



**Iranian Disability Support Association
(IDSA)**

**Annual Report
31 March 2022**

**Registered Charity No
1116648**

Iranian Disability Support Association

Annual report
For the year ended 31 March 2022

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(IDSA)

LEGAL AND ADMINISTRATIVE DETAILS

Management committee

Dr Mahmoud Sarfarazi (Chair)
Masoud Molazadeh
Mahnaz Massomzadeh

Accountants

ALEX & CO ACCOUNTANCY LTD
23 Bell Lane
London
NW4 2BP

Bank

Barclays
Walton-on-Thames Branch
P.O Box no 193
8/12 Church Street
Walton-on-Thames
Surrey KT12 2YW

The management committee presents its report along with the financial statements of the charity for the year ended 31 March 2022.

The Financial statement has been prepared in accordance with charities accounting and complies with the charity's constitution by Alex & Co Accountancy Ltd.

Principal Objective

The Iranian Disability Support Association (IDSA) is established to promote the relief of Iranian and Persian-speaking disabled people and their carers living in London by provision of service, information and advice.

Constitution

Iranian Disability Support Association (IDSA) is a charitable organisation (Registered No. 1116648) operating under a written constitution. It was constituted in 2004 and has become an organisation of disabled people and for disabled people, with a clear and firm commitment to support Iranian and Persian disabled people who seek support and need help.

Management committee

Members of the Management Committee are elected for a period of one year at the Annual General meeting, after which, if they are to continue, they must be re-elected. The Committee shall consist of Chairperson, Secretary, and Treasurer. The Management Committee must have at least three members; at the end of March 2021 there were five. The Management Committee meets times a year and is responsible for the strategic direction and policy of the charity.

Responsibilities of the Management Committee

Charity law requires the management committee to prepare financial statements for the financial year which give a true and fair view of the state of affairs of the Association and of its incoming resources of the year and the application of resources for the period.

In preparing those financial statements, the management committee is required to:

- select suitable accounting policies and then apply them consistently;
 - make judgments and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare financial statements on a going concern basis unless it is inappropriate to assume that the charity will continue on that basis.

Risk management

The management committee has reviewed the major risks to which the charity is exposed and, where practical, has taken steps to guard against or mitigate them. It has clear policies on many matters of professional good practice and on issues like health and safety, and compliance and standards of performance is monitored through appraisal and supervision processes.

The major risk for the charitable organisation, especially for small organisations like IDSA, is funding. In response to this, the IDSA's management committee has implemented a reserve plan.

IDSA relationships

IDSA is a member of World Disability Union (WDU), Great London Authority (GLA), Happy Soul Festival and has the meeting, and relation with the others member such as International Disability Alliance ,Inclusion London, Transport for all. Within the Iranian community, the IDSA has good relations with the most of the Iranian charitable organisations like the Iranian Association, Iranian medical society and others. The IDSA receives support from the Iranian Association, the Ealing Council for Voluntary Service and Richmond Mind, and has good relations with other charities which are working in the area of disability like Richmond JSNA and Ealing Centre for Independent Living, Hammersmith & Fulham Refugee Forum.



Aims, Objectives and Activities

The aim of IDSA is to provide support, information, advice, and advocacy to disabled people and their carers, parents or guardians who originate from Iran and Persian-speaking regions or who have Iranian/Persian-speaking regional heritage, who are living in the greater and inner areas of London and who need to access voluntary, statutory and/or government services. This includes services such as housing, welfare rights, health services and the judicial system. IDSA also provides support and assistance with activities that lead to the empowerment of disabled people from the Iranian/Persian Community who are resident in the greater areas of London and are UK residents.

Activities and review

During the year under review, the Association fulfilled its mission by:

- providing advice, information and assistance on a daily basis on welfare benefits, immigration, housing, women, training and education;
- disseminating information and conducting a need assessment survey on community needs;
- organising a series of cultural events in the community;

- helping Iranian and other Persian-speaking disabled people to complete paperwork such as filling in application forms;
- providing advice and guidance on further education and employment;
- providing one-to-one counselling on mental health issues.
- providing interpreting and translation;
- organising a series of workshops on Mental Health support and education on opportunity equality; and
- IT skills training.

