

Charity Registration No. 1118258

Company Registration No. 05826791 (England and Wales)

HULL FC RUGBY COMMUNITY SPORTS & EDUCATION FOUNDATION

ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS

FOR THE PERIOD ENDED 30 NOVEMBER 2020

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HULL FC RUGBY COMMUNITY SPORTS & EDUCATION FOUNDATION

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	A F Pearson N A Hansford I D Parsons S J Wilkinson J W Whiteley M Parker
Charity number	1118258
Company number	05826791
Registered office and principal address	The Kingston Communications Stadium The Circle Anlaby Road Hull HU3 6JU
Independent examiner	TC Group 74 Lairgate Beverley East Yorkshire United Kingdom HU17 8EU

HULL FC RUGBY COMMUNITY SPORTS & EDUCATION FOUNDATION

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE PERIOD ENDED 30 NOVEMBER 2020

The Trustees present their report and financial statements for the period ended 30 November 2020.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016)

Objectives and activities

Our Mission:

To use the power, inspiration and values of Hull FC to make a difference in the local community through:

- Delivering innovative delivery programmes for people of all ages.
- Developing key partnerships that bring success based on identified need.
- Providing new education opportunities through sport for hard to engage groups.

Our Goal:

To engage, educate and inspire the local community to bring about positive change and new opportunities for all through sport.

Our Values:

RESPECT, INCLUSION, EXCELLENCE, ACHIEVEMENT, INNOVATION

Aims:

At the heart of the work of the charity is an understanding of the vital role that sport and in particular Rugby League can play in engaging, educating and inspiring people of all ages. The club remains committed to delivering exciting, safe, and innovative projects that leave a lasting legacy for all people who participate. The year has seen the refocus of the four key delivery pillars being Education, Health and Physical Activity, Community and Social Inclusion and Play Rugby League. Each pillar takes into account how the brand of Hull FC and its players have the ability to engage participants across all age levels and make a real difference in our community.

The Trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

HULL FC RUGBY COMMUNITY SPORTS & EDUCATION FOUNDATION

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE PERIOD ENDED 30 NOVEMBER 2020

Achievement and Performance

Introduction

Hull FC Community Foundation is the independent charitable arm of rugby league club Hull FC. Established in 2006, the Foundation uses the power of sport and strong local influence of the professional side to make the biggest difference possible in the community through the delivery of needs led projects targeting three key agendas: Tackling Obesity, Tackling Mental Health and Tackling Loneliness. All projects are underpinned by our values of Challenge, Compassion, Determination, Honesty, and Respect.

2020 was a year like no other. Having worked throughout 2019 delivering new initiatives and pilot activities to help inform the Foundation's long-term priorities, the Covid-19 pandemic changed everything. Having long held an ethos for delivering activities and opportunities that met the need of the local community, now was the time to think outside the box, be responsive, and use the power of sport to help keep people connected at a time when wellbeing was severely affected.

The work of the Hull FC Community Foundation during the year focused on delivering responsive and recovery-based interventions to local people affected by the Covid-19 pandemic. Conscious of how existing inequalities were exacerbated, particularly in areas of high deprivation, the focus was on offering projects that empowered people to keep connected virtually, receive support e.g. through welfare calls and food parcels, and take part in activities that reinforced positive aspirations. Initiatives like 'Coffee Corner' (older people), 'Empowering Youth' (young people), and 'Tackle It' (Low Social Economic Background) were just some examples of new targeted work delivered to vulnerable population groups.

Despite Covid-19, community staff and volunteers have ensured that planned projects around three key areas of 'Tackling Obesity', 'Tackling Mental Health', and 'Tackling Loneliness' continued to be delivered, albeit adapted to fit in with the relevant guidelines and restrictions. 'Compete for Change' is working with children and young people daily within school environments to change attitudes towards physical activity and healthy eating, whilst the 'Empower' project continues to offer a vibrant weekly programme for people of all ages, sexes and abilities to participate in sport and social activities.

Even in the midst of a pandemic, almost 20% of Foundation adult participants stated that they were not accessing health related information from traditional NHS sources. The delivery of prominent marketing and communications campaigns highlighting such agendas including mental health, smoking cessation, and safer drinking across Hull FC media channels therefore has remained a key priority with engagement statistics indicating a positive cut through locally.

As the country begins to emerge from the pandemic, the focus of the Foundation will move towards helping our participants to rebuild their lives. Delivering health and wellbeing outcomes will remain a key priority across all projects as we aim to instil confidence in participants to transfer from virtual to in-person delivery.

