

**REGISTERED COMPANY NUMBER: 05861345 (England and Wales)**  
**REGISTERED CHARITY NUMBER: 1116301**

**REPORT OF THE TRUSTEES AND  
FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2023  
FOR  
HAVANT AND EAST HANTS MIND**

## **HAVANT AND EAST HANTS MIND**

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**HAVANT AND EAST HANTS MIND**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2023**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

**OBJECTIVES AND ACTIVITIES**

**Objectives and aims**

Havant and East Hants Mind works to create a better life for everyone with experience of mental illness by:

- Advancing the views, needs and ambitions of people with mental illness
- Challenging discrimination and promoting inclusion
- Influencing policy through campaigning and education
- Inspiring the development of quality services which reflect expressed needs and diversity.
- Achieving equal rights through campaigning and education
- In all its work the Charity promotes its values: Informed, determined, diversity, integrity, and partnership

To achieve these aims Havant and East Hants Mind:

- Promotes mental Wellbeing within the community
- Works in partnership with other organisations in both the statutory and voluntary sectors
- Values diversity.
- Works with mental health service users to promote recovery and to increase their influence over their own lives.
- Challenge discrimination and promotes social inclusion.
- Campaigns and raises funds.
- Involves service users in all aspects of its work.
- Focuses on quality in service provision.

Everything we do is informed and influenced by the people who use our services.

**REVIEW OF PUBLIC BENEFIT**

In line with the Charities Act 2011 and subsequent guidance from the Charity Commission, the Trustees have considered how Havant and East Hants Mind satisfies the public benefit "principles" set out in the Act. The trustees consider that it satisfies at least 7 Charitable purposes: the prevention or relief of poverty; the advancement of education; the advancement of health or the saving of lives; the advancement of citizenship or community development; the advancement of human rights, conflict resolution or reconciliation or the promotion of religious or racial harmony or equality and diversity; the relief of those in need, by reason of youth, age, ill-health, disability, financial hardship or other disadvantage; the promotion of the efficiency of the police. In addition, the trustees consider that there are clearly identifiable benefits that arise from its aims, and that no detriment or harm arises (Principle 1); and that significant sectors of the public benefit directly and indirectly from its aims, and that there are no undue restrictions on access to its services (Principle 2).

**Public benefit**

The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning future activities. The trustees refer to public benefit throughout this report.



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**ACHIEVEMENT AND PERFORMANCE**

**Chair of Trustees Report**

Dear Friends, Team members and Supporters,

I am honoured to present the Chairman's Statement for Havant and East Hampshire MIND (HEHM) as part of our annual Report and Accounts.

The growth of the HEHM through winning and delivering mental health support services over the past year to March 2023 has been a testament to the resilience and determination of our team, volunteers, and partners. Despite the unprecedented challenges posed by the global pandemic, and the cost-of-living crisis, we remained committed to our core values. During the pandemic, we adapted swiftly to ensure that our vital services continued to reach those who needed them most. We have since now adapted to a hybrid set up mostly returning to a face-to-face service where possible which remains the best way of interacting with service users.

During 2022 we saw a growing recognition of the importance of mental health. This is important as in the United Kingdom, the impact of mental health issues has been profound. According to the latest statistics available from 2022:

1. **Mental Health Across UK:** 1 in 4 people will experience a mental health problem of some kind each year in England (MIND)
2. **Youth Mental Health:** Among young people, the statistics were particularly concerning. According to NHS Digital, 17-19-year-olds the proportion with a probable mental disorder increased from 17.4% in 2021 to 25.7% in 2022.
3. **Mental Health and the Pandemic:** The COVID-19 pandemic took a toll on mental health, with many individuals experiencing heightened levels of stress, anxiety, and depression. The pandemic exacerbated existing mental health challenges and created new ones for people of all ages. A survey by the Statistical Global Survey notes that this affected 4 in 10 UK Adults.

These statistics highlight the urgent need for the work we do at HEHM and we have adapted our services to meet the need and we have recruited specific skills where required. During the year we also actively engaged with policymakers, influencers, and the public to raise awareness about the impact of mental health issues and the need for increased resources and support.

Our collaborative partnerships with other organizations, both within and beyond the mental health sector, further amplified our impact and widened our reach. In particular the joint effort of the three Hampshire MIND's collaborated well to go on to jointly win the wellbeing tender across the Hampshire region.

None of this would have been possible without the support of our incredible management and staff, whose dedication shines through in every interaction. Three words come to mind when describing the team being: Compassion, Understanding and Support. The people we support come first.

Looking ahead, we are committed to meet the challenges that lie before us but at the same time excited by the opportunities. We remain steadfast in our commitment to breaking down barriers, providing a safe space for open conversation, and advancing mental health as a fundamental pillar of well-being.

With warm regards,

Richard Watts  
Chairman of the board of trustees HEHM

**ANNUAL REPORT**

**Family Services**

The Hampshire FSS contract was extended for a further year, we continued to support families across Hampshire, supporting 72 families in total.

Family support workers supported families with a range of issues such as parental and child mental health, domestic abuse, debt and housing issues, challenges at school including attendance.



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We know we have been successful in the tender for FSS services for the coming year, this involves a significant increase in case numbers so our focus will be recruitment and implementing the new service.

Some feedback from the last 12 months:

**Parent** - I'd like to say how pleased we were when LW came on board with us, such a lovely lady, J got on so well with LW she has made a massive improvement with J. He thinks very highly of her and very sad we have to say goodbye.

**Professional feedback** - Your open and frequent communication with me relating to the families you've been working with has been invaluable. It's allowed us to monitor progress with the pupils, as well as any targeting further interventions for xxxxx.

The feeling I get from the families is that you have been approachable and supportive, but also honest. When circumstances have dictated that a firmer stance needed to be taken, this has happened.

From my side, I would like to say a huge thank you for the work you've done with both families. As with anything like this, family engagement is required, and you've managed to get a tricky family to engage well.

**Adult Wellbeing Services**

In September 2022 we launched the new adult wellbeing contract which alongside our core wellbeing hub expanded our support to include Wellbeing Practitioners in every GP surgery across Hampshire. The implementation of this new service was a real success, some of our key highlights:

- Hampshire Mind developing and imbedding a shared assessment tool.
- Integrating DIALOG+ as outcome measure, using Ardens Community outreach template.
- Successful recruitment campaign across Hampshire, with majority of posts filled (see Recruitment)
- Good relationships forged with PCN teams.
- Strong partnership working across Hampshire.
- Wide range of person-centred, recovery focused and evidenced based interventions delivered.

