

THERAPY SERVICES (UK)

England & Wales · Charity number 1116558

Details

Status Registered

Legal form Other

Registered 2006-10-31

Register [View on the Charity Commission register](#)

Contact

Address Craven Park Enterprise Centre
Poorhouse Lane
Preston Road
Hull
HU9 5HE

Phone 01482222270

Email therapyservices@therapyservices.karoo.co.uk

Website therapyservicesuk.org.uk

Activities

Objects: TO RELIEVE SICKNESS AND PROMOTE PHYSICAL AND MENTAL HEALTH BY THE PROVISION OF INCLUSIVE CONFIDENTIAL COUNSELLING AND THERAPEUTIC SERVICES TO PEOPLE WHO ARE SUFFERING FROM STRESS, ANXIETY OR TRAUMA, ARISING IN PARTICULAR BUT NOT EXCLUSIVELY, FROM BEREAVEMENT, MARITAL DIFFICULTIES, DOMESTIC VIOLENCE, BULLYING, REDUNDANCY, PHOBIAS, ADDICTIONS, SUBSTANCE MISUSE, OR EATING DISORDERS.

Activities: We provide counselling and one to one or group support to people of all ages, who have issues around mental health, domestic violence, relationship problems, emotional and/or physical trauma. We offer a drop-in service that gives additional support to people between sessions. We work with all ages and specialise in working with young people who are or have lived in a domestic violence family.

Classification

- **How:** Provides Human Resources, Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Charities Or Voluntary Bodies, Other Defined Groups, The General Public/mankind

Geography

- **Area of benefit:** NOT DEFINED IN PRACTICE NATIONAL
- East Riding Of Yorkshire
- Kingston Upon Hull City
- North Yorkshire

Finances

Period end	Income	Expenditure	Assets	Employees
2024-10-31	£12,432	£20,916	-	-
2023-10-31	£10,295	£16,634	-	-
2022-10-31	£63,954	£17,528	-	-
2021-10-31	£47,937	£11,891	-	-
2020-10-31	£70,520	£35,886	-	-

Trustees

Name	Role	Appointed
Lesley Wilson		2020-02-04
Rosemary Purdue		2020-02-04
Stephen Shields		2015-02-04

THERAPY SERVICES (UK)

England & Wales - Charity number 1116558

Accounts

**Report of the Trustees and
Financial Statements**

Year Ended 31 October 2022

Therapy Services (UK)

Southgates
Chartered Certified Accountants
9 Market Place
Hedon
East Yorkshire
HU12 8JA

Therapy Services (UK)

Contents of the Financial Statements
for the year ended 31 October 2022

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Therapy Services (UK)

Report of the Trustees for the year ended 31 October 2022

Our aim for the future is to work more closely with similar organisations that provide domestic violence and sexual abuse services. There is an ongoing increase and need locally. It is the charity's intention to specialise in trauma interventions with a view to expand upon our current training and experience.

Continuing the work with vulnerable victims within Hull and East Riding will enable us to reach out to those who live in the Holderness rural area. Holderness has limited services due to the wide spread of the population that can often lead to people becoming isolated. The pandemic has identified a need for a more overall approach to working with this vulnerable client group, through online counselling via telephone or zoom, as well as face to face work. This will continue to enable us to provide a much needed service to people who are having problems on a daily basis.

OBJECTIVES AND ACTIVITIES

This year we have upgraded our training and are now trauma trained and have the experience to undertake trauma assessments to identify what stage the client is at during their journey towards recovery. The pandemic highlighted the need to focus our activities in a more client centred approach. This demonstrates and works from the client's framework to help them understand why they are feeling as they do, and to alleviate their pain and self-blame that is constantly in their thoughts, affecting how they feel about themselves.

We have now settled in to our new premises and are able now to offer clients a safe place to attend if they request face to face counselling. We still offer all existing and new clients the opportunity to continue their sessions either via telephone or online via zoom. Many of the clients who have children have opted to continue on-line as this fits in around their childcare arrangements.

We are gradually increasing our client numbers and during this year we supported 1,200 people through counselling, face to face, telephone, zoom or via email, if this is requested by the client. We have trained our peer volunteers who are now looking forward to offering extra support to clients and their partners between sessions to help them understand the victim's journey and the effect it can have on them and the family.

