

PROSTAD

England & Wales · Charity number 1116935

Details

Status	Registered
Legal form	Charitable company
Company number	05953090
Registered	2006-11-22
Register	View on the Charity Commission register

Contact

Address	17 Torrington Close Wigston Magna Wigston LE18 2RY
Phone	01162888188
Email	prostaid@wigston.net
Website	www.prostaid.co.uk

Activities

Objects: 1. TO RELIEVE SICKNESS AND IN PARTICULAR DISEASE OF THE PROSTATE BY ENCOURAGING AND SUPPORTING THE NEEDS AND TREATMENT OF PROSTATE CANCER PATIENTS PRINCIPALLY TREATED BUT NOT EXCLUSIVELY BY THE DEPARTMENT OF UROLOGY, UNIVERSITY OF LEICESTER NHS TRUST AND ASSOCIATED HOSPITALS WITHIN THE LEICESTER CANCER CARE AREA 2. TO RAISE PUBLIC AWARENESS IN THE ISSUES RELATING TO PROSTATE CANCER 3. TO PROVIDE RELIEF OF SUFFERING AMONGST MEN, PRINCIPALLY TREATED, BUT NOT EXCLUSIVELY BY UROLOGY, UNIVERSITY OF LEICESTER HOSPITALS, AND ASSOCIATED HOSPITALS, FOR PROSTATE CANCER AND ASSOCIATED PROSTATE CONDITIONS, AND IN ADDITION THEIR FAMILIES AND DEPENDENTS THROUGH THE PROVISION OF PRACTICAL SUPPORT AND INFORMATION AND SUCH OTHER WAYS AS THE TRUSTEES/DIRECTORS MAY DETERMINE

Activities: A local charity of patients and urologists, working with Leicestershire, Rutland, Northamptonshire hospitals and associated hospital in the Leicester cancer care area. Helping prostate cancer sufferers, by raising funds for new innovative equipment and treatment, centre funded specialist nurses, offering volunteer support and befriending & raising local awareness of the disease in local men.

Classification

- **How:** Provides Other Finance, Provides Human Resources, Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, The Advancement Of Health Or Saving Of Lives, The Prevention Or Relief Of Poverty, Human Rights/religious Or Racial Harmony/equality Or Diversity
- **Who:** The General Public/mankind

Geography

- **Area of benefit:** PRINCIPALLY TREATED BUT NOT EXCLUSIVELY BY DEPT OF UROLOGY, UNIVERSITY OF LEICESTER NHS TRUST AND ASSOCIATED HOSPITALS WITHIN THE LEICESTER CANCER CARE AREA.
- Cambridgeshire
- Leicestershire
- Lincolnshire
- Northamptonshire
- Nottinghamshire
- Rutland

Finances

Period end	Income	Expenditure	Assets	Employees
2025-10-31	£170,235	£193,753	-	-
2024-10-31	£256,438	£212,931	-	-
2023-10-31	£177,483	£183,982	-	-
2022-10-31	£183,169	£161,353	-	-
2021-10-31	£121,781	£124,429	-	-

Trustees

Name	Role	Appointed
Aimee Rebecca Winfield		2023-03-28
Anthony Simon Bates		2024-09-16
Chris Kent		2018-10-24
David Oliver Merriman		2021-07-07
JOHN WILLIAM BIRD		
Jehngir Akhtar		2025-07-30
Joanne Wortley		2018-10-24
Jonathan William Kerry		2025-07-30
ROBERT HANFORD PASHLEY BANNER		
SCOTT MCLAREN		2015-04-08
STUART CHARLES BERRY		
Sudhir Bhuden Prasad Bhatt		2025-07-30

PROSTAID

England & Wales - Charity number 1116935

Accounts

Company registration number: 05953090
Charity registration number: 1116935

**PROSTAD
TRUSTEES' REPORT AND
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 OCTOBER 2025**

Prostaid Contents

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Prostaid
Company No. 05953090
Trustees' Report For The Year Ended 31 October 2025

The trustees present their report and the financial statements for the year ended 31 October 2025.

Objectives and Activities

Aims and Objectives

The Charity's primary objectives are:

To relieve sickness, particularly prostate-related diseases, by supporting and encouraging the treatment of prostate cancer patients. This is primarily, though not exclusively, carried out with the Department of Urology, University of Leicester NHS Trust, and associated hospitals in Leicester, Leicestershire, Rutland, and Northamptonshire.

To raise public awareness of issues relating to prostate cancer.

To provide relief of suffering among men, particularly those treated for prostate cancer and related conditions, through practical support and information for patients, their families, and dependants, delivered in ways determined by the Trustees.

The Charity's aims and activities are regularly reviewed. Trustees have developed a five-year strategy to improve organisational effectiveness and ensure long-term sustainability. This strategy was last reviewed in 2017/18, continued through 2021/22, with the next formal review planned for 2026.

Achievements and Performance

Main Achievements

Background

Prostate cancer is the most common cancer in men in the UK, accounting for 25% of all new cancer diagnoses. According to Cancer Research UK (2017–2019):

- Around 55,300 new cases are diagnosed each year (approximately 150 per day).
- Between 2021–2023, 12,200 men died from prostate cancer (about 34 per day).
- Rates have tripled in the past 40 years due to increased detection through PSA testing. Survival rates have improved significantly: in the 1970s, only 30% of men survived five years or more, compared with 78.9% surviving ten years or more today.
- However, Leicester, Leicestershire, and Rutland still experience some of the lowest five-year survival rates for aggressive prostate cancer in the UK. Local data shows that 21% of men are diagnosed with metastasised disease, spreading to bones or other areas. Currently, over 42 new cases of prostate cancer per week are diagnosed locally, compared with 18 in Northampton and 9.6 nationally (CRUK).
- Many Prostaid Trustees and members are local men with personal experience of the disease. The Charity focuses on raising local awareness, improving patient care, and supporting families.

Despite challenges from high inflation and the rising cost of living and increases in taxation the Charity's income remains positive.

Key Achievements

Funding of Prostaid Specialist Nurses

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**Prostaid
Trustees' Report (continued)
For The Year Ended 31 October 2025**

Main Achievements - continued

- **University Hospitals of Leicester (UHL): Agreement to jointly fund three specialist nurses on a 50/50 basis from February 2023, for a three-year contract covering patients from diagnosis through oncology. Review due February 2026.**
- **Northampton General Hospital: Specialist nurse Alice Knight's contract renewed from 20 April 2023 for a further three years on a 50/50 basis, with renewal due in April 2026.**
- **Former nurse Aimee Winfield, now Sister in Ward 28A, remains a Trustee and continues work on trans perineal biopsies using Charity-funded equipment, reducing patient waiting times.**
- **Former Specialist Nurse Jo Wortley continues as Lead Nurse at UHL, supported by Charity-funded team members Aro Fernando, Alison Leggate, and Rebecca Mills.**

UHL now has the largest prostate cancer nurse cohort in the UK, a legacy of Prostaid's pioneering support.

Professional Training

- Northampton Prostate Cancer Nurse training has been delayed due to staff shortages, but integration with UHL under the University Hospitals of Northampton from July 2024 is expected to enable full training.
- UHL and Prostaid continue to support ongoing professional development for specialist nurses.

Raising Awareness

- Prostaid organised events at workplaces, community centres, and public venues including Samworth, GE Baker Perkins, LCFC, Leicester Racecourse, Leicester Caribbean Club, Orbit Buses, and the Ukulele Orchestra.
- Planned for 2026: Arriva Awareness Buses to reach a wider county audience.
- Special focus on men of African descent, who face a 1 in 4 lifetime risk of prostate cancer. Collaborations included the Pamela Campbell Morris Health Trust and African Caribbean Health Forum.

United Against Prostate Cancer (UAPC)

- Prostaid contributed to NHS England's East Genomic Medicine Service Alliance project, completed October 2023.
- Local pathology and histology services now allow genetic cancer biopsy testing in Leicester and Cambridge, benefiting men at higher risk, particularly those of African descent.

Patient Information and Resources

- Leaflets produced on hormone treatment, bone health, gut health, travel insurance, brachytherapy, and PSA records, distributed across hospitals and Macmillan Cancer Information Centres.
- Radiotherapy Preparation Cards and support group leaflets developed.
- Patient folders provided, including invitation letters, treatment options, buddy leaflets, PSA record cards, and newsletters.

Da Vinci Robot

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**Prostaid
Trustees' Report (continued)
For The Year Ended 31 October 2025**

Main Achievements - continued

- The £2 million Da Vinci Robot appeal (2014) continues to improve prostate surgery outcomes, with over 7,000 procedures completed.
- New robot equipment is planned for Leicester General Hospital.

John van Geest Centre (JVG)

- Trustees maintain collaboration with Nottingham Trent University's £15 million Prostate & Breast Cancer Research Centre and participate in immunotherapy trials.

Website and Digital Presence

- Website improvements include mobile optimisation and a "Get Involved" section.
- Office 365 now provides Trustees with access to Charity archives.

Friends & Forum

- Support networks and volunteer services continue to develop.
- Plans for a Prostaid Forum to incorporate support group ideas remain ongoing.

Collaborations

- Partnerships include UHL Genetics, Macmillan, LOROS, Northampton & Kettering Hospitals, Nuffield and Spire Hospitals, Prostate Cancer UK, Tackle Prostate Cancer, and University of Leicester researchers.

Social Events and Well-being

- Christmas parties, curry evenings, and the Glen Gorse Walking Club organised five healthy walks.

Support Groups

- Four support groups in Leicester, Melton, Birstall, and Northampton continue to grow.
- Collaboration with Birstall Bags (a breast cancer charity) supports a unique joint group.
- African/Caribbean group to relaunch with support from Howard Morris.
- Southern Asian support group on hold due to increased attendance in existing groups.

Brachytherapy

- HDR (High Dose Rate) and LDR (seeded) Brachytherapy will soon be available at Leicester Royal Infirmary, reducing treatment times and improving outcomes.
- Charity-supported leaflets and video content continue to educate patients.

**Prostaid
Trustees' Report (continued)
For The Year Ended 31 October 2025**

Fundraising and Finance

- Successful events included the Prostaid Golf Day, local fund raising, memorial football match, Dragon Boat Race (£15k), and the Freeze Your Bits and Bobs Off sponsored walk.

Dedicated Prostaid Prostate Cancer Centre

- Plans for 2025–26 include additional high-profile fundraising events.
- Work continues towards a specialist Prostate Centre in Leicester, with support from UHL and Trustees. Fundraising is planned to complete by Autumn 2026.
- The proposed centre, to be called 'The Prostate Centre', received full written support from Chief Executive Richard Mitchell of UHL.
- Leadership team: Mr Anthony Bates (UHL Urologist and Clinical Lead), Chair Jonathan Kerry, Rob Banner, and Fundraising Manager Anna Price.
- A meeting with UHL in January 2026 will finalise the location to enable our fundraising programme to complete by Autumn 2026.

Newsletter and Leaflets

- Biannual newsletter continues, supported by Birdhouse. Leaflets distributed to hospitals, GP surgeries, and public noticeboards across Leicester, Leicestershire, Rutland, Kettering, and Northampton.

Financial Review

Fundraising and Finance

- Fundraising income increased despite post-pandemic and economic challenges.
- Reserves Policy: Minimum 12 months' operating costs retained, with additional funds earmarked for ongoing projects.
- Expected pending legacies include £70k from the Toyne legacy

Structure, Governance and Management

Governing Document

- Charity governed by Memorandum and Articles of Association.
- Incorporated: 2 October 2006; Registered Charity: 22 November 2006.
- Trustees meet 4–6 times annually.
- Legal advice confirms fundraising for the Prostate Centre can continue under existing governing documents, with a separate bank account.

Patrons

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**Prostaid
Trustees' Report (continued)
For The Year Ended 31 October 2025**

Governing Document - continued

- Richard Everard DL OBE
- Alan Birchenall MBE
- Patrons provide ongoing support and promotion of Charity objectives.

Recruitment of Trustees

- Appointments in 2025: Jonathan Kerry (Chair), Jang Akhtar, Suds Bhatt.
- Resignations: Mark Dunkley (Chair, June 2025), Peter Hayes (May 2025).

Management

- One full-time employed Trustee, Robert Banner, oversees operations.
- Honorary Treasurer: Dave Merriman; Assistant Treasurer: Faye Lord (bookkeeping and social media).
- Other key roles include Buddy Coordinators, Friends Coordinator, Awareness Coordinator, Fundraising Coordinator, and support group leads, ensuring smooth operations and direct patient support.

Volunteers

- Total volunteer hours: 1,860 hours in 2024–25, supporting patient care and services.

Risk Management

- Trustees regularly assess risks and implement appropriate mitigation measures.

Reference and Administrative Details

Trustees

Mr Jonathan Kerry (Chair) (appointed 30/07/2025)
Mr John Bird (Vice chair)
Mr Robert Banner
Mr David Merriman (Treasurer)
Mrs Aimee Winfield
Mr Anthony Bates
Mr Christopher Kent
Mr Jehngir Akhtar (appointed 30/07/2025)
Mrs Joanne Wortley
Mr Scott McLaren
Mr Sudhir Bhatt (appointed 30/07/2025)
Mr Graydon Thwaite (resigned 21/01/2025)
Mr Mark Dunkley (resigned 06/06/2025)
Mr Peter Ross (resigned 02/05/2025)
Mr Stuart Berry

**Prostaid
Trustees' Report (continued)
For The Year Ended 31 October 2025**

Company Secretary

Mr Robert Banner

Charity Number

1116935

Company Number

05953090

Principal Address

17 Torrington Close
Wigston
Leicester
Leicestershire
LE18 2RY

Registered Office

17 Torrington Close
Wigston
Leicester
Leicestershire
LE18 2RY

Independent Examiner

Martyn Griffiths FCCA
Blackthorn Griffiths Limited
Chartered Certified Accountants
Valley View Wood Lane
Tugby
Leicester
LE7 9WE

**Prostaid
Trustees' Report (continued)
For The Year Ended 31 October 2025**

Statement of Trustees' Responsibilities

The trustees (who are also the directors of Prostaid for the purposes of company law) are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statement unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing the financial statements the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgments and accounting estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The trustees are responsible for keeping adequate accounting records which disclose with reasonable accuracy at anytime the financial position of the charitable company and to enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Small Company Rules

This report has been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

The trustees' report was approved by the board of trustees and signed on its behalf by:



Mr Robert Banner

Trustee
28th January 2026



Mr David Merriman (Treasurer)

Trustee

Prostaid
Independent Examiner's Report to the Trustees of Prostaid
For The Year Ended 31 October 2025

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 October 2025.

Responsibilities and Basis of Report

As the charity trustees of the Company (and also its directors for the purposes of company law), you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent Examiner's Statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of ACCA, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Martyn Griffiths FCCA
28th January 2026
Valley View Wood Lane
Tugby
Leicester
LE7 9WE

Prostaid
Statement of Financial Activities (Including Income and Expenditure Account)
For The Year Ended 31 October 2025

				2025	2024
		Unrestricted	Restricted	Total	Total
	Notes	funds	funds	funds	funds
		£	£	£	£
INCOME AND ENDOWMENTS FROM:					
Donations and legacies	4	144,276	-	144,276	233,924
Charitable activities:					
Other fund raising activities		23,763	-	23,763	17,369
Investments	5	2,196	-	2,196	5,145
		<u>170,235</u>	<u>-</u>	<u>170,235</u>	<u>256,438</u>
EXPENDITURE ON:					
Charitable activities:	7				
Other events		(9,458)	-	(9,458)	(5,723)
Direct costs		(156,963)	-	(156,963)	(183,005)
Other		(27,332)	-	(27,332)	(24,203)
		<u>(193,753)</u>	<u>-</u>	<u>(193,753)</u>	<u>(212,931)</u>
NET (EXPENDITURE)/INCOME		<u>(23,518)</u>	<u>-</u>	<u>(23,518)</u>	<u>43,507</u>
NET MOVEMENT IN FUNDS		<u>(23,518)</u>	<u>-</u>	<u>(23,518)</u>	<u>43,507</u>
RECONCILIATION OF FUNDS:					
Total funds brought forward		312,260	42,369	354,629	311,122
TOTAL FUNDS CARRIED FORWARD	14	<u>288,742</u>	<u>42,369</u>	<u>331,111</u>	<u>354,629</u>

The notes on pages 13 to 20 form part of these financial statements.

Prostaid
Comparative Statement of Financial Activities (including Income and Expenditure Account)
For The Year Ended 31 October 2025

				2024
		Unrestricted funds	Restricted funds	Total funds
	Notes	£	£	£
INCOME AND ENDOWMENTS FROM:				
Donations and legacies	4	233,924	-	233,924
Charitable activities:				
Other fund raising activities		17,369	-	17,369
Investments	5	5,145	-	5,145
		<u>256,438</u>	<u>-</u>	<u>256,438</u>
EXPENDITURE ON:				
Charitable activities:	7			
Other events		(5,723)	-	(5,723)
Direct costs		(183,005)	-	(183,005)
Other		(24,203)	-	(24,203)
		<u>(212,931)</u>	<u>-</u>	<u>(212,931)</u>
NET INCOME		<u>43,507</u>	<u>-</u>	<u>43,507</u>
NET MOVEMENT IN FUNDS		<u>43,507</u>	<u>-</u>	<u>43,507</u>
RECONCILIATION OF FUNDS:				
Total funds brought forward		<u>268,753</u>	<u>42,369</u>	<u>311,122</u>
TOTAL FUNDS CARRIED FORWARD	14	<u><u>312,260</u></u>	<u><u>42,369</u></u>	<u><u>354,629</u></u>

The notes on pages 13 to 20 form part of these financial statements.

**Prostaid
Balance Sheet
As At 31 October 2025**

		Unrestricted funds	Restricted funds	2025 Total funds	2024 Total funds
	Notes	£	£	£	£
FIXED ASSETS					
Tangible Assets	11	-	-	-	134
		-	-	-	134
CURRENT ASSETS					
Debtors	12	72,675	-	72,675	91,750
Cash at bank and in hand		228,124	42,369	270,493	274,216
		300,799	42,369	343,168	365,966
Creditors: Amounts Falling Due Within One Year	13	(12,057)	-	(12,057)	(11,471)
NET CURRENT ASSETS (LIABILITIES)		288,742	42,369	331,111	354,495
TOTAL ASSETS LESS CURRENT LIABILITIES		288,742	42,369	331,111	354,629
NET ASSETS		288,742	42,369	331,111	354,629
FUNDS OF THE CHARITY					
Restricted Funds				42,369	42,369
Unrestricted Funds				288,742	312,260
TOTAL FUNDS	14			331,111	354,629

**Prostaid
Balance Sheet (continued)
As At 31 October 2025**

For the year ending 31 October 2025 the charitable company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the charitable company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

On behalf of the board



Mr Robert Banner

Trustee

28th January 2026



Mr David Merriman (Treasurer)

Trustee

The notes on pages 13 to 20 form part of these financial statements.

Prostaid
Notes to the Financial Statements
For The Year Ended 31 October 2025

1. General Information

Prostaid is a company limited by guarantee, incorporated in England & Wales, registered number 05953090 and registered charity number 1116935. The registered office is 17 Torrington Close, Wigston, Leicester, Leicestershire, LE18 2RY.

2. Statement of Compliance

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)", Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Companies Act 2006.

3. Accounting Policies

3.1. Basis of Preparation of Financial Statements

The financial statements have been prepared under the historical cost convention.

The charitable company is a Public Benefit Entity as defined by FRS 102.

3.2. Going Concern Disclosure

The trustees have not identified any material uncertainties related to events or conditions that may cast significant doubt about the charitable company's ability to continue as a going concern.

3.3. Fund Accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

3.4. Incoming Resources

All income is recognised once the company has entitlement to the income, it is probable that all the income will be received and the amount of income receivable can be measured reliably.

Donated services or facilities are recognised when the company has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from use by the company of the item is probable and the economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), the general volunteer time of the Friends is not recognised and refer to the Trustees' report for more information about their contribution.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the company which is the amount the company would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

Prostaid
Notes to the Financial Statements (continued)
For The Year Ended 31 October 2025

3.5. Resources Expended

Expenditure is recognised once there is a legal or consecutive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of a total of direct costs and shared costs, including support costs involved in undertaking each activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use.

Support costs are those costs incurred directly in support of expenditure on the objects of the company and include project management carried out at Headquarters. Governance costs are those incurred in connection with administration of the company and compliance with constitution and statutory requirements.

Charitable activities and Governance costs are incurred on the company's educational operations, including support costs and costs relating to the governance of the company, apportioned to charitable activities.

3.6. Tangible Fixed Assets and Depreciation

All assets costing more than £250 are capitalised.

A review for impairment of a fixed asset is carried out if events or changes in circumstances indicate that the carrying value of any fixed asset may not be recoverable. Shortfalls between the carrying value of fixed assets and their recoverable amounts are recognised as impairments. Impairment losses are recognised in the Statement of financial activities incorporating income and expenditure account.

Tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. Depreciation is provided at rates calculated to write off the cost of the fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Fixtures & Fittings	five years
Computer Equipment	three years

3.7. Financial Instruments

The company only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instrument are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

3.8. Taxation

The charity is exempt from corporation tax on its charitable activities.

4. Income from Donations and Legacies

Prostaid
Notes to the Financial Statements (continued)
For The Year Ended 31 October 2025

	2025	2024
	Unrestricted funds	Unrestricted funds
	£	£
Donations and gifts:		
General donations (incl Gift Aid)	101,196	191,430
Legacies and funeral donations	7,369	3,127
Donations in kind	24,644	28,282
Dragon Boat race	11,067	11,085
	<u>144,276</u>	<u>233,924</u>

5. Investment Income

	2025	2024
	Unrestricted funds	Unrestricted funds
	£	£
Bank interest receivable	<u>2,196</u>	<u>5,145</u>

6. Net Income/(Expenditure)

The net (expenditure)/income is stated after charging/(crediting):

	2025	2024
	£	£
Depreciation of tangible fixed assets - owned	<u>134</u>	<u>192</u>

7. Analysis of Expenditure

			2025
	Activities undertaken directly	Support costs (see note 8)	Total
	£	£	£
Other events	7,832	1,626	9,458
Direct costs	111,769	45,194	156,963
Other	27,332	-	27,332
	<u>146,933</u>	<u>46,820</u>	<u>193,753</u>

Prostaid
Notes to the Financial Statements (continued)
For The Year Ended 31 October 2025

	2024		
	Activities undertaken directly	Support costs (see note 8)	Total
	£	£	£
Other events	5,723	-	5,723
Direct costs	137,624	45,381	183,005
Other	24,203	-	24,203
	<u>167,550</u>	<u>45,381</u>	<u>212,931</u>

8. Support Costs

	2025		
	Other events	Direct costs	Total
	£	£	£
Employee costs	-	907	907
Premises expenses	-	3,065	3,065
General administration	1,626	41,088	42,714
Depreciation	-	134	134
	<u>1,626</u>	<u>45,194</u>	<u>46,820</u>

	2024
	Direct costs
	£
Employee costs	1,080
Premises expenses	2,722
General administration	41,387
Depreciation	192
	<u>45,381</u>

Prostaid
Notes to the Financial Statements (continued)
For The Year Ended 31 October 2025

9. Staff Costs

Staff costs were as follows:

	2025	2024
	£	£
Wages and salaries	25,514	24,203
Social security costs	1,818	-
	<u>27,332</u>	<u>24,203</u>

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000.

