

THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH

England & Wales · Charity number 1117141

Details

Status	Registered
Legal form	Charitable company
Company number	05758432
Registered	2006-12-05
Register	View on the Charity Commission register

Contact

Address The Greenaway Wellbeing Hub
Old School Close
Hackney
Matlock
Derbyshire
DE4 2PT

Phone 01629733915

Email mainoffice@dfmh.co.uk

Website www.dfmh.co.uk

Activities

Objects: To promote and support good mental health for the benefit of the public, in particular, but without limitation, by the provision of support and practical advice

Activities: To provide support to people living with or recovering from mental ill health in Derbyshire.

Classification

- **How:** Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information, Other Charitable Activities
- **What:** Education/training, Disability
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Defined Groups

Geography

- **Area of benefit:** DERBYSHIRE AND ELSEWHERE
- Derbyshire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£833,497	£822,160	£245,611	34
2024-03-31	£805,387	£836,832	£234,274	31
2023-03-31	£796,308	£760,819	£265,719	25
2022-03-31	£657,794	£672,693	£230,230	30
2021-03-31	£484,581	£460,330	-	-

Trustees

Name	Role	Appointed
Andrew Martin		2021-07-21
Anthony John Christopher Winter		2026-02-12
Helen Boocock		2019-09-25
JONATHAN HARRIS		2012-10-22
Jane Mitchell		2023-07-19
Julie Lane		2024-11-06
MARK JOHN TITTERTON		2026-03-26
Nigel Taylor		2023-11-08
Rachel Kelly		2024-09-18
Sarah Carter		2023-07-19

THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH

England & Wales - Charity number 1117141

Accounts

THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH

COMPANY LIMITED BY GUARANTEE

FINANCIAL STATEMENTS

FOR

31 MARCH 2025

Company Registration Number 05758432

Charity Number 1117141

DERBY COMMUNITY ACCOUNTANCY SERVICE

Babington Lodge

128 Green Lane

Derby

DE1 1RY

**THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE**

FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2025

Contents	Page
Members of the board and professional advisers	1-2
Trustees' annual report	3-6
Independent Examiner's Report	7
Statement of financial activities	8
Balance sheet	9
Statement of cash flows	10
Notes to the financial statements	11-20

**THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE**

MEMBERS OF THE BOARD AND PROFESSIONAL ADVISERS

The Board of Trustees

Helen Boocock	Chair	
Robert Merriman	Former Vice Chair	Resigned July 2024
Nigel Taylor	Current Vice Chair	
Pam Gregory		Resigned Jan 2025
Jonathan Harris		
Lee Mellor		
Andrew Martin		
Sarah Carter		
Jane Mitchell		
Rachel Kelly		Appointed Nov 2024
Julie Lane		Appointed Nov 2024

Senior/Principal Employees

Sharon Williams	Chief Executive Officer
Andrea Lyons	Head of Service
Dawn Hall	Business support/HR Manager (Resigned July 2024)

Registered office

Greenaway Wellbeing Hub
Old School Close
Matlock
Derbyshire
DE4 2PT

Independent Examiner

Mark Newey ACMA
Community Accountant
Derby Community Accountancy Service
Babington Lane
128 Green Lane
Derby
DE1 1RY

**THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE**

MEMBERS OF THE BOARD AND PROFESSIONAL ADVISERS

Bankers

HSBC Bank plc
Market Place
Chesterfield
S40 1TN

Royal Bank of Scotland
Drummond House
1 Redheughs Ave
Edinburgh
EH12 9JN

Nationwide Building Society
Northampton
NN3 6NW

Cambridge & Counties Bank
Charnwood Court
5B New Walk
Leicester
LE1 6TE

THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH COMPANY LIMITED BY GUARANTEE

TRUSTEES' ANNUAL REPORT YEAR ENDED 31 MARCH 2025

1. Introduction

The Trustees of Derbyshire Federation for Mental Health (DFMH) present their Annual Report and audited financial statements for the year ended 31 March 2025. The Trustees confirm that the report complies with the requirements of the Charities Act 2022.

2. Charitable Objectives

To promote and support good mental health for the benefit of the public, particularly through the provision of practical support and advice.

3. Our Vision

To promote and support good mental health for everyone.

4. Our Purpose

To make a positive difference to the lives of those who access our mental health and wellbeing services.

5. Our Values

- **Respect** – We respect every person's individuality and believe everyone has the right to choose their own path to wellbeing.
- **Integrity** – We uphold strong moral principles built on honesty and trust within our teams and partnerships.
- **Resilience** – We adapt and respond to the challenges faced by those affected by mental ill health.
- **Innovation and Creativity** – We promote learning and trial new approaches to continually improve our mental health services.
- **Empowerment** – We inspire individuals to use their strengths to make informed choices about their wellbeing.

6. Strategic Objectives

1. To ensure DFMH remains financially sustainable.
2. To attract, retain, and develop a skilled and experienced workforce capable of delivering high-quality, non-clinical mental health services across Derby and Derbyshire.
3. To evidence and communicate the impact of our services on individuals and community wellbeing.

THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH COMPANY LIMITED BY GUARANTEE

TRUSTEES' ANNUAL REPORT YEAR ENDED 31 MARCH 2025

4. To grow our Independent Support Services (ISS) and Wellbeing Preventative Programme.
5. To strengthen relationships with partners and communities to ensure that our services align with local needs.

7. Chair's Statement

This year has been one of significant challenge. Rising operational costs, particularly the third major increase in the National Living Wage and the change to National Insurance thresholds coincided with reductions in sector funding. Despite this, I am proud to report that DFMH ended the year in a financially stable position, achieving a surplus of £11,000. This result reflects the commitment and collaborative effort of our Board and operational staff.

We had begun the financial year expecting stability following the challenges of 2023–2024. However, the continued cost increases again tested our resilience. In response, we remodelled services, enhanced staff terms and conditions, and made structural adjustments to safeguard sustainability without further reliance on reserves. These efforts enabled us to start the 2025–2026 year with a balanced budget. The response of staff and the management team in particular was both determined and creative with maintenance of service delivery at its heart.

In addition to navigating financial pressures, we welcomed two new Trustees while bidding farewell to Rob and Pam, two longstanding and deeply valued Board members. Our Trustee Development Day led to meaningful governance improvements, including a revised committee structure, updated governance documents, and a new appraisal system that is now fully implemented.

Looking ahead, uncertainty remains. However, I have full confidence in our staff, CEO, and Trustees to meet future challenges with determination. Thank you to everyone who continues to support our vision for better mental health for all.

Helen Boocock

Chair of the Board of Trustees

8. Staffing and Structure (2024–2025)

As of 31 March 2025, DFMH employed 34 staff and had 6 active volunteers. We recorded 16 staff leavers this year, up from 14 in the previous year. At year-end, 9 Trustees were in post.

Professional development remains a key focus. All staff receive annual mandatory and refresher training, which we continually refine based on team feedback. We've enhanced our staff wellbeing tools, supporting both personal and professional resilience.

Two staff away days were held in the year, both receiving overwhelmingly positive feedback. In our staff survey, 92% of employees said they would recommend DFMH as a great place to work, and 82% felt appreciated and recognised.

THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH COMPANY LIMITED BY GUARANTEE

TRUSTEES' ANNUAL REPORT YEAR ENDED 31 MARCH 2025

9. Highlights and Achievements

- Relocated and refurbished the Greenaway Wellbeing Hub, now a vibrant space for staff and community events including the "Hope Café" and wellbeing sessions.
- Awarded a £1.5 million, 5-year contract for the Young Adult Service (YAS), launched in December 2024.
- Re-modelled and restructured services in preparation for the new financial year.
- Significantly increased engagement with external partners and attendance at community events.
- Wellbeing Hub attendance rose by 45% for courses and sessions.
- Achieved NHS accreditation for GDPR compliance.
- Delivered a successful Trustee Development Day and implemented strengthened governance measures.
- Welcomed two new Trustees with expertise in data management and finance.
- Launched a new two-year strategic plan focused on best practice and sustainability.
- Rolled out a new Case Management System (CRM).

10. Fundraising and Grants

We are extremely grateful for the ongoing support of our funders and partners. This year, our work was supported by:

- Derbyshire County Council
- NHS Integrated Care Board
- Sport England
- The National Lottery
- Derbyshire Dales CVS
- Public Health Derbyshire
- Toyota
- YMCA

We also extend our heartfelt thanks to private donors and individuals who raised funds in support of DFMH.

THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH COMPANY LIMITED BY GUARANTEE

TRUSTEES' ANNUAL REPORT YEAR ENDED 31 MARCH 2025

11. Future Charity Risks

- **Long-term impact on staff wellbeing** due to a reduction in the number of funded posts needed to deliver essential services.
- **Potential cost increases beyond 2025**, such as further rises in the minimum wage and general cost of living.
- **Limited opportunity to build up DFMH's financial reserves**, reducing financial resilience.
- **Future service development** is dependent on successful income generation and fundraising, both of which are highly competitive and constrained by limited funding sources.
- **Restricted opportunities to secure funding for core operational costs**, placing pressure on unrestricted income.
- **Ongoing need to supplement the cost of DCC ISS "fully funded" mental health contracts**, which are not fully cost-recoverable.
- **Risk of further funding reductions**, which would jeopardise service delivery and organisational sustainability.

INDEPENDENT EXAMINERS

Derby Community Accountancy Services were appointed as independent examiners during the year and have expressed their willingness to continue in office. A resolution to re-appoint them as auditors will be put to the members at the annual general meeting.

SMALL COMPANY PROVISIONS

This report has been prepared in accordance with the special provisions for small companies under section 477 of the Companies Act 2006.

Registered office:
Greenaway Wellbeing Hub
Old School Close
Matlock
Derbyshire DE4 2PT

Signed on behalf of the trustees:



Helen Boocock
Trustee

Approved by the trustees on 7th August 2025

**THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE**

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES
YEAR ENDED 31 MARCH 2025**

I report on the accounts of the company for the year ended 31 March 2025 which are set out on pages 8 to 20.

Respective responsibilities of trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to an audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- 1 which gives me reasonable cause to believe that, in any material respect, the requirements:
 - to keep accounting records in accordance with section 386 of the Companies Act 2006; and
 - to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met; or
- 2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

M. Newey

Mark Newey ACMA
Derby Community Accountancy Service
Babington Lodge
128 Green
Derby DE1 1RY

7th August 2025

Date 7th August 2025

**THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE**

STATEMENT OF FINANCIAL ACTIVITIES

YEAR ENDED 31 MARCH 2025

	Note	Unrestricted Funds £	Restricted Funds £	Total Funds Year to 31 Mar 2025 £	Total Funds Year to 31 Mar 2024 £
Income from:					
Donations	3	1,353	500	1,853	16,860
Charitable activities	4	270,150	555,124	825,274	784,023
Investment income	5	6,370	-	6,370	4,504
Total incoming resources		<u>277,873</u>	<u>555,624</u>	<u>833,497</u>	<u>805,387</u>
<u>Expenditure on:</u>					
Raising funds		-	-	-	-
Charitable activities		266,706	555,454	822,160	836,832
Total expenditure	6	<u>266,706</u>	<u>555,454</u>	<u>822,160</u>	<u>836,832</u>
Net income (expenditure)		11,167	170	11,337	(31,445)
Transfer between funds		-	-	-	-
Net movement in funds		<u>11,167</u>	<u>170</u>	<u>11,337</u>	<u>(31,445)</u>
Fund balances at 1 Apr 2024		<u>234,274</u>	<u>-</u>	<u>234,274</u>	<u>265,719</u>
Fund balances at 31 March 2025		<u>245,441</u>	<u>170</u>	<u>245,611</u>	<u>234,274</u>

The company had no new or discontinued activities during the year.

The notes on pages 11 to 20 form part of these financial statements.

**THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE
BALANCE SHEET
YEAR ENDED 31 MARCH 2025**

	Note	2025		2024	
		£	£	£	£
Fixed assets					
Tangible assets	10		-		-
Current assets					
Debtors	11	20,662		84,175	
Cash at bank and in hand		277,721		217,459	
		<u>298,383</u>		<u>301,634</u>	
Creditors: amounts falling due within one year	12	<u>(52,772)</u>		<u>(67,360)</u>	
Net current assets					234,274
Total assets less current liabilities			<u>245,611</u>		<u>234,274</u>
Net assets			<u>245,611</u>		<u>234,274</u>
The funds of the charity:					
Restricted	14		170		-
Unrestricted – general reserves	14		133,059		90,274
Designated Reserves	14		112,382		144,000
TOTAL CHARITY FUNDS			<u>245,611</u>		<u>234,274</u>

For the year ending 31 March 2025 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:-

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476;
- The directors acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

These financial statements were approved by the directors and authorised for issue on 7th August 2025 and are signed on their behalf by:



Helen Boocock
Director

Company Registration Number: 05758432

The notes on pages 11 to 20 form part of these financial statements.

**THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE
STATEMENT OF CASH FLOWS
AT 31 MARCH 2025**

	Note	2025		2024	
		£	£	£	£
Cash(outflows)/inflows from operating activities	17				
Cash generated from operations			53,892		(27,809)
Investing activities					
Interest received		6,370		4,504	
Net cash provided by investing activities			6,370		4,504
Net(decrease)/increase in cash and cash equivalents			60,262		(23,305)
Cash and cash equivalents at beginning of year			217,459		240,764
			<u>277,721</u>		<u>217,459</u>
Cash and cash equivalents at end of year			<u>277,721</u>		<u>217,459</u>
Cash at bank and in hand			<u>277,721</u>		<u>217,459</u>
Net cash and cash equivalents			<u>277,721</u>		<u>217,459</u>

The notes on pages 11 to 20 form part of these financial statements.

THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH COMPANY LIMITED BY GUARANTEE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2025

1. Accounting policies

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

Company information

Derbyshire Federation for Mental Health (DFMH) is a company limited by guarantee not having a share capital. The company's registered office is at Greenaway Wellbeing Hub, Old School Close, Matlock, Derbyshire, DE4 2PT. At the end of the year there were 9 Trustees, each of whom, under the terms of the Memorandum and Articles of Association, had undertaken to contribute the sum not exceeding £1 in the event of a winding up of the company.

1.1 Accounting convention

These accounts have been prepared in accordance with FRS 102, "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102"), "Accounting and Reporting by Charities" the Statement of Recommended Practice for charities applying FRS 102, the Companies Act 2006 and UK Generally Accepted Accounting Practice as it applies from 1 January 2015. The charity is a Public Benefit Entity as defined by FRS 102.

The accounts are prepared in Sterling which is the functional currency of the company. Monetary amounts in these financial statements to the nearest £.

The accounts have been prepared on historical cost convention apart from freehold property that is carried at market value. The principal accounting policies adopted are set out below.

These are accounts for the year ended 31 March 2025 prepared in accordance with FRS 102, The Financial Reporting Standard applicable in the UK and Republic of Ireland. The date of transition to FRS 102 was 1 April 2014. The impact on the reported financial position and financial performance for the previous period are not affected by the transition to FRS 102.

1.2 Going concern

At the time of approving the accounts, the directors have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus, the Trustees continue to adopt the going concern basis of accounting in preparing the accounts.

1.3 Charitable Funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Designated funds are unrestricted funds earmarked by the trustees for particular purposes.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH COMPANY LIMITED BY GUARANTEE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2025

1.4 Incoming resources

All incoming resources are included in the SOFA when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy. Gifts in kind have been included at market value of gifts received and in assets acquired. No amounts are included in the financial statements for services donated by volunteers.

1.5 Resources expended

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs relating to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with use of the resources. Fund-raising costs are those incurred in seeking voluntary contributions and do not include the costs of disseminating information in the support of the charitable activities.

1.6 Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discounts offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

1.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.8 Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

1.9 Financial instruments

The charity has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

Derecognition of financial liabilities

Financial liabilities are derecognised when the company's contractual obligations expire or are discharged or cancelled.

