

REGISTERED COMPANY NUMBER: 05765489 (England and Wales)  
REGISTERED CHARITY NUMBER: 1117795

**REPORT OF THE TRUSTEES AND**  
**UNAUDITED FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 30TH APRIL 2021**  
**FOR**  
**THE FOUNDATION FOR MOTHER AND CHILD**  
**HEALTH**

Champion TLL Ltd  
Chartered Accountants  
7-9 Station Road  
Hesketh Bank  
Preston  
Lancashire  
PR4 6SN



**THE FOUNDATION FOR MOTHER AND CHILD  
HEALTH**

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FOR THE YEAR ENDED 30TH APRIL 2021**

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**THE FOUNDATION FOR MOTHER AND CHILD  
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**REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 30TH APRIL 2021**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 30th April 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

**OBJECTIVES AND ACTIVITIES**

**Objectives and aims**

The objective of the charity is to improve the lives of mothers and children in local communities by providing programmes focused on health, nutrition, education and sustainable skills training. It aims to meet this objective by having a presence whereby it can raise funds in the UK and pass these onto 'grass roots' charities in other parts of the world. At present, we work with communities in India and Indonesia, in order they can continue to extend the vital work done in those countries.

**Public Benefit**

The Trustees have considered the Charity Commission Guidance regarding Public Benefit and are satisfied that the Charity has met the necessary criteria during the year, through the activities described in this document.

**Volunteers**

The charity is reliant on the trustees who are key volunteers to the organisation. In addition, the trustees would in turn like to record their appreciation to all who have helped in starting to raise funds for the charity and publicising its cause.

**THE FOUNDATION FOR MOTHER AND CHILD  
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**REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 30TH APRIL 2021**

**ACHIEVEMENT AND PERFORMANCE**

**Charitable activities  
FMCH UK**

Globally, this has been a tumultuous year. The COVID 19 pandemic has resulted in millions of people dying and many more millions becoming infected. Families around the world are grieving. Unemployment has risen, and around the world people have had to change their lifestyles - working in lockdown from home, unable to mix socially. Individuals have found lockdown hugely stressful - the numbers of people suffering from mental health illnesses have increased hugely. Global supply chains have broken down leading to shortages of food and essential medication and equipment. Inflation is rising.

However, through this dark period, there are glimmers of hope.

Temporary lockdown measures appear to help reduce the spread of COVID infection within populations, pharmaceutical companies are developing vaccines that appear to slow the rate of COVID infection and offer protection for vulnerable people. And although at the moment, not all countries have equal access to these vaccinations, and those governments who do have vaccines, have not always found it easy to vaccinate their populations, this appears to be slowly improving.

We have all learnt to adapt to our different working lifestyles, learning new ways of communicating with peers and beneficiaries through new apps, and using platforms like Zoom and Teams. We have all inadvertently reduced our carbon footprint as we cut down on face-to-face meetings, but still endeavour to carry on our work wherever we live in the world.

In the UK, we have continued to work with colleagues to translate the 'Perinatal Positivity' animated film into several different languages. Progress has been slow through lockdown, but the project will be complete by the end of 2021.

**FMCH-India summary 2020-2021**

"2020-21: the year that was..."

We may not be born with resilience, but it can be built over time as our experiences interact with our unique, individual genetic makeup. We all respond differently to stress and adversity, like the COVID-19 pandemic.

During the pandemic at FMCH India, we leveraged the spirit of teamwork to grow resilience. Initially, working virtually, our team and beneficiaries faced problems such as connectivity issues, lack of access to smartphones and difficulty in using video calling applications. But we continued to stay in touch with mothers, completing need assessments with them and collecting data about their mental and physical health through telephone interviews.

We hosted fundraisers, and distributed rations and hygiene kits amongst our community members. Our staff continued to educate mothers through phone calls. We formed several **W h a t s A p p** groups for p r e g n a n t and lactating mothers and mothers of children aged between 7-24 months. If they had any questions, the information was provided in the group. These groups were very successful, with information reaching people through videos and IEC materials.

Our team and field officers missed meeting in person, but we understood how difficult and uncertain the situation was. We allowed ourselves to slow down and develop a greater sense of empathy towards ourselves and others. Social connectedness ensured that none of our team and community members were alone in spirit. As COVID cases started going down, we resumed operations with full precautions and safety protocols in place.

