



Conflict Resolution Education in Sheffield Schools Training

Registered Charity no: 1116794 Company No: 05932383. Report covers the period: 1st April 2024 – 31st March 2025

Annual Report 2024–25

Including unaudited financial statements



Introduction and Administrative Information

Since being set up by Sheffield Central Quaker Meeting in 2003, CRESST has developed as a centre of excellence for training and resources that empower young people to deal with everyday conflict positively and calmly. CRESST's face-to-face work is mainly in Sheffield and surrounding areas but we also offer support to schools nationally and internationally.

Our training equips children with skills to manage difficult situations and to face challenging conversations with more confidence and resilience. The demand for our work is ever-increasing; we have now

delivered in over 130 primary, secondary and special schools with a focus on long-term change.

Our charitable object and overarching aim is: to advance the education of children and young people in the subject of non-violent conflict resolution. CRESST uses participatory methods to teach children and young people the skills to handle conflict well. Our aim is not to eliminate conflict, which we see as a normal part of everyday life, but to reduce the hurt and harm caused when it escalates and is handled badly.

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Staff during 2024/25	
Programme Director: Rob Unwin	
Office & Communications: Simon Wells	
Freelance Trainers: Dave Green, Donna Fry, Heather Morgan, Jess Matthews, Rachel Newman. Susan Downer, Véronique Pin-Fat.	Volunteers:
	Carolyn Leary, Henrietta Zigwai Shehu, Nnedimma Aghanya, Serena Onissah, Shahbaz Akhtar, Waris Lambo.

Trustees during 2024/25	
Acting Chair: Ian Sabroe	Adrian Marc Hughes
Treasurer: Sheila Broadhead	Alan Hurford
Margaret Anne Edmonds	Laura Catherine Selby
Alison Warner	Pirashanthie Vivekananda-Schmidt
	Catherine Baird (from April 2025)

CRESST	Independent Examiner	Bank
Charity Number 1116794	Susan Cochrane, FCA	Unity Trust Bank
Company No 05932383	Seven Hills Accountants	Nine Brindley Place
Registered Office	Limited	60 Broad Street
Scotia Works	57 Burton Street	Birmingham
Leadmill Road	Sheffield	B1 2HB
Sheffield S1 4SE	S6 2HH	



Facebook: CRESST.Sheffield

Cover photo: Peer mediators at the annual conference. (EDEN Films)

Overview

CRESST's 2024–2025 year focused primarily on the Young Peacemakers Project (YPP), which empowers pupils to resolve conflicts and was implemented in twelve schools. Mediators, typically Year 6 pupils, were trained using the structured 'GLIDE framework'. The programme showed statistically significant benefits and 61% of mediators reported increased confidence, and nearly all (97.4%) gained confidence in handling their own conflicts. Staff feedback was overwhelmingly positive, with 97% noting an overall positive impact and 76% reporting less time taken up sorting out

conflicts. The year also featured the highly successful Peer Mediators' Conference in January, which earned '100% Excellents!' in evaluations, despite challenging weather conditions. The event celebrated peer mediators and featured the inspirational keynote speaker Nicky Perfect. During the year the team revised the flagship 'Peer Mediation Coordinators' Training Manual' and handbook. CRESST's schemes were recognized in three recent Outstanding Ofsted reports. Funding was secured via grants from various trusts and some valued donations from local Quakers.

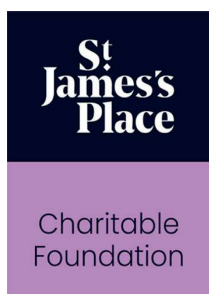
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Young Peacemakers Project

Peer mediators from different schools playing drama games on the themes of conflict and peace at the 2025 annual conference. (EDEN Films)



Our peer mediation work during 2024-2025 has focused on empowering pupils to resolve conflicts and foster more positive school environments, bringing about significant benefits for both mediators and the wider school community, despite facing various challenges. The programme has been implemented in twelve schools, demonstrating its continued adaptability and impact.

Hubs' for mediations and conference circles for larger groups.

Benefits: The programme has a pronounced positive impact. The 200 responding Peer mediators themselves demonstrate statistically significant improvements in their understanding of conflict, how it affects them, their ability to listen to others' problems, and their confidence in helping peers resolve disputes.

