

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MAY 2025
FOR
JEWISH MATERNITY PROGRAMME (JUMP)**

Venitt and Greaves
Chartered Accountants
115 Craven Park Road
South Tottenham
London
N15 6BL

JEWISH MATERNITY PROGRAMME (JUMP)

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FOR THE YEAR ENDED 31 MAY 2025**

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JEWISH MATERNITY PROGRAMME (JUMP)

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MAY 2025

The trustees present their report with the financial statements of the charity for the year ended 31 May 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The Jewish Maternity Programme is constituted by Trust Deed, and its objects are to provide culturally sensitive ante and postnatal information and support for orthodox Jewish families. JUMP also aims to provide other health promoting services to mothers.

The policy of the JUMP is to derive its income from various grants providers and to utilise these funds in accordance with the Trust's objects.

Public benefit

The trustees confirm that they have referred to the guidance contained in the charity commission's general guidance on public benefit when reviewing the charity's aim and objectives and in planning future activities and setting the grant making policy for the year.

JEWISH MATERNITY PROGRAMME (JUMP)

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MAY 2025

ACHIEVEMENTS AND PERFORMANCE

Charitable Activities

TRUSTEES REPORT YEAR 2024-2025

Hundreds of families have attended JUMP services this past year. Families took part in the regular event many of them joining a few events and participating many times at some events. These families are recorded through Registration forms and Attendance forms sent to Family Hub of Hackney. Some events are virtual, but most are face to face.

JUMP participated and was involved in arranging and planning a three-day seminar convention in Bournemouth in May 2024. The seminar is a biannual venture that brings together tens of Jewish Maternity educators and Doulas from all over England. This was the 10th seminar, where participants were able to learn new information and skills, in order to better support the users. The delegates came from Hackney, Barnet and Edgware in London, Manchester & Gateshead from the North of England and Canvey Island & Westcliff in the South. The participants are all volunteers, some of us have been supporting families for over 3 decades, but as fresh blood is important, for some it was their first convention and a great way to learn from the experience of others, gain knowledge, and form important connections for future reference and support. JUMP delivered a well-attended workshop on several Maternity topics, in particular, new medical advances and new NICE guidelines. Workshops and lectures included a lecture by CHANA organisation how to support couples who struggled with infertility or/and pregnancy loss and are now expecting. This topic is particularly important for JUMP, because we have supported and are currently supporting several expectant couples who suffered loss in previous pregnancy/ies or struggled previously with infertility. Another workshop was given by KNAFAYIM an American charity supporting families who suffered pregnancy loss or an infant loss. Other workshops included Understanding Hyperemesis Gravidarum and supporting couples through this difficult condition.

JUMP with Interlink and other relevant Charities funded by Statutory health bodies delivered at the end of 2024 a public information workshop for the Charedi communities of Hackney and Haringey covering Women's productive health. The target groups were mothers of teen girls, young women and mothers and any other interested women. Lectures and workshops were delivered by NHS consultant Obstetrician, Consultant midwife, CHANA organisation, JUMP organisation and Nutrition consultant. Topics covered healthy lifestyle and exercise, healthy eating and nutrition, immunisation, preconception health, pregnancy and birth health and menopause health.

This event came about due to the huge success of the first workshop in late 2020, that was the brainchild of JUMP post Covid. JUMP in partnership with other relevant charities are planning future similar workshops if and when funding will be available.

JUMP together with Interlink have been supporting the task group with reaching the Jewish community and working on greater uptake of Maternity and childhood vaccines. Together we produced adverts targeting the community. As a result, the uptake improved considerably. This is an ongoing creative and working group feeding information into the health authorities' bodies, working with them on new and on-going challenges. We have produced a culturally appropriate leaflet targeting the OJ community regarding childhood and Maternity vaccinations.

JUMP is working with Oral Health team to promote early oral health, and to educate parents to be about this important health target. JUMP distributed packs to all users, pregnant couples, breastfeeding moms, and parents attending the parenting classes.

