust Deed provides for a minimum of three Trustees.

The Trustees meet regularly and during the period have continued to oversee the day to day operations of the Charity with administration support being provided on a temporary contract arrangement.

In January 2023 an interim CEO was appointed on a temporary contract to assist the Trustees with the strategic development of the charity in the medium to long term.

The interim CEO has been tasked with the following:

- working with social media agency to craft a clear and well thought out set of comms
- planning a programme of events for 2023/24 and packaging this up as a proposal to the trustees for approval.
- make contact with beneficiaries and grant recipients as well as medical professionals to craft a set of recommendations for how we should begin to allocate funds moving forward and have this approved with Trustees.

All Trustees give of their time freely and no Trustee remuneration was paid during the year. Details of Trustee expenses and related party transactions are disclosed in note 19 to the financial statements. Trustees are required to disclose all relevant interests at the start of all Trustees' meetings and in accordance with the Trust's policy withdraw from decisions where a conflict of interest arises.

The trustees' report was approved by the Board of Trustees.



W Davies

THE GET A-HEAD CHARITABLE TRUST

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2023

Trustee

Dated: 29 April 2024

THE GET A-HEAD CHARITABLE TRUST

STATEMENT OF TRUSTEES' RESPONSIBILITIES

FOR THE YEAR ENDED 30 JUNE 2023

The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the trust and of the incoming resources and application of resources of the trust for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping sufficient accounting records that disclose with reasonable accuracy at any time the financial position of the trust and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the trust and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

THE GET A-HEAD CHARITABLE TRUST

INDEPENDENT AUDITOR'S REPORT

TO THE TRUSTEES OF THE GET A-HEAD CHARITABLE TRUST

Opinion

We have audited the financial statements of The Get A-Head Charitable Trust (the 'trust') for the year ended 30 June 2023 which comprise the statement of financial activities, the balance sheet and notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charity's affairs as at 30 June 2023 and of its incoming resources and application of resources, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Charities Act 2011.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the *Auditor's responsibilities for the audit of the financial statements* section of our report. We are independent of the trust in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the trust's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters in relation to which the Charities (Accounts and Reports) Regulations 2008 require us to report to you if, in our opinion:

- the information given in the financial statements is inconsistent in any material respect with the trustees' report; or
- sufficient accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records; or
- we have not received all the information and explanations we require for our audit.

THE GET A-HEAD CHARITABLE TRUST

INDEPENDENT AUDITOR'S REPORT (CONTINUED)

TO THE TRUSTEES OF THE GET A-HEAD CHARITABLE TRUST

Responsibilities of trustees

As explained more fully in the statement of trustees' responsibilities, the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error. In preparing the financial statements, the trustees are responsible for assessing the trust's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

We have been appointed as auditor under section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud, is detailed below.

Approach to assessing the risks of misstatement due to irregularities, including fraud

We assess the risk of material misstatement in respect of fraud by discussing with management to understand where it considered there was susceptibility to fraud.

We obtained an understanding of the legal and regulatory frameworks that are applicable to the company and determined that the most significant reporting frameworks which are likely to affect the company include FRS 102, the Charities Act, Charities SORP (FRS 102), and the Companies Act 2006. In addition we determined that there were no significant laws and regulations which have a direct effect on the amounts and disclosures in the financial statements.

Audit response to risks identified

We considered the risk of fraud through management override on controls. We also considered how management bias may impact upon performance targets.

In response we performed audit work over the risk of management override of controls, including testing of journal entries and other adjustments for appropriateness, evaluating the business rationale of any significant transactions outside the normal course of business, reviewing accounting estimates for management bias.

Based on the results of our risk assessment we designed our audit procedures to identify non-compliance with such laws and regulations. Our procedures involved enquiries with management around actual and potential claims. Reviewing financial statement disclosures and testing to supporting documentation to assess compliance with applicable laws and regulations.

A further description of our responsibilities is available on the Financial Reporting Council's website at: <https://www.frc.org.uk/auditorsresponsibilities>. This description forms part of our auditor's report.

This report is made solely to the charity's trustees, as a body, in accordance with part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

THE GET A-HEAD CHARITABLE TRUST

INDEPENDENT AUDITOR'S REPORT (CONTINUED)

TO THE TRUSTEES OF THE GET A-HEAD CHARITABLE TRUST

Stephen Dunn
Senior Statutory Auditor on behalf of
Bache Brown & Co Limited

29 April 2024

Chartered Certified Accountants
Statutory Auditor

Swinford House
Albion Street
Brierley Hill
DY5 3EE

Bache Brown & Co Limited is eligible for appointment as auditor of the trust by virtue of its eligibility for appointment as auditor of a company under section 1212 of the Companies Act 2006.

THE GET A-HEAD CHARITABLE TRUST

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 30 JUNE 2023

	Notes	Unrestricted funds £	Restricted funds £	Total 2023 £	Total 2022 £
<u>Income and endowments from:</u>					
Donations and legacies	2	436,080	-	436,080	3,559,702
Other trading activities	3	19,538	-	19,538	-
Investments	4	30,322	-	30,322	9,878
Other income	5	-	-	-	28,180
Total income		485,940	-	485,940	3,597,760
<u>Expenditure on:</u>					
Raising funds	6	16,728	-	16,728	11,836
Charitable activities	7	44,832	82,661	127,493	97,828
Total resources expended		61,560	82,661	144,221	109,664
Net gains/(losses) on investments	12	(60,728)	-	(60,728)	(57,369)
Net movement in funds		363,652	(82,661)	280,991	3,430,727
Fund balances at 1 July		3,660,956	339,500	4,000,456	569,729
Fund balances at 30 June		4,024,608	256,839	4,281,447	4,000,456

The statement of financial activities includes all gains and losses recognised in the year.

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

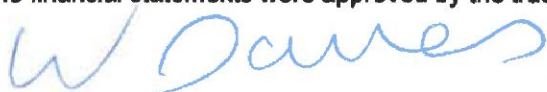
THE GET A-HEAD CHARITABLE TRUST

BALANCE SHEET

AS AT 30 JUNE 2023

	Notes	2023		2022	
		£	£	£	£
Fixed assets					
Investments	14		2,359,676		398,311
Current assets					
Debtors	16	24,769		2,489,587	
Cash at bank and in hand		2,006,923		1,232,090	
		<u>2,031,692</u>		<u>3,721,677</u>	
Creditors: amounts falling due within one year	17	109,921		69,532	
Net current assets			<u>1,921,771</u>		<u>3,652,145</u>
Total assets less current liabilities			<u>4,281,447</u>		<u>4,050,456</u>
Creditors: amounts falling due after more than one year	18		-		(50,000)
Net assets			<u><u>4,281,447</u></u>		<u><u>4,000,456</u></u>
The funds of the trust					
Restricted income funds	19	256,839		339,500	
Unrestricted funds		4,024,608		3,660,956	
		<u>4,281,447</u>		<u>4,000,456</u>	

The financial statements were approved by the trustees on 29 April 2024



W Davies
Trustee

THE GET A-HEAD CHARITABLE TRUST

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 30 JUNE 2023

1 Accounting policies

Charity information

The Get A-Head Charitable Trust is an unincorporated trust, constituted under a Trust Deed dated 16 February 2007.

1.1 Accounting convention

The accounts have been prepared in accordance with the trust's trust deed, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016). The trust is a Public Benefit Entity as defined by FRS 102.

The trust has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the trust. Monetary amounts in these financial statements are rounded to the nearest £.

The accounts have been prepared under the historical cost convention, modified to include the revaluation of certain financial instruments at fair value. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the accounts, the trustees have a reasonable expectation that the trust has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the accounts.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Where there is a legal restriction on the purpose to which a fund may be put, the fund is classified as either an endowment fund, where the donor has expressly provided that only the income of the fund may be applied, or as a restricted income fund, where the donor has provided the donation to be spent in furtherance of a specified charitable purpose. The Charity has restricted income funds but no endowment funds.

Unrestricted income funds comprise those funds which the Trustees are free to use for any purpose in furtherance of the charitable objects. Unrestricted funds include designated funds where the Trustees, at their discretion, have created a fund for a specific purpose.

Transfers may arise where there is a release of restricted funds to unrestricted funds, where overall expenditure is in excess of the balance of the restricted fund or where charges are made from the unrestricted funds to other funds.

1.4 Income

Income is recognised when the trust is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the trust has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

THE GET A-HEAD CHARITABLE TRUST

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2023

1 Accounting policies

(Continued)

1.5 Expenditure

Liabilities are recognised as resources expended as soon as there is a legal or constructive obligation committing the Charity to the expenditure. All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category.

Grants are accounted for when either the recipient has a reasonable expectation that they will receive a grant and the Trustees have agreed to pay the grant without condition, or the recipient has a reasonable expectation that they will receive a grant and any condition attaching to the grant is outside of the control of the Trust.

Provisions are included for grants payable where approval has been given by the Trustees.

These are all costs attributable to generating income for the Charity, other than income arising from charitable activities, and represent fundraising costs.

The costs of Charitable Activities primarily comprise grants made.

Governance costs comprise all costs identifiable as wholly or mainly attributable to ensuring the public accountability of the Charity and its compliance with regulation and good practice. These costs include legal fees together with overhead and support costs.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures, fittings & equipment	straight line over 3 years
Computers	straight line over 3 years

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Fixed asset investments

Fixed asset investments are initially measured at transaction price excluding transaction costs, and are subsequently measured at fair value at each reporting date. Changes in fair value are recognised in net income/(expenditure) for the year. Transaction costs are expensed as incurred.

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

THE GET A-HEAD CHARITABLE TRUST

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2023

1 Accounting policies

(Continued)

1.9 Financial instruments

The trust has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the trust's balance sheet when the trust becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the trust's contractual obligations expire or are discharged or cancelled.

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the trust is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.11 Contingent liabilities and provisions

In accordance with the SORP, a contingent liability is disclosed for those grants, which do not represent liabilities, where the possible obligation, which arises from past events, will only be confirmed by the occurrence of one or more uncertain future events not wholly within the Trustees' control. Provisions are recognised for those grants where there is uncertainty as to the timing or amount, and any uncertainty regarding the amount is more than one of determining a basis for reasonable estimation of the liability arising from the constructive obligation.

1.12 Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a sort maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

THE GET A-HEAD CHARITABLE TRUST

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2023

1 Accounting policies

(Continued)

1.13 Debtors

Other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid after taking accounts of any trade discounts due.

2 Income from donations and legacies

	Unrestricted funds 2023 £	Unrestricted funds 2022 £
Donations and gifts	61,080	87,035
Legacies receivable	375,000	3,470,000
Grants receivable for core activities	-	2,667
	<u>436,080</u>	<u>3,559,702</u>

3 Income from other trading activities

	Unrestricted funds 2023 £	Unrestricted funds 2022 £
Fundraising events	19,538	-

4 Income from investments

	Unrestricted funds 2023 £	Unrestricted funds 2022 £
Income from listed investments	22,093	9,365
Interest receivable	8,229	513
	<u>30,322</u>	<u>9,878</u>

5 Other income

	Unrestricted funds 2023 £	Unrestricted funds 2022 £
Refund of redundancy provision	-	28,180

THE GET A-HEAD CHARITABLE TRUST

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2023

6 Expenditure on raising funds

	Unrestricted funds 2023 £	Unrestricted funds 2022 £
Fundraising and publicity		
Other fundraising costs	16,728	11,836

7 Expenditure on charitable activities

	2023 £	2022 £
Direct costs		
Staff costs	61,329	5,949
Grant funding of activities (see note 8)	29,157	34,500
Share of support and governance costs (see note 9)		
Support	29,128	38,372
Governance	7,879	19,007
	<u>127,493</u>	<u>97,828</u>
Analysis by fund		
Unrestricted funds	44,832	97,828
Restricted funds	82,661	-
	<u>127,493</u>	<u>97,828</u>

8 Grants payable

Research	-	34,500
Equipment	84,161	-
Provision of services to patients	1,500	-
Release of grants no longer required	(55,004)	-
	<u>29,157</u>	<u>34,500</u>

A total of 2 grants were granted during the year both of which were to institutions.

THE GET A-HEAD CHARITABLE TRUST

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2023

9 Support costs	Support costs	Governance costs	2023	2022
	£	£	£	£
Insurance	-	-	-	1,221
Postage & Stationery	-	-	-	13
Marketing and administration support	9,518	-	9,518	14,400
Consultancy	-	-	-	4,537
Rent	12,500	-	12,500	13,750
Travelling expenses	1,811	-	1,811	-
Telecommunications	-	-	-	980
Computer costs	3,495	-	3,495	535
Premises expenses	1,775	-	1,775	2,217
Sundries	29	-	29	719
Audit fees	-	4,000	4,000	3,900
Legal and professional	-	3,879	3,879	15,107
	<u>29,128</u>	<u>7,879</u>	<u>37,007</u>	<u>57,379</u>
Analysed between :				
Charitable activities	<u>29,128</u>	<u>7,879</u>	<u>37,007</u>	<u>57,379</u>

10 Trustees

None of the trustees (or any persons connected with them) received any remuneration during the year.

11 Employees

The average monthly number of employees during the year was:

	2023	2022
	Number	Number
Administration	<u>1</u>	<u>1</u>
Employment costs	2023	2022
	£	£
Wages and salaries	<u>61,329</u>	<u>5,849</u>

There were no employees whose annual remuneration was more than £60,000.

Remuneration of key management personnel

Key management personnel is considered to be the Interim Chief Executive Officer. Fees paid during the year amounted to £57,960.

