

**Report of the Trustees and  
Financial Statements**

**Year Ended 31 October 2022**

**Therapy Services (UK)**

Southgates  
Chartered Certified Accountants  
9 Market Place  
Hedon  
East Yorkshire  
HU12 8JA

**Therapy Services (UK)**

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**for the year ended 31 October 2022**

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## **Therapy Services (UK)**

### **Report of the Trustees for the year ended 31 October 2022**

Our aim for the future is to work more closely with similar organisations that provide domestic violence and sexual abuse services. There is an ongoing increase and need locally. It is the charity's intention to specialise in trauma interventions with a view to expand upon our current training and experience.

Continuing the work with vulnerable victims within Hull and East Riding will enable us to reach out to those who live in the Holderness rural area. Holderness has limited services due to the wide spread of the population that can often lead to people becoming isolated. The pandemic has identified a need for a more overall approach to working with this vulnerable client group, through online counselling via telephone or zoom, as well as face to face work. This will continue to enable us to provide a much needed service to people who are having problems on a daily basis.

#### **OBJECTIVES AND ACTIVITIES**

This year we have upgraded our training and are now trauma trained and have the experience to undertake trauma assessments to identify what stage the client is at during their journey towards recovery. The pandemic highlighted the need to focus our activities in a more client centred approach. This demonstrates and works from the client's framework to help them understand why they are feeling as they do, and to alleviate their pain and self-blame that is constantly in their thoughts, affecting how they feel about themselves.

We have now settled in to our new premises and are able now to offer clients a safe place to attend if they request face to face counselling. We still offer all existing and new clients the opportunity to continue their sessions either via telephone or online via zoom. Many of the clients who have children have opted to continue on-line as this fits in around their childcare arrangements.

We are gradually increasing our client numbers and during this year we supported 1,200 people through counselling, face to face, telephone, zoom or via email, if this is requested by the client. We have trained our peer volunteers who are now looking forward to offering extra support to clients and their partners between sessions to help them understand the victim's journey and the effect it can have on them and the family.

During this year we have again been supported by the Sir James Reckitt Trust. This has helped our charity to continue to offer the clients in East Hull a service. I would also like to say thank you to our loyal volunteers who have made themselves available to help the charity and to support all members of the team.

The main stay of the charity is to work with people to give them back their self-esteem and improve their mental health. This feeds back into their lives and strengthens their families that in turn supports the community in which they live.

#### **FINANCIAL REVIEW**

We are constantly looking to increase our funds and would like to thank the Sir James Reckitt Charity for their ongoing support. We have also been successful in gaining funding from awards for all, that has paid for a specialist on-line counsellor.

#### **FUTURE PLANS**

We have undertaken a small survey regarding support for partners and the family. This has led to us starting a pilot study to identify a need for this service. We are also working on a hybrid support system, that will give each client more intensive support during their counselling with the charity.

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Governing document**

The Charity is unincorporated and is governed by the Charity's constitution.

##### **Recruitment and appointment of new trustees**

New Trustees are appointed by the existing executive board in line with Therapy Services (UK) Governing Document.

## **Therapy Services (UK)**

### **Report of the Trustees** **for the year ended 31 October 2022**

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Organisational structure**

The Charity organisational structure is constantly being reviewed.

The overall responsibility of the Charity is the responsibility of the Executive Board who is supported by the General Manager who makes sure that all DBS checks are current and a good reporting safeguarding system is in place. All counsellors and volunteers have up to date DBS's and their training and development is current.

Public insurance and professional indemnity insurances are kept up to date with adjustments made if the staff limit exceeds the insured total number of workers.

Our aim for the future is to have a higher presence in East Hull with people who have had experience of domestic violence and sexual abuse. There is an ongoing increase and we will be ready at the end of the pandemic to work with this hidden sector to offer them the support they need. We have used the lock down time to specialise in trauma interventions that will enable the charity to give clients more intensive support.

Through this work with vulnerable victims it will enable us to reach out to those who live in isolation that can often lead to fragile mental health. The pandemic has identified a need for a more flexible approach to working with this client group. Through offering a more flexible approach of online counselling via telephone or zoom, in addition to face to face work and group work offering a more choice for victims.

