

REGISTERED COMPANY NUMBER: 05953090 (England and Wales)
REGISTERED CHARITY NUMBER: 1116935

Trustees' Report and
Unaudited Financial Statements
For The Year Ended 31 October 2022
for
PROSTAID
(A COMPANY LIMITED BY GUARANTEE)

Fortus Midlands Limited
31 High View Close
Hamilton Office Park
Leicester
Leicestershire
LE4 9LJ

PROSTAIID

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For The Year Ended 31 October 2022**

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PROSTAID

Trustees' Report For The Year Ended 31 October 2022

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 October 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

Purpose, Aims and Objectives:

To relieve sickness and in particular disease of the prostate by encouraging and supporting the needs and treatment of prostate cancer patients principally, but not exclusively, by the Department of Urology, University of Leicester NHS Trust and associated hospitals within the Leicester cancer area (Leicester, Leicestershire, Rutland and Northamptonshire).

To raise public awareness of the issues relating to prostate cancer.

To provide relief of suffering amongst men, particularly those treated, but not exclusively, by the Department of Urology, University of Leicester NHS Trust and associated hospitals for prostate cancer and associated prostate conditions and, in addition, their families and dependants through the provision of practical support and information and such other ways as the Trustees/Directors may determine.

The Charity's aims, objectives and activities to achieve the above are reviewed on a regular basis.

The Trustees have developed a five-year strategy with the aim of improving the organisation, its' operational effectiveness and thus the sustainability of the Charity. The strategy was reviewed in 2017/18 and the Board will continue to review and develop the Strategic Plan throughout 2021/22 where appropriate. A review will take place in 2023.

PROSTAD
Trustees' Report
For The Year Ended 31 October 2022

OBJECTIVES AND ACTIVITIES

Achievements and Performance

Background and Introduction

Prostate cancer is the most common cancer in men in the UK and 25% of all new cases of cancer diagnosed in the UK are prostate cancers. Cancer Research UK statistics (2016-2018) reveal there were 52,254 of new prostate cancer cases diagnosed in the UK every year (143 every day). In 2017-2018 12,039 men in the UK died from prostate cancer (around 32 every day). In the last 40 years prostate cancer rates have tripled, much of this rise can be attributed to increased detection with the widespread use of the PSA Test. In the 1970's, around three in ten men diagnosed with prostate cancer survived their disease beyond five years, now 78% of men survive their disease for 10 or more years. However, despite these improvements, according to the Office of National Statistics (ONS) surveys, Leicester, Leicestershire & Rutland has one of the poorest survival rates for aggressive prostate cancer over five years in the UK. Despite this, the Department of Health does not undertake prostate cancer awareness campaigns. In Leicestershire 41% of men diagnosed already have a prostate cancer metastasised disease which has spread to the bones and/or other parts of the body. The incidence of local men in the Leicestershire area diagnosed with prostate cancer is currently running at very high levels at present around 40 cases per week, compared with the Northampton area of 6 cases per week. Many Trustees and Members of Prostaid are local men who have or have previously suffered from the disease. Although UK research into the disease is excellent, Prostaid are proactive in raising funds to increase local awareness of the disease, treatments offered and the care and support available. Restrictions and lockdown measures associated with Covid 19 have still had a disruptive impact on the services provided and funded by Prostaid and although it had severely affected fundraising activities, this has now improved considerably. However, despite the issues faced, income for the Charity within the period has been reduced but remains positive.

What did we achieve during this year?

Funding of Prostaid Specialist Nurses

Negotiations with the University Hospitals of Leicester (UHL) resulted in an agreement to jointly fund three specialist nurses on a 50%-50% basis; nurses cover the whole spectrum of prostate cancer both at the point of diagnosis in Urology and, in Oncology for advanced disease. The three nurses will continue to be funded for a further three years from renewal of their contracts until February 2023.

Negotiations with the University Hospitals of Leicester (UHL) resulted in an agreement after Feb 2023 to continue to jointly fund two full time specialist nurses on a 50%-50% basis; one based in Oncology, one in Urology and one part time nurse. The nurses cover the whole spectrum of prostate cancer both at the point of diagnosis in Urology and, in Oncology for advanced disease, as required the three nurses will continue to be funded for a further three years from renewal of their contracts from Feb 2023.

Negotiations with Northampton General Hospital Trust resulted in the appointment of a PROSTad prostate cancer specialist nurse, Alice Knight on April 20th, 2020, on a three-year contract on 50%-50% basis the first prostate specialist nurse in the hospital who works with patients in Northampton and Northamptonshire. We plan subject to negotiation, to continue this post for a further three years from April 2023. The Northampton Committee, a of the Charity, has responsibility with the Board of Trustees for the Northampton Nurse.

One of the nurses Aimee Winfield left her position as prostate cancer nurse specialist funded by the Charity in March and is now Sister in Ward 28A. Interestingly she still has strong connections to our charity as she is addition to being in a new role as sister, she is a nurse practitioner undertaking prostate cancer transperineal biopsies. In order for this to happen Prostaid were able supply special needle guides which were essential for the biopsies to be undertaken at a cost of £14K. The training was given by Masood Khan our former Trustee who had to leave us as a Trustee through work commitments. Aimee's half time position was filled in June by the appointment of Laura Hunt who coming from Chemotherapy nursing has settled in well with the team and the patients.