10. Average Number of Employees

Average number of employees during the year was: 1 (2024: 1)

11. Tangible Assets

	Fixtures & Fittings	Computer Equipment	Total
	£	£	£
Cost			
As at 1 November 2024	4,835	14,087	18,922
Disposals	-	(13,763)	(13,763)
As at 31 October 2025	<u>4,835</u>	<u>324</u>	<u>5,159</u>
Depreciation			
As at 1 November 2024	4,728	14,060	18,788
Provided during the period	107	27	134
Disposals	-	(13,763)	(13,763)
As at 31 October 2025	<u>4,835</u>	<u>324</u>	<u>5,159</u>
Net Book Value			
As at 31 October 2025	<u>-</u>	<u>-</u>	<u>-</u>
As at 1 November 2024	<u>107</u>	<u>27</u>	<u>134</u>

12. Debtors

	2025	2024
	£	£
Due within one year		
Donations receivable	72,050	91,125
Other debtors	625	625
	<u>72,675</u>	<u>91,750</u>

Prostaid
Notes to the Financial Statements (continued)
For The Year Ended 31 October 2025

13. Creditors: Amounts Falling Due Within One Year

	2025	2024
	£	£
Trade creditors	78	292
Other creditors	54	-
Taxation and social security	2,299	470
Accruals and deferred income	9,626	10,709
	<u>12,057</u>	<u>11,471</u>

14. Movement in Funds

	As at 1 November 2024	Income	Expenditure	As at 31 October 2025
	£	£	£	£
Unrestricted funds				
General:				
General unrestricted fund	307,938	170,235	(193,753)	284,420
Northampton	2,370	-	-	2,370
Support Groups	1,952	-	-	1,952
Total unrestricted funds	<u>312,260</u>	<u>170,235</u>	<u>(193,753)</u>	<u>288,742</u>
Restricted funds				
Brachytherapy	3,000	-	-	3,000
Website videos	250	-	-	250
United Against Prostate Cancer	39,119	-	-	39,119
Total restricted funds	<u>42,369</u>	<u>-</u>	<u>-</u>	<u>42,369</u>
Total funds	<u>354,629</u>	<u>170,235</u>	<u>(193,753)</u>	<u>331,111</u>

	As at 1 November 2023	Income	Expenditure	As at 31 October 2024
	£	£	£	£
Unrestricted funds				
General:				
General unrestricted fund	264,431	256,438	(212,931)	307,938

...CONTINUED

Prostaid
Notes to the Financial Statements (continued)
For The Year Ended 31 October 2025

Northampton	2,370	-	-	2,370
Support Groups	1,952	-	-	1,952
Total unrestricted funds	268,753	256,438	(212,931)	312,260
Restricted funds				
Brachytherapy	3,000	-	-	3,000
Website videos	250	-	-	250
United Against Prostate Cancer	39,119	-	-	39,119
Total restricted funds	42,369	-	-	42,369
Total funds	311,122	256,438	(212,931)	354,629

15. Transactions with Trustees

The following trustees have been paid remuneration or have received other benefits from the charity or related entity:

Name of trustee	Legal authority	Remuneration	2025 Total
		£	£
Mr Robert Banner	Governing document provision	27,332	27,332

During the previous year the following trustees have been paid remuneration or have received other benefits from the charity or a related entity:

Name of trustee	Legal authority	Remuneration	2024 Total
		£	£
Mr Robert Banner	Governing document provision	24,203	24,203

No trustee expenses have been incurred.

16. Related Party Disclosures

There have been no related party transactions in the reporting period that require disclosure, except for those disclosed in the Transactions with Trustees note.

Prostaid
Notes to the Financial Statements (continued)
For The Year Ended 31 October 2025

17. Company limited by guarantee

The company is limited by guarantee and has no share capital.

In the event of the company being wound up, the liability in respect of the guarantee is limited to £10 per member of the company.

Prostaid
Detailed Statement of Financial Activities (Including Income and Expenditure Account)
For The Year Ended 31 October 2025

	2025	2024
	Total	Total
	funds	funds
	£	£
INCOME AND ENDOWMENTS FROM:		
Donations and legacies		
General donations (incl Gift Aid)	101,196	191,430
Legacies and funeral donations	7,369	3,127
Donations in kind	24,644	28,282
Dragon Boat race	11,067	11,085
	<u>144,276</u>	<u>233,924</u>
Charitable Activities:		
Other fund raising activities		
Golf days	15,945	11,507
Other events	1,045	3,294
Christmas party	2,635	1,568
UAPC	-	1,000
Curry night	4,138	-
	<u>23,763</u>	<u>17,369</u>
Investments		
Bank interest receivable	2,196	5,145
	<u>2,196</u>	<u>5,145</u>
	<u>170,235</u>	<u>256,438</u>
EXPENDITURE ON:		
Charitable Activities:		
Other events		
Dragon Boat race costs	(7,832)	(5,723)
Curry night costs	(1,626)	-
	<u>(9,458)</u>	<u>(5,723)</u>
Direct costs		
General fundraising costs	(13,999)	(15,080)
Nurse's salaries	(97,770)	(122,544)
Travel expenses	(907)	(1,080)
Insurance costs	(3,065)	(2,722)
Gift and services in kind	(24,644)	(28,282)
Independent examiner's fees	(3,420)	(3,095)
Accountancy fees	(1,815)	(1,857)
Professional fees	(35)	-
Bank charges	(374)	(258)
Office expenses	(6,104)	(4,405)
Support group expenses	(4,696)	(2,811)

...CONTINUED

Prostaid
Detailed Statement of Financial Activities (including Income and Expenditure Account) (continued)
For The Year Ended 31 October 2025

Curry night costs	-	(679)
Depreciation of fixtures and fittings	(107)	(84)
Depreciation of computer equipment	(27)	(108)
	<u>(156,963)</u>	<u>(183,005)</u>
Other		
Trustees' salaries	(25,514)	(24,203)
Trustees' NI	(1,818)	-
	<u>(27,332)</u>	<u>(24,203)</u>
	<u>(193,753)</u>	<u>(212,931)</u>
NET (EXPENDITURE)/INCOME	<u>(23,518)</u>	<u>43,507</u>

PROSTAID

England & Wales - Charity number 1116935

Accounts

REGISTERED COMPANY NUMBER: 05953090 (England and Wales)
REGISTERED CHARITY NUMBER: 1116935

**TRUSTEES' REPORT AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 OCTOBER 2024
FOR
PROSTAID
(A COMPANY LIMITED BY GUARANTEE)**

TC Group
31 High View Close
Hamilton Office Park
Leicester
Leicestershire
LE4 9LJ

PROSTAIID

**CONTENTS OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 OCTOBER 2024**

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PROSTAID
TRUSTEES' REPORT
FOR THE YEAR ENDED 31 OCTOBER 2024

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 October 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

Purpose, Aims and Objectives:

To relieve sickness and in particular disease of the prostate by encouraging and supporting the needs and treatment of prostate cancer patients principally, but not exclusively, by the Department of Urology, University of Leicester NHS Trust, and associated hospitals within the Leicester cancer area (Leicester, Leicestershire, Rutland, and Northamptonshire)

To raise public awareness of the issues relating to prostate cancer.

To provide relief of suffering amongst men, particularly those treated, but not exclusively, by the Department of Urology, University of Leicester NHS Trust and associated hospitals for prostate cancer and associated prostate conditions and, in addition, their families and dependants through the provision of practical support and information and such other ways as the Trustees/Directors may determine.

The Charity's aims, its, objectives, and activities to achieve the above are reviewed on a regular basis.

The Trustees have developed a five-year strategy with the aim of improving the organisation, its' operational effectiveness and thus the sustainability of the Charity. The strategy was reviewed in 2017/18 and the Board will continue to review and develop the Strategic Plan throughout 2021/22 where appropriate. A review will take place in 2025.

PROSTAD
TRUSTEES' REPORT
FOR THE YEAR ENDED 31 OCTOBER 2024

OBJECTIVES AND ACTIVITIES

Achievements and Performance

Background and Introduction

Prostate cancer is the most common cancer in men in the UK and 25% of all new cases of cancer diagnosed in the UK are prostate cancers. Cancer Research UK statistics (2016-2018) reveal there were 52,300 of new prostate cancer cases diagnosed in the UK every year (144 every day). In 2017-2019- 12,039 men in the UK died from prostate cancer (around 33 every day 2017-2019 CRUK). In the last 40 years prostate cancer rates have tripled, much of this rise can be attributed to increased detection with the widespread use of the PSA Test. In the 1970's, around three in ten men diagnosed with prostate cancer survived their disease beyond five years, now 80% of men survive their disease for 10 or more years. However, despite these improvements, according to the Office of National Statistics (ONS) surveys, Leicester, Leicestershire & Rutland has one of the poorest survival rates for aggressive prostate cancer over five years in the UK. Despite this, the Department of Health does not undertake prostate cancer awareness campaigns. In Leicestershire 21% of men diagnosed already have a prostate cancer metastasised disease which has spread to the bones and/or other parts of the body. The incidence of local men in the Leicestershire area diagnosed with prostate cancer is currently running at very high levels at present around over 40 cases per week, compared with the Northampton area of 16 cases per week. National average CRK 9.6 cases diagnosed per week. Many Trustees and Members of Prostaid are local men who have or have previously suffered from the disease. Although UK research into the disease is excellent, Prostaid are proactive in raising funds to increase local awareness of the disease, treatments offered and the care and support available. High cost of living and inflation have had an impact of the services provided and funded by Prostaid and although it had severely affected fundraising activities, this has now improved considerably. However, despite the issues faced, income for the Charity within the period has been reduced but remains positive

What did we achieve during this year?

Funding of Prostaid Specialist Nurses

Negotiations with the University Hospitals of Leicester (UHL) resulted in an agreement to continue to jointly fund three specialist nurses on a 50% -50% basis from February 2023 on a three-year contract. These nurses cover the whole spectrum of prostate cancer both at the point of diagnosis in Urology and, in Oncology for advanced disease. The three nurses' three-year contracts will come up for renewal in February 2026

In addition, the appointment with Northampton General Hospital Trust of a PROSTad prostate cancer specialist nurse, Alice Knight has been renewed April 20th, 2023 for a further three-year contract on 50%-50% basis as still the first prostate specialist nurse in the hospital she continues to work with PC patients in Northampton and Northamptonshire. This nurse appointment for three years will come up for renewal in April 2026.

One of our former PC nurses Aimee Winfield left her position as prostate cancer nurse specialist funded by the Charity in March 2021 and is now Sister in Ward 28A. Interestingly she still has strong connections to our charity being appointed a Trustee in April 2023. In addition to being in a new role as sister, she is a nurse practitioner and together with her team and £14K equipment purchased by the charity the previous financial year continue the undertaking of prostate cancer transperineally biopsies and continue to dramatically reduce the patients' waiting times for a biopsy.

The Charity's former Specialist Nurse, Jo Wortley, has continued to develop the role of Lead Nurse in the Urology Department, funded through UHL hospitals by the Integrated Care Board (was Clinical Commissioning Group).and has now been promote to organising the role of her nurses as head of dept. This role is supported by changes in the nursing team, so she is supported by Aro Fernando, Alison Leggate, Rebecca Mills who are funded by PROSTaid

UHL has the largest prostate cancer cohort of nurses in the UK due to the pioneering and foresight of the charity in funding the first nurse in Urology in March 2007. All our nurses work continues still in difficult conditions brought by numerous problems throughout the NHS.

Professional Training for Prostaid Specialist Nurses

The new Northampton Prostaid Prostate Cancer Nurse was scheduled to receive initial training by the lead prostate cancer nurse and her team. Disappointingly through staffing shortages at Northampton General Hospital this had not been possible. Hopefully, now that NHG share the same Chief Executive and Chairman as UHL under the University Hospitals of Northampton from July 2024 and support of University of Leicester this will be able to commence in the forthcoming year,

The University Hospitals of Leicester and Prostaid will continue to support professional training for specialist nurses to maintain and improve upon the level of care made.

PROSTAD
TRUSTEES' REPORT
FOR THE YEAR ENDED 31 OCTOBER 2024

OBJECTIVES AND ACTIVITIES
Raising Awareness - Prostaïd

We continue to promote prostate cancer awareness events in any way that we possibly can!

The Charity hopes to continue organising awareness events in 2024/25. This year we were able to hold awareness events at: Kalu Training Consultancy, Geoff Smith Associates, Serco, GE Baker Perkins at Groby, and with Turners Insurance, Leicester, LCFC Walking Football Awareness at their Training centre at Seagrave, Saffron Dynamo Football club and, Barclaycard Northampton and further afield in November at Jaguar -Land Rover, Gaydon Warwickshire. Plans in the forthcoming year include in Autumn 2025 widespread prostate cancer county Health awareness events with Arriva Awareness Buses in Leicester & Leicestershire

This Charity continues to promote prostate cancer awareness in the workplace and other venues in our catchment area wherever possible. Records are maintained of the organisations and attendance at awareness events to ensure the aim of raising prostate cancer awareness to local people is maximised.

Awareness in men of African descent continues to remain an important aspect of the Charity's work. This population has a 1 in 4 risk of contracting prostate cancer in their lives compared to 1 in 8 of other populations. The Charity, where possible, have tried to continue support group meetings and have been attempting to restart the group recently with Howard Morris of the Pamela Campbell Morris Health Trust our charity's African Caribbean Liaison. We did with the Pamela Campbell Morris Health foundation at the Rangers Football club, an awareness Football Match However we did attend with Jo Lowry of UAPC and had a stand and the African Caribbean Health forum at the African Caribbean Club In Leicester in October and we were able to meet all our old friends and speak to the audience and promote prostate cancer awareness explaining the higher risk that black men have etc. However, we are optimistic hopefully Howard will be able to make this situation change, as we were involved with UAPC.United against prostate cancer.

UAPC United Against Prostate Cancer

The Charity is still actively working with the East Genomic Medicine Service Alliance on a unique new ground-breaking project with NHS England that started that was completed in October 2023. However, even though this project has now ended, lasting benefit will continue with the new tumour testing in UHL Pathology LRI and Cambridge EGMCS. Especially as Genetic cancer biopsy testing was done in London at the Royal Marsden but now testing with the histology and pathology is being done at Leicester Royal Infirmary and Cambridge EGMCS for the whole NHS Eastern sector. Particularly of benefit to men of African Descent with their higher risk of prostate cancer. And men with advanced prostate cancer needing innovative drugs for their treatment. We hope to develop a lasting support for restoration of a local prostate cancer support group under our Prostaïd umbrella for African/African Caribbean men with their support and the support of the East Midlands Cancer Alliance who are keen at the present time funds still permitting to enable us to give this support.

Improving Access to Information for Local Prostate Cancer Patients

Prostaïd continues to improve the provision of providing accurate and quality information to patients. During the period, the Charity has produced an additional leaflet on "Hormone Treatment: why bone health matters " and a further two are in the process of being completed. These leaflets are made available in several locations with one for Travel Insurance and Brachytherapy (available late 2023) in both the General Hospital and at the Royal Infirmary, Loughborough and Rutland Hospitals. The artwork for these leaflets is provided free of charge and printing at a low cost to enable the Charity to produce quality affordable leaflets. The Charity continues to promote the unique PSA record cards to enable patients to understand TNM staging. In addition, the Charity has produced Radiotherapy Preparation Cards to enable patients to be ready for their radiotherapy treatment journey and has produced a leaflet showing the new meeting times of our five support groups.

Patient Folders for new patients

An Invitation letter, Treatment Options leaflet, Buddy leaflet, support group leaflet and PSA Record card and copy of our newsletter are given to every patient diagnosed in the wallet folders we provide for each new patient.

The Charity had been strongly involved in working and liaising with the East Midlands Strategic Clinical Networks -Prostate against Cancer Project working with Jo Wortley.

PROSTAD
TRUSTEES' REPORT
FOR THE YEAR ENDED 31 OCTOBER 2024

OBJECTIVES AND ACTIVITIES

DaVinci Robot

The Charity was historically actively involved in the launch of a £2 million Robot Appeal in 2014 in conjunction with Leicester Hospitals Charity and Nuffield Hospital, Leicester. The Robot continues to benefit patients and its use for the treatment of prostate cancer has increased with over 7000 procedures completed to date. Patients receiving treatment used to visit from both Northamptonshire and Lincolnshire, however, they now since Covid have their own DaVinci robots and carry out their own surgery; this state-of-the-art equipment is used to minimise the invasiveness of surgery for prostate cancer and has proved to dramatically improve the care. It is intended that a new Robot will be obtained for the hospital in 2023-24 to continue to improve the care of patient's treatment and outcomes of men with the disease. immense value to our community. Already a new Robot has been provided at LRI by a local charity recently and they now plan to renew the Robot at LGH in the near future.

John van Geest Centre (JVG)

Trustees have continued to actively liaise and work with this £15 million dedicated Prostate & Breast Cancer Research centre at Nottingham Trent University. We will continue our interest in their work and to be actively involved in their immunotherapy trials.

Website

The Charity's website continues to grow and develop with an increased use of social media in the form of Facebook & X (Twitter). We have introduced a new Get Involved section so people wanting to help Prostaïd can sign up online. This spring 2024 we are having a complete update of our website to make it more user -friendly and this is being provided at no charge by our website company Steve Hawkins of Caged Fish who have supported from the charity's website since 2006! Already the Charity has undertaken an update of its website to make access easier and to enable access and use via mobile phones. This year we have hosted a new Video on African Caribbean awareness by international award-winning local film maker Wayne Nelson **Prostate, Men, Let's Talk**

The Charity now offers trustees a wider access facility to the Charity's archives and information through Office 365.

Friends & Forum

The Charity continues to develop and support its family of 'Prostaïd Friends' We will continue establishing new support groups whenever needed. We also continued to develop our local volunteer support, befriending and information service for local patients and their families. In addition, the Charity also liaise and collaborate with a number of organisations and support groups.

Our chairman of the Trustee's, Mark Dunkley, seeing this problem, is looking with the Trustees into a new approach into representing friends and members of support groups so as to ensure their input optimises effectiveness for all involved with the establishment of a "Forum" from members of our support group so ensure that we incorporate their ideas and innovations to benefit the charity.

Collaboration

Collaborations include.

The Prostaïd Team of Befrienders UHL Genetics Department Prostaïd Prostate Cancer Specialist Nurses, Leicester Macmillan, LOROS UHL & NGH Management Teams Nuffield and Spire Hospitals Prostate Cancer UK Tackle Prostate Cancer Macmillan prostate cancer Nurses; Northampton & Kettering. Also, Urology Departments at UHL & Northampton Hospitals, Radiotherapy Dept. UHL Hospitals Oncology Departments at UHL and Northampton Hospitals. Stephanie Mc Cardle David Bocook John Van Geest Centre, Nottingham Professor Julian Barwell UHL Genetics,

Social Events

Several social events have taken place this year. These included the Christmas Party open to all support groups held in November 2023 at Leicester College and several social Christmas parties at every support group.

Well-being Support

However, we have been able to organise through Jerry & Ann Bullock of Glen Gorse Walking club 6 healthy walks throughout the year which were excellent for all those from Birstall Support Group participated!

PROSTAD
TRUSTEES' REPORT
FOR THE YEAR ENDED 31 OCTOBER 2024

OBJECTIVES AND ACTIVITIES

Support Groups

This was another most successful year with our all-support groups. The idea of producing an invitation letter to all newly-diagnosed patients from Prostaïd and UHL PC nursing team has resulted in a large increase in newly diagnosed patients attending one of our four PC support groups. The Prostaïd support groups are considered to help and support the Government's initiative & Macmillan's (and the NHS Trust's objective) to provide a holistic needs approach to patient treatment, care and support as required within the Holistic Needs Assessment (HNA) for every cancer patient from the 1 January 2020.

Our numbers continue to grow month by month

The Birstall Support Group continues to increase in popularity. This group is a collaboration with 'Birstall Bags' a breast cancer support group for patients and their families. The Charity jointly funds the group with Birstall Bags. It is understood this is the first support group in the UK jointly organised by breast and prostate charities. This social group meet monthly and regularly attracts a high number of patients and partners and has a walking group that walks regularly throughout the year, promoting health and well-being.

The Melton Support Group continues to grow in its venue at the Baptist Church at Melton Mowbray, with an interesting range of speakers and topics and a growing membership.

The African/African Caribbean Social/Support Group since the sad passing away of the leader, Pamela Campbell Morris, not yet restarted but we plan to relaunch soon, extensively with help from Howard Morris at a regular meeting. The format of these meetings (playing dominoes) and contributing factors in the hesitant return of the group.

The Chairman of the Northampton Support Group is a member of the Northampton Committee and whilst this group is independent of Prostaïd, the Charity shares with them a close friendship and an association as member of Tackle. The Group meets monthly in Northampton at a different and continues to grow especially after moving to a new venue. The number of attendees remains strong. Our PROSTaid nurse Alice Knight attends each monthly meeting.

Leicester Support Group

Since moving to the Cradock Arms at Knighton, it has been most successful with larger numbers attending and well received by everybody. We have had two new leaders for the group from October 2021 the number and enthusiasm of the members meeting in this pub is tremendous.

The planned creation of a Southern Asian Social/Support Group has been put on hold. And we now find increasing member of this community now visit our Support Groups

Brachytherapy

HDR (High Dose Rate) Brachytherapy boosts treatment for men with advanced disease, which reduces their Radiology treatment time from 7 weeks to 3 weeks, giving a potential 16% improvement in outcomes. The decision was finally reached that Leicester Royal Infirmary would be able to introduce HDR Brachytherapy in the purpose-built new unit in the Osborne building. This now completed and open 2023. At present patients are now being sent to Lincoln Hospital for both HDR and Seeded Brachytherapy.

However, after training of the staff it will be open to local men with both LDR (seeded brachytherapy) and HDR (High dose rate Brachytherapy) The Charity looks forward to the opening of this new unit and to the additional remarkable use of HDR Brachytherapy to treat advanced prostate cancer.

The Charity, in liaison with Dr Miguel Pandades, Consultant Lead Brachytherapy Oncologist at Lincoln Hospital has helped to produce a Video/Film on both types of Brachytherapy and growing numbers of patients go to the hospital for this successful treatment.

A new leaflet written by our Dr Heather Tovey Oncologist and fellow in brachytherapy our local unit manager is available.

The Charity idea is to have an Andrology Nurse practitioner however is no longer necessary as UHL Urologist Pravish Ravindra has established a new pathway to treat the problems of our patients with incontinence in UHL working with Ivonne Brylka -Mee continence nurse specialist. Now that pre- and post-operative treatment pathways have been established this is of immense help to all our prostate cancer patients.

PROSTAD
TRUSTEES' REPORT
FOR THE YEAR ENDED 31 OCTOBER 2024

OBJECTIVES AND ACTIVITIES

How do we pay for it?

Fund Raising

Our fundraising this year we had hoped that it would be well back from where it was before lockdown. We ran our own very successful Prostaïd Golf Day at Rothley in addition to a Golf Day at Belton Woods GC Grantham Lincs, which also was most successful. All these events did well this year and raised much appreciated funds for our charity. Our Leicester Lions Beer festival we decided not to go ahead this year.

However, in the year we did have an excellent event with Inspired Homes retirement homes that raised £25K, and again memorial football match at Saffron Dynamos at Whetstone in Sept that brought in worthwhile amount in addition we held our Dragon Boat Race in June on the River Soar in Leicester that with sponsorships made us a further £15K.

As interest in December and our corresponding income from The Santa Fun Run in Loughborough has diminished since we last did it 2022, we have stopped taking part.

So, the Charity has been creative in planning events in the future and one of these events organised by Bradgate Rotary Club is on Sunday Jan 12th, 2025, doing a Sponsored Walk "Freeze your bits and Bobs Off" working with Breast Cancer Now! Also, we are arranging our first Curry Evening on March 3rd at Cuisine of India, Wigston.

Bizz Buzz Speed Networking Group for Prost aid, we are planning to relaunch our networking group of 2025 with the wonderful offer of help from Nylacast and help from our contacts for National business speakers and we feel that it has great opportunity for Networking and our charity.

Dedicated Prostaïd Prostate Cancer Centre for Leicester

Progress has been made this year for this long-term aim of the charity to create a specialist Prostaïd Cancer Care Centre in Leicester that opportunity now seems to have presented itself. After an inspiring trip in 2023 with four of our Trustees to the Prostate Project at the Royal Surrey Hospital Guilford and following a meeting earlier this year with Chief Executive Richard Mitchell of UHL using a detailed conceptual plan drawn up by a Leicester Architect, and a prepared conceptual audio-visual video.

We used these excellent communication tools to present our concept to both potential local sponsors and to the UHL Board and Hospital Management working with our project we are fortunate that we now have our leaders led by two Trustees: Mr Anthony Bates: Centre Clinical Lead for the PROSTaid prostate cancer Centre and Trustee Peter Ross: Centre Head of Fundraising and Fulfilment. Mr Anthony Bates continues his negotiation with UHL Management, and we anticipate approval in due course.

