

SEEDS FOR GROWTH CHARITY DIRECTOR'S ANNUAL REPORT

OBJECTIVES OF THE CHARITY

- a) to advance the education of persons from disadvantaged communities and others in various charitable areas that address social and economic circumstances and health issues.
- b) to promote for the benefit of the public the conservation, protection, and improvement of the physical and natural environment by promoting recycling and sustainability practices; and
- c) the promotion of such other purposes, being exclusively charitable according to the law of England and Wales, as the trustees may determine from time to time.

GREENING COMMUNITIES

Greening Communities specialises in identifying under-utilised land within social housing estates. The charity actively engages with local tenants to form community-led groups that establish and manage their own new communal gardens.

Tenant-led steering committees oversee these gardens' design, development, and management, empowering residents with the skills and confidence needed for effective garden management. These committees reflect the estate's demographic diversity.

The charity has launched 20 gardens that boost community confidence, provide fresh, locally grown food, and mitigate climate change impacts through carbon savings, flood reduction, shade provision, noise abatement, bird habitat enhancement, and biodiversity enhancement.

The gardens provide a relaxed place for young people and adults to sit and chat and a safe place for children to play. Greening Communities address 13 of the 17 United Nations Sustainable Development Goals.

A nationwide expansion is planned, whereby 100 Third Sector organisations in cities and large towns will purchase, for a nominal fee, a Greening Communities Satellite based on franchise principles. All the satellites will receive a community garden launch pack, enabling them to establish successful community gardens. The pack will include guidance documents, pro-forma, films, lists of design and build construction companies, local and national grant sources, and garden suppliers, etc. Mentoring and one-to-one support will be provided.

By 2028 the 100 Greening Communities Satellites will have been established and each will create at least 5 new green spaces per year. Combined with the 100 to be generated in London, 600 new green spaces will be launched annually in the UK.

GREEN DREAMS – SOCIAL PRESCRIBING

This Green Dreams program supports residents facing the challenges of depression, social isolation, and loneliness through our group gardening sessions and guided excursions to ecological sites. These excursions include nature-based art activities to aid physical and mental well-being.

In socialising with others experiencing mental health problems, participants may be exposed to new perspectives and approaches to dealing with the issues that they are facing - particularly given that many of their co-participants are from the same area as them and likely to have shared similar challenges. In developing a garden together, participants will invest in a collective project. Through this process, participants will feel a sense of purpose, learn to trust one another, and have trust in their future - a critical philosophical tenet of gardening. Through interacting with and learning about nature, participants will feel a greater connection to the land and thus feel part of an interconnected world - a sensation and place proven to abate many mental health conditions.

▪

STRUCTURE, GOVERNANCE and MANAGEMENT

The charity is a company limited by guarantee and, therefore, governed by its memorandum and articles of association.

The trustees meet regularly to make decisions and monitor the charity's work. The board of trustees is authorised to appoint new trustees to fill vacancies arising through the resignation or death of an existing trustee.

The Trustees are responsible for keeping proper accounting records that disclose the charity's financial position with reasonable accuracy at all times to enable them to ensure that the financial statements comply with the Companies Act 2006.

The Trustees are also responsible for safeguarding the charity's assets and taking reasonable steps to prevent and detect fraud and other irregularities.

These accounts were prepared under the provisions applicable to companies subject to the small company's regime as set out in Part 15 of the Companies Act 2006 and in accordance with the Charities SORP (FRS 102).

FINANCIAL REVIEW

During the year, the Charity received income of £63,823 (2023: £61,507), of which £54,144 (2023 nil) was restricted.

Total expenditure during the year amounted to £82,535 (2023: £31,855), of which £30,055 was restricted.

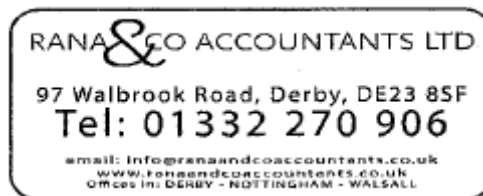
Net income for the year amounted to £21,975 (2023: £40,686). At the year's end, the general fund stood at -£2,319 (2023: £39,981)

SEEDS FOR GROWTH

Trustees Annual Report and Financial
statements for
Year Ended 31 March 2024

Charity No 1117640

Company No 05940935



Rana & Co Accountants Ltd
97 Walbrook Road
DERBY
DE23 8SF

SEEDS FOR GROWTH
Trustees Annual Report and Financial Statement
Year ended 31 March 2024

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Reference and Administrative Information

