

Charity Registration No. 1116510

Company Registration No. 05924982 (England and Wales)

WESSEX CARDIAC TRUST
REPORT AND FINANCIAL STATEMENTS
FOR THE PERIOD ENDING 31 DECEMBER 2023

WESSEX CARDIAC TRUST

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Mr G A Longhurst	
	Dr J M T Pierce	
	Dr J R Wilkinson	
	Mr N J Laplage	resigned 31/7/23
	Mr G Oliver	resigned 21/9/23
	Mr N S G Scarfe	
	Dr T Bharucha	
	Mr Bill Blain	resigned 26/4/24
	Ms P Iannotti	
	Mr J P Evangelista	
	Mr P M Haydock	
	Mr C Morris	
	M R Burns	appointed 5/9/23
	Mr A Munden	appointed 5/12/23
	Mrs H Evers	appointed 5/12/23
Also known as	Wessex Heartbeat	
Chief executive officer	Mr M Ind	
Charity number	1116510	
Company number	05924982	
Registered office	Heartbeat House 152-154 Tremona Road Southampton SO16 6HW	
Auditors	Westlake Clark Audit LLP Unit 1, West Links Tollgate Business Park Chandlers Ford SO53 3TG	
Bankers	NatWest Bank Plc 26 Above Bar Street Southampton SO14 7DS	
Investment advisers	Investec Wealth & Investment Midland House 2 Poole Road Bournemouth BH2 5QY	
Solicitors	Paris Smith LLP 1 London Road Southampton SO15 2AE	

WESSEX CARDIAC TRUST

CONTENTS

	Page
Trustees' report including directors' report	1 - 6
Independent auditors' report	7 - 9
Statement of financial activities	10
Balance sheet	11
Statement of cash flows	12
Notes to the accounts	13 - 23

WESSEX CARDIAC TRUST

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) FOR THE PERIOD ENDING 31 DECEMBER 2023

The trustees are pleased to present their annual report together with financial statements of the charity for the period ending 31 December 2023. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" (FRS 102) in preparing the annual report and financial statements of the charity.

The charity constitutes a public benefit entity as defined by FRS 102.

Structure, governance and management

Governing document

Wessex Cardiac Trust is a company limited by guarantee governed by its Memorandum and Articles of Association. It is a registered charity with the Charity Commission.

Governing body

New trustees are identified by trustees and their recruitment is based upon the skills and experience that they can bring to the charity with the board seeking to provide the charity with a range of skills in governance and management as well as representatives from the Wessex Cardiac Centre and those with first hand experience of heart disease.

Trustee induction and training

Trustees have an induction training programme and spend time with the Chief Executive or members of the senior management team to involve them in the work of the charity and the Wessex Cardiac Centre.

Organisational management

The trustees are legally responsible for the management of the risks faced by the charity with the day to day running of the charity being delegated to the Chief Executive who is supported by the Heartbeat Team. The Chief Executive attends all meetings of trustees and regularly reports and updates the chairman between the quarterly meetings. Remuneration is reviewed for key personnel through annual appraisals.

Related parties

Wessex Cardiac Trust has a wholly owned subsidiary, Wessex Heartbeat Limited. This company ceased to trade in 2012 and has remained dormant.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error. Detailed considerations of risk are delegated to the Chief Executive and the Heartbeat Team. Risks are identified, assessed and controls established throughout the year. A formal review of the charity's risk management process is undertaken on an annual basis and the key controls include:

- comprehensive strategic planning, budgeting and management accounting
- established organisational structure and lines of reporting
- formal written policies
- clear authorities and approval levels
- full risk assessment for all major fundraising events

Through the risk management processes, the trustees are satisfied that the major risks identified have been adequately managed where necessary. It is recognised that systems can only provide reasonable but not absolute assurance that major risks have been adequately managed. The main risk to the charity for the year under review is the current economic climate, and as a result the trustees have preserved the reserves of the charity by not overspending the funds available to them.

WESSEX CARDIAC TRUST

TRUSTEES' REPORT (CONTINUED)

FOR THE PERIOD ENDING 31 DECEMBER 2023

Purposes and activities

The purposes of the charity are to relieve suffering from cardiovascular diseases primarily by supporting the work of the Wessex Cardiac Centre based at Southampton General Hospital and working within the community of the Wessex Region. This is achieved by providing equipment, services, and facilities to help patients and their relatives through the process of treatment in the Centre, by funding research into the prevention, rehabilitation and cure of such diseases and by providing funds and facilities to train and educate staff in the Centre.

The trust achieves these objects through 4 areas:

1. Education and training

Selectively providing funds to train and educate staff in the Wessex Cardiac Centre ranging from supporting attendees at conferences to funding training courses for medical staff to enhance and advance their professional knowledge and skills.

2. Prevention

Providing medical equipment and funding research on the prevention of heart disease to the Wessex Cardiac Centre. Both equipment and services generally of a type that the NHS would not provide (for example leading edge or innovative).

3. Treatment and patient support

Owning and operating a facility for people with loved ones on the Cardiac Wards. Heartbeat House is a 25 bedroom "home from home" adjacent to the hospital and provides accommodation for up to 35 people at any one time and is available to anyone who's relative is an in-patient in the Wessex Cardiac Centre. Besides the purchase of the property, this provision is a substantial on-going expense commitment for the charity.