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the company is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

**THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE**

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2025

1.11 Taxation

The charity is exempt from tax on income and gains falling with section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

2. Critical accounting estimates and judgements

In the application of the charity's accounting policies, the directors are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimated and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

3. Donations

	Unrestricted Funds	Restricted Funds	Total Funds Year to 31 Mar 2025	Total Funds Year to 31 Mar 2024
	£	£	£	£
Donations and fundraising	1,353	500	1,853	10,860
Donation relating to Greenaway	-	-	-	6,000
	<u>1,353</u>	<u>500</u>	<u>1,853</u>	<u>16,860</u>

**THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE**

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2025

4. Income from charitable activities

	Unrestricted Funds £	Restricted Funds £	Total Funds Year to 31 Mar 2025 £	Total Funds Year to 31 Mar 2024 £
Rethink-DRPSS	-	-	-	-
Rethink-Derbyshire Living Well	-	282,878	282,878	234,342
P3- Triage Service	-	1,667	1,667	10,000
Building Sound Minds and Chesterfield Youth	-	20,167	20,167	121,000
Young Adult Services	-	226,460	226,460	125,900
Derbyshire Dales CVS	-	12,000	12,000	-
Derbyshire Dales Locality Fund Group Development	-	5,249	5,249	-
Foundation Derbyshire	-	2,500	2,500	-
Erewash Voluntary Action MH Small Grants	-	1,649	1,649	-
Derbyshire Dales District Council	-	900	900	-
Sport England Walking Groups	-	854	854	-
Derbyshire Dales Rotary	-	500	500	-
Living Well Small Grants for Allotment	-	300	300	-
DCC Warm Spaces Grant	1,900	-	1,900	999
Derbyshire County Council-Ernest Bailey Grant	-	-	-	1,000
University of Derby-Employment Incentive	-	-	-	2,000
Wellbeing Enterprise	-	-	-	23,137
DVA	-	-	-	2,949
Derbyshire Dales CVS Living Well Grant	-	-	-	855
Chargeable Support Services	214,805	-	214,805	199,751
Travel	38,664	-	38,664	30,886
Social Mileage	9,894	-	9,894	7,003
Support Costs	3,582	-	3,582	1,442
Other Income	1,305	-	1,305	22,759
	<u>270,150</u>	<u>555,124</u>	<u>825,274</u>	<u>784,023</u>

**THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE**

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2025

5. Investment income

	Total Funds Year to 31 Mar 2025	Total Funds Year to 31 Mar 2024
	£	£
Bank interest receivable (unrestricted)	<u>6,370</u>	<u>4,504</u>

6. Analysis of expenditure (unrestricted)

	Total Funds Year to 31 Mar 2025	Total Funds Year to 31 Mar 2024
	£	£
Employment Costs	676,375	720,017
Travelling and Support Costs	39,551	34,279
HR Costs	5,545	3,298
Training & Recruitment	4,181	3,972
Telephone	8,500	12,034
Utilities & Water	3,177	6,007
Stationery & Supplies	2,545	4,850
Rent & Insurance	25,125	14,372
Professional Fees	4,034	5,580
Subscriptions	3,144	1,698
Computers & Equipment	7,125	8,925
CRM System	12,500	-
Repairs & Maintenance	21,768	1,253
Greenaway	-	5,792
Bank Service Charges	335	755
Advertising & Publicity	675	245
Wellbeing activity costs	816	-
HR settlement	6,500	10,000
Repayment of grant	-	1,352
Miscellaneous Expenses	264	2,403
	<u>822,160</u>	<u>836,832</u>

Expenditure on charitable activities was £822,160 (2024: £836,832) of which £555,454 was restricted (2024: £496,045).

**THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE**

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2025

7. Net (expenditure)/income

Net (expenditure)/income for the year is stated after charging/(crediting):

	2025	2024
	£	£
Independent Examiner's Fees	<u>1,500</u>	<u>1,500</u>

8. Directors and key management personnel

During the year trustees did not receive remuneration

The key management personnel of the charity consist of the trustees.

9. Employees

The average monthly number of persons employed during the year was 31

	Year to 31 Mar 2025	Year to 31 Mar 2024
	£	£
Charitable Staff	19	26
Management and Administration	5	5
	<u>24</u>	<u>31</u>

Employment costs

	Year to 31 Mar 2025	Year to 31 Mar 2024
	£	£
Wages and salaries	622,242	667,049
Travelling & Support Costs	39,551	34,279
Social security costs	36,475	34,777
Pension costs	17,658	18,191
	<u>715,926</u>	<u>754,296</u>

No employee earned more than £60,000 per annum.

**THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE**

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2025

10. Fixed Asset Investments

	Fixtures & Fittings £	Total £
Cost		
At 1 April 2024	10,381	10,381
Additions	-	-
At 31 st March 2025	<u>10,381</u>	<u>10,381</u>
Depreciation		
At 1 April 2024	10,381	10,381
Charge for year	-	-
At 31 March 2025	<u>10,381</u>	<u>10,381</u>
Net book value		
At 31 March 2025	-	-
At 31 March 2024	<u>-</u>	<u>-</u>

11. Debtors

	2025 £	2024 £
Trade debtors	3,874	53,629
Prepayments	1,788	2,546
Sundry Debtor	-	10,000
Accrued Income	15,000	18,000
	<u>20,662</u>	<u>84,175</u>

12. Creditors: Amounts falling due within one year

	2025 £	2024 £
Trade creditors	6,034	2,641
Accruals	2,078	12,778
Pension Creditor	3,390	500
HMRC	7,956	8,380
Other Creditors	5,059	43,061
Deferred Income	28,255	-
	<u>52,772</u>	<u>67,360</u>

**THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE**

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2025

13. Analysis of charitable funds

Analysis of movements in unrestricted funds

	At 1 Apr 2024 £	Incoming £	Outgoing £	Transfers	At 31Mar 2025 £
Unrestricted- General Reserves	90,274	277,873	(266,706)	31,618	133,059
Designated Reserve	144,000	-	-	(31,618)	112,382
Total unrestricted funds	234,274	277,873	(266,706)	-	245,441
Rethink-Derbyshire Living Well	-	282,878	(282,878)	-	-
P3- Triage Service	-	1,667	(1,667)	-	-
Action For Children- Building Sound Minds and Chesterfield YAS	-	20,167	(20,167)	-	-
Young Adult Services	-	226,460	(226,460)	-	-
Derbyshire Dales CVS	-	12,000	(12,000)	-	-
Derbyshire Dales Locality Fund Group Development	-	5,249	(5,249)	-	-
Foundation Derbyshire	-	2,500	(2,500)	-	-
Erewash Voluntary Action MH Small Grants	-	1,649	(1,649)	-	-
Derbyshire Dales District Council	-	900	(900)	-	-
Sport England Walking Groups	-	854	(854)	-	-
Derbyshire Dales Rotary	-	500	(500)	-	-
Living Well Small Grants For Allotment	-	300	(130)	-	170
Co-operative Award for Allotment	-	500	(500)	-	-
Total restricted funds	-	555,624	(555,454)	-	170
Total funds	234,274	833,497	(822,160)	-	245,611

Charitable funds, contracts, and grants awarded in this financial year are listed below. These funds have strengthened DFMH's ability to deliver more specialist non-clinical wellbeing support across Derbyshire and Derby:

- Young Adult Services - Removes the cliff edge of care for young people in Derby and Derbyshire. A 5-year contract with the ICB to deliver non-clinical mental health peer support and a wellbeing coaching programme.
- The Derbyshire Dales CVS Grant – used to support the Greenaway Wellbeing Hub to deliver wellbeing courses including: trauma informed, managing mental health through the seasons, mindfulness and anxiety sessions in year.

**THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE**

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2025

- The Derbyshire Dales Locality Fund Group Development – awarded to deliver a suite of life skills and wellbeing sessions/ courses at the DFMH Greenaway Hub, targeting people across The Dales living with poor mental health.
- Foundation Derbyshire – funds awarded to part pay towards the cost of a Support Services Co-Ordinator post.
- Erewash Voluntary Action MH Small Grants – This grant provided funds to buy equipment for the Greenaway Wellbeing Hub such as; paint and marketing materials and cabinets.
- Derbyshire Dales District Council – Grant funding contributed to supporting people in their own communities through our Independent Support Service.
- Sport England Walking Groups – A grant awarded to deliver a programme that would encourage people in isolation and living with poor mental health to get active through activities such as walking groups.
- Derbyshire Dales Rotary – Charitable funding to support our wellbeing services in Darley Dales.
- Living Well Small Grants for the DFMH Allotment – Awarded to fund the purchase of tools and gardening equipment to enhance the allotment space.
- Co-operative Award for Allotment – To fund a bench in the wellbeing area of the allotment.

14. Analysis of net assets between funds

	Tangible fixed assets	Other net assets	Total
	£	£	£
Unrestricted funds			
Unrestricted Reserves	-	133,059	133,059
Designated Reserve	-	112,382	112,382
Restricted funds	-	170	170
Total funds	-	245,611	245,611

15. Related party transactions

The charity had no related party transactions that required disclosure.

**THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE**

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2025

16. Company limited by guarantee

The Company is a company limited by guarantee. At the end of the year there were nine Trustees, each of whom, under the terms of the Memorandum and Articles of Association, had undertaken to contribute the sum not exceeding £1 in the event of a winding up of the company.

17. Cash generated from operations

	2025	2024
	£	£
Surplus/(Deficit) for the year	11,337	(31,445)
Adjustments for:		
Investment income shown in investing activities	(6,370)	(4,504)
Movements in working capital:		
Decrease/(increase) in debtors	63,513	(34,181)
(Decrease)/increase in creditors	<u>(14,588)</u>	<u>42,321</u>
Cash generated from operations	<u>53,892</u>	<u>(27,809)</u>

THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH

England & Wales - Charity number 1117141

Accounts

THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE
FINANCIAL STATEMENTS
FOR
31 MARCH 2024

Company Registration Number 05758432
Charity Number 1117141

DERBY COMMUNITY ACCOUNTANCY SERVICE

Babington Lodge
128 Green Lane
Derby
DE1 1RY

**THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE**

FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2024

Contents	Page
Members of the board and professional advisers	1
Trustees' annual report	2-5
Independent Examiner's Report	6
Statement of financial activities	7
Balance sheet	8
Notes to the financial statements	9-17

**THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE**

MEMBERS OF THE BOARD AND PROFESSIONAL ADVISERS

The Board of Trustees

Helen Boocock	Chair
Robert Merriman	Vice Chair
Pam Gregory	
Jonathan Harris	
Matthew Dennison	(resigned 08/11/23)
Lee Mellor	
Yvonne Taylor	(resigned 19/7/23)
Andrew Martin	
Sarah Carter	(appointed 08/11/23)
Jane Mitchell	(appointed 08/11/23)
Nigel Taylor	(appointed 08/11/23)

Senior/Principal Employees

Sharon Williams	Chief Executive Officer
Andrea Lyons	Service Support Manager
Dawn Hall	Business support/HR Manager

Registered office

Greenaway Wellbeing Hub
Old School Close
Matlock
Derbyshire
DE4 2PT

Independent Examiner

Mark Newey ACMA
Community Accountant
Derby Community Accountancy Service
Babington Lane
128 Green Lane
Derby DE1 1RY

Bankers

HSBC Bank plc
Market Place
Chesterfield S40 1TN

Royal Bank of Scotland
Drummond House
1 Redheughs Ave
Edinburgh EH12 9JN

Nationwide Building Society
Northampton NN3 6NW

THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH COMPANY LIMITED BY GUARANTEE

TRUSTEES' ANNUAL REPORT YEAR ENDED 31 MARCH 2024

The Trustees of Derbyshire Federation for Mental Health (DFMH) present this annual report and audited accounts for the year ended 31st March 2024, and confirm they comply with the requirements of the Charities Act 2022.

Vision Statement

To promote and support good mental health for everyone.

Aims and Objectives

- 1. The delivery of specialist practical support to individuals and carers managing mental ill health across the communities of Derbyshire;**
2. That DFMH attains financial stability;
3. Continual development and training to maintain a professional and versatile workforce;
4. The implementation of robust systems with an infrastructure that supports service growth;
5. To collaboratively lobby and champion the advancement of mental health services in Derbyshire.

The information in this report is a review of the services carried out by the Derbyshire Federation for Mental Health during the period 1st April 2023 to 31st March 2024.

Statement from the Chair of the Board of Trustees

The focus for the charity has been to consolidate practices in a year of substantial change. DFMH has had to dig deep to ensure financial stability as a result of funding cuts and the cost of living crisis. The CEO has spent a productive year with the team and Board developing and improving systems and procedures across all areas of the organisation.

The Board of Trustees welcomed three new members, at a time when we said farewell to one of our longest-standing board members who had led for us on finance and legal matters for many years. With new experience in post the board has had a productive year developing the four committees which oversee the key areas of Finance, Governance and HR, IT/Marketing & Communications, and Service Delivery.

DFMH has increased its visibility supporting mental health and wellbeing across Derbyshire, by improving and strengthening relationships with local partners and other voluntary sector organisations. An office move to the Greenaway Wellbeing hub has been successful in allowing us to focus on service delivery by reducing some of our core costs.

This financial year has been extremely challenging due to increases in costs. In particular, a second substantial increase in the Living Wage has proved difficult to manage. Whilst the organisation supports the principle of increasing the pay of its staff, the overall 18% increased costs made a significant dent in DFMH's reserves. However, the resilience of the charity has ensured that after re-modelling services and reducing costs even further we were able to ensure all staff roles were secured for the coming year.

THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH COMPANY LIMITED BY GUARANTEE

TRUSTEES' ANNUAL REPORT YEAR ENDED 31 MARCH 2024

We know there are additional financial challenges ahead but the work carried out in year has been a great success and I thank the operational team and Board for their continued commitment to supporting good mental health for everyone.

Helen Boocock
Chair

Staff structure/staffing 2023-2024:

On 31st March 2023 we had 42 people employed by DFMH, and 4 volunteers. We had 14 leavers, a reduction from the 20 leavers the previous year. 9 Trustees were in post on 31st March 2024.

DFMH continues to emphasise the professional development of its team to ensure it remains a specialist in the field of mental health. Whilst there is still much work to do in this area our mandatory/ refresher training is carried out each year, along with the improved introduction process for new staff. Our wellbeing strategy for staff has been successful during the year and is still being developed following feedback on what matters to our team.

DFMH held two successful staff away days in year and received very positive feedback in our staff survey with 87% of employees stating that they would recommend DFMH as a great place to work.

Achievements

The Greenaway Wellbeing Hub

During this year the business team moved across to the Greenaway hub to maximise use of this facility. We plan to develop use of the centre for group work and as a green space. The peer support group that runs on Tuesdays is doing well, with a rise in the numbers accessing this service. It is currently run by volunteers. DFMH has improved the facilities to allow for more training and courses to be carried out effectively from this space. Funding secured at the end of the year will enable DFMH to create a better area to support life skills group work. The allotment has been developed in line with our plans to create more outdoor activity-based groups in the new financial year.

Independent Support Services (ISS)

The service continued to grow during the year with an increase in self-funding clients. At the end of the year there were 46 individuals (194 support hours per week) receiving ongoing support to maintain their mental health and to support independence. This is a highly resilient team, that has seen a rise in support needs going from low-moderate to high, with more service users presenting at a higher risk of mental ill health crisis. Many also being at risk of losing their independence or needing to spend time in hospital

Derbyshire Recovery and Peer Support Service (DRPSS) & Living Well Programme

Living Well Derbyshire is now in the 2nd year of development and roll out across the Dales. In partnership with Rethink the team has been successful in delivering mental health support services

THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH COMPANY LIMITED BY GUARANTEE

TRUSTEES' ANNUAL REPORT YEAR ENDED 31 MARCH 2024

within an integrated multi-agency local teams - a partnership of health, social care and third sector organisations.

DRPSS worked alongside Living Well to provide short to medium term support to those with mild to moderate mental health issues. 95% of those completing a period of support with DRPSS reported improvement in their mental health; 100% reported meeting one or more of the wellbeing-related goals they identified when entering the service.

Young Adult Services (YAS)

The YAS pilot has gone from strength to strength in supporting over 126 young people this year to access its services. This innovative prototype has been a highly effective service model with its aim of removing the 'cliff edge of care' experienced by young people transitioning between or out of statutory mental health services. The hard work of this partnership development is paying off as new 'joined up' ways of working with CAMHS and AMHS evolves.

Build Sound Minds

DFMH was sad to learn that after a re-tendering process we were not going to be able to continue with the delivery of this contract beyond May 24. The total no. of referrals we have received since the project started is 1173. It has been a successful programme and the team are very proud to have had the opportunity to deliver this over these past years.

Fundraising / Grants

DFMH recognises the support our funders have provided this year. We say thank you to Derbyshire County Council, Ernest Bailey, University of Derby-Employment Incentive, Wellbeing Enterprise, Derbyshire Dales CVS Living Well Grant, DVA, DCC Warm Spaces Grant for their grants and donations that have allowed us to roll out wellbeing sessions and training to our clients.

We also thank those who privately donated to the Charity in this year.

Opportunities and Threats

The uncertainty of the UK economy and general election continues to present many challenges for charities in the financial year ahead. The impact of two minimum wage increases so close together has depleted our reserves. The lack of funding for core costs is now stifling the charity's growth. However, we are resilient and with the growing demand for mental health services the organisation is confident it will maintain the same level of support for the years to come.

Retention of highly skilled staff continues to be problematic. A number of staff left during the year, having sought better opportunities and better terms of pay. This will be a continuing threat in 24/25.

The CEO remains confident that the organisation remains best placed to deliver specialist practical mental health support across Derbyshire. There are opportunities to come; for example, we feel that our ISS service will attract more privately funded clients once the economic climate

**THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE**

**TRUSTEES' ANNUAL REPORT
YEAR ENDED 31 MARCH 2024**

has stabilised. Collaboration remains the key to DFMH thriving in this cost cutting environment, and the development of relationships with other charities and statutory bodies continues to be the priority for DFMH.

INDEPENDENT EXAMINERS

Derby Community Accountancy Services were appointed as independent examiners during the year and have expressed their willingness to continue in office. A resolution to re-appoint them as auditors will be put to the members at the annual general meeting.

SMALL COMPANY PROVISIONS

This report has been prepared in accordance with the special provisions for small companies under section 477 of the Companies Act 2006.

Registered office:
Greenaway Wellbeing Hub
Old School Close
Matlock
Derbyshire DE4 2PT

Signed on behalf of the trustees:



Helen Boocock
Trustee

Approved by the trustees on **7 August 2024**

**THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE**

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES
YEAR ENDED 31 MARCH 2024**

I report on the accounts of the company for the year ended 31 March 2024 which are set out on pages 10 to 17.