Company No	5940935
Charity Name	SEEDS FOR GROWTH
Charity Registration Number	1117640
Registered Office	128 Cannon Workshops Cannon Drive London E14 4AS
Directors and Trustees	The Directors of the charitable company are its Trustee for the purposes of charity law. The following Directors and Trustees served during the year: Elise ASH Andrea AU (resigned 2 February 2024) Matthew BUCHANAN Danielle EDWARDS Nikos KOTINAS (resigned 3 February 2024) Camila MIZUNO James ODEM Hannah SMITH (resigned 8 October 2023) Shwetha SREEKUMAR
Company Secretary	Gregory COHN
Independent Examiner	Rana & Co Accountants Ltd 97 Walbrook Road DERBY DE23 8SF

Director's Report

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These accounts were prepared under the provisions applicable to companies subject to the small company's regime as set out in Part 15 of the Companies Act 2006 and in accordance with the Charities SORP (FRS 102).

FINANCIAL REVIEW

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Independent Examiner's Report to the Trustees of SEEDS FOR GROWTH

I report on the accounts of the charity for the year ended 31 March 2024 which are set out on pages 6 to 8.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity trustees consider that an audit is not required for this year under section 144 of the Charity Act 2011 (the Charity Act). It is my responsibility to:

- examine the accounts under section 145 of the Charities Act;
- follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charity Act), and
- to state whether particular matters have come to my attention

Basis of independent examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the organisation and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeks explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would **be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view"**¹¹ and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In the course of my examination, no material matters have come to my attention:

- 1 ,which gives me reasonable cause to believe that in any material respect, the requirements
 - to keep accounting records were not kept in accordance with section 130 of the Charities Act or
 - to prepare accounts which accord with the accounting records and comply with the accounting requirement of the Charities Act have not been met, or
- 2 to which, in my opinion, attention should be drawn to enable a proper understanding of the accounts to be reached.



Rana & Co Accountants Ltd 97 Walbrook Road
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Date: 17/12/2024

SEEDS FOR GROWTH

Statement of Financial Activities Year ended 31 March 2024

		Unrestricted	Restricted		
		Funds	Funds	Total	Total
		2024	2024	2024	2023
Income	Notes	£	£	£	£
Grants	4	0	54144	54144	61507
Donations and legacies		4850	0	4850	0
HMRC tax refund		4829	0	4829	0
		9679	54144	63823	61507
Expenditure					
Costs of generating donations and legacies		234	0	234	6812
Greening Communities Project		0	30555	30555	0
Salaries/wages		30716	8167	38883	20300
Staff training		481	0	481	47
Travel and subsistence		0	44	44	82
General insurance		147	0	147	80
Information and publications		496	488	984	10
Software, IT support and related costs		2056	2300	4356	1223
Stationery and printing		500	896	1396	769
Subscriptions		722	0	722	379
Sundry expenses		537	378	915	701
Telephone and broadband		438	487	925	425
Accountancy and bookkeeping		899	0	899	505
Other legal and professional costs		1993	0	1993	552
		39219	43315	82535	31885
Surplus/(Defecit) for year		-29540	10829	-18712	29622
Other gains/Transfers		0	0	0	0
Total funds brought forward		39981	705	40686	11064
Total funds carried forward		10441	11534	21975	40686

SEEDS FOR GROWTH

Balance Sheet at 31 March 2024

		Total 2024 £	Total 2023 £
	Notes		
<u>Current assets</u>			
Debtors	8	0	51
Cash at bank and in hand		23578	42290
		23578	42341
Creditors: Amount falling due within one year	9	0	1655
Net current asset		23578	40686
The funds of the charity			
Restricted Funds	10		
Restricted income funds		11534	705
Unrestricted Funds	10		
General funds		10441	39981
Reserves	10		
Total funds		21975	40686

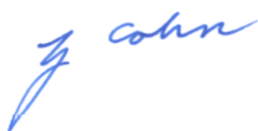
These accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

For the year ended 31 March 2023 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

Approved by the board on 18 December 2023
and signed on its behalf by:



Gregory J. Cohn
Company Secretary
on behalf of the Board of directors
17/12/2024

SEEDS FOR GROWTH

Statement of Balances

Notes to the Accounts

Notes 1 Accounting policies

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Note 2 Company status

Note 3

Creditors	0
	<u>0</u>

Note 4

Restricted funds

	Opening Balance	Income	Expenditure	Transfer	Closing Balance
Funder 1	705	54144	43315	0	11534
	<u>705</u>	<u>54144.14</u>	<u>43315</u>	<u>0</u>	<u>11534</u>

Note 5

In the accounts of 31 March 2023, the funds balances should have been expressed as:

Unrestricted funds £3,027

Restricted funds £37,659

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