

IRANIAN DISABILITY SUPPORT ASSOCIATION (IDSA)

England & Wales · Charity number 1116648

Details

Status Registered

Legal form Other

Registered 2006-11-06

Register [View on the Charity Commission register](#)

Contact

Address 48 Bedster Gardens
West Molesey
KT8 1SZ

Phone 07572119779

Email info@iraniandsa.org

Website www.iraniandsa.org

Activities

Objects: THE RELIEF OF IRANIAN AND PERSIAN SPEAKING DISABLED PEOPLE AND THEIR CARERS LIVING IN LONDON BY PROVISION OF SERVICE, INFORMATION AND ADVICE.

Activities: IDSA exists to provide advice and information on disability to the Iranian and Persian speaking disabled people, their carers and families by phone, E-mail, and drop in. The association improves the clients access to services by offering advice and information, helping them in form filling, providing interpreting and translation and a monthly e-newsletter.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Disability
- **Who:** Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin

Geography

- Area of benefit: LONDON
- Throughout London

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£37,868	£46,084	-	-
2024-03-31	£31,488	£44,132	-	-
2023-03-31	£27,527	£45,573	-	-
2022-03-31	£36,372	£35,983	-	-
2021-03-31	£53,060	£40,588	-	-

Trustees

Name	Role	Appointed
Dr MAHMOOD SARFARAZI	Chair	
Mahnaz Massomzadeh		2022-11-02
Masoud Molazadeh		2022-11-02

IRANIAN DISABILITY SUPPORT ASSOCIATION (IDSA)

England & Wales - Charity number 1116648

Accounts



Iranian Disability Support Association

Iranian Disability Support Association

(IDSA)

Annual Report

31 March 2025

Registered Charity No

1116648

Iranian Disability Support Association

Annual report

For the year ended 31 March 2025

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Iranian Disability Support Association

(IDSA)

LEGAL AND ADMINISTRATIVE DETAILS

Management committee

Dr Mahmoud Sarfarazi (Chair)

Mr Masoud Molazadeh

Mrs M Massoumzadeh

Accountants

Alex & Co Accountancy Ltd

23 Bell Lane

London NW\$ 2BP

Bank

Barclays

Walton-on-Thames Branch

P.O Box no 193

8/12 Church Street

Walton-on-Thames

Surrey KT12 2YW

Structure, Governance and Management

The management committee presents its report along with the financial statements of the charity for the year ended 31 March 2025.

The Financial statement has been prepared in accordance with charities accounting and complies with the charity's constitution by Alex & Co Accountancy Ltd.

Principal Objective

The Iranian Disability Support Association (IDSA) is established to promote the relief of Iranian and Persian-speaking disabled people and their carers living in London by provision of service, information and advice.

Chairman's report

In 2024-25, the Iranian Disability Support Association (IDSA) exceeded our expectations in providing a wide range of high quality services to over 490 clients with diverse backgrounds through delivery of a number of projects.

To continue supporting Iranian and Farsi speaking disabled people IDSA raised funds to keep existing services and provided new services.

Last year IDSA continued its cooperation with a number of organisations including International Disability Alliance, World Disability Union, Global Disability Foundation, Iranian Association.

In the year covered by this report, the Iranian Disability Support Association disseminated information about the cultural and outing and activities within the Iranian community in greater London and worked closely with the cultural centres to improve participation of our community in the diverse cultural events. The IDSA celebrated the International Day of People with Disability.

Members of the Management Committee are pleased with achievements of the Iranian Disability Support Association during the year under review; the IDSA made a great difference in the life of many people who benefited from a wide range of services and activities.

Dr Sarfarazi

Treasurer's Report for Year Ending 31st March 2025

These Annual Accounts cover the period 2024/2025; Total income for the year was £37868.

Money has been raised/ received during this financial year via a range of donations and number of activities.

IDSA management committee is very grateful to all the funders such as Iranian trustees and companies such as Ahmad tea and Microlink as well as the private donator, most of whom have financed our work for the disabled community for many years, and we would also like to thank our volunteers without who we would not be able to deliver such a cost effective service.

Activities

Advice and Information Service:

The Iranian Disability Support Association has been running the advisory and information service for over 21 years; which deals with many enquiries on disability, supporting Iranian and Farsi speaking disabled people, and anyone else within the Iranian and Farsi speaking community who has a disability related enquiry.

The service made a great impact by improving access to disabled specific advice and reducing the hardship of over 310 contacts from Iranian and Farsi speaking people. The beneficiaries reported that as a result of the service they felt less isolated, more part of the community and more confident in coping with life in greater London. The service provided advice on multiple issues such as welfare/ housing, form-filling, interpreting, education, employment, blue badge and appealing a disability benefit decision. IDSA drop in service is one section of advice and information service.



Health promotion

In the year covered by this report, IDSA has continued to have mental health workshops online. These workshops allowed dozens of people to build their confidence and manage their own mental health issues through increased knowledge and information about the mental health issues.

The aim of Mental Health Awareness workshops is for who wants to gain a wider understanding of the issues surrounding mental health, and so to work more effectively with mental

health problems. In addition to our mental health services, we have also introduced physical health awareness sessions which are run by medical professionals. The Iranian Disability Support Association is inviting you to a scheduled Zoom meeting.

Topic: Life skills and self-awareness.



Counselling Service:

The Service supported people who were going through an emotionally difficult time. The service targeted more for those who were not fluent English speakers and found it difficult to access mainstream counselling services; the support was therefore delivered in Farsi by phone.

In 2024-2025 IDSA provided to 16 people with disability their career Most of the people we supported came from the Iranian

community, in regards to their age, the majority of people who applied for service were over 35 years old.

The service allows individuals to explore their thoughts, feelings and behaviours and learn to manage those better.

We believe that the counsellor's role is to work alongside individuals to help them discover alternative ways to improve their lives and resolve current and past issues.

Outreach service:

During last year IDSA continued to provide service to those who do not otherwise have access to services due to issues with physical, mental and learning disabilities.

This free service provides one-to-one ongoing support, advice and information to the family or friends caring for someone living with any disability. The support we give is agreed during a home visit, over the telephone or at our office.

This service is used by 14 people.



Blended Learning:

Iranian Disability Support Association in collaboration with Iranian Association offers opportunities for disabled people of all ages and carers to learn the English language which we call Blended Learning. This service is online.

The English course helped over several pre-entry level students develop their real-life English language skills and build their confidence in dealing with situations such as talking to school teachers, booking a GP appointment, talking to hospital staff, using public transport and shopping. The students improved their English effectively by combining classroom and computer-based training. Furthermore, the

The IT course provides practical guidance for anyone who needs to develop their IT skills. The user will gain the tools and techniques to boost confidence on using a better computer.

In the last year the Iranian Disability Support Association in collaboration with the Iranian Association offered IT courses to 23 learners.



Volunteering:

During 2024-2025 IDSA continued to provide volunteering service for those who wanted to be volunteers. We would like to say a sincere thank you to everyone who volunteered with our organisation in 2024-2025. We are very grateful for the many hours of time volunteered to support IDSA to help organise events and our services and Enterprises facilities and our support services.

Events:

Last year IDSA in collaboration with the Iranian Association (**IA**) and without **IA** organised diverse social and cultural events in order to gather the disabled people with the Iranian and Farsi speaking community.

The International Day of Persons with Disabilities

The International Day of Persons with Disabilities is an annual event that IDSA celebrates people with disabilities. IDSA aims to hold a ceremony on this day to spread awareness and understanding of disabilities issues and say disabilities that might not be immediately visible, such as mental illness, chronic pain or fatigue and learning disabilities.



Iranian New Year

As previous years we celebrated on Saturday 22nd of March 2025 the Iranian New Year. Celebrating traditional Iranian events has a special place among the Iranian and Persian-speaking people who live in the UK. Last year, over 190 people participated at this event.

2025
13
1



Mehregan celebration

IDSA held the Mehregan celebration in collaboration with Iranian Association. The Mehregan Festival is one of the ancient Iranian festivals, which was considered the most important after Nowruz. In ancient Iran, there were many festivals, one of which was of great importance among Iranians, the Mehregan Festival, which was held every year on the 16th of Mehr. This ceremony is an opportunity for people with disabilities and their families and our Iranian community to come together.



IRANIAN DISABILITY SUPPORT ASSOCIATION
FINANCIAL STATEMENTS
For the year ended 31 March 2025

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IRANIAN DISABILITY SUPPORT ASSOCIATION
FINANCIAL STATEMENTS

For the year ended 31 March 2025

ASSOCIATION:

Iranian Disability Support Association

ACCOUNTANTS:

Alex & Co Accountancy Ltd
23 Bell Lane
London
NW4 2BP



IRANIAN DISABILITY SUPPORT ASSOCIATION

FINANCIAL STATEMENTS

For the year ended 31 March 2025

Accountant's Report:

In accordance with instruction given to us, we have prepared without carrying out an audit the income statement, from the accounting records of Iranian Disability Support Association and from information and explanations supplied to us.



Alex & Co Accountancy Ltd
23 Bell Lane
London
NW4 2BP



PRINCIPAL APPROVAL CERTIFICATE:

I approve the income statement and confirm that I have made available all relevant information for their preparation.

M Massoumzdeh

Iranian Disability Support Association



IRANIAN DISABILITY SUPPORT ASSOCIATION
INCOME STATEMENT

For the year ended 31 March 2025

	£	£
Gross Income		37,868
Less expenses:		
Salaries	26,700	
Pension	318	
Office rent	4,400	
Charity Insurance	984	
Sure Care	9,858	
Van expenses	1,868	
Telephone & Administrations	637	
Accountant	450	
Depreciation	869	
	<u> </u>	(46,084)
NET INCOME:		<u><u>(8,216)</u></u>

I approve the above income statement.

