

Charity registration number: 1116381

# Ups and Downs South West

Annual Report and Financial  
Statements

for the year ended 31 January 2024

## **Ups and Downs South West**

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## **Ups and Downs South West**

### **Reference and Administrative Details**

**Trustees**

J Hunt, (Resigned 20 June 2023)  
J Josey, Treasurer (Resigned 17 January 2024)  
A Tanner  
J Lewis, (Resigned 26 June 2023)  
N Krause, (Resigned 26 June 2023)  
L Moore  
L Bliss, Chair  
K Edwards, (Appointed 17 November 2023)  
E Hildesley, (Appointed 17 November 2023)  
J Foyle, (Appointed 17 November 2023)  
M Banks, (Appointed 17 November 2023)  
T Chaplin, (Appointed 17 November 2023)

**Principal Office**

The Old School  
School Road  
Westonzoyland  
Bridgwater  
Somerset  
TA7 0LN

**Charity Registration Number**

1116381

**Bankers**

Lloyds TSB Bank plc  
25 Cornhill  
Bridgwater  
Somerset  
TA6 3AY

**Independent Examiner**

Mr R Cadwallader FCA  
Milsted Langdon LLP  
Chartered Accountants and Statutory Auditors  
Winchester House  
Deane Gate Avenue  
Taunton, TA1 2UH

# **Ups and Downs South West**

## **Trustees' Report**

The trustees present the annual report together with the financial statements and auditors' report of the Charity for the year ended 31 January 2024.

### **Objectives and activities**

#### ***Objects and aims***

The Association is established for the following exclusively charitable purpose:

The relief of families and carers of children who have Down Syndrome exclusively, by providing face to face support as well as any information necessary to enable these children to reach their full potential both educationally and socially and so that their conditions of life may be improved.

#### ***Ensuring our work delivers our aims***

We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aims and in planning our future activities. In particular, the trustees consider how the 3 year development plan will contribute to the aims and objectives they have set.

#### ***How our activities deliver public benefit***

Our main activities and those whom we try to help are described below. All of our charitable activities focus on children who have Down Syndrome, their families and carers.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

### **Achievements and performance**

The role of charities such as Ups and Downs Southwest continue to be essential in ensuring people who have Down Syndrome are provided with the best and equal opportunities throughout their lives. Our work is invaluable for ensuring parents, families and professionals are educated, supported and empowered in how best to enable their children and young people with Down Syndrome to achieve their goals and live meaningful and inclusive lives in their community.

2023/24 has been a year to celebrate success as we have seen further growth in the impact made to people who have Down Syndrome and their families in the South West.

- We offered 893 counts of distance support
- Helped with the completion of 150 forms
- Our volunteers gave 174 hours of support through 87 home visits
- We received 20 new self-referrals
- We registered 10 new babies with our service
- We carried out 214 pieces of work with schools

This year we turned our attention to strategic planning and through a series of consultations and workshops, we have identified the following principles and priority themes that will be shaping our work over the next three years:

## **Ups and Downs South West**

### **Trustees' Report (continued)**

#### **Our Principles**

We have developed a set of principles that will underpin our decision making and how we work:

We keep children and young people who have Down Syndrome at the heart of our work.  
We work to empower parents, carers, children and young people who have Down Syndrome.  
We are the 'go-to' service in the South West.  
We believe in the power of delivering together.  
We look for the most effective way to deliver our services.  
We stay relevant to our children, young people and families needs.

#### **Our Ambitions**

Growing our volunteer network  
Serving the South West effectively  
Deliver specialist services  
Work directly with children and young people who have Down Syndrome  
Developing partnerships

Like so many charities, we are working amidst greater financial pressures. As such, we continue to be focussed on listening to our families needs, adapting to change and measuring and sharing our successes.

As an organisation we see first-hand evidence of the impact made by our dedicated and knowledgeable team every day. We are therefore committed to developing our services to reach more families, have a deeper level of impact and continue to make a positive difference to the lives and achievements of all our children and young people with Down Syndrome across the Southwest.

