



Angels Support Group Hitchin

Charity No: 1117059

Trustees' Annual Report & Statement of Financial Activity for the period 1 September 2022 to 31 August 2023

Trustees

Clare Slater
Oluwakemi Adejare
Hilary Forrester
Rowena Crabtree
Nicola Ager
Tammy Smith
Helen Osment

April 2024

Trustees' Annual Report & Statement of Financial Activity

for the period 1 September 2022 to 31 August 2023

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Trustees' Annual Report & Statement of Financial Activity

for the period 1 September 2022 to 31 August 2023

1. Introduction

1.1 Charitable Objects

- Provide support and guidance to parents/carers/siblings of children who are diagnosed with (or are being assessed for) Attention Deficit Hyperactivity Disorder (ADHD) and/or Autism and their associated conditions.
- Provide relief for the above children and their parents/carers by providing facilities in the interest of social welfare and for recreation and other leisure time occupation.
- Advance the education of the public and statutory bodies in matters related to ADHD and Autism.
- Promote other such charitable purpose as determined by the charity.

1.2 Overview (Executive Summary)

During the year from 1st September 2022 to 31st August 2023 the membership of the charity has increased by 581 families so on 31st Aug 2023 we had 2,826 families in our membership with at least 5,773 children including siblings. 3,100 of the children have a diagnosis of (or are being assessed for) ADHD and/or Autism (1,656 have a diagnosis of ADHD and 2,462 of Autism).

Throughout the year 271 parents/carers attended one or more of the support groups (a mixture of virtual and in person meetings). Some members attended very regularly (over 30 times during the year) and some for just one or two meetings. On average they attended 2.5 meetings each this year with 68% of attendances at virtual meetings and 32% at in person meetings.

In addition to our regular support groups, we have also run several workshops on the topic of EHCP application forms. These courses provide more in-depth information in smaller groups. 29 families have accessed support through these smaller groups.

366 families used the one-to-one service during the year. They accessed support in a variety of ways with the service providing: 245 hours of face to face (or video call) meetings, 191 hours of support at meetings with other professionals (school, Health Visitor, multi-agency meetings etc.), 223 hours of support via phone/email and 24 hours of support through text/Facebook Messenger.

We also jointly delivered (with Nessie in Ed CIC) 11 workshops to parents with children that were newly diagnosed with Autism (or awaiting assessment) which enabled parent/carers outside our membership to also access support from us.

2. Activities & Achievements

2.1 Outputs & Outcomes

More detail about our main outputs

Access to our services

All our services (other than the HCC/Nessie workshops) are available to anyone who is a member of the charity. Membership is subject to only one criterion and that is that the member must be a parent/carer of a child who has been diagnosed with (or is being assessed for) Autism/ADHD.

There is no membership fee and no charge for attending any of our services. We give attendees the opportunity to make a small voluntary donation if they would like to but there is no pressure to do so. This ensures that all members can benefit regardless of income levels.

There is no geographical restriction imposed by the charity (The HCC/Nessie workshops have a Hertfordshire restriction required by the funder). The virtual meetings via Zoom have made it easier for members to attend regardless of their location. During the pandemic we saw an increase in the number of new members who are from a wider geographic area than the North Herts and Stevenage community, as our services became more accessible online, and this has continued with our hybrid way of delivering services. We now have members throughout Hertfordshire and also in Cambridgeshire, Bedfordshire and Greater London.

Most of the meetings are during the day as this enables parents/carers to attend while their children are at school. We have continued to offer some virtual meetings as these are accessible for those parents who have young children at home or older children that are currently out of school. Evening meetings (all virtual) are held every half term to enable those who work during the day to attend.

Regular support group meetings

Throughout the year we held two daytime meetings for parents/carers each week during term time and two evening drop-in sessions every half term. Some of the meetings provided advice from external professionals or Angels staff on a range of topics related to Autism and ADHD. The other sessions were self-help groups with a qualified facilitator present. We continued with the model of one face-to-face meeting each week in Stevenage and one virtual meeting each week with the evening meetings also remaining virtual to enable a greater range of parents to access our support. In May 2023 we also started a monthly face-to-face support group in Letchworth providing continuing support for those who had accessed the small group courses.