THE GET A-HEAD CHARITABLE TRUST

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2023

12 Gains and losses on investments

	Unrestricted funds 2023 £	Unrestricted funds 2022 £
Gains/(losses) arising on:		
Revaluation of investments	(60,728)	(57,369)

13 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

14 Fixed asset investments

	Listed Investments £
Valuation	
At 1 July 2022	398,311
Additions	2,000,000
Valuation changes	(60,728)
Income reinvested	22,093
At 30 June 2023	2,359,676
Carrying amount	
At 30 June 2023	2,359,676
At 30 June 2022	398,311

15 Financial instruments

	2023 £	2022 £
Carrying amount of financial assets		
Measured at amortised cost	21,269	2,486,087
Equity instruments measured at fair value	2,359,676	398,311
Carrying amount of financial liabilities		
Measured at amortised cost	109,420	119,420

THE GET A-HEAD CHARITABLE TRUST

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2023

16 Debtors		
	2023	2022
Amounts falling due within one year:	£	£
Other debtors	21,269	2,486,087
Prepayments and accrued income	3,500	3,500
	<u>24,769</u>	<u>2,489,587</u>

17 Creditors: amounts falling due within one year		
	2023	2022
	£	£
Other taxation and social security	501	112
Other creditors	105,420	65,520
Accruals and deferred income	4,000	3,900
	<u>109,921</u>	<u>69,532</u>

Other creditors include grants payable of £92,310 (2022 £105,480)

18 Creditors: amounts falling due after more than one year		
	2023	2022
	£	£
Other creditors	-	50,000

Other creditors represent grants payable.

19 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	At 1 July 2022	Resources expended	At 30 June 2023
	£	£	£
a - Charitable foundations	19,552	-	19,552
b - Fundraising events	3,981	-	3,981
c - ACC	309,832	(82,661)	227,171
d - MTC	6,135	-	6,135
	<u>339,500</u>	<u>(82,661)</u>	<u>256,839</u>

THE GET A-HEAD CHARITABLE TRUST

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2023

19 Restricted funds (Continued)

Previous year:	At 1 July 2021	Resources expended	At 30 June 2022
	£	£	£
a - Charitable foundations	19,552	-	19,552
b - Fundraising events	3,981	-	3,981
c - ACC	309,832	-	309,832
d - MTC	6,135	-	6,135
	<u>339,500</u>	<u>-</u>	<u>339,500</u>

a) The donations received from charitable foundations are available to cover the cost of complementary therapy. This is funded through a 3 year grant with UHB Charities and the funds will be put towards the cost of the grant.

b) The restricted funds raised at fundraising events are raised to purchase specific capital equipment

c) The restricted funds have been raised to cover the cost of research into Adenoid Cystic Carcinoma.

d) The restricted funds have been raised to cover the cost of research into Medullary Thyroid Cancer.

20 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 July 2022	Incoming resources	Resources expended	Gains and losses	At 30 June 2023
	£	£	£	£	£
General funds	3,660,956	485,940	(61,560)	(60,728)	4,024,608
	<u>3,660,956</u>	<u>485,940</u>	<u>(61,560)</u>	<u>(60,728)</u>	<u>4,024,608</u>
Previous year:	At 1 July 2021	Incoming resources	Resources expended	Gains and losses	At 30 June 2022
	£	£	£	£	£
General funds	230,229	3,597,760	(109,664)	(57,369)	3,660,956
	<u>230,229</u>	<u>3,597,760</u>	<u>(109,664)</u>	<u>(57,369)</u>	<u>3,660,956</u>

THE GET A-HEAD CHARITABLE TRUST

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2023

21 Analysis of net assets between funds

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
Fund balances at 30 June 2023 are represented by:			
Investments	2,102,837	256,839	2,359,676
Current assets/(liabilities)	1,921,771	-	1,921,771
	<u>4,024,608</u>	<u>256,839</u>	<u>4,281,447</u>

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £
Fund balances at 30 June 2022 are represented by:			
Investments	58,811	339,500	398,311
Current assets/(liabilities)	3,652,145	-	3,652,145
Long term liabilities	(50,000)	-	(50,000)
	<u>3,660,956</u>	<u>339,500</u>	<u>4,000,456</u>

22 Related party transactions

Transactions with related parties

During the year the trust entered into the following transactions with related parties:

The Trustees received no emoluments or expenses in the period.

Fees of £334(2022 £302) were paid during the year to CK Chartered Accountants for payroll services. Wendy Davies, a trustee of the charity is a partner in CK Chartered Accountants.

Except for the above none of the Trustees have undertaken any transaction with the Get A-Head Charitable Trust or received any benefit from the Charity in payment or in kind.

The Trustees have purchased Trustee Indemnity Insurance.

THE GET A HEAD CHARITABLE TRUST

England & Wales - Charity number 1118326

Accounts

Charity registration number 1118326

THE GET A-HEAD CHARITABLE TRUST
ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2022

THE GET A-HEAD CHARITABLE TRUST

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees

W Davies
T Bromwich (Chairman)
S Ahmed
P Mourton
J C Watkinson
S Fisher

Charity number

1118326

Principal address

Head and Neck Office
Room 23F - 4th Floor
Nuffield House, Queen Elizabeth Hospital
Edgbaston
B15 2TH

Auditor

Bache Brown & Co Limited
Swinford House
Albion Street
Brierley Hill
DY5 3EE

THE GET A-HEAD CHARITABLE TRUST

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THE GET A-HEAD CHARITABLE TRUST

TRUSTEES' REPORT

FOR THE YEAR ENDED 30 JUNE 2022

The Trustees of the Get A-Head Charitable Trust are pleased to present their annual report together with the financial statements of the Charity for the period ended 30 June 2022.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the trust's [governing document], the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

The trust's objects are:

- To promote the relief of pain, suffering and distress, both mental and physical, caused by, relating to or connected with any disease, trauma or any other condition adversely affecting the head or neck; and
- To advance education into the causes and treatment of any disease, trauma or condition adversely affecting the head or neck through the promotion of research and through such other means as the Trustees of the Charity shall think fit.

The Trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the Trust's aims and objectives and in planning future activities and setting the grant making policy for the year.

The Charity carries out these objectives by making a number of different types of grants that fall into four categories:

1. Large and small research projects
2. Educational grants
3. Equipment grants
4. Provision of services to patients ie, complementary therapy

The Trust deed gives the Trustees the power to apply the funds in such a manner as they think fit to further the Charity's objects.

The aims of the Trust are to support adults and children with head and neck diseases, but especially those with cancer.

There has been no change in these objectives during the year.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the trust should undertake.

THE GET A-HEAD CHARITABLE TRUST

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2022

Grant making policy

The Charity has established its grant making policy to achieve its objects for the public benefit to improve the lives of sufferers with head and neck diseases now, and to seek a permanent cure in the future for these diseases, especially cancer.

The beneficiaries of our grant making programme are ultimately sufferers of head and neck diseases, especially cancer sufferers and those at risk of developing these diseases in the future. Our grants fund researchers and healthcare professionals who use these funds in their work to improve the lives of sufferers of head and neck diseases by developing therapies, potential medications and improvements in the personal care of the sufferer. Any benefit received by researchers and healthcare professionals is purely incidental to the objects of our work.

The funds are allocated after the Charity has been approached through a structured application process and the Trustees consider the merits of each type of project at least twice a year. The Trustees may consider applications of up to £5,000 independently of their formal meetings.

The Charity invites applications for research grants, with eligibility being restricted to those having an expertise in the field in order to ensure high quality results. Most grants are reviewed in house by the medical trustees. Where there is a conflict of interest or the application is for £50,000 or more, the application is sent for external peer review by a relevant expert, to provide additional assurance that the research project is technically sound, will provide value for money and is of ultimate benefit to the sufferers of head and neck diseases. Research posts are normally funded on an annual basis to undertake an agreed programme of research. A further application may be made at the end of this period if additional funding is not forthcoming from other areas. In all cases, continuation of funding is subject to the research undertaken being in the interests of the Charity and a progress assessment that is satisfactory.

Whilst the Charity is principally based in the West Midlands, it is a national charity where the Trustees receive and consider applications for grants from anywhere in the United Kingdom.

Achievements and performance

Charitable activities

We have continued to provide the Grant to fund the continuation of a PhD Research Project for one year at the **Institute of Cancer Research** entitled Immunoprofiling & Immunotherapy in Thyroid Cancer, that aims to examine the location, density and functional orientation of the different immune cell populations, and profile of immune cytokine expression (often termed the 'immune contexture') in large annotated collection of thyroid cancer. They anticipate that with identification of the key immune factors in thyroid cancer will allow them to develop a novel prognostic 'Immunoscore' tool that will help identify high-risk patients needing adjuvant treatment and predict treatment response to targeted therapy.

We have also continued funding for a Grant to fund the salary for the continuation of a PhD Research Project for one year at the **University of Birmingham** that aims to understand why up to 30% of thyroid cancers recur. Currently, the central mechanisms of thyroid tumour recurrence are ill-defined, and whilst next generation sequencing (NGS) is now revealing the genetic drivers of thyroid tumour initiation, no insight has yet been gained into mechanisms of recurrence. The researchers' hypothesis is that tumours showing early recurrence contain different genetic alterations than tumours not demonstrating early recurrence, thereby describing for the first time the genetic events involved in thyroid tumour persistence and recurrence. Overall, their objectives are to complete the first full NGS appraisal of recurrent thyroid cancers, seeking to identify new biomarkers which predict early tumour recurrence, and to perform initial cell biological investigations into their function. The project will be carried out in a well-defined patient cohort; this will involve phenotyping studies encompassing genomics and bioinformatics. The aim will be improved personalised medicine to facilitate accurate prognosis and treatment of patients, which is key to the aims of the Get A-Head Charity.

THE GET A-HEAD CHARITABLE TRUST

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2022

We are also continuing to fund the research project at the **University of Sheffield, School of Dentistry** to support the cost of laboratory consumables for the PhD research project entitled: *Hitching a ride: Are vault RNAs selectively loaded into head and neck cancer derived extracellular vesicles?*

Extracellular Vesicles (EVs) are tiny bubble-like structures released by cancer cells that are taken up by normal cells that surround the tumour. EVs contain molecular messages that cause normal cells to change their behaviour to support the tumour. Their data shows that EVs released by head and neck cancer cells contain molecules that cause resistance to chemotherapy and also promote the spread of cancer. During the current project they will test how these molecules are packaged into EVs, the effect they have on recipient normal cells, and if EVs could be new therapeutic targets to improve the treatment of future patients.

EVs will be isolated from cancer cells grown in the laboratory. They will measure their size and concentration using specialist equipment at The University of Sheffield. EV contents will be purified and analysed to identify the molecular messages inside. They will then disrupt these messages by a technique called 'gene editing' and see if this changes how EVs signal to normal cells surrounding the tumour. The financial support from Get A-Head will pay for access to specialist equipment and also for chemicals that are essential for the research.

This support will enable Anita (Xinming) Liu, a new student who has just joined the School of Clinical Dentistry, to carry out state-of-the-art research during her PhD studies. Anita will be supervised by Dr Stuart Hunt and Dr Daniel Lambert. This project will complement the research activities of Dr Hunt and Dr Lambert, whose research focuses on understanding how head and neck cancers grow and spread.

We continue to provide grant funding to **University of Hull** for a project entitled 'Evaluating Extracellular Vesicles as a Therapeutic Target in Graves' Disease'. The project aims to identify factors which might be involved in the inflammatory response associated with Graves' disease and associated ophthalmopathy and whether these factors can be targeted to develop new lines of treatment, as the current treatment with anti-thyroidal drugs treats the effect rather than the cause and has a very high relapse rate. The development of more effective drugs to treat thyroid disease would inevitably benefit both the patient and the NHS by improving quality of life and reducing the treatment costs associated with managing the disease.

We also provided support for an unfunded 12 month advanced anterior skull base fellowship at Vancouver General Hospital and PhD by Publication to be registered at University of Birmingham investigating skull base reconstruction.

We approved the following research grant during the year:

- a multicentre prospective study investigating the utility of ctDNA as a biomarker of tumour burden, heterogeneity and evolution and treatment resistance in Advanced Thyroid Cancer. This research is being carried out by Professor Dae Kim at the Royal Marsden Hospital in London.

The Charity continues to hold two restricted funds within their accounts for targeted fundraising. These funds are for Thyroid Cancer and Salivary Gland Cancers (including Adenoid Cystic Carcinoma).

Fundraising

The Charity relies on donations from the public and corporate sponsors and on monies raised at fund raising events during the year. Fund raising events have not returned to pre Covid 19 levels and we again had to take the decision not to hold the Get Ahead Ball. Our main fundraising event during the period was a charity clay shoot in June 22 which raised funds of £23k including a £20k contribution from our main corporate sponsor. This event was a huge success and will be held again in June 23.

Financial review

The Statement of Financial Activities shows a gross income of £3,597,760 which includes the substantial legacy payment that was settled in the previous period. Expenditure for the period amounted to £109,664. The net surplus for the year amounted to £3,430,727.

THE GET A-HEAD CHARITABLE TRUST

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2022

The Trustees aim is to maintain free reserves in unrestricted funds at a level which equates to 12 months unrestricted charitable expenditure. The Trustees consider that this level will provide sufficient funds to respond to applications for grants and ensure that there are sufficient funds to cover support and governance costs.

