

Charity registration number: 1116381

Ups and Downs South West

Annual Report and Financial
Statements

for the year ended 31 January 2025

Ups and Downs South West

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Ups and Downs South West

Reference and Administrative Details

Trustees	A Tanner, (Resigned 13 June 2024) L Moore, (Resigned 08 October 2024) L Bliss, (Resigned 12 May 2025) K Edwards, (Resigned 08 October 2024) E Hildesley J Foyle M Banks T Chaplin G Doherty, Chair (Appointed 12 May 2025)
Principal Office	The Old School School Road Westonzoyland Bridgwater Somerset TA7 0LN
Charity Registration Number	1116381
Bankers	Lloyds TSB Bank plc 25 Cornhill Bridgwater Somerset TA6 3AY
Independent Examiner	Mr R Cadwallader FCA Milsted Langdon LLP Chartered Accountants Winchester House Deane Gate Avenue Taunton, TA1 2UH

Ups and Downs South West

Trustees' Report

The trustees present the annual report together with the financial statements and independent examiner's report of the Charity for the year ended 31 January 2025.

Objectives and activities

Objects and aims

The Association is established for the following exclusively charitable purpose:

The relief of families and carers of children who have Down Syndrome exclusively, by providing face to face support as well as any information necessary to enable these children to reach their full potential both educationally and socially and so that their conditions of life may be improved.

Ensuring our work delivers our aims

We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aims and in planning our future activities. In particular, the trustees consider how the 3 year development plan will contribute to the aims and objectives they have set.

How our activities deliver public benefit

Our main activities and those whom we try to help are described below. All of our charitable activities focus on children who have Down Syndrome, their families and carers.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

2024/25 saw the teams at Ups and Downs SouthWest embrace the principles and ambitions laid out in our new strategy. We have had a year of reflection and focus on developing our services enabling us to reach even more families and offer a broader set of services. Our focus is always to ensure parents, families and professionals are educated, supported and empowered in how best to enable their children and young people with Down Syndrome to achieve their goals and live meaningful and inclusive lives in their community.

In our research survey, families told us that one of their priorities and main areas of concern for their children and young people was access to meaningful speech, language and communication therapies. So, in 2024 we were delighted to be approached by The Bristol Down Syndrome Trust to take over their speech and language service. The first 6 months have been a great success, and we look forward to developing this service in the months and years to come.

To serve the South West more effectively we launched a series of coffee mornings in Devon. These have been well received and we are now looking at how we continue to run and further develop these sessions extending our geographical reach.

We have also seen success financially, ending the year in our strongest position yet. And a huge achievement this year was in securing Big Lottery funding for the Bristol office across the next 5 years.

Ups and Downs South West

Trustees' Report (continued)

2024/25 has laid the foundation for a strong start to our new year. With the government services that our children and young people need being ever-stretched the work we do at Ups and Downs Southwest becomes more critical to the lives of children and young people who have Down Syndrome in the South West and we see first-hand the impact that we can make. We know that to have the greatest impact, we need to continue to look at new ways to raise funds, deliver our services in new, more efficient ways and continue to listen to our family's needs.

Our Principles

We have developed a set of principles that will underpin our decision making and how we work:

We keep children and young people who have Down Syndrome at the heart of our work.
We work to empower parents, carers, children and young people who have Down Syndrome.
We are the 'go-to' service in the South West.
We believe in the power of delivering together.
We look for the most effective way to deliver our services.
We stay relevant to our children, young people and families needs.

Our Ambitions

Growing our volunteer network
Serving the South West effectively
Deliver specialist services
Work directly with children and young people who have Down Syndrome
Developing partnerships

Like so many charities, we are working amidst greater financial pressures. As such, we continue to be focussed on listening to our families needs, adapting to change and measuring and sharing our successes.

As an organisation we see first-hand evidence of the impact made by our dedicated and knowledgeable team every day. We are therefore committed to developing our services to reach more families, have a deeper level of impact and continue to make a positive difference to the lives and achievements of all our children and young people with Down Syndrome across the Southwest.

