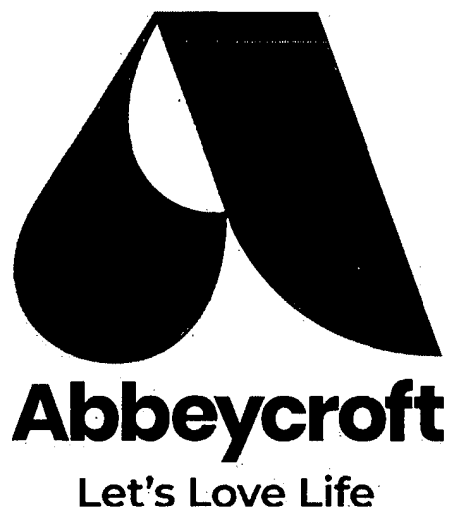


COMPANY NO. 05207019
CHARITY NO. 1117138



ABBEYCROFT LEISURE

(A Company Limited by Guarantee)

ANNUAL REPORT

FOR

THE YEAR ENDED 31 MARCH 2025

WEDNESDAY



AEI2017N

A21

24/12/2025

#25

COMPANIES HOUSE

Abbeycroft Leisure
FINANCIAL STATEMENTS
for the year ended 31 March 2025

CONTENTS	PAGE
Welcome from the Chief Executive	3
Trustees' Annual Report	4
Independent Auditor's report to the members	25
Consolidated Statement of Financial Activities	29
Group and Charity Balance Sheets	30
Consolidated Statement of Cash Flows	32
Notes to the financial statements	33

Abbeycroft Leisure
FINANCIAL STATEMENTS
for the year ended 31 March 2025

REFERENCE AND ADMINISTRATION DETAILS for the year ended 31 March 2025

Trustees & Directors	Sarah Howard MBE (Chair) David Howells FCCA (Vice Chair) (Resigned 23 rd January 2025) Simon Burton Marie Mills Timothy Mutum John Turnbull Sir Robert Wales (Resigned 24 th April 2025) Rosemary Mason Kate Vaughton William Wright (Appointed 25 th April 2024)	
Chief Executive	Warren Smyth	
Company Secretary	Lynda Pope FCCA	
Registered Office	Abbeycroft Leisure Haverhill Leisure Centre Ehringshausen Way Haverhill Suffolk CB9 0ER	
Auditors	Price Bailey LLP Tennyson House Cambridge Business Park Cambridge CB4 0WZ	
Bankers	National Westminster Bank PLC 7 Cornhill Bury St Edmunds Suffolk IP33 1AX	
Solicitors	Winckworth Sherwood Minerva House 5 Montague Close London SE1 9BB	Ashtons Legal Fornham Business Court The Log Barn Fornham St Martin IP31 1SL
Senior Managers		
The Leadership Team consists of the following posts:		
Chief Executive	Warren Smyth	
Strategic Director	Karen Points	
Finance Director	Lynda Pope FCCA	
Operations Director	Tracey Loynds	

WELCOME FROM THE CHAIR & CHIEF EXECUTIVE

I am very pleased to share Abbeycroft Leisure's 2024 Annual Report—a reflection of our continued commitment to improving health, wellbeing, and community resilience across our region.

This year, Abbeycroft's services generated over **£12 million in social value**, with **1.97 million visits** across our facilities and **74,000 individual customers** engaging in activities that support healthier, more active lives. These figures reflect a renewed appetite for inclusive, preventative health services.

Our referral-based programmes have expanded significantly, supporting thousands of individuals with tailored physical activity pathways. Most importantly, many participants have continued their engagement beyond the initial programme, reporting improvements in mobility, confidence, and overall wellbeing. These outcomes demonstrate the power of community-led health interventions and the value of sustained support.

Alongside physical activity, we've continued our focus on wider community impact, deepening our reach through additional targeted initiatives that address social isolation, mental health, and family wellbeing. From early years support to youth engagement and older adult activities, our work is helping people of all ages feel more connected, empowered and supported within our community.

The approach outlined above means that programmes in our leisure facilities offer real breadth and depth and appeal to the local communities they serve.

Environmental sustainability remains a core focus. Innovations in energy recovery, recycling and staff-led climate initiatives are helping us reduce our carbon footprint and lead by example in the leisure sector.

As a social enterprise, our strength lies in collaboration. Invaluable partnerships with **West Suffolk Council**, **Babergh District Council**, the **West Suffolk Alliance**, the **NHS Suffolk & North East Essex Integrated Care Board**, local schools and voluntary organisations have enabled us to deliver joined-up services to respond directly to local needs and national priorities.

We are also deeply grateful for the unwavering support of our staff and trustees, whose dedication, passion, and belief in our mission continue to drive everything we do. Going forwards, our newly formed strategic leadership group will guide future investment, commissioning, and the integration of new technologies to enhance service delivery and customer experience.

Every initiative, partnership, and programme we deliver is rooted in one simple belief: **let's love life**—by helping people **Be Healthier, Live Longer and Have Fun**.



Sarah Howard MBE
Chair of Trustees



Warren Smyth
Chief Executive

Date: 20 November 2025

Abbeycroft Leisure

TRUSTEES' ANNUAL REPORT

for the year ended 31 March 2025

The Trustees are pleased to present their annual report together with the financial statements of Abbeycroft Leisure for the year ended 31 March 2025.

Structure, Governance and Management

Governing document

Abbeycroft Leisure is a Charitable Company Limited by Guarantee (registered number 05207019) and governed by its Memorandum and Articles of Association dated 16 August 2004. The Charitable Company began trading on 1 April 2005 and therefore these accounts present the results for the eighteenth year of trading. Charitable Status was awarded to the Charitable Company by the Charity Commission on 5 December 2006 (charity number 1117138) and as such the accounts have been prepared in accordance with the Statement of Recommended Practice – Charities (SORP FRS102) and the Companies Act 2006. The objects of the Charitable Company were amended and adopted as the new objects on the 20 October 2016. Currently the only Members of the Charitable Company are the Trustees although the Articles of Association do provide for a wider membership with the approval of the Trustees.

The board completed a governance review during 2019 using the Charity Governance Code for Larger Charities. The review resulted in an action plan that was adopted by the board. A Committee Structure was established following this review and was reviewed again in 2023 resulting in the development of a new Strategy Committee that replaced the Marketing and Operations Committee. Therefore, there are now four committees that support the full board in managing and overseeing the charity as follows:

- Finance and Audit
- Organisational Development Committee
- Strategy Committee
- Health & Safety Committee

Appointment of Trustees

As set out in the Articles of Association the Board of Trustees must comprise at least three and not more than twelve individuals. Local Authority Persons shall be entitled to apply to be a Trustee in the event of a vacancy on the Board, however they shall not have an automatic right to be appointed as a Trustee. One third of the appointed Trustees must retire at the Annual General Meeting (AGM) but shall be eligible for re-appointment, those longest in office resigning first.

Trustee Induction and Training

There is an informal induction process for new Trustees, each one meeting with the Chair of the Board prior to attending their first full board meeting. Copies of the Charitable Company's Memorandum and Articles of Association and business plan are made available to the new Trustee. During the first Board meeting the new Trustee will meet key employees and the other Trustees. Trustees are also provided with a copy of the Charity Commission publication CC3 "The Essential Trustee". Further training opportunities are also identified throughout the year, and various trustees will attend seminars providing feedback at relevant board meetings.

Organisation

The Board of Trustees administer the Charitable Company. The Board meets at least four times a year for a full Board meeting. Four standing sub-committees have been established to support the full board, as outlined in earlier in this section.

The Trustees appoint a Chief Executive to manage the day-to-day operations of the Charitable Company. To facilitate effective operations, the Chief Executive has delegated authority for operational matters including finance, employment, and day to day management of the organisation with support from a senior leadership team including a Finance Director, an Operations Director, and a Strategic Director. The Board is responsible for the employment and terms and conditions of the Chief Executive and general pay and remuneration terms of all employees including the senior leadership team. When setting pay, reference is made to salary surveys and industry benchmarks.

Abbeycroft Leisure

TRUSTEES' ANNUAL REPORT

for the year ended 31 March 2025

The Board's work in this area is supported by the Organisational Development Committee that focuses on:

- terms & conditions
- pensions
- pay and benefits.
- advising on the development of an effective staff structure
- employment practices.

Responsibility for recruitment and pay for operational and management staff is delegated to the Chief Executive.

Disabled Persons

The Charitable Company will employ disabled people when they are suitable for a particular vacancy, and every effort is made to ensure that they are given full and fair consideration when such vacancies arise. Abbeycroft is recognised as a Disability Confident Employer.

Group

The Charitable Company set up Abbeycroft Enterprises Limited on 30 January 2017. This is a private company limited by shares, of which the Charitable Company owns 100%. Abbeycroft Enterprises Limited began operations on the 4 April 2017 and primarily operates the catering facilities in the Leisure Centres occupied by Abbeycroft Leisure. This trading subsidiary gift aids all taxable profits to Abbeycroft Leisure.

Related Parties

West Suffolk Council and Babergh District Council are significant partners and contribute to the delivery of sporting facilities in West Suffolk and Babergh by providing funding to the Charitable Company in the form of a management fee and utilities support. This funding also supports the work of the Charitable Company in the community by enabling residents to take part in sporting events outside of the Leisure Centres. Both Councils promote the Charitable Company's activities by advertising the Leisure Centres and activities on their website and within other promotional material. A summary of transactions with these Councils is set out in note three to the Financial Statements.

Objectives and Activities

The objects of the Charitable Company are:

- to provide or assist in the provision of facilities in the interests of social welfare for recreation or other leisure time occupation of individuals available to the public at large, save for special facilities being provided for those who have need of such by reason of their youth, age, infirmity or disability, poverty, or social circumstances with the object of improving their conditions of life; and/or
- to promote community participation in healthy recreational activities and understanding of the benefits of a healthy active lifestyle, by the provision of facilities for the playing of running, cycling and walking; and/or
- to provide or assist in the provision of community facilities to be available to all sections of the community without distinction, including use for meetings, lectures, and classes and/or other forms of recreation and leisure time occupation with the object of improving the conditions of life for all those who use the facilities; and/or
- to promote the education of pupils or students in schools or establishments for further or higher education by the provision or assistance in the provision of facilities for physical education and development, including games or sports equipment, courses, lectures, demonstrations, and coaching; and/or
- to promote the education of the public through the provision of facilities for performing arts; and/or
- to advance the education of the public through the preservation of buildings or sites of historic or architectural importance; and/or
- pursue such other charitable purposes as the Trustees in their absolute discretion shall determine.

Public benefit

In delivering these objectives and developing activities for the forthcoming year the Trustees have considered the Charity Commission guidance on public benefit and fee charging. Abbeycroft Leisure relies on a management fee and the income generated from fees and charges to cover its operating costs. In setting the level of fees and charges and concessions for the activities on offer the Charitable Company considers accessibility to the facilities and activities for those on low incomes.

The main activities for the year are the promotion of health and wellbeing through the provision of education, training and support as well as encouraging social interaction within the community.

The mission and core values for the organisation were updated in 2022 and these are:

Purpose

To help people Be Healthy, Live Longer, Have Fun

PEOPLE

Improving quality and outcomes through collaboration

HEALTH & WELLBEING

Central to our communities' health and wellbeing

FACILITIES & SERVICES

Widening participation with imagination and energy

Values

Integrity

Honesty, no alternative agenda

Pride

We encourage belief and celebrate achievements.

Community

Everyone is important, everyone is invited.

Teamwork

We support each other for a bigger outcome.

The key actions employed to achieve the Charitable Company's objectives are to:

- deliver high quality leisure facilities and provide customers with tailored expert advice at an affordable price,
- create opportunities for people to take part in sport and leisure activities in groups to enhance general wellbeing,
- encourage support and friendship and create a sense of belonging for members of the community,
- create and manage relationships with key partners and stakeholders to ensure that the Charitable Company is aware of and can contribute to relevant initiatives taking place elsewhere in the community,
- work in partnerships that add value to the organisation and improve the services available to the community,
- organise and engage in local, regional, and national initiatives to further enhance the opportunities available to participate in sport and physical activity,
- ensure that the facilities and activities on offer are accessible to all sections of the community,
- ensure continuous improvement is achieved throughout the organisation.

Abbeycroft offers several competitive membership packages to customers of the leisure facilities, comprising access to fitness studios, swimming pools, and exercise class programmes. Concessionary rates exist for students, senior citizens, people with disabilities, the unemployed and people on low income. There is a wide range of pay and play activities at each Centre as well as weekly sessions run especially for the over fifties, adults with disabilities, and children. In addition to this Abbeycroft has also developed relationships with other organisations (charities and social enterprises) that work with individuals who have limited financial resources to provide free access to traditional leisure centre activities.

Abbeycroft Leisure

TRUSTEES' ANNUAL REPORT

for the year ended 31 March 2025

The organisation also provides facilities for outdoor sports such as football and hockey enabling clubs to train and compete in local leagues throughout the season. The Charitable Company works in partnership with several stakeholders to offer these opportunities.

The Health and Wellbeing, Active Communities and Explore Outdoor teams organise a wide range of outreach activities so that those communities who have difficulty accessing leisure facilities based in the main settlements still get the opportunity to engage in sport and physical activity. The teams also access several local, county, regional and national initiatives to raise the profile of physical activity and offer more opportunity for participation within the local community with some of these services being made available free of charge.

STRATEGIC REPORT

ACHIEVEMENTS AND PERFORMANCE

2024/2025 proved to be a successful year for the organisation and once again a great deal has been achieved. Whilst the year has been full of achievements, macro environmental factors continue to impact on the organisation.

OUR IMPACT

The services and programmes provided by Abbeycroft generated £12.1m social value supporting physical and mental health, subjective wellbeing, individual development, social and community development. The value brought by the service as cost savings to the health system total £2.2m with savings in Dementia (£703,000), Diabetes (£690,000) and Hip Fractures (£497,000)

Our 12 facilities, located in 10 communities, received in excess of 1.97m visits for a broad range of activities, programmes and initiatives, this was despite the pool at Kingfisher Leisure Centre being closed from August 2024 through to February 2025. This was generated by 74,000 individual customers using our facilities with 60% of those achieving recommended guidelines for physical activity.

The organisation remains a strong local employer with 484 people employed (198 FTE).

The organisation continued to invest to improve services via investment in capital expenditure.

HEALTH & WELLBEING

ACTIVE LIVING EXERCISE REFERRAL

The service comprising of exercise and rehabilitation programmes, funds free access to those in local communities with long term health conditions, with specific focus on frailty, pulmonary, respiratory conditions alongside wider exercise on referral support, including a period of continuation classes following the initial programmes.

Our core offer of activities include community led walks, lasting around 30-35 minutes suitable for people who have not been able to walk recently but are looking to become more active or returning from injury/illness. Cancer exercise classes are a great way to develop independence, build confidence and socialise in a supportive environment. Pulmonary Breath Better, (pulmonary rehabilitation classes designed for people with lung conditions) sessions are individually tailored, with advice on how to manage conditions and symptoms. Falls, Strength & Balance, a specific exercise class aimed at improving strength, balance, mobility and physical activity to reduce or prevent falls with a social element to promote wellbeing. MSK Good Boost, aqua aerobics class for older adults with musculoskeletal (MSK) conditions. A fun-packed water workout that involves using light dumbbells to increase muscle tone, improve strength, stamina & overall cardio-muscular fitness.

In addition, clients can also access our Keep Active Leisure Club, sessions built for over 55's including archery, walking netball/football, table-tennis & badminton. Sessions include refreshments & a chance to socialise. Innerva classes, 30-minute circuit-based workout using power-assisted equipment ideal for older adults, those living with long-term conditions. EGYM, 30-minute personalised equipment based work out circuits, that automatically remembers & adjusts based on the client's previous workout ideal for older adults, those living with long-term conditions. Sporting Memories sessions use sports-based

Abbeycroft Leisure

TRUSTEES' ANNUAL REPORT

for the year ended 31 March 2025

reminiscence resources to rekindle those very special sporting memories and events; sessions also incorporate appropriate promotion of gentle exercise.

Performance April 2024 to March 2025:

3078	Client referrals up from 2897 prior year
1021	Clients participating in service.
49617	Client attendances up from 32,880 recorded prior year
502	Clients completed 24-week assessment.
997	Clients continue doing something up from 596 prior year.

Key Referral Partners

Patient access to the service is made via health professional referral. Our key health referral partners:

AHP Suffolk MSK	25% (34%)
GP/Social Prescribing	39% (33%)
Community/WSFT	36% (29%)
Other	4%

Client Outcome Measures (Impact)

Active Living undertake client assessments at the point of entry, at week twelve and a final assessment at week twenty-four. All data is reviewed through an independent evaluation, undertaken each year by West Suffolk Foundation Trust.

The proportion of referrals across deprivation quintiles mirrors the size of the population in each quint and is unchanged since the previous evaluation. Engagement status does not seem to differ significantly between quintiles 2–5.

International Physical Activity Questionnaire (IPAQ)

International Physical Activity Questionnaire (IPAQ) developed to measure health-related physical activity (PA) in populations. The service uses the short questionnaire (4 question) IPAQ. Types of activity are walking, moderate-intensity and vigorous-intensity activities, duration, and frequency.

60% (55%) of participants had seen an increase in the level of physical activity at 24 weeks. There was a significant reduction in the number of people with a low score (61% decrease) and a 66% increase in those with a high score i.e. becoming more active.

78% (75%) of participants increased their number of metabolically active minutes per week. The average increase was 175% from 955 to 2632 metabolically active minutes per week.

78% (62.1%) of participants had reduced the amount of time they spent sitting per week. The average number of minutes spent sitting decreased from 436 to 300, a 31.2% decrease.

Short Warwick-Edinburgh Mental Wellbeing Scale

The Warwick-Edinburgh Mental Wellbeing Scales were developed to enable the measuring of mental wellbeing in the general population. Within the Active Living scheme, we use the 7-item scale SWEMWBS. The indicating score for high wellbeing is 27.5+ and a score of >18-20 is indicative of possible mild depression.

***68.9%** improved their Short Warwick-Edinburgh Mental Wellbeing Scale well-being score. The average improvement was from a baseline of 25 to a score of 30 at 24 weeks (20% increase).