Prostaïd continue to produce an in-house newsletter every 6 months. The production costs no longer are sponsored by NEXT PLC. however, they continue to support our golf day and with raffle prizes. The Newsletter continues to be published with help from design company, Birdhouse. The Newsletter is published in late January and June. New leaflets about prostate cancer continue to be developed. These add to an already wide range of information available electronically via the Prostaïd website and throughout all the hospitals in our area. During 2024 new leaflets were developed one on Gut Health in liaison with patients, Prostaïd's specialist nurses and Consultants some of these costs were supported by the generosity of the Everard Family Foundation.

Distribution methods continue to include:

Information, including the Charity's half yearly Newsletter is made available via Prostaïd notice boards in UHL hospitals in Leicester Royal Infirmary, Leicester General Hospital, Coleman Assessment Centre and Radiotherapy Suite and Market Harborough, Melton, and Oakham hospitals. All notice boards have been sponsored by the Hinckley Round Table 129 and their 41 Club.

Leaflets and Newsletters are made available in every hospital Leicestershire, Rutland, Kettering, and Northampton in addition to a few Health Centres and GP Surgeries throughout the region. The Charity distribute 2000 copies each 6 months.

PROSTAIID
TRUSTEES' REPORT
FOR THE YEAR ENDED 31 OCTOBER 2024

OBJECTIVES AND ACTIVITIES

Financial Review

The fundraising income of the Charity has not increased this year and reflects the significant economic and inflationary situation post pandemic. So, despite all the tremendous efforts and hard work made by groups and our individuals as such, the Charity continues to maintain a healthy financial position. Looking to the future we are planning a limited number of new high-profile fundraising events in 2024-25 and with the continuing enthusiasm of our supporters we will aim to continue and raise the necessary funds to finance our programme of activities and improve and increase our support networks.

Funds Anticipated

The charity is anticipating payment from the following legacies:

The Toyne Legacy £70K and

The late Legacy Justin Butlin £20K

Reserves Policy

Trustees have agreed that the Charity should retain funds equal to a minimum of 12 months operating costs to help mitigate against the uncertain economic climate. Funds held may exceed that amount as reserves accumulate to achieve the funding levels required for ongoing new projects and initiatives.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The governing documents of the Charity are the Memorandum and Articles of Association. The Charity is a company limited by guarantee incorporated on 2 October 2006. Prostaid was registered with the Charity Commission on 22 November 2006. Trustee Board meetings are usually held four to six times annually. Appropriate training and information are provided for Trustees using guidelines provided by the Charity Commission.

Patrons

The charity is extremely grateful for the ongoing and wholehearted support from its Patrons who continue to effectively assist the Charity in achieving its aims and objectives through their loyal promotion, assistance and patronage.

Recruitment and appointment of new trustees

At present (as at 31/10/24) there are 11 Trustees. In the current year there has been one appointment Alan Bates Urological Surgeon who joined the Robotic surgery team. During 2024. We also had two resignations. John Beatty Urological Surgeon & Jonathan Foster who sadly had to both leave through increased demands from their work. Prostaid Trustees appoint a Chair of Trustees annually at the first meeting of each financial year. The Trustees of the charity are also its directors for the purposes of Company Law.

PROSTAD
TRUSTEES' REPORT
FOR THE YEAR ENDED 31 OCTOBER 2024

STRUCTURE, GOVERNANCE AND MANAGEMENT

Management of the Charity

Before the Covid epidemic Prostaïd had a Leicestershire & Rutland Committee and a satellite Northampton committee whose function was to support, provide awareness and plan fundraising activities to support the aims of the Charity.

Whilst the Board regarded this opportunity as an ideal method of introducing those members who aspire to be Trustees to the operations and functions of the Board.

Due to serious illness, the loss and death of the Northampton Chairman, injury, lack of support, NHS Treatment delays and the economic situation the Trustees accept that this in practical terms is no longer possible.

The Trustees have now decided due to these very many practical difficulties and health problems in the case of the Northampton Committee. That it has no alternative but to replace both with two new forums one for Leicestershire and one for Northamptonshire here interested parties invited from the support groups and our supporters will be invited to attend the Forum with Trustees that will meet to discuss new ideas and innovations for the charity.

Prostaïd Board of Trustees

The Trustees hold regular board meeting six times per year.

Prostaïd does not have leased offices or business premises. It employs one Trustee/Director, Robert Banner, who is employed on a full-time basis to oversee and administer the daily activities of the Charity, including fundraising, on behalf of the Board of Trustees. It also has an honorary treasurer, Dave Merriman, who with an assistant Treasurer, Faye Lord, who is paid as an independent bookkeeper and works from home and who has responsibility for paying invoices and keeping our accounts up to date and accurate. The assistant treasurer is also responsible for organising information about the Charity's activities via social media i.e., X & Facebook.

All other Trustees and Members of Committees offer and provide their services on a voluntary basis. Named individuals offer the following services for the Charity:

Health and Safety Co-ordinator: Stuart Berry
Buddy Co-ordinator: Jo Wortley/Nicki Bakewell/Rob Banner
Friends Co-ordinator: Norman Bell,
Advanced Prostate Cancer Liaison & Support Co-ordinator: Philip Baker
Awareness Co-ordinator: Stuart Berry,
Patient Support Helpline: Stuart Berry/Rob Banner
Social/Support Co-ordinators: Peter & Meryl Walker, Michael Newell, Jo Wortley and Bob White.
Support and Liaison Co-ordinator: Rob Banner
African Caribbean Awareness Ambassador & UAPC Team: Howard Morris
Fundraising Co-ordinator: Rob Banner

The overall activity, commitment, and skills that members of the Committees possess are directly linked to the Charity's success.

Volunteer Hours

We estimate that the time very kindly given this year by our volunteers in volunteer hours (other than the paid trustee) amounts in total to 1850 hours, in 2023-24 which has enabled the charity to achieve and maintain consistent support and care, for local men and their families affected by prostate cancer throughout the year.

Risk management

Trustees have assessed the risks to which the Charity is exposed and are satisfied that they have adequate procedures in place to manage those risks.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

05953090 (England and Wales)

Registered Charity number

1116935

PROSTAIID
TRUSTEES' REPORT
FOR THE YEAR ENDED 31 OCTOBER 2024

Registered office

17 Torrington Close
Wigston Magna
Leicester
Leicestershire
LE18 2RY

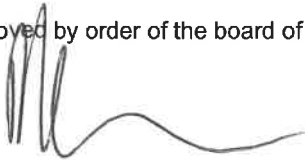
Trustees

Robert Banner
John Beatty (resigned 15.3.24)
Stuart Berry
John Bird (Vice Chair)
Mark Dunkley (Chair)
Christopher Kent
Scott McLaren
Graydon Thwaite (deceased 25.1.25)
Joanne Wortley
Jonathan Foster (resigned 26.5.24)
Dave Merriman (Treasurer)
Peter Andrew Ross
Aimee Rebecca Winfield
Mr Anthony Simon Bates (appointed 16.9.24)

Independent Examiner

Jordan Dennis ACA
TC Group
31 High View Close
Hamilton Office Park
Leicester
Leicestershire
LE4 9LJ

Approved by order of the board of trustees on 29 January 2025 and signed on its behalf by:



Dave Merriman - Trustee



Robert Banner - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
PROSTAD**

Independent examiner's report to the trustees of Prostaid ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 October 2024.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Jordan Dennis ACA

TC Group
31 High View Close
Hamilton Office Park
Leicester
Leicestershire
LE4 9LJ

29 January 2025

PROSTAIID

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 OCTOBER 2024

	Notes	Unrestricted funds £	Restricted funds £	2024 Total funds £	2023 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		233,924	-	233,924	101,194
Other fund raising activities	2	17,369	-	17,369	72,969
Investment income	3	<u>5,145</u>	<u>-</u>	<u>5,145</u>	<u>3,320</u>
Total		<u>256,438</u>	<u>-</u>	<u>256,438</u>	<u>177,483</u>
EXPENDITURE ON					
Charitable activities					
Direct costs		183,005	-	183,005	161,847
Other events		5,723	-	5,723	-
Other		<u>24,203</u>	<u>-</u>	<u>24,203</u>	<u>22,135</u>
Total		<u>212,931</u>	<u>-</u>	<u>212,931</u>	<u>183,982</u>
NET INCOME/(EXPENDITURE)		43,507	-	43,507	(6,499)
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>268,753</u>	<u>42,369</u>	<u>311,122</u>	<u>317,621</u>
TOTAL FUNDS CARRIED FORWARD		<u>312,260</u>	<u>42,369</u>	<u>354,629</u>	<u>311,122</u>

The notes form part of these financial statements

PROSTAID
BALANCE SHEET
31 OCTOBER 2024

	Notes	2024 £	2023 £
FIXED ASSETS			
Tangible assets	8	134	326
CURRENT ASSETS			
Debtors	9	91,750	17,616
Cash at bank		<u>274,216</u>	<u>296,437</u>
		365,966	314,053
CREDITORS			
Amounts falling due within one year	10	(11,471)	(3,257)
NET CURRENT ASSETS		<u>354,495</u>	<u>310,796</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		354,629	311,122
NET ASSETS		<u>354,629</u>	<u>311,122</u>
FUNDS	12		
Unrestricted funds		312,260	268,753
Restricted funds		<u>42,369</u>	<u>42,369</u>
TOTAL FUNDS		<u>354,629</u>	<u>311,122</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 October 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 October 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 29 January 2025 and were signed on its behalf by:



Robert Banner - Trustee



Dave Merriman - Trustee

The notes form part of these financial statements

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 OCTOBER 2024**

1. ACCOUNTING POLICIES**Basis of preparing the financial statements**

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

PROSTaid meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

The financial statements are presented in Sterling (£).

Company status

The company is a company limited by guarantee. The members of the company are the Trustees named on Page 10. In the event of the company being wound up, the liability in respect of the guarantee is limited to £10 per member of the company.

Income

All income is recognised once the company has entitlement to the income, it is probable that all the income will be received and the amount of income receivable can be measured reliably.

Donated services or facilities are recognised when the company has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from use by the company of the item is probable and the economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), the general volunteer time of the Friends is not recognised and refer to the Trustees' report for more information about their contribution.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the company which is the amount the company would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

Expenditure

Expenditure is recognised once there is a legal or consecutive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of a total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use.

Support costs are those costs incurred directly in support of expenditure on the objects of the company and include project management carried out at Headquarters. Governance costs are those incurred in connection with administration of the company and compliance with constitution and statutory requirements.

Charitable activities and Governance costs are incurred on the company's educational operations, including support costs and costs relating to the governance of the company, apportioned to charitable activities.

Going concern

The trustees have prepared the financial statements on the basis that the charity is a going concern.

Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the company; this is normally upon notification of the interest paid or payable by the Bank.

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 OCTOBER 2024

1. ACCOUNTING POLICIES - continued

Tangible fixed assets

All assets costing more than £250 are capitalised.

A review for impairment of a fixed asset is carried out if events or changes in circumstances indicate that the carrying value of any fixed asset may not be recoverable. Shortfalls between the carrying value of fixed assets and their recoverable amounts are recognised as impairments. Impairment losses are recognised in the Statement of financial activities incorporating income and expenditure account.

Tangible fixed assets are carried at cost, net of depreciation and any provision for impairment. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their estimated residual value, over their expected useful lives on the following basis:

Fixtures and fittings	- five years
Computer equipment	- three years

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably. Liabilities are recognised at the amount that the company anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide. Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised with interest payable and similar charges.

Financial instruments

The company only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instrument are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

2. OTHER FUND RAISING ACTIVITIES

	2024	2023
	£	£
Golf days	11,507	11,992
Bizz Buzz	-	1,200
Other events	3,294	4,254
Christmas party	1,568	1,377
UAPC	1,000	29,490
Beer festival	-	24,656
	<u>17,369</u>	<u>72,969</u>

PROSTAIID

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 OCTOBER 2024**

3. INVESTMENT INCOME

	2024	2023
	£	£
Interest receivable	<u>5,145</u>	<u>3,320</u>

4. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2024	2023
	£	£
Independent examination fee	3,095	2,885
Depreciation - owned assets	<u>192</u>	<u>192</u>

5. TRUSTEES' REMUNERATION AND BENEFITS

	2024	2023
	£	£
Trustees' salaries	<u>24,203</u>	<u>22,135</u>

During the period under review, R Banner (Trustee) received total remuneration for £24,203 (2023: £21,797). This remuneration is for his work as an employee of the Charitable Company, and as such is within the scope of the Memorandum and Articles of Association. R Banner is considered to be the only paid key management.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 October 2024 nor for the year ended 31 October 2023.

6. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2024	2023
	-	1
Management	<u>-</u>	<u>1</u>

No employees received emoluments in excess of £60,000.

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	101,194	-	101,194
Other fund raising activities	43,479	29,490	72,969
Investment income	<u>3,320</u>	<u>-</u>	<u>3,320</u>
Total	<u>147,993</u>	<u>29,490</u>	<u>177,483</u>
EXPENDITURE ON			
Charitable activities			
Direct costs	146,961	14,886	161,847
Other	<u>22,135</u>	<u>-</u>	<u>22,135</u>
Total	<u>169,096</u>	<u>14,886</u>	<u>183,982</u>

NET INCOME/(EXPENDITURE)

(21,103)

14,604

(6,499)

PROSTAIID

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 OCTOBER 2024

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted funds £	Restricted funds £	Total funds £
RECONCILIATION OF FUNDS			
Total funds brought forward	289,856	27,765	317,621
TOTAL FUNDS CARRIED FORWARD	<u>268,753</u>	<u>42,369</u>	<u>311,122</u>

8. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Computer equipment £	Totals £
COST			
At 1 November 2023 and 31 October 2024	<u>4,835</u>	<u>14,087</u>	<u>18,922</u>
DEPRECIATION			
At 1 November 2023	4,644	13,952	18,596
Charge for year	<u>84</u>	<u>108</u>	<u>192</u>
At 31 October 2024	<u>4,728</u>	<u>14,060</u>	<u>18,788</u>
NET BOOK VALUE			
At 31 October 2024	<u>107</u>	<u>27</u>	<u>134</u>
At 31 October 2023	<u>191</u>	<u>135</u>	<u>326</u>

9. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024 £	2023 £
Donations receivable	91,125	229
Other debtors	<u>625</u>	<u>17,387</u>
	<u>91,750</u>	<u>17,616</u>

10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024 £	2023 £
Trade creditors	292	-
Social security and other taxes	470	432
Accrued expenses	<u>10,709</u>	<u>2,825</u>
	<u>11,471</u>	<u>3,257</u>

PROSTAD

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 OCTOBER 2024

11. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted funds £	Restricted funds £	2024 Total funds £	2023 Total funds £
Fixed assets	134	-	134	326
Current assets	365,966	-	365,966	314,053
Current liabilities	<u>(53,840)</u>	<u>42,369</u>	<u>(11,471)</u>	<u>(3,257)</u>
	<u>312,260</u>	<u>42,369</u>	<u>354,629</u>	<u>311,122</u>

12. MOVEMENT IN FUNDS

	At 1.11.23 £	Net movement in funds £	At 31.10.24 £
Unrestricted funds			
General fund	264,431	43,507	307,938
Northampton	2,370	-	2,370
Support Groups	<u>1,952</u>	<u>-</u>	<u>1,952</u>
	268,753	43,507	312,260
Restricted funds			
Brachytherapy	3,000	-	3,000
Website videos	250	-	250
United Against Prostate Cancer	<u>39,119</u>	<u>-</u>	<u>39,119</u>
	<u>42,369</u>	<u>-</u>	<u>42,369</u>
TOTAL FUNDS	<u>311,122</u>	<u>43,507</u>	<u>354,629</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	256,438	(212,931)	43,507
	<u>256,438</u>	<u>(212,931)</u>	<u>43,507</u>
TOTAL FUNDS	<u>256,438</u>	<u>(212,931)</u>	<u>43,507</u>

PROSTAD

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 OCTOBER 2024

12. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.11.22 £	Net movement in funds £	At 31.10.23 £
Unrestricted funds			
General fund	286,754	(22,323)	264,431
Northampton	2,370	-	2,370
Support Groups	<u>732</u>	<u>1,220</u>	<u>1,952</u>
	289,856	(21,103)	268,753
Restricted funds			
Brachytherapy	3,000	-	3,000
Website videos	250	-	250
United Against Prostate Cancer	<u>24,515</u>	<u>14,604</u>	<u>39,119</u>
	<u>27,765</u>	<u>14,604</u>	<u>42,369</u>
TOTAL FUNDS	<u>317,621</u>	<u>(6,499)</u>	<u>311,122</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	146,773	(169,096)	(22,323)
Support Groups	<u>1,220</u>	<u>-</u>	<u>1,220</u>
	147,993	(169,096)	(21,103)
Restricted funds			
United Against Prostate Cancer	<u>29,490</u>	<u>(14,886)</u>	<u>14,604</u>
TOTAL FUNDS	<u>177,483</u>	<u>(183,982)</u>	<u>(6,499)</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.11.22 £	Net movement in funds £	At 31.10.24 £
Unrestricted funds			
General fund	286,754	21,184	307,938
Northampton	2,370	-	2,370
Support Groups	<u>732</u>	<u>1,220</u>	<u>1,952</u>
	289,856	22,404	312,260
Restricted funds			
Brachytherapy	3,000	-	3,000
Website videos	250	-	250
United Against Prostate Cancer	<u>24,515</u>	<u>14,604</u>	<u>39,119</u>
	<u>27,765</u>	<u>14,604</u>	<u>42,369</u>
TOTAL FUNDS	<u>317,621</u>	<u>37,008</u>	<u>354,629</u>

PROSTAD

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 OCTOBER 2024

12. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	403,211	(382,027)	21,184
Support Groups	<u>1,220</u>	<u>-</u>	<u>1,220</u>
	404,431	(382,027)	22,404
Restricted funds			
United Against Prostate Cancer	29,490	(14,886)	14,604
	<u>433,921</u>	<u>(396,913)</u>	<u>37,008</u>
TOTAL FUNDS	<u>433,921</u>	<u>(396,913)</u>	<u>37,008</u>

Restricted funds

Newsletter - Donation received towards the cost of producing quarterly newsletters.

Brachytherapy - Donation received towards the cost of Brachytherapy.

Website videos - Donation received towards the cost of producing videos for the website.

United Against Prostate Cancer - Donation towards the genetic testing of people with prostate cancer to the East Midlands

Unrestricted funds - Designated

Northampton - Funds earmarked by the trustees for use in Northampton area.

13. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 October 2024.

PROSTAD

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 OCTOBER 2024

	2024 £	2023 £
INCOME AND ENDOWMENTS		
Donations and legacies		
General donations (incl Gift Aid)	191,430	48,703
Santa fun run	-	210
Legacies and funeral donations	3,127	1,227
Donations in kind	28,282	51,054
Dragon Boat race	<u>11,085</u>	<u>-</u>
	233,924	101,194
Other fund raising activities		
Golf days	11,507	11,992
Bizz Buzz	-	1,200
Other events	3,294	4,254
Christmas party	1,568	1,377
UAPC	1,000	29,490
Beer festival	<u>-</u>	<u>24,656</u>
	17,369	72,969
Investment income		
Interest receivable	<u>5,145</u>	<u>3,320</u>
Total incoming resources	256,438	177,483
EXPENDITURE		
Charitable activities		
General fundraising costs	15,080	42,234
UAPC expenses	-	14,886
Dragon Boat race	5,723	-
Nurse's salaries	<u>122,544</u>	<u>35,852</u>
	143,347	92,972
Other		
Trustees' salaries	24,203	22,135
Support costs		
Finance		
Bank charges	258	273
Other		
Gifts and services in kind	28,282	51,054
Insurance	2,722	3,790
Travel expenses	1,080	1,607
Depreciation	192	192
Office expenses	4,405	3,999
Support group expenses	2,811	1,953
Other	<u>679</u>	<u>1,148</u>
	40,171	63,743

This page does not form part of the statutory financial statements

PROSTAD

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 OCTOBER 2024

	2024 £	2023 £
Other		
Governance costs		
Independent examination fee	3,095	2,885
Accountancy and bookkeeping	<u>1,857</u>	<u>1,974</u>
	<u>4,952</u>	<u>4,859</u>
Total resources expended	<u>212,931</u>	<u>183,982</u>
Net income/(expenditure)	<u><u>43,507</u></u>	<u><u>(6,499)</u></u>

This page does not form part of the statutory financial statements

PROSTAID

England & Wales - Charity number 1116935

Accounts

REGISTERED COMPANY NUMBER: 05953090 (England and Wales)
REGISTERED CHARITY NUMBER: 1116935

**TRUSTEES' REPORT AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 OCTOBER 2023
FOR
PROSTAD
(A COMPANY LIMITED BY GUARANTEE)**

TC Group
31 High View Close
Hamilton Office Park
Leicester
Leicestershire
LE4 9LJ

PROSTAID

**CONTENTS OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 OCTOBER 2023**

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PROSTAD
TRUSTEES' REPORT
FOR THE YEAR ENDED 31 OCTOBER 2023

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 October 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

Purpose, Aims and Objectives:

To relieve sickness and in particular disease of the prostate by encouraging and supporting the needs and treatment of prostate cancer patients principally, but not exclusively, by the Department of Urology, University of Leicester NHS Trust and associated hospitals within the Leicester cancer area (Leicester, Leicestershire, Rutland and Northamptonshire).

To raise public awareness of the issues relating to prostate cancer.

To provide relief of suffering amongst men, particularly those treated, but not exclusively, by the Department of Urology, University of Leicester NHS Trust and associated hospitals for prostate cancer and associated prostate conditions and, in addition, their families and dependants through the provision of practical support and information and such other ways as the Trustees/Directors may determine.

The Charity's aims, objectives and activities to achieve the above are reviewed on a regular basis.

The Trustees have developed a five-year strategy with the aim of improving the organisation, its' operational effectiveness and thus the sustainability of the Charity. The strategy was reviewed in 2017/18 and the Board will continue to review and develop the Strategic Plan throughout 2021/22 where appropriate. A review will take place in 2024.

Background and Introduction

Prostate cancer is the most common cancer in men in the UK and 25% of all new cases of cancer diagnosed in the UK are prostate cancers. Cancer Research UK statistics (2016-2018) reveal there were 52,254 of new prostate cancer cases diagnosed in the UK every year (143 every day). In 2017-2018 12,039 men in the UK died from prostate cancer (around 32 every day). In the last 40 years prostate cancer rates have tripled, much of this rise can be attributed to increased detection with the widespread use of the PSA Test. In the 1970's, around three in ten men diagnosed with prostate cancer survived their disease beyond five years, now 78% of men survive their disease for 10 or more years. However, despite these improvements, according to the Office of National Statistics (ONS) surveys, Leicester, Leicestershire & Rutland has one of the poorest survival rates for aggressive prostate cancer over five years in the UK. Despite this, the Department of Health does not undertake prostate cancer awareness campaigns. In Leicestershire 41% of men diagnosed already have a prostate cancer metastasised disease which has spread to the bones and/or other parts of the body. The incidence of local men in the Leicestershire area diagnosed with prostate cancer is currently running at very high levels at present around 40 cases per week, compared with the Northampton area of 6 cases per week. Many Trustees and Members of ProstaId are local men who have or have previously suffered from the disease. Although UK research into the disease is excellent, ProstaId are proactive in raising funds to increase local awareness of the disease, treatments offered and the care and support available. Restrictions and lockdown measures associated with Covid 19 have still had a disruptive impact on the services provided and funded by ProstaId and although it had severely affected fundraising activities, this has now improved considerably. However, despite the issues faced, income for the Charity within the period has been reduced but remains positive.

PROSTAD
TRUSTEES' REPORT
FOR THE YEAR ENDED 31 OCTOBER 2023

OBJECTIVES AND ACTIVITIES

Achievements and Performance

What did we achieve during this year?

