

Charity registration number: 1116381

Ups and Downs South West

Annual Report and Financial
Statements

for the year ended 31 January 2021

Ups and Downs South West

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Ups and Downs South West

Reference and Administrative Details

Trustees	S Dennis, Chair S Kelly (Resigned 29 June 2020) J Hunt S Flynn L Slapina K Felek (Resigned 21 April 2021) J Josey (Appointed 12 March 2021) A Tanner (Appointed 12 March 2021) J Lewis (Appointed 30 April 2021)
Principal Office	The Old School School Road Westonzoyland Bridgwater Somerset TA7 0LN
Charity Registration Number	1116381
Bankers	Lloyds TSB Bank plc 25 Cornhill Bridgwater Somerset TA6 3AY
Independent Examiner	Mr R Cadwallader FCA Milsted Langdon LLP Chartered Accountants and Statutory Auditors Winchester House Deane Gate Avenue Taunton, TA1 2UH

Ups and Downs South West

Trustees' Report

The trustees present the annual report together with the financial statements of the Charity for the year ended 31 January 2021.

Objectives and activities

Objects and aims

The Association is established for the following exclusively charitable purpose:

The relief of families and carers of children who have Down Syndrome exclusively, by providing face to face support as well as any information necessary to enable these children to reach their full potential both educationally and socially and so that their conditions of life may be improved.

Ensuring our work delivers our aims

We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aims and in planning our future activities. In particular, the trustees consider how the 3 year development plan will contribute to the aims and objectives they have set.

How our activities deliver public benefit

Our main activities and those whom we try to help are described below. All of our charitable activities focus on children who have Down Syndrome, their families and carers.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Ups and Downs South West

Trustees' Report

Achievements and performance

This year 2020/2021 has been an extraordinary year for everyone and of course, for us at Ups and Downs Southwest. The COVID 19 pandemic has changed our world in so many ways. The situation has created some very challenging times for our children, young people and their families, especially during the two periods of lockdown we have shared. The team has worked hard and with innovation to continue to offer a service throughout the year and utilising IT and social media, we feel we have continued to “be there” for our service users albeit in a slightly different way.

Our thanks go to our funding partners who enabled us to work differently this year. Particular thanks must go to the Somerset Community Foundation and the COVID-19 Response and Recovery Fund. Within weeks of the national lockdown in March 2020 they ensured that funds became available to support Ups and Downs and many other organisations across Somerset, to enable us to continue our work during the challenging times we were experiencing. This added to the support from Wessex Water and the National Emergencies Trust has enabled Ups and Downs Southwest to continue to offer our services to all our children, young people and their families and schools where there is a diagnosis of Down Syndrome across Somerset.

We have been able to tailor our approach to existing circumstances in the absence of face-to-face meetings. We know our families have appreciated being contacted individually over the past year to make sure they knew we were still there for them and still a place where they could access information they might need. Our range of services has remained available, supporting families experiencing what, for many have been increasing challenges which have arisen as a result of the pandemic and in particular, the resulting lockdowns.

We have worked to support the children and young people who have a diagnosis of Down Syndrome in many ways. This year has been especially challenging for many of our young people in understanding why things in their lives have been so very different and the team have worked hard to make sure as many of them as possible had the apparatus and materials they needed to take advantage of those services that were available, adding the Ups and Downs activities and challenges to help stimulate time spent at home. Whenever our schools were open, we have been readily on hand to support them too, as they welcomed their children with SEN back under testing circumstances.

Ups and Downs South West

Trustees' Report

Our expert team:

Director: Jo Thorn
Team Leader: Sue Anderson
Administrator: Jackie Lawrence
PR and Fundraiser: Michelle Sugg
Family Support Workers: Jackie Andrews, Catherine Jessup
Schools Liaison Worker: Jackie Sims
Youth Workers: Catherine Jessop, Sandra Consalvey

The team have been working from home during each of the lockdowns. We have made sure all contact details are available as well as an explanation of how this might differ from normal. Whilst recognising that for some families, the absence of a face-to-face visit might be disappointing, we have organised a number of Coffee Mornings via Zoom which have been well received.