Providing services which are focused on improving the patient environment, experience and raising standards of care and treatment.

4. Rehabilitation

Funding research on the rehabilitation and cure of heart disease.

Aims and intended impact

Within these purposes, the charity's primary goal is to improve cardiac care across the Wessex Region. The trustees and staff have completed a strategic review of its activities with strategic aims to:

- Continue to support the vital work of the Wessex Cardiac Centre to deliver the highest possible quality of treatment and care for cardiovascular patients throughout their lives;
- Support the education and training of all staff within the Wessex Cardiac Centre;
- Improve the journey and experience of all patients and their relatives treated within the Cardiac Centre; and
- Develop and fund services which offer prevention and rehabilitation across the Wessex Region.

The charity's role is to raise funds to meet the unmet needs of the Wessex Cardiac Centre in delivering the best possible care for cardiovascular patients throughout all stages of care and treatment supporting the provision of:

- A high quality, age/need appropriate patient experience in an environment most conducive to achieving the best outcomes for everyone;
- An emotional and practical refuge for the relatives of patients while their loved ones are undergoing inpatient treatment. This is the purpose of Heartbeat House and accommodation is offered free;
- Leading edge equipment; and
- Support active research in cardiac care to take forward medical advancements and maintain the Wessex Cardiac Centre's status as a centre of excellence.

By focusing on these areas, we achieve our strategic priorities which are then measured against budget.

WESSEX CARDIAC TRUST

TRUSTEES' REPORT (CONTINUED)

FOR THE PERIOD ENDING 31 DECEMBER 2023

Objectives for the year

During the year, the trust had three major objectives:

1. Education and training

To continue to promote and meet the aims of Wessex Heartbeat. Year on year the charity supports cardiac care needs and priorities made known to it through a process of grants submissions, using unrestricted funds achieved through donations, community fundraising and events. In addition, the Trust continues to promote the overriding purpose of the charity as widely as possible throughout the Wessex Region.

2. Patient support

To continue to provide nurse specialist support roles within Paediatric Palliative Care and Cardiac Youth Worker in support of Psychological needs to enhance patient experiences living with long term health conditions and congenital heart disease.

3. Treatment – Heartbeat House

To continue to run and maintain Heartbeat House, which provides a 25 bedroom "home from home" for up to 35 people whose loved ones are undergoing treatment within the Cardiac Centre.

Principal activities for the year

The three objectives outlined above, were the main principal activities undertaken during the year. In addition, the trust continued to support any ad hoc needs for critical education or equipment in line with its purpose.

Grant making policy

The Trust provides grants in line with its objects and priorities for funding that are identified from time to time. These fall into the following categories: Education and training, prevention, treatment, and rehabilitation.

Volunteers

The Trust has, since its establishment, been supported by many willing volunteers in fundraising and administration activities of the charity, the trustees would like to take this opportunity to say how much they appreciate their continued and valuable support for our vital work in the community.

Public benefit

Wessex Cardiac Trust exists solely to provide benefit to the public through on-going support to the Cardiac Unit helping it to achieve the best of cardiac care. This is enabled by continuing to upgrade and improve the facilities within the Unit, provide accommodation to relatives of inpatients, vital education and training opportunities for staff, and through striving to contribute to medical advancements through invaluable research.

The trustees confirm that they have complied with their duty in section 17(5) of the 2011 Charities Act to have due regard to guidance published by the Charity Commission in respect of public benefit.

Financial instruments

The charities activities expose it to a number of financial risks, including credit risk, cash flow risk and liquidity risk. Written principles on the use of financial derivatives are used to manage these risks.

Credit risk is limited due to the principal financial assets being bank balances and investments with high credit ratings assigned by international credit rating agencies.

Cash flow risk is primarily the risk of changes in interest rates, interest bearing assets and liabilities are held at fixed rate to ensure certainty of cash flow.

Liquidity risk is reduced due to the charity using a mixture of long term and short-term debt finance to ensure that sufficient funds are available for ongoing operations and future developments.

WESSEX CARDIAC TRUST

TRUSTEES' REPORT (CONTINUED)

FOR THE PERIOD ENDING 31 DECEMBER 2023

Achievements and performance

We have had a very positive start to 2023 after a fragile economic recovery from the effects of the Covid-19 pandemic, the war in Ukraine and the cost-of-living crisis that followed. We have seen a return to a full schedule of fundraising activities and events which has given rise to a 40% growth in overall income streams. This has enabled the recruitment of a new community fundraiser to penetrate the local community market further. During the year the charity:

1. Committed £300,000 of support to several critical projects which includes:
 - Continue to support and develop 3D heart modelling for complicated congenital heart disease in children
 - Conclusion of the Paediatric Palliative Care Nurse support which is now being funded by the NHS
 - Conclusion of the Heart Failure Nurse to provide a Rapid Response service in the community to reduce the length of time Heart Failure patients stay in hospital and relieve winter pressures on the hospital with successful results
 - Supported a research project into identifying patients at risk of angina and STEMI through markers of DNA damage and repair pathways
 - Purchased wireless HD Headcam to magnify and record complex heart surgery
 - Development of a Prehabilitation Service Trial (fit for surgery)
 - Funding of Cardiac Youth Worker to support psychological needs in cardiac patients.
2. Continued to run Heartbeat House with continued refurbishment seeing the replacement of beds, headboards, curtains and blinds at a cost of £16,000. Also rendering of the outside, improvements in drainage, fire & water risk and general health & safety of the house.
3. With 2023 being our 30th anniversary we saw a full year of fundraising with successful golf days, summer party, autumn ball and our sports and challenge events. Our highlight being our Musicals from the Heart show at the Mayflower Theatre with our patron HRH Duchess of Edinburgh in attendance.