During this year we have again been supported by the Sir James Reckitt Trust. This has helped our charity to continue to offer the clients in East Hull a service. I would also like to say thank you to our loyal volunteers who have made themselves available to help the charity and to support all members of the team.

The main stay of the charity is to work with people to give them back their self-esteem and improve their mental health. This feeds back into their lives and strengthens their families that in turn supports the community in which they live.

FINANCIAL REVIEW

We are constantly looking to increase our funds and would like to thank the Sir James Reckitt Charity for their ongoing support. We have also been successful in gaining funding from awards for all, that has paid for a specialist on-line counsellor.

FUTURE PLANS

We have undertaken a small survey regarding support for partners and the family. This has led to us starting a pilot study to identify a need for this service. We are also working on a hybrid support system, that will give each client more intensive support during their counselling with the charity.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The Charity is unincorporated and is governed by the Charity's constitution.

Recruitment and appointment of new trustees

New Trustees are appointed by the existing executive board in line with Therapy Services (UK) Governing Document.

Therapy Services (UK)

Report of the Trustees **for the year ended 31 October 2022**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Organisational structure

The Charity organisational structure is constantly being reviewed.

The overall responsibility of the Charity is the responsibility of the Executive Board who is supported by the General Manager who makes sure that all DBS checks are current and a good reporting safeguarding system is in place. All counsellors and volunteers have up to date DBS's and their training and development is current.

Public insurance and professional indemnity insurances are kept up to date with adjustments made if the staff limit exceeds the insured total number of workers.

Our aim for the future is to have a higher presence in East Hull with people who have had experience of domestic violence and sexual abuse. There is an ongoing increase and we will be ready at the end of the pandemic to work with this hidden sector to offer them the support they need. We have used the lock down time to specialise in trauma interventions that will enable the charity to give clients more intensive support.

Through this work with vulnerable victims it will enable us to reach out to those who live in isolation that can often lead to fragile mental health. The pandemic has identified a need for a more flexible approach to working with this client group. Through offering a more flexible approach of online counselling via telephone or zoom, in addition to face to face work and group work offering a more choice for victims.

Induction and training of new trustees

All Trustees undergo in-house training in the role of a Trustee. They are encouraged to attend training courses relevant to safeguarding, either in Hull or the East Riding of Yorkshire.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1116558

Principal address

Craven Park Enterprise Centre - Unit 22
Poorhouse Lane
Preston Road
Hull
HU9 5HE

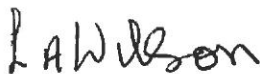
Trustees

Mrs R Purdue
Ms L Wilson
S Shield

Independent Examiner

Southgates
Chartered Certified Accountants
9 Market Place
Hedon
East Yorkshire
HU12 8JA

Approved by order of the board of trustees on 8 November 2023 and signed on its behalf by:



Ms L Wilson - Trustee

**Independent Examiner's Report to the Trustees of
Therapy Services (UK)**

Independent examiner's report to the trustees of Therapy Services (UK)

I report to the charity trustees on my examination of the accounts of Therapy Services (UK) (the Trust) for the year ended 31 October 2022.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Andrew Guy FCCA

Southgates
Chartered Certified Accountants
Hedon

8 November 2023

Therapy Services (UK)

**Statement of Financial Activities
for the year ended 31 October 2022**

	Notes	Unrestricted fund £	Restricted fund £	2022 Total funds £	2021 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		<u>18,013</u>	<u>9,895</u>	<u>27,908</u>	<u>11,891</u>
EXPENDITURE ON					
Charitable activities					
Therapy Services		<u>9,503</u>	<u>8,025</u>	<u>17,528</u>	<u>10,479</u>
NET INCOME		8,510	1,870	10,380	1,412
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>36,046</u>	-	<u>36,046</u>	<u>34,634</u>
TOTAL FUNDS CARRIED FORWARD		<u>44,556</u>	<u>1,870</u>	<u>46,426</u>	<u>36,046</u>

The notes form part of these financial statements

Therapy Services (UK)