*WSH independent evaluation undertaken 2023/24 – 2024/25 not completed

Abbeycroft Leisure

TRUSTEES' ANNUAL REPORT

for the year ended 31 March 2025

In addition, Active Living undertake further client assessment data, the Patient Activation Measure (PAM) Survey, supported by West Suffolk Foundation Trust.

In the past 12 months our health practitioner team have completed more than **1802** with a re-admission rate of **21%**. The client is provided a score of 1-4, 1 being low and 4 being high, the score indicates a client's knowledge, skills and confidence managing their own health.

In 2024 PAM completed an independent validated evaluation which reported the Active Living service made a total expected cost saving across all patients of ***£978,165.70**.

*Key facts and figures about the NHS | The King's Fund ([kingsfund.org.uk](https://www.kingsfund.org.uk)) NHS: Key Facts and Figures | The King's Fund ([kingsfund.org.uk](https://www.kingsfund.org.uk))

*NHS England » 2020/21 National Cost Collection Data Publication NHS England » 2020/21 National Cost Collection Data Publication

STRENGTH AND BALANCE PROGRAMME

Physical activity aids prevention and management of noncommunicable diseases. Yet many UK adults, particularly those with long-term health conditions, do not meet recommended activity levels. Therefore Abbeycroft provides a significant number of strength and balance classes and measures falls efficacy the impact of this activity.

Falls efficacy has been defined as the perceived self-efficacy to perform activities of daily living without falling. The Timed Up and Go (TUG) test is a reliable, cost-effective, safe, and time-efficient way to evaluate overall functional mobility.

***87.5%** at 24 weeks, had lowered their score. The average score decreased from 14.6 to 10.4, a 28.8% decrease. I.e. participants reported fewer concerns about falling.

***87.5%** saw a reduction in their time to get up and go test. The average time to get up and go decreased from 13.55 to 9.53 seconds, 29% decrease. This also takes the average time from high risk for falls into a lower risk category.

Client Feedback

"We have an excellent instructor, they support me with my Active Living sessions, she understands the participants needs with compassion and a comprehensive understanding of how and why".

"I and all the class on a Monday would like to say thank you for giving us Nina. She is so lovely, thoughtful, when we arrive everything is set out for us, and we all work hard as we can. The atmosphere is great. So please can we keep her for ever".

"Attending the classes every week has made an amazing difference to my mental health, helped ease my pain and I find moving easier each week".

GOOD BOOST MSK SERVICE

Good Boost has been developed to support people living with a wide range of physical health conditions to maximize their supported self-management and wellbeing. Good Boost technology support live classes and 121 sessions for personalised therapeutic exercise and rehab, on land and in water with Ai prescription delivered through individual devices (iPads).

Abbeycroft as part of the Government's Healthy Ageing Challenge, through ukactive is part of a consortium that delivered an innovative industrial research project to support the NHS help people as they age. Its aim is to transform gyms and pools into community musculoskeletal hubs (i.e. rehabilitation for knee, hip and back). It also aims is to reduce health inequalities and the burden on the NHS by providing local, supported, self-management options for people to better maintain mobility, physical function and reduce pain through activity delivered closer to their home.

Abbeycroft work in partnership with Allied Health Professional physiotherapy teams to identify patients and refer directly into our service is summarised below:

MSK Condition

36%	Knee
24%	Lower Back
19%	Hip
11%	Shoulder

400	Referrals received.
362	Active Users
1273	Pathway class attendances
1058	Community class attendances

70% of clients reported improved mobility and function and wished to continue.

Following the success of our Good Boost investment in 3 locations (Bury St Edmunds, Newmarket and Mildenhall Leisure centres) we will be increasing our Good Boost offering introducing the service to Haverhill and Hadleigh. This will transform our local offering and widen the opportunities people within our communities will have to gain medically supported physical activity.

ACTIVE MUMS™- Antenatal Care Programme

Active Mums™ aims to inspire mums to be the best they can be by looking after themselves, to give their babies, the best start in life possible. Combining physical activity, health, and well-being information within antenatal care, to improve birth outcomes and wellbeing among a cohort of pregnant women in Suffolk. This is achieved through delivery of a 12-week programme*, which embeds principles of behaviour change and physical activity- while providing mothers with continuity of care with the midwives.

This creates not only one healthier person but a whole family, significantly improving the physical and mental wellbeing of overweight pregnant women resulting in a positive birthing experience for mother and baby whilst instilling values of good health far beyond birth.

Active Mums™ is delivered across West Suffolk and Babergh with 7 sessions delivered in Brandon, Bury St Edmunds, Hadleigh, Haverhill, Mildenhall, Newmarket and Sudbury.

Client Outcome Measures (Impact)

191	Client referrals
164	Clients participated.
1124	Total attendances
64	Completed (other participants still in scheme)

Mode of birth

79%	Vaginal births (up from 75%)
21%	C-sec (a reduction against the 39.4% C-sec rate for east of England Commissioning region NHS Maternity statistics 2022-23)

Breast Feeding

83%	Breast fed as first feed (72.9% NHS England Maternity Statistics 2022-23)
91%	Breastfeeding at 6-8 weeks*

Mental wellbeing

76%	Maintained or improved their Short Warwick-Edinburgh Mental Wellbeing Scale well-being score.
-----	---

*Those that were not able to breast feed at first feed were still able to establish feeding after birth which is a huge shift from the regional average. Prevalence of breast feeding at 6-8 weeks East of England average is 55.4% **.

**Jan 2024 Office for Health improvements and Disparities (formerly Public Health England).

Client Feedback

"I feel more positive thanks to the support from the midwives and Helen and learning from other mums' experiences."

"It has given me something to look forward to each week, being around other women going through the same thing "

"It was lovely to meet other mums-to-be, and to hear about their experiences, I have built friendships and feel more confident for what's next".

FEEL GOOD SUFFOLK - HEALTHY BEHAVIOURS

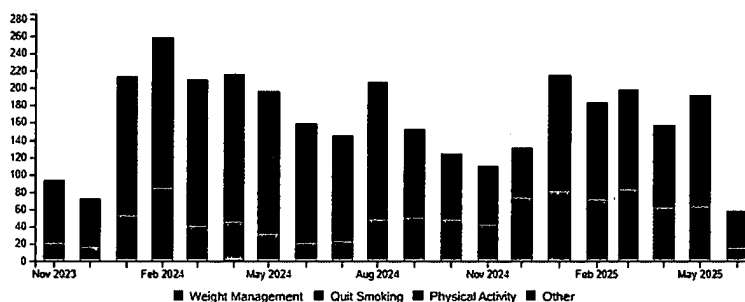
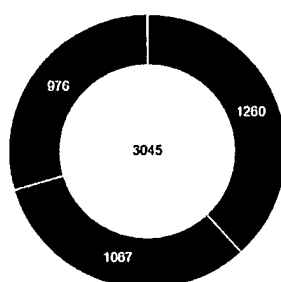
Feel Good Suffolk is designed by a Suffolk partnership of councils and delivered by district and borough councils alongside a digital offer managed by Public Health. Feel Good Suffolk supports people to make positive changes to their health and wellbeing including losing weight, giving up smoking, and becoming more active. It is designed to provide a choice of services close to people, at the right time to support steady and lasting improvements to people's health.

Abbeycroft Leisure Feel Good Suffolk advisor team deliver the service to our communities in Bury St Edmunds, Brandon, Hadleigh, Haverhill, Mildenhall, Newmarket and Sudbury. In the prior year we have seen the following referral numbers:

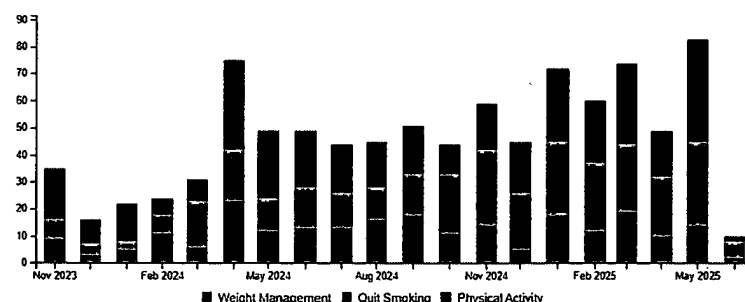
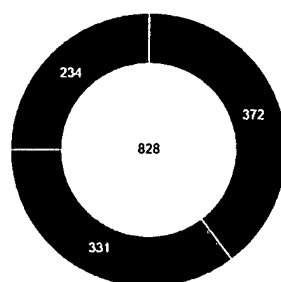
Service Outcomes

4230	Total client referrals
1622	Weight management referrals
1307	Smoking cessation referrals
1301	Physical activity referrals

West Suffolk



Hadleigh / Sudbury



Abbeycroft Leisure

TRUSTEES' ANNUAL REPORT

for the year ended 31 March 2025

898	Complete (Needs met)
48%	Engagement
70%	Improved well-being score (Short Warwick-Edinburgh Mental Wellbeing Scale)
55%	Improved physical activity levels. (International Physical Activity Questionnaire IPAQ developed to measure health-related physical activity (PA) in populations)

Our team aim to support all of our communities with particular focus on those who might otherwise not receive the information, advice and guidance to improve their lifestyle without Feel Good Suffolk.

Abbeycroft Leisure Feel Good Suffolk team have undertaken a number of targeted projects to engage with some of our underserved communities with two of these described below:

BURY DROP-IN SMOKING CESSATION OUTREACH

The Bury Drop-In Smoking Cessation Outreach project is designed to engage people experiencing homelessness, vulnerably housed individuals, and those facing severe social disadvantage in Bury St Edmunds. Delivered in partnership with the Bury Drop-In Centre, the project aims to reduce smoking prevalence in this high-risk community by providing accessible, non-judgemental, and on-the-spot smoking cessation advice, nicotine replacement therapy (NRT and Vapes), and ongoing behavioural support. The service is embedded within an existing community support hub, ensuring a safe, familiar, and trusted environment for engagement.

Key Issues the Project Addressed

- Extremely high smoking rates among people experiencing homelessness (often over 80% in this population)
- Barriers to accessing mainstream healthcare services, including mistrust of institutions and lack of transport.
- Complex health and wellbeing needs, often involving mental ill-health, substance dependency, and poor nutrition.
- Need for flexible, drop-in, and immediate support rather than scheduled clinical appointments.
- Lack of tailored cessation support that recognises trauma, poverty, and chaotic life circumstances.

Service outcomes

757	Total stop smoking referrals to FGS (West)
58	Referrals from homeless clients (7.66% of total referrals — more than double the national average of 1–3%)
58	Homeless clients issued social prescriptions onward support.
116	Stop smoking needs met/quits from all referrals (15.32%)
10*	Stop smoking needs met/quits from homeless clients (50% of engaging homeless clients)
7.66%	Engagement with the homeless community — more than twice the typical NHS average for this demographic
50%	Clients achieving a quit.
20	Homeless clients currently engaging with the service.

*4 clients on harm reduction and close to quitting

Key factors to making the project a success was ensuring the service was accessible in a supportive and trusted location. Offering practical quit aids alongside motivational vouchers that are highly sought after. Most importantly however for clients is having the Feel Good Suffolk team be consistent, always being there each week, even when the clients themselves might attend infrequently, in order to be a trusted practitioner and build relationships it was vital we were always available.

Case Studies

Anonymous Case Study – Quit Smoking

The client, a long-term smoker experiencing homelessness, attended the Bury Drop-In on 08 May 2025 seeking support to quit smoking. He smoked 10–15 roll-ups per day for over 30 years. His main motivation was to improve health and reduce CO exposure.

Initial CO reading: 11 ppm (amber zone). No medication use or reported health conditions. Enrolled in Stop Smoking Service (Short-Term Support). Transitioned fully to vaping as a harm reduction method. Provided with vape device, pods, and advice. Incentive vouchers offered for milestone achievements. A £5 Greggs voucher issued at 4 weeks smoke free and £10 Greggs voucher at 12 weeks smoke free, which is a huge achievement.

The key outcome achieved, the client has maintained more than 12 weeks smoke free, with CO reduction down from 11 ppm to 1 ppm. Furthermore, the client has undertaken huge behaviour change, seeing a complete shift from cigarettes to vaping.

WEST SUFFOLK HOSPITAL TOBACCO DEPENDENCE TEAM PARTNERSHIP

This partnership involves Feel Good Suffolk taking on smoking cessation referrals from the West Suffolk Hospital Tobacco Dependence Team to provide comprehensive stop smoking support across West Suffolk and Babergh hubs. By integrating hospital referrals into the FGS community services, the project aims to increase overall referral numbers, improve quit dates set, and enhance quit success rates. The collaboration facilitates a seamless patient journey from hospital care into community-based smoking cessation services, enabling sustained quit attempts and improved health outcomes.

Key Issues the project addressed included the need for effective post-discharge smoking cessation support for hospital patients to sustain the behaviour change, support gaps in referral uptake and engagement when hospital patients transition to community services and increase quit rates by linking hospital tobacco dependence interventions with established community support for sustained client behaviour change.

Service outcomes

180	Referrals from West Suffolk Hospital Tobacco Dependence Team
12%	Total stop smoking referrals - significant increase due to hospital partnership.

In addition, some of the most positive outcomes include the increased number of quit dates set as a direct result of hospital referrals and West Suffolk Hospital reports improved quit rates since collaborating with Feel Good Suffolk.

The project has established an effective referral pathway ensuring smooth transition from hospital-based tobacco dependence support to community cessation services. In doing so increased engagement with smoking cessation services among recently discharged hospital patients has brought improved quit success rates reflected in hospital feedback, attributed to sustained Feel Good Suffolk advisor support.

Further benefits of the project have seen enhanced data sharing and collaborative working practices between hospital and community teams. Feel Good Suffolk have strengthened the integrated care approach to tobacco dependence, contributing to broader health improvement goals across West Suffolk and Babergh with a move from clinical care to community care.

Continued Development

The Active Living service continues to develop, introducing improvements where possible, reviewing the latest technology and innovations that can improve the client experience. In 2024 Active Living introduced Ai agents, our Active Living Ai agents support clients with initial triage questions, answers and support clients to book initial appointments with our health practitioner teams. On a monthly basis our agent handles more than 200 conversations and support more than 80 client appointments, releasing the health teams time to undertake more valuable client related tasks including face to face assessments and initial appointments.

ACTIVE COMMUNITIES

Abbeycroft Leisure is extremely proud to support as many members of the community as it can, offering access to our facilities. Abbeycroft run a variety of sessions and activities designed to improve social connections within our communities.

ACTIVE SCHOOLS

Working in primary schools alongside the county's Active Partnership, Active Suffolk, to assist in creating a programme of action for schools to be more active through a simple needs approach.

The introduction of appropriate initiatives helped to maximise the use of the school PE Pupil Premium to enhance activity levels and improve academic attainment in CYP as well as upskilling staff. It also presented the opportunity to promote local groups, clubs and activities which in turn supports a wider audience.

Key Issues the Project Addressed

Health & Wellbeing, Inactivity, Mental Health, CPD. Educational Attainment

Statistics

11 schools across the West Suffolk Alliance area engaged in the project with coordination and support from Abbeycroft's Active Communities Team and Active Suffolk.

Over 1500 young people actively involved.

Case Study/Feedback

Headteacher at Wells Hall Primary School, Ros Towns said:

"Our activity week gives children a taster of so many sports, some of which they wouldn't have tried before. We wanted to show them that sport can be for everyone and the importance of leading healthy and active lifestyles. The activity week was a huge success, led by our head of PE Josh Smith, and with the support of so many fantastic groups in and around our local community. Wells Hall wished to thank all the community groups who organised sessions and Active Suffolk, Explore Outdoor, Abbeycroft Leisure and Babergh and Mid Suffolk district councils for their support of the week".

DETACHED OUTREACH YOUTH WORK

Detach Outreach Work in Bury St Edmunds and Mildenhall is a bold new step for our team, venturing into territory we haven't previously explored in this way. Funded through two streams, the Home Office's Safer Streets initiative and Bury St Edmunds Town Council (for Bury-specific delivery) from October 2024, this project takes support directly to young people where they are, rather than waiting for them to come to us.

The work focuses on addressing behaviours, unravelling young people's lived experiences, and signposting them to the right support services. These interactions are more than casual conversations, they are carefully structured yet approachable "educational" engagements, designed to build trust, raise awareness, and help young people understand the impact of their choices.

Our outreach teams operate in public spaces, youth hotspots, and areas where young people naturally gather. By meeting them on their own ground, we are breaking down barriers, opening channels of communication, and gaining insight into the real challenges they face. This allows us to respond more effectively, whether that's by offering guidance, connecting them to local resources, or simply being a consistent, positive presence in their lives.

For Abbeycroft, this is a fresh and exciting development in our community work. While we've long been committed to providing safe spaces and active opportunities within our facilities, taking that support out into the streets adds a new dimension to our services. It enables us to reach those who might never step inside a leisure centre or our youth clubs (TEEN CHILL) ensuring that our commitment to health, wellbeing, and community safety extends to everyone, wherever they are.

Abbeycroft Leisure

TRUSTEES' ANNUAL REPORT

for the year ended 31 March 2025

Key Issues the Project Addressed

Tackling ASB. Inclusion

Statistics

Total individuals engaged 366 across 2 locations.

Shared Themes

Across both Bury St Edmund's and Mildenhall, the key themes that have emerged from our conversations with young people have revolved around mental health, education and career pathways, and LGBTQ+ matters. These discussions reflect the areas of greatest concern for youth in both towns, and we have been actively engaged in providing support, guidance, and resources.

Mental Health:

Young people have been particularly vocal about their struggles with mental health, particularly issues such as anxiety, depression, and low self-esteem. The conversations around mental health have been central to the work undertaken, with many expressing the need for support and understanding. In response, we have been able to provide a space for these discussions and guide them toward appropriate mental health services like Kooth, Mind and Suffolk Mind.

Education Careers:

Another prominent theme has been discussions around education and career aspirations. Many young people have sought advice on navigating their educational journey, choosing career paths, and understanding the opportunities available to them after school. Conversations have ranged from exploring further education options, such as further education establishments West Suffolk College and Cambridge Regional College, to understanding different career pathways and seeking guidance on vocational training and apprenticeships. This has been useful with the member of the detach team having employment within this area.