JUMP and interlink formed the Jewish Health Alliance working with Health authorities on Health issues and targets in the London Jewish communities. We are also working to plan further events for the OJ community and other hard to reach communities.

Maternity and beyond health information leaflet -JUMP together with Interlink Foundation and with support from Local Health authorities produced a leaflet of information about essential Health targets, in particular for pregnant moms and babies.

Various immunisation leaflets-JUMP together with Interlink Foundation, Bikur Cholim and Hatzola amongst other charities and bodies produced a leaflet of information, other Health targets and Strep A immunisations. The reason we produced it was to meet a need in the community. Due to religious reasons our families are not on Internet or social media. We know that the reason for the low intake of immunisation is largely due to lack of information. We set out to bring the information in a hard copy in a culturally accepted format. The leaflets are well received and widely distributed. Many hospitals found the leaflets easy to understand and suitable for other religious groups. Currently we are working on updated version to come out in January 2026, in order to reflect the new NHS guidelines and time frame.

JEWISH MATERNITY PROGRAMME (JUMP)

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MAY 2025

BREASTFEEDING SUPPORT: JUMP together with Beis Brucha delivered a popular Breastfeeding Drop-in in BB, the service is once again well attended and immensely popular.

JUMP applied for and managed to secure an £8,000 grant from Family Hub of Hackney to deliver fortnightly drop in support at two local family Hub centres. This project was a successful pilot, and currently we are working on receiving another similar grant for the coming year.

PARENTING GROUPS-JUMP joined Coach Parenting in providing Solihull parenting courses to vulnerable families in the community. The sessions are very well sought after and well attended. Parents feedback is glowing, and we hope to be able to offer it to many more families. JUMP signpost families to this provision.

SHOMRIM EVENT: JUMP participated in the summer holidays Health and Safety community event. This annual one day event runs on the first day of holidays of the Jewish schools. Thousands of Jewish families come from London and other Jewish communities, for this highly anticipated event. Local charities and very many statutory bodies such as Health bodies, Police, Jewish Health and safety charities man stalls. The community receives verbal and written information about many services and are able to participate in health checks and immunisation amongst other services. JUMP together with other members of the Orthodox Jewish Health Forum, provide a lot of varied information to do with Women Health and Healthy living. Planned for next year a questionnaire for adults and kids about keeping healthy.

While supporting families we became aware that many young families find it difficult to purchase essentials. JUMP team earmark small sums of money left over from other projects, and we are buying essential supplies at extremely low prices from In-kind. We give the goods free of charge to the needy families. JUMP volunteers raised funds amongst family and friends and bought more supplies to give to large families in need.

JUMP continues to incorporate the 'START 4 LIFE' initiative into JUMP's programme. All the families are receiving the 'Start 4 Life' booklets; the main issues are discussed in our sessions as well as other healthy lifestyle issues. JUMP encourage mothers 2 B to take Healthy Start Vitamins and Vitamin D and to give them to their babies.

JUMP antenatal courses focus on encouraging and supporting sustainable breastfeeding. Other focus points are early booking before 10 weeks gestation, hearing tests for new-born and development check-up as well as immunisations in pregnancy and babyhood. JUMP antenatal programmes focus on encouraging and supporting mothers to return to work after they had a baby and provide basic information about benefits and other entitlements. JUMP signpost families to the appropriate agencies when needed.

JUMP educates about MENTAL HEALTH in the maternity period and gives culturally appropriate information booklets to parents and parents to be. JUMP also refers and signpost parents to mental health services and/or refer mothers to be to the 'Vulnerable Woman Pathway'. JUMP will contribute to CAFF and attend MAT when appropriate.

JUMP achieved wider signposting opportunities with other voluntary and statutory organisations. JUMP refers families to family support organisation and other professionals as well as to the mental health team and Health visitors.