Balance Sheet
31 October 2022

	Notes	Unrestricted fund £	Restricted fund £	2022 Total funds £	2021 Total funds £
CURRENT ASSETS					
Cash at bank and in hand		44,556	1,870	46,426	36,046
		<hr/>	<hr/>	<hr/>	<hr/>
NET CURRENT ASSETS		44,556	1,870	46,426	36,046
		<hr/>	<hr/>	<hr/>	<hr/>
TOTAL ASSETS LESS CURRENT LIABILITIES		44,556	1,870	46,426	36,046
		<hr/>	<hr/>	<hr/>	<hr/>
NET ASSETS		44,556	1,870	46,426	36,046
		<hr/>	<hr/>	<hr/>	<hr/>
FUNDS	4				
Unrestricted funds				44,556	36,046
Restricted funds				1,870	-
				<hr/>	<hr/>
TOTAL FUNDS				46,426	36,046
				<hr/>	<hr/>

The financial statements were approved by the Board of Trustees and authorised for issue on 8 November 2023 and were signed on its behalf by:

S P Shield

S Shield - Trustee

Therapy Services (UK)

Notes to the Financial Statements **for the year ended 31 October 2022**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

2. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 October 2022 nor for the year ended 31 October 2021.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 October 2022 nor for the year ended 31 October 2021.

3. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £
INCOME AND ENDOWMENTS FROM	
Donations and legacies	<u>11,891</u>
EXPENDITURE ON	
Charitable activities	
Therapy Services	<u>10,479</u>
NET INCOME	1,412

Therapy Services (UK)

Notes to the Financial Statements - continued
for the year ended 31 October 2022

3. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted fund £
RECONCILIATION OF FUNDS	
Total funds brought forward	34,634
	36,046
TOTAL FUNDS CARRIED FORWARD	<u>36,046</u>

4. MOVEMENT IN FUNDS

	At 1.11.21 £	Net movement in funds £	At 31.10.22 £
Unrestricted funds			
General fund	36,046	8,510	44,556
Restricted funds			
Awards for All	-	1,870	1,870
	36,046	10,380	46,426
TOTAL FUNDS	<u>36,046</u>	<u>10,380</u>	<u>46,426</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	18,013	(9,503)	8,510
Restricted funds			
Awards for All	9,895	(8,025)	1,870
	27,908	(17,528)	10,380
TOTAL FUNDS	<u>27,908</u>	<u>(17,528)</u>	<u>10,380</u>

Comparatives for movement in funds

	At 1.11.20 £	Net movement in funds £	At 31.10.21 £
Unrestricted funds			
General fund	34,634	1,412	36,046
	34,634	1,412	36,046
TOTAL FUNDS	<u>34,634</u>	<u>1,412</u>	<u>36,046</u>

Therapy Services (UK)

Notes to the Financial Statements - continued for the year ended 31 October 2022

4. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	11,891	(10,479)	1,412
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	<u>11,891</u>	<u>(10,479)</u>	<u>1,412</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.11.20 £	Net movement in funds £	At 31.10.22 £
Unrestricted funds			
General fund	34,634	9,922	44,556
Restricted funds			
Awards for All	-	1,870	1,870
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	<u>34,634</u>	<u>11,792</u>	<u>46,426</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	29,904	(19,982)	9,922
Restricted funds			
Awards for All	9,895	(8,025)	1,870
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	<u>39,799</u>	<u>(28,007)</u>	<u>11,792</u>

5. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 October 2022.

Therapy Services (UK)

Detailed Statement of Financial Activities
for the year ended 31 October 2022

	2022 £	2021 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	18,013	11,891
Grants	<u>9,895</u>	<u>-</u>
	<u>27,908</u>	<u>11,891</u>
Total incoming resources	27,908	11,891
EXPENDITURE		
Charitable activities		
Volunteer expenses	1,993	1,691
Sessional fees and training	7,725	1,621
Rent and room hire	5,040	4,668
Insurance	376	333
Telephone and internet	216	352
Office expenses	1,638	131
Storage expenses	<u>-</u>	<u>821</u>
	16,988	9,617
Support costs		
Governance costs		
Accountancy	<u>540</u>	<u>862</u>
Total resources expended	<u>17,528</u>	<u>10,479</u>
Net income	<u>10,380</u>	<u>1,412</u>

THERAPY SERVICES (UK)