Our field officers were instrumental in making the mothers feel at home through it all. At the same time, our **NuTree App**, launched in June 2020, added a layer of support for field workers. As the world continues to venture into uncharted waters, at FMCH, we have learnt the importance of collective resilience which has helped us come out stronger in trying times in the last one year. And we will keep fighting the good fight

To find out more about FMCH India and their work during 2020/21:

[www.fmch-india.org](http://www.fmch-india.org)

**FMCH Indonesia - summary report 2020-2021**

**THE FOUNDATION FOR MOTHER AND CHILD  
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**REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 30TH APRIL 2021**

"2020-21: We made it..."

FMCH Indonesia's programmes focus on:

1. The first 1000 day & early childhood - health, nutrition, and wellbeing of children from conception to early childhood; and expectant and caregiving mothers
2. Girls and Women - health, nutrition, wellbeing, literacy, and/or empowerment of girls, and women particularly during their reproductive age, and social enterprise

**COVID-19 Response and FMCH Indonesia:**

Unprecedented times call for unprecedented measures. As COVID-19 restrained the world, our collective resilience to the global pandemic was put to the test. Hand in hand with various partners, FMCH Indonesia, worked to support women and children's health and well-being during the pandemic.

1,500 cloth masks were made by FMCH Indonesia and distributed to communities we support in Jakarta, West Java, and Nusa Tenggara Timur.

1,500 hygiene packs were distributed to FMCH beneficiaries in Jakarta, Jawa Barat, and Nusa Tenggara Timur.

2,000 activity books, produced by FMCH Indonesia, were distributed to pre-school children in Jakarta, West Java, and Nusa Tenggara Timur.

6,000 book series about Covid-19, created especially for children, parents, and pregnant women were distributed.

Three Covid-19 Education Animation series were launched through FMCH Indonesia's social media.

Throughout 2020/21, FMCH Indonesia adapted quickly to the 'new normal', changing their strategies and approaches to running programmes and ensuring all activities maintained strict health protocols. We converted face-to-face teaching and training for pre-school children, mothers, and factory workers, into learning from home, using online meeting platforms such as Zoom, Google Meeting and WhatsApp Group Meetings. We also changed the learning methods that integrated physical and mental health well-being for children.

As COVID infection levels gradually fall and restrictions across Indonesia gradually relax, less programmes are being held via telephone and more programmes are taking place face to face. We are waiting to see what the future holds for us in 2021/2.

To find out more about FMCH Indonesia and their work during 2020/21:

[www.fmch-indonesia.org](http://www.fmch-indonesia.org)

**FINANCIAL REVIEW**

**Reserves policy**

The Charity is in its eleventh year, and has needed to distribute all of its unrestricted reserves to date for direct charitable purposes. The funds held at the year end of £3,280 are restricted specifically for work in Jakarta and west Timor.

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The charitable company is controlled by its governing document, being its Memorandum and Articles of Association, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 1985. Each trustee is also a Member of the charity and in the event of the charity being wound up, the liability of each member is limited.

**Recruitment and appointment of new trustees**

When new trustees are required, either to replace an existing trustee or to expand the experience and knowledge represented across the Board, appointment is made upon unanimous decision of the existing Board.

**THE FOUNDATION FOR MOTHER AND CHILD  
HEALTH**

**REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 30TH APRIL 2021**

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Induction and training of new trustees**

New trustees are provided with a copy of the charity's governing document and financial accounts, together with a detailed brief as to the background and activities of the charity. Trustees are also each provided with a copy of the Charity Commission guidance regarding trustee responsibilities and good governance.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Company number**

05765489 (England and Wales)

**Registered Charity number**

1117795

**Registered office**

4 Spencers Belle Vue

Landsdown Road

Bath

BA1 5ER

**Trustees**

Mrs B M Jayson MBE

Mrs K Compton

Mrs R Penrhyn Jones

Mrs L Simpson

H Penrhyn Jones

**Company Secretary**

**Independent Examiner**

Mr P Buck FCA, DChA

Champion TLL Ltd

Chartered Accountants

7-9 Station Road

Hesketh Bank

Preston

Lancashire

PR4 6SN

**Advisers**

TLL Accountants

**Bankers**

HSBC Bank plc

Approved by order of the board of trustees on ..... 8/12/2021 ..... and signed on its behalf by:

  
.....  
Mrs B M Jayson MBE - Trustee



**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF**  
**THE FOUNDATION FOR MOTHER AND CHILD**  
**HEALTH**

**Independent examiner's report to the trustees of The Foundation for Mother and Child Health ('the Company')**  
I report to the charity trustees on my examination of the accounts of the Company for the year ended 30th April 2021.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Mr P Buck FCA, DChA  
Champion TLL Ltd  
Chartered Accountants  
7-9 Station Road  
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Date: 9/12/2021

**THE FOUNDATION FOR MOTHER AND CHILD  
HEALTH**

**STATEMENT OF FINANCIAL ACTIVITIES  
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)  
FOR THE YEAR ENDED 30TH APRIL 2021**

	Notes	Unrestricted fund £	Restricted fund £	2021 Total funds £	2020 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies		1,624	33,360	34,984	7,584
<b>EXPENDITURE ON</b>					
Raising funds	2	435	-	435	393
<b>Charitable activities</b>	3				
Overseas Support - Grants payable		6,537	33,777	40,314	9,135
<b>Total</b>		<u>6,972</u>	<u>33,777</u>	<u>40,749</u>	<u>9,528</u>
<b>NET INCOME/(EXPENDITURE)</b>		<u>(5,348)</u>	<u>(417)</u>	<u>(5,765)</u>	<u>(1,944)</u>
<b>Transfers between funds</b>	9	<u>3,099</u>	<u>(3,099)</u>	<u>-</u>	<u>-</u>
<b>Net movement in funds</b>		<u>(2,249)</u>	<u>(3,516)</u>	<u>(5,765)</u>	<u>(1,944)</u>
<b>RECONCILIATION OF FUNDS</b>					
<b>Total funds brought forward</b>		2,249	6,796	9,045	10,989
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>-</u></u>	<u><u>3,280</u></u>	<u><u>3,280</u></u>	<u><u>9,045</u></u>

The notes form part of these financial statements

**THE FOUNDATION FOR MOTHER AND CHILD  
HEALTH**

**BALANCE SHEET  
30TH APRIL 2021**

	Notes	Unrestricted fund £	Restricted fund £	2021 Total funds £	2020 Total funds £
<b>CURRENT ASSETS</b>					
Cash at bank		450	3,280	3,730	9,495
<b>CREDITORS</b>					
Amounts falling due within one year	8	(450)	-	(450)	(450)
<b>NET CURRENT ASSETS</b>		-	3,280	3,280	9,045
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		-	3,280	3,280	9,045
<b>NET ASSETS</b>		-	3,280	3,280	9,045
<b>FUNDS</b>	9				
Unrestricted funds				-	2,249
Restricted funds				3,280	6,796
<b>TOTAL FUNDS</b>				3,280	9,045

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30th April 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 30th April 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 8-12-2021 and were signed on its behalf by:

  
Mrs B M Jayson MBE - Trustee

The notes form part of these financial statements

**THE FOUNDATION FOR MOTHER AND CHILD  
HEALTH**

**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 30TH APRIL 2021**

**1. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

**Taxation**

The charity is exempt from corporation tax on its charitable activities.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**Grants payable**

Grants awarded during the year are shown as direct charitable expenses. Any amounts not actually paid out at the year end are accrued as creditors due if an award has been communicated or minuted prior to the year end.

**Support costs**

Since all of activities/costs relate to the charity's single charitable activity heading, all support costs have been allocated here and as such a separate analysis/description or allocation basis is not required.

**THE FOUNDATION FOR MOTHER AND CHILD  
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**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 30TH APRIL 2021**

**2. RAISING FUNDS**

**Raising donations and legacies**

	2021	2020
	£	£
Bank charges	219	159
On-line giving fees	216	234
	<u>435</u>	<u>393</u>

**3. CHARITABLE ACTIVITIES COSTS**

	Grant funding of activities (see note 4)	Support costs (see note 5)	Totals
	£	£	£
Overseas Support - Grants payable	<u>39,864</u>	<u>450</u>	<u>40,314</u>

**4. GRANTS PAYABLE**

	2021	2020
	£	£
Overseas Support - Grants payable	<u>39,864</u>	<u>8,685</u>

The total grants paid to institutions during the year was as follows:

	2021	2020
	£	£
West Timor and Jakarta, Indonesia and Balita.	33,760	8,685
Orchid Project	17	-
Formed Films	6,087	-
	<u>39,864</u>	<u>8,685</u>

As described in the trustees' report, grants payable to the registered charities noted above are key to the achievement of this charity's objectives.