Trustees' Report 2021/22

The 2021/22 financial year has again been one through which Covid-19 continued to disrupt our way of life, and we were still living under significant restrictions. Travel and meeting in public places was constrained, people living in registered care homes were only permitted to have one regular visitor, vaccinations and boosters were required, as was the wearing of face masks. Life was far from normal. As I look back over this past year, it is heartening to see how things have improved. It has been a welcome relief to see the people we support start to be able to enjoy life as they did before the start of the pandemic. We have worked hard to fulfil our core purpose: excellent support that ensures the people we support live their lives to the full and are meaningfully involved in the communities they live in. Over and over again, our volunteers and colleagues responded unselfishly to the challenges they face, with enduring creativity, responsibility and remarkable collective strength. They have continued to deliver great outcomes and excellent quality throughout the year. Even though we are moving out of the pandemic, there are still substantial challenges facing the health and social sectors. While we welcomed some interesting aspects on innovation, housing, technology and employment schemes, IDSA has yet to deliver on its commitment to ensure that care providers can be properly funded, and the care sector continues to grapple with inflationary costs and maintaining staffing levels when faced with high rates of turnover. In spite of these challenges, we announced an 'in-year' increase to staff pay to ensure we track the Real Living Wage. We know that 2022 will bring additional challenges to the sector that we work in and for IDSA. The rapid escalation in the cost of living will have a significant impact for people we support. We remain committed to dealing with these challenges in the most appropriate manner and in line with our overall purpose. I am pleased that we are embarking on a new Long Term Plan that will broaden and deepen the delivery of our purpose, and at the same time diversify our sources of funding. Specific areas that have been earmarked for strategic development include housing, education and employability. We are also making appropriate investments in our systems and digital capabilities, to make our care management and financial management capabilities a better fit for the future.

We have completed a programme to strengthen our organisation and Board effectiveness, to address some opportunities for enhancement and to improve oversight of our strategic development.

Further developments are in hand in respect of housing, fundraising and investment management. Our next external review of Board effectiveness is planned for 2022. As ever, we end another year enormously grateful for all our organization's friends, who continue providing excellent and compassionate support to the people entrusted to our care. We have much to be proud of in the years behind us, and much to look forward to as we think about what the future will hold for IDSA.

Dr Sarfarazi

Annual Finance:

We end the financial year in a moderate position, in spite of a range of challenges. The pandemic continued to impact on workforce availability. We will secure our long-term financial future by growing our organisation, offering good-quality, accessible accommodation. We will also expand our support and skills programme delivery, develop our events, training and consultancy and scale up our fundraising. We will continue to invest in diversity and inclusion. In the 2022/23 financial year we will hold our first round of developmental training for aspiring managers from ethnic minority backgrounds. Interest in these courses has exceeded capacity, and we will explore wider-scale training based on the outcomes of these initial courses. We plan to work in collaboration more often, sharing expertise and enthusiasm with other organisations who share our goals. We will do more to reach out and include people we support and their families, our community groups, our regulators and other important voices in our sector. We will continue to strengthen our use of technology and move to digital working across all areas of our work. IDSA worked to create this new, custom-built tool to bring together everything managers and members need to monitor their progress and help them develop professionally. Life for people with disabilities in our community has improved in so many ways since we worked with them. And finally, we will work to build our public reputation, becoming a trusted voice in our community so that we can give voice to the people we support, be heard and be part of changing the sector for the better

Activities

Advice and Information Service:

To improve the quality of our support: In spite of the substantial and cumulative pressures of the pandemic, we continued to deliver great quality outcomes for the people who we support, with a good achievement.

The Advice and Information service deals with a range of enquiries on disability-related matters, supporting Iranian and Farsi speaking disabled people, and anyone else within the Iranian and Farsi speaking community who has a disability related enquiry.

After pandemic, IDSA Services adapted to the Covid-19 pandemic and initially delivered its services online or by phone. During the past year the service has had many highlights.

IDSA has been supporting disabled people in Great London with a range of services and peer groups. Covid-19 has affected our volunteer-run peer support groups which meant that no face to face support groups were able to take place. To set up the Digital Inclusivity Project which allowed us to help tackle isolation through addressing digital exclusion. IDSA digital inclusivity project, provided 1:1 digital training support sessions to our members. Each member was entitled to receive up to 4 training sessions with one of our volunteers. The project supported members with how to use zoom and digital devices so isolated individuals were able to stay connected with family, friends and peer groups during the Covid-19 pandemic.