England & Wales - Charity number 1116558

Accounts

REGISTERED CHARITY NUMBER: 1116558

**Report of the Trustees and
Financial Statements**

Year Ended 31 October 2021

Therapy Services (UK)

Southgates
Chartered Certified Accountants
9 Market Place
Hedon
East Yorkshire
HU12 8JA

Therapy Services (UK)

**Contents of the Financial Statements
for the year ended 31 October 2021**

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Therapy Services (UK)
Report of the Trustees
for the year ended 31 October 2021

Our aim for the future is to work more closely with similar organisations that provide domestic violence and sexual abuse services. There is an ongoing increase and need locally. It is the charity's intention to specialise in trauma interventions with a view to expand upon our current training and experience.

Continuing the work with vulnerable victims within Hull and East Riding will enable us to reach out to those who live in the Holderness rural area. Holderness has limited services due to the wide spread of the population that can often lead to people becoming isolated. The pandemic has identified a need for a more overall approach to working with this vulnerable client group, through online counselling via telephone or zoom, as well as face to face work. This will continue to enable us to provide a much needed service to people who are having problems on a daily basis.

OBJECTIVES AND ACTIVITIES

Through our daily work, the pandemic has helped identify the main issues that need to be addressed through the work we do. It has highlighted a need for a more focused and specialised approach to domestic and sexual abuse, that is either historical or current. The pandemic highlighted the need to focus our activities in a more client centred approach that correlates with the client's needs.

During this period we moved in to new premises and were able to continue to offer a service through changing our way of working. We offered our existing and new client group the opportunity to continue their sessions either via telephone or online via zoom. This enabled us to continue our work and not jeopardize our clients who were already vulnerable and anxious due to the pandemic creating loneliness and isolation. However, during this time due to health and safety conditions, it was necessary to move to new modern premises. This caused a tremendous upheaval of our service. However, due to the most loyal volunteers who all gave their time willingly, we were able to make a clear and easy transition into our new premises.

During this period funding became difficult to source. The Police Crime Commissioners' Grant expired making things a struggle financially. We did gain support from the Sir James Reckitt Trust and through our concentrated efforts we managed to survive and continue to offer our services to both our old and new clients.

We are now settled into our new premises and look forward to new challenges and new partnerships developing to enhance our work.

During this financial year we have offered 900 sessions of counselling and support to victims their families, by telephone or online support via email or zoom.

The ethos of our work is to work with people to give them back their life and move them into a more safe and secure place within themselves. This in turn enables them to integrate back into the community and have better coping strategies to deal with life events.

FINANCIAL REVIEW

We are constantly looking to increase our funds and would like to thank the Sir James Reckitt Charity for their ongoing support that has helped us to remain open and offer a service to people in the community throughout the pandemic.

FUTURE PLANS

Future development is to move to a more specialised and trauma focused approach for victims of domestic and sexual abuse. To enable us to work with the family, we have trained staff in the Caring Dads programme to help fathers to work with their children with a person centred approach. This will help them to experience things from a child's perspective and to help them become more understanding towards their children's emotional needs.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The Charity is unincorporated and is governed by the Charity's constitution.

Recruitment and appointment of new trustees

New Trustees are appointed by the existing executive board in line with Therapy Services (UK) Governing Document.

Therapy Services (UK)
Report of the Trustees
for the year ended 31 October 2021

STRUCTURE, GOVERNANCE AND MANAGEMENT

Organisational structure

The Charity organisational structure is constantly being reviewed.

The overall activity of the Charity is the responsibility of the Executive Board who is supported by the General Manager who makes sure that all DBS checks are current and a good reporting safeguarding system is in place. All counsellors and volunteers have up to date DBS's and their training and development is current.

Public liability insurance and professional indemnity insurances are kept up to date with adjustments made if the staff limit exceeds the insured total number of workers.