'I am more confident in myself and I am a better listener and better at understanding others' feelings'

Implementation: Typically, we train Year 6 pupils as peer mediators, although some schools also involve Year 5, or even Year 4, pupils. Mediators often work on a rota system, mediating conflicts 1-2 times per week, primarily assisting younger pupils in Years 3 and 4, though some programmes work across all year groups from Year 1 to Year 6. The training emphasizes a structured approach, normally using our 'GLIDE framework', which provides security and confidence to mediators. Some schools, like Herringthorpe Juniors, employ a two-tiered system with both Peer Mediators and Restorative Practice (RP) Representatives, utilizing dedicated 'RP

Over 80% report being better at understanding different points of view and others' feelings, 67% at listening, and 61% being more confident. A majority (68%) felt changed by their role, noting increased confidence, improved problem-solving skills, better listening, and enhanced emotional regulation. One pupil stated, ***'I am more confident in myself and I am a better listener and better at understanding other's feelings'*** Nearly all mediators gain confidence in handling their own conflicts (97.4%) and develop empathy, responsibility, and leadership skills. These skills are often transferred to their personal lives, helping resolve disputes with siblings, cousins, and even parents. One mediator highlighted,

The Civil Mediation Council's Definition of Peer Mediation:

Peer Mediation is when a young person is trained as a mediator, usually within an educational setting, and then mediates conflicts that two other young people have, often at school break and lunchtimes. Peer Mediators usually resolve conflict for other children and young people the same age or younger than them.

'I can solve my own conflicts now' and another shared, 'It helps with my little brothers as well because they fight a lot... I know what I need to do to sort it out.'

For the school environment, the impact is equally notable. Staff from participating schools reported positive impacts: 97% noted a positive overall impact, and 76% experienced less time taken up sorting out conflicts. This was backed up by over 85% of peer mediators who had seen some change in their school because of peer mediation, 'Wayyy less arguments' as one put it.

'Less people are coming to us because our playgrounds are a happier place'

Other benefits reported by staff include calmer playgrounds (53%), improved social skills and better empathy among children (68%), and increased confidence in children interacting with one another (71%). Schools observed a reduction in low-level conflicts, more kindness and respect, and fewer pupils automatically approaching teachers, instead seeking out peer mediators. A member of staff at Herringthorpe Juniors commented that there were, ***'less people coming to us because our playgrounds are a happier place'***

Challenges and Solutions: Challenges include role confusion with play leaders in some schools, and coordination issues with staff like lunchtime supervisors. Mediators also struggle with disputants who don't take the process seriously, walk away, fabricate problems, or refuse to apologize. More serious conflicts, particularly on Key Stage 2 playgrounds, are often too complex for peer mediators, requiring adult intervention. To address these, schools implement strategies such as clear role explanation, separating

pupils during conflicts, and encouraging apologies without forcing them. Enhanced visibility for mediators (e.g., distinct vests, posters) and better communication between mediators and staff are recommended to ensure appropriate referrals and ongoing support. Dedicated mediation spaces, providing recognition (e.g., stickers), and consistent staff support are also valuable for programme sustainability. Techniques like 'happy breathing' and using a calm voice help de-escalate situations, while emphasizing active listening and guiding pupils to find their own 'win-win' solutions

are core to the mediation process. Mediators are also encouraged not to carry emotional burdens alone and to involve staff for serious issues like bullying.

Future and Recommendations: The skills acquired through peer mediation are highly transferable, preparing pupils for the transition to secondary school, where they anticipate continued conflicts. The programme fosters valuable cross-age relationships and builds a stronger school community. Overall, 73% of responding staff would recommend other schools explore introducing a peer mediation programme, highlighting its proven positive impact and the potential for a whole-school approach to embed mediation within the school culture and curriculum.

Peer Mediators' Conference

Following teacher feedback from the previous conference, held in the summer, this year's event took place on January 8th.



Peer mediators from different schools playing drama games on the themes of conflict and peace at the 2025 annual conference. (Rob Unwin)

Peer Mediators' Conference & Resources



Nicky Perfect delivering the key note speech at the 2025 annual peer mediators' conference. (EDEN Films)

Nicky Perfect
Hostage & Crisis Negotiator turned communication coach

Despite adverse weather and logistical challenges, the event was widely praised for its engaging content, inspirational speakers, and effective organization, earning '100% Excellents!' in school group evaluations. Attendees noted children 'developed skills further' and applied their understanding to 'personal lives/potential future jobs,' stressing 'the importance of listening'. The 'You've Got Skills!' workshop was commended as 'a superb opportunity for the children to realise and appreciate how their mediation skills can be used in their future'. One pupil shared, *'I feel like I've matured more. I feel more reassured that I know how to sort out a situation. It's a really good life skill to learn'*. Children's quotes further highlighted their enjoyment, with one exclaiming, *'It was really fun and would definitely come back again,'* and another finding it *'amazing! An unforgettable experience'*. The event also offered *'a great chance to celebrate the peer mediators'*.