What we do on Disability's Welfare Benefits Service offers free benefits advice and assistance to disabled adults and children of all ages - including parents and carers of disabled children - living in the great London. Our specialist advice workers and volunteers operate by appointment only. Some of the benefits with which we can assist are:

- Disability Living Allowance (DLA)
- Employment and Support Allowance
- Personal Independence Payment (PIP)
- Universal Credit (UC)
- Housing Benefit • Council Tax



Health Promotion

Since corona pandemic we run this project by zoom which is provided 1 workshop every month.

The project organised 12 two-hour workshops on mental health issues. Each session cover topics such as Dealing with depression, Overcoming anxiety, managing stress, Dealing with trauma and developing good relationships. Overall, the workshops enable over around 78 people to build their confidence and manage their own mental health issues through increased knowledge and information about the mental health issues. The workshops were run by an Iranian Psychotherapist.

We have also introduced physical health awareness sessions which run by a medical professional and have been very popular since launch.

With those activities we aim to promote the process of enabling participant increase control, and to improve, their health.

Counselling Service:

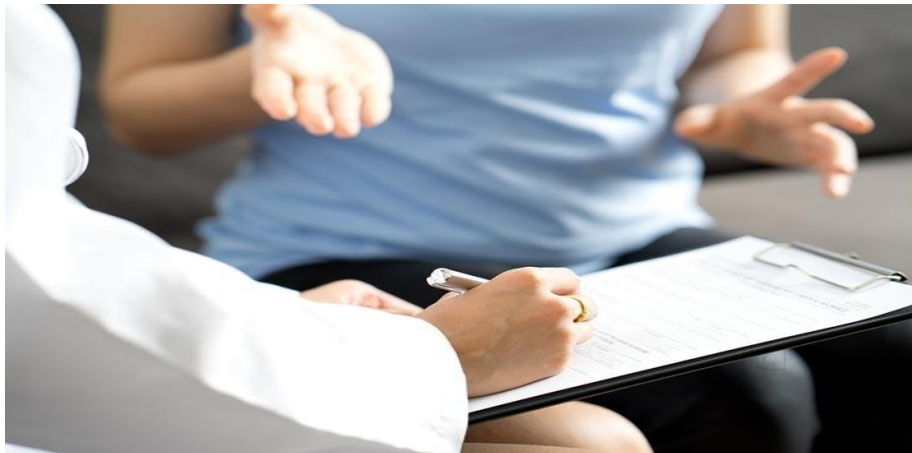
IDSA counselling service meets the therapeutic need of people who require individual medium and long term counselling support and they are not able to pay a private counsellor. Counselling service provides one to one session.

During 2021-2022 we supported 13 people and provide 39 sessions one to one counselling.

IDSA's counsellor is a member of British association for psychotherapy (BACP) and is bound by its code of ethic and practice.

We would like to thank our counsellor for her commitment to this valuable service.

Future plans for the service is unclear. This will mean that if we do not find a funding to support this project we will not be able to offer any more counselling sessions or we have to short the sessions.



Outreach service:

In spite of the substantial and cumulative pressures of the pandemic, we continued to deliver this service.

The Beneficiaries of this service are adults with severe disabilities and acute mental health needs, who are supported by IDSA – around 20 individuals as at March 2022.

- Their families, carers and advocates.
- The wider disability and mental health community.
- The wider communities we work in, especially vulnerable people within them.

Blended Learning

Iranian Disability support Association in collaboration with Iranian Association offers opportunities for disabled people of all ages and carers to learn IT and English language online by Zoom, we called these, services Blended Learning.

The English course online helped students develop their real-life English language skills and build their confidence in dealing with situations such as talking to school teachers, booking a GP appointment, talking to hospital staff, using public transport and shopping. The students improved their English effectively by combining classroom and computer-based training. Furthermore, the English improved the integration of the learners into their community and British society. The project staff and volunteers supported the clients to enable them to use a computer or access online services/courses.

IT course provides practical guidance for anyone who needs to develop their IT skills. The user will gain the tools and techniques to boost confidence on using better computer.

In the last year the Iranian Disability Support Association in collaboration with the Iranian Association offered IT courses to 23 learners.

Parents Support:

IDSA in spite of the substantial and cumulative pressures of the pandemic, we continued to deliver this service online for disabled people of all ages and carers to learn from one another, and to work together to tackle issues. This is called parents or peer support.