Our expert team:

Joanna Thorn, Director

Somerset

Jackie Lawrence, Senior Finance & Administrative Officer
Michelle Bull, Family Support and School Liaison Service
Jackie Sims, Family Support School Liaison Worker
Jackie Andrews, Family Support Worker
Cheryl Rose, Family Support Worker
Christine Humphries, Youth Worker
Gemma Lundy, Youth Worker

Ups and Downs South West

Trustees' Report (continued)

Bristol

Lottie Park, Family Support and School Liaison Service
Rachael Maddox, Family Support Worker
Josie Shearer Burgess, Post 16 Worker
Ann-Marie Bell, Finance & Administrative Assistant
Sarah Jordan, Youth Worker

The Board of Trustees oversees the governance of Ups and Downs Southwest. It is made up of a group of volunteers who bring a range of skills and experiences to the running of the charity. Ups and Downs Southwest receives no government or statutory funding for the work it delivers.

We are grateful to the following funding partners for supporting us through 2024/2025:

The Henry Smith Charity
Sobell Foundation
The National Lottery Community Fund
Baily Thomas Charitable Trust
Postcode Local Trust
Valentine Charitable Trust

We could not continue without the support of these groups, so thank you to them all.

Financial review

Income has increased by £62,261 to £334,953 (2024: £272,692) on previous year, mainly due to continued large grants from The National Lottery Fund for the Bristol Office Project. Total costs decreased by £4,873 to £288,210 (2024: £293,083).

The balance sheet remains strong after an increase in total funds of £46,743. Total funds stand at £141,813 (2024: £95,070).

The free reserves of the Charity (being the unrestricted funds of the Charity not currently invested in fixed assets at 31 January 2025 were £52,876 (2024: £44,931). The reserves policy of three months unrestricted spending is therefore currently being met.

Structure, governance and management

Legal information

Ups and Downs South West, "the Association", was formed in January 1997 and is governed by its constitution. The Association became a registered charity on 13 October 2006. The Charity's registered number is 1116381 and it is controlled and administered by the Management Committee.

Recruitment and appointment of trustees

One third, or the number nearest one third, of the Management Committee members shall retire by rotation annually but may be re-elected. The Trustees are members of the Management Committee of the Charity, and those who have served during the year are detailed on page 1.

The Management Committee may from time to time appoint any member of the Association as a member of the Management Committee to fill a casual vacancy or by way of addition provided that the maximum prescribed in clause 6 of the constitution is not exceeded. Any interested member may put their name forward for consideration, or when a vacancy arises the Management Committee may approach an individual who has the necessary skills to fulfil the particular vacancy.

Ups and Downs South West

Trustees' Report (continued)

New members of the Management Committee will first be interviewed by the Chair of the Committee, and will then be briefed by the Chair and Operations and Business Development Director on the aims and duties of the Committee, as well as the broader aims and history of the Charity.

Trustees receive copies of previous committee minutes and a copy of the Trust Deed and are directed to the Charity Commission website for further details on Trustee duties.

Reappointment of independent examiner

A resolution to reappoint Mr R Cadwallader of Milsted Langdon LLP as independent examiner will be proposed at the annual general meeting.

Statement of Responsibilities

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

The law applicable to charities requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Charity and of the incoming resources and application of resources of the Charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charities (Accounts and Reports) Regulations 2008, and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the financial information included on the charity's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Approved by the trustees of the Charity on 4 June 2025 and signed on its behalf by:

G Doherty
Trustee

Ups and Downs South West

Independent Examiner's Report to the trustees of Ups and Downs South West

I report to the trustees on my examination of the accounts of Ups and Downs South West for the year ended 31 January 2025.

Responsibilities and basis of report

As the Charity's trustees of Ups and Downs South West you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

Having satisfied myself that the accounts of the Charity are not required to be audited and are eligible for independent examination, I report in respect of my examination of the Ups and Downs South West's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

Since Ups and Downs South West's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of Ups and Downs South West as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

R Cadwallader FCA
Milsted Langdon LLP
Chartered Accountants
Winchester House
Deane Gate Avenue
Taunton, TA1 2UH