M Massoumzdeh



IRANIAN DISABILITY SUPPORT ASSOCIATION
STATEMENT OF FINANCIAL POSITION

For the year ended 31 March 2025

	Notes	£	£
Fixed Assets			
Tangible Assets	1		3,958
Current Assets:			
Petty Cash and Bank Account		<u>54,813</u>	
Current Liabilities:			
Creditors	2	<u>(838)</u>	
Net Current Assets			<u>53,975</u>
Net Assets			<u><u>57,933</u></u>
Financed by:	3		
Balance at 01.04.24			66149
Income of this year			<u>(8,216)</u>
Balance carried forward			<u><u>57,933</u></u>



IRANIAN DISABILITY SUPPORT ASSOCIATION
FINANCIAL STATEMENTS

For the year ended 31 March 2025

1) Tangible Assets:

	£
Office equipment	2,654
Van	<u>23,000</u>
	25,654
Depreciation charges at 05/04/2024	(20,827)
Charges for the year	<u>(869)</u>
Net Book Value at 05/04/2025	<u>3,958</u>

2) Creditors:

	£
PAYE tax liability	346
Pension	<u>133</u>
	479

3) Financed by Capital:

	£
Balance at 01/04/2024	66,149
Net Income	<u>(8,216)</u>
Balance at 01/04/2025	57,933



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FINANCIAL STATEMENTS

For the year ended 31 March 2025

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Iranian Disability Support Association

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Alex & Co Accountancy Ltd
23 Bell Lane
London
NW4 2BP



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A. Hanjani

Alex & Co Accountancy Ltd
23 Bell Lane
London
NW4 2BP



PRINCIPAL APPROVAL CERTIFICATE:

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M Massoumzdeh
Iranian Disability Support Association

(Signature)

IRANIAN DISABILITY SUPPORT ASSOCIATION
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IRANIAN DISABILITY SUPPORT ASSOCIATION (IDSA)

England & Wales - Charity number 1116648

Accounts



Iranian Disability Support Association

Iranian Disability Support Association

(IDSA)

**Annual Report
31 March 2024**

**Registered Charity No
1116648**

Iranian Disability Support Association

Annual report For the year ended 31 March 2024

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**Iranian Disability Support Association
(IDSA)**

LEGAL AND ADMINISTRATIVE DETAILS

Management committee

Dr Mahmoud Sarfarazi (Chair)

Mr Masoud Molazadeh
Mrs M Massoumzadeh

Accountants

Alex & Co Accountancy Ltd
23 Bell Lane
London NW5 2BP

Bank

Barclays
Walton-on-Thames Branch
P.O Box no 193
8/12 Church Street
Walton-on-Thames
Surrey KT12 2YW

Structure, Governance and Management

The management committee presents its report along with the financial statements of the charity for the year ended 31 March 2024.

The Financial statement has been prepared in accordance with charities accounting and complies with the charity's constitution by Alex & Co Accountancy Ltd.

Principal Objective

The Iranian Disability Support Association (IDSA) is established to promote the relief of Iranian and Persian-speaking disabled people and their carers living in London by provision of service, information and advice.

Constitution

Iranian Disability Support Association (IDSA) is a charitable organisation (Registered No. 1116648) operating under a written constitution. It was constituted in 2004 and has become an organisation of disabled people and for disabled people, with a clear and firm commitment to support Iranian and Persian disabled people who seek support and need help.

Management committee

Members of the Management Committee are elected for a period of one year at the Annual General meeting, after which, if they are to continue, they must be re-elected.

The Committee shall consist of Chairperson, Secretary, and Treasurer. The Management Committee must have at least three members; at the end of March 2024 there were five. The Management Committee meets times a year and is responsible for the strategic direction and policy of the charity.

Responsibilities of the Management Committee

Charity law requires the management committee to prepare financial statements for the financial year which give a true and fair view of the state of affairs of the Association and of its incoming resources of the year and the application of resources for the period.

In preparing those financial statements, the management committee is required to:

- select suitable accounting policies and then apply them consistently;
- make judgments and estimates that are reasonable and prudent;

state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;

- prepare financial statements on a going concern basis unless it is inappropriate to assume that the charity will continue on that basis.

Risk management

The management committee has reviewed the major risks to which the charity is exposed and, where practical, has taken steps to guard against or mitigate them. It has clear policies on many matters of professional good practice and on issues like health and safety, and compliance and standards of performance is monitored through appraisal and supervision processes.

The major risk for the charitable organisation, especially for small organisations like IDSA, is funding. In response to this, the IDSA's management committee has implemented a reserve plan.

IDSA relationships

IDSA is a member of Global Disability Foundation, World Disability Union (WDU), Great London Authority (GLA), and has the meeting, and relations with the other members such as International Disability Alliance, Inclusion London, Transport for all. Within the Iranian community, the IDSA has good relations with most of the Iranian charitable organisations like the Iranian Association, Iranian medical society and others. The IDSA receives support from the Iranian Association.

Aims, Objectives and Activities

The aim of IDSA is to provide support, information, advice, and advocacy to disabled people and their careers, parents or guardians who originate from Iran and Persian-speaking regions or who have Iranian/Persian-speaking regional heritage, who are living in the greater and inner areas of London and who need to access voluntary, statutory and/or government services. This includes services such as housing, welfare rights, health services and the judicial system. IDSA also provides support and assistance with activities that lead to the empowerment of disabled people from the Iranian/Persian Community who are resident in the greater areas of London and are UK residents.

Activities and review

During the year under review, the Association fulfilled its mission by:

- providing advice, information and assistance on a daily basis on welfare benefits, immigration, housing, women, training and education;
- disseminating information and conducting a need assessment survey on community needs;
- organising a series of cultural events in the community;
- helping Iranian and other Persian-speaking disabled people to complete paperwork such as filling in application forms;
- providing advice and guidance on further education and employment;
- providing one-to-one counselling on mental health issues.
- providing interpreting and translation;
- organising a series of workshops on Mental Health support and education on opportunity equality; and
- IT skills training.

Chairman's Report

The Disability Discrimination Act came into force in 1995. This was superseded by the Equality Act 2010. We are now 29 years on and still disability discrimination is a day-to-day occurrence for many disabled people. This is because many employers, service providers including public transport, public bodies etc. still look to do the minimum they can get away with or look for loopholes to tick a box or do nothing. It is shameful that in this day-and-age the majority of disabled people in the UK are not treated as equal citizens. Iranian Disability Support Association (IDSA) will continue to challenge negative attitudes that prevent disabled people from living as true equals in society.

The cost-of-living crisis continues to create extremely difficult and worrying times for disabled people, with disability related expenditure adding an extra burden to already stretched household budgets. With many disabled people experiencing life changing negative impacts IDSA has been proactive by introducing more support.

These are also worrying times for small disability organisations like IDSA with demands on services increasing as funding to deliver these services decreases. The constant struggle to secure core funding is ever present and it is this funding which is vital if IDSA is to continue to take a leading role in changing negative attitudes that prevent disabled people participating fully as equal citizens, Funding sources are becoming more and more harder I am extremely grateful to all our financial supporters and offer them our warmest thanks.

I am proud of the way volunteers and members have continued to not only deliver IDSA's services to a high standard through these demanding times but with their commitment and hard work, they have continued to support disabled people by going above and beyond the demand for our services. For this I am immensely grateful and offer them all my heartfelt thanks.

The Trustees and Management of IDSA are committed to continue to support disabled people in as many ways as we can.

I am indebted to my fellow trustees for their support to me and their continued hard work and commitment to IDSA. I also thank them for their many hours of hands-on work within the organisation that often goes unseen by others.

Dr M Sarfarazi

Treasurer's Report for Year Ending 31st March 2024

In 2023-24 we continue to develop income streams and project management income to support core organisational costs but within an ever-difficult financial landscape. The increased cost-of-living crisis, which has disproportionately affected disabled people, has led to a number of short-term projects enabling us to effectively campaign for our rights, but this has not enabled us to secure longer term funding. It gives me great pleasure to provide our members and partners with our annual financial reports in a year that has continued to see great changes across our society. We continue to have challenges in core funding but have difficulty. The finance difficulty has enabled us to have operated within our budget projection for the year. With our donors, in spite of finance difficulty we have tried robustly reviewed and strengthened our financial procedures and compliance during the year Finally, some thank-you: As a treasurer I would like to particularly thank our donors, who have enabled IDSA worked for and support disabled people within our community, ensuring that as a charity we operate to the highest standards to deliver our aims and objectives for our members.

M.Massomzadeh

Activities

Advice and Information Service:

The Iranian Disability Support Association made a plan to give Iranian and Farsi speaking disabled people better information and advice in England.

In addition to our office We have a phone line that people can call to get information and advice from us.

The phone line is good and useful for those who cannot come to our office and have moving problems.

And there are big money problems for people in the country.

We are getting volunteer to give people information and advice.

We are working to get much better information about people with a disability. That will help us to know what those who have a disability and their families need. And it will help us to change things.

For example: We started looking into what people with a disability want from work. We will also look at how to make it easier for people with disabilities to get work and sort out their needs.

We asked some questions to find out what support people with disabilities in the UK need.

Also making sure that our support is right for service user and makes their lives better

We gave support to many people within the community.

Our support services help people to do important things like:

Go shopping and cook.

Get a job.

Meet friends and do new things.

Use computers and the internet.

Learn better English

We are trying to support people with a disability to have the life they want.

