

REGISTERED CHARITY NUMBER: 1116558

**Report of the Trustees and
Financial Statements**

Year Ended 31 October 2021

Therapy Services (UK)

Southgates
Chartered Certified Accountants
9 Market Place
Hedon
East Yorkshire
HU12 8JA

Therapy Services (UK)

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for the year ended 31 October 2021**

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Therapy Services (UK)
Report of the Trustees
for the year ended 31 October 2021

Our aim for the future is to work more closely with similar organisations that provide domestic violence and sexual abuse services. There is an ongoing increase and need locally. It is the charity's intention to specialise in trauma interventions with a view to expand upon our current training and experience.

Continuing the work with vulnerable victims within Hull and East Riding will enable us to reach out to those who live in the Holderness rural area. Holderness has limited services due to the wide spread of the population that can often lead to people becoming isolated. The pandemic has identified a need for a more overall approach to working with this vulnerable client group, through online counselling via telephone or zoom, as well as face to face work. This will continue to enable us to provide a much needed service to people who are having problems on a daily basis.

OBJECTIVES AND ACTIVITIES

Through our daily work, the pandemic has helped identify the main issues that need to be addressed through the work we do. It has highlighted a need for a more focused and specialised approach to domestic and sexual abuse, that is either historical or current. The pandemic highlighted the need to focus our activities in a more client centred approach that correlates with the client's needs.

During this period we moved in to new premises and were able to continue to offer a service through changing our way of working. We offered our existing and new client group the opportunity to continue their sessions either via telephone or online via zoom. This enabled us to continue our work and not jeopardize our clients who were already vulnerable and anxious due to the pandemic creating loneliness and isolation. However, during this time due to health and safety conditions, it was necessary to move to new modern premises. This caused a tremendous upheaval of our service. However, due to the most loyal volunteers who all gave their time willingly, we were able to make a clear and easy transition into our new premises.

During this period funding became difficult to source. The Police Crime Commissioners' Grant expired making things a struggle financially. We did gain support from the Sir James Reckitt Trust and through our concentrated efforts we managed to survive and continue to offer our services to both our old and new clients.

We are now settled into our new premises and look forward to new challenges and new partnerships developing to enhance our work.

During this financial year we have offered 900 sessions of counselling and support to victims their families, by telephone or online support via email or zoom.

The ethos of our work is to work with people to give them back their life and move them into a more safe and secure place within themselves. This in turn enables them to integrate back into the community and have better coping strategies to deal with life events.

FINANCIAL REVIEW

We are constantly looking to increase our funds and would like to thank the Sir James Reckitt Charity for their ongoing support that has helped us to remain open and offer a service to people in the community throughout the pandemic.

FUTURE PLANS

Future development is to move to a more specialised and trauma focused approach for victims of domestic and sexual abuse. To enable us to work with the family, we have trained staff in the Caring Dads programme to help fathers to work with their children with a person centred approach. This will help them to experience things from a child's perspective and to help them become more understanding towards their children's emotional needs.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The Charity is unincorporated and is governed by the Charity's constitution.

Recruitment and appointment of new trustees

New Trustees are appointed by the existing executive board in line with Therapy Services (UK) Governing Document.

Therapy Services (UK)
Report of the Trustees
for the year ended 31 October 2021

STRUCTURE, GOVERNANCE AND MANAGEMENT

Organisational structure

The Charity organisational structure is constantly being reviewed.

The overall activity of the Charity is the responsibility of the Executive Board who is supported by the General Manager who makes sure that all DBS checks are current and a good reporting safeguarding system is in place. All counsellors and volunteers have up to date DBS's and their training and development is current.

Public liability insurance and professional indemnity insurances are kept up to date with adjustments made if the staff limit exceeds the insured total number of workers.

Induction and training of new trustees

All Trustees undergo in-house training in the role of a Trustee. They are encouraged to attend training courses relevant to safeguarding, either in Hull or the East Riding of Yorkshire.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1116558

Principal address

Craven Park Enterprise Centre - Unit 22
Poorhouse Lane
Preston Road
Hull
HU9 5HE

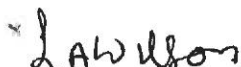
Trustees

Mrs R Purdue
Ms L Wilson
S Shield

Independent Examiner

Southgates
Chartered Certified Accountants
9 Market Place
Hedon
East Yorkshire
HU12 8JA

Approved by order of the board of trustees on 26 August 2022 and signed on its behalf by:



Ms L Wilson - Trustee

**Independent Examiner's Report to the Trustees of
Therapy Services (UK)**

Independent examiner's report to the trustees of Therapy Services (UK)