**5. SUPPORT COSTS**

	Governance costs
	£
Overseas Support - Grants payable	<u>450</u>

**THE FOUNDATION FOR MOTHER AND CHILD  
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**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 30TH APRIL 2021**

**6. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 30th April 2021 nor for the year ended 30th April 2020.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 30th April 2021 nor for the year ended 30th April 2020.

**7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted fund £	Restricted fund £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	2,584	5,000	7,584
 <b>EXPENDITURE ON</b>			
Raising funds	393	-	393
 <b>Charitable activities</b>			
Overseas Support - Grants payable	450	8,685	9,135
 <b>Total</b>	<u>843</u>	<u>8,685</u>	<u>9,528</u>
 <b>NET INCOME/(EXPENDITURE)</b>	<u>1,741</u>	<u>(3,685)</u>	<u>(1,944)</u>
 <b>RECONCILIATION OF FUNDS</b>			
 Total funds brought forward	508	10,481	10,989
 <b>TOTAL FUNDS CARRIED FORWARD</b>	<u><u>2,249</u></u>	<u><u>6,796</u></u>	<u><u>9,045</u></u>

**THE FOUNDATION FOR MOTHER AND CHILD  
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**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 30TH APRIL 2021**

**8. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2021 £	2020 £
Accrued expenses	450	450
	<u>450</u>	<u>450</u>

**9. MOVEMENT IN FUNDS**

	At 1.5.20 £	Net movement in funds £	Transfers between funds £	At 30.4.21 £
<b>Unrestricted funds</b>				
General fund	2,249	(5,348)	3,099	-
<b>Restricted funds</b>				
Restricted	6,796	(417)	(3,099)	3,280
<b>TOTAL FUNDS</b>	<u>9,045</u>	<u>(5,765)</u>	<u>-</u>	<u>3,280</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	1,624	(6,972)	(5,348)
<b>Restricted funds</b>			
Restricted	33,360	(33,777)	(417)
<b>TOTAL FUNDS</b>	<u>34,984</u>	<u>(40,749)</u>	<u>(5,765)</u>

**Comparatives for movement in funds**

	At 1.5.19 £	Net movement in funds £	At 30.4.20 £
<b>Unrestricted funds</b>			
General fund	508	1,741	2,249
<b>Restricted funds</b>			
Restricted	10,481	(3,685)	6,796
<b>TOTAL FUNDS</b>	<u>10,989</u>	<u>(1,944)</u>	<u>9,045</u>

**THE FOUNDATION FOR MOTHER AND CHILD  
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**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 30TH APRIL 2021**

**9. MOVEMENT IN FUNDS - continued**

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	2,584	(843)	1,741
<b>Restricted funds</b>			
Restricted	5,000	(8,685)	(3,685)
<b>TOTAL FUNDS</b>	<u>7,584</u>	<u>(9,528)</u>	<u>(1,944)</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.5.19 £	Net movement in funds £	Transfers between funds £	At 30.4.21 £
<b>Unrestricted funds</b>				
General fund	508	(3,607)	3,099	-
<b>Restricted funds</b>				
Restricted	10,481	(4,102)	(3,099)	3,280
<b>TOTAL FUNDS</b>	<u>10,989</u>	<u>(7,709)</u>	<u>-</u>	<u>3,280</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	4,208	(7,815)	(3,607)
<b>Restricted funds</b>			
Restricted	38,360	(42,462)	(4,102)
<b>TOTAL FUNDS</b>	<u>42,568</u>	<u>(50,277)</u>	<u>(7,709)</u>

**Restricted funds**

The balance on restricted funds relates wholly to monies awaiting transfer to various projects, which may be summarised as follows :-

- FMCH Indonesia - Jakarta activities £2,845
- FMCH Indonesia- West Timor activities £435



**THE FOUNDATION FOR MOTHER AND CHILD  
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**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 30TH APRIL 2021**

**10. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 30th April 2021.