Health Promotion

In 2023-24, in addition to our mental health services, we have also introduced physical health awareness sessions which are run by medical professionals.

We've brought together information and advice on a range of topics related to looking after your health and wellbeing as a person with disabilities – from tips on how to get active to dealing with mental and physical health.



خودشناسی و افزایش مهارت‌های زندگی

در این کارگاه "علت شکست در روابط با دوستان و یا خانواده" موضوع اصلی گفتگو خواهد بود.

با حضور خانم مریم طالبی
و مشاور جلسه خانم فرزانه هوشیاری

چهارشنبه ۶ دسامبر ۲۰۲۳ ساعت ۷ شب

Mental wellbeing is about life satisfaction, optimism, self-esteem, feeling in control, having a purpose and a sense of belonging and support. Most people, including disabled often experience depression, loneliness and low levels of

satisfaction and wellbeing. Taking part in meaningful activities, maintaining and developing personal identity, and getting the right help for any health conditions and sensory impairments have been identified as key to improving mental wellbeing.

In the year covered by this report, IDSA has continued to have mental and physical health workshops online. These workshops allowed dozens of people to build their confidence and manage their own mental health issues through increased knowledge and information about the physical and mental health issues.

Counselling Service:

IDSA's counselling service is a professional relationship providing a confidential space, in which the clients could talk through issues affecting their life with a counsellor who can help them. Professional, qualified counsellors have skills to help people in many situations. Most counselling sessions are done through regular meetings over a period of time and counsellors will work with the issues that they bring and towards the goals that they have set. Some counsellors may have additional training and experience in specialist areas such as addiction, trauma or family issues.

Although our counsellor offers;

- a safe place to talk
- empathetic listening
- a supportive relationship
- a process to reflect and consider our clients' thoughts, feelings and behaviours.

Also the Service supported people who were going through an emotionally difficult time. The service targeted more for those who were not fluent English speakers and found it difficult to access mainstream counselling services; the support was as well delivered in Farsi by phone.

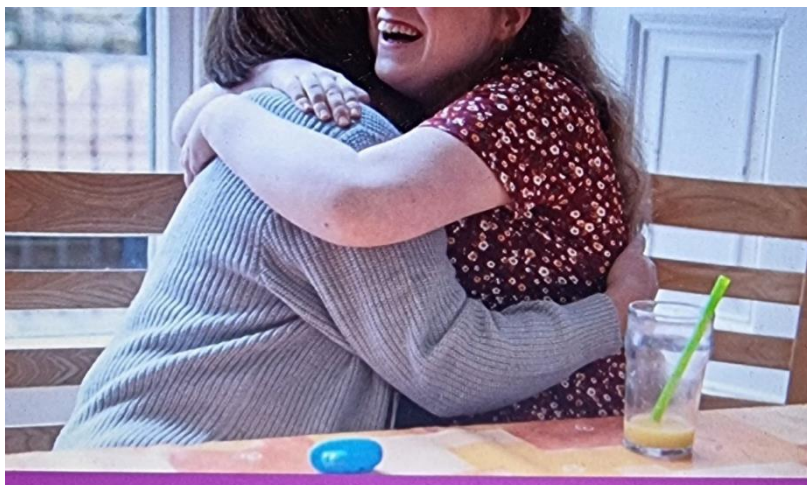
In 2023-2024 IDSA provided counselling to 21 people with careers, most of the people we supported came from the Iranian community.

Outreach service:

This service makes disability support at home helps them to live life on their own terms with dedicated volunteers.

The service enables people living with disabilities to live as comfortably, independently and securely as possible. At Helping Hands, we offer service to those who do not otherwise have access to services due to having severe physical, mental and learning disabilities. which allows them to receive specialist support for our clients' disability in their own home. We will visit them at home and provide extra help and support as needed.

In the year 2023-2024 this service is used by 15 people.



Blended Learning:

Iranian Disability Support Association in collaboration with Iranian Association offers opportunities for disabled people of all ages and careers to learn the English language which we call Blended Learning. In the previous year the service was provided online and of course.

The English course helped over several pre-entry level students develop their real-life English language skills and build their confidence in dealing with situations such as talking to school teachers, booking a GP appointment, talking to hospital staff, using public transport and shopping. The students improved their English effectively by combining classroom and computer-based training. Furthermore, the English improved the integration of the learners into their community and British society.

The IT course provides practical guidance for anyone who needs to develop their IT skills. The user will gain the tools and techniques to boost confidence on using a better computer. In the last year the Iranian Disability Support Association in collaboration with the Iranian Association offered IT courses to 30 learners.

We are working to keep people safe on the internet and social media, like Facebook and Twitter.

For example, we are helping with a new law about keeping people safe on the internet.

Volunteering:

The past year has been an active one for our organisation, we have endeavoured to operate our organisation as effectively and efficiently as possible. We could not operate without the volunteer support. It is not only critical to paying our rent, accommodation and utilities but also to pay a full time staff, so we continue to provide our services by volunteers. However, they always try to work toward sustainability of their post funding by promoting a well-trained volunteer base.

We would like to say a sincere thank you to everyone who volunteered with our organisation in 2023-2024. We are very grateful for the many hours of time volunteered to support IDSA to help organise events and our services and Enterprises facilities and our support services.

Events:

As in previous years in 2023-2024 IDSA in collaboration with and without the Iranian Association (**IA**) organised diverse social and cultural events in order to gather the disabled people with the Iranian and Farsi speaking community.

The International Day of Persons with Disabilities

Every year IDSA celebrates the International Day of Persons with Disabilities (IDPWD). This day is celebrated on the 3rd of December as a way of promoting equality for people with disabilities in all areas of society. The event was launched in 1992 by the United Nations General Assembly. Their aim was to advance disability rights and protect the well-being of those with disabilities. Since then, people all across the globe have gathered together to celebrate this special event.

According to the World Health Organisation, around 15% of the world's population is considered to have some form of disability. This is one of the many reasons why it is so important to observe events like the International Day of Persons with Disabilities. By celebrating this event every year IDSA spreads awareness and understanding of disabilities issues and says disabilities that might not be immediately visible, such as mental illness, chronic pain or fatigue and learning disabilities.

IDSA thinks celebrating this day can help no disabled person break down the barriers to inclusion and spread awareness of the struggles faced by those with disabilities. This will, in turn, spur them on to fight for the rights of individuals with disabilities throughout their lives.



Iranian Nowruz

The Iranian Disability Support Association and Iranian Association together celebrate Iranian New year (Nowruz).

The Iranian new year is called Nowruz. It is for that IDSA celebrates Nowruz with Iranian and all others who celebrate this day. Nowruz is the national New Year festivity celebrated in Iran, Afghanistan, and the Kurdish regions of Iraq, Turkey and Syria, and throughout Central Asia.

With roots going back to at least 3,000 years, Nowruz is one of the oldest festivals that is still marked by humans.

The event is a springtime celebration whose activities symbolises rebirth and the link between humans and nature.



Sizdeh-Bedar

Sizdeh-Bedar is Nowruz spring festival. Sizdah Bedar is celebrated on 13 days of **Nowruz**. On this day, people go to green spaces and celebrate the last day of the Nowruz holidays out in the open.

In Iran's official calendar, this day has been referred to as the Day of Nature; a national holiday.

In the year covered by this report, the IDSA celebrated this day.



Summer picnic

IDSA has organised a summer picnic in the year 2023-2024, in which a lot of people from Iranian and Farsi speaking attend.

The participants had an opportunity to gather together, make their food, eat together, and enjoy their day.



Yalda Night

The Iranian Disability Support Association and Iranian Association together celebrate Yalda night

Yalda Night, or Shab-e Chelleh, marks the longest night of the year and is one of the most significant events on the Iranian calendar. Similar to Nowruz, the celebration of the Spring Equinox and the Iranian New Year, Yalda's origins trace back to at least the Achaemenid era (circa 500 BC). The word "Yalda," however, is derived from ancient Syriac and means "birthday."

The celebration of Yalda, like Christmas, is an important family event celebrated with special foods, fruits such as watermelons and pomegranates, nuts and dried fruits, candles, poetry reading, games, and song and dance.



IRANIAN DISABILITY SUPPORT ASSOCIATION
FINANCIAL STATEMENTS

For the year ended to 31 March 2024

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IRANIAN DISABILITY SUPPORT ASSOCIATION
FINANCIAL STATEMENTS

For the year ended to 31 March 2024

ASSOCIATION:

Iranian Disability Support Association

ACCOUNTANTS:

Alex & Co Accountancy Ltd
23 Bell Lane
London
NW4 2BP



IRANIAN DISABILITY SUPPORT ASSOCIATION
FINANCIAL STATEMENTS

For the year ended to 31 March 2024

Accountant's Report:

In accordance with instruction given to us, we have prepared without carrying out an audit the income statement, from the accounting records of Iranian Disability Support Association and from information and explanations supplied to us.

Alex & Co Accountancy Ltd
23 Bell Lane
London
NW4 2BP



PRINCIPAL APPROVAL CERTIFICATE:

I approve the income statement and confirm that I have made available all relevant information for their preparation.

A handwritten signature in blue ink, consisting of a large, stylized loop followed by the initials 'M.M.'.

M Massoumzdeh
Iranian Disability Support Association

IRANIAN DISABILITY SUPPORT ASSOCIATION
FINANCIAL STATEMENTS

For the year ended to 31 March 2024

	£	£
Gross Income		31,488
Less expenses:		
Volunteers Expenses	720	
Salaries	20,699	
Employer NI Contributions	1,436	
Pension	318	
Office rent	4,800	
Charity Insurance	358	
Carers	5,630	
Fundraising & promotions	4,000	
Van expenses	3,043	
Newsletters and Advertising	482	
Telephone & Administrations	1,137	
Accountant	450	
Donation	-	
Depreciation	<u>1,059</u>	
		<u>(44,132)</u>
NET INCOME:		<u><u>(12,644)</u></u>

I approve the above income statement.