LGBTQ+:

LGBTQ+ topics have also been an important part of the dialogue, with many young people discussing their experiences related to their identities and the challenges they face. Concerns about acceptance, bullying, and discrimination have been raised, and these conversations have underscored the need for supportive and inclusive spaces. We've made a concerted effort to signpost towards Outreach Youth- local support provider.

Underage vaping misuse:

We also provide information and informal education on the risks of substance misuse, particularly focusing on the rising concern of vaping among young people.

KEEP ACTIVE

The Keep Active programme supports the ageing population across 6 communities to stay physically active and socially connected through a variety of engaging physical activity opportunities. From gentle exercise classes and walking sport groups to dance sessions and swimming activities, the programme encourages movement, friendship, and a positive lifestyle. By combining regular activity with social interaction, Keep Active helps participants maintain independence, improve wellbeing, and enjoy an active, fulfilling life.

Key Issues the Project Addressed

Social isolation, Inclusion, Physical & Mental Health

Statistics

Total recorded att.: 10,241. Across 6 locations 97% of adults suggest Keep Active sessions keep them from feeling isolated.

Abbeycroft Leisure

TRUSTEES' ANNUAL REPORT

for the year ended 31 March 2025

Haverhill:

100% report increased vigorous activity.

100% report reduction in sedentary time

100% increased Short Warwick-Edinburgh Mental Wellbeing Scale well-being score at 12 and 24 weeks. 40% still had increase after 36 weeks.

100% report improved physical activity and overall wellbeing.

Brandon

54% improved increased mental health Short Warwick-Edinburgh Mental Wellbeing Scale well-being score at 12 and 24 weeks.

57% report reduction in sedentary time

100% report improved physical activity and overall wellbeing.

Case Studies/Feedback

"I love these sessions! Not just because it keeps me a bit active but because it's something to look forward to each week and I feel part of the community again".

"Very, very good group! Feeling so much better for activity and socialising".

"Fitness, fun and social. Nice to meet new local friends".

"It's very easy when you live alone to feel isolated, so being part of a group definitely helps, and we have a good old 'chin-wag' over a cuppa during the session."

Carol Fuller Feedback *"Before joining I was feeling unfit and worried about my health (type 2 diabetic). Since starting Keep Active Low Impact Aerobics and Keep Active Aqua Aerobics my sugar levels are better and manageable, I have lost weight and much feel much happier and more confident to take part in other exercise activities. I now take part in all aqua aerobic sessions & have joined the gym and regularly attending the Gym by myself, I enjoy the group and have met other ladies in similar situations as myself".*

MOVE MORE OUTDOORS

Move More Outdoors is a programme that looks to address low physical activity levels in areas of deprivation and low physical activity levels. Local stakeholders identified areas that may benefit from the programme in Haverhill, Mildenhall and Brandon.

The aim was to remove all barriers to participation by providing the community with what they wanted and where they wanted it, through local consultation and insight. Sessions were then delivered in these areas, mostly using community assets such as parks, recs or community centres.

Key Issues the Project Addressed

Physical & Mental Health, Tackling Inequalities/ Low income.

Statistics

515 attendances over 12 weeks from inactive population.

Outcomes

- 100% report increased activity and 88% improved overall wellbeing.
- 100% participants reported had increased their amount of physical activity a week after attending these sessions.

After this initial 12-week period, the programme is self-financing, with participant contributions helping to cover ongoing costs and keep activities running. This approach ensures the project remains sustainable while continuing to offer affordable, accessible opportunities for people to stay active and engaged.

Feedback

"Because of building up my strength with Pilates I am now also attending a bootcamp weekly. Which I find complement each other and have definitely improved my strength, energy and flexibility."

Lakenheath:

"Carly has been a brilliant teacher and I've enjoyed every single class and I've never missed one since I started going"
"Love them. Carly has been a great person and clearly loves what she teaches. I've never once felt pressure to be able to do things that others can and I'm not quite there yet".

Haverhill:

"Yes, I know I must exercise, and this is a first big step for me and I am grateful for it."
"Yes, enjoy the exercises and meeting new people"
"I definitely feel stronger and more connected to the community".

SPORTING MEMORIES – SUDBURY

Sporting Memories, operated at Kingfisher Leisure Centre, is an inclusive community group open to people of all ages and abilities. Whether living with physical or mental disabilities, visible or hidden conditions such as dementia, or simply seeking companionship, individuals are welcomed into a safe, friendly space designed to enhance wellbeing and quality of life.

Dedicated volunteers are on hand to ensure everyone feels supported, comfortable, and valued; offering practical help, a warm welcome, and, where needed, a listening ear. Activities are varied and engaging, ranging from chair-based exercises to quizzes including Sporting pink, and visitors from sportspersons (past & present)

Alongside the regular sessions, it also provides a platform to invite local organisations and services to join, sharing information, offering support, and helping to raise awareness of opportunities and resources available at a local or regional level. This collaboration not only increases local knowledge but also brings fresh energy, entertainment, and new connections to the group.

Key Issues the Project Addressed

Social isolation, Inclusion, Physical & Mental Health

Statistics

Total recorded at 3,269

100% indicated a positive health change.

Case Studies

"To Keep in touch with old friends and make new ones".

"The content, the company the fun"

"Meeting other people".

TEEN CHILL

Teen Chill gives young people the opportunities to socialise in a structured session where a youth support worker is on hand to offer support and guidance. The main objective of these sessions is to reduce anti-social behaviour and crime in the local areas. The core participants are aged 11-16 years and from the start of the programme we adopted an approach that allows young people to feel able to express themselves in a safe, controlled environment.

Abbeycroft Leisure

TRUSTEES' ANNUAL REPORT

for the year ended 31 March 2025

By providing a dedicated facility tailored to the needs and interests of young people, a youth hub fosters a sense of belonging and community engagement. It offers a wide range of resources and programmes, including educational workshops, skill building activities, mental health support, and recreational opportunities.

Having a youth hub in the community not only empowers young people to explore their passions and talents but also cultivates a supportive environment for personal growth and social interaction. Additionally, it serves as a catalyst for positive change, facilitating collaboration between young people, local organisations, and authorities to address community issues and promote youth-led initiatives. In essence, a youth hub enriches the fabric of the community by investing in the future leaders and changemakers, ensuring a vibrant and inclusive environment for all.

In 2024-2025 Teen Chill expanded into further communities in Great Cornard (Great Cornard Leisure Centre). Teen Chill is now serving in 5 locations across Suffolk.

Key Issues the Project Addressed

Tackling ASB.

Statistics

Total att. 4626

Outcomes

Mildenhall: **100%** of participants feel safer within their community.

Combined: **98%** would recommend Teen Chill to a friend.

Combined: **86%** scored 8/10 for enjoyment.

TOGETHER TUESDAYS

Together Tuesday at Hadleigh Pool & Leisure Centre is an inclusive community group open to people of all ages and abilities. Whether living with physical or mental disabilities, visible or hidden conditions such as dementia, or simply seeking companionship, participants are welcomed into a safe, friendly space designed to enhance wellbeing and quality of life.

Our dedicated staff and volunteers are on hand to ensure everyone feels supported, comfortable, and valued—offering practical help, a warm welcome, and, where needed, a listening ear. Activities are varied and engaging, ranging from table cricket, boccia, and chair-based exercises to quizzes, bingo, and other games that bring people together.

Alongside our regular sessions, we also invite local organisations and services to join us, sharing information, offering support, and helping to raise awareness of opportunities and resources available in the community. This collaboration not only increases local knowledge but also brings fresh energy, entertainment, and new connections to our group.

Special events are a highlight of the year, adding extra moments of joy and variety. From seasonal celebrations and themed activity days to group outings and shared meals, these occasions create lasting memories and strengthen the sense of community that Together Tuesday is known for.

Key Issues the Project Addressed

Social isolation, Inclusion, Physical & Mental Health

Statistics

Total recorded att.: 1,801.

Individuals recorded: 271.

Abbeycroft Leisure

TRUSTEES' ANNUAL REPORT

for the year ended 31 March 2025

Case Studies/Feedback

Carer 2 *"God no one knows what life is like but we get by and this group is fantastic. The outing to Felixstowe was brilliant. A good group for anyone and anyone's welcome"*

Carer 3 *"This is one of the groups we attend but people are welcoming and friendly and don't highlight my wife's dementia as a problem"*

ACTIVE DROP-IN SESSIONS

We partnered with Bury St. Edmunds Town Council to offer children and young people living in Bury St Edmunds free access to activities including climbing, axe throwing, archery, and mountain biking, held at various green spaces throughout the town. This funding also covered a family fun day held at Bury Leisure Centre during the summer holidays.

Key Issues the Project Addressed

Taking a proactive approach to good health and wellbeing, making it easier for our community to make healthier choices and achieve a more active lifestyle.

Statistics

Big Family Fun Day on 16th August 2024– 400 young people living in Bury St Edmunds

Summer Holidays – 9 sessions

October half term - 5 sessions

WELLBEING WALKS – BRANDON & HAVERHILL

Leisurely walks identified in the areas are designed to reduce isolation and introduce non-demanding, gentle exercise. Led by peer groups or supported by Suffolk Ramblers, Abbeycroft and dedicated volunteers, the walks encourage people to start some gentle, physical activity in the great outdoors and join a social group. There's usually a 'cuppa' at the end of the walk to encourage more social interaction and a sense of belonging.

Key Issues the Project Addressed

Physical and Mental Health, Inclusion. Tackling Inequalities/Low support income

Statistics

1347 recorded attendances.

86% continued doing physical activity as a result of the walks.

80% who attended over 36 weeks increased Short Warwick-Edinburgh Mental Wellbeing Scale well-being.

Outcomes

The Wellbeing Walks at Brandon have seen fantastic growth. What began as a single weekly group walk has now developed into two separate walking groups: one offering a longer route for those seeking more of a challenge, and another providing a shorter, gentler option to suit different abilities. This expansion was driven by growing demand and our commitment to ensuring that all participants can take part at a pace that's right for them.

To support this growth, the volunteer team has also strengthened significantly, increasing from just one trained walk leader to four fully trained volunteers. This not only enhances the quality and safety of the walks but also ensures we can continue to welcome more participants while maintaining a friendly, supportive atmosphere.

Feedback:

"I feel so much better just for walking and chatting to people in the group."

"Everyone is so lovely and friendly, so I don't know why I felt so nervous about going."

"It's the highlight of my week actually, but I also have the confidence to walk on my own now which I do."

SEN FOOTBALL

Abbeycroft recognises the importance of inclusive and accessible sport and provides funding to the New Croft Foundation to deliver targeted football sessions for pupils at Special Educational Needs (SEN) unit & Mainstream school in Haverhill.

These after-school sessions are specifically designed to meet the needs of young people with additional learning or physical needs, offering a safe, supportive, and engaging environment where they can develop football skills, and build confidence. The coaching team is experienced in working with SEN participants, ensuring that activities are adapted to individual abilities while still providing challenge, enjoyment, and opportunities for progression.

The project aims to address inequalities in access to sport by creating a dedicated pathway for young people who may otherwise face barriers to participation.

By funding this initiative, Abbeycroft is not only supporting the development of young people, but also championing inclusion, wellbeing, and the belief that sport should be for everyone, regardless of background or ability.

Key Issues the Project Addressed

Inclusion

Statistics

Total att. recorded: 950

Outcomes

- An additional SEN Team formed for festivals and events.
- Additional school fixtures delivered.
- Work experience opportunities for students provided in the community.
- Exit routes for further team activity formed.
- Partnership with The New Croft Foundation was formed for students to exit into community programmes.
- Exit routes into refereeing for enthusiastic young people.
- Regular festivals to attend being delivered by Suffolk FA & Ipswich Town Foundation
- Worked in partnership with the FA developing the Comets programme in Haverhill.

Case Studies

"Stephanie was the highlight of this year's SEN funding programme, Stephanie is an employee of Churchill school who works as lunchtime assistant, she has built a positive relationship with the students and started attending the regular weekly sessions as an additional helper outside of her work.

Since attending these sessions Stephanie has grown in confidence and since obtained qualifications in Safeguarding, 1st aid and now entry level coaching where she volunteers to help the sessions and also assists with the community-based sessions the students exit into during the week.

This has been a real highlight for us as recruiting enthusiastic volunteers is always challenging but to have now supported a female member of staff on her pathway to becoming a disability coach is something we are delighted about".

Peter Betts
Chief Executive Officer
The New Croft Foundation

SUFFOLK POSITIVE FUTURES (CATCH 22) PARTNERSHIP WITH ABBEYCROFT – YOUTH DROP-IN

Catch22 Suffolk Positive Futures aims to transform young people's lives and have a significant impact on reducing crime and youth violence in local communities, while promoting positive emotional wellbeing. Suffolk Positive Futures attempts to make Suffolk a safer place by engaging with and directly delivering interventions to young people. The initiative focuses on delivering outreach sports sessions right where they are needed most; on a young person's doorstep within their own community, removing barriers to access and providing a free, welcoming alternative to potentially harmful or antisocial activities.

These sessions are designed not only to encourage physical activity, but also to build trust, promote personal development, and strengthen community relationships. They create safe spaces for young people to connect with positive role models, develop life skills such as teamwork and resilience, and make healthy lifestyle choices.

6

As a key partner, Abbeycroft supports the project through in-kind contributions by providing access to its high-quality leisure facilities- 4 leisure centres. This enables Suffolk Positive Futures to host interventions in safe, well-equipped environments that enhance the delivery and impact of the programme. The use of Abbeycroft's spaces also helps to integrate participants into the wider leisure community, encouraging ongoing engagement in sport and physical activity beyond the interventions. Together, Abbeycroft and Suffolk Positive Futures are helping to break down social barriers, reduce antisocial behaviour, and empower young people to build brighter futures - one positive session at a time.

Key Issues the Project Addressed

Tackling ASB

Statistics

Total att. recorded: 2,150

ENVIRONMENTAL OVERVIEW

As part of our ongoing commitment to environmental leadership and in response to the ever-increasing environmental challenges, we have developed a comprehensive environmental policy and action plan. This plan outlines our strategic approach to sustainability, with a clear focus on carbon neutrality through the reduction of Scope 1 and Scope 2 emissions, these are the emissions directly under our control, including on-site energy and purchased electricity/gas.

While we recognise the importance of aiming for Net Zero, we determined that this wouldn't be currently viable as this must include reductions in Scope 3 emissions, which are generated by our supply chain. These require detailed carbon data from our suppliers, many of whom are not yet equipped to provide this level of information. Achieving Net Zero would also require a significant change in our procurement practices, including potential shifts in contractor relationships. In the interim, we will be reviewing the procurement procedure and identifying opportunities for integration of environmental criteria.

We have implemented recommendations from both ESOS (Energy Savings Opportunities Scheme) and Right Directions Environmental Audits. Current data is showing a positive impact, though a full assessment of impact will be possible in the next financial year, once seasonal variations and initiative durations have been accounted for.

We have also implemented a Carbon Footprint (GHG Emissions) document, which tracks our CO2e emissions across gas, water and electricity usage, including generation from solar PV. This document is updated monthly and provides insights at the site, council and company-wide levels. Enabling us to monitor progress both monthly and annually.

In 2025 we completed ESOS Phase 3, including the action plan being submitted. We are proactively working towards Phase 4 and have already completed the site audits ahead of schedule. An updated action plan will be added in December. Our partnership with Team Energy, a specialist consultancy, has been instrumental in translating recommendations into practical, site-specific improvements.

We also collaborated with West Suffolk Council on the Trovr initiative at Newmarket Leisure Centre and Haverhill Leisure Centre. Trovr machines incentivize plastic bottle recycling by awarding points they can redeem for prizes/discounts. This is preparing the customers for the DRS (Deposit Return Scheme) set to launch in 2027. To expand our impact, we partnered directly with Trovr to install an additional machine at Kingfisher Leisure Centre, reinforcing our leadership in community-based recycling initiatives.

Finally, while solar panels at Kingfisher Leisure Centre were temporarily removed due to site works, we have had additional solar panels added in Newmarket Leisure Centre, which are already demonstrating strong energy generation.

Key Issues the Project Addressed

Energy Efficiency and Cost Reduction:

Abbeycroft Leisure

TRUSTEES' ANNUAL REPORT

for the year ended 31 March 2025

A primary operational challenge was the need to reduce energy usage, driven by both environmental commitments and financial pressures linked with inflation and rising utility costs. Initial steps have been taken to address this, including the changes with the recycling bins. These adjustments are projected to reduce our waste management expenses by approximately £4549.82 annually.

Statistics

Carbon Footprint:

For the 2024-2025 financial year, our total carbon footprint was recorded at 2651.86 tonnes of CO₂e. This comprises of:

- West Suffolk: 1956.58 tonnes of CO₂e
- Babergh sites: 695.28 tonnes of CO₂e

Prior to accounting for the Solar PV generation at West Suffolk sites, the total footprint stood at 2716.66 tonnes of CO₂e, indicating a reduction of 64.8 tonnes of CO₂e due to renewable contributions. Early data for the 2025-2026 period suggests increased solar generation, which is expected to further reduce emissions in conjunction with other sustainable initiatives we will be implementing.

Trovr Machine recycling:

Despite initial technical challenges, the Trovr machines have been successfully implemented and are actively used by our members. According to the one-year report (March 2025) the following recycling volumes were recorded:

Newmarket Leisure Centre

- Total containers recycled: 3675.
- Plastic: 3494
- Aluminium: 182

Haverhill Leisure Centre (installed in October):

- Total containers recycled: 1012.
- Plastic: 917
- Aluminium: 95

Kingfisher Leisure Centre (Installed 7th January)

- Total containers recycled: 164.
- Plastic: 139
- Aluminium: 25

Outcomes

Over the past year, we have significantly advanced our understanding of our environmental data and position relative to our sustainability objectives. This deeper insight has enabled us to develop a targeted action plan, grounded in evidence, identifying areas where meaningful and feasible change can be achieved.

Through completion of audits and compliance with ESOS requirements, we have gathered more comprehensive data and actionable recommendations than we have previously. These recommendations span a wide range of opportunities, including several low or no cost initiatives with a potential financial benefit. Implementation of these measures have begun and are anticipating improvements in our carbon footprint data in the coming reports.

The introduction of a dedicated carbon footprint document has enhanced our ability to monitor progress with greater transparency. This tool allows us to assess effectiveness of our initiatives, explore the data further and identify further opportunities for change and improvement.