Respective responsibilities of trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to an audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- 1 which gives me reasonable cause to believe that, in any material respect, the requirements:
 - to keep accounting records in accordance with section 386 of the Companies Act 2006; and
 - to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met; or
- 2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

M. Newey

Mark Newey ACMA
Derby Community Accountancy Service
Babington Lodge
128 Green
Derby DE1 1RY

Date **23 July 2024**

**THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE**

STATEMENT OF FINANCIAL ACTIVITIES

YEAR ENDED 31 MARCH 2024

	Note	Unrestricted Funds £	Restricted Funds £	Total Funds Year to 31 Mar 2024 £	Total Funds Year to 31 Mar 2023 £
Income from:					
Donations	3	16,860	-	16,860	7,375
Charitable activities	4	287,978	496,045	784,023	787,612
Investment income	5	4,504	-	4,504	1,321
Total incoming resources		<u>309,342</u>	<u>496,045</u>	<u>805,387</u>	<u>796,308</u>
<u>Expenditure on:</u>					
Raising funds		-	-	-	-
Charitable activities		340,787	496,045	836,832	760,819
Total expenditure	6	<u>340,787</u>	<u>496,045</u>	<u>836,832</u>	<u>760,819</u>
Net income (expenditure)		(31,445)	-	(31,445)	35,489
Transfer between funds		-	-	-	-
Net movement in funds		<u>(31,445)</u>	-	<u>(31,445)</u>	<u>35,489</u>
Fund balances at 1 Apr 2023		<u>265,719</u>	-	<u>265,719</u>	<u>230,230</u>
Fund balances at 31 March 2024		<u>234,274</u>	-	<u>234,274</u>	<u>265,719</u>

The company had no new or discontinued activities during the year.

The notes on pages 9 to 17 form part of these financial statements.

**THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE
BALANCE SHEET
YEAR ENDED 31 MARCH 2024**

	Note	2024		2023	
		£	£	£	£
Fixed assets					
Tangible assets	10		-		-
Current assets					
Debtors	11	84,175		49,994	
Cash at bank and in hand		217,459		240,764	
		<u>301,634</u>		<u>290,758</u>	
Creditors: amounts falling due within one year	12	<u>(67,360)</u>		<u>(25,039)</u>	
Net current assets			<u>234,274</u>		<u>265,719</u>
Total assets less current liabilities			<u>234,274</u>		<u>265,719</u>
Net assets			<u>234,724</u>		<u>265,719</u>
The funds of the charity:					
Restricted	14		-		-
Unrestricted – general reserves	14		90,274		121,719
Designated Reserves	14		144,000		144,000
TOTAL CHARITY FUNDS			<u>234,274</u>		<u>265,719</u>

For the year ending 31 March 2024 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:-

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476;
- The directors acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

These financial statements were approved by the directors and authorised for issue on 7 August 2024 and are signed on their behalf by:



Helen Boocock
Director

Company Registration Number: 05758432

The notes on pages 9 to 17 form part of these financial statements.

THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH COMPANY LIMITED BY GUARANTEE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2024

1. Accounting policies

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

Company information

The Derbyshire Federation for Mental Health (DFMH) is a company limited by guarantee not having a share capital. The company's registered office is at Greenaway Wellbeing Hub, Old School Close, Matlock, Derbyshire, DE4 2PT. At the end of the year there were 9 Trustees, each of whom, under the terms of the Memorandum and Articles of Association, had undertaken to contribute the sum not exceeding £1 in the event of a winding up of the company.

1.1 Accounting convention

These accounts have been prepared in accordance with FRS 102, "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102"), "Accounting and Reporting by Charities" the Statement of Recommended Practice for charities applying FRS 102, the Companies Act 2006 and UK Generally Accepted Accounting Practice as it applies from 1 January 2015. The charity is a Public Benefit Entity as defined by FRS 102.

The accounts are prepared in Sterling which is the functional currency of the company. Monetary amounts in these financial statements to the nearest £.

The accounts have been prepared on historical cost convention apart from freehold property that is carried at market value. The principal accounting policies adopted are set out below.

These are accounts for the year ended 31 March 2024 prepared in accordance with FRS 102, The Financial Reporting Standard applicable in the UK and Republic of Ireland. The date of transition to FRS 102 was 1 April 2014. The impact on the reported financial position and financial performance for the previous period are not affected by the transition to FRS 102.

1.2 Going concern

At the time of approving the accounts, the directors have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the accounts.

1.3 Charitable Funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Designated funds are unrestricted funds earmarked by the trustees for particular purposes.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

**THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE**

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2024

1.4 Incoming resources

All incoming resources are included in the SOFA when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy. Gifts in kind have been included at market value of gifts received and in assets acquired. No amounts are included in the financial statements for services donated by volunteers.

1.5 Resources expended

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs relating to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with use of the resources. Fund-raising costs are those incurred in seeking voluntary contributions and do not include the costs of disseminating information in the support of the charitable activities.

1.6 Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discounts offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

1.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.8 Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

1.9 Financial instruments

The charity has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

Derecognition of financial liabilities

Financial liabilities are derecognised when the company's contractual obligations expire or are discharged or cancelled.

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the company is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

**THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE**

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2024

1.11 Taxation

The charity is exempt from tax on income and gains falling with section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

2. Critical accounting estimates and judgements

In the application of the charity's accounting policies, the directors are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimated and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

3. Donations

	Unrestricted Funds £	Restricted Funds £	Total Funds Year to 31 Mar 2024 £	Total Funds Year to 31 Mar 2023 £
Donations and fundraising	10,860	-	10,860	7,375
Donation relating to Greenaway	6,000	-	6,000	-
	16,860	-	16,860	7,375

**THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE**

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2024

4. Income from charitable activities

	Unrestricted Funds £	Restricted Funds £	Total Funds Year to 31 Mar 2024 £	Total Funds Year to 31 Mar 2023 £
Rethink-DRPSS	-	-	-	100,000
Rethink-Derbyshire Living Well	-	234,342	234,342	242,430
P3- Triage Service	-	10,000	10,000	7,015
Action For Children- Building Sound Minds and Chesterfield Youth Adult Services	-	246,900	246,900	227,548
Derbyshire County Council-Ernest Bailey Grant	1,000	-	1,000	
University of Derby-Employment Incentive	2,000	-	2,000	
Derbyshire County Council RB 3/2/23	-	-	-	3,290
Wellbeing Enterprise	23,137	-	23,137	10,000
Derbyshire Dales CVS Living Well Grant	-	855	855	-
DVA	-	2,949	2,949	-
DCC Warm Spaces Grant	-	999	999	-
Co-op Community Fund	-	-	-	2,634
Robert Bower Charitable Trust	-	-	-	3,000
May Hearnshaw Charitable Trust	-	-	-	2,000
Beer Harris Memorial Grant	-	-	-	1,500
Matlock Scouting Group	-	-	-	200
Derbyshire Dales District Council	-	-	-	460
Darley Dale Town Grant	-	-	-	1,000
Zebra Trust	-	-	-	2,500
Living Well Small Grants DDDC	-	-	-	1,352
Chargeable Support Services	199,751	-	199,751	150,805
Travel	30,886	-	30,886	23,788
Social Mileage	7,003	-	7,003	6,454
Support Costs	1,442	-	1,442	1,636
Other Income	22,759	-	22,759	-
	<u>287,978</u>	<u>496,045</u>	<u>784,023</u>	<u>787,612</u>

5. Investment income

	Total Funds Year to 31 Mar 2024 £	Total Funds Year to 31 Mar 2023 £
Bank interest receivable (unrestricted)	<u>4,504</u>	<u>1,321</u>

**THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE**

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2024

6. Analysis of expenditure (unrestricted)

	Total Funds Year to 31 Mar 2024 £	Total Funds Year to 31 Mar 2023 £
Employment Costs	720,017	624,619
Travelling and Support Costs	34,279	15,104
Agency Staff	-	9,190
HR Costs	3,298	2,827
Training & Recruitment	3,972	6,186
Telephone	12,034	12,320
Electricity	5,474	8,358
Water	533	456
Stationery & Supplies	4,850	3,774
Rent & Insurance	14,372	16,964
Professional Fees	5,580	6,111
Subscriptions	1,698	-
Computers & Equipment	8,925	18,039
Office Equipment	-	3,453
Repairs & Maintenance	1,253	995
Greenaway	5,792	-
Bank Service Charges	755	765
Advertising & Publicity	245	-
Provision for HR payment	10,000	-
Repayment of grant	1,352	-
Miscellaneous Expenses	2,403	31,658
	836,832	760,819

Expenditure on charitable activities was £836,832 (2023: £760,819) of which £496,045 was restricted (2023: £590,963).

7. Net (expenditure)/income

Net (expenditure)/income for the year is stated after charging/(crediting):

	2024	2023
	£	£
Independent Examiner's Fees	1,500	1,500

**THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE**

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2024

8. Directors and key management personnel

During the year trustees did not receive remuneration

The key management personnel of the charity consist of the trustees.

9. Employees

The average monthly number of persons employed during the year was 31

	Year to 31 Mar 2024	Year to 31 Mar 2023
	£	£
Charitable Staff	26	20
Management and Administration	5	5
	<u>25</u>	<u>25</u>

Employment costs

	Year to 31 Mar 2024	Year to 31 Mar 2023
	£	£
Wages and salaries	667,049	575,747
Travelling & Support Costs	34,279	15,104
Social security costs	34,777	28,305
Pension costs	18,191	20,567
	<u>754,296</u>	<u>639,723</u>

No employee earned more than £60,000 per annum.

**THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE**

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2024

10. Fixed Asset Investments

	Fixtures & Fittings £	Total £
Cost		
At 1 April 2023	10,381	10,381
Additions	-	-
At 31 st March 2024	<u>10,381</u>	<u>10,381</u>
Depreciation		
At 1 April 2023	10,381	10,381
Charge for year	-	-
At 31 March 2024	<u>10,381</u>	<u>10,381</u>
Net book value		
At 31 March 2024	-	-
	<hr/>	<hr/>
At 31 March 2023	-	-
	<hr/>	<hr/>

11. Debtors

	2024 £	2023 £
Trade debtors	53,629	49,994
Prepayments	2,546	-
Sundry Debtor	10,000	-
Accrued Income	18,000	-
	<u>84,175</u>	<u>49,994</u>

12. Creditors: Amounts falling due within one year

	2024 £	2023 £
Trade creditors	2,641	7,012
Accruals	12,778	5,900
Pension Creditor	500	3,470
HMRC	8,380	8,657
Other Creditors	43,061	-
	<u>67,360</u>	<u>25,039</u>

**THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE**

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2024

13. Analysis of charitable funds

Analysis of movements in unrestricted funds

	At 1 Apr 2023 £	Incoming £	Outgoing £	Transfers	At 31Mar 2024 £
Unrestricted- General Reserves	121,719	309,342	(340,787)	-	90,274
Designated Reserve	144,000	-	-	-	144,000
Total unrestricted funds	265,719	309,342	(340,787)	-	234,274
Rethink-Derbyshire Living Well	-	234,342	(234,342)	-	-
P3- Triage Service	-	10,000	(10,000)	-	-
Action For Children- Building Sound Minds and Chesterfield YAS	-	246,900	(246,900)	-	-
Derbyshire Dales CVS Living Well Grant	-	855	(855)	-	-
Derbyshire Voluntary Action	-	2,949	(2,949)	-	-
DCC Warm Spaces Grant	-	999	(999)	-	-
Total restricted funds	-	496,045	(496,045)	-	-
Total funds	265,719	805,387	(836,832)	-	234,274

The aim of the Derbyshire Living Well Service is to assist NHS primary care to develop an effective, multi-disciplinary approach to local mental health crisis and community care. DFMH is working in partnership with the NHS, Derbyshire County Council adult social care and other voluntary sector organisations in the delivery of a prototype team in the High Peak area of Derbyshire. DFMH provides the Wellbeing and Peer Coach staff element of the 12 week wrap around care and support package being developed to offer clients.

Derbyshire Mental health helpline and support service is a telephone triage service supporting adults and children facing mental health crisis. P3 are the lead organisation for the provision of 3rd sector triage mental health support workers who work alongside members of the Derbyshire Health Foundation Trust nursing staff. P3 subcontract to DFMH for the provision of children and young people triage support workers.

Action for Children is a commissioned service to provide early intervention services across the county, including Derby City, and referrals are accepted from people who are registered with a Derbyshire or Derby GP. This funding is to support the Young Peoples Project-Build Sound Minds which offers one to one support, group work, telephone support and a digital support service.

**THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE**

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2024

The Derbyshire Dales CVS Living Well Grant was used to install a TV at the Greenaway centre.

The Derbyshire Living Well Grant was provided to fund well being and Four Seasons courses in Chesterfield and Bolsover as well as the on line courses.

The DCC Warm Spaces Grant was to allow Greenaway and Buxton offices to open for drop in sessions over the winter, providing help and advice and a warm space.

14. Analysis of net assets between funds

	Tangible fixed assets	Other net assets	Total
	£	£	£
Unrestricted funds			
Unrestricted Reserves	-	90,274	90,274
Designated Reserve	-	144,000	144,000
Restricted funds	-	-	-
Total funds	<u>-</u>	<u>234,274</u>	<u>234,274</u>

15. Related party transactions

The charity had no related party transactions that required disclosure.

16. Company limited by guarantee

The Company is a company limited by guarantee. At the end of the year there were ten Trustees, each of whom, under the terms of the Memorandum and Articles of Association, had undertaken to contribute the sum not exceeding £1 in the event of a winding up of the company.

THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH

England & Wales - Charity number 1117141

Accounts

THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE
FINANCIAL STATEMENTS
FOR
31 MARCH 2023

Company Registration Number 05758432
Charity Number 1117141

DERBY COMMUNITY ACCOUNTANCY SERVICE

Babington Lodge
128 Green Lane
Derby.
DE1 1RY

**THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE**

FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2023

Contents	Page
Members of the board and professional advisers	1
Trustees' annual report	2-5
Independent Examiner's Report	6
Statement of financial activities	7
Balance sheet	8
Notes to the financial statements	9-17

**THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE**

MEMBERS OF THE BOARD AND PROFESSIONAL ADVISERS

The Board of Trustees

Helen Boocock	Chair
Robert Merriman	Vice Chair
Pam Gregory	
Jonathan Harris	
Matthew Dennison	
Lee Mellor	
Yvonne Taylor	
Andrew Martin	
Carolyn Curtis	Resigned September 2022
Peter Allen	Resigned 2 nd March 2023

Senior/Principal Employees

Rona Rawson	Chief Executive Officer- Resigned 31 st March 2023
Sharon Williams	Chief Executive officer- Appointed 30 th January 2023
Andrea Lyons	Support Service Manager
Chantelle Ross	Youth Services Manager- Resigned 17 th February 2023
Toni Bryan	Administration Manager- Resigned 17 th February 2023
Dawn Hall	Business support/HR Manager- Appointed 12 th September 2022

Registered office

7 Lime Tree Business Park
Lime Tree Road
Matlock
Derbyshire
DE4 3EJ

Independent Examiner

Mark Newey ACMA
Community Accountant
Derby Community Accountancy Service
Babington Lane
128 Green Lane
Derby DE1 1RY

Bankers

HSBC Bank plc
Market Place
Chesterfield S40 1TN

Royal Bank of Scotland
Drummond House
1 Redheughs Ave
Edinburgh EH12 9JN

Nationwide Building Society
Northampton NN3 6NW

THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH COMPANY LIMITED BY GUARANTEE

TRUSTEES' ANNUAL REPORT YEAR ENDED 31 MARCH 2023

The Trustees of Derbyshire Federation for Mental Health (DFMH) present this annual report and audited accounts for the year ended 31st March 2023, and confirm they comply with the requirements of the Charities Act 2022.

Mission Statement

The Derbyshire Federation for Mental Health is a specialist mental health support service provider with strong service user focus and high professional standards.

Aims and Objectives

To help to improve mental health in Derbyshire and elsewhere by:

1. Accepting self-referrals, and referrals from statutory agencies, to work individually with people with mental health problems and to promote independence.
2. Supporting people with mental health problems to promote and maintain their independence.
3. Raising awareness and understanding in the community.
4. Creating and supporting sustainable and independent self-help groups.
5. Providing a variety of programmes to people with mild to moderate mental ill health.
6. Working with other agencies to promote improved mental health services provision.

Information in this report is a review of the services carried out by the Derbyshire Federation for Mental Health during the period 1st April 2022 to 31st March 2023.

Statement from the Chair of the Board of Trustees

This has been a year of significant growth for DFMH coming out of the COVID pandemic. The demand for and the delivery of services has changed to accommodate an increase in the levels and types of mental health support that is now needed across Derbyshire. In addition, the charity has had to adjust to accommodate the aspirations of employees who want greater flexibility and hybrid working.

It has been a year of opportunities and challenges, most of which DFMH has been able to meet successfully. New administrative systems have been implemented, including Bright HR; staff numbers have increased and the charity successfully took over the running of the Greenaway Workshop. DFMH was successful in attracting funding in year, which is shown later in the report.

The Board of Trustees would like to acknowledge their thanks and gratitude for the hard work (over many years) to all staff who left the charity during the year including the CEO, Administration Manager, and the Children and Young People's Manager. In addition, we welcomed the new CEO into post early in 2023.