M Massoumzdeh



IRANIAN DISABILITY SUPPORT ASSOCIATION

STATEMENT OF FINANCIAL POSITION

For the year ended to 31 March 2024

	Notes	£	£
Fixed Assets			
Tangible Assets	1		4,827
Current Assets:			
Petty Cash and Bank Account		<u>62,160</u>	
Current Liabilities:			
Creditors	2	<u>(838)</u>	
Net Current Assets			<u>61,322</u>
Net Assets			<u>66,149</u>
Financed by:	3		
Balance at 01.04.23			78793
Income of this year			<u>(12,644)</u>
Balance carried forward			<u>66,149</u>



IRANIAN DISABILITY SUPPORT ASSOCIATION
FINANCIAL STATEMENTS

For the year ended to 31 March 2024

1) Tangible Assets:

	£
Office equipment	2,654
Van	23,000
	<u>25,654</u>
Depreciation charges at 05/04/2023	(19,768)
Charges for the year	<u>(1,059)</u>
Net Book Value at 05/04/2024	<u>4,827</u>

2) Creditors:

	£
PAYE tax liability	705
Pension	133
	<u>838</u>

3) Financed by Capital:

	£
Balance at 01/04/2023	78,793
Net Income	<u>(12,644)</u>
Balance at 01/04/2023	66,149



IRANIAN DISABILITY SUPPORT ASSOCIATION
FINANCIAL STATEMENTS

For the year ended to 31 March 2024

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IRANIAN DISABILITY SUPPORT ASSOCIATION

FINANCIAL STATEMENTS

For the year ended to 31 March 2024

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Iranian Disability Support Association

ACCOUNTANTS:

Alex & Co Accountancy Ltd
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London
NW4 2BP



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NW4 2BP



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Iranian Disability Support Association

IRANIAN DISABILITY SUPPORT ASSOCIATION
FINANCIAL STATEMENTS

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Depreciation	<u>1,059</u>	
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M Massoumzdeh



IRANIAN DISABILITY SUPPORT ASSOCIATION

STATEMENT OF FINANCIAL POSITION

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Income of this year			<u>(12,644)</u>
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IRANIAN DISABILITY SUPPORT ASSOCIATION
FINANCIAL STATEMENTS

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Pension	133
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3) Financed by Capital:

	£
Balance at 01/04/2023	78,793
Net Income	<u>(12,644)</u>
Balance at 01/04/2023	66,149



IRANIAN DISABILITY SUPPORT ASSOCIATION (IDSA)

England & Wales - Charity number 1116648

Accounts



Iranian Disability Support Association

Iranian Disability Support Association

(IDSA)

**Annual Report
31 March 2023**

**Registered Charity No
1116648**

Iranian Disability Support Association

Annual report For the year ended 31 March 2023

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**Iranian Disability Support Association
(IDSA)**

LEGAL AND ADMINISTRATIVE DETAILS

Management committee

Dr Mahmoud Sarfarazi (Chair)

Mr Masoud Molazadeh
Mrs M Massoumzadeh

Accountants

Alex & Co Accountancy Ltd
23 Bell Lane
London NW\$ 2BP

Bank

Barclays
Walton-on-Thames Branch
P.O Box no 193
8/12 Church Street
Walton-on-Thames
Surrey KT12 2YW

Structure, Governance and Management

The management committee presents its report along with the financial statements of the charity for the year ended 31 March 2023.

The Financial statement has been prepared in accordance with charities accounting and complies with the charity's constitution by Alex & Co Accountancy Ltd.

Principal Objective

The Iranian Disability Support Association (IDSA) is established to promote the relief of Iranian and Persian-speaking disabled people and their carers living in London by provision of service, information and advice.

Constitution

Iranian Disability Support Association (IDSA) is a charitable organisation (Registered No. 1116648) operating under a written constitution. It was constituted in 2004 and has become an organisation of disabled people and for disabled people, with a clear and firm commitment to support Iranian and Persian disabled people who seek support and need help.

Management committee

Members of the Management Committee are elected for a period of one year at the Annual General meeting, after which, if they are to continue, they must be re-elected.

The Committee shall consist of Chairperson, Secretary, and Treasurer. The Management Committee must have at least three members; at the end of March 2023 there were five. The Management Committee meets times a year and is responsible for the strategic direction and policy of the charity.

Responsibilities of the Management Committee

Charity law requires the management committee to prepare financial statements for the financial year which give a true and fair view of the state of affairs of the Association and of its incoming resources of the year and the application of resources for the period.

In preparing those financial statements, the management committee is required to:

- select suitable accounting policies and then apply them consistently;
- make judgments and estimates that are reasonable and prudent;

followed, subject to any material departures disclosed and explained in the financial statements;

- prepare financial statements on a going concern basis unless it is inappropriate to assume that the charity will continue on that basis.

Risk management

The management committee has reviewed the major risks to which the charity is exposed and, where practical, has taken steps to guard against or mitigate them. It has clear policies on many matters of professional good practice and on issues like health and safety, and compliance and standards of performance is monitored through appraisal and supervision processes.

The major risk for the charitable organisation, especially for small organisations like IDSA, is funding. In response to this, the IDSA's management committee has implemented a reserve plan.

IDSA relationships

IDSA is a member of Global Disability Foundation, World Disability Union (WDU), Great London Authority (GLA), and has the meeting, and relations with the other members such as International Disability Alliance ,Inclusion London, Transport for all. Within the Iranian community, the IDSA has good relations with most of the Iranian charitable organisations like the Iranian Association, Iranian medical society and others. The IDSA receives support from the Iranian Association.



Aims, Objectives and Activities

The aim of IDSA is to provide support, information, advice, and advocacy to disabled people and their carers, parents or guardians who originate from Iran and Persian-speaking regions or who have Iranian/Persian-speaking regional heritage, who are living in the greater and inner areas of London and who need to access voluntary, statutory and/or government services. This includes services such as housing, welfare rights, health services and the judicial system. IDSA also provides support and assistance with activities that lead to the empowerment of disabled people from the Iranian/Persian Community who are resident in the greater areas of London and are UK residents.

Activities and review

During the year under review, the Association fulfilled its mission by:

- providing advice, information and assistance on a daily basis on welfare benefits, immigration, housing, women, training and education;
- disseminating information and conducting a need assessment survey on community needs;
- organising a series of cultural events in the community;
- helping Iranian and other Persian-speaking disabled people to complete paperwork such as filling in application forms;
- providing advice and guidance on further education and employment;
- providing one-to-one counselling on mental health issues.
- providing interpreting and translation;
- organising a series of workshops on Mental Health support and education on opportunity equality; and
- IT skills training.

Chairman's report

In 2022-23, the Iranian Disability Support Association (IDSA) exceeded our expectations in providing a wide range of high quality services to over 650 clients with diverse backgrounds through delivery of a number of projects.

In the year covered by this report, the Iranian Disability Support Association provided a wide range of services including provision of advisory service, online health promotion, IT courses, events such as cultural events, outreach, counselling.

IDSA has a website, Instagram, Twitter, Telegram Channel and Facebook page, but our reputation ensures that clients return to us, and many new clients are enlisted through word of mouth.

To continue supporting Iranian and Farsi speaking disabled people IDSA raised funds to keep existing services and provided new services.

Last year IDSA continued its cooperation with a number of organisations including International Disability Alliance. World Disability Union, Iranian Medical society, Iranian Association.

In the year covered by this report, the Iranian Disability Support Association disseminated information about the cultural and outing and activities within the Iranian community in greater London and worked closely with the cultural centres to improve participation of our community in the diverse cultural events. The IDSA celebrated the International Day of People with Disability.

Members of the Management Committee are pleased with achievements of the Iranian Disability Support Association during the year under review; the IDSA made a great difference in the life of many people who benefited from a wide range of services and activities.

Dr Sarfarazi

Treasurer's Report for Year Ending 31st March 2023

These Annual Accounts cover the period 2022/2023; Total income for the year was £27,527 compared with the previous year is low.

Money has been raised/ received during this financial year via a range of donations and number of activities.

IDSA management committee is very grateful to all the funders such as Iranian trustees and companies such as Ahmad tea and Microlink as well as the private donator, most of whom have financed our work for the disabled community for many years, and we would also like to thank our volunteers without who we would not be able to deliver such a cost effective service.

Activities

Advice and Information Service:

The Iranian Disability Support Association has been running the advisory and information service for over 19 years; which deals with many enquiries on disability, supporting Iranian and Farsi speaking disabled people, and anyone else within the Iranian and Farsi speaking community who has a disability related enquiry.

The service made a great impact by improving access to disabled specific advice and reducing the hardship of over 400 contacts from Iranian and Farsi speaking people.

The beneficiaries reported that as a result of the service they felt less isolated, more part of the community and more confident in coping with life in greater London. The service provided advice on multiple issues such as welfare/ housing, form-filling, interpreting, education, employment, blue badge and appealing a disability benefit decision. IDSA drop in service is one section of advice and information service.



Health promotion

The Iranian Disability Support Association has been running the mental health workshops online.

In the year covered by this report, IDSA has continued to have mental health workshops online. These workshops allowed dozens of people to build their confidence and manage their own mental health issues through increased knowledge and information about the mental health issues.