All restricted funds are restricted income funds where the donor has provided the donation to be spent in furtherance of a specified charitable purpose. The two main funds, MTC and ACC are explained in Achievements and Performance of the Trust above and the intention is that grants will be awarded against these Funds over the next couple of years. These will follow the normal grant approval process with the extent of the grants being governed by the level of reserves.

The trustees has assessed the major risks to which the trust is exposed, and are satisfied that systems and internal financial controls are in place to mitigate exposure to the major risks.

Structure, governance and management

The Trust is an unincorporated trust, constituted under a Trust Deed dated 16 February 2007 and is a registered charity, number 1118326, registered with the Charity Commission of England and Wales with effect from 12 March 2007.

Prior to its registration Get A-Head ('the Charity') was part of the University Hospital Birmingham Charities group of charities, now Queen Elizabeth Hospital Birmingham Charity ('QEHB'). Mr John Watkinson and Mr Adrian Drake-Lee set it up in 1994 with the specific intention of supporting and developing the understanding and management of patients with head and neck cancer and other serious diseases of the head and neck.

Since its registration the Charity is run fully independently of QEHB. Small amounts of income are still received into a fund maintained with QEHB. These funds are retained for the benefit of the Charity and are used to contribute towards the grants awarded and services offered by the Charity. Any additional amounts are transferred from the Charity to meet commitments.

The trustees who served during the year and up to the date of signature of the financial statements were:

W Davies

T Bromwich (Chairman)

S Ahmed

P Mourton

J C Watkinson

S Fisher

The governance of the previous funds was covered by the procedures in place through the QEHB charity. This Trust has effected claims insurance cover of £1m and will review its structures with the appropriate use of professionals. The two Trustees who are employees of QEHB have an annual appraisal and their involvement in the Charity is scrutinized as part of this process.

The Trustees are appointed by the Board of Trustees and serve for five years after which period they may put themselves forward for re-appointment. The Trust Deed provides for a minimum of three Trustees.

THE GET A-HEAD CHARITABLE TRUST

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2022

The Trustees meet regularly and during the period have continued to oversee the day to day operations of the Charity with administration support being provided on a temporary contract arrangement.

In January 2023 an interim CEO was appointed on a temporary contract to assist the Trustees with the strategic development of the charity in the medium to long term.

The interim CEO has been tasked with the following:

- working with social media agency to craft a clear and well thought out set of comms
- planning a programme of events for 2023/24 and packaging this up as a proposal to the trustees for approval.
- make contact with beneficiaries and grant recipients as well as medical professionals to craft a set of recommendations for how we should begin to allocate funds moving forward and have this approved with Trustees.

All Trustees give of their time freely and no Trustee remuneration was paid during the year. Details of Trustee expenses and related party transactions are disclosed in note 19 to the financial statements. Trustees are required to disclose all relevant interests at the start of all Trustees' meetings and in accordance with the Trust's policy withdraw from decisions where a conflict of interest arises.

Statement of trustees' responsibilities

The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the trust and of the incoming resources and application of resources of the trust for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping sufficient accounting records that disclose with reasonable accuracy at any time the financial position of the trust and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the trust and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees' report was approved by the Board of Trustees.



W Davles
Trustee

Dated: 27 April 2023



T Bromwich (Chairman)
Trustee

Dated: 27 April 2023

THE GET A-HEAD CHARITABLE TRUST

INDEPENDENT AUDITOR'S REPORT

TO THE TRUSTEES OF THE GET A-HEAD CHARITABLE TRUST

Opinion

We have audited the financial statements of The Get A-Head Charitable Trust (the 'trust') for the year ended 30 June 2022 which comprise the statement of financial activities, the balance sheet and notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charity's affairs as at 30 June 2022 and of its incoming resources and application of resources, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Charities Act 2011.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the *Auditor's responsibilities for the audit of the financial statements* section of our report. We are independent of the trust in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the trust's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters in relation to which the Charities (Accounts and Reports) Regulations 2008 require us to report to you if, in our opinion:

- the information given in the financial statements is inconsistent in any material respect with the trustees' report; or
- sufficient accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records; or
- we have not received all the information and explanations we require for our audit.

THE GET A-HEAD CHARITABLE TRUST

INDEPENDENT AUDITOR'S REPORT (CONTINUED)

TO THE TRUSTEES OF THE GET A-HEAD CHARITABLE TRUST

Responsibilities of trustees

As explained more fully in the statement of trustees' responsibilities, the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error. In preparing the financial statements, the trustees are responsible for assessing the trust's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

We have been appointed as auditor under section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud, is detailed below.

Approach to assessing the risks of misstatement due to irregularities, including fraud

We assess the risk of material misstatement in respect of fraud by discussing with management to understand where it considered there was susceptibility to fraud.

We obtained an understanding of the legal and regulatory frameworks that are applicable to the company and determined that the most significant reporting frameworks which are likely to affect the company include FRS 102, the Charities Act, Charities SORP (FRS 102), and the Companies Act 2006. In addition we determined that there were no significant laws and regulations which have a direct effect on the amounts and disclosures in the financial statements.

Audit response to risks identified

We considered the risk of fraud through management override on controls. We also considered how management bias may impact upon performance targets.

In response we performed audit work over the risk of management override of controls, including testing of journal entries and other adjustments for appropriateness, evaluating the business rationale of any significant transactions outside the normal course of business, reviewing accounting estimates for management bias.


Based on the results of our risk assessment we designed our audit procedures to identify non-compliance with such laws and regulations. Our procedures involved enquiries with management around actual and potential claims. Reviewing financial statement disclosures and testing to supporting documentation to assess compliance with applicable laws and regulations.

A further description of our responsibilities is available on the Financial Reporting Council's website at: <https://www.frc.org.uk/auditorsresponsibilities>. This description forms part of our auditor's report.

THE GET A-HEAD CHARITABLE TRUST

INDEPENDENT AUDITOR'S REPORT (CONTINUED)

TO THE TRUSTEES OF THE GET A-HEAD CHARITABLE TRUST


Stephen Dunn
Senior Statutory Auditor on behalf of
Bache Brown & Co Limited

27 April 2023

Chartered Certified Accountants
Statutory Auditor

Swinford House
Albion Street
Brierley Hill
DY5 3EE

Bache Brown & Co Limited is eligible for appointment as auditor of the trust by virtue of its eligibility for appointment as auditor of a company under section 1212 of the Companies Act 2006.

THE GET A-HEAD CHARITABLE TRUST

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 30 JUNE 2022

	Notes	Unrestricted funds £	Restricted funds £	Total 2022 £	Total 2021 £
<u>Income and endowments from:</u>					
Donations and legacies	2	3,559,702	-	3,559,702	194,838
Investments	3	9,878	-	9,878	10,064
Other income	4	28,180	-	28,180	-
Total income		3,597,760	-	3,597,760	204,902
<u>Expenditure on:</u>					
Raising funds	5	11,836	-	11,836	40,323
Charitable activities	6	97,828	-	97,828	137,025
Total resources expended		109,664	-	109,664	177,348
Net gains/(losses) on investments	11	(57,369)	-	(57,369)	113,842
Net movement in funds		3,430,727	-	3,430,727	141,396
Fund balances at 1 April		230,229	339,500	569,729	428,333
Fund balances at 30 June		3,660,956	339,500	4,000,456	569,729

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

THE GET A-HEAD CHARITABLE TRUST

BALANCE SHEET

AS AT 30 JUNE 2022

	Notes	2022		2021	
		£	£	£	£
Fixed assets					
Investments	13		398,311		446,315
Current assets					
Debtors	16	2,489,587		15,481	
Cash at bank and in hand		1,232,090		300,430	
		<u>3,721,677</u>		<u>315,911</u>	
Creditors: amounts falling due within one year	16	(69,532)		(142,497)	
Net current assets			<u>3,652,145</u>		<u>173,414</u>
Total assets less current liabilities			<u>4,050,456</u>		<u>619,729</u>
Creditors: amounts falling due after more than one year	17		(50,000)		(50,000)
Net assets			<u><u>4,000,456</u></u>		<u><u>569,729</u></u>
Income funds					
Restricted funds	18		339,500		339,500
Unrestricted funds			3,660,956		230,229
			<u>4,000,456</u>		<u>569,729</u>

The financial statements were approved by the Trustees on 27 April 2023



W Davies
Trustee



T Bromwich (Chairman)
Trustee

THE GET A-HEAD CHARITABLE TRUST

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 30 JUNE 2022

1 Accounting policies

Charity information

The Get A-Head Charitable Trust is an unincorporated trust, constituted under a Trust Deed dated 16 February 2007.

1.1 Accounting convention

The accounts have been prepared in accordance with the trust's trust deed, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016). The trust is a Public Benefit Entity as defined by FRS 102.

The trust has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the trust. Monetary amounts in these financial statements are rounded to the nearest £.

The accounts have been prepared under the historical cost convention, modified to include the revaluation of certain financial instruments at fair value. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the accounts, the trustees have a reasonable expectation that the trust has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the accounts.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Where there is a legal restriction on the purpose to which a fund may be put, the fund is classified as either an endowment fund, where the donor has expressly provided that only the income of the fund may be applied, or as a restricted income fund, where the donor has provided the donation to be spent in furtherance of a specified charitable purpose. The Charity has restricted income funds but no endowment funds.

Unrestricted income funds comprise those funds which the Trustees are free to use for any purpose in furtherance of the charitable objects. Unrestricted funds include designated funds where the Trustees, at their discretion, have created a fund for a specific purpose.

Transfers may arise where there is a release of restricted funds to unrestricted funds, where overall expenditure is in excess of the balance of the restricted fund or where charges are made from the unrestricted funds to other funds.

1.4 Income

Income is recognised when the trust is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the trust has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

THE GET A-HEAD CHARITABLE TRUST

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2022

1 Accounting policies

(Continued)

1.5 Expenditure

Liabilities are recognised as resources expended as soon as there is a legal or constructive obligation committing the Charity to the expenditure. All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category.

Grants are accounted for when either the recipient has a reasonable expectation that they will receive a grant and the Trustees have agreed to pay the grant without condition, or the recipient has a reasonable expectation that they will receive a grant and any condition attaching to the grant is outside of the control of the Trust.

Provisions are included for grants payable where approval has been given by the Trustees.

These are all costs attributable to generating income for the Charity, other than income arising from charitable activities, and represent fundraising costs.

The costs of Charitable Activities primarily comprise grants made.

Governance costs comprise all costs identifiable as wholly or mainly attributable to ensuring the public accountability of the Charity and its compliance with regulation and good practice. These costs include legal fees together with overhead and support costs.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures, fittings & equipment	straight line over 3 years
Computers	straight line over 3 years

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Fixed asset investments

Fixed asset investments are initially measured at transaction price excluding transaction costs, and are subsequently measured at fair value at each reporting date. Changes in fair value are recognised in net income/(expenditure) for the year. Transaction costs are expensed as incurred.

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

THE GET A-HEAD CHARITABLE TRUST

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2022

1 Accounting policies

(Continued)

1.9 Financial instruments

The trust has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the trust's balance sheet when the trust becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the trust's contractual obligations expire or are discharged or cancelled.

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the trust is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.11 Contingent liabilities and provisions

In accordance with the SORP, a contingent liability is disclosed for those grants, which do not represent liabilities, where the possible obligation, which arises from past events, will only be confirmed by the occurrence of one or more uncertain future events not wholly within the Trustees' control. Provisions are recognised for those grants where there is uncertainty as to the timing or amount, and any uncertainty regarding the amount is more than one of determining a basis for reasonable estimation of the liability arising from the constructive obligation.

1.12 Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a sort maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

THE GET A-HEAD CHARITABLE TRUST

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2022

1 Accounting policies (Continued)

1.13 Debtors

Other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid after taking accounts of any trade discounts due.

2 Donations and legacies

	Unrestricted funds	Unrestricted funds
	2022	2021
	£	£
Donations and gifts	87,035	79,330
Legacies receivable	3,470,000	99,077
Grants receivable for core activities	2,667	16,431
	<u>3,559,702</u>	<u>194,838</u>

3 Investments

	Unrestricted funds	Unrestricted funds
	2022	2021
	£	£
Income from listed investments	9,365	8,812
Interest receivable	513	1,252
	<u>9,878</u>	<u>10,064</u>

4 Other income

	Unrestricted funds	Total
	2022	2021
	£	£
Refund of redundancy provision	<u>28,180</u>	<u>-</u>

THE GET A-HEAD CHARITABLE TRUST

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2022

5 Raising funds

	Unrestricted funds	Unrestricted funds
	2022	2021
	£	£
<u>Fundraising and publicity</u>		
Other fundraising costs	11,836	4,414
Staff costs	-	35,909
	<u>11,836</u>	<u>40,323</u>
Fundraising and publicity	<u>11,836</u>	<u>40,323</u>

6 Charitable activities

	2022	2022	Total 2022	2021
	£	£	£	£
Staff costs	-	5,949	5,949	-
Grant funding of activities (see note 7)	34,500	-	34,500	64,546
Share of support costs (see note 8)	38,372	-	38,372	14,398
Share of governance costs (see note 8)	19,007	-	19,007	58,081
	<u>91,879</u>	<u>5,949</u>	<u>97,828</u>	<u>137,025</u>

7 Grants payable

	2022	2021
	£	£
Grants to institutions:		
Research	34,500	31,499
Education	-	5,100
Charity administrator	-	25,947
Provision of services to patients	-	2,000
	<u>34,500</u>	<u>64,546</u>

A total of 1 grants were granted during the year of which 1 were to institutions and 0 to individuals

THE GET A-HEAD CHARITABLE TRUST

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2022

8 Support costs

	Support costs	Governance costs	2022	2021
	£	£	£	£
Staff costs	-	-	-	6,347
Insurance	1,221	-	1,221	2,091
Postage & Stationery	13	-	13	16
Marketing and administration support	14,400	-	14,400	-
Consultancy	4,537	-	4,537	-
Rent	13,750	-	13,750	10,000
Travelling expenses	-	-	-	70
Telecommunications	980	-	980	831
Computer costs	535	-	535	353
Premises expenses	2,217	-	2,217	466
Sundries	719	-	719	571
Audit fees	-	3,900	3,900	-
Legal and professional	-	15,107	15,107	51,734
	<u>38,372</u>	<u>19,007</u>	<u>57,379</u>	<u>72,479</u>
Analysed between :				
Charitable activities	<u>38,372</u>	<u>19,007</u>	<u>57,379</u>	<u>72,479</u>

9 Trustees

None of the trustees (or any persons connected with them) received any remuneration during the year.