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Trustees' Report For The Year Ended 31 October 2022

OBJECTIVES AND ACTIVITIES

The Charity's former Specialist Nurse, Jo Wortley, has continued to develop the role of Lead Nurse in the Urology Department, funded through UHL hospitals by the Integrated Care Board (was Clinical Commissioning Group). This role is supported by an 'active monitoring assistant', Niki Bakewell. Both roles support the activities of the Urology Department and Prostaids Specialist Prostate Cancer Nurses. This work has increased from under 200 patients to over 2000 patients due to the increasing survival of patients. The UHL has the largest prostate cancer cohort of nurses in the UK due to the pioneering and foresight of the charity in funding the first nurse in Urology in March 2007. All our nurses work continues still in very difficult conditions brought about by the pandemic.

Professional Training for Prostaids Specialist Nurses

The new Northampton Prostaids Prostate Cancer Nurse was scheduled to receive initial training by the lead prostate cancer nurse and her team. Unfortunately, still due to some Covid 19 restrictions continuing this training has been disrupted but hopefully re-commence in the forthcoming year when full Covid restrictions are lifted.

The University Hospitals of Leicester and Prostaids will continue to support professional training for specialist nurses to maintain and improve upon the level of care made.

The Charity having funded a special master's degree module for prostate cancer radiotherapy care for Fiona Kirkland in Leicester, she has now been promoted to Advanced Radiotherapy practitioner working with our support groups and patients to improve patient care and support from the Radiotherapy Department for the 370 to 400 patients that have Radiotherapy annually as part of their treatment. She has already commenced her a post treatment follow up audit of all PCa patients treated at the Radiology dept at the LRI.

Raising Awareness - Prostaids Advertising Campaign

The Charity continued, prior to Covid 19 restrictions, to promote prostate cancer awareness in the workplace and other venues in the catchment area. Records are maintained of the organisations and attendance at awareness events to ensure the aim of raising prostate cancer awareness to local people is maximised.

Raising Awareness of Prostate Cancer with Local Men

The Charity has updated and reprinted all its awareness leaflets through funding provided by local businesses.

The Charity continues to look at new ways to help and improve the care and treatment of local men with prostate cancer. We are excited to learn of the building of a Brachytherapy centre at LRI for more treatments for prostate cancer new and advanced, which will open in 2023. The Trustees take into consideration the guidance on public benefit issued by the Charity Commission when establishing priorities and activities. The Charity was active in locations within Leicestershire and Northamptonshire prior to Covid 19 restrictions. As such, a smaller number of awareness events than usual has been completed.

The Charity hopes to continue organising awareness events as normal in 2022/23. In this year it was able to hold awareness events with the employees and Management of Hinckley & Rugby Building Society at Hinckley and GE Baker Perkins at Groby and is planning in the forthcoming year with the Lord Mayor of Leicester for an awareness meeting and prostate cancer appeal at LCFC King Power Stadium in March and widespread prostate cancer awareness which uses Arriva Awareness Buses in Leicester & Leicestershire.

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Trustees' Report For The Year Ended 31 October 2022

OBJECTIVES AND ACTIVITIES

Awareness in men of African descent continues to remain an important aspect of the Charity's work. This population has a 1 in 4 risk of contracting prostate cancer in their lives compared to 1 in 8 of other populations. The Charity, where possible, tried to continue support group meetings and have been attempting to restart the group with Shavez Jeffers of the Centre for Ethnic Health Research. We have previously done several African Caribbean prostate cancer awareness events with the Pamela Campbell Morris Health foundation at the Rangers Football club, including a Football Match during the year since the loss of our African Caribbean PC Group leader the late Pamela Campbell- Morris but to date have not been able to restart the group. However, we are optimistic hopefully that this situation will soon change, as we are involved with a new project UAPC. United against prostate cancer.

UAPC United Against Prostate Cancer

The Charity is working with the East Genomic Medicine Service Alliance on a unique new ground-breaking project with NHS England that started this year and will be completed in April 2023. Historically all Genetic cancer biopsy testing was done in London at the Royal Marsden but with this project this testing with the histology and pathology being done at Leicester Royal Infirmary for the whole NHS Eastern sector. This testing has now begun just for men with inherited prostate cancer with the appointment of five "Champion" men who have been affected by inherited genetic prostate cancer who will promote the service throughout the region. As men of African Descent with their higher risk of prostate cancer can have a higher than average risk of inherited prostate cancer this means that the project will be able to help this community and hope to develop a lasting support for restoration of a local prostate cancer support group under our Prostaid umbrella for African/African Caribbean men with their support and longer term support of the East Midlands Cancer support Alliance which at the present time actively promote prostate cancer awareness amongst GP's.

NHS England and East Midlands Strategic Clinical Networks completed the care and treatment pathway for all men with prostate cancer in the East Midlands. This had resulted in Leicester becoming the largest centre in the Midlands, with patients coming for surgery and treatment in Leicester from Northamptonshire and most recently Lincolnshire. However, this has changed over the year due to extra NHS funds being made available this year (post pandemic) and both Northampton and Lincolnshire have now been able to purchase their own Davinci Robots to carry out their own prostate cancer surgery instead of coming to Leicester. Leicester was once one of only a few areas in the UK where men commenced prostate cancer treatment within a 62-day time frame from the point of Diagnosis. This time frame had been disrupted due to the Pandemic but thankfully this has and is improving considerably with the return of 'Face to Face' meetings between patient and consultant and patient and specialist nurses.