Our Youth Clubs have continued to run via Zoom where that is possible, but for those who cannot manage the complexities of IT or who do not have access to a suitable apparatus, circulated activities with the materials needed to complete them, such as building 'dream catchers' have been very successful.

The Bristol Project has been put on hold and once again we are most grateful to the Big Lottery Community Fund for agreeing to a delay in our start date. A skeleton service is offered by phone to families and schools in the city where there is a child with a diagnosis of Down Syndrome. We understand the need to get this service moving as soon as we are able, as the number of enquiries coming from families in Bristol continues to increase.

Safeguarding continues to be at the forefront of the work the team completes. We know that disabled children and young people are three times more likely to be at risk, whether by commission, omission, neglect or disability inequality. With particular reference to listening skills for telephone calls, the team has been trained to spot safeguarding issues, supported to take appropriate action and never to look the other way.

The team have reacted to the data concerning domestic violence during lockdown and have created a code that can be used without causing further danger to a vulnerable child or adult on our case load.

We continue to offer a range of resources to families and schools, and this will be a focus for expansion in the future.

Significantly the range of skills and experiences within the team means that we have continued to offer high quality support, up to date information and professional help to our children and their families. This support is always delivered at the pace each family needs. This year we have extended this support through our new volunteers. This group of people generously give their time and their own personal experiences to offer a different level of support to our families. All have received our own six-week training. They are active in a range of ways, listening to families, sharing ideas, offering to accompany families on visits and appointments or perhaps just being there to have a chat. Our heartfelt thanks go to each and every one of them.

Throughout our work we aim to enable our young people and their parents to be able to advocate either for themselves or on behalf of their child by sharing the skills they will need. We continue to be rigorous in searching for evaluation and feed-back from our service users to inform and mediate our future practice and ensure it is responsive to identified need.

Ups and Downs South West

Trustees' Report

Some interesting statistics:

Number of families supported by the team: 324
Total Number of people supported by the team approximately: 972
Number of phone calls to families made by the team: 420
Number of phone calls received: 405
Number of Zoom call Coffee Mornings: 15
DLA forms completed: 72
EHCP forms completed: 48
School Planning Meetings attended: 12
Annual Reviews attended: 32
Active safeguarding cases: 4
TAC meetings attended: 17
Child Protection meetings attended: 8

This is an astonishing amount of work accomplished by the team which all contributes to making a real difference for the children and young people in our care.

In September we delivered a 'Communication for All' training to a whole school staff team including ancillary staff and the caretaker. This was to support a signing child with Down Syndrome as he started school, to make sure that all those involved could communicate with him.

A member of staff who is now the child's teacher commented, 'He has settled so well into school, I am so grateful to be able to offer him the added security of being able to communicate in his preferred way.'

The Board of Trustees

Sue Dennis - Chairperson
Sue Flynn - Acting Treasurer - Stepped down as treasurer from 21 March 2021
Sarah Kelly - Trustee - Resigned 29 June 2020
Jade Hunt - Parent Representative Trustee
Ludmilla Slapina - Parent Representative Trustee
Krista Felek - Trustee - Resigned 21 April 2021
Joan Josey - Trustee - Appointed 21 March 2021 and took on treasurer duties from this date.
Adam Tanner - Trustee - Appointed 21 March 2021
Jenny Lewis - Trustee - Appointed 30 April 2021

The Board of Trustees oversees the governance of Ups and Downs Southwest. It is made up of a group of volunteers who bring a range of skills and experiences to the running of the charity. Ups and Downs Southwest receives no government or statutory funding for the work it delivers.

We are grateful to the following funding partners for supporting us through 2020/2021:

The Henry Smith Charity
Hinckley Point Community Fund
Children in Need
Somerset Community Fund
Wessex Water
The National Emergencies Trust

We could not continue without the support of these groups, so thank you to them all.