Priority One: Tackling Obesity

At the start of the year, Hull FC Community Foundation set out with a clear objective to use the power of Hull FC to help kick obesity into touch. This was in response to statistics which indicated that the city had the second highest prevalence rate in England for children either overweight or obese at reception age (29.2%) and the sixty-fourth worst at year 6 (36%). From an adult perspective, the Hull Joint Strategic Needs Assessment (2019) stated tackling obesity and physical inactivity required a whole system approach involving individuals, community organisations and the public sector in order to reduce its impact on poor life outcomes.

Recognising the need for a prevention-based approach that engaged children in fun physical activity and healthy eating sessions, Hull FC developed 'Compete for Change', a high-profile fitness focused project that aimed to change children and parents' attitudes towards physical activity. A purpose developed in-school primary curriculum was adjoined with a whole family activity programme that raised awareness of healthy eating and supported families to be more active. Despite Covid-19 reducing the number of in-school sessions able to take place, virtual 'Compete for Change' activities has empowered families to take part in alternate physical activity and cooking workshops throughout lockdown periods.

Hull FC Community Foundation is proud to deliver one of the most inclusive sport and physical activity pathways in the city, providing opportunities for participants from lower socio-economic areas, women and girls, older people, and individuals living with disabilities to be active each week. 2020 saw the launch of the Foundation's learning disability team and new walking rugby offer (for older men with mobility issues) which have sought to reduce known inactivity rates affecting these population groups. With virtual delivery becoming the norm, the Foundation coaches were able to support participants to keep active from home through the delivery of 'home activity workouts' as part of the Sport England 'Join the Movement' programme. Every physical activity session has been complemented with a focus on raising awareness of maintaining a positive diet and broader lifestyle, focusing in particular on reducing alcohol intake.

Our Impact in Numbers in 'Tackling Obesity' include:

- 921 children from ten schools engaged in 'Compete for Change'
- 93% of child participants reported improved understanding of healthy eating
- 1,752 food parcels delivered to families in crisis
- 208 children engaged in tackling hunger activities
- 141 adults have participated in 'Fit4FC'
- 3,750 hours delivered across all 'Tackling Obesity' activities

HULL FC RUGBY COMMUNITY SPORTS & EDUCATION FOUNDATION

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE PERIOD ENDED 30 NOVEMBER 2020

Priority Two: 'Tackling Mental Health'

The impact of the Covid-19 pandemic on mental wellbeing has been well publicised. Hull FC Community Foundation is acutely aware of how the pandemic has exacerbated inequalities within particular participant groups in society and those within the most deprived areas. We are proud to continue using the power of sport to connect with those most in need.

A key aspect of 2020 has focused on developing partnerships around the mental health workspace, including with local organisations including Hull and East Yorkshire Mind, who the Foundation supported with the 'Step into January' initiative, amplifying messages across social media and working with the charity's volunteers on delivering mental wellbeing workshops to 'Empower' participants. Recognising the challenges around male suicide, the Foundation has worked with Humber, Coast and Vale Health and Care Partnership on engaging more men, particularly aged 16 – 45, within sessions that provide opportunities to be physically active with their peers and access prevention focused mental health awareness sessions.

Forming partnerships with prominent organisations like Hull and East Yorkshire Mind and Humber, Coast and Vale Health and Care Partnership has provided two important benefits. Firstly, given that the Foundation focuses its work on engaging those who are most vulnerable in society, the partnerships have included the development of resources and work programmes that advocate the 'Five Ways to Wellbeing'. These have been particularly useful when working with our Sports College students virtually, disability participants, and older service users, providing tips on how to manage their mental wellbeing within challenging situations. Secondly, both partners have been available to offer more clinical focused support to those participants in need to extra care for their wellbeing, ensuring an effective escalation pathway is in place across provision.

Providing supportive activity that improves mental wellbeing is a long term priority for Hull FC Community Foundation. Recognising the challenges on young people aged 16-24 in particular, trained staff have piloted new 'Empowering Youth' sessions which focus on using sports content to build resilience and aspirations. This model will be scaled in the coming year to reach other groups in school and community settings.