We have taken the opportunity to reflect after COVID. In doing so we have identified key areas we now need to consolidate before further development. With so much change it is timely to welcome in the next financial year full of optimism and a commitment to adapt services and systems that secure DFMH's delivery of mental health specialist services for years to come.

Helen Boocock
Chair

THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH COMPANY LIMITED BY GUARANTEE

TRUSTEES' ANNUAL REPORT YEAR ENDED 31 MARCH 2023

Staff structure/staffing 2022-2023:

We had 18 new starters and 20 leavers with 5 staff transferred to a partnering organisation P3. As at 31st March 2023 we had 36 employees, and 5 volunteers. 9 Trustees were in post on 31st March 2023

DFMH continues to emphasise the professional development of its team to ensure it remains a specialist in the field of mental health. Mandatory/ refresher training is carried out each year, along with the introduction of staff wellbeing this year. Our wellbeing strategy for staff will be developed further in 23/24.

Achievements

The Greenaway Workshop

We were delighted that DFMH and Derbyshire County Council finalised the transfer of the Greenaway Workshop lease during the year. The emphasis now is to turn the space into a Wellbeing hub, which supports group training and life skills sessions. The sensory garden has started to take shape and fundraising is now underway. The outgoing charity are kindly donated their remaining funds of £23k in 2023 to support DFMH in establishing wellbeing services.

Direct Payments Support

The service continued to grow during the year with an increase in self-funding clients. 47 individuals received ongoing support to maintain their mental health and support independence. After significant challenges with recruitment during the COVID pandemic and its aftermath (in common with health and social care organisations nationally), we finished the year with a full complement of staff.

Derbyshire Recovery and Peer Support Service (DRPSS) & Living Well Programme

DFMH was successful in securing this new contract in partnership with Rethink. We are providing a continuation of the DRPSS service, and an extended Living Well service in the High Peak and Derbyshire Dales. Living Well is a new way of delivering mental health services through integrated multi-agency local teams; a partnership of health, social care and third sector organisations. 2023 saw significant challenges in implementing this integrated Living Well model, and we successfully worked through these challenges with partners to develop and establish the role of the voluntary community sector coaches and peer support workers within the multi-agency teams. The new contract has enabled DFMH to double the staffing within the team to 6 Wellbeing Coaches and 3 Peer Support workers, as well as the service manager.

DRPSS worked alongside Living Well to provide short to medium term support to those with mild to moderate mental health issues. 95% of those completing a period of support with DRPSS reported improvement in their mental health; 100% reported meeting one or more of the wellbeing-related goals they identified when entering the service.

THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH COMPANY LIMITED BY GUARANTEE

TRUSTEES' ANNUAL REPORT YEAR ENDED 31 MARCH 2023

Young Adult Services (YAS)

The contract for YAS was launched during the year with our partners Action for Children. This innovative prototype service delivers a model of support to Young Adults accessing Children and Young People's or Adult Mental Health Services; its aim is to remove the 'cliff edge of care' experienced by young people transitioning between or out of statutory mental health services. DFMH has worked hard to build relationships and new 'joined up' ways of working with CAMHS and AMHS, establishing the service and supporting 21 young people by the end of March 23.

Build Sound Minds

Again in partnership with Action for Children, we continued to deliver short-term wellbeing & resilience support to young people aged 15.7-18 years. 307 individuals accessed the service: of those completing a full period of support, 96% reported a significant reduction in their levels of anxiety and/or depression.

Bright HR

The Business Support team worked hard in year to ensure the launch of Bright HR was ready ahead of the 1st April 2023. The system will significantly improve our management of recruitment, document retention, and HR practices across the services.

Fundraising / Grants

The support of our funders is recognised in year. We say thank you to the Co-Op, Robert Bower Charitable Trust, Zedra trust, Derbyshire Foundation, Beer Harris Memorial Grant, May Hearnshaw Charitable Trust, and Derbyshire Sinds Charity for their grants and donations that have allowed us to roll out wellbeing sessions and training to our clients. We also thank those who privately donated to the Charity in this year.

Opportunities and Threats

The uncertainty of the UK economy has continued to present many challenges in this financial year. No more so than the rise in the minimum wage, which needed to be costed and implemented by the 1st April 2023. Whilst DFMH welcomes the Governments recognition of the need to pay more to our excellent support staff, the impact for our charity to find additional funding to cover the costs hit hard from our reserves; to the sum of £35k.

Recruitment of highly skilled staff continued to be problematic over this period. Many staff left during the year, having sought other opportunities in other sectors. This will be a continuing threat in 23/24. This has been a national issue that significantly impacts on smaller charities. Our need to recruit staff for remote areas of Derbyshire has also proved challenging, but we were able to manage resources across the projects to minimise any impact to services.

The restructuring that was planned for the year to manage the rapid growth was stalled after long serving key members of staff decided to retire, resign, or seek other opportunities. Whilst this created uncertainty there was also successful recruitment across the business support team. As DFMH moved out of 22/23 the recruitment of the CEO, changes to the finance team, and the promotion of staff into the new projects quickly brought about the stability needed to move positively into 23/24.

THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH COMPANY LIMITED BY GUARANTEE

TRUSTEES' ANNUAL REPORT YEAR ENDED 31 MARCH 2023

It is encouraging that as DFMH moves into the new financial year it feels well placed to take up the opportunities that mental health services across Derbyshire will present. DFMH cannot achieve this alone, but with the shaping and development of collaborative partnerships DFMH is confident it will continue to grow after a period of consolidation. The trustees, who are also Directors for the purposes of the Companies Act, have pleasure in presenting their report and the unaudited financial statements of the charity for the year ended 31 March 2023.

FINANCIAL REVIEW

The unrestricted surplus for this financial year was £46,169 and at 31st March 2023 the charity had unrestricted reserves of £265,719, of which £144,000 was designated reserves for wind down and to support current service delivery costs in the new financial year.

Reserves Policy

We are aiming to maintain our reserves at a level which is at least equivalent to 3 months operating costs. The Finance committee regularly review the amount of reserves that are required to ensure that they are adequate to fulfil our continuing obligations.

Designated Reserves

The Trustees have undertaken a review to establish the contingency costs associated with closure of the charity and have designated £110,000 for this purpose. These Designated Reserves would cover redundancy costs and other commitments associated with closure. The remaining £34k of designated reserves will support the increase of service costs as a result of the lift in the minimum wage and the impact of the cost of living rises in 23/24.

Risk Management Policy

The trustees have reviewed the major and financial risks that impact on the work of the charity. The systems that have been established enable the trustees to review and take the necessary steps to lessen these risks.

INDEPENDENT EXAMINERS

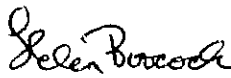
Derby Community Accountancy Services were appointed as independent examiners during the year and have expressed their willingness to continue in office. A resolution to re-appoint them as auditors will be put to the members at the annual general meeting.

SMALL COMPANY PROVISIONS

This report has been prepared in accordance with the special provisions for small companies under section 477 of the Companies Act 2006.

Registered office:
7 Lime Tree Business Park
Lime Tree Road
Matlock
Derbyshire DE4 3EJ

Signed on behalf of the trustees:


Helen Boocock
Trustee

Approved by the trustees on 30th August 2023

**THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE**

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES
YEAR ENDED 31 MARCH 2023**

I report on the accounts of the company for the year ended 31 March 2023 which are set out on pages 10 to 17.

Respective responsibilities of trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to an audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.


Basis of independent examiner's report

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- 1 which gives me reasonable cause to believe that, in any material respect, the requirements:
 - to keep accounting records in accordance with section 386 of the Companies Act 2006; and
 - to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met; or
- 2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Mark Newey 
Derby Community Accountancy Service
Babington Lodge
128 Green
Derby
DE1 1RY

30th August 2023

**THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE**

STATEMENT OF FINANCIAL ACTIVITIES

YEAR ENDED 31 MARCH 2023

	Note	Unrestricted Funds £	Restricted Funds £	Total Funds Year to 31 Mar 2023 £	Total Funds Year to 31 Mar 2022 £
Income from:					
Donations	3	7,375	-	7,375	623
Charitable activities	4	207,329	580,283	787,612	656,894
Investment income	5	1,321	-	1,321	277
Total incoming resources		<u>216,025</u>	<u>580,283</u>	<u>796,308</u>	<u>657,794</u>
<u>Expenditure on:</u>					
Raising funds		-	-	-	-
Charitable activities		169,856	590,963	760,819	672,693
Total expenditure	6	<u>169,856</u>	<u>590,963</u>	<u>760,819</u>	<u>672,693</u>
Net income (expenditure)		46,169	(10,680)	35,489	(14,899)
Transfer between funds		-	-	-	-
Net movement in funds		<u>46,169</u>	<u>(10,680)</u>	<u>35,489</u>	<u>(14,899)</u>
Fund balances at 1 Apr 2022		<u>219,550</u>	<u>10,680</u>	<u>230,230</u>	<u>245,129</u>
Fund balances at 31 March 2023		<u>265,719</u>	<u>-</u>	<u>265,719</u>	<u>230,230</u>

The company had no new or discontinued activities during the year.

The notes on pages 9 to 17 form part of these financial statements.

**THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE
BALANCE SHEET
YEAR ENDED 31 MARCH 2023**

	Note	2023		2022	
		£	£	£	£
Fixed assets					
Tangible assets	10		-		-
Current assets					
Debtors	11	49,994		200,536	
Cash at bank and in hand		240,764		262,435	
		<u>290,758</u>		<u>462,971</u>	
Creditors: amounts falling due within one year	12	<u>(25,039)</u>		<u>(232,741)</u>	
Net current assets			<u>265,719</u>		<u>230,230</u>
Total assets less current liabilities			<u>265,719</u>		<u>230,230</u>
Net assets			<u>265,719</u>		<u>230,230</u>
The funds of the charity:					
Restricted	14		-		10,680
Unrestricted – general reserves	14		121,719		109,550
Designated Reserves	14		144,000		110,000
TOTAL CHARITY FUNDS			<u>265,719</u>		<u>230,230</u>

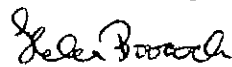
For the year ending 31 March 2023 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:-

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476;
- The directors acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

These financial statements were approved by the directors and authorised for issue on 30th August 2023 and are signed on their behalf by:



Helen Boocock
Director

Company Registration Number: 05758432

The notes on pages 9 to 17 form part of these financial statements.

THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH COMPANY LIMITED BY GUARANTEE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2023

1. Accounting policies

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

Company information

The Derbyshire Federation for Mental Health is a company limited by guarantee not having a share capital. The company's registered office is at 7 Lime Tree Business Park, Lime Tree Road, Matlock, Derbyshire, DE4 3EJ. At the end of the year there were 8 Trustees, each of whom, under the terms of the Memorandum and Articles of Association, had undertaken to contribute the sum not exceeding £1 in the event of a winding up of the company.

1.1 Accounting convention

These accounts have been prepared in accordance with FRS 102, "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102"), "Accounting and Reporting by Charities" the Statement of Recommended Practice for charities applying FRS 102, the Companies Act 2006 and UK Generally Accepted Accounting Practice as it applies from 1 January 2015. The charity is a Public Benefit Entity as defined by FRS 102.

The accounts are prepared in Sterling which is the functional currency of the company. Monetary amounts in these financial statements to the nearest £.

The accounts have been prepared on historical cost convention apart from freehold property that is carried at market value. The principal accounting policies adopted are set out below.

These are accounts for the year ended 31 March 2023 prepared in accordance with FRS 102, The Financial Reporting Standard applicable in the UK and Republic of Ireland. The date of transition to FRS 102 was 1 April 2014. The impact on the reported financial position and financial performance for the previous period are not affected by the transition to FRS 102.

1.2 Going concern

At the time of approving the accounts, the directors have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the accounts.

1.3 Charitable Funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Designated funds are unrestricted funds earmarked by the trustees for particular purposes.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH COMPANY LIMITED BY GUARANTEE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2023

1.4 Incoming resources

All incoming resources are included in the SOFA when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy. Gifts in kind have been included at market value of gifts received and in assets acquired. No amounts are included in the financial statements for services donated by volunteers.

1.5 Resources expended

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs relating to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with use of the resources. Fund-raising costs are those incurred in seeking voluntary contributions and do not include the costs of disseminating information in the support of the charitable activities.

1.6 Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discounts offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

1.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.8 Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

1.9 Financial instruments

The charity has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

Derecognition of financial liabilities

Financial liabilities are derecognised when the company's contractual obligations expire or are discharged or cancelled.

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the company is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

**THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE**

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2023

1.11 Taxation

The charity is exempt from tax on income and gains falling with section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

2. Critical accounting estimates and judgements

In the application of the charity's accounting policies, the directors are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimated and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

3. Donations

	Unrestricted Funds £	Restricted Funds £	Total Funds Year to 31 Mar 2023 £	Total Funds Year to 31 Mar 2022 £
Donations and fundraising	7,375	-	7,375	623
	<u>7,375</u>	<u>-</u>	<u>7,375</u>	<u>623</u>

**THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE**

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2023

4. Income from charitable activities

	Unrestricted Funds £	Restricted Funds £	Total Funds Year to 31 Mar 2023 £	Total Funds Year to 31 Mar 2022 £
Rethink-DRPSS	-	100,000	100,000	100,000
Rethink-Derbyshire Living Well	-	242,430	242,430	110,112
P3- Triage Service	-	7,015	7,015	14,500
Action For Children- Building Sound Minds	-	227,548	227,548	203,524
Derbyshire County Council RB 3/2/23	-	3,290	3,290	1,975
Wellbeing Enterprise- Greenaway DCC	10,000	-	10,000	-
Co-op Community Fund	2,634	-	2,634	2,250
Robert Bower Charitable Trust	3,000	-	3,000	-
May Hearnshaw Charitable Trust	2,000	-	2,000	1,352
Beer Harris Memorial Grant	1,500	-	1,500	3,116
Matlock Scouting Group	200	-	200	3,578
Derbyshire Dales District Council	460	-	460	350
Darley Dale Town Grant	1,000	-	1,000	-
Zebra Trust	2,500	-	2,500	-
Living Well Small Grants DDDC	1,352	-	1,352	-
Chargeable Support Services	150,805	-	150,805	171,696
Travel	23,788	-	23,788	35,319
Social Mileage	6,454	-	6,454	8,298
Support Costs	1,636	-	1,636	-
Sundry Private contracts	-	-	-	722
Other Income	-	-	-	102
	<u>207,329</u>	<u>580,283</u>	<u>787,612</u>	<u>656,894</u>

5. Investment income

	Total Funds Year to 31 Mar 2023 £	Total Funds Year to 31 Mar 2022 £
Bank interest receivable (unrestricted)	<u>1,321</u>	<u>277</u>

**THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE**

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2023

6. Analysis of expenditure (unrestricted)

	Total Funds Year to 31 Mar 2023 £	Total Funds Year to 31 Mar 2022 £
Employment Costs	624,619	569,771
Travelling and Support Costs	15,104	29,607
Agency Staff	9,190	-
HR Costs	2,827	2,827
Training & Recruitment	6,186	8,475
Telephone	12,320	10,444
Electricity	8,358	2,404
Water	456	310
Stationery & Supplies	3,774	4,520
Rent & Insurance	16,964	22,108
Professional Fees	6,111	3,369
Computers & Equipment	18,039	14,908
Office Equipment	3,453	-
Repairs & Maintenance	995	1,172
Bank Service Charges	765	256
Publicity	-	202
Miscellaneous Expenses	31,658	2,320
	<u>760,819</u>	<u>672,693</u>

Expenditure on charitable activities was £760,819 (2022: £672,693) of which £590,963 was restricted (2022: £433,577).

7. Net (expenditure)/income

Net (expenditure)/income for the year is stated after charging/(crediting):

	2023 £	2022 £
Independent Examiner's Fees	<u>1,500</u>	<u>1,500</u>

**THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE**

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2023

8. Directors and key management personnel

During the year trustees did not receive remuneration

The key management personnel of the charity consist of the trustees.

9. Employees

The average monthly number of persons employed during the year was 25

	Year to 31 Mar 2023	Year to 31 Mar 2022
	£	£
Charitable Staff	20	20
Management and Administration	5	10
	25	30
	25	30

Employment costs

	Year to 31 Mar 2023	Year to 31 Mar 2022
	£	£
Wages and salaries	575,747	525,586
Travelling & Support Costs	15,104	29,607
Social security costs	28,305	25,969
Pension costs	20,567	18,216
	639,723	599,378
	639,723	599,378

No employee earned more than £60,000 per annum.

**THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE**

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2023

10. Fixed Asset Investments

	Fixtures & Fittings & £	Total £
Cost		
At 1 April 2022	10,381	10,381
Additions	-	-
At 31 st March 2023	<u>10,381</u>	<u>10,381</u>
Depreciation		
At 1 April 2022	10,381	10,381
Charge for year	-	-
At 31 March 2023	<u>10,381</u>	<u>10,381</u>
Net book value		
At 31 March 2023	-	-
	<hr/>	<hr/>
At 31 March 2022	-	-
	<hr/>	<hr/>

11. Debtors

	2023 £	2022 £
Trade debtors	49,994	200,536
	<u>49,994</u>	<u>200,536</u>

12. Creditors: Amounts falling due within one year

	2023 £	2022 £
Trade creditors	7,012	1,005
Deferred Income	-	221,558
Accruals	5,900	2,760
Pension Creditor	3,470	500
HMRC	8,657	6,918
Credit Card	-	-
	<u>25,039</u>	<u>232,741</u>

**THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE**

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2023

13. Analysis of charitable funds

Analysis of movements in unrestricted funds

	At 1 Apr 2022 £	Incoming £	Outgoing £	Transfers	At 31Mar 2023 £
Unrestricted- General Reserves	109,550	216,025	(169,856)	(34,000)	121,719
Designated Reserve	110,000	-	-	34,000	144,000
Total unrestricted funds	219,550	216,025	(169,856)	-	265,719
Rethink-DRPSS	-	100,000	(100,000)	-	-
Rethink-Derbyshire Living Well	-	242,430	(242,430)	-	-
P3- Triage Service	-	7,015	(7,015)	-	-
Action For Children- Building Sound Minds	-	227,548	(227,548)	-	-
Derbyshire County Council RB 3/2/23	-	3,290	(3,290)	-	-
TNL Community Fund (IKEA)	3,578	-	(3,578)	-	-
Co-op Community Fund	2,250	-	(2,250)	-	-
Derbyshire Healthcare Foundation Trust	1,352	-	(1,352)	-	-
Brewin Dolphin	1,500	-	(1,500)	-	-
Foundation Derbyshire	2,000	-	(2,000)	-	-
Total restricted funds	10,680	580,283	(590,963)	-	-
Total funds	230,230	796,308	(760,819)	-	265,719

Rethink funding is for the provision of the Derbyshire recovery and Peer Support Service which provides support for adults with a primary diagnosed mental health condition, living in Derbyshire County and deemed to be in recovery. The service is funded by Derbyshire County Clinical Commissioning Groups (CCG) and Derbyshire County Council (DCC). The countywide contract (not Derby City) was awarded to Rethink who have sub contracted it to P3 and Derbyshire Federation for Mental Health. The Federation delivers the contracted support in the High Peak and Derbyshire Dales.

The aim of the Derbyshire Living Well Service is to assist NHS primary care to develop an effective, multi-disciplinary approach to local mental health crisis and community care. The federation is working in partnership with the NHS, Derbyshire County Council adult social care and other voluntary sector organisations in the delivery of a prototype team in the High Peak area of Derbyshire. The Federation provides the Wellbeing and Peer Coach staff element of the 12 week wrap around care and support package being developed to offer clients.

**THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE**

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2023

Derbyshire Mental health helpline and support service is a telephone triage service supporting adults and children facing mental health crisis. P3 are the lead organisation for the provision of 3rd sector triage mental health support workers who work alongside members of the Derbyshire Health Foundation Trust nursing staff. P3 subcontract to the Federation for the provision of children and young people triage support workers.

Action for Children is a commissioned service to provide early intervention services across the county, including Derby City, and referrals are accepted from people who are registered with a Derbyshire or Derby GP. This funding is to support the Young Peoples Project-Build Sound Minds which offers one to one support, group work, telephone support and a digital support service.

Derbyshire County Council RB 3/2/23 final payment in respect of transfer of Greenaway Centre.

14. Analysis of net assets between funds

	Tangible fixed assets	Other net assets	Total
	£	£	£
Unrestricted funds			
Unrestricted Reserves	-	121,719	121,719
Designated Reserve	-	144,000	144,000
Restricted funds	-	-	-
Total funds	<u>-</u>	<u>265,719</u>	<u>265,719</u>

15. Related party transactions

The charity had no related party transactions that required disclosure.

16. Company limited by guarantee

The Company is a company limited by guarantee. At the end of the year there were ten Trustees, each of whom, under the terms of the Memorandum and Articles of Association, had undertaken to contribute the sum not exceeding £1 in the event of a winding up of the company.

THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH

England & Wales - Charity number 1117141

Accounts

THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE
FINANCIAL STATEMENTS
FOR
31 MARCH 2022

Company Registration Number 05758432
Charity Number 1117141

DERBY COMMUNITY ACCOUNTANCY SERVICE

Babington Lodge
128 Green Lane
Derby
DE1 1RY

**THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE**

FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2022

Contents	Page
Members of the board and professional advisers	1
Trustees' annual report	2-8
Independent Examiner's Report	9
Statement of financial activities	10
Balance sheet	11
Notes to the financial statements	12-21

**THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE**

MEMBERS OF THE BOARD AND PROFESSIONAL ADVISERS

The Board of Trustees

Helen Boocock	Chair
Jonathan Harris	
Matthew Dennison	
Zoe Woodward	(Resigned 14 th December 2021)
Lee Mellor	
Rob Merriman	
Carolyn Curtis	
Peter Allen	
Pam Gregory	
Yvonne Taylor	
Andrew Martin	(Appointed 21 st July 2021)

Senior/Principal Employees

Rona Rawson	Chief Executive
Andrea Lyons	Senior Support Officer
Chantelle Ross	Youth Services Manager
Toni Bryan	Administration Manager

Registered office

7 Lime Tree Business Park
Lime Tree Road
Matlock
Derbyshire
DE4 3EJ

Independent Examiner

Mark Newey ACMA
Community Accountant
Derby Community Accountancy Service
Babington Lane
128 Green Lane
Derby DE1 1RY

Bankers

HSBC Bank plc
Market Place
Chesterfield S40 1TN

Royal Bank of Scotland
Drummond House
1 Redheughs Ave
Edinburgh EH12 9JN

Nationwide Building Society
Northampton NN3 6NW

THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH COMPANY LIMITED BY GUARANTEE

TRUSTEES' ANNUAL REPORT YEAR ENDED 31 MARCH 2022

The trustees, who are also Directors for the purposes of the Companies Act, have pleasure in presenting their report and the unaudited financial statements of the charity for the year ended 31 March 2022.

GOVERNANCE AND MANAGEMENT

The trustees, who are also directors for the purposes of the Companies Act, have pleasure in presenting their report and the unaudited financial statements of the charity for the year ended 31 March 2022.

Governing document

The organisation is a charitable company limited by guarantee, incorporated on 27th March 2006 and registered as a charity. The company was established under a memorandum of association which established the objects and powers of the charitable company and is governed by its articles of association. In the event of the company being wound up, members are required to contribute an amount not exceeding £1 each.

Role of the Executive Board

The organisation is governed by an Executive Board - the charity trustees for the purposes of charity law. New trustees may be appointed by the Board subject to approval by the Annual General Meeting. There can be up to 12 trustees.

Trustees have a wide variety of knowledge and experience to guide the work of the Federation. Most do not have a professional mental health background but have organisation-relevant experience e.g. in finance, human resources, the law, charity management etc. and add value to the management team. Their role is, with the Chief Executive Officer (CEO), to determine the strategy of the Federation and, in committee work to contribute to the development of policies and procedures to underpin this. The Board has responsibility for ensuring adherence to relevant legislation e.g. financial, equalities, health and safety, information, employment, safeguarding etc. It maintains and reviews regularly a risk register to inform progress.

Management Structure

As a small charity, the Board aims to keep down core costs in order to maximise spending on service delivery. However, the Federation grew significantly in budget and staffing during the year, stretching the management team.

The Board reviewed the structure of the Support (service delivery) and Business teams and decided to create two Support coordinator posts which would become operational in the next financial year. Other posts were created in the Business team including that of Fundraising Officer. As the temporary personnel officer post came to an end it is acknowledged that the Business team in particular is understaffed; this is currently under review.

THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH COMPANY LIMITED BY GUARANTEE

TRUSTEES' ANNUAL REPORT YEAR ENDED 31 MARCH 2022

Equalities and diversity

The Federation takes its responsibilities under the Equality Act 2010 seriously. In addition to ensuring that potential and actual staff and clients do not encounter discrimination in their dealings with the organisation, the Federation actively examines how well it meets the needs of those it works with. In 2020 it established a Service Quality Assurance committee whose remit included the review of services to ensure that they meet the needs of the population it serves and that they are accessible to all who need them. This will be superseded in the next year by a Service delivery committee whose remit is wider but will still include this duty. All staff and trustees undertake equalities and diversity training.

MISSION STATEMENT, OBJECTIVES AND ACTIVITIES

Mission Statement

The Federation is a specialist mental health support service provider with strong service user focus and high professional standards.

Aims and Objectives

To help to improve mental health in Derbyshire and elsewhere by:

1. Accepting self-referrals, and referrals from statutory agencies, to work individually with people with mental health problems and to promote independence.
2. Supporting people with mental health problems to promote and maintain their independence.
3. Raising awareness and understanding in the community.
4. Creating and supporting sustainable and independent self-help groups.
5. Providing a variety of programmes to people with mild to moderate mental ill health.
6. Working with other agencies to promote improved mental health services provision.

How Our Activities Deliver Public Benefit

We deliver public benefit by

- Promoting independent living for those with mental health problems;
- Working alongside statutory agencies to supplement the services that they provide in order to provide additional help and support for those with mental health problems which would not otherwise be available to them;
- Promoting self-help groups and by doing so reducing social isolation for those with mental problems, and enhancing well-being in the community;
- Providing an opportunity for volunteering and in particular for those who are recovering from mental ill-health, which aids health improvement and allows a gateway to return to paid employment;
- Reaching out through our self-referral and groups work to individuals who may otherwise not be reached by the statutory services;

Delivering services that are accessible by all members of the community and for which there is particular demand from disadvantaged socio-economic groups.

THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH COMPANY LIMITED BY GUARANTEE

TRUSTEES' ANNUAL REPORT YEAR ENDED 31 MARCH 2022

ACHIEVEMENTS AND PERFORMANCE

Information in this section is a summary and review of the services carried out by the Derbyshire Federation for Mental Health ('the Federation') during the period 1st April 2021 to 31st March 2022. In line with its mission statement the Federation continued to be

'a specialist mental health service provider with strong service user focus and high professional standards'

Overview

Services were delivered for the second year in the context of the Covid-19 Pandemic with the country under some level of lockdown during part of the period. The Federation continued to adhere to Government guidelines to ensure the safety of its clients and workers; within these limits it provided a face to face service where practical and continued a mixture of home and office working for relevant staff. The two office hubs in Matlock and Buxton were closed to clients during most of this period.

During the period the Federation maintained all of its contracted services. The planned development of the wellbeing service was put on hold due to the pandemic but will be re-structured. Despite the challenges of Covid and ongoing recruitment, other aspects of work expanded, particularly in the sphere of children and young people.

This is a testament to how positively the Federation is viewed within the Mental Health sector.

In October the Federation was approached by a small local charity, the Greenaway Workshop in Darley Dale and asked to take over the management of it as they had insufficient funds and staff to run it. The Board agreed to do so and initial plans were completed at the end of the financial year.

Staff structure/staffing

On April 1st 2021 there were 34 paid staff in post which was a significant increase over the previous year. In addition there were 10 trustees and 7 other volunteers. During the year, 14 staff left (mainly Support Workers) and 20 were recruited. Recruitment of staff was a major preoccupation during the year for managers and office staff with the Federation experiencing the same difficulties as all care organisations. At the end of the year there were 40 staff in paid posts and several vacancies.

The majority of Federation staff are Support Workers (ISW) employed in the adult and youth projects providing direct support to clients with mental health problems. None of the paid staff works full time. Support staff join the Federation with relevant experience and qualifications (either a degree in a relevant subject or health and social care diploma) or we provide the opportunity to train within the first few years. All staff have a personal development plan identifying gaps in training and knowledge which are enhanced in regard to the project they are employed in.

There is an emphasis on continual professional development and in addition to mandatory training e.g. safeguarding, diversity, health and safety and Prevent – Anti Terrorism, staff attended, amongst others, courses as appropriate to address: LGBT and Youth Support, Eating Disorders Boys and Men, Alcohol Awareness and Introduction to Brief Interventions, Volunteer Walk Leader, Leadership and Management Skills, Dementia Awareness. Management and general support staff provide a strong and stable core within the Federation with four having over 10 years of service.

THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH COMPANY LIMITED BY GUARANTEE

TRUSTEES' ANNUAL REPORT YEAR ENDED 31 MARCH 2022

Services Provided

Direct Payments/Personal Budgets and Private Contracts

Most mental health services provided by the Federation are delivered free of charge to clients as they have been funded by statutory bodies. The exception is that we are also able to provide services funded by direct payments, personal budgets or private payment arrangements (means tested). Generally, this type of support is provided to individuals with severe and enduring mental health conditions requiring regular and reliable support in the community.

The type of support we provided during the year included support to live at home e.g. assisting with cooking meals, shopping or managing money. Telephone support was also provided for safe and well checks and for clients to talk to a Support Worker about problems and anxieties and to find coping strategies.

The demand for these contracts continued to grow during the year. Whilst the number of clients supported regularly was slightly reduced at 43, the number of hours of support delivered increased to over 9,000 as we were able to return to the full packages of care that had been reduced during the initial covid restrictions.

Derbyshire Recovery and Peer Support Service

Funded by Derbyshire County Clinical Commissioning Groups (CCG) & Derbyshire County Council (DCC). This was a countywide contract (excluding Derby City) awarded to Rethink with subcontractors P3 and the Federation and commenced in April 2017. The contract was extended to March 2023 as were all other contracts. The service provides support for adults with a primary diagnosed mental health condition, living in Derbyshire County and deemed to be in recovery. Support is delivered through a mixture of options in different settings across the county e.g. telephone support, drop-in sessions, therapeutic and activity groups.

The Federation delivers elements of the contracted support in the High Peak and Derbyshire Dales.

Young Peoples Project – Build Sound Minds

From June 2019 in partnership with Action for Children the Federation has been providing a comprehensive early intervention service for children aged 0-18 who are experiencing mild to moderate mental health difficulties. The service is commissioned to provide services across the county, including Derby City, and referrals are accepted from people who are registered with a Derbyshire or Derby General Practitioner. The Federation specialises in providing the transition services to young people aged 16 and 17 years old (the “transition” from child to adult).

Build Sound Minds offers a 6 to 8 week programme of 1:1 support, group work or support via telephone or Zoom. During periods of lockdown, sessions were conducted wholly via Zoom or telephone. Since February sessions have been offered flexibly to meet the needs of young people in school or at Federation premises as well as digitally. Drop in sessions are also offered around the county.

Staff measure the impact of the service on the young people referred to them through a questionnaire administered at the start and end of the programme. They also ask them to say what they thought of the service they received including whether they would recommend it to a friend. Rates of clinical improvement and of satisfaction are very high with improvements in around 95% of cases.

THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH COMPANY LIMITED BY GUARANTEE

TRUSTEES' ANNUAL REPORT YEAR ENDED 31 MARCH 2022

It was noted that the level of need increased during the year in terms of both volume and severity, in part as a response to the impact of Covid. In addition, school closures due to lockdowns led to a backlog of referrals. Federation staff have been active in working through the waiting list to reduce it with increased funding to do this since January.

Greenaway Project and Wellbeing Services

In 2019 the Board funded a dedicated post to develop and deliver the Federation's Wellbeing services. By March 2020 a suite of Wellbeing and Resilience Workshops, Therapeutic Programmes and Workplace Wellbeing Courses had been developed and were being piloted then had to come to an end due to Covid. A programme of Wellbeing for staff was delivered in its place and an emphasis on building up staff skills and knowledge around wellbeing. Bitesize videos for social media and website use had also been produced.

Taking over the renamed Greenaway Project brought with it an excellent venue for Wellbeing Services which will be developed over the next year. In addition to a light and airy building there is a garden and allotment to develop.

Derbyshire Living Well Service

This is a national initiative, already trialled in several areas in England and now being rolled out further. The aim of this project is to help NHS primary care to develop an effective Derbyshire Living Well Service, a multi-disciplinary approach to crisis and community care.

The Federation is working in partnership with the NHS, Derbyshire County Council adult social care and other voluntary sector organisations in the delivery of a prototype team in the High Peak area of Derbyshire. The Community Mental Health Team social workers, nurses and other healthcare staff will work with clients for 12 weeks, offering wrap around care and support. We provide Wellbeing and Peer Coach staff.

Work to develop this approach continued during the year with significant involvement of senior Federation managers. The decision was made that the project would be funded for a further year and would be expanding into the Derbyshire Dales, Chesterfield and North East areas.

Derbyshire Mental Health Helpline.

The helpline is a telephone triage service and was commissioned in response to the pressure on emergency services from increasing mental health issues. The Federation provides the specialist children and young people provision with P3 offering adult provision.

The service involves staff acting as first responder on the helpline providing support, guidance and de-escalation techniques then helping to connect clients to services in the community; where this is not possible they can provide access to nurses and other clinically training professionals with a view to avoiding hospital admissions.

THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH COMPANY LIMITED BY GUARANTEE

TRUSTEES' ANNUAL REPORT YEAR ENDED 31 MARCH 2022

Opportunities and Threats

During 2022/2023 we expect renewal of contracts on both the Adult and Children and Young People services to take place. The Adult services are due to be retendered during 2022 for new contracted services to commence April 2023. These services will include the Derbyshire Recovery and Peer Support Contract and the Derbyshire Living Well service. DFMH have been providing services on both; and we will be keen to work with partners to continue to be part of any future contracts relating to these services in Derbyshire.

