



## TRUSTEES REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MAY 2021

**Registered number: 05794153**

**Charity number: 1117159**

# **ANNIE MAWSON'S SUNBEAMS MUSIC TRUST**

**(A company limited by guarantee)**

**UNAUDITED**

**TRUSTEES' REPORT AND FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED 31 MAY 2021**

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# **ANNIE MAWSON'S SUNBEAMS MUSIC TRUST**

**(A company limited by guarantee)**

## **Reference and Administrative Details of the Charity, its Trustees and Advisers for the Year Ended 31 May 2021**

### **Trustees and Directors**

Dr I. O. Akintunde, Chair  
Dr A. F. R. Wolfe, Treasurer  
Mrs I. Henderson  
Mrs R. C. Seager  
Mrs K. Addison  
Mrs L. Addison  
Mr M.J. Lawson-Johnson  
Mrs E.A. Mawson

### **Company Registered Number**

05794153

### **Charity Registered Number**

1117159

### **Registered Office**

Sunbeams Music Centre, Stoller House, Redhills, Penrith, Cumbria, CA11 0DT

### **Company Secretary**

M. J. Lawson-Johnson, MRSM

### **Chief Executive**

Annie Mawson MBE, MRSM

### **Accountants**

Armstrong Watson Audit Limited, Fairview House, Victoria Place, Carlisle, CA1 1HP

### **Musical Patrons**

Liam Fray – The Courteeners  
Philip Glass  
Justin Pearson – Managing Director and Artistic Director of the National Symphony Orchestra

### **Supportive Patrons**

Lord Archer of Weston-Super-Mare  
Susan Bagot MBE  
Lady Eileen Carey  
The Rt. Rev. Richard Garrard  
The Rt. Rev. Bishop Laurie Green  
Ian Gregg CBE  
Julia Linnette

Lord Melvyn Bragg  
Hal Bagot  
Sir James Cropper KCVO  
Neville Howard  
Vicki Green  
Jane Gregg  
Lara Rostron



# **ANNIE MAWSON'S SUNBEAMS MUSIC TRUST**

**(A company limited by guarantee)**

## **Trustees' Report for the Year Ended 31 May 2021**

The Trustees present their annual report together with the financial statements for the year ended 31 May 2021. The Trustees confirm that the Annual Report and the financial statements of the company comply with the current statutory requirements, the requirements of the company's governing document and the provisions of the Statement of Recommended Practice (SORP), applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and the Republic of Ireland (FRS 102) (effective 1 January 2019).

Since the charity qualifies as small under section 383, the strategic report required of medium and large companies under The Companies Act 2006 (Strategic Report and Directors' Report) Regulations 2013 is not required.

### **Objectives and Activities**

#### **Policies and Objectives**

In setting objectives and planning for activities, the Trustees have given due consideration to general guidance published by the Charity Commission relating to public benefit.



### **THE PURPOSE OF OUR ORGANISATION**

The Trust's key objectives:

"Sunbeams aims to relieve sickness and assist in the treatment of children and adults who are suffering physically, emotionally, psychologically and mentally by the provision of free music therapy and to provide introductory music therapy training to individuals working with such persons".

Our achievements have always been an indication of the strong infrastructure of the charity, including Trustees/Directors and Staff, as well as the remarkable professionalism, dedication and talent of the musicians who all contribute to the on-going high standard and quality of Sunbeams services. Leadership and staff are outstanding, with the experience, qualifications, skills and empathy, able to deliver Sunbeams' vision and mission. We aim to tackle the serious challenges raised by social exclusion, deprivation, ill-health and inequality, through the transformative power of our Community Music Therapy.

In fulfilling our Mission, 11 specialist Musicians help 2,500+ disadvantaged individuals improve their quality of life, their emotional and mental health and self-esteem through the creative freedom of music, in our unique Music For Life® and Music For Dignity® programmes. Most sessions are free of charge to groups of up to 30 children or adults with disabilities every week in venues throughout Cumbria and in our bespoke award-winning Sunbeams Music Centre. All the Sunbeams beneficiaries suffer from varying disabilities, including physical and learning disabilities; mental health issues; Alzheimer's/senile dementia; autistic spectrum disorder; Down's syndrome; emotional and behavioural disturbance; complex medical needs.

## ACTIVITIES FOR ACHIEVING OUR OBJECTIVES include:

1. **Sunbeams Music For Life® Programme** including Family Learning - a specialist and innovative programme, pioneered by Sunbeams Founder, Annie Mawson in 1992. Through structured interactive workshops, our 11 specially trained professional musicians use music as a tool for therapeutic and developmental benefit for groups of disabled and disadvantaged children and adults of all ages.



*"Annie – tell all the world about my brave, beautiful, Amber" .....* Amber's Mum

2. **Sunbeams Music For Dignity®**

This programme is delivered to elderly people with severe Dementia/Alzheimer's with the aim of relieving suffering, and encouraging communication and social inclusion. The wishes of elderly people who have led amazing lives are often ignored. They want Sunbeams to restore their self-respect through participating in our music sessions - and give them back their dignity. **Do see our website [www.sunbeamsmusic.org](http://www.sunbeamsmusic.org)** for a more detailed description of the aims and examples of how Sunbeams Community Music Programmes have transformed the lives of our beneficiaries, whatever their age.







**"We feel so good, we don't need our walking frames!"**

### **3. Sunbeams Concert Troupe**

The Sunbeams Concert Troupe consists of 20 adults with a wide range of disabilities. The Troupe bring their show to theatres, village halls, and churches in rurally isolated areas. They have received wide acclaim, especially after they performed to a packed lunch-time concert at the prestigious venue of the Church of St Martin-in-the-Fields in Trafalgar Square in London. They were invited, not because of their disabilities but because of "their excellence". The Troupe continues to delight audiences whilst challenging individual attitudes towards disability, thus breaking down barriers of prejudice and strengthening communities. The members of the Sunbeams Concert Troupe have themselves been transformed by their self-improvement and development, which has led to their social inclusion within their communities.



**Sunbeams uses music in a therapeutic way to encourage communication and social inclusion, build up self-esteem and self-confidence and improve quality of life – making a real difference to peoples' lives.**

Sunbeams is now one of the leading Arts in Health organisations in the UK. Sunbeams has grown from a small Arts organisation with £13.40 in its bank account, and run from Annie and Michael's sitting room, to one of the most innovative, high-achieving, "hands-on" organisations in the country with an annual budget of £400,000+ and now running from its own world-class National Sunbeams Music Centre, just outside Penrith.



#### 4. Sensory Garden

A major feature of our work which has continued throughout the pandemic has been the development of the Sensory Garden – and especially the installation of harp-like instruments which all our beneficiaries just love to play and listen to the magical, ethereal sounds. Thank you SO much to the Trustees of the Cumbria Waste Management Environmental Trust (CWMET) for funding this exceptional garden, along with special eco paths, and eco playground for wheel-chair dancing.



Three Octave pentatonic Aluminium sounding tubes. Suspended inside bright galvanised tube construction with tube clamps.

Sound range between soprano and tenor and bass - with beautiful timbre and sustain, which the children LOVE to play.

We have provided a facility which is calming, and palliative for children with life-limiting conditions, thus fulfilling the requests from the families.

We wanted to enhance their physical and mental health. Sunbeams had just won the 2018 RICS Award for the North-West for a Centre providing health and well-being. This project really expanded our facilities, increasing accessibility to even more disadvantaged people of all ages.



**REPORT BY FOUNDER and CHIEF EXECUTIVE**  
**ANNIE MAWSON MBE MRSM BA Hons. Dip.Ed – Music Therapy**

**“Music has always been important to me. It always has been and always will be.  
Without Sunbeams Music, my life is not worth living.” John**

This is why we raised £2.5 million to build and run the Sunbeams Music Centre: a National Centre of Excellence for these people with profound and complex needs – as no other organisation is fulfilling their long-term needs and aspirations. Building this iconic and stunning Sunbeams Music Centre marked a significant milestone in an extraordinary journey for Annie Mawson’s Sunbeams Music Trust as well as MawsonKerr Architects.