Ups and Downs South West

Trustees' Report

We also appreciate the work of our volunteers and supporters as they work to raise funds for us throughout the year, either by giving their time or their money-spinning ideas! So, to all of you who have worn odd socks, use social media with innovation, helped at events when we were able to have them, run, skipped and danced and baked on our behalf, THANK YOU ALL.

We are optimistic for the future. We hope to recruit very soon for the Bristol Project and will continue to search for the funds needed to continue and expand the services we have currently. It is always our intention to listen to the perceived needs of our service users and to evaluate those needs and wherever feasible, to search for the funding to provide those identified services. For example, we want to extend the work we do with our older children and young people. We also recognise a very real need to work to provide real opportunities for young people to gain experience of the workplace, but to ensure that this is done with respect for each young person involved. Real work to us means proper training, proper remuneration and support both for ambition and to ensure success.

New work is always exciting, but we know and understand that whenever a new family receives a diagnosis of Down Syndrome, it is new for them. It may be frightening; it may be unexpected, and it can be challenging. We want to be there for each and every family who feels they need us and the support we can offer.

This year has been extraordinary, but positive. The team have learnt so much by adapting to work remotely but effectively with families during the pandemic. The skills they have learnt will be added to the range of ways of working we can access to support our families and in some cases, to make our funds go further. This learning will be used to adapt our services flexibly in the future, adding exponentially to the range of skills and approaches we can utilise in the good stewardship of our funds.

Funding remains a challenge as we search for the financial support to continue the work we do. The pandemic has made for a challenging situation for many of our funding partners and we are constantly seeking out new sources.

Many funders want to see new work, but we recognise that as long as children born with Down Syndrome arrive in families, this is totally new for them and what they need is the support we have honed over a long period of time.

We also experienced difficulty in sourcing funding for work such as the Schools Liaison Service, as many funders consider this work to be the responsibility of the statutory services. However, we know that that is not the experience of our children, young people and parents, for them, there is still a huge gap. Indeed, our schools no longer receive the support they may need when working to provide a positive learning experience for a child with a specific disability that they may not have met before. There is a similar challenge over Speech and Language Services. This statutory service signs children and young people off long before they may have the language to manage the requirements of school. Almost all of our parents have identified this as an area of huge need, but despite our best efforts, we have not yet been able to secure funding for this work. However, we will continue to do our best to access funding for these and all our services.

We continue to work alongside families and professionals to challenge inequality and to promote inclusion in its widest sense. It is our aim to make sure that the voices of children and young people with Down Syndrome are heard and never ignored.

Ups and Downs Southwest can and does make a positive difference to the lives and achievements of all our children and young people with Down Syndrome across the south west.

Ups and Downs South West

Trustees' Report

Financial review

Income was up significantly by £122,726 to £305,005 (2020: £182,279) on the previous year, mainly due to the large grant from The National Lottery Fund for the Bristol Office Project. Total costs increased by £6,133 to £178,030 (2020: £171,897).

The balance sheet has increased and remains healthy. Net current assets stand at £223,636 (2020: £98,048).

The free reserves of the Charity (being the unrestricted funds of the Charity not currently invested in fixed assets) at 31 January 2021 were £46,300 (2020: £56,672). The reserves policy of three months running costs is therefore being exceeded currently but this is considered prudent given the pressures on grant-making trusts from large numbers of charities at present.

Structure, governance and management

Legal information

Ups and Downs South West, "the Association", was formed in January 1997 and is governed by its constitution. The Association became a registered charity on 13 October 2006. The Charity's registered number is 1116381 and it is controlled and administered by the Management Committee.

Recruitment and appointment of trustees

One third, or the number nearest one third, of the Management Committee members shall retire by rotation annually but may be re-elected. The Trustees are members of the Management Committee of the Charity, and those who have served during the year are detailed on page 1.