JUMP is a member of the "maternity Services" group that joins voluntary organisations dealing with maternity issues and services and the statutory health providers in Homerton Hospital and Hackney that meets regularly. Through this group JUMP achieves wider networking, signposting, and better referral opportunities. JUMP manager is the chair of this forum. JUMP professionals are members of several other health focus groups through its connections with Homerton Hospital and City and Hackney Health Trust. JUMP manager is a member of the MVP of several trusts. She is also a member of the LABOUR WARD FORUM. Through these posts we can access information for our clients and be active in decisions on changes and actions to do with Maternity services.

Coming soon:

JUMP formed a connection with Uplift Women magazine and Ms Schreibhand who is a Certified Menopause Coach. We aim at offering women a safe environment and up to date information about the issue. Ms S has been running groups in Manchester for several years, as well as producing the magazine. We hope to train a facilitator to work under Ms S guidance and provide the service in Hackney too. The service must be culturally sensitive. JUMP is collaborating with local NHS providers of similar service, to work together to arrange this much needed project.

JEWISH MATERNITY PROGRAMME (JUMP)

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MAY 2025

JUMP with HJMT are planning again the biannual conference of Doulas and Maternity educators. For 10 seasons, the conference took place in Bournemouth at a Kosher hotel. That hotel is closing down, and we are looking for other options.

FINANCIAL REVIEW

Principal funding sources

Grants totalling £29,445 (2023 - £34,840) were received during the year.

Investment policy and objectives

The Trust Deed authorises the trustees to make and hold investments using the general funds of the charity.

Reserves policy

The reserves policy is to ensure that there is a sufficient stream of funds to meet the ongoing calls made on the charity.

FUTURE PLANS

There are no current plans to change the activities or modus operandi in the foreseeable future.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document a declaration of trust and constitutes an unincorporated charity.

Recruitment and appointment of new trustees

It is not currently the intention of the trustees of the charity to appoint new trustees, should this situation change in the future, the trustees will apply suitable recruitment and training procedures.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1116683

Principal address

87 Leadale Road
London
N16 6DG

Trustees

Mrs C Landa
Mrs J S Pearl
Mrs E Warhaftig
Mrs E A Wells
Mrs B Fischman

Independent Examiner

M A Venitt
Venitt and Greaves
Chartered Accountants
115 Craven Park Road
South Tottenham
London
N15 6BL

JEWISH MATERNITY PROGRAMME (JUMP)

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MAY 2025**

Approved by order of the board of trustees on 6 October 2025 and signed on its behalf by:

Mrs B Fischman - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
JEWISH MATERNITY PROGRAMME (JUMP)**

Independent examiner's report to the trustees of JEWISH MATERNITY PROGRAMME (JUMP)

I report to the charity trustees on my examination of the accounts of JEWISH MATERNITY PROGRAMME (JUMP) (the Trust) for the year ended 31 May 2025.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

M A Venitt

Venitt and Greaves
Chartered Accountants
115 Craven Park Road
South Tottenham
London
N15 6BL

6 October 2025

JEWISH MATERNITY PROGRAMME (JUMP)

**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MAY 2025**

	Notes	31.5.25 Unrestricted fund £	31.5.24 Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies		<u>39,871</u>	<u>29,445</u>
 EXPENDITURE ON			
Charitable activities			
Charitable		40,451	37,999
Other		<u>1,417</u>	<u>1,387</u>
Total		<u>41,868</u>	<u>39,386</u>
 NET INCOME/(EXPENDITURE)		(1,997)	(9,941)
 RECONCILIATION OF FUNDS			
Total funds brought forward		20,573	30,514
 TOTAL FUNDS CARRIED FORWARD		<u><u>18,576</u></u>	<u><u>20,573</u></u>

The notes form part of these financial statements

JEWISH MATERNITY PROGRAMME (JUMP)