Despite a snowy, icy day and late arrivals, the conference's organization was also praised. The team *'did fantastic at handling late arrivals without stress and adapted the day to suit'*. Headteacher Matt from Wharncliffe observed, *'Despite the chaos caused by the weather, our Y6 peer mediators had a great time at yesterday's peer mediator conference'*. Overall, the event *'worked very well and managed very well despite changes to times,'* proving *'very effective despite the challenges of the weather'*. We are hugely grateful to Sheffield Hallam University for allowing us to use their excellent Charles Street Building again. Watch the [video](#).

Resources

CRESST's reach extends beyond the schools directly trained, with over 40 YPP Peer Mediator Coordinators' Training Manuals purchased by schools during the year. Additionally, over 30 sets of 'Curious About

'It was really fun and would definitely come back again'

The inspirational presence of keynote speaker Nicky Perfect was another major highlight. Participants described her as *'perfect'* and noted that *'the children learnt a lot from her presentation'*. Another attendee felt *'The Nicky Perfect bit summarised our work beautifully'* and found her *'Very well pitched for the children. Very engaging'*. Workshops were also appreciated for being *'interesting, thought provoking, informative, fun!'*, with 'Coop games' proving *'great fun'*.

Conflict' lessons were purchased, and Around 2,000 free resource downloads were made via TES and the CRESST website.

We have now run two paid-for online 'quick conflict resolution skills' training sessions for school staff the first on de-escalating conflict had six attendees, the second 'From conflict to communication', twelve. Feedback was positive and ideas were collected for future sessions.

Youth Resolving Conflict, The Team & Outreach

Youth Resolving Conflict

YRC Training was delivered by Dave at Newcastle College for support staff to deliver conflict and dispute resolution

This year the team have been actively involved in revising Cresst's flagship resource, The award-winning 'Peer Mediation Coordinators' Training Manual' which has now gone to print.

'Peer mediators successfully help other pupils to work out any disharmony that might arise between friends'

sessions to their students aged 16+. This went well and Dave returned in August. Training took place with 10 teachers at a Sheffield Springs Academy where we'd trained up conflict coaches in December. The Assistant Headteacher showed a video of young people doing a conflict coaching role play. There was a discussion about the school's behaviour policy and how it might fit with a restorative initiative like conflict coaching. The CMC are piloting peer mediation work at Darwen Aldridge (Secondary) Academy in Blackburn and we hope to learn from this experience.

Our Team

CRESST's diverse team of freelance trainers are core to CRESST's success and remain highly motivated and engaged in shaping practice and future development of the organisation. They are well-regarded by the schools they serve, one Assistant Headteacher writing:

'Your trainer did an absolutely fantastic job teaching the Year 5's peer mediation skills. Her approach is simply wonderful – she possesses a calm, fun, and natural demeanour that resonates effortlessly with the children. It's evident that her rapport with them is strong, and they responded exceptionally well to her guidance. I truly appreciate her dedication and the positive impact she's had on our pupils.'

During the year we had to say farewell to Simon Wells, our Office and Communications Worker as his contract came to an end. Simon showed relentless commitment to helping keep Cresst funded and we continue to benefit from his efforts.

Networking and Outreach

Through the Civil Mediation Council (CMC), we are participating in a national evaluation led by former CRESST trainer, Ben Harper, where common data is collected across schools and schemes nationally. This may support future national promotion. There is also a pilot peer mediation certification scheme with marked workbooks that we hope to implement soon.

We are delighted that Arbourthorne Primary (who we nominated) were shortlisted, along with former CRESST trainer, Jenny Owen, for the National Mediation Awards, that took place on 12th December.