Our Impact in Numbers in 'Tackling Mental Health' include:

- 77 men participated in mental health workshops
- 87 students from Hull FC Sports College engaged in two # TalkSuicide events
- 381 men engaged in dual physical activity and mental resilience activity
- 82% of participants reported better mental health from accessing 'Tackling Mental Health Activity'

Priority Three: 'Tackling Loneliness'

During the past year, Hull FC Community Foundation has prioritised the delivery of activities that have sought to reduce feelings of loneliness and isolation within identified 'at risk' groups. An example of this is activity completed with the 'Older People Partnership' which centres on using the rich heritage of Hull FC to reconnect individuals through structured reminisce sessions. This element was scaled significantly in 2020 as a result of accessing additional funding from the National Lottery Heritage Fund to engage older people in virtual sessions celebrating club legend Johnny Whiteley as he approached his 90th birthday.

Whilst this 'Priority' point was developed pre Covid-19, its importance and focus areas changed as a result of the Covid-19 pandemic and subsequent enforced lockdown restrictions. Given that in February 2020, the Foundation was directly supporting over three-hundred participants from groups including veterans, vulnerable young people, homeless, unemployed adults, older people, and those with disabilities, we were acutely aware that our core delivery could not simply be paused over lockdown – if had to be scaled significantly in a safe way for all.

Between April and June 2020, Foundation staff worked with club staff, players and volunteers to deliver a wide ranging programme of social welfare calls, food deliveries to those in need, and physical activity packs. Recognising challenges with digital poverty, twenty-five learning devices were loaned to support participants access virtual sessions. Virtual delivery quickly became the norm, with the Foundation investing in a range of technology to allow staff to deliver activities safely from home.

Having built up relationships with many of our participants in recent years, the Foundation was acutely aware of how important regular routine was to their wellbeing. With the support of partners including Hull and East Yorkshire Mind and Active Humber, and national organisations such as Crisis UK and Armed Forces Covenant Fund, the 'Empower' project was launched offering daily virtual activities that fused physical and mental wellbeing support for our participants. What 'Empower' provided was the opportunities for participants to keep fit in a familiar environment, maintain contact with their team mates, and receive up to date health information from Foundation coaches. As the flagship Covid-19 response project for the Foundation, funding has been secured to maintain the delivery into 2021 and beyond.

Our Impact in Numbers in 'Tackling Loneliness' include:

- 2,525 social welfare calls made to vulnerable individuals during 2020
- 88% of participants had greater knowledge of local community activities
- 271 'Empower' participants since the campaign launch
- 68% of participants reported reduced feelings of loneliness and/or isolation
- 25 digital devices loaned to help keep people connected
- 78% of participants developed a new social friendship

HULL FC RUGBY COMMUNITY SPORTS & EDUCATION FOUNDATION

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE PERIOD ENDED 30 NOVEMBER 2020

Covid-19 Response

Hull FC Community Foundation was proud to play its part in supporting the local community through the Covid-19 pandemic. Given that it was already supporting a high number of vulnerable participants at the onset of the pandemic, cancelling activity was never an option. Staff and volunteers were quick to respond through introducing new virtual sessions that helped maintain a sense of normality and togetherness, whilst new partnerships such as those with FareShare and Crisis helped direct new interventions to those most in need.

With the collective support of all stakeholders, the Foundation is proud to have been able to continue delivering sessions to families, young people, disability groups, and the older generation with whom we work with on a daily basis. Thousands of new people accessed Foundation support for the first time during 2020, and the focus now switches to delivering activities which support recovery and transition. The continued support of partners will be crucial to achieving this.

Our Impact in Numbers during Covid-19 include:

- 3,761 meals delivered to members of the local community
- 6,218 online views of home fitness and activity videos
- 108 rugby balls donated to school participants
- 85 virtual player engagements
- 112 qualifications delivered across Sport, Employability and Functional Skills
- 4,584 free delivery hours supporting key worker children in schools

Financial review

Principal funding sources

The Principal Funding Sources for the Foundation are Sky as part of our RFL Sky Try programme, Hull CCG and various other grant making bodies.

Investment policy and objectives

The charity ensures a small amount is held in reserves whilst the majority of funds are spent in the short term.

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six months' expenditure. The Trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised.

The Trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

HULL FC RUGBY COMMUNITY SPORTS & EDUCATION FOUNDATION

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE PERIOD ENDED 30 NOVEMBER 2020

Future Plans

Whilst 2020 was focused on adapting and being responsive to need, 2021 is about accessibility and creativity. Our activities will help develop skills associated with confidence, resilience, and aspirations within people young and old. Project such as 'Teaming Up for Health' continue to be Hull FC Community Foundation's leading city-wide initiative impacting the lives of thousands of people each year.