Wellbeing core has continued to offer a hybrid approach and completed the following interventions:

- Assessments booked: 613
- Reviews booked: 1292
- 6 weekly Check ins 1012 plus adhoc following safeguarding or a trigger in peer support.
- Unstructured peer support group held - 267
- Structured groups held - 20
- 1-2-1s booked to help those access groups - 38

**Some of the key successes include:**

Wellbeing Core - In East Hants we now have increased our numbers to the Petersfield Art group. And we are making connections to build further groups.

Recruited Volunteers and Wellbeing Practitioners

Started over 70s peer support groups.

Started easy exercise groups to encourage those who's health could be improved by taking part in more physical exercise.

Ran cookery classes to teach healthy eating on a budget to support physical health.

Given out Tesco/Asda vouchers to those in need

Added a triage stage prior to assessment to identify client need earlier

**Some of the key plans for the coming year include:**

- Expanding our services in East Hampshire and identifying a base there
- Recruiting Peer Support Workers to work across all the PCNs
- Securing funding to be able to offer more drop in wellbeing support/ daytime crisis services

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East Hants - New gardening group in Petersfield starting 3/5/23. And we are making connections with the St Marks church to have a rolling group starting on at end of May. The rolling group will include Mindfulness, Carers support, Art, Horticulture, coffee and chat and games.

Havant - Set up more groups in the community for example Waterlooville, Hayling and Emsworth. Set up rolling group in Havant area mirroring one in EH. New LGBTQ+ group starting in June 23. Start a neurodiversity group.

**Some feedback from the last 12 months:**

"I respect you as you have stood by me whilst I got my life together but not told me what to do."

"Has really liked the recovery plan, has been really helpful. Kept open on computer to remind self. BSE workshop was amazing, got some good bits out of that. Has helped me understand and been useful. Understanding different communication types."

Art group is calm and non-judgmental and always friendly and welcoming.

**Primary Care Network Services**

Since commencement of the new contract (September 2022), Mel, Head of Primary Care & Family Services and Lauren, PCN Team Manager (in post from December 2022) have maintained positive and regular engagement with PCN's through steering and operation group meetings. Good relationships have been built from senior level through to operational level.

HEH Mind PCN Wellbeing team work within 7 different PCN's encompassing 25 Practices. Following a successful recruitment campaign, we now have a team of 12 Wellbeing Advisors.

Working closely with the ICB, a DPIA has been created and sent out to all PCNS on behalf of Hampshire CIC. Additional Data Processing Agreements have also been approved.

Service delivery and development has had to be adapted to work within Primary Care and its systems - this is being carried out by the team members who have commenced patient-faced work. All systems and equipment have been installed and set up for the team to complete their work. The team has received training and support to learn service development and how to record this on clinical systems.

Staff have undertaken all the training required for Mind, PCN mandatory training has been completed by all (apart from Winchester Rural North - Mid PCN where our new starter is yet to be introduced). The team have worked with core Wellbeing Service, and some have supported CYP and Adult Safe Haven whilst waiting to go ahead within their PCN's.

To ensure consistency, discussions with various Clinical Directors and Practice Managers have taken place. Working patterns and room allocations have now been agreed with 5 PCN's. 2 pending outcomes from PCNS.

Plans for the further development:

Peer support recruitment program to be rolled out.  
Collaborative working with core wellbeing.  
Capture and collect data.

**Adult Safe Haven**

During this period, we have also seen the Adult Safe Haven recommissioned. It has been a busy year in the ASH, we have seen a significant increase in referrals. We have had over 2,400 client interactions over the past year, which is an increase in 800 contacts from the 2021-2022 period. 1,849 of these were telephone contacts, and 556 were face to face. Over 400 of these were new referrals to the service.

The most common presenting issues were Loneliness & Isolation, Anxiety, Low Mood, Suicidal Ideation, and Carer Support.

The most common referral routes are via Friends & Family, GP's, NHS 111, CRHTT, South Central Ambulance Service, Hampshire Police, CMHT and other teams within HEH Mind.



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Our team is rapidly growing, with multi skilled bank staff joining from a variety of backgrounds including nurses, social workers, criminal justice team members, drug and alcohol teams, Samaritans, and staff members from CYP and Families Teams within HEH Mind, which allows a versatile and adaptable service to be delivered which meets the varied needs of our local community.

Partnership working between HEH Mind, Inclusion and CRHTT has strengthened over the year, with 13 members of the multi-agency team climbing Pen-y-Fan, a peak in the Brecon Beacons, Wales, to raise money for the development of the ASH service. Consultations have been held with service users to discuss how they felt the funds would be best utilised.

The service continues to receive fantastic feedback from both professionals and service users, which is passed onto and greatly received by all Safe Haven staff members.

Some feedback from the last 12 months when service users were asked what accessing the Adult Safe Haven meant to them:

"The difference between life and death"

"It has provided me with a safe place to go and know I will be listened to without judgement"

"It means so much knowing Safe Haven are there, knowing I can come again if I need to. (My safety blanket)"

"The help was amazing, got given some coping skills which have really helped"

Some of the key plans for the coming year include:

Building on Peer Support Groups, currently 2 x a week.

Recruitment of more volunteers/peer supporters

Administrator in post to support team

#### **CYP services**

CYP Safe Haven was recommissioned for another year and we had 451 contacts with young people. In this year we launched joint Decider Groups with CAMHS, this has been a big success.

In the Lighthouse project we had 924 contacts with young people.

Some feedback from the last 12 months:

"I feel lighter... it was good and I felt comfortable.." Young person after initial intake meeting at CYP Safe Haven

"I know that Safe Haven is open every Tuesday, Wednesday and Thursday if I need it" - Safe Haven

"I like that staff check-in and ask how I am doing" - Lighthouse

Some of the key plans for the coming year include:

Securing funding for an East Hants CYP Safe Haven

#### **Workplace Wellbeing**

We have continued to provide the service at Havant, Southdowns and Alton colleges as well as some other small companies in Hampshire. Providing workforces with face to face, online and telephone support. We have also provided training microteach sessions on a range of subjects for staff and mental health first aid training. We also held stands and information at various days working with the colleges to promote positive mental health.

In March 2023 we completed a community support contract to provide one to one workplace wellbeing support for small business in Havant Borough and East Hants district. This programme was been paid for through the central government's Additional Restrictions Grant Fund which was provided to help local businesses through the coronavirus pandemic.

We have also worked with several other local and national employers, providing advice, support and training, challenging perceptions of mental health and helping to build healthy, supportive work environments. We also launched and successfully delivered our ongoing support packages for mental health champions, Mental Health First aiders and Connect 5ers.



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**Training**

Building on our part time appointment in 2021 of a "Training Contracts Manager" We now have replaced this role with full time Workplace wellbeing and training manager. We were not successful in retendering for the Hampshire Connect 5 contract but we continue to deliver the Connect 5 course for individual and non-profit organisations on behalf of Public Health Portsmouth and Southampton. This Connect 5 course is free to delegates in key sectors. The aim is help staff and volunteers feel more confident to talk about mental health and to offer supportive conversations to the people they support, their families and friends and their work colleagues.