The British School of Rio de Janeiro in March led to some lovely feedback and the booking of three online workshops: *'I'm now back in Brazil and wanted to take a moment to express my sincere gratitude for the outstanding quality and organization of the course. I was truly impressed by the strategies presented, and on Monday, I had the privilege of observing CRESST in action with the children at Elmwood Junior School.'*

Peer Mediators at schools where CRESST has established schemes were mentioned in three recent outstanding Ofsted reports:

Pupils get the chance to make a real difference in the school. This includes pupil leadership roles. For example, peer mediators successfully help other pupils to work out any disharmony that might arise between friends. Nether Edge Primary Outstanding March 2025

Pupils regularly reflect on their personal growth. Pupils identify strengths and areas to work on. They have access to a range of roles and responsibilities, like student councillors and playground leaders. Herringthorpe Junior School Outstanding Feb 2025

Pupils hold leadership roles in school, such as peer mediators, who organize games and activities in the playground. Stocksbridge Junior School Outstanding March 2025

Acting Chair's Report (2024-25)



CRESST continues to make an impact in the schools with which it works, delivering effective conflict resolution strategies that are highly valued by the children and staff with whom they work.

Our wonderful freelance trainers are a dedicated and passionate team who delight in their work and contribute hugely to the life of CRESST. As always, we thank them and honour them for their work. Thank you also to our volunteers who have assisted in a range of tasks.

This report evidences clearly how much of an impact the work of CRESST has, and we are proud to be able to serve our schools and communities.

The year's highlights included another very successful conference, and it was a

pleasure to have our patron, Nicky Perfect, and the Mayor of Sheffield in attendance. Bringing together children from some of the local schools who have been involved with CRESST was a joyful experience and an opportunity for those children to continue to build on their conflict resolution skills.

Whilst continuing to work on a very small budget, we are profoundly grateful that CRESST was remembered in a legacy donation this year. Combined with fundraising led by our Programme Director, Rob Unwin, we remain financially stable. We thank the bodies listed who have awarded us funding, which allows us to continue to reach schools in Sheffield, South Yorkshire and further afield – we've even had international expressions of interest in our work.

The trustees thank Rob Unwin for his unceasing and passionate work as Programme Director. I thank the trustees for their ongoing engagement and commitment to CRESST. We were delighted to appoint Catherine Baird as a new trustee in April 2025, and know her skills will contribute to the life of CRESST. We anticipate some trustee changes this year as some long serving members step down, and look forward to thanking and honouring them for their work and commitment, and to welcoming some new trustees to continue to build the work we do.

Ian Sabroe



A CRESST trainer in action at the 2025 annual peer mediators' conference. (EDEN Films)

Structure, Governance and Management

CRESST is dedicated to helping children and young people learn conflict resolution skills that can be used in their schools and communities.

Governing document

CRESST is a charitable company limited by guarantee, incorporated on 12 September 2006 and registered as a charity on 15 November 2006. The company is governed by the Memorandum and Articles of Association. Every member has guaranteed that they will pay an amount not exceeding £10 in the event of the company being wound up.

The object of the charity is to advance the education of children and young people, and those adults who work with them, in the subject of non-violent conflict resolution.

Appointment of trustees

The trustees, who are also directors for the purposes of company law, are shown on page 8 of this report.

Appointment of trustees is made against the following principles:

- Trustees are normally elected by the members at the Annual General Meeting
- One third of the trustees must retire by rotation at each Annual General Meeting
- Up to two trustees may be co-opted by the trustees
- Up to three trustees may be nominated by the Sheffield Central Quaker Meeting provided that the nominated trustees do not form a majority of the Board
- Other trustee vacancies are filled by open recruitment through various channels including the Voluntary Action Sheffield Volunteer Centre
- The trustees meet at least six times a year

Public benefit

In planning and delivering our services and activities, the Trustees and staff at CRESST have given due regard to the need to ensure that the organisation provides public benefit following the Charity Commission's guidance on these matters. CRESST's charitable objectives and our annual declaration of activities and achievements (publicly available from the Charities Commission and Companies House) demonstrate that CRESST provides charitable services to all in South Yorkshire and its surrounding areas, free-to-access by its beneficiaries.

CRESST is clearly meeting the requirements of the public benefit test - a charity providing benefits for the public and supported by the public.

Recruitment, induction and training of trustees

CRESST has established a procedure for the recruitment and appointment of new trustees. The Board reviewed the skill set of the current trustees and identified the areas required. Nominations have been requested from the Sheffield Central Quaker Meeting to fill the appropriate vacancies.