11 July 2025

Ups and Downs South West

Statement of Financial Activities for the Year Ended 31 January 2025

	Note	Unrestricted funds £	Restricted funds £	Total 2025 £	Total 2024 £
Income and Endowments from:					
Donations and legacies	2	52,468	231,055	283,523	247,970
Charitable activities	3	1,146	27,749	28,895	2,340
Other trading activities	4	22,402	-	22,402	22,276
Investment income	5	133	-	133	106
Total income		<u>76,149</u>	<u>258,804</u>	<u>334,953</u>	<u>272,692</u>
Expenditure on:					
Raising funds	6	3,242	11,167	14,409	15,979
Charitable activities	6	<u>65,082</u>	<u>208,719</u>	<u>273,801</u>	<u>277,104</u>
Total expenditure		<u>68,324</u>	<u>219,886</u>	<u>288,210</u>	<u>293,083</u>
Net movement in funds		7,825	38,918	46,743	(20,391)
Reconciliation of funds					
Total funds brought forward		<u>45,408</u>	<u>49,662</u>	<u>95,070</u>	<u>115,461</u>
Total funds carried forward	16	<u><u>53,233</u></u>	<u><u>88,580</u></u>	<u><u>141,813</u></u>	<u><u>95,070</u></u>

All of the Charity's activities derive from continuing operations during the above two periods.
The funds breakdown is shown in note 16.

Ups and Downs South West
(Registration number: 1116381)
Balance Sheet as at 31 January 2025

	Note	2025 £	2024 £
Fixed assets			
Tangible assets	10	1,975	2,636
Current assets			
Debtors	11	457	274
Cash at bank and in hand	12	<u>146,104</u>	<u>100,761</u>
		146,561	101,035
Creditors: Amounts falling due within one year	13	<u>(6,723)</u>	<u>(8,601)</u>
Net current assets		<u>139,838</u>	<u>92,434</u>
Net assets		<u><u>141,813</u></u>	<u><u>95,070</u></u>
Funds of the Charity:			
Restricted income funds			
Restricted funds		88,580	49,662
Unrestricted income funds			
Unrestricted funds		<u>53,233</u>	<u>45,408</u>
Total funds	16	<u><u>141,813</u></u>	<u><u>95,070</u></u>

The financial statements on pages 7 to 21 were approved by the trustees, and authorised for issue on 4 June 2025 and signed on their behalf by:

G Doherty
Trustee

Ups and Downs South West

Notes to the Financial Statements for the Year Ended 31 January 2025

1 Accounting policies

Statement of compliance

The financial statements have been prepared in accordance with the second edition of the Charities Statement of Recommended Practice issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

Basis of preparation

Ups and Downs South West meets the definition of a public benefit entity under FRS 102. The accounts (financial statements) have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The financial statements are prepared in sterling, which is the functional currency of the company and rounded to the nearest £.

Exemption from preparing a cash flow statement

As allowed by the Charities SORP (FRS102) the trustees have opted not to include a statement of cashflows due to the size of the charity.

Going concern

The Trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern nor any significant areas of uncertainty that affect the carrying value of the assets held by the Charity.

Income and endowments

All income is recognised when the Charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Donations and legacies

Donations and legacies are recognised on a receivable basis when receipt is probable and the amount can be reliably measured. No gifts in kind were received during the year (2024: £nil).

Investment income

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the Charity; this is normally upon notification of the interest paid or payable by the bank.

Charitable activities

Income from charitable trading activities is recognised when earned.

Ups and Downs South West

Notes to the Financial Statements for the Year Ended 31 January 2025 (continued)

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs. Irrecoverable VAT is charged as a cost against the activity for which the expenditure is incurred.

Raising funds

These are costs incurred in attracting voluntary income, the management of investments and those incurred in trading activities that raise funds.

Charitable activities

Charitable expenditure comprises those costs incurred by the Charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Tangible fixed assets

Individual fixed assets costing £150 or more are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Fixtures, fittings and equipment	25% reducing balance

Trade debtors

Debtors are amounts due from clients for services performed in the ordinary course of the Charity's activities.

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash and cash equivalents

Cash at bank and in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

Trade creditors and provisions

Creditors and provisions are recognised where the Charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Ups and Downs South West

Notes to the Financial Statements for the Year Ended 31 January 2025 (continued)

Borrowings

Interest-bearing borrowings are initially recorded at fair value, net of transaction costs. Interest-bearing borrowings are subsequently carried at amortised cost, with the difference between the proceeds, net of transaction costs, and the amount due on redemption being recognised as a charge over the period of the relevant borrowing.

Interest expense is recognised on the basis of the effective interest method and is included in interest payable and similar charges.

Borrowings are classified as current liabilities unless the Charity has an unconditional right to defer settlement of the liability for at least twelve months after the reporting date.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the Charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Operating leases

Leases in which substantially all the risks and rewards of ownership are retained by the lessor are classified as operating leases. Rentals payable under operating leases are charged in the Statement of Financial Activities on a straight line basis over the lease term.