The Management Committee may from time to time appoint any member of the Association as a member of the Management Committee to fill a casual vacancy or by way of addition provided that the maximum prescribed in clause 6 of the constitution is not exceeded. Any interested member may put their name forward for consideration, or when a vacancy arises the Management Committee may approach an individual who has the necessary skills to fulfil the particular vacancy.

New members of the Management Committee will first be interviewed by the Chair of the Committee, and will then be briefed by the Chair and Operations and Business Development Manager on the aims and duties of the Committee, as well as the broader aims and history of the Charity.

Trustees receive copies of previous committee minutes and a copy of the Trust Deed and are directed to the Charity Commission website for further details on Trustee duties.

Reappointment of independent examiner

A resolution to reappoint Mr R Cadwallader of Milsted Langdon LLP as independent examiner will be proposed at the annual general meeting.

Ups and Downs South West

Trustees' Report

Statement of Trustees' Responsibilities

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

The law applicable to charities requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Charity and of the incoming resources and application of resources of the Charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the Charity's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Approved by the trustees of the Charity on 26 May 2021 and signed on its behalf by:

S Dennis
Trustee

Ups and Downs South West

Independent Examiner's Report to the trustees of Ups and Downs South West

I report to the Charity trustees on my examination of the accounts of the Charity for the year ended 31 January 2021 which are set out on pages 10 to 23.

Respective responsibilities of trustees and examiner

As the Charity's trustees of Ups and Downs South West you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

Having satisfied myself that the accounts of the Charity are not required to be audited and are eligible for independent examination, I report in respect of my examination of the Ups and Downs South West's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

Since Ups and Downs South West's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of Ups and Downs South West as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

R Cadwallader FCA
Milsted Langdon LLP
Chartered Accountants and Statutory Auditors
the Institute of Chartered Accountants in England and Wales
Winchester House
Deane Gate Avenue
Taunton, TA1 2UH

24 June 2021

Ups and Downs South West

Statement of Financial Activities for the Year Ended 31 January 2021

	Note	Unrestricted funds £	Restricted funds £	Total 2021 £	Total 2020 £
Income and Endowments from:					
Donations and legacies	2	6,269	276,887	283,156	147,430
Charitable activities	3	669	-	669	761
Other trading activities	4	21,176	-	21,176	34,082
Investment income	5	4	-	4	6
Total income		<u>28,118</u>	<u>276,887</u>	<u>305,005</u>	<u>182,279</u>
Expenditure on:					
Raising funds	6	3,274	8,660	11,934	17,541
Charitable activities	6	<u>35,629</u>	<u>130,467</u>	<u>166,096</u>	<u>154,356</u>
Total expenditure		<u>38,903</u>	<u>139,127</u>	<u>178,030</u>	<u>171,897</u>
Net (expenditure)/income		<u>(10,785)</u>	<u>137,760</u>	<u>126,975</u>	<u>10,382</u>
Net movement in funds		(10,785)	137,760	126,975	10,382
Reconciliation of funds					
Total funds brought forward		<u>57,830</u>	<u>43,907</u>	<u>101,737</u>	<u>91,355</u>
Total funds carried forward	15	<u><u>47,045</u></u>	<u><u>181,667</u></u>	<u><u>228,712</u></u>	<u><u>101,737</u></u>

All of the Charity's activities derive from continuing operations during the above two periods.

The funds breakdown is shown in note 15.

Ups and Downs South West
(Registration number: 1116381)
Balance Sheet as at 31 January 2021

	Note	2021 £	2020 £
Fixed assets			
Tangible assets	10	5,076	3,689
Current assets			
Debtors	11	120	-
Cash at bank and in hand	12	<u>229,400</u>	<u>103,751</u>
		229,520	103,751
Creditors: Amounts falling due within one year	13	<u>(5,884)</u>	<u>(5,703)</u>
Net current assets		<u>223,636</u>	<u>98,048</u>
Net assets		<u><u>228,712</u></u>	<u><u>101,737</u></u>
Funds of the Charity:			
Restricted income funds			
Restricted funds		181,667	43,907
Unrestricted income funds			
Unrestricted funds		<u>47,045</u>	<u>57,830</u>
Total funds	15	<u><u>228,712</u></u>	<u><u>101,737</u></u>