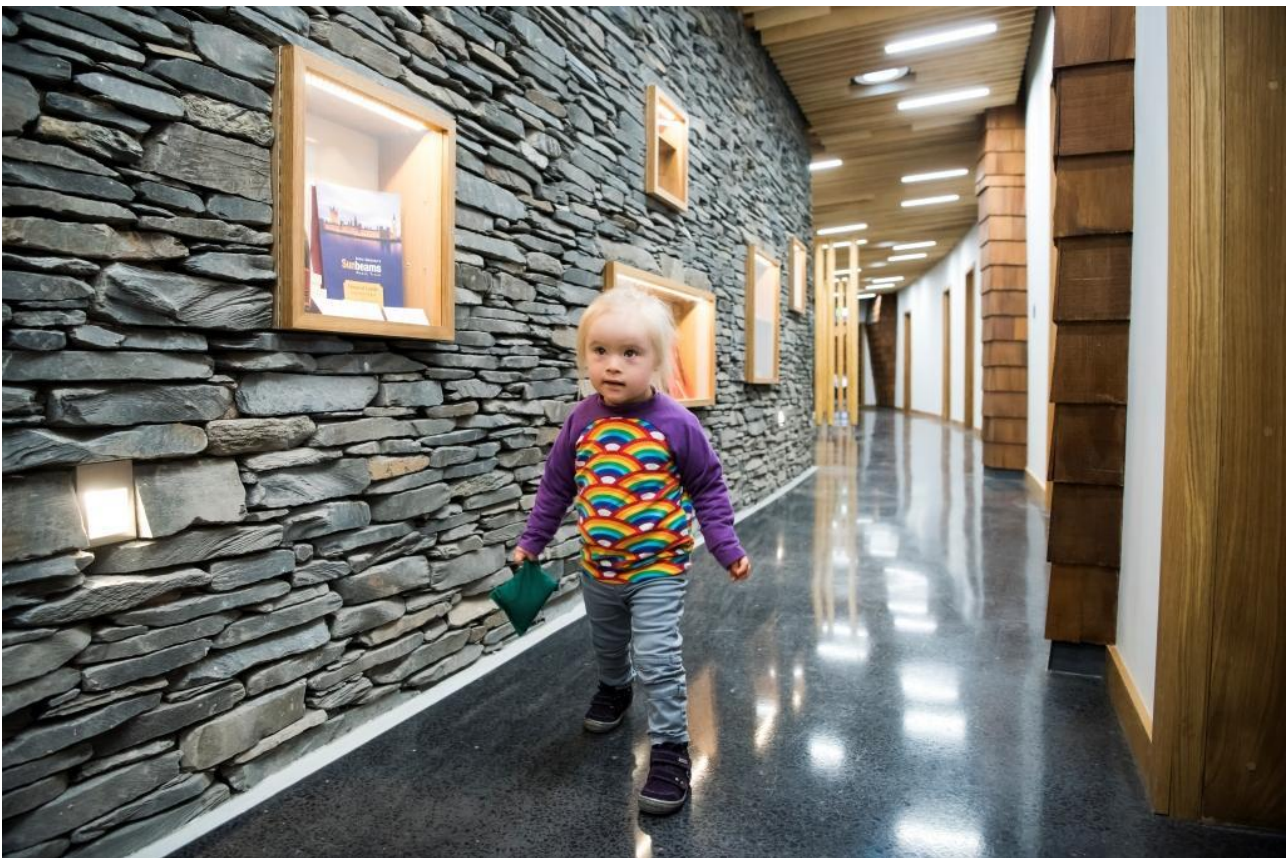
The Centre is increasing delivery of Community Music Therapy to children and adults with Special Needs in the North of England and beyond. The Centre is a single-storey 550m<sup>2</sup> construction, comprising Workshop/Training/ Performance Hall, 5 Music Therapy Rooms, Recording Studio, Meeting Room, Kitchen, Administration facilities, Exhibition Space, Sensory Garden and woodland. It is set in 1.16 hectares on the fringe of the Lake District National Park, in England on the A66/M6 axis, Junction 40 M6 at Penrith, in between Redhills and Rheged.



From the outset this was no ordinary project. The journey began 16 years ago in 2005 as a university thesis project for MawsonKerr Director Will Mawson who was studying the charity as part of his final year project at Newcastle University; in an unusual turn of events this became a live project following unanimous approval by the Board of Trustees. The green field site with transformational therapeutic qualities was generously donated overlooking Ullswater Valley near Penrith following which a lengthy fund raising period began for the Centre.

This included a number of sponsored “endurance challenges” by MawsonKerr and friends of the charity such as a Forrest Gump style 24 hour coast to coast run of over 200 miles in 24 hours, the round Cumbria Cycle ride – 270 miles in 24 hours, the exhausting climb of 21 Cumbrian fells (mountains!) in searing heat in 21 hours! This indomitable group of lads and lasses – used to play rugby, but no longer with tired-out knees! They raised over £70,000 towards Tom’s Room – in memory of their dear friend, who died of Alzheimer’s type disease at age of only 23 years.

It was a huge achievement raising £2.5 million to build the Centre which I have described in every Annual Report since the Board approved its construction in 2012! But I have to reiterate that this most complex of buildings is so beautiful, that it is still receiving acclaim in International Architectural papers, and astonishes the hundreds of visitors, including National Architects, and over 60 organisations which now hire the Meeting Room, income which helps to pay for our Community Music Therapy.





WWW.SUNBEAMSMUSIC.ORG



AJ Architecture wrote:

“Young Newcastle practice MawsonKerr Architects has triumphed in the Health & Wellbeing category of the AJ Architecture Awards with its Sunbeams Music Centre.”

RIBA wrote:

“An unusual partnership between client and architect has resulted in an exceptional environment for health and wellbeing in rural Cumbria. The building houses the Sunbeams Music Trust, which offers music therapy to people with disabilities. An ambitious design executed with great craftsmanship combines with a touch of homeliness to create a very welcoming environment throughout.”

MAWSONKERR Architecture & Sustainability  
Architects Journal Awards Winner Healthcare and Wellbeing Project of the Year

Buildgs Awards:

Small Project of the Year finalist

Civic Trust 2018 Region Award Winner

Selwyn Goldsmith for Accessibility Shortlisted

Civic Trust Commendation

LABC 2017

Shortlisted Northern Best Public Service building

Shortlisted Northern Best Educational Building

Shortlisted Northern Best Inclusive Building

Northern Winner Small Commercial project of the year

National Finalist

Small Commercial project of the year

Offsite Awards Shortlisted Healthcare Project of the Year

Shortlisted Best Use of Timber Technology

Structural Timber 2017

Shortlisted Healthcare Project of the year

Shortlisted Contractor of the Year Winner



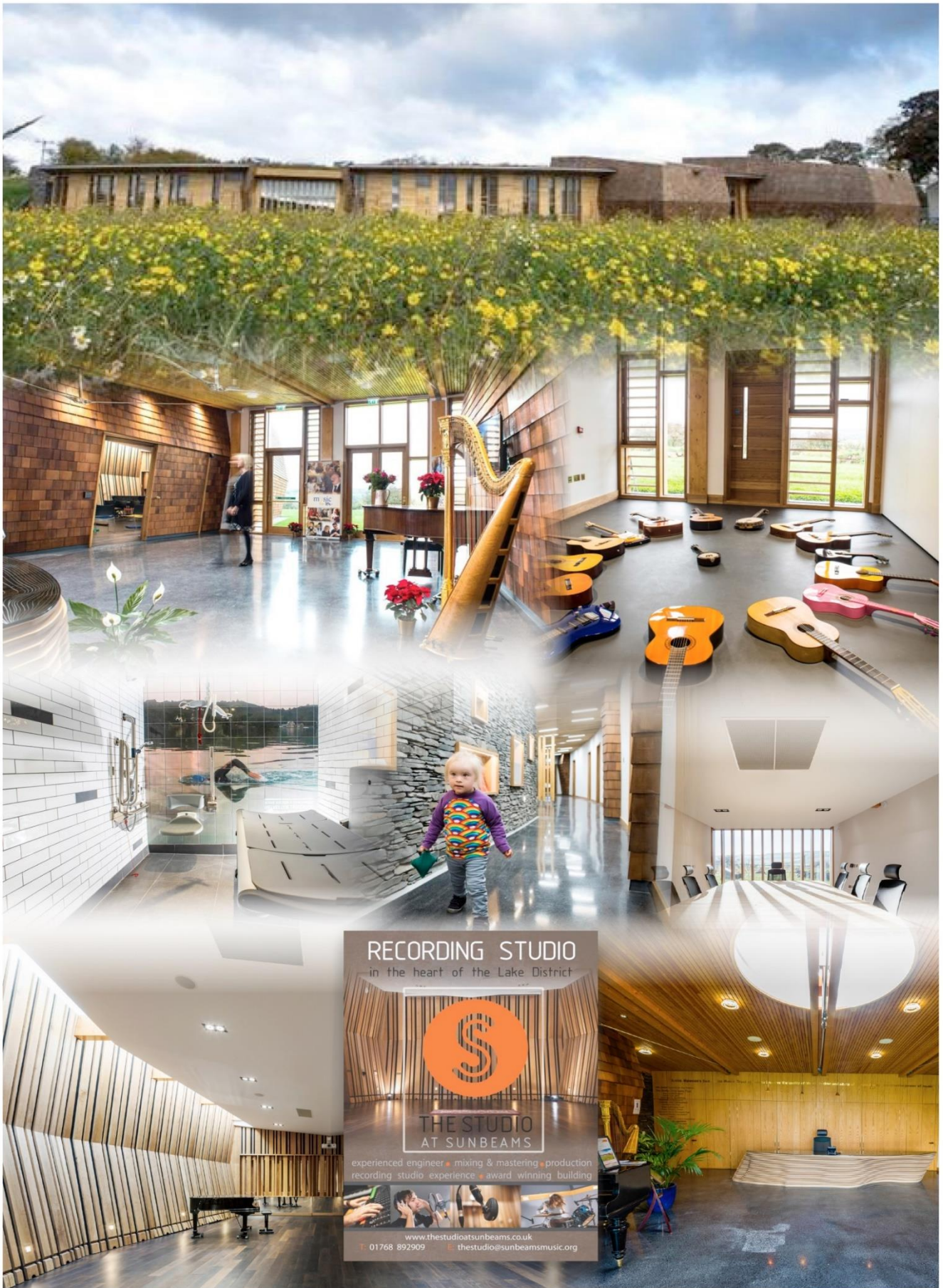
Will Mawson ARB RIBA

Sunbeams Music Trust is now a flagship charity within Cumbria and the North of England. We feature regularly within Children in Need appeals on BBC due to the work we deliver to children with complex medical needs. Established in 1992, Sunbeams Music Trust deliver our 'Music For Life®' and 'Music For Dignity®' programmes to disabled people of all ages throughout Cumbria. We were eager and deserving of a more appropriate home. It really is this group of people and providing for them that make the project so special.

**Trying to be completely inclusive without appearing institutional was an important design driver.** There are a number of specialist inclusive features that make the building unique in the county such as the hoists and change facilities before we consider the impact of the architecture.

The architecture is intended to reflect synthesis between the natural context, a contemporary vernacular and musical union; housing several unique functions it is also importantly an outward facing advert for the charity. The design team's resultant building is designed to embody musical qualities of rhythm, timbre and melody within the landscape; shaped along the curved natural contours it grows with a crescendo at the canopy to the eastern main entrance. Inserted along the rhythmical elevation are a series of playful introverted volumes housing key activities.





## **HOW SUNBEAMS CONTRIBUTES TO LOW CARBON TRANSITION IN CUMBRIA**

As time draws near to the Climate Summit in Glasgow, the Conference of the Parties (COP), I thought it was pertinent to embrace how, from the very outset of architectural design and construction of Sunbeams Music Centre, our unique action plan was committed towards net zero greenhouse gas emissions by 2050. Hence Sunbeams was Highly Commended by Civic Awards and Holcim Foundation for Sustainability.

**We are committed to a greener future with:**

- Ground Source Heat pump, registered with Ofgem RHI system (Renewable Heat Incentive)
- Two areas of photovoltaic panels generate electricity for the Centre (not visible from the ground, reducing the visual impact). Five 30 metre long trenches carry the closed system ground loops which use the energy within the ground to generate heat required for the underfloor heating and hot water supply. In summer, parts of the system can run in reverse providing energy efficient cooling to the building
- Thermal mass of the hill within which the Centre is buried tempers the climatic peaks, providing zero air leakage to 50% of the envelope area
- Green roof (home to oyster catchers!) increases the biodiversity of the built area reducing the ecological impact. Absorbent layer reduces storm water run-off. Vegetation, including herbs, absorbs heat, reducing contribution to the greenhouse effect
- The lozenge shaped volumes have innovative acoustically treated natural ventilation system within the depth of the wall, driven by the cross wind over the fins.
- Efficient sewage plant returns pure water to the ground
- Living Wall on entrance to Centre Reception – one of the few in Cumbria.
- Planting of 400 boundary trees
- LED Lighting throughout

PLEASE SEE DIAGRAM overleaf.

Energy Reporting is by secure Ambiflex IT BMS (Building Management System) which measures daily, monthly electric, heat, CO<sub>2</sub>, natural ventilation, temperatures, U/F pumps, in each individual room to gauge our progress towards Net Zero GHG emissions. We submit heat output and fuel measurement data to RHI Register and thus receive Ofgem periodic support payments.







**Imagine our despondency when we realised that the COVID Pandemic would continue to ruin all our heart-felt plans, all our mission and hopes for the vulnerable beneficiaries who live for their music sessions in our beautiful building, delivered with such empathy and passion by the musicians.**

To ignore the impact that Covid-19 has had on us as a team would be to disregard the learning and the growth that comes from such adversity. As for our marginalised groups – their emotional needs must be paramount in our potential rush to get “back to normal”. We needed to recognise and address the grief, loss and anger and bewilderment felt by everyone. Our grief was compounded by the news that one of our wonderful Patrons had died. It is therefore with great sadness that we have mourned the passing of Susan, Lady Cropper, during the year. Susan was a very active supporter of Sunbeams right from its start nearly 30 years ago, and her enthusiasm for our work has been a constant source of strength throughout that time. Our hearts go out to dear James - Sir James Cropper KCVO, the former Lord Lieutenant of Cumbria. He told me that it had made a big difference to Susan’s life to see Sunbeams become so successful with its unique Centre. She is very dearly missed.

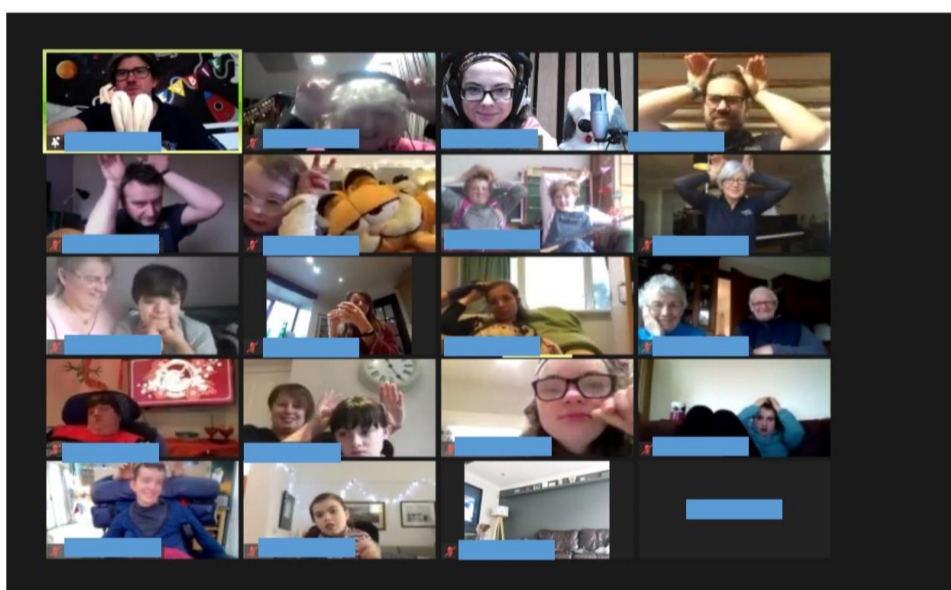
In last year’s Report I wrote how in March 2020 came a whole new vocabulary, which will be etched in our memories for ever.....