We now have a wide range of training available and a growing diverse customer base. Our well-developed website offers a good range for individuals and organisations. We have delivered a mix of standard training programs and bespoke courses. We have designed series of bespoke courses for large workforces at Hampshire County Council. We also grew our training UK wide training delivery within with Checkatrade, Moneybarn, Kenwood Delonghi, SSE and many other smaller businesses across the county such as Portsmouth Water, and Hopkins Ltd. IN total we trained approximately 1900 people.

**Community**

In 2021 our community team reached 21,206 people via in person activities, and via our social media channels we reached 196500 individuals/ accounts. Our engagement within the Mind Federation increases with Mike remaining part of the Mind Engagement Group, as well as the Fundraising and Communications Networking Groups. Linked to our reputation, we are also seeing more interest in our Charity of the Year Partnerships, collaborations and fundraising interest.

We completed our AMHE Collaborative Project with the Royal College of Psychiatrists. The project researcher was employed in Autumn 2022 gave significant insight into the current unmet needs within services and opportunity for the development of services with LGBTQ+ engagement going forward. Following extensive consultation and research, findings reported to Hampshire's integrated care board "No wrong door" project and all its project partners within the health system. We also communicated internally to our staff.

We hosted our third annual online Supporters Conference in March 2022 for Ambassadors, Fundraisers and Champions. The Conference was an opportunity to share best practice, successes and challenges. The discussions and learning from this event will inform our future decisions on how best to support our supporters.

**Fundraising**

In March 2023 a fundraising Lead was appointed. This new position was part of our development strategy supported by National Mind's organisational development fund. We were awarded £39,802 to develop our fundraising capacity and infrastructure. Interest in fundraising has returned and should remain steady from spring 2022 however we did see a drop off in Jan, Feb, March 2023.

There has been an increase in Charity of the Year interest and donation enquires. During 2022 workplace Exclusive Networks made HEH Mind their charity of the year and raised nearly £40,000 for the charity. This is the single largest donation and fundraising effort in the charity's history.

Workplaces are often looking for ways to engage in fun activities to engage their staff and to support fundraising donations. De'Longhi Kenwood rolled over our charity of the Year partnership for a second year in 21-22 raising over £20,000 in total. We also had large donations from Hippo Waste Ltd, and long-time supporters Studio H, Carrington west, and Checkatrade and Hampshire FA. We also had a huge collection of Christmas presents for the children and families we support thanks to Astute technical Ltd.

Though we do not expect to exceed our 2022 total in 2023 (it is unlikely that another such single workplace donation will be forthcoming) but we do expect to exceed the 2021 total by a significant margin. Another part of our fundraising strategy was to continue to fund the role of Sports Club Engagement and Community Fundraising Officer. Our charity partnerships for 2022-23 Waterloo Golf Club is in place and expected to deliver approximately £5000, and While Solomon Serpent Trail event partnership continues having raised 3000 over the 2 previous years. We also have partnership with 20 sports clubs across Hampshire all raising funds throughout the year.

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**Communications**

Seasonal communications material have been shared to increasing numbers of partners and businesses since late 2020 and numbers are growing significantly in 2022-23. We are also working to increase the communications (reach and material) through increased press releases, promotional material, recorded community conversations pod casts which now has a well-developed back catalogue /library. We have a growing number of insights (video and audio) on our YouTube channel, and these are shared on our website and social media widely.

Our partnerships with Hampshire FA, Horizon Leisure, Exclusive Networks and some sports clubs have provided opportunities to add shared branded content to our channels, ensuring a wider reach and more buy in from partner environments. Our Supporters eNewsletter is a great way to keep supporters informed on the work we do and prompt them to get involved in a campaign, fundraising or to share our information. We currently have 180 eNewsletter subscribers. Ambassadors We currently have 40 engaged and active sports clubs. After the pandemic slow down we are now seeing clubs willing to engage again and have already booked in more training sessions and are discussing the project with 8 more clubs across Hampshire. Our current clubs include: cricket, football, gymnastics, rugby and walking football. Our clubs are engaging in a range of activities, stands, signposting and fundraising. We are now able to reoffer our club visits every three months, as per the pre-pandemic offer. We will continue to offer the monthly e-check-ins as these have proved valuable for Ambassadors and clubs to be able to drop in and ask a question or check something with us.



**HAVANT AND EAST HANTS MIND**  
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**FINANCIAL REVIEW**

**Financial performance**

Another year of growth for the charity with strong performances in Wellbeing and Community Development. Our successful safe haven projects were recognised with continued funding from statutory authorities. Our training and workplace wellbeing services to the private sector also showed promising growth. The strategy for 2023/24 is to expand our range of services to children and young people.

**Reserves policy**

Like other charities, Havant & East Hants Mind is aware of the need to secure its viability beyond the immediate future. For the long term, it must be able to absorb setbacks and to take advantage of change and opportunity. Because some believe that holding significant amounts of reserves is tantamount to hoarding it is necessary to justify and explain its reserves position. Donors are entitled to be reassured that a charity with reserves has good reasons for keeping funds in reserve and to know what those reasons are.

The Charity Commission defines reserves as income which becomes available to the charity and is to be expended at the trustee's discretion in furtherance of any of the charity's objects, but which is not yet spent, committed, or designated. Its definition therefore excludes:

Permanent endowment:	A capital fund where there is no power to convert the capital into income.
Expendable endowment:	A capital fund where the trustees have the power to convert it into income and apply it as such.
Restricted funds:	Funds subject to specific trusts.
Designated funds:	Designation is an administrative act by which trustees may earmark unrestricted funds for a particular use without restricting or committing the funds legally.
Income funds:	Can be realised only by disposing of fixed assets held for charity use.

Havant and East Hants Mind maintains a financial reserve for the following reasons:

1. Havant and East Hants Mind gratefully accepts donations and applies for grants. The Charity also takes advantage of investment income.
2. In line with the Charity Commission's recommendation the trustee consider that, in the event of Havant and East Hants Mind having to be wound up, provision for the continuation of operations for six months must be kept in reserve to allow for a proper running down.
3. The trustees consider that provision for redundancy must be kept in reserve.
4. Havant and East Hants Mind rents office space that has poor facilities. The trustees wish to improve the situation and are searching for appropriate accommodation.
5. Provision for the employees of Havant and East Hants Mind is through The Pensions Trust. Pensions liability is now included in the accounts as required by FRS102. The provision included in the accounts for 2022/23 is £782.