Improving Access to Information for Local Prostate Cancer Patients

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OBJECTIVES AND ACTIVITIES

Prostaid continues to improve the provision of providing accurate and quality information to patients. During the period, the Charity has produced an additional leaflet on "Hormone Treatment" and a further two are in the process of being completed. These leaflets are made available in several locations with one for Travel Insurance and Brachytherapy in both the General Hospital and at the Royal Infirmary. The artwork for these leaflets is provided free of charge and printing at a low cost to enable the Charity to produce quality affordable leaflets. The Charity continues to promote the unique PSA record cards to enable patients to understand TNM staging. In addition, the Charity has produced Radiotherapy Preparation Cards to enable patients to be ready for their radiotherapy treatment journey and has produced a leaflet showing the new meeting times of our five support groups now we are meeting Face to Face after the pandemic. UAPC United Against Prostate Cancer. The Charity is working with the East Genomic Medicine Service Alliance on a unique new ground-breaking project with NHS England that started this year and will be completed in April 2023. Historically all Genetic cancer biopsy testing was done in London at the Royal Marsden but with this project this testing with the histology and pathology being done at Leicester Royal Infirmary for the whole NHS Eastern sector This testing has now begun just for men with inherited prostate cancer with the appointment of five "Champions"; men who have been affected by inherited genetic prostate cancer who will promote the service throughout the region. As men of African Descent with their higher risk of prostate cancer can have a higher than average risk of inherited prostate cancer this means that the project will be able to help this community and hope to develop a lasting support for restoration of a local prostate cancer support group under our Prostaid umbrella for African/African Caribbean men with their support and longer term support of the East Midlands Cancer support Alliance., which at the present time actively promoting prostate cancer awareness amongst GPs. Options leaflet, Buddy leaflet, and PSA Record card is given to every patient diagnosed in the wallet folders provided for each new patient. In addition, the Charity has produced a 'Give Us A good PSA Test Card' for distribution to patients.

The Charity had been strongly involved in working and liaising with the East Midlands Strategic Clinical Networks -Prostate again Cancer Project working with Jo Wortley

DaVinci Robot

The Charity was actively involved in the launch of a £2 million Robot Appeal in 2014 in conjunction with Leicester Hospitals Charity and Nuffield Hospital, Leicester. The Robot continues to benefit patients and its use for the treatment of prostate cancer has increased with over 7000 procedures completed to date. Patients receiving treatment used to visit from both Northamptonshire and Lincolnshire, however, they now have their own DaVinci robots and carry out their own surgery, this state-of-the-art equipment is used to minimise the invasiveness of surgery for prostate cancer and has proved to dramatically improve the care, it is intended that a new Robot will be obtained for the hospital in 2023-24 to continue to improve the care of patient's treatment and outcomes of men with the disease. It continues to be of immense value to our community., and timing of operations have almost returned to before Covid.

John van Geest Centre (JVG)

Trustees have continued to actively liaise and work with this £15 million dedicated Prostate & Breast Cancer Research centre at Nottingham Trent University. We will continue our interest in their work and to be actively involved in their immunotherapy trials if funding for this research continues.

Website

The Charity's website continues to grow and develop with an increased use of social media in the form of Facebook & Twitter. We have introduced a new Get Involved section so people wanting to help Prostaid can sign up online. The Charity has undertaken an update of its website to make access easier and to enable access and use via mobile phones. We have hosted a new Video on prostate cancer surgery for UHL Surgeon Mr Paul Butterworth, and provided patients with cards to encourage patients to watch it, this helps answer patients queries fully before surgery and been most helpful.

The Charity now offers trustees a wider access facility to the Charity's archives and information through Office 365.

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Trustees' Report
For The Year Ended 31 October 2022

OBJECTIVES AND ACTIVITIES

Friends

The Charity continued to develop and support its family of 'Prostaïd Friends' although this was affected by the pandemic. We will continue establishing new support groups whenever needed. We also continued to develop our local volunteer support, befriending and information service for local patients and their families. In addition, the Charity also liaise and collaborate with a number of organisations and groups. Unfortunately, the level of collaboration with some have been affected by Covid. Our Trustee's chairman, Mark Dunkley, seeing this problem, is looking with the Trustees into a new approach into representing friends and members of support groups to ensure their input optimises effectiveness for all involved.

Collaboration

Collaborations include:

The Prostaïd Team of Befrienders UHL Genetics Department Prostaïd Prostate Cancer Specialist Nurses, Leicester Macmillan, LOROS UHL & NGH Management Teams Nuffield and Spire Hospitals Prostate Cancer UK Tackle Prostate Cancer Macmillan prostate cancer Nurses; Northampton & Kettering. Also, Urology Departments at UHL & Northampton Hospitals, Radiotherapy Dept. UHL Hospitals Oncology Departments at UHL and Northampton Hospitals.

Social Events

Several social events have taken place this year. These included the Christmas Party open to all support groups held in November 2022 at Leicester College., and several social Christmas parties at all the support groups.

Well-being Support

In addition to replicating wherever possible the successful activities undertaken during previous years, the charity had plans to organise a Penny Brohn type course at, probably Stamford Court, Leicester University, but even when Covid restrictions have been lifted the funding to Penny Brohn to enable them to undertake this for us had been withdrawn. We plan next year to see if we can promote a "Mindfulness and Wellbeing" course for willing patients and partners who have difficulty in coping with their prostate cancer diagnosis and treatment.