Pensions

The Charity provides an auto-enrolment scheme for staff. All employees are entitled to join the scheme and will receive the appropriate company contributions, in line with the auto-enrolment legislation. The pension charge recorded in these accounts is the amount of contributions payable in the accounting year.

Financial instruments

The Charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recorded at transaction value and subsequently measured at the carrying value plus accrued interest less repayments.

Ups and Downs South West

Notes to the Financial Statements for the Year Ended 31 January 2025 (continued)

2 Income from donations and legacies

	Unrestricted funds £	Restricted funds £	Total 2025 £	Total 2024 £
Donations	52,468	231,055	283,523	247,970
	<u>52,468</u>	<u>231,055</u>	<u>283,523</u>	<u>247,970</u>

£52,468 (2024 - £38,414) of the income above was attributable to unrestricted funds and £231,055 (2024 - £209,556) attributable to restricted funds.

3 Income from charitable activities

	Unrestricted funds £	Restricted funds £	Total 2025 £	Total 2024 £
Schools visits income	1,146	-	1,146	2,340
Speech and language therapy	-	27,749	27,749	-
	<u>1,146</u>	<u>27,749</u>	<u>28,895</u>	<u>2,340</u>

£1,146 (2024 - £2,340) of the income above was attributable to unrestricted funds and £27,749 (2024 - £Nil) attributable to restricted funds.

4 Income from other trading activities

	Unrestricted funds £	Total 2025 £	Total 2024 £
Fundraising and events	18,990	18,990	18,663
50/50 club income	3,412	3,412	3,613
	<u>22,402</u>	<u>22,402</u>	<u>22,276</u>

£22,402 (2024 - £22,276) of the income above was attributable to unrestricted funds and £Nil (2024 - £Nil) attributable to restricted funds.

5 Investment income

	Unrestricted funds £	Total 2025 £	Total 2024 £
Interest receivable on bank deposits	133	133	106

£133 (2024 - £106) of the income above was attributable to unrestricted funds and £Nil (2024 - £Nil) attributable to restricted funds.

Ups and Downs South West

Notes to the Financial Statements for the Year Ended 31 January 2025 (continued)

6 Expenditure

Expenditure on raising funds	Basis of allocation	Unrestricted funds £	Restricted funds £	Total 2025 £	Total 2024 £
Events	Direct	3,242	11,167	14,409	15,979

Costs of charitable activities

	Basis of allocation	Unrestricted funds £	Restricted funds £	Total 2025 £	Total 2024 £
Employment costs	Direct	40,478	171,493	211,971	219,301
Recruitment	Direct	95	450	545	538
Staff training	Direct	-	132	132	1,591
Establishment costs	Direct	2,377	13,522	15,899	15,796
Printing, postage and stationery	Direct	769	1,802	2,571	2,865
Sundry	Direct	-	-	-	55
Computer equipment and leasing	Direct	2,258	4,046	6,304	5,719
Motor and travel expenses	Direct	1,400	7,204	8,604	9,469
Consultancy and mentoring	Direct	14,213	1,463	15,676	13,797
Telephone	Usage	1,923	2,672	4,595	3,747
Speech and language therapy	Usage	-	3,880	3,880	-
Accountancy fees and independent examination	Usage	1,382	1,382	2,764	2,574
Legal and professional costs	Usage	-	-	-	604
Bank charges	Usage	32	-	32	32
Depreciation of tangible fixed assets	Usage	120	541	661	879
Trade subscriptions	Usage	35	132	167	137
		<u>65,082</u>	<u>208,719</u>	<u>273,801</u>	<u>277,104</u>

The expenditure on raising funds was £14,409 (2024: £15,979) of which £3,242 was unrestricted (2024: £2,525) and £11,167 was restricted (2024: £13,454).

Ups and Downs South West

Notes to the Financial Statements for the Year Ended 31 January 2025 (continued)

The expenditure on charitable activities was £273,801 (2024: £277,104) of which £65,082 was unrestricted (2024: £64,854) and £208,719 was restricted (2024: £212,250).

7 Trustees' remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the Charity during the year.

8 Taxation

The Charity is a registered charity and is therefore potentially exempt from taxation. No tax charges have arisen in the year.