Induction and training of new trustees

All Trustees undergo in-house training in the role of a Trustee. They are encouraged to attend training courses relevant to safeguarding, either in Hull or the East Riding of Yorkshire.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1116558

Principal address

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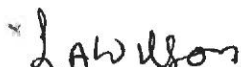
Trustees

Mrs R Purdue
Ms L Wilson
S Shield

Independent Examiner

Southgates
Chartered Certified Accountants
9 Market Place
Hedon
East Yorkshire
HU12 8JA

Approved by order of the board of trustees on 26 August 2022 and signed on its behalf by:



Ms L Wilson - Trustee

**Independent Examiner's Report to the Trustees of
Therapy Services (UK)**

Independent examiner's report to the trustees of Therapy Services (UK)

I report to the charity trustees on my examination of the accounts of Therapy Services (UK) (the Trust) for the year ended 31 October 2021.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Andrew Guy FCCA
Southgates
Chartered Certified Accountants
Hedon

26 August 2022

Therapy Services (UK)

**Statement of Financial Activities
for the year ended 31 October 2021**

	Notes	2021 Unrestricted fund £	2020 Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies		11,891	51,786
Other trading activities	2	-	1,909
Total		11,891	53,695
EXPENDITURE ON Charitable activities			
Therapy Services		10,479	35,886
NET INCOME		1,412	17,809
RECONCILIATION OF FUNDS			
Total funds brought forward		34,634	16,825
TOTAL FUNDS CARRIED FORWARD		<u>36,046</u>	<u>34,634</u>

The notes form part of these financial statements

Therapy Services (UK)

Balance Sheet
31 October 2021

	Notes	2021 Unrestricted fund £	2020 Total funds £
CURRENT ASSETS			
Cash-at bank and in hand		36,046	34,634
NET CURRENT ASSETS		<u>36,046</u>	<u>34,634</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		36,046	34,634
NET ASSETS		<u>36,046</u>	<u>34,634</u>
FUNDS	5		
Unrestricted funds		<u>36,046</u>	<u>34,634</u>
TOTAL FUNDS		<u>36,046</u>	<u>34,634</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 26 August 2022 and were signed on its behalf by:

S P Shields

S Shield - Trustee

The notes form part of these financial statements

Therapy Services (UK)

Notes to the Financial Statements **for the year ended 31 October 2021**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

2. OTHER TRADING ACTIVITIES

	2021	2020
	£	£
Other income	<u>-</u>	<u>1,909</u>

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 October 2021 nor for the year ended 31 October 2020.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 October 2021 nor for the year ended 31 October 2020.

Therapy Services (UK)

**Notes to the Financial Statements - continued
for the year ended 31 October 2021**

4. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £
INCOME AND ENDOWMENTS FROM	
Donations and legacies	51,786
Other trading activities	<u>1,909</u>
Total	53,695
EXPENDITURE ON	
Charitable activities	
Therapy Services	35,886
	<u> </u>
NET INCOME	17,809
RECONCILIATION OF FUNDS	
Total funds brought forward	16,825
	<u> </u>
TOTAL FUNDS CARRIED FORWARD	<u>34,634</u>

5. MOVEMENT IN FUNDS

	At 1.11.20 £	Net movement in funds £	At 31.10.21 £
Unrestricted funds			
General fund	34,634	1,412	36,046
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	<u>34,634</u>	<u>1,412</u>	<u>36,046</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	11,891	(10,479)	1,412
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	<u>11,891</u>	<u>(10,479)</u>	<u>1,412</u>

Therapy Services (UK)

**Notes to the Financial Statements - continued
for the year ended 31 October 2021**

5. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.11.19 £	Net movement in funds £	At 31.10.20 £
Unrestricted funds			
General fund	16,825	17,809	34,634
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>16,825</u>	<u>17,809</u>	<u>34,634</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	53,695	(35,886)	17,809
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>53,695</u>	<u>(35,886)</u>	<u>17,809</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.11.19 £	Net movement in funds £	At 31.10.21 £
Unrestricted funds			
General fund	16,825	19,221	36,046
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>16,825</u>	<u>19,221</u>	<u>36,046</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	65,586	(46,365)	19,221
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>65,586</u>	<u>(46,365)</u>	<u>19,221</u>

Therapy Services (UK)

Notes to the Financial Statements - continued
for the year ended 31 October 2021

6. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 October 2021.