The financial statements on pages 10 to 23 were approved by the trustees, and authorised for issue on 26 May 2021 and signed on their behalf by:

S Dennis
Trustee

Ups and Downs South West

Notes to the Financial Statements for the Year Ended 31 January 2021

1 Accounting policies

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

Basis of preparation

Ups and Downs South West meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Exemption from preparing a cash flow statement

The Charity has taken advantage of the exemption available and has therefore not included a cash flow statement in these financial statements.

Going concern

In light of the rapid global spread of the coronavirus "COVID-19", the trustees have reviewed the Charity's operations and cashflow to ensure that the Charity is able to continue for the foreseeable future. The Trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern nor any significant areas of uncertainty that affect the carrying value of the assets held by the Charity.

Income and endowments

All income is recognised when the Charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Donations and legacies

Donations and legacies are recognised on a receivable basis when receipt is probable and the amount can be reliably measured. No gifts in kind were received during the year (2020 £nil).

Investment income

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the Charity; this is normally upon notification of the interest paid or payable by the bank.

Charitable activities

Income from charitable trading activities is recognised when earned.

Ups and Downs South West

Notes to the Financial Statements for the Year Ended 31 January 2021

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs. Irrecoverable VAT is charged as a cost against the activity for which the expenditure is incurred.

Raising funds

These are costs incurred in attracting voluntary income, the management of investments and those incurred in trading activities that raise funds.

Charitable activities

Charitable expenditure comprises those costs incurred by the Charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Tangible fixed assets

Individual fixed assets costing £150 or more are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Fixtures, fittings and equipment	25% reducing balance
Motor vehicles	25% reducing balance

Trade debtors

Debtors are amounts due from clients for services performed in the ordinary course of the Charity's activities.

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash and cash equivalents

Cash at bank and in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

Ups and Downs South West

Notes to the Financial Statements for the Year Ended 31 January 2021

Trade creditors and provisions

Creditors and provisions are recognised where the Charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Borrowings

Interest-bearing borrowings are initially recorded at fair value, net of transaction costs. Interest-bearing borrowings are subsequently carried at amortised cost, with the difference between the proceeds, net of transaction costs, and the amount due on redemption being recognised as a charge over the period of the relevant borrowing.

Interest expense is recognised on the basis of the effective interest method and is included in interest payable and similar charges.

Borrowings are classified as current liabilities unless the Charity has an unconditional right to defer settlement of the liability for at least twelve months after the reporting date.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the Charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Pensions

The Charity provides an auto-enrolment scheme for staff. All employees are entitled to join the scheme and will receive the appropriate company contributions, in line with the auto-enrolment legislation. The pension charge recorded in these accounts is the amount of contributions payable in the accounting year.

Financial instruments

The Charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recorded at transaction value and subsequently measured at the carrying value plus accrued interest less repayments.

Ups and Downs South West

Notes to the Financial Statements for the Year Ended 31 January 2021

2 Income from donations and legacies

	Unrestricted funds £	Restricted funds £	Total 2021 £	Total 2020 £
Donations	6,269	276,887	283,156	147,430
	<u>6,269</u>	<u>276,887</u>	<u>283,156</u>	<u>147,430</u>

The income from donations and legacies was £283,156 (2020: £147,430) of which £6,269 was unrestricted (2020: £14,747) and £276,887 was restricted (2020: £132,683).

3 Income from charitable activities

	Unrestricted funds £	Total 2021 £	Total 2020 £
School Visits Income	669	669	761
	<u>669</u>	<u>669</u>	<u>761</u>

Income from charitable activities was £669 (2020: £761) of which £669 (2020: £761) was unrestricted and £nil (2020: £nil) was restricted.