Financial review

As shown on the Statement of Financial Activities on page 10, income for the period amounted to £804,867 (2022: 411,014), expenditure for the period amounted to £783,438 (2022: £429,274), giving a net increase in funds after gains on investment of £43,351 (decrease 2022: £93,570). At the end of the period, the charity's net assets amounted to £2,678,942 (2022: £2,635,591).

The charity paid £679 on behalf of the trustees in relation to indemnity insurance (2022: £656).

Going concern

After reviewing the charity's forecasts and projections, the Board have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. The entity therefore continues to adopt the going concern basis in preparing its financial statements.

Principal funding sources

The principal funding sources of the charity are donations from the general public, legacies, and through various fundraising activities.

Investment policy

Funds are invested to produce the maximum income consistent with security of capital and certainty of realisation. With historically low interest rates the Trust's strategy is to invest in a low to medium risk portfolio of assets that delivers a growing level of income balanced with the opportunity for capital growth over the longer term. Quarterly meetings are held with our investment advisers to review investment performance against investment projections.

WESSEX CARDIAC TRUST

TRUSTEES' REPORT (CONTINUED)

FOR THE PERIOD ENDING 31 DECEMBER 2023

Reserve's policy

It is the policy of the trustees to secure the long-term viability of the Trust by balancing the ongoing obligations in relation to the maintenance and upkeep of Heartbeat House, the various research activities or projects and the general support required by the Wessex Cardiac Centre. In addition, sufficient liquid reserves need to be maintained to meet all anticipated short-term needs, after allowing for income from fundraising activities likely to be received within the required timescale and, insofar as available funds are insufficient fully to meet the foregoing objectives, to give priority to the short-term needs except where that would require funds donated specifically for endowment purposes to be utilised contrary to the donor's wishes.

Free reserves are those funds that can be raised from assets that are readily realisable, less those funds whose uses are restricted. At 31 December 2023, free reserves amounted to £545,808 (2022: £570,649). The intention is to keep free reserves above £500,000 which equates to two years running costs of the charity. Any shortfall that may arise in restricted funds in the future would be substituted by the free reserves available.

The Trust prepares an annual budget for each financial year outlining:

- Anticipated income for general and restricted funds; and
- Anticipated expenditure associated with all aspects of the charity's business. Some may be committed expenditure on for example Heartbeat House maintenance; grants extending over a one-year period, this to be taken from general or restricted funds as appropriate.

Plans for the future

Heartbeat is passionate about improving the care for people living with heart conditions within the area it serves. Our aim is to improve the cardiac journey and the patient experience of all patients for whom the Cardiac Centre provides care from diagnosis through treatment to aftercare.

We recognise that patients' wellbeing and outcomes are improved by:

- Medical advances;
- A positive patient experience in an environment conducive to individual need;
- Support for patients loved ones while they are undergoing treatment; and
- Support for staff caring for patients.

The strategic plan for next year includes the following projects:

1. Prevention – £100,000 over the next 3 years

A continuation of community defibrillator installations across Hampshire including training to reduce morbidity from cardiac arrests and the re-introduction of the Healthy Heart campaign for the business & corporate community to help identify risk factors such as high cholesterol and blood pressure in preventing subsequent heart disease.

2. Prehabilitation – £200,000 over the next 2 years

The Prehab. project seeks to prove the positive impact of light exercise, good diet and psychological support prior to certain types of cardiac surgery that will enable patients to recover quicker post-surgery, reduce recurrence and elongate lifespan; and

3. Treatment – £500,000 over the next 2 years

Funding the PICNIC research project around the effectiveness of stenting arteries, investment in the Heart Failure Unit at UHS, supporting 'Little Hearts at Home' which will enable parents of some infant cardiac patients to care for their children at home and the continuation in the growth of Cardiac Psychological Support across all demographics.

4. Patient Support – £300,000 over the next 3 years

Improving the quality of Heartbeat House to include the re-design and renovation of both the lounge and kitchen and dining areas.

WESSEX CARDIAC TRUST

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees, who are also the directors of Wessex Cardiac Trust for the purpose of company law, are responsible for preparing the Trustees' Report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the UK governing the preparation and dissemination of financial statement may differ from legislation in other jurisdictions.

Statement as to disclosure to our auditors

In so far as the trustees are aware at the time of approving our trustees' annual report:

- there is no relevant information, being information needed by the auditor in connection with preparing their report, of which the charity's auditor is unaware; and
- the trustees, having made enquiries of fellow directors and the auditor that they ought to have individually taken, have each taken all steps that he/ she is obliged to take as a director in order to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information.