Our expert team:

Joanna Thorn, Director

#### **Somerset**

Jackie Lawrence, Senior Finance & Administrative Officer  
Michelle Bull, Family Support and School Liaison Service  
Jackie Sims, Family Support School Liaison Worker  
Jackie Andrews, Family Support Worker  
Cheryl Rose, Family Support Worker  
Sandra Consalvey, Youth Worker  
Gemma Lundy, Youth Worker

#### **Bristol**

Lottie Park, Family Support and School Liaison Service  
Rachael Maddox, Family Support Worker  
Josie Shearer Burgess, Post 16 Worker  
Ann-Marie Bell, Finance & Administrative Assistant  
Sarah Mills, Youth Worker

## **Ups and Downs South West**

### **Trustees' Report (continued)**

The Board of Trustees oversees the governance of Ups and Downs Southwest. It is made up of a group of volunteers who bring a range of skills and experiences to the running of the charity. Ups and Downs Southwest receives no government or statutory funding for the work it delivers.

We are grateful to the following funding partners for supporting us through 2023/2024:

The Henry Smith Charity  
Sobell Foundation  
BBC Children in Need  
The National Lottery Community Fund

We could not continue without the support of these groups, so thank you to them all.

#### **Financial review**

Income has increased by £153,601 to £272,692 (2023: £119,091) on previous year, mainly due to the large grant from The National Lottery Fund last year for the Bristol Office Project. Total costs increased by £27,031 to £293,083 (2023: £266,052).

The balance sheet has decreased but remains healthy. Net current assets stand at £92,434 (2023: £112,304).

The free reserves of the Charity (being the unrestricted funds of the Charity not currently invested in fixed assets at 31 January 2024 were £44,931 (2023: £49,373). The reserves policy of three months unrestricted spending is therefore currently being met.

#### **Structure, governance and management**

##### ***Legal information***

Ups and Downs South West, "the Association", was formed in January 1997 and is governed by its constitution. The Association became a registered charity on 13 October 2006. The Charity's registered number is 1116381 and it is controlled and administered by the Management Committee.

##### ***Recruitment and appointment of trustees***

One third, or the number nearest one third, of the Management Committee members shall retire by rotation annually but may be re-elected. The Trustees are members of the Management Committee of the Charity, and those who have served during the year are detailed on page 1.

The Management Committee may from time to time appoint any member of the Association as a member of the Management Committee to fill a casual vacancy or by way of addition provided that the maximum prescribed in clause 6 of the constitution is not exceeded. Any interested member may put their name forward for consideration, or when a vacancy arises the Management Committee may approach an individual who has the necessary skills to fulfil the particular vacancy.

New members of the Management Committee will first be interviewed by the Chair of the Committee, and will then be briefed by the Chair and Operations and Business Development Manager on the aims and duties of the Committee, as well as the broader aims and history of the Charity.

Trustees receive copies of previous committee minutes and a copy of the Trust Deed and are directed to the Charity Commission website for further details on Trustee duties.

## Ups and Downs South West

### Trustees' Report (continued)

#### Reappointment of independent examiner

A resolution to reappoint Mr R Cadwallader of Milsted Langdon LLP as independent examiner will be proposed at the annual general meeting.

#### Statement of Responsibilities

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

The law applicable to charities requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Charity and of the incoming resources and application of resources of the Charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charities (Accounts and Reports) Regulations 2008, and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Approved by the trustees of the Charity on 27/6/24 and signed on its behalf by:



L Bliss  
Trustee

## Ups and Downs South West

### Independent Examiner's Report to the trustees of Ups and Downs South West

I report to the trustees on my examination of the accounts of Ups and Downs South West for the year ended 31 January 2024.