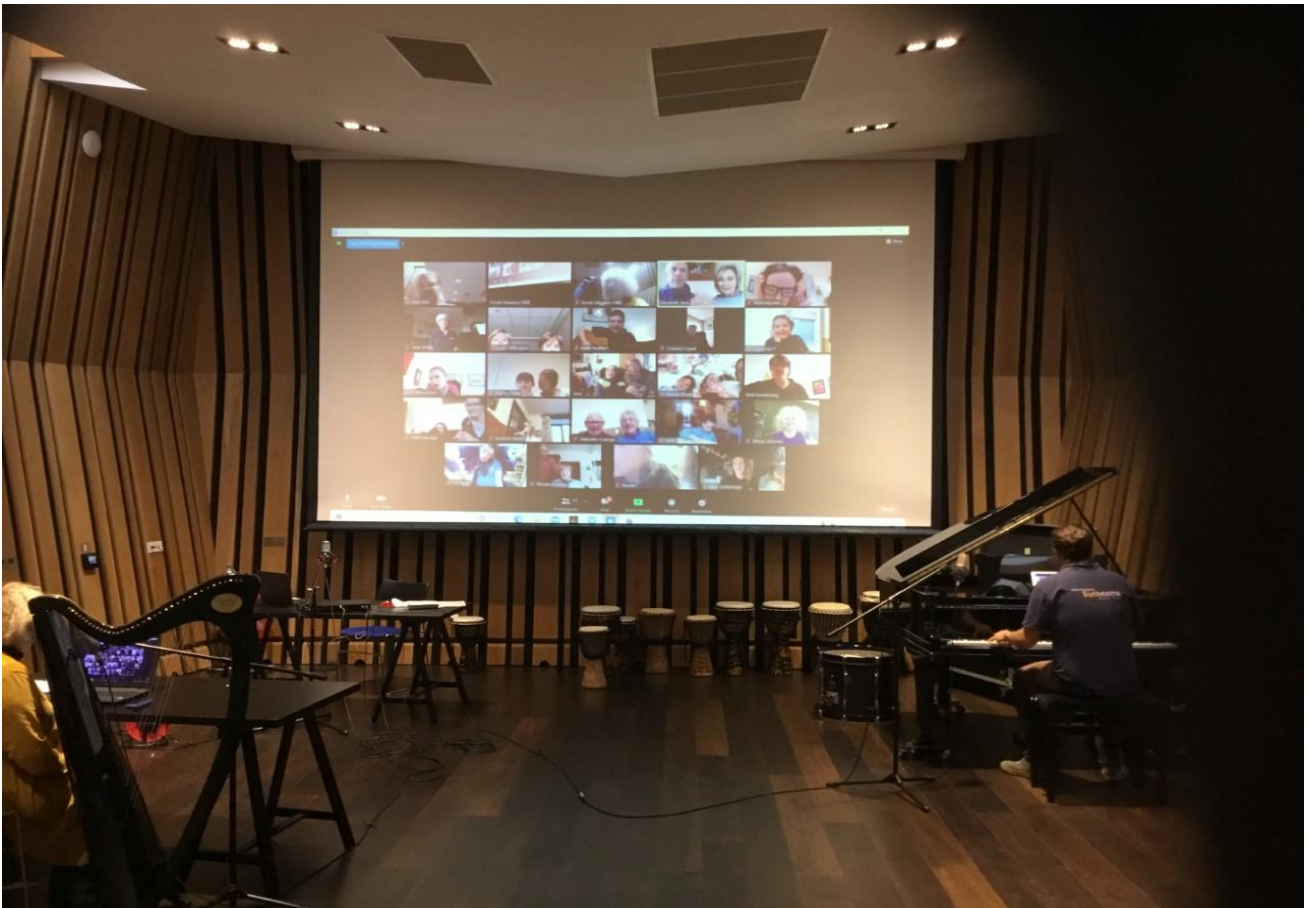
“Coronavirus....Covid-19....Zoom....Online Delivery....Virtual Sessions....Catch it! Bin it! Kill it! .....Pandemic....Furlough....Flexi Furlough.... Social-Distancing.....Shielding”

Who would have thought these words would still be uttered with such heavy hearts  
12 months later.

### **CHANGING DYNAMICS WITH ONLINE DELIVERY WITH ZOOM**

**And so we decided to use Zoom! Another word I hadn’t come across and since then it has played an integral part of our delivery and without it, I doubt if we would have been able to keep in touch with all our beneficiaries. We now zoom over 1,000 beneficiaries every month – 1,027 at the last count! Zoom has been a wonderful tool for us to keep in touch with and offer support to our beneficiaries and their carers, especially those who reported high levels of loneliness during the pandemic. Some people lost social support from families, friends, and neighbours during this time especially those who live in rurally isolated villages in Eden and Allerdale where the Coronavirus is still so rife (worst in England on 4 October 2021). The value of communication technology for keeping in touch was clear. Many of the young adults with severe special needs were tremendous on ZOOM and told all their friends they “were on the telly!”**





This new Online project has reminded the beneficiaries that we are still here, and will be here for them when the COVID19 Virus is over, however long it takes. We feel lockdown will be longer for these most vulnerable high-risk people, children with complex needs and elderly groups with dementia. When we realised that COVID-19 would last well into 2021, I continued with fundraising and was pleased to be successful with Grants from BBC Next Steps, COINS Foundation, D'Oyly Carte, YMCA Kendal Ltd., Charities Aid Foundation, Eden District Council and a wonderful boost of £54k from the Arts Council Culture Recovery Fund. These enabled us to devise and expand Online Virtual Delivery of Zoom Workshops which are all received with such excitement.

In summary, the Zoom sessions were met with wholehearted enthusiasm! The impact upon the beneficiaries was greater than we dared to expect as we aimed to bring the following differences to our beneficiaries, of all ages:

1. Improve their desperate situation by alleviating their loneliness when they see and hear the familiar Sunbeams Musicians.
2. Alleviate their marginalisation caused by their disability
3. Improve their self-esteem and well-being, reminding them to keep singing
4. Help them cope and improve their mental and emotional health
5. Relieve their profound feelings of isolation and social exclusion
6. Relieve their distress, giving them much-needed fun and escapism
7. Maintain communication with informal partnership organisations so THEY know they are not alone.

**"Annie and the team... thank you from the bottom of our hearts for all you do. You can bring a smile when all around seems hopeless. I really hope that Sunbeams is able to continue as our daughter gets so much enjoyment from it".**





## **OUTSIDE SESSIONS**

However, the use of this technology was not suitable for all and for some people it was no replacement for face to face contact. After considerable pressure from our clients, in August 2021, we decided to offer open air music sessions underneath the large canopy by the front door of our Centre. We consulted with care staff and arrived at a plan and a risk assessment that was safe and adaptable for all, using our picnic tables for various “bubbles”.



The first session started with the numbers lower than expected. Interestingly, as the result of having contracted Covid, some of the musicians found that the words and music that we have taken for granted, did not just return and they needed prompting by the beneficiaries to trip their memory. Lucky there weren't more there!



After that very amusing but rather poignant session, numbers returned as ever and there was an enthusiasm that has lasted until the present. All the people taking part were so emotional that the music and the fun were back!



Again and again parents said how their children asked “When are we going to Sunbeams – why can’t we have music?” The children do not understand what Covid is and how dangerous it is to their already frail bodies. We have avoided contraction of Covid by following comprehensive procedures, including spacing, double vaccination, temperature and lateral flow testing, hand gel and sanitising all tables, chairs and instruments. The photographs speak for themselves!



## END OF FURLOUGH AND RESUMPTION OF WORK INSIDE SUNBEAMS

The Coronavirus Job Retention Scheme ended on 30 September 2021. We needed to plan the future. We needed to establish what the future will look like, and with all staff returning – how to develop everyone's roles and work patterns, especially with demand growing exponentially. We need to outline the route out of lockdown – setting out objectives together and develop the client-base for “power of music to heal” and ask ourselves – apart from our Music Therapy Delivery to over 2,000 beneficiaries every month, what WERE we doing before Covid?”

**FUNDRAISING of course! We continue to strive towards keeping Sunbeams viable and as self-sustainable as possible – but impossible without the grants from our wonderful Funders who so believe in us: please see Financial Reports.** On behalf of all our beneficiaries who are unable to speak for themselves, thank you to everyone for supporting us throughout this strange period. We could not continue our valuable Music Therapy work without the wonderful donations received from the community – whether local, regional or national. All gifts, legacies and donations received in the post have been gratefully received – and hugely importantly, over the years we have received 3 amazing 3/4 Grand Pianos, 2 harps, numerous guitars, violins, drums and bass instruments which our beneficiaries love to play now that the face-to-face music workshops have resumed. We always welcome bequests, and look forward to receiving our first Stradivarius! In September 2021 we had a fantastic team running the Great North Run on our behalf, who together raised over £5,000 – thank you so much to you all.

With all programmes, whether for the Recording Studio, the Wolfson Meeting Room, Music for Life® or Music For Dignity® Programmes – we need to be pro-active rather than re-active and talk to carers/organisations to establish facts and figures; explore venues – old and new e.g. Dementia Ward Carlisle Hospital; link with formal care packages - personal payments, our Music For Life® Programme and especially kick-start our Music For Dignity® programme.

*"I cannot remember my own name but this is the best place in the world. I love coming here."*

**Many beneficiaries cannot express their mental-health issues verbally, but their faces were distraught with fear and bewilderment because of COVID-19. They didn't understand the complexities of the “virus”. They did know why they felt lost and frightened. The impact of coronavirus was too profound for them to describe, apart from crying with distress.**

*"Sunbeams is the only activity/group we attend." "Without Sunbeams, we would be completely isolated".*

We have had difficulty keeping in touch with people with dementia especially those who are in hospital or care homes. The impact of the pandemic on their quality of life has been particularly challenging. For many people with dementia and their carers, the sudden loss of formal support services including our Community Music Therapy has had a negative impact on their life quality. We sincerely hope that we will soon be able to resume our Music for Dignity® in the 27 Care Homes/Hospices/Hospital Wards where we delivered our programmes to such great benefit and tangible impact.

Protecting the health and safety of employees, beneficiaries and third parties on our premises is at the forefront of our minds when re-opening the Sunbeams Music Centre. Strict COVID precautions are already in place, with enhanced deep cleaning of the premises, and even all the instruments – which the beneficiaries are so enjoying in the outside sessions. All the Corporate companies are returning for their meetings, their AGMs, their Conferences – acknowledging the beauty of the Centre and its Sensory Garden and Orchard and indeed, the safety of the clever design incorporating all the Breathing Building Principles described previously. They all report how much they have missed



Sunbeams – and especially the wonderful staff - a sentiment echoed by the beneficiaries and carers who are starting to enjoy the infectious enthusiasm of the Sunbeams Musicians.