On behalf of the trustees


.....
Mr N S G Scarfe – Chair of Trustees

Date: 5/6/24

WESSEX CARDIAC TRUST

INDEPENDENT AUDITORS' REPORT

TO THE MEMBERS OF WESSEX CARDIAC TRUST

Opinion

We have audited the financial statements of Wessex Cardiac Trust for the period ended 31 December 2023 which comprise statement of financial activities, balance sheet and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 December 2023, and of its incoming resources and application of resources, including its income and expenditure, for the period then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

We have nothing to report in respect of the following matters in relation to which the ISAs (UK) require us to report to you where:

- the trustees' use of the going concern basis of accounting in the preparation of the financial statements is not appropriate; or
- the trustees have not disclosed in the financial statements any identified material uncertainties that may cast significant doubt about the charitable company's ability to continue to adopt the going concern basis of accounting for a period of at least twelve months from the date when the financial statements are authorised for issue.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the trustees' annual report, other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

WESSEX CARDIAC TRUST

INDEPENDENT AUDITORS' REPORT (CONTINUED)

TO THE MEMBERS OF WESSEX CARDIAC TRUST

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the trustees' report (incorporating the directors' report) prepared for company law purpose, for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the directors' report included within the trustees' report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of our knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the trustees' report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of directors' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies' regime and take advantage of the small companies' exemptions in preparing the trustees' report and from the requirement to prepare a strategic report.

Responsibilities of trustees

As explained more fully in the trustees' responsibilities statement set out on page 6, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below.

WESSEX CARDIAC TRUST

INDEPENDENT AUDITORS' REPORT (CONTINUED)

TO THE MEMBERS OF WESSEX CARDIAC TRUST

Our approach to identifying and assessing the risks of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations, was as follows:

- the engagement partner ensured that the engagement team collectively had the appropriate competence, capabilities and skills to identify or recognise non-compliance with applicable laws and regulations;
- we identified the laws and regulations applicable to the through discussions with the trustees, and from our understanding and experience of audit issues which are relevant to charity;
- we focused on specific laws and regulations which we considered may have a direct material effect on the financial statements or the operations of the charity;
- we assessed the extent of compliance with the laws and regulations through making enquiries of the management team and inspecting legal correspondence; and;
- identified laws and regulations were communicated within the audit team regularly and the team remained alert to instances of non-compliance throughout the audit.
- We assessed the susceptibility of the charity's financial statements to material misstatement, including obtaining an understanding of how fraud might occur, by:

Audit procedures undertaken in response to the potential risks relating to irregularities (which include fraud and non-compliance with laws and regulations) which comprised inquiries of management and the Board of Trustees as to whether the charity complies with such laws and regulations; enquiries with the same concerning any actual or potential litigation or claims; inspection of relevant legal correspondence; review meeting minutes; testing the appropriateness of journal entries; and the performance of analytical review to identify unexpected movements in account balances which may be indicative of fraud; documentation and review of the internal controls over funds received and expenditure paid out; sampling and testing both income and expenditure transactions for accuracy and completeness; review and audit based analysis of the underlying accounting records; checking and sampling accounting data back to original source documents.

No instances of material non-compliance were identified. However, the likelihood of detecting irregularities, including fraud, is limited by the inherent difficulty in detecting irregularities, the effectiveness of the entity's controls, and the nature, timing and extent of the audit procedures performed. Irregularities that result from fraud might be inherently more difficult to detect than irregularities that result from error. As explained above, there is an unavoidable risk that material misstatements may not be detected, even though the audit has been planned and performed in accordance with ISAs (UK).

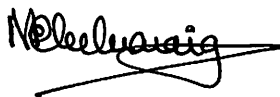
Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements. A further description of our responsibilities is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

Moganarden Pillay Chelvanaigum (Statutory Auditor)

For and on behalf of Westlake Clark Audit LLP

Unit 1, West Links
Tollgate Business Park
Chandlers Ford
SO53 3TG



Date: 18/06/2024

WESSEX CARDIAC TRUST

STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING INCOME & EXPENDITURE ACCOUNT) FOR THE PERIOD ENDING 31 DECEMBER 2023

		Unrestricted funds	Restricted funds	Endowment funds	Total 2023	Total 2022
	Note	£	£	£	£	£
Income and endowments from:						
Donations and legacies	2	295,878	135,185	-	431,063	183,614
Other trading activities	3	299,782	20,754	-	320,536	202,841
Charitable activities	4	15,431	-	-	15,431	3,446
Investments	5	36,837	-	-	36,837	14,113
Other	6	-	1,000	-	1,000	7,000
Total income		647,928	156,939	-	804,867	411,014
Expenditure on:						
Raising funds						
Costs of generating donation income	2	217,363	-	-	217,363	141,575
Fundraising trading costs	3	265,699	-	-	265,699	145,694
Charitable activities	7	131,148	169,228	-	300,376	142,005
Total expenditure		614,210	169,228	-	783,438	429,274
Net (losses)/ gains on investments	13	21,922	-	-	21,922	(75,310)
Net (expenditure)/ Income		55,640	(12,289)	-	43,351	(93,570)
Transfers		(68,935)	68,935	-	-	-
Net movement in funds for the year		(13,295)	56,646	-	43,351	(93,570)
Reconciliation of funds						
Total funds brought forward		2,608,955	26,636	-	2,635,591	2,729,161
Total funds carried forward		2,595,660	83,282	-	2,678,942	2,635,591

The statement of financial activities includes all gains and losses recognised in the period.

All income and expenditure derives from continuing activities.