These meetings benefit the members of the charity in several ways:

- They provide the opportunity to find out about new strategies and ideas which attendees can use to support their children. This can help parents/carers to adapt their parenting skills to ease the stress and anxiety of children with Autism/ADHD.
- Having the opportunity to discuss issues in self-help groups with people with similar concerns helps to relieve parents/carers from some of the stresses and feelings of isolation that can result.
- They help parents/carers to feel confident in supporting their child in the education system which in turn helps the child to reach their potential.
- They help parents/carers and their children to have a more positive self-image following diagnosis.

Angels/Nessie parent workshops

During the first two terms we ran a series of workshops for parents of children who were either newly diagnosed with Autism or had been referred for an assessment. These sessions were jointly presented by Angels staff and staff from Nessie in Ed CIC (a local organisation that specialises in supporting the mental health of students within education settings). The sessions covered a range of topics: Girls and Women; Puberty, Relationships and Staying Safe; Autism, Sexuality and Gender Diversity; Emotionally Based School Avoidance and Supporting a Child who Self-harms Positively. The workshops were all run virtually through Zoom.

The workshops provide the same benefits as the support group meetings.

These workshops are available to a wider group of parents – not just members of Angels but any parent/carer with a child diagnosed (or in the process of being assessed) with Autism, which is still in line with our main aims. Some of the attendees of the workshops do go on to join Angels as a member but there is no requirement to do so.

The only geographical restriction is that the attendees must live in Hertfordshire, as the workshops were funded by Herts County Council.

One-to-One Clinic meetings

Angels provided several clinic appointments each week during the school terms. These offered members the opportunity to access more targeted, specific support where needed. The appointments allowed members the time to discuss particular issues related to their child on a one-to-one basis with a trained Specialist Support Practitioner (SSP). They also provided the facility for a SSP to attend a school meeting or other appointment to provide support for the parent/carer. This year we have continued to offer remote appointments using a variety of applications e.g. Zoom, Facebook Messenger, WhatsApp alongside in person meetings to support at meetings with professionals or if it was essential due to the specific needs of the parent. We have also continued to offer shorter one-to-one appointments via a 15-minute phone consultation to help meet the increased demand for the service.

The clinic appointments provide the same benefits to the members as the support group meetings but are just more flexible. They allow members, who do not feel comfortable discussing issues in a group setting, access to support and provide a more suitable time for issues which are too complex and would take up too much time in a group meeting.

The service has been popular, and the number of appointments limited because of funding restrictions so there has often been a waiting list in place.

Parent Support via phone, email and Facebook

In addition to the one-to-one clinic appointments, members have also accessed advice and support from the SSP's remotely via phone, email or Facebook Messenger. This support was available during term time and a limited service was also available over the school holidays. There was also a "secret" Facebook group which was available only to members and allowed them to discuss issues and get advice from other parents as well as the SSPs. This online group was fully moderated by the SSPs and enabled parents to access support at a time that suits them.

This support provides the same benefits to the members as the support group meetings but just in a more flexible, virtual way. It allows members, who do not feel comfortable discussing issues in a group setting or face to face, access to support and also provides support to parents who can not attend the support groups due to their location or timing.

Letchworth small group courses

We continued working in partnership with Letchworth Family Support Team to deliver small group courses for parents from Letchworth who are at the start of the process of having their child assessed for Autism or ADHD or whose children have had a recent diagnosis. The project took the form of a set of five workshop sessions for small groups of parents (maximum 5-6) who had previously found it very hard to attend larger groups. The workshops covered basic understanding of the conditions and how they impact the child, understanding of the child's rights and how to work positively with professionals to secure access to services for the children, including education and health. Due to the small groups the content could be tailored to meet the needs of the parents present, including adjusting for their own learning needs. The idea was to give families a good understanding of how to support their children at the beginning of their journey, and the feedback has been very positive. Following on from the two sets of the workshops in Summer Term 2022, we continued with a further four sets of workshops during 2023. The project has been funded by Letchworth Garden City Heritage Foundation.

Holiday Activity Sessions

From Easter 2023 we restarted offering a variety of activities for our members' children to take part in. Some of these sessions were paid for by Brightlobe who were trialling a game to be used as part of the diagnostic process; these were restricted by age range and diagnosis. We also offered sessions open to the wider membership so that everyone could access the sessions which included:

Trampolining sessions.

Pottery Painting at Greenside Studios.

