

THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE
FINANCIAL STATEMENTS
FOR
31 MARCH 2022

Company Registration Number 05758432
Charity Number 1117141

DERBY COMMUNITY ACCOUNTANCY SERVICE

Babington Lodge
128 Green Lane
Derby
DE1 1RY

**THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE**

FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2022

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THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH COMPANY LIMITED BY GUARANTEE

MEMBERS OF THE BOARD AND PROFESSIONAL ADVISERS

The Board of Trustees

Helen Boocock	Chair
Jonathan Harris	
Matthew Dennison	
Zoe Woodward	(Resigned 14 th December 2021)
Lee Mellor	
Rob Merriman	
Carolyn Curtis	
Peter Allen	
Pam Gregory	
Yvonne Taylor	
Andrew Martin	(Appointed 21 st July 2021)

Senior/Principal Employees

Rona Rawson	Chief Executive
Andrea Lyons	Senior Support Officer
Chantelle Ross	Youth Services Manager
Toni Bryan	Administration Manager

Registered office

7 Lime Tree Business Park
Lime Tree Road
Matlock
Derbyshire
DE4 3EJ

Independent Examiner

Mark Newey ACMA
Community Accountant
Derby Community Accountancy Service
Babington Lane
128 Green Lane
Derby DE1 1RY

Bankers

HSBC Bank plc
Market Place
Chesterfield S40 1TN

Royal Bank of Scotland
Drummond House
1 Redheughs Ave
Edinburgh EH12 9JN

Nationwide Building Society
Northampton NN3 6NW

THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH COMPANY LIMITED BY GUARANTEE

TRUSTEES' ANNUAL REPORT YEAR ENDED 31 MARCH 2022

The trustees, who are also Directors for the purposes of the Companies Act, have pleasure in presenting their report and the unaudited financial statements of the charity for the year ended 31 March 2022.

GOVERNANCE AND MANAGEMENT

The trustees, who are also directors for the purposes of the Companies Act, have pleasure in presenting their report and the unaudited financial statements of the charity for the year ended 31 March 2022.

Governing document

The organisation is a charitable company limited by guarantee, incorporated on 27th March 2006 and registered as a charity. The company was established under a memorandum of association which established the objects and powers of the charitable company and is governed by its articles of association. In the event of the company being wound up, members are required to contribute an amount not exceeding £1 each.

Role of the Executive Board

The organisation is governed by an Executive Board - the charity trustees for the purposes of charity law. New trustees may be appointed by the Board subject to approval by the Annual General Meeting. There can be up to 12 trustees.

Trustees have a wide variety of knowledge and experience to guide the work of the Federation. Most do not have a professional mental health background but have organisation-relevant experience e.g. in finance, human resources, the law, charity management etc. and add value to the management team. Their role is, with the Chief Executive Officer (CEO), to determine the strategy of the Federation and, in committee work to contribute to the development of policies and procedures to underpin this. The Board has responsibility for ensuring adherence to relevant legislation e.g. financial, equalities, health and safety, information, employment, safeguarding etc. It maintains and reviews regularly a risk register to inform progress.

Management Structure

As a small charity, the Board aims to keep down core costs in order to maximise spending on service delivery. However, the Federation grew significantly in budget and staffing during the year, stretching the management team.

The Board reviewed the structure of the Support (service delivery) and Business teams and decided to create two Support coordinator posts which would become operational in the next financial year. Other posts were created in the Business team including that of Fundraising Officer. As the temporary personnel officer post came to an end it is acknowledged that the Business team in particular is understaffed; this is currently under review.

THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH COMPANY LIMITED BY GUARANTEE

TRUSTEES' ANNUAL REPORT YEAR ENDED 31 MARCH 2022

Equalities and diversity

The Federation takes its responsibilities under the Equality Act 2010 seriously. In addition to ensuring that potential and actual staff and clients do not encounter discrimination in their dealings with the organisation, the Federation actively examines how well it meets the needs of those it works with. In 2020 it established a Service Quality Assurance committee whose remit included the review of services to ensure that they meet the needs of the population it serves and that they are accessible to all who need them. This will be superseded in the next year by a Service delivery committee whose remit is wider but will still include this duty. All staff and trustees undertake equalities and diversity training.