Efforts to diversify our funding streams continues to be a challenge, but NHS funding has now become a major source of income reducing our reliance on the local authority. Promised increases in government funding for mental health plus NHS resource constraints have prompted a review of service provision. This presents the voluntary sector with both opportunities and challenges which we are keen to address. More work needs to be done but the trustees are confident that the charity's future is on a more secure footing.

Reserves can only be generated and maintained by strict financial controls. An overview of the financial situation is reviewed at all Committee meetings and the trustee directors review the reserves policy as and when considered necessary and always annually.

At year end, there was total funds of £1,154,852 with £366,964 of this being restricted.



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**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

The organisation was an unincorporated association registered as a charity on 24th September 1992 under a charitable constitution. A new Charitable Company limited by guarantee was incorporated on the 26th June 2006 and registered as a charity on 7th October 2006. The company was established under a Memorandum and Articles of Association with the same area of benefit as the unincorporated association.

The charitable company started to operate on the 1st October 2006 at which point all assets were transferred from the unincorporated association to the charitable company and the charitable association has been dissolved. In the event of the company being wound up members are required to contribute an amount not exceeding £1 per member. The guidance of the Charity Commission was followed throughout this process.

The Trustee Directors of Havant and East Hants Mind are legally responsible for the overall management, control and strategic direction of Havant and East Hants Mind. They meet monthly and there are several sub-groups that meet, in addition to this, to work on identified areas such as fundraising and strategy.

The chief executive is employed to carry out operational activities and organisational management and attends each committee meeting to report on all activities.

Havant and East Hants Mind is a local charity and is affiliated to the national charity Mind (National Association for Mental Health). It consistently works in a way that promotes and upholds the values of Mind whilst maintaining its own autonomy, allowing it to respond to local needs. Havant and East Hants Mind has strong links with Mind, attends regular meetings, undertakes training, and supports campaigns at both local and national levels. The charity has been involved with National Mind's network future's group and has supported research into suicide prevention and children and young people's services. We continue to be an active participant in the national charity's engagement and research forums.

**Recruitment and appointment of new trustees**

The directors of the company are also charity trustees for the purpose of Charity Law.

Under the provision of the Memorandum and Articles of Association trustee directors are elected to serve for a period of three years, after which they may stand for re-election at the next Annual General Meeting.

Prospective trustees are encouraged to attend board meetings as observers prior to standing for election.

Havant and East Hants Mind is committed to ensuring a diversity of trustee directors and include those with personal experience of mental distress either directly or indirectly.

Trustees are encouraged to become familiar with the practical work of the organisation to gain insight and be better placed to serve as trustee directors.

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**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Risk management**

The executive committee is responsible for the management of risks faced by Havant and East Hants Mind.

A Risk Register is maintained and regularly reviewed by the Board. Risks are identified and assessed, and controls established to mitigate them appropriately.

Service contracts which the charity has with Hampshire County Council specify standards in all areas of work and the standards are met across all the work of the agency. They are designed to minimise risks and provide a safe and professional service to clients and a safe working environment for staff and volunteers.

Mind has its own quality standards (Mind Quality Mark (MQM)) in which Local Mind Associations (LMAs) are assessed on the quality of the services they provide and the work that they do. It describes the best practice for LMAs. It is also a tool to facilitate learning and development within the LMAs.

Havant and East Hants Mind is committed to quality and fully supports and participates in MQM. It also holds the Community Legal Service Quality Mark and the Advocacy Quality Performance Mark.

Our quality standards were recognised nationally with the award of two Mind Excellence awards and a commendation in a third category.

As a condition of obtaining the Sport England grant a full review of quality control and governance arrangements was undertaken and we were able to fully satisfy Sport England's stringent requirements. As a condition of working in collaboration with the NHS on the Adults and Children's safe havens we were required to undertake a Data Protection Impact Assessment (DPIA) which was completed successfully.

We are signatories to, the Mindful Employers initiative and this year achieved Cyber Essentials certification.

External risks to funding continue to be monitored by the executive committee and by management. Its strategic plan aims to broaden its funding base, explore social enterprise, and prepare for personalisation. It will continue to seek out opportunities to work in partnership with other Local Mind Associations.

Key controls used are:

- Formal agendas for all committee activities
- Detailed and regular budget monitoring reports
- Comprehensive strategic planning, budgeting and management accounting
- Established organisational structure and lines of reporting
- Maintain reserves in line with policies and requirement
- Maintain compliance with Mind's quality standards
- Formal written policies reviewed a minimum of every three years.
- Safeguarding procedures as required by the law for the protection of the vulnerable.
- Comprehensive management information systems and key performance indicators.

**Remuneration**

Salary policy, bonuses and annual increments are approved by the remuneration sub-committee of the main trustee board. Staff salaries are set in line with NJC (National Joint Council for social work and charities) pay scales.

**Fundraising**

The charity actively supports individuals, community groups and employers to raise funds for it. This is done by its own staff members and the charity does not employ professional fundraisers or commercial participators. We are not currently registered with the Fundraising Regulator but are aware of and seek to comply with the Code of Fundraising Practice. There have been no complaints about any of our fundraising activities.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Company number**

05861345 (England and Wales)



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**Registered Charity number**  
1116301

**Registered office**  
Leigh Park Community Centre  
Dunsbury Way  
Havant  
Hampshire  
PO9 5BG

**Trustees**

D Childs Hopkins	Resigned 27 April 2022
J Owens	
S Southwell	Resigned 4 May 2023
R Watts	
K Orr	
K West	Resigned 6 June 2023
E Dennison	
R Redfern	Appointed 6 June 2023
G Vagg	Appointed 6 June 2023, Resigned 3 July 2023
D Gibb-Gray	Appointed 6 June 2023

**Chief Executive**  
J Parker

**Company Secretary**  
J Parker

**Auditors**

Morris Crocker Limited  
Chartered Accountants  
Statutory Auditors  
Station House  
North Street  
Havant  
Hampshire  
PO9 1QU

**Bankers**

Natwest Bank  
23 West Street  
Havant  
Hampshire  
PO9 1EU

**STATEMENT OF TRUSTEES' RESPONSIBILITIES**

The trustees (who are also the directors of Havant and East Hants Mind for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).



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**STATEMENT OF TRUSTEES' RESPONSIBILITIES - continued**

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

**AUDITORS**

The auditors, Morris Crocker Limited, will be proposed for re-appointment at the forthcoming Annual General Meeting.

Approved by order of the board of trustees on 17th October and signed on its behalf by:

2023



.....  
R Watts - Trustee

## **REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF HAVANT AND EAST HANTS MIND**

### **Opinion**

We have audited the financial statements of Havant and East Hants Mind (the 'charitable company') for the year ended 31 March 2023 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2023 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

### **Basis for opinion**

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

### **Conclusions relating to going concern**

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

### **Other information**

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

### **Opinions on other matters prescribed by the Companies Act 2006**

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Report of the Trustees has been prepared in accordance with applicable legal requirements.



