

Therapy Services (UK)

Charity Registration Number: 1116558

Financial Statements

for the period: 1 November 2019 to 31 October 2020

Community Accountancy Services

Delivering Quality Accounting Services and Training to the Voluntary Sector

Financial Statements

for the period 1 November 2019 to 31 October 2020

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THERAPY SERVICES (UK)

**Trustees Annual Report
For
The Year Ended 31st October 2020**

The Trustees present this report together with the financial statements of the Charity for the year ended 31st October 2020.

REFERENCE AND ADMINISTRATIVE DETAILS:

Charity Name: Therapy Services (UK)
Registered Charity Number: 1116558

PRINCIPAL ADDRESS:

Craven Park Training and Enterprise Centre
Office 22
Poorhouse Lane
Hull
HU9 5HE

TRUSTEES:

Chair	Stephen Shields
Treasurer	Rosemary Purdue
Trustee	Lesley Willott

BANK:

Yorkshire Bank
46 Prospect Centre
Prospect Street
Hull
HU2 8PW

THERAPY SERVICES (UK)

STRUCTURE, GOVERNANCE AND MANAGEMENT

GOVERNING DOCUMENT:

The Charity is unincorporated and is governed by the charities constitution.

RECRUITMENT AND TRAINING OF NEW TRUSTEES:

New Trustees are appointed by the existing executive board in line with the charity's governing documents.

INDUCTION AND TRAINING OF NEW TRUSTEES:

All Trustees are encouraged to undertake training relevant to them and of benefit to the Charity. (Safeguarding and working with vulnerable adults etc).

ORGANISATIONAL STRUCTURE:

The Charity organisational structure is constantly being reviewed to enable us to offer the best service required for our client's needs.

The overall responsibility of the Charity is the responsibility of the Trustee Executive Board. The daily running of the Charity is the responsibility of the General Manager who reports back directly to the Board. DBS checks are current and up to date and a good reporting safeguarding system is in place.

Public insurance and professional indemnity insurances are kept up to date with adjustments made if the staff limit exceeds the insured total number of workers.

THERAPY SERVICES (UK)

Aims for the future is to work more closely with other organisations and to develop the service for people who have experienced historical trauma. Either through witnessing or experiencing domestic abuse, sexual abuse or have been affected by this earlier trauma from the past that has had an impact on their lives, their relationships and their parenting.

OBJECTIVES AND ACTIVITIES:

Therapy Services (UK) offers one to one work with a counsellor or psychotherapist for people who reside in Hull and East Riding. We provide group work for both men and women for anxiety, confidence building and self esteem. Currently the main focus of our work is for issues of domestic abuse and sexual abuse working with victims of current or historical abuse/trauma.

During this financial year we have seen a change in the way we have worked due to many factors. We have had several members of the team leave and we have had to lockdown due to the pandemic caused by Covid-19. Throughout this period we have been able to adjust to a different style of working to still be able to offer a service. We have changed to distance working via phone and zoom. The counsellors have had to adjust to this way of working and I am proud to state they have taken this in their stride and still been able to work with their existing clients and continue to take on new clients.

The number of sessions completed compared to the previous year has decreased. However we stayed open and offered a valuable service and support through everyone pulling together. We have provided 1349 sessions to victims, and have given telephone support to 375 people, consisting of current clients or clients on the waiting list, or their family members.

During this time we also had to source for and move to new premises due to health and safety issues within our building. This made the financial year quite a stressful time for all involved. Hopefully now we are settled and when the restrictions are lifted we can get back to face to face sessions and group work. Also we will be able to increase our support to more people in need.

The ethos of our work is to support with people in need. To give them back their life and move them into a more safe and secure place with themselves. This in turn enables them to integrate back into the community and have better coping strategies to deal with traumatic life events.

FINANCIAL REVIEW:

We have once again been successful in obtaining funds from the Police Crime Commissioner's Covid-19 funding stream and would like to thank Sir James Reckitt Charity.

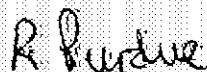
for their support. This has helped us to continue operating and offer a service to those in need throughout this stressful time.

FUTURE DEVELOPMENTS:

Through constantly reviewing our service we have been able to identify a need for parents to have a better understanding as to why they at times, struggle with the emotional needs of their children. This can be due to parents own mental health issues from historical unresolved childhood issues or trauma that may be having an impact upon their own emotional state. We are looking at training staff in the Caring Dads programme this will aid fathers and train mothers around child development to enable them to have a better understanding of the emotional struggles of themselves and their children in a more person centred way.

Signed on behalf of the Trustee/Executive Board.

Rosemary Purdue:
(Trustee/Treasurer)



Date 31st July 2021

Therapy Services (UK)

Receipts and payments account

for the period 1 November 2019 to 31 October 2020

	2020 Unrestricted funds £	2020 Restricted funds £	2020 Total funds £	2019 Total funds £
Receipts				
Grants & Donations	7,500	34,286	41,786	58,915
COVID-19 Grant - Hull City Council	10,000	-	10,000	-
Other	1,909	-	1,909	440
Total receipts	19,409	34,286	53,695	59,355
Payments				
Rent & Room Hire	3,279	-	3,279	3,408
Sessional Fees and Training	3,950	-	3,950	3,554
Subscriptions	-	-	-	673
Volunteer Expenses	1,444	-	1,444	1,710
Utilities	2,040	-	2,040	1,062
Office Expenses	1,130	-	1,130	522
Telephone and Broadband	70	-	70	1,329
PCC Programme Costs	-	23,815	23,815	42,175
Sundry	158	-	158	2,000
Total payments	12,071	23,815	35,886	56,433
Net receipts/(payments):	7,338	10,471	17,809	2,922
Transfers between funds	-	-	-	-
Cash fund balances brought forward	16,825	-	16,825	13,909
Cash fund balances carried forward	24,163	10,471	34,634	16,825

Therapy Services (UK)
Statement of assets and liabilities
as at 31 October 2020

	2020	2020	2020	2019
	Unrestricted	Restricted	Total	Total
	£	£	£	£
Cash funds				
Cash at bank	21,340	10,471	31,811	16,772
Cash in hand	2,823	-	2,823	53
Total cash funds	24,163	10,471	34,634	16,825

Approval of the accounts

The accounts were approved at a meeting of the Management Committee held on:

Date: 26/8/21

Name: STEPHEN SHIELDS

Signed: S Shields

on behalf of the Management Committee

Therapy Services (UK);

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THERAPY SERVICES (UK)

YEAR ENDED 31st OCTOBER 2020

I report to the charity trustees on my examination of the accounts of Therapy Services (UK) for the year ended 31st October 2020.

RESPONSIBILITIES AND BASIS OF REPORT

As the charity's trustees of the charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

Having satisfied myself that the accounts of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 (the '2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

INDEPENDENT EXAMINER'S REPORT

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

- (1) accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
- (2) the accounts do not accord with those accounting records; or
- (3) the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- (4) the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Martin A Crossland
Community Accountant
47 John Street
Cityside
Derry/Londonderry
BT48 6JY

Date: 17.08.2021