The Build Sound Minds contract was due for review in June 2022 and the decision to roll on into the additional 2 years allocated to the service has been confirmed. Also due to the rise in cases of young people needing access to support post pandemic; a 12month additional service sum of funding has been made available to increase the reach for our services during 2022. Our work with Young adults has been recognised by statutory bodies and we are working with Action for Children and local NHS commissioners in the development of a new service assisting with transition from children and young people services to facing life as an adult with poor mental health. We have been working with a variety of agencies on an implementation plan and are very optimistic that a pilot project will commence in 2022.

During 2021/22 we had been providing children and young people specialised staff for the Derbyshire Mental Health Helpline. Due to recruitment issues and rota patterns a number of issues had arisen for our organisation and the other organisations involved with the service. After consultation with our Voluntary sector partners (P3) on this contract; it has been decided to TUPE our staff on this project to P3 and we will remain involved with the project but as consultants to P3 regarding the Children and Young People elements of the service e.g. providing clinical supervisions, training and sector updates. This arrangement is not expected to commence until spring 2023.

As reported in our last annual report since the start of 2020 recruiting staff has been difficult. The potential recruitment pool for health and social care staff has reduced, so vacancies are continuing to take longer to fill. This appears to be a national problem and improvements are not anticipated in the foreseeable future. As an organisation thriving to provide local services dependent on staff we are reviewing our terms and conditions of employment and recruitment process. We are also planning to increase and enhance our Volunteering programme to assist in the attraction and the training of future support staff.

In October 2021 another local charity who had been struggling to operate during and since the pandemic; approached us for assistance. Representatives from both Boards and Management Teams have been in discussion concerning a future model for the continuance of the support they provide. The Federation is enthused regarding the synergy for local services that maybe created from this development.

During the past few years the Federation has seen a rapid growth of our services. The support management, staff and processes have been grown and advanced alongside; however, we do need to ensure our non- support functions e.g. personnel and finance that help the charity to operate effectively, are also enhanced to meet the growing demand on our operations. With the continuing uncertainty of the UK economy, it is essential that the CEO has a strong and resilient team to assist in navigating the difficult times ahead. We are therefore planning in 2022 to restructure and recruit new key staff into this area of the Charity.

THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH COMPANY LIMITED BY GUARANTEE

TRUSTEES' ANNUAL REPORT YEAR ENDED 31 MARCH 2022

FINANCIAL REVIEW

The unrestricted deficit for this financial year was £22,079 and at 31st March 2022 the charity had unrestricted reserves of £219,550.

Reserves Policy

We are aiming to maintain our reserves at a level which is at least equivalent to 3 months operating costs. The Finance committee regularly review the amount of reserves that are required to ensure that they are adequate to fulfil our continuing obligations.

Designated Reserves

The Trustees have undertaken a review to establish the contingency costs associated with closure of the charity and have designated £110,000 for this purpose. These Designated Reserves would cover redundancy costs and other commitments associated with closure.

Risk Management Policy

The trustees have reviewed the major and financial risks that impact on the work of the charity. The systems that have been established enable the trustees to review and take the necessary steps to lessen these risks.

INDEPENDENT EXAMINERS


Derby Community Accountancy Services were appointed as independent examiners during the year and have expressed their willingness to continue in office. A resolution to re-appoint them as auditors will be put to the members at the annual general meeting.

SMALL COMPANY PROVISIONS

This report has been prepared in accordance with the special provisions for small companies under section 477 of the Companies Act 2006.

Registered office:
7 Lime Tree Business Park
Lime Tree Road
Matlock
Derbyshire
DE4 3EJ

Signed on behalf of the trustees:


Helen Boocock
Trustee

Approved by the trustees on 2nd November 2022

**THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE**

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES
YEAR ENDED 31 MARCH 2022**

I report on the accounts of the company for the year ended 31 March 2022 which are set out on pages 10 to 21.

Respective responsibilities of trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to an audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.


Basis of independent examiner's report

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- 1 which gives me reasonable cause to believe that, in any material respect, the requirements:
 - to keep accounting records in accordance with section 386 of the Companies Act 2006; and
 - to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met; or
- 2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Mark Newey ACMA 
Derby Community Accountancy Service
Babington Lodge
128 Green
Derby DE1 1RY
DE1 1RY

2nd November 2022

**THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE**

STATEMENT OF FINANCIAL ACTIVITIES

YEAR ENDED 31 MARCH 2022

		Unrestricted Funds	Restricted Funds	Total Funds Year to 31 Mar 2022	Total Funds Year to 31 Mar 2021
	Note	£	£	£	£
Income from:					
Donations	3	623	-	623	1,889
Charitable activities	4	216,137	440,757	656,894	482,436
Investment income	5	277	-	277	256
Total incoming resources		217,037	440,757	657,794	484,581
 <u>Expenditure on:</u>					
Raising funds		-	-	-	-
Charitable activities		239,116	433,577	672,693	460,330
Total expenditure	6	239,116	433,577	672,693	460,330
Net income (expenditure)		(22,079)	7,180	(14,899)	24,251
Transfer between funds		-	-	-	-
Net movement in funds		(22,079)	7,180	(14,899)	24,251
 Fund balances at 1 Apr 2021		241,629	3,500	245,129	220,878
 Fund balances at 31 March 2022		219,550	10,680	230,230	245,129

The company had no new or discontinued activities during the year.

The notes on pages 12 to 21 form part of these financial statements.

**THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE
BALANCE SHEET
YEAR ENDED 31 MARCH 2022**

	Note	2022		2021	
		£	£	£	£
Fixed assets					
Tangible assets	10		-		-
Current assets					
Debtors	11	200,536		229,842	
Cash at bank and in hand		262,435		233,099	
		<u>462,971</u>		<u>462,941</u>	
Creditors: amounts falling due within one year	12	<u>(232,741)</u>		<u>(217,812)</u>	
Net current assets			<u>230,230</u>		245,129
Total assets less current liabilities			<u>230,230</u>		<u>245,129</u>
Net assets			<u>230,230</u>		<u>245,129</u>
The funds of the charity:					
Restricted	14		10,680		3,500
Unrestricted – general reserves	14		109,550		131,629
Designated Reserves	14		110,000		110,000
TOTAL CHARITY FUNDS			<u>230,230</u>		<u>245,129</u>

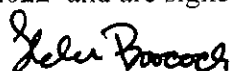
For the year ending 31 March 2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:-

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476;
- The directors acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

These financial statements were approved by the directors and authorised for issue on 2nd November 2022 and are signed on their behalf by:



Helen Boocock
Director

Company Registration Number: 05758432

The notes on pages 12 to 21 form part of these financial statements.

THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH COMPANY LIMITED BY GUARANTEE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2022

1. Accounting policies

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

Company information

The Derbyshire Federation for Mental Health is a company limited by guarantee not having a share capital. The company's registered office is at 7 Lime Tree Business Park, Lime Tree Road, Matlock, Derbyshire, DE4 3EJ. At the end of the year there were 10 Trustees, each of whom, under the terms of the Memorandum and Articles of Association, had undertaken to contribute the sum not exceeding £1 in the event of a winding up of the company.

1.1 Accounting convention

These accounts have been prepared in accordance with FRS 102, "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102"), "Accounting and Reporting by Charities" the Statement of Recommended Practice for charities applying FRS 102, the Companies Act 2006 and UK Generally Accepted Accounting Practice as it applies from 1 January 2015. The charity is a Public Benefit Entity as defined by FRS 102.

The accounts are prepared in Sterling which is the functional currency of the company. Monetary amounts in these financial statements to the nearest £.

The accounts have been prepared on historical cost convention apart from freehold property that is carried at market value. The principal accounting policies adopted are set out below.

These are accounts for the year ended 31 March prepared in accordance with FRS 102, The Financial Reporting Standard applicable in the UK and Republic of Ireland. The date of transition to FRS 102 was 1 April 2014. The impact on the reported financial position and financial performance for the previous period are not affected by the transition to FRS 102.

1.2 Going concern

At the time of approving the accounts, the directors have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the accounts.

1.3 Charitable Funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Designated funds are unrestricted funds earmarked by the trustees for particular purposes.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH COMPANY LIMITED BY GUARANTEE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2022

1.4 Incoming resources

All incoming resources are included in the SOFA when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy. Gifts in kind have been included at market value of gifts received and in assets acquired. No amounts are included in the financial statements for services donated by volunteers.

1.5 Resources expended

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs relating to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with use of the resources. Fund-raising costs are those incurred in seeking voluntary contributions and do not include the costs of disseminating information in the support of the charitable activities.

1.6 Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discounts offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

1.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.8 Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

1.9 Financial instruments

The charity has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

Derecognition of financial liabilities

Financial liabilities are derecognised when the company's contractual obligations expire or are discharged or cancelled.

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the company is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

**THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE**

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2022

1.11 Taxation

The charity is exempt from tax on income and gains falling with section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

2. Critical accounting estimates and judgements

In the application of the charity's accounting policies, the directors are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimated and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

3. Donations

	Unrestricted Funds	Restricted Funds	Total Funds Year to 31 Mar 2022	Total Funds Year to 31 Mar 2021
	£	£	£	£
Donations and fundraising	623	-	623	1,889
	<u>623</u>	<u>-</u>	<u>623</u>	<u>1,889</u>

**THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE**

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2022

4. Income from charitable activities

	Unrestricted Funds £	Restricted Funds £	Total Funds Year to 31 Mar 2022 £	Total Funds Year to 31 Mar 2021 £
Rethink-DRPSS	-	100,000	100,000	100,373
Rethink-Derbyshire Living Well	-	110,112	110,112	44,456
P3- Triage Service	-	14,500	14,500	18,658
Action For Children- Building Sound Minds	-	203,524	203,524	110,000
Co-op Community Fund	-	2,250	2,250	4,479
Derbyshire County Council	-	1,975	1,975	-
Derbyshire Healthcare Foundation Trust	-	1,352	1,352	-
Department of Work & Pensions	-	3,116	3,116	-
TNL Community Fund (IKEA)	-	3,578	3,578	-
Derbyshire Dales District Council	-	350	350	-
Lloyds Bank Foundation for England and Wales	-	-	-	24,613
Foundation Derbyshire	-	-	-	11,203
National Lottery Community Fund	-	-	-	10,000
HMRC Job Retention Scheme	-	-	-	8,692
Clothworkers Foundation	-	-	-	5,000
Derbyshire District Council	-	-	-	4,615
Active Partners	-	-	-	1,500
In This Together Western Power	-	-	-	1,200
Charities Trust- CADENT	-	-	-	1,000
Masonic Charitable Foundation	-	-	-	250
Chargeable Support Services	171,696	-	171,696	112,722
Well Being Projects	-	-	-	72
Travel	35,319	-	35,319	19,636
Meal Allowance	-	-	-	-
Social Mileage	8,298	-	8,298	3,920
Income from activities	-	-	-	-
Private contracts	722	-	722	-
Other Income	102	-	102	47
	<u>216,137</u>	<u>440,757</u>	<u>656,894</u>	<u>482,436</u>

**THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE**

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2022

5. Investment income

	Total Funds Year to 31 Mar 2022	Total Funds Year to 31 Mar 2021
	£	£
Bank interest receivable (unrestricted)	<u>277</u>	<u>256</u>

6. Analysis of expenditure (unrestricted)

	Total Funds Year to 31 Mar 2022	Total Funds Year to 31 Mar 2021
	£	£
Employment Costs	569,771	371,065
Travelling and Support Costs	29,607	14,554
HR Costs	2,827	1,885
Training & Recruitment	8,475	3,410
Telephone	10,444	6,909
Electricity	2,404	3,065
Water	310	299
Stationery & Supplies	4,520	4,125
Rent & Insurance	22,108	23,194
Professional Fees	3,369	2,984
Computers & Equipment	14,908	26,168
Repairs & Maintenance	1,172	1,053
Bank Service Charges	256	322
Support Groups	-	667
Publicity	202	261
Miscellaneous Expenses	2,320	369
	<u>672,693</u>	<u>460,330</u>

Expenditure on charitable activities was £672,693 (2021: £460,330) of which £433,577 was restricted (2021: £352,005).

**THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE**

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2022

7. Net (expenditure)/income

Net (expenditure)/income for the year is stated after charging/(crediting):

	2022	2021
	£	£
Independent Examiner's Fees	<u>1,500</u>	<u>1,200</u>

8. Directors and key management personnel

During the year trustees did not receive remuneration

The key management personnel of the charity consist of the trustees.

9. Employees

The average monthly number of persons employed during the year was

	Year to 31 Mar 2022	Year to 31 Mar 2021
	£	£
Charitable Staff	20	20
Management and Administration	10	10
	<u>30</u>	<u>30</u>

Employment costs

	Year to 31 Mar 2022	Year to 31 Mar 2021
	£	£
Wages and salaries	525,586	342,203
Travelling & Support Costs	29,607	14,554
Social security costs	25,969	15,327
Pension costs	18,216	13,535
	<u>599,378</u>	<u>385,619</u>

No employee earned more than £60,000 per annum.

**THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE**

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2022

10. Fixed Asset Investments

	Fixtures & Fittings £	Total £
Cost		
At 1 April 2021	10,381	10,381
Additions	-	-
At 31 st March 2022	<u>10,381</u>	<u>10,381</u>
Depreciation		
At 1 April 2021	10,381	10,381
Charge for year	-	-
At 31 March 2022	<u>10,381</u>	<u>10,381</u>
Net book value		
At 31 March 2022	-	-
	=====	=====
At 31 March 2021	-	-
	=====	=====

11. Debtors

	2022 £	2021 £
Trade debtors	200,536	229,842
	<u>200,536</u>	<u>229,842</u>

12. Creditors: Amounts falling due within one year

	2022 £	2021 £
Trade creditors	1,005	932
Deferred Income	221,558	205,696
Accruals	2,760	1,200
Pension Creditor	500	2,645
HMRC	6,918	7,315
Credit Card	-	24
	<u>232,741</u>	<u>217,812</u>

**THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE**

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2022

13. Analysis of charitable funds

Analysis of movements in unrestricted funds

	At 1 Apr 2021 £	Incoming £	Outgoing £	At 31Mar 2022 £
Unrestricted- General Reserves	131,629	217,037	(239,116)	109,550
Designated Reserve	110,000	-	-	110,000
Total unrestricted funds	241,629	217,037	(239,116)	219,550
Rethink-DRPSS	-	100,000	(100,000)	-
Rethink-Derbyshire Living Well	-	110,112	(110,112)	-
P3- Triage Service	-	14,500	(14,500)	-
Action For Children- Building Sound Minds	-	203,524	(203,524)	-
Derbyshire County Council	-	1,975	(1,975)	-
Department of Work & Pensions	-	3,116	(3,116)	-
Derbyshire Dales District Council	-	350	(350)	-
TNL Community Fund (IKEA)	-	3,578	-	3,578
Co-op Community Fund	-	2,250	-	2,250
Derbyshire Healthcare Foundation Trust	-	1,352	-	1,352
Brewin Dolphin	1,500	-	-	1,500
Foundation Derbyshire	2,000	-	-	2,000
Total restricted funds	3,500	440,757	(433,577)	10,680
Total funds	245,129	657,794	(672,693)	230,230

Rethink funding is for the provision of the Derbyshire recovery and Peer Support Service which provides support for adults with a primary diagnosed mental health condition, living in Derbyshire County and deemed to be in recovery. The service is funded by Derbyshire County Clinical Commissioning Groups (CCG) and Derbyshire County Council (DCC). The countywide contract (not Derby City) was awarded to Rethink who have sub contracted it to P3 and Derbyshire Federation for Mental Health. The Federation delivers the contracted support in the High Peak and Derbyshire Dales.

The aim of the Derbyshire Living Well Service is to assist NHS primary care to develop an effective, multi-disciplinary approach to local mental health crisis and community care. The federation is working in partnership with the NHS, Derbyshire County Council adult social care and other voluntary sector organisations in the delivery of a prototype team in the High Peak area of Derbyshire. The Federation provides the Wellbeing and Peer Coach staff element of the 12 week wrap around care and support package being developed to offer clients.

**THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE**

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2022

Derbyshire Mental health helpline and support service is a telephone triage service supporting adults and children facing mental health crisis. P3 are the lead organisation for the provision of 3rd sector triage mental health support workers who work alongside members of the Derbyshire Health Foundation Trust nursing staff. P3 subcontract to the Federation for the provision of children and young people triage support workers.

Action for Children is a commissioned service to provide early intervention services across the county, including Derby City, and referrals are accepted from people who are registered with a Derbyshire or Derby GP. This funding is to support the Young Peoples Project-Build Sound Minds which offers one to one support, group work, telephone support and a digital support service.

Derbyshire County Council provided funding to support staff costs on the Workplace Wellbeing and New Normal programmes.

The grant from the Department of Work and Pensions was to provide access to work funding for a new employee.

The Derbyshire Dales District Council provided a contribution to funding staff costs for the New Normal programme.

The TNL Community Fund (IKEA) is for funding towards the 'places called home' for the Greenaway garden.

The Co-operative Local Community funding is for the Wellbeing Arts project at Greenaway.

Derbyshire Healthcare Foundation Trust as part of the Living Well Small Grants scheme in the Derbyshire Dales provided funding for the grow, cook and eat project at Greenaway.

Brewin Dolphin Funding was provided to cover costs associated with Worker led activities at weekends.