The benefits of these sessions were as follows:

- It allowed children with Autism/ADHD to take part in a holiday social and learning activity. Often children with these conditions find it difficult to access these sorts of activities through universal services.
- The siblings (without the conditions) could also take part. As well as enabling them to take part in a fun activity this also provided them with an opportunity to see other families and gain a better understanding of their brother/sister's condition and the fact that there are many other families like theirs.
- It provided an opportunity for informal support to parents/carers who have not been able to attend the regular support group meetings.

The activities were open to any children of the members. There were age restrictions for some of the activities, but this was varied to ensure that all children could access something. Spaces were limited to ensure that the sessions weren't crowded but places were allocated on a first come, first served basis.

Networking with various organisations

The Parent Support Manager and other team members regularly meet with local statutory agencies such as health professionals (GP's, Health Visitors, Speech and Language Therapists, CAMHS workers and Community Paediatricians and their teams) working with ADHD and Autism, the Herts County Council

Communication and Autism Specialist Advisory service, Herts Children Services social workers, Family Support Worker teams, Family Centre Managers, local school SENCO's and Outreach workers, the Herts Parent Carer Forum and other agencies supporting parents and representatives from other similar support groups supporting parents/carers of children with ADHD and/or Autism from across Hertfordshire, as a way of pooling resources and avoiding duplication of effort. The Parent Support Manager has also been involved in work to develop the Autism and ADHD diagnostic pathway in Hertfordshire, in partnership with NHS and County Council colleagues, and also to develop a county-wide support offer for all families and young people diagnosed with the conditions.

The benefits of this are as follows:

- It enables the Parent Support Manager and other team members to keep up to date with the available support for children/families and ways of accessing it. They can then pass this information on to members as required.
- It ensures that local statutory services are kept aware of the needs of children with Autism/ADHD and their families.
- It ensures that health professionals in the area are aware of the charity and the support provided and so will pass on the details of the charity to families with a newly diagnosed child.
- It enables them to talk directly to teaching professionals which helps improve understanding of the conditions within local schools.

The beneficiaries include our member families as they can access the information through support group meetings. The benefit of this activity also extends beyond our membership as consultation with local teaching professionals/ statutory services can help to improve services for all children with Autism/ADHD in the local area not just those who are members of the charity.

Outcomes

In order to be able to measure the benefits to our members, of accessing Angels services, we have implemented a ladder scale for 4 outcomes that we have identified as important to our members. The four outcomes are:

- Parents will have a greater understanding of their child's conditions and how they impact on their child's learning and behaviour.
- Parents will have improved confidence in their parenting skills having gained a wider range of strategies to support their child.
- Parents feel less isolated, with a network of local parents to talk to who understand the issues they are facing.
- Parents are working more effectively with their child's school, services and community resulting in a positive experience for their child.

Since October 2016, on joining Angels, we have asked members to complete an initial questionnaire to find out how they rated themselves on the scales for each of the four outcomes. 6 months later we asked them to redo the questionnaire and have captured the improvements they have made.

In recent years, for members joining after October 2019, we have gathered initial and follow up questionnaires for 567 members. Parents join us for a wide range of differing reasons and have differing needs, therefore some of the outcomes we measure may not be relevant to all, but when looking at the outcome data overall; 83% of members made progress against at least one target outcome, 65% made

progress against more than one outcome and 14% made progress across all the outcomes. Improvements for individual outcomes have been as follows:

- 54% have improved their understanding of their child's conditions.
- 55 % have improved confidence in their parenting skills.
- 46% have reported feeling less isolated.
- 41% have reported that they are working more effectively with their child's school and other services.

2.2 The Roles & Contributions of Volunteers

Although the charity employs several staff it is still very dependent on the contribution made by volunteers. There is a loyal team of volunteer members working hard in all the following areas:

Completing various administrative tasks.

Fundraising and Funding Applications.

Promoting our services within the local community.

Planning and overseeing services through being on our Board of Trustees.

The Trustees would like to thank all our volunteers for their hard work without which we would not be able to provide the same level of service.

2.3 Looking Ahead

As we have continued to grow our membership and adapt our services in the aftermath of the pandemic, we have found more effective ways of working to enable us to support more parents.

We have continued with our weekly online meetings on Zoom, but have added in more face-to-face meetings, including a new monthly group in Letchworth and a new venue for our weekly meeting in Stevenage. We have seen numbers of parents attending all our meetings increase.