We have also launched several projects that have delivered tangible benefits to our sites and have been positively received by our members. Initiatives such as the new recycling bins, Trovr machines and the environmental information boards have not only improved our sustainability performance but also strengthened our public image. Feedback from members has

highlighted appreciation for our visible commitment to environmental responsibility, positioning us as a leader in driving positive change.

INCLUSION/ TACKLING INEQUALITIES

Valuing people's differences and ensuring everyone is treated equally and supported in their community is part of our DNA. We meet the needs of the entire community. People who are socially excluded or face barriers to participation, including poverty, disability or geography often have poorer health outcomes, so we believe in offering opportunities to lead healthier lives to everyone within our community.

FAMILY PARK COOKING

Adults and children take part in an outdoor cooking experience. Each family will join in with outdoor activities and take part in a cooking master class. Every family that attends takes home all of the ingredients and recipe cards for a weeks' worth of meals.

Key Issues the Project Addressed

To provide outdoor activities, food education and a healthy food box to families entitled to free school meals, young carers, children with disabilities and vulnerable children.

Statistics

193 family park cooking sessions ran in 26 different locations.

Outcomes

688 families in total attended.

Case Studies/Feedback

Snapshot report from a Family Park Cooking instructor, written after leading a session

"Upon her arrival I could sense that the mum was extremely nervous. Her son was autistic and was also incredibly nervous. I explained the plan for the day and went through what we were cooking. The mum then explained that she can't cook and doesn't cook, but she was there to learn.

We started to prepare the food, and the mum then said that she has never cut a vegetable before. She had no idea how to cut the onion, so we went through how to safely cut the onion. We then started to peel the potatoes, and her son started to get involved. She explained she had never used a peeler and that all their meals are either frozen or just a refrigerated microwave meal. They never have fresh vegetables. The mum then started to peel the leek with a peeler. I then showed her how to prepare the leek and how to cut the leeks.

After placing everything in the saucepan, we fried them off and then it was time to add the stock. The mum had no idea what a stock cube was or what to do with it. I was able to teach her this and she was completely amazed.

The soup cooked beautifully, and we were able to keep her son engaged through most of the preparation and cooking. When it was cooked, the son put the spoon to his lips. His first words were.... "oh that's tasty". He went on to eat 4 mouthfuls. This apparently is unheard of as he is a very fussy eater. The mum ate her whole bowl and said that it was delicious.

I felt incredibly proud that Explore Outdoor were able to give that family a lesson on how to cook healthily and at a low cost. The mum couldn't believe the food parcel that she was able to take home. We spoke about the recipes and how to prepare the vegetables. She said she was keen to give the Macaroni cheese with butternut squash a go.

It was a lovely humbling day and I came away from it pleased that we are able to help families like this to cook healthier, low cost meals."

Abbeycroft Leisure

TRUSTEES' ANNUAL REPORT
for the year ended 31 March 2025

SCHOOL HOLIDAY - SWIM & LUNCH

Suffolk Family Carers – Young Carers Swimming Lesson Pilot. Bury St Edmunds Leisure Centre.

In partnership with Suffolk Family Carers, this project provides young carers—many of whom have never had the opportunity to participate in swimming lessons—with subsidised access to structured Swim Academy session for 6 weeks. These lessons are delivered by qualified swim teachers in a supportive and inclusive environment.

Young carers often face barriers to participation in extracurricular activities due to their responsibilities at home. By removing financial and logistical obstacles, this initiative ensures that these young people can develop essential life skills in water safety and swimming skills that may otherwise be out of reach.

This partnership with Suffolk Family Carers allows for the identification and referral of young carers who would benefit most, ensuring the support offered is both targeted and meaningful. Ultimately, the project aims to empower young carers by giving them a positive, structured break from their caregiving roles, while equipping them with valuable skills for life.

Key Issues the Project Addressed

Tackling Inequalities/Support for Low income

Statistics

10 young carers.

Total att. 60 – 100% attendance.

Outcomes

90% young carers felt nervous or unsure BEFORE taking part in swimming.

90% of young carers feel happier and/or confident after taking part in swimming lessons.

100% would like to swim more often as a result taking part in the lessons.

80% have made new friend(s) as a result taking part in lessons

On average young people rated their swimming lesson experience at BSE leisure centre as **9.7 out of 10**

100% parents/guardians agreed attending swimming lessons helps improve young person's confidence in the water

100% parents/guardians agreed that swimming lesson access is important to young people – 100% comments mentioning

Life skill

100% parents/guardians agreed being physically active supports mental and/or social wellbeing

100% recorded a 10/10 experience with the partnership between Suffolk Family Carers & Abbeycroft- Swimming Lesson Pilot

Case Studies

"She wasn't confident getting her face wet in the beginning now she can jump in on her own- getting completely wet. Her swimming has improved in such a short space of time".

"Refused to go in water any higher than her knees, she now jumps in."

"teachers gave me confidence to get my face under water"

"Thank you, lovely staff"

ACTIVE KINDNESS RAIL

In partnership with Haverhill Running Club, we have launched the Active Kindness Rail at Haverhill Leisure Centre – a simple but powerful community initiative designed to remove one of the often overlooked barriers to getting active: the cost of appropriate clothing.

The Active Kindness Rail is a dedicated space where members of the community can donate gently used or new activewear, take what they need, or swap items they no longer use. From running shoes and sports tops to leggings and jackets, the rail provides free and accessible sportswear to anyone who wants to be more active but may be held back by the expense of suitable kit.

Abbeycroft Leisure

TRUSTEES' ANNUAL REPORT

for the year ended 31 March 2025

By making sportswear available without cost, the initiative supports inclusivity, reduces financial pressure, and promotes sustainability through re-use.

The goal is simple: to make physical activity more accessible for everyone, regardless of financial circumstances, and to encourage a culture where kindness and movement go hand in hand.

Key Issues the Project Addressed

Inclusion, Low support income.

BIG SPORT CLUB

The Big Sport Club is an inclusive and welcoming activity programme designed specifically for individuals with disabilities and long-term health conditions. It provides a safe, supportive, and adaptive environment where participants can enjoy a variety of specialised sports and physical activities tailored to their abilities and needs.

Through carefully designed sessions led by trained and understanding coaches, The Big Sport Club ensures that everyone regardless of mobility, coordination, or health challenges can take part, develop skills, and experience the joy of movement. The club is not only about physical activity, but also about fostering confidence, social connections, and a sense of belonging.

Its core mission is to address health and social inequalities by removing barriers to participation, increasing physical activity levels, and promoting the many benefits of an active lifestyle for those with additional needs. By doing so, The Big Sport Club empowers individuals to improve their wellbeing, build resilience, and feel valued as part of an inclusive sporting community.

Key Issues the Project Addressed

Tackling Inequalities, Physical & Health, Inclusion

Statistics/ Outcome

Total recorded att. **1008**

87% increased activity level/improved wellbeing and less time sedentary

100% enjoyed and formed new friendships (reducing isolation)

SFC BLC GYM YOUTH GROUP

Abbeycroft & West Suffolk Community Paediatric Physiotherapy Community Team.

In partnership with West Suffolk Community Paediatric Physiotherapy Community Team, this project provides free access to junior fitness gym sessions for young people living with one or more long-term health conditions. Delivered at Bury Leisure Centre, the programme is supported by members of the Abbeycroft Health & Fitness team, alongside a physiotherapist from the Community Paediatrics Team at West Suffolk Hospital (WSH).

The sessions are designed to introduce participants to a gym environment in a safe, supportive, and inclusive way. By offering personalised guidance and encouragement, the programme aims to build physical confidence, resilience, and a foundational understanding of fitness in a gym setting. An additional goal is to help participants establish sustainable health and wellbeing routines beyond the programme.

Key Issues the Project Addressed

Tackling Inequalities

Statistics/ Outcomes

Sessions Delivered: 3 groups (each group = 6 weeks), totalling 18 sessions

Total Attendances: 108

Individuals: 18

Post-Pilot Conversions: 3 individuals went on to invest in a junior gym membership, representing **16%** of the cohort (6 out of 18)

Abbeycroft Leisure

TRUSTEES' ANNUAL REPORT

for the year ended 31 March 2025

These results reflect promising early engagement and behaviour change, indicating that the programme successfully supports young people in building both the confidence and motivation to continue their fitness journey independently.

SUFFOLK FAMILY CARERS BURY ST EDMUNDS LEISURE CENTRE SWIM LESSON PILOT.

In partnership with Suffolk Family Carers, this project provides young carers—many of whom have never had the opportunity to participate in swimming lessons—with subsidised access to structured Swim Academy session for 6 weeks. These lessons are delivered by qualified swim teachers in a supportive and inclusive environment.

Young carers often face barriers to participation in extracurricular activities due to their responsibilities at home. By removing financial and logistical obstacles, this initiative ensures that these young people can develop essential life skills in water safety and swimming—skills that may otherwise be out of reach.

This partnership with Suffolk Family Carers allows for the identification and referral of young carers who would benefit most, ensuring the support offered is both targeted and meaningful. Ultimately, the project aims to empower young carers by giving them a positive, structured break from their caregiving roles, while equipping them with valuable skills for life.

Key Issues the Project Addressed

Tackling Inequalities/Support for Low income

Statistics

10 young carers.

Total att. 60 – 100% attendance.

Outcomes

90% young carers felt nervous or unsure BEFORE taking part in swimming.

90% of young carers feel happier and/or confident after taking part in swimming lessons.

100% would like to swim more often as a result taking part in the lessons.

80% have made new friend(s) as a result taking part in lessons

On average young people rated their swimming lesson experience at BSE leisure centre as 9.7 out of 10

100% parents/guardians agreed attending swimming lessons helps improve young person's confidence in the water

100% parents/guardians agreed that swimming lesson access is important to young people – 100% comments mentioning Life skills

100% parents/guardians agreed being physically active supports mental and/or social wellbeing

100% recorded a 10/10 experience with the partnership between Suffolk Family Carers & Abbeycroft- Swimming Lesson Pilot

Case Studies

"She wasn't confident getting her face wet in the beginning now she can jump in on her own- getting completely wet. Her swimming has improved in such a short space of time".

"Refused to go in water any higher than her knees, she now jumps in."

"teachers gave me confidence to get my face under water"

"Thank you, lovely staff"

"Can I join for free!"

REDUCING ISOLATION WITH FOOD (RIF)

This project focuses on the delivery of meals to adults of any background living alone in Bury St Edmunds. Ahead of each meal delivery, each participant receives a friendly phone call from our volunteers to discuss meal choices and to have a general chat, as part of the project. On the day itself, they received a delicious meal, cooked by the students at West Suffolk College, delivered by one of our friendly Bury Rickshaw volunteers.

295 meals delivered to adults living alone and experiencing isolation in Bury St Edmunds, across 4 sessions spread throughout the year.

FESTIVE FOOD PROJECTS

Each Christmas and throughout the year, our Outdoor Activity team works with West Suffolk, Mid Suffolk & Babergh and other partners to provide food boxes for families living in hardship.

573 families were able to collect their Box from one of 14 venues throughout Babergh, Mid and West Suffolk. Each Food Box contained ingredients to make a delicious Christmas Day roast chicken meal and Boxing Day lunch for a family of four, along with a pack of easy-to-follow recipe cards. Every family also received an activity pack containing indoor and outdoor activities such as Christmas light bingo, Christmas decoration making and painting, bug catching activities, paint by numbers and more.

Region	Location	Spaces	Booked	Attended	% Booked	% Attended
West Suffolk	Bury St Edmunds	110	110	110	100%	100%
	Newmarket	50	50	49	100%	98%
	Brandon	30	30	30	100%	100%
	Haverhill	50	50	50	100%	100%
	Mildenhall	35	35	34	100%	97%
Babergh & Mid Suffolk	Hadleigh	45	45	43	100%	95%
	Sudbury	75	75	70	100%	93%
	Lavenham	20	20	18	100%	90%
	Woolpit	30	30	30	100%	100%
	Needham Market	30	30	30	100%	100%
	Glemsford	20	20	19	100%	95%
	Stowmarket	50	50	50	100%	100%
	Debenham	20	20	20	100%	100%
	Eye	20	20	20	100%	100%

Participants shared positive feedback about the impact of the food boxes and activity packs on their holiday experience, highlighting themes of gratitude, relief, and joy.

"Overwhelmed with the generosity and really appreciate it, really made a huge difference to Christmas and our time together as a family."

"If it wasn't for this parcel, my family wouldn't have had a Christmas dinner. "

"It helped us feel that there is help out there when times are very tough. "

"It was fantastic! Meant that I did not have to spend money that I didn't have. "

FREE ACCESS INITIATIVES

Abbeycroft Leisure is extremely proud to support all members of our communities, offering access to our facilities particularly when circumstances may be particularly challenging.

Working with Home-Start a charity providing practical, emotional support and friendship to families as they navigate an array of challenges. Abbeycroft partner to offer free access to a range of sessions, services within our centres. Providing opportunities for families to stay healthy, remove themselves from their current environment and most importantly have some fun as a family.

Abbeycroft provide rough sleepers free access to facilities where they might simply enjoy a warm shower or somewhere safe to rest. Furthermore, we encourage users to access our wider services including swimming and gym access. Where possible supporting users' wider determinants of health.

Working with Suffolk County Children and Young People's Services Abbeycroft Leisure support care leavers, a programme offering 6 months free gym access for care leavers aged 16yrs+, identified as benefiting from taking part in physical activity in the gym/swim environment, and referred by their support worker.

Abbeycroft supported **223** families and individuals with access to our local centres and services in the past year and have now supported more **1120** families and individuals in total.

EMPLOYMENT AND WORKFORCE ENGAGEMENT

Our people are our strength. We believe that any organisation is only as strong as its workforce and we're very proud of ours.

Abbeycroft is a significant employer, typically engaging just under 500 workers in a very varied range of roles. Our town-based sites provide local work for local people and enabling people to work close to where they live.

The variety of working hours and roles we can provide give a range of options for part-time and full-time work – in fact this year 51% of our workforce are female and part-time. We are therefore very proud to report that our Gender Pay Gap shows that on average females at Abbeycroft earn 13% more than the average for males – which is a positive gender pay outcome. We have more females in the top half of our pay bands than male, with 56% of our team overall being female. We support our team to learn new skills and improve their pay outcomes as much as we can, wanting to invest in our people. We have reported a positive gender pay outcome for the last eight years – another factor to be proud of.

Whilst recruitment and retention for everyone this year has been challenging, we take a range of approaches to recruit and upskill our team, including attending local job fairs, working with the DWP, the local schools and colleges and the YMCA. Turnover has remained higher than we would wish post-pandemic but settled to industry average by the end of the year. This has also brought about an opportunity to attract and develop employees from different sectors, which brings new ideas and approaches. Abbeycroft has invested in training across the board with qualifications available; including providing free lifeguarding, swim teaching and a wide range of specialist qualifications to support the ever-growing health and wellbeing work. The Healthy Behaviours work, known as Feel Good Suffolk, commenced in October, opening new opportunities and new skills to be developed in the workforce. This including specialist skills in Smoking Cessation, Adult Weight Management, Behaviour Change and exercise on Referral. Some of this training was funded by partnership funding (for example through Active Suffolk and Public Health Suffolk).

Many of our team have several roles as they have developed new skills and taken new opportunities with us. Abbeycroft is an Apprentice Levy paying employer and uses all its levy payments very effectively to support the apprentices employed as well as to provide qualifications for other members of our workforce. In fact, all of Abbeycroft's levy payment was reimbursed for the organisations training, along with another additional 40% accessed as a Levy payer, also used for our own employee training. We give opportunities for a wide range of qualification from L2 to L6.

Abbeycroft supported 15 apprentice qualifications this year, with all who completed the course passing. Another 8 are currently completing an apprenticeship. Some apprentices learn more about their career aspirations and move on to new opportunities. Training has also included developing our managers on a management development programme. The organisation has supported qualifications in leisure operations, customer service, business administration, marketing, finance, and HR.

We encourage our own workforce to be physically active, providing free access to our facilities for them, so they too can experience what we have to offer whilst keeping physically and mentally resilient.

We also provide, an employee assistance line, 24-hour access to trained counsellors, quick access to a doctor (GP) for confidential advice, diagnosis, and prescriptions, and resources supporting mental health. We also provide access to a 24-hour Advice and Information line that gives confidential guidance on medical, legal and domestic issues. In addition to this there is also the opportunity to access discounts at over 1000 major retailers through a rewards portal.

Abbeycroft Leisure

TRUSTEES' ANNUAL REPORT

for the year ended 31 March 2025

Workforce Engagement

We work hard to ensure our teams understand our values, participate, and contribute to company performance and the success of the organisation. Abbeycroft Leisure engages with staff through several mechanisms including;

- A welcome and induction journey for all new starters which includes in-boarding information about our values and objectives as well as core e-learning modules to be completed within the probationary period. This ensures core training modules which as health and safety, data protection and equality, diversity and inclusion modules are completed early in the employment journey. Staff were also consulted with regard regarding recruitment challenges and induction as part of a project led by participants on a management and leadership programme.
- Union engagement through a Unison Recognition agreement with Unison involving quarterly meetings with relevant updates.
- Staff communications platform "Ask Abbey" which it uses to communicate key messages regarding a broad range of subjects.
- Traditional meetings structure throughout the organisation to communicate with staff at centre/departmental levels in addition to 1:1 meetings for contracted staff that encourage feedback on matters of concern and involvement in company performance.
- Annual staff consultation on health and safety that looks to understand the workforce attitudes to health and safety, training needs and to identify key issues.
- The Human Resources team facilitate anonymous exit survey for staff that have left the organisation this forms part of report to the Organisational Development Committee alongside other key workforce statistics.
- Abbeycroft produces monthly and quarterly people key performance indicators, which are monitored by the Senior leadership Team and Organisational Development Committee. These are accessible to managers and are used to inform data led decision around workforce planning and people strategies.
- Dedicated subcommittee to consider and make recommendations to the Board on remuneration and terms and conditions for employees of Abbeycroft Leisure and to review appropriate HR policies and procedures.

