



Iranian Disability Support Association
(IDSA)

Annual Report
31 March 2023

Registered Charity No
1116648

Iranian Disability Support Association

Annual report For the year ended 31 March 2023

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**Iranian Disability Support Association
(IDSA)**

LEGAL AND ADMINISTRATIVE DETAILS

Management committee

Dr Mahmoud Sarfarazi (Chair)

**Mr Masoud Molazadeh
Mrs M Massoumzadeh**

Accountants

**Alex & Co Accountancy Ltd
23 Bell Lane
London NW\$ 2BP**

Bank

**Barclays
Walton-on-Thames Branch
P.O Box no 193
8/12 Church Street
Walton-on-Thames
Surrey KT12 2YW**

Structure, Governance and Management

The management committee presents its report along with the financial statements of the charity for the year ended 31 March 2023.

The Financial statement has been prepared in accordance with charities accounting and complies with the charity's constitution by Alex & Co Accountancy Ltd.

Principal Objective

The Iranian Disability Support Association (IDSA) is established to promote the relief of Iranian and Persian-speaking disabled people and their carers living in London by provision of service, information and advice.

Constitution

Iranian Disability Support Association (IDSA) is a charitable organisation (Registered No. 1116648) operating under a written constitution. It was constituted in 2004 and has become an organisation of disabled people and for disabled people, with a clear and firm commitment to support Iranian and Persian disabled people who seek support and need help.

Management committee

Members of the Management Committee are elected for a period of one year at the Annual General meeting, after which, if they are to continue, they must be re-elected.

The Committee shall consist of Chairperson, Secretary, and Treasurer. The Management Committee must have at least three members; at the end of March 2023 there were five. The Management Committee meets times a year and is responsible for the strategic direction and policy of the charity.

Responsibilities of the Management Committee

Charity law requires the management committee to prepare financial statements for the financial year which give a true and fair view of the state of affairs of the Association and of its incoming resources of the year and the application of resources for the period.

In preparing those financial statements, the management committee is required to:

- select suitable accounting policies and then apply them consistently;
- make judgments and estimates that are reasonable and prudent;

followed, subject to any material departures disclosed and explained in the financial statements;

- prepare financial statements on a going concern basis unless it is inappropriate to assume that the charity will continue on that basis.

Risk management

The management committee has reviewed the major risks to which the charity is exposed and, where practical, has taken steps to guard against or mitigate them. It has clear policies on many matters of professional good practice and on issues like health and safety, and compliance and standards of performance is monitored through appraisal and supervision processes.

The major risk for the charitable organisation, especially for small organisations like IDSA, is funding. In response to this, the IDSA's management committee has implemented a reserve plan.

IDSA relationships

IDSA is a member of Global Disability Foundation, World Disability Union (WDU), Great London Authority (GLA), and has the meeting, and relations with the other members such as International Disability Alliance, Inclusion London, Transport for all. Within the Iranian community, the IDSA has good relations with most of the Iranian charitable organisations like the Iranian Association, Iranian medical society and others. The IDSA receives support from the Iranian Association.



Aims, Objectives and Activities

The aim of IDSA is to provide support, information, advice, and advocacy to disabled people and their carers, parents or guardians who originate from Iran and Persian-speaking regions or who have Iranian/Persian-speaking regional heritage, who are living in the greater and inner areas of London and who need to access voluntary, statutory and/or government services. This includes services such as housing, welfare rights, health services and the judicial system. IDSA also provides support and assistance with activities that lead to the empowerment of disabled people from the Iranian/Persian Community who are resident in the greater areas of London and are UK residents.

Activities and review

During the year under review, the Association fulfilled its mission by:

- providing advice, information and assistance on a daily basis on welfare benefits, immigration, housing, women, training and education;
- disseminating information and conducting a need assessment survey on community needs;
- organising a series of cultural events in the community;
- helping Iranian and other Persian-speaking disabled people to complete paperwork such as filling in application forms;
- providing advice and guidance on further education and employment;
- providing one-to-one counselling on mental health issues.
- providing interpreting and translation;
- organising a series of workshops on Mental Health support and education on opportunity equality; and
- IT skills training.

Chairman's report

In 2022-23, the Iranian Disability Support Association (IDSA) exceeded our expectations in providing a wide range of high quality services to over 650 clients with diverse backgrounds through delivery of a number of projects.

In the year covered by this report, the Iranian Disability Support Association provided a wide range of services including provision of advisory service, online health promotion, IT courses, events such as cultural events, outreach, counselling.

IDSA has a website, Instagram, Twitter, Telegram Channel and Facebook page, but our reputation ensures that clients return to us, and many new clients are enlisted through word of mouth.

To continue supporting Iranian and Farsi speaking disabled people IDSA raised funds to keep existing services and provided new services.

Last year IDSA continued its cooperation with a number of organisations including International Disability Alliance. World Disability Union, Iranian Medical society, Iranian Association.

In the year covered by this report, the Iranian Disability Support Association disseminated information about the cultural and outing and activities within the Iranian community in greater London and worked closely with the cultural centres to improve participation of our community in the diverse cultural events. The IDSA celebrated the International Day of People with Disability.