In order to fully understand what makes Sunbeams such a special project it is crucial that you visit the Centre if you can and when you feel safe to do so. If you do, you will meet an incredible group of people in Sunbeams Music Trust who will be more than happy to impress delight in their exciting “home” as they plan celebrations for the 30th Anniversary in 2022 since Annie funded Sunbeams.



**Glassical Performance Hall named after Sunbeams Musical Patron, Philip Glass.**

**I am so proud of the Sunbeams Staff and Musicians who have showed quiet dignity and wonderful emotional resilience during the last 18 months. It is a time for renewal as we look to the future with increasing hope as the Centre comes alive again with a real buzz.**

**What better way to conclude than to tell everyone of our exciting news:  
“HOT OFF THE PRESS” that Sunbeams will be represented on Matt Baker’s Rickshaw  
Challenge for BBC CinNeed by Harrison, a Sunbeams beneficiary for the last 14 years!**



# 'I am the greatest showman in the whole wide world' - The show must go on for Harrison



**HARRISON – THE  
GREATEST SHOWMAN  
AT SUNBEAMS!**

To read these words from Harrison, one might think that he was the most egotistical, arrogant young man! But Harrison doesn't have a conceited or big-headed bone in his body. He has been coming to Sunbeams Music Trust for over 14 years – supported by BBC CinN and intermittently by his own fundraising – part of "Harrison's Fun Fund". He **does** have a massive self-belief, and I believe that he doesn't see his disabilities as putting him at a disadvantage to ANYTHING he tackles. Indeed, in my opinion, I don't even think Harrison sees himself AS disabled. He is a gregarious member of the Sunbeams Team – so much so that over the 14 years of weekly music sessions, he has become a volunteer, encouraging the younger ones and more reluctant older more reticent youngsters to sing. He sings solos, and includes even his trademark opera singing: he brings joy to all who hear him. He is a born performer, and IS desperate to be famous! But in a lovely way, whereby he can bring joy to others whom he sees as less fortunate than himself, or even to huge audiences – having sung at several Festivals! He loves to be on the stage, singing his heart out with his beautiful tremolo voice which is SO enchanting and evocative. He does have a very strong story, but his strong personality has helped him overcome severe medical problems. We told Matt and the BBC production managers that the Rickshaw Challenge would not be the same without Harrison! We will all be there to cheer him on as he sings a song of celebration to Matt and the BBC as the Rickshaw Challenge Team hopefully have a "pit-stop" at the Centre before finishing their journey in Edinburgh.

**WELL DONE HARRISON – WE ARE  
SO PROUD OF YOU! YOU  
EPITOMISE THE TRUE SPIRIT OF  
SUNBEAMS!**

**"You cannot open a door to show a glimpse of possibility and slam it shut.  
It has now become our moral obligation to provide a pathway beyond."**

**Michael Lawson-Johnson MRSM  
Sunbeams Director**



I know that many of you who read this Report are already great friends of Sunbeams – and I thank you for your friendship. My dedicated team and I are all so humbled and inspired by your unfailing support – especially during this pandemic, in the knowledge that your donations and friendship enable us to fulfil our mission with passion, commitment and enterprise, of “reaching the unreachable” - the fundamental driving force for everyone at Sunbeams through ‘the power of music to heal.’

**WHO CAN RESIST OUR BEAUTIFUL  
BUDDING MUSICIANS,  
LUCY AND ESME!**



**SEE OUR FACEBOOK @SunbeamsMusic**

*E. Annie Mawson*

E. Annie Mawson MBE

13 October 2021



## **Investment Policy and Performance**

Investment policy and objectives

The Trustees operate within the governing document, the Memorandum and Articles of Association having regard to the guidance provided by the Charities Commission and act in accordance with the Trustees Act 2000.

## **Going Concern**

After making appropriate enquiries, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. For this reason they continue to adopt the going concern basis in preparing the financial statements.

## **Principal Risks and Uncertainties**

The Trustees have assessed the major risks to the charity, especially those related to the operations and finances of the charity. The charity has systems in place to control and mitigate risks.

- Ensuring projects and any associated risks will be overseen by an active Board of 6 Trustees
- Comprises multi-disciplined team with strong representation of people we help and led by a Solicitor
- Experienced in Risk Management principles with proven robust systems, procedures and policies in place covering all aspects of the organisation and risk mitigation: Governance, Equal Opportunities, Safe-Guarding, Vulnerable Adults, Health and Safety
- Ensuring people have the right skills/knowledge/empathy/experience to deliver our programmes
- Enhanced Disclosure and Barring Service checks for all the Sunbeams team with ongoing support, advice and training opportunities available (e.g. handling techniques for disabled people) and reinforced at Sunbeams' Training Days.

## **Reserves Policy**

Trustees agreed a policy of maintaining a minimum of three months' value of operational costs as a reserve. This has been reviewed during the year and is still seen as an appropriate balance between the financial probity of the charity without simply keeping money in the bank.

The charity continues to deliver an amazingly valuable service to a wide audience across Cumbria and the North. Frequent comments from beneficiaries, carers and family members about the beneficial impact that music therapy has, reinforces the drive to build and improve the work that we do.

## **Structure, Governance and Management**

### **Constitution**

Annie Mawson's Sunbeams Music Trust (Sunbeams) is a company limited by guarantee, as defined by the Companies Act 2006. The Trust was originally created as an unincorporated charity on 17 January 2000; the limited company was incorporated on 25 April 2006 and registered as a charity with the Charity Commission on 7 December 2006 with all relevant assets then being transferred to the company. The company was established under its Memorandum and Articles of Association which comprise the governing document (as amended 18 August 2006).

### **Method of Appointment or Election of Trustees**

The management of the charity is the responsibility of the Trustees who are elected and co-opted under the terms of the Articles of Association.

### **Policies Adopted for the Induction and Training of Trustees**

New Trustees, on appointment, have a formal induction meeting with the Chief Executive and are informed of methods of working, current issues, attendance at meetings etc. They are given an information pack comprising guidance on their responsibilities, the most recent Trustees' Report and Financial Statements and other documentation concerning current activities and projects. They also attend concerts and workshops run by the organisation to experience the work at first-hand. Ongoing

training is provided annually for all Trustees, as well as for staff, musicians and volunteers, and one-off training is carried out as required.

## **Organisational Structure and Decision Making**

“Sunbeams” is an independent charity. Annie Mawson’s Sunbeams Music Trust has a very active Board of Trustees that meets bi-monthly. They are responsible for the overall management and control of the charity. The Board is provided with monthly financial reports in addition to regular updates and reports from its Chief Executive. The Trustees maintain scrutiny of the major strategic, business and operational risks which the charity faces and confirm that regular reports are produced in order that necessary steps can be taken to manage these risks.

## **Wider Network**

Sunbeams maintains relationships with other legal entities which include:

- ACT (Actions for Communities in England)
- BBC Media partnership
- Cumbria Arts and Culture Network
- Cumbria CVS (Cumbria Council for Voluntary Service)
- Live Music Now
- National Council for Voluntary Organisations (NCVO)
- 4Eden

## **Trustees’ Indemnities**

The charity holds a standard insurance policy which includes a trustees’ indemnity against any liability in connection with any negligence, default, breach of duty or breach of trust in relation to the charity.

## **From our Treasurer**

A message from our Treasurer, Dr A. F. R. Wolfe BSc (Hons), MSc, PhD.

The financial statements for the year to 31 May 2021 have inevitably been significantly impacted by the Covid pandemic, as covered in the Chief Executive’s report above. However, we have continued to ensure that we have met our core purpose of reaching those to whom music gives such a huge therapeutic impact, both through online music sessions beginning in the early months of the pandemic, and over the last few months, through open air music sessions at the Sunbeams Centre.

Total income reduced to £293,842, from the £440,965 in the previous year, with individual donations being significantly reduced as public events such as fundraising concerts and external presentations, which have been so important in underpinning the Trust’s finances in previous years, had to cease. Income from the Trust’s supporting businesses of hiring out rooms at the Centre for external meetings, and commercial use of our recording studio was also lost.

We have though, continued to receive grants already secured in earlier years, and secured further ones during the year, and are very thankful for the generosity of those bodies, together with the skilled and dedicated efforts of the Chief Executive in demonstrating why Sunbeams’ work should be supported. Income also includes £68,337 received from the Coronavirus Job Retention Scheme, as a result of the necessary flexible furloughing of our staff, recognising the reduced working hours that were inevitably involved in the changed circumstances for all of our staff.

Expenditure has been tightly monitored throughout the period, and fell to £249,077 from £328,565 as external activity reduced as mentioned above.

The net outcome, after depreciation, shows a modest deficit for the year of £16,981; however, we have maintained a strong level of funds available for the benefit of those we seek to serve, in our balance sheet.