MISSION STATEMENT, OBJECTIVES AND ACTIVITIES

Mission Statement

The Federation is a specialist mental health support service provider with strong service user focus and high professional standards.

Aims and Objectives

To help to improve mental health in Derbyshire and elsewhere by:

1. Accepting self-referrals, and referrals from statutory agencies, to work individually with people with mental health problems and to promote independence.
2. Supporting people with mental health problems to promote and maintain their independence.
3. Raising awareness and understanding in the community.
4. Creating and supporting sustainable and independent self-help groups.
5. Providing a variety of programmes to people with mild to moderate mental ill health.
6. Working with other agencies to promote improved mental health services provision.

How Our Activities Deliver Public Benefit

We deliver public benefit by

- Promoting independent living for those with mental health problems;
- Working alongside statutory agencies to supplement the services that they provide in order to provide additional help and support for those with mental health problems which would not otherwise be available to them;
- Promoting self-help groups and by doing so reducing social isolation for those with mental problems, and enhancing well-being in the community;
- Providing an opportunity for volunteering and in particular for those who are recovering from mental ill-health, which aids health improvement and allows a gateway to return to paid employment;
- Reaching out through our self-referral and groups work to individuals who may otherwise not be reached by the statutory services;

Delivering services that are accessible by all members of the community and for which there is particular demand from disadvantaged socio-economic groups.

THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH COMPANY LIMITED BY GUARANTEE

TRUSTEES' ANNUAL REPORT YEAR ENDED 31 MARCH 2022

ACHIEVEMENTS AND PERFORMANCE

Information in this section is a summary and review of the services carried out by the Derbyshire Federation for Mental Health ('the Federation') during the period 1st April 2021 to 31st March 2022. In line with its mission statement the Federation continued to be

'a specialist mental health service provider with strong service user focus and high professional standards'

Overview

Services were delivered for the second year in the context of the Covid-19 Pandemic with the country under some level of lockdown during part of the period. The Federation continued to adhere to Government guidelines to ensure the safety of its clients and workers; within these limits it provided a face to face service where practical and continued a mixture of home and office working for relevant staff. The two office hubs in Matlock and Buxton were closed to clients during most of this period.

During the period the Federation maintained all of its contracted services. The planned development of the wellbeing service was put on hold due to the pandemic but will be re-structured. Despite the challenges of Covid and ongoing recruitment, other aspects of work expanded, particularly in the sphere of children and young people.

This is a testament to how positively the Federation is viewed within the Mental Health sector.

In October the Federation was approached by a small local charity, the Greenaway Workshop in Darley Dale and asked to take over the management of it as they had insufficient funds and staff to run it. The Board agreed to do so and initial plans were completed at the end of the financial year.

Staff structure/staffing

On April 1st 2021 there were 34 paid staff in post which was a significant increase over the previous year. In addition there were 10 trustees and 7 other volunteers. During the year, 14 staff left (mainly Support Workers) and 20 were recruited. Recruitment of staff was a major preoccupation during the year for managers and office staff with the Federation experiencing the same difficulties as all care organisations. At the end of the year there were 40 staff in paid posts and several vacancies.

The majority of Federation staff are Support Workers (ISW) employed in the adult and youth projects providing direct support to clients with mental health problems. None of the paid staff works full time. Support staff join the Federation with relevant experience and qualifications (either a degree in a relevant subject or health and social care diploma) or we provide the opportunity to train within the first few years. All staff have a personal development plan identifying gaps in training and knowledge which are enhanced in regard to the project they are employed in.

There is an emphasis on continual professional development and in addition to mandatory training e.g. safeguarding, diversity, health and safety and Prevent – Anti Terrorism, staff attended, amongst others, courses as appropriate to address: LGBT and Youth Support, Eating Disorders Boys and Men, Alcohol Awareness and Introduction to Brief Interventions, Volunteer Walk Leader, Leadership and Management Skills, Dementia Awareness. Management and general support staff provide a strong and stable core within the Federation with four having over 10 years of service.

THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH COMPANY LIMITED BY GUARANTEE

TRUSTEES' ANNUAL REPORT YEAR ENDED 31 MARCH 2022

Services Provided

Direct Payments/Personal Budgets and Private Contracts

Most mental health services provided by the Federation are delivered free of charge to clients as they have been funded by statutory bodies. The exception is that we are also able to provide services funded by direct payments, personal budgets or private payment arrangements (means tested). Generally, this type of support is provided to individuals with severe and enduring mental health conditions requiring regular and reliable support in the community.

The type of support we provided during the year included support to live at home e.g. assisting with cooking meals, shopping or managing money. Telephone support was also provided for safe and well checks and for clients to talk to a Support Worker about problems and anxieties and to find coping strategies.

The demand for these contracts continued to grow during the year. Whilst the number of clients supported regularly was slightly reduced at 43, the number of hours of support delivered increased to over 9,000 as we were able to return to the full packages of care that had been reduced during the initial covid restrictions.

Derbyshire Recovery and Peer Support Service

Funded by Derbyshire County Clinical Commissioning Groups (CCG) & Derbyshire County Council (DCC). This was a countywide contract (excluding Derby City) awarded to Rethink with subcontractors P3 and the Federation and commenced in April 2017. The contract was extended to March 2023 as were all other contracts. The service provides support for adults with a primary diagnosed mental health condition, living in Derbyshire County and deemed to be in recovery. Support is delivered through a mixture of options in different settings across the county e.g. telephone support, drop-in sessions, therapeutic and activity groups.

The Federation delivers elements of the contracted support in the High Peak and Derbyshire Dales.

Young Peoples Project – Build Sound Minds

From June 2019 in partnership with Action for Children the Federation has been providing a comprehensive early intervention service for children aged 0-18 who are experiencing mild to moderate mental health difficulties. The service is commissioned to provide services across the county, including Derby City, and referrals are accepted from people who are registered with a Derbyshire or Derby General Practitioner. The Federation specialises in providing the transition services to young people aged 16 and 17 years old (the “transition” from child to adult).

Build Sound Minds offers a 6 to 8 week programme of 1:1 support, group work or support via telephone or Zoom. During periods of lockdown, sessions were conducted wholly via Zoom or telephone. Since February sessions have been offered flexibly to meet the needs of young people in school or at Federation premises as well as digitally. Drop in sessions are also offered around the county.

Staff measure the impact of the service on the young people referred to them through a questionnaire administered at the start and end of the programme. They also ask them to say what they thought of the service they received including whether they would recommend it to a friend. Rates of clinical improvement and of satisfaction are very high with improvements in around 95% of cases.

THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH COMPANY LIMITED BY GUARANTEE

TRUSTEES' ANNUAL REPORT YEAR ENDED 31 MARCH 2022

It was noted that the level of need increased during the year in terms of both volume and severity, in part as a response to the impact of Covid. In addition, school closures due to lockdowns led to a backlog of referrals. Federation staff have been active in working through the waiting list to reduce it with increased funding to do this since January.

Greenaway Project and Wellbeing Services

In 2019 the Board funded a dedicated post to develop and deliver the Federation's Wellbeing services. By March 2020 a suite of Wellbeing and Resilience Workshops, Therapeutic Programmes and Workplace Wellbeing Courses had been developed and were being piloted then had to come to an end due to Covid. A programme of Wellbeing for staff was delivered in its place and an emphasis on building up staff skills and knowledge around wellbeing. Bitesize videos for social media and website use had also been produced.

Taking over the renamed Greenaway Project brought with it an excellent venue for Wellbeing Services which will be developed over the next year. In addition to a light and airy building there is a garden and allotment to develop.

Derbyshire Living Well Service

This is a national initiative, already trialled in several areas in England and now being rolled out further. The aim of this project is to help NHS primary care to develop an effective Derbyshire Living Well Service, a multi-disciplinary approach to crisis and community care.

The Federation is working in partnership with the NHS, Derbyshire County Council adult social care and other voluntary sector organisations in the delivery of a prototype team in the High Peak area of Derbyshire. The Community Mental Health Team social workers, nurses and other healthcare staff will work with clients for 12 weeks, offering wrap around care and support. We provide Wellbeing and Peer Coach staff.