The requirement to undertake Criminal Records Bureau checks (now DBS) has been kept under review and consequently those trustees or workers who regularly work with children in school undergo an enhanced check. The Safeguarding Policy of the organisation is kept under review and support in the form of guidance and support/training is provided through the Sheffield Safeguarding Children Service. The Board's Safeguarding Trustee has undertaken both a three-year renewal of DBS clearance and a training update. (Both are considered to be best practice in this area of work) A trustee also sits on the Education Safeguarding Reference Group, a part of the Sheffield Children's Safeguarding Board working structures. CRESST is aware that where Trustees and volunteers work directly with school pupils the safeguarding procedures of the school are those that apply and they are aware of the latest DfE guidance on Keeping Children Safe in Education. New trustees receive written induction





CRESST volunteers and trainer at the 2025 annual peer mediators' conference. (EDEN Films)

materials about CRESST and about the role as trustees, including copies of all procedures, protocols and policies. They also have an induction briefing with the Chair of the Board and it is proposed going forward that they will also have a "trustee pair" to support them in the role.

Training opportunities from both local and national providers are made available to all trustees when a reasonable need is identified and they are agreed by the Chair.

Internal control and risk management

The trustees and staff conduct a regular assessment and review of the risks to which the charity is exposed and measures being taken to mitigate risks. The trustees have systems of internal control which help to minimise the risk of material financial mis-statement or loss.

These include:

- a set of financial standing orders which are kept under regular review
- a business plan and annual budget which are approved by trustees
- regular review by trustees of charity performance against the business plan and budget

Measures are taken to minimise other types of risk, including the supervision and appraisal for staff, regular reviews of policies and establishing systems for ensuring that the Board is regularly updated on CRESST performance and risks, as well as appropriately skilled to manage CRESST activities.

Directors' responsibilities for the financial statements

Company and charity law requires the Directors to prepare financial statements for each financial period, which show the state of affairs of the charity and of net income or expenditure of the charity for that period. In preparing those financial statements, the Directors are required to:

- Select suitable accounting policies and apply them consistently
- Make judgements and estimates that are reasonable and prudent
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation
- State whether applicable accounting standards of recommended practice have been followed subject to any departures disclosed and explained in the financial statements

The Directors are responsible for keeping proper accounting records, which disclose with reasonable accuracy at any time the financial position of the charity and enable the Directors to prepare financial statements. The Directors are responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention of fraud and other irregularities.

This report has been prepared in accordance with the special provisions for small companies under Part 15 of the Companies Act 2006.

The trustees have taken advantage of the exemptions available to small companies, including the audit exemption (see statement on balance sheet).

Financial Review 2024–2025



Peer mediators from different schools creating peace cranes at the 2025 conference. (EDEN Films)

CRESST was successful in securing 8 grants totalling £22,321 during 2024/25 which supported our training programmes during the year. In addition £5,507 was received from Sheffield Adult Schools Union, being part of the residual funds distributed from the organisation when its operations discontinued. Staff and trustees continue to try and secure significant multi-year grant funding but this is proving very challenging in the current climate.

Other sources of income received during 24/25 were notably higher than in previous years. CRESST was very grateful to receive a legacy of £3,000 and many thanks are due to Friends of CRESST for their continuing support and fundraising activities which raised £2,168. These included a sponsored walk and cake & book sale. £13,737 was received from schools and other training income and £2,733 was generated from the sale of the Peer Mediation handbooks and online PSHE resources.

Annual income for 2024/2025 amounted to £50,255. Expenditure for the period totalled £55,572 - major items continuing to be staff and freelance costs (72% of total expenditure). Funds held at the end of the financial year stood at £31,724.

CRESST is very grateful to the Sheffield Church Burgesses Trust, Sheffield Grammar School Exhibition Foundation, Sheffield Town Trust, South Yorkshire's Community Foundation, The Sheffield Bluecoats and Mount Pleasant Educational Foundation, The Grocers' Charity, The Sheffield 1000 Charity,

and the Woodward Charitable Trust for their financial support and encouragement.

Reserves policy

The balance sheet as at 31 March 2025 shows free reserves of £31,724.

Trustees agree to hold approximately 3 months running costs in free reserves. The budget for 2025/2026 is £68,500 and funds to be held as reserves are now calculated at £17,125.

The organisation has no statutory redundancy obligations and the only other notable commitment relates to the 5-year office lease, which runs until March 2026. However, only one month's notice is required to discontinue the lease within this 5 year period with no further financial obligation beyond the notice period.