Going forward, the gradual return to ‘normal’ which is currently in progress, has enabled the re-opening of the Centre to external events and our supporting businesses. Naturally we view the future course of



the pandemic, especially in the coming winter, with some concern, and the financial outcome of the current year is likely to show a larger deficit than in 2020-21, whilst still maintaining strong reserves.

We are though, on track to return to all of our previous operations as soon as it is safe to do so (including with a major fundraising event planned for summer 2022), while retaining what we have learnt and what has worked well over the last 18 months. We move forward with a strong financial base, a strong team to make the most of the opportunities available to us, and full confidence in our future of providing wonderful times through music, which mean so much to the children and adults we serve.

### **From our Chair**

A message from our Chair, Dr Ifeolu Omoniyi Akintunde LLB.

This year, we have continued to provide an excellent, well thought through and thoroughly enjoyable service to our many beneficiaries. Our dedicated trustees and staff have continued to adapt to the changing policies and safety considerations brought on by the pandemic.

At the beginning of the reporting period, all our events were online. This was handled with such dedication that we were able to provide great service to over 1,000 beneficiaries. These online events were well received and their benefit and effectiveness is partly measured in repeat attendance by beneficiaries. Thanks to the musicians who had to adapt and develop new technical skills and methods to engage beneficiaries.

Since the government eased restrictions, we have been able to conduct outdoor events. The decision was taken partly in recognition of easing of restrictions, but mostly considering the need for our services and the safety of participants. We have implemented very carefully thought-out safety policies because many of our beneficiaries are highly vulnerable. We have also engaged our beneficiaries, so that they are aware of our concern to keep them safe while providing excellent participatory workshops.

However, on the whole, the pandemic has affected our income, expenditure, concerts and other activities. The Music Studio and indeed the Centre itself was closed for a large part of the year. Now that the government's job retention scheme is over and the weather means that we have to move indoors, we hope to begin the return to a new kind of normal. However the safety of staff, beneficiaries and clients will still remain a major priority as we move forward.

Finally, my thanks to the staff for remaining thoroughly dedicated and enthusiastic to deliver the excellent work for which Sunbeams is known, despite all the uncertainties and difficulties of the pandemic. Particular thanks goes to the Chief Executive, Annie Mawson MBE who kept working through the period, even with a broken Achilles, applying for grants and planning for the future. Thanks also to the Board for keeping on top of the government's requirements for policies and risk assessments. We look forward to a return of the many concerts, innovative fundraising events and in particular to the sessions that make Sunbeams such a valuable asset to the community.

God bless  
Ife



### **Trustees' Responsibilities Statement**

The Trustees (who are also directors of Annie Mawson's Sunbeams Music Trust for the purpose of company law) are responsible for preparing the Trustees' Report and Financial Statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year. Under company law the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing the financial statements, the Trustees are required to:

- Select suitable accounting policies and then apply them consistently
- Observe the methods and principles in the Charities SORP
- Make judgements and accounting estimates that are reasonable and prudent
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume the charitable companies will continue in operation.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report was approved by the Trustees on 13 October 2021 and signed on their behalf by:

*IOA-KINTUNDE*

Dr I. O. Akintunde, LLB

Chair of the Trustees



# **ANNIE MAWSON'S SUNBEAMS MUSIC TRUST**

**(A company limited by guarantee)**

## **Independent Examiner's Report to the Trustees of Annie Mawson's Sunbeams Music Trust ('the Company') for the Year Ended 31 May 2021**

I report to the charity Trustees on my examination of the accounts of the Company for the year ended 31 May 2021.

### **Responsibilities and Basis of Report**

As the Trustees of the Company (and its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the Company's accounts carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

### **Independent Examiner's Statement**

Since the company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

This report is made solely to the Company's Trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. My work has been undertaken so that I might state to the Company's Trustees those matters I am required to state to them in an Independent Examiner's Report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the Company and the Company's Trustees as a body, for my work or for this report.



Karen Rae FCCA  
Armstrong Watson Audit Limited, Chartered Accountants, Carlisle  
Date: 5 November 2021

**ANNIE MAWSON'S SUNBEAMS MUSIC TRUST**  
(A company limited by guarantee)

**Statement of Financial Activities incorporating Income and Expenditure Account**  
**For the Year Ended 31 May 2021**

	Note	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £	Total funds 2020 £
<b>Income from:</b>					
Donations and legacies	2	38,772	172,280	211,052	306,073
Charitable activities	3	1,030	-	1,030	14,289
Other trading activities	4,5	11,111	-	11,111	102,546
Investments	6	1,312	-	1,312	4,282
HMRC Coronavirus Job Retention Scheme receipts		69,337	-	69,337	13,775
<b>Total Income</b>		<b>121,562</b>	<b>172,280</b>	<b>293,842</b>	<b>440,965</b>
<b>Expenditure on:</b>					
Raising funds	10	398	-	398	24,969
Charitable activities	7,8,9	74,919	173,760	248,679	303,596
		75,317	173,760	249,077	328,565
<b>Net income/(expenditure) before depreciation</b>		<b>46,245</b>	<b>(1,480)</b>	<b>44,765</b>	<b>112,400</b>
Depreciation and amortisation	7,8	7,089	54,657	61,746	63,702
<b>Total expenditure</b>		<b>82,406</b>	<b>228,417</b>	<b>310,823</b>	<b>392,267</b>
<b>Net income/(expenditure) and net movement in funds</b>		<b>39,156</b>	<b>(56,137)</b>	<b>(16,981)</b>	<b>48,698</b>
<b>Reconciliation of funds:</b>					
Total funds brought forward		422,810	2,434,134	2,856,944	2,808,246
Net income/(expenditure) in the year		39,156	(56,137)	(16,981)	48,698
Total funds carried forward		461,966	2,377,997	2,839,963	2,856,944

There were no other recognised gains or losses in the year, or in the prior year.

The notes on pages 29 to 41 form part of these financial statements

# ANNIE MAWSON'S SUNBEAMS MUSIC TRUST

(A company limited by guarantee – registration number 05794153)

## Balance Sheet as at 31 May 2021


	Note	£	2021 £	£	2020 £
<b>Fixed Assets</b>					
Intangible assets	13		856		933
Fixed assets	14		<u>2,302,800</u>		<u>2,358,395</u>
			<b>2,303,656</b>		<b>2,359,328</b>
<b>Current Assets</b>					
Debtors	15	8,006		10,391	
Cash at bank and in hand		<u>587,598</u>		<u>550,685</u>	
		<b>595,604</b>		<b>561,076</b>	
<b>Creditors</b>					
Amounts falling due within one year	16	34,297		38,460	
<b>Net Current Assets</b>			<u><b>561,307</b></u>		<u>522,616</u>
<b>Creditors</b>					
Amounts falling due after more than one year	17		<u>25,000</u>		<u>25,000</u>
<b>Net Assets</b>			<u><b>2,839,963</b></u>		<u><b>2,856,944</b></u>
<b>Charity Funds</b>					
Unrestricted funds - General	19		201,708		194,254
Unrestricted funds - Designated	19		260,258		228,556
Restricted funds	19		<u>2,377,997</u>		<u>2,434,134</u>
<b>Total Funds</b>			<u><b>2,839,963</b></u>		<u><b>2,856,944</b></u>

The charity's financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The Trustees consider that the charity is entitled to exemption from the requirement to have an audit under the provisions of section 477 of the Companies Act 2006 ("the Act") and members have not required the charity to obtain an audit for the year in question in accordance with section 476 of the Act.

The Trustees acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The financial statements were approved and authorised for issue by the Trustees on 13 October 2021 and signed on their behalf by:

 I.O. AKINTUNDE

I.O. Akintunde, Chair



Dr. A.F.R Wolfe, Treasurer

The notes on pages 29 to 41 form part of these financial statements



# **ANNIE MAWSON'S SUNBEAMS MUSIC TRUST**

**(A company limited by guarantee)**

## **Notes to the Financial Statements for the Year Ended 31 May 2021**

### **1. Accounting Policies**

#### **1.1 Basis of preparation of financial statements**

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) – (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Annie Mawson's Sunbeams Music Trust meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

#### **1.2 Company status**

The charity is a company limited by guarantee. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity.

#### **1.3 Income**

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

For legacies, entitlement is taken as the earlier of the date on which either: the charity is aware that probate has been granted, the estate has been finalised and notification has been made the executor(s) to the Trust that distribution will be made, or when a distribution is received from the estate. Receipt of a legacy, in whole or in part, is only considered probable when the amount can be measured reliably and the charity has been notified of the executor's intention to make a distribution. Where legacies have been notified to the charity, or the charity is aware of the granting of probate, and the criteria for income recognition have not been met, then the legacy is treated as a contingent asset and disclosed if material.