## **REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF HAVANT AND EAST HANTS MIND**

### **Matters on which we are required to report by exception**

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Report of the Trustees.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to take advantage of the small companies exemption from the requirement to prepare a Strategic Report or in preparing the Report of the Trustees.

### **Responsibilities of trustees**

As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.



## **REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF HAVANT AND EAST HANTS MIND**

### **Our responsibilities for the audit of the financial statements**

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

From discussion with management and those charged with governance information about the entity is documented to assess the activity within the organisation. We discuss management's assessment of risk in respect of irregularities, fraud and going concern.

Based on these discussions and our own assessments we determined that the key risk areas were income recognition in respect of cut off issues and management override concerning the size of the organisation.

We set financial statement materiality level based on the level of income. As a not for profit organisation raising income is its primary focus which is why income was used to determine the level of materiality. Our overall assessment of risk was used to determine performance materiality at an appropriate level.

Substantive audit tests were designed after assessing and performing walkthrough tests. The walkthrough testing confirmed documented systems which have been designed to act as a preventative measure against fraud and error which appear to be operating as documented. Substantive testing tested a sample of the population, representative of the population, to identify errors. The testing did not identify any material misstatements in areas tested.

Audit substantive tests concluded no material errors over the key risk areas of income recognition and management override.

The audit considers the organisation is not exposed to material risk of error as a result of assessing laws and regulations that are appropriate to the organisation.

Management assessed there is no going concern risk. The audit undertook a review of budgets, management accounts and the review of board minutes and came to the same conclusion as management.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at [www.frc.org.uk/auditorsresponsibilities](http://www.frc.org.uk/auditorsresponsibilities). This description forms part of our Report of the Independent Auditors.

**REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF  
HAVANT AND EAST HANTS MIND**

**Use of our report**

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.



P Underwood (Senior Statutory Auditor)  
for and on behalf of Morris Crocker Limited  
Chartered Accountants  
Statutory Auditors  
Station House  
North Street  
Havant  
Hampshire  
PO9 1QU

Date: 30 October 2023



**HAVANT AND EAST HANTS MIND**  
**STATEMENT OF FINANCIAL ACTIVITIES**  
**(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)**  
**FOR THE YEAR ENDED 31 MARCH 2023**

	Notes	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies	2	57,708	5,593	63,301	34,423
<b>Charitable activities</b>	5				
Advocacy		34,589	-	34,589	45,219
Wellbeing		861,505	368,197	1,229,702	623,920
Community Development		-	128,398	128,398	89,694
Families team		-	244,405	244,405	458,844
Children and young people		18,371	71,917	90,288	99,395
Other trading activities	3	37,606	26,724	64,330	156,066
Investment income	4	13,999	-	13,999	9,790
<b>Total</b>		<b>1,023,778</b>	<b>845,234</b>	<b>1,869,012</b>	<b>1,517,351</b>
<b>EXPENDITURE ON</b>					
Raising funds	6	10,365	-	10,365	13,017
<b>Charitable activities</b>	7				
Advocacy		49,401	422	49,823	61,377
Wellbeing		574,260	250,974	825,234	494,486
Community Development		105,209	155,276	260,485	222,777
Families team		36,346	328,087	364,433	420,097
Children and young people		16,903	83,856	100,759	138,091
<b>Total</b>		<b>792,484</b>	<b>818,615</b>	<b>1,611,099</b>	<b>1,349,845</b>
Net gains/(losses) on investments		(59,923)	-	(59,923)	414
<b>NET INCOME</b>		<b>171,371</b>	<b>26,619</b>	<b>197,990</b>	<b>167,920</b>
<b>Other recognised gains/(losses)</b>					
Actuarial gains on defined benefit schemes		21	-	21	2,583
<b>Net movement in funds</b>		<b>171,392</b>	<b>26,619</b>	<b>198,011</b>	<b>170,503</b>
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		616,496	340,345	956,841	786,338
<b>TOTAL FUNDS CARRIED FORWARD</b>		<b>787,888</b>	<b>366,964</b>	<b>1,154,852</b>	<b>956,841</b>

The notes form part of these financial statements

# HAVANT AND EAST HANTS MIND

## BALANCE SHEET 31 MARCH 2023

	Notes	2023 £	2022 £
<b>FIXED ASSETS</b>			
Tangible assets	14	18,232	9,962
Investments	15	563,003	620,367
		<u>581,235</u>	<u>630,329</u>
<b>CURRENT ASSETS</b>			
Debtors	16	296,343	151,564
Cash at bank and in hand		378,275	437,792
		<u>674,618</u>	<u>589,356</u>
<b>CREDITORS</b>			
Amounts falling due within one year	17	(100,219)	(261,617)
<b>NET CURRENT ASSETS</b>		<u>574,399</u>	<u>327,739</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		1,155,634	958,068
<b>PROVISIONS FOR LIABILITIES</b>	18	(782)	(1,227)
<b>NET ASSETS</b>		<u>1,154,852</u>	<u>956,841</u>
<b>FUNDS</b>	20		
Unrestricted funds		787,889	616,496
Restricted funds		366,963	340,345
<b>TOTAL FUNDS</b>		<u>1,154,852</u>	<u>956,841</u>

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 17/10/23 and were signed on its behalf by:



R Watts - Trustee

The notes form part of these financial statements



**HAVANT AND EAST HANTS MIND**  
**CASH FLOW STATEMENT**  
**FOR THE YEAR ENDED 31 MARCH 2023**

	Notes	2023 £	2022 £
<b>Cash flows from operating activities</b>			
Cash generated from operations	1	(56,863)	(237,039)
Net cash used in operating activities		<u>(56,863)</u>	<u>(237,039)</u>
<b>Cash flows from investing activities</b>			
Purchase of tangible fixed assets		(14,094)	(8,621)
Purchase of fixed asset investments		(70,110)	(382,606)
Sale of fixed asset investments		67,551	85,319
Interest received		1,856	205
Dividends received		12,143	9,585
Net cash used in investing activities		<u>(2,654)</u>	<u>(296,118)</u>
<b>Change in cash and cash equivalents in the reporting period</b>		<u>(59,517)</u>	<u>(533,157)</u>
<b>Cash and cash equivalents at the beginning of the reporting period</b>		<u>437,792</u>	<u>970,949</u>
<b>Cash and cash equivalents at the end of the reporting period</b>		<u><u>378,275</u></u>	<u><u>437,792</u></u>