#### Responsibilities and basis of report

As the Charity's trustees of Ups and Downs South West you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

Having satisfied myself that the accounts of the Charity are not required to be audited and are eligible for independent examination, I report in respect of my examination of the Ups and Downs South West's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.


#### Independent examiner's statement

Since Ups and Downs South West's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of Ups and Downs South West as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



R Cadwallader FCA  
Milsted Langdon LLP  
Chartered Accountants and Statutory Auditors  
the Institute of Chartered Accountants in England and Wales  
Winchester House  
Deane Gate Avenue  
Taunton, TA1 2UH

Date: 1 - AUG - 24

## Ups and Downs South West

### Statement of Financial Activities for the Year Ended 31 January 2024

	Note	Unrestricted funds £	Restricted funds £	Total 2024 £	Total 2023 £
<b>Income and Endowments from:</b>					
Donations and legacies	2	38,414	209,556	247,970	89,297
Charitable activities	3	2,340	-	2,340	2,800
Other trading activities	4	22,276	-	22,276	26,984
Investment income	5	106	-	106	10
Total income		<u>63,136</u>	<u>209,556</u>	<u>272,692</u>	<u>119,091</u>
<b>Expenditure on:</b>					
Raising funds	6	2,525	13,454	15,979	14,210
Charitable activities	6	<u>64,854</u>	<u>212,250</u>	<u>277,104</u>	<u>251,842</u>
Total expenditure		<u>67,379</u>	<u>225,704</u>	<u>293,083</u>	<u>266,052</u>
Net expenditure		<u>(4,243)</u>	<u>(16,148)</u>	<u>(20,391)</u>	<u>(146,961)</u>
Net movement in funds		(4,243)	(16,148)	(20,391)	(146,961)
<b>Reconciliation of funds</b>					
Total funds brought forward		<u>49,651</u>	<u>65,810</u>	<u>115,461</u>	<u>262,422</u>
Total funds carried forward	15	<u><u>45,408</u></u>	<u><u>49,662</u></u>	<u><u>95,070</u></u>	<u><u>115,461</u></u>

All of the Charity's activities derive from continuing operations during the above two periods.

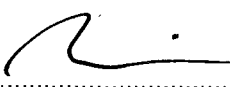
The funds breakdown is shown in note 15.

The notes on pages 9 to 20 form an integral part of these financial statements.

**Ups and Downs South West**  
**(Registration number: 1116381)**  
**Balance Sheet as at 31 January 2024**

	Note	2024 £	2023 £
<b>Fixed assets</b>			
Tangible assets	10	2,636	3,157
<b>Current assets</b>			
Debtors	11	274	1,287
Cash at bank and in hand	12	<u>100,761</u>	<u>118,720</u>
		101,035	120,007
<b>Creditors: Amounts falling due within one year</b>	13	<u>(8,601)</u>	<u>(7,703)</u>
<b>Net current assets</b>		<u>92,434</u>	<u>112,304</u>
<b>Net assets</b>		<u>95,070</u>	<u>115,461</u>
<b>Funds of the Charity:</b>			
<b>Restricted income funds</b>			
Restricted funds		49,662	65,810
<b>Unrestricted income funds</b>			
Unrestricted funds		<u>45,408</u>	<u>49,651</u>
<b>Total funds</b>	15	<u>95,070</u>	<u>115,461</u>

The financial statements on pages 7 to 20 were approved by the trustees, and authorised for issue on 26.6.24 and signed on their behalf by:

  
 .....  
 L Bliss  
 Trustee

## **Ups and Downs South West**

### **Notes to the Financial Statements for the Year Ended 31 January 2024**

#### **1 Accounting policies**

##### **Statement of compliance**

The financial statements have been prepared in accordance with the second edition of the Charities Statement of Recommended Practice issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

##### **Basis of preparation**

Ups and Downs South West meets the definition of a public benefit entity under FRS 102. The accounts (financial statements) have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

##### **Exemption from preparing a cash flow statement**

As allowed by the Charities SORP (FRS102) the trustees have opted not to include a statement of cashflows due to the size of the charity.