**STATEMENT OF FINANCIAL POSITION
31 MAY 2025**

		31.5.25 Unrestricted fund £	31.5.24 Total funds £
	Notes		
FIXED ASSETS			
Tangible assets	4	-	-
CURRENT ASSETS			
Cash at bank		19,642	21,585
CREDITORS			
Amounts falling due within one year	5	(1,066)	(1,012)
NET CURRENT ASSETS		<u>18,576</u>	<u>20,573</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		18,576	20,573
NET ASSETS		<u>18,576</u>	<u>20,573</u>
FUNDS	6		
Unrestricted funds		<u>18,576</u>	<u>20,573</u>
TOTAL FUNDS		<u>18,576</u>	<u>20,573</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 6 October 2025 and were signed on its behalf by:

B Fischman - Trustee

The notes form part of these financial statements

JEWISH MATERNITY PROGRAMME (JUMP)

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MAY 2025

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 25% on cost
Computer equipment	- 33% on cost

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

JEWISH MATERNITY PROGRAMME (JUMP)

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MAY 2025

2. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 May 2025 nor for the year ended 31 May 2024.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 May 2025 nor for the year ended 31 May 2024.

3. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £
INCOME AND ENDOWMENTS FROM	
Donations and legacies	29,445
	<hr/>
EXPENDITURE ON	
Charitable activities	
Charitable	37,999
Other	1,387
	<hr/>
Total	39,386
	<hr/>
NET INCOME/(EXPENDITURE)	(9,941)
RECONCILIATION OF FUNDS	
Total funds brought forward	30,514
	<hr/>
TOTAL FUNDS CARRIED FORWARD	20,573
	<hr/> <hr/>

4. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Computer equipment £	Totals £
COST			
At 1 June 2024 and 31 May 2025	11,072	1,796	12,868
	<hr/>	<hr/>	<hr/>
DEPRECIATION			
At 1 June 2024 and 31 May 2025	9,750	3,118	12,868
	<hr/>	<hr/>	<hr/>
NET BOOK VALUE			
At 31 May 2025	1,322	(1,322)	-
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>
At 31 May 2024	1,322	(1,322)	-
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

JEWISH MATERNITY PROGRAMME (JUMP)

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MAY 2025**

5. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.5.25	31.5.24
	£	£
Taxation and social security	226	172
Other creditors	840	840
	<u>1,066</u>	<u>1,012</u>

6. MOVEMENT IN FUNDS

	At 1.6.24	Net movement in funds	At
	£	£	31.5.25
			£
Unrestricted funds			
General fund	20,573	(1,997)	18,576
	<u>20,573</u>	<u>(1,997)</u>	<u>18,576</u>
TOTAL FUNDS	<u>20,573</u>	<u>(1,997)</u>	<u>18,576</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	39,871	(41,868)	(1,997)
	<u>39,871</u>	<u>(41,868)</u>	<u>(1,997)</u>
TOTAL FUNDS	<u>39,871</u>	<u>(41,868)</u>	<u>(1,997)</u>

Comparatives for movement in funds

	At 1.6.23	Net movement in funds	At
	£	£	31.5.24
			£
Unrestricted funds			
General fund	30,514	(9,941)	20,573
	<u>30,514</u>	<u>(9,941)</u>	<u>20,573</u>
TOTAL FUNDS	<u>30,514</u>	<u>(9,941)</u>	<u>20,573</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	29,445	(39,386)	(9,941)
	<u>29,445</u>	<u>(39,386)</u>	<u>(9,941)</u>
TOTAL FUNDS	<u>29,445</u>	<u>(39,386)</u>	<u>(9,941)</u>

JEWISH MATERNITY PROGRAMME (JUMP)

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MAY 2025

6. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.6.23 £	Net movement in funds £	At 31.5.25 £
Unrestricted funds			
General fund	30,514	(11,938)	18,576
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>30,514</u>	<u>(11,938)</u>	<u>18,576</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	69,316	(81,254)	(11,938)
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>69,316</u>	<u>(81,254)</u>	<u>(11,938)</u>

7. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 May 2025.