As a result of the pandemic, we have a greater understanding of the needs of local people. In addition to our core areas, we will be working with partners to focus efforts on tackling food poverty, bridging the digital divide, and encouraging more local businesses to offer work placement opportunities to young people who are facing barriers to employment. Hull is a city that prides itself on its sporting culture and we look forward to continuing use the 'Power of Sport' to engage, educate and inspire the community.

Structure, governance and management

The charity is a company limited by guarantee, incorporated on 24th May 2006 (company number 5826791) and registered as a charity on 7th March 2007 (registered number 1118258). The company was established under a Memorandum of Association, which established the objects and powers of the charitable company and is governed under its Articles of Association. The object of the charity is to promote community participation in rugby league and to use the power of sport to improve education and well-being in people of all ages.

The Governing Document was amended to demonstrate the broader nature of the charity's delivery range in May 2013.

The Trustees, who are also the directors for the purpose of company law, and who served during the period and up to the date of signature of the financial statements were:

A F Pearson
N A Hansford
I D Parsons
S J Wilkinson
J W Whiteley
M Parker

New Trustees are selected and appointed from the local and regional area. All appointments are made with the interest of supporting the Foundation to develop key activities.

The company's current policy concerning the payment of trade creditors is to follow the CBI's Prompt Payers Code (copies are available from the CBI, Centre Point, 103 New Oxford Street, London WC1A 1DU).

The company's current policy concerning the payment of trade creditors is to:

- settle the terms of payment with suppliers when agreeing the terms of each transaction;
- ensure that suppliers are made aware of the terms of payment by inclusion of the relevant terms in contracts; and
- pay in accordance with the company's contractual and other legal obligations.

HULL FC RUGBY COMMUNITY SPORTS & EDUCATION FOUNDATION

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE PERIOD ENDED 30 NOVEMBER 2020

Hull FC Rugby Community Sports and Education Foundation has six Trustees who aim to meet regularly and are responsible for the strategic direction and policy of the charity. The Trustees represent different sectors and bring to the charity a wealth of knowledge that support the charity to meet its objectives.

The charity is run on a daily basis by James Price, Head of Community Foundation who leads on all key strategic and development issues and is responsible for reporting directly to the Trustees quarterly on all charity related matters.

All new Trustees received a formal induction programme to enable them to build knowledge and become familiar with the work of the charity. In addition, the charity has worked closely with the RFL governing body to support Trustee training to further support their roles and the wider governance arrangement.

The Trustees' report was approved by the Board of Trustees.

N A Hansford

Trustee

Dated: 9 August 2021

HULL FC RUGBY COMMUNITY SPORTS & EDUCATION FOUNDATION

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF HULL FC RUGBY COMMUNITY SPORTS & EDUCATION FOUNDATION

I report to the Trustees on my examination of the financial statements of Hull FC Rugby Community Sports & Education Foundation (the charity) for the period ended 30 November 2020.

Responsibilities and basis of report

As the Trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

C S Brown FCA

74 Lairgate
Beverley
East Yorkshire
HU17 8EU
United Kingdom

Dated: 9 August 2021

HULL FC RUGBY COMMUNITY SPORTS & EDUCATION FOUNDATION

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE PERIOD ENDED 30 NOVEMBER 2020

	Notes	Unrestricted funds 2020 £	Restricted funds 2020 £	Total 2020 £	Total 2019 £
<u>Income and endowments from:</u>					
Donations and legacies	3	75,693	265,636	341,329	145,875
Charitable activities	4	118,718	-	118,718	245,818
Other income	5	47,686	-	47,686	-
Total income		242,097	265,636	507,733	391,693
<u>Expenditure on:</u>					
Charitable activities	6	171,750	256,337	428,087	358,162
Net income for the year/ Net movement in funds		70,347	9,299	79,646	33,531
Fund balances at 1 November 2019		11,727	52,165	63,892	30,361
Fund balances at 30 November 2020		82,074	61,464	143,538	63,892

The statement of financial activities includes all gains and losses recognised in the period.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

HULL FC RUGBY COMMUNITY SPORTS & EDUCATION FOUNDATION

BALANCE SHEET

AS AT 30 NOVEMBER 2020

	Notes	2020 £	£	2019 £	£
Fixed assets					
Tangible assets	9		8,655		8,804
Current assets					
Debtors	10	27,031		172,732	
Cash at bank and in hand		324,947		66,291	
		<u>351,978</u>		<u>239,023</u>	
Creditors: amounts falling due within one year	11	(65,932)		(43,935)	
Net current assets			286,046		195,088
Total assets less current liabilities			294,701		203,892
Creditors: amounts falling due after more than one year	12		(151,163)		(140,000)
Net assets			<u>143,538</u>		<u>63,892</u>
Income funds					
Restricted funds	13	61,464		52,165	
Unrestricted funds		82,074		11,727	
		<u>143,538</u>		<u>63,892</u>	

HULL FC RUGBY COMMUNITY SPORTS & EDUCATION FOUNDATION

BALANCE SHEET (CONTINUED)

AS AT 30 NOVEMBER 2020

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the period ended 30 November 2020.