BALANCE SHEET
AS AT 31 DECEMBER 2023

	Note	2023 £	2022 £
Fixed assets			
Tangible assets	12	1,237,335	1,267,464
Investments	13	<u>812,516</u>	<u>770,842</u>
		2,049,851	2,038,306
Current assets			
Stock	14	1,861	2,088
Debtors	15	46,180	45,440
Cash at bank and in hand		<u>626,160</u>	<u>659,300</u>
		674,201	706,828
Creditors falling due within one year	16	<u>(45,110)</u>	<u>(109,543)</u>
Net current assets		629,091	597,285
Net assets		<u>2,678,942</u>	<u>2,635,591</u>
The funds of the charity:			
Endowment funds	19	-	-
Restricted funds	20	83,282	26,636
Unrestricted funds	20	2,595,660	2,608,955
Total charity funds		<u>2,678,942</u>	<u>2,635,591</u>

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small charitable companies.

The financial statements were approved by the Board of trustees and were signed on its behalf by:

Mr N S G Scarfe - Chair of Trustees

Date: 5/6/24



WESSEX CARDIAC TRUST

STATEMENT OF CASH FLOWS

FOR THE PERIOD ENDING 31 DECEMBER 2023

	2023 £	2022 £
Cash flow from operating activities	(47,204)	(38,539)
Cash flow from investing activities		
Dividend income and interest from investments	36,837	14,113
Purchase of tangible fixed assets	(3,021)	(73,456)
Purchase of investments	(140,605)	(415,751)
Proceeds from sale of investments	120,853	108,083
Net cash flow from investing activities	14,064	(367,011)
Net (decrease)/ increase in cash	(33,140)	(405,550)
Cash at the beginning of the period	659,300	1,064,850
Total cash at the end of the period	626,160	659,300

Reconciliation of net (expenditure)/ income to net cash flow from operating activities

	2023 £	2022 £
Net (expenditure)/ income for the year	43,351	(93,570)
Depreciation charges	32,776	24,563
Dividends and interest from investments	(36,837)	(14,113)
Loss from disposal of fixed assets	374	-
Loss/ (gain) on investments	(21,922)	75,310
Decrease/ (increase) in stock	227	(246)
(Increase)/ decrease in debtors	(740)	(8,675)
(Decrease)/ increase in creditors	(64,433)	(21,808)
Net cash flow from operating activities	(47,204)	(38,539)

WESSEX CARDIAC TRUST

NOTES TO THE ACCOUNTS

FOR THE PERIOD ENDING 31 DECEMBER 2023

1 Accounting policies

a) General information and basis of preparation

Wessex Cardiac Trust is an incorporated charity limited by guarantee in England. The address of the registered office is given in the charity information at the front of these financial statements. The nature of the charity's operations and principals are detailed on page 2.

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Accounting Practice.

The financial statements are prepared on a going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements are presented in sterling and rounded to the nearest £1.

Exemption from preparing group accounts

The company is a parent company subject to the small companies regime. The company and its subsidiary comprise a small group. The company has taken advantage of the option provided by section 398 of the Companies Act 2006 not to prepare group accounts.

b) Income

Donation income, legacies and gifts are recognised where there is entitlement to the funds, certainty of receipt and the amount can be measured with sufficient reliability.

Income from other trading activities include income recognised as earned from the sale of merchandise or from fundraising events recognised in the month the event occurs.

Investment income is earned through holding of assets for investment purposes such as shares. It includes dividends and interest and is included when the amount can be measured reliably. Interest income is recognised using the effective interest method and dividend income is recognised as the charity's right to receive payment is established.

Income from Government grants and initiatives including the Coronavirus Job Retention Scheme are recognised in the period to which the grants relate.

Donated services are recognised in income at fair value when their economic benefit is probable, can be measured reliably and the charity has control over the item. Fair value is determined on the basis of the value of the gift to the charity. A corresponding amount is recognised in expenditure.

No amount is included in the financial statements for volunteer time in line with the SORP (FRS 102).

c) Fund accounting

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the accounts.

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

WESSEX CARDIAC TRUST

NOTES TO THE ACCOUNTS (CONTINUED)

FOR THE PERIOD ENDING 31 DECEMBER 2023

d) Expenditure and irrecoverable VAT

Expenditure is accounted for on an accruals basis and charged againsts the cost category it relates to. Direct charitable grants are recognised as expenditure when a legal or constructive obligation to make grants out of existing funds has been accepted and approved by the trustees. Commitments outstanding at the balance sheet date are included within creditors.

Costs of generating funds are those costs incurred in attracting donation income, and those incurred in generating funds through sale of merchandising and fundraising events.

Support costs include central costs incurred. Where possible, these have been directly attributed to a particular activity. Where the costs are not able to be attributed directly, they have been allocated to cost categories on a basis consistent with the use of these resources.

e) Operating leases

The charity classifies the lease of printing equipment as operating leases, the title to the equipment remains with the lessor and rental charges are charges on a straight line basis over the term of the lease. The equipment is replaced every 5 years, whilst the economic life for such equipment is usually 10 years.

f) Tangible fixed assets

Fixed assets other than freehold land are capitalised at cost and depreciated over their estimated useful economic lives on a straight line basis as follows:

Freehold land is not depreciated

Freehold buildings 0.5% on cost

Computer equipment 25% on cost

Furniture and fittings 20% on cost

g) Fixed asset investments

Listed investments are included at closing market value at the balance sheet date. Any gain or loss on revaluation is taken to the Statement of Financial Activities. All investments are held for investment purposes.