##### **Going concern**

The Trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern nor any significant areas of uncertainty that affect the carrying value of the assets held by the Charity.

##### **Income and endowments**

All income is recognised when the Charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

##### ***Donations and legacies***

Donations and legacies are recognised on a receivable basis when receipt is probable and the amount can be reliably measured. No gifts in kind were received during the year (2023: £nil).

##### ***Investment income***

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the Charity; this is normally upon notification of the interest paid or payable by the bank.

##### ***Charitable activities***

Income from charitable trading activities is recognised when earned.

## Ups and Downs South West

### Notes to the Financial Statements for the Year Ended 31 January 2024 (continued)

#### **Expenditure**

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs. Irrecoverable VAT is charged as a cost against the activity for which the expenditure is incurred.

#### **Raising funds**

These are costs incurred in attracting voluntary income, the management of investments and those incurred in trading activities that raise funds.

#### **Charitable activities**

Charitable expenditure comprises those costs incurred by the Charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

#### **Tangible fixed assets**

Individual fixed assets costing £150 or more are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

#### **Depreciation and amortisation**

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

<b>Asset class</b>	<b>Depreciation method and rate</b>
Fixtures, fittings and equipment	25% reducing balance

#### **Trade debtors**

Debtors are amounts due from clients for services performed in the ordinary course of the Charity's activities.

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

#### **Cash and cash equivalents**

Cash at bank and in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

#### **Trade creditors and provisions**

Creditors and provisions are recognised where the Charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

## **Ups and Downs South West**

### **Notes to the Financial Statements for the Year Ended 31 January 2024 (continued)**

#### **Borrowings**

Interest-bearing borrowings are initially recorded at fair value, net of transaction costs. Interest-bearing borrowings are subsequently carried at amortised cost, with the difference between the proceeds, net of transaction costs, and the amount due on redemption being recognised as a charge over the period of the relevant borrowing.

Interest expense is recognised on the basis of the effective interest method and is included in interest payable and similar charges.

Borrowings are classified as current liabilities unless the Charity has an unconditional right to defer settlement of the liability for at least twelve months after the reporting date.

#### **Fund structure**

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the Charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

#### **Pensions**

The Charity provides an auto-enrolment scheme for staff. All employees are entitled to join the scheme and will receive the appropriate company contributions, in line with the auto-enrolment legislation. The pension charge recorded in these accounts is the amount of contributions payable in the accounting year.

#### **Financial instruments**

The Charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recorded at transaction value and subsequently measured at the carrying value plus accrued interest less repayments.

## Ups and Downs South West

### Notes to the Financial Statements for the Year Ended 31 January 2024 (continued)

#### 2 Income from donations and legacies

	Unrestricted funds £	Restricted funds £	Total 2024 £	Total 2023 £
Donations	38,414	209,556	247,970	89,297
	<u>38,414</u>	<u>209,556</u>	<u>247,970</u>	<u>89,297</u>

The income from donations and legacies was £247,970 (2023: £89,297) of which £38,414 (2023: £31,754) was unrestricted and £209,556 (2023: £57,543) was restricted.

#### 3 Income from charitable activities

	Unrestricted funds £	Total 2024 £	Total 2023 £
School Visits Income			
	<u>2,340</u>	<u>2,340</u>	<u>2,800</u>

Income from charitable activities was £2,340 (2023: £2,800) of which £2,340 (2023: £2,800) was unrestricted and £nil (2023: £nil) was restricted.

#### 4 Income from other trading activities

	Unrestricted funds £	Total 2024 £	Total 2023 £
Fundraising and events	18,663	18,663	23,503
50/50 club income	3,613	3,613	3,481
	<u>22,276</u>	<u>22,276</u>	<u>26,984</u>

Income from other trading activities was £22,276 (2023: £26,984) of which £22,276 (2023: £26,984) was unrestricted and £nil (2023: £nil) was restricted.