United Against Prostate Cancer

The 100,000 Genome project has now finished, the Charity, is now working with Dr Julian Barwell of UHL Genetics Department and other hospitals in Nottingham, Cambridge, and the East of England, this is United Against prostate Cancer(UAPC) This latest initiative continues to use. Genomic medicine increasingly becomes part of the mainstream and we will continue collaborating and supporting their work with newly diagnosed patients when required. Prostaïd was successful in helping to secure the first prostate biopsies that were used in the project and the youngest local patient champion at 42 years old with seven close relatives either prostate or breast cancer with inherited disease. The Charity is working with the East Genomic Medicine Service Alliance on this unique new ground breaking project with NHS England that started this year and will be completed in April 2023 .Historically, all Genetic cancer biopsy testing was done in London at the Royal Marsden but with this project this testing with the histology and pathology being done at Leicester Royal Infirmary for the whole NHS Eastern sector This testing has now begun just for men with inherited prostate cancer with the appointment of five " Champions" men who have been affected by inherited genetic prostate cancer who will promote the service throughout the region. As men of African Descent with their higher risk of prostate cancer can have a higher than average risk of inherited prostate cancer this means that the project will be able to help this community and hope to develop a lasting support for restoration of a local prostate cancer support group under our PROSTaïd umbrella for African/African Caribbean men with their support and longer term support of the East Midlands Cancer support Alliance., which at the present time actively promoting prostate cancer awareness amongst local GP's.

Support Groups

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OBJECTIVES AND ACTIVITIES

This was a most successful year with our support groups. The idea of producing an invitation letter to all newly diagnosed patients from Prostaïd and UHL PC nursing team has resulted in a large increase in newly diagnosed patients attending one of our four PC support groups. The Prostaïd support groups are considered to help and support the Government's initiative (and the NHS Trust's objective) to provide a holistic needs approach to patient treatment, care and support as required within the Holistic Needs Assessment (HNA) for every cancer patient from the 1 January 2020.

Now the good news we are delighted to say that from October 2021 when all our Support Groups returned to Face to Face, the numbers continue to grow month by month.

The Birstall Support Group continues to increase in popularity. This group is a collaboration with 'Birstall Bags' a breast cancer support group for patients and their families. The Charity jointly funds the group with Birstall Bags. It is understood this is the first support group in the UK jointly organised by breast and prostate charities. This social group meet monthly and regularly attracts a high number of patients and partners and has a walking group that walks regularly throughout the year, promoting health and well-being.

The Melton Support Group continues to grow in its new venue at the Baptist Church at Melton Mowbray. With interesting range of speakers and topics and a growing membership.

The African/African Caribbean Social/Support Group since the sad passing away of the leader, Pamela Campbell Morris, has not yet restarted but we plan to relaunch in the near future, extensively with Shavez Jeffers, at their weekly meetings. The format of these meetings (playing dominoes) and the Covid risk status of this group being contributing factors in the hesitant return of the group.

The Chairman of the Northampton Support Group is a member of the Northampton Committee and whilst this group is independent of Prostaïd, the Charity shares with them an association as member of Tackle. The Group meets monthly in Northampton. They reopened in Oct 2021 a new venue at present funded by the charity. The number of attendees remains strong.

Leicester Support Group

Originally the meeting was held at Leicestershire Golf Club but in August we were told that the clubhouse was to be closed from September. We then moved in August to our former venue, the Cradock at Knighton. It has been most successful with larger numbers attending and well received by everybody. We have had two new leaders of the group from October 2021.

The planned creation of a Southern Asian Social/Support Group has been put on hold. We plan to see if we can start this when time permits.

Brachytherapy

HDR (High Dose Rate) Brachytherapy boosts treatment for men with advanced disease, which reduces their Radiology treatment time from 7 weeks to 3 weeks, giving a potential 16% improvement in outcomes. The decision was finally reached that Leicester Royal Infirmary would be able to introduce HDR Brachytherapy in the purpose-built new unit in the Osborne building. This is due for completion in 2023. At present patients are now being sent to Lincoln Hospital for both HDR and Seeded Brachytherapy. The Charity looks forward to the opening of this new unit and to the additional remarkable use of HDR Brachytherapy to treat advanced prostate cancer. The Charity, in liaison with Dr Miguel Pandades, Consultant Lead Brachytherapy Oncologist at Lincoln Hospital has helped to produce a Video/Film on both types of Brachytherapy and growing numbers of patients go to the hospital for this successful treatment.

The Charity longer term idea is to have an Andrology Nurse practitioner however this is no longer necessary since the arrival of Urologist Pravish Ravindra who has established a new pathway to treat the problems of our patients with incontinence in UHL working with Ivonne Brylka -Mee continence nurse specialist. Now that pre- and post-operative treatment pathways have been established this is of immense help to all our prostate cancer patients.

How do we pay for it?

PROSTAD

Trustees' Report For The Year Ended 31 October 2022

OBJECTIVES AND ACTIVITIES

Fund Raising

Our fundraising this year was back where it was before lockdown. We ran our own Prostaïd Golf Day at Rothley in addition to a Golf Day at Loughborough and also a Northampton Golf Day arranged by the Rotary Club of Northampton Beckett. All these events did well this year and raised much appreciated funds for our charity. The best income came from the Rust bucket challenge delayed by two years which brought in £40K. Our Leicester Lions Beer festival in a hot July this year raised £14K for us.

The Alternative Santa Fun Run 2021 was also a success. The Charity will continue to be creative in planning events in the future.

Bizz Buzz Speed Networking Group for Prostaïd, launched in October 2018, will continue to be planned whenever possible. The group continued to meet monthly until the pandemic on the first Wednesday of every month and then used the Zoom platform. We brought this back Face to Face in October and as turnout was poor, we have decided to rethink and relaunch in spring 2023 with a different format of top speakers' lunch and speed networking!