##### **Induction and training of new trustees**

All Trustees undergo in-house training in the role of a Trustee. They are encouraged to attend training courses relevant to safeguarding, either in Hull or the East Riding of Yorkshire.

#### **REFERENCE AND ADMINISTRATIVE DETAILS**

##### **Registered Charity number**

1116558

##### **Principal address**

Craven Park Enterprise Centre - Unit 22  
Poorhouse Lane  
Preston Road  
Hull  
HU9 5HE

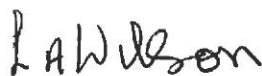
##### **Trustees**

Mrs R Purdue  
Ms L Wilson  
S Shield

##### **Independent Examiner**

Southgates  
Chartered Certified Accountants  
9 Market Place  
Hedon  
East Yorkshire  
HU12 8JA

Approved by order of the board of trustees on 8 November 2023 and signed on its behalf by:



Ms L Wilson - Trustee

**Independent Examiner's Report to the Trustees of  
Therapy Services (UK)**

**Independent examiner's report to the trustees of Therapy Services (UK)**

I report to the charity trustees on my examination of the accounts of Therapy Services (UK) (the Trust) for the year ended 31 October 2022.

**Responsibilities and basis of report**

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Andrew Guy FCCA

Southgates  
Chartered Certified Accountants  
Hedon

8 November 2023

**Therapy Services (UK)**

**Statement of Financial Activities**  
**for the year ended 31 October 2022**

|                                    | Notes | Unrestricted<br>fund<br>£ | Restricted<br>fund<br>£ | 2022<br>Total<br>funds<br>£ | 2021<br>Total<br>funds<br>£ |
|------------------------------------|-------|---------------------------|-------------------------|-----------------------------|-----------------------------|
| <b>INCOME AND ENDOWMENTS FROM</b>  |       |                           |                         |                             |                             |
| Donations and legacies             |       | <u>18,013</u>             | <u>9,895</u>            | <u>27,908</u>               | <u>11,891</u>               |
| <b>EXPENDITURE ON</b>              |       |                           |                         |                             |                             |
| <b>Charitable activities</b>       |       |                           |                         |                             |                             |
| Therapy Services                   |       | <u>9,503</u>              | <u>8,025</u>            | <u>17,528</u>               | <u>10,479</u>               |
| <b>NET INCOME</b>                  |       | <b>8,510</b>              | <b>1,870</b>            | <b>10,380</b>               | <b>1,412</b>                |
| <b>RECONCILIATION OF FUNDS</b>     |       |                           |                         |                             |                             |
| Total funds brought forward        |       | <u>36,046</u>             | -                       | <u>36,046</u>               | <u>34,634</u>               |
| <b>TOTAL FUNDS CARRIED FORWARD</b> |       | <u><b>44,556</b></u>      | <u><b>1,870</b></u>     | <u><b>46,426</b></u>        | <u><b>36,046</b></u>        |

The notes form part of these financial statements

**Therapy Services (UK)**

**Balance Sheet**  
**31 October 2022**

|  | Notes | Unrestricted<br>fund<br>£ | Restricted<br>fund<br>£ | 2022<br>Total<br>funds<br>£ | 2021<br>Total<br>funds<br>£ |
|--|-------|---------------------------|-------------------------|-----------------------------|-----------------------------|
| <b>CURRENT ASSETS</b>                        |       |                           |                         |                             |                             |
| Cash at bank and in hand                     |       | <b>44,556</b>             | <b>1,870</b>            | <b>46,426</b>               | 36,046                      |
|  |       | <hr/>                     | <hr/>                   | <hr/>                       | <hr/>                       |
| <b>NET CURRENT ASSETS</b>                    |       | <b>44,556</b>             | <b>1,870</b>            | <b>46,426</b>               | <b>36,046</b>               |
|  |       | <hr/>                     | <hr/>                   | <hr/>                       | <hr/>                       |
| <b>TOTAL ASSETS LESS CURRENT LIABILITIES</b> |       | <b>44,556</b>             | <b>1,870</b>            | <b>46,426</b>               | 36,046                      |
|  |       | <hr/>                     | <hr/>                   | <hr/>                       | <hr/>                       |
| <b>NET ASSETS</b>                            |       | <b>44,556</b>             | <b>1,870</b>            | <b>46,426</b>               | <b>36,046</b>               |
|  |       | <hr/>                     | <hr/>                   | <hr/>                       | <hr/>                       |
| <b>FUNDS</b>                                 | 4     |                           |                         |                             |                             |
| Unrestricted funds                           |       |                           |                         | <b>44,556</b>               | 36,046                      |
| Restricted funds                             |       |                           |                         | <b>1,870</b>                | -                           |
|  |       |                           |                         | <hr/>                       | <hr/>                       |
| <b>TOTAL FUNDS</b>                           |       |                           |                         | <b>46,426</b>               | <b>36,046</b>               |
|  |       |                           |                         | <hr/>                       | <hr/>                       |