4 Income from other trading activities

	Unrestricted funds £	Total 2021 £	Total 2020 £
Fundraising and events	17,825	17,825	30,769
50/50 club income	3,351	3,351	3,313
	<u>21,176</u>	<u>21,176</u>	<u>34,082</u>

Income from other trading activities was £21,176 (2020: £34,082) of which £21,176 (2020: £34,082) was unrestricted and £nil (2020: £nil) was restricted.

5 Investment income

	Unrestricted funds £	Total 2021 £	Total 2020 £
Interest receivable on bank deposits	4	4	6
	<u>4</u>	<u>4</u>	<u>6</u>

Investment income was £4 (2020: £6) of which £4 (2020: £6) was unrestricted and £nil (2020: £nil) was restricted.

Ups and Downs South West

Notes to the Financial Statements for the Year Ended 31 January 2021

6 Expenditure

Expenditure on raising funds	Basis of allocation	Unrestricted funds £	Restricted funds £	Total 2021 £	Total 2020 £
Events	Direct	2,628	5,460	8,088	17,541
Resources for loan	Direct	646	3,200	3,846	-
		<u>3,274</u>	<u>8,660</u>	<u>11,934</u>	<u>17,541</u>

Costs of charitable activities

	Basis of allocation	Unrestricted funds £	Restricted funds £	Total 2021 £	Total 2020 £
Employment costs	Direct	19,031	120,403	139,434	129,488
Recruitment	Direct	237	1,985	2,222	1,234
Staff training	Direct	367	170	537	561
Establishment costs	Direct	4,110	1,405	5,515	6,661
Printing, postage and stationery	Direct	552	495	1,047	1,889
Sundry	Direct	400	70	470	212
Computer equipment and leasing	Direct	3,846	2,538	6,384	3,648
Motor and travel expenses	Direct	932	795	1,727	4,578
Subsistence	Direct	-	-	-	41
Consultancy and mentoring	Direct	955	420	1,375	-
Telephone	Usage	2,801	740	3,541	2,593
Accountancy fees and independent examination	Usage	1,854	-	1,854	1,774
Legal and professional costs	Usage	-	-	-	316
Bank charges	Usage	-	-	-	32
Depreciation of tangible fixed assets	Usage	250	1,446	1,696	1,229
Loss on disposal of tangible assets	Usage	164	-	164	65
Trade subscriptions	Usage	130	-	130	35
		<u>35,629</u>	<u>130,467</u>	<u>166,096</u>	<u>154,356</u>

Ups and Downs South West

Notes to the Financial Statements for the Year Ended 31 January 2021

The expenditure on charitable activities was £166,096 (2020: £154,356) of which £35,629 was unrestricted (2020: £44,099) and £130,467 was restricted (2020: £110,257).

The expenditure on raising funds was £11,934 (2020: £17,541) of which £3,274 was unrestricted (2020: £7,048) and £8,660 was restricted (2020: £10,493).

7 Trustees' remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the Charity during the year.

8 Taxation

The Charity is a registered charity and is therefore potentially exempt from taxation. No tax charges have arisen in the year.

9 Employees' remuneration

The aggregate payroll costs were as follows:

	2021 £	2020 £
Staff costs during the year were:		
Wages and salaries	132,040	121,953
Social security costs	5,633	5,842
Pension costs	1,761	1,693
	<u>139,434</u>	<u>129,488</u>

The monthly average number of persons (including senior management team) employed by the Charity during the year expressed as full time equivalents was as follows:

	2021 No	2020 No
Charitable activities	<u>8</u>	<u>9</u>

No employee received emoluments of more than £60,000 during the year.

The total employee benefits of the key management personnel of the Charity were £41,667 (2020 - £37,250).