Dedicated Prostaïd Prostate Cancer Centre for Leicester

The long-term aim of the Charity is to create a specialist Prostaïd Cancer Care Centre in Leicester whenever that opportunity may present itself. We recently under the auspices of Jonathan Kerry our previous treasurer and previous Chair, John Beatty have had talks with the Renewal & Regeneration committee of UHL under the direction of Nicky Topham their manager. Further to that we have had recent discussions with Richard Mitchell, Chief executive of UHL, who is keen to promote the project with our steering committee. With the recent news that Leicester has been given the status as the centre for prostate cancer in the East Midlands, opportunities may well exist in the future to realise the ambition. Whilst we were informed that the Urology Department will be moving to a new site at Glenfield Hospital within the next 7 years, we understand that due to NHS financial restrictions this could be delayed. However, the Charity wants to be closely involved in this transition and will scope and explore ways of appropriate beneficial support.

Communication

Prostaïd continue to produce an in-house newsletter every 6 months. The production costs no longer are sponsored by NEXT PLC. however, they continue to support our golf day and with raffle prizes. The Newsletter continues to be published with help from design company, Birdhouse. The Newsletter is published in January and June. New leaflets about prostate cancer continue to be developed. These add to an already wide range of information available electronically via the Prostaïd website and throughout all the hospitals in our area. During 2020 new leaflets were developed in liaison with patients, Prostaïd's specialist nurses and Consultants.

Distribution methods continue to include:

Information, including the Charity's half yearly Newsletter newsletter is made available via Prostaïd notice boards in UHL hospitals in Leicester Royal Infirmary, Leicester General Hospital, Coleman Assessment Centre and Radiotherapy Suite and Market Harborough, Melton, and Oakham hospitals. All notice boards have been sponsored by the Hinckley Round Table 129 and their 41 Club

Leaflets and Newsletters are made available in every hospital Leicestershire, Rutland, Kettering, and Northampton in addition to a few Health Centres and GP Surgeries throughout the region. The Charity distribute 2000 copies each quarter.

Our information leaflets have been made available in Chemists and pharmacies throughout Leicestershire, Northampton, and Rutland.

Financial Review

PROSTAD

Trustees' Report For The Year Ended 31 October 2022

OBJECTIVES AND ACTIVITIES

The fundraising income of the Charity has increased this year and reflects the significant fundraising efforts made by groups and individuals post pandemic. As such, the Charity continues to maintain a healthy financial position. Looking to the future we are planning a limited number of new high-profile fundraising events in 2022-2023 and with the continuing enthusiasm of our supporters we will aim to continue and raise the necessary funds to finance our programme of activities and improve and increase our support networks.

Reserves Policy

Trustees have agreed that the Charity should retain funds equal to a minimum of 12 months operating costs to help mitigate against the uncertain economic climate. Funds held may exceed that amount as reserves accumulate to achieve the funding levels required for ongoing new projects and initiatives.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The governing documents of the Charity are the Memorandum and Articles of Association. The Charity is a company limited by guarantee incorporated on 2 October 2006. Prostaid was registered with the Charity Commission on 22 November 2006. Trustee Board meetings are usually held four to six times annually. Appropriate training and information are provided for Trustees using guidelines provided by the Charity Commission.

Patrons

The charity is extremely grateful for the ongoing and wholehearted support from its Patrons who continue to effectively assist the Charity in achieving its aims and objectives through their loyal promotion, assistance and patronage.

Recruitment and appointment of new trustees

At present (as at 31/10/22) there are 11 Trustees. In the current year there have been two resignations: Jonathan Kerry and Masood Khan. Prostaid Trustees appoint a Chair of Trustees annually at the first meeting of each financial year. The Trustees of the Charity are also its directors for the purposes of Company Law.

PROSTAD
Trustees' Report
For The Year Ended 31 October 2022

STRUCTURE, GOVERNANCE AND MANAGEMENT

Management of the Charity

Prostaid has a Leicestershire & Rutland Committee whose function is to support, provide awareness and plan fundraising activities to support the aims of the Charity. The Charity also has a satellite committee which meets in Northamptonshire (Northamptonshire Committee). The Charity encourages its members to participate in helping to achieve its charitable aims. Members of the Leicestershire & Rutland Committee can attend meetings of the Board of Trustees as observers but are unable to vote. The Board regard this opportunity as an ideal method of introducing those members who aspire to be Trustees to the operations and functions of the Board. This recognises and assists in the need for the Charity to regularly refresh membership, introduce new skills and experience to the Board and thus fulfil its aim of effective succession planning to help secure the Charity's future.

Prostaid Board of Trustees

The Trustees hold regular board meeting six times per year.

Leicestershire & Rutland Committee Membership: (Due to Covid 19, this committee's meetings have been suspended as the meeting venue, Nuffield hospital is no longer is able to accommodate our meetings.

Management of the Charity continued with specialised meetings over Zoom of sub committees i.e., Fundraising. This was led by Scott McLaren with some success.

Northamptonshire Committee Membership: (Due to Covid 19, this committee's meetings have been disrupted) however RB attended the last committee meeting of Northampton Committee Face to Face after the resignation of Alistair Fergusson. This Committee decided to continue to meet & work with us and recently in October 2022 with chairman of Trustees Mark Dunkley we met all members of the committee.

(Committee Chair) Vacant Dennis Bowden, Stuart Cheeseman (ill health), Douglas Wilson, Robert Martel (soon to undergo cancer surgery) Bip Wetherall (retired due to ill health) Richard Truby Hemant Nemade (Head of cancer at NGH).