Members of the Management Committee are pleased with achievements of the Iranian Disability Support Association during the year under review; the IDSA made a great difference in the life of many people who benefited from a wide range of services and activities.

Dr Sarfarazi

Treasurer's Report for Year Ending 31st March 2023

These Annual Accounts cover the period 2022/2023; Total income for the year was £27,527 compared with the previous year is low.

Money has been raised/ received during this financial year via a range of donations and number of activities.

IDSA management committee is very grateful to all the funders such as Iranian trustees and companies such as Ahmad tea and Microlink as well as the private donator, most of whom have financed our work for the disabled community for many years, and we would also like to thank our volunteers without who we would not be able to deliver such a cost effective service.

Activities

Advice and Information Service:

The Iranian Disability Support Association has been running the advisory and information service for over 19 years; which deals with many enquiries on disability, supporting Iranian and Farsi speaking disabled people, and anyone else within the Iranian and Farsi speaking community who has a disability related enquiry.

The service made a great impact by improving access to disabled specific advice and reducing the hardship of over 400 contacts from Iranian and Farsi speaking people.

The beneficiaries reported that as a result of the service they felt less isolated, more part of the community and more confident in coping with life in greater London. The service provided advice on multiple issues such as welfare/ housing, form-filling, interpreting, education, employment, blue badge and appealing a disability benefit decision. IDSA drop in service is one section of advice and information service.



Health promotion

The Iranian Disability Support Association has been running the mental health workshops online.

In the year covered by this report, IDSA has continued to have mental health workshops online. These workshops allowed dozens of people to build their confidence and manage their own mental health issues through increased knowledge and information about the mental health issues.

The aim of Mental Health Awareness workshops is for who wants to gain a wider understanding of the issues surrounding mental health, and so to work more effectively with mental

health problems. In addition to our mental health services, we have also introduced physical health awareness sessions which are run by medical professionals.

شناخت شکاف نسلی و گسست فرهنگی



در این کارگاه شکاف نسلی، گسست فرهنگی و چگونگی بهبود همبستگی و ارتباط بین والدین و فرزندان ایرانی در بریتانیا مورد گفتگو قرار می‌گیرند.

با حضور روانکاو مجرب NHS سعید خلیلی‌راد
و مشاور جلسه خانم فرزانه هوشیاری

The Iranian Disability Support Association is inviting you to a scheduled Zoom meeting.

Topic: Life skills and self awareness.

Counselling Service:

The Service supported people who were going through an emotionally difficult time. The service targeted more for those who were not fluent English speakers and found it difficult to access mainstream counselling services; the support was therefore delivered in Farsi by phone.

In 2022-2023 IDSA provided to 16 people with disability their career Most of the people we supported came from the Iranian community, in regards to their age, the majority of people who applied for service were over 35 years old.

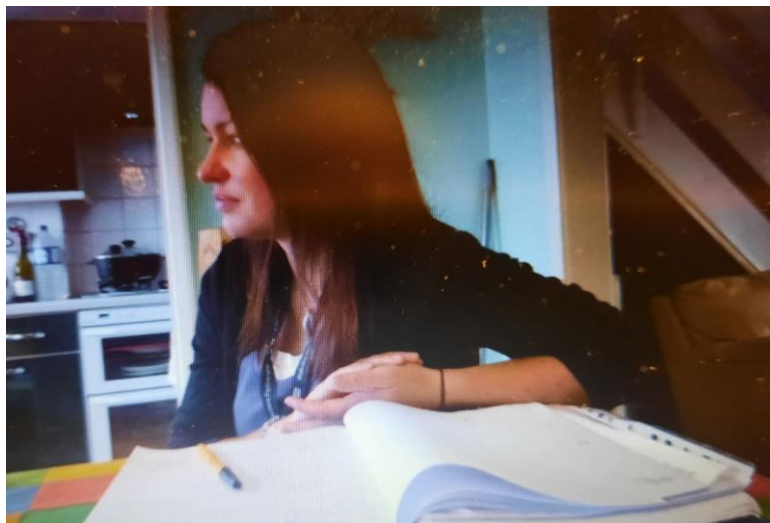
The service allows individuals to explore their thoughts, feelings and behaviours and learn to manage those better. We believe that the counsellor's role is to work alongside individuals to help them discover alternative ways to improve their lives and resolve current and past issues.

Outreach service:

During 2022-2023 IDSA continued to provide service to those who do not otherwise have access to services due to issues with physical, mental and learning disabilities.

This free service provides one-to-one ongoing support, advice and information to the family or friends caring for someone living with any disability. The support we give is agreed during a home visit, over the telephone or at our office.

This service is used by 17 people.

**Blended Learning:**

Iranian Disability Support Association in collaboration with Iranian Association offers opportunities for disabled people of all ages and carers to learn the English language which we call Blended Learning. This service is online.

The English course helped over several pre-entry level students develop their real-life English language skills and build their confidence in dealing with situations such as talking to school teachers, booking a GP appointment, talking to hospital staff, using public transport and shopping. The

students improved their English effectively by combining classroom and computer-based training. Furthermore, the

11

English improved the integration of the learners into their community and British society.