Work to develop this approach continued during the year with significant involvement of senior Federation managers. The decision was made that the project would be funded for a further year and would be expanding into the Derbyshire Dales, Chesterfield and North East areas.

Derbyshire Mental Health Helpline.

The helpline is a telephone triage service and was commissioned in response to the pressure on emergency services from increasing mental health issues. The Federation provides the specialist children and young people provision with P3 offering adult provision.

The service involves staff acting as first responder on the helpline providing support, guidance and de-escalation techniques then helping to connect clients to services in the community; where this is not possible they can provide access to nurses and other clinically training professionals with a view to avoiding hospital admissions.

THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH COMPANY LIMITED BY GUARANTEE

TRUSTEES' ANNUAL REPORT YEAR ENDED 31 MARCH 2022

Opportunities and Threats

During 2022/2023 we expect renewal of contracts on both the Adult and Children and Young People services to take place. The Adult services are due to be retendered during 2022 for new contracted services to commence April 2023. These services will include the Derbyshire Recovery and Peer Support Contract and the Derbyshire Living Well service. DFMH have been providing services on both; and we will be keen to work with partners to continue to be part of any future contracts relating to these services in Derbyshire.

The Build Sound Minds contract was due for review in June 2022 and the decision to roll on into the additional 2 years allocated to the service has been confirmed. Also due to the rise in cases of young people needing access to support post pandemic; a 12month additional service sum of funding has been made available to increase the reach for our services during 2022. Our work with Young adults has been recognised by statutory bodies and we are working with Action for Children and local NHS commissioners in the development of a new service assisting with transition from children and young people services to facing life as an adult with poor mental health. We have been working with a variety of agencies on an implementation plan and are very optimistic that a pilot project will commence in 2022.

During 2021/22 we had been providing children and young people specialised staff for the Derbyshire Mental Health Helpline. Due to recruitment issues and rota patterns a number of issues had arisen for our organisation and the other organisations involved with the service. After consultation with our Voluntary sector partners (P3) on this contract; it has been decided to TUPE our staff on this project to P3 and we will remain involved with the project but as consultants to P3 regarding the Children and Young People elements of the service e.g. providing clinical supervisions, training and sector updates. This arrangement is not expected to commence until spring 2023.

As reported in our last annual report since the start of 2020 recruiting staff has been difficult. The potential recruitment pool for health and social care staff has reduced, so vacancies are continuing to take longer to fill. This appears to be a national problem and improvements are not anticipated in the foreseeable future. As an organisation thriving to provide local services dependent on staff we are reviewing our terms and conditions of employment and recruitment process. We are also planning to increase and enhance our Volunteering programme to assist in the attraction and the training of future support staff.

In October 2021 another local charity who had been struggling to operate during and since the pandemic; approached us for assistance. Representatives from both Boards and Management Teams have been in discussion concerning a future model for the continuance of the support they provide. The Federation is enthused regarding the synergy for local services that maybe created from this development.

During the past few years the Federation has seen a rapid growth of our services. The support management, staff and processes have been grown and advanced alongside; however, we do need to ensure our non- support functions e.g. personnel and finance that help the charity to operate effectively, are also enhanced to meet the growing demand on our operations. With the continuing uncertainty of the UK economy, it is essential that the CEO has a strong and resilient team to assist in navigating the difficult times ahead. We are therefore planning in 2022 to restructure and recruit new key staff into this area of the Charity.

THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH COMPANY LIMITED BY GUARANTEE

TRUSTEES' ANNUAL REPORT YEAR ENDED 31 MARCH 2022

FINANCIAL REVIEW

The unrestricted deficit for this financial year was £22,079 and at 31st March 2022 the charity had unrestricted reserves of £219,550.

Reserves Policy

We are aiming to maintain our reserves at a level which is at least equivalent to 3 months operating costs. The Finance committee regularly review the amount of reserves that are required to ensure that they are adequate to fulfil our continuing obligations.

Designated Reserves

The Trustees have undertaken a review to establish the contingency costs associated with closure of the charity and have designated £110,000 for this purpose. These Designated Reserves would cover redundancy costs and other commitments associated with closure.