Therapy Services (UK)

Detailed Statement of Financial Activities
for the year ended 31 October 2021

	2021 £	2020 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	11,891	7,500
Grants	-	34,286
Covid-19 Grant - Hull City Council	<u>-</u>	<u>10,000</u>
	11,891	51,786
Other trading activities		
Other income	<u>-</u>	<u>1,909</u>
Total incoming resources	11,891	53,695
EXPENDITURE		
Charitable activities		
Volunteer expenses	1,691	1,444
Sessional fees and training	1,621	3,950
Rent and room hire	4,668	3,279
Insurance	333	-
Utilities	-	2,040
Telephone and internet	352	70
Sundries	-	158
Office expenses	131	1,130
PCC Programme costs	-	23,815
Storage expenses	<u>821</u>	<u>-</u>
	9,617	35,886
Support costs		
Governance costs		
Accountancy	<u>862</u>	<u>-</u>
Total resources expended	10,479	35,886
Net income	<u>1,412</u>	<u>17,809</u>

This page does not form part of the statutory financial statements

THERAPY SERVICES (UK)

England & Wales - Charity number 1116558

Accounts

Therapy Services (UK)
Charity Registration Number: 1116558

Financial Statements

for the period: 1 November 2019 to 31 October 2020

Community Accountancy Services

Delivering Quality Accounting Services and Training to the Voluntary Sector

Therapy Services (UK)
Charity Registration Number: 11165588

Financial Statements

for the period 1 November 2019 to 31 October 2020

Contents:	Page:
Reference & Administration	3
Receipts and payments account	4
Statement of assets and liabilities	5
Notes to the accounts:	6

Prepared by Community Accountancy Services

THERAPY SERVICES (UK)

**Trustees Annual Report
For
The Year Ended 31st October 2020**

The Trustees present this report together with the financial statements of the Charity for the year ended 31st October 2020.

REFERENCE AND ADMINISTRATIVE DETAILS:

Charity Name: Therapy Services (UK)
Registered Charity Number: 1116558

PRINCIPAL ADDRESS:

Craven Park Training and Enterprise Centre
Office 22
Poorhouse Lane
Hull
HU9 5HE

TRUSTEES:

Chair	Stephen Shields
Treasurer	Rosemary Purdue
Trustee	Lesley Willson

BANK:

Yorkshire Bank
46 Prospect Centre
Prospect Street
Hull
HU2 8PW

THERAPY SERVICES (UK)

STRUCTURE, GOVERNANCE AND MANAGEMENT

GOVERNING DOCUMENTS:

The Charity is unincorporated and is governed by the charities constitution.

RECRUITMENT AND TRAINING OF NEW TRUSTEES:

New Trustees are appointed by the existing executive board in line with the charity's governing documents.

INDUCTION AND TRAINING OF NEW TRUSTEES:

All Trustees are encouraged to undertake training relevant to them and of benefit to the Charity, (Safeguarding and working with vulnerable adults etc).

ORGANISATIONAL STRUCTURE:

The Charity organisational structure is constantly being reviewed to enable us to offer the best service required for our client's needs.

The overall responsibility of the Charity is the responsibility of the Trustee Executive Board. The daily running of the Charity is the responsibility of the General Manager who reports back directly to the Board. DBS checks are current and up to date and a good reporting safeguarding system is in place.

Public insurance and professional indemnity insurances are kept up to date with adjustments made if the staff limit exceeds the insured total number of workers.

THERAPY SERVICES (UK)

Aims for the future is to work more closely with other organisations and to develop the service for people who have experienced historical trauma. Either through witnessing or experiencing domestic abuse, sexual abuse or have been affected by this earlier trauma from the past that has had an impact on their lives, their relationships and their parenting.

OBJECTIVES AND ACTIVITIES:

Therapy Services (UK) offers one to one work with a counsellor or psychotherapist for people who reside in Hull and East Riding. We provide group work for both men and women for anxiety, confidence building and self esteem. Currently the main focus of our work is for issues of domestic abuse and sexual abuse working with victims of current or historical abuse/trauma.

During this financial year we have seen a change in the way we have worked due to many factors. We have had several members of the team leave and we have had to lockdown due to the pandemic caused by Covid-19. Throughout this period we have been able to adjust to a different style of working to still be able to offer a service. We have changed to distance working via phone and zoom. The counsellors have had to adjust to this way of working and I am proud to state they have taken this in their stride and still been able to work with their existing clients and continue to take on new clients.