Prostaid does not have leased offices or business premises. It employs one Trustee/Director, Robert Banner, who is employed on a full-time basis to oversee and administer the daily activities of the Charity, including fundraising, on behalf of the Board of Trustees. It also has a treasurer, Dave Merriman, who with an assistant Treasurer, Faye Lord, who is paid as an independent bookkeeper and works from home and who has responsibility for paying invoices and keeping our accounts up to date and accurate. The assistant treasurer is also responsible for organising information about the Charity's activities via social media i.e., Twitter & Facebook.

All other Trustees and Members of Committees offer and provide their services on a voluntary basis. Named individuals offer the following services for the Charity:

Health and Safety Co-ordinator Stuart Berry
Buddy Co-ordinator Ian Nightingale
Friends Co-ordinator Norman Bell
Advanced Prostate Cancer Liaison & Support Co-ordinator Philip Baker
Awareness Co-ordinator Stuart Berry
Patient Support Helpline Stuart Berry/Rob Banner
Social/Support Co-ordinator Peter & Meryl Walker/Michael Newell/Jo Wortley & Bob White
Support & Liaison Co-ordinator Rob Banner
African Caribbean Awareness Ambassador & UAPC Team Shavez Jeffers
Fundraising Co-ordinator Rob Banner

The overall activity, commitment, and skills that members of the Committees possess are directly linked to the Charity's success.

Risk management

Trustees have assessed the risks to which the Charity is exposed and are satisfied that they have adequate procedures in place to manage those risks.

PROSTAD

**Trustees' Report
For The Year Ended 31 October 2022**

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

05953090 (England and Wales)

Registered Charity number

1116935

Registered office

17 Torrington Close
Wigston Magna
Leicester
Leicestershire
LE18 2RY

Trustees

Robert Banner
John Beatty
Stuart Berry
John Bird (Vice Chair)
Mark Dunkley (Chair)
Christopher Kent
Jonathan Kerry (resigned 28.2.22)
Scott McLaren
Graydon Thwaite
Joanne Wortley
Masood Khan (resigned 31.7.22)
Jonathan Foster
Dave Merriman (Treasurer)

Independent Examiner

Richard Buckby FCA
Fortus Midlands Limited
31 High View Close
Hamilton Office Park
Leicester
Leicestershire
LE4 9LJ

Approved by order of the board of trustees on15/2/2023..... and signed on its behalf by:



.....
Robert Banner - Trustee

**Independent Examiner's Report to the Trustees of
Prostaid**

Independent examiner's report to the trustees of Prostaid ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 October 2022.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Richard Buckby FCA
Fortus Midlands Limited
31 High View Close
Hamilton Office Park
Leicester
Leicestershire
LE4 9LJ

Date: 15/2/2023

PROSTAD

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 OCTOBER 2022

	Notes	Unrestricted funds £	Restricted funds £	2022 Total funds £	2021 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		66,542	-	66,542	109,291
Other fund raising activities	2	88,296	28,000	116,296	12,458
Investment income	3	330	-	330	32
Total		<u>155,168</u>	<u>28,000</u>	<u>183,168</u>	<u>121,781</u>
EXPENDITURE ON					
Charitable activities					
Direct costs		108,830	3,485	112,315	60,683
Support costs		29,243	-	29,243	44,795
Other		19,795	-	19,795	18,951
Total		<u>157,868</u>	<u>3,485</u>	<u>161,353</u>	<u>124,429</u>
NET INCOME/(EXPENDITURE)		(2,700)	24,515	21,815	(2,648)
RECONCILIATION OF FUNDS					
Total funds brought forward		292,556	3,250	295,806	298,454
TOTAL FUNDS CARRIED FORWARD		<u>289,856</u>	<u>27,765</u>	<u>317,621</u>	<u>295,806</u>

The notes form part of these financial statements

PROSTAD
BALANCE SHEET
31 OCTOBER 2022

	Notes	2022 £	2021 £
FIXED ASSETS			
Tangible assets	8	518	799
CURRENT ASSETS			
Debtors	9	55	3,966
Cash at bank		325,484	305,925
		<u>325,539</u>	<u>309,891</u>
CREDITORS			
Amounts falling due within one year	10	(8,436)	(14,884)
NET CURRENT ASSETS		<u>317,103</u>	<u>295,007</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		317,621	295,806
NET ASSETS		<u>317,621</u>	<u>295,806</u>
FUNDS	13		
Unrestricted funds		289,856	292,556
Restricted funds		27,765	3,250
TOTAL FUNDS		<u>317,621</u>	<u>295,806</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 October 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 October 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

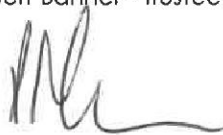
PROSTAID

Balance Sheet - continued
31 October 2022

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on15/2/2023..... and were signed on its behalf by:


.....
Robert Banner - Trustee


.....
Dave Merriman - Trustee

The notes form part of these financial statements

**Notes to the Financial Statements
For The Year Ended 31 October 2022**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

PROSTaid meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

The financial statements are presented in Sterling (£).

Company status

The company is a company limited by guarantee. The members of the company are the Trustees named on Page 10. In the event of the company being wound up, the liability in respect of the guarantee is limited to £10 per member of the company.

Income

All income is recognised once the company has entitlement to the income, it is probable that all the income will be received and the amount of income receivable can be measured reliably.

Donated services or facilities are recognised when the company has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from use by the company of the item is probable and the economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), the general volunteer time of the Friends is not recognised and refer to the Trustees' report for more information about their contribution.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the company which is the amount the company would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

Expenditure

Expenditure is recognised once there is a legal or consecutive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of a total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use.