The aim of Mental Health Awareness workshops is for who wants to gain a wider understanding of the issues surrounding mental health, and so to work more effectively with mental

health problems. In addition to our mental health services, we have also introduced physical health awareness sessions which are run by medical professionals.

شناخت شکاف نسلی و گسست فرهنگی



در این کارگاه شکاف نسلی، گسست فرهنگی و چگونگی بهبود همبستگی و ارتباط بین والدین و فرزندان ایرانی در بریتانیا مورد گفتگو قرار می‌گیرند.

با حضور روانکاو مجرب NHS سعید خلیلی‌راد
و مشاور جلسه خانم فرزانه هوشیاری

The Iranian Disability Support Association is inviting you to a scheduled Zoom meeting.

Topic: Life skills and self awareness.

Counselling Service:

The Service supported people who were going through an emotionally difficult time. The service targeted more for those who were not fluent English speakers and found it difficult to access mainstream counselling services; the support was therefore delivered in Farsi by phone.

In 2022-2023 IDSA provided to 16 people with disability their career Most of the people we supported came from the Iranian community, in regards to their age, the majority of people who applied for service were over 35 years old.

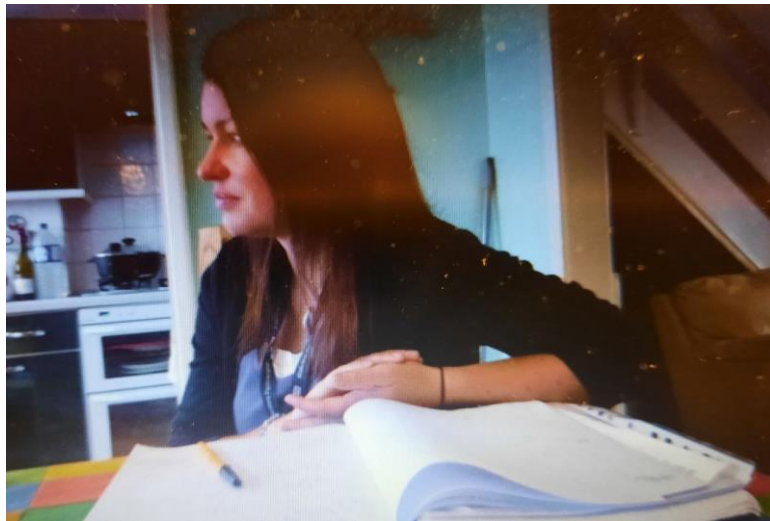
The service allows individuals to explore their thoughts, feelings and behaviours and learn to manage those better. We believe that the counsellor's role is to work alongside individuals to help them discover alternative ways to improve their lives and resolve current and past issues.

Outreach service:

During 2022-2023 IDSA continued to provide service to those who do not otherwise have access to services due to issues with physical, mental and learning disabilities.

This free service provides one-to-one ongoing support, advice and information to the family or friends caring for someone living with any disability. The support we give is agreed during a home visit, over the telephone or at our office.

This service is used by 17 people.

**Blended Learning:**

Iranian Disability Support Association in collaboration with Iranian Association offers opportunities for disabled people of all ages and carers to learn the English language which we call Blended Learning. This service is online.

The English course helped over several pre-entry level students develop their real-life English language skills and build their confidence in dealing with situations such as talking to school teachers, booking a GP appointment, talking to hospital staff, using public transport and shopping. The

students improved their English effectively by combining classroom and computer-based training. Furthermore, the

11

English improved the integration of the learners into their community and British society.

The IT course provides practical guidance for anyone who needs to develop their IT skills. The user will gain the tools and techniques to boost confidence on using a better computer. In the last year the Iranian Disability Support Association in collaboration with the Iranian Association offered IT courses to 25 learners.



Volunteering:

During 2022-2023 IDSA continued to provide volunteering service for those who wanted to be volunteers.

We would like to say a sincere thank you to everyone who volunteered with our organisation in 2022-2023. We are very grateful for the many hours of time volunteered to support IDSA to help organise events and our services and Enterprises facilities and our support services.

Events:

Last year IDSA in collaboration with the Iranian Association (**IA**) and without **IA** organised diverse social and cultural events in order to gather the disabled people with the Iranian and Farsi speaking community.

International Women's Day event

On International Women's Day in 2023, we celebrated this day. We have invited a group of women to share their very different experiences and perspectives on this day.

The ceremony ended with a musical program.



The International Day of Persons with Disabilities

The International Day of Persons with Disabilities is an annual event that IDSA celebrates people with disabilities. The World Health Organisation estimates that more than one billion people - about 15% of the world's population - experience some form of disability.

IDSA aims to hold a ceremony on this day to spread awareness and understanding of disabilities issues and say disabilities that might not be immediately visible, such as mental illness, chronic pain or fatigue and learning disabilities.

The ceremony ended with a musical program.



Summer picnic

For the first time after Covid-19 virus the Iranian DSA has organised a summer picnic.

The participants had an opportunity to gather together, make their food, eat together, and enjoy their day.



IRANIAN DISABILITY SUPPORT ASSOCIATION

FINANCIAL STATEMENTS
For the year ended 31st March 2023

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IRANIAN DISABILITY SUPPORT ASSOCIATION

FINANCIAL STATEMENTS
For the year ended 31st March 2023

In accordance with instruction given to us, we have prepared without carrying out an audit the annexed financial statements from the accounting records of Iranian disability support association and from information and explanations supplied to us.

A. Khanjari

Alex & Co Accountancy Ltd
23 Bell Lane
London
NW4 2BP

11 January 2023



PRINCIPAL APPROVAL CERTIFICATE:

I approve the financial statements and confirm that I have made available all relevant records and information for their preparation.

M Massoumzadeh

M Massoumzadeh

Iranian Disability Support Association

11 January 2023

IRANIAN DISABILITY SUPPORT ASSOCIATION
Donations and Expenditure Statement
For the year ended 31st March 2023

	Note	£	£
Grants, Donations, and event income			27,527
Less Expenditure:			
Volunteers Expenses		760	
Salaries		19,499	
Employer NI Contributions		1,511	
Pension		318	
Office rent		4,800	
Charity Insurance		358	
Carers		2,276	
Found rising & promotions		5,500	
Van expenses		1,347	
Newsletters and Advertising		425	
Telephone & Administrations		538	
Accountant		450	
Donation		6,732	
Depreciation	(1)	1,059	
			<u>(45,573)</u>
Balance			<u><u>(18,046)</u></u>



IRANIAN DISABILITY SUPPORT ASSOCIATION

STATEMENT OF FINANCIAL POSITION As at 31ST March 2023

	Notes	£	£
Fixed Assets			
Tangible assets	(1)		4,827
Current Assets:			
Debtors		0	
Petty Cash and bank account		74,804	
		<u>74,804</u>	
Current Liabilities:			
Creditors	(2)	(838)	
		<u>74,804</u>	
Net current assets			<u>73,966</u>
Net Assets			<u><u>78,793</u></u>
Financed by:	(3)		
Balance at 01.04.22			96,839
Income of this year			<u>(18,046)</u>
Balance carried forward			<u><u>78,793</u></u>



IRANIAN DISABILITY SUPPORT ASSOCIATION

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

1) Tangible Assets:

	£
Cost	2,654
Additions (Van)	23,000
Depreciation on 31 March 2022	(19,768)
Charges for the year	<u>(1,059)</u>
Net Book Value on 31 March 2023	4,827

2) Creditors

	£
PAYE tax liability	705
Pension	133
	<u>838</u>

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Net income	<u>(18,046)</u>
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IRANIAN DISABILITY SUPPORT ASSOCIATION

FINANCIAL STATEMENTS
For the year ended 31st March 2023

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A. Khanjari

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London
NW4 2BP

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M Massoumzadeh

Iranian Disability Support Association

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For the year ended 31st March 2023

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IRANIAN DISABILITY SUPPORT ASSOCIATION

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IRANIAN DISABILITY SUPPORT ASSOCIATION

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IRANIAN DISABILITY SUPPORT ASSOCIATION (IDSA)

England & Wales - Charity number 1116648

Accounts



Iranian Disability Support Association

**Iranian Disability Support Association
(IDSA)**

**Annual Report
31 March 2022**

**Registered Charity No
1116648**

Iranian Disability Support Association

Annual report
For the year ended 31 March 2022

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(IDSA)

LEGAL AND ADMINISTRATIVE DETAILS

Management committee

Dr Mahmoud Sarfarazi (Chair)

Masoud Molazadeh

Mahnaz Massomzadeh

Accountants

ALEX & CO ACCOUNTANCY LTD

23 Bell Lane

London

NW4 2BP

Bank

Barclays

Walton-on-Thames Branch

P.O Box no 193

8/12 Church Street

Walton-on-Thames

Surrey KT12 2YW

The management committee presents its report along with the financial statements of the charity for the year ended 31 March 2022.

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Principal Objective

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Constitution

Iranian Disability Support Association (IDSA) is a charitable organisation (Registered No. 1116648) operating under a written constitution. It was constituted in 2004 and has become an organisation of disabled people and for disabled people, with a clear and firm commitment to support Iranian and Persian disabled people who seek support and need help.

Management committee

Members of the Management Committee are elected for a period of one year at the Annual General meeting, after which, if they are to continue, they must be re-elected. The Committee shall consist of Chairperson, Secretary, and Treasurer. The Management Committee must have at least three members; at the end of March 2021 there were five. The Management Committee meets times a year and is responsible for the strategic direction and policy of the charity.

Responsibilities of the Management Committee

Charity law requires the management committee to prepare financial statements for the financial year which give a true and fair view of the state of affairs of the Association and of its incoming resources of the year and the application of resources for the period.