The notes form part of these financial statements

# HAVANT AND EAST HANTS MIND

## NOTES TO THE CASH FLOW STATEMENT FOR THE YEAR ENDED 31 MARCH 2023

### 1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2023 £	2022 £
<b>Net income for the reporting period (as per the Statement of Financial Activities)</b>	197,990	167,920
<b>Adjustments for:</b>		
Depreciation charges	5,824	5,628
Losses/(gain) on investments	59,923	(414)
Loss on disposal of fixed assets	-	215
Interest received	(1,856)	(205)
Dividends received	(12,143)	(9,585)
Increase in debtors	(144,779)	(69,530)
Decrease in creditors	(161,398)	(329,816)
Difference between pension charge and cash contributions	(424)	(1,252)
<b>Net cash used in operations</b>	<u>(56,863)</u>	<u>(237,039)</u>

### 2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.4.22 £	Cash flow £	At 31.3.23 £
<b>Net cash</b>			
Cash at bank and in hand	437,792	(59,517)	378,275
	<u>437,792</u>	<u>(59,517)</u>	<u>378,275</u>
<b>Total</b>	<u>437,792</u>	<u>(59,517)</u>	<u>378,275</u>



**HAVANT AND EAST HANTS MIND**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2023**

**1. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention, with the exception of investments which are included at market value, as modified by the revaluation of certain assets.

The Trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**Allocation and apportionment of costs**

All costs are allocated between the expenditure categories of the statement of financial activity on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly, others are apportioned on an appropriate basis.

**Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery                      -    at varying rates on cost

Individual fixed assets costing £100 or more are capitalised at cost.

**Taxation**

The charity is exempt from corporation tax on its charitable activities.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**Pension costs and other post-retirement benefits**

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

# HAVANT AND EAST HANTS MIND

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

### 1. ACCOUNTING POLICIES - continued

#### Financial instruments

The charity only enters into basic financial instruments transactions that result in the recognition of financial assets and liabilities like trade and other accounts receivable and payable investments in stocks and shares. The measurement basis used for these instruments is detailed below.

#### Debtors and cash at bank

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due. Cash at bank and in hand includes cash held on deposit or in a current account.

#### Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

### 2. DONATIONS AND LEGACIES

	2023 £	2022 £
Donations	63,301	34,423

### 3. OTHER TRADING ACTIVITIES

	2023 £	2022 £
Student placements	-	3,600
Training	64,330	152,466
	64,330	156,066

### 4. INVESTMENT INCOME

	2023 £	2022 £
Dividends received	12,143	9,585
Deposit account interest	1,856	205
	13,999	9,790

All investment income is derived from assets held in the United Kingdom.



# HAVANT AND EAST HANTS MIND

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

### 5. INCOME FROM CHARITABLE ACTIVITIES

		2023	2022
	Activity	£	£
HARG	Advocacy	34,589	45,219
Service income	Wellbeing	215,021	68,119
Hampshire Minds	Wellbeing	751,615	306,757
Grants	Wellbeing	263,066	249,044
Service income	Community Development	35,514	29,876
Grants	Community Development	92,884	59,818
Grants	Families team	244,405	458,844
Service income	Children and young people	2,917	29,167
Grants	Children and young people	87,371	70,228
		<u>1,727,382</u>	<u>1,317,072</u>

Grants received, included in the above, are as follows:

	2023	2022
	£	£
Mind	18,371	-
East Hants District Council	-	11,352
Hampshire County Council	243,666	387,199
Sport England	38,805	94,094
North East Hampshire and Farnham CCG	69,000	69,000
National Lottery Community Fund	92,884	50,061
NHS North Hampshire CCG	-	1,228
NHS South East Hampshire CCG	225,000	225,000
	<u>687,726</u>	<u>837,934</u>

### 6. RAISING FUNDS

#### Investment management costs

	2023	2022
	£	£
Portfolio management	<u>10,365</u>	<u>13,017</u>

### 7. CHARITABLE ACTIVITIES COSTS

	Direct Costs (see note 8)	Support costs (see note 9)	Totals
	£	£	£
Advocacy	46,984	2,839	49,823
Wellbeing	802,525	22,709	825,234
Community Development	253,672	6,813	260,485
Families team	347,403	17,030	364,433
Children and young people	93,379	7,380	100,759
	<u>1,543,963</u>	<u>56,771</u>	<u>1,600,734</u>

# HAVANT AND EAST HANTS MIND

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

### 8. DIRECT COSTS OF CHARITABLE ACTIVITIES

	2023 £	2022 £
Staff costs	1,218,071	1,008,515
Telephone	29,164	29,855
Postage and stationery	8,638	7,737
Club activities and sundry expenses	40,658	16,591
Rent	43,958	57,499
Travel and subsistence	26,564	11,156
Refreshments	629	292
Training	6,927	19,934
Sub-contractor charges	161,783	143,967
Electricity	353	1,802
Repairs	1,371	450
Depreciation	5,824	5,627
Loss on sale of assets	-	215
Interest payable and similar charges	23	29
	<u>1,543,963</u>	<u>1,303,669</u>

### 9. SUPPORT COSTS

	Management £	Governance costs £	Totals £
Advocacy	947	1,892	2,839
Wellbeing	7,581	15,128	22,709
Community Development	2,275	4,538	6,813
Families team	5,685	11,345	17,030
Children and young people	2,464	4,916	7,380
	<u>18,952</u>	<u>37,819</u>	<u>56,771</u>

Activity	Basis of allocation
Management	Headcount
Finance	Headcount
Governance costs	Headcount

Support costs, included in the above, are as follows:

#### Management

	Advocacy £	Wellbeing £	Community Developme £
Insurance	615	4,925	1,478
Subscriptions	273	2,179	654
IT expenses	59	477	143
Donations	-	-	-
	<u>947</u>	<u>7,581</u>	<u>2,275</u>

HAVANT AND EAST HANTS MIND

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2023

9. SUPPORT COSTS - continued

Management - continued

			2023	2022
	Families team £	Children and young people £	Total activities £	Total activities £
Insurance	3,694	1,601	12,313	10,012
Subscriptions	1,633	708	5,447	1,884
IT expenses	358	155	1,192	3,279
Donations	-	-	-	765
	<u>5,685</u>	<u>2,464</u>	<u>18,952</u>	<u>15,940</u>

Governance costs

		Advocacy £	Wellbeing £	Community Developme £
Auditors' remuneration		347	2,767	830
Professional and legal fees		1,545	12,361	3,708
		<u>1,892</u>	<u>15,128</u>	<u>4,538</u>

			2023	2022
	Families team £	Children and young people £	Total activities £	Total activities £
Auditors' remuneration	2,075	899	6,918	6,120
Professional and legal fees	9,270	4,017	30,901	11,099
	<u>11,345</u>	<u>4,916</u>	<u>37,819</u>	<u>17,219</u>

10. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2023 £	2022 £
Auditors' remuneration	6,918	6,120
Depreciation - owned assets	5,824	5,628
Deficit on disposal of fixed assets	-	215



# HAVANT AND EAST HANTS MIND

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

### 11. TRUSTEES' REMUNERATION AND BENEFITS

During the year no trustee director (2022: None) received remuneration (2022: £nil) for counselling services. No other benefits were received in either year.