The number of sessions completed compared to the previous year has decreased. However we stayed open and offered a valuable service and support through everyone pulling together. We have provided 1349 sessions to victims, and have given telephone support to 375 people, consisting of current clients or clients on the waiting list, or their family members.

During this time we also had to source for and move to new premises due to health and safety issues within our building. This made the financial year quite a stressful time for all involved. Hopefully now we are settled and when the restrictions are lifted we can get back to face to face sessions and group work. Also we will be able to increase our support to more people in need.

The ethos of our work is to support with people in need. To give them back their life and move them into a more safe and secure place with themselves. This in turn enables them to integrate back into the community and have better coping strategies to deal with traumatic life events.

FINANCIAL REVIEW:

We have once again been successful in obtaining funds from the Police-Crime-Commissioner's Covid-19 funding stream and would like to thank Sir James Reckitt Charity.

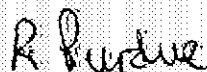
for their support. This has helped us to continue operating and offer a service to those in need throughout this stressful time.

FUTURE DEVELOPMENTS:

Through constantly reviewing our service we have been able to identify a need for parents to have a better understanding as to why they at times, struggle with the emotional needs of their children. This can be due to parents own mental health issues from historical unresolved childhood issues or trauma that may be having an impact upon their own emotional state. We are looking at training staff in the Caring Dads programme this will aid fathers and train mothers around child development to enable them to have a better understanding of the emotional struggles of themselves and their children in a more person centred way.

Signed on behalf of the Trustee Executive Board.

Rosemary Purdue:
(Trustee/Treasurer)



Date 31st July 2021

Therapy Services (UK)
 Receipts and payments account
 for the period 1 November 2019 to 31 October 2020

	2020 Unrestricted funds £	2020 Restricted funds £	2020 Total funds £	2019 Total funds £
Receipts				
Grants & Donations	7,500	34,286	41,786	58,915
COVID-19 Grant - Hull City Council	10,000	-	10,000	-
Other	1,909	-	1,909	440
Total receipts	19,409	34,286	53,695	59,355
Payments				
Rent & Room Hire	3,279	-	3,279	3,408
Sessional Fees and Training	3,950	-	3,950	3,554
Subscriptions	-	-	-	673
Volunteer Expenses	1,444	-	1,444	1,710
Utilities	2,040	-	2,040	1,062
Office Expenses	1,130	-	1,130	522
Telephone and Broadband	70	-	70	1,329
PCC Programme Costs	-	23,815	23,815	42,175
Sundry	158	-	158	2,000
Total payments	12,071	23,815	35,886	56,433
Net receipts/(payments):	7,338	10,471	17,809	2,922
Transfers between funds	-	-	-	-
Cash fund balances brought forward	16,825	-	16,825	13,909
Cash fund balances carried forward	24,163	10,471	34,634	16,825

Therapy Services (UK)
 Statement of assets and liabilities
 as at 31 October 2020

	2020	2020	2020	2019
	Unrestricted	Restricted	Total	Total
	£	£	£	£
Cash funds				
Cash at bank	21,340	10,471	31,811	16,772
Cash in hand	2,823	-	2,823	53
Total cash funds	24,163	10,471	34,634	16,825

Approval of the accounts

The accounts were approved at a meeting of the Management Committee held on:

Date: 26 / 10 / 21

Name: STEPHEN SHIELDS

Signed: S Shields

on behalf of the Management Committee

Therapy Services (UK)

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THERAPY SERVICES (UK)

YEAR ENDED 31st OCTOBER 2020

I report to the charity trustees on my examination of the accounts of Therapy Services (UK) for the year ended 31st October 2020.

RESPONSIBILITIES AND BASIS OF REPORT

As the charity's trustees of the charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 (the Act)

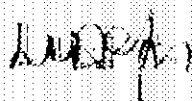
Having satisfied myself that the accounts of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

INDEPENDENT EXAMINER'S REPORT

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

- (1) accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
- (2) the accounts do not accord with those accounting records; or
- (3) the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- (4) the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Martin A Crossland
Community Accountant
47 John Street
Cityside
Derry/Londonderry
BT48 6JY

Date: 17.08.2021