10 Employees

The average monthly number of employees during the year was:

	2022	2021
	Number	Number
Administration	<u>1</u>	<u>1</u>
Employment costs		
	2022	2021
	£	£
Wages and salaries	<u>5,949</u>	<u>42,256</u>

There were no employees whose annual remuneration was more than £60,000.

THE GET A-HEAD CHARITABLE TRUST

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2022

11 Net gains/(losses) on investments

	Unrestricted funds	Unrestricted funds
	2022	2021
	£	£
Revaluation of investments	(57,369)	113,842

12 Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

13 Fixed asset investments

	Listed investments £
Valuation	
At 1 April 2021	446,315
Valuation changes	(57,369)
Income reinvested	9,365
At 30 June 2022	398,311
Carrying amount	
At 30 June 2022	398,311
At 31 March 2021	446,315

14 Financial instruments

	2022	2021
	£	£
Carrying amount of financial assets		
Measured at amortised cost		
Equity instruments measured at fair value	2,486,087	2,481
	398,311	446,315
Carrying amount of financial liabilities		
Measured at amortised cost	119,420	192,497

THE GET A-HEAD CHARITABLE TRUST

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 30 JUNE 2022

15 Debtors		
Amounts falling due within one year:	2022	2021
	£	£
Other debtors	2,486,087	2,481
Prepayments and accrued income	3,500	13,000
	<u>2,489,587</u>	<u>15,481</u>

16 Creditors: amounts falling due within one year	2022	2021
	£	£
Other taxation and social security	112	-
Other creditors	65,520	140,697
Accruals and deferred income	3,900	1,800
	<u>69,532</u>	<u>142,497</u>

Other creditors include grants payable of £55,480 (2021 - £117,949)

17 Creditors: amounts falling due after more than one year	2022	2021
	£	£
Other creditors	50,000	50,000
	<u>50,000</u>	<u>50,000</u>

Other creditors represent grants payable.

THE GET A-HEAD CHARITABLE TRUST

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2022

18 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Movement in funds		Movement in funds		Balance at 30 June 2022 £
	Balance at 1 April 2020 £	Incoming resources £	Balance at 1 April 2021 £	Incoming resources £	
a - Charitable foundations	19,552	-	19,552	-	19,552
b - Fundraising events	3,981	-	3,981	-	3,981
c - ACC	309,832	-	309,832	-	309,832
d - MTC	6,135	-	6,135	-	6,135
	<u>339,500</u>	<u>-</u>	<u>339,500</u>	<u>-</u>	<u>339,500</u>

a) The donations received from charitable foundations are available to cover the cost of complementary therapy. This is funded through a 3 year grant with UHB Charities and the funds will be put towards the cost of the grant.

b) The restricted funds raised at fundraising events are raised to purchase specific capital equipment

c) The restricted funds have been raised to cover the cost of research into Adenoid Cystic Carcinoma.

d) The restricted funds have been raised to cover the cost of research into Medullary Thyroid Cancer.

19 Analysis of net assets between funds

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total Unrestricted funds 2022 £	Total Restricted funds 2021 £	Total 2021 £
Fund balances at 30 June 2022 are represented by:					
Investments	58,811	339,500	398,311	106,815	446,315
Current assets/(liabilities)	3,652,145	-	3,652,145	173,414	173,414
Long term liabilities	(50,000)	-	(50,000)	-	(50,000)
	<u>3,660,956</u>	<u>339,500</u>	<u>4,000,456</u>	<u>230,229</u>	<u>569,729</u>

THE GET A-HEAD CHARITABLE TRUST

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 30 JUNE 2022

20 Related party transactions

Remuneration of key management personnel

The remuneration of key management personnel is as follows.

	2022	2021
	£	£
Aggregate compensation	-	48,525

Transactions with related parties

During the year the trust entered into the following transactions with related parties:

The Trustees received no emoluments or expenses in the period.

Fees of £302 (2021 £332) were paid during the year to CK Chartered Accountants for payroll services. Wendy Davies, a trustee of the charity is a partner in CK Chartered Accountants.

Except for the above none of the Trustees have undertaken any transaction with the Get A-Head Charitable Trust or received any benefit from the Charity in payment or in kind.

The Trustees have purchased Trustee Indemnity Insurance.

THE GET A HEAD CHARITABLE TRUST

England & Wales - Charity number 1118326

Accounts

Charity Registration No. 1118326

THE GET A-HEAD CHARITABLE TRUST
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

THE GET A-HEAD CHARITABLE TRUST

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	W Davies T Bromwich (Chairman) S Ahmed P Mourton J C Watkinson S Fisher	(Appointed 26 June 2020)
Charity number	1118326	
Principal address	Head and Neck Office Room 23F - 4th Floor Nuffield House, Queen Elizabeth Hospital Edgbaston B15 2TH	
Independent examiner	Bache Brown & Co Limited Swinford House Albion Street Brierley Hill DY5 3EE	

THE GET A-HEAD CHARITABLE TRUST

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Statement of financial activities	7
Balance sheet	8
Notes to the financial statements	9 - 18

THE GET A-HEAD CHARITABLE TRUST

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2021

The Trustees of the Get A-Head Charitable Trust are pleased to present their annual report together with the financial statements of the Charity for the year ended 31 March 2021.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the trust's [governing document], the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

The trust's objects are:

- To promote the relief of pain, suffering and distress, both mental and physical, caused by, relating to or connected with any disease, trauma or any other condition adversely affecting the head or neck; and
- To advance education into the causes and treatment of any disease, trauma or condition adversely affecting the head or neck through the promotion of research and through such other means as the Trustees of the Charity shall think fit.

The Trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the Trust's aims and objectives and in planning future activities and setting the grant making policy for the year.

The Charity carries out these objectives by making a number of different types of grants that fall into four categories:

1. Large and small research projects
2. Educational grants
3. Equipment grants
4. Provision of services to patients ie, complementary therapy

The Trust deed gives the Trustees the power to apply the funds in such a manner as they think fit to further the Charity's objects.

The aims of the Trust are to support adults and children with head and neck diseases, but especially those with cancer.

There has been no change in these objectives during the year.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the trust should undertake.

THE GET A-HEAD CHARITABLE TRUST

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

The Charity has established its grant making policy to achieve its objects for the public benefit to improve the lives of sufferers with head and neck diseases now, and to seek a permanent cure in the future for these diseases, especially cancer.

The beneficiaries of our grant making programme are ultimately sufferers of head and neck diseases, especially cancer sufferers and those at risk of developing these diseases in the future. Our grants fund researchers and healthcare professionals who use these funds in their work to improve the lives of sufferers of head and neck diseases by developing therapies, potential medications and improvements in the personal care of the sufferer. Any benefit received by researchers and healthcare professionals is purely incidental to the objects of our work.

The funds are allocated after the Charity has been approached through a structured application process and the Trustees consider the merits of each type of project at least twice a year. The Trustees may consider applications of up to £5,000 independently of their formal meetings.

The Charity invites applications for research grants, with eligibility being restricted to those having an expertise in the field in order to ensure high quality results. Most grants are reviewed in house by the medical trustees. Where there is a conflict of interest or the application is for £50,000 or more, the application is sent for external peer review by a relevant expert, to provide additional assurance that the research project is technically sound, will provide value for money and is of ultimate benefit to the sufferers of head and neck diseases. Research posts are normally funded on an annual basis to undertake an agreed programme of research. A further application may be made at the end of this period if additional funding is not forthcoming from other areas. In all cases, continuation of funding is subject to the research undertaken being in the interests of the Charity and a progress assessment that is satisfactory.

Whilst the Charity is principally based in the West Midlands, it is a national charity where the Trustees receive and consider applications for grants from anywhere in the United Kingdom.

Achievements and performance

The Charity relies on donations from the public and corporate sponsors and on monies raised at a variety of fundraising events throughout the year. COVID 19 saw all fund raising activities being cancelled which has significantly affected the income streams and activities of the charity. As a result of the fall in fundraising activity the trustees took the very difficult decision to end the contracts with the Charity Manager and Charity Administrator.

The trustees are currently overseeing the day to day operations of the Charity with administration support being provided on a temporary contract arrangement.

The trustees are confident that they have sufficient funds to continue for the foreseeable future. During the year the charity negotiated a settlement agreement for a legacy which had been in dispute since 2018. The final value of the legacy is still not known due to negotiations with HMRC and fluctuations in the stock market but is expected to be in excess of £3m.

Despite the restrictions to our activities as a result of COVID 19 we continued to support research and education into head and neck diseases.

THE GET A-HEAD CHARITABLE TRUST

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

We have continued to provide the Grant to fund the continuation of a PhD Research Project for one year at the **Institute of Cancer Research** entitled Immunoprofiling & Immunotherapy in Thyroid Cancer, that aims to examine the location, density and functional orientation of the different immune cell populations, and profile of immune cytokine expression (often termed the 'immune contexture') in large annotated collection of thyroid cancer. They anticipate that with identification of the key immune factors in thyroid cancer will allow them to develop a novel prognostic 'Immunoscore' tool that will help identify high-risk patients needing adjuvant treatment and predict treatment response to targeted therapy.

We have also continued funding for a Grant to fund the salary for the continuation of a PhD Research Project for one year at the **University of Birmingham** that aims to understand why up to 30% of thyroid cancers recur. Currently, the central mechanisms of thyroid tumour recurrence are ill-defined, and whilst next generation sequencing (NGS) is now revealing the genetic drivers of thyroid tumour initiation, no insight has yet been gained into mechanisms of recurrence. The researchers' hypothesis is that tumours showing early recurrence contain different genetic alterations than tumours not demonstrating early recurrence, thereby describing for the first time the genetic events involved in thyroid tumour persistence and recurrence. Overall, their objectives are to complete the first full NGS appraisal of recurrent thyroid cancers, seeking to identify new biomarkers which predict early tumour recurrence, and to perform initial cell biological investigations into their function. The project will be carried out in a well-defined patient cohort; this will involve phenotyping studies encompassing genomics and bioinformatics. The aim will be improved personalised medicine to facilitate accurate prognosis and treatment of patients, which is key to the aims of the Get A-Head Charity.

We are also continuing to fund the research project at the **University of Sheffield, School of Dentistry** to support the cost of laboratory consumables for the PhD research project entitled: *Hitching a ride: Are vault RNAs selectively loaded into head and neck cancer derived extracellular vesicles?*

Extracellular Vesicles (EVs) are tiny bubble-like structures released by cancer cells that are taken up by normal cells that surround the tumour. EVs contain molecular messages that cause normal cells to change their behaviour to support the tumour. Their data shows that EVs released by head and neck cancer cells contain molecules that cause resistance to chemotherapy and also promote the spread of cancer. During the current project they will test how these molecules are packaged into EVs, the effect they have on recipient normal cells, and if EVs could be new therapeutic targets to improve the treatment of future patients.

EVs will be isolated from cancer cells grown in the laboratory. They will measure their size and concentration using specialist equipment at The University of Sheffield. EV contents will be purified and analysed to identify the molecular messages inside. They will then disrupt these messages by a technique called 'gene editing' and see if this changes how EVs signal to normal cells surrounding the tumour. The financial support from Get A-Head will pay for access to specialist equipment and also for chemicals that are essential for the research. This support will enable Anita (Xinming) Liu, a new student who has just joined the School of Clinical Dentistry, to carry out state-of-the-art research during her PhD studies. Anita will be supervised by Dr Stuart Hunt and Dr Daniel Lambert. This project will complement the research activities of Dr Hunt and Dr Lambert, whose research focuses on understanding how head and neck cancers grow and spread.

We continue to provide grant funding to **University of Hull** for a project entitled 'Evaluating Extracellular Vesicles as a Therapeutic Target in Graves' Disease'. The project aims to identify factors which might be involved in the inflammatory response associated with Graves' disease and associated ophthalmopathy and whether these factors can be targeted to develop new lines of treatment, as the current treatment with anti-thyroidal drugs treats the effect rather than the cause and has a very high relapse rate. The development of more effective drugs to treat thyroid disease would inevitably benefit both the patient and the NHS by improving quality of life and reducing the treatment costs associated with managing the disease.

THE GET A-HEAD CHARITABLE TRUST

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

We approved the following research grants during the year:

- support for an observational study evaluating QOL outcomes of advanced palliative radiotherapy regimen for patients with incurable head and neck cancer.
- support for the researcher salary and registration of MRes with University of Exeter to further understanding of Medullary Thyroid Cancer in the UK.
- support for an unfunded 12 month advanced anterior skull base fellowship at Vancouver General Hospital and PhD by Publication to be registered at University of Birmingham investigating skull base reconstruction.