Funding of Prostaid Specialist Nurses

Negotiations with the University Hospitals of Leicester (UHL) resulted in an agreement to continue to jointly fund three specialist nurses on a 50%-50% basis from February 2023 on a three-year contracts nurses cover the whole spectrum of prostate cancer both at the point of diagnosis in Urology and, in Oncology for advanced disease. The three nurses' three-year contracts will come up for renewal in February 2026

In addition, the appointment with Northampton General Hospital Trust of a PROSTad prostate cancer specialist nurse, Alice Knight has been renewed April 20th, 2023 for a further three-year contract on 50%-50% basis as still the first prostate specialist nurse in the hospital she continues to work with PC patients in Northampton and Northamptonshire. This nurse appointment for three years will come up for renewal in April 2026.

One of four former PC nurses Aimee Winfield left her position as prostate cancer nurse specialist funded by the Charity in March 2021 and is now Sister in Ward 28A. (At present on maternity leave). Interestingly she still has strong connections to our charity being appointed a Trustee in April 2023. In addition to being in a new role as sister, she is a nurse practitioner and together with her team and £14K equipment purchased by the charity are undertaking prostate cancer transperineal biopsies that have managed to reduce the patients waiting time from 6 to 10 weeks for a biopsy down to zero!

The Charity's former Specialist Nurse, Jo Wortley, has continued to develop the role of Lead Nurse in the Urology Department, funded through UHL hospitals by the Integrated Care Board (was Clinical Commissioning Group), and has now been promoted to organising the role of her nurses as head of dept. This role is supported by changes in the nursing team so she is supported by Jo Bishop, and Aro Fernando, Laura Hunt (up to 15th Sept '23) who are funded by PROSTaid and a further two PROSTaid nurses, from November 2023. UHL has the largest prostate cancer cohort of nurses in the UK due to the pioneering and foresight of the charity in funding the first nurse in Urology in March 2007. All our nurses work continues still in very difficult conditions brought about post pandemic and industrial action throughout the NHS.

Professional Training for Prostaid Specialist Nurses

The new Northampton Prostaid Prostate Cancer Nurse was scheduled to receive initial training by the lead prostate cancer nurse and her team. Hopefully, this will re-commence in the forthcoming year.

The University Hospitals of Leicester and Prostaid will continue to support professional training for specialist nurses to maintain and improve upon the level of care made.

Raising Awareness - Prostaid

We continue to promote prostate cancer awareness events in any way that we possibly can!

It's not just a man thing was our largest Prostate cancer awareness event held on March 29th 2023 at LCFC King power Stadium working with the Lord Mayor of Leicester, George Cole, Prof Julian Barwell and United against prostate cancer project, The Pamela Campbell Morris Health Foundation Trust UHL and Leicester Health Research & LCFC community. This well attended event with excellent local speakers was designed to help everyone with prostate cancer awareness, particularly those with a family risk of the disease who had an increased risk, such as men of African heritage who are more likely to be affected with the aggressive form of advanced, disease. The Director of Public Health at Leicester City Council Professor Ivan Browne, send a supportive video message which was shown at the event.

PROSTAD
TRUSTEES' REPORT
FOR THE YEAR ENDED 31 OCTOBER 2023

OBJECTIVES AND ACTIVITIES

Raising Awareness - ProstaId

The Charity hopes to continue organising awareness events in 2023/24. This year we were able to hold awareness events at: GE Baker Perkins at Groby, Motorbility, Saffron Dynamo Football club and at Belgrave community centre for Asian gentlemen, Barclaycard Northampton and further afield at Jaguar -Land Rover, Gaydon Warwickshire. Plans in the forthcoming year include in March 2024 a Quiz and awareness event at LCFC King Power Stadium and widespread prostate cancer county awareness events with Arriva Awareness Buses in Leicester & Leicestershire

This Charity continues to promote prostate cancer awareness in the workplace and other venues in our catchment area wherever possible. Records are maintained of the organisations and attendance at awareness events to ensure the aim of raising prostate cancer awareness to local people is maximised.

Awareness in men of African descent continues to remain an important aspect of the Charity's work. This population has a 1 in 4 risk of contracting prostate cancer in their lives compared to 1 in 8 of other populations. The Charity, where possible, have tried to continue support group meetings and have been attempting to restart the group with Shavez Jeffers of the Centre for Ethnic Health Research who sadly resigned. We have previously done several African Caribbean prostate cancer awareness events with the Pamela Campbell Morris Health foundation at the Rangers Football club, including a Football Match every year since the loss of our African Caribbean PC Group leader the late Pamela Campbell- Morris but to date have not been able to restart the group. However, we are optimistic hopefully that this situation will soon change, as we were involved with UAPC. United against prostate cancer and have applied for two grants recently to enable this to happen.

UAPC United Against Prostate Cancer

The Charity is working with the East Genomic Medicine Service Alliance on a unique new ground-breaking project with NHS England that started this year and was completed in October 2023. However even though as this project is now coming to an end, lasting benefit will continue with the new tumour testing in UHL Pathology LRI and Cambridge EGMCS. Especially as Genetic cancer biopsy testing was done in London at the Royal Marsden but now testing with the histology and pathology is being done at Leicester Royal Infirmary and Cambridge EGMCS for the whole NHS Eastern sector. Particularly of benefit to men of African Descent with their higher risk of prostate cancer. And men with advanced prostate cancer needing innovative drugs for their treatment. We hope to develop a lasting support for restoration of a local prostate cancer support group under our ProstaId umbrella for African/African Caribbean men with their support and longer-term support of the East Midlands Cancer support Alliance which at the present time actively promote prostate cancer funding in our hospital's abs amongst Pascals we hope that we will receive funding from November.

Improving Access to Information for Local Prostate Cancer Patients

ProstaId continues to improve the provision of providing accurate and quality information to patients. During the period, the Charity has produced an additional leaflet on "Hormone Treatment: why bone health matters" and a further two are in the process of being completed. These leaflets are made available in several locations with one for Travel Insurance and Brachytherapy (available late 2023) in both the General Hospital and at the Royal Infirmary, Loughborough and Rutland Hospitals. The artwork for these leaflets is provided free of charge and printing at a low cost to enable the Charity to produce quality affordable leaflets. The Charity continues to promote the unique PSA record cards to enable patients to understand TNM staging. In addition, the Charity has produced Radiotherapy Preparation Cards to enable patients to be ready for their radiotherapy treatment journey and has produced a leaflet showing the new meeting times of our five support groups.

PROSTAD
TRUSTEES' REPORT
FOR THE YEAR ENDED 31 OCTOBER 2023

OBJECTIVES AND ACTIVITIES

Patient Folders for new patients

An Invitation letter, Treatment Options leaflet, Buddy leaflet, support group leaflet and PSA Record card and copy of our newsletter are given to every patient diagnosed in the wallet folders we provide for each new patient.

The Charity had been strongly involved in working and liaising with the East Midlands Strategic Clinical Networks -Prostate against Cancer Project working with Jo Wortley.

DaVinci Robot

The Charity was actively involved in the launch of a £2 million Robot Appeal in 2014 in conjunction with Leicester Hospitals Charity and Nuffield Hospital, Leicester. The Robot continues to benefit patients and its use for the treatment of prostate cancer has increased with over 7000 procedures completed to date. Patients receiving treatment used to visit from both Northamptonshire and Lincolnshire, however, they now since Covid have their own DaVinci robots and carry out their own surgery; this state-of-the-art equipment is used to minimise the invasiveness of surgery for prostate cancer and has proved to dramatically improve the care. It is intended that a new Robot will be obtained for the hospital in 2023-24 to continue to improve the care of patient's treatment and outcomes of men with the disease. immense value to our community. Already a new Robot has been provided at LRI by a local charity recently and they now plan to renew the Robot at LGH in the near future.

John van Geest Centre (JVG)

Trustees have continued to actively liaise and work with this £15 million dedicated Prostate & Breast Cancer Research centre at Nottingham Trent University. We will continue our interest in their work and to be actively involved in their immunotherapy trials.

Website

The Charity's website continues to grow and develop with an increased use of social media in the form of Facebook & X (Twitter). We have introduced a new Get Involved section so people wanting to help Prostaaid can sign up online. This spring 2024 we are having a complete update of our website to make it more user - friendly and this is being provided at no charge by our website company Steve Hawkins of Caged Fish who have supported from the charity's website since 2006! Already the Charity has undertaken an update of its website to make access easier and to enable access and use via mobile phones. This year we have hosted a new Video on African Caribbean awareness by international award-winning local film maker Wayne Nelson Prostate, Men, Let's Talk

The Charity now offers trustees a wider access facility to the Charity's archives and information through Office 365.

Friends & Forum

The Charity continues to develop and support its family of 'Prostaaid Friends' We will continue establishing new support groups whenever needed. We also continued to develop our local volunteer support, befriending and information service for local patients and their families. In addition, the Charity also liaise and collaborate with a number of organisations and support groups.

PROSTAD
TRUSTEES' REPORT
FOR THE YEAR ENDED 31 OCTOBER 2023

OBJECTIVES AND ACTIVITIES

Our chairman of the Trustee's, Mark Dunkley, seeing this problem, is looking with the Trustees into a new approach into representing friends and members of support groups so as to ensure their input optimises effectiveness for all involved with the establishment of a "Forum" from members of our support group so ensure that we incorporate their ideas and innovations to benefit the charity.

Collaboration

Collaborations include:

The Prostaïd Team of Befrienders UHL Genetics Department Prostaïd Prostate Cancer Specialist Nurses, Leicester Macmillan, LOROS UHL & NGH Management Teams Nuffield and Spire Hospitals Prostate Cancer UK Tackle Prostate Cancer Macmillan prostate cancer Nurses; Northampton & Kettering. Also, Urology Departments at UHL & Northampton Hospitals, Radiotherapy Dept. UHL Hospitals Oncology Departments at UHL and Northampton Hospitals. Stephanie Mc Cardle David Bocook John Van Geest Centre, Nottingham Professor Julian Barwell UHL Genetics.

Social Events

Several social events have taken place this year. These included the Christmas Party open to all support groups held in November 2023 at Leicester College and several social Christmas parties at every support group.

Well-being Support

In addition to replicating wherever possible the successful activities undertaken during previous years, the charity had planned to organise a Penny Brohn type course at, probably Stamford Court, Leicester University. However, the funding to Penny Brohn to this excellent charity to enable them to undertake this for us had been withdrawn and still not restored.

However, we have been able to organise through Jerry & Ann Bullock of Glen Gorse Walking club 6 healthy walks throughout the year which were excellent for all those from Birstall participated!

Support Groups

This was another most successful year with our all-support groups. The idea of producing an invitation letter to all newly- diagnosed patients from Prostaïd and UHL PC nursing team has resulted in a large increase in newly diagnosed patients attending one of our four PC support groups The Prostaïd support groups are considered to help and support the Government's initiative (and the NHS Trust's objective) to provide a holistic needs approach to patient treatment, care and support as required within the Holistic Needs Assessment (HNA) for every cancer patient from the 1 January 2020.

Now the good news we are delighted to say that from October 2021 when all our Support Groups returned to Face to Face, the numbers continue to grow month by month

The Birstall Support Group continues to increase in popularity. This group is a collaboration with 'Birstall Bags' a breast cancer support group for patients and their families. The Charity jointly funds the group with Birstall Bags. It is understood this is the first support group in the UK jointly organised by breast and prostate charities. This social group meet monthly and regularly attracts a high number of patients and partners and has a walking group that walks regularly throughout the year, promoting health and well-being.

The Melton Support Group continues to grow in its new venue at the Baptist Church at Melton Mowbray, with an interesting range of speakers and topics and a growing membership.

The African/African Caribbean Social/Support Group since the sad passing away of the leader, Pamela Campbell Morris, not yet restarted but we plan to relaunch in the near future, extensively with help from Howard Morris at a monthly meeting. The format of these meetings (playing dominoes) and contributing factors in the hesitant return of the group.

PROSTAD
TRUSTEES' REPORT
FOR THE YEAR ENDED 31 OCTOBER 2023

OBJECTIVES AND ACTIVITIES

The Chairman of the Northampton Support Group is a member of the Northampton Committee and whilst this group is independent of ProstaId, the Charity shares with them a close friendship and an association as member of Tackle. The Group meets monthly in Northampton and continues to grow especially after moving to a new venue. The number of attendees remains strong. Our PROSTaid nurse Alice Knight attends each monthly meeting.

Leicester Support Group

Since moving to the Cradock Arms at Knighton, it has been most successful with larger numbers attending and well received by everybody. We have had two new leaders for the group from October 2021 the number and enthusiasm of the members meeting in this pub is tremendous.

The planned creation of a Southern Asian Social/Support Group has been put on hold. We plan to see if we can start this when time permits.

Brachytherapy

HDR (High Dose Rate) Brachytherapy boosts treatment for men with advanced disease, which reduces their Radiology treatment time from 7 weeks to 3 weeks, giving a potential 16% improvement in outcomes. The decision was finally reached that Leicester Royal Infirmary would be able to introduce HDR Brachytherapy in the purpose-built new unit in the Osborne building. This now completed and open 2023. At present patients are now being sent to Lincoln Hospital for both HDR and Seeded Brachytherapy.

However, after training of the staff it will be open to local men with both LDR (seeded brachytherapy) and HDR (High dose rate Brachytherapy) The Charity looks forward to the opening of this new unit and to the additional remarkable use of HDR Brachytherapy to treat advanced prostate cancer.

The Charity, in liaison with Dr Miguel Pandades, Consultant Lead Brachytherapy Oncologist at Lincoln Hospital has helped to produce a Video/Film on both types of Brachytherapy and growing numbers of patients go to the hospital for this successful treatment.

A new leaflet written by our Dr Heather Tovey Oncologist and fellow in brachytherapy our local unit manager will be available in late December

The Charity longer term idea is to have an Andrology Nurse practitioner however this is no longer necessary since the arrival of Urologist Pravish Ravindra who has established a new pathway to treat the problems of our patients with incontinence in UHL working with Ivonne Brylka -Mee continence nurse specialist. Now that pre-and post-operative treatment pathways have been established this is of immense help to all our prostate cancer patients.

How do we pay for it?

Fund Raising

Our fundraising this year we had hoped that it would be well back from where it was before lockdown. We ran our own ProstaId Golf Day at Rothley in addition to a Golf Day at Loughborough which was most successful and also a Northampton Golf Day arranged by the Rotary Club of Northampton Beckett. All these events did well this year and raised much appreciated funds for our charity. Our Leicester Lions Beer festival in a sadly wet July this year raised £300 unlike £14K last year! We attempted to bring back Executive challenge our most successful challenge from the past but unfortunately in this high cost of living and inflationary difficult times had affected local businesses and it met with no success.

However, in March we did have an excellent sportsmen's evening with George Chuter at Lions Rugby Club and a really excellent Musical event in April at Enderby Church, and a memorial football match at Saffron Dynamos at Whetstone in Sept that brought in worthwhile amount

The Santa Fun Run 2022 was not a great success since the running of it had been given up by the Rotary Club of Loughborough. The Charity has been creative in planning events in the future. It has succeeded in arranging a Dragon Boat Race on Sunday June 2nd 2024, full sponsored we just need the teams!

PROSTAID
TRUSTEES' REPORT
FOR THE YEAR ENDED 31 OCTOBER 2023

OBJECTIVES AND ACTIVITIES

Bizz Buzz Speed Networking Group for Prost aid, we are planning with help from another networking group of relaunching in 2024 and we feel that it has great opportunity.

Dedicated Prostaide Prostate Cancer Centre for Leicester

The long-term aim of the charity is to create a specialist Prostaide Cancer Care Centre in Leicester whenever that opportunity may present itself. We recently had a visit with four of our Trustees to the Prostate Project at the Royal Surrey Hospital Guilford and where we were inspired by the centre within Urology there. We had previously been in touch the previous year with UHL. So we have had a detailed plan drawn up by a Leicester Architect, had an audio-visual video prepared, together with a presentation. We are optimistic.

Communication

Prostaide continue to produce an in-house newsletter every 6 months. The production costs no longer are sponsored by NEXT PLC. however, they continue to support our golf day and with raffle prizes. The Newsletter continues to be published with help from design company, Birdhouse. The Newsletter is published in January and June. New leaflets about prostate cancer continue to be developed. These add to an already wide range of information available electronically via the Prostaide website and throughout all the hospitals in our area. During 2020 new leaflets were developed in liaison with patients, Prostaide's specialist nurses and Consultants some of these costs are supported by the Everard Family Foundation.

Distribution methods continue to include:

Information, including the Charity's half yearly Newsletter is made available via Prostaide notice boards in UHL hospitals in Leicester Royal Infirmary, Leicester General Hospital, Coleman Assessment Centre and Radiotherapy Suite and Market Harborough, Melton, and Oakham hospitals. All notice boards have been sponsored by the Hinckley Round Table 129 and their 41 Club

Leaflets and Newsletters are made available in every hospital Leicestershire, Rutland, Kettering, and Northampton in addition to a few Health Centres and GP Surgeries throughout the region. The Charity distribute 2000 copies each 6 months.

Our information leaflets have been made available in Chemists and pharmacies throughout Leicestershire, Northampton, and Rutland.

Financial Review

The fundraising income of the Charity has not increased this year and reflects the significant economic and inflationary situation post pandemic. So, despite all the tremendous efforts and hard work made by groups and our individuals as such, the Charity continues to maintain a healthy financial position. Looking to the future we are planning a limited number of new high-profile fundraising events in 2023-24 and with the continuing enthusiasm of our supporters we will aim to continue and raise the necessary funds to finance our programme of activities and improve and increase our support networks.

Reserves Policy

Trustees have agreed that the Charity should retain funds equal to a minimum of 12 months operating costs to help mitigate against the uncertain economic climate. Funds held may exceed that amount as reserves accumulate to achieve the funding levels required for ongoing new projects and initiatives.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The governing documents of the Charity are the Memorandum and Articles of Association. The Charity is a company limited by guarantee incorporated on 2 October 2006. Prostaide was registered with the Charity Commission on 22 November 2006. Trustee Board meetings are usually held four to six times annually. Appropriate training and information are provided for Trustees using guidelines provided by the Charity Commission.

PROSTAD
TRUSTEES' REPORT
FOR THE YEAR ENDED 31 OCTOBER 2023

STRUCTURE, GOVERNANCE AND MANAGEMENT

Patrons

The charity is extremely grateful for the ongoing and wholehearted support from its Patrons who continue to effectively assist the Charity in achieving its aims and objectives through their loyal promotion, assistance and patronage.

Recruitment and appointment of new trustees

At present (as at 31/10/23) there are 13 Trustees. In the current year there has been two appointments Peter Ross and Aimee Winfield. Prostad Trustees appoint a Chair of Trustees annually at the first meeting of each financial year. The Trustees of the charity are also its directors for the purposes of Company Law.

PROSTAD
TRUSTEES' REPORT
FOR THE YEAR ENDED 31 OCTOBER 2023

STRUCTURE, GOVERNANCE AND MANAGEMENT

Management of the Charity

Before the Covid epidemic Prostad had a Leicestershire & Rutland Committee and a satellite Northampton committee whose function was to support, provide awareness and plan fundraising activities to support the aims of the Charity.

The Board regarded this opportunity as an ideal method of introducing those members who aspire to be Trustees to the operations and functions of the Board. This recognises and assists in the need for the Charity to regularly refresh membership, introduce new skills and experience to the Board and thus fulfil its aim of effective succession planning to help secure the Charity's future.

Sadly, due to serious illness, injury, lack of support, NHS Treatment and the economic situation the Trustees accept that this in practical terms is no longer possible.

Reluctantly the Trustees have now decided due to these very many practical difficulties and health problems in the case of the Northampton Committee. That it has no alternative but to replace both with two new forums one for Leicestershire and one for Northamptonshire here interested parties invited from the support groups and our supporters will be invited to attend the Forum with Trustees that will meet twice a year to discuss new ideas and innovations for the charity. So far, we have in Leicestershire already had substantial interest.

Prostad Board of Trustees

The Trustees hold regular board meeting six times per year.

Prostad does not have leased offices or business premises. It employs one Trustee/Director, Robert Banner, who is employed on a full-time basis to oversee and administer the daily activities of the Charity, including fundraising, on behalf of the Board of Trustees. It also has an honorary treasurer, Dave Merriman, who with an assistant Treasurer, Faye Lord, who is paid as an independent bookkeeper and works from home and who has responsibility for paying invoices and keeping our accounts up to date and accurate. The assistant treasurer is also responsible for organising information about the Charity's activities via social media i.e., X(Twitter) & Facebook.

All other Trustees and Members of Committees offer and provide their services on a voluntary basis. Named individuals offer the following services for the Charity:

Health and Safety Advisor/Co-ordinator Stuart Berry
Buddy Co-ordinator: Jo Wortley/Nicki Bakewell
Friends Co-ordinator Norman Bell
Honorary Treasurer & Assistant Treasurer Dave Merriman (Treasurer) Faye Lord (Assistant)
Advanced Prostate Cancer Liaison and Support Co-ordinator: Philip Baker
Co-ordinator Stuart Berry Patient Support Helpline
Co-ordination Stuart Berry/Rob Banner Social/Support Evenings
Leaders Prostad Support Groups. Wortley & Bob White Mike Newell, Peter & Merrill Wheeler
Liaison Co-ordinator: Howard Morris African Caribbean Awareness
Fundraising Co-ordinator Rob Banner

The overall activity, commitment, and skills that members of the Committees possess are directly linked to the Charity's success.

Volunteer Hours

We estimate that the time very kindly given this year by our volunteers in volunteer hours (other than the paid trustee) amounts in total to 1800 hours, in 2022-23 which has enabled the charity to achieve and maintain consistent support and care, for local men and their families affected by prostate cancer throughout the year.

Risk management

Trustees have assessed the risks to which the Charity is exposed and are satisfied that they have adequate procedures in place to manage those risks.

PROSTAIID
TRUSTEES' REPORT
FOR THE YEAR ENDED 31 OCTOBER 2023

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

05953090 (England and Wales)

Registered Charity number

1116935

Registered office

17 Torrington Close
Wigston Magna
Leicester
Leicestershire
LE18 2RY

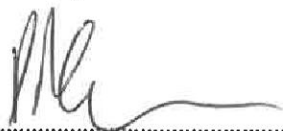
Trustees

Robert Banner
John Beatty
Stuart Berry
John Bird (Vice Chair)
Mark Dunkley (Chair)
Christopher Kent
Scott McLaren
Graydon Thwaite
Joanne Wortley
Jonathan Foster
Dave Merriman (Treasurer)
Peter Andrew Ross (appointed 28.3.23)
Aimee Rebecca Winfield (appointed 28.3.23)

Independent Examiner

Richard Buckby FCA
TC Group
31 High View Close
Hamilton Office Park
Leicester
Leicestershire
LE4 9LJ

Approved by order of the board of trustees on 5 February 2024 and signed on its behalf by:



.....
Dave Merriman - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
PROSTALD**

Independent examiner's report to the trustees of Prostaid ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 October 2023.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Richard Buckby FCA

TC Group
31 High View Close
Hamilton Office Park
Leicester
Leicestershire
LE4 9LJ

Date: 5 February 2024

PROSTAD

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 OCTOBER 2023

	Notes	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		101,194	-	101,194	66,542
Other fund raising activities	2	43,479	29,490	72,969	116,296
Investment income	3	<u>3,320</u>	<u>-</u>	<u>3,320</u>	<u>330</u>
Total		<u>147,993</u>	<u>29,490</u>	<u>177,483</u>	<u>183,168</u>
EXPENDITURE ON					
Charitable activities					
Direct costs		146,961	14,886	161,847	112,315
Support costs		-	-	-	29,243
Other		<u>22,135</u>	<u>-</u>	<u>22,135</u>	<u>19,795</u>
Total		<u>169,096</u>	<u>14,886</u>	<u>183,982</u>	<u>161,353</u>
NET INCOME/(EXPENDITURE)		(21,103)	14,604	(6,499)	21,815
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>289,856</u>	<u>27,765</u>	<u>317,621</u>	<u>295,806</u>
TOTAL FUNDS CARRIED FORWARD		<u>268,753</u>	<u>42,369</u>	<u>311,122</u>	<u>317,621</u>

The notes form part of these financial statements

PROSTAID
BALANCE SHEET
31 OCTOBER 2023

	Notes	2023 £	2022 £
FIXED ASSETS			
Tangible assets	8	326	518
CURRENT ASSETS			
Debtors	9	17,616	55
Cash at bank		<u>296,437</u>	<u>325,484</u>
		314,053	325,539
CREDITORS			
Amounts falling due within one year	10	(3,257)	(8,436)
NET CURRENT ASSETS		<u>310,796</u>	<u>317,103</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		311,122	317,621
NET ASSETS		<u>311,122</u>	<u>317,621</u>
FUNDS	12		
Unrestricted funds		268,753	289,856
Restricted funds		<u>42,369</u>	<u>27,765</u>
TOTAL FUNDS		<u>311,122</u>	<u>317,621</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 October 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 October 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

PROSTAID

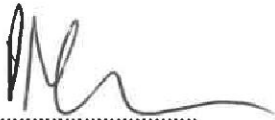
BALANCE SHEET - continued
31 OCTOBER 2023

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 5 February 2024 and were signed on its behalf by:



Robert Banner - Trustee



Dave Merriman - Trustee

The notes form part of these financial statements

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 OCTOBER 2023**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

PROSTaid meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

The financial statements are presented in Sterling (£).