The IT course provides practical guidance for anyone who needs to develop their IT skills. The user will gain the tools and techniques to boost confidence on using a better computer. In the last year the Iranian Disability Support Association in collaboration with the Iranian Association offered IT courses to 25 learners.



Volunteering:

During 2022-2023 IDSA continued to provide volunteering service for those who wanted to be volunteers.

We would like to say a sincere thank you to everyone who volunteered with our organisation in 2022-2023. We are very grateful for the many hours of time volunteered to support IDSA to help organise events and our services and Enterprises facilities and our support services.

Events:

Last year IDSA in collaboration with the Iranian Association (**IA**) and without **IA** organised diverse social and cultural events in order to gather the disabled people with the Iranian and Farsi speaking community.

International Women's Day event

On International Women's Day in 2023, we celebrated this day. We have invited a group of women to share their very different experiences and perspectives on this day.

The ceremony ended with a musical program.



The International Day of Persons with Disabilities

The International Day of Persons with Disabilities is an annual event that IDSA celebrates people with disabilities. The World Health Organisation estimates that more than one billion people - about 15% of the world's population - experience some form of disability.

IDSA aims to hold a ceremony on this day to spread awareness and understanding of disabilities issues and say disabilities that might not be immediately visible, such as mental illness, chronic pain or fatigue and learning disabilities.

The ceremony ended with a musical program.



Summer picnic

For the first time after Covid-19 virus the Iranian DSA has organised a summer picnic.

The participants had an opportunity to gather together, make their food, eat together, and enjoy their day.



IRANIAN DISABILITY SUPPORT ASSOCIATION

FINANCIAL STATEMENTS For the year ended 31st March 2023

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IRANIAN DISABILITY SUPPORT ASSOCIATION

FINANCIAL STATEMENTS For the year ended 31st March 2023

In accordance with instruction given to us, we have prepared without carrying out an audit the annexed financial statements from the accounting records of Iranian disability support association and from information and explanations supplied to us.

A. Hanjati

Alex & Co Accountancy Ltd
23 Bell Lane
London
NW4 2BP

11 January 2023



PRINCIPAL APPROVAL CERTIFICATE:

I approve the financial statements and confirm that I have made available all relevant records and information for their preparation.

M Massoumzadeh

M Massoumzadeh

Iranian Disability Support Association

11 January 2023

IRANIAN DISABILITY SUPPORT ASSOCIATION

Donations and Expenditure Statement

For the year ended 31st March 2023

| | Note | £ | £ |
|-------------------------------------|------|--------|-----------------|
| Grants, Donations, and event income | | | 27,527 |
| Less Expenditure: | | | |
| Volunteers Expenses | | 760 | |
| Salaries | | 19,499 | |
| Employer NI Contributions | | 1,511 | |
| Pension | | 318 | |
| Office rent | | 4,800 | |
| Charity Insurance | | 358 | |
| Carers | | 2,276 | |
| Found rising & promotions | | 5,500 | |
| Van expenses | | 1,347 | |
| Newsletters and Advertising | | 425 | |
| Telephone & Administrations | | 538 | |
| Accountant | | 450 | |
| Donation | | 6,732 | |
| Depreciation | (1) | 1,059 | |
| | | | (45,573) |
| Balance | | | (18,046) |



IRANIAN DISABILITY SUPPORT ASSOCIATION

STATEMENT OF FINANCIAL POSITION As at 31ST March 2023

| | Notes | £ | £ |
|-----------------------------|-------|---------------|-----------------|
| Fixed Assets | | | |
| Tangible assets | (1) | | 4,827 |
| Current Assets: | | | |
| Debtors | | 0 | |
| Petty Cash and bank account | | 74,804 | |
| | | <u>74,804</u> | |
| Current Liabilities: | | | |
| Creditors | (2) | (838) | |
| | | <u></u> | |
| Net current assets | | | 73,966 |
| Net Assets | | | <u>78,793</u> |
| Financed by: | (3) | | |
| Balance at 01.04.22 | | | 96,839 |
| Income of this year | | | <u>(18,046)</u> |
| | | | <u>78,793</u> |
| Balance carried forward | | | <u>78,793</u> |



IRANIAN DISABILITY SUPPORT ASSOCIATION

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

1) Tangible Assets:

| | |
|---------------------------------|----------------|
| | £ |
| Cost | 2,654 |
| Additions (Van) | 23,000 |
| Depreciation on 31 March 2022 | (19,768) |
| Charges for the year | <u>(1,059)</u> |
| Net Book Value on 31 March 2023 | 4,827 |

2) Creditors

| | |
|--------------------|------------|
| | £ |
| PAYE tax liability | 705 |
| Pension | <u>133</u> |
| | 838 |

3) Financed by Capital:

| | |
|-----------------------|-----------------|
| | £ |
| Balance at 01.04.2022 | 96,839 |
| Net income | <u>(18,046)</u> |
| Balance at 31.03.2023 | 78,793 |



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