This report was approved by the Directors at the AGM on 12 November 2025 and is signed on their behalf by:

Sheila Broadhead
Director and Treasurer
on behalf of the Board of Trustees

Independent Examiner's Report

Independent examiner's report to the directors of Conflict Resolution Education in Sheffield Schools Training ('the Company')

I report to the charity directors on my examination of the accounts of the Company for the year ended 31 March 2025.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or

2. the accounts do not accord with those records; or

3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or

4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

S Cochrane

20/11/2025]

Susan Cochrane, FCA
Seven Hills Accountants Limited
57 Burton Street
Sheffield
S6 2HH



A plenary session at the 2025 peer mediators' conference. (EDEN Films)

Statement of Financial Activities

for the year ended 31 March 2025

(incorporating the income and expenditure account)

	Note	Unrestricted funds	Restricted funds	2025 Total	2024 Total
Income from:					
		£	£	£	£
Grants	2	6,500	15,821	22,321	43,427
Donations and gift aid		6,243	-	6,243	972
Legacy		3,000	-	3,000	-
Friends of CRESST events		2,168	-	2,168	192
Training courses		80	-	80	202
Schools training		13,657	-	13,657	7,603
Bank interest		53	-	53	1,069
Other income		2,773	-	2,733	2,908
		34,434	15,821	50,255	56,373
Expenditure on:					
Charitable activities	3	12,480	43,092	55,572	69,908
		12,480	43,092	55,572	69,908
Net income/ (expenditure)		21,954	(27,271)	(5,317)	(13,535)
Transfer between funds	9	(27,271)	27,271	-	-
Net movement in funds		(5,317)	-	(5,317)	(13,535)
Total funds brought forward		37,041	-	37,041	50,576
Total funds carried forward		31,724	-	31,724	37,041



Peer mediators
at the
conference.
(EDEN Films)

Balance Sheet as at 31 March 2025

	Note	2025 £	2024 £
Current assets			
Balance at bank and cash		36,350	41,183
Debtors	7	2,216	980
Total current assets		38,566	42,163
Creditors: amounts falling due within one year		(5,122)	(7,284)
Deferred income		800	2,000
Creditors	8	6,042	2,187
Held funds - Peer mediation network		-	935
Total creditors: amounts falling due within one year		6,842	5,122
Net current assets		31,724	37,041
Total assets less current liabilities		31,724	37,041
Creditors: amounts falling due after one year		-	-
Total net assets		31,724	37,041
Represented by FUNDS			
Unrestricted funds		31,724	37,041
Restricted funds	11	-	-
		31,724	37,041

For the year ending 31 March 2025 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to small companies' regime.

Approved by the Board of Trustees on 12th November 2025

Signed by,

Ian Sabroe

Ian Sabroe

Director and Chair of the Board of Trustees
Company number: 05932383

Notes to the Financial Statements for the year ended 31 March 2024

1 Accounting policies

(a) General

Conflict Resolution Education in Sheffield Schools Training is a charitable company limited by guarantee. In the event that the charity is wound up the liability in respect of the guarantee is limited to £10 per members of the charity. The address of the registered office is given in the company information on page 2 of this annual report.

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) and the Companies Act 2006. The financial statements have also adopted Charities SORP (FRS102) Bulletin 1 and taken advantage of the cash flow exemption.

The charity meets the definition of a public benefit entity under FRS 102. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £.

(b) Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably. Grants are recognised in the period they are received unless the funder imposes conditions which have not been met at the year end, such as a time period over which the project is to be undertaken. Legacy income is recognised either upon receipt of where the receipt of the legacy is probable and the amount of the legacy can be reliably estimated.

(c) Expenditure and liabilities

Expenditure is recognised once there is legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. All expenditure is reported gross of irrecoverable VAT which is charged as a cost against the activity for which the expenditure was incurred.

(d) Tangible fixed assets

All items of capital expenditure below £500 are written off as incurred.

(e) Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

(f) Trade debtors

Trade debtors are amounts due from customers for services performed in the ordinary course of business.

Trade debtors are recognised initially at transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the company will not be able to collect all the amounts due according to the original terms of the receivables.

(g) Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the charity does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

(h) Taxation

As a charity, the organisation is exempt from tax on income and gains falling within the available tax exemptions to the extent that these are applied to its charitable objects. No tax charges have arisen in the charity.

(i) Funds

Unrestricted funds are donations and other income receivable or generated for the objects of the organisation without further specified purpose and are available as general funds.