The Trustees acknowledge their responsibilities for ensuring that the charity keeps accounting records which comply with section 386 of the Act and for preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The members have not required the company to obtain an audit of its financial statements for the period in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 9 August 2021

N A Hansford
Trustee

Company Registration No. 05826791

NOTES TO THE FINANCIAL STATEMENTS

FOR THE PERIOD ENDED 30 NOVEMBER 2020

1 Accounting policies

Charity information

Hull FC Rugby Community Sports & Education Foundation is a private company limited by guarantee incorporated in England and Wales. The registered office is The Kingston Communications Stadium, The Circle, Anlaby Road, Hull, HU3 6JU.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's [governing document], the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of their charitable objectives unless the funds have been designated for other purposes.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Incoming resources

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE PERIOD ENDED 30 NOVEMBER 2020

1 Accounting policies

(Continued)

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

Turnover is measured at the fair value of the consideration received or receivable and represents amounts receivable for goods and services provided in the normal course of business, net of discounts, VAT and other sales related taxes.

1.5 Resources expended

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Leasehold improvements	10% on cost
Plant and equipment	20% on cost
Computers	20% on cost

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in net income/(expenditure) for the year.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

Intangible assets with indefinite useful lives and intangible assets not yet available for use are tested for impairment annually, and whenever there is an indication that the asset may be impaired.

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE PERIOD ENDED 30 NOVEMBER 2020

1 Accounting policies

(Continued)

1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.11 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

HULL FC RUGBY COMMUNITY SPORTS & EDUCATION FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE PERIOD ENDED 30 NOVEMBER 2020

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Donations and legacies

	Unrestricted funds	Restricted funds	Total	Total
	2020 £	2020 £	2020 £	2019 £
Donations and gifts	5,245	-	5,245	3,067
Grants	57,948	265,636	323,584	130,308
Sponsorship	12,500	-	12,500	12,500
	<u>75,693</u>	<u>265,636</u>	<u>341,329</u>	<u>145,875</u>
For the period ended 31 October 2019	<u>15,567</u>	<u>130,308</u>		<u>145,875</u>

4 Charitable activities

	Charitable activities 2020 £	Charitable activities 2019 £
Funded programmes	<u>118,718</u>	<u>245,818</u>

HULL FC RUGBY COMMUNITY SPORTS & EDUCATION FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE PERIOD ENDED 30 NOVEMBER 2020

5 Other income

	Unrestricted funds	Total
	2020 £	2019 £
HMRC CJRS Income	47,686	-
	<u>47,686</u>	<u>-</u>

HULL FC RUGBY COMMUNITY SPORTS & EDUCATION FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE PERIOD ENDED 30 NOVEMBER 2020

6 Charitable activities

	2020	2019
	£	£
Staff costs	205,325	186,727
Depreciation and impairment	2,717	1,919
Consultancy	5,450	10,515
Property costs	65,530	61,612
Insurance	412	11,982
Light, heat and water	23,471	19,181
Training and first aid	9,500	1,243
Fundraising expenses	-	1,687
Property repairs	17,138	3,296
Sirius Academy site running costs	2,755	9,202
Bank charges	789	2,798
Recharged costs	95,000	48,000
	<u>428,087</u>	<u>358,162</u>
	<u>428,087</u>	<u>358,162</u>
Analysis by fund		
Unrestricted funds	171,750	233,754
Restricted funds	256,337	124,408
	<u>428,087</u>	<u>358,162</u>

7 Trustees

None of the Trustees (or any persons connected with them) received any remuneration or benefits from the charity during the period.

HULL FC RUGBY COMMUNITY SPORTS & EDUCATION FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE PERIOD ENDED 30 NOVEMBER 2020

8 Employees

Number of employees

The average monthly number of employees during the period was:

	2020 Number	2019 Number
Management	1	1
Delivery	14	12
	15	13

Employment costs

	2020 £	2019 £
Wages and salaries	191,112	175,220
Social security costs	11,486	9,009
Other pension costs	2,727	2,498
	205,325	186,727

There were no employees whose annual remuneration was £60,000 or more.