Foundation Derbyshire provided funding via their Coronavirus relief fund to expand our Wellbeing Resilience sessions to meet the growing demand on our services for this type of support during the pandemic.

**THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE**

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2022

14. Analysis of net assets between funds

Unrestricted funds	Tangible fixed assets £	Other net assets £	Total £
Unrestricted Reserves	-	109,550	109,550
Designated Reserve	-	110,000	110,000
 Restricted funds			
TNL Community Fund (IKEA)	-	3,578	3,578
Co-operative Community Fund	-	2,250	2,250
Derbyshire Healthcare Foundation Trust	-	1,352	1,352
Brewin Dolphin	-	1,500	1,500
Foundation Derbyshire	-	2,000	2,000
Total funds	<u>-</u>	<u>230,230</u>	<u>230,230</u>

15. Related party transactions

The charity had no related party transactions that required disclosure.

16. Company limited by guarantee

The Company is a company limited by guarantee. At the end of the year there were ten Trustees, each of whom, under the terms of the Memorandum and Articles of Association, had undertaken to contribute the sum not exceeding £1 in the event of a winding up of the company.

THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH

England & Wales - Charity number 1117141

Accounts

THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE
FINANCIAL STATEMENTS
FOR
31 MARCH 2021

Company Registration Number 05758432
Charity Number 1117141

DERBY COMMUNITY ACCOUNTANCY SERVICE

Babington Lodge
128 Green Lane
Derby
DE1 1RY

**THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE**

FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2021

Contents	Page
Members of the board and professional advisers	1
Trustees' annual report	2-8
Independent Examiner's Report	9
Statement of financial activities	10
Balance sheet	11
Notes to the financial statements	12-21

**THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE**

MEMBERS OF THE BOARD AND PROFESSIONAL ADVISERS

The Board of Trustees

Helen Boocock	(Chair)
Jonathan Harris	
Matthew Dennison	
Zoe Woodward	
Lee Mellor	
Rob Merriman	
Carolyn Curtis	
Sara Haslam	Resigned 12 th June 2020
Peter Allen	Appointed 15 th July 2020
Pam Gregory	Appointed 20 th January 2021
Yvonne Taylor	Appointed 20 th January 2021

Senior/Principal Employees

Rona Rawson	Chief Executive
Andrea Lyons	Senior Support Officer
Tim Westwood	Clinical Governance Manager
Chantelle Ross	Youth Services Manager
Nicole Ball	Adult Services Manager
Toni Bryan	Administration Manager

Registered office

7 Lime Tree Business Park
Lime Tree Road
Matlock
Derbyshire
DE4 3EJ

Independent Examiner

Mark Newey ACMA
Community Accountant
Derby Community Accountancy Service
Babington Lane
128 Green Lane
Derby DE1 1RY

Bankers

HSBC Bank plc
Market Place
Chesterfield S40 1TN

Royal Bank of Scotland
Matlock DE24 3LZ

Nationwide Building Society
Northampton
NN3 6NW

THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH COMPANY LIMITED BY GUARANTEE

TRUSTEES' ANNUAL REPORT YEAR ENDED 31 MARCH 2021

The trustees, who are also Directors for the purposes of the Companies Act, have pleasure in presenting their report and the unaudited financial statements of the charity for the year ended 31 March 2021.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The organisation is a charitable company limited by guarantee, incorporated on 27th March 2006 and registered as a charity. The company was established under a memorandum of association which established the objects and powers of the charitable company and is governed by its articles of association. In the event of the company being wound up, members are required to contribute an amount not exceeding £1 each.

Role of the Executive Board

The organisation is governed by an Executive Board - the charity trustees for the purposes of charity law. New trustees may be appointed by the Board subject to approval by the Annual General Meeting. There can be up to 12 trustees.

Trustees have a wide variety of knowledge and experience to guide the work of the Federation. Most do not have a professional mental health background but have organisation-relevant experience e.g. in finance, human resources, the law, charity management etc. and add value to the management team. Their role is, with the Chief Executive Officer (CEO), to determine the strategy of the Federation and, in committee work to contribute to the development of policies and procedures to underpin this. The Board has responsibility for ensuring adherence to relevant legislation e.g. financial, equalities, health and safety, information, employment, safeguarding etc. It maintains and reviews regularly a risk register to inform progress.

Management Structure

As a small charity, the Board aims to keep down core costs in order to maximise spending on service delivery. However, a management review undertaken by the Board during this year recommended an increase in the management team. Growth and a build-up of reserves made this possible.

Two part-time posts, Support Services Officer (operational senior manager) and Personnel Officer were created and filled early in 2021, on a temporary basis. With the increase in staffing, having a dedicated personnel officer and a specialist support officer who can oversee the team on a daily basis also increased other management capacity for planning and fundraising.

Equalities and diversity

The Federation takes its responsibilities under the Equality Act 2010 seriously. In addition to ensuring that potential and actual staff and clients do not encounter discrimination in their dealings with the organisation, the Federation actively examines how well it meets the needs of those it works with. In 2020 it established a Service Quality Assurance committee whose remit includes the review of services to ensure that they meet the needs of the population it serves and that they are accessible to all who need them. All staff and trustees undertake equalities and diversity training.

THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH COMPANY LIMITED BY GUARANTEE

TRUSTEES' ANNUAL REPORT YEAR ENDED 31 MARCH 2021

MISSION STATEMENT, OBJECTIVES AND ACTIVITIES

Mission Statement

The Federation is a specialist mental health support service provider with strong service user focus and high professional standards.

Aims and Objectives

To help to improve mental health in Derbyshire and elsewhere by:

1. Accepting self-referrals, and referrals from statutory agencies, to work individually with people with mental health problems and to promote independence.
2. Supporting people with mental health problems to promote and maintain their independence.
3. Raising awareness and understanding in the community.
4. Creating and supporting sustainable and independent self-help groups.
5. Providing a variety of programmes to people with mild to moderate mental ill health.
6. Working with other agencies to promote improved mental health services provision.

How Our Activities Deliver Public Benefit

We deliver public benefit by

- Promoting independent living for those with mental health problems;
- Working alongside statutory agencies to supplement the services that they provide in order to provide additional help and support for those with mental health problems which would not otherwise be available to them;
- Promoting self-help groups and by doing so reducing social isolation for those with mental problems, and enhancing well-being in the community;
- Providing an opportunity for volunteering and in particular for those who are recovering from mental ill-health, which aids health improvement and allows a gateway to return to paid employment;
- Reaching out through our self-referral and groups work to individuals who may otherwise not be reached by the statutory services;
- Delivering services that are accessible by all members of the community and for which there is particular demand from disadvantaged socio-economic groups.

ACHIEVEMENTS AND PERFORMANCE

Information in this section is a summary and review of the services carried out by the Derbyshire Federation for Mental Health ('the Federation') during the period 1st April 2020 to 31st March 2021. In line with its mission statement the Federation continued to be

'a specialist mental health service provider with strong service user focus and high professional standards'

Overview

The year was dominated by the Covid-19 Pandemic with the whole country under some level of lockdown during the whole period.

By April 2020 the Federation had reassessed all of its services and altered them as appropriate to adhere to the Government guidelines and ensure the safety of its clients and workers. Some services

THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH COMPANY LIMITED BY GUARANTEE

TRUSTEES' ANNUAL REPORT YEAR ENDED 31 MARCH 2021

e.g. group work, stopped but almost all other work continued, albeit differently. Managers constantly reassessed the needs of clients and staff and responded flexibly. Where appropriate to client need, some services were delivered by phone or online. Where necessary, direct 1:1 contact continued with appropriate Personal Protective Equipment (PPE) and cleaning routines and funds were made available to pay for the additional costs.

The main office in Matlock was staffed throughout according to guidelines but was not open to clients. A decision was taken by the Board to close permanently the Buxton office as no longer necessary for the business. The two Wellbeing Hubs in Matlock and Buxton were closed temporarily. Four staff only were furloughed for short periods. Most staff and managers worked from home or remotely, going out to clients during the period with an increase in IT equipment and licences to support this.

Despite these considerable challenges, the Federation grew during this period, taking on new contracts and expanding its staff team accordingly. This is a testament to how positively the Federation is viewed within the Mental Health sector.

In addition, in May 2020 the Federation was awarded Trusted Charity status following a detailed assessment and this was granted with no recommendations for improvement required.

Staff structure/staffing

On April 1st 2020 there were 23 posts for paid staff and 10 trustees which was an increase over the previous year and 1 volunteer, a reduction. During the year, 5 staff left (mainly Support Workers) and 11 were recruited.

At the end of this year there were 42 paid staff posts of whom the majority were Support Workers (ISW) employed in the adult and youth projects providing direct support to clients with mental health problems. None of the paid staff works full time.

Support staff join the Federation with relevant experience and qualifications (either a degree in a relevant subject or health and social care diploma) or we provide the opportunity to train within the first few years. All staff have a personal development plan identifying gaps in training and knowledge which are enhanced in regard to the project they are employed in.

There is an emphasis on continual professional development and in addition to mandatory training e.g. safeguarding, diversity, health and safety and Prevent – Anti Terrorism, staff attended, amongst others, courses as appropriate to address: LGBT and Youth Support, Eating Disorders Boys and Men, Alcohol Awareness and Introduction to Brief Interventions, Volunteer Walk Leader, Leadership and Management Skills, Dementia Awareness.

Management and general support staff provide a strong and stable core within the Federation with four having over 10 years of service and another dozen with up to 5 years each in the organisation.

Services Provided

Direct Payments/Personal Budgets and Private Contracts

Most mental health services provided by the Federation are delivered free of charge to clients as they have been funded by statutory bodies. The exception is that we are also able to provide services

THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH COMPANY LIMITED BY GUARANTEE

TRUSTEES' ANNUAL REPORT YEAR ENDED 31 MARCH 2021

funded by direct payments, personal budgets or private payment arrangements (means tested). Generally, this type of support is provided to individuals with severe and enduring mental health conditions requiring regular and reliable support in the community.

The type of support we provided during the year included support to live at home e.g. assisting with cooking meals, shopping or managing money. Telephone support was also provided for safe and well checks and for clients to talk to a Support Worker about problems and anxieties and to find coping strategies.

Due to Covid restrictions the number of support hours delivered reduced but almost 5,000 were delivered, only slightly below the previous year's level. There were 47 regular clients in receipt of this service.

Derbyshire Recovery and Peer Support Service

Funded by Derbyshire County Clinical Commissioning Groups (CCG) & Derbyshire County Council (DCC). This was a countywide contract (excluding Derby City) awarded to Rethink with subcontractors P3 and the Federation and commenced in April 2017. The contract was developmental for 2 years and in April 2020 commenced the second additional year of 3 for the contract. The service provides support for adults with a primary diagnosed mental health condition, living in Derbyshire County and deemed to be in recovery. The Federation delivers the contracted support in the High Peak and Derbyshire Dales.

The service provided a mixture of options in different settings across the county e.g. telephone support, drop-in sessions, therapeutic and activity groups. As restrictions were imposed the number of group sessions were reduced then stopped then moved online. Most 1:1 support was provided over the phone. Nevertheless, approximately three quarters of planned contact hours were achieved (over 770 hours per quarter on average). Clients were assessed at the beginning and end of their contact with the project and reported outcomes were very positive with, for example 100% reporting that they felt they had developed self-care skills and skills to live independently. 82% felt they had developed skills to better manage their mental health, 91% felt they had hope for the future and 36% had gained or regained employment.

Young Peoples Project – Build Sound Minds

From June 2019 in partnership with Action for Children the Federation has been providing a comprehensive early intervention service for children aged 0-18 who are experiencing mild to moderate mental health difficulties. The service is commissioned to provide services across the county, including Derby City, and referrals are accepted from people

who are registered with a Derbyshire or Derby General Practitioner. The Federation specialises in providing the transition services to young people aged 16 and 17 years old (the “transition” from child to adult).

Build Sound Minds offers 1:1 support, group work, telephone support and a digital support service. With schools closing it was inevitable that referrals and levels of contact would drop. This has created a significant waiting list which will continue to have an impact into the next year. During this year 1:1 intervention was offered primarily by Zoom or alternative video link or telephone for those not wishing to engage with video sessions. By the end of the year drop in sessions in person in schools

THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH COMPANY LIMITED BY GUARANTEE

TRUSTEES' ANNUAL REPORT YEAR ENDED 31 MARCH 2021

had re-started. Despite the barriers, 70% of those young people ending their contact with the service reported improvements in the problem areas identified at the start.

Wellbeing Services

In 2019 the Board funded a dedicated post to develop and deliver the Federation's Wellbeing services. By March 2020 a suite of Wellbeing and Resilience Workshops, Therapeutic Programmes and Workplace Wellbeing Courses had been developed and were being piloted. In all, 90 participants undertook 20 sessions and feedback was overwhelmingly positive e.g. "I feel like I have some tools to continue in gaining so much more awareness of what I need to support my wellbeing."

As these were all designed as group activities they were put on hold during this year. As a response to Covid, the Wellbeing Coordinator adapted the programmes and courses. "The New Normal" is to support people going back to work after Lockdown, helping them to cope with employment in the pandemic. In addition, during the summer 2020 the Coordinator converted the group work programmes addressing mindfulness and anxiety etc into online courses. These were targeted at the businesses already interested in employee wellbeing and advertised in health and social care networks and training forums.

At the start of the financial year Wellbeing Services were being developed and marketed by the Federation as an enterprise that would grow and bring in significant income. Instead we are using Covid linked funding to provide the service free of charge.

Other Activities

In a normal year the Federation regularly organises other activities and events to give individuals living with or recovering from mental ill health the opportunity to access additional support, to experience healthy social activities e.g. walking and to gain information about what is available in the health and social care sector for them. These are usually group based activities and were suspended during this year. This included the Flower in the Field Project – use of a community open space and allotment in Darley Dale. After the area became overgrown during Lockdown it was agreed to hand the management of the project back to Darley Dale Town council.

New Services

During this year the Federation was invited to become a partner in two pilot projects because we are already part of the current key mental health services in Derbyshire via the DRPSS contract.

Derbyshire Living Well Service

This is a national initiative, already trialled in several areas in England and now being rolled out further. The aim of this project is to help NHS primary care to develop an effective Derbyshire Living Well Service, a multi-disciplinary approach to crisis and community care.

The Federation is working in partnership with the NHS, Derbyshire County Council adult social care and other voluntary sector organisations in the delivery of a prototype team in the High Peak area of Derbyshire. The Community Mental Health Team social workers, nurses and other healthcare staff will work with clients for up to 12 weeks, offering wrap around care and support. We provide Wellbeing and Peer Coach staff.

THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH COMPANY LIMITED BY GUARANTEE

TRUSTEES' ANNUAL REPORT YEAR ENDED 31 MARCH 2021

The Federation has been involved in the development of the prototype through attendance at a series of meetings to progress governance, structures and operations.

The project went live in January 2021 and will continue to be funded until March 2022. It has increased the workforce by 4 staff members and income by £100k per annum.

Derbyshire Mental Health Helpline.

The Federation was invited to join the development of this project due to our involvement in the youth project - Build Sound Minds. Derbyshire Health Foundation Trust, in partnership with P3 set up the Derbyshire Mental Health Helpline; it went live for adults in 2018. During 2020/21 it was recognised that the Helpline needed a children's and young person's element. The helpline is a telephone triage service and was commissioned in response to the pressure on emergency services from increasing mental health issues. The Federation provides the specialist children and young people provision with P3 offering adult provision. The service was run from a community hub at Chesterfield Hospital during this year moving to Ripley later 2021.

The service involves staff acting as first responder on the helpline providing support, guidance and de-escalation techniques then helping to connect clients to services in the community; where this is not possible they can provide access to nurses and other clinically training professionals with a view to avoiding hospital admissions.

This project brought 3 full time equivalent posts and an increase in income of approximately £100,000 per annum.

Opportunities and Threats

Most current contracts are due to end in March 2022. Decision making about the DRPSS contract has been delayed due to the pandemic. Whilst it is anticipated that this will roll over for an extra year, no announcements have been made about the longer- term future of the service provided.

The two pilot projects are due to go out for tender in 2022 and the Federation hopes to bid jointly with partners for the work. The Federation also sees potential for other services not addressed by current contracts should funds become available.

Since the start of 2020 recruiting staff has become more difficult. The potential recruitment pool for social care staff has become much smaller so vacancies are taking longer to fill. This is the situation for all health and social care organisations and improvements are not anticipated in the foreseeable future.

The Federation will continue to review core costs and implement change where advantageous.

The Board will investigate new enterprise initiatives to improve the future generation of income for the Federation. Covid has made it necessary to review what services are required and what is possible in this new era.

THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH COMPANY LIMITED BY GUARANTEE

TRUSTEES' ANNUAL REPORT YEAR ENDED 31 MARCH 2021

The last year has seen an expansion of the Federation's work from its traditional North Dales and High Peak base into Derby (Build Sound Minds and Derbyshire Helpline) and further out into Derbyshire county with Direct Payments. Whilst this creates a wider market for its services it also risks increasing costs and complexity i.e. the need to deal with different statutory and support services across boundaries.

As service needs are reviewed and new methods of delivery developed, it is intended to explore alternative venues for delivery in different parts of the county.

FINANCIAL REVIEW

The unrestricted surplus for this financial year was £30,217 and at 31st March 2021 the charity had unrestricted reserves of £241,629.

