



**Iranian Disability Support Association
(IDSA)**

Annual Report

31 March 2025

Registered Charity No

1116648

Iranian Disability Support Association

Annual report

For the year ended 31 March 2025

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Iranian Disability Support Association
(IDSA)

LEGAL AND ADMINISTRATIVE DETAILS

Management committee

Dr Mahmoud Sarfarazi (Chair)

Mr Masoud Molazadeh

Mrs M Massoumzadeh

Accountants

Alex & Co Accountancy Ltd

23 Bell Lane

London NW\$ 2BP

Bank

Barclays

Walton-on-Thames Branch

P.O Box no 193

8/12 Church Street

Walton-on-Thames

Surrey KT12 2YW

Structure, Governance and Management

The management committee presents its report along with the financial statements of the charity for the year ended 31 March 2025.

The Financial statement has been prepared in accordance with charities accounting and complies with the charity's constitution by Alex & Co Accountancy Ltd.

Principal Objective

The Iranian Disability Support Association (IDSA) is established to promote the relief of Iranian and Persian-speaking disabled people and their carers living in London by provision of service, information and advice.

Chairman's report

In 2024-25, the Iranian Disability Support Association (IDSA) exceeded our expectations in providing a wide range of high quality services to over 490 clients with diverse backgrounds through delivery of a number of projects.

To continue supporting Iranian and Farsi speaking disabled people IDSA raised funds to keep existing services and provided new services.

Last year IDSA continued its cooperation with a number of organisations including International Disability Alliance, World Disability Union, Global Disability Foundation, Iranian Association.

In the year covered by this report, the Iranian Disability Support Association disseminated information about the cultural and outing and activities within the Iranian community in greater London and worked closely with the cultural centres to improve participation of our community in the diverse cultural events. The IDSA celebrated the International Day of People with Disability.

Members of the Management Committee are pleased with achievements of the Iranian Disability Support Association during the year under review; the IDSA made a great difference in the life of many people who benefited from a wide range of services and activities.

Dr Sarfarazi

Treasurer's Report for Year Ending 31st March 2025

These Annual Accounts cover the period 2024/2025; Total income for the year was £37868.

Money has been raised/ received during this financial year via a range of donations and number of activities.

IDSA management committee is very grateful to all the funders such as Iranian trustees and companies such as Ahmad tea and Microlink as well as the private donator, most of whom have financed our work for the disabled community for many years, and we would also like to thank our volunteers without who we would not be able to deliver such a cost effective service.

Activities

Advice and Information Service:

The Iranian Disability Support Association has been running the advisory and information service for over 21 years; which deals with many enquiries on disability, supporting Iranian and Farsi speaking disabled people, and anyone else within the Iranian and Farsi speaking community who has a disability related enquiry.

The service made a great impact by improving access to disabled specific advice and reducing the hardship of over 310 contacts from Iranian and Farsi speaking people. The beneficiaries reported that as a result of the service they felt less isolated, more part of the community and more confident in coping with life in greater London. The service provided advice on multiple issues such as welfare/ housing, form-filling, interpreting, education, employment, blue badge and appealing a disability benefit decision. IDSA drop in service is one section of advice and information service.



Health promotion

In the year covered by this report, IDSA has continued to have mental health workshops online. These workshops allowed dozens of people to build their confidence and manage their own mental health issues through increased knowledge and information about the mental health issues.

The aim of Mental Health Awareness workshops is for who wants to gain a wider understanding of the issues surrounding mental health, and so to work more effectively with mental

health problems. In addition to our mental health services, we have also introduced physical health awareness sessions which are run by medical professionals. The Iranian Disability Support Association is inviting you to a scheduled Zoom meeting.

Topic: Life skills and self-awareness.



Counselling Service:

The Service supported people who were going through an emotionally difficult time. The service targeted more for those who were not fluent English speakers and found it difficult to access mainstream counselling services; the support was therefore delivered in Farsi by phone.

In 2024-2025 IDSA provided to 16 people with disability their career Most of the people we supported came from the Iranian

community, in regards to their age, the majority of people who applied for service were over 35 years old.

The service allows individuals to explore their thoughts, feelings and behaviours and learn to manage those better.

We believe that the counsellor's role is to work alongside individuals to help them discover alternative ways to improve their lives and resolve current and past issues.

Outreach service:

During last year IDSA continued to provide service to those who do not otherwise have access to services due to issues with physical, mental and learning disabilities.

This free service provides one-to-one ongoing support, advice and information to the family or friends caring for someone living with any disability. The support we give is agreed during a home visit, over the telephone or at our office.

This service is used by 14 people.



Blended Learning:

Iranian Disability Support Association in collaboration with Iranian Association offers opportunities for disabled people of all ages and carers to learn the English language which we call Blended Learning. This service is online.