Investments in subsidiaries are measured at cost less impairment.

h) Stock

Stock is included at the lower of cost and net realisable value.

i) Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid.

j) Bank and cash in hand

Cash at bank and in hand includes cash and short term highly liquid investments with a short maturity of less than 3 months.

k) Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the payment to a third party and the amount due to settle the obligation can be measured reliably.

Creditors and provisions are recognised at their settlement amount after allowing for any trade discounts due.

l) Taxation

The charity is exempt from corporation tax on its charitable activities.

m) Pensions

Eligible employees were automatically enrolled into the workplace pension scheme unless they exercised their right to opt out of the scheme membership.

n) Significant judgements and accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out above. These policies have been consistently applied to all the years presented, unless otherwise stated.

WESSEX CARDIAC TRUST

NOTES TO THE ACCOUNTS (CONTINUED)

FOR THE PERIOD ENDING 31 DECEMBER 2023

2 Summary analysis for donated income

	Unrestricted funds £	Restricted funds £	Endowment Funds £	Total 2023 £	Total 2022 £
Donations and legacies					
Donations and gifts	177,095	135,185	-	312,280	126,359
Legacies	118,783	-	-	118,783	57,255
	295,878	135,185	-	431,063	183,615
Costs of generating donation income					
Donation costs	169,948	-	-	169,948	109,551
Support costs (see note 9)	47,415	-	-	47,415	32,024
	217,363	-	-	217,363	141,575
Net donations	78,515	135,185	-	213,700	42,040

3 Summary analysis for other trading activities

	Merchandise sales £	Fundraising events £	Trading income £	Total 2023 £	Total 2022 £
Income from other trading activities	1,706	311,781	7,049	320,536	202,841
Fundraising trading costs					
Cost of goods	3,636	-	3,956	7,592	2,634
Staging events	-	231,766	-	231,766	125,269
Support costs (see note 9)	-	26,341	-	26,341	17,791
	3,636	258,107	3,956	265,699	145,694
Net other trading activities	(1,930)	53,674	3,093	54,837	57,148

Of the £320,536 income, £299,782 (2022: £196,017) was charged to unrestricted funds and £20,754 (2022: £6,824) to restricted funds.

All of the £265,699 expenditure (2022: £145,694) was charged to unrestricted funds.

4 Income from charitable activities

	2023 £	2022 £
Patient support services	15,431	3,446

Use of Heartbeat House is free, with the exception of a key deposit charge and use of laundry services, which is included in patient support income.

WESSEX CARDIAC TRUST

NOTES TO THE ACCOUNTS (CONTINUED)

FOR THE PERIOD ENDING 31 DECEMBER 2023

5 Investment income

	2023 £	2022 £
Bank interest receivable	8,633	451
Interest from fixed interest securities	3,986	2,351
Dividend income	24,218	11,312
	36,837	14,113

6 Other income

	2023 £	2022 £
Grant income	1,000	7,000
	1,000	7,000

7 Expenditure on charitable activities

	Education and training £	Prevention £	Treatment and patient support £	Total 2023 £	Total 2022 £
Direct costs (see note 8)	-	-	119,319	119,319	60,559
Grants to individuals	225	-	-	225	1,491
Grants to institutions	18,611	64,705	26,125	109,441	33,015
Governance costs (see note 9)	3,978	7,956	27,847	39,781	25,592
Support costs (see note 9)	10,536	10,537	10,537	31,610	21,348
	33,350	83,198	183,828	300,376	142,005

All grants for training and medical equipment in the year were to institutions in particular Southampton General Hospital £109,441 (2022: £30,463) and the remainder were to individuals.

Of the £300,376 expenditure, £131,148 (2022: £135,971) was charged to unrestricted funds, £169,228 (2022: £4,377) to restricted funds and £0 (2022: £543) to endowment funds.

8 Analysis of direct costs on charitable activities

	Patient support £	Total 2023 £	Total 2022 £
Heartbeat House running costs	57,964	57,964	25,124
Heartbeat House employment costs	56,121	56,121	30,201
Heartbeat House depreciation	5,234	5,234	5,234
	119,319	119,319	60,559

Heartbeat House has 25 bedrooms, comfortable lounge areas and home from home facilities for relatives of patients undergoing treatment in the Wessex Cardiac Unit.

WESSEX CARDIAC TRUST

NOTES TO THE ACCOUNTS (CONTINUED)

FOR THE PERIOD ENDING 31 DECEMBER 2023

9 Analysis of governance and support costs

The Trust initially identifies the costs of its support functions and then identifies those costs which relate to the governance function. Support costs are apportioned separately between the key charitable activities.

	General support £	Governance function £	Total 2023 £	Total 2022 £
Salaries and related costs	30,794	33,990	64,784	41,153
IT and equipment	16,248	-	16,248	13,031
Insurance	3,307	-	3,307	2,186
Training and staff development	920	-	920	948
General office costs	13,750	-	13,750	8,051
Depreciation and disposal of assets	27,916	-	27,916	19,329
Bank charges	2,949	-	2,949	2,545
Legal and professional fees	-	2,491	2,491	682
Audit fees	39	3,300	3,339	3,026
Consultancy fees	9,274	-	9,274	5,790
Trustee meeting costs	169	-	169	14
	105,366	39,781	145,147	96,754

10 Net income/ (expenditure) for the year

	2023 £	2022 £
This is stated after charging:		
Operating leases - equipment	872	673
Depreciation	32,776	24,563
Loss on disposal of fixed assets	374	-
Auditor's remuneration	3,300	3,000
Accountancy fees	39	26
Legal and professional fees	2,491	682

11 Analysis of staff costs and trustee remuneration and expenses

	2023 £	2022 £
Salaries and wages	329,878	207,699
Social security costs	24,812	14,642
Pension costs	4,142	2,385
	358,832	224,725

Two members of staff had emoluments between £60,000 - £70,000 (2022: 1). The average number of employees during the period was 7 (2022: 7).