We were also pleased to support the **Queen Elizabeth Hospital Christmas Campaign** and provide funding to provide a large 10ft Christmas Tree and Christmas Hampers to try and spread a little festive cheer for patients who are receiving gruelling radiotherapy & chemotherapy treatment over the Christmas period.

The Charity continues to hold two restricted funds within their accounts for targeted fundraising. These funds are for Thyroid Cancer and Salivary Gland Cancers (including Adenoid Cystic Carcinoma). The Trustees continue to consider all national applications individually within their regular Trustees' meetings. Each application is judged on its merits and measured against the objectives of the Charity.

Financial review

The Statement of Financial Activities shows a gross income of £204,902 and expenditure of £40,323. All grants approved during the year have been included as expenditure in the year whether or not they have been paid.

The Trustees continue to consider all national applications individually within their regular Trustees' meetings. Each application is judged on its merits and measured against the objectives of the Charity.

The Trustees aim is to maintain free reserves in unrestricted funds at a level which equates to 12 months unrestricted charitable expenditure. The Trustees consider that this level will provide sufficient funds to respond to applications for grants and ensure that there are sufficient funds to cover support and governance costs.

All restricted funds are restricted income funds where the donor has provided the donation to be spent in furtherance of a specified charitable purpose. The two main funds, MTC and ACC are explained in Achievements and Performance of the Trust above and the intention is that grants will be awarded against these Funds over the next couple of years. These will follow the normal grant approval process with the extent of the grants being governed by the level of reserves.

The trustees has assessed the major risks to which the trust is exposed, and are satisfied that systems and internal financial controls are in place to mitigate exposure to the major risks.

The Trust will monitor the position with COVID 19 and pursue fundraising activities as soon as it is safe to do so.

The Trust has engaged external consultants to assist with the development of a medium to long term strategic plan.

Further information

Enquiries about the Charity should be addressed to the Administrator of the Charity, who is based at the Principal Office.

Structure, governance and management

THE GET A-HEAD CHARITABLE TRUST

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

The Trust is an unincorporated trust, constituted under a Trust Deed dated 16 February 2007 and is a registered charity, number 1118326, registered with the Charity Commission of England and Wales with effect from 12 March 2007.

Prior to its registration Get A-Head ('the Charity') was part of the University Hospital Birmingham Charities group of charities, now Queen Elizabeth Hospital Birmingham Charity ('QEHB'). Mr John Watkinson and Mr Adrian Drake-Lee set it up in 1994 with the specific intention of supporting and developing the understanding and management of patients with head and neck cancer and other serious diseases of the head and neck. The Charity circulates a newsletter which details its funding appeals and expenditure, funds one full time charity manager and an administrator and relies on voluntary support for many of its activities.

Since its registration the Charity is run fully independently of QEHB. Small amounts of income are still received into a fund maintained with QEHB. These funds are retained for the benefit of the Charity and are used to contribute towards the grants awarded and services offered by the Charity. Any additional amounts are transferred from the Charity to meet commitments.

The trustees who served during the year and up to the date of signature of the financial statements were:

W Davies

T Bromwich (Chairman)

S Ahmed

P Mourton

P McNeil

(Resigned 20 October 2020)

J C Watkinson

S Fisher

(Appointed 26 June 2020)

The governance of the previous funds was covered by the procedures in place through the QEHB charity. This Trust has effected claims insurance cover of £1m and will review its structures with the appropriate use of professionals. The two Trustees who are employees of QEHB have an annual appraisal and their involvement in the Charity is scrutinized as part of this process.

The Trustees are appointed by the Board of Trustees and serve for five years after which period they may put themselves forward for re-appointment. The Trust Deed provides for a minimum of three Trustees.

The Trustees meet regularly, retain full and effective control over the Charity and monitor the activities of the Charity administrator and volunteers. There is a separate Fundraising Committee, made up of at least two Trustees and key members of the local Community, who organise a full programme of successful fundraising events.

All Trustees give of their time freely and no Trustee remuneration was paid during the year. Details of Trustee expenses and related party transactions are disclosed in note 19 to the financial statements. Trustees are required to disclose all relevant interests at the start of all Trustees' meetings and in accordance with the Trust's policy withdraw from decisions where a conflict of interest arises.

The trustees' report was approved by the Board of Trustees.



W Davies

Trustee

Dated: 31 January 2022

THE GET A-HEAD CHARITABLE TRUST

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF THE GET A-HEAD CHARITABLE TRUST

I report to the trustees on my examination of the financial statements of The Get A-Head Charitable Trust (the trust) for the year ended 31 March 2021.

Responsibilities and basis of report

As the trustees of the trust you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the trust's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

- 1 accounting records were not kept in respect of the trust as required by section 130 of the 2011 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



Stephen Dunn
Bache Brown & Co Limited
Chartered Certified Accountants
Swinford House
Albion Street
Brierley Hill
DY5 3EE

Dated: 31 January 2022

THE GET A-HEAD CHARITABLE TRUST

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2021

	Notes	Unrestricted funds £	Restricted funds £	Total 2021 £	Total 2020 £
<u>Income from:</u>					
Donations and legacies	2	194,838	-	194,838	30,121
Other trading activities	3	-	-	-	162,573
Investments	4	10,064	-	10,064	11,618
Total income		<u>204,902</u>	<u>-</u>	<u>204,902</u>	<u>204,312</u>
<u>Expenditure on:</u>					
Raising funds	5	40,323	-	40,323	150,121
Charitable activities	6	137,025	-	137,025	68,257
Total resources expended		<u>177,348</u>	<u>-</u>	<u>177,348</u>	<u>218,378</u>
Net gains/(losses) on investments	11	113,842	-	113,842	(36,999)
Net movement in funds		<u>141,396</u>	<u>-</u>	<u>141,396</u>	<u>(51,065)</u>
Fund balances at 1 April		88,833	339,500	428,333	479,398
Fund balances at 31 March		<u><u>230,229</u></u>	<u><u>339,500</u></u>	<u><u>569,729</u></u>	<u><u>428,333</u></u>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

THE GET A-HEAD CHARITABLE TRUST

BALANCE SHEET

AS AT 31 MARCH 2021

	Notes	2021		2020	
		£	£	£	£
Fixed assets					
Investments	12		446,315		323,661
Current assets					
Debtors	14	15,481		17,675	
Cash at bank and in hand		300,430		232,988	
		<u>315,911</u>		<u>250,663</u>	
Creditors: amounts falling due within one year	15	(142,497)		(95,991)	
Net current assets			173,414		154,672
Total assets less current liabilities			<u>619,729</u>		<u>478,333</u>
Creditors: amounts falling due after more than one year	16		(50,000)		(50,000)
Net assets			<u><u>569,729</u></u>		<u><u>428,333</u></u>
Income funds					
Restricted funds	17		339,500		339,500
Unrestricted funds			230,229		88,833
			<u>569,729</u>		<u>428,333</u>

The financial statements were approved by the Trustees on 31 January 2022



W Davies
Trustee

THE GET A-HEAD CHARITABLE TRUST

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2021

1 Accounting policies

Charity information

The Get A-Head Charitable Trust is an unincorporated trust, constituted under a Trust Deed dated 16 February 2007.

1.1 Accounting convention

The accounts have been prepared in accordance with the trust's trust deed, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016). The trust is a Public Benefit Entity as defined by FRS 102.

The trust has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the trust. Monetary amounts in these financial statements are rounded to the nearest £.

The accounts have been prepared under the historical cost convention, modified to include the revaluation of certain financial instruments at fair value. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the accounts, the trustees have a reasonable expectation that the trust has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the accounts.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Where there is a legal restriction on the purpose to which a fund may be put, the fund is classified as either an endowment fund, where the donor has expressly provided that only the income of the fund may be applied, or as a restricted income fund, where the donor has provided the donation to be spent in furtherance of a specified charitable purpose. The Charity has restricted income funds but no endowment funds.

Unrestricted income funds comprise those funds which the Trustees are free to use for any purpose in furtherance of the charitable objects. Unrestricted funds include designated funds where the Trustees, at their discretion, have created a fund for a specific purpose.

Transfers may arise where there is a release of restricted funds to unrestricted funds, where overall expenditure is in excess of the balance of the restricted fund or where charges are made from the unrestricted funds to other funds.

1.4 Income

Income is recognised when the trust is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

THE GET A-HEAD CHARITABLE TRUST

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

1 Accounting policies

(Continued)

Cash donations are recognised on receipt. Other donations are recognised once the trust has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

1.5 Expenditure

Liabilities are recognised as resources expended as soon as there is a legal or constructive obligation committing the Charity to the expenditure. All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category.

Grants are accounted for when either the recipient has a reasonable expectation that they will receive a grant and the Trustees have agreed to pay the grant without condition, or the recipient has a reasonable expectation that they will receive a grant and any condition attaching to the grant is outside of the control of the Trust.

Provisions are included for grants payable where approval has been given by the Trustees.

These are all costs attributable to generating income for the Charity, other than income arising from charitable activities, and represent fundraising costs.

The costs of Charitable Activities primarily comprise grants made.

Governance costs comprise all costs identifiable as wholly or mainly attributable to ensuring the public accountability of the Charity and its compliance with regulation and good practice. These costs include legal fees together with overhead and support costs.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures, fittings & equipment	straight line over 3 years
Computers	straight line over 3 years

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Fixed asset investments

Fixed asset investments are initially measured at transaction price excluding transaction costs, and are subsequently measured at fair value at each reporting date. Changes in fair value are recognised in net income/(expenditure) for the year. Transaction costs are expensed as incurred.

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

THE GET A-HEAD CHARITABLE TRUST

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

1 Accounting policies

(Continued)

1.9 Financial instruments

The trust has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the trust's balance sheet when the trust becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the trust's contractual obligations expire or are discharged or cancelled.

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the trust is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.11 Contingent liabilities and provisions

In accordance with the SORP, a contingent liability is disclosed for those grants, which do not represent liabilities, where the possible obligation, which arises from past events, will only be confirmed by the occurrence of one or more uncertain future events not wholly within the Trustees' control. Provisions are recognised for those grants where there is uncertainty as to the timing or amount, and any uncertainty regarding the amount is more than one of determining a basis for reasonable estimation of the liability arising from the constructive obligation.

1.12 Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a sort maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

THE GET A-HEAD CHARITABLE TRUST

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

1 Accounting policies

(Continued)

1.13 Debtors

Other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid after taking accounts of any trade discounts due.

2 Donations and legacies

	Unrestricted funds	Unrestricted funds
	2021	2020
	£	£
Donations and gifts	79,330	21,070
Legacies receivable	99,077	-
Grants receivable for core activities	16,431	9,051
	<u>194,838</u>	<u>30,121</u>

3 Other trading activities

	Total	Unrestricted funds	Restricted funds	Total
	2021	2020	2020	2020
	£	£	£	£
Fundraising events	<u>-</u>	<u>156,915</u>	<u>5,658</u>	<u>162,573</u>

4 Investments

	Unrestricted funds	Unrestricted funds
	2021	2020
	£	£
Income from listed investments	8,812	9,234
Interest receivable	1,252	2,384
	<u>10,064</u>	<u>11,618</u>

THE GET A-HEAD CHARITABLE TRUST

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

5 Raising funds

	Unrestricted funds	Unrestricted funds	Restricted funds	Total
	2021	2020	2020	2020
	£	£	£	£
<u>Fundraising and publicity</u>				
Seeking donations, grants and legacies	-	3,000	-	3,000
Staging fundraising events	-	93,496	-	93,496
Other fundraising costs	4,414	18,741	12	18,753
Staff costs	35,909	34,872	-	34,872
	<u>40,323</u>	<u>150,109</u>	<u>12</u>	<u>150,121</u>
Fundraising and publicity	<u>40,323</u>	<u>150,109</u>	<u>12</u>	<u>150,121</u>

6 Charitable activities

	2021	2020
	£	£
Grant funding of activities (see note 7)	64,546	23,335
Share of support costs (see note 8)	14,398	21,880
Share of governance costs (see note 8)	58,081	23,042
	<u>137,025</u>	<u>68,257</u>

7 Grants payable

	2021	2020
	£	£
Grants to institutions:		
Research	31,499	300
Equipment	-	3,829
Education	5,100	1,706
Charity administrator	25,947	15,500
Provision of services to patients	2,000	2,000
	<u>64,546</u>	<u>23,335</u>

A total of 9 grants were granted during the year of which 3 were to institutions and 6 to individuals.

THE GET A-HEAD CHARITABLE TRUST

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

8 Support costs

	Support costs	Governance costs	2021	2020
	£	£	£	£
Staff costs	-	6,347	6,347	6,154
Depreciation	-	-	-	2,112
Insurance	2,091	-	2,091	2,019
Postage & Stationery	16	-	16	1,612
Bank charges	-	-	-	32
Rent	10,000	-	10,000	12,167
Travelling expenses	70	-	70	327
Telecommunications	831	-	831	1,095
Computer costs	353	-	353	1,070
Premises expenses	466	-	466	820
Sundries	571	-	571	626
Legal and professional	-	51,734	51,734	16,888
	<u>14,398</u>	<u>58,081</u>	<u>72,479</u>	<u>44,922</u>
Analysed between :				
Charitable activities	<u>14,398</u>	<u>58,081</u>	<u>72,479</u>	<u>44,922</u>

9 Trustees

None of the trustees (or any persons connected with them) received any remuneration during the year.