#### Trustees' expenses

No trustee directors (2022: none) received reimbursement of expenses during the year (2022: £nil).

### 12. STAFF COSTS

	2023 £	2022 £
Wages and salaries	1,101,904	922,943
Social security costs	89,396	66,834
Other pension costs	26,771	18,738
	<u>1,218,071</u>	<u>1,008,515</u>

The average monthly number of employees during the year was as follows:

	2023	2022
Charitable activities	66	47
Support costs	8	2
	<u>74</u>	<u>49</u>

No employee received emoluments in excess of £60,000 (2022: none).

The key management personnel of the Charity comprises of the Chief Executive Officer, Director of Advocacy, Business Development Manager and Director of Services. The total employee remuneration and benefits of the key management personnel of the charity was £220,785 (2022: £212,880).

### 13. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	33,259	1,164	34,423
<b>Charitable activities</b>			
Advocacy	45,219	-	45,219
Wellbeing	367,691	256,229	623,920
Community Development	10,723	78,971	89,694
Families team	-	458,844	458,844
Children and young people	-	99,395	99,395
Other trading activities	105,641	50,425	156,066
Investment income	9,790	-	9,790
<b>Total</b>	<u>572,323</u>	<u>945,028</u>	<u>1,517,351</u>
<b>EXPENDITURE ON</b>			
Raising funds	13,017	-	13,017
<b>Charitable activities</b>			
Advocacy	61,166	211	61,377

HAVANT AND EAST HANTS MIND

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2023

13. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted funds £	Restricted funds £	Total funds £
Wellbeing	307,734	186,752	494,486
Community Development	90,442	132,335	222,777
Families team	42,842	377,255	420,097
Children and young people	26,931	111,160	138,091
<b>Total</b>	<b>542,132</b>	<b>807,713</b>	<b>1,349,845</b>
Net gains on investments	414	-	414
<b>NET INCOME</b>	<b>30,605</b>	<b>137,315</b>	<b>167,920</b>
<b>Other recognised gains/(losses)</b>			
Actuarial gains on defined benefit schemes	2,583	-	2,583
<b>Net movement in funds</b>	<b>33,188</b>	<b>137,315</b>	<b>170,503</b>
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	583,306	203,032	786,338
<b>TOTAL FUNDS CARRIED FORWARD</b>	<b>616,494</b>	<b>340,347</b>	<b>956,841</b>

14. TANGIBLE FIXED ASSETS

	Plant and machinery £	Fixtures and fittings £	Totals £
<b>COST</b>			
At 1 April 2022	32,669	2,808	35,477
Additions	14,094	-	14,094
At 31 March 2023	46,763	2,808	49,571
<b>DEPRECIATION</b>			
At 1 April 2022	23,457	2,058	25,515
Charge for year	5,473	351	5,824
At 31 March 2023	28,930	2,409	31,339
<b>NET BOOK VALUE</b>			
At 31 March 2023	17,833	399	18,232
At 31 March 2022	9,212	750	9,962

# HAVANT AND EAST HANTS MIND

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

### 15. FIXED ASSET INVESTMENTS

	Listed investments £
<b>MARKET VALUE</b>	
At 1 April 2022	620,367
Additions	70,110
Disposals	(67,551)
Revaluations	(59,923)
At 31 March 2023	<u>563,003</u>
<b>NET BOOK VALUE</b>	
At 31 March 2023	<u>563,003</u>
At 31 March 2022	<u>620,367</u>

There were no investment assets outside the UK.

### 16. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Trade debtors	201,521	150,832
Other debtors	94,822	732
	<u>296,343</u>	<u>151,564</u>

### 17. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Trade creditors	34,975	27,213
Deferred income	53,938	199,808
Accrued expenses	11,306	34,596
	<u>100,219</u>	<u>261,617</u>

	2023 £	2022 £
Brought forward	199,808	576,523
Amount released to incoming resources	(199,808)	(576,523)
Amount deferred in year	53,938	199,808
Carried forward	<u>53,938</u>	<u>199,808</u>



## HAVANT AND EAST HANTS MIND

### NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

#### 18. PROVISIONS FOR LIABILITIES

	2023	2022
	£	£
Provisions	782	1,227

A full actuarial valuation for the scheme was carried out at 30 September 2020. This valuation showed assets of £800.3m, liabilities of £831.9m and a deficit of £31.6m. To eliminate this funding shortfall, the Trustees and the participating employers have agreed that additional contributions will be paid.

Where the scheme is in deficit and where the company has agreed to a deficit funding arrangement the company recognises a liability for this obligation. The amount recognised is the net present value of the deficit reduction contributions payable under the agreement that relates to the deficit. The present value is calculated using the discount rate detailed in these disclosures. The unwinding of the discount rate is recognised as a finance cost.

#### Reconciliation of opening and closing provisions

	Period Ending 31 March 2023	Period Ending 31 March 2022
	£	£
Provision at start of period	1,227	5,062
Unwinding of the discount factor (interest expense)	23	29
Deficit contribution paid	(447)	(1,281)
Remeasurements - impact of any change in assumptions	(21)	(28)
Remeasurements - amendments to the contribution schedule		(2,555)
Provision at the end of period	782	1,227

#### Income and expenditure impact

	Period Ending 31 March 2023	Period Ending 31 March 2022
	£	£
Interest expense	23	29
Remeasurements - impact of any change in assumptions	(21)	(28)
Remeasurements - amendments to the contribution schedule	-	(2,555)

#### Assumptions

	31 March 2023	31 March 2022	31 March 2021
	% per annum	% per annum	% per annum
Rate of discount	5.52	2.35	0.66

The discount rates shown above are the equivalent single discount rates which, when used to discount the future recovery plan contributions due, would give the same results as using a full AA corporate bond yield curve to discount the same recovery plan contributions.