9 Tangible fixed assets

	Leasehold improvements £	Plant and equipment £	Computers £	Total £
Cost				
At 1 November 2019	14,196	6,298	13,494	33,988
Additions	-	-	2,568	2,568
At 30 November 2020	14,196	6,298	16,062	36,556
Depreciation and impairment				
At 1 November 2019	10,489	5,579	9,116	25,184
Depreciation charged in the period	1,420	186	1,111	2,717
At 30 November 2020	11,909	5,765	10,227	27,901
Carrying amount				
At 30 November 2020	2,287	533	5,835	8,655
At 31 October 2019	3,707	719	4,378	8,804

HULL FC RUGBY COMMUNITY SPORTS & EDUCATION FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE PERIOD ENDED 30 NOVEMBER 2020

10 Debtors

	2020	2019
	£	£
Amounts falling due within one year:		
Trade debtors	31	9,921
Other debtors	27,000	158,500
Prepayments and accrued income	-	4,311
	<u>27,031</u>	<u>172,732</u>

11 Creditors: amounts falling due within one year

	2020	2019
	£	£
Borrowings	36,343	-
Other taxation and social security	-	5,390
Trade creditors	9,181	15,655
Other creditors	1,008	3,125
Accruals and deferred income	19,400	19,765
	<u>65,932</u>	<u>43,935</u>

12 Creditors: amounts falling due after more than one year

	Notes	2020	2019
		£	£
Bank loans		50,000	-
Other borrowings		101,163	140,000
		<u>151,163</u>	<u>140,000</u>

HULL FC RUGBY COMMUNITY SPORTS & EDUCATION FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS

FOR THE PERIOD ENDED 30 NOVEMBER 2020

13 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Movement in funds			
	Balance at 1 November 2019	Incoming resources	Resources expended 30 November 2020	Balance at 30 November 2020
	£	£	£	£
Henry Smith	25,612	-	(25,612)	-
Children in Need	6,088	9,450	(3,150)	12,388
Be Active Be Healthy	-	19,469	(16,873)	2,596
Garfield Weston	6,700	-	(6,700)	-
Two Ridings Community Foundation	2,125	9,970	(7,477)	4,618
Postcode Community Trust	7,000	-	(7,000)	-
Heritage Lottery Fund	4,640	7,680	(7,680)	4,640
Armed Forces Covenant	-	19,320	(17,460)	1,860
Back on Side	-	1,486	(1,486)	-
Lottery Funding	-	23,045	(18,651)	4,394
Hull FC Team Talk	-	13,080	(11,990)	1,090
Hull FC Teaming Up For Health	-	55,000	(36,666)	18,334
Humber Learning	-	1,500	(1,500)	-
Leeds Community Foundation	-	5,580	(1,395)	4,185
Veterans Foundation	-	6,000	(2,500)	3,500
YEF	-	15,000	(15,000)	-
Youth Fund	-	10,296	(7,722)	2,574
Hull City Council	-	21,571	(25,436)	(3,865)
Home Office	-	14,667	(14,667)	-
Help for Health	-	4,750	(4,500)	250
Hidden Charitable Fund	-	5,000	(3,750)	1,250
RLC Sport England	-	5,946	(5,946)	-
Connected Rugby Project	-	4,000	(350)	3,650
CLLD	-	5,266	(5,266)	-
Community Sports Partnership	-	3,000	(3,000)	-
Active Humber	-	4,560	(4,560)	-
	52,165	265,636	(256,337)	61,464

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE PERIOD ENDED 30 NOVEMBER 2020

13 Restricted funds

(Continued)

Comic Relief - (Project Title - FC Employment through Sport) will benefit NEET young people aged 16-18 with additional needs from the highly deprived Riverside area of Hull. Weekly sport activities will attract young people and keep them engaged whilst providing training, support and work experience to address their NEET status.

Henry Smith - This funding is to be used to deliver a Better Futures programme to benefit young people in the city over a three year period by providing a wide range of courses and an employability pathway.

Children in Need - Delivers community engagement activities for young people aged 13-18 that tackles mental ill health through the power of sport. Our project will build on regular participation in physical activity whilst also building mental resilience and confidence in young people.