10 Employees

The average monthly number of employees during the year was:

	2021	2020
	Number	Number
Administration	<u>1</u>	<u>1</u>

Employment costs

	2021	2020
	£	£
Wages and salaries	<u>42,256</u>	<u>41,026</u>

There were no employees whose annual remuneration was more than £60,000.

THE GET A-HEAD CHARITABLE TRUST

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

11 Net gains/(losses) on investments

Unrestricted funds	Unrestricted funds
2021	2020
£	£
Revaluation of investments	
113,842	(36,999)
<u>113,842</u>	<u>(36,999)</u>

12 Fixed asset investments

	Listed investments £
Valuation	
At 1 April 2020	323,661
Valuation changes	113,842
Income reinvested	8,812
At 31 March 2021	<u>446,315</u>
Carrying amount	
At 31 March 2021	<u>446,315</u>
At 31 March 2020	<u>323,661</u>

13 Financial instruments

	2021 £	2020 £
Carrying amount of financial assets		
Measured at amortised cost	2,481	4,676
Equity instruments measured at fair value	446,315	323,661
	<u>448,796</u>	<u>328,337</u>
Carrying amount of financial liabilities		
Measured at amortised cost	192,497	145,933
	<u>192,497</u>	<u>145,933</u>

14 Debtors

	2021 £	2020 £
Amounts falling due within one year:		
Other debtors	2,481	4,676
Prepayments and accrued income	13,000	12,999
	<u>15,481</u>	<u>17,675</u>

THE GET A-HEAD CHARITABLE TRUST

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

15 Creditors: amounts falling due within one year

	2021 £	2020 £
Other taxation and social security	-	58
Other creditors	140,697	95,033
Accruals and deferred income	1,800	900
	<u>142,497</u>	<u>95,991</u>

Other creditors include grants payable of £117,949 (2020 - £85,836)

16 Creditors: amounts falling due after more than one year

	2021 £	2020 £
Other creditors	50,000	50,000
	<u>50,000</u>	<u>50,000</u>

Other creditors represent grants payable.

17 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Movement in funds			Movement in funds		
	Balance at 1 April 2019 £	Incoming resources £	Resources expended £	Balance at 1 April 2020 £	Incoming resources £	Balance at 31 March 2021 £
a - Charitable foundations	19,552	-	-	19,552	-	19,552
b - Fundraising events	3,981	-	-	3,981	-	3,981
c - ACC	306,316	3,528	(12)	309,832	-	309,832
d - MTC	4,005	2,130	-	6,135	-	6,135
	<u>333,854</u>	<u>5,658</u>	<u>(12)</u>	<u>339,500</u>	<u>-</u>	<u>339,500</u>

a) The donations received from charitable foundations are available to cover the cost of complementary therapy. This is funded through a 3 year grant with UHB Charities and the funds will be put towards the cost of the grant.

b) The restricted funds raised at fundraising events are raised to purchase specific capital equipment

c) The restricted funds have been raised to cover the cost of research into Adenoid Cystic Carcinoma.

d) The restricted funds have been raised to cover the cost of research into Medullary Thyroid Cancer.

THE GET A-HEAD CHARITABLE TRUST

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

18 Analysis of net assets between funds

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £	Unrestricted funds 2020 £	Restricted funds 2020 £	Total 2020 £
Fund balances at 31 March 2021 are represented by:						
Investments	106,815	339,500	446,315	-	323,661	323,661
Current assets/ (liabilities)	173,414	-	173,414	138,833	15,839	154,672
Long term liabilities	(50,000)	-	(50,000)	(50,000)	-	(50,000)
	<u>230,229</u>	<u>339,500</u>	<u>569,729</u>	<u>88,833</u>	<u>339,500</u>	<u>428,333</u>

19 Related party transactions

Remuneration of key management personnel

The remuneration of key management personnel is as follows.

	2021 £	2020 £
Aggregate compensation	<u>48,525</u>	<u>47,997</u>

Transactions with related parties

During the year the trust entered into the following transactions with related parties:

The Trustees received no emoluments or expenses in the period.

Fees of £332 (2020 £331) were paid during the year to CK Chartered Accountants for payroll services. Wendy Davies, a trustee of the charity is a partner in CK Chartered Accountants.

Except for the above none of the Trustees have undertaken any transaction with the Get A-Head Charitable Trust or received any benefit from the Charity in payment or in kind.

The Trustees have purchased Trustee Indemnity Insurance.

THE GET A-HEAD CHARITABLE TRUST

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

20 Queen Elizabeth Hospital Birmingham Charities

Prior to the registration of the Get A-Head Charitable Trust as a separate charitable entity in March 2007, the fundraising activities and charitable objectives of Get A-Head were dealt with under the auspices of Queen Elizabeth Hospital Birmingham Charities ('QEHB Charities').

Funds raised on behalf of Get A-Head and the relevant expenditure were accounted for separately within QEHB Charities. Of the funds raised, some were committed to meet future salary commitments such as for research fellows and administrators. When these commitments are entered into, the funds are immediately transferred out of unrestricted funds within QEHB Charities into 'ringfenced funds', which can only be used to meet these costs.

At 31 March 2021 there were funds of £13,830 (2020 £30,218) retained within QEHB Charities, which are 'ringfenced' to cover committed future expenditure.

Financial activities on behalf of Get A-Head, accounted for within the QEHB Charities included funds raised of £981(2020 £1,406).

Whilst the Trustees of the Get A-Head Charitable Trust are consulted on the expenditure made on behalf of Get A-Head by QEHB Charities, ultimately these funds are controlled by the Trustees of QEHB Charities.

21 Contingent asset

The charity is the residuary beneficiary of a legacy which has been in dispute since 2018. On 6 August 2020 following mediation a settlement agreement was reached granting the charity 62.5% of the estate. The executors are still in discussion with HMRC regarding any inheritance tax liability so the final value of the legacy has not yet been quantified but is expected to be in excess of £3m subject to fluctuations in the stock market. No distribution has been made to date.

THE GET A HEAD CHARITABLE TRUST

England & Wales - Charity number 1118326

Accounts

Charity Registration No. 1118326

THE GET A-HEAD CHARITABLE TRUST
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2020

THE GET A-HEAD CHARITABLE TRUST

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees

W Davies
T Bromwich (Chairman)
S Ahmed
P Mourton
J C Watkinson
S Fisher (Appointed 26 June 2020)

Charity number

1118326

Principal address

Head and Neck Office
Room 23F - 4th Floor
Nuffield House, Queen Elizabeth Hospital
Edgbaston
B15 2TH

Independent examiner

Bache Brown & Co Limited
Swinford House
Albion Street
Brierley Hill
DY5 3EE

THE GET A-HEAD CHARITABLE TRUST

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THE GET A-HEAD CHARITABLE TRUST

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2020

The Trustees of the Get A-Head Charitable Trust are pleased to present their annual report together with the financial statements of the Charity for the year ended 31 March 2020.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the trust's governing document, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016)

Objectives and activities

The trust's objects are:

- To promote the relief of pain, suffering and distress, both mental and physical, caused by, relating to or connected with any disease, trauma or any other condition adversely affecting the head or neck; and
- To advance education into the causes and treatment of any disease, trauma or condition adversely affecting the head or neck through the promotion of research and through such other means as the Trustees of the Charity shall think fit.

The Trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the Trust's aims and objectives and in planning future activities and setting the grant making policy for the year.

The Charity carries out these objectives by making a number of different types of grants that fall into four categories:

1. Large and small research projects
2. Educational grants
3. Equipment grants
4. Provision of services to patients ie, complementary therapy

The Trust deed gives the Trustees the power to apply the funds in such a manner as they think fit to further the Charity's objects.

The aims of the Trust are to support adults and children with head and neck diseases, but especially those with cancer.

There has been no change in these objectives during the year.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the trust should undertake.

THE GET A-HEAD CHARITABLE TRUST

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2020

The Charity has established its grant making policy to achieve its objects for the public benefit to improve the lives of sufferers with head and neck diseases now, and to seek a permanent cure in the future for these diseases, especially cancer.

The beneficiaries of our grant making programme are ultimately sufferers of head and neck diseases, especially cancer sufferers and those at risk of developing these diseases in the future. Our grants fund researchers and healthcare professionals who use these funds in their work to improve the lives of sufferers of head and neck diseases by developing therapies, potential medications and improvements in the personal care of the sufferer. Any benefit received by researchers and healthcare professionals is purely incidental to the objects of our work.

The funds are allocated after the Charity has been approached through a structured application process and the Trustees consider the merits of each type of project at least twice a year. The Trustees may consider applications of up to £5,000 independently of their formal meetings.

The Charity invites applications for research grants, with eligibility being restricted to those having an expertise in the field in order to ensure high quality results. Most grants are reviewed in house by the medical trustees. Where there is a conflict of interest or the application is for £50,000 or more, the application is sent for external peer review by a relevant expert, to provide additional assurance that the research project is technically sound, will provide value for money and is of ultimate benefit to the sufferers of head and neck diseases. Research posts are normally funded on an annual basis to undertake an agreed programme of research. A further application may be made at the end of this period if additional funding is not forthcoming from other areas. In all cases, continuation of funding is subject to the research undertaken being in the interests of the Charity and a progress assessment that is satisfactory.

Whilst the Charity is principally based in the West Midlands, it is a national charity where the Trustees receive and consider applications for grants from anywhere in the United Kingdom.

Achievements and performance

The Charity relies on donations from the public, and on monies raised at a variety of fundraising events throughout the year in order to fund the ongoing projects that it is involved with, as well as seeking to fund new ventures. The Charity employs a full-time Charity Manager, who oversees the running of the office and external events, and a Charity Administrator.

We continuing to fund a research project entitled Defining Novel Therapeutic Targets in Salivary Gland Cancers (including Adenoid Cystic Carcinoma) through In-vitro and In-vivo Tumour Profiling. This is based at **The Royal Marsden Hospital in London** under the supervision of Professor Kevin Harrington and in conjunction with **The Institute of Cancer Research**. With our support, Professor Harrington and his team at the ICR aim to understand the progression of ACC of the salivary gland. Armed with this information they hope to discover new treatments for the disease.

Improved therapies are urgently needed for ACC, with the 15-year survival rate being 40%. One reason for this low rate is that ACC recurrence is common and often spreads (metastasises) to the lungs and perineural space around the nerves. When this happens, the tumour develops resistance to chemotherapy which significantly reduces the treatment options.

Alterations in a gene called MYB are the most frequently found in ACC patient tumours – around 75%. However, MYB is very hard to target therapeutically. Therefore, they are trying to inhibit the activity of two proteins which are key components of the alterations occurring in MYB. Using a combination of drugs targeted at these proteins could increase the tumours sensitivity to treatment.

To test these drugs, they are using a number of experiments, including growing clusters of ACC salivary gland cancer cells in 3D 'organoids' or 'mini tumours'. We believe these are the first ACC organoids developed anywhere in the world.

THE GET A-HEAD CHARITABLE TRUST

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2020

Using these organoids, Professor Harrington's team are now investigating how these drugs impact on ACC growth and what causes this disease to spread. By understanding this, in future they hope to match individual patients to 'personalised' treatments based on the genetic make-up of their cancer.

They have successfully optimised the first reported 3D ACC PDX-derived organoid models and their data demonstrate that these may be useful pre-clinical models. They have identified a potential therapeutic drug combination and they aim to provide novel information that will drive more effective clinical treatment for patients. Whilst this research project has now been completed, it has opened new avenues of research to explore and we hope to be able to support this work in the future.

We have continued to provide the Grant to fund the continuation of a PhD Research Project for one year at the **Institute of Cancer Research** entitled Immunoprofiling & Immunotherapy in Thyroid Cancer, that aims to examine the location, density and functional orientation of the different immune cell populations, and profile of immune cytokine expression (often termed the 'immune contexture') in large annotated collection of thyroid cancer. They anticipate that with identification of the key immune factors in thyroid cancer will allow them to develop a novel prognostic 'Immunoscore' tool that will help identify high-risk patients needing adjuvant treatment and predict treatment response to targeted therapy.

We have also continued funding for a Grant to fund the salary for the continuation of a PhD Research Project for one year at the **University of Birmingham** that aims to understand why up to 30% of thyroid cancers recur. Currently, the central mechanisms of thyroid tumour recurrence are ill-defined, and whilst next generation sequencing (NGS) is now revealing the genetic drivers of thyroid tumour initiation, no insight has yet been gained into mechanisms of recurrence. The researchers' hypothesis is that tumours showing early recurrence contain different genetic alterations than tumours not demonstrating early recurrence, thereby describing for the first time the genetic events involved in thyroid tumour persistence and recurrence. Overall, their objectives are to complete the first full NGS appraisal of recurrent thyroid cancers, seeking to identify new biomarkers which predict early tumour recurrence, and to perform initial cell biological investigations into their function. The project will be carried out in a well-defined patient cohort; this will involve phenotyping studies encompassing genomics and bioinformatics. The aim will be improved personalised medicine to facilitate accurate prognosis and treatment of patients, which is key to the aims of the Get A-Head Charity.

THE GET A-HEAD CHARITABLE TRUST

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2020

We continue to fund the salary for the continuation of a PhD Research Project for 6-months at the **University of Birmingham** on *Novel Interactors of the Sodium Iodide Symporter in Thyroid Cancer*. During the past two and three-quarter years of the award, they have embarked upon an ambitious set of studies aiming to elucidate the roles of 2 genes called VCP and ARF4 in altering the efficacy of radioiodine uptake in thyroid cancer cells.