Company status

The company is a company limited by guarantee. The members of the company are the Trustees named on Page 10. In the event of the company being wound up, the liability in respect of the guarantee is limited to £10 per member of the company.

Income

All income is recognised once the company has entitlement to the income, it is probable that all the income will be received and the amount of income receivable can be measured reliably.

Donated services or facilities are recognised when the company has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from use by the company of the item is probable and the economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), the general volunteer time of the Friends is not recognised and refer to the Trustees' report for more information about their contribution.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the company which is the amount the company would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

Expenditure

Expenditure is recognised once there is a legal or consecutive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of a total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use.

Support costs are those costs incurred directly in support of expenditure on the objects of the company and include project management carried out at Headquarters. Governance costs are those incurred in connection with administration of the company and compliance with constitution and statutory requirements.

PROSTAD

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 OCTOBER 2023

1. ACCOUNTING POLICIES - continued

Expenditure

Charitable activities and Governance costs are incurred on the company's educational operations, including support costs and costs relating to the governance of the company, apportioned to charitable activities.

Going concern

The trustees have prepared the financial statements on the basis that the charity is a going concern.

Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the company; this is normally upon notification of the interest paid or payable by the Bank.

Tangible fixed assets

All assets costing more than £250 are capitalised.

A review for impairment of a fixed asset is carried out if events or changes in circumstances indicate that the carrying value of any fixed asset may not be recoverable. Shortfalls between the carrying value of fixed assets and their recoverable amounts are recognised as impairments. Impairment losses are recognised in the Statement of financial activities incorporating income and expenditure account.

Tangible fixed assets are carried at cost, net of depreciation and any provision for impairment. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their estimated residual value, over their expected useful lives on the following basis:

Fixtures and fittings	- five years
Computer equipment	- three years

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably. Liabilities are recognised at the amount that the company anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide. Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised with interest payable and similar charges.

PROSTAD

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 OCTOBER 2023**

1. ACCOUNTING POLICIES - continued

Financial instruments

The company only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instrument are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

2. OTHER FUND RAISING ACTIVITIES

	2023	2022
	£	£
Golf days	11,992	11,697
Bizz Buzz	1,200	1,200
Other events	4,254	732
Christmas party	1,377	2,242
Rust bucket rally	-	39,584
UAPC	29,490	28,000
Beer festival	<u>24,656</u>	<u>32,841</u>
	<u>72,969</u>	<u>116,296</u>

3. INVESTMENT INCOME

	2023	2022
	£	£
Interest receivable	<u>3,320</u>	<u>330</u>

4. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2023	2022
	£	£
Independent examination fee	2,885	2,400
Depreciation - owned assets	<u>192</u>	<u>605</u>

5. TRUSTEES' REMUNERATION AND BENEFITS

	2023	2022
	£	£
Trustees' salaries	<u>22,135</u>	<u>19,795</u>

During the period under review, R Banner (Trustee) received total remuneration for £22,135 (2022: £19,795). This remuneration is for his work as an employee of the Charitable Company, and as such is within the scope of the Memorandum and Articles of Association. R Banner is considered to be the only paid key management.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 October 2023 nor for the year ended 31 October 2022.

PROSTAD

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 OCTOBER 2023

6. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2023	2022
Management	<u>1</u>	<u>1</u>

No employees received emoluments in excess of £60,000.

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	66,542	-	66,542
Other fund raising activities	88,296	28,000	116,296
Investment income	<u>330</u>	<u>-</u>	<u>330</u>
Total	<u>155,168</u>	<u>28,000</u>	<u>183,168</u>
EXPENDITURE ON			
Charitable activities			
Direct costs	108,830	3,485	112,315
Support costs	29,243	-	29,243
Other	<u>19,795</u>	<u>-</u>	<u>19,795</u>
Total	<u>157,868</u>	<u>3,485</u>	<u>161,353</u>
NET INCOME/(EXPENDITURE)	(2,700)	24,515	21,815
RECONCILIATION OF FUNDS			
Total funds brought forward	<u>292,556</u>	<u>3,250</u>	<u>295,806</u>
TOTAL FUNDS CARRIED FORWARD	<u>289,856</u>	<u>27,765</u>	<u>317,621</u>

PROSTAD

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 OCTOBER 2023

8. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Computer equipment £	Totals £
COST			
At 1 November 2022 and 31 October 2023	<u>4,835</u>	<u>14,087</u>	<u>18,922</u>
DEPRECIATION			
At 1 November 2022	4,560	13,844	18,404
Charge for year	<u>84</u>	<u>108</u>	<u>192</u>
At 31 October 2023	<u>4,644</u>	<u>13,952</u>	<u>18,596</u>
NET BOOK VALUE			
At 31 October 2023	<u>191</u>	<u>135</u>	<u>326</u>
At 31 October 2022	<u>275</u>	<u>243</u>	<u>518</u>

9. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Donations receivable	229	-
Other debtors	<u>17,387</u>	<u>55</u>
	<u>17,616</u>	<u>55</u>

10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Social security and other taxes	432	26
Accrued expenses	<u>2,825</u>	<u>8,410</u>
	<u>3,257</u>	<u>8,436</u>

11. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
Fixed assets	326	-	326	518
Current assets	314,053	-	314,053	325,539
Current liabilities	<u>(45,626)</u>	<u>42,369</u>	<u>(3,257)</u>	<u>(8,436)</u>
	<u>268,753</u>	<u>42,369</u>	<u>311,122</u>	<u>317,621</u>

PROSTAD

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 OCTOBER 2023

12. MOVEMENT IN FUNDS

	At 1.11.22 £	Net movement in funds £	At 31.10.23 £
Unrestricted funds			
General fund	286,754	(22,323)	264,431
Northampton	2,370	-	2,370
Support Groups	<u>732</u>	<u>1,220</u>	<u>1,952</u>
	289,856	(21,103)	268,753
Restricted funds			
Brachytherapy	3,000	-	3,000
Website videos	250	-	250
United Against Prostate Cancer	<u>24,515</u>	<u>14,604</u>	<u>39,119</u>
	<u>27,765</u>	<u>14,604</u>	<u>42,369</u>
TOTAL FUNDS	<u>317,621</u>	<u>(6,499)</u>	<u>311,122</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	146,773	(169,096)	(22,323)
Support Groups	<u>1,220</u>	<u>-</u>	<u>1,220</u>
	147,993	(169,096)	(21,103)
Restricted funds			
United Against Prostate Cancer	<u>29,490</u>	<u>(14,886)</u>	<u>14,604</u>
TOTAL FUNDS	<u>177,483</u>	<u>(183,982)</u>	<u>(6,499)</u>

PROSTAD

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 OCTOBER 2023

12. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.11.21 £	Net movement in funds £	At 31.10.22 £
Unrestricted funds			
General fund	291,138	(4,384)	286,754
Northampton	1,418	952	2,370
Support Groups	-	732	732
	<u>292,556</u>	<u>(2,700)</u>	<u>289,856</u>
Restricted funds			
Brachytherapy	3,000	-	3,000
Website videos	250	-	250
United Against Prostate Cancer	-	24,515	24,515
	<u>3,250</u>	<u>24,515</u>	<u>27,765</u>
TOTAL FUNDS	<u>295,806</u>	<u>21,815</u>	<u>317,621</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	152,750	(157,134)	(4,384)
Northampton	1,686	(734)	952
Support Groups	732	-	732
	<u>155,168</u>	<u>(157,868)</u>	<u>(2,700)</u>
Restricted funds			
United Against Prostate Cancer	28,000	(3,485)	24,515
	<u>183,168</u>	<u>(161,353)</u>	<u>21,815</u>

PROSTAD

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 OCTOBER 2023

12. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.11.21 £	Net movement in funds £	At 31.10.23 £
Unrestricted funds			
General fund	291,138	(26,707)	264,431
Northampton	1,418	952	2,370
Support Groups	-	1,952	1,952
	<u>292,556</u>	<u>(23,803)</u>	<u>268,753</u>
Restricted funds			
Brachytherapy	3,000	-	3,000
Website videos	250	-	250
United Against Prostate Cancer	-	39,119	39,119
	<u>3,250</u>	<u>39,119</u>	<u>42,369</u>
TOTAL FUNDS	<u>295,806</u>	<u>15,316</u>	<u>311,122</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	299,523	(326,230)	(26,707)
Northampton	1,686	(734)	952
Support Groups	1,952	-	1,952
	<u>303,161</u>	<u>(326,964)</u>	<u>(23,803)</u>
Restricted funds			
United Against Prostate Cancer	57,490	(18,371)	39,119
	<u>360,651</u>	<u>(345,335)</u>	<u>15,316</u>

Restricted funds

Newsletter - Donation received towards the cost of producing quarterly newsletters.

Brachytherapy - Donation received towards the cost of Brachytherapy.

Website videos - Donation received towards the cost of producing videos for the website.

United Against Prostate Cancer - Donation towards the genetic testing of people with prostate cancer to the East Midlands

Unrestricted funds - Designated

Northampton - Funds earmarked by the trustees for use in Northampton area.

PROSTAIID

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 OCTOBER 2023**

13. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 October 2023.

PROSTAD

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 OCTOBER 2023

	2023 £	2022 £
INCOME AND ENDOWMENTS		
Donations and legacies		
General donations (incl Gift Aid)	48,703	36,269
Santa fun run	210	840
Legacies and funeral donations	1,227	2,432
Donations in kind	<u>51,054</u>	<u>27,001</u>
	101,194	66,542
Other fund raising activities		
Golf days	11,992	11,697
Bizz Buzz	1,200	1,200
Other events	4,254	732
Christmas party	1,377	2,242
Rust bucket rally	-	39,584
UAPC	29,490	28,000
Beer festival	<u>24,656</u>	<u>32,841</u>
	72,969	116,296
Investment income		
Interest receivable	<u>3,320</u>	<u>330</u>
Total incoming resources	177,483	183,168
EXPENDITURE		
Charitable activities		
General fundraising costs	42,234	46,579
UAPC expenses	14,886	3,485
Nurse's salaries	<u>35,852</u>	<u>47,038</u>
	92,972	97,102
Other		
Trustees' salaries	22,135	19,795
Support costs		
Finance		
Bank charges	273	229
Other		
Gifts and services in kind	51,054	27,001
Insurance	3,790	2,598
Travel expenses	1,607	1,355
Depreciation	192	605
Office expenses	3,999	4,121
Carried forward	<u>60,642</u>	<u>35,680</u>

This page does not form part of the statutory financial statements

PROSTAD

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 OCTOBER 2023

	2023 £	2022 £
Other		
Brought forward	60,642	35,680
Support group expenses	1,953	2,301
Other	<u>1,148</u>	<u>1,544</u>
	63,743	39,525
Governance costs		
Independent examination fee	2,885	2,400
Accountancy and bookkeeping	<u>1,974</u>	<u>2,302</u>
	<u>4,859</u>	<u>4,702</u>
Total resources expended	<u>183,982</u>	<u>161,353</u>
Net (expenditure)/income	<u>(6,499)</u>	<u>21,815</u>

This page does not form part of the statutory financial statements

PROSTAID

England & Wales - Charity number 1116935

Accounts

REGISTERED COMPANY NUMBER: 05953090 (England and Wales)
REGISTERED CHARITY NUMBER: 1116935

Trustees' Report and
Unaudited Financial Statements
For The Year Ended 31 October 2022
for
PROSTAID
(A COMPANY LIMITED BY GUARANTEE)

Fortus Midlands Limited
31 High View Close
Hamilton Office Park
Leicester
Leicestershire
LE4 9LJ

PROSTAIID

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For The Year Ended 31 October 2022**

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Detailed Statement of Financial Activities	25 to 26

PROSTAID

Trustees' Report For The Year Ended 31 October 2022

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 October 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

Purpose, Aims and Objectives:

To relieve sickness and in particular disease of the prostate by encouraging and supporting the needs and treatment of prostate cancer patients principally, but not exclusively, by the Department of Urology, University of Leicester NHS Trust and associated hospitals within the Leicester cancer area (Leicester, Leicestershire, Rutland and Northamptonshire).

To raise public awareness of the issues relating to prostate cancer.

To provide relief of suffering amongst men, particularly those treated, but not exclusively, by the Department of Urology, University of Leicester NHS Trust and associated hospitals for prostate cancer and associated prostate conditions and, in addition, their families and dependants through the provision of practical support and information and such other ways as the Trustees/Directors may determine.

The Charity's aims, objectives and activities to achieve the above are reviewed on a regular basis.

The Trustees have developed a five-year strategy with the aim of improving the organisation, its' operational effectiveness and thus the sustainability of the Charity. The strategy was reviewed in 2017/18 and the Board will continue to review and develop the Strategic Plan throughout 2021/22 where appropriate. A review will take place in 2023.

PROSTAD
Trustees' Report
For The Year Ended 31 October 2022

OBJECTIVES AND ACTIVITIES

Achievements and Performance

Background and Introduction

Prostate cancer is the most common cancer in men in the UK and 25% of all new cases of cancer diagnosed in the UK are prostate cancers. Cancer Research UK statistics (2016-2018) reveal there were 52,254 of new prostate cancer cases diagnosed in the UK every year (143 every day). In 2017-2018 12,039 men in the UK died from prostate cancer (around 32 every day). In the last 40 years prostate cancer rates have tripled, much of this rise can be attributed to increased detection with the widespread use of the PSA Test. In the 1970's, around three in ten men diagnosed with prostate cancer survived their disease beyond five years, now 78% of men survive their disease for 10 or more years. However, despite these improvements, according to the Office of National Statistics (ONS) surveys, Leicester, Leicestershire & Rutland has one of the poorest survival rates for aggressive prostate cancer over five years in the UK. Despite this, the Department of Health does not undertake prostate cancer awareness campaigns. In Leicestershire 41% of men diagnosed already have a prostate cancer metastasised disease which has spread to the bones and/or other parts of the body. The incidence of local men in the Leicestershire area diagnosed with prostate cancer is currently running at very high levels at present around 40 cases per week, compared with the Northampton area of 6 cases per week. Many Trustees and Members of Prostaid are local men who have or have previously suffered from the disease. Although UK research into the disease is excellent, Prostaid are proactive in raising funds to increase local awareness of the disease, treatments offered and the care and support available. Restrictions and lockdown measures associated with Covid 19 have still had a disruptive impact on the services provided and funded by Prostaid and although it had severely affected fundraising activities, this has now improved considerably. However, despite the issues faced, income for the Charity within the period has been reduced but remains positive.

What did we achieve during this year?

Funding of Prostaid Specialist Nurses

Negotiations with the University Hospitals of Leicester (UHL) resulted in an agreement to jointly fund three specialist nurses on a 50%-50% basis; nurses cover the whole spectrum of prostate cancer both at the point of diagnosis in Urology and, in Oncology for advanced disease. The three nurses will continue to be funded for a further three years from renewal of their contracts until February 2023.

Negotiations with the University Hospitals of Leicester (UHL) resulted in an agreement after Feb 2023 to continue to jointly fund two full time specialist nurses on a 50%-50% basis; one based in Oncology, one in Urology and one part time nurse. The nurses cover the whole spectrum of prostate cancer both at the point of diagnosis in Urology and, in Oncology for advanced disease, as required the three nurses will continue to be funded for a further three years from renewal of their contracts from Feb 2023.

Negotiations with Northampton General Hospital Trust resulted in the appointment of a PROSTad prostate cancer specialist nurse, Alice Knight on April 20th, 2020, on a three-year contract on 50%-50% basis the first prostate specialist nurse in the hospital who works with patients in Northampton and Northamptonshire. We plan subject to negotiation, to continue this post for a further three years from April 2023. The Northampton Committee, a of the Charity, has responsibility with the Board of Trustees for the Northampton Nurse.

One of the nurses Aimee Winfield left her position as prostate cancer nurse specialist funded by the Charity in March and is now Sister in Ward 28A. Interestingly she still has strong connections to our charity as she is addition to being in a new role as sister, she is a nurse practitioner undertaking prostate cancer transperineal biopsies. In order for this to happen Prostaid were able supply special needle guides which were essential for the biopsies to be undertaken at a cost of £14K. The training was given by Masood Khan our former Trustee who had to leave us as a Trustee through work commitments. Aimee's half time position was filled in June by the appointment of Laura Hunt who coming from Chemotherapy nursing has settled in well with the team and the patients.

PROSTAD

Trustees' Report For The Year Ended 31 October 2022

OBJECTIVES AND ACTIVITIES

The Charity's former Specialist Nurse, Jo Wortley, has continued to develop the role of Lead Nurse in the Urology Department, funded through UHL hospitals by the Integrated Care Board (was Clinical Commissioning Group). This role is supported by an 'active monitoring assistant', Niki Bakewell. Both roles support the activities of the Urology Department and Prostaids Specialist Prostate Cancer Nurses. This work has increased from under 200 patients to over 2000 patients due to the increasing survival of patients. The UHL has the largest prostate cancer cohort of nurses in the UK due to the pioneering and foresight of the charity in funding the first nurse in Urology in March 2007. All our nurses work continues still in very difficult conditions brought about by the pandemic.

Professional Training for Prostaids Specialist Nurses

The new Northampton Prostaids Prostate Cancer Nurse was scheduled to receive initial training by the lead prostate cancer nurse and her team. Unfortunately, still due to some Covid 19 restrictions continuing this training has been disrupted but hopefully re-commence in the forthcoming year when full Covid restrictions are lifted.

The University Hospitals of Leicester and Prostaids will continue to support professional training for specialist nurses to maintain and improve upon the level of care made.

The Charity having funded a special master's degree module for prostate cancer radiotherapy care for Fiona Kirkland in Leicester, she has now been promoted to Advanced Radiotherapy practitioner working with our support groups and patients to improve patient care and support from the Radiotherapy Department for the 370 to 400 patients that have Radiotherapy annually as part of their treatment. She has already commenced her a post treatment follow up audit of all PCa patients treated at the Radiology dept at the LRI.

Raising Awareness - Prostaids Advertising Campaign

The Charity continued, prior to Covid 19 restrictions, to promote prostate cancer awareness in the workplace and other venues in the catchment area. Records are maintained of the organisations and attendance at awareness events to ensure the aim of raising prostate cancer awareness to local people is maximised.

Raising Awareness of Prostate Cancer with Local Men

The Charity has updated and reprinted all its awareness leaflets through funding provided by local businesses.

The Charity continues to look at new ways to help and improve the care and treatment of local men with prostate cancer. We are excited to learn of the building of a Brachytherapy centre at LRI for more treatments for prostate cancer new and advanced, which will open in 2023. The Trustees take into consideration the guidance on public benefit issued by the Charity Commission when establishing priorities and activities. The Charity was active in locations within Leicestershire and Northamptonshire prior to Covid 19 restrictions. As such, a smaller number of awareness events than usual has been completed.

The Charity hopes to continue organising awareness events as normal in 2022/23. In this year it was able to hold awareness events with the employees and Management of Hinckley & Rugby Building Society at Hinckley and GE Baker Perkins at Groby and is planning in the forthcoming year with the Lord Mayor of Leicester for an awareness meeting and prostate cancer appeal at LCFC King Power Stadium in March and widespread prostate cancer awareness which uses Arriva Awareness Buses in Leicester & Leicestershire.

PROSTAD

Trustees' Report For The Year Ended 31 October 2022

OBJECTIVES AND ACTIVITIES

Awareness in men of African descent continues to remain an important aspect of the Charity's work. This population has a 1 in 4 risk of contracting prostate cancer in their lives compared to 1 in 8 of other populations. The Charity, where possible, tried to continue support group meetings and have been attempting to restart the group with Shavez Jeffers of the Centre for Ethnic Health Research. We have previously done several African Caribbean prostate cancer awareness events with the Pamela Campbell Morris Health foundation at the Rangers Football club, including a Football Match during the year since the loss of our African Caribbean PC Group leader the late Pamela Campbell- Morris but to date have not been able to restart the group. However, we are optimistic hopefully that this situation will soon change, as we are involved with a new project UAPC.United against prostate cancer.

UAPC United Against Prostate Cancer

The Charity is working with the East Genomic Medicine Service Alliance on a unique new ground-breaking project with NHS England that started this year and will be completed in April 2023. Historically all Genetic cancer biopsy testing was done in London at the Royal Marsden but with this project this testing with the histology and pathology being done at Leicester Royal Infirmary for the whole NHS Eastern sector. This testing has now begun just for men with inherited prostate cancer with the appointment of five "Champion" men who have been affected by inherited genetic prostate cancer who will promote the service throughout the region. As men of African Descent with their higher risk of prostate cancer can have a higher than average risk of inherited prostate cancer this means that the project will be able to help this community and hope to develop a lasting support for restoration of a local prostate cancer support group under our Prostaid umbrella for African/African Caribbean men with their support and longer term support of the East Midlands Cancer support Alliance which at the present time actively promote prostate cancer awareness amongst GP's.

NHS England and East Midlands Strategic Clinical Networks completed the care and treatment pathway for all men with prostate cancer in the East Midlands. This had resulted in Leicester becoming the largest centre in the Midlands, with patients coming for surgery and treatment in Leicester from Northamptonshire and most recently Lincolnshire. However, this has changed over the year due to extra NHS funds being made available this year (post pandemic) and both Northampton and Lincolnshire have now been able to purchase their own Davinci Robots to carry out their own prostate cancer surgery instead of coming to Leicester. Leicester was once one of only a few areas in the UK where men commenced prostate cancer treatment within a 62-day time frame from the point of Diagnosis. This time frame had been disrupted due to the Pandemic but thankfully this has and is improving considerably with the return of 'Face to Face' meetings between patient and consultant and patient and specialist nurses.

Improving Access to Information for Local Prostate Cancer Patients

PROSTAD

Trustees' Report For The Year Ended 31 October 2022

OBJECTIVES AND ACTIVITIES

Prostaid continues to improve the provision of providing accurate and quality information to patients. During the period, the Charity has produced an additional leaflet on "Hormone Treatment" and a further two are in the process of being completed. These leaflets are made available in several locations with one for Travel Insurance and Brachytherapy in both the General Hospital and at the Royal Infirmary. The artwork for these leaflets is provided free of charge and printing at a low cost to enable the Charity to produce quality affordable leaflets. The Charity continues to promote the unique PSA record cards to enable patients to understand TNM staging. In addition, the Charity has produced Radiotherapy Preparation Cards to enable patients to be ready for their radiotherapy treatment journey and has produced a leaflet showing the new meeting times of our five support groups now we are meeting Face to Face after the pandemic. UAPC United Against Prostate Cancer. The Charity is working with the East Genomic Medicine Service Alliance on a unique new ground -breaking project with NHS England that started this year and will be completed in April 2023. Historically all Genetic cancer biopsy testing was done in London at the Royal Marsden but with this project this testing with the histology and pathology being done at Leicester Royal Infirmary for the whole NHS Eastern sector This testing has now begun just for men with inherited prostate cancer with the appointment of five "Champions"; men who have been affected by inherited genetic prostate cancer who will promote the service throughout the region. As men of African Descent with their higher risk of prostate cancer can have a higher than average risk of inherited prostate cancer this means that the project will be able to help this community and hope to develop a lasting support for restoration of a local prostate cancer support group under our Prostaid umbrella for African/African Caribbean men with their support and longer term support of the East Midlands Cancer support Alliance., which at the present time actively promoting prostate cancer awareness amongst GP's. Options leaflet, Buddy leaflet, and PSA Record card is given to every patient diagnosed in the wallet folders provided for each new patient. In addition, the Charity has produced a 'Give Us A good PSA Test Card' for distribution to patients.

