

# Friends of Somerset Young Carers

England & Wales - Charity number 1117350

## Details

---

**Other names** FRIENDS OF SOMERSET YOUNG CARERS PROJECT

**Status** Registered

**Legal form** Other

**Registered** 2006-12-21

**Register** [View on the Charity Commission register](#)

## Contact

---

**Address** 37a Main Road  
Middlezoy  
Bridgwater  
TA7 0NJ

**Phone** 01823698804

**Email** [alison.adlam@btinternet.com](mailto:alison.adlam@btinternet.com)

## Activities

---

**Objects:** TO PRESERVE AND PROTECT THE HEALTH OF THOSE YOUNG PEOPLE CARING FOR RELATIVES WITH PHYSICAL OR MENTAL ILL HEALTH OR SENSORY IMPAIRMENT WITHIN THE FAMILY OR HOME BY OFFERING SUPPORT AND/OR FINANCIAL ASSISTANCE FOR RECREATIONAL VISITS, ACTIVITIES AND OTHER APPROPRIATE RESPITE BREAKS TO GROUPS OR INDIVIDUAL YOUNG CARERS.

**Activities:** COLLECT CHARITABLE DONATIONS AND APPLY FOR CHARITABLE GRANTS TO DISTRIBUTE TO YOUNG CARERS BY INDIVIDUAL OR GROUP APPLICATIONS. WE ALSO FUND COUNSELLING SESSIONS FOR YOUNG CARERS WHEN RECOMMENDED BY LOCAL AUTHORITY PROJECT WORKERS.

## Classification

---

- **How:** Makes Grants To Individuals
- **What:** Amateur Sport
- **Who:** Children/young People

## Geography

- **Area of benefit:** NOT DEFINED. IN PRACTICE, SOMERSET.
- Somerset

## Finances

| Period end | Income  | Expenditure | Assets | Employees |
|------------|---------|-------------|--------|-----------|
| 2024-12-31 | £7,623  | £12,367     | -      | -         |
| 2023-12-31 | £6,505  | £14,112     | -      | -         |
| 2022-12-31 | £5,378  | £4,674      | -      | -         |
| 2021-12-31 | £1,140  | £659        | -      | -         |
| 2020-12-31 | £30,489 | £833        | -      | -         |

## Trustees

| Name                | Role  | Appointed  |
|---------------------|-------|------------|
| Alison Adlam        | Chair | 2016-06-20 |
| Graham Hall         |       | 2016-06-20 |
| Jane Seymour Gibbs  |       | 2021-09-20 |
| Nigel Frank Gregory |       | 2021-09-20 |
| Rebecca Ashton      |       | 2026-06-01 |
| Susan Wright        |       | 2024-06-10 |

**Friends of Somerset Young Carers**

England & Wales - Charity number 1117350

---

# Accounts

---

## **Chair's of FoSYCP Report AGM 2021.**

At our AGM last year we had no idea what was going to be happening for the coming year due to the rapidly changing situation with the first Lockdown being implemented a month previously and Young Carers Group meetings were all suspended until more was known about restrictions, the virus etc. So my update is much shorter this year but the support for Young Carers in Somerset is continuing with the support being divided into areas as follows;-

Mendip YMCA running Junior & senior Groups in Mendip area and S Som

Taunton YMCA running junior & senior groups in Taunton

Dulverton YMCA running Junior & Senior groups in Bridgwater

Minehead Eye - started a new young carers group in Minehead where there was no provision previously.

Balsom Centre, Wincanton- Group and individual support, funded for 3 years via the Somerset Community Foundation/ SCC Grant.

YMCA had to quickly put in place support via phone calls or by Facetime, Zoom etc and although the concerns were that children would really miss the Group meetings and support this had an unexpected benefit. Due to video calling the YMCA support staff were able to get a view of the reality for some children who had been attending Groups but little else was known about the reality of their lives- the video calls gave a window into what was really happening and there were referrals to SCC for more family support and speedy interventions were made on a few occasions, including Safeguarding.

Young Carers were able to attend Group meetings during the summer- socially distanced and often in the open air but as lockdowns were imposed again so the support returned to video / phone support.

The current YMCA Tender was due to end 31<sup>st</sup> December but has been extended by SCC due to the pandemic and will run for all of this year to Dec 2021.