Support costs are those costs incurred directly in support of expenditure on the objects of the company and include project management carried out at Headquarters. Governance costs are those incurred in connection with administration of the company and compliance with constitution and statutory requirements.

Notes to the Financial Statements - continued
For The Year Ended 31 October 2022

1. ACCOUNTING POLICIES - continued

Expenditure

Charitable activities and Governance costs are incurred on the company's educational operations, including support costs and costs relating to the governance of the company, apportioned to charitable activities.

Going concern

The trustees have prepared the financial statements on the basis that the charity is a going concern.

Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the company; this is normally upon notification of the interest paid or payable by the Bank.

Tangible fixed assets

All assets costing more than £250 are capitalised.

A review for impairment of a fixed asset is carried out if events or changes in circumstances indicate that the carrying value of any fixed asset may not be recoverable. Shortfalls between the carrying value of fixed assets and their recoverable amounts are recognised as impairments. Impairment losses are recognised in the Statement of financial activities incorporating income and expenditure account.

Tangible fixed assets are carried at cost, net of depreciation and any provision for impairment. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their estimated residual value, over their expected useful lives on the following basis:

Fixtures and fittings	- five years
Computer equipment	- three years

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably. Liabilities are recognised at the amount that the company anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide. Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised with interest payable and similar charges.

PROSTAD

Notes to the Financial Statements - continued
For The Year Ended 31 October 2022

1. ACCOUNTING POLICIES - continued

Financial instruments

The company only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instrument are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

2. OTHER FUND RAISING ACTIVITIES

	2022	2021
	£	£
Golf days	11,697	11,088
Bizz Buzz	1,200	1,270
Other events	732	80
Christmas party	2,242	-
Rust bucket rally	39,584	-
Face masks	-	20
UAPC	28,000	-
Beer festival	32,841	-
	<u>116,296</u>	<u>12,458</u>

3. INVESTMENT INCOME

	2022	2021
	£	£
Interest receivable	<u>330</u>	<u>32</u>

4. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2022	2021
	£	£
Independent examination fee	2,400	2,340
Depreciation - owned assets	<u>605</u>	<u>971</u>

5. TRUSTEES' REMUNERATION AND BENEFITS

	2022	2021
	£	£
Trustees' salaries	<u>19,795</u>	<u>18,951</u>

During the period under review, R Banner (Trustee) received total remuneration for £19,795 (2021: £18,951). This remuneration is for his work as an employee of the Charitable Company, and as such is within the scope of the Memorandum and Articles of Association. R Banner is considered to be the only paid key management.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 October 2022 nor for the year ended 31 October 2021.

PROSTAD

Notes to the Financial Statements - continued
For The Year Ended 31 October 2022

6. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2022	2021
Management	<u>1</u>	<u>1</u>

No employees received emoluments in excess of £60,000.

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	109,291	-	109,291
Other fund raising activities	12,458	-	12,458
Investment income	32	-	32
Total	<u>121,781</u>	<u>-</u>	<u>121,781</u>
EXPENDITURE ON			
Charitable activities			
Direct costs	60,683	-	60,683
Support costs	41,795	3,000	44,795
Other	18,951	-	18,951
Total	<u>121,429</u>	<u>3,000</u>	<u>124,429</u>
NET INCOME/(EXPENDITURE)	352	(3,000)	(2,648)
RECONCILIATION OF FUNDS			
Total funds brought forward	292,204	6,250	298,454
TOTAL FUNDS CARRIED FORWARD	<u>292,556</u>	<u>3,250</u>	<u>295,806</u>

PROSTAD

Notes to the Financial Statements - continued
For The Year Ended 31 October 2022

8. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Computer equipment £	Totals £
COST			
At 1 November 2021	4,835	13,763	18,598
Additions	-	324	324
At 31 October 2022	4,835	14,087	18,922
DEPRECIATION			
At 1 November 2021	4,476	13,323	17,799
Charge for year	84	521	605
At 31 October 2022	4,560	13,844	18,404
NET BOOK VALUE			
At 31 October 2022	275	243	518
At 31 October 2021	359	440	799

9. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Donations receivable	-	3,600
Other debtors	55	130
Gift aid recoverable	-	236
	55	3,966

10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Bank loans and overdrafts (see note 11)	-	3,000
Social security and other taxes	26	(5)
Accrued expenses	8,410	11,889
	8,436	14,884

11. LOANS

An analysis of the maturity of loans is given below:

	2022 £	2021 £
Amounts falling due within one year on demand:		
Bank overdrafts	-	3,000

PROSTAD

Notes to the Financial Statements - continued
For The Year Ended 31 October 2022

12. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted funds £	Restricted funds £	2022 Total funds £	2021 Total funds £
Fixed assets	518	-	518	799
Current assets	297,774	27,765	325,539	309,891
Current liabilities	(8,436)	-	(8,436)	(14,884)
	<u>289,856</u>	<u>27,765</u>	<u>317,621</u>	<u>295,806</u>

13. MOVEMENT IN FUNDS

	At 1.11.21 £	Net movement in funds £	At 31.10.22 £
Unrestricted funds			
General fund	291,137	(4,383)	286,754
Northampton	1,418	952	2,370
Support Groups	-	732	732
	<u>292,555</u>	<u>(2,699)</u>	<u>289,856</u>
Restricted funds			
Brachytherapy	3,000	-	3,000
Website videos	250	-	250
United Against Prostate Cancer	-	24,515	24,515
	<u>3,250</u>	<u>24,515</u>	<u>27,765</u>
TOTAL FUNDS	<u>295,805</u>	<u>21,816</u>	<u>317,621</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	152,751	(157,134)	(4,383)
Northampton	1,686	(734)	952
Support Groups	732	-	732
	<u>155,169</u>	<u>(157,868)</u>	<u>(2,699)</u>
Restricted funds			
United Against Prostate Cancer	28,000	(3,485)	24,515
	<u>183,169</u>	<u>(161,353)</u>	<u>21,816</u>