The financial statements were approved by the Board of Trustees and authorised for issue on 8 November 2023 and were signed on its behalf by:

*S P Shield*

S Shield - Trustee

## **Therapy Services (UK)**

### **Notes to the Financial Statements** **for the year ended 31 October 2022**

#### **1. ACCOUNTING POLICIES**

##### **Basis of preparing the financial statements**

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

##### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

##### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

##### **Taxation**

The charity is exempt from tax on its charitable activities.

##### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

##### **Hire purchase and leasing commitments**

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

#### **2. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 October 2022 nor for the year ended 31 October 2021.

##### **Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 October 2022 nor for the year ended 31 October 2021.

#### **3. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

|                                   | Unrestricted<br>fund<br>£ |
|-----------------------------------|---------------------------|
| <b>INCOME AND ENDOWMENTS FROM</b> |                           |
| Donations and legacies            | <u>11,891</u>             |
| <b>EXPENDITURE ON</b>             |                           |
| <b>Charitable activities</b>      |                           |
| Therapy Services                  | <u>10,479</u>             |
| <b>NET INCOME</b>                 | 1,412                     |



**Therapy Services (UK)**

**Notes to the Financial Statements - continued**  
**for the year ended 31 October 2022**

**3. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued**

|                                    | Unrestricted<br>fund<br>£ |
|------------------------------------|---------------------------|
| <b>RECONCILIATION OF FUNDS</b>     |                           |
| Total funds brought forward        | 34,634                    |
|                                    | <hr/>                     |
| <b>TOTAL FUNDS CARRIED FORWARD</b> | <u><u>36,046</u></u>      |

**4. MOVEMENT IN FUNDS**

|                           | At<br>1.11.21<br>£   | Net<br>movement<br>in funds<br>£ | At<br>31.10.22<br>£  |
|---------------------------|----------------------|----------------------------------|----------------------|
| <b>Unrestricted funds</b> |                      |                                  |                      |
| General fund              | 36,046               | 8,510                            | 44,556               |
| <b>Restricted funds</b>   |                      |                                  |                      |
| Awards for All            | -                    | 1,870                            | 1,870                |
|                           | <hr/>                | <hr/>                            | <hr/>                |
| <b>TOTAL FUNDS</b>        | <u><u>36,046</u></u> | <u><u>10,380</u></u>             | <u><u>46,426</u></u> |

Net movement in funds, included in the above are as follows:

|                           | Incoming<br>resources<br>£ | Resources<br>expended<br>£ | Movement<br>in funds<br>£ |
|---------------------------|----------------------------|----------------------------|---------------------------|
| <b>Unrestricted funds</b> |                            |                            |                           |
| General fund              | 18,013                     | (9,503)                    | 8,510                     |
| <b>Restricted funds</b>   |                            |                            |                           |
| Awards for All            | 9,895                      | (8,025)                    | 1,870                     |
|                           | <hr/>                      | <hr/>                      | <hr/>                     |
| <b>TOTAL FUNDS</b>        | <u><u>27,908</u></u>       | <u><u>(17,528)</u></u>     | <u><u>10,380</u></u>      |

**Comparatives for movement in funds**

|                           | At<br>1.11.20<br>£   | Net<br>movement<br>in funds<br>£ | At<br>31.10.21<br>£  |
|---------------------------|----------------------|----------------------------------|----------------------|
| <b>Unrestricted funds</b> |                      |                                  |                      |
| General fund              | 34,634               | 1,412                            | 36,046               |
|                           | <hr/>                | <hr/>                            | <hr/>                |
| <b>TOTAL FUNDS</b>        | <u><u>34,634</u></u> | <u><u>1,412</u></u>              | <u><u>36,046</u></u> |