Nigel Gregory (Treasurer) and I have regular quarterly meetings with the commissioner for Young Carers and she tells me that the next Tender for Group provision will be for 3 years- I sincerely hope so as the children need some consistency- all of these changes have affected many of them deeply- the uncertainty has taken its toll, causing unnecessary anxiety and worry for both children and their families.

When SCC did consult with the children and some families- the children were very strong in their wish to continue to have groups- so at least this is provided.

SCC currently have allocated funds for some more specific work with young carers via the Somerset Community Foundation- The Balsom Centre in Wincanton and Magdalene Farm, near Chard were successful.

Magdalene Farm have been unable to provide any residential breaks due to the pandemic but the Balsom Centre have been able to provide support for Young Carers in and around Wincanton via individual support and Group meetings but only when restrictions have allowed.

We have benefited from two donations this past year- a considerable sum of £30,000 from a Will- a friend of Marie's and a donation recently of £600.

The Trustees have had many conversations about what our role may be going forwards - we continue to advocate for young carers in Somerset, including attending SCC meetings when YCs are on the Agenda; advocating for Young Carers wherever possible; raising public awareness to name but a few. We continue to fund individual and group applications for support / activities.

We have had some success with supporting Young Carers in the senior School in Burnham-on -Sea. I gave details in my report last year about supporting the Staff there to provide a cookery club for Young Carers and to provide more support for Young Carers in that area. Due to the pandemic all after school clubs have been suspended- we will continue to liaise with the school when education returns to a more normal format.

The Friends charity continue to receive Grant applications for individual activities or support although these have been far fewer than in previous years, this is probably due to the pandemic but this is something that needs to be monitored.

Support for Somerset's Young Carers has become much more fragmented than when there was a SCC Team but we have to work with what we have got- in some ways the changes of the past year have had an unexpected bonus in letting support staff see into homes and the true situation was discovered; new provision has been made to cover new activities and extend help over a wider area- as there are always going to be many challenges in reaching all the young carers in a rural county.

I have concerns for the young carers in Somerset and for their support as many of them will have carried a much greater burden this year than in previous years-not being able to attend school during lockdowns, the time and space to study when there are caring duties to be done, provision of suitable IT equipment as many Young carers live in homes reliant on Benefits and so on.. however, I can assure you that the FoSYCP Charity will continue to monitor and advocate for Young Carers and if any of you would like to join the Trustees of the Charity please contact me.

Many thanks for all your support.

Alison Adlam

Chair- FoSYCP.