Be Active Be Healthy - The 'Be Active Be Healthy' project will provide a weekly programme of physical activity, social engagement through group learning for one hundred and fifty service users per year, within the Pickering, Boothferry, Newington and St. Andrew's wards in Hull. The service users will be from the following five groups: unemployed adults, adults with mental ill-health, middle aged men, older people, and adults with a learning disability.

Each group will have access to an eighty-minute intervention on a set day per week comprising forty minutes of bespoke, needs led physical activity followed by forty minutes of group activity which will vary in topic per group, but will always include a healthy eating and diet element.

Garfield Weston - This funding allows the Foundation to offer an initial engagement into positive activity that promotes health and well-being for people who are currently inactive. Each session will provide high quality physical activity and a social aspect that promotes health education and friendships all within a unique, non-clinical environment.

Co-Operative grant - Funding for the delivery of targeted outreach sessions across 5 evenings per week.

Two Ridings Community Foundation - 'Raise Your Game' proposal centres on delivering street sport sessions to young people in Goole and Withernsea whilst supporting volunteers to sustain sessions in Bridlington South through the provision of equipment and marketing support.

ACT Foundation - Our aim is to provide disadvantaged young people who reside within some of the most deprived areas within Hull with the fundamental life skills and infrastructure necessary to allow them to reach their full potential in all areas of life and to become a valued member of their local community. The demographic of our target audience are young people aged 16-21 years who are greatly disadvantaged in respect of both their well-being and in terms of their transition into employment and adulthood.

Postcode Community Trust - 'Team Mate' will offer a 12-week intervention to forty young people (4 groups of 10) aged 14-19 who are currently in care and having difficulty engaging in mainstream education.

Heritage Lottery Fund - This funding is for a project called 'Gentleman John' A True Hull Great, and will profile the life of Johnny Whiteley MBE. The project will promote sporting heritage, celebrating Johnny's career as he approaches his 90th birthday in November 2020.

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE PERIOD ENDED 30 NOVEMBER 2020

13 Restricted funds

(Continued)

Hull FC Team Talk ‘Team Talk’ will support any Make aged 18 and above living in Hull to access sport and wellbeing sessions. With partners such as Hull & East Yorkshire Mind and Humber, Coast and Vale STP participants will develop the skills, confidence and understanding to maintain and improve both their physical and mental wellbeing.

Hull FC Teaming Up for Health ‘Teaming Up for Health’ completed its first-year pilot in March 2019 having focused on building proactive partnerships with the local voluntary sector and testing a range of health interventions concentrated on communities located in areas of high deprivation. The partnership was not just about promoting rugby league participation but sought to use the brands of two of the City’s professional clubs along with their players, stadia, and community teams to act as a catalyst to engage local people in quality interventions that supported improved health and wellbeing outcomes.

‘Teaming up for Health’ proposes to use the **Power**, **Inspiration** and **Values** of both clubs to make a difference by:

- Delivering Innovative Programmes for People of all Ages.
- Developing Sustainable Partnerships for the Benefit of Local People
- Providing New Opportunities through Sport for Hard to Engage Groups

Hull City Council - CLLD Supported by funding from the Humber Learning Consortium through its Community Local Led Development programme, ‘Create’ will work with 100 eligible beneficiaries from the West Hull and Central Hub area across a two-year period. ‘Create’ is proposed following a thorough co-design process with potential beneficiaries and wide-ranging partnership group including organisations from the public, private, and third sector. It offers bespoke, outcome focused provision, engaging beneficiaries through the ‘power of sport’ in a City which is renowned for its sporting culture. It’s unique selling point is based on creating an environment that supports the beneficiary to lead a healthy lifestyle, knowing that evidence suggests good physical and mental health are vital to both gaining and sustaining employment and that unemployment can leave a person isolated and with poor health.

Leeds Community Foundation ‘Tackling Energy’ will empower children to be more aware of their energy environmental impact, energy efficiency and carbon footprint. We will engage over 9,000 children from thirty schools across Hull in an innovative assembly programme which supports them to improve their knowledge and confidence about energy matters, resulting in them being empowered to take key messages home to their parents which influence change.

Veterans Foundation With the support of the Veterans’ Foundation, ‘FC Veterans’ offers a weekly sport and wellbeing session at our community performance centre. This ninety minute session is exclusively for veterans and include forty minutes of physical activity (touch rugby, gym exercise) followed by forty minutes of mental resilience activity within a group focusing on topics including coping strategies, managing setbacks, relaxation therapies and mood management. The project will develop new social networks for veterans whilst supporting improved physical and mental health. We will work with partners from across the Hull Military Covenant Forum to provide signposting into more specialist services on a need led basis.