4

In preparing those financial statements, the management committee is required to:

- select suitable accounting policies and then apply them consistently;
- make judgments and estimates that are reasonable and prudent;

state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;

- prepare financial statements on a going concern basis unless it is inappropriate to assume that the charity will continue on that basis.

Risk management

The management committee has reviewed the major risks to which the charity is exposed and, where practical, has taken steps to guard against or mitigate them. It has clear policies on many matters of professional good practice and on issues like health and safety, and compliance and standards of performance is monitored through appraisal and supervision processes.

The major risk for the charitable organisation, especially for small organisations like IDSA, is funding. In response to this, the IDSA's management committee has implemented a reserve plan.

IDSA relationships

IDSA is a member of World Disability Union (WDU), Great London Authority (GLA), Happy Soul Festival and has the meeting, and relation with the others member such as International Disability Alliance ,Inclusion London, Transport for all. Within the Iranian community, the IDSA has good relations with the most of the Iranian charitable organisations like the Iranian Association, Iranian medical society and others. The IDSA receives support from the Iranian Association, the Ealing Council for Voluntary Service and Richmond Mind, and has good relations with other charities which are working in the area of disability like Richmond JSNA and Ealing Centre for Independent Living, Hammersmith & Fulham Refugee Forum.



Aims, Objectives and Activities

The aim of IDSA is to provide support, information, advice, and advocacy to disabled people and their carers, parents or guardians who originate from Iran and Persian-speaking regions or who have Iranian/Persian-speaking regional heritage, who are living in the greater and inner areas of London and who need to access voluntary, statutory and/or government services. This includes services such as housing, welfare rights, health services and the judicial system. IDSA also provides support and assistance with activities that lead to the empowerment of disabled people from the Iranian/Persian Community who are resident in the greater areas of London and are UK residents.

Activities and review

During the year under review, the Association fulfilled its mission by:

- providing advice, information and assistance on a daily basis on welfare benefits, immigration, housing, women, training and education;
- disseminating information and conducting a need assessment survey on community needs;
- organising a series of cultural events in the community;

- helping Iranian and other Persian-speaking disabled people to complete paperwork such as filling in application forms;
- providing advice and guidance on further education and employment;
- providing one-to-one counselling on mental health issues.
- providing interpreting and translation;
- organising a series of workshops on Mental Health support and education on opportunity equality; and
- IT skills training.

Trustees' Report 2021/22

The 2021/22 financial year has again been one through which Covid-19 continued to disrupt our way of life, and we were still living under significant restrictions. Travel and meeting in public places was constrained, people living in registered care homes were only permitted to have one regular visitor, vaccinations and boosters were required, as was the wearing of face masks. Life was far from normal. As I look back over this past year, it is heartening to see how things have improved. It has been a welcome relief to see the people we support start to be able to enjoy life as they did before the start of the pandemic. We have worked hard to fulfil our core purpose: excellent support that ensures the people we support live their lives to the full and are meaningfully involved in the communities they live in. Over and over again, our volunteers and colleagues responded unselfishly to the challenges they face, with enduring creativity, responsibility and remarkable collective strength. They have continued to deliver great outcomes and excellent quality throughout the year. Even though we are moving out of the pandemic, there are still substantial challenges facing the health and social sectors. While we welcomed some interesting aspects on innovation, housing, technology and employment schemes, IDSA has yet to deliver on its commitment to ensure that care providers can be properly funded, and the care sector continues to grapple with inflationary costs and maintaining staffing levels when faced with high rates of turnover. In spite of these challenges, we announced an 'in-year' increase to staff pay to ensure we track the Real Living Wage. We know that 2022 will bring additional challenges to the sector that we work in and for IDSA. The rapid escalation in the cost of living will have a significant impact for people we support. We remain committed to dealing with these challenges in the most appropriate manner and in line with our overall purpose. I am pleased that we are embarking on a new Long Term Plan that will broaden and deepen the delivery of our purpose, and at the same time diversify our sources of funding. Specific areas that have been earmarked for strategic development include housing, education and employability. We are also making appropriate investments in our systems and digital capabilities, to make our care management and financial management capabilities a better fit for the future.

We have completed a programmed to strengthen our organisation and Board effectiveness, to address some opportunities for enhancement and to improve oversight of our strategic development.

Further developments are in hand in respect of housing, fundraising and investment management. Our next external review of Board effectiveness is planned for 2022. As ever, we end another year enormously grateful for all our organization's friends, who continue providing excellent and compassionate support to the people entrusted to our care. We have much to be proud of in the years behind us, and much to look forward to as we think about what the future will hold for IDSA.

Dr Sarfarazi

Annual Finance:

We end the financial year in a moderate position, in spite of a range of challenges. The pandemic continued to impact on workforce availability. We will secure our long-term financial future by growing our organisation, offering good-quality, accessible accommodation. We will also expand our support and skills programme delivery, develop our events, training and consultancy and scale up our fundraising. We will continue to invest in diversity and inclusion. In the 2022/23 financial year we will hold our first round of developmental training for aspiring managers from ethnic minority backgrounds. Interest in these courses has exceeded capacity, and we will explore wider-scale training based on the outcomes of these initial courses. We plan to work in collaboration more often, sharing expertise and enthusiasm with other organisations who share our goals. We will do more to reach out and include people we support and their families, our community groups, our regulators and other important voices in our sector. We will continue to strengthen our use of technology and move to digital working across all areas of our work. IDSA worked to create this new, custom-built tool to bring together everything managers and members need to monitor their progress and help them develop professionally. Life for people with disabilities in our community has improved in so many ways since we worked with them. And finally, we will work to build our public reputation, becoming a trusted voice in our community so that we can give voice to the people we support, be heard and be part of changing the sector for the better

Activities

Advice and Information Service:

To improve the quality of our support: In spite of the substantial and cumulative pressures of the pandemic, we continued to deliver great quality outcomes for the people who we support, with a good achievement.

The Advice and Information service deals with a range of enquiries on disability-related matters, supporting Iranian and Farsi speaking disabled people, and anyone else within the Iranian and Farsi speaking community who has a disability related enquiry.

After pandemic, IDSA Services adapted to the Covid-19 pandemic and initially delivered its services online or by phone. During the past year the service has had many highlights.

IDSA has been supporting disabled people in Great London with a range of services and peer groups. Covid-19 has affected our volunteer-run peer support groups which meant that no face to face support groups were able to take place. To set up the Digital Inclusivity Project which allowed us to help tackle isolation through addressing digital exclusion. IDSA digital inclusivity project, provided 1:1 digital training support sessions to our members. Each member was entitled to receive up to 4 training sessions with one of our volunteers. The project supported members with how to use zoom and digital devices so isolated individuals were able to stay connected with family, friends and peer groups during the Covid-19 pandemic.

What we do on Disability's Welfare Benefits Service offers free benefits advice and assistance to disabled adults and children of all ages - including parents and carers of disabled children - living in the great London. Our specialist advice workers and volunteers operate by appointment only. Some of the benefits with which we can assist are:

- Disability Living Allowance (DLA)
- Employment and Support Allowance
- Personal Independence Payment (PIP)
- Universal Credit (UC)
- Housing Benefit • Council Tax



Health Promotion

Since corona pandemic we run this project by zoom which is provided 1 workshop every month.

The project organised 12 two-hour workshops on mental health issues. Each session cover topics such as Dealing with depression, Overcoming anxiety, managing stress, Dealing with trauma and developing good relationships. Overall, the workshops enable over around 78 people to build their confidence and manage their own mental health issues through increased knowledge and information about the mental health issues. The workshops were run by an Iranian Psychotherapist.

We have also introduced physical health awareness sessions which run by a medical professional and have been very popular since launch.

With those activities we aim to promote the process of enabling participant increase control, and to improve, their health.

Counselling Service:

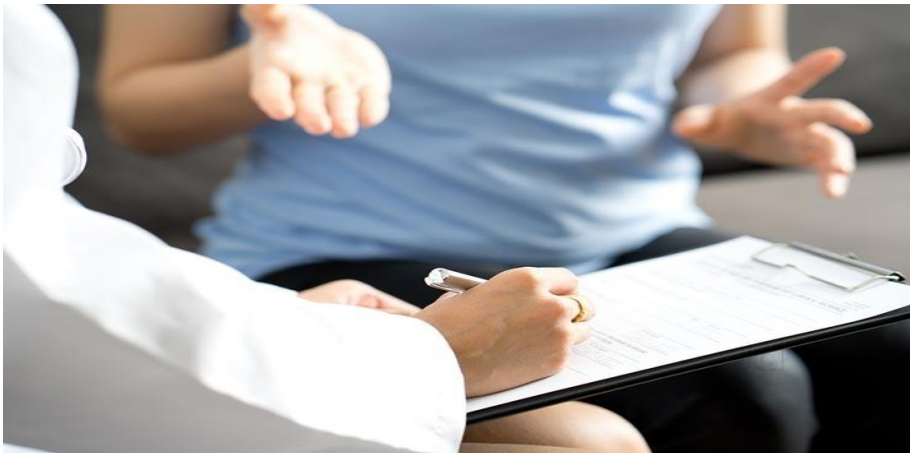
IDSA counselling service meets the therapeutic need of people who require individual medium and long term counselling support and they are not able to pay a private counsellor. Counselling service provides one to one session.

During 2021-2022 we supported 13 people and provide 39 sessions one to one counselling.

IDSA's counsellor is a member of British association for psychotherapy (BACP) and is bound by its code of ethic and practice.

We would like to thank our counsellor for her commitment to this valuable service.

Future plans for the service is unclear. This will mean that if we do not find a funding to support this project we will not be able to offer any more counselling sessions or we have to short the sessions.