There were no trustees' remuneration or other benefits for the period (2022: £nil).

The ingoing and outgoing chief executive officer's total employee benefits for the period were £112,728 (2022: £74,867). We also paid a termination payment of £33,977 during the period.

WESSEX CARDIAC TRUST

NOTES TO THE ACCOUNTS (CONTINUED)

FOR THE PERIOD ENDING 31 DECEMBER 2023

12 Tangible fixed assets

	Land and buildings £	Computer equipment £	Furniture and fittings £	Total 2023 £
Cost				
At 1 October 2022	1,522,608	20,711	148,530	1,691,850
Additions	-	500	2,521	3,021
Disposals	-	(748)	-	(748)
At 31 December 2023	1,522,608	20,463	151,051	1,694,123
Depreciation				
At 1 October 2022	325,202	16,519	82,664	424,386
Charge for the year	9,204	1,919	21,653	32,776
Eliminated on disposals	-	(374)	-	(374)
At 31 December 2023	334,406	18,064	104,317	456,788
Net Book Value				
At 31 December 2023	1,188,202	2,399	46,734	1,237,335
At 30 September 2022	1,197,406	4,192	65,866	1,267,464

13 Fixed asset investments

	Listed investments £	Other investments £	Total 2023 £
Market value			
At 1 October 2022	770,840	2	770,842
Additions	140,605	-	140,605
Disposals	(120,853)	-	(120,853)
Revaluations	21,922	-	21,922
At 31 December 2023	812,514	2	812,516

Investments at fair value comprise:

	2023 £	2022 £
UK Fixed Interest	102,759	73,956
Overseas Fixed Interest	187,550	173,873
UK Equities	98,563	90,609
European Equities	16,721	14,735
North American Equities	79,187	73,695
Far East & Australasian Equities	15,994	15,486
International Equities	59,406	72,184
UK Property	50,259	56,344
Emerging Economies	11,299	-
Alternative Assets	150,592	148,722
Cash held for investment purposes	40,184	51,236
	812,514	770,840

WESSEX CARDIAC TRUST

NOTES TO THE ACCOUNTS (CONTINUED)

FOR THE PERIOD ENDING 31 DECEMBER 2023

13 Fixed asset investments continued

Other investments are measured at cost less impairment on the basis that they represent shares in entities that are not publicly traded and the fair value cannot otherwise be measured reliably.

Included in other investments is a 100% holding in the ordinary share capital of Wessex Heartbeat Limited registered office address 152-154 Tremona Road, Southampton, UK. At the year end, the aggregate capital and reserves of the company amounted to £2 and profit for the year amounted to £nil.

14 Stock

	2023 £	2022 £
Merchandise	<u>1,861</u>	<u>2,088</u>

15 Debtors

	2023 £	2022 £
Trade debtors	13,340	3,380
Prepayments and accrued income	32,840	42,060
	<u>46,180</u>	<u>45,440</u>

16 Creditors

	2023 £	2022 £
Trade creditors	18,949	19,682
Tax and social security	12,778	5,692
Other creditors and accruals	9,221	76,465
Deferred income	4,162	7,704
	<u>45,110</u>	<u>109,543</u>

17 Deferred income

Deferred income comprises of advance ticket sales of events occurring after the year end.

	2023 £
Balance as at 1 October 2022	7,704
Amount released to income earned from charitable activities	(7,704)
Amount deferred in period	4,162
	<u>4,162</u>
Balance as at 31 December 2023	<u>4,162</u>

WESSEX CARDIAC TRUST

NOTES TO THE ACCOUNTS (CONTINUED)

FOR THE PERIOD ENDING 31 DECEMBER 2023

18 Analysis of net assets between funds

	Unrestricted funds £	Restricted funds £	Endowment funds £	Total 2023 £
Fund balances at 31 December 2023 are represented by:				
Tangible fixed assets	1,237,335	-	-	1,237,335
Investments	812,516	-	-	812,516
Current assets	590,919	83,282	-	674,201
Creditors	(45,110)	-	-	(45,110)
	<u>2,595,660</u>	<u>83,282</u>	<u>-</u>	<u>2,678,942</u>

Analysis of net assets between funds - previous year

	Unrestricted funds £	Restricted funds £	Endowment funds £	Total 2022 £
Fund balances at 30 September 2022 are represented by:				
Tangible fixed assets	1,267,464	-	-	1,267,464
Investments	770,842	-	-	770,842
Current assets	680,192	26,636	-	706,828
Creditors	(109,543)	-	-	(109,543)
	<u>2,608,955</u>	<u>26,636</u>	<u>-</u>	<u>2,635,591</u>

WESSEX CARDIAC TRUST

NOTES TO THE ACCOUNTS (CONTINUED)

FOR THE PERIOD ENDING 31 DECEMBER 2023

19 Endowment funds - previous year

	Balance 1.10.21 £	Incoming resources £	Resources expended £	Transfers £	Balance 30.9.22 £
The Heartbeat Education fund	543	-	(543)	-	-

This fund is to be used for providing education grants that meet the objectives of the charity. The original capital was to be invested, and the interest used to provide these grants. However, due to very low interest rates, and in order to meet the needs of the grant claims for education, the Trustees have agreed with the original benefactor that the original capital may be used in order to provide grants.