Designated funds comprise funds which have been set aside at the discretion of the trustees for specific purposes. The purposes and uses of the designated funds are set out in the notes to the accounts.

Restricted funds are to be used for specific purposes as laid down by the funder.

(j) Pension costs and other post-retirement benefits

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

(k) Going concern

The financial statements have been prepared on a going concern basis as the directors/trustees believe that no material uncertainties exist about which the charity's ability to continue. Based on the adequacy of the charity's reserves as the balance sheet date, along with the knowledge of the charity's ability to meet bills, payments and other liabilities as they fall due, the directors/trustees have a reasonable expectation that the charity has sufficient resources to continue in operational existence for the foreseeable future. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

2	Grants		Unrestricted funds	Restricted funds	Total 2025	Unrestricted funds	Restricted funds	Total 2024
			£	£	£	£	£	£
	Sheffield Church Burgesses Trust		-	2,250	2,250	-	1,662	1,662
	Sheffield Grammar School Exhibition Foundation		-	2,250	2,250	-	3,000	3,000
	Sheffield Town Trust		3,500	-	3,500	2,000	2,700	4,700
	South Yorkshire's Community Foundation		-	4,996	4,996	-	-	-
	The Sheffield Bluecoat and Mount Pleasant Educational Foundation		-	2,000	2,000	-	2,690	2,690
	The Grocers' Charity		-	4,325	4,325	-	-	-
	The Sheffield 1000-1 Charity		1,000	-	1,000	-	-	-
	The Woodward Charitable Trust		2,000	-	2,000	-	-	-
	Brelms Trust		-	-	-	-	4,875	4,875
	Sir James Reckitt Charity		-	-	-	-	10,000	10,000
	St James's Place Charitable Foundation		-	-	-	-	2,500	2,500
	The Foyle Foundation		-	-	-	10,000	-	10,000
	The Freshgate Trust		-	-	-	-	1,000	1,000
	The Harry Bottom Charitable Trust		-	-	-	-	2,000	2,000
	The Hugh Neill Charity		-	-	-	-	1,000	1,000
	Total grants		6,500	15,821	22,321	12,000	31,427	43,427

3	Expenditure on charitable activities	Note	Unrestricted funds	Restricted funds	Total 2025	Unrestricted funds	Restricted funds	Total 2024
			£	£	£	£	£	£
	Staff costs:-							
	Salary costs	4	1,293	1,837	3,129	7,128	11,623	18,750
	Staff secondment		7,758	11,022	18,781	6,939	11,315	18,254
	Freelance trainers		1,995	16,164	18,159	1,027	18,288	19,315
	Volunteer expenses		1	6	7	18	50	68
	Staff and freelance travel and training		53	1,218	1,271	36	786	822
	Recruitment, payroll & pension admin fees		8	62	70	56	152	208
	Direct costs:-							
	Pupil training and teaching resources			595	595	20	52	72
	Publicity and promotion		64	517	581	114	312	426
	Peer mediation conference			1,305	1,305	-	1,236	1,236
	Office costs:-							
	Rent		945	7,658	8,604	2,116	5,780	7,897
	Insurance		64	522	587	162	442	604
	IT, Web and office equipment		186	1,508	1,694	342	933	1,274
	Stationery, photocopy, postage & telephone		0	0	0	43	116	160
	Other expenses		40	79	119	80	109	189
	Support costs:-				0			
	Board costs	5	-	-	-	-	-	-
	Independent examination	6	74	596	670	169	464	633
	Total resources expended		12,480	43,092	55,571	18,248	51,660	69,908

4	Salary costs	2025	2024
		£	£
	Gross wages, salaries and benefits in kind	2,976	17,857
	Employers National insurance costs	202	1,209
	Employer's allowance	(202)	(1,209)
	Employer pension costs	153	893
	Staff secondment	18,781	18,254
		21,910	37,004

The average number of monthly employees during the year was 1 until May 2025, then 0 (2024: 1).

No employee was paid over £60,000. A part time (0.4 fte) Programme Director is seconded from the Development Education Centre South Yorkshire (DECSY).

5 Trustees and key management personnel remuneration, benefits and expenses

No remuneration was paid to any director/trustee during the year nor to any person connected to them.

Expenses of £Nil (2024: £Nil) were paid to trustees during the year. In addition, training costs of £Nil (2024: £Nil) in relation to the trustees were incurred in the year

Key management personnel is considered to be the Programme Director, who is seconded from the Development Education Centre South Yorkshire (DECSY) on a part time basis (0.4 fte).