9 Employees' remuneration

The aggregate payroll costs were as follows:

	2025 £	2024 £
Staff costs during the year were:		
Wages and salaries	199,373	206,453
Social security costs	9,280	9,272
Pension costs	3,318	3,576
	<u>211,971</u>	<u>219,301</u>

The monthly average number of persons (including senior management / leadership team) employed by the Charity during the year was as follows:

	2025 No	2024 No
Charitable activities	<u>13</u>	<u>14</u>

No employee received emoluments of more than £60,000 during the year.

The total employee benefits of the key management personnel of the Charity were £48,258 (2024 - £45,523).

Ups and Downs South West

Notes to the Financial Statements for the Year Ended 31 January 2025 (continued)

10 Tangible fixed assets

	Fixtures, fittings and equipment £	Total £
Cost		
At 1 February 2024	10,222	10,222
At 31 January 2025	10,222	10,222
Depreciation		
At 1 February 2024	7,586	7,586
Charge for the year	661	661
At 31 January 2025	8,247	8,247
Net book value		
At 31 January 2025	1,975	1,975
At 31 January 2024	2,636	2,636

11 Debtors

	2025 £	2024 £
Trade debtors	457	274

12 Cash and cash equivalents

	2025 £	2024 £
Cash at bank	146,104	100,761

13 Creditors: amounts falling due within one year

	2025 £	2024 £
Other taxation and social security	2,720	3,051
Other creditors	770	965
Accruals	3,233	4,585
	6,723	8,601

Ups and Downs South West

Notes to the Financial Statements for the Year Ended 31 January 2025 (continued)

14 Obligations under operating leases

Operating lease commitments

Total future minimum lease payments under non-cancellable operating leases are as follows:

	2025 £	2024 £
Land and buildings		
Within one year	4,700	4,700
Between one and five years	783	5,483
	<u>5,483</u>	<u>10,183</u>

The value of operating leases expensed through the statement of financial activities regarding the rent of land and buildings during the year was £4,700 (2024 - £4,700).

15 Pension and other schemes

Defined contribution pension scheme

The Charity operates a defined contribution pension scheme. The pension cost charge for the year represents contributions payable by the Charity to the scheme and amounted to £3,318 (2024 - £3,576).

Ups and Downs South West

Notes to the Financial Statements for the Year Ended 31 January 2025 (continued)

16 Funds

	Balance at 1 February 2024 £	Incoming resources £	Resources expended £	Balance at 31 January 2025 £
Unrestricted funds				
General				
Unrestricted fund	45,408	76,149	(68,324)	53,233
Restricted funds				
SCF Festive Fund	-	4,995	(2,124)	2,871
Office refurbishment	503	-	(126)	377
Quartet Foundation	-	4,987	(2,426)	2,561
Joseph's 21 Up Challenge	245	-	(245)	-
Jackie's Head Shave	895	-	(895)	-
Co-op Community Fund	-	1,076	-	1,076
Clare Milne Trust	-	4,181	(1,109)	3,072
Co-op Community Fund	-	1,693	-	1,693
SALT Service	-	27,749	(4,340)	23,409
BBN	-	500	(500)	-
TKMaxxHomesense	-	500	(420)	80
Hall Woodhouse	-	2,000	-	2,000
Tesco	35	500	(535)	-
Norman Family Trust	1,865	-	(1,530)	335
Awards for all/Big lottery	5,404	-	(5,404)	-
The Alice Ellen Cooper Dean Charitable Foundation	5,000	-	(4,375)	625
The Masons Charitable Fund	1,000	-	(1,000)	-
Henry Smith Foundation - continuation funding	10,517	58,800	(57,990)	11,327
BBC Children in Need	104	-	(26)	78
CIN Booster Grant	324	-	(82)	242
The National Lottery - Bristol Office Fund	13,812	136,323	(123,313)	26,822
Valentine Charitable Trust	-	5,000	(1,238)	3,762
Sobell Foundation 2	7,500	10,000	(10,000)	7,500
Arnold Clark Community Fund	-	500	(500)	-
Somerset Community Foundation	459	-	(459)	-
BBC Children in Need	1,249	-	(1,249)	-
BNI Foundation	750	-	-	750
Total restricted funds	<u>49,662</u>	<u>258,804</u>	<u>(219,886)</u>	<u>88,580</u>
Total funds	<u><u>95,070</u></u>	<u><u>334,953</u></u>	<u><u>(288,210)</u></u>	<u><u>141,813</u></u>

Ups and Downs South West

Notes to the Financial Statements for the Year Ended 31 January 2025 (continued)