Ups and Downs South West

Notes to the Financial Statements for the Year Ended 31 January 2021

10 Tangible fixed assets

	Fixtures, fittings and equipment £	Motor vehicles £	Total £
Cost			
At 1 February 2020	7,788	9,384	17,172
Additions	3,246	-	3,246
Disposals	(938)	-	(938)
At 31 January 2021	<u>10,096</u>	<u>9,384</u>	<u>19,480</u>
Depreciation			
At 1 February 2020	5,038	8,445	13,483
Charge for the year	1,461	235	1,696
Eliminated on disposals	(775)	-	(775)
At 31 January 2021	<u>5,724</u>	<u>8,680</u>	<u>14,404</u>
Net book value			
At 31 January 2021	<u>4,372</u>	<u>704</u>	<u>5,076</u>
At 31 January 2020	<u>2,750</u>	<u>939</u>	<u>3,689</u>

11 Debtors

	2021 £	2020 £
Other debtors	<u>120</u>	<u>-</u>

12 Cash and cash equivalents

	2021 £	2020 £
Cash at bank	<u>229,400</u>	<u>103,751</u>

13 Creditors: amounts falling due within one year

	2021 £	2020 £
Other taxation and social security	2,591	2,639
Other creditors	572	506
Accruals	<u>2,721</u>	<u>2,558</u>
	<u>5,884</u>	<u>5,703</u>

Ups and Downs South West

Notes to the Financial Statements for the Year Ended 31 January 2021

14 Pension and other schemes

Defined contribution pension scheme

The Charity operates a defined contribution pension scheme. The pension cost charge for the year represents contributions payable by the Charity to the scheme and amounted to £1,761 (2020 - £1,693).

Ups and Downs South West

Notes to the Financial Statements for the Year Ended 31 January 2021

15 Funds

	Balance at 1 February 2020 £	Incoming resources £	Resources expended £	Balance at 31 January 2021 £
Unrestricted funds				
General				
Unrestricted fund	57,830	28,118	(38,903)	47,045
Restricted funds				
Wooden Spoon Fund	939	-	(235)	704
Sponsorship of youth clubs	512	5,013	(5,524)	1
Office refurbishment	1,592	-	(399)	1,193
Hinkley Point	-	49,945	(29,945)	20,000
Sobell Foundation	3,333	10,000	(10,000)	3,333
Awards for all/Big lottery	7,065	-	(3,992)	3,073
One Family Foundation	4,799	-	(1,825)	2,974
Foot Anstey	2,000	-	(2,000)	-
Henry Smith Foundation - continuation funding	21,667	52,000	(51,984)	21,683
Bjorgolfsson	1,000	-	-	1,000
McCarthy	1,000	-	-	1,000
BBC Children in Need	-	329	(82)	247
CIN Booster Grant	-	1,027	(256)	771
The National Lottery	-	125,085	(7,762)	117,323
SCF Covid Response & Relief Fund	-	20,000	(20,000)	-
Somerset County Council	-	310	(310)	-
CIN Booster Grant	-	2,279	(2,279)	-
Somerset County Council	-	374	(374)	-
SCF	-	250	(250)	-
Western Power	-	300	(300)	-
BBC Children in Need	-	9,975	(1,610)	8,365
Total restricted funds	<u>43,907</u>	<u>276,887</u>	<u>(139,127)</u>	<u>181,667</u>
Total funds	<u><u>101,737</u></u>	<u><u>305,005</u></u>	<u><u>(178,030)</u></u>	<u><u>228,712</u></u>