**Receipts and payments accounts**

**CC16a**

For the period  
from

1st January 2020

To

31st December 2020

**Section A Receipts and payments**

|   | Unrestricted funds<br>to the nearest £ | Restricted funds<br>to the nearest £ | Endowment funds<br>to the nearest £ | Total funds<br>to the nearest £ | Last year<br>to the nearest £ |
|---|--|--------------------------------------|-------------------------------------|---------------------------------|-------------------------------|
| <b>A1 Receipts</b>  |  |                                      |                                     |                                 |                               |
| Donations   | 489                                    | -                                    | -                                   | 489                             | 5,049                         |
| Legacy gift   | 30,000                                 | -                                    | -                                   | 30,000                          | -                             |
|   | -0                                     | -                                    | -                                   | -                               | -                             |
|   | -0                                     | -                                    | -                                   | -                               | -                             |
|   | -0                                     | -                                    | -                                   | -                               | -                             |
|   | -0                                     | -                                    | -                                   | -                               | -                             |
|   | -0                                     | -                                    | -                                   | -                               | -                             |
| <b>Sub total (Gross income for AR)</b>                    | <b>30,489</b>                          | <b>-</b>                             | <b>-</b>                            | <b>30,489</b>                   | <b>5,049</b>                  |
| <b>A2 Asset and investment sales,<br/>(see table).</b>    |  |                                      |                                     |                                 |                               |
|   | -0                                     | -0                                   | -0                                  | -                               |                               |
|   | -0                                     | -0                                   | -0                                  | -                               | -0                            |
| <b>Sub total</b>  | <b>-0</b>                              | <b>-0</b>                            | <b>-0</b>                           | <b>-</b>                        | <b>-0</b>                     |
| <b>Total receipts</b>                                     | <b>30,489</b>                          | <b>-0</b>                            | <b>-0</b>                           | <b>30,489</b>                   | <b>5,049</b>                  |
| <b>A3 Payments</b>  |  |                                      |                                     |                                 |                               |
| Grants made   | 833                                    | -                                    | -                                   | 833                             | 2,479                         |
| Hall hire   | -0                                     | -                                    | -                                   | -                               | 21                            |
|   | -0                                     | -                                    | -                                   | -                               | -                             |
|   | -0                                     | -                                    | -                                   | -                               | -                             |
|   | -0                                     | -                                    | -                                   | -                               | -                             |
|   | -0                                     | -                                    | -                                   | -                               | -                             |
|   | -0                                     | -                                    | -                                   | -                               | -                             |
|   | -0                                     | -                                    | -                                   | -                               | -                             |
| <b>Sub total</b>  | <b>833</b>                             | <b>-</b>                             | <b>-</b>                            | <b>833</b>                      | <b>2,500</b>                  |
| <b>A4 Asset and investment<br/>purchases, (see table)</b> |  |                                      |                                     |                                 |                               |
|   | -0                                     | -0                                   | -0                                  | -                               |                               |
|   | -0                                     | -0                                   | -0                                  | -                               | -0                            |
| <b>Sub total</b>  | <b>-0</b>                              | <b>-0</b>                            | <b>-0</b>                           | <b>-</b>                        | <b>-0</b>                     |
| <b>Total payments</b>                                     | <b>833</b>                             | <b>-0</b>                            | <b>-0</b>                           | <b>833</b>                      | <b>2,500</b>                  |
| <b>Net of receipts/(payments)</b>                         | <b>29,656</b>                          | <b>-</b>                             | <b>-</b>                            | <b>29,656</b>                   | <b>2,548</b>                  |
| <b>A5 Transfers between funds</b>                         | -0                                     | -                                    | -                                   | -                               | -                             |
| <b>A6 Cash funds last year end</b>                        | <b>24,435</b>                          | <b>-</b>                             | <b>-</b>                            | <b>24,435</b>                   | <b>21,887</b>                 |
| <b>Cash funds this year end</b>                           | <b>54,091</b>                          | <b>-</b>                             | <b>-</b>                            | <b>54,091</b>                   | <b>24,435</b>                 |

**Section B Statement of assets and liabilities at the end of the period**

| Categories           | Details      | Unrestricted funds<br>to nearest £ | Restricted funds<br>to nearest £ | Endowment funds<br>to nearest £ |
|----------------------|--------------|------------------------------------|----------------------------------|---------------------------------|
| <b>B1 Cash funds</b> | Bank account | 54,091                             | -                                | -                               |
|                      |              | -                                  | -                                | -                               |
|                      |              | -                                  | -                                | -                               |





**Section A**

**Independent Examiner's Report**

|   |   |                                |         |
|---|---|--------------------------------|---------|
| <b>Report to the trustees/<br/>members of</b> | Charity Name<br>Friends of Somerset Young Carers Project    |                                |         |
| <b>On accounts for the year<br/>ended</b>     | 31 <sup>st</sup> December 2020                              | <b>Charity no<br/>(if any)</b> | 1117350 |
| <b>Set out on pages</b>                       | (remember to include the page numbers of additional sheets) |                                |         |

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31/12/2020**.

**Responsibilities and  
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

**Independent  
examiner's statement**

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

I have completed my examination. I confirm that no material matters have come to my attention (~~other than that disclosed below~~\*) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

*\* Please delete the words in the brackets if they do not apply.*

**Signed:**  **Date:**

**Name:**

**Relevant professional qualification(s) or body (if any):**

**Address:**


**Section B**

**Disclosure**

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

None

|   |  |
|---|--|
| Report to the trustees<br>members of  |  |
| On accounts for the year<br>ended   |  |
| Set out on pages  |  |
| Responsibilities and<br>basis of report   |  |
| Independent<br>examiner's statement   |  |
| Signed:   |  |
| Name: Jonathan Anderson   |  |
| Relevant professional<br>qualification(s) or body<br>(if any): Associate of the Institute of Chartered Accountants in England and Wales |  |
| Address: 31 Manor Road<br>Dorchester<br>Dorset DT1 2AX  |  |
| Date: 15/08/2021  |  |