Outreach service:

In spite of the substantial and cumulative pressures of the pandemic, we continued to deliver this service.

The Beneficiaries of this service are adults with severe disabilities and acute mental health needs, who are supported by IDSA - around 20 individuals as at March 2022.

- Their families, carers and advocates.
- The wider disability and mental health community.
- The wider communities we work in, especially vulnerable people within them.

Blended Learning

Iranian Disability support Association in collaboration with Iranian Association offers opportunities for disabled people of all ages and carers to learn IT and English language online by Zoom, we called these, services Blended Learning.

The English course online helped students develop their real-life English language skills and build their confidence in dealing with situations such as talking to school teachers, booking a GP appointment, talking to hospital staff, using public transport and shopping. The students improved their English effectively by combining classroom and computer-based training. Furthermore, the English improved the integration of the learners into their community and British society. The project staff and volunteers supported the clients to enable them to use a computer or access online services/courses.

IT course provides practical guidance for anyone who needs to develop their IT skills. The user will gain the tools and techniques to boost confidence on using better computer.

In the last year the Iranian Disability Support Association in collaboration with the Iranian Association offered IT courses to 23 learners.

Parents Support:

IDSA in spite of the substantial and cumulative pressures of the pandemic, we continued to deliver this service online for disabled people of all ages and carers to learn from one another, and to work together to tackle issues. This is called parents or peer support.

Examples of our work include:

Facilitating a number of groups for carers, who are often isolated by their caring role, bringing together people with nearly similar experiences?

Bringing people together for peer support in a regular once per month, enabling them to share experiences and influence service development.

Enabling members to support each other to build confidence and find solutions to barriers which impact on their situation.

"Knowing there is others like me who have a relative with mental health problems or physical impairment that makes all the difference"

Volunteering:

During 2021-2022 IDSA continued to provide volunteering service for who wanted to be volunteers.

We would like to say a sincere thank you to everyone who volunteered with our organisation. We are very grateful for the many hours of time volunteered to support IDSA to help and support disabled people in Iranian community, Enterprises facilities and our support services.

IDSA volunteers transformed both the indoor and outdoor with a full and a complete passion. These activities will allow them to have a more active role in the community, gain new skills and work experience and obtain job reference.

IRANIAN DISABILITY SUPPORT ASSOCIATION

FINANCIAL STATEMENTS
For the year ended 31st March 2022

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IRANIAN DISABILITY SUPPORT ASSOCIATION

FINANCIAL STATEMENTS
For the year ended 31st March 2022

ASSOCIATION:

IRANIAN DISABILITY SUPPORT
ASSOCIATION

ACCOUNTANTS:

ALEX & CO ACCOUNTANCY LTD
23 Bell Lane
London
NW4 2BP

IRANIAN DISABILITY SUPPORT ASSOCIATION

FINANCIAL STATEMENTS
For the year ended 31st March 2022

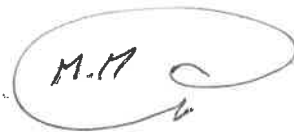
In accordance with instruction given to us, we have prepared without carrying out an audit the annexed financial statements from the accounting records of Iranian disability support association and from information and explanations supplied to us.

Alex & Co Accountancy Ltd
23 Bell Lane
London
NW4 2BP

25 October 2022

PRINCIPAL APPROVAL CERTIFICATE:

I approve the financial statements and confirm that I have made available all relevant records and information for their preparation.

A handwritten signature in black ink, consisting of the initials 'M.M.' followed by a stylized flourish, enclosed within a hand-drawn oval.

M Massomzadeh

Iranian Disability Support Association

25 October 2022

IRANIAN DISABILITY SUPPORT ASSOCIATION
Donations and Expenditure Statement
For the year ended 31st March 2022

	Note	£	£
Grants, Donations and event income			30,054
HMRC JRS grants			6,318
			<u>36,372</u>
Less Expenditure:			
Volunteers Expenses		840	
Salaries		19,440	
Employer NI Contributions		1,462	
Pension		317	
Office rent		4,000	
Charity Insurance		592	
Found rising & promotions		5,439	
Van expenses		309	
Newsletters and Advertising		743	
Telephone & Administrations		349	
Accountant		450	
Donation		750	
Depreciation	(1)	1,292	
			<u>(35,983)</u>
Balance			<u><u>389</u></u>

IRANIAN DISABILITY SUPPORT ASSOCIATION

STATEMENT OF FINANCIAL POSITION

As at 31ST March 2022

	Notes	£	£
Fixed Assets			
Tangible assets	(1)		5,886
Current Assets:			
Debtors		0	
Petty Cash and bank account		91,794	
		<u>91,794</u>	
Current Liabilities:			
Creditors	(2)	(841)	
		<u> </u>	
Net current assets			<u>90,953</u>
Net Assets			<u>96,839</u>
Financed by:	(3)		
Balance at 01.04.21			96,450
Income of this year			<u>389</u>
			<u>96,839</u>
Balance carried forward			<u>96,839</u>

IRANIAN DISABILITY SUPPORT ASSOCIATION

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

1) Tangible Assets:

	£
Cost	2,654
Additions (Van)	23,000
Depreciation on 31 March 2021	(18,476)
Charges for the year	<u>(1,292)</u>
Net Book Value on 31 March 2022	5,886

2) Creditors

	£
PAYE tax liability	709
Pension	132
	<hr/>
	841

3) Financed by Capital:

	£
Balance at 01.04.2021	96,450
Net income	389
	<hr/>
Balance at 31.03.2022	96,839

IRANIAN DISABILITY SUPPORT ASSOCIATION

FINANCIAL STATEMENTS
For the year ended 31st March 2022

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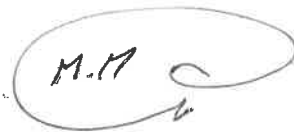
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IRANIAN DISABILITY SUPPORT ASSOCIATION (IDSA)

England & Wales - Charity number 1116648

Accounts



Iranian Disability Support Association

**Iranian Disability Support Association
(IDSA)**

**Annual Report
31 March 2021**

**Registered Charity No
1116648**

Iranian Disability Support Association

Annual report For the year ended 31 March 2021

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Activities.....	9
The corona epidemic and Disabled people.....	10
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**Iranian Disability Support Association
(IDSA)**

LEGAL AND ADMINISTRATIVE DETAILS

Address of Charity
130 Uxbridge Road
London W13 8QS

Management committee
Dr Mahmoud Sarfarazi (Chair)
Mr Mehrzad Golchin
Mr Masoud Norian
Mrs Sadigheh Bavali

Accountants
Alex & Co Accountancy Ltd
23 Bell Lane
London NW4 2BP

Bank
Barclays
Walton-on-Thames Branch
P.O Box no 193
8/12 Church Street
Walton-on-Thames
Surrey KT12 2YW

Structure, Governance and Management

The management committee presents its report along with the financial statements of the charity for the year ended 31 March 2021.

The Financial statement has been prepared in accordance with charities accounting and complies with the charity's constitution by Alex & Co Accountancy Ltd.

Principal Objective

The Iranian Disability Support Association (IDSA) is established to promote the relief of Iranian and Persian-speaking disabled people and their carers living in London by provision of service, information and advice.

Constitution

Iranian Disability Support Association (IDSA) is a charitable organisation (Registered No. 1116648) operating under a written constitution. It was constituted in 2004 and has become an organisation of disabled people and for disabled people, with a clear and firm commitment to support Iranian and Persian disabled people who seek support and need help.

Management committee

Members of the Management Committee are elected for a period of one year at the Annual General meeting, after which, if they are to continue, they must be re-elected.

The Committee shall consist of Chairperson, Secretary, and Treasurer. The Management Committee must have at least three members; at the end of March 2020 there were four. The Management Committee meets times a year and is responsible for the strategic direction and policy of the charity.

Responsibilities of the Management Committee

Charity law requires the management committee to prepare financial statements for the financial year which give a true and fair view of the state of affairs of the Association and of its incoming resources of the year and the application of resources for the period.

In preparing those financial statements, the management committee is required to:

- select suitable accounting policies and then apply them consistently;

- make judgments and estimates that are reasonable and prudent;

4

state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;

- prepare financial statements on a going concern basis unless it is inappropriate to assume that the charity will continue on that basis.

Risk management

The management committee has reviewed the major risks to which the charity is exposed and, where practical, has taken steps to guard against or mitigate them. It has clear policies on many matters of professional good practice and on issues like health and safety, and compliance and standards of performance is monitored through appraisal and supervision processes. The major risk for the charitable organisation, especially for small organisations like IDSA, is funding. In response to this, the IDSA's management committee has implemented a reserve plan.

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5

Aims, Objectives and Activities

The aim of IDSA is to provide support, awareness about disability issues, information, advice, and advocacy to disabled people and their carers, parents or guardians who originate from Iran and Persian-speaking regions or who have Iranian/Persian-speaking regional heritage, who are living in the greater and inner areas of London and who need to access voluntary, statutory and/or government services. This includes services such as housing, welfare rights, health services and the judicial system. IDSA also provides support and assistance with activities that lead to the empowerment of disabled people from the Iranian/Persian Community who are resident in the greater areas of London and are UK residents.

Activities and review

During the year under review, the Association fulfilled its mission by:

- providing advice, information and assistance on a daily basis on welfare benefits, immigration, housing, women, training and education;
- disseminating information and conducting a need assessment survey on community needs;
- organising a series of cultural events in the community;
- helping Iranian and other Persian-speaking disabled people to complete paperwork such as filling in application forms;
- providing advice and guidance on further education and employment;
- providing one-to-one counselling on mental health issues.
- providing interpreting and translation;

- organising a series of workshops on Mental Health support and education on opportunity equality; and
- IT skills training.