#### 5 Investment income

	Unrestricted funds £	Total 2024 £	Total 2023 £
Interest receivable on bank deposits	<u>106</u>	<u>106</u>	<u>10</u>

Investment income was £106 (2023: £10) of which £106 (2023: £10) was unrestricted and £nil (2023: £nil) was restricted.

## Ups and Downs South West

### Notes to the Financial Statements for the Year Ended 31 January 2024 (continued)

#### 6 Expenditure

Expenditure on raising funds	Basis of allocation	Unrestricted funds £	Restricted funds £	Total 2024 £	Total 2023 £
Events	Direct	2,525	13,454	15,979	11,956
Resources for loan	Direct	-	-	-	2,254
		<u>2,525</u>	<u>13,454</u>	<u>15,979</u>	<u>14,210</u>

#### Costs of charitable activities

	Basis of allocation	Unrestricted funds £	Restricted funds £	Total 2024 £	Total 2023 £
Employment costs	Direct	48,103	171,198	219,301	205,713
Recruitment	Direct	155	383	538	2,434
Staff training	Direct	10	1,581	1,591	889
Establishment costs	Direct	1,739	14,057	15,796	13,671
Printing, postage and stationery	Direct	300	2,565	2,865	5,213
Sundry	Direct	55	-	55	-
Computer equipment and leasing	Direct	126	5,593	5,719	5,569
Motor and travel expenses	Direct	72	9,397	9,469	7,982
Consultancy and mentoring	Direct	12,267	1,530	13,797	1,974
Telephone	Usage	-	3,747	3,747	4,466
Accountancy fees and independent examination	Usage	1,197	1,377	2,574	2,574
Legal and professional costs	Usage	604	-	604	-
Bank charges	Usage	32	-	32	32
Depreciation of tangible fixed assets	Usage	159	720	879	1,052
Trade subscriptions	Usage	35	102	137	125
(Profit)/loss on disposal of tangible assets	Usage	-	-	-	148
		<u>64,854</u>	<u>212,250</u>	<u>277,104</u>	<u>251,842</u>

## Ups and Downs South West

### Notes to the Financial Statements for the Year Ended 31 January 2024 (continued)

The expenditure on raising funds was £15,979 (2023: £14,210) of which £2,525 was unrestricted (2023: £2,510) and £13,454 was restricted (2023: £11,700).

The expenditure on charitable activities was £277,104 (2023: £251,842) of which £64,854 was unrestricted (2023: £59,769) and £212,250 was restricted (2023: £192,073).

#### 7 Trustees' remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the Charity during the year.

#### 8 Taxation

The Charity is a registered charity and is therefore potentially exempt from taxation. No tax charges have arisen in the year.

#### 9 Employees' remuneration

The aggregate payroll costs were as follows:

	2024 £	2023 £
<b>Staff costs during the year were:</b>		
Wages and salaries	206,453	193,685
Social security costs	9,272	8,676
Pension costs	3,576	3,352
	<u>219,301</u>	<u>205,713</u>

The monthly average number of persons (including senior management / leadership team) employed by the Charity during the year was as follows:

	2024 No	2023 No
Charitable activities	<u>14</u>	<u>13</u>

No employee received emoluments of more than £60,000 during the year.

The total employee benefits of the key management personnel of the Charity were £45,523 (2023 - £43,415).