Partners

Abbeycroft Leisure works with a range of partners who provide fantastic support for the initiatives provided. These include, but are not limited to:



CUSTOMER AND STAKEHOLDER ENGAGEMENT

Abbecroft fosters customer and stakeholder relationships through a variety of strategies aimed at building trust, collaboration and mutual benefit including;

- High quality products and services: Providing high-quality products and services to our communities and stakeholders is fundamental to our success and the social value generated for our communities and customers. During 2023/24 the services and programmes provided by Abbecroft generated £7.8m social value supporting physical and mental health, subjective wellbeing, individual development, social and community development.
- Effective Communication, including customer and partner experiences: Abbecroft engages with businesses, stakeholders and customers using a variety of approaches. Customers who access facilities and services can provide feedback via an online platform, attend a customer forum (that operate in each facility four times a year) and give feedback via different surveys. These methods are used to inform improvements to services. Abbecroft also meet with local authority partners every quarter providing an update on performance of facilities including a broad range of metrics.
- Collaboration and Co-Marketing; Abbecroft engages in a wide variety of joint initiatives and work with a number of partners, some of which are named in this report. This includes joint marketing and promotion of initiatives involved to achieve shared goals. In addition to regular informal communication with key project funders and commissioners there are regular meetings that include reports and case studies demonstrating how funding has been utilised to achieve outcomes alongside any challenges in delivering activity.
- Adding Value: Abbecroft is continually looking to innovate and add value to its business relationships and products for the benefits of its customers and communities. This has been particularly evident in the development of health products and Abbecroft's work with West Suffolk Council, Babergh District Council, the NHS Foundation Trust, Public Health Suffolk, Active Suffolk, Integrated Health System and Allied Health Professionals Suffolk.

Future Plans

The macro environment is changing dramatically, and it is important that Abbecroft remains aware of these changes and adapts to these as necessary. There are key national developments in the way that local government and health will be organised and operate that will impact on Abbecroft and therefore the organisation will review its strategy to make sure it is aligned with the expected outcomes ensuring that a longer term view is developed in relation to the services operated and the financial plan to support these.

Abbecroft is already working hard to protect and develop the facilities and services it operates building on last year's key achievements, including:

- Finalise the strategic commissioning of physical activity pathways with a view to securing three years funding and expanding the pathways to support other conditions.
- Work with West Suffolk Council and Babergh District Council to secure an extension to the Suffolk Healthy Lifestyles Contract (Feel Good Suffolk).
- Work with West Suffolk Council to finalise the feasibility and refurbishment of Bury St Edmunds Leisure Centre
- Working with local authority partners to examine a new financial model that makes services more resilient.
- Work with West Suffolk Council to develop decarbonisation projects to inform bids to the Public Sector Decarbonisation Fund
- Continue to develop the good work commenced to address environmental sustainability, including carbon literacy training and prioritising projects within the environment action plan developed in the prior year.
- Continuing the introduction of technology where it can assist in developing services, supporting customers and assisting staff.
- Working with Active Suffolk and other system partners to ensure that the nationally funded place projects in Lakenheath and Great Cornard are maximised and create real change for local people.
- Investing in health and fitness provision in Newmarket Leisure Centre
- Developing facility models that meet need in smaller but developing villages and towns.

The actions above build on the performance in this report as well as the future actions that were identified as key actions last year and commenced in year, demonstrating that the organisation continue to make good progress and is committed to delivering its charitable aims and objectives.

Financial Review

Abbeycroft Leisure's overall income at group level is £13,494,318 which includes £575,823 for grants and donations to be used for a restricted purpose compared to £12,986,128 for 2023/24 which included £1,133,716 for restricted grants in the previous year. Unrestricted income refers to income from our customers from operating Leisure Centres for recreation including income from memberships, swimming, other sporting, recreational and development activities and income from West Suffolk Council and Babergh District Council under management agreements and utility support. Total expenditure for the year was £13,333,899 leaving us with net income for the year of £160,419 (2023/24: net expenditure of £301,536) and a net movement in funds of £133,419 for the year after actuarial deficit of £27,000 (2023/24: net movement in funds of £140,536 after an actuarial deficit of £161,000).

The unrestricted activities for 2024/25 show income of £12,918,495 representing an increase of 8% against the prior year (2023/24 £11,844,361) with expenditure of £12,663,811 representing a 9% increase on the prior year (2023/24 £11,543,407), leaving us with a net unrestricted income of £254,684. This expenditure does not include the actuarial pension loss of £27,000 and when this is considered, we are left with a net operating unrestricted income of £227,684.

The level of unrestricted funds at group level included within the Financial Statements for the year ended 31 March 2025 is £1,334,848 (2023/24: £1,107,164). These figures include the Pension Reserve of £0 (2023/24: pension deficit £0). Pension deficits do not impact on the level of cash available for the Charitable Group to spend in the short term.

Abbeycroft's restricted funds received income within the year of £575,823 (2023/24: £1,133,716) from funders with expenditure of £670,088 (2023/24: £1,141,185) leaving a deficit of £94,265 (2023/24: surplus £582). The total restricted funds as at the end of 2024/25 is a surplus of £42,918 (2023/24: £137,183) as shown in Note 24

Management Accounts are produced monthly for Senior Management to scrutinise and action. The Charitable Group's financial performance is also considered by the Finance and Audit Sub-Committee and at each Trustee board meeting and typically includes:

- a comparison of budget to actual figures
- an explanation of variances between forecasts/budgets and what actually happened.
- details of bank balances
- a balance sheet.

The Charitable Company's Finance and Audit Sub-Committee's objectives focus on areas to support the financial performance of the organisation.

Going forward, management, supported by the Trustees continue to strive to improve the quality of the Charitable Company's services; challenge and improve value for money; build on current partnerships; exceed pre-Covid levels of activity, seek out new opportunities in the area of health and well-being and increase the number of people participating in physical activity and health to improve their quality of life all of which support financial sustainability.

Our strategy is:

- to grow income beyond pre-Covid levels to provide leisure services to the community and growth in Health and Wellbeing services. We will focus on providing good quality services, through improvements in availability and choice with more relevance to our customers. We will continue to seek opportunities where we can, particularly in growing our health and well-being services.
- Continuation of cost control measures and savings. Tight financial controls will remain in place with cash flow management and forecasting remaining a key focus and priority.
- Continue to proactively source and apply for all available funding sources the organisation is eligible for. This will increase the level of income to assist in mitigating the fixed and unremovable costs.

Abbeycroft Leisure

TRUSTEES' ANNUAL REPORT

for the year ended 31 March 2025

The charity's wholly owned subsidiary, Abbeycroft Enterprises Limited, commenced trading on 4 April 2017 and generated a profit of £72,835 for 2024/25 (2023/24 profit of £131,567). As much as possible will be gifted to Abbeycroft Leisure to assist the charity in meeting its objectives.

Due to the impact of Covid on prior year reserves and the current cost of living and energy crisis Abbeycroft's cash reserves are less than the desired reserve levels as set out in the reserves policy. However, the Abbeycroft Group has been able to maintain adequate cash levels to meet liabilities as they become due and is expected to continue to do so for the foreseeable future (to March 2027). Abbeycroft is therefore meeting going concern requirements.

Considering, the current reserves position, together with the impacts of above, existing financial performance, forecasts for the future, cash flow forecasts, the main risks facing the organisation and ongoing financial support for 2025/26 from West Suffolk Council and Babergh District Council, the trustees have a reasonable expectation that, albeit there are uncertainties, caused by rising costs, Abbeycroft will continue as a going concern.

Forecast Budgets include inflationary increases at current levels in costs for supplies and services. Allowances have been made for increases to wages. Utilities costs have been included at contracted levels or current forecasts. Sensitivity analysis has been carried out. The forthcoming year is still reliant on West Suffolk Council providing extraordinary utility support in the short term.

Further explanation is provided on page 34 within the going concern accounting policy.

Pricing Policy

The pricing policy reflects our strategy to enable all people within the local community to access our facilities and services.

The Board introduced a concessionary pricing policy in 2007 which was reviewed in March 2025 which remains largely unchanged and is still in operation. Concessionary prices are available for a broad range of products including memberships and pay and play activities.

Concessionary prices are also made available for outreach activity although the main aim of these activities is to improve access and therefore activities are generally free or at a nominal charge.

Principal Risks

The Trustees have a risk management strategy which comprises:

- An annual review of the principal risks and uncertainties that the Charitable Company and its subsidiary faces,
- establishing systems and procedures to mitigate the risks identified in the annual review,
- implementing procedures designed to minimise any potential impact on the Charitable Company should those risks materialise, and,
- providing training opportunities for Trustees and Staff.

The table below summarises the key risk implications for Abbeycroft and how these link to the core principal risks that remain in place.

Risk Category	Risk Description	Relevant Principal Risk
Liquidity	<p>Significantly reduced trading and periods of lockdown over the pandemic significantly reduced the organisation's available cash balances. This combined with the cost-of-living crisis and the high price of gas and electricity have impacted on the organisation's ability to hold desired levels of cash reserves.</p> <p>Funding streams, business recovery and financial support from Local Authority partners and national governing bodies, together with new health income streams are positively impacting on the organisation enabling it to meet its obligations and secure ongoing viability.</p> <p>Discussions with the Local Authorities about extraordinary utility support for the coming year continues. West Suffolk Council have committed to support for 2025/26.</p> <p>Furthermore, Abbeycroft Leisure has a relatively favourable cash flow as it receives much of its income in advance of its expenditure.</p>	Liquidity & Funding
Facility Closures due to critical maintenance issues and delays in site redevelopment and reopening.	<p>There is a risk that aging facilities requiring urgent maintenance could lead to temporary closures, and the ongoing 12-month site redevelopment at Bury St Edmunds Leisure Centre may experience delays, impacting operational continuity and customer service.</p> <p>Strong support from Local Authority partners and high confidence in the planned works and project management approach, significantly reduces the likelihood of prolonged disruption.</p>	Multiple risk implications
Utility Supply & Price Volatility	<p>Although the risk has reduced this risk remains high due to challenges worldwide.</p> <p>Factors contributing to risk mitigation include:</p> <ul style="list-style-type: none"> • Further financial support has been secured through the local authority for the 25-26 financial year. • Utilities buying strategy. Abbeycroft is in continuous dialogue with brokers; and have strategies in place until March 2027. 	Liquidity and funding risk
Local Authority Contracts/ Partnerships and investments/Relationships with Funders & Local Government Review	<p>Our business is dependent on a range of stakeholder relations; the most significant being our local Authority Partners. The continued financial support of our Local Authority Partners is critical to the performance of our operations and despite positive relationships with funders the financial pressures being placed on local authorities and the Local Government Review highlights the need for continuous dialogue and the need to explore alternative models.</p>	Stakeholder/ Council Relations. Sustainability.
Strategy	<p>An inability to further develop and successfully implement the revised strategy which includes enhanced customer</p>	Multiple risk implications

Abbeycroft Leisure
TRUSTEES' ANNUAL REPORT
for the year ended 31 March 2025

re-alignment and change in Local Authority approach.	service and IT improvements could lead to operational inefficiencies, reduced customer satisfaction, and missed growth opportunities. Changes in workforce capability and potential procedural gaps may lead to delays, increased costs, and failure to achieve strategic objectives.	
ESOS (Energy Savings Opportunity Scheme requirements) Compliance	This is an emerging set of compliance requirements that organisations need to monitor closely, as regulatory expectations and enforcement are evolving rapidly.	Multiple risk implications including funding, Stakeholder/Council Operations, sustainability and operational performance

Funds held as custodian trustees on behalf of others.

The Charitable Company holds no funds as a custodian trustee of other charities. It does however act as an agent, holding funds on behalf on the Community Leisure UK charity to the value of £7,274.

Pension Scheme

The Charitable Company adopts the requirements of section 28 of FRS102: Employee Benefits in respect of its defined benefit pension scheme as it continues to be possible to identify the Charitable Company's share of the pension scheme administered by Suffolk County Council. The impact of this standard has been reflected throughout the financial statements. The year saw no change to the deficit with the balance standing at £0 as at 31 March 2025 (£0 2023/24).

Investment Powers and Policy

Under the Memorandum and Articles of Association the Charitable Company has the power to invest in any way the Trustees wish.

The Trustees, having regard to the liquidity requirements of operating the Leisure Centres and to the reserves policy have operated a policy of keeping available funds in either an interest-bearing deposit account or more recently, on a call account, and seek to achieve a rate of interest which matches or exceeds inflation as measured by the retail prices index. Surplus funds are placed on a call account achieving the best available interest rates.

Reserves Policy

The Board have established the level of reserves (that is those funds that are freely available) required by the Charitable Company. Reserves are needed to cover unexpected expenditure such as repairs to equipment or to compensate for loss of income should the centres have to be closed unexpectedly, for example due to severe weather, loss of power or critical maintenance. Reserves are also built up to replace key equipment for the fitness studio and IT equipment at regular intervals and to cover any potential loss in value of the asset form in which the reserves are held. Furthermore, Trustees have considered the strategic direction and growth of the Charitable Company and designated a reserve specifically for initiatives that grow the business and further the charitable objectives of Abbeycroft Leisure (Strategic Investment Fund).

Pre-pandemic, the Trustees were satisfied with the policy to maintain, as a minimum, free reserves equivalent to approximately 3 months of expenditure to grow in line with planned expenditure. However, this policy is one that is to be reviewed in light of the significant reduction in Income since March 2020. At 31 March 2025, this target stood at £3,333,475 (£3,171,479 2023/24).

The pandemic had a severely negative impact on Abbeycroft's reserves. In response to this the Trustees reviewed the level of reserves and resolved to transfer funds from the Strategic Investment Reserve and Assets reserve to the General Fund, of which not all of the funds can readily be converted into cash.

The actual free reserves at 31 March 2025 were £249,849 (£255,534 2023/24). The board acknowledge that free reserves are lower than the target level of reserves. The Trustees will aim to build reserves however this will take several years given the continuing uncertainty with utilities. The board will continue to monitor income and expenditure levels to ensure long term progress towards the target level of free reserves and are set to review the reserves policy during 2025/26.

Trustees' responsibilities in relation to the Financial Statements

The Trustees (who are also the directors for the purposes of company law) are responsible for preparing the Trustees' Annual Report and the Financial Statements in accordance with applicable law and United Kingdom Generally Accepted Accounting Practice.

Company law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of the affairs of the Charitable Company and of the incoming resources and application of resources, including the income and expenditure of the Charitable Company for that period. In preparing those financial statements, the Trustees are required to:

- Select suitable accounting policies and then apply them consistently.
- Observe the methods and principles in the Charities SORP.
- Make judgements and estimates that are reasonable and prudent.
- State whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue its charitable activities.

The Trustees are responsible for maintaining proper accounting records that disclose with reasonable accuracy at any time the financial position of the Charitable Company and enables them to ensure that the financial statements comply with the Companies Act 2006. The Trustees are also responsible for safeguarding the assets of the Charitable Company and for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the company's website. Legislation in the United Kingdom governing the preparation and dissemination of the financial statements and other information included in annual reports may differ from legislation in other jurisdictions.

Statement as to disclosure of information to Auditors

In accordance with company law, as the company's Trustees, we certify that:

- so far as we are aware, there is no relevant audit information of which the Charitable Company's auditors are unaware; and
- As the directors of the Charitable Company, we have taken all the steps that we ought to have taken in order to make ourselves aware of any relevant audit information and to establish that the Charitable Company's auditors are aware of that information.

Auditors

The auditor, Price Bailey LLP, Chartered Accountants, has indicated its willingness to continue in office.

The Trustees' annual report has been prepared in accordance with the small company provisions and was approved by order of the Trustees and signed on its behalf by:



Marie Mills
Trustee

20 November 2025

Abbeycroft Leisure

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS

for the year ended 31 March 2025

Opinion

We have audited the financial statements of Abbeycroft Leisure (the 'parent charitable company') and its subsidiary Abbeycroft Enterprises Limited (the 'group') for the year ended 31 March 2025 which comprise the Group Statement of Financial Activities, the Group and Parent Charitable Company Balance Sheet, the Group Cash Flow Statement and the related notes. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

In our opinion the financial statements:

- give a true and fair view of the state of the group's and parent charitable company's affairs as at 31 March 2025, and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the Trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the group's or parent charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the Trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the trustees' annual report, other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Abbeycroft Leisure

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS

for the year ended 31 March 2025

Opinion on other matters prescribed by the Companies Act 2006

In our opinion based on the work undertaken in the course of the audit:

- the information given in the Trustees' Annual Report, incorporating the Director's Report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- The Directors' Report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of our knowledge and understanding of the group and parent charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Trustees' Report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept by the parent charitable company, or returns adequate for our audit have not been received from branches not visited by us; or
- the parent charitable company's financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees

As explained more fully in the trustees' responsibilities statement in the Trustees' Report, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the Trustees are responsible for assessing the group's and parent charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the group or the parent charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Abbeycroft Leisure

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS

for the year ended 31 March 2025

Auditor's responsibilities for the audit of the financial statements (continued):

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

We gained an understanding of the legal and regulatory framework applicable to the charitable company and how it operates and considered the risk of the group and the parent charitable company not complying with the applicable laws and regulations including fraud in particular those that could have a material impact on the financial statements. This included those regulations directly related to the financial statements. In relation to the group and the parent charitable company this included employment law, financial reporting and health & safety.

The risks were discussed with the audit team, and we remained alert to any indications of non-compliance throughout the audit. We carried out specific procedures to address the risks identified these included the following:

- We reviewed systems and procedures to identify potential areas of management override risk. In particular, we agreed the financial statements to underlying records and we carried out testing of journal entries and other adjustments for appropriateness.
- We reviewed accounting policies for evidence of management bias and ensured that the accounting policies were correctly applied to the financial statements.
- We reviewed minutes of Trustee Board meetings and agreed the financial statement disclosures to underlying supporting documentation.
- We have made enquiries of management and officers of the parent charitable company regarding laws and regulations applicable to the organisation.
- We reviewed the risk management processes and procedures in place including a review of the Board assurance reporting.
- We have reviewed any correspondence with the Charity Commission and reviewed the procedures in place for the reporting of incidents to the Trustee Board including serious incident reporting of any such matters if necessary.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation as to what extent the audit was considered capable of detecting irregularities, including fraud.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

Abbeycroft Leisure

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS

for the year ended 31 March 2025

Use of this Report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members, for our audit work, for this report, or for the opinions we have formed.