Their mission is to improve radioiodine treatment for patients with thyroid cancer. After surgery for thyroid cancer, patients are typically given radioiodine treatment, which destroys remaining thyroid cells, and also attacks metastases. Most patients do well on this treatment, but a significant proportion do not respond, and no methods have been introduced to systematically improve this therapy since its introduction 74 years ago.

They have now identified two proteins which bind to the transporter responsible for taking iodide up into thyroid cells and alter its function. They have also discovered two drugs which 'switch-off' one of the proteins, hence improving the way the transporter takes radioactive iodide into cells. The requested funding will allow them to finalise these observations to see whether using these drugs might improve radioiodine treatment for patients with thyroid cancer. Without the funding, they will not be able to take these tremendously encouraging and exciting findings to a level where they might be able to begin to exploit them therapeutically.

We are also continuing to fund the research project at the **University of Sheffield, School of Dentistry** to support the cost of laboratory consumables for the PhD research project entitled: *Hitching a ride: Are vault RNAs selectively loaded into head and neck cancer derived extracellular vesicles?*

Extracellular Vesicles (EVs) are tiny bubble-like structures released by cancer cells that are taken up by normal cells that surround the tumour. EVs contain molecular messages that cause normal cells to change their behaviour to support the tumour. Their data shows that EVs released by head and neck cancer cells contain molecules that cause resistance to chemotherapy and also promote the spread of cancer. During the current project they will test how these molecules are packaged into EVs, the effect they have on recipient normal cells, and if EVs could be new therapeutic targets to improve the treatment of future patients.

EVs will be isolated from cancer cells grown in the laboratory. They will measure their size and concentration using specialist equipment at The University of Sheffield. EV contents will be purified and analysed to identify the molecular messages inside. They will then disrupt these messages by a technique called 'gene editing' and see if this changes how EVs signal to normal cells surrounding the tumour. The financial support from Get A-Head will pay for access to specialist equipment and also for chemicals that are essential for the research.

This support will enable Anita (Xinming) Liu, a new student who has just joined the School of Clinical Dentistry, to carry out state-of-the-art research during her PhD studies. Anita will be supervised by Dr Stuart Hunt and Dr Daniel Lambert. This project will complement the research activities of Dr Hunt and Dr Lambert, whose research focuses on understanding how head and neck cancers grow and spread.

We continue to provide grant funding to **University of Hull** for a project entitled 'Evaluating Extracellular Vesicles as a Therapeutic Target in Graves' Disease'. The project aims to identify factors which might be involved in the inflammatory response associated with Graves' disease and associated ophthalmopathy and whether these factors can be targeted to develop new lines of treatment, as the current treatment with anti-thyroidal drugs treats the effect rather than the cause and has a very high relapse rate. The development of more effective drugs to treat thyroid disease would inevitably benefit both the patient and the NHS by improving quality of life and reducing the treatment costs associated with managing the disease.

THE GET A-HEAD CHARITABLE TRUST

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2020

We have provided a Grant to **Queen Elizabeth Hospital, Birmingham** to purchase an Additional Ultrasound Probe for Toshiba Xario 200 Portable Ultrasound Scanner (which was purchased via Get A-Head Charitable Trust Grant in February 2017). The funding was for an Endocavity Probe – which is used to biopsy deep seated neck lesions in the parapharyngeal space which are not accessible for surgical biopsy without significant operative access. So far, we have undertaken 6 transoral biopsies on Head & Neck patients for parapharyngeal masses – all yielding diagnostic material.

It would be better for us to have a specific probe for Transoral usage and we can guarantee access to the probe and Toshiba scanner as required purely for use on Head & Neck patients.

We have provided a Grant to the **University Hospitals Birmingham Charity** to refurbish and repurpose the current waiting room on Ward 408 at The Queen Elizabeth Hospital, Birmingham into both a waiting room and day room, to benefit families as well as patients and staff. This grant will directly benefit Head and Neck cancer patients treated on the ward. With this work the waiting room will become a bright inviting space where staff and families can sit with patients in a calm and relaxing environment.

We have provided funding to the **University of Portsmouth & The Queen Alexandra Hospital Portsmouth** towards the costs associated with their CHANCES study (Cancers of the Head and Neck: Client Experiences of Psychological Support) which aims to understand head and neck cancer patients' expectations and perceptions of psychological therapy before, during and after a psychological intervention is received.

We have provided funding to **Guy's Hospital** towards the costs of purchasing specialist snorkel equipment for a patient that is needed for him to swim safely post-laryngectomy and to support his rehabilitation.

Additionally, the Charity continues to fund continuous professional development for healthcare professionals. We have funded the cost of a Speech & Language Specialist at **Royal Devon & Exeter NHS Trust** to attend a Managing Complex Lymphoedema Masters Level Module at the University of Glasgow.

We were also pleased to support the **Queen Elizabeth Hospital Christmas Campaign** and provide funding to provide a large 10ft Christmas Tree and Christmas Hampers to try and spread a little festive cheer for patients who are receiving gruelling radiotherapy & chemotherapy treatment over the Christmas period.

The Charity continues to hold two restricted funds within their accounts for targeted fundraising. These funds are for Thyroid Cancer and Salivary Gland Cancers (including Adenoid Cystic Carcinoma). The MTC fund has raised a further £2,130 during the year and the ACC fund has raised a further £3,528 during the year and the Trustees continue to work with the fundraisers to seek the most appropriate projects to fund.

The Trustees continue to consider all national applications individually within their regular Trustees' meetings. Each application is judged on its merits and measured against the objectives of the Charity.

Financial review

The Statement of Financial Activities shows a gross income of £204,312 and expenditure of £218,378. All grants approved during the year have been included as expenditure in the year whether or not they have been paid.

The Charity continues to hold two restricted funds within their accounts for targeted fundraising. These funds are for Thyroid Cancer and Salivary Gland Cancers (including Adenoid Cystic Carcinoma). The ACC fund has raised a further £3,528 during the year and the Trustees continue to work with the fundraisers to seek the most appropriate projects to fund.

The Trustees continue to consider all national applications individually within their regular Trustees' meetings. Each application is judged on its merits and measured against the objectives of the Charity.

THE GET A-HEAD CHARITABLE TRUST

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2020

The Trustees aim is to maintain free reserves in unrestricted funds at a level which equates to 12 months unrestricted charitable expenditure. The Trustees consider that this level will provide sufficient funds to respond to applications for grants and ensure that there are sufficient funds to cover support and governance costs.

All restricted funds are restricted income funds where the donor has provided the donation to be spent in furtherance of a specified charitable purpose. The two main funds, MTC and ACC are explained in Achievements and Performance of the Trust above and the intention is that grants will be awarded against these Funds over the next couple of years. These will follow the normal grant approval process with the extent of the grants being governed by the level of reserves.

The trustees has assessed the major risks to which the trust is exposed, and are satisfied that systems and internal financial controls are in place to mitigate exposure to the major risks.

The Trust has an ongoing programme of fundraising events.

Further information

Enquiries about the Charity should be addressed to the Administrator of the Charity, who is based at the Principal Office.

Structure, governance and management

The Trust is an unincorporated trust, constituted under a Trust Deed dated 16 February 2007 and is a registered charity, number 1118326, registered with the Charity Commission of England and Wales with effect from 12 March 2007.

Prior to its registration Get A-Head ('the Charity') was part of the University Hospital Birmingham Charities group of charities, now Queen Elizabeth Hospital Birmingham Charity ('QEHB'). Mr John Watkinson and Mr Adrian Drake-Lee set it up in 1994 with the specific intention of supporting and developing the understanding and management of patients with head and neck cancer and other serious diseases of the head and neck. The Charity circulates a newsletter which details its funding appeals and expenditure, funds one full time charity manager and an administrator and relies on voluntary support for many of its activities.

Since its registration the Charity is run fully independently of QEHB. Small amounts of income are still received into a fund maintained with QEHB. These funds are retained for the benefit of the Charity and are used to contribute towards the grants awarded and services offered by the Charity. Any additional amounts are transferred from the Charity to meet commitments.

The trustees who served during the year and up to the date of signature of the financial statements were:

W Davies

T Bromwich (Chairman)

S Ahmed

H Griffiths

(Resigned 17 January 2020)

P Mourtou

K Boelart

(Resigned 3 April 2019)

P McNeil

(Resigned 20 October 2020)

P Praveen

(Resigned 17 October 2019)

N Sharma

(Resigned 17 October 2019)

J C Watkinson

S Fisher

(Appointed 26 June 2020)

THE GET A-HEAD CHARITABLE TRUST

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2020

The governance of the previous funds was covered by the procedures in place through the QEHB charity. This Trust has effected claims insurance cover of £1m and will review its structures with the appropriate use of professionals. The two Trustees who are employees of QEHB have an annual appraisal and their involvement in the Charity is scrutinized as part of this process.

The Trustees are appointed by the Board of Trustees and serve for five years after which period they may put themselves forward for re-appointment. The Trust Deed provides for a minimum of three Trustees.

The Trustees meet regularly, retain full and effective control over the Charity and monitor the activities of the Charity administrator and volunteers. There is a separate Fundraising Committee, made up of at least two Trustees and key members of the local Community, who organise a full programme of successful fundraising events.

All Trustees give of their time freely and no Trustee remuneration was paid during the year. Details of Trustee expenses and related party transactions are disclosed in note 19 to the financial statements. Trustees are required to disclose all relevant interests at the start of all Trustees' meetings and in accordance with the Trust's policy withdraw from decisions where a conflict of interest arises.

The trustees' report was approved by the Board of Trustees.



W Davies

Trustee

Dated: 27 January 2021



T Bronwien (Chairman)

Trustee

Dated: 27 January 2021

THE GET A-HEAD CHARITABLE TRUST

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF THE GET A-HEAD CHARITABLE TRUST

I report to the trustees on my examination of the financial statements of The Get A-Head Charitable Trust (the trust) for the year ended 31 March 2020.

Responsibilities and basis of report

As the trustees of the trust you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the trust's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

- 1 accounting records were not kept in respect of the trust as required by section 130 of the 2011 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

IR Baker

Ian R Baker
Bache Brown & Co Limited
Chartered Certified Accountants
Swinford House
Albion Street
Brierley Hill
DY5 3EE

Dated: 27 January 2021

THE GET A-HEAD CHARITABLE TRUST

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2020

	Notes	Unrestricted funds £	Restricted funds £	Total 2020 £	Total 2019 £
<u>Income and endowments from:</u>					
Donations and legacies	2	30,121	-	30,121	69,644
Other trading activities	3	156,915	5,658	162,573	227,023
Investments	4	11,618	-	11,618	9,794
Other income	5	-	-	-	427
Total income		<u>198,654</u>	<u>5,658</u>	<u>204,312</u>	<u>306,888</u>
<u>Expenditure on:</u>					
Raising funds	6	<u>150,109</u>	<u>12</u>	<u>150,121</u>	<u>151,093</u>
Charitable activities	7	<u>68,257</u>	<u>-</u>	<u>68,257</u>	<u>233,758</u>
Total resources expended		<u>218,366</u>	<u>12</u>	<u>218,378</u>	<u>384,851</u>
Net gains/(losses) on investments	12	<u>(36,999)</u>	<u>-</u>	<u>(36,999)</u>	<u>26,649</u>
Net movement in funds		<u>(56,711)</u>	<u>5,646</u>	<u>(51,065)</u>	<u>(51,314)</u>
Fund balances at 1 April		<u>145,544</u>	<u>333,854</u>	<u>479,398</u>	<u>530,712</u>
Fund balances at 31 March		<u><u>88,833</u></u>	<u><u>339,500</u></u>	<u><u>428,333</u></u>	<u><u>479,398</u></u>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

THE GET A-HEAD CHARITABLE TRUST

BALANCE SHEET

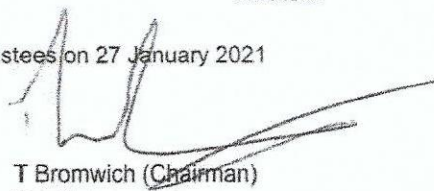
AS AT 31 MARCH 2020

	Notes	2020		2019	
		£	£	£	£
Fixed assets					
Tangible assets	13		-		2,112
Investments	14		323,661		351,425
			<u>323,661</u>		<u>353,537</u>
Current assets					
Debtors	16	17,675		17,376	
Cash at bank and in hand		232,988		287,457	
		<u>250,663</u>		<u>304,833</u>	
Creditors: amounts falling due within one year	17	<u>(95,991)</u>		<u>(116,021)</u>	
Net current assets			154,672		188,812
Total assets less current liabilities			<u>478,333</u>		<u>542,349</u>
Creditors: amounts falling due after more than one year	18		<u>(50,000)</u>		<u>(62,951)</u>
Net assets			<u><u>428,333</u></u>		<u><u>479,398</u></u>
Income funds					
Restricted funds	19		339,500		333,854
Unrestricted funds			88,833		145,544
			<u>428,333</u>		<u>479,398</u>

The financial statements were approved by the Trustees on 27 January 2021



W Davies
Trustee



T Bromwich (Chairman)
Trustee

THE GET A-HEAD CHARITABLE TRUST

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2020

1 Accounting policies

Charity information

The Get A-Head Charitable Trust is an unincorporated trust, constituted under a Trust Deed dated 16 February 2007.