## Ups and Downs South West

### Notes to the Financial Statements for the Year Ended 31 January 2024 (continued)

#### 10 Tangible fixed assets

	Fixtures, fittings and equipment £	Total £
<b>Cost</b>		
At 1 February 2023	9,864	9,864
Additions	358	358
At 31 January 2024	<u>10,222</u>	<u>10,222</u>
<b>Depreciation</b>		
At 1 February 2023	6,707	6,707
Charge for the year	879	879
At 31 January 2024	<u>7,586</u>	<u>7,586</u>
<b>Net book value</b>		
At 31 January 2024	<u>2,636</u>	<u>2,636</u>
At 31 January 2023	<u>3,157</u>	<u>3,157</u>

#### 11 Debtors

	2024 £	2023 £
Trade debtors	274	840
Prepayments	-	447
	<u>274</u>	<u>1,287</u>

#### 12 Cash and cash equivalents

	2024 £	2023 £
Cash at bank	<u>100,761</u>	<u>118,720</u>

#### 13 Creditors: amounts falling due within one year

	2024 £	2023 £
Other taxation and social security	3,051	2,868
Other creditors	965	1,018
Accruals	4,585	3,817
	<u>8,601</u>	<u>7,703</u>

## **Ups and Downs South West**

### **Notes to the Financial Statements for the Year Ended 31 January 2024 (continued)**

#### **14 Pension and other schemes**

##### **Defined contribution pension scheme**

The Charity operates a defined contribution pension scheme. The pension cost charge for the year represents contributions payable by the Charity to the scheme and amounted to £3,576 (2023 - £3,352).

## Ups and Downs South West

### Notes to the Financial Statements for the Year Ended 31 January 2024 (continued)

#### 15 Funds

	Balance at 1 February 2023 £	Incoming resources £	Resources expended £	Balance at 31 January 2024 £
<b>Unrestricted funds</b>				
<i>General</i>				
Unrestricted fund	49,651	63,136	(67,379)	45,408
<b>Restricted funds</b>				
Office refurbishment	671	-	(168)	503
Joseph's 21 Up Challenge	245	-	-	245
Awards for All	1,284	-	(1,284)	-
Jackie's Head Shave	1,081	-	(186)	895
Edward Gostling Foundation	-	10,000	(10,000)	-
Tesco	-	375	(340)	35
Norman Family Trust	-	2,000	(135)	1,865
Awards for all/Big lottery	-	9,835	(4,431)	5,404
SCF - Somerset West & Taunton VCS small grants	-	400	(400)	-
The Alice Ellen Cooper Dean Charitable Foundation	-	5,000	-	5,000
The Masons Charitable Fund	-	1,000	-	1,000
Henry Smith Foundation - continuation funding	-	57,800	(47,283)	10,517
Bjorgolfsson	1,000	-	(1,000)	-
McCarthy	1,000	-	(1,000)	-
BBC Children in Need	139	-	(35)	104
CIN Booster Grant	433	-	(109)	324
The National Lottery - Bristol Office Fund	31,326	113,146	(130,660)	13,812
SCF Wessex Water	2,475	-	(2,475)	-
Coffee Mornings 2	1,776	-	(1,776)	-
Sobell Foundation 2	7,500	10,000	(10,000)	7,500
Somerset Community Foundation	4,197	-	(3,738)	459
BBC Children in Need	11,933	-	(10,684)	1,249
BNI Foundation	750	-	-	750
<b>Total restricted funds</b>	<u>65,810</u>	<u>209,556</u>	<u>(225,704)</u>	<u>49,662</u>
<b>Total funds</b>	<u><u>115,461</u></u>	<u><u>272,692</u></u>	<u><u>(293,083)</u></u>	<u><u>95,070</u></u>