The Charity had been strongly involved in working and liaising with the East Midlands Strategic Clinical Networks -Prostate again Cancer Project working with Jo Wortley

DaVinci Robot

The Charity was actively involved in the launch of a £2 million Robot Appeal in 2014 in conjunction with Leicester Hospitals Charity and Nuffield Hospital, Leicester. The Robot continues to benefit patients and its use for the treatment of prostate cancer has increased with over 7000 procedures completed to date. Patients receiving treatment used to visit from both Northamptonshire and Lincolnshire, however, they now have their own DaVinci robots and carry out their own surgery, this state-of-the-art equipment is used to minimise the invasiveness of surgery for prostate cancer and has proved to dramatically improve the care, it is intended that a new Robot will be obtained for the hospital in 2023-24 to continue to improve the care of patient's treatment and outcomes of men with the disease. It continues to be of immense value to our community., and timing of operations have almost returned to before Covid.

John van Geest Centre (JVG)

Trustees have continued to actively liaise and work with this £15 million dedicated Prostate & Breast Cancer Research centre at Nottingham Trent University. We will continue our interest in their work and to be actively involved in their immunotherapy trials if funding for this research continues.

Website

The Charity's website continues to grow and develop with an increased use of social media in the form of Facebook & Twitter. We have introduced a new Get Involved section so people wanting to help Prostaid can sign up online. The Charity has undertaken an update of its website to make access easier and to enable access and use via mobile phones. We have hosted a new Video on prostate cancer surgery for UHL Surgeon Mr Paul Butterworth, and provided patients with cards to encourage patients to watch it, this helps answer patients queries fully before surgery and been most helpful.

The Charity now offers trustees a wider access facility to the Charity's archives and information through Office 365.

PROSTAD
Trustees' Report
For The Year Ended 31 October 2022

OBJECTIVES AND ACTIVITIES

Friends

The Charity continued to develop and support its family of 'Prostaïd Friends' although this was affected by the pandemic. We will continue establishing new support groups whenever needed. We also continued to develop our local volunteer support, befriending and information service for local patients and their families. In addition, the Charity also liaise and collaborate with a number of organisations and groups. Unfortunately, the level of collaboration with some have been affected by Covid. Our Trustee's chairman, Mark Dunkley, seeing this problem, is looking with the Trustees into a new approach into representing friends and members of support groups to ensure their input optimises effectiveness for all involved.

Collaboration

Collaborations include:

The Prostaïd Team of Befrienders UHL Genetics Department Prostaïd Prostate Cancer Specialist Nurses, Leicester Macmillan, LOROS UHL & NGH Management Teams Nuffield and Spire Hospitals Prostate Cancer UK Tackle Prostate Cancer Macmillan prostate cancer Nurses; Northampton & Kettering. Also, Urology Departments at UHL & Northampton Hospitals, Radiotherapy Dept. UHL Hospitals Oncology Departments at UHL and Northampton Hospitals.

Social Events

Several social events have taken place this year. These included the Christmas Party open to all support groups held in November 2022 at Leicester College., and several social Christmas parties at all the support groups.

Well-being Support

In addition to replicating wherever possible the successful activities undertaken during previous years, the charity had plans to organise a Penny Brohn type course at, probably Stamford Court, Leicester University, but even when Covid restrictions have been lifted the funding to Penny Brohn to enable them to undertake this for us had been withdrawn. We plan next year to see if we can promote a "Mindfulness and Wellbeing" course for willing patients and partners who have difficulty in coping with their prostate cancer diagnosis and treatment.

United Against Prostate Cancer

The 100,000 Genome project has now finished, the Charity, is now working with Dr Julian Barwell of UHL Genetics Department and other hospitals in Nottingham, Cambridge, and the East of England, this is United Against prostate Cancer(UAPC) This latest initiative continues to use. Genomic medicine increasingly becomes part of the mainstream and we will continue collaborating and supporting their work with newly diagnosed patients when required. Prostaïd was successful in helping to secure the first prostate biopsies that were used in the project and the youngest local patient champion at 42 years old with seven close relatives either prostate or breast cancer with inherited disease. The Charity is working with the East Genomic Medicine Service Alliance on this unique new ground breaking project with NHS England that started this year and will be completed in April 2023 .Historically, all Genetic cancer biopsy testing was done in London at the Royal Marsden but with this project this testing with the histology and pathology being done at Leicester Royal Infirmary for the whole NHS Eastern sector This testing has now begun just for men with inherited prostate cancer with the appointment of five " Champions" men who have been affected by inherited genetic prostate cancer who will promote the service throughout the region. As men of African Descent with their higher risk of prostate cancer can have a higher than average risk of inherited prostate cancer this means that the project will be able to help this community and hope to develop a lasting support for restoration of a local prostate cancer support group under our PROSTaïd umbrella for African/African Caribbean men with their support and longer term support of the East Midlands Cancer support Alliance., which at the present time actively promoting prostate cancer awareness amongst local GP's.

Support Groups

PROSTAD

Trustees' Report For The Year Ended 31 October 2022

OBJECTIVES AND ACTIVITIES

This was a most successful year with our support groups. The idea of producing an invitation letter to all newly diagnosed patients from Prostaïd and UHL PC nursing team has resulted in a large increase in newly diagnosed patients attending one of our four PC support groups. The Prostaïd support groups are considered to help and support the Government's initiative (and the NHS Trust's objective) to provide a holistic needs approach to patient treatment, care and support as required within the Holistic Needs Assessment (HNA) for every cancer patient from the 1 January 2020.

Now the good news we are delighted to say that from October 2021 when all our Support Groups returned to Face to Face, the numbers continue to grow month by month.

The Birstall Support Group continues to increase in popularity. This group is a collaboration with 'Birstall Bags' a breast cancer support group for patients and their families. The Charity jointly funds the group with Birstall Bags. It is understood this is the first support group in the UK jointly organised by breast and prostate charities. This social group meet monthly and regularly attracts a high number of patients and partners and has a walking group that walks regularly throughout the year, promoting health and well-being.

The Melton Support Group continues to grow in its new venue at the Baptist Church at Melton Mowbray. With interesting range of speakers and topics and a growing membership.

The African/African Caribbean Social/Support Group since the sad passing away of the leader, Pamela Campbell Morris, has not yet restarted but we plan to relaunch in the near future, extensively with Shavez Jeffers, at their weekly meetings. The format of these meetings (playing dominoes) and the Covid risk status of this group being contributing factors in the hesitant return of the group.

The Chairman of the Northampton Support Group is a member of the Northampton Committee and whilst this group is independent of Prostaïd, the Charity shares with them an association as member of Tackle. The Group meets monthly in Northampton. They reopened in Oct 2021 a new venue at present funded by the charity. The number of attendees remains strong.

Leicester Support Group

Originally the meeting was held at Leicestershire Golf Club but in August we were told that the clubhouse was to be closed from September. We then moved in August to our former venue, the Cradock at Knighton. It has been most successful with larger numbers attending and well received by everybody. We have had two new leaders of the group from October 2021.

The planned creation of a Southern Asian Social/Support Group has been put on hold. We plan to see if we can start this when time permits.

Brachytherapy

HDR (High Dose Rate) Brachytherapy boosts treatment for men with advanced disease, which reduces their Radiology treatment time from 7 weeks to 3 weeks, giving a potential 16% improvement in outcomes. The decision was finally reached that Leicester Royal Infirmary would be able to introduce HDR Brachytherapy in the purpose-built new unit in the Osborne building. This is due for completion in 2023. At present patients are now being sent to Lincoln Hospital for both HDR and Seeded Brachytherapy. The Charity looks forward to the opening of this new unit and to the additional remarkable use of HDR Brachytherapy to treat advanced prostate cancer. The Charity, in liaison with Dr Miguel Pandades, Consultant Lead Brachytherapy Oncologist at Lincoln Hospital has helped to produce a Video/Film on both types of Brachytherapy and growing numbers of patients go to the hospital for this successful treatment.

The Charity longer term idea is to have an Andrology Nurse practitioner however this is no longer necessary since the arrival of Urologist Pravish Ravindra who has established a new pathway to treat the problems of our patients with incontinence in UHL working with Ivonne Brylka -Mee continence nurse specialist. Now that pre- and post-operative treatment pathways have been established this is of immense help to all our prostate cancer patients.

How do we pay for it?

PROSTAD

Trustees' Report For The Year Ended 31 October 2022

OBJECTIVES AND ACTIVITIES

Fund Raising

Our fundraising this year was back where it was before lockdown. We ran our own Prostaïd Golf Day at Rothley in addition to a Golf Day at Loughborough and also a Northampton Golf Day arranged by the Rotary Club of Northampton Beckett. All these events did well this year and raised much appreciated funds for our charity. The best income came from the Rust bucket challenge delayed by two years which brought in £40K. Our Leicester Lions Beer festival in a hot July this year raised £14K for us.

The Alternative Santa Fun Run 2021 was also a success. The Charity will continue to be creative in planning events in the future.

Bizz Buzz Speed Networking Group for Prostaïd, launched in October 2018, will continue to be planned whenever possible. The group continued to meet monthly until the pandemic on the first Wednesday of every month and then used the Zoom platform. We brought this back Face to Face in October and as turnout was poor, we have decided to rethink and relaunch in spring 2023 with a different format of top speakers' lunch and speed networking!

Dedicated Prostaïd Prostate Cancer Centre for Leicester

The long-term aim of the Charity is to create a specialist Prostaïd Cancer Care Centre in Leicester whenever that opportunity may present itself. We recently under the auspices of Jonathan Kerry our previous treasurer and previous Chair, John Beatty have had talks with the Renewal & Regeneration committee of UHL under the direction of Nicky Topham their manager. Further to that we have had recent discussions with Richard Mitchell, Chief executive of UHL, who is keen to promote the project with our steering committee. With the recent news that Leicester has been given the status as the centre for prostate cancer in the East Midlands, opportunities may well exist in the future to realise the ambition. Whilst we were informed that the Urology Department will be moving to a new site at Glenfield Hospital within the next 7 years, we understand that due to NHS financial restrictions this could be delayed. However, the Charity wants to be closely involved in this transition and will scope and explore ways of appropriate beneficial support.

Communication

Prostaïd continue to produce an in-house newsletter every 6 months. The production costs no longer are sponsored by NEXT PLC. however, they continue to support our golf day and with raffle prizes. The Newsletter continues to be published with help from design company, Birdhouse. The Newsletter is published in January and June. New leaflets about prostate cancer continue to be developed. These add to an already wide range of information available electronically via the Prostaïd website and throughout all the hospitals in our area. During 2020 new leaflets were developed in liaison with patients, Prostaïd's specialist nurses and Consultants.

Distribution methods continue to include:

Information, including the Charity's half yearly Newsletter newsletter is made available via Prostaïd notice boards in UHL hospitals in Leicester Royal Infirmary, Leicester General Hospital, Coleman Assessment Centre and Radiotherapy Suite and Market Harborough, Melton, and Oakham hospitals. All notice boards have been sponsored by the Hinckley Round Table 129 and their 41 Club

Leaflets and Newsletters are made available in every hospital Leicestershire, Rutland, Kettering, and Northampton in addition to a few Health Centres and GP Surgeries throughout the region. The Charity distribute 2000 copies each quarter.

Our information leaflets have been made available in Chemists and pharmacies throughout Leicestershire, Northampton, and Rutland.

Financial Review

PROSTAIID

Trustees' Report For The Year Ended 31 October 2022

OBJECTIVES AND ACTIVITIES

The fundraising income of the Charity has increased this year and reflects the significant fundraising efforts made by groups and individuals post pandemic. As such, the Charity continues to maintain a healthy financial position. Looking to the future we are planning a limited number of new high-profile fundraising events in 2022-2023 and with the continuing enthusiasm of our supporters we will aim to continue and raise the necessary funds to finance our programme of activities and improve and increase our support networks.

Reserves Policy

Trustees have agreed that the Charity should retain funds equal to a minimum of 12 months operating costs to help mitigate against the uncertain economic climate. Funds held may exceed that amount as reserves accumulate to achieve the funding levels required for ongoing new projects and initiatives.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The governing documents of the Charity are the Memorandum and Articles of Association. The Charity is a company limited by guarantee incorporated on 2 October 2006. Prostaid was registered with the Charity Commission on 22 November 2006. Trustee Board meetings are usually held four to six times annually. Appropriate training and information are provided for Trustees using guidelines provided by the Charity Commission.

Patrons

The charity is extremely grateful for the ongoing and wholehearted support from its Patrons who continue to effectively assist the Charity in achieving its aims and objectives through their loyal promotion, assistance and patronage.

Recruitment and appointment of new trustees

At present (as at 31/10/22) there are 11 Trustees. In the current year there have been two resignations: Jonathan Kerry and Masood Khan. Prostaid Trustees appoint a Chair of Trustees annually at the first meeting of each financial year. The Trustees of the Charity are also its directors for the purposes of Company Law.

PROSTAD
Trustees' Report
For The Year Ended 31 October 2022

STRUCTURE, GOVERNANCE AND MANAGEMENT

Management of the Charity

Prostaid has a Leicestershire & Rutland Committee whose function is to support, provide awareness and plan fundraising activities to support the aims of the Charity. The Charity also has a satellite committee which meets in Northamptonshire (Northamptonshire Committee). The Charity encourages its members to participate in helping to achieve its charitable aims. Members of the Leicestershire & Rutland Committee can attend meetings of the Board of Trustees as observers but are unable to vote. The Board regard this opportunity as an ideal method of introducing those members who aspire to be Trustees to the operations and functions of the Board. This recognises and assists in the need for the Charity to regularly refresh membership, introduce new skills and experience to the Board and thus fulfil its aim of effective succession planning to help secure the Charity's future.

Prostaid Board of Trustees

The Trustees hold regular board meeting six times per year.

Leicestershire & Rutland Committee Membership: (Due to Covid 19, this committee's meetings have been suspended as the meeting venue, Nuffield hospital is no longer is able to accommodate our meetings.

Management of the Charity continued with specialised meetings over Zoom of sub committees i.e., Fundraising. This was led by Scott McLaren with some success.

Northamptonshire Committee Membership: (Due to Covid 19, this committee's meetings have been disrupted) however RB attended the last committee meeting of Northampton Committee Face to Face after the resignation of Alistair Fergusson. This Committee decided to continue to meet & work with us and recently in October 2022 with chairman of Trustees Mark Dunkley we met all members of the committee.

(Committee Chair) Vacant Dennis Bowden, Stuart Cheeseman (ill health), Douglas Wilson, Robert Martel (soon to undergo cancer surgery) Bip Wetherall (retired due to ill health) Richard Truby Hemant Nemade (Head of cancer at NGH).

Prostaid does not have leased offices or business premises. It employs one Trustee/Director, Robert Banner, who is employed on a full-time basis to oversee and administer the daily activities of the Charity, including fundraising, on behalf of the Board of Trustees. It also has a treasurer, Dave Merriman, who with an assistant Treasurer, Faye Lord, who is paid as an independent bookkeeper and works from home and who has responsibility for paying invoices and keeping our accounts up to date and accurate. The assistant treasurer is also responsible for organising information about the Charity's activities via social media i.e., Twitter & Facebook.

All other Trustees and Members of Committees offer and provide their services on a voluntary basis. Named individuals offer the following services for the Charity:

Health and Safety Co-ordinator Stuart Berry
Buddy Co-ordinator Ian Nightingale
Friends Co-ordinator Norman Bell
Advanced Prostate Cancer Liaison & Support Co-ordinator Philip Baker
Awareness Co-ordinator Stuart Berry
Patient Support Helpline Stuart Berry/Rob Banner
Social/Support Co-ordinator Peter & Meryl Walker/Michael Newell/Jo Wortley & Bob White
Support & Liaison Co-ordinator Rob Banner
African Caribbean Awareness Ambassador & UAPC Team Shavez Jeffers
Fundraising Co-ordinator Rob Banner

The overall activity, commitment, and skills that members of the Committees possess are directly linked to the Charity's success.

Risk management

Trustees have assessed the risks to which the Charity is exposed and are satisfied that they have adequate procedures in place to manage those risks.

PROSTAD

**Trustees' Report
For The Year Ended 31 October 2022**

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

05953090 (England and Wales)

Registered Charity number

1116935

Registered office

17 Torrington Close
Wigston Magna
Leicester
Leicestershire
LE18 2RY

Trustees

Robert Banner
John Beatty
Stuart Berry
John Bird (Vice Chair)
Mark Dunkley (Chair)
Christopher Kent
Jonathan Kerry (resigned 28.2.22)
Scott McLaren
Graydon Thwaite
Joanne Wortley
Masood Khan (resigned 31.7.22)
Jonathan Foster
Dave Merriman (Treasurer)

Independent Examiner

Richard Buckby FCA
Fortus Midlands Limited
31 High View Close
Hamilton Office Park
Leicester
Leicestershire
LE4 9LJ

Approved by order of the board of trustees on 15/2/2023..... and signed on its behalf by:



.....
Robert Banner - Trustee

**Independent Examiner's Report to the Trustees of
Prostaid**

Independent examiner's report to the trustees of Prostaid ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 October 2022.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Richard Buckby FCA
Fortus Midlands Limited
31 High View Close
Hamilton Office Park
Leicester
Leicestershire
LE4 9LJ

Date: 15/2/2023

PROSTAD

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 OCTOBER 2022

	Notes	Unrestricted funds £	Restricted funds £	2022 Total funds £	2021 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		66,542	-	66,542	109,291
Other fund raising activities	2	88,296	28,000	116,296	12,458
Investment income	3	330	-	330	32
Total		<u>155,168</u>	<u>28,000</u>	<u>183,168</u>	<u>121,781</u>
EXPENDITURE ON					
Charitable activities					
Direct costs		108,830	3,485	112,315	60,683
Support costs		29,243	-	29,243	44,795
Other		19,795	-	19,795	18,951
Total		<u>157,868</u>	<u>3,485</u>	<u>161,353</u>	<u>124,429</u>
NET INCOME/(EXPENDITURE)		(2,700)	24,515	21,815	(2,648)
RECONCILIATION OF FUNDS					
Total funds brought forward		292,556	3,250	295,806	298,454
TOTAL FUNDS CARRIED FORWARD		<u>289,856</u>	<u>27,765</u>	<u>317,621</u>	<u>295,806</u>

The notes form part of these financial statements

PROSTAIID
BALANCE SHEET
31 OCTOBER 2022

	Notes	2022 £	2021 £
FIXED ASSETS			
Tangible assets	8	518	799
CURRENT ASSETS			
Debtors	9	55	3,966
Cash at bank		325,484	305,925
		<u>325,539</u>	<u>309,891</u>
CREDITORS			
Amounts falling due within one year	10	(8,436)	(14,884)
NET CURRENT ASSETS		<u>317,103</u>	<u>295,007</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		317,621	295,806
NET ASSETS		<u>317,621</u>	<u>295,806</u>
FUNDS	13		
Unrestricted funds		289,856	292,556
Restricted funds		27,765	3,250
TOTAL FUNDS		<u>317,621</u>	<u>295,806</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 October 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 October 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

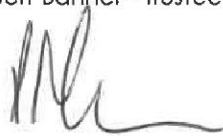
PROSTAID

Balance Sheet - continued
31 October 2022

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 15/2/2023 and were signed on its behalf by:


.....
Robert Banner - Trustee


.....
Dave Merriman - Trustee

The notes form part of these financial statements

**Notes to the Financial Statements
For The Year Ended 31 October 2022**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

PROSTaid meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

The financial statements are presented in Sterling (£).

Company status

The company is a company limited by guarantee. The members of the company are the Trustees named on Page 10. In the event of the company being wound up, the liability in respect of the guarantee is limited to £10 per member of the company.

Income

All income is recognised once the company has entitlement to the income, it is probable that all the income will be received and the amount of income receivable can be measured reliably.

Donated services or facilities are recognised when the company has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from use by the company of the item is probable and the economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), the general volunteer time of the Friends is not recognised and refer to the Trustees' report for more information about their contribution.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the company which is the amount the company would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

Expenditure

Expenditure is recognised once there is a legal or consecutive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of a total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use.

Support costs are those costs incurred directly in support of expenditure on the objects of the company and include project management carried out at Headquarters. Governance costs are those incurred in connection with administration of the company and compliance with constitution and statutory requirements.

Notes to the Financial Statements - continued
For The Year Ended 31 October 2022

1. ACCOUNTING POLICIES - continued

Expenditure

Charitable activities and Governance costs are incurred on the company's educational operations, including support costs and costs relating to the governance of the company, apportioned to charitable activities.

Going concern

The trustees have prepared the financial statements on the basis that the charity is a going concern.

Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the company; this is normally upon notification of the interest paid or payable by the Bank.

Tangible fixed assets

All assets costing more than £250 are capitalised.

A review for impairment of a fixed asset is carried out if events or changes in circumstances indicate that the carrying value of any fixed asset may not be recoverable. Shortfalls between the carrying value of fixed assets and their recoverable amounts are recognised as impairments. Impairment losses are recognised in the Statement of financial activities incorporating income and expenditure account.

Tangible fixed assets are carried at cost, net of depreciation and any provision for impairment. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their estimated residual value, over their expected useful lives on the following basis:

Fixtures and fittings	- five years
Computer equipment	- three years

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably. Liabilities are recognised at the amount that the company anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide. Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised with interest payable and similar charges.

PROSTAD

Notes to the Financial Statements - continued
For The Year Ended 31 October 2022

1. ACCOUNTING POLICIES - continued

Financial instruments

The company only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instrument are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

2. OTHER FUND RAISING ACTIVITIES

	2022	2021
	£	£
Golf days	11,697	11,088
Bizz Buzz	1,200	1,270
Other events	732	80
Christmas party	2,242	-
Rust bucket rally	39,584	-
Face masks	-	20
UAPC	28,000	-
Beer festival	32,841	-
	<u>116,296</u>	<u>12,458</u>

3. INVESTMENT INCOME

	2022	2021
	£	£
Interest receivable	<u>330</u>	<u>32</u>

4. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2022	2021
	£	£
Independent examination fee	2,400	2,340
Depreciation - owned assets	<u>605</u>	<u>971</u>

5. TRUSTEES' REMUNERATION AND BENEFITS

	2022	2021
	£	£
Trustees' salaries	<u>19,795</u>	<u>18,951</u>

During the period under review, R Banner (Trustee) received total remuneration for £19,795 (2021: £18,951). This remuneration is for his work as an employee of the Charitable Company, and as such is within the scope of the Memorandum and Articles of Association. R Banner is considered to be the only paid key management.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 October 2022 nor for the year ended 31 October 2021.

PROSTAD

Notes to the Financial Statements - continued
For The Year Ended 31 October 2022

6. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2022	2021
Management	<u>1</u>	<u>1</u>

No employees received emoluments in excess of £60,000.