1.1 Accounting convention

The accounts have been prepared in accordance with the trust's trust deed, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016). The trust is a Public Benefit Entity as defined by FRS 102.

The trust has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the trust. Monetary amounts in these financial statements are rounded to the nearest £.

The accounts have been prepared under the historical cost convention, modified to include the revaluation of certain financial instruments at fair value. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the accounts, the trustees have a reasonable expectation that the trust has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the accounts.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Where there is a legal restriction on the purpose to which a fund may be put, the fund is classified as either an endowment fund, where the donor has expressly provided that only the income of the fund may be applied, or as a restricted income fund, where the donor has provided the donation to be spent in furtherance of a specified charitable purpose. The Charity has restricted income funds but no endowment funds.

Unrestricted income funds comprise those funds which the Trustees are free to use for any purpose in furtherance of the charitable objects. Unrestricted funds include designated funds where the Trustees, at their discretion, have created a fund for a specific purpose.

Transfers may arise where there is a release of restricted funds to unrestricted funds, where overall expenditure is in excess of the balance of the restricted fund or where charges are made from the unrestricted funds to other funds.

1.4 Income

Income is recognised when the trust is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

THE GET A-HEAD CHARITABLE TRUST

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2020

1 Accounting policies

(Continued)

Cash donations are recognised on receipt. Other donations are recognised once the trust has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

1.5 Expenditure

Liabilities are recognised as resources expended as soon as there is a legal or constructive obligation committing the Charity to the expenditure. All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category.

Grants are accounted for when either the recipient has a reasonable expectation that they will receive a grant and the Trustees have agreed to pay the grant without condition, or the recipient has a reasonable expectation that they will receive a grant and any condition attaching to the grant is outside of the control of the Trust.

Provisions are included for grants payable where approval has been given by the Trustees.

These are all costs attributable to generating income for the Charity, other than income arising from charitable activities, and represent fundraising costs.

The costs of Charitable Activities primarily comprise grants made.

Governance costs comprise all costs identifiable as wholly or mainly attributable to ensuring the public accountability of the Charity and its compliance with regulation and good practice. These costs include legal fees together with overhead and support costs.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures, fittings & equipment	straight line over 3 years
Computers	straight line over 3 years

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in net income/(expenditure) for the year.

1.7 Fixed asset investments

Fixed asset investments are initially measured at transaction price excluding transaction costs, and are subsequently measured at fair value at each reporting date. Changes in fair value are recognised in net income/(expenditure) for the year. Transaction costs are expensed as incurred.

1.8 Impairment of fixed assets

At each reporting end date, the trust reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

THE GET A-HEAD CHARITABLE TRUST

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2020

1 Accounting policies

(Continued)

1.9 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.10 Financial instruments

The trust has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the trust's balance sheet when the trust becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the trust's contractual obligations expire or are discharged or cancelled.

1.11 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the trust is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

THE GET A-HEAD CHARITABLE TRUST

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2020

1 Accounting policies (Continued)

1.12 Contingent liabilities and provisions

In accordance with the SORP, a contingent liability is disclosed for those grants, which do not represent liabilities, where the possible obligation, which arises from past events, will only be confirmed by the occurrence of one or more uncertain future events not wholly within the Trustees' control. Provisions are recognised for those grants where there is uncertainty as to the timing or amount, and any uncertainty regarding the amount is more than one of determining a basis for reasonable estimation of the liability arising from the constructive obligation.

1.13 Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a sort maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

1.14 Debtors

Other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid after taking accounts of any trade discounts due.

2 Donations and legacies

	Unrestricted funds	Unrestricted funds	Restricted funds	Total
	2020 £	2019 £	2019 £	2019 £
Donations and gifts	21,070	60,121	4,854	64,975
Legacies receivable	-	1,000	-	1,000
Grants receivable for core activities	9,051	3,669	-	3,669
	<u>30,121</u>	<u>64,790</u>	<u>4,854</u>	<u>69,644</u>

3 Other trading activities

	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	2020 £	2020 £	2020 £	2019 £	2019 £	2019 £
Fundraising events	156,915	5,658	162,573	224,573	2,450	227,023
	<u>156,915</u>	<u>5,658</u>	<u>162,573</u>	<u>224,573</u>	<u>2,450</u>	<u>227,023</u>

THE GET A-HEAD CHARITABLE TRUST

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2020

4 Investments

	Unrestricted funds	Unrestricted funds
	2020	2019
	£	£
Income from unlisted investments	9,234	8,335
Interest receivable	2,384	1,459
	<u>11,618</u>	<u>9,794</u>

5 Other income

	Total	Unrestricted funds
	2020	2019
	£	£
Other income	-	427
	<u>-</u>	<u>427</u>

6 Raising funds

	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	2020	2020	2020	2019	2019	2019
	£	£	£	£	£	£
<u>Fundraising and publicity</u>						
Seeking donations, grants and legacies	3,000	-	3,000	-	-	-
Staging fundraising events	93,496	-	93,496	95,916	139	96,055
Other fundraising costs	18,741	12	18,753	19,722	1,469	21,191
Staff costs	34,872	-	34,872	33,847	-	33,847
	<u>150,109</u>	<u>12</u>	<u>150,121</u>	<u>149,485</u>	<u>1,608</u>	<u>151,093</u>
	<u>150,109</u>	<u>12</u>	<u>150,121</u>	<u>149,485</u>	<u>1,608</u>	<u>151,093</u>

THE GET A-HEAD CHARITABLE TRUST

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2020

7 Charitable activities

	2020 £	2019 £
Grant funding of activities (see note 8)	23,335	199,112
Share of support costs (see note 9)	21,880	25,793
Share of governance costs (see note 9)	23,042	8,853
	<u>68,257</u>	<u>233,758</u>
Analysis by fund		
Unrestricted funds	68,257	209,925
Restricted funds	-	23,833
	<u>68,257</u>	<u>233,758</u>
For the year ended 31 March 2019		
	<u>233,758</u>	

8 Grants payable

	2020 £	2019 £
Research	300	86,395
Equipment	3,829	30,254
Education	1,706	4,870
Charity administrator	15,500	29,000
Provision of services to patients	2,000	46,595
Other	-	1,998
	<u>23,335</u>	<u>199,112</u>

A total of 7 grants were granted during the year of which 4 were to institutions and 3 to individuals.

-

THE GET A-HEAD CHARITABLE TRUST

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2020

9 Support costs

	Support costs	Governance costs	2020	2019
	£	£	£	£
Staff costs	-	6,154	6,154	5,973
Depreciation	2,112	-	2,112	2,111
Insurance	2,019	-	2,019	1,918
Postage & Stationery	1,612	-	1,612	5,393
Marketing	-	-	-	1,630
Bank charges	32	-	32	64
Rent	12,167	-	12,167	11,200
Travelling expenses	327	-	327	799
Telecommunications	1,095	-	1,095	936
Computer costs	1,070	-	1,070	912
Premises expenses	820	-	820	240
Sundries	626	-	626	590
Legal and professional	-	16,888	16,888	2,880
	<u>21,880</u>	<u>23,042</u>	<u>44,922</u>	<u>34,646</u>
Analysed between :				
Charitable activities	<u>21,880</u>	<u>23,042</u>	<u>44,922</u>	<u>34,646</u>

10 Trustees

None of the trustees (or any persons connected with them) received any remuneration during the year.

11 Employees

The average monthly number of employees during the year was:

	2020	2019
	Number	Number
Administration	<u>1</u>	<u>1</u>
Employment costs	2020	2019
	£	£
Wages and salaries	<u>41,026</u>	<u>39,820</u>

There were no employees whose annual remuneration was £60,000 or more.

THE GET A-HEAD CHARITABLE TRUST

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2020

12 Net gains/(losses) on investments

	Unrestricted funds	Unrestricted funds
	2020	2019
	£	£
Revaluation of investments	(36,999)	26,649

13 Tangible fixed assets

	Fixtures, fittings & equipment	Computers	Total
	£	£	£
Cost			
At 1 April 2019	1,960	4,374	6,334
At 31 March 2020	1,960	4,374	6,334
Depreciation and impairment			
At 1 April 2019	1,306	2,916	4,222
Depreciation charged in the year	654	1,458	2,112
At 31 March 2020	1,960	4,374	6,334
Carrying amount			
At 31 March 2019	654	1,458	2,112

14 Fixed asset investments

	Listed investments
	£
Valuation	
At 1 April 2019	351,425
Valuation changes	(36,998)
Income reinvested	9,234
At 31 March 2020	323,661
Carrying amount	
At 31 March 2020	323,661
At 31 March 2019	351,425

THE GET A-HEAD CHARITABLE TRUST

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2020

15	Financial instruments	2020 £	2019 £
	Carrying amount of financial assets		
	Measured at amortised cost	4,676	6,051
	Equity instruments measured at fair value	323,661	351,425
		<u> </u>	<u> </u>
	Carrying amount of financial liabilities		
	Measured at amortised cost	145,933	178,922
		<u> </u>	<u> </u>
16	Debtors	2020 £	2019 £
	Amounts falling due within one year:		
	Other debtors	4,676	6,051
	Prepayments and accrued income	12,999	11,325
		<u> </u>	<u> </u>
		17,675	17,376
		<u> </u>	<u> </u>
17	Creditors: amounts falling due within one year	2020 £	2019 £
	Other taxation and social security	58	50
	Other creditors	95,033	115,071
	Accruals and deferred income	900	900
		<u> </u>	<u> </u>
		95,991	116,021
		<u> </u>	<u> </u>
	Other creditors include grants payable of £85,836 (2019 - £114,400).		
18	Creditors: amounts falling due after more than one year	2020 £	2019 £
	Other creditors	50,000	62,951
		<u> </u>	<u> </u>

Other creditors represent grants payable.

THE GET A-HEAD CHARITABLE TRUST

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2020

19 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Movement in funds		Movement in funds		Movement in funds		Movement in funds	
	Balance at 1 April 2018 £	Incoming resources £	Resources expended £	Transfers £	Balance at 1 April 2019 £	Incoming resources £	Resources expended £	Balance at 31 March 2020 £
a - Charitable foundations	43,385	-	(23,833)	-	19,552	-	-	19,552
b - Fundraising events	3,981	-	-	-	3,981	-	-	3,981
c - ACC	341,054	6,282	(1,608)	(39,412)	306,316	3,528	(12)	309,832
d - MTC	2,983	1,022	-	-	4,005	2,130	-	6,135
	<u>391,403</u>	<u>7,304</u>	<u>(25,441)</u>	<u>(39,412)</u>	<u>333,854</u>	<u>5,658</u>	<u>(12)</u>	<u>339,500</u>

a) The donations received from charitable foundations are available to cover the cost of complementary therapy. This is funded through a 3 year grant with UHB Charities and the funds will be put towards the cost of the grant.

b) The restricted funds raised at fundraising events are raised to purchase specific capital equipment

c) The restricted funds have been raised to cover the cost of research into Adenoid Cystic Carcinoma.

d) The restricted funds have been raised to cover the cost of research into Medullary Thyroid Cancer.

THE GET A-HEAD CHARITABLE TRUST

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2020

20 Analysis of net assets between funds

	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	2020	2020	2020	2019	2019	2019
	£	£	£	£	£	£
Fund balances at 31 March 2020 are represented by:						
Tangible assets	-	-	-	-	2,112	2,112
Investments	-	323,661	323,661	19,683	331,742	351,425
Current assets/ (liabilities)	138,833	15,839	154,672	188,812	-	188,812
Long term liabilities	(50,000)	-	(50,000)	(62,951)	-	(62,951)
	<u>88,833</u>	<u>339,500</u>	<u>428,333</u>	<u>145,544</u>	<u>333,854</u>	<u>479,398</u>

21 Related party transactions

Remuneration of key management personnel

The remuneration of key management personnel is as follows.

	2020	2019
	£	£
Aggregate compensation	<u>47,997</u>	<u>46,016</u>

Transactions with related parties

During the year the trust entered into the following transactions with related parties:

The Trustees received no emoluments or expenses in the period.

Fees of £331 (2019 £302) were paid during the year to CK Chartered Accountants for payroll services. Wendy Davies, a trustee of the charity is a partner in CK Chartered Accountants.

Except for the above none of the Trustees have undertaken any transaction with the Get A-Head Charitable Trust or received any benefit from the Charity in payment or in kind.

The Trustees have purchased Trustee Indemnity Insurance.

THE GET A-HEAD CHARITABLE TRUST

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2020

22 Queen Elizabeth Hospital Birmingham Charities

Prior to the registration of the Get A-Head Charitable Trust as a separate charitable entity in March 2007, the fundraising activities and charitable objectives of Get A-Head were dealt with under the auspices of Queen Elizabeth Hospital Birmingham Charities ('QEHB Charities').

Funds raised on behalf of Get A-Head and the relevant expenditure were accounted for separately within QEHB Charities. Of the funds raised, some were committed to meet future salary commitments such as for research fellows and administrators. When these commitments are entered into, the funds are immediately transferred out of unrestricted funds within QEHB Charities into 'ringfenced funds', which can only be used to meet these costs.

At 31 March 2020 there were funds of £30,218 (2019 £45,499) retained within QEHB Charities, which are 'ringfenced' to cover committed future expenditure.

Financial activities on behalf of Get A-Head, accounted for within the QEHB Charities included funds raised of £1,406 (2019 £1,051).

Whilst the Trustees of the Get A-Head Charitable Trust are consulted on the expenditure made on behalf of Get A-Head by QEHB Charities, ultimately these funds are controlled by the Trustees of QEHB Charities.