**Therapy Services (UK)**

**Notes to the Financial Statements - continued**  
**for the year ended 31 October 2022**

**4. MOVEMENT IN FUNDS - continued**

Comparative net movement in funds, included in the above are as follows:

|                           | Incoming<br>resources<br>£ | Resources<br>expended<br>£ | Movement<br>in funds<br>£ |
|---------------------------|----------------------------|----------------------------|---------------------------|
| <b>Unrestricted funds</b> |                            |                            |                           |
| General fund              | 11,891                     | (10,479)                   | 1,412                     |
|                           | <hr/>                      | <hr/>                      | <hr/>                     |
| <b>TOTAL FUNDS</b>        | <u>11,891</u>              | <u>(10,479)</u>            | <u>1,412</u>              |

A current year 12 months and prior year 12 months combined position is as follows:

|                           | At<br>1.11.20<br>£ | Net<br>movement<br>in funds<br>£ | At<br>31.10.22<br>£ |
|---------------------------|--------------------|----------------------------------|---------------------|
| <b>Unrestricted funds</b> |                    |                                  |                     |
| General fund              | 34,634             | 9,922                            | 44,556              |
| <b>Restricted funds</b>   |                    |                                  |                     |
| Awards for All            | -                  | 1,870                            | 1,870               |
|                           | <hr/>              | <hr/>                            | <hr/>               |
| <b>TOTAL FUNDS</b>        | <u>34,634</u>      | <u>11,792</u>                    | <u>46,426</u>       |

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

|                           | Incoming<br>resources<br>£ | Resources<br>expended<br>£ | Movement<br>in funds<br>£ |
|---------------------------|----------------------------|----------------------------|---------------------------|
| <b>Unrestricted funds</b> |                            |                            |                           |
| General fund              | 29,904                     | (19,982)                   | 9,922                     |
| <b>Restricted funds</b>   |                            |                            |                           |
| Awards for All            | 9,895                      | (8,025)                    | 1,870                     |
|                           | <hr/>                      | <hr/>                      | <hr/>                     |
| <b>TOTAL FUNDS</b>        | <u>39,799</u>              | <u>(28,007)</u>            | <u>11,792</u>             |

**5. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 October 2022.

**Therapy Services (UK)**

**Detailed Statement of Financial Activities**  
**for the year ended 31 October 2022**

|                                 | 2022<br>£                   | 2021<br>£           |
|---------------------------------|-----------------------------|---------------------|
| <b>INCOME AND ENDOWMENTS</b>    |                             |                     |
| <b>Donations and legacies</b>   |                             |                     |
| Donations                       | <b>18,013</b>               | 11,891              |
| Grants                          | <b><u>9,895</u></b>         | <u>-</u>            |
|                                 | <b><u>27,908</u></b>        | <u>11,891</u>       |
| <b>Total incoming resources</b> | <b>27,908</b>               | 11,891              |
| <b>EXPENDITURE</b>              |                             |                     |
| <b>Charitable activities</b>    |                             |                     |
| Volunteer expenses              | <b>1,993</b>                | 1,691               |
| Sessional fees and training     | <b>7,725</b>                | 1,621               |
| Rent and room hire              | <b>5,040</b>                | 4,668               |
| Insurance                       | <b>376</b>                  | 333                 |
| Telephone and internet          | <b>216</b>                  | 352                 |
| Office expenses                 | <b>1,638</b>                | 131                 |
| Storage expenses                | <b><u>-</u></b>             | <u>821</u>          |
|                                 | <b>16,988</b>               | 9,617               |
| <b>Support costs</b>            |                             |                     |
| <b>Governance costs</b>         |                             |                     |
| Accountancy                     | <b><u>540</u></b>           | <u>862</u>          |
| <b>Total resources expended</b> | <b><u>17,528</u></b>        | <u>10,479</u>       |
| <b>Net income</b>               | <b><u><u>10,380</u></u></b> | <u><u>1,412</u></u> |