20 Analysis of charitable funds

	Balance 1.10.22 £	Incoming resources £	Resources expended £	Gains/losses Transfers £	Balance 31.12.23 £
Unrestricted funds					
General fund	2,608,955	647,928	(614,210)	(47,013)	2,595,660
Restricted funds					
MRI fund	42	-	-	-	42
Heartbeat House fund	25,313	79,723	(68,637)	-	36,399
Heart Failure Unit fund	46	1,008	(3,299)	2,245	-
3D Printer appeal	-	62,414	(4,002)	(11,828)	46,584
Healthy Living Centre appeal	237	20	-	-	257
Paediatric Palliative Clinical Nurse appeal	2,228	248	(2,500)	24	-
Prehab pilot	(1,250)	-	(44,656)	45,906	-
Explain my procedure appeal	20	1,096	(19,200)	18,084	-
Cardiac Youth Worker appeal	-	12,415	(20,394)	7,979	-
Wireless HD Headcam appeal	-	15	(6,540)	6,525	-
	26,636	156,939	(169,228)	68,935	83,282

Analysis of charitable funds - previous year

	Balance 1.10.21 £	Incoming resources £	Resources expended £	Gains/ losses £	Balance 30.9.22 £
Unrestricted funds					
General fund	2,721,207	373,288	(424,394)	(61,146)	2,608,955
Restricted funds					
MRI fund	42	-	-	-	42
Heartbeat House fund	5,300	23,100	(3,087)	-	25,313
Heart Failure Unit fund	46	-	-	-	46
3D Printer appeal	-	14,164	-	(14,164)	-
Healthy Living Centre appeal	50	187	-	-	237
Paediatric Palliative Clinical Nurse appeal	1,973	255	-	-	2,228
Prehab pilot	-	-	(1,250)	-	(1,250)
Explain my procedure	-	20	-	-	20
	7,411	37,726	(4,337)	(14,164)	26,636

WESSEX CARDIAC TRUST

NOTES TO THE ACCOUNTS (CONTINUED)

FOR THE PERIOD ENDING 31 DECEMBER 2023

20 Analysis of charitable funds continued

MRI fund

This is to be used for the purpose of research into MRI and the acquisition of related equipment.

Heartbeat House fund

Used for the general purposes, maintenance and improvement of the buildings and facilities of Heartbeat House.

Heart Failure Unit fund

This is to be used for the Heart Failure Unit and improve heart failure service in the community.

The 3D printer equipment will allow surgeons to get an accurate 3D printed model of a patient's heart before surgery, giving additional insights for corrective surgery and improving peace of mind to patients and their families.

Healthy Living Centre appeal fund

We would like to build a Healthy Living Centre for prevention, prehabilitation (fit for surgery) and rehabilitation of cardiovascular disease, to include consultation rooms, gymnasium, professional kitchen, changing rooms and offices, with access to fitness, nutrition and well being professionals.

Paediatric Palliative Clinical Nurse appeal fund

The Paediatric Palliative Clinical Nurse Specialist will enhance the patient and family experience of those with life limiting conditions in providing more access to support from the Paediatric Palliative Care Team.

Prehab pilot

To demonstrate the relationship between cardiovascular fitness and perioperative results following cardiac surgery. The outcomes will be used to define the service delivery for the Healthy Living Centre.

Explain my procedure

Undergoing heart surgery can be a daunting time for patients, with so many questions being asked about their cardiac journey. Explain my procedure videos are designed for the patient and their family members to watch as many times as needed, in the comfort of their own home.

Cardiac Youth Worker in support of Psychological needs

Depression and anxiety are more common among young people with cardiovascular disease and can worsen physical outcomes. Many patients report being unable to access support after a diagnosis. This is a dedicated service supporting young people aged 11-25 years, a time we know for all young people living with a long-term health condition is particularly challenging, especially for those with congenital heart disease.

Wireless HD Headcam appeal

Congenital heart surgery is technically demanding, and its training is extremely complex and challenging. This state of the art headcam will allow us to record the magnified sight of the surgeon and allow everyone to follow the case step by step, and can be recorded for a research and education purposes.

WESSEX CARDIAC TRUST

NOTES TO THE ACCOUNTS (CONTINUED) FOR THE PERIOD ENDING 31 DECEMBER 2023

21 Commitments under operating leases

At 31 December 2023 the trust had total future commitments under non-cancellable operating leases as follows:

	2023 £	2022 £
Expiry date:		
Within one year	<u>705</u>	<u>673</u>

22 Related parties

Mr C Morris, a trustee, is also a partner of Paris Smith LLP. During the period the charity paid Paris Smith LLP for legal services amounting to £3,173 (2022: £nil). All transactions were made on an arm's length basis. At the year end £nil (2022: £nil) was outstanding.

During the year the charity received donations from trustees of £1,365 (2022: £nil) and event income of £2,489 (2022: £890).