# HAVANT AND EAST HANTS MIND

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

### 19. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
Fixed assets	18,232	-	18,232	9,962
Investments	563,003	-	563,003	620,367
Current assets	307,655	366,963	674,618	589,356
Current liabilities	(100,219)	-	(100,219)	(261,617)
Provision for liabilities	(782)	-	(782)	(1,227)
	<u>787,889</u>	<u>366,963</u>	<u>1,154,852</u>	<u>956,841</u>

### 20. MOVEMENT IN FUNDS

	At 1.4.22 £	Net movement in funds £	At 31.3.23 £
<b>Unrestricted funds</b>			
General fund	616,496	171,393	787,889
<b>Restricted funds</b>			
Crisis Care	49,965	-	49,965
East Hants	39,004	12,086	51,090
Supporting Families	54,395	(60,867)	(6,472)
Sport England	2,203	(23,777)	(21,574)
CYP Safe Haven	34,451	(15,022)	19,429
Connect 5	39,208	7,861	47,069
Adult Safe Haven	104,557	34,397	138,954
Covid vaccine project	13,310	-	13,310
STF- Lottery funded	(121)	-	(121)
Winter grant	10,745	-	10,745
CYP Motiv8	1,051	-	1,051
CYP EH PCN	4,013	2,917	6,930
Lighthouse Project	(15,521)	17,714	2,193
Harbour Project	3,085	(4,023)	(938)
SMI Health Check	-	55,332	55,332
	<u>340,345</u>	<u>26,618</u>	<u>366,963</u>
<b>TOTAL FUNDS</b>	<u>956,841</u>	<u>198,011</u>	<u>1,154,852</u>

# HAVANT AND EAST HANTS MIND

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

### 20. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Gains and losses £	Movement in funds £
<b>Unrestricted funds</b>				
General fund	1,023,778	(792,483)	(59,902)	171,393
<b>Restricted funds</b>				
East Hants	35,066	(22,980)	-	12,086
Supporting Families	205,600	(266,467)	-	(60,867)
Sport England	38,804	(62,581)	-	(23,777)
CYP Safe Haven	69,001	(84,023)	-	(15,022)
Connect 5	42,187	(34,326)	-	7,861
Adult Safe Haven	225,002	(190,605)	-	34,397
CYP EH PCN	2,917	-	-	2,917
Lighthouse Project	93,384	(75,670)	-	17,714
Harbour Project	18,849	(22,872)	-	(4,023)
SMI Health Check	114,424	(59,092)	-	55,332
	845,234	(818,616)	-	26,618
<b>TOTAL FUNDS</b>	<u>1,869,012</u>	<u>(1,611,099)</u>	<u>(59,902)</u>	<u>198,011</u>

### Comparatives for movement in funds

	At 1.4.21 £	Net movement in funds £	At 31.3.22 £
<b>Unrestricted funds</b>			
General fund	583,306	33,190	616,496
<b>Restricted funds</b>			
Crisis Care	52,959	(2,994)	49,965
East Hants	19,861	19,143	39,004
Supporting Families	(14,090)	68,485	54,395
Sport England	57	2,146	2,203
CYP Safe Haven	45,409	(10,958)	34,451
Connect 5	29,043	10,165	39,208
Adult Safe Haven	62,947	41,610	104,557
Covid vaccine project	3,310	10,000	13,310
STF- Lottery funded	256	(377)	(121)
Winter grant	495	10,250	10,745
CYP Motiv8	2,785	(1,734)	1,051
CYP EH PCN	-	4,013	4,013
Lighthouse Project	-	(15,521)	(15,521)
Harbour Project	-	3,085	3,085
	203,032	137,313	340,345
<b>TOTAL FUNDS</b>	<u>786,338</u>	<u>170,503</u>	<u>956,841</u>



# HAVANT AND EAST HANTS MIND

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

### 20. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Gains and losses £	Movement in funds £
<b>Unrestricted funds</b>				
General fund	572,323	(542,130)	2,997	33,190
<b>Restricted funds</b>				
Crisis Care	1,228	(4,222)	-	(2,994)
East Hants	28,881	(9,738)	-	19,143
Supporting Families	350,682	(282,197)	-	68,485
Sport England	94,097	(91,951)	-	2,146
CYP Safe Haven	69,000	(79,958)	-	(10,958)
Connect 5	59,308	(49,143)	-	10,165
Adult Safe Haven	224,999	(183,389)	-	41,610
Covid vaccine project	10,000	-	-	10,000
STF- Lottery funded	-	(377)	-	(377)
Winter grant	14,350	(4,100)	-	10,250
CYP Motiv8	-	(1,734)	-	(1,734)
CYP EH PCN	29,167	(25,154)	-	4,013
Lighthouse Project	50,062	(65,583)	-	(15,521)
Harbour Project	11,657	(8,572)	-	3,085
SMI Health Check	1,597	(1,597)	-	-
	<u>945,028</u>	<u>(807,715)</u>	<u>-</u>	<u>137,313</u>
<b>TOTAL FUNDS</b>	<u>1,517,351</u>	<u>(1,349,845)</u>	<u>2,997</u>	<u>170,503</u>

## HAVANT AND EAST HANTS MIND

### NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

#### 20. MOVEMENT IN FUNDS - continued

**Crisis Care** - MCP project funded by SEH CCG to support mental health patients at GP surgeries.

**East Hants** - MCP project funded by East Hants District Council to support mental health patients at GP surgeries.

**Supporting Families** - Local implementation of national Troubled families project, funded by Hampshire County Council.

**Sport England** - Sport England funds the Active Families project. This project supports families with mental health needs who want to become more active to improve their mental health and overall wellbeing.

**CYP Safe Haven** - The CYP Safe Haven provides an out of hours crisis service for young people who live within Havant borough, enabling them to receive immediate support for their mental health in a relaxed, non-clinical atmosphere.

**Connect 5** - Havant and East Hants Mind deliver the Connect 5 course for individual and nonprofit organisations on behalf of Public Health. This is a free course that helps people feel more confident to talk about mental health and to offer supportive conversations.

**Adult Safe Haven** - The Adult Safe Haven is for any adult needing immediate support at a time in crisis.

**STF - Lottery Funded** - This was a grant from the National Lottery to provide Covid support to the Supporting Families project. It relates to the Bridge the Gap project.

**Winter Grant** - This was a grant from HCC to defray the cost of PPE and similar expenditure due to Covid.

**CYP Motiv8** - This was an initial payment for set up costs for a Lottery funded project working with children and young adults - it is a JV with Havant and East Hants Mind and Motiv8. This will be shown in future accounts as the Lighthouse project. The project commences September 2021.

**CYP EH PCN** - This is a 12 month contract with a group of GP surgeries in Alton to provide an on-site children's mental health support worker.

**Lighthouse project** - This is a joint venture between HEH Mind and Motiv8 funded by the national lottery to provide a drop in centre for young people experiencing mental health issues.

**Harbour project** - This is a joint venture with Solent Mind providing peer support via phone to people in Portsmouth and SE Hampshire with mental health issues.

**SMI Health Check** - This is a project funded by the NHS to support people with Severe and Enduring Mental Health issues to access physical health check ups.

Any funds in deficit have sufficient funding in the next financial year to fund this shortfall.

**HAVANT AND EAST HANTS MIND**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2023**

**21. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 March 2023.

**22. ULTIMATE CONTROLLING PARTY**

During the year the charitable company was under the control of its members, no one member has overall control.