The English course helped over several pre-entry level students develop their real-life English language skills and build their confidence in dealing with situations such as talking to school teachers, booking a GP appointment, talking to hospital staff, using public transport and shopping. The students improved their English effectively by combining classroom and computer-based training. Furthermore, the

The IT course provides practical guidance for anyone who needs to develop their IT skills. The user will gain the tools and techniques to boost confidence on using a better computer.

In the last year the Iranian Disability Support Association in collaboration with the Iranian Association offered IT courses to 23 learners.

**Volunteering:**

During 2024-2025 IDSA continued to provide volunteering service for those who wanted to be volunteers. We would like to say a sincere thank you to everyone who volunteered with our organisation in 2024-2025. We are very grateful for the many hours of time volunteered to support IDSA to help organise events and our services and Enterprises facilities and our support services.

Events:

Last year IDSA in collaboration with the Iranian Association **(IA)** and without **IA** organised diverse social and cultural events in order to gather the disabled people with the Iranian and Farsi speaking community.

The International Day of Persons with Disabilities

The International Day of Persons with Disabilities is an annual event that IDSA celebrates people with disabilities. IDSA aims to hold a ceremony on this day to spread awareness and understanding of disabilities issues and say disabilities that might not be immediately visible, such as mental illness, chronic pain or fatigue and learning disabilities.



Iranian New Year

As previous years we celebrated on Saturday 22nd of March 2025 the Iranian New Year. Celebrating traditional Iranian events has a special place among the Iranian and Persian-speaking people who live in the UK. Last year, over 190 people participated at this event.



Mehregan celebration

IDSA held the Mehregan celebration in collaboration with Iranian Association. The Mehregan Festival is one of the ancient Iranian festivals, which was considered the most important after Nowruz. In ancient Iran, there were many festivals, one of which was of great importance among Iranians, the Mehregan Festival, which was held every year on the 16th of Mehr. This ceremony is an opportunity for people with disabilities and their families and our Iranian community to come together.



IRANIAN DISABILITY SUPPORT ASSOCIATION
FINANCIAL STATEMENTS

For the year ended 31 March 2025

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IRANIAN DISABILITY SUPPORT ASSOCIATION

FINANCIAL STATEMENTS

For the year ended 31 March 2025

ASSOCIATION:

Iranian Disability Support Association

ACCOUNTANTS:

Alex & Co Accountancy Ltd
23 Bell Lane
London
NW4 2BP



IRANIAN DISABILITY SUPPORT ASSOCIATION

FINANCIAL STATEMENTS

For the year ended 31 March 2025

Accountant's Report:

In accordance with instruction given to us, we have prepared without carrying out an audit the income statement, from the accounting records of Iranian Disability Support Association and from information and explanations supplied to us.



Alex & Co Accountancy Ltd
23 Bell Lane
London
NW4 2BP



PRINCIPAL APPROVAL CERTIFICATE:

I approve the income statement and confirm that I have made available all relevant information for their preparation.

M Massoumzdeh

 Iranian Disability Support Association

IRANIAN DISABILITY SUPPORT ASSOCIATION

INCOME STATEMENT

For the year ended 31 March 2025

	£	£
Gross Income		37,868
Less expenses:		
Salaries	26,700	
Pension	318	
Office rent	4,400	
Charity Insurance	984	
Sure Care	9,858	
Van expenses	1,868	
Telephone & Administrations	637	
Accountant	450	
Depreciation	869	
		<u>(46,084)</u>
NET INCOME:		<u><u>(8,216)</u></u>

I approve the above income statement.

M Massoumzdeh



IRANIAN DISABILITY SUPPORT ASSOCIATION
STATEMENT OF FINANCIAL POSITION

For the year ended 31 March 2025

	Notes	£	£
Fixed Assets			
Tangible Assets	1		3,958
Current Assets:			
Petty Cash and Bank Account		54,813	
Current Liabilities:			
Creditors	2	(838)	
Net Current Assets			53,975
Net Assets			<u>57,933</u>
Financed by:	3		
Balance at 01.04.24			66149
Income of this year			(8,216)
Balance carried forward			<u>57,933</u>



IRANIAN DISABILITY SUPPORT ASSOCIATION

FINANCIAL STATEMENTS

For the year ended 31 March 2025

1) Tangible Assets:

	£
Office equipment	2,654
Van	23,000
	<hr/> 25,654
Depreciation charges at 05/04/2024	(20,827)
Charges for the year	<hr/> (869)
Net Book Value at 05/04/2025	<hr/> <hr/> 3,958

2) Creditors:

	£
PAYE tax liability	346
Pension	133
	<hr/> 479

3) Financed by Capital:

	£
Balance at 01/04/2024	66,149
Net Income	<hr/> (8,216)
Balance at 01/04/2025	<hr/> 57,933



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