Charges from DECSY for secondment amounted to £18,781 (2024: £18,254)

6	Independent examiner's fees	2025	2024
		£	£
	Independent examiner's fees for reporting on the accounts	660	633

No other fees were paid to the independent examiner's organisation during the year

7	Debtors	2025	2024
		£	£
	Training debtors	1,736	500
	Other debtors	480	480
		2,216	980

8	Creditors: amounts falling due within one year	Note	2025	2024
			£	£
	Deferred income	9	800	2,000
	Peer Mediation Network (held funds)	10	-	935
	Other creditors		6,042	2,187
			6,842	5,122

9	Deferred income	2025	2024
		£	£
	Deferred income at 1 April 2024	2,000	4,700
	Income deferred during the year	800	2,000
	Income released to grants	(2,000)	(4,700)
		800	2,000
	Split between:-		
	Creditors: amounts falling due within one year	800	2,000
	Creditors: amounts falling due after one year	-	-
	Deferred income at 31 March 2024	800	2,000

10	Peer Mediation Network (held funds)	2025	2024
		£	£
	Held funds at 1 April 2024	935	935
	Funds received during the year	-	-
	Funds paid during the year	(935)	-
	Held funds at 31 March 2025	-	935

Peer Mediation Network is a small national network of organisations delivering mediation training for young people in schools.

It meets three times a year to share knowledge, skills and best practice. CRESST is a long standing member of the network and, for operational ease, managed its very small number of financial incomings and outgoings. Going forward, there will be no further funds held by CRESST.

11 Restricted funds

		Balances at 1 April 2024	Income	Expenditure	Transfers	Balances at 31 March 2025
	Note	£	£	£	£	£
Youth Resolving Conflict		-	-	-	-	-
Young Peacemakers Project	11a	-	15,821	(43,092)	27,271	-
Totals		-	15,821	(43,092)	27,271	-

Youth Resolving Conflict is our work in providing Conflict Resolution training in secondary schools.

Young Peacemakers Project is our work in providing Conflict Resolution training in primary schools.

Prior year	Balances at 1 April 2024	Income	Expenditure	Transfers	Balances at 31 March 2025
	£	£	£	£	£
Youth Resolving Conflict	-	-	(4,318)	4,318	-
Young Peacemakers Project	15,000	31,427	(47,342)	915	-
Totals	15,000	31,427	(51,660)	5,233	-

12 Related party transactions

There were no related party transactions during the year other than those disclosed in note 5.

13 Net assets by fund

	General funds	Restricted funds	2025 Total
	£	£	£
Current assets	38,567	-	38,566
Creditors: amounts falling due within one year	(6,842)	-	(6,842)
	31,724	-	31,724
Free reserves - general funds excluding tangible fixed assets	31,724		

Prior year comparison

	General funds	Restricted funds	2024 Total
	£	£	£
Current assets	42,163	-	42,163
Creditors: amounts falling due within one year	(5,122)	-	(5,122)
	37,041	-	37,041
Free reserves - general funds excluding tangible fixed assets	37,041		

14 Statement of Financial Activities - prior year comparison

	Unrestricted funds	Restricted funds	2025 Total	Unrestricted funds	Restricted funds	2024 Total
	£	£	£	£	£	£
Income from:						
Grants	6,500	15,821	22,321	12,000	31,427	43,427
Donations and gift aid	6,243	-	6,243	972	-	972
Legacy	3,000	-	3,000	-	-	-
Friends of CRESST events	2,168	-	2,168	192	-	192
Training Courses	80	-	80	202	-	202
Schools Training	13,657	-	13,657	7,603	-	7,603
Bank interest	53	-	53	1,069	-	1,069
Other income	2,733	-	2,733	2,908	-	2,908
	34,434	15,821	50,255	24,946	31,427	56,373
Expenditure on:						
Charitable activities	12,480	43,092	55,572	18,248	51,660	69,908
	12,480	43,092	55,572	18,248	51,660	69,908
Net income/(expenditure)	21,954	(27,271)	(5,317)	6,698	(20,233)	(13,535)
Transfer between funds	(27,271)	27,271	-	(5,233)	5,233	-
Net movement in funds	(5,317)	-	(5,317)	1,465	(15,000)	(13,535)
Total funds brought forward	37,041	-	37,041	35,576	15,000	50,576
Total funds carried forward	31,724	-	31,724	37,041	-	37,041



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