Reserves Policy

We are aiming to maintain our reserves at a level which is at least equivalent to 3 months operating costs. The Finance committee regularly review the amount of reserves that are required to ensure that they are adequate to fulfil our continuing obligations.

Designated Reserves

The Trustees have undertaken a review to establish the contingency costs associated with closure of the charity and have designated £110000 for this purpose. These Designated Reserves would cover redundancy costs and other commitments associated with closure.

Risk Management Policy

The trustees have reviewed the major and financial risks that impact on the work of the charity. The systems that have been established enable the trustees to review and take the necessary steps to lessen these risks.

INDEPENDENT EXAMINERS

Derby Community Accountancy Services were appointed as independent examiners during the year and have expressed their willingness to continue in office. A resolution to re-appoint them as auditors will be put to the members at the annual general meeting.

SMALL COMPANY PROVISIONS

This report has been prepared in accordance with the special provisions for small companies under section 477 of the Companies Act 2006.

Registered office:
7 Lime Tree Business Park
Lime Tree Road
Matlock
Derbyshire
DE4 3EJ

Signed on behalf of the trustees:



Trustee **H Boocock**

Approved by the trustees on

**THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE**

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES
YEAR ENDED 31 MARCH 2021**

I report on the accounts of the company for the year ended 31 March 2021 which are set out on pages 10 to 21.

Respective responsibilities of trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to an audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- 1 which gives me reasonable cause to believe that, in any material respect, the requirements:
 - to keep accounting records in accordance with section 386 of the Companies Act 2006; and
 - to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met; or
- 2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

M. Newey

4/10/21

Mark Newey ACMA
Derby Community Accountancy Service
Babington Lodge
128 Green
Derby
DE1 1RY

**THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE**

STATEMENT OF FINANCIAL ACTIVITIES

YEAR ENDED 31 MARCH 2021

	Note	Unrestricted Funds £	Restricted Funds £	Total Funds Year to 31 Mar 2021 £	Total Funds Year to 31 Mar 2020 £
Income from:					
Donations	3	1,889	-	1,889	465
Charitable activities	4	136,397	346,039	482,436	393,269
Investment income	5	256	-	256	1,033
Total incoming resources		<u>138,542</u>	<u>346,039</u>	<u>484,581</u>	<u>394,767</u>
<u>Expenditure on:</u>					
Raising funds		-	-	-	171
Charitable activities		108,325	352,005	460,330	371,683
Total expenditure	6	<u>108,325</u>	<u>352,005</u>	<u>460,330</u>	<u>371,854</u>
Net income (expenditure)		30,217	(5,966)	24,251	22,913
Transfer between funds		-	-	-	-
Net movement in funds		<u>30,217</u>	<u>(5,966)</u>	<u>24,251</u>	<u>22,913</u>
Fund balances at 1 Apr 2020		<u>211,412</u>	<u>9,466</u>	<u>220,878</u>	<u>197,965</u>
Fund balances at 31 March 2021		<u>241,629</u>	<u>3,500</u>	<u>245,129</u>	<u>220,878</u>

The company had no new or discontinued activities during the year.

The notes on pages 12 to 21 form part of these financial statements.

**THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE
BALANCE SHEET
YEAR ENDED 31 MARCH 2021**

	Note	2021		2020	
		£	£	£	£
Fixed assets					
Tangible assets	10		-		-
Current assets					
Debtors	11	229,842		118,058	
Cash at bank and in hand		233,099		225,463	
		<u>462,941</u>		<u>343,521</u>	
Creditors: amounts falling due within one year	12	<u>(217,812)</u>		<u>(122,643)</u>	
Net current assets			<u>245,129</u>		<u>220,878</u>
Total assets less current liabilities			<u>245,129</u>		<u>220,878</u>
Net assets			<u>245,129</u>		<u>220,878</u>
The funds of the charity:					
Restricted	14		3,500		9,466
Unrestricted – general reserves	14		131,629		211,412
Designated Reserves	14		110,000		-
TOTAL CHARITY FUNDS			<u>245,129</u>		<u>220,878</u>

For the year ending 31 March 2021 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:-

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476;
- The directors acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

These financial statements were approved by the directors and authorised for issue on _____ and are signed on their behalf by:

Helen Boocock
Director

Company Registration Number: 05758432

The notes on pages 12 to 21 form part of these financial statements.

THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH COMPANY LIMITED BY GUARANTEE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2021

1. Accounting policies

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

Company information

The Derbyshire Federation for Mental Health is a company limited by guarantee not having a share capital. The company's registered office is at 7 Lime tree Business Park, Lime Tree Road, Matlock, Derbyshire, DE4 3EJ. At the end of the year there were 10 Trustees, each of whom, under the terms of the Memorandum and Articles of Association, had undertaken to contribute the sum not exceeding £1 in the event of a winding up of the company.

1.1 Accounting convention

These accounts have been prepared in accordance with FRS 102, "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102"), "Accounting and Reporting by Charities" the Statement of Recommended Practice for charities applying FRS 102, the Companies Act 2006 and UK Generally Accepted Accounting Practice as it applies from 1 January 2015. The charity is a Public Benefit Entity as defined by FRS 102.

The accounts are prepared in Sterling which is the functional currency of the company. Monetary amounts in these financial statements to the nearest £.

The accounts have been prepared on historical cost convention apart from freehold property that is carried at market value. The principal accounting policies adopted are set out below.

These are accounts for the year ended 31 March prepared in accordance with FRS 102, The Financial Reporting Standard applicable in the UK and Republic of Ireland. The date of transition to FRS 102 was 1 April 2014. The impact on the reported financial position and financial performance for the previous period are not affected by the transition to FRS 102.

1.2 Going concern

At the time of approving the accounts, the directors have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the accounts.

1.3 Charitable Funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Designated funds are unrestricted funds earmarked by the trustees for particular purposes.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH COMPANY LIMITED BY GUARANTEE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2021

1.4 Incoming resources

All incoming resources are included in the SOFA when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy. Gifts in kind have been included at market value of gifts received and in assets acquired. No amounts are included in the financial statements for services donated by volunteers.

1.5 Resources expended

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs relating to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with use of the resources. Fund-raising costs are those incurred in seeking voluntary contributions and do not include the costs of disseminating information in the support of the charitable activities.

1.6 Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discounts offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

1.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.8 Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

1.9 Financial instruments

The charity has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

Derecognition of financial liabilities

Financial liabilities are derecognised when the company's contractual obligations expire or are discharged or cancelled.

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the company is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

**THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE**

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2021

1.11 Taxation

The charity is exempt from tax on income and gains falling with section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

2. Critical accounting estimates and judgements

In the application of the charity's accounting policies, the directors are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimated and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

3. Donations

	Unrestricted Funds £	Restricted Funds £	Total Funds Year to 31 Mar 2021 £	Total Funds Year to 31 Mar 2020 £
Donations and fundraising	1,889	-	1,889	465
	<u>1,889</u>	<u>-</u>	<u>1,889</u>	<u>465</u>

**THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE**

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2021

4. Income from charitable activities

	Unrestricted Funds £	Restricted Funds £	Total Funds Year to 31 Mar 2021 £	Total Funds Year to 31 Mar 2020 £
Rethink-DRPSS	-	100,373	100,373	101,715
Rethink-Derbyshire Living Well	-	44,456	44,456	-
P3- Triage Service	-	18,658	18,658	-
P3- iDecide Consortium	-	-	-	10,084
Action For Children- Building Sound Minds	-	110,000	110,000	91,667
Lloyds Bank Foundation for England and Wales	-	24,613	24,613	24,107
Foundation Derbyshire	-	11,203	11,203	-
Big Lottery	-	-	-	19,515
National Lottery Community Fund	-	10,000	10,000	-
HMRC Job Retention Scheme	-	8,692	8,692	-
Clotheworkers Foundation	-	5,000	5,000	-
Derbyshire District Council	-	4,615	4,615	-
Co-op Community Fund	-	4,479	4,479	-
Active Partners	-	1,500	1,500	-
In This Together Western Power	-	1,200	1,200	-
Charities Trust- CADENT	-	1,000	1,000	-
Masonic Charitable Foundation	-	250	250	-
Brewin Dolphin	-	-	-	2,007
DVA	-	-	-	902
Derbyshire Dales CVS	-	-	-	610
Chargeable Support Services	112,722	-	112,722	110,228
Well Being Projects	72	-	72	46
Travel	19,636	-	19,636	18,103
Meal Allowance	-	-	-	670
Social Mileage	3,920	-	3,920	6,036
Income from activities	-	-	-	2,884
Private contract	-	-	-	3,248
Other Income	47	-	47	1,447
	<u>136,397</u>	<u>346,039</u>	<u>482,436</u>	<u>393,269</u>

**THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE**

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2021

5. Investment income

	Total Funds	Total Funds
	Year to 31	Year to 31
	Mar 2021	Mar 2020
	£	£
Bank interest receivable (unrestricted)	256	1,033

6. Analysis of expenditure (unrestricted)

	Total Funds	Total Funds
	Year to 31	Year to 31
	Mar 2021	Mar 2020
	£	£
Employment Costs	371,065	279,574
Travelling and Support Costs	14,554	23,633
HR Costs	1,885	2,596
Training & Recruitment	3,410	3,529
Telephone	6,909	6,017
Electricity	3,065	4,017
Water	299	245
Stationery & Supplies	4,125	5,986
Rent & Insurance	23,194	26,932
Professional Fees	2,984	2,733
Computers & Equipment	26,168	9,330
Repairs & Maintenance	1,053	2,803
Bank Service Charges	322	323
Support Groups	667	2,098
Publicity	261	715
Miscellaneous Expenses	369	1,152
Fundraising Expenses	-	171
	460,330	371,854

Expenditure on charitable activities was £460,330 (2020: £371,854) of which £352,005 was restricted (2020: £252,154).

**THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE**

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2021

7. Net (expenditure)/income

Net (expenditure)/income for the year is stated after charging/(crediting):

	2021	2020
	£	£
Independent Examiner's Fees	<u>1,200</u>	<u>1,200</u>

8. Directors and key management personnel

During the year trustees did not receive remuneration

The key management personnel of the charity consist of the trustees.

9. Employees

The average monthly number of persons employed during the year was

	Year to 31 Mar 2021	Year to 31 Mar 2020
	£	£
Charitable Staff	20	14
Management and Administration	10	2
	<u>30</u>	<u>16</u>

Employment costs

	Year to 31 Mar 2021	Year to 31 Mar 2020
	£	£
Wages and salaries	342,203	259,651
Travelling & Support Costs	14,554	23,633
Social security costs	15,327	9,879
Pension costs	13,535	10,044
	<u>385,619</u>	<u>303,207</u>

No employee earned more than £60,000 per annum.

**THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE**

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2021

10. Fixed Asset Investments

	Fixtures & Fittings £	Total £
Cost		
At 1 April 2020	10,381	10,381
Additions	-	-
At 31 st March 2021	<u>10,381</u>	<u>10,381</u>
Depreciation		
At 1 April 2020	10,381	10,381
Charge for year	-	-
At 31 March 2021	<u>10,381</u>	<u>10,381</u>
Net book value		
At 31 March 2021	-	-
At 31 March 2020	<u>-</u>	<u>-</u>

11. Debtors

	2021 £	2020 £
Trade debtors	229,842	118,058
	<u>229,842</u>	<u>118,058</u>

12. Creditors: Amounts falling due within one year

	2021 £	2020 £
Trade creditors	932	2,757
Credit Card	24	-
Deferred Income	205,696	118,286
Accruals	1,200	1,200
NEST	2,645	400
HMRC	7,315	-
	<u>217,812</u>	<u>122,643</u>

**THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE**

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2021

13. Analysis of charitable funds

Analysis of movements in unrestricted funds

	At 1 Apr 2020 £	Incoming £	Outgoing £	Transfer	At 31Mar 2021 £
Unrestricted- General Reserves	211,412	138,542	(108,325)	(110,000)	131,629
Designated Reserve	-	-	-	110,000	110,000
Total unrestricted funds	211,412	138,542	(108,325)	-	241,629
Rethink-DRPSS	-	100,373	(100,373)	-	-
Rethink-Derbyshire Living Well	-	44,456	(44,456)	-	-
P3- Triage Service	-	18,658	(18,658)	-	-
Action For Children- Building Sound Minds	-	110,000	(110,000)	-	-
Lloyds Bank Foundation for England and Wales	-	24,613	(24,613)	-	-
Foundation Derbyshire	-	11,203	(9,203)	-	2,000
National Lottery Community Fund	-	10,000	(10,000)	-	-
HMRC Job Retention Scheme	-	8,692	(8,692)	-	-
Clotheworkers Foundation	-	5,000	(5,000)	-	-
Derbyshire District Council	-	4,615	(4,615)	-	-
Co-op Community Fund	-	4,479	(4,479)	-	-
Active Partners	-	1,500	(1,500)	-	-
In This Together Western Power	-	1,200	(1,200)	-	-
Charities Trust-CADENT	-	1,000	(1,000)	-	-
Masonic Charitable Foundation	-	250	(250)	-	-
BUPA	7,966	-	(7,966)	-	-
Brewin Dolphin	1,500	-	-	-	1,500
Total restricted funds	9,466	346,039	(352,005)	-	3,500
Total funds	220,878	484,581	(460,330)	-	245,129

Rethink funding is for the provision of the Derbyshire recovery and Peer Support Service which provides support for adults with a primary diagnosed mental health condition, living in Derbyshire County and deemed to be in recovery. The service is funded by Derbyshire County Clinical Commissioning Groups (CCG) and Derbyshire County Council (DCC). The countywide contract (not Derby City) was awarded to Rethink who have sub contracted it to P3 and Derbyshire Federation for Mental Health. The Federation delivers the contracted support in the High Peak and Derbyshire Dales.

THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH COMPANY LIMITED BY GUARANTEE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2021

The aim of the Derbyshire Living Well Service is to assist NHS primary care to develop an effective, multi-disciplinary approach to local mental health crisis and community care. The federation is working in partnership with the NHS, Derbyshire County Council adult social care and other voluntary sector organisations in the delivery of a prototype team in the High Peak area of Derbyshire. The Federation provides the Wellbeing and Peer Coach staff element of the 12 week wrap around care and support package being developed to offer clients.

Derbyshire Mental health helpline and support service is a telephone triage service supporting adults and children facing mental health crisis. P3 are the lead organisation for the provision of 3rd sector triage mental health support workers who work alongside members of the Derbyshire Health Foundation Trust nursing staff. P3 subcontract to the Federation for the provision of children and young people triage support workers.

Action for Children is a commissioned service to provide early intervention services across the county, including Derby City, and referrals are accepted from people who are registered with a Derbyshire or Derby GP. This funding is to support the Young Peoples Project-Build Sound Minds which offers one to one support, group work, telephone support and a digital support service.

Lloyds Bank Foundation for England and Wales provided part funding for the CEO salary costs. Funding for the post had been obtained for 3 years and ceased in January 2021. Lloyds also provided monetary support during the pandemic to assist with the purchase and upgrade of our IT equipment and increased provision of staff PPE.

Foundation Derbyshire provided funding via their Coronavirus relief fund to expand our Wellbeing Resilience sessions to meet the growing demand on our services for this type of support during the pandemic.

National Lottery Community Fund assisted with the purchase and installation of our new server along with additional laptops and associated software.

The HMRC Job Retention Scheme was provided to support the retention of staff during the COVID pandemic. Minimal use of this scheme was required due to the reshaping of our services and redeployment of the affected staff.

Clothworkers Foundation provided funding towards replacing our server and the installation costs via their Capital Emergency Program.

Co-op Local Community Fund was a contribution towards salary costs for a project worker delivering support through group activities in Derbyshire Dales.

Active Partners through their Tackling Inequalities fund assisted us to provide a programme of activities during the Autumn months for local people struggling with their mental health. We worked in partnership with members of the Derbyshire Dales District Council community team.

**THE DERBYSHIRE FEDERATION FOR MENTAL HEALTH
COMPANY LIMITED BY GUARANTEE**

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2021

In This Together Western Power assisted us with the shortfall to meet some of our core costs during the pandemic due to a reduced income during the initial few months.

Charities Trust-CADENT provided funding towards additional PPE required for our staff working in the community during the pandemic.

Masonic Charitable Foundation also provided funding towards the additional cleaning materials and PPE we required to keep staff and clients safe during the pandemic.

BUPA funding was secured to provide Wellbeing Resilience training for our Midlife Matters project- providing a 4week workshop to individuals aged 30-50 to improve their mental wellbeing.

Brewin Dolphin Funding was provided to cover costs associated with Worker led activities at weekends.

14. Analysis of net assets between funds

	Tangible fixed assets	Other net assets	Total
	£	£	£
Unrestricted funds			
Unrestricted Reserves	-	131,629	131,629
Designated Reserve	-	110,000	110,000
 Restricted funds			
Foundation Derbyshire	-	2,000	2,000
Brewin Dolphin	-	1,500	1,500
 Total funds	 - <hr/>	 245,129 <hr/>	 245,129 <hr/>

15. Related party transactions

The charity had no related party transactions that required disclosure.

16. Company limited by guarantee

The Company is a company limited by guarantee. At the end of the year there were ten Trustees, each of whom, under the terms of the Memorandum and Articles of Association, had undertaken to contribute the sum not exceeding £1 in the event of a winding up of the company.