Grants are included in the Statement of Financial Activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the Balance Sheet. Where income is received in advance of entitlement of receipt, its recognition is deferred and included in creditors as deferred income. Where entitlement occurs before income is received, the income is accrued.

Donated services or facilities are recognised when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use of the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), the general volunteer time of the Friends is not recognised; please refer to the Trustees' Report for more information about their contribution.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

Other income is recognised in the period in which it is receivable and to the extent the goods have been provided or on completion of the service.

#### **1.4 Expenditure**

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which have not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use.

Fundraising costs are those incurred in seeking voluntary contributions and do not include the costs of disseminating information in support of the charitable activities. Support costs are those costs incurred directly in support of expenditure on the objects of the charity and include project management carried out at the Centre. Governance costs are those incurred in connection with administration of the charity and compliance with constitutional and statutory requirements.

Costs of generating funds are costs incurred in attracting voluntary income, and those incurred in trading activities that raise funds.

Charitable activities and Governance costs are costs incurred on the charity's educational operations, including support costs and costs relating to the governance of the charity apportioned to charitable activities.

All expenditure is inclusive of irrecoverable VAT.

#### **1.5 Intangible fixed assets and amortisation**

Intangible fixed assets are capitalised and recognised when future economic benefits are probable and the cost or value of the asset can be measured reliably. Intangible assets are initially recognised at cost and are subsequently measured at cost net of amortisation and any provision for impairment. The charity has registered the trademarks of Music for Life® and Music for Dignity® and is amortising the cost over the estimated useful life of 20 years.

#### **1.6 Tangible fixed assets and depreciation**

All assets costing more than £200 are capitalised.

A review for impairment of a fixed asset is carried out if events or changes in circumstances indicate that the carrying value of any fixed asset may not be recoverable. Shortfalls between the carrying value of fixed assets and their recoverable amounts are recognised as impairments. Impairment losses are recognised in the Statement of Financial Activities Incorporating Income and Expenditure Account. Tangible fixed assets are carried at cost, net of depreciation and any provision for impairment. Depreciation is not charged on freehold land. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Freehold land	-	Land is not depreciated
Long-term leasehold property	-	The Centre has been depreciated at 2% per annum, straight line, from 1 April 2019.
Plant and machinery	-	25% reducing balance
Motor vehicles	-	25% reducing balance
Fixtures and fittings	-	25% reducing balance
Office equipment	-	25% reducing balance

## **1.7 Interest receivable**

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the Bank.

## **1.8 Debtors**

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

## **1.9 Cash at Bank and in hand**

Cash at bank and in hand includes cash and highly liquid investments with a maturity of up to 18 months from the date of the opening of the deposit or similar account.

## **1.10 Liabilities and provisions**

Liabilities are recognised when there is an obligation at the balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably. Liabilities are recognised at the amount that the charity anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide. Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised within interest payable and similar charges.

## **1.11 Financial instruments**

The charity only has financial assets and financial liabilities of a kind that qualify as basic instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

## **1.12 Taxation**

The charity is exempt from corporation tax on its charitable activities.

## **1.13 Pensions**

The charity operates a defined contribution pension scheme and the pension charge represents the amounts payable by the charity to the fund in respect of the year.

## **1.14 Fund accounting**

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes. These include the Music for Life ® and Music for Dignity ® Fund, which has been classified by the Trustees with effect from 1 June 2019 as a Designated Fund, with its balance to be used solely for the provision of the Charity's objectives.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors.



### **1.15 Going Concern**

On 11 March 2020 the World Health Organisation declared Covid-19, a strain of coronavirus, a world pandemic. Subsequently the UK Government introduced a series of restrictions on social interactions and non-essential trade, and although the extent of these has varied since then, they have continued to have a significant effect upon the operations and finances of the charity.

This has resulted in both reduced income, particularly as a result of the Centre not being available for external hire, and costs, both in terms of reduced trading activity to support the generation of income, and efforts by the Trustees to reduce non-essential costs, while continuing to provide the best possible service to beneficiaries as the circumstances have allowed, as described in the Trustees' Report. The charity has also utilised the Coronavirus Job Retention Scheme put in place by the UK Government. However, additional grant income has been secured from several sources to replace the lost trade and fundraising revenue.

The charity has net current assets of £561,307 and net assets of £2,839,963 at the year end, following a deficit in the year of £16,981. The charity does not rely on creditors for financial support and has maintained strong cash reserves. The Trustees have prepared cash flow forecasts to show that this cash reserve will be sufficient to allow the charity to continue its service provision for a period of at least 12 months from signing the financial statements. As such, they believe the going concern basis to be appropriate for the year to 31 May 2021.

## 2. Income from Donations, Grants and Legacies

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £	Total 2020 £
Donations	30,709	-	30,709	101,172
Legacies	8,063	-	8,063	6,213
Cumbria Community Foundation	-	4,721	4,721	4,721
The National Lottery Community Fund	-	70,000	70,000	70,000
BBC Children in Need	-	8,057	8,057	40,810
BBC Next Steps	-	28,885	28,885	-
YMCA Kendal Ltd. Charity	-	10,425	10,425	1,438
Charities Aid Foundation	-	6,000	6,000	-
D'Oyly Carte	-	3,000	3,000	-
Eden District Council	-	2,814	2,814	-
Arts Council Culture Recovery Fund	-	38,378	38,378	-
Frieda Scott Charitable Trust	-	-	-	3,236
The National Lottery Uplift Fund	-	-	-	21,000
National Lottery Awards 4 All	-	-	-	9,983
Cumbria Waste Management Trust	-	-	-	22,000
Sellafield Ltd. Social Impact Fund	-	-	-	25,000
Other	-	-	-	500
Total donations, grants and legacies	<b>38,772</b>	<b>172,280</b>	<b>211,052</b>	306,073
Total 2020	107,385	198,688	306,073	

### Information on Restricted Funds with receipts in 2020-21

Cumbria Community Foundation - a grant towards "Music For Dignity®: Songs and Scones in Eden – for elderly people with Alzheimer's.

The National Lottery Community Fund - a grant towards "Sound Gazing at Sunbeams" - using eye-gaze technology for non-verbal children.

BBC Children in Need - a grant towards Sunbeams Music For Life® Programme for children with a wide range of disabilities.

BBC Next Steps - this programme supports Sunbeams longer-term service adaptation to respond to the Covid-19 crisis, to meet the needs of children and young people who have been disproportionately affected by the pandemic, and thus to deliver 144 Virtual Workshops to 40 severely disabled children over 18 months.

YWCA Kendal Ltd. Charity - A grant towards Sunbeams Music For Life® Sessions via ZOOM for 20+ children with Complex Medical Needs and Severe Learning Difficulties who all live in Kendal area and the South Lakes.

Charities Aid Foundation - over the course of the horrendous Coronavirus time, a grant towards 8 Sunbeams musicians recording and creating videos of Sunbeams songs to insert on a new Sunbeams YouTube Channel for our vulnerable beneficiaries with complex needs to access, thus alleviating their loneliness.

D'Oyly Carte - A grant towards Virtual Music Sessions with 25 marginalised and disabled young people in Cumbria.

Eden District Council - A grant towards the PPE equipment which would help us prepare for the opening of the Centre for the beneficiaries to access live music in absolute safety and within our strict Risk Assessment Guidelines.

Arts Council Culture Recovery Fund - a grant towards supporting Sunbeams as we transition back to a viable and sustainable operating model.

### 3. Income from Charitable Activities

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £	Total 2020 £
Music for Life ® / Music for Dignity ®	1,030	-	1,030	14,289
Total 2020	14,289	-	14,289	

### 4. Fundraising Income

All fundraising income is received by unrestricted funds

	Total 2021 £	Total 2020 £
Fundraising	3,008	66,929

### 5. Trading Activities

All trading activities are in respect of unrestricted funds

	Total 2021 £	Total 2020 £
Charity Trading Income	8,103	35,617
Trading Expenses	(398)	(5,925)
Net income from trading activities	7,705	29,692

### 6. Investment Income

All investment income is received by unrestricted funds

	Total 2021 £	Total 2020 £
Bank and building society interest received	1,312	4,282



## 7. Direct Costs

	2021	2020
	£	£
Musicians' Fees	23,860	54,199
Motor, travel and subsistence	2,456	9,134
Volunteers' expenses	47	1,715
Staff training	-	50
Advertising	-	400
Premises expenses	1,773	2,542
Wages and salaries	139,680	131,948
National insurance	9,708	14,573
Pension cost	6,896	7,988
Sensory Garden	1,131	16,686
Depreciation	57,935	60,670
Total	243,486	299,905

## 8. Support Costs

	2021	2020
	£	£
Advertising	1,850	126
Insurance	4,023	4,858
Light and heat	4,168	4,013
Telephone	2,449	1,891
General office expenses	759	2,777
Premises expenses	3,322	14,181
Repairs and renewals	18,042	4,227
Staff training and conferences	-	1,419
Sundry	545	1,921
Computer and IT	828	1,799
Wages and salaries	23,134	24,252
Depreciation	3,734	2,955
Governance costs	4,008	2,897
Amortisation - intangible fixed assets	77	77
	66,939	67,393

Governance costs include accountancy, legal and professional and bank charges, and Trustees' expenses.