Youth Endowment Fund Inspiring Futures’ comprises three strands which use rugby league as a catalyst to engage young people aged 11 to 14 in crime prevention work in the classroom, local community, and with their families. Our project is delivered within our local authority area, promoting positive, aspirational messages to large groups of young people through to targeted interventions for those identified as high risk of engaging in crime.

13 Restricted funds

(Continued)

Hilden Charitable Trust 'Inside Out' will engage 48 men currently in Hull Prison who have less than eighteen months remaining on their sentence in a bespoke sport and wellbeing project.

Connected By Rugby 'Connected by Rugby' will provide weekly online social reminiscence and physical activity sessions for 150 older people over a one year period who live within highly deprived areas of Hull.

Active Humber Delivery of physical activity sessions, primarily touch rugby, to targeted vulnerable groups within the community who have heightened feelings of loneliness and isolation as evidenced through consultation during the lockdown period. 'Empower' sessions will offer new activity with the participant groups, acting as a catalyst for facilitating re-engagement in broader wellbeing and employability provision offered by the Foundation (which includes mainstream touch rugby provision).

Youth Fund Delivery of three, two-hour multi-sport sessions each week in areas of significant deprivation across Hull including Orchard Park (HU6), Thornton Estate (HU3), and Bransholme (HU7). The objective is to provide accessible, positive activity to young people aged 9 - 17 (one hour for 9 - 13-year-olds, one hour for 14 - 17 year olds) which promote physical activity, healthy lifestyles, and positive social relationships. Each session is delivered by qualified coaches employed by the Foundation who have significant experience in delivering youth focused activities. They work closely with local schools and youth networks to local engage young people, with a particular focus on supporting those at risk of isolation and those who may engage in anti-social behaviour within their community.

Humber Learning – This Ability This-Ability project is targeted at young people with a disability/learning disability, learning difficulty or a long-term health condition, who require support in accessing and gaining employment and may need ongoing support within the workplace to ensure they sustain their job.

Home Office 'Team Mate' will involve a dedicated 'Hub Officer' working within three secondary schools. The 'Hub Officer' will deliver a bespoke 'Team Mate' workshop programme within tutorial sessions engaging every student in years 10 and 11 as well as leading full year assemblies. The workshop content focuses on the four key themes of 'Hard Work', 'Dedication', 'Respect' and 'Team Work', setting these aspirational messages against the dangers of knife crime.

RLC Sport England In applying to the 'Return to Play' fund, 'In it Together' prioritises supporting adults who live with a disability in Hull, who participated in our inclusive wheelchair rugby programme prior to Covid-19, to return to regular physical activity in a safe environment.

Community Sports Partnership In partnership with Hull University, a range of sport-specific sessions involving professional staff from the University of Hull as well as students to deliver sessions in Strength and Conditioning, Sports Coaching, Sports Performance, Nutrition to provide an insight into what it is like studying sport in Higher Education. The overall purpose of the project is to raise aspirations amongst young learners in Hull to inform them of the fantastic opportunities that are available for them if they go to university.

Help for Health The programme will deliver two 80-minute open sessions per week from within Hull FC Facilities at County Road and the Youth Performance Centre (Pickering Road). We can evidence numerous examples of the benefits of taking health initiatives and delivering them from 'male friendly' stigma free arenas to increase engagement; examples include our Fit 4 FC scheme which engaged 50 men with mental and physical health issues that failed to engage other statutory provision.

HULL FC RUGBY COMMUNITY SPORTS & EDUCATION FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE PERIOD ENDED 30 NOVEMBER 2020

14 Analysis of net assets between funds

	Unrestricted 2020 £	Restricted 2020 £	Total 2020 £	Total 2019 £
Fund balances at 30 November 2020 are represented by:				
Tangible assets	8,655	-	8,655	8,804
Current assets/(liabilities)	224,582	61,464	286,046	195,088
Long term liabilities	(151,163)	-	(151,163)	(140,000)
	<u>82,074</u>	<u>61,464</u>	<u>143,538</u>	<u>63,892</u>

15 Related party transactions

There were no disclosable related party transactions during the period (2019 - none).

Document Activity Report

Document Sent

Wed, 25 Aug 2021 07:07:58 GMT

Document Activity History

Document history shows most recent activity first

Date	Activity
Tue, 31 Aug 2021 07:34:18 GMT	Nigel Hansford viewed the document
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