## Ups and Downs South West

### Notes to the Financial Statements for the Year Ended 31 January 2024 (continued)

	Balance at 1 February 2022 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 January 2023 £
<b>Unrestricted funds</b>					
<i>General</i>					
Unrestricted fund	46,758	61,548	(62,279)	3,624	49,651
<b>Restricted</b>					
Sponsorship of youth clubs	1	-	(1)	-	-
Fairfield Foundation	9,117	-	(5,493)	(3,624)	-
Rio & Felix Captain Tom	90	-	(90)	-	-
Office refurbishment	894	-	(223)	-	671
Joseph's 21 Up Challenge	530	-	(285)	-	245
Awards for All	7,760	-	(6,476)	-	1,284
Jackie's Head Shave	1,081	-	-	-	1,081
John James Foundation	2,531	-	(2,531)	-	-
Coffee mornings	-	329	(329)	-	-
Tesco	1,125	-	(1,125)	-	-
Parker Hanafinn	-	375	(375)	-	-
Norman Family Trust	3,333	-	(3,333)	-	-
Henry Smith Foundation - continuation funding	22,012	26,000	(48,012)	-	-
Bjorgolfsson	1,000	-	-	-	1,000
McCarthy	1,000	-	-	-	1,000
BBC Children in Need	185	-	(46)	-	139
CIN Booster Grant	577	-	(144)	-	433
The National Lottery - Bristol Office Fund	152,429	-	(121,103)	-	31,326
SCF Wessex Water	-	3,000	(525)	-	2,475
Coffee Mornings 2	-	2,297	(521)	-	1,776
Sobell Foundation 2	-	10,000	(2,500)	-	7,500
Arnold Clark	-	1,000	(1,000)	-	-
Somerset Community Foundation	-	4,567	(370)	-	4,197
BBC Children in Need	11,249	9,975	(9,291)	-	11,933
BNI Foundation	750	-	-	-	750
<b>Total restricted funds</b>	<u>215,664</u>	<u>57,543</u>	<u>(203,773)</u>	<u>(3,624)</u>	<u>65,810</u>
<b>Total funds</b>	<u><u>262,422</u></u>	<u><u>119,091</u></u>	<u><u>(266,052)</u></u>	<u><u>-</u></u>	<u><u>115,461</u></u>

## **Ups and Downs South West**

### **Notes to the Financial Statements for the Year Ended 31 January 2024 (continued)**

The specific purposes for which the funds are to be applied are as follows:

Sponsorship of youth clubs - to help support the running of youth clubs. (BBC Children in Need).

Office refurbishment - to support the costs of refurbishing the office (Clothworkers Foundation).

Joseph's 21 Up Challenge - KS4 14-16 club.

Jackie's Head Shave - Family events 2022.

Tesco - Family events 2022.

Sobell Foundation - School Liaison Work.

Awards for All/Big Lottery - New volunteer training programme.

Henry Smith Foundation - Family support.

Bjorgolfsson - Originally for Ten Tors 2020 which was cancelled and now for family support.

McCarthy - Originally for Ten Tors 2020 which was cancelled and now for family support.

BNI Foundation - KS4 cookery class,

Children in Need - Booster grant for DS resources.

The National Lottery Community Fund - Grant towards the set up of a new Bristol office.

Co-op - Coffee mornings.

Somerset Community Foundation - Training/Family support.

SCF Wessex Water - Family events/Coffee mornings.

Norman Family Trust - Family support and East Devon.

SCF, Somerset West and Taunton VCS - Family events/Coffee mornings.

Alice Ellen Cooper Dean Foundation - Sherbourne youth club.

Masons Charitable Fund - WDSAD Family event March 2024.

Edward Gostling Foundation - to fund family support services.

BBC Children in Need - Youth Clubs 3 year funding from 1st December 2020.

## Ups and Downs South West

### Notes to the Financial Statements for the Year Ended 31 January 2024 (continued)

#### 16 Analysis of net assets between funds

	Unrestricted funds £	Restricted funds £	Total funds 2024 £
<b>Current year</b>			
Tangible fixed assets	477	2,159	2,636
Current assets	53,532	47,503	101,035
Current liabilities	(8,601)	-	(8,601)
Total net assets	<u>45,408</u>	<u>49,662</u>	<u>95,070</u>

	Unrestricted funds £	Restricted funds £	Total funds 2023 £
<b>Prior year</b>			
Tangible fixed assets	278	2,879	3,157
Current assets	57,076	62,931	120,007
Current liabilities	(7,703)	-	(7,703)
Total net assets	<u>49,651</u>	<u>65,810</u>	<u>115,461</u>