Suzanne Goldsmith FCA (Senior Statutory Auditor)

For and on behalf of

PRICE BAILEY LLP

Chartered Accountants Statutory Auditors

Tennyson House
Cambridge Business Park
Cambridge
CB4 0WZ

Date: 19 December 2025

Abbecroft Leisure

CONSOLIDATED STATEMENT OF FINANCIAL ACTIVITIES INCLUDING THE INCOME AND EXPENDITURE ACCOUNT for the year ended 31 March 2025

	Note	Restricted Funds	Unrestricted Funds	Total 2025	Total 2024
		£	£	£	£
Income from:					
Donations, grants and legacies	4	575,823	-	575,823	1,133,716
Charitable activities	5	-	11,809,579	11,809,579	10,736,365
Other trading activities	6	-	1,080,157	1,080,157	1,086,180
Other Income	7	-	-	-	-
Investments	8	-	28,759	28,759	29,867
Total		575,823	12,918,495	13,494,318	12,986,128
Expenditure on:					
Raising funds	9	-	(916,703)	(916,703)	(874,168)
Charitable activities	10	(670,088)	(11,747,108)	(12,417,196)	(11,810,424)
Total		(670,088)	(12,663,811)	(13,333,899)	(12,684,592)
Net (expenditure) / income	11	(94,265)	254,684	160,419	301,536
Transfers between funds		-	-	-	-
Actuarial gains/(losses) on defined benefit pension scheme	14	-	(27,000)	(27,000)	(161,000)
Net movement in funds		(94,265)	227,684	133,419	140,536
Reconciliation of funds					
Total funds brought forward		137,183	1,107,164	1,244,347	1,103,811
Total funds carried forward	24	42,918	1,334,848	1,377,766	1,244,347

The notes on pages 44 to 68 form part of these financial statements.

Abbeycroft Leisure

BALANCE SHEETS

for the year ended 31 March 2025

		Group 2025	Group 2024	Charity 2025	Charity 2024
	Note	£	£	£	£
Fixed Assets					
Intangible assets	16	41,904	-	41,904	-
Tangible assets	17	1,043,095	851,630	1,043,095	851,630
Investments	18	-	-	100	100
Total fixed assets		1,084,999	851,630	1,085,099	851,730
Current Assets					
Stock	19	26,297	16,983	6,178	7,712
Debtors	20	853,704	906,493	835,967	896,222
Cash at bank and in hand		1,951,322	1,968,119	1,848,607	1,769,297
Total current assets		2,831,323	2,891,595	2,690,752	2,673,231
Liabilities					
Creditors falling due within one year	21	(2,038,556)	(1,998,878)	(1,997,232)	(1,938,491)
Net current assets		792,767	892,717	693,520	734,740
Total assets less liabilities		1,877,766	1,744,347	1,778,619	1,586,470
Creditors falling due after one year		(500,000)	(500,000)	(500,000)	(500,000)
Defined benefit pension scheme liabilities	14	1,377,766	1,244,347	1,278,619	1,086,470
Total net assets/liabilities		1,377,766	1,244,347	1,278,619	1,086,470

Abbeycroft Leisure
BALANCE SHEETS
for the year ended 31 March 2025

		Group 2025	Group 2024	Charity 2025	Charity 2024
	Note	£	£	£	£
The funds of the group/charity:	24				
Restricted funds		42,918	137,183	42,918	137,183
Unrestricted funds:					
General fund		1,184,848	957,164	1,085,601	799,187
Designated fund		150,000	150,000	150,100	150,100
		1,334,848	1,107,164	1,235,701	949,287
Pension reserve		-	-	-	-
Total unrestricted funds		1,334,848	1,107,164	1,235,701	949,287
Total funds		1,377,766	1,244,347	1,278,619	1,086,470

A separate Statement of Financial Activities is not presented because the Charity has taken advantage of the exemptions afforded by section 408 of the Companies Act. The net expenditure for the Charity before actuarial (losses)/gains for the year ending 31 March 2025 was a net surplus of £219,149 (2024: net surplus of £331,650)

Approved by the Board on 20th November 2025 and signed on its behalf and authorised for issue by:



.....
Marie Mills
Trustee

COMPANY NO. 05207019
CHARITY NO. 1117138

The notes on pages 44 to 68 form part of these financial statements

Abbeycroft Leisure

CONSOLIDATED STATEMENT OF CASH FLOWS for the year ended 31 March 2025

	Note	Group 2025 £	Group 2024 £
Net cash provided by operating activities	28	467,087	(61,177)
Cash flows from investing activities:			
Interest income		28,759	29,867
Purchase of intangible fixed assets		(41,904)	-
Purchase of tangible fixed assets		(472,189)	(328,671)
Proceeds on sale of tangible fixed assets		1,450	7,850
Net cash used in investing activities		(483,884)	(290,954)
Cash flows from financing activities:			
Long term loan		-	-
		(483,884)	(290,954)
Change in cash and cash equivalents in the year		(16,797)	(352,131)
Cash and cash equivalents brought forward		1,968,119	2,320,250
Cash and cash equivalents carried forward		1,951,322	1,968,119
Relating to:			
Bank balances and short-term deposits included in cash at bank and in hand		1,951,322	1,968,119

The notes on pages 44 to 68 form part of these financial statements.

Abbeycroft Leisure

NOTES TO THE FINANCIAL STATEMENTS

for the year ended 31 March 2025

1) Accounting policies

a. Basis of preparation

The financial statements have been prepared under the historic cost convention and in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) – (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Abbeycroft Leisure is a Charitable Company domiciled & registered in England. The principal accounting policies adopted in the preparation of the Financial Statements are set out below.

Abbeycroft Leisure meets the definition of a public benefit entity under FRS102. Assets & liabilities are initially recognised at historic cost or transaction value unless otherwise stated in the relevant accounting policy note.

b. Going Concern

In assessing the going concern basis of preparation of the financial statements, the Trustees have considered forecast cashflows, liquidity and business activities over the period to March 2027.

Early indications regarding growth and financial performance are positive for the current year and performance is on track to deliver better than the forecasted profit. Income, membership recovery and growth, gas and electric usage, spend and the cash position is being closely monitored and regularly reported to the Board and key stakeholders. However, Abbeycroft Leisure's business remains sensitive to local competition, new growth opportunities and energy prices.

The financial modelling for the period to March 2027 assumes:

- All facilities remain open for the foreseeable future.
- Salaries and overhead cost levels are planned to remain at the levels forecast including increases for the National Minimum Wage.
- Use of long-term loan facility from West Suffolk Council and Babergh Council to support recovery of which £500k has been drawn down from West Suffolk. Repayment terms are being met.
- Essential extraordinary utility support from West Suffolk Council of £300k for 2024/25 and 2025/26 to provide financial assistance to mitigate against rising energy costs and support the provision of leisure services and swimming pools in West Suffolk. Conditions of funding is met.

The impact of the ongoing cost of living crisis and challenges of the energy crisis has made Abbeycroft's relationships with its councils even more important than normal. Trustees are extremely grateful for the support and loyalty given by the councils we serve.

Based on the detailed forecasts the Trustees are satisfied that the financial statements should be prepared on a going concern basis. However, there are uncertainties within the forecasts that could reduce cash balances and require significant mitigation and action within the organisation to continue a going concern. The uncertainties are as follows:

- Pressure on costs from rising inflation without the scope for significant costs savings for the period to March 2026.
- Reliance on revenue return from redeveloped facilities to improve net current assets.
- Pressure on costs from higher than forecast wage increases to minimum wage.
- Continued extraordinary utility support from Local Authority partners.

Further details of the organisation's plans going forward are included in the Report of the Trustees, Future Plans.

Abbeycroft Leisure

NOTES TO THE FINANCIAL STATEMENTS for the year ended 31 March 2025

c. Group Financial statements

The consolidated financial statements incorporate the accounts of the Charitable Company and those of its trading subsidiary Abbeycroft Enterprises Limited for the period ended 31 March 2025 on a line by line basis.

The Charity has taken advantage of the exemption from disclosing the following information, as permitted by the reduced disclosure regime within FRS 102: -

- Section 7 'Statement of Cash Flows' – Presentation of a Statement of Cash Flow and related notes and disclosures

d. Income

Income from charitable activities is recognised as earned (as the related goods and services are provided). Such income is only deferred when:

- Customers pay for swimming lesson courses in advance of the course start dates.
- The management fee is received in advance of the period it relates to.
- Performance related grants are received in advance of the related conditions being satisfied.
- Customers pay for annual memberships in advance of the year term.

Income from other trading activities is recognised as earned (as the related goods and services are provided).

Investment income consists of interest earned only and is recognised on a receivable basis.

Income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable, and its amount can be measured reliably. Abbeycroft Leisure considers the substance of any conditions attaching to donations or grants and to the substance of any contractual terms when determining their entitlement to income.

Abbeycroft Leisure identifies donations or grants that are subject to terms or performance related conditions or other conditions that must be met before there is unconditional entitlement to the gifted resources. Where terms and conditions have not been met or uncertainty exists as to whether the Charitable Company can meet the terms or conditions otherwise within its control, the income is not recognised but deferred as a liability until it is probable that the terms or conditions imposed can be met. Deferred income is released to income in the reporting period in which the performance-related or other conditions that limit recognition are met.

Government grants are recognised at the fair value of the asset received or receivable when there is reasonable assurance that the grant conditions will be met and the grants will be received.

e. Expenditure

All expenditure is accounted for on an accruals basis and recognised when a liability is incurred. Contractual arrangements are recognised as services are supplied.

- Costs of raising funds are those costs incurred in generating income and those incurred in trading activities which raise funds.
- Charitable activities include expenditure associated with the running costs of the leisure facilities and provision of leisure and health services and include both the direct costs and support costs relating to these activities.
- Support costs include central functions and have been directly allocated to activity cost categories where possible, otherwise they are allocated based on the percentage of total headcount or turnover represented by that activity in the Leisure Centres or other sites and services.

f. Irrecoverable VAT

All expenditure is classified according to its VAT recovery position. Irrecoverable VAT is charged to the Statement of Financial Activities as it is incurred under a separate heading.

Abbeycroft Leisure

NOTES TO THE FINANCIAL STATEMENTS for the year ended 31 March 2025

g. Leases

The Charitable Company classifies the lease of certain equipment as operating leases. The title to the equipment remains with the lessor and the equipment is replaced every 3-7 years whilst the economic life of such equipment is estimated to be 10 years. Rental charges are charged on a straight-line basis over the term of the lease.

Where assets are financed by leasing agreements that give rights approximating to ownership ('finance leases') the assets are treated as if they had been purchased outright. The amount capitalised is the present value of the minimum lease payments payable during the lease term. The corresponding leasing commitments are shown as obligations to the lessor. Lease payments are treated as consisting of capital and interest elements, and the interest is charged to expenditure in proportion to the remaining balance outstanding.

h. Goodwill

Positive purchased goodwill is capitalised as an asset on the balance sheet and amortised. Goodwill upon acquisitions represents payments made by the Charitable Company in anticipation of future economic benefits from assets that cannot be identified individually and cannot be recognised separately.

The amortisation of goodwill is regarded as having a useful economic life and amortised on a straight-line systematic basis as follows:

The Self Centre	5 years
-----------------	---------

i. Tangible & intangible fixed assets

Individual fixed assets costing £500 or more are capitalised at cost. Smaller capital items may be aggregated and capitalised.

Tangible and intangible fixed assets are depreciated or amortised on a straight-line basis over their estimated useful lives as follows:

Leasehold improvements	8.33% - 50%
Plant, furniture and office equipment	14% - 33%
Sports equipment	14% - 50%
Software	14% - 33%

j. Stock

Stock is included at the lower of cost or net realisable value.

k. Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

l. Investments

Investments relate to the holding of share capital in Abbeycroft Enterprises Limited which is recorded at cost.

m. Cash

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

n. Creditors

Creditors and provisions are recognised where the Charitable Company has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be

Abbeycroft Leisure

NOTES TO THE FINANCIAL STATEMENTS for the year ended 31 March 2025

measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

o. Related party concessionary loans

Our accounting policy for related party concessionary loans involves recognising and measuring such transactions at the exchange amount, which is agreed upon by the transacting parties. The disclosure of related party concessionary loans is made in the financial statements, providing details the terms that differ from those that would have been agreed with an unrelated third party.

p. Financial instruments

The Charitable Company only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

q. Funds structure

The Charitable Company's designated funds are to purchase fixed assets for the Leisure Centres and other operational centres and for the furtherance of Abbeycroft Leisure's strategic development and growth. Designated funds are unrestricted funds of the Charitable Company. A designated fund is used to separately identify the defined benefit pension scheme balance.

Donated assets are valued at cost and depreciated in line with the policy detailed in section i through a movement in funds.

Unrestricted funds are grants and other income receivable or generated for the objects of the Charitable Company without further specified purposes and are available as general funds.

Restricted funds are grants and other income receivable or generated for specific activities carried out by the Charitable Company.

r. Pension costs

The Charitable Company operates a defined contribution scheme. Pension costs in respect of the defined contribution scheme are charged to the relevant expenditure heading within the consolidated Statement of Financial Activities in line with the salary costs of the related employees.

The Charitable Company participates in the Suffolk County Council Pension Scheme. The schemes assets are held separately from the assets of the Charitable Company and are administered by trustees and managed professionally. Pension costs are assessed in accordance with actuary advice and based on the most recent actuarial valuations of the schemes. These costs are accounted for in accordance with the requirements of FRS102.

A liability is recognised in the balance sheet in respect of the scheme which represents the present value of the defined benefit obligation at the balance sheet date less the fair value of scheme assets. A full valuation of the liability is calculated by an independent actuary every three years and updated on an annual basis using the projected unit credit method. The present value of the defined benefit obligation is determined by discounting the estimated future cash outflows using interest rates of high-quality corporate bonds that are denominated in the currency in which the benefits will be paid and that have terms to maturity approximating to the terms of the related pension liability. Actuarial gains and losses are recognised in the Statement of Financial Activities in the year that they arise, together with the return on plan assets, less amounts included in net interest.

Where changes to the Scheme have resulted in past service costs, these are recognised immediately in the Statement of Financial Activities, together with the cost of any curtailments or settlements.

Abbeycroft Leisure

NOTES TO THE FINANCIAL STATEMENTS

for the year ended 31 March 2025

The Suffolk County Council Pension Scheme defined benefit pension scheme is an asset at the balance sheet and is restricted to the pension asset celling amount based on the assumption that there are minimum funding requirements relating to the scheme. The restriction of the pension asset is recognised in other recognised gains and losses.

s. Employee Benefits

The best estimate of the expenditure required to settle an obligation for termination benefits is recognised immediately as an expense when the Charitable Company is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

t. Critical accounting estimates and assumptions

The Charitable Company makes estimates and assumptions concerning the future. The resulting accounting estimates and assumptions will, by definition, seldom equal the related actual results. The estimates and assumptions that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year are discussed below.

The present value of the Suffolk County Council defined benefit liability depends on a number of factors that are determined on an actuarial basis using a variety of assumptions. The assumptions used in determining the net cost or income for pensions include the discount rate. Any changes in these assumptions, which are disclosed in note 14, will impact the carrying amount of the pension asset/liability.

2) Legal status

The Charitable Company is a company limited by guarantee and has no share capital. In the event of the Charitable Company being wound up, the liability in respect of the guarantee is limited to £1 per member.

3) Related party transactions and transactions with connected organisations.

West Suffolk Council

The Charitable Company has a close working relationship with West Suffolk Council (previously St Edmundsbury Borough Council and Forest Heath District Council). The following is a summary of transactions with West Suffolk Council:

	2025	2024
	£	£
Management fee receivable	-	-
Income	1,050,004	868,372
Purchases	766,233	792,113

Sales include reimbursements for maintenance work paid for by Abbeycroft Leisure, as well as grants, facility hire and corporate membership contributions.

Purchases include payments for service level agreements for IT and Communications and Payroll.

West Suffolk Council owns all of the buildings occupied by Haverhill Leisure Centre, Bury Leisure Centre, Newmarket Leisure Centre, Mildenhall Leisure Centre and Brandon Leisure Centre. West Suffolk Council have the ability to charge a peppercorn rent for all land and buildings occupied by Abbeycroft Leisure.

The balance outstanding with the West Suffolk Council as at 31 March 2025 was a debtor of £201,071 (2024: £202,453).

Abbeycroft Leisure

NOTES TO THE FINANCIAL STATEMENTS for the year ended 31 March 2025

Babergh District Council

Babergh District Council provides funding in the form of a management fee, to support the Charitable Company in carrying out its charitable objectives. The following is a summary of transactions with Babergh District Council:

	2025	2024
	£	£
Management fee receivable	278,380	291,528
Income	603,965	253,189
Purchases	300,488	287,953

Sales include Management fees, grants and facility hire.

Purchases include payments for utilities.

Babergh District Council owns all of the buildings occupied by Kingfisher Leisure Centre and Hadleigh Pool and Leisure. Babergh District Council have the ability to charge a peppercorn rent for all land and buildings occupied by Abbeycroft Leisure.

The balance outstanding with Babergh District Council as at 31 March 2025 was a debtor of £116,658 (2024: £146,143)

Abbeycroft Enterprises Limited (wholly owned subsidiary)

In 2024/25 transactions took place between the Trust and its wholly owned subsidiary Abbeycroft Enterprises Limited for provision of central support services, staffing and use of equipment. The total charge made by Abbeycroft Leisure was £9,932 (2024: £17,941).

The balance outstanding with Abbeycroft Enterprises as at 31 March 2025 was a creditor of £10,090 (2024: debtor of £29,389).

4) Donations and grants

	2025	2024
	£	£
Grants	574,621	1,131,386
Donations	1,202	2,330
	575,823	1,133,716

Included in 2024 grant income is £329,200 for Swimming Pool Support Funding from Sport England via West Suffolk Council (£213,580) and Babergh District Council (£115,620) (2024: £329,200) in relation to government grants of which £Nil (2024: £Nil) had unfulfilled conditions at the year end.