Chairman's report

We all continue to find our lives disrupted by Corvid and social distancing is still recommended. With this in mind the board of Directors have concluded that holding our AGM via zoom.

I am proud to have made a contribution to this year's annual report in my role as Chair of the Iranian Disability Support Association (IDSA) - too many people I know personally have a lot of problem with the coronavirus especially among the disabled people. We all have noticed the people with disability had serious health inequality at the time of the onset of the pandemic - we all have a duty to address inequality and all have different paths and opportunities to do this. I am fortunate to have been able to work alongside a team of people as a chair of the IDSA steering group 2020/21 and I am clear that the evidence and insight gained from the review identifies very clear changes that can be made that will have a direct impact on tackling health inequality for people with a disability. I urge everyone to read this report and take action that improves the quality of life for local people and families.

The reporting period was an unprecedented year impacted by the pandemic. Lockdowns and social distancing affected the way we were able to provide services, promote equality of opportunity and good relations.

As a charity organisation we adapted the normal way we do work and moved to virtual provision of many services, while maintaining on the ground key service provision. This included supporting our community to understand and avail of the technology many were now compelled to use. The period saw an

increased emphasis on supporting staff, the community and their well-being.

As the previous years It remains for me to thank who help the IDSA for their commitment and hard work in their all-important governance role for which they get no reward other than the satisfaction of knowing they help to improve people's lives.

Also thanks to donor and our volunteers without whose dedication anything would work.

Dr M Sarfarsi

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Treasurer's report for Year ended 31st March 2021

Our income

Our income was £53,060

- Total fundraising income increased. This is a positive result in the context of a year in which face-to-face fundraising was on hold because of pandemic period.

The net profit from fundraising income and Corvid related Government Grants, enabled us to help and to support our community on charitable work supporting disabled people.

Our spending

Our charitable spending was £40,488

Every pound we raise is extremely important to us and we carefully plan our use of resources to get the most impact. In 2020 to 21 for every £1 we spent, 73% was spent on our charitable goals to help disabled people and their families.

The remainder goes towards running our organisation and generating funds for our future plans.

Advice and Information Service:

The corona epidemic last year has led to many of our association meetings being video conferencing.

The Advice and Information service deals with a range of enquiries on disability-related matters, supporting Iranian and Farsi speaking disabled people, and anyone else within the Iranian and Farsi speaking community who has a disability related enquiry.

Through the advice and information services on disability matters IDSA helps the clients to understand their rights. For more complex issues we have referred them to the related organisations which could help them become more aware of their right.

Last year COVID-19 has affected opportunities to be active as the previous years. Our services had disrupted by quarantine. So our advice and Information service dealt with the clients online.

This year we have a lot of times and occasions to do more awareness about the lives of people with disabilities. Their problem and difficulties during the covid-19, we did this through radio and television broadcasters and the press.



The Corona epidemic and Disabled People

Issues highlighted by disabled people during the pandemic

The corona epidemic has led to more disabled and non-disabled people feeling that they do not have the opportunity to be as active as they want to be compared to 2019/20 and when asked to think of 2020 before the pandemic.

Impact of COVID-19 on ability to be active

Disabled people were more likely to report that COVID-19 had affected their ability doing daily live such as shopping, going out, sport, exercise or physical activity than non-disabled people. Younger disabled people were particularly affected.

The top ways COVID-19 has reduced activity levels for disabled people

The pandemic has presented disabled people with new barriers to being active. The need to self-isolate, fear of contracting the virus, and the impact on their health were particularly common barriers for disabled people.

Understanding how COVID-19 and the associated restrictions have affected activity levels is vital to helping disabled people be active. Disabled people are more likely to experience more barriers related to the pandemic. Self-isolation, the impact on health, the fear of contracting the virus, and concerns about social distancing are especially important for disabled people. Disabled people are also more affected by a lack of space at home and a lack of support.

Information about being active during the pandemic

Disabled people were more likely to disagree that they had received enough information and advice on how to be active and organised their daily live during the pandemic. Disabled people whose ability to take part in society had been reduced by COVID-19 were less likely to agree that they had received enough information.

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Impact of COVID-19 on disabled people

COVID-19 has impacted those with health conditions in a range of ways. The impact on mental health was most commonly mentioned, particularly through lack of social interaction and effect on routine. Many people mentioned the impact of cancelled health, appointments and delayed treatments. Increased stress, difficulty obtaining medicines, and being unable to use normal strategies to manage conditions or impairments led to worsening health or symptoms. Many disabled people were shielding as a result of COVID-19, further reducing their social contact and increasing isolation.

Concerns about the future after the pandemic

Disabled people had a range of concerns about the future. The most common concern was when life would get back to normal (when it would be safe to live our lives like we used to). Many disabled people were worried about themselves or someone they know contracting the virus, and their health worsening. Concerns about a second wave and lockdown were also common. Some were worried about the impact of the pandemic on the economy, the impact on their career or job and society as a whole. Concerns about society included the ability to access

support, selfishness and behaviours of others, civil unrest, austerity, and inequality.

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IRANIAN DISABILITY SUPPORT ASSOCIATION

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For the year ended 31st March 2021

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IRANIAN DISABILITY SUPPORT ASSOCIATION

FINANCIAL STATEMENTS
For the year ended 31st March 2021

ASSOCIATION: IRANIAN DISABILITY SUPPORT ASSOCIATION

ACCOUNTANTS:
23 Bell Lane
London
NW4 2BP

ALEX & CO ACCOUNTANCY LTD

13
**IRANIAN DISABILITY SUPPORT
ASSOCIATION**

FINANCIAL STATEMENTS
For the year ended 31st March 2021

In accordance with instruction given to us, we have prepared without carrying out an audit the annexed financial statements from the accounting records of Iranian disability support association and from information and explanations supplied to us.

Alex & Co Accountancy Ltd
23 Bell Lane
London
NW4 2BP

08 December 2021

PRINCIPAL APPROVAL CERTIFICATE:

I approve the financial statements and confirm that I have made available all relevant records and information for their preparation.

M Golchin

Iranian Disability Support Association

08 December 2021

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IRANIAN DISABILITY SUPPORT ASSOCIATION

Donations and Expenditure Statement

For the year ended 31st March 2021

	£	Note f
	Grants, Donations and event income	
	27496	
Local council grants		
10,000		
HMRC JRS grants		
15,564		
53,060		
Less Expenditure:		
Volunteers Expenses		636
Salaries		19,440

Employer NI Contributions	1,471
Pension	317
Office rent	5,600
Charity Insurance	344
Found rising & promotions	4,500
Travel costs	356
Van expenses	511
Newsletters and Advertising	201
Telephone & Administrations	156
Accountant	450
Donation	5,000
Depreciation (1)	1,576
	(40,588)
Balance	
12,502	

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IRANIAN DISABILITY SUPPORT ASSOCIATION

STATEMENT OF FINANCIAL POSITION As at 31ST March 2021

	Notes	£	£
Fixed Assets			
Tangible assets	(1)		
7,178			
Current Assets:			
Debtors			0
Petty Cash and bank account			90,118

	90,118	
Current Liabilities:		
Creditors	(2)	(846)
Net current assets		
89,272		
Net Assets		
96,450		
Financed by:	(3)	
Balance at 01.04.20		
83,948		
Income of this year		
12,502		
Balance carried forward		
96,450		

IRANIAN DISABILITY SUPPORT ASSOCIATION

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

1. Tangible Assets:

£

Cost
2,654
Additions (Van)
23,000

Depreciation at 31 March 2020
(16,900)
Charges for the year
(1,576)

Net Book Value at 31 March 2021
7,178

2. Creditors

PAYE tax liability
714
Pension
132

£

846

3. Financed by Capital:

Balance at 01.04.2020
83,948
Net income
12,502

Balance at 31.03.2021
96,450

£

IRANIAN DISABILITY SUPPORT ASSOCIATION

FINANCIAL STATEMENTS For the year ended 31st March 2021

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Accountants' Report and Client Approval Certificate	2
Donations and expenditures account	3
Statement of financial position	4
Notes to the Financial Statements	5

IRANIAN DISABILITY SUPPORT ASSOCIATION

FINANCIAL STATEMENTS
For the year ended 31st March 2021

ASSOCIATION:

IRANIAN DISABILITY SUPPORT
ASSOCIATION

ACCOUNTANTS:

LTD ALEX & CO ACCOUNTANCY
23 Bell Lane
London
NW4 2BP

IRANIAN DISABILITY SUPPORT ASSOCIATION

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IRANIAN DISABILITY SUPPORT ASSOCIATION
Donations and Expenditure Statement
For the year ended 31st March 2021

	Note	£	£
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10,000			
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Donation		5,000	
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Balance			12,502

IRANIAN DISABILITY SUPPORT ASSOCIATION

STATEMENT OF FINANCIAL POSITION

As at 31ST March 2021

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89,272			
Net Assets			<hr/>
			96,450
Financed by:	(3)		<hr/>
Balance at 01.04.20			83,948
Income of this year			12,502
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IRANIAN DISABILITY SUPPORT ASSOCIATION

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Net income	12,502
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IRANIAN DISABILITY SUPPORT ASSOCIATION

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IRANIAN DISABILITY SUPPORT ASSOCIATION

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IRANIAN DISABILITY SUPPORT
ASSOCIATION

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IRANIAN DISABILITY SUPPORT ASSOCIATION

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IRANIAN DISABILITY SUPPORT ASSOCIATION

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