Our one-to-one service has seen increased demand and by supporting parents mainly via zoom or phone we have been able to support higher numbers of parents. We have worked with different models for our service, offering one hour, or 15-minute appointments and then regular contact through Zoom or phone for those parents who need ongoing support. We are developing a localised model where a member of staff is based in one particular area, supporting families from that area, and are trialling this in Letchworth with a grant from the LGCHF. We hope that having one dedicated member of staff will give greater consistency for parents and offer the chance to build strong relationships with local parents and other stakeholders such as schools. If this proves successful, we will investigate funding to do this in other areas.

We are also piloting creating podcasts – short 20–30-minute information chats on issues of interest to parents of neurodivergent children, that aim to provide key information on a given topic that is accessible and can be listened to by parents at any time. So far feedback has been good, and we are considering whether this should be extended.

3. Financial Review

3.1 Financial Position

The charity is in a good financial position at the end of August 2023 with actual reserves of £73,093 which is above our planned reserve level of £49,667. We have funding in place for most of our budgeted expenses for the next financial year and the remainder can be met from our planned community and corporate fundraising.

Looking beyond the next financial year our main funding from The National Lottery will stop in November 2024. We are currently working on applying to several funding streams to replace this core funding as well continuing with project specific funding applications. Our Marketing and Fundraising Assistant has settled well into the role with income from community, corporate and individual donations up to £28,037 in this financial year. We plan to continue working on increasing our unrestricted income with a wider range of community and corporate income.

We are incredibly grateful to all the funders, community organisations, companies and individuals including our members, their families and friends who have supported us during the year and allowed us to adapt and continue the services we provide to our members.

3.2 Details of Any Funds Materially in Deficit

The Charity has no funds which are materially in deficit.

3.3 Policy on Reserves

The Trustees have decided that the charity needs to hold reserves to cover the possibility of a grant being cut short or not renewed. Holding reserves will allow the Trustees time to find alternative sources of funding without having to make immediate redundancies. We have a 12-month contract for our office rent so it was agreed that a level of 6 months of payroll and 12 months of rent costs would allow enough time for alternative funding to be found or cutbacks in expenditure to be planned.

This gives a planned reserve of £49,667 based on 6 months of budgeted salary and 12 months of budgeted rent costs (Dec 23 figures used).

The actual reserves held at the end of this financial year were £73,093. This is higher than the planned reserve due to the large legacy gift of £36,000 which was received in July 2021. When the National Lottery funding ceases in November 2024 this will mean a drop in grant income of £44,478. Until we have secured replacement core cost funding the additional reserves will be held as a contingency to cover any gaps in funding and enable the services to continue at the current level.

3.3 Principal Sources of Funding

Grants

The main grant funding we received this year was £57,577 from The National Lottery Community Fund, the 4th year of the five-year continuation funding which started in November 2019. This covered most of the main staff costs related to our support groups, some of our one-to-one staff time and most of our overheads.

The remaining one-to-one service costs were covered by £1,352 of funding from Herts County Councillors from their Locality Budgets carried forward from the previous year: Terry Hone, Fiona Hill, Marios Artemi, Steve Jarvis, along with £4,802 of funding received from Hertfordshire Community Foundation (HCF) and an additional £5,000 from HCF (Building Life Chances – to provide additional support for neurodivergent parents) both of which were received in the previous year. At the end of the year, we also received £1,300 from the Locality Budget of Herts County Councillor Tina Bhartwas which will help to cover the costs of one-to-one support for Letchworth families in the following year.

We also received grants totalling £1,530 from Hertfordshire County Council which funded the 11 parent workshops that we delivered in partnership with Nessie in Ed CIC to parents of children that were either newly diagnosed with Autism or had been referred for assessment.

In addition, we had £563 funding from Awards for All, carried forward from the previous year, which we used to complete the project to develop and deliver two new workshops, working with Techsafe, a local non-profit CIC who develop and deliver training for children and young people around internet usage and the online world.

We also used funding of £5,185, carried forward from the previous year, from the Letchworth Garden City Heritage Foundation to continue with a joint project with the Letchworth Family Support Team to develop and deliver a programme of workshops for families in Letchworth who have not yet been able to access our services, to build up their confidence and knowledge, so they can support their children and feel able to access our services going forward.

We received a grant of £5,000 from Beds and Luton Community Foundation which helped to support the costs of running the support groups during the year. At the end of the year, we also received £500 from Magic Little Grants which will be used to cover some of the support group costs in the following year.