## 9. Analysis of Expenditure by Type

	Staff costs 2021 £	Depreciation and amortisation 2021 £	Other costs 2021 £	Total 2021 £	Total 2020 £
On raising voluntary income	-	-	-	-	19,044
On fundraising trading	-	-	398	398	5,925
Costs of raising funds			398	398	24,969
Music for Life ® / Music for Dignity ®	179,418	61,746	69,261	310,425	367,298
	179,418	61,746	69,659	310,823	392,267
Total 2020	178,761	63,702	149,804	392,267	

## 10. Net income/expenditure

This is stated after charging:

	2021 £	2020 £
Depreciation of tangible fixed assets		
- owned by the charity	61,669	63,625
Amortisation of intangible fixed asset	77	77

Trustee expenses were £25 in the current year (previous year – £nil).

## 11. Independent Examiner's Remuneration

The Independent Examiner's Remuneration amounts to a fee of £1,895 (2020 - £1,895).

## 12. Staff Costs

Staff costs were as follows:

	2021 £	2020 £
Wages and Salaries	161,072	153,768
Social security costs	11,450	16,381
Pension costs	6,896	8,612
	179,418	178,761

	2021	2020
Average number of persons employed	6	6

The key management personnel of the charity comprise the Trustees, including the Chief Executive. No trustees, including the Chief Executive, received any remuneration in respect of their role as trustees in either the current or previous year.

The remuneration of the key management personnel in the year (including employer pension contributions and employer national insurance contributions), was £64,823 (2020 - £66,105).

### Important note

The majority of staff time is spent on the direct delivery of the charity's activities including musical activities. It is therefore appropriate to combine Musicians' Fees and approximately 85% of staff costs when comparing costs.

### 13. Intangible fixed assets

	Trademarks £
Cost	
At 1 June 2020 and 31 May 2021	1,549
Amortisation	
At 1 June 2020	616
Charge for the year	<u>77</u>
At 31 May 2021	<u>693</u>
At 31 May 2021	<u>856</u>
<i>At 31 May 2020</i>	<i>933</i>

The charity has registered the following trademarks:

Music for Life ®

Music for Dignity ®



#### 14. Tangible Fixed Assets

	Freehold Property £	Sunbeams Centre £	Musical Instruments £	Motor Vehicles £	Fixtures and fittings £	Total £
Cost						
At 1 June 2020	46,442	2,274,849	22,587	17,190	156,109	2,517,177
Additions	-	-	-	-	6,074	6,074
At 31 May 2021	46,442	2,274,849	22,587	17,190	162,183	2,523,251
Depreciation						
At 1 June 2020	-	45,497	17,559	11,750	83,976	158,782
Charge for year	-	45,497	1,258	1,361	13,553	61,669
At 31 May 2021	-	90,994	18,817	13,111	97,529	220,451
Net book value						
At 31 May 2021	46,442	2,183,855	3,770	4,079	64,654	2,302,800
At 31 May 2020	46,442	2,229,352	5,028	5,440	72,133	2,358,395

Included in freehold property is land held in connection with the Sunbeams Centre. The land is not depreciated. The Sunbeams Centre is held on a 99 year lease.

#### 15. Debtors

	2021 £	2020 £
Trade debtors	125	526
Prepayments	7,881	9,865
	<b>8,006</b>	10,391

#### 16. Creditors - amounts falling due within one year

	2021 £	2020 £
Trade creditors	2,284	803
Other taxation and social security	2,848	4,259
Other creditors	476	532
Accruals	3,690	7,866
Deferred income	25,000	25,000
	<b>34,297</b>	38,460

The deferred income balance at both year ends relates to the second year of a grant from Sellafeld Ltd. Social Impact Fund.

## 17. Creditors - amounts falling due after one year

	2021 £	2020 £
Deferred income	25,000	25,000
	<u>25,000</u>	<u>25,000</u>

The deferred income balance at both year ends relates to the third year of a grant from Sellafield Ltd. Social Impact Fund.

## 18. Pension commitments

The charity operates two defined contribution pension schemes.

The assets of the schemes are held separately from those of the charity in an independently administered fund.

The pension cost charge represents contributions payable by the charity of £6,896 (2020 - £8,612). £476 was payable to the funds at 31 May 2021 and is included within other creditors in note 16.

## 19. Statement of Funds

### Statement of Funds - Current Year

	Balance at 31 May 2020 £	Income £	Transfer £	Expenditure £	Balance at 31 May 2021 £
<b>Unrestricted funds</b>					
General funds	171,973	69,517	14,507	(75,555)	180,442
Tangible fixed assets	22,281	-	-	(1,015)	21,266
Non-designated unrestricted funds	194,254	69,517	14,507	(76,570)	201,708
Designated funds - Music for Life ® and Music for Dignity ®	228,556	52,045	(4,524)	(15,819)	260,258
Total unrestricted funds	422,810	121,562	9,983	(92,389)	461,966
<b>Restricted funds</b>					
Grant and donor funds	97,087	172,280	(9,983)	(163,777)	95,607
Tangible fixed assets	106,762	-	-	(9,083)	97,679
Intangible fixed assets	933	-	-	(77)	856
Sunbeams Music Centre	2,229,352	-	-	(45,497)	2,183,855
Total restricted funds	2,434,134	172,280	(9,983)	(218,434)	2,377,997
<b>Total funds</b>	<u>2,856,944</u>	<u>293,842</u>	<u>-</u>	<u>(310,823)</u>	<u>2,839,963</u>

## Statement of Funds - Prior Year

	Balance at 31 May 2019 £	Transferred on 1 June 2019 £	Income £	Expenditure £	Balance at 31 May 2020 £
<b>Unrestricted funds</b>					
General funds	44,657	158,703	22,149	(53,536)	171,973
Tangible fixed assets	29,204	-	-	(6,923)	22,281
Non-designated unrestricted funds	73,861	158,703	22,149	(60,459)	194,254
Designated funds - Music for Life ® and Music for Dignity ®	-	157,961	220,128	(149,533)	228,556
Total unrestricted funds	73,861	316,664	242,277	(209,992)	422,810
<b>Restricted funds</b>					
Grant and donor funds	50,144	-	198,688	(151,745)	97,087
Other reserves	316,664	(316,664)	-	-	-
Tangible fixed assets	117,468	-	-	(10,706)	106,762
Intangible fixed assets	1,010	-	-	(77)	933
Sunbeams Music Centre	2,249,099	-	-	(19,747)	2,229,352
Total restricted funds	2,734,385	(316,664)	198,688	(182,275)	2,434,134
<b>Total funds</b>	2,808,246	-	440,965	(392,267)	2,856,944

## 20. Analysis of Net Assets between Funds

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £
Current assets	478,687	145,607	624,294
Creditors, accruals and deferred income	(46,326)	(37,987)	(50,000)
Tangible fixed assets, including the Sunbeams Music Centre	21,266	2,281,534	2,302,800
Intangible fixed assets	-	856	856
	<b>461,966</b>	<b>2,377,997</b>	<b>2,839,963</b>

	Unrestricted funds 2020 £	Restricted funds 2020 £	Total funds 2020 £
Current assets	446,855	147,087	593,942
Creditors due within one year	(46,326)	(50,000)	(96,326)
Tangible fixed assets, including the Sunbeams Music Centre	22,281	2,336,114	2,358,395
Intangible fixed assets	-	933	933
	<b>422,810</b>	<b>2,434,134</b>	<b>2,856,944</b>

## 21. Restricted Funds Balances

	2021 £	2020 £
General Restricted Fund - including the Centre, Stoller House	<b>2,282,390</b>	2,337,047
BBC Children in Need	<b>(1,663)</b>	21,544
BBC Next Steps	<b>9,503</b>	-
Frieda Scott Charitable Trust	<b>1,844</b>	2,681
National Lottery Community Fund	<b>30,458</b>	15,049
National Lottery Awards 4 All	-	9,983
National Lottery Uplift	-	20,259
Cumbria Community Foundation	<b>3,888</b>	2,063
YMCA Kendal Ltd. Charity	<b>10,863</b>	563
Sellafeld Ltd. Social Impact Fund	<b>24,164</b>	24,945
D'Oyly Carte	<b>3,000</b>	-
Eden District Council	<b>2,244</b>	-
Arts Council Culture Recovery Fund	<b>11,306</b>	-
Total	<b>2,377,997</b>	<b>2,434,134</b>

The BBC Children in Need Fund received further funding on 17 June 2021.