Ups and Downs South West

Notes to the Financial Statements for the Year Ended 31 January 2021

	Balance at 1 February 2019 £	Incoming resources £	Resources expended £	Balance at 31 January 2020 £
Unrestricted funds				
<i>General</i>				
Unrestricted fund	59,381	49,596	(51,147)	57,830
Restricted				
Wooden Spoon Fund	1,252	-	(313)	939
Sponsorship of youth clubs	1,050	6,795	(7,333)	512
Family support team salaries	20,000	20,500	(40,500)	-
Volunteer training	782	-	(782)	-
New Baby Home visits	1,213	-	(1,213)	-
Office refurbishment	2,123	-	(531)	1,592
Family days	1,460	-	(1,460)	-
WDSAD Promotional video	1,757	-	(1,757)	-
Coffee mornings	1,337	-	(1,337)	-
Family support - Taunton	1,000	-	(1,000)	-
Hinkley Point	-	49,092	(49,092)	-
Shepton Mallet Town Council	-	860	(860)	-
Persimmon	-	1,000	(1,000)	-
Yorkshire Building Society	-	1,000	(1,000)	-
Sobell Foundation	-	10,000	(6,667)	3,333
Awards for all/Big lottery	-	7,839	(774)	7,065
SCF - Somerset West & Taunton VCS small grants	-	798	(798)	-
One Family Foundation	-	4,799	-	4,799
Foot Anstey	-	2,000	-	2,000
Henry Smith Foundation - continuation funding	-	26,000	(4,333)	21,667
Bjorgolfsson	-	1,000	-	1,000
McCarthy	-	1,000	-	1,000
Total restricted funds	<u>31,974</u>	<u>132,683</u>	<u>(120,750)</u>	<u>43,907</u>
Total funds	<u><u>91,355</u></u>	<u><u>182,279</u></u>	<u><u>(171,897)</u></u>	<u><u>101,737</u></u>

Ups and Downs South West

Notes to the Financial Statements for the Year Ended 31 January 2021

The specific purposes for which the funds are to be applied are as follows:

The Wooden Spoon Fund - the grant of a van to support the Charity's activities.

Sponsorship of youth clubs - to help support the running of youth clubs. (BBC Children in Need).

Family support team salaries - to help pay for the salaries of staff involved in family support work.

Sponsorship of family clinics - to help with the running of the Exeter and Bridgwater clinics.

Volunteer training - to support the training of volunteers.

New Baby Home visits - to support home visits.

Office refurbishment - to support the costs of refurbishing the office (Clothworkers Foundation).

Bridgwater Town Council - WDSAD Promotional video.

Somerset Community Foundation - Coffee mornings.

Taunton Deane Borough Council - Family support Taunton area.

Hinkley Point - HP Mitigation Somerset only - Over 2 years.

Shepton Mallet Town Council - Total Communication Course.

Persimmon - Mendip Activity Day.

Yorkshire Building Society - Family days.

Sobell Foundation - School Liason Work.

Awards for All/Big Lottery - New volunteer training programme.

SCF Somerset West and Taunton VCS Small Grants - Assertiveness training for parents and carers.

One Family Foundation - Ten Tors training and family days.

Foot Anstey - WDSAD film 2020.

Henry Smith Foundation - Family support.

Bjorgolfsson - Ten Tors 2020.

McCarthy - Ten Tors 2020.

Ups and Downs South West

Notes to the Financial Statements for the Year Ended 31 January 2021

Children in Need - Booster grant for DS resources.

The National Lottery Community Fund - Grant towards the set up of a new Bristol office.

SCF COVID Response & Relief Fund - To cover HPC grant.

Somerset County Council - Summer activity packs.

Children in Need - Booster grant for DS resources.

Somerset County Council - Autumn activity packs.

SCF - Family festive packs.

Western Power - Christmas presents.

BBC Children in Need - Youth Clubs 3 year funding from 1st December 2020.

16 Analysis of net assets between funds

	Unrestricted funds £	Restricted funds £	Total funds £
Current year			
Tangible fixed assets	745	4,331	5,076
Current assets	52,184	177,336	229,520
Current liabilities	(5,884)	-	(5,884)
Total net assets	<u>47,045</u>	<u>181,667</u>	<u>228,712</u>

	Unrestricted funds £	Restricted funds £	Total funds 2020 £
Prior year			
Tangible fixed assets	1,158	2,531	3,689
Current assets	62,375	41,376	103,751
Current liabilities	(5,703)	-	(5,703)
Total net assets	<u>57,830</u>	<u>43,907</u>	<u>101,737</u>