5) Charitable activities

	2025	2024
	£	£
Operation of leisure facilities	11,017,173	9,960,706
Local authority management fee	391,165	439,928
Sports development	184,951	133,184
Exercise classes	85,497	76,309
Other income	130,793	126,238
	11,809,579	10,736,365

Abbeycroft Leisure

NOTES TO THE FINANCIAL STATEMENTS for the year ended 31 March 2025

6) Other trading activities

	2025	2024
	£	£
Catering	677,665	683,419
Soft Play Income	220,067	229,048
Room Hire	67,545	53,611
Other Income	114,880	120,102
	1,080,157	1,086,180

Activities of trading subsidiary

The Charitable Company has a wholly owned trading subsidiary, Abbeycroft Enterprises Limited, incorporated in the United Kingdom (registered number: 10591490) on 4 April 2018, of which some of the Trustees are directors. The company provides catering services within the Leisure facilities, and gifts all of its taxable profits to Abbeycroft Leisure. Audited accounts of the company are filed with the Registrar of Companies. A summary of the company's trading results for the year ended 31 March 2025 and 2024 are shown below:

	2025	2024
	£	£
Turnover	940,400	955,531
Cost of sales	(715,697)	(678,207)
Gross profit	224,703	277,324
Administrative expenses	(151,868)	(145,757)
Other operating income	-	-
Interest received	-	-
Operating Profit	72,835	131,567
Taxation	-	-
Profit for the year	72,835	131,567
Total assets	150,657	229,683
Total liabilities	(51,414)	(71,708)
Aggregate capital and reserves	99,243	157,975

7) Other Income

	2025	2024
	£	£
Other COVID Business Grants	-	-

8) Investments

	2025	2024
	£	£
Bank interest	28,759	29,867

Abbeycroft Leisure

NOTES TO THE FINANCIAL STATEMENTS for the year ended 31 March 2025

9) Raising funds

	2025	2024
	£	£
Direct costs	844,254	804,146
Support costs	62,340	56,071
Governance costs	10,109	13,951
	916,703	874,168

10) Charitable activities

	Direct costs	Support costs	Governance costs	Total
	£	£	£	2025
Operation of leisure facilities	9,038,215	2,365,632	-	11,403,847
Sports development	572,677	60,572	-	633,249
Other costs	249,570	53,873	76,657	380,100
	9,860,462	2,480,077	76,657	12,417,196

	Direct costs	Support costs	Governance costs	Total
	£	£	£	2024
Operation of leisure facilities	8,610,789	2,256,326	-	10,867,115
Sports development	511,059	49,184	-	560,243
Other costs	225,785	49,376	107,905	383,066
	9,347,633	2,354,886	107,905	11,810,424

11) Net expenditure for the year

	2025	2024
	£	£
This is stated after charging/(crediting):		
(Loss)/Profit on disposal of fixed assets	(1,587)	7,016
Other COVID Relief Grants received	-	-
Operating leases – land & buildings	35,496	35,314
Operating leases – equipment	13,218	19,844
Depreciation	277,687	297,137
Amortisation	-	-
Auditors remuneration – statutory audit of group and charity	21,250	20,250
Auditors remuneration – statutory audit of subsidiary	9,500	9,000
Auditors remuneration – accountancy services	-	-
Other accountancy services	640	7,665

Abbeycroft Leisure

NOTES TO THE FINANCIAL STATEMENTS for the year ended 31 March 2025

12) Support costs and Governance costs

The Charitable Company allocates its support costs as shown in the table below and then further apportions those costs between the charitable activities undertaken (see notes 9 and 10).

	Basis of allocation	2025 £	2024 £
Human Resources & Payroll	Headcount	408,465	248,515
Information Technology	Users	337,249	359,799
Financial activities	Turnover	1,085,766	998,313
Marketing	Turnover	275,797	259,038
Management	Turnover	300,205	411,590
Insurance	Turnover	134,935	133,702
		2,542,417	2,410,957

£2,480,077 (2024: £2,354,886) has been allocated to charitable activities, £62,340 (2024: £56,071) has been allocated to raising funds.

Governance costs include audit fees £31,390 (2024: £41,915), legal and professional fees £45,870 (2024: £76,503), Other costs £9,506 (2024: £3,438).

13) Analysis of staff costs, trustee remuneration and expenses, and the cost of key management personnel

Disclosure of staff costs and employee benefits

	2025 £	2024 £
Salaries and wages	5,700,942	5,374,536
Social security costs	348,762	313,276
Current Service Costs	139,000	160,000
Other Pension costs	215,987	235,657
	6,404,691	6,083,469

The average monthly full-time equivalent employees for the charity was 198 (2024: 168) staff and 211 (2024: 186) for the group for the year to 31 March 2025. The average headcount employees for the group (including part time staff) during the year was as follows:

	2025 Number	2024 Number
Front of house leisure centre staff	464	437
Finance & administration	16	16
Management team	4	4
	484	457

During 2024/25 £16,494 was paid for no non-contractual termination costs (2023/24: £3,200).

The total number of employees whose total employee benefits (excluding employer pension costs) that exceeded £60,000 was:

	2025 Number	2024 Number
In the band £60,001 - £70,000	1	1
In the band £70,001 - £80,000	2	2
In the band £80,001 - £90,000	0	0
In the band £90,001 - £100,000	0	1
In the band £100,001 - £110,000	1	0

Abbeycroft Leisure

NOTES TO THE FINANCIAL STATEMENTS for the year ended 31 March 2025

Remuneration and benefits received by key management personnel

The key management personnel of the Group and Charitable Company comprise the Trustees, the Chief Executive Officer, the Finance Director, the Strategic Director and the Operations Director. The Trustees are not remunerated, and the total employee benefits of the other key management personnel of the Group and Charitable Company were £395,141 (2023/24: £393,043).

Trustees' expenses

3 Trustees of Abbeycroft Leisure received £760 of expenses reimbursed during the year, and no donations were received from Trustees. (2023/24: £625 of expenses for three trustees, no donations were received.)

14) Pension scheme (Group and Charity)

West Suffolk Council (Formerly St Edmundsbury Borough Council) Pension Scheme

West Suffolk Council Pension Schemes are shown separately to reflect the different pension admission agreements with Suffolk County Council. The Charitable Company participates in the Suffolk County Council defined benefit pension scheme under an admitted body status. The scheme is a multi-employer defined benefit final salary scheme where the share of the assets and liabilities applicable to each employer has been identified by the Scheme Actuary in this financial year. The scheme is administered for the benefit of Local Authority employees and other bodies and is managed in accordance with the Local Government Pension Scheme Regulations 1997 (as amended). At the year-end there were 36 Abbeycroft Leisure employees in the scheme (2024: 36 employees). The Scheme's assets are held separately from the assets of the Trust.

Contributions totalling £34,744 (2024: £29,681) were payable at the year end and are included within creditors at the reporting date.

The information used for this disclosure has been based on the most recent actuarial valuation on 31 March 2025, by Hymans Robertson LLP, to take account of the requirements of FRS102 in order to assess the liabilities of the Fund as at 31 March 2025.

The major financial assumptions used by the actuary were:

	2025	2024
	%	%
Future pension increases	2.70	2.75
Future salary increases	3.70	3.75
Discount rate	5.85	4.85

Demographic assumptions – mortality

31 March 2025	Male	Female
Current pensioners	21.9 years	24.6 years
Future pensioners	22.3 years	25.9 years
31 March 2024		
	Male	Female
Current pensioners	22.0 years	24.7 years
Future pensioners	22.5 years	25.9 years

Analysis of amount charged to the Statement of Financial Activities

	2025	2024
	£'000	£'000
Current service cost	122	143
Interest expense	(122)	(73)
	-	70

Abbeycroft Leisure

NOTES TO THE FINANCIAL STATEMENTS for the year ended 31 March 2025

Changes in the present value of the defined benefit obligation:

	2025	2024
	£'000	£'000
Defined benefit obligation at 1 April	(7,813)	(7,836)
Current service cost	(122)	(143)
Interest expense	(380)	(372)
Contributions by scheme participant	(42)	(49)
Actuarial (gains)/losses	1,815	405
Benefits paid	120	182
Defined benefit obligation at 31 March	(6,422)	(7,813)

Changes in the fair value of plan assets:

	2025	2024
	£'000	£'000
Plan assets at 1 April	10,589	9,361
Interest income	515	445
Return on plan assets (excluding net interest on the net defined benefit obligation)	46	765
Contributions by employer	145	151
Contributions by scheme participant	42	49
Benefits paid	(120)	(182)
Restriction to pension asset ceiling	(4,795)	(2,776)
Plan assets at 31 March	6,422	7,813

The return on assets including amounts in net interest was (£561k) (2024: (£1,210k)).

The analysis of scheme assets at the reporting date were as follows:

	2025	2024
	%	%
Equities	63	64
Bonds	28	27
Property	9	8
Cash	0	1

West Suffolk Council (Formerly Forest Heath District Council) Pension Scheme

West Suffolk Council Pension Schemes are shown separately to reflect the different pension admission agreements with Suffolk County Council. The Charitable Company participates in the Forest Heath District Council defined benefit pension scheme under an admitted body status. The scheme is a multi-employer defined benefit final salary scheme where the share of the assets and liabilities applicable to each employer has been identified by the Scheme Actuary in this financial year.

The scheme is administered for the benefit of Local Authority employees and other bodies and is managed in accordance with the Local Government Pension Scheme Regulations 1997 (as amended). At the year-end there were 6 Abbeycroft Leisure employees in the scheme (2024: 6 employees). The Scheme's assets are held separately from the assets of the Trust.

Contributions totalling £Nil (2024: £Nil) were payable at the year end and are included in within creditors at the reporting date.

The information used for this disclosure has been based on the most recent actuarial valuation, by Hymans Robertson LLP, to take account of the requirements of FRS102 in order to assess the liabilities of the Fund as at 31 March 2025.

The major financial assumptions used by the actuary were:

Abbeycroft Leisure

NOTES TO THE FINANCIAL STATEMENTS for the year ended 31 March 2025

	2025	2024
	%	%
Future pension increases	2.75	2.75
Future salary increases	3.75	3.75
Discount rate	5.80	4.85

Demographic assumptions – mortality

31 March 2025	Male	Female
Current pensioners	21.8 years	24.9 years
Future pensioners	21.2 years	25.7 years

31 March 2024	Male	Female
Current pensioners	21.8 years	25.0 years
Future pensioners	21.3 years	25.7 years

Analysis of amount charged to the Statement of Financial Activities

	2025	2024
	£'000	£'000
Current service cost	17	17
Interest expense	(1)	(79)
	<u>16</u>	<u>(62)</u>

Changes in the present value of the defined benefit obligation:

	2025	2024
	£'000	£'000
Defined benefit obligation at 1 April	(2,995)	(3,038)
Current service cost	(17)	(17)
Interest expense	(143)	(143)
Contributions by scheme participant	(6)	(5)
Actuarial losses/(gains)	546	118
Benefits paid	94	90
Defined benefit obligation at 31 March	<u>(2,521)</u>	<u>(2,995)</u>

Changes in the fair value of plan assets:

	2025	2024
	£'000	£'000
Plan assets at 1 April	5,252	4,715
Interest income	253	222
Return on plan assets (excluding amount included in net interest on the net defined benefit obligation)	23	382
Contributions by employer	20	18
Contributions by scheme participant	6	5
Benefits paid	(94)	(90)
Restriction to Pension Asset Ceiling	(2,939)	-
Plan assets at 31 March	<u>2,521</u>	<u>5,252</u>

The return on assets including amounts in net interest was £276k (2024: £604k).

Net plan assets at 31 March	2,939	2,257
Restriction to pension asset ceiling	(2,939)	(2,257)
Net plan assets / (liabilities) at 31 March	<u>-</u>	<u>-</u>

At the year end date the scheme had a surplus of assets compared to liabilities amounting to £2,939k (2024: £2,257). This overall asset has been restricted to zero (2024: zero) in the financial statements in accordance with the requirements of FRS102 as there is no expectation of a scheme refund or reduced contributions.

Abbeycroft Leisure

NOTES TO THE FINANCIAL STATEMENTS for the year ended 31 March 2025

The analysis of scheme assets at the reporting date were as follows:

	2025	2024
	%	%
Equities	63	64
Bonds	28	27
Property	9	8
Cash	0	1

West Suffolk Council (formerly St Edmundsbury Borough Council and Forest Heath District Council) Pension Schemes

	SEBC	SEBC	FHDC	FHDC	TOTAL	TOTAL
<i>Movement in deficit</i>	2025	2024	2025	2024	2025	2024
<i>during the year</i>	£'000	£'000	£'000	£'000	£'000	£'000
Deficit at the beginning of the year	-	-	-	-	-	-
Current Service Cost	(122)	(143)	(17)	(17)	(139)	(160)
Interest expense	(380)	(372)	(143)	(143)	(523)	(515)
Employer Contributions	145	151	20	18	165	169
Interest income	515	445	253	222	768	667
Net actuarial (losses)/gains	4,772	1,170	2,935	500	7,707	1,670
Restriction to pension asset ceiling	(4,930)	(1,251)	(3,048)	(580)	(7,978)	(1,831)
(Deficit)/surplus at the end of the year	-	-	-	-	-	-

15) Taxation

The Charitable Company was granted charitable status on 5 December 2006. The company is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the company is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

16) Intangible assets (Group and Charity)

	Goodwill	Software	Total
	£	£	£
Cost:			
As at 1 April 2024	22,966	6,694	29,660
Disposals	-	41,904	41,904
As at 31 March 2025	22,966	48,598	71,564
Amortisation:			
As at 1 April 2024	22,966	6,694	29,660
Charge for the year	-	-	-
Disposals	-	-	-
As at 31 March 2025	22,966	6,694	29,660
Net book value			
As at 31 March 2025	-	41,904	41,904
As at 31 March 2024	-	-	-

Abbeycroft Leisure

NOTES TO THE FINANCIAL STATEMENTS for the year ended 31 March 2025

17) Tangible fixed assets (Group and Charity)

	Long-term Leasehold Improvements	Plant, furniture & office equipment	Sports Equipment	Total
	£	£	£	£
Cost:				
As at 1 April 2024	481,387	1,272,093	2,129,244	3,882,724
Additions	56,280	301,034	114,875	472,189
Disposals	-	(67,538)	(52,927)	(120,465)
As at 31 March 2025	537,667	1,505,589	2,191,192	4,234,448
Depreciation:				
As at 1 April 2024	377,687	1,060,590	1,592,817	3,031,094
Charge for the year	41,059	101,025	135,603	277,687
Disposals	-	(67,538)	(49,890)	(117,428)
As at 31 March 2025	418,746	1,094,077	1,678,530	3,191,353
Net book value				
As at 31 March 2025	118,921	411,512	512,662	1,043,095
As at 31 March 2024	103,700	211,503	536,427	851,630

18) Investments

Abbeycroft Leisure purchased 100 ordinary shares in Abbeycroft Enterprises Ltd (company number 10591490) on 22 February 2018 in cash.

19) Stocks

	Group		Charity	
	2025	2024	2025	2024
	£	£	£	£
Café	21,597	10,750	1,478	1,479
Sports equipment	4,700	6,233	4,700	6,233
Badges and certificates	-	-	-	-
	26,297	16,983	6,178	7,712

20) Debtors

	Group		Charity	
	2025	2024	2025	2024
	£	£	£	£
Trade debtors	442,163	497,318	442,163	486,282
Prepayments and accrued income	405,310	402,608	387,573	392,052
Other debtors	6,231	6,567	6,231	6,567
Amounts owed by group undertakings	-	-	-	11,321
	853,704	906,493	835,967	896,222

Abbeycroft Leisure

NOTES TO THE FINANCIAL STATEMENTS for the year ended 31 March 2025

21) Creditors: amounts falling due within one year

	Group		Charity	
	2025	2024	2025	2024
	£	£	£	£
Trade creditors	371,561	462,092	351,704	437,828
Accruals	1,011,399	797,971	994,661	781,837
Other creditors	43,348	37,454	43,348	37,454
Other taxes and social security	221,203	192,295	206,384	172,305
Deferred income (see note 23)	391,045	509,066	391,045	509,067
Amounts owed to group undertakings	-	-	10,090	-
	2,038,556	1,998,878	1,997,232	1,938,491

22) Creditors: amounts falling due after one year

	Group		Charity	
	2025	2024	2025	2024
	£	£	£	£
Loan from West Suffolk Council	500,000	500,000	500,000	500,000

Loan from West Suffolk Council terms of repayment relate to conditions which will require repayment in more than 1 year and the precise future dates will be determined by future transactions. The loan is interest free up to and including 31 March 2025. Interest is then payable on the principal amount at 2% per annum up to and including 31 March 2027 and then 2% above the Bank of England base rate or 2.5%, whichever is the higher.

This loan is secured against West Suffolk Facility assets via a Mortgage of Chattels.

The loan has been treated as a concessionary loan under the Charities SORP. See accounting policy 'o' for details.

23) Deferred income

Deferred income for the group and charity comprises of deferred grant income, annual memberships from 01 April and Direct Debit memberships owed from closure.