I report to the charity trustees on my examination of the accounts of Therapy Services (UK) (the Trust) for the year ended 31 October 2021.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Andrew Guy FCCA
Southgates
Chartered Certified Accountants
Hedon

26 August 2022

Therapy Services (UK)

Statement of Financial Activities
for the year ended 31 October 2021

	Notes	2021 Unrestricted fund £	2020 Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies		11,891	51,786
Other trading activities	2	-	1,909
Total		11,891	53,695
 EXPENDITURE ON			
Charitable activities			
Therapy Services		10,479	35,886
 NET INCOME		1,412	17,809
 RECONCILIATION OF FUNDS			
Total funds brought forward		34,634	16,825
 TOTAL FUNDS CARRIED FORWARD		<u>36,046</u>	<u>34,634</u>

The notes form part of these financial statements

Therapy Services (UK)

Balance Sheet
31 October 2021

	Notes	2021 Unrestricted fund £	2020 Total funds £
CURRENT ASSETS			
Cash-at bank and in hand		36,046	34,634
NET CURRENT ASSETS		36,046	34,634
TOTAL ASSETS LESS CURRENT LIABILITIES		36,046	34,634
NET ASSETS		36,046	34,634
FUNDS	5		
Unrestricted funds		36,046	34,634
TOTAL FUNDS		36,046	34,634

The financial statements were approved by the Board of Trustees and authorised for issue on 26 August 2022 and were signed on its behalf by:

S P Shield

S Shield - Trustee

The notes form part of these financial statements

Therapy Services (UK)

Notes to the Financial Statements **for the year ended 31 October 2021**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

2. OTHER TRADING ACTIVITIES

	2021	2020
	£	£
Other income	-	<u>1,909</u>

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 October 2021 nor for the year ended 31 October 2020.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 October 2021 nor for the year ended 31 October 2020.

Therapy Services (UK)

Notes to the Financial Statements - continued
for the year ended 31 October 2021

4. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £
INCOME AND ENDOWMENTS FROM	
Donations and legacies	51,786
Other trading activities	<u>1,909</u>
Total	53,695
 EXPENDITURE ON	
Charitable activities	
Therapy Services	35,886
 NET INCOME	 17,809
 RECONCILIATION OF FUNDS	
Total funds brought forward	 16,825
 TOTAL FUNDS CARRIED FORWARD	 <u>34,634</u>

5. MOVEMENT IN FUNDS

	At 1.11.20 £	Net movement in funds £	At 31.10.21 £
Unrestricted funds			
General fund	<u>34,634</u>	<u>1,412</u>	<u>36,046</u>
 TOTAL FUNDS	 <u>34,634</u>	 <u>1,412</u>	 <u>36,046</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	<u>11,891</u>	<u>(10,479)</u>	<u>1,412</u>
 TOTAL FUNDS	 <u>11,891</u>	 <u>(10,479)</u>	 <u>1,412</u>

Therapy Services (UK)

**Notes to the Financial Statements - continued
for the year ended 31 October 2021**

5. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.11.19 £	Net movement in funds £	At 31.10.20 £
Unrestricted funds			
General fund	16,825	17,809	34,634
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>16,825</u>	<u>17,809</u>	<u>34,634</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	53,695	(35,886)	17,809
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>53,695</u>	<u>(35,886)</u>	<u>17,809</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.11.19 £	Net movement in funds £	At 31.10.21 £
Unrestricted funds			
General fund	16,825	19,221	36,046
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>16,825</u>	<u>19,221</u>	<u>36,046</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	65,586	(46,365)	19,221
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>65,586</u>	<u>(46,365)</u>	<u>19,221</u>

Therapy Services (UK)

Notes to the Financial Statements - continued
for the year ended 31 October 2021

6. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 October 2021.

Therapy Services (UK)

Detailed Statement of Financial Activities
for the year ended 31 October 2021

	2021 £	2020 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	11,891	7,500
Grants	-	34,286
Covid-19 Grant - Hull City Council	<u>-</u>	<u>10,000</u>
	11,891	51,786
Other trading activities		
Other income	<u>-</u>	<u>1,909</u>
Total incoming resources	11,891	53,695
EXPENDITURE		
Charitable activities		
Volunteer expenses	1,691	1,444
Sessional fees and training	1,621	3,950
Rent and room hire	4,668	3,279
Insurance	333	-
Utilities	-	2,040
Telephone and internet	352	70
Sundries	-	158
Office expenses	131	1,130
PCC Programme costs	-	23,815
Storage expenses	<u>821</u>	<u>-</u>
	9,617	35,886
Support costs		
Governance costs		
Accountancy	<u>862</u>	<u>-</u>
Total resources expended	10,479	35,886
Net income	<u>1,412</u>	<u>17,809</u>