Donations and Support

In October 22 we received £750 from Stevenage Striders running club – part of the money raised for charities at their annual 10k and mini mile events.

In November 22 we received the first of a series of donations from members of Nuffield Health in Letchworth. Throughout the year, in various fundraising activities they have raised £227.84 for Angels.

In November we also received a donation of £50 from Khalsa Youth Football.

Cultivo, a restaurant and bar in Letchworth, have run a fundraising quiz and other activities this year to support us – raising £167.42 throughout the year.

In November As One Choir chose us as their charity to support during the year. They have run a range of activities as well as their normal performances including carol singing at Kings Cross station, singing at Cultivo and the Hitchin Food Festival and raised an amazing £3,100 over the year.

In December 22 we received a donation of £150 from the Rotary Club of Hitchin Tilehouse and £281.20 from Mary Exton Junior and Infant School – raised during a year 4 class charity event.

Also, during December, we held a Christmas prize draw with prizes generously donated by local businesses, our members and Trustees. This year we raised £1379 in ticket sales.

We also received £916.44 from Stevenage Ladies Choir which was part of the proceeds from their Christmas concert, and a donation of £58 from Hexcel Composite Ltd.

In December the members of Music Train Letchworth started on a year long fundraising campaign for us raising a fantastic £523.30 throughout this year. Hartbeeps (Hitchin, St. Albans, Luton and Potters Bar) also raised £83 for Angels.

In January 23 we received a donation of £300 from Reynolds Social club – raised at their coffee mornings. We also received £250 from the Ancient Order of Foresters (Royston) and £175.84 from William Ranson Primary School raised at their Christmas play charity collection.

In February Santander Hitchin branch raised £140 (including matched funding from their head office) for Angels.

In March 23 we received a donation of £65 from Ark Wills.

In April 23 Moore Teachers Ltd kindly donated £240 to Angels.

In May 23 Belisily in Letchworth raised £45 for Angels through a raffle held at their café/soft play area.

Also, in May we had a stall at the Letchworth Coronation Celebrations which raised £304.28 and a stall at Stotfold Steam Fair which raised £155.97.

We also held a fundraising event at Mecca Bingo in Stevenage. Lots of Angels members joined us for the evening and Mecca Bingo kindly donated part of the entrance fee back to us. We raised £423.29.

In June 23 we received a donation of £756 from Best Before Café in Letchworth from their fundraising evening. We also received a donation of £55 from Roman Way school.

Also, in June we received £1500 from the Chesfield Downs Golf Club men's section – raised during the year at various fundraising events arranged by their Captain Phil Tovey.

In July 23 we received £179.80 from Hitchin Community Choir – raised from donations from their summer concert.

In August 23 we had a stall at Royston Kite Festival. We raised £68.91 on the day but will also be given a donation of part of the ticket sales as we were chosen by Royston Rotary Club as their charity of the year.

In August we also received a donation of £1000 from St Katherine Ickleford PCC and £132.50 from The Millstream pub in Hitchin from their teddy bear raffle.

Throughout the year we have also received regular income from the North Herts Community Lottery. This is a community lottery that has been set up and allows people to buy tickets in this weekly lottery and choose a charity to donate 50% of the ticket income to. In this financial year we received £2,793.50 in ticket income.

Over the year we have also been supported by many members making one-off and regular donations which we are very grateful for.

3.4 Remuneration of Trustees

All Trustees act in a voluntary capacity and receive no remuneration or other material benefits from their services to the Charity.

Out-of-pocket expenses necessarily and reasonably incurred by Trustees in promoting the purposes of the Charity are reimbursed at cost.

4. Reference and Administration Details

4.1 Charity Name & Registration

Name of the Charity: Angels Support Group Hitchin

Any other names by which the charity is known: **Angels Support Group or Angels**