	2025	2024
	£	£
Balance as at 1 April	509,066	541,061
Amount released to income	(509,066)	(541,061)
Amount deferred in year	391,045	509,066
Balance as at 31 March	391,045	509,066

Abbeycroft Leisure

NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2025

24) Analysis of charitable funds

Group	Balance at 1 April 2024			Actuarial gain	Transfer between funds	Balance at 31 March 2025
	£	Income £	Expenditure £	£	£	£
General fund	957,164	12,918,495	(12,690,811)	-	-	1,184,848
Pension reserve	-	-	27,000	(27,000)	-	-
Designated Funds						
Capital Fund	150,000	-	-	-	-	150,000
Subtotal Unrestricted Funds	1,107,164	12,918,495	(12,663,811)	(27,000)	-	1,334,848
Restricted Fund						
Stand Tall Project	-	11,107	(11,107)	-	-	-
Active Mums Project	4,062	5,550	(5,550)	-	-	4,062
Hadleigh Dementia Alliance	2,766	3,703	(5,767)	-	-	702
Inspire Cards	7,458	-	-	-	-	7,458
Women's Tour of Britain	15,500	-	-	-	-	15,500
Teen Chill - West	12,583	25,260	(30,032)	-	-	7,811
Teen Chill - Babergh	-	7,378	(7,378)	-	-	-
Sporting Memories	206	-	-	-	-	206
Babergh Services	84,927	(8,603)	(76,324)	-	-	-
Place Based Physical Activity	-	89,973	(89,973)	-	-	-
Active Communities Small Grants	-	7,207	(7,207)	-	-	-
Fit and Fed	-	285,015	(285,015)	-	-	-
Duke of Edinburgh	-	22,528	(22,528)	-	-	-
Healing Woods	-	13,812	(13,812)	-	-	-
Explore Outdoors Small Grants	-	5,704	(5,704)	-	-	-
Care Homes	-	300	(300)	-	-	-
Pool Pod - Haverhill	-	38,063	(38,063)	-	-	-
Move More Outdoors	-	13,017	(13,017)	-	-	-
Detached Youth Worker	-	8,965	(8,965)	-	-	-
Operations Small Grants	9,681	46,844	(49,346)	-	-	7,179
Subtotal Funds	137,183	575,823	(670,088)	-	-	42,918
Total Funds	1,244,347	13,494,318	(13,333,899)	(27,000)	-	1,377,766

Abbeycroft Leisure

NOTES TO THE FINANCIAL STATEMENTS for the year ended 31 March 2025

24) Analysis of charitable funds

Charity	Balance at 1 April 2024	Income	Expenditure	Actuarial gain	Transfer between funds	Balance at 31 March 2025
	£	£	£	£	£	£
General fund	799,187	12,119,594	(11,833,180)	-	-	1,085,601
Pension reserve	-	-	27,000	(27,000)	-	-
Designated Funds						
Other assets	100	-	-	-	-	100
Capital Fund	150,000	-	-	-	-	150,000
Subtotal Unrestricted Funds	949,287	12,119,594	(11,806,180)	(27,000)	-	1,235,701
Restricted Fund						
Stand Tall Project	-	11,107	(11,107)	-	-	-
Active Mums Project	4,062	5,550	(5,550)	-	-	4,062
Hadleigh Dementia Alliance	2,766	3,703	(5,767)	-	-	702
Inspire Cards	7,458	-	-	-	-	7,458
Women's Tour of Britain	15,500	-	-	-	-	15,500
Teen Chill - West	12,583	25,260	(30,032)	-	-	7,811
Teen Chill - Babergh	-	7,378	(7,378)	-	-	-
Sporting Memories	206	-	-	-	-	206
Babergh Services	84,927	(8,603)	(76,324)	-	-	-
Place Based Physical Activity	-	89,973	(89,973)	-	-	-
Active Communities Small Grants	-	7,207	(7,207)	-	-	-
Fit and Fed	-	285,015	(285,015)	-	-	-
Duke of Edinburgh	-	22,528	(22,528)	-	-	-
Healing Woods	-	13,812	(13,812)	-	-	-
Explore Outdoors Small Grants	-	5,704	(5,704)	-	-	-
Care Homes	-	300	(300)	-	-	-
Pool Pod - Haverhill	-	38,063	(38,063)	-	-	-
Move More Outdoors	-	13,017	(13,017)	-	-	-
Detached Youth Worker	-	8,965	(8,965)	-	-	-
Operations Small Grants	9,681	46,844	(49,346)	-	-	7,179
Subtotal Funds	137,183	575,823	(670,088)	-	-	42,918
Total	1,086,470	12,695,417	(12,476,268)	(27,000)	-	1,278,619

Abbeycroft Leisure

NOTES TO THE FINANCIAL STATEMENTS for the year ended 31 March 2025

Restricted funds

During the year and in prior years, funds were received which carried restrictions upon their use. Non-performance related grants received during this year have been recognised in full on the Statement of Financial Activities. Performance related grants have been recognised to the level of outputs delivered for the period up to 31 March 2025.

Funds are restricted for the purposes of:

Stand Tall Project - This is a 12 week physical activity and wellbeing programme that targets 14-25 year olds who are both inactive and are known to suffer with a mental health condition. Phase I of the project is complete phase II was due to complete in 2019/20 but was extended due to the pandemic. Permission was obtained to transfer the balance of funds from Phase I of the project to unrestricted projects within the Charitable Company.

Active Mums – This is funding from Suffolk County Council to contribute to the improved health of pregnant women smoking in West Suffolk and Waveney.

Hadleigh Dementia Alliance - This is funding from the Suffolk Community Foundation to support Dementia inclusive social activity in Hadleigh.

Inspire Cards – Funded from the sale of customer discount cards this is reinvested into community programmes and initiatives, which provide opportunities for everyone to be active.

Women's Tour of Britain – Funding for event management and community activation costs associated with hosting the event in Haverhill.

Teen Chill – West – This refers to Teen Chill Out and is an initiative to support young people access a safe space and to engage in a broad range of activities.

Sporting Memories – Funding for activities for older people to share and enjoy memories of sport.

Babergh Services – Restricted Fund to support the provision of services in the Babergh District in 2025/26

Big Sports – Funding to support a facilitator to deliver sports activities to underrepresented people in our community.

Multi Activity Youth – The provision of weekly multi-activity youth sessions for 50 weeks in Sudbury.

Bridge Project – This project is to deliver weekly, fun physical activity session involving games and activities at 'The Bridge Project Sudbury' to those living with physical and/or learning disabilities in collaboration with Abbeycroft Leisure to improve their health and wellbeing.

Swim and Lunch – This funding will provide eligible families free access to swimming provision at our leisure centres for the allocated school holidays. Our varied swim programme gives the families and young people the opportunity to take part in fun and invigorating swim session, reaping the benefits of taking part in swimming as an activity. The aim of offering the swim sessions is to provide an activity that is fun but also brings health benefits and can improve wellbeing. The aim of enabling the parent to attend with a child is to promote bonding opportunities and the broader family benefits of being active together. In addition, allows families to continue to access services whilst being able to prioritise other areas of spending that are being impacted by the cost-of-living climate.

Fit and Fed – This fund is to provide holiday activities and free meals to eligible children over the holiday periods.

Duke of Edinburgh – To fund free places of the Duke of Edinburgh Award programme for eligible children. Provide a recognised Award while giving young people the ability to try new skills, be physically activity and build confidence.

Healing Woods – This is part of an exciting and ambitious initiative to create more natural woodland and greenspace across Suffolk, particularly where it is most needed. The initiative is being developed by Suffolk County Council in partnership with the Woodland Trust and a number of other organisations.

Abbeycroft Leisure

NOTES TO THE FINANCIAL STATEMENTS for the year ended 31 March 2025

Care Homes – West Suffolk Alliance wished to provide Strength & Balance courses for residents in Care Homes to identify whether the initiative would support the reduction of falls by residents.

Pool Pod – Haverhill – These awards helped fund the provision of a Pool Pod at the Haverhill Pool to enable disabled users to access water-based activities.

Move More Outdoors – The delivery of instructor led activity sessions in open community spaces for less active people.

Detached Youth Worker – The funding of 2 Youth workers in the Bury and Mildenhall area to provide a programme of outreach activities for young people with a focus on providing support and targeted educational engagement.

MSK Pilot – The development and delivery of water and land-based classes including rehab, aquafit, hip knee and back pain classes, Wellbeing/Holistic services, and virtual rehab exercise groups.

Together Fund – Provide community transport to leisure/health activities from rural areas.

Move your Mind – This award is for supporting, enabling and strengthening the protective factors for good mental wellbeing. This was provided through 4 courses of 12 weeks wellbeing education and activity.

Get Help to Get Active – Funding to promote physical activity benefits for adults and older adults.

Cancer Care Seed Funding – Funding to provide a pilot Cancer rehabilitation programme with a national partner.

Parkinsons UK – Funding to provide dedicated Parkinsons patient classes in the Bury St Edmunds Leisure centre.

Designated Funds

A designated fund exists to represent the pension scheme deficit which at 31 March 2025 was £nil (2024: £nil). These funds have been ring-fenced by the Trustees such that the general fund represents free reserves to be spent on the running of the Charity. A new designated capital fund has been set up to fund future capital expenditure. Previously Trustees designated reserves specifically for initiatives that grow the business and further the charitable objectives and to reflect the net book value of fixed assets not represented by restricted funds. Due to the Pandemic and the operational losses these previously designated funds were transferred to the general fund in the year. This policy is one that will need to be reviewed in light of the significant reduction in income since March 2020.

25) Analysis of net assets between funds

Group

	Restricted Fund £	General Fund £	Designated Fund £	Pension Reserve £	Total Funds at 31 March 2025 £
Fixed Assets	-	584,999	-	-	584,999
Net Current Assets	42,918	599,849	150,000	-	792,767
Pension Scheme Liability	-	-	-	-	-
Total	42,918	1,184,848	150,000	-	1,377,766

Abbeycroft Leisure

NOTES TO THE FINANCIAL STATEMENTS for the year ended 31 March 2025

Charity	Restricted Fund £	General Fund £	Designated Fund £	Pension Reserve £	Total Funds at 31 March 2025 £
Fixed Assets	-	584,999	100	-	585,099
Net Current Assets	42,918	500,602	150,000	-	693,520
Pension Scheme Liability	-	-	-	-	-
Total	42,918	1,085,601	150,100	-	1,278,619

26) Operating lease commitments

As at 31 March 2025, Abbeycroft Leisure had annual commitments under non-cancellable operating leases in respect of plant and machinery and property as shown below:

	2025 £	2024 £
Other operating leases		
Within one year	4,097	994
Within one to two years	4,097	-
Between two and five years	8,332	-
Total	16,526	994
Land and buildings		
Within one year	44,118	35,532
Within one to two years	49,320	35,772
Between two and five years	163,960	32,040
Total	257,398	103,344

As at 31 March 2025, the Charitable Group had annual commitments under non-cancellable operating leases in respect of plant and machinery and property as shown below:

	2025 £	2024 £
Other operating leases		
Within one year	4,097	5,227
Within one to two years	4,097	-
Between two and five years	8,332	-
Total	16,526	5,227
Land and buildings		
Within one year	44,118	35,532
Within one to two years	49,320	35,772
Between two and five years	163,960	32,040
Total	257,398	103,344

27) Contingent Asset/Liability

The charity, along with its subsidiary is a member of a VAT group. Both entities concerned are jointly and severally liable for the VAT liabilities of other group members. At 31 March 2025 there was £73,043 (2024: £55,867 payable) from HM Revenue and Customs from other group companies.

Abbeycroft Leisure

NOTES TO THE FINANCIAL STATEMENTS for the year ended 31 March 2025

28) Reconciliation of net expenditure to net cash flow from operating activities

	2025 £	2024 £
Net income/(expenditure)	160,419	301,536
Depreciation	277,687	297,137
Amortisation	-	-
Loss/(Profit) on disposal	1,587	(7,016)
Interest income	(28,759)	(29,867)
Increase/(Decrease) in stock	(9,314)	1,257
Decrease/(Increase) in debtors	52,789	(422,752)
(Increase)/Decrease in creditors	39,678	(40,472)
Defined Benefit Pension Scheme	(27,000)	(161,000)
Net cash provided by operating activities	467,087	(61,177)

29) Analysis of changes in net debt

	2024 £	Cashflow £	2025 £
Cash at bank and in hand	1,968,119	(16,797)	1,951,322
	1,968,119	-	-
Loans falling due after more than one year	(500,000)	-	(500,000)
Total	1,468,119	(16,797)	1,451,322

Abbeycroft Leisure

NOTES TO THE FINANCIAL STATEMENTS for the year ended 31 March 2025

30) Analysis of charitable funds – comparative

Group	Balance at 1 April 2023	Income	Expenditure	Actuarial gain	Transfer between funds	Balance at 31 March 2024
	£	£	£	£	£	£
General fund	902,137	11,844,361	(11,704,407)	-	(84,927)	957,164
Pension reserve	-	-	161,000	(161,000)	-	-
Designated Funds						
Capital Fund	150,000	-	-	-	-	150,000
Subtotal Unrestricted Funds	1,052,137	11,844,361	(11,543,407)	(161,000)	(84,927)	1,107,164
Restricted Fund						
Stand Tall Project	3,563	33,322	(36,885)	-	-	-
Active Mums Project	4,062	46,450	(46,450)	-	-	4,062
Hadleigh Dementia Alliance	6,017	250	(3,501)	-	-	2,766
Inspire Cards	7,458	-	-	-	-	7,458
Women's Tour of Britain	15,500	-	-	-	-	15,500
Teen Chill	13,171	9,786	(10,374)	-	-	12,583
Sporting Memories	1,903	-	(1,697)	-	-	206
Sport England Swimming Pool Fund – Babergh	-	115,620	(115,620)	-	-	-
Sport England Swimming Pool Fund – West	-	213,580	(213,580)	-	-	-
Babergh Services	-	-	-	-	84,927	84,927
Disability Sport	-	1,458	(1,458)	-	-	-
Place Based Physical Activity	-	163,082	(163,082)	-	-	-
Active Communities Small Grants	-	6,042	(6,042)	-	-	-
Fit and Fed	-	238,937	(238,937)	-	-	-
Duke of Edinburgh	-	10,714	(10,714)	-	-	-
Healing Woods	-	2,606	(2,606)	-	-	-
Explore Outdoors Small Grants	-	6,100	(6,100)	-	-	-
Care Homes	-	6,600	(6,600)	-	-	-
Pathway Grant – Babergh	-	26,690	(26,690)	-	-	-
Pathway Grant – West	-	132,825	(132,825)	-	-	-
MSK Pilot – Babergh	-	6,000	(6,000)	-	-	-
MSK Pilot – West	-	12,082	(12,082)	-	-	-
Health Small Grants	-	13,981	(13,981)	-	-	-
Moving Communities	-	35,000	(35,000)	-	-	-
Operations Small Grants	-	60,602	(50,921)	-	-	9,681
Warm Spaces Grant	-	40	(40)	-	-	-
Subtotal Funds	51,674	1,141,767	(1,141,185)	-	84,927	137,183
Total	1,103,811	12,986,128	(12,684,592)	(161,000)	-	1,244,347

Abbecroft Leisure

NOTES TO THE FINANCIAL STATEMENTS for the year ended 31 March 2025

Charity	Balance at 1 April 2023	Income	Expenditure	Actuarial gain	Transfer between funds	Balance at 31 March 2024
	£	£	£	£	£	£
General fund	714,046	11,068,451	(10,898,383)	-	(84,927)	799,187
Pension reserve	-	-	161,000	(161,000)	-	-
Designated Funds						
Other assets	100	-	-	-	-	100
Capital Fund	150,000	-	-	-	-	150,000
Subtotal Unrestricted Funds	864,146	11,068,451	(10,737,383)	(161,000)	(84,927)	949,287
Restricted Fund						
Stand Tall Project	3,563	33,322	(36,885)	-	-	-
Active Mums Project	4,062	46,450	(46,450)	-	-	4,062
Hadleigh Dementia Alliance	6,017	250	(3,501)	-	-	2,766
Inspire Cards	7,458	-	-	-	-	7,458
Women's Tour of Britain	15,500	-	-	-	-	15,500
Teen Chill	13,171	9,786	(10,374)	-	-	12,583
Sporting Memories	1,903	-	(1,697)	-	-	206
Sport England Swimming Pool Fund – Babergh	-	115,620	(115,620)	-	-	-
Sport England Swimming Pool Fund – West	-	213,580	(213,580)	-	-	-
Babergh Services	-	-	-	-	84,927	84,927
Disability Sport	-	1,458	(1,458)	-	-	-
Place Based Physical Activity	-	163,082	(163,082)	-	-	-
Active Communities Small Grants	-	6,042	(6,042)	-	-	-
Fit and Fed	-	238,937	(238,937)	-	-	-
Duke of Edinburgh	-	10,714	(10,714)	-	-	-
Healing Woods	-	2,606	(2,606)	-	-	-
Explore Outdoors Small Grants	-	6,100	(6,100)	-	-	-
Care Homes	-	6,600	(6,600)	-	-	-
Pathway Grant – Babergh	-	26,690	(26,690)	-	-	-
Pathway Grant – West	-	132,825	(132,825)	-	-	-
MSK Pilot – Babergh	-	6,000	(6,000)	-	-	-
MSK Pilot – West	-	12,082	(12,082)	-	-	-
Health Small Grants	-	13,981	(13,981)	-	-	-
Moving Communities	-	35,000	(35,000)	-	-	-
Operations Small Grants	-	60,602	(50,921)	-	-	9,681
Warm Spaces Grant	-	40	(40)	-	-	-
Subtotal Funds	51,674	1,141,767	(1,141,185)	-	84,927	137,183
Total	915,820	12,210,218	(11,878,568)	(161,000)	-	1,086,470

Abbeycroft Leisure

NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2025

31) Analysis of net assets between funds – comparative

Group

	Restricted Fund £	General Fund £	Designated Fund £	Pension Reserve £	Total Funds at 31 March 2024 £
Fixed Assets	-	351,630	-	-	351,630
Net Current Assets	137,183	605,534	150,000	-	892,717
Pension Scheme Liability	-	-	-	-	-
Total	137,183	957,164	150,000	-	1,244,347

Charity

	Restricted Fund £	General Fund £	Designated Fund £	Pension Reserve £	Total Funds at 31 March 2024 £
Fixed Assets	-	351,630	100	-	351,730
Net Current Assets	137,183	447,557	150,000	-	734,740
Pension Scheme Liability	-	-	-	-	-
Total	137,183	799,187	150,100	-	1,086,470

Abbeycroft Leisure

NOTES TO THE FINANCIAL STATEMENTS for the year ended 31 March 2025

32) Comparative SOFA by fund

	Restricted Funds £	Unrestricted Funds £	Total 2024 £
Income from:			
Donations and grants	1,133,716	-	1,133,716
Charitable activities	-	10,736,365	10,736,365
Other trading activities	8,051	1,078,129	1,086,180
Other income	-	-	-
Investments	-	29,867	29,867
Total	1,141,767	11,844,361	12,986,128
Expenditure on:			
Raising funds	-	(874,168)	(874,168)
Charitable activities	(1,141,185)	(10,669,239)	(11,810,424)
Total	(1,141,185)	(11,543,407)	(12,684,592)
Net income/(expenditure)	582	300,954	301,536
Gross transfers in the year	84,927	(84,927)	-
Actuarial gains/(losses) on defined benefit pension scheme	-	(161,000)	(161,000)
Net movement in funds	85,509	55,027	140,536
Reconciliation of funds			
Total funds brought forward	51,674	1,052,137	1,103,811
Total funds carried forward	137,183	1,107,164	1,244,347