Risk Management Policy

The trustees have reviewed the major and financial risks that impact on the work of the charity. The systems that have been established enable the trustees to review and take the necessary steps to lessen these risks.

INDEPENDENT EXAMINERS


Derby Community Accountancy Services were appointed as independent examiners during the year and have expressed their willingness to continue in office. A resolution to re-appoint them as auditors will be put to the members at the annual general meeting.

SMALL COMPANY PROVISIONS

This report has been prepared in accordance with the special provisions for small companies under section 477 of the Companies Act 2006.

Registered office:
7 Lime Tree Business Park
Lime Tree Road
Matlock
Derbyshire
DE4 3EJ

Signed on behalf of the trustees:


Helen Boocock
Trustee

Approved by the trustees on **2nd November 2022**

THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH COMPANY LIMITED BY GUARANTEE

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES YEAR ENDED 31 MARCH 2022

I report on the accounts of the company for the year ended 31 March 2022 which are set out on pages 10 to 21.

Respective responsibilities of trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to an audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- 1 which gives me reasonable cause to believe that, in any material respect, the requirements:
 - to keep accounting records in accordance with section 386 of the Companies Act 2006; and
 - to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met; or
- 2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Mark Newey ACMA

Derby Community Accountancy Service
Babington Lodge
128 Green
Derby DE1 1RY
DE1 1RY



2nd November 2022

**THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE**

STATEMENT OF FINANCIAL ACTIVITIES

YEAR ENDED 31 MARCH 2022

	Note	Unrestricted Funds £	Restricted Funds £	Total Funds Year to 31 Mar 2022 £	Total Funds Year to 31 Mar 2021 £
Income from:					
Donations	3	623	-	623	1,889
Charitable activities	4	216,137	440,757	656,894	482,436
Investment income	5	277	-	277	256
Total incoming resources		<u>217,037</u>	<u>440,757</u>	<u>657,794</u>	<u>484,581</u>
<u>Expenditure on:</u>					
Raising funds		-	-	-	-
Charitable activities		<u>239,116</u>	<u>433,577</u>	<u>672,693</u>	<u>460,330</u>
Total expenditure	6	<u>239,116</u>	<u>433,577</u>	<u>672,693</u>	<u>460,330</u>
Net income (expenditure)		(22,079)	7,180	(14,899)	24,251
Transfer between funds		-	-	-	-
Net movement in funds		<u>(22,079)</u>	<u>7,180</u>	<u>(14,899)</u>	<u>24,251</u>
Fund balances at 1 Apr 2021		<u>241,629</u>	<u>3,500</u>	<u>245,129</u>	<u>220,878</u>
Fund balances at 31 March 2022		<u>219,550</u>	<u>10,680</u>	<u>230,230</u>	<u>245,129</u>

The company had no new or discontinued activities during the year.

The notes on pages 12 to 21 form part of these financial statements.

**THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE
BALANCE SHEET
YEAR ENDED 31 MARCH 2022**

		2022	2021
	Note	£	£
Fixed assets			
Tangible assets	10	-	-
Current assets			
Debtors	11	200,536	229,842
Cash at bank and in hand		262,435	233,099
		<u>462,971</u>	<u>462,941</u>
Creditors: amounts falling due within one year	12	<u>(232,741)</u>	<u>(217,812)</u>
Net current assets		<u>230,230</u>	245,129
Total assets less current liabilities		<u>230,230</u>	245,129
Net assets		<u>230,230</u>	<u>245,129</u>
The funds of the charity:			
Restricted	14	10,680	3,500
Unrestricted – general reserves	14	109,550	131,629
Designated Reserves	14	110,000	110,000
TOTAL CHARITY FUNDS		<u>230,230</u>	<u>245,129</u>

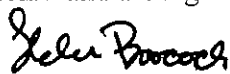
For the year ending 31 March 2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:-

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476;
- The directors acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

These financial statements were approved by the directors and authorised for issue on 2nd November 2022 and are signed on their behalf by:


Helen Boocock
Director

Company Registration Number: 05758432

The notes on pages 12 to 21 form part of these financial statements.

THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH COMPANY LIMITED BY GUARANTEE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2022

1. Accounting policies

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

Company information

The Derbyshire Federation for Mental Health is a company limited by guarantee not having a share capital. The company's registered office is at 7 Lime Tree Business Park, Lime Tree Road, Matlock, Derbyshire, DE4 3EJ. At the end of the year there were 10 Trustees, each of whom, under the terms of the Memorandum and Articles of Association, had undertaken to contribute the sum not exceeding £1 in the event of a winding up of the company.

1.1 Accounting convention

These accounts have been prepared in accordance with FRS 102, "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102"), "Accounting and Reporting by Charities" the Statement of Recommended Practice for charities applying FRS 102, the Companies Act 2006 and UK Generally Accepted Accounting Practice as it applies from 1 January 2015. The charity is a Public Benefit Entity as defined by FRS 102.

The accounts are prepared in Sterling which is the functional currency of the company. Monetary amounts in these financial statements to the nearest £.

The accounts have been prepared on historical cost convention apart from freehold property that is carried at market value. The principal accounting policies adopted are set out below.

These are accounts for the year ended 31 March prepared in accordance with FRS 102, The Financial Reporting Standard applicable in the UK and Republic of Ireland. The date of transition to FRS 102 was 1 April 2014. The impact on the reported financial position and financial performance for the previous period are not affected by the transition to FRS 102.

1.2 Going concern

At the time of approving the accounts, the directors have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the accounts.

1.3 Charitable Funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Designated funds are unrestricted funds earmarked by the trustees for particular purposes.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH COMPANY LIMITED BY GUARANTEE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2022

1.4 Incoming resources

All incoming resources are included in the SOFA when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy. Gifts in kind have been included at market value of gifts received and in assets acquired. No amounts are included in the financial statements for services donated by volunteers.

1.5 Resources expended

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs relating to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with use of the resources. Fund-raising costs are those incurred in seeking voluntary contributions and do not include the costs of disseminating information in the support of the charitable activities.

1.6 Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discounts offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

1.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.8 Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

1.9 Financial instruments

The charity has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

Derecognition of financial liabilities

Financial liabilities are derecognised when the company's contractual obligations expire or are discharged or cancelled.

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the company is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH COMPANY LIMITED BY GUARANTEE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2022

1.11 Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

2. Critical accounting estimates and judgements

In the application of the charity's accounting policies, the directors are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimated and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

3. Donations

	Unrestricted Funds £	Restricted Funds £	Total Funds Year to 31 Mar 2022 £	Total Funds Year to 31 Mar 2021 £
Donations and fundraising	<u>623</u>	<u>-</u>	<u>623</u>	<u>1,889</u>
	<u>623</u>	<u>-</u>	<u>623</u>	<u>1,889</u>

**THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE**

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2022

4. Income from charitable activities

	Unrestricted Funds £	Restricted Funds £	Total Funds Year to 31 Mar 2022 £	Total Funds Year to 31 Mar 2021 £
Rethink-DRPSS	-	100,000	100,000	100,373
Rethink-Derbyshire Living Well	-	110,112	110,112	44,456
P3- Triage Service	-	14,500	14,500	18,658
Action For Children- Building Sound Minds	-	203,524	203,524	110,000
Co-op Community Fund	-	2,250	2,250	4,479
Derbyshire County Council	-	1,975	1,975	-
Derbyshire Healthcare Foundation Trust	-	1,352	1,352	-
Department of Work & Pensions	-	3,116	3,116	-
TNL Community Fund (IKEA)	-	3,578	3,578	-
Derbyshire Dales District Council	-	350	350	-
Lloyds Bank Foundation for England and Wales	-	-	-	24,613
Foundation Derbyshire	-	-	-	11,203
National Lottery Community Fund	-	-	-	10,000
HMRC Job Retention Scheme	-	-	-	8,692
Clothworkers Foundation	-	-	-	5,000
Derbyshire District Council	-	-	-	4,615
Active Partners	-	-	-	1,500
In This Together Western Power	-	-	-	1,200
Charities Trust- CADENT	-	-	-	1,000
Masonic Charitable Foundation	-	-	-	250
Chargeable Support Services	171,696	-	171,696	112,722
Well Being Projects	-	-	-	72
Travel	35,319	-	35,319	19,636
Meal Allowance	-	-	-	-
Social Mileage	8,298	-	8,298	3,920
Income from activities	-	-	-	-
Private contracts	722	-	722	-
Other Income	102	-	102	47
	<u>216,137</u>	<u>440,757</u>	<u>656,894</u>	<u>482,436</u>

**THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE**

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2022

5. Investment income

	Total Funds Year to 31 Mar 2022 £	Total Funds Year to 31 Mar 2021 £
Bank interest receivable (unrestricted)	<u>277</u>	<u>256</u>

6. Analysis of expenditure (unrestricted)

	Total Funds Year to 31 Mar 2022 £	Total Funds Year to 31 Mar 2021 £
Employment Costs	569,771	371,065
Travelling and Support Costs	29,607	14,554
HR Costs	2,827	1,885
Training & Recruitment	8,475	3,410
Telephone	10,444	6,909
Electricity	2,404	3,065
Water	310	299
Stationery & Supplies	4,520	4,125
Rent & Insurance	22,108	23,194
Professional Fees	3,369	2,984
Computers & Equipment	14,908	26,168
Repairs & Maintenance	1,172	1,053
Bank Service Charges	256	322
Support Groups	-	667
Publicity	202	261
Miscellaneous Expenses	2,320	369
	<u><u>672,693</u></u>	<u><u>460,330</u></u>

Expenditure on charitable activities was £672,693 (2021: £460,330) of which £433,577 was restricted (2021: £352,005).

**THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
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NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2022

7. Net (expenditure)/income

Net (expenditure)/income for the year is stated after charging/(crediting):

	2022	2021
	£	£
Independent Examiner's Fees	<u>1,500</u>	<u>1,200</u>

8. Directors and key management personnel

During the year trustees did not receive remuneration

The key management personnel of the charity consist of the trustees.

9. Employees

The average monthly number of persons employed during the year was

	Year to 31 Mar 2022	Year to 31 Mar 2021
	£	£
Charitable Staff	20	20
Management and Administration	10	10
	<u>30</u>	<u>30</u>

Employment costs

	Year to 31 Mar 2022	Year to 31 Mar 2021
	£	£
Wages and salaries	525,586	342,203
Travelling & Support Costs	29,607	14,554
Social security costs	25,969	15,327
Pension costs	18,216	13,535
	<u>599,378</u>	<u>385,619</u>

No employee earned more than £60,000 per annum.

**THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE**

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2022

10. Fixed Asset Investments

	Fixtures & Fittings £	Total £
Cost		
At 1 April 2021	10,381	10,381
Additions	-	-
At 31 st March 2022	<u>10,381</u>	<u>10,381</u>
Depreciation		
At 1 April 2021	10,381	10,381
Charge for year	-	-
At 31 March 2022	<u>10,381</u>	<u>10,381</u>
Net book value		
At 31 March 2022	-	-
	<hr/>	<hr/>
At 31 March 2021	-	-
	<hr/>	<hr/>

11. Debtors

	2022 £	2021 £
Trade debtors	200,536	229,842
	<u>200,536</u>	<u>229,842</u>

12. Creditors: Amounts falling due within one year

	2022 £	2021 £
Trade creditors	1,005	932
Deferred Income	221,558	205,696
Accruals	2,760	1,200
Pension Creditor	500	2,645
HMRC	6,918	7,315
Credit Card	-	24
	<u>232,741</u>	<u>217,812</u>

**THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE**

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2022

13. Analysis of charitable funds

Analysis of movements in unrestricted funds

	At 1 Apr 2021 £	Incoming £	Outgoing £	At 31Mar 2022 £
Unrestricted- General Reserves	131,629	217,037	(239,116)	109,550
Designated Reserve	110,000	-	-	110,000
Total unrestricted funds	241,629	217,037	(239,116)	219,550
Rethink-DRPSS	-	100,000	(100,000)	-
Rethink-Derbyshire Living Well	-	110,112	(110,112)	-
P3- Triage Service	-	14,500	(14,500)	-
Action For Children- Building Sound Minds	-	203,524	(203,524)	-
Derbyshire County Council	-	1,975	(1,975)	-
Department of Work & Pensions	-	3,116	(3,116)	-
Derbyshire Dales District Council	-	350	(350)	-
TNL Community Fund (IKEA)	-	3,578	-	3,578
Co-op Community Fund	-	2,250	-	2,250
Derbyshire Healthcare Foundation Trust	-	1,352	-	1,352
Brewin Dolphin	1,500	-	-	1,500
Foundation Derbyshire	2,000	-	-	2,000
Total restricted funds	3,500	440,757	(433,577)	10,680
Total funds	245,129	657,794	(672,693)	230,230

Rethink funding is for the provision of the Derbyshire recovery and Peer Support Service which provides support for adults with a primary diagnosed mental health condition, living in Derbyshire County and deemed to be in recovery. The service is funded by Derbyshire County Clinical Commissioning Groups (CCG) and Derbyshire County Council (DCC). The countywide contract (not Derby City) was awarded to Rethink who have sub contracted it to P3 and Derbyshire Federation for Mental Health. The Federation delivers the contracted support in the High Peak and Derbyshire Dales.

The aim of the Derbyshire Living Well Service is to assist NHS primary care to develop an effective, multi-disciplinary approach to local mental health crisis and community care. The federation is working in partnership with the NHS, Derbyshire County Council adult social care and other voluntary sector organisations in the delivery of a prototype team in the High Peak area of Derbyshire. The Federation provides the Wellbeing and Peer Coach staff element of the 12 week wrap around care and support package being developed to offer clients.

THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH COMPANY LIMITED BY GUARANTEE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2022

Derbyshire Mental health helpline and support service is a telephone triage service supporting adults and children facing mental health crisis. P3 are the lead organisation for the provision of 3rd sector triage mental health support workers who work alongside members of the Derbyshire Health Foundation Trust nursing staff. P3 subcontract to the Federation for the provision of children and young people triage support workers.

Action for Children is a commissioned service to provide early intervention services across the county, including Derby City, and referrals are accepted from people who are registered with a Derbyshire or Derby GP. This funding is to support the Young Peoples Project-Build Sound Minds which offers one to one support, group work, telephone support and a digital support service.

Derbyshire County Council provided funding to support staff costs on the Workplace Wellbeing and New Normal programmes.

The grant from the Department of Work and Pensions was to provide access to work funding for a new employee.

The Derbyshire Dales District Council provided a contribution to funding staff costs for the New Normal programme.

The TNL Community Fund (IKEA) is for funding towards the 'places called home' for the Greenaway garden.

The Co-operative Local Community funding is for the Wellbeing Arts project at Greenaway.

Derbyshire Healthcare Foundation Trust as part of the Living Well Small Grants scheme in the Derbyshire Dales provided funding for the grow, cook and eat project at Greenaway.

Brewin Dolphin Funding was provided to cover costs associated with Worker led activities at weekends.

Foundation Derbyshire provided funding via their Coronavirus relief fund to expand our Wellbeing Resilience sessions to meet the growing demand on our services for this type of support during the pandemic.

THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH COMPANY LIMITED BY GUARANTEE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2022

14. Analysis of net assets between funds

	Tangible fixed assets	Other net assets	Total
	£	£	£
Unrestricted funds			
Unrestricted Reserves	-	109,550	109,550
Designated Reserve	-	110,000	110,000
 Restricted funds			
TNL Community Fund (IKEA)	-	3,578	3,578
Co-operative Community Fund	-	2,250	2,250
Derbyshire Healthcare Foundation Trust	-	1,352	1,352
Brewin Dolphin	-	1,500	1,500
Foundation Derbyshire	-	2,000	2,000
 Total funds	 -	 230,230	 230,230

15. Related party transactions

The charity had no related party transactions that required disclosure.

16. Company limited by guarantee

The Company is a company limited by guarantee. At the end of the year there were ten Trustees, each of whom, under the terms of the Memorandum and Articles of Association, had undertaken to contribute the sum not exceeding £1 in the event of a winding up of the company.