PROSTAD

Notes to the Financial Statements - continued
For The Year Ended 31 October 2022

13. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.11.20 £	Net movement in funds £	At 31.10.21 £
Unrestricted funds			
General fund	292,204	(1,066)	291,138
Northampton	-	1,418	1,418
	<u>292,204</u>	<u>352</u>	<u>292,556</u>
Restricted funds			
Newsletter	2,000	(2,000)	-
Brachytherapy	3,000	-	3,000
Website videos	1,250	(1,000)	250
	<u>6,250</u>	<u>(3,000)</u>	<u>3,250</u>
TOTAL FUNDS	<u>298,454</u>	<u>(2,648)</u>	<u>295,806</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	119,913	(120,979)	(1,066)
Northampton	1,868	(450)	1,418
	<u>121,781</u>	<u>(121,429)</u>	<u>352</u>
Restricted funds			
Newsletter	-	(2,000)	(2,000)
Website videos	-	(1,000)	(1,000)
	<u>-</u>	<u>(3,000)</u>	<u>(3,000)</u>
TOTAL FUNDS	<u>121,781</u>	<u>(124,429)</u>	<u>(2,648)</u>

PROSTAD

Notes to the Financial Statements - continued
For The Year Ended 31 October 2022

13. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.11.20 £	Net movement in funds £	At 31.10.22 £
Unrestricted funds			
General fund	292,204	(5,449)	286,755
Northampton	-	2,370	2,370
Support Groups	-	732	732
	<u>292,204</u>	<u>(2,347)</u>	<u>289,857</u>
Restricted funds			
Newsletter	2,000	(2,000)	-
Brachytherapy	3,000	-	3,000
Website videos	1,250	(1,000)	250
United Against Prostate Cancer	-	24,515	24,515
	<u>6,250</u>	<u>21,515</u>	<u>27,765</u>
TOTAL FUNDS	<u>298,454</u>	<u>19,168</u>	<u>317,622</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	272,664	(278,113)	(5,449)
Northampton	3,554	(1,184)	2,370
Support Groups	732	-	732
	<u>276,950</u>	<u>(279,297)</u>	<u>(2,347)</u>
Restricted funds			
Newsletter	-	(2,000)	(2,000)
Website videos	-	(1,000)	(1,000)
United Against Prostate Cancer	28,000	(3,485)	24,515
	<u>28,000</u>	<u>(6,485)</u>	<u>21,515</u>
TOTAL FUNDS	<u>304,950</u>	<u>(285,782)</u>	<u>19,168</u>

Restricted funds

Newsletter - Donation received towards the cost of producing quarterly newsletters.

Brachytherapy - Donation received towards the cost of Brachytherapy.

Website videos - Donation received towards the cost of producing videos for the website.

United Against Prostate Cancer - Donation towards the genetic testing of people with prostate cancer to the East Midlands

Unrestricted funds - Designated

PROSTAID

**Notes to the Financial Statements - continued
For The Year Ended 31 October 2022**

13. MOVEMENT IN FUNDS - continued

Northampton - Funds earmarked by the trustees for use in Northampton area.

14. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 October 2022.

PROSTAD

**Detailed Statement of Financial Activities
For The Year Ended 31 October 2022**

	2022 £	2021 £
INCOME AND ENDOWMENTS		
Donations and legacies		
General donations (incl Gift Aid)	36,270	35,857
Santa fun run	840	1,956
Legacies and funeral donations	2,432	44,072
Donations in kind	27,001	27,406
	<hr/> 66,543	<hr/> 109,291
Other fund raising activities		
Golf days	11,697	11,088
Bizz Buzz	1,200	1,270
Other events	732	80
Christmas party	2,242	-
Rust bucket rally	39,584	-
Face masks	-	20
UAPC	28,000	-
Beer festival	32,841	-
	<hr/> 116,296	<hr/> 12,458
Investment income		
Interest receivable	330	32
	<hr/>	<hr/>
Total incoming resources	183,169	121,781
EXPENDITURE		
Charitable activities		
General fundraising costs	50,064	6,908
Urology Nurse's salary	11,904	12,581
Nurse's salaries	35,134	40,864
	<hr/> 97,102	<hr/> 60,353
Other		
Trustees' salaries	19,795	18,951
Support costs		
Finance		
Bank charges	229	-
Other		
Gifts and services in kind	27,001	27,406
Insurance	2,598	2,339
Travel expenses	1,355	812
Depreciation	605	971
Carried forward	31,559	31,528

This page does not form part of the statutory financial statements

PROSTAD

**Detailed Statement of Financial Activities
For The Year Ended 31 October 2022**

	2022 £	2021 £
Other		
Brought forward	31,559	31,528
Office expenses	4,121	4,787
Support group expenses	2,301	1,181
Other	1,544	2,452
	<u>39,525</u>	<u>39,948</u>
Governance costs		
Independent examination fee	2,400	2,340
Accountancy and bookkeeping	2,302	2,837
	<u>4,702</u>	<u>5,177</u>
Total resources expended	<u>161,353</u>	<u>124,429</u>
Net Income/(expenditure)	<u>21,816</u>	<u>(2,648)</u>

This page does not form part of the statutory financial statements