Examples of our work include:

Facilitating a number of groups for carers, who are often isolated by their caring role, bringing together people with nearly similar experiences?

Bringing people together for peer support in a regular once per month, enabling them to share experiences and influence service development.

Enabling members to support each other to build confidence and find solutions to barriers which impact on their situation.

"Knowing there is others like me who have a relative with mental health problems or physical impairment that makes all the difference"

Volunteering:

During 2021-2022 IDSA continued to provide volunteering service for who wanted to be volunteers.

We would like to say a sincere thank you to everyone who volunteered with our organisation. We are very grateful for the many hours of time volunteered to support IDSA to help and support disabled people in Iranian community, Enterprises facilities and our support services.

IDSA volunteers transformed both the indoor and outdoor with a full and a complete passion. These activities will allow them to have a more active role in the community, gain new skills and work experience and obtain job reference.

IRANIAN DISABILITY SUPPORT ASSOCIATION

FINANCIAL STATEMENTS For the year ended 31st March 2022

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IRANIAN DISABILITY SUPPORT ASSOCIATION

FINANCIAL STATEMENTS
For the year ended 31st March 2022

ASSOCIATION:

IRANIAN DISABILITY SUPPORT
ASSOCIATION

ACCOUNTANTS:

ALEX & CO ACCOUNTANCY LTD
23 Bell Lane
London
NW4 2BP

IRANIAN DISABILITY SUPPORT ASSOCIATION

FINANCIAL STATEMENTS For the year ended 31st March 2022

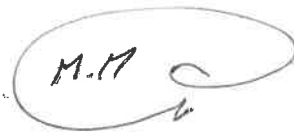
In accordance with instruction given to us, we have prepared without carrying out an audit the annexed financial statements from the accounting records of Iranian disability support association and from information and explanations supplied to us.

Alex & Co Accountancy Ltd
23 Bell Lane
London
NW4 2BP

25 October 2022

PRINCIPAL APPROVAL CERTIFICATE:

I approve the financial statements and confirm that I have made available all relevant records and information for their preparation.

A handwritten signature in black ink, consisting of the letters 'M.M.' followed by a stylized flourish, enclosed within a hand-drawn oval.

M Massomzadeh

Iranian Disability Support Association

25 October 2022

IRANIAN DISABILITY SUPPORT ASSOCIATION

Donations and Expenditure Statement

For the year ended 31st March 2022

	Note	£	£
Grants, Donations and event income			30,054
HMRC JRS grants			6,318
			<u>36,372</u>
Less Expenditure:			
Volunteers Expenses		840	
Salaries		19,440	
Employer NI Contributions		1,462	
Pension		317	
Office rent		4,000	
Charity Insurance		592	
Found rising & promotions		5,439	
Van expenses		309	
Newsletters and Advertising		743	
Telephone & Administrations		349	
Accountant		450	
Donation		750	
Depreciation	(1)	1,292	
			<u>(35,983)</u>
Balance			<u>389</u>

IRANIAN DISABILITY SUPPORT ASSOCIATION

STATEMENT OF FINANCIAL POSITION

As at 31ST March 2022

	Notes	£	£
Fixed Assets			
Tangible assets	(1)		5,886
Current Assets:			
Debtors		0	
Petty Cash and bank account		91,794	
		<u>91,794</u>	
Current Liabilities:			
Creditors	(2)	(841)	
		<u>(841)</u>	
Net current assets			<u>90,953</u>
Net Assets			<u>96,839</u>
Financed by:	(3)		
Balance at 01.04.21			96,450
Income of this year			<u>389</u>
			<u>96,839</u>
Balance carried forward			<u>96,839</u>

IRANIAN DISABILITY SUPPORT ASSOCIATION

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

1) Tangible Assets:

	£
Cost	2,654
Additions (Van)	23,000
Depreciation on 31 March 2021	(18,476)
Charges for the year	<u>(1,292)</u>
Net Book Value on 31 March 2022	5,886

2) Creditors

	£
PAYE tax liability	709
Pension	132
	<u>841</u>

3) Financed by Capital:

	£
Balance at 01.04.2021	96,450
Net income	<u>389</u>
Balance at 31.03.2022	96,839

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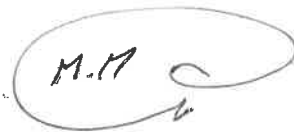
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