	Balance at 1 February 2023 £	Incoming resources £	Resources expended £	Balance at 31 January 2024 £
Unrestricted funds				
General				
Unrestricted fund	49,651	63,136	(67,379)	45,408
Restricted				
Office refurbishment	671	-	(168)	503
Joseph's 21 Up Challenge	245	-	-	245
Awards for All	1,284	-	(1,284)	-
Jackie's Head Shave	1,081	-	(186)	895
Edward Gostling Foundation	-	10,000	(10,000)	-
Tesco	-	375	(340)	35
Norman Family Trust	-	2,000	(135)	1,865
Awards for all/Big lottery	-	9,835	(4,431)	5,404
SCF - Somerset West & Taunton				
VCS small grants	-	400	(400)	-
The Alice Ellen Cooper Dean Charitable Foundation	-	5,000	-	5,000
The Masons Charitable Fund	-	1,000	-	1,000
Henry Smith Foundation - continuation funding	-	57,800	(47,283)	10,517
Bjorgolfsson	1,000	-	(1,000)	-
McCarthy	1,000	-	(1,000)	-
BBC Children in Need	139	-	(35)	104
CIN Booster Grant	433	-	(109)	324
The National Lottery - Bristol Office Fund	31,326	113,146	(130,660)	13,812
SCF Wessex Water	2,475	-	(2,475)	-
Coffee Mornings 2	1,776	-	(1,776)	-
Sobell Foundation 2	7,500	10,000	(10,000)	7,500
Somerset Community Foundation	4,197	-	(3,738)	459
BBC Children in Need	11,933	-	(10,684)	1,249
BNI Foundation	750	-	-	750
Total restricted funds	<u>65,810</u>	<u>209,556</u>	<u>(225,704)</u>	<u>49,662</u>
Total funds	<u><u>115,461</u></u>	<u><u>272,692</u></u>	<u><u>(293,083)</u></u>	<u><u>95,070</u></u>

Ups and Downs South West

Notes to the Financial Statements for the Year Ended 31 January 2025 (continued)

The specific purposes for which the funds are to be applied are as follows:

Sponsorship of youth clubs - to help support the running of youth clubs. (BBC Children in Need).

Office refurbishment - to support the costs of refurbishing the office (Clothworkers Foundation).

Joseph's 21 Up Challenge - KS4 14-16 club.

Jackie's Head Shave - Family events.

Tesco - Family events.

Sobell Foundation - School Liaison Work.

Awards for All/Big Lottery - New volunteer training programme.

Henry Smith Foundation - Family support.

BNI Foundation - KS4 cookery class,

Children in Need - Booster grant for DS resources.

The National Lottery Community Fund - Grant towards the set up of a new Bristol office.

Somerset Community Foundation - Training/Family support.

Norman Family Trust - Family support and East Devon.

Alice Ellen Cooper Dean Foundation - Sherbourne youth club.

Masons Charitable Fund - WDSAD Family event March 2024.

Clare Milne Trust - Devon family support

Co-op Community Fund - Parent/carers training

Quartet Foundation - WSM youth club

Valentine Charitable Trust - Dorest family support

SCF Community Fund - Somerset family support

Arnold Clark Community Fund - Somerset family events

Co-op Community Fund - Somerset family events

Ups and Downs South West

Notes to the Financial Statements for the Year Ended 31 January 2025 (continued)

Speech and language therapy service - self funding

BBN - October experience exchange

TKMaxxHomesense - Baby packs

Hall Woodhouse - Family support

BBC Children in Need - Youth Clubs 3 year funding from 1st December 2020.

Ups and Downs South West

Notes to the Financial Statements for the Year Ended 31 January 2025 (continued)

17 Analysis of net assets between funds

	Unrestricted funds £	Restricted funds £	Total funds 2024 £
Current year			
Tangible fixed assets	358	1,617	1,975
Current assets	59,598	86,963	146,561
Current liabilities	(6,723)	-	(6,723)
Total net assets	<u>53,233</u>	<u>88,580</u>	<u>141,813</u>

	Unrestricted funds £	Restricted funds £	Total funds 2024 £
Prior year			
Tangible fixed assets	477	2,159	2,636
Current assets	53,532	47,503	101,035
Current liabilities	(8,601)	-	(8,601)
Total net assets	<u>45,408</u>	<u>49,662</u>	<u>95,070</u>