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	109,291	-	109,291
Other fund raising activities	12,458	-	12,458
Investment income	32	-	32
Total	<u>121,781</u>	<u>-</u>	<u>121,781</u>
EXPENDITURE ON			
Charitable activities			
Direct costs	60,683	-	60,683
Support costs	41,795	3,000	44,795
Other	18,951	-	18,951
Total	<u>121,429</u>	<u>3,000</u>	<u>124,429</u>
NET INCOME/(EXPENDITURE)	352	(3,000)	(2,648)
RECONCILIATION OF FUNDS			
Total funds brought forward	292,204	6,250	298,454
TOTAL FUNDS CARRIED FORWARD	<u>292,556</u>	<u>3,250</u>	<u>295,806</u>

PROSTAD

Notes to the Financial Statements - continued
For The Year Ended 31 October 2022

8. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Computer equipment £	Totals £
COST			
At 1 November 2021	4,835	13,763	18,598
Additions	-	324	324
	<u>4,835</u>	<u>14,087</u>	<u>18,922</u>
At 31 October 2022	4,835	14,087	18,922
DEPRECIATION			
At 1 November 2021	4,476	13,323	17,799
Charge for year	84	521	605
	<u>4,560</u>	<u>13,844</u>	<u>18,404</u>
At 31 October 2022	4,560	13,844	18,404
NET BOOK VALUE			
At 31 October 2022	275	243	518
	<u>275</u>	<u>243</u>	<u>518</u>
At 31 October 2021	359	440	799
	<u>359</u>	<u>440</u>	<u>799</u>

9. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Donations receivable	-	3,600
Other debtors	55	130
Gift aid recoverable	-	236
	<u>55</u>	<u>3,966</u>

10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Bank loans and overdrafts (see note 11)	-	3,000
Social security and other taxes	26	(5)
Accrued expenses	8,410	11,889
	<u>8,436</u>	<u>14,884</u>

11. LOANS

An analysis of the maturity of loans is given below:

	2022 £	2021 £
Amounts falling due within one year on demand:		
Bank overdrafts	-	3,000
	<u>-</u>	<u>3,000</u>

PROSTAD

Notes to the Financial Statements - continued
For The Year Ended 31 October 2022

12. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted funds £	Restricted funds £	2022 Total funds £	2021 Total funds £
Fixed assets	518	-	518	799
Current assets	297,774	27,765	325,539	309,891
Current liabilities	(8,436)	-	(8,436)	(14,884)
	<u>289,856</u>	<u>27,765</u>	<u>317,621</u>	<u>295,806</u>

13. MOVEMENT IN FUNDS

	At 1.11.21 £	Net movement in funds £	At 31.10.22 £
Unrestricted funds			
General fund	291,137	(4,383)	286,754
Northampton	1,418	952	2,370
Support Groups	-	732	732
	<u>292,555</u>	<u>(2,699)</u>	<u>289,856</u>
Restricted funds			
Brachytherapy	3,000	-	3,000
Website videos	250	-	250
United Against Prostate Cancer	-	24,515	24,515
	<u>3,250</u>	<u>24,515</u>	<u>27,765</u>
TOTAL FUNDS	<u>295,805</u>	<u>21,816</u>	<u>317,621</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	152,751	(157,134)	(4,383)
Northampton	1,686	(734)	952
Support Groups	732	-	732
	<u>155,169</u>	<u>(157,868)</u>	<u>(2,699)</u>
Restricted funds			
United Against Prostate Cancer	28,000	(3,485)	24,515
	<u>183,169</u>	<u>(161,353)</u>	<u>21,816</u>

PROSTAD

Notes to the Financial Statements - continued
For The Year Ended 31 October 2022

13. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.11.20 £	Net movement in funds £	At 31.10.21 £
Unrestricted funds			
General fund	292,204	(1,066)	291,138
Northampton	-	1,418	1,418
	<u>292,204</u>	<u>352</u>	<u>292,556</u>
Restricted funds			
Newsletter	2,000	(2,000)	-
Brachytherapy	3,000	-	3,000
Website videos	1,250	(1,000)	250
	<u>6,250</u>	<u>(3,000)</u>	<u>3,250</u>
TOTAL FUNDS	<u>298,454</u>	<u>(2,648)</u>	<u>295,806</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	119,913	(120,979)	(1,066)
Northampton	1,868	(450)	1,418
	<u>121,781</u>	<u>(121,429)</u>	<u>352</u>
Restricted funds			
Newsletter	-	(2,000)	(2,000)
Website videos	-	(1,000)	(1,000)
	<u>-</u>	<u>(3,000)</u>	<u>(3,000)</u>
TOTAL FUNDS	<u>121,781</u>	<u>(124,429)</u>	<u>(2,648)</u>

PROSTAD

Notes to the Financial Statements - continued
For The Year Ended 31 October 2022

13. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.11.20 £	Net movement in funds £	At 31.10.22 £
Unrestricted funds			
General fund	292,204	(5,449)	286,755
Northampton	-	2,370	2,370
Support Groups	-	732	732
	<u>292,204</u>	<u>(2,347)</u>	<u>289,857</u>
Restricted funds			
Newsletter	2,000	(2,000)	-
Brachytherapy	3,000	-	3,000
Website videos	1,250	(1,000)	250
United Against Prostate Cancer	-	24,515	24,515
	<u>6,250</u>	<u>21,515</u>	<u>27,765</u>
TOTAL FUNDS	<u>298,454</u>	<u>19,168</u>	<u>317,622</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	272,664	(278,113)	(5,449)
Northampton	3,554	(1,184)	2,370
Support Groups	732	-	732
	<u>276,950</u>	<u>(279,297)</u>	<u>(2,347)</u>
Restricted funds			
Newsletter	-	(2,000)	(2,000)
Website videos	-	(1,000)	(1,000)
United Against Prostate Cancer	28,000	(3,485)	24,515
	<u>28,000</u>	<u>(6,485)</u>	<u>21,515</u>
TOTAL FUNDS	<u>304,950</u>	<u>(285,782)</u>	<u>19,168</u>

Restricted funds

Newsletter - Donation received towards the cost of producing quarterly newsletters.

Brachytherapy - Donation received towards the cost of Brachytherapy.

Website videos - Donation received towards the cost of producing videos for the website.

United Against Prostate Cancer - Donation towards the genetic testing of people with prostate cancer to the East Midlands

Unrestricted funds - Designated

PROSTAID

**Notes to the Financial Statements - continued
For The Year Ended 31 October 2022**

13. MOVEMENT IN FUNDS - continued

Northampton - Funds earmarked by the trustees for use in Northampton area.

14. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 October 2022.

PROSTAD

**Detailed Statement of Financial Activities
For The Year Ended 31 October 2022**

	2022 £	2021 £
INCOME AND ENDOWMENTS		
Donations and legacies		
General donations (incl Gift Aid)	36,270	35,857
Santa fun run	840	1,956
Legacies and funeral donations	2,432	44,072
Donations in kind	27,001	27,406
	<u>66,543</u>	<u>109,291</u>
Other fund raising activities		
Golf days	11,697	11,088
Bizz Buzz	1,200	1,270
Other events	732	80
Christmas party	2,242	-
Rust bucket rally	39,584	-
Face masks	-	20
UAPC	28,000	-
Beer festival	32,841	-
	<u>116,296</u>	<u>12,458</u>
Investment income		
Interest receivable	330	32
	<u>183,169</u>	<u>121,781</u>
Total incoming resources		
	<u>183,169</u>	<u>121,781</u>
EXPENDITURE		
Charitable activities		
General fundraising costs	50,064	6,908
Urology Nurse's salary	11,904	12,581
Nurse's salaries	35,134	40,864
	<u>97,102</u>	<u>60,353</u>
Other		
Trustees' salaries	19,795	18,951
Support costs		
Finance		
Bank charges	229	-
Other		
Gifts and services in kind	27,001	27,406
Insurance	2,598	2,339
Travel expenses	1,355	812
Depreciation	605	971
Carried forward	31,559	31,528

This page does not form part of the statutory financial statements

PROSTAD

Detailed Statement of Financial Activities
For The Year Ended 31 October 2022

	2022 £	2021 £
Other		
Brought forward	31,559	31,528
Office expenses	4,121	4,787
Support group expenses	2,301	1,181
Other	1,544	2,452
	<u>39,525</u>	<u>39,948</u>
Governance costs		
Independent examination fee	2,400	2,340
Accountancy and bookkeeping	2,302	2,837
	<u>4,702</u>	<u>5,177</u>
Total resources expended	<u>161,353</u>	<u>124,429</u>
Net Income/(expenditure)	<u>21,816</u>	<u>(2,648)</u>

This page does not form part of the statutory financial statements

PROSTAID

England & Wales - Charity number 1116935

Accounts

REGISTERED COMPANY NUMBER: 05953090 (England and Wales)
REGISTERED CHARITY NUMBER: 1116935

**TRUSTEES' REPORT AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 OCTOBER 2020
FOR
PROSTAID
(A COMPANY LIMITED BY GUARANTEE)**

Fortus Midlands Limited
Hamilton Office Park
31 High View Close
Leicester
Leicestershire
LE4 9LJ

PROSTAID

**CONTENTS OF THE FINANCIAL STATEMENTS
For The Year Ended 31 October 2020**

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PROSTAID
TRUSTEES' REPORT
For The Year Ended 31 October 2020

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 October 2020. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

Purpose, Aims and Objectives:

To relieve sickness and in particular disease of the prostate by encouraging and supporting the needs and treatment of prostate cancer patients principally, but not exclusively, by the Department of Urology, University of Leicester NHS Trust and associated hospitals within the Leicester cancer area (Leicester, Leicestershire, Rutland and Northamptonshire).

To raise public awareness of the issues relating to prostate cancer.

To provide relief of suffering amongst men, particularly those treated, but not exclusively, by the Department of Urology, University of Leicester NHS Trust and associated hospitals for prostate cancer and associated prostate conditions and, in addition, their families and dependants through the provision of practical support and information and such other ways as the Trustees/Directors may determine.

The Charity's aims, objectives and activities to achieve the above are reviewed on a regular basis.

The Trustees have developed a five-year strategy with the aim of improving the organisation, its' operational effectiveness and thus the sustainability of the Charity. The strategy was reviewed in 2017/18 and the Board will continue to review and develop the Strategic Plan throughout 2020/21 where appropriate

Achievements and Performance

Background and Introduction

Prostate cancer is the most common cancer in men in the UK and 25% of all new cases of cancer diagnosed in the UK are prostate cancers. Cancer Research UK statistics (2015-2017) reveal there were 48,487 of new prostate cancer cases diagnosed in the UK every year (130 every day). In 2015-2017 around 11,714 men in the UK died from prostate cancer (around 32 every day). In the last 40 years prostate cancer rates have tripled, much of this rise can be attributed to increased detection with the widespread use of the PSA Test. In the 1970's, around three in ten men diagnosed with prostate cancer survived their disease beyond five years, now it is almost nine in ten men who survive their disease over the same period (five years). However, despite these improvements, according to the Office of National Statistics (ONS) surveys, Leicester, Leicestershire & Rutland has one of the poorest survival rates for aggressive prostate cancer over five years in the UK. Despite this, the Department of Health does not undertake prostate cancer awareness campaigns. In Leicestershire 41% of men diagnosed already have a prostate cancer metastasised disease which has spread to the bones and/or other parts of the body. A large number of Trustees and Members of Prostaïd are local men who have or have previously suffered from the disease. Although UK research into the disease is excellent, Prostaïd are proactive in raising funds to increase local awareness of the disease, treatments offered and the care and support available. Restrictions and lockdown measures associated with Covid 19 have had a disruptive impact on the services provided and funded by Prostaïd and, has severely affected fundraising activities. However, despite the issues faced, income for the Charity within the period has been positive.

PROSTAD
TRUSTEES' REPORT
For The Year Ended 31 October 2020

What did we achieve during this year?

Funding of Prostaid Specialist Nurses

Negotiations with the University Hospitals of Leicester (UHL) resulted in an agreement to jointly fund three specialist nurses on a 50% - 50% basis; nurses cover the whole spectrum of prostate cancer both at the point of diagnosis in Urology and, in Oncology for advanced disease. The three nurses will continue to be funded for a further three years from renewal of their contracts in 2020.

Specialist Prostate Cancer Nurses now operate between both Oncology and at the point of diagnosis in Urology. Together they extend support to a large cohort of patients in Leicestershire, Northampton and Rutland in addition to those in Lincolnshire. Approximately 1,900 new and existing patient cases are supported. The posts continue to be successful in extending support to patients in the Charity's catchment area.

The Charity's former Specialist Nurse, Jo Wortley, has continued to develop the role of Lead Nurse in the Urology Department, funded through UHL hospitals by the Clinical Commissioning Group. This role is supported by an 'active monitoring assistant', Niki Bakewell. Both roles support the activities of the Urology Department and Prostaid's Specialist Prostate Cancer Nurses. The active monitoring of local prostate cancer patients by Nicki Bakewell resulted in her recently receiving a prestigious NHS award. The UHL has the largest prostate cancer cohort of nurses in the UK due to the pioneering and foresight of the charity in funding the first nurse in Urology in March 2007.

The vision of providing an additional Prostate Cancer Specialist Nurse at Northampton General Hospital has been realised with Alice Knight being successfully recruited to the position in April 2020. This role is jointly funded (50/50) with Northampton General Hospital. The position was needed following the previous palliative nurse's resignation in September 2016. The Chairman of the Northampton Committee, a Trustee of the Charity, has responsibility on behalf of the Board of Trustees for the Northampton Nurse. The Charity is currently continuing to fund facilities for the Macmillan Prostate Cancer Nurse to manage a Mindfulness & Wellbeing course for prostate cancer patients in Moulton, Northamptonshire. This course will be available and resume when Covid 19 restrictions are lifted.

Professional Training for Prostaid Specialist Nurses

The new Northampton Prostaid Prostate Cancer Nurse was scheduled to receive initial training by the lead prostate cancer nurse and her team. Unfortunately, due to Covid 19, this training has been disrupted but will re-commence when Covid restrictions are lifted.

The University Hospitals of Leicester and Prostaid will continue to support professional training for specialist nurses in order to maintain and improve upon the level of care made available to patients as and when opportunities arise.

The Charity has continued to fund a special master's degree module for prostate cancer radiotherapy care for Fiona Lonsdale in Leicester, which will improve patient care and support from the Radiotherapy Department for the 370 patients that have Radiotherapy annually as part of their treatment. This degree course has continued despite Covid 19 restrictions.

Raising Awareness - Prostaid Advertising Campaign

The Charity continued, prior to Covid 19 restrictions, to promote prostate cancer awareness in the workplace and other venues in the catchment area. Records are maintained of the organisations and attendance at awareness events to ensure the aim of raising prostate cancer awareness to local people is maximised.

PROSTAD
TRUSTEES' REPORT
For The Year Ended 31 October 2020

Raising Awareness of Prostate Cancer with Local Men

The Charity has updated and reprinted all its awareness leaflets through funding provided by local businesses.

The Charity continues to look at new ways to help and improve the care and treatment of local men with prostate cancer. The Trustees take into consideration the guidance on public benefit issued by the Charity Commission when establishing priorities and activities. The Charity was active in locations within Leicestershire and Northamptonshire prior to Covid 19 restrictions. As such, a smaller number of awareness events than usual has been completed. These included an event in Melton organised by our local support group. Prostaids awareness team, led by Stuart Berry & Norman Bell were present at PSA testing sessions run by Leicestershire & Rutland Province of Freemasons and were able to attend a number of the testing sessions to offer support and awareness from the Charity to Freemasons. Stuart Berry met his local MP for Bosworth on 6 April to promote prostate awareness locally and within the House of Commons. The most recent awareness session undertaken prior to lockdown was held at Stephenson's College, Coalville, on 11 March 2020 where Prostaids was able to provide awareness and advice to the Lord Lieutenant of Leicestershire, Mike Kapur. The Charity hopes to continue organising awareness events as normal in 2020/21 but this will be subject to Covid 19 restrictions.

Awareness in men of African descent continues to remain an important aspect of the Charity's work. This population has a 1 in 4 risk of contracting prostate cancer in their lives compared to 1 in 8 of other populations. The Charity, where possible, has tried to continue support group meeting via Zoom and again, where possible, with guest speakers including local consultant's, oncologists and radiotherapists. These Zoom meetings have been successful but not as effective as 'Face to Face' meetings. Prostaids 'Buddy Scheme' which aims to support newly diagnosed patients by linking them with existing patients with similar conditions and treatment has continued over the telephone.

NHS England and East Midlands Strategic Clinical Networks have completed the care and treatment pathway for all men with prostate cancer in the East Midlands. This has resulted in Leicester becoming the largest centre in the Midlands, with patients coming for surgery and treatment in Leicester from Northamptonshire and most recently Lincolnshire. Leicester is still one of only a few areas in the UK where men commenced prostate cancer treatment within a 62-day time frame from the point of Diagnosis. This time frame has been seriously disrupted due to the Pandemic with hospital treatments prioritised to help manage the Covid 19 pandemic. However, from October 2020 the position began to improve. It is regrettable that 'Face to Face' meetings between patient and consultant and patient and specialist nurses has been severely disrupted and replaced with telephone consultations. This has been especially difficult and sometime traumatic for newly diagnosed patients who have been given their diagnoses by telephone. Prostaids Trustees have planned to speak with UHL's Acting Chief Executive, Rebecca Brown to discuss the issues and concerns expressed by patients.

Improving Access to Information for Local Prostate Cancer Patients

Prostaids continues to improve the provision of providing accurate and quality information to patients. During the period, the Charity has produced an additional leaflet on "Bone Health" and a further two are in the process of being completed. These leaflets are made available in several locations within both the General Hospital and at the Royal Infirmary. The artwork for these leaflets is provided free of charge and printing at a low cost to enable the Charity to produce quality affordable leaflets. The Charity continues to promote the unique PSA record cards to enable patients to understand TNM staging. In addition, the Charity has produced Radiotherapy Preparation Cards to enable patients to be ready for their radiotherapy treatment journey and has produced a leaflet showing the meeting times of our five support groups. This leaflet, together with an Options leaflet, Hormone Health leaflet, and PSA Record card is given to every patient diagnosed in the folders provided for each new patient. In addition, the Charity has produced a 'Give Us A good PSA Test Card' for distribution to patients.

The Charity had been strongly involved in working and liaising with the East Midlands Strategic Clinical Networks - Prostate Cancer Project although this has been interrupted by Covid 19 restrictions

PROSTAIID
TRUSTEES' REPORT
For The Year Ended 31 October 2020

DaVinci Robot

The Charity was actively involved in the launch of a £2 million Robot Appeal in 2014 in conjunction with Leicester Hospitals Charity and Nuffield Hospital, Leicester. The Robot continues to benefit patients and its use for the treatment of prostate cancer has increased with over 7000 procedures completed to date. Patients receiving treatment now visit from both Northamptonshire and Lincolnshire. This state-of-the-art equipment is used to minimise the invasiveness of surgery for prostate cancer and has proved to dramatically improve the care, treatment and outcomes of men with the disease. It continues to be of immense value to our community. There was a temporary suspension of use due to COVID 19, but recently prostate cancer surgery has resumed.

John van Geest Centre (JVG)

Trustees have continued to actively liaise and work with this £15 million dedicated Prostate & Breast Cancer Research centre at Nottingham Trent University. We will continue our interest in their work and to be actively involved in their immunotherapy trials if funding for this research continues. The Charity has recently helped fund research into a new signature blood test aimed at early identification of advanced prostate cancer

Better Together

The benefits of Trustees attending 'Better Together' events working in collaboration with clinical commissioning groups, GPs, Urologists, Oncologists, and Management of UHL Hospitals and NHS England continue to be realised whenever possible. Recent developments of the initiative include the appointment of a prostate cancer specialist lead nurse in Urology funded by the CCGs and an active monitoring assistant to monitor patient's PSA. As patient representatives we continue in our aim to improve the treatment and experiences of prostate cancer patients. We plan for this cooperation to continue.

Website

We have made use of Facebook and Twitter and have a designated professional to enable us to gain & maintain support from local people.

The Charity's website continues to grow and develop with an increased use of social media in the form of Facebook & Twitter. The Charity has undertaken a complete update of its website to make access easier and to enable access via mobile phones. The Website covers current COVID restrictions that will be adapted as the situation changes. During 2020/21 the Charity hopes to finalise the members and trustees access facility to the Charity's archives through a new Office 365 portal.

Friends

The Charity continued to develop and support its family of 'Prostaid Friends' and will continue establishing new support groups whenever needed. We also continued to develop our local volunteer support, befriending and information service for local patients and their families. In addition, the Charity also liaise and collaborate with a number of organisations and groups. Unfortunately, the level of collaboration with some have been affected by Covid. Collaborations include:

The Prostaid Team of Befrienders
Prostaid Prostate Cancer Specialist Nurses
Macmillan
LOROS
Nuffield and Spire Hospitals
Tackle Prostate Cancer

UHL Genetics Department
Coping with Cancer, Leicester
Nuffield Health Physio course for Patients.
UHL & NGH Management Teams
Prostate Cancer UK
Macmillan prostate cancer Nurses; Northampton & Kettering

Urology Departments at UHL & Northampton Hospitals, Radiotherapy Dept. UHL Hospitals
Oncology Departments at UHL and Northampton Hospitals

PROSTAD
TRUSTEES' REPORT
For The Year Ended 31 October 2020

Social Events

Several social events have taken place. These have included our successful Christmas Party open to all support groups held in November 2019 at Leicester College. Covid forced the Charity to cancel other social trips for support groups planned for 2020. Social events will continue to be organised when Covid restrictions have been lifted.

Well-being Support

In addition to replicating wherever possible the successful activities undertaken during the past year the charity plans to organise a Penny Brohn course at, Stamford Court, Leicester University, again, when Covid restrictions have been lifted. The course promotes 'Mindfulness and Wellbeing' for willing patients and partners who have difficulty in coping with their prostate cancer diagnosis and treatment

100,000 Human Genome Project

Although the 100,000 Genome project has almost finished, the Charity, working with Dr Julian Barwell of UHL Genetics Department and the Universities of Nottingham & Cambridge and Cancer Research UK continues to meet, share and participate in this ground-breaking project as a full member of the East of England Team. Genomic medicine has become and, will increasingly become part of the mainstream and we will continue collaborating and supporting their work with newly diagnosed patients when required. ProstaId was successful in helping to secure the first prostate biopsies that were used in the project

Support Groups

This was to have been another most successful year with our growing number of support groups which were expanded and developed during 2017/18. The ProstaId support groups are considered to help and support the Government's initiative (and the NHS Trust's objective) to provide a holistic needs approach to patient treatment, care and support as required within the Holistic Needs Assessment (HNA) for every cancer patient from the 1 January 2020. However, Covid interrupted development in this area. Nevertheless, support groups were able to hold several meetings at each of our five support groups with the Zoom platform being used for meetings held post March 2020. Many of these meetings were supported by guest speakers from both the Urology and Oncology departments of UHL. These included specialist nurses and consultants who were able to provide regular updates on how the health service was dealing with restricted services. Whilst the use of Zoom has been useful, it has been problematic for those unable to access social media platforms and as such numbers attending have reduced.

With close cooperation from our nurses and Jo Wortley (Lead Nurse in Urology), the Melton Support Group in Melton Mowbray, organised by ProstaId, is now well-established. Group membership has increased following patients in that area being contacted by our specialist nurses. The support group regularly attracts up to 50 people at each meeting and we are pleased to say that similar number regularly attend the monthly meetings over Zoom.

The Birstall Support Group continues to increase in popularity. This group is a collaboration with 'Birstall Bags' a breast cancer support group for patients and their families. The Charity jointly funds the group with Birstall Bags. It is understood this is the first support group in the UK jointly organised by breast and prostate charities. This social group meet monthly and regularly attracts more than 80 patients and partners, but numbers have been lowering during Covid.

The African/African Caribbean Social/Support Group has been extensively disrupted and their weekly meetings have not taken place since March 2020. The format of these meetings (playing dominoes) and the Covid risk status of this group being contributing factors.

The Chairman of the Northampton Support Group is a member of the Northampton Committee and whilst this group is independent of ProstaId, the Charity shares with them an association as member of Tackle. The Group meets monthly in Northampton and is also using Zoom. The number of attendees remains strong.

PROSTAID

TRUSTEES' REPORT For The Year Ended 31 October 2020

The Complementary Therapy Group Working & Coping with Cancer which was started in May 2018 with the aim of offering prostate cancer patients' therapy and support at bi-monthly meetings has now been discontinued due to poor attendance.

The planned creation of a Southern Asian Social/Support Group has been put on hold due to Covid. This will be undertaken when restrictions are lifted.

Brachytherapy

HDR (High Dose Rate) Brachytherapy boosts treatment for men with advanced disease, which reduces their Radiology treatment time from 7 weeks to 3 weeks, giving a potential 16% improvement in outcomes.