Charity No: 1117059

Registered with HM Revenue & Customs Yes / ~~No~~

4.2 Charity's Principal Address

Unit 19, The Pixmore Business Centre, Letchworth, HERTS, SG6 1JG

e-mail: info@angelssupportgroup.org.uk

website: www.angelssupportgroup.org.uk

4.3 Names of the Trustees Who Manage the Charity

<i>Name</i>	<i>Office</i>	<i>Appointed</i>	<i>Resigned</i>	<i>Appointed by</i>
Clare Slater	Chair			Trustees/Members at AGM
Oluwakemi Adejare				Trustees/Members at AGM
Hilary Forrester	Secretary			Trustees/Members at AGM
Justin Richards			22/01/2024	Trustees/Members at AGM
Rowena Crabtree				Trustees/Members at AGM
John Skeeles	Treasurer		13/11/2023	Trustees/Members at AGM
Nicola Ager				Trustees/Members at AGM
Amit Durgaprasad			13/11/2023	Trustees/Members at AGM
Tammy Smith		12/06/2023		Trustees/Members at AGM
Helen Osment	Interim Treasurer	25/09/2023		Trustees/Members at AGM

4.4 Names of Advisors & Senior Members of Staff

The charity employed the following senior staff members during the year:

Parent Support Manager: Leise Cooper

Specialist Support Practitioner: Penny Howarth

Financial Manager: Raine Simcox

Meeting Supervisor and Specialist Support Practitioner: Kirsten Bennet

Specialist Support Practitioner: Judith Russell

Administrator and Specialist Support Practitioner: Caroline Upcraft

Fundraising, Marketing and Administration Assistant: Bethan Desai

4.5 Bank

HSBC, 1 Market Place, Hitchin, Hertfordshire, SG5 1DR

Unity Trust, Four Brindleyplace, Birmingham, B1 2JB

4.6 Independent Examiner

Philip M Jones FCA, 13 Walled Garden Close, Beckenham, Kent, BR3 3GN

5. Structure, Governance & Management

5.1 Type of Governing Document

Constitution adopted on the 19th January 2005. As amended 29th September 2015

5.2 Statutory Declaration

The Trustees confirm that they have paid due regard to the Charity Commission's guidance on public benefit in deciding what activities the charity should undertake. For all the above activities there have been no identified harmful effects associated with providing the benefits. The charity does employ people to provide various services and so does provide private benefits to people other than the beneficiaries. These private benefits are all incidental as they all contribute directly towards achieving the charity's objectives.

5.3 Trustee Selection Methods

There must be at least three charity trustees.

In accordance with the Constitution, Trustees are appointed or re-appointed for a term of one year by a resolution passed at the AGM. New Trustees can be appointed in the interim by agreement of the existing Trustees. In appointing Trustees due consideration is given to ensuring that the Trustees have, between them, the skills and experience necessary to manage the charity effectively and in accordance with charity law.

Approved by the Trustees and signed on their behalf.

2nd April 2024



Clare Slater (Chair)



Helen Osment (Treasurer)

ANGELS SUPPORT GROUP HITCHIN No. 1117059

Receipts and Payments for the year to 31st August 2023

	Unrestricted	Restricted	Total 2023	Total 2022
	£	£	£	£
Income Receipts				
Grants and Donations				
Grants		£ 65,907	£ 65,907	£ 94,841
Donations	£ 23,449	£ -	£ 23,449	£ 8,970
	£ 23,449	£ 65,907	£ 89,356	£ 103,811
Activities In Furtherance of Objectives				
Activity Deposits		£ -	£ -	£ -
Events/ Workshops/ Training	£ 2,820	£ -	£ 2,820	£ -
Library		£ -	£ -	£ -
	£ 2,820	£ -	£ 2,820	£ -
Activities to raise funds				
Fundraising Events	£ 176	£ -	£ 176	£ 5
Meeting Donations	£ 136	£ -	£ 136	£ 74
North Herts Community Lottery	£ 2,793	£ -	£ 2,793	£ 411
Prize Draw/ Raffle	£ 1,483	£ -	£ 1,483	£ 1,132
	£ 4,588	£ -	£ 4,588	£ 1,622
Investment Income				
Interest	£ 50	£ -	£ 50	£ 2
	£ 50	£ -	£ 50	£ 2
Other income				
Misc		£ -	£ -	£ -
	£ -	£ -	£ -	£ -
Total Receipts	£ 30,907	£ 65,907	£ 96,814	£ 105,435
Expenditure Payments				
Payment in furtherance of Objectives				
Facilitator	£ 909	£ 1,233	£ 2,142	£ 2,466
Food Vouchers		£ -	£ -	£ 500
Insurance		£ 1,509	£ 1,509	£ 1,484
Office Expenses	£ 945	£ 2,350	£ 3,295	£ 1,802
Payroll costs	£ 20,994	£ 61,209	£ 82,203	£ 65,757
Phone calls		£ 642	£ 642	£ 620
Print/post/copy/stationary		£ 927	£ 927	£ 599
Publicity	£ 48	£ -	£ 48	£ 42
Rent	£ 1,805	£ 10,069	£ 11,874	£ 10,096
Room Hire		£ -	£ -	£ 525
Speaker costs	£ 260	£ -	£ 260	£ 2,495
Sports/After school	£ 439	£ -	£ 439	£ -
Training		£ 274	£ 274	£ 1,773
Travel	£ 82	£ 1,433	£ 1,515	£ 1,118
Website	£ 12	£ 494	£ 506	£ 665
	£ 25,494	£ 80,140	£ 105,634	£ 89,942
Payments made to generate funds				
Fundraising Events	£ 1,025	£ -	£ 1,025	£ 1,883
Refreshments	£ 40	£ 11	£ 51	£ 18
	£ 1,065	£ 11	£ 1,076	£ 1,901
Management and Administration				
		£ -	£ -	£ -
		£ -	£ -	£ -
	£ -	£ -	£ -	£ -
Return of Grants		£ -	£ -	£ -
		£ -		
Total Payments	£ 26,559	£ 80,151	£ 106,710	£ 91,843
Net receipts for the year so far	£ 4,348	-£ 14,244	-£ 9,896	£ 13,592
Cash and bank balances at 31 August 2022	£ 68,745	£ 32,696	£ 101,441	£ 87,849
Cash and bank balances at 31st August 2023	£ 73,093	£ 18,452	£ 91,545	£ 101,441

ANGELS SUPPORT GROUP HITCHIN No. 1117059

Statement of Assets and Liabilities at 31st August 2023

	Bank Account	Cash in Hand	Total at 31st August 23
MONETARY ASSETS			
General Fund	£ 73,038	£ 55	£ 73,093
The National Lottery	£ 12,657		£ 12,657
Locality Budget - Letchworth	£ 1,300		£ 1,300
Locality Budget - Royston	£ 444		£ 444
Letchworth GC Heritage Foundation	£ 1,865		£ 1,865
Beds and Luton CF	£ 2,186		£ 2,186
			£ -
			£ -
			£ -
			£ -
Total Monetary Assets	£ 91,490	£ 55	£ 91,545

OTHER ASSETS

None

LIABILITIES


None

Approved by the trustees on 2nd April 2024

Signature:  Name: C.L. SLATER

Signature:  Name: HELEN OSMONT

These accounts were prepared by _____

Signature:  Name: RAINE SIMCOX

ANGELS SUPPORT GROUP HITCHIN No. 1117059

Notes to the Accounts for the year ended 31st August 2023

1 These accounts have been prepared on a receipts and payments basis.

2 Restricted Balances

	Opening Balance	Receipts	Payments	Closing Balance
The National Lottery	£ 15,351	£ 57,577	£ 60,271	£ 12,657
HCC/Nessie	£ 443	£ 1,530	£ 1,973	£ -
Awards for All	£ 563	£ -	£ 563	£ -
Locality Budget Letchworth	£ 433	£ 1,300	£ 433	£ 1,300
Locality Budget Royston	£ 871	£ -	£ 427	£ 444
Locality Budget Welwyn GC	£ 48	£ -	£ 48	£ -
Letchworth GC Heritage Foundation	£ 5,185	£ -	£ 3,320	£ 1,865
Herts Community Foundation	£ 4,802	£ -	£ 4,802	£ -
HCF Neurodiverse	£ 5,000	£ -	£ 5,000	£ -
Magic Little Grants	£ -	£ 500	£ 500	£ -
Beds & Luton Community Foundation	£ -	£ 5,000	£ 2,814	£ 2,186
	£ 32,696	£ 65,907	£ 80,151	£ 18,452



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Angels Support Group Hitchin

**On accounts for the year
ended**

31/08/2023

**Charity no
(if any)**

1117059

Set out on pages

1-2

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/08/2023.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

13 / 6 / 24

Name:

Philip Jones FCA

**Relevant professional
qualification(s) or body
(if any):**

Chartered Accountant
Fellow Institute of Chartered Accountants in England and Wales

Address:

13 Walled Garden Close
Beckenham Kent BR3 3GN

Section B

Disclosure

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

None