The decision was finally reached that Leicester Royal Infirmary would be unable to introduce HDR Brachytherapy and Seeded Brachytherapy. Instead, patients are now being sent to Lincoln Hospital for both HDR and Seeded Brachytherapy. The Charity supports this initiative in the expectation that a satisfactory outcome is achieved for Leicester patients in the future. Indeed, post-operative treatment for HDR Brachytherapy is carried out at the LRI.

The Charity, in liaison with Dr Miguel Pandades, Consultant Lead Oncologist at Lincoln Hospital have helped to produce a Video/Film on both types of Brachytherapy. Dr Pandades has also talked to the Support groups about this form of treatment. However, we have very recently heard from Suzi Jordan, Head of Radiotherapy at Leicester Royal Infirmary, that a new Brachytherapy Suite will be constructed. As such, the Charity is hopeful that this will provide male as well as female brachytherapy and, will be able to provide Seeded and HDR Brachytherapy for local men with prostate cancer. Brachytherapy has been positive for many patients supported by Prostaïd.

Andrology Nurse Practitioner (Proposed)

The Charity is proposing to create this position in liaison and consultation with the Urology Department at UHL. The post is aimed at supporting patients with erectile dysfunction and continence issue that are not being dealt with effectively within the 62-day cancer pathway. The plan is to introduce pre and post-operative treatment pathways in the promotion of holistic cancer treatments. Prostaïd may consider 'pump prime' funding to help provide specialist nurse support for patients with prostate cancer.

Fund Raising

Our fundraising continues with many new events organised each year by the Charity's loyal and hardworking supporters. Due to a variety of imaginative ideas that our supporters have developed to continue fund raising activities, the Charity has been successful in raising more funds than those raised in 2018/19. This has been an incredible achievement in very difficult circumstances. Events included the Barratts the Builders five-day Spin Bike challenge - Leicester to John O'Groats and a vast range of fundraising by individuals undertaking Marathons, Dog Walks Bike Rides and a Dart Challenge to name a few. The Santa Fun Run 2019 was also a great success. The 'Rustbucket.com' charity had to cancel their planned fundraising event for 2020 but they plan to organise again in June 2021. The Charity will continue to be creative in planning events in the future.

Bizz Buzz Speed Networking Group for Prostaïd, launched in October 2018, will continue to be planned whenever possible. The group continued to meet monthly on the first Wednesday of every month and is now undertaken on the Zoom platform.

The Niche Magazine has provided the Charity with a free half page advert to promote our Alternative Santa Fun Run to be held in December 2020.

PROSTAIID
TRUSTEES' REPORT
For The Year Ended 31 October 2020

Dedicated Prostaid Prostate Cancer Centre for Leicester

The long-term aim of the charity is to create a specialist Prostaid Cancer Care Centre in Leicester whenever that opportunity may present itself. With the recent news that Leicester has been given the status as the centre for prostate cancer in the East Midlands, opportunities may exist in the future to realise the ambition. Recently we were informed that the Urology Department will be moving to a new site at Glenfield Hospital within the next 7 years. The charity wants to be closely involved in this transition and will explore ways of appropriate support. The Charity plans to use a substantial recent bequest as a starting fund to raise monies for this exciting project.

Communication

Prostaid continue to produce an in-house newsletter every quarter. The production costs continued to be sponsored by NEXT PLC. The Newsletter continues to be published with help from design company, Birdhouse. The Newsletter is published in November, February, May and August each year. New leaflets about prostate cancer continue to be developed. These add to an already wide range of information available electronically via the Prostaid website and throughout all the hospitals in our area. During 2020 new leaflets were developed in liaison with patients, Prostaid's specialist nurses and Consultants.

Distribution methods continue to include:

- Information, including the Charity's quarterly Newsletter is made available via Prostaid notice boards in Leicester Royal Infirmary, Leicester General Hospital, Coleman Assessment Centre and Radiotherapy Suite. All notice boards have been sponsored by the Hinckley Round Table 129 and their 41 Club who in addition have sponsored new desks and office equipment to enable all our Prostaid nurses to be comfortably accommodated in their office.

- Leaflets and Newsletters are made available in every hospital in Leicestershire, Rutland, Kettering and Northampton in addition to a number of Health Centres and GP Surgeries throughout the region. The Charity distribute 2000 copies each quarter.

- Our new information leaflets have been made available in Chemists and pharmacies throughout Leicestershire, Northampton and Rutland.

Financial Review

The fundraising income of the Charity has risen slightly this year and reflects the significant fundraising efforts made by groups and individuals. As such, the Charity continues to maintain a healthy financial position. Looking to the future we are planning a limited number of high-profile fundraising events and with the continuing enthusiasm of our supporters we will aim to continue and raise the necessary funds to finance our programme of activities and support networks.

Reserves Policy

Trustees have agreed that the Charity should retain funds equal to a minimum of 12 months operating costs to help mitigate against the uncertain economic climate. Funds held may exceed that amount as reserves accumulate to achieve the funding levels required for ongoing new projects and initiatives.

PROSTAID
TRUSTEES' REPORT
For The Year Ended 31 October 2020

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The governing documents of the Charity are the Memorandum and Articles of Association. The Charity is a company limited by guarantee incorporated on 2 October 2006. Prostaïd was registered with the Charity Commission on 22 November 2006. Trustee Board meetings are usually held four to six times annually. Appropriate training and information are provided for Trustees using guidelines provided by the Charity Commission.

Patrons

The charity is extremely grateful for the ongoing and wholehearted support from its Patrons who continue to effectively assist the Charity in achieving its aims and objectives through their loyal promotion, assistance and patronage.

Recruitment and appointment of new trustees

At present (as at 31/10/20) there are 12 Trustees. In the current year there has been no resignations or new recruitment. Prostaïd Trustees appoint a Chair of Trustees annually at the first meeting of each financial year. The Trustees of the charity are also its Directors for the purposes of Company Law.

Management of the Charity

Prostaïd has a Leicestershire & Rutland Committee whose function is to support, provide awareness and plan fundraising activities to support the aims of the Charity. The Charity also has a satellite committee which meets in Northamptonshire (Northamptonshire Committee). The Charity encourages its members to participate in helping to achieve its charitable aims. Members of the Leicestershire & Rutland Committee can attend meetings of the Board of Trustees as observers but are unable to vote. The Board regard this opportunity as an ideal method of introducing those members who aspire to be Trustees to the operations and functions of the Board. This recognises and assists in the need for the Charity to regularly refresh membership, introduce new skills and experience to the Board and thus fulfil its aim of effective succession planning to help secure the Charity's future.

Prostaïd Board of Trustees

Due to Covid 19, the Trustees of Prostaïd have held virtual meeting on the Zoom platform since April 2020. Meetings held prior to April 2020 were held in the conventional format.

Leicestershire & Rutland Committee Membership: (Due to Covid 19, this committee's meetings have been disrupted)

Scott McLaren (Committee Chair)
Robert Banner
Chris Berridge (UHL)
Norman Bell
Pamela Campbell-Morris
Faye Lord
Jim Kelly
Stuart Berry
Antony Lount
Michael Newell
Ian Nightingale

PROSTAID
TRUSTEES' REPORT
For The Year Ended 31 October 2020

Management of the Charity - continued

Northamptonshire Committee Membership: (Due to Covid 19, this committee's meetings have been disrupted)

Alistair Fergusson (Committee Chair)
Dennis Bowden
Stuart Cheeseman
Douglas Wilson
Robert Martell
Bip Wetherall
Richard Truby
Hemant Nemade

Prostaïd does not have leased offices or business premises. It employs one Trustee/Director, Robert Banner, who is employed on a full-time basis to oversee and administer the daily activities of the Charity, including fundraising, on behalf of the Board of Trustees. It also has an assistant Treasurer, Faye Lord, who is paid as an independent book-keeper on a monthly basis and works from her home. The assistant treasurer is also responsible for organising information about the Charity's activities via social media i.e. Twitter & Facebook.

All other Trustees and Members of Committees offer and provide their services on a voluntary basis. Named individuals offer the following services for the Charity:

Health and Safety Advisor/Co-ordinator Stuart Berry
Buddy Co-ordinator Ian Nightingale
Friends Co-ordinator Norman Bell
Honorary Treasurer & Assistant Treasurer Jonathan Kerry (Treasurer)
Faye Lord (Assistant)
Advanced Prostate Cancer Liaison and Support Co-ordinator David Monk
Awareness Co-ordinator Stuart Berry
Patient Support Helpline and Co-ordination Stuart Berry/Rob Banner
Social/Support Evenings Co-ordinator Elaine and Stuart Berry
J Wortley
Bob White
Prostaïd Support and Liaison Co-ordinator Rob Banner
African Caribbean Awareness Ambassador & Liaison Pamela Campbell- Morris
Fundraising Co-ordinator Rob Banner

The overall activity, commitment and skills that members of the Committees possess are directly linked to the Charity's success.

Risk management

Trustees have assessed the risks to which the Charity is exposed and are satisfied that they have adequate procedures in place to manage those risks.

PROSTAIID
TRUSTEES' REPORT
For The Year Ended 31 October 2020

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

05953090 (England and Wales)

Registered Charity number

1116935

Registered office

17 Torrington Close
Wigston Magna
Leicester
Leicestershire
LE18 2RY

Trustees

Robert Banner
John Beatty Chairman
Stuart Berry
John Bird
Mark Dunkley Vice Chairman
Alistair Fergusson
Christopher Kent
Jonathan Kerry
Scott McLaren
Graydon Thwaite
Joanne Wortley
Masood Khan

Independent Examiner

Richard Buckby FCA
Fortus Midlands Limited
Hamilton Office Park
31 High View Close
Leicester
Leicestershire
LE4 9LJ

Approved by order of the board of trustees on 10 February 2021 and signed on its behalf by:

.....
Robert Banner - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
PROSTAD**

Independent examiner's report to the trustees of Prostaïd ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 October 2020.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Richard Buckby FCA
Fortus Midlands Limited
Hamilton Office Park
31 High View Close
Leicester
Leicestershire
LE4 9LJ

Date: 10 February 2021

PROSTAD

STATEMENT OF FINANCIAL ACTIVITIES
For The Year Ended 31 October 2020

	Notes	Unrestricted funds £	Restricted funds £	2020 Total funds £	2019 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		150,023	-	150,023	107,853
Fundraising activities	2	20,754	-	20,754	16,282
Investment income	3	<u>878</u>	<u>-</u>	<u>878</u>	<u>977</u>
Total		171,655	-	171,655	125,112
EXPENDITURE ON					
Charitable activities					
Direct costs		56,352	-	56,352	51,895
Support costs		56,671	-	56,671	58,979
Grants paid		2,313	-	2,313	13,990
Other		<u>16,478</u>	<u>-</u>	<u>16,478</u>	<u>16,895</u>
Total		131,814	-	131,814	141,759
NET INCOME/(EXPENDITURE)		39,841	-	39,841	(16,647)
RECONCILIATION OF FUNDS					
Total funds brought forward		252,363	6,250	258,613	275,260
TOTAL FUNDS CARRIED FORWARD		<u>292,204</u>	<u>6,250</u>	<u>298,454</u>	<u>258,613</u>

The notes form part of these financial statements

PROSTAID

**BALANCE SHEET
31 October 2020**

	Notes	2020 £	2019 £
FIXED ASSETS			
Tangible assets	9	1,348	2,171
CURRENT ASSETS			
Debtors	10	787	6,925
Cash at bank		<u>309,817</u>	<u>259,418</u>
		310,604	266,343
CREDITORS			
Amounts falling due within one year	11	(13,498)	(9,901)
NET CURRENT ASSETS		<u>297,106</u>	<u>256,442</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		298,454	258,613
NET ASSETS		<u>298,454</u>	<u>258,613</u>
FUNDS	13		
Unrestricted funds		292,204	252,363
Restricted funds		<u>6,250</u>	<u>6,250</u>
TOTAL FUNDS		<u>298,454</u>	<u>258,613</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 October 2020.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 October 2020 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

PROSTAID

BALANCE SHEET - continued
31 October 2020

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 10 February 2021 and were signed on its behalf by:

.....
Robert Banner - Trustee

.....
Jonathan Kerry - Trustee

The notes form part of these financial statements

NOTES TO THE FINANCIAL STATEMENTS
For The Year Ended 31 October 2020

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

PROSTaid meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

The financial statements are presented in Sterling (£).

Company status

The company is a company limited by guarantee. The members of the company are the Trustees named on Page 10. In the event of the company being wound up, the liability in respect of the guarantee is limited to £10 per member of the company.

Income

All income is recognised once the company has entitlement to the income, it is probable that all the income will be received and the amount of income receivable can be measured reliably.

Donated services or facilities are recognised when the company has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from use by the company of the item is probable and the economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), the general volunteer time of the Friends is not recognised and refer to the Trustees' report for more information about their contribution.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the company which is the amount the company would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

Expenditure

Expenditure is recognised once there is a legal or consecutive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of a total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use.

Support costs are those costs incurred directly in support of expenditure on the objects of the company and include project management carried out at Headquarters. Governance costs are those incurred in connection with administration of the company and compliance with constitution and statutory requirements.

NOTES TO THE FINANCIAL STATEMENTS - continued
For The Year Ended 31 October 2020

1. ACCOUNTING POLICIES - continued

Expenditure

Charitable activities and Governance costs are incurred on the company's educational operations, including support costs and costs relating to the governance of the company, apportioned to charitable activities.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

Going concern

The trustees have prepared the financial statements on the basis that the charity is a going concern.

Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the company; this is normally upon notification of the interest paid or payable by the Bank.

Tangible fixed assets

All assets costing more than £250 are capitalised.

A review for impairment of a fixed asset is carried out if events or changes in circumstances indicate that the carrying value of any fixed asset may not be recoverable. Shortfalls between the carrying value of fixed assets and their recoverable amounts are recognised as impairments. Impairment losses are recognised in the Statement of financial activities incorporating income and expenditure account.

Tangible fixed assets are carried at cost, net of depreciation and any provision for impairment. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their estimated residual value, over their expected useful lives on the following basis:

Fixtures and fittings	- five years
Computer equipment	- three years

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably. Liabilities are recognised at the amount that the company anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide. Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised with interest payable and similar charges.

PROSTAIID

NOTES TO THE FINANCIAL STATEMENTS - continued
For The Year Ended 31 October 2020

1. ACCOUNTING POLICIES - continued

Financial instruments

The company only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instrument are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

2. FUNDRAISING ACTIVITIES

	2020	2019
	£	£
Golf days	10,646	12,141
Bizz Buzz	1,375	2,353
Other events	1,701	1,788
Rust bucket rally	6,329	-
Face masks	<u>703</u>	<u>-</u>
	<u><u>20,754</u></u>	<u><u>16,282</u></u>

3. INVESTMENT INCOME

	2020	2019
	£	£
Interest receivable	<u><u>878</u></u>	<u><u>977</u></u>

4. GRANTS PAYABLE

	2020	2019
	£	£
Grants paid	<u><u>2,313</u></u>	<u><u>13,990</u></u>

5. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2020	2019
	£	£
Independent examination fee	2,280	2,255
Depreciation - owned assets	<u><u>823</u></u>	<u><u>1,502</u></u>

PROSTAD

NOTES TO THE FINANCIAL STATEMENTS - continued
For The Year Ended 31 October 2020

6. TRUSTEES' REMUNERATION AND BENEFITS

	2020	2019
	£	£
Trustees' salaries	<u>16,478</u>	<u>16,895</u>

During the period under review, R Banner (Trustee) received total remuneration for £16,478 (2019: £16,895). This remuneration is for his work as an employee of the Charitable Company, and as such is within the scope of the Memorandum and Articles of Association. R Banner is considered to be the only paid key management.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 October 2020 nor for the year ended 31 October 2019.

7. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2020	2019
	<u>1</u>	<u>1</u>
Management		

No employees received emoluments in excess of £60,000.

8. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	106,853	1,000	107,853
Fundraising activities	16,282	-	16,282
Investment income	<u>977</u>	<u>-</u>	<u>977</u>
Total	124,112	1,000	125,112
EXPENDITURE ON			
Charitable activities			
Direct costs	51,895	-	51,895
Support costs	58,979	-	58,979
Grants paid	13,990	-	13,990
Other	<u>16,895</u>	<u>-</u>	<u>16,895</u>
Total	141,759	-	141,759
NET INCOME/(EXPENDITURE)	(17,647)	1,000	(16,647)
RECONCILIATION OF FUNDS			
Total funds brought forward	270,010	5,250	275,260

PROSTAD

NOTES TO THE FINANCIAL STATEMENTS - continued
For The Year Ended 31 October 2020

8. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted funds £	Restricted funds £	Total funds £
TOTAL FUNDS CARRIED FORWARD	<u>252,363</u>	<u>6,250</u>	<u>258,613</u>

9. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Computer equipment £	Totals £
COST			
At 1 November 2019 and 31 October 2020	<u>4,413</u>	<u>13,763</u>	<u>18,176</u>
DEPRECIATION			
At 1 November 2019	4,413	11,592	16,005
Charge for year	<u>-</u>	<u>823</u>	<u>823</u>
At 31 October 2020	<u>4,413</u>	<u>12,415</u>	<u>16,828</u>
NET BOOK VALUE			
At 31 October 2020	<u>-</u>	<u>1,348</u>	<u>1,348</u>
At 31 October 2019	<u>-</u>	<u>2,171</u>	<u>2,171</u>

10. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2020 £	2019 £
Donations receivable	-	5,750
Other debtors	500	500
Gift aid recoverable	<u>287</u>	<u>675</u>
	<u>787</u>	<u>6,925</u>

11. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2020 £	2019 £
Trade creditors	-	1
Social security and other taxes	-	291
Accrued expenses	<u>13,498</u>	<u>9,609</u>
	<u>13,498</u>	<u>9,901</u>

PROSTAD

NOTES TO THE FINANCIAL STATEMENTS - continued
For The Year Ended 31 October 2020

12. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted funds £	Restricted funds £	2020 Total funds £	2019 Total funds £
Fixed assets	1,348	-	1,348	2,171
Current assets	304,354	6,250	310,604	266,343
Current liabilities	<u>(13,498)</u>	<u>-</u>	<u>(13,498)</u>	<u>(9,901)</u>
	<u>292,204</u>	<u>6,250</u>	<u>298,454</u>	<u>258,613</u>

13. MOVEMENT IN FUNDS

	At 1.11.19 £	Net movement in funds £	At 31.10.20 £
Unrestricted funds			
General fund	252,363	36,861	289,224
Northampton	<u>-</u>	<u>2,980</u>	<u>2,980</u>
	252,363	39,841	292,204
Restricted funds			
Newsletter	2,000	-	2,000
Brachytherapy	3,000	-	3,000
Website videos	<u>1,250</u>	<u>-</u>	<u>1,250</u>
	<u>6,250</u>	<u>-</u>	<u>6,250</u>
TOTAL FUNDS	<u>258,613</u>	<u>39,841</u>	<u>298,454</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	168,005	(131,144)	36,861
Northampton	<u>3,650</u>	<u>(670)</u>	<u>2,980</u>
	<u>171,655</u>	<u>(131,814)</u>	<u>39,841</u>
TOTAL FUNDS	<u>171,655</u>	<u>(131,814)</u>	<u>39,841</u>

PROSTAD

NOTES TO THE FINANCIAL STATEMENTS - continued
For The Year Ended 31 October 2020

13. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.11.18 £	Net movement in funds £	Transfers between funds £	At 31.10.19 £
Unrestricted funds				
General fund	206,641	(14,424)	(3,391)	188,826
Northampton	63,340	197	-	63,537
Support Groups	29	(3,420)	3,391	-
	270,010	(17,647)	-	252,363
Restricted funds				
Newsletter	1,000	1,000	-	2,000
Brachytherapy	3,000	-	-	3,000
Website videos	1,250	-	-	1,250
	5,250	1,000	-	6,250
TOTAL FUNDS	<u>275,260</u>	<u>(16,647)</u>	<u>-</u>	<u>258,613</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	123,420	(137,844)	(14,424)
Northampton	392	(195)	197
Support Groups	300	(3,720)	(3,420)
	124,112	(141,759)	(17,647)
Restricted funds			
Newsletter	1,000	-	1,000
TOTAL FUNDS	<u>125,112</u>	<u>(141,759)</u>	<u>(16,647)</u>

PROSTAD

NOTES TO THE FINANCIAL STATEMENTS - continued
For The Year Ended 31 October 2020

13. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.11.18 £	Net movement in funds £	Transfers between funds £	At 31.10.20 £
Unrestricted funds				
General fund	206,641	22,437	(3,391)	225,687
Northampton	63,340	3,177	-	66,517
Support Groups	29	(3,420)	3,391	-
	<u>270,010</u>	<u>22,194</u>	<u>-</u>	<u>292,204</u>
Restricted funds				
Newsletter	1,000	1,000	-	2,000
Brachytherapy	3,000	-	-	3,000
Website videos	1,250	-	-	1,250
	<u>5,250</u>	<u>1,000</u>	<u>-</u>	<u>6,250</u>
TOTAL FUNDS	<u>275,260</u>	<u>23,194</u>	<u>-</u>	<u>298,454</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	291,425	(268,988)	22,437
Northampton	4,042	(865)	3,177
Support Groups	300	(3,720)	(3,420)
	<u>295,767</u>	<u>(273,573)</u>	<u>22,194</u>
Restricted funds			
Newsletter	1,000	-	1,000
	<u>296,767</u>	<u>(273,573)</u>	<u>23,194</u>

Restricted funds

Newsletter:

Donation received towards the cost of producing quarterly newsletters.

Brachytherapy:

Donation received towards the cost of Brachytherapy.

Website videos:

Donation received towards the cost of producing videos for the website.

PROSTAID

NOTES TO THE FINANCIAL STATEMENTS - continued
For The Year Ended 31 October 2020

13. MOVEMENT IN FUNDS - continued

Unrestricted funds

Northampton:

Funds earmarked by the trustees for use in Northampton area.

Support Group:

Funds earmarked by the trustees for setting up a Rutland PROSTaid support group.

General Fund:

A fund not specific to particular projects, but available for purposes within the objects of the charity.

14. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 October 2020 (2019: None).

PROSTAIID

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
For The Year Ended 31 October 2020

	2020 £	2019 £
INCOME AND ENDOWMENTS		
Donations and legacies		
General donations (incl Gift Aid)	112,721	65,324
Santa fun run	2,936	1,545
Legacies and funeral donations	3,623	5,091
Next newsletters	-	1,000
Donations in kind	<u>30,743</u>	<u>34,893</u>
	150,023	107,853
Fundraising activities		
Golf days	10,646	12,141
Bizz Buzz	1,375	2,353
Other events	1,701	1,788
Rust bucket rally	6,329	-
Face masks	<u>703</u>	<u>-</u>
	20,754	16,282
Investment income		
Interest receivable	<u>878</u>	<u>977</u>
Total incoming resources	171,655	125,112
EXPENDITURE		
Charitable activities		
Flowers etc for widows and patients	-	1,730
Costs of other fundraising events	-	10,063
General fundraising costs	5,096	5,533
Nurse's salaries	51,256	30,849
Grants paid	<u>2,313</u>	<u>13,990</u>
	58,665	62,165
Other		
Trustee's salary	16,478	16,895
(For 1 Trustee only, who is also the Charity's professional fundraiser and is remunerated under, and in accordance with a Service Agreement made between him and the Charity – see Note 6 above).		
Support costs		
Other		
Gifts and services in kind	30,743	34,893
Insurance	2,515	2,487
Carried forward	<u>33,258</u>	<u>37,380</u>

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PROSTAIID

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
For The Year Ended 31 October 2020

	2020 £	2019 £
Other		
Brought forward	33,258	37,380
Travel expenses	1,352	2,407
Depreciation	823	1,502
Office expenses	8,982	8,642
Support group expenses	2,372	3,662
Other	4,557	1,989
Bizz Buzz Networking	-	1,080
	51,344	56,662
Governance costs		
Independent examination fee	2,280	2,255
Accountancy and bookkeeping	3,047	3,782
	5,327	6,037
Total resources expended	131,814	141,759
Net income/(expenditure)	<